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REVIEW ARTICLE

Microcalcification on mammography: approaches to interpretation and biopsy

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ABSTRACT

This article discusses the significance of microcalcifications on mammography and the changes in technology that have influenced management; it also describes a pragmatic approach to investigation of microcalcification in a UK screening programme.

BACKGROUND AND PREVALENCE OF MICROCALCIFICATIONS

Microcalcifications result from the deposition of calcium oxalate and calcium phosphate within the breast tissue. The mechanism by which calcium deposition occurs is not clearly understood; it may be an active cellular process, or an effect of cellular degeneration. Calcification deposits are found within the ductal system, the breast acini, stroma and vessels, mainly as calcium oxalate and calcium phosphate.

Calcium oxalate is produced by apocrine cells in the breast. The crystals are usually colourless and may be difficult to see on routine histopathology without polarization. They are mainly related to benign cystic change, but can also be seen in association with breast cancer. Calcium oxalate cannot be metabolized by mammalian cells and there is emerging evidence that exposure to high levels of oxalate may affect epithelial cells by triggering cellular and genetic changes.¹

Calcium phosphate, usually in the form of calcium hydroxyapatite (similar to the form of calcium laid down in bone during skeletal growth²), is more easily recognized in histopathology as it stains purple with haematoxylin and eosin. It is more commonly associated with malignant lesions than calcium oxalate.³ Magnesium-substituted hydroxyapatite has also been reported.⁴ There is evidence that a change in levels and calcium carbonate content of hydroxyapatite may influence breast cancer cell growth.⁵

Radiographic microcalcification was first described in 1913 by Albert Salomon, a surgeon in Berlin. He imaged over 3000 surgical specimens describing the association of microcalcifications with breast cancer, demonstrated tumour spread to the lymph nodes and postulated that there were different types of breast cancer.⁶

Mammography developed as a speciality through the late 1950s and 1960s, with the first screening equipment introduced in the late 1960s.⁷ Improvements in technology with low kilovoltage, high-definition screen/film combinations and magnification views allowed the diagnosis of preclinical breast cancer. In 1986, Sickles⁸ proposed an interpretation scheme for microcalcifications utilizing a structured approach of classification into "benign" (requiring no further intervention), "probably benign" (managed by periodic mammography) and "suggestive of malignancy" (requiring biopsy).

The advent of organized screening during the late 1980s led to an increase in the detection of microcalcifications and, as a result, an increase in the detection of ductal carcinoma *in situ* (DCIS). The age-standardized incidence of DCIS in the UK has increased from around 3 per 100,000 before the advent of the National Health Service Breast Screening Programme (NHSBSP) to 23 per 100,000 in 2013. It continues to increase with the introduction of digital mammography and the UK national trial assessing the effect of increasing the age range of females invited for screening.⁹ There is no routinely published data from the UK national screening programmes describing the radiological features prompting further assessment, but data from other national screening programmes are available. This indicates that the recall rate for calcifications ranges from 0.4 to 2% of females screened. Investigation of mammographic microcalcification results in a diagnosis of malignancy in up to 0.3% of females screened (Table 1).

Changes due to evolving technology-imaging

Triple assessment by clinical examination, imaging and biopsy remains the fundamental approach to breast diagnosis. The conversion to digital mammography has increased the conspicuity of microcalcification on mammography and the introduction of increasingly sophisticated biopsy techniques has facilitated tissue diagnosis.

Analogue mammography used high-resolution film/screen combinations, which were designed for optimal spatial and contrast resolution at low dose. Computed radiography has been used as an interim step for cost reasons, but digital mammography is now widely used. Digital mammography employs post-processing of the image to enhance the appearance of microcalcifications: the comparative data from the Netherlands in Table 1 demonstrate an increase in calcium detection with the change to digital imaging. Computer-aided diagnosis algorithms can further increase the detection of microcalcifications, but do not improve cancer detection in a screening setting when mammograms are double-read.¹⁴ Magnification views can be used to enhance the morphology of calcifications. Digital breast tomosynthesis does not substantially improve the interpretation of microcalcifications.¹⁵

