

HHS Public Access

Author manuscript

Biochem J. Author manuscript; available in PMC 2017 September 21.

Published in final edited form as:

Biochem J. 2015 December 15; 472(3): 249–259. doi:10.1042/BJ20150832.

High-Density Lipoprotein mimetics: promises and challenges

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Abstract

The concept of lipoprotein mimetics was developed and extensively tested in the last three decades. Most lipoprotein mimetics were designed to recreate one or several functions of highdensity lipoprotein in context of cardiovascular disease, however, the application of this approach are much broader. Lipoprotein mimetics should not just be seen as a set of compounds aimed at replenishing a deficiency or dysfunctionality of individual elements of lipoprotein metabolism but rather as a designer concept with remarkable flexibility and numerous applications in medicine and biology. In this review, we discuss the fundamental design principles used to create lipoprotein mimetics, mechanisms of their action, medical indications and efficacy in animal models and human studies.

Keywords

Lipoprotein metabolism; apolipoproteins; cholesterol metabolism; atherosclerosis; peptides

Introduction

Lipoproteins are macromolecular complexes of various lipids and proteins found in most organisms. In vertebrates, the principal function of lipoproteins is the systemic transport of lipids, which otherwise would be insoluble in aqueous solutions. Impaired lipoprotein metabolism plays a key role in pathogenesis of many diseases. A classical example is familial hypercholesterolemia, a condition causing severe atherosclerosis at early age; however, disturbances in lipid and lipoprotein metabolism are key elements in pathogenesis of a diverse range of diseases from diabetes, obesity to cancer and infectious diseases. Hence, a concept has emerged to correct what's missing or broken by designing mimetics of individual components of the various lipoprotein metabolism pathways. However, with time this concept progressed well beyond simple replenishment of a defective element of lipoprotein metabolism.

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Declaration of conflict of interests

AR is an inventor on a patent for the 5A peptide. DS declares no conflict of interests in relation to this manuscript.

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In humans, lipoprotein metabolism is comprised of two interconnected, but distinctive arms. Apolipoprotein B (apoB) containing lipoproteins (chylomicrons, very low density lipoprotein (VLDL) and low density lipoprotein (LDL)) deliver lipids, mainly triglycerides (TG) and cholesterol, from intestine and liver to other tissues, predominantly to supply TGderived fatty acids as a source of energy. The current paradigm is that, at least in context of cardiovascular disease, excess of apoB-containing lipoproteins leads deposition of cholesterol in the vessel wall and development of atherosclerosis, thus, potential mimetics should have a capacity to reduce levels of apoB-containing lipoproteins by $e.g.$ enhancing their catabolism. In contrast, apolipoprotein A-I (apoA-I) containing lipoprotein (highdensity lipoprotein (HDL)), removes excessive lipids, predominantly cholesterol, from most tissues delivering it to the liver, the only organ capable of catabolism and excretion of cholesterol. Because a high level of apoA-I containing lipoproteins is considered beneficial, potential mimetics based on HDL should have a capacity to substitute, supplement or functionally improve apoA-I containing lipoproteins. Conceptually, adding and supplementing is an easier task and the majority of current lipoprotein mimetics are based on apoA-I-containing lipoproteins.

In addition to playing a central role in reverse cholesterol transport (RCT), HDL has several other functions (for review see $[1, 2]$). The best investigated function is anti-inflammatory property of HDL, affecting both local inflammation (such as expression of adhesion molecules on endothelium) and systemic inflammation (such as expression of adhesion molecules and cytokine secretion by monocytes). Furthermore, HDL displays anti-oxidant, anti-thrombotic and anti-apoptotic functions, improves vascular function and prevents aggregation of LDL. Some of these properties are most likely a consequence of the ability of HDL to prevent cholesterol accumulation in the cells, i.e. depend on its role in RCT, but others are not. It is important to recognize that HDL is not a simple complex of apolipoproteins and lipids, but also carries a large number of enzymes, biologically active proteins and miRNAs [3, 4] that regulate various aspects of cellular and systemic metabolism independently from reverse cholesterol transport. Consequently, as will be discussed below, the concept of lipoprotein mimetics is now much broader with applications beyond atherosclerosis.