Changes due to evolving technology—localization techniques

Microcalcification on mammography is relatively non-specific, and non-operative diagnosis by image-guided needle sample is essential. In the early days, localization was performed using craniocaudal and lateral mammograms with a localization compression grid. Early stereotactic approaches using twoangled views to give a three-dimensional coordinate for needle placement were hampered by the delays of analogue film processing and patient movement.¹⁶ The breakthrough into smallfield digital technology was a spin-off of the Hubble Space Telescope in the mid-1990s, when a joint project between National Aeronautics and Space Administration and Scientific Imaging Technologies developed a new charged-couple device.¹⁷ The technology allowed a high resolution, wide dynamic range and low light sensitivity, shortening exposure time while preserving image quality, resulting in the LORAD Stereo Guided Breast Biopsy System. This has been incorporated into two approaches to stereotactic guided biopsy; it can be performed on dedicated equipment in the prone position that may be more comfortable for the patient and reduces the risk of fainting, but does not provide a conventional mammography facility. Alternatively, biopsy may be performed with the patient seated or recumbent using an add-on device to an upright mammography machine.

More recently, tomosynthesis-guided biopsy technology has become available; this is reported to be quicker and more effective for sampling low-contrast soft-tissue lesions because it requires less repositioning. However, a recent technology evaluation on behalf of the NHSBSP indicated that a stereotactic approach was preferred over tomosynthesis-guided biopsy for soft microcalcifications.¹⁸

Comparative screening data	Germany (Wiegel 2010 ¹⁰)	United States (Glynn 2011 ¹¹)		Netherlends (Bluekens 2012 ¹²)		Australia (Farshid 2014 ¹³)
Screening interval	Biennial	Not stated? Annual		Biennial		Biennial
Modality	Digital	Analogue	Digital (Years 1 and 2)	Analogue	Digital	Not stated
Number screened ^a	24,067	32,600	19,282	1,045,978	152,515	1494,809
Recall rate (%)	7.5	6.0	8.5	1.5	2.4	4.6
Cancer detection rate (%)	1.0	0.33	0.55	0.52	0.6	0.52
Assessment data for calcifications ^b	,					
Recall for calcifications	1.7%	0.79%	1.82%	0.20%	0.67%	0.42% had biopsy for calc
DCIS from calcifications	0.20%			0.04%	0.09%	
% of women diagnosed with malignancy from calcifications	0.32%	0.12%	0.20%			0.15%
PPV of biopsy of calcification	36%	41.1%	22.6%			35.8%

Table 1. Published data on investigation of microcalcifications in population screening programmes

DCIS, ductal carcinoma *in situ*; PPV, positive-predictive value.

^aProportion of initial and subsequent attenders may differ between cohorts.

^bRates are estimated from numbers of lesions/cancers and number of women screened.

Changes due to evolving technology—biopsy devices

At the advent of the NHSBSP in 1988, needle sampling was performed by fine needle aspiration cytology to achieve preoperative diagnosis. Cytological analysis of fine needle specimens is a specialized technique requiring particular expertise on the part of the operator and the cytologist. It is difficult to assess sample adequacy at the time of procedure, and cytology cannot distinguish between non-invasive and invasive malignancy. NHSBSP guidance (2001) indicates a median absolute sensitivity of cytology of 57%—just over half the carcinomas identified had pre-operative malignant cytology.¹⁹

In 1994, Parker et al²⁰ published data on the outcomes of 6152 core biopsies from 20 institutions, concluding that 14-G core breast biopsy is a reproducible and reliable alternative to surgical biopsy. This became the percutaneous biopsy method of choice, used as a reference for subsequent developments.

The shortcomings of 14-G biopsies led to the introduction of larger cores assisted by vacuum to ensure retrieval, which also allowed multiple samples to be collected with a single percutaneous introduction.^{21,22} Such devices range from 7–12 G and can be used to remove tissue volumes equivalent to the weight of a surgical specimen. This allows the pathologist considerably more tissue for analysis improving diagnostic accuracy, but requires additional processing and reporting time to ensure the sample has been sufficiently scrutinized.

RADIOLOGICAL IDENTIFICATION AND INTERPRETATION OF MICROCALCIFICATION

Microcalcifications are seen on many mammograms and there are well-described patterns that help to distinguish benign from potentially malignant changes. The Breast Imaging-Reporting and Data System lexicon supports consistency in nomenclature and provides descriptions to discriminate between benign and malignant changes.²³ Approaches to interpretation include appreciation of the extent, morphology and distribution of the calcifications. The Royal College of Radiologists Breast Group has described a five-point scale to communicate the level of suspicion (Table 2).²⁴ Review of prior mammograms to assess interval change is critical, although malignant calcifications may occasionally show minimal change in appearance over several years.²⁵

The primary feature of calcifications that prompts further analysis is clustering (>5 calcifications in a square centimetre)

Table 2. The Royal College of Radiologists Breast Group Classification for Breast Imaging²⁴

Mammographic grade	Description
M1	Normal
M2	Benign
M3	Indeterminate/probably benign
M4	Suspicious of malignancy
M5	Highly suspicious of malignancy

Figure 1 illustrates characteristic appearances of benign and malignant calcification. (Figure 1).

Features that suggest benign change include:

- multiple similar clusters in more than one quadrant in one or both breasts
- uniformity of the individual flecks
- lack of interval change.

Features that indicate further evaluation is required include:

- pleomorphism (variability in shape, size and density)
- linear and branching forms
- segmental distribution within a lobe of the breast
- interval change.

The characteristic morphological features of calcification are less reliable in small clusters and just under 50% of DCIS calcification clusters contain punctate calcifications.²⁵

Microcalcifications associated with a mass lesion should be reviewed carefully. Some patterns are clearly benign (such as popcorn calcification in a fibroadenoma), but malignant change may arise in any area of breast tissue and it is possible, for example, to find DCIS colonizing a fibroadenoma.

If microcalcifications cannot reasonably be assumed to be benign, the appearance is classified as indeterminate to malignant (M3, M4 and M5) and further evaluation is required. Magnification views may be used to demonstrate the morphology more clearly and display very fine calcifications not visible on routine mammography. Lateral mammograms are useful to display the layering of calcifications in the dependent aspect of microcysts, eliminating the need for biopsy. MRI may be used for further evaluation of calcifications²⁶ and has potential to improve specificity by reliably identifying benign change, reducing the number of cases requiring biopsy.

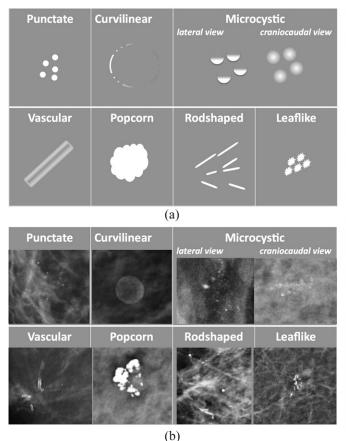
Any calcification that is not clearly benign should be considered for biopsy.

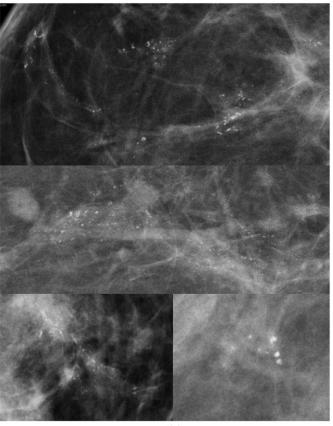
LOCALIZATION TECHNIQUE AND SAMPLING DEVICE

Biopsy is recommended when further imaging of calcification has not shown that changes are clearly benign. In general, calcification is biopsied using a stereotactic approach, or increasingly tomosynthesis, for localization. This requires a team approach to enable accurate positioning and recognition of the mammographic lesion. It is important to understand the geometry of the localization device to ensure precise needle placement.

When appropriate, biopsy can be performed using ultrasound. Successful identification of calcification on ultrasound relies on accurate localization of the cluster in the correct quadrant, distance from the nipple and depth below the skin surface. Calcification tends to be more conspicuous if there is any change in the adjacent soft tissue, and ultrasound-guided biopsy of calcification therefore may have a higher yield of malignancy than mammographic imaging.^{27,28} The size of the biopsy needle varies with local protocols; some practitioners favour a large

Figure 1. (a) Patterns of calcification associated with a benign change; (b) examples of calcification associated with a benign change; and (c) examples of malignant calcification.







vacuum-assisted sample and others prefer a 14-G sample, with vacuum-assisted biopsy (VAB) for selected cases.