Lipoproteins are natural constituents of human plasma; isolating lipoproteins and separating their elements can be easily achieved using routine methodology. CSL, owing its unique access to large quantities of human plasma and appropriate technology, uses apoA-I purified from human plasma to create HDL mimetics (CSL111 and CSL112). However, most of the mimetics are fully synthetic for the following reasons:

- **•** Cost and access to human plasma makes feasibility of large scale production of a mimetic-based drug problematic
- **•** The requirements for consistency and ensuring that human plasma product is infection- and endotoxin- free are difficult and/or costly to fulfil
- **•** Synthetic analogues provide considerable flexibility in modifying the structure of a mimetic, allowing for e.g. adaptation for oral administration or targeting a specific function of a lipoprotein

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• Use of natural products creates complexity in IP protection

Lipoprotein mimetics have been used for numerous potential indications (Table 1). Majority of studies describe use of lipoprotein mimetics in context of cardiovascular disease. The second most frequent indication is cancer. HDL has remarkable anti-cancer properties, which were reproduced with HDL mimetics [5–7]. ApoA-I mimetics have also been used to reduce obesity and diabetes [8]. ApoA-I and apoE mimetic peptides were shown to reduce amyloid burden in animal and cellular models of Alzheimer's disease [9, 10]. In context of infectious diseases, apoA-I mimetic peptides reduced inflammation caused by an infection [11] and provided considerable multiple organ protection in sepsis [12]. Anti-inflammatory and anti-oxidation properties of HDL were behind the ability of apoA-I mimetics to reduce rejection after heart transplantation [13], alleviate asthma [14] and treat experimental arthritis [15]. ApoA-I mimetics were also effective in preventing cardiac ischemic/ reperfusion injury [16] and were able to rescue pulmonary hypertension [17]. Finally, lipoprotein mimetics were used as carriers for targeted delivery of drugs [18] and contrast agents [19] to atherosclerotic plaques and cancer cells [20]. It must be recognized however, that most of these findings were generated in cellular and animal models and have not yet been translated into clinical trials.

General design principles for lipoprotein mimetics

Several design principles for lipoprotein mimetics were proposed over the years (Table 2). A straight forward concept to design a lipoprotein mimetic is to recreate structural and functional properties of the native particle in its entirety or at least as close as possible, a supplementing/replacement therapy approach. Reconstituted HDL (rHDL) is the most advanced example of such approach. RHDL consists of full-length wild type mature human apoA-I complexed to phospholipids forming a discoidal particle. Composition and physical properties of rHDL are similar to that of nascent HDL; therefore, they are expected to enter HDL metabolism cycle recreating most of the biological properties of endogenous HDL. Currently, two rHDL mimetics are undergoing trials: CSL112 [21], like its predecessor CSL111[22], incorporates apoA-I isolated from human plasma, while CER-001 incorporates recombinant apoA-I [23].

Recreation of the lipoprotein structure *in vitro* creates opportunities to improve functional properties of mimetics over natural product. The first attempt was apoA-I_{Milano}-based rHDL (also known as ETC-216). ApoA-I_{Milano} is a naturally occurring mutant of apoA-I carrying a substitution of Cys for Arg173; apoA-I_{Milano} molecules form dimers [24] and may have better antioxidant properties $[25]$. Carriers of apoA-I_{Milano} have low levels of HDL due to enhanced HDL catabolism; however, this was not accompanied by higher risk of CVD, leading to an assumption that apoA-I_{Milano} based HDL has enhanced atheroprotective functionality. Despite intensive work this assumption, it has not been convincingly proven and reasons why carriers of apoA- I_{Milano} have low cardiovascular risk are still not entirely clear.

Another approach to improve properties of rHDL was to base it on recombinant trimer of apoA-I creating rHDL with functional properties similar to WT apoA-I-based rHDL, but

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with reduced plasma clearance rate [26, 27]. Trimeric-rHDL was more effective than rHDL in slowing development of atherosclerosis in animal model [28]. In another study, pegylation of rHDL also retarded its catabolism without adversely affecting functional properties, leading to a greater reduction in development of atherosclerosis and plaque stabilization in animal model [29].