The accuracy of 14-G biopsy depends on the size of the microcalcification cluster, the volume of the representative tissue obtained and the nature of the pathology. Today, there is a range of automated needles available commercially. Most studies describe the use of 14-G needles with a long throw (around 2 cm); a smaller gauge or shorter throw provides less tissue for analysis, which reduces the accuracy of the biopsy. The needles are single use, either for use with a reusable biopsy device or a fully disposable needle. The reusable device usually has a more rigorous spring, but can become contaminated with blood tracking back up the needle and therefore should be sterilized between procedures. The fully disposable devices are marginally more costly and are available in a range of gauge and throw. Some needles have a single action of advancing the inner stylet with sample trough, followed by the outer cutting cannula. Others, which allow initial advancement of the stylet followed by advancement of the cutting cannula, aid more precise needle placement in the case of small lesions or minimal tissue depth. All require multiple insertions to retrieve multiple samples and may only obtain scanty samples in dense or fibrous breast tissues.

Immediate specimen radiography is invaluable to assess the adequacy of the specimen—multiple calcifications are essential,

preferably in more than one core, depending on the extent of calcification on the mammogram. At least five flecks of calcification should be seen or flecks in three separate cores to ensure that the sample is representative.²⁹ It is important to ensure that calcification seen on specimen radiography correlates to the size and morphology of the calcification on mammography. A 14-G needle sample may be confidently used to establish a benign diagnosis such as microcystic or fibroadenomatoid change, or a malignant diagnosis of invasive cancer, but underestimates the nature of disease in approximately 27% of cases when DCIS and indeterminate lesions such as atypia are present.³⁰

Much of the current literature on percutaneous biopsy of the breast describes outcomes of large sample volumes obtained through a vacuum-assisted needle. This has the advantage of reaching a definitive diagnosis with a single procedure, the duration of the procedure is reduced as the needle is introduced only once and the samples are large in volume. Haemostasis may take longer, but there is no significant difference in complication rates and the procedure is well tolerated by patients.³¹

Although vacuum-assisted large core biopsy has many benefits, the cost of consumables is substantially greater than 14-G biopsy. In most instances, a 14-G biopsy will be sufficient to make the diagnosis, and even small clusters may be successfully sampled if sufficient care is taken over localization. It is not essential to leave a marker clip *in situ* if calcium remains visible after biopsy, although an ultrasound visible marker makes it easier to identify the biopsy area when surgery is anticipated. Exceptions include very small or scattered clusters, when VAB is preferred in the first instance. In 2016, the cost of a 14-G needle and needle guides is approximately £20. A vacuum needle requires a dedicated vacuum system and marker clip placement is considered essential. The cost of a vacuum needle, guides and marker clip is around £300. In addition, the increase in work for the pathologist is considerable, as the greater volume of tissue may mean that it is difficult to identify small clusters of calcification and that more levels of multiple blocks need to be examined.

THE ROLE OF THE PATHOLOGIST IN INTERPRETATION OF BIOPSIES

Accurate diagnosis of microcalcifications depends on effective collaboration between the radiologist and pathologist. It is important that the radiologist understands the process of sample preparation. The specimen and request should be fully labelled, including adequate information regarding the nature of the lesion sampled. The radiologists should comment on the presence of calcification and give their opinion of the likely pathology: the pathologist should have access to the specimen radiograph. Segregating the samples containing calcification is useful after VAB so that subsequent levelling can be concentrated on the relevant material. Adequate fixation is necessary and larger volume samples take longer to fix. At embedding, despite the use of heated forceps, it is possible for tiny fragments of biopsy to be conveyed into subsequent samples. In this event, the pathologist may see fragments of irrelevant tissue separate from the main sample, which rarely present a diagnostic dilemma. This effect can be minimized by ensuring that breast biopsies are interspersed with non-breast samples during embedding. The samples are embedded in wax and the block is then rough-cut until the sample is apparent. Occasionally, tissues discarded during this process may include the relevant calcification.

Successive levels are then cut for staining. Current guidance indicates a minimum of 3 levels; a 0.004-mm level is cut, then 10 levels are cut and discarded, the next level is preserved and 10 further levels discarded. This means that approximately 10% of the first 0.13 mm of the block is available for review. A 14-G core biopsy is approximately 1.6-mm thick; so, the first three levels represent <10% of the specimen. Further levels are necessary if the calcification is not visible. In practice, it is more efficient to cut six levels in the first instance and review, before cutting further levels if required. A 9-G vacuum sample is approximately 3.6-mm thick and three levels constitute <4% of the tissue volume. For reference, microcalcifications are demonstrated on mammography at 0.1 mm or larger and cancer cells are approximately 0.03 mm.

The sections are routinely stained with haematoxylin and eosin. Additional staining, including immunohistochemistry, may be used to assist in diagnosis.³²

The pathological entities that are associated with microcalcification have been well described in the NHSBSP Table 3. Pathology identified on percutaneous breast biopsy

Benign proliferative change (B2)	
Fibroadenoma	
Fibrocystic change	
Sclerosing adenosis	
Columnar cell change	
Indeterminate lesions (B3)	
Atypical ductal proliferation (AEDIP)	
<i>In situ</i> lobular neoplasia, including lobular carcinoma <i>in situ</i> and atypical lobular hyperplasia (ILN)	
Papilloma	
Radial scar	
Mucinous lesions	
Non-invasive cancer (B5a)	
Ductal carcinoma in situ (DCIS) and intracystic carcinoma	
Pleomorphic lobular carcinoma in situ	
Invasive cancer (B5b)	
Invasive ductal carcinoma	
Invasive lobular carcinoma	
Special type including papillary, tubular and mucinous carcinomas	
EDIP, typical epithelial ductal proliferation; DCIS, ductal carcinor	na

in situ.

Cancer which extends ${<}1\text{mm}$ outside the duct wall is classified as microinvasive (B5c).

guidance.³³ Some commonly encountered entities are included in Table 3.

There is a spectrum of benign changes described, which may be associated with epithelial proliferation with or without atypia. A variety of lesions are classified as "indeterminate", some because they show atypical morphology and others such as radial scar, papilloma and mucinous lesions because they may be associated with malignancy and are deemed inadequately sampled until completely removed. The diagnosis and management of indeterminate lesions will be discussed in a subsequent review. The distinction between atypia and low-grade *in situ* carcinoma depends on the extent of changes. If the abnormality measures >2 mm, or more than one duct system is involved, the lesion is best described as low-grade DCIS rather than atypia. In these circumstances, a larger volume of tissue at pre-operative diagnosis supports more accurate assessment by the pathologist.

THE IMPACT OF INVESTIGATING MICROCALCIFICATION

Calcification represents a challenge in both perception and interpretation. Small clusters of calcification are easy to miss and difficult to interpret. An aggressive approach to recall and investigation may result in high rates of benign biopsies, but reducing the number of females recalled is likely to mean some significant changes are not investigated. The benefit of biopsy is early diagnosis, meaning treatment can be easier and more effective, with a mortality benefit. The balance of overdiagnosis and overtreatment are difficult to model but were described for the NHSBSP in 2012.³⁴ Some of the challenges of choosing an approach that balances risk and benefit are discussed below.

The rate of microcalcification and DCIS identified at screening depends on the age of the population and the frequency of screening. It is therefore difficult to establish baseline expected levels for assessment and rate of cancer diagnosis from calcifications.

Farshid et al³⁵ published a series of 2545 cases investigated between 1992 and 2007, where microcalcification without soft-tissue change was biopsied. Almost half (47.7%) of the cases were graded as indeterminate, 28.3% cases as suspicious and 24.0% cases as highly suspicious. After assessment, 47.9% of cases were malignant, 4.8% cases were indeterminate (including atypia) and 47.3% cases were benign. Less than one-third (30.9%) of DCIS was low grade, and the features predicting higher grade included radiological suspicion, extent and the presence of a palpable mass.

National audit data for UK screening units in 2014–15 indicate that the rate of diagnosis of DCIS ranges from 0.5 to 3.1 cases per 1000 females screened (average 1.8).³⁶ It is likely that this variation is due to different thresholds for biopsy. Maintaining a high threshold for sampling microcalcifications will reduce the number of females recalled and subjected to needle sampling. This minimizes unnecessary stress and discomfort in many cases and reduces the potential for overdiagnosis of low-grade DCIS and indeterminate lesions that are treated but may never affect a female in her lifetime. However, this is at the cost of missing some cases of both DCIS and invasive cancer, which may present at the next screen or as an interval cancer.