The most common approach for the design for lipoprotein mimetics involves the use of synthetic peptides. Two design approaches have been widely used, namely peptides mimicking primary structure of an apolipoprotein and peptides mimicking its secondary structure without homology to the primary structure. Uehara *et al* described a single helix peptide (FAMP5) with high degree of homology to C-terminus of apoA-I [30], while Bielicki *et al* described a peptide (ATI-5261) homologous to the C-terminus of apoE [31]. Both peptides mimicked the lipid-binding domains of the corresponding apolipoproteins, aiming to recreating their cholesterol efflux properties and indeed both peptides were potent in cholesterol efflux assay. Sviridov et al further developed this design by describing two bihelical peptides (S1A10 and S2A10) based on homology to C-terminus of apoA-I with hydrocarbon "staples" introduced to connect turns of the helices. "Stapling" resulted in a dramatic enhancement of the ability of the peptides to promote cholesterol efflux and made them resistant to proteases [32]. Zhao *et al* attached three peptides mimicking C-terminus of apoA-I to a small organic scaffold; this complex remained active after both intraperitoneal and oral administration, indicating protease resistance [33]. Similar design principle was used in studies where a mimetic combined several different elements: a peptide capable of stimulating cholesterol efflux and/or anchoring to lipoproteins and another peptide facilitating a subsequent stage of lipoprotein metabolism. The objective of such design was to create a mimetic capable of advancing its cargo along the pathway of lipoprotein metabolism. Anantharamaiah et al described conjugates of apoA-I mimetic peptide, active in promoting cholesterol efflux from cells, with a mimetic peptide reproducing the sequence of the receptor-binding domain of apoE, active in delivering cholesterol to the liver (AchE-18A-NH₂ and L-mR18L) [34, 35]. Similar approach was used by Zhao *et al*, who described a peptide (EpK) containing lipid binding domain and LDL-receptor binding domain [36]. Amar et al described a peptide (C-II-a) which is conjugate of an apoA-I mimetic, to anchor peptide to a lipoprotein particle, and a apoC-II mimetic, an activator of lipoprotein lipase (LPL) [37].

Many lipoprotein mimetic peptides, however, do not carry homology to the primary structure of apolipoproteins, instead just recreating its secondary structure, amphipathic αhelix. Most apolipoproteins contain such helices in their structure, which allows them to bind to the hydrophobic lipid core of lipoprotein and at the same time form hydrophilic surface of the particle. It was originally suggested by Segrest *et al* that this structural property of apolipoproteins is fundamental to many of their biological functions, including cholesterol efflux, and that peptides carrying the same structural elements would have similar biological properties [38]. This design principle laid foundation for the first apoA-I mimetic peptide, 18A (also known as 2F) [39]. Many peptides were created using this principle with modifications to their physiochemical properties. Most modifications aimed at further improving lipid-binding properties, and while significant variations in

- **•** Introducing into the structure of a peptide several hydrophobic amino acids increasing their ability to bind lipids and to promote cholesterol efflux. This includes the most studied apolipoprotein mimetic, namely peptide 4F [40], which is an 18A based peptide with four Phe residues on the hydrophobic face, or ETC-642 [41].
- **•** Longer peptides with two amphipathic α-helixes connected by a proline residue to recreate secondary structure together with elements of tertiary structure of apoA-I, such as 37pA [42]. Bi-helical peptides were generally more potent than single helix peptides [43].
- **•** Bi-helical peptides with two helices of different hydrophobicity; this reduced damage peptides cause to the plasma membrane due their detergent properties. An example of this approach is peptide 5A [44].
- **•** Synthesizing peptides from D-amino acids to enable oral administration, such as D-4F [45]. Other reported methods to make peptides resistant to proteases allowing oral delivery are stapling of the peptides [32] and administering peptides in complex with niclosamide [46].
- **•** Introducing cysteine and histidine to boost anti-oxidant properties of the peptides (5A-CH) [47].
- **•** Changes in hydrophobicity, charge and connection angle between the two helices to boost lipid-binding and anti-inflammatory properties (ELKs) [47].

A different approach to mimetic design was to focus on function, rather than the structure. Cyclodextrins [48] and large and small unilamellar phospholipid vesicles (LUV and SUV) [49] are water soluble and are capable of removing cholesterol from cells, although mostly through non-specific mechanisms. The overall capacity of these mimetics to promote cholesterol efflux exceeds that of HDL and apoA-I, however, the non-specific $(i.e.$ independent of any cholesterol transporters) nature of their activity and inability to advance their cargo along the lipoprotein metabolic pathways or pass it to other lipoproteins are severe limitations.

A recent development in lipoprotein mimetic design is nanoparticle mimetics. Gold nanoparticles covered with phospholipids and apoA-I were used to recreate the structure of HDL and promoted cholesterol efflux [50, 51] or as carriers for targeted drug delivery [6]. Nanoparticles consisting of lipid core resembling HDL and a vector $(e, g, a$ apoA-I mimetic peptide) were used as carriers for delivery of drugs and contrast agents, as well as to promote cholesterol efflux [19, 20]. Advantage of this design is that it allows considerable flexibility in adjusting the size of the particle, which is an important determinant of lipoprotein functionality, and offers scaffolding on which several functional elements can be mounted in different arrangements and combinations.

Mechanism of action

Lipoproteins perform many functions and synthetic mimetics were designed to recreate many of them, as well as to contrive new functions not performed by the native lipoproteins (Table 1).