A recent analysis of data for over 5 million females screened between 2003 and 2007 investigated the relationship between the detection of DCIS and subsequent diagnosis of interval cancer in the UK. This showed that the average frequency of DCIS detected at screening was 1.6 per 1000 females screened (unit range: 0.54–3.56 per 1000 females screened). There was a significant negative association of screen-detected DCIS cases with the rate of invasive interval cancer; for every three cases of DCIS diagnosed, there was one less interval cancer.³⁷

Microcalcification was seen more frequently in cancers that were identified by only one of two readers than in cancers detected by both readers in a screening environment.³⁸ Reviews of imaging of females presenting with screen-detected and interval cancers show that approximately 30% of cancers were missed on the prior mammogram. Further analysis of the cases with findings on previous imaging showed that 18% of cases showed microcalcifications with digital mammography and 32% of cases showed microcalcifications with screen/film mammography.³⁹ Warren et al⁴⁰ reviewed 193 cases where cancer was diagnosed after assessment and found that microcalcifications were more likely to have been inadequately assessed than other lesions. A review of the prior mammograms of females with DCIS showed abnormality in 22% of cases.⁴¹ The calcification morphology on the prior mammogram was more indeterminate, indicating that a lower threshold for sampling indeterminate calcifications would increase the diagnosis of early DCIS.

In light of the discussion regarding overdiagnosis and overtreatment, alternatives to surgical excision for low-grade lesions are being considered. The LORIS trial (a trial comparing surgery with active monitoring for low risk DCIS) has been designed to test the efficacy of vacuum-assisted excision and regular surveillance for low-grade DCIS.⁴²

The appearance and effect of treating screen-detected DCIS is being recorded by the Sloane Project, a UK-wide prospective audit of screen-detected DCIS and atypical hyperplasias of the breast.⁴³ The Sloane Project began collecting data in 2003–4, including information about pre-operative findings as well as the management of DCIS. It has identified variation in the use of post-operative radiotherapy, oestrogen receptor measurement and surveillance protocols in the UK. Of interest to radiologists, the Sloane Project has demonstrated that typical calcifications in DCIS change with size of lesion. Casting calcifications are typical of larger areas of DCIS, including low grade, but small clusters of punctate or granular calcifications may represent high-grade DCIS, where an aggressive clinical approach is recommended.⁴⁴

A PRAGMATIC APPROACH TO INVESTIGATION OF MICROCALCIFICATIONS

Assessment of microcalcification is described in UK national guidance.⁴⁵ Calcifications that are not clearly benign at screening mammography are recalled for assessment, including further views, ultrasound and clinical examination. Biopsy is recommended in all cases where further imaging is not entirely normal or benign. A summary of assessment and microcalcification biopsy outcomes for Southwest London Breast Screening Service is shown in Table 4.

If the microcalcification is confidently seen on ultrasound, biopsy may be performed under ultrasound guidance. Ultrasound guidance allows real-time visualization of the needle and is more comfortable for both the patient and the operator. Occasionally, more calcification is seen on ultrasound than on mammography and it is advisable to place a marker clip at the site of ultrasound-guided biopsy for calcification to ensure that the site of biopsy may be subsequently demonstrated on mammography.

If the microcalcification is not seen with confidence on ultrasound, then stereotactic biopsy with in-room specimen radiography is necessary. In our practice, 14-G biopsy is chosen as first-line approach for most microcalcifications. First-line vacuum biopsy is used if the cluster is small (<5 mm) or the calcification is scanty.

Occasionally, stereotactic biopsy is not possible because the individual is unable to tolerate the procedure or the calcification cannot be targeted on the small-field biopsy device. When stereotactic biopsy is not possible, it can help to draw a skin mark over the calcifications during attempted stereotactic localization to aid localization on ultrasound.

When a firm diagnosis of DCIS or invasive cancer is made, the radiologist aims to define the extent of disease such that the surgeon is able to remove all disease in a single operation. If the lesion is focal and amenable for local excision, only then the area

Table 4. Data for females assessed in Southwest London Breas	t Screening Service between April 2013 and March 2016 (from
National Breast Screening System [*] assessment report)	

Final non-operative diagnosis	Number of lesions sampled	% of total biopsies	
B1 (no calcification)	45	2.5%	
B2 (benign and concordant)	1212	66.5%	
B3 (indeterminate pathology)	152	8.3%	
B4 (suspicious for malignancy)	5	0.3%	
B5a/c (<i>in situ</i> /microinvasive cancer)	360	19.7%	
B5b (invasive cancer)	50	2.7%	
No biopsy	332		

7443 females were recalled for assessment.

4338 biopsies were performed.

1824 (42%) of biopsies were performed for microcalcification.

69 (3.8%) of biopsies were repeated for non-concordance (B1).

12 (0.65%) biopsies were repeated after B4 diagnosis.

O cancers were identified arising from an area previously assessed for calcification.

of most concern is biopsied. If the microcalcification is extensive and heterogeneous, or multifocal, such that mastectomy might be considered, two (or more) areas may need to be biopsied and marker clips deployed to determine disease extent.

Examination of the ipsilateral breast and axilla with ultrasound may demonstrate soft-tissue change associated with invasion and can give further information on axillary node changes. Nodes in the lower axilla with a thickened cortex are sampled by fine needle aspiration cytology or core biopsy.

DOCUMENTATION AND COMMUNICATION WITH THE PATIENT

There should be thorough documentation of the procedure, including identification of the clinician and radiographer, radiation dose, drugs administered and confirmation of the correct site check, in keeping with the National Safety Standards for Invasive Procedures.⁴⁶ Details of implanted marker clips should be recorded. As with all procedures, it is important to have formal training and update procedures in place and to evaluate the service continuously through audit and comparison with local and national standards and targets.

The cooperation of the patient is critical and is best gained by providing a calm environment and avoiding delay during the intervention. The patient should be fully informed regarding the nature of the procedure and the need to stay still. It helps if she can be supported by a healthcare assistant throughout. Written information should be given well before the procedure so that the patient has sufficient time to digest the information and ask questions if necessary. There is variation in approach to confirmation of consent depending on local protocols. As the patient is fully conscious, written consent is not essential.⁴⁷

The two main risks associated with biopsy are firstly, the harm of recall and intervention in a normal female who is not diagnosed with cancer and secondly, the treatment of females who have an abnormal diagnosis which would not cause harm during their lifetime. This is explained in the screening invitation leaflet.⁴⁸ In addition, specific risks include haematoma, which can occasionally be extreme, and ongoing haemorrhage, which may need surgical intervention. Infection is rare. Post-biopsy pain is described but appears sporadic and unpredictable; it may be related to the extent of anxiety prior to the procedure.⁴⁹

Communication of biopsy results to females is important. When the biopsy is benign, females often ask whether they need more frequent follow-up, but they should be reassured that the area of the breast sampled is no more likely to develop malignant change than surrounding tissues. Identification and management of indeterminate lesions will be discussed separately. DCIS may be a difficult diagnosis to communicate and it is often helpful to use diagrams to demonstrate the difference between DCIS and invasive cancer. Clinicians vary in the phrases they use to describe non-invasive disease; some refer to it as "early cancer", others as "pre-cancer", and some feel strongly that it should not be referred to as cancer at all, because DCIS is not an obligate precursor of invasive disease. The BBC has an iWonder Interactive Guide that can be helpful.⁵⁰ Females may wish to know whether the biopsy can cause seeding along the biopsy tract. This may occur, but research has shown that the transplanted cells are not viable.⁵¹

SUMMARY

The identification and investigation of microcalcifications found on mammography have become more common with improving technology and there has been a parallel increase in the variety of associated lesions in pathology. This has resulted in an increase in the diagnosis of DCIS. In some cases, females may not benefit (overdiagnosis), but in others early treatment may pre-empt the development of invasive cancer. This is likely to have contributed to the reduction in mortality from breast cancer seen since the advent of screening. Clinicians responsible for the investigation of mammographic calcification should remain mindful of the need to balance harm and benefit.

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