Reverse cholesterol transport

The main intended mechanism of action of many lipoprotein mimetics, at least of HDL mimetics, is that they would enhance reverse cholesterol transport (RCT). That is, mimetics will take up excessive cholesterol from peripheral cells and deliver it to the liver either directly or after transferring it to other lipoproteins. There is evidence that this does occur with rHDL – in humans infusion of CSL111 and CSL112 stimulates the capacity of plasma to efflux cholesterol from cells in vitro and this precedes the rise in HDL level [52, 53]. Removal of apoB-containing lipoproteins from plasma eliminated improvements in cholesterol efflux after rHDL infusion, indicating that other elements of lipoprotein metabolism are required for this enhancement to work [52]. In rabbits, CSL112 increased the capacity of plasma to promote cholesterol efflux and stimulated cholesterol esterification [21]. One possible mechanism supported by these findings is that small rHDL particles assume role of a "shuttle" taking cholesterol from cells and delivering it to the "sink", a pool of large lipoprotein particles taking up cholesterol from small rHDL and proceeding along RCT pathway [52]. However, two other mechanisms cannot be ruled out. First is that administered rHDL particles fuse with HDL particles of the recipient, leading to their remodelling and release of lipid-free or lipid-poor apoA-I, the latter being the main specific cholesterol acceptor. This mechanism is supported by significant increase of $pre\beta_1-HDL$ /free apoA-I level after infusions of rHDL [52, 53]. Second mechanism also involves fusion of rHDL with the recipient plasma HDL delivering phospholipids to these particles and thus improving their ability to accept cellular cholesterol. Overall, it is unlikely, however, that rHDL recreates a complete RCT pathway removing cholesterol from cells and delivering cholesterol to the liver on its own; most likely it stimulates few initial steps of the RCT then feeding cholesterol into the pathway of recipient.

Mimetic peptides, lipid-free or complexed with phospholipids, also successfully recreated the ability of HDL and apoA-I to promote cholesterol efflux in vitro [30–32, 54, 55]. However, a requirement to feed cholesterol taken up from cells into RCT may be a key limitation of compounds mimicking cholesterol efflux only. While apoA-I mimetic peptides can fuse with homologous HDL delivering to it their cargo, mimetics like gold nanoparticles [56], cyclodextrin [48] and phospholipid vesicles [49] cannot, thus possibly limiting their utility in vivo. Peptides combining lipid-binding domain coupled with receptor-binding domain, such as Ac-hE-18A-NH₂ [34, 35] and EpK [36], have an advantage of being capable, at least theoretically, of recreating both early and late steps of RCT. ApoE mimetic ATI-5261 promoted cholesterol efflux and the generated particles capable to undergo further metabolism similar to HDL, including the ability to be taken up by SR-B1 [57]. In most cases, however, it is unlikely that peptides are capable of recreating the full RCT picking up cellular cholesterol and transporting it to the liver without first fusing with HDL particles of

the recipient. It is more likely that they deliver cellular cholesterol to HDL supplementing a rate-limiting step of RCT, rather than generate a parallel pathway.

Independent of the capacity of mimetic peptides to be an acceptor of cellular cholesterol, a likely important contributing factor is their ability to stabilize ABCA1 on the cell surface [58]. ApoA-I mimetic peptides are also capable of binding to HDL improving its functionality and/or displacing apoA-I from the particles with the formation of $pre\beta_1-HDL$ apoA-I [59], the mechanisms discussed above in relation to rHDL.

Clearance of plasma lipoproteins

A novel mechanism of clearance of plasma lipoproteins mimicking elements of forward cholesterol transport was proposed for apoE mimetics (for recent review see [60]). Peptide Ac-hE-18A-NH2 effectively binds to LDL and VLDL through its lipid-binding domain and dramatically enhances their clearance by liver significantly reducing hyperlipidemia. Interestingly, the increased uptake of apoB-containing lipoproteins in the liver after peptide administration was mediated not by classical LDL/VLDL receptors, but rather through binding of lipoproteins to heparin sulfate proteoglycane (HSPG). This approach was effective in reducing hyperlipidemia and mouse and rabbit models.

Inflammation

Anti-inflammatory properties have also been demonstrated for many mimetic peptides. Multiple mechanisms were suggested: (i) inhibition of VCAM expression [41, 47, 61, 62], (*ii*) reduction of cytokine expression [12, 61–63]; (*iii*) suppression of chemotaxis [64]; (*iv*) reduction of pro-inflammatory properties of modified LDL [65]; (v) inhibition of proinflammatory gene expression through altering the assembly of TLR–ligand complexes in cell membranes [66]. Which of these pathways is central to the anti-inflammatory ability of mimetic peptides is currently not known but is an active area of investigation. Most of the anti-inflammatory peptides were tested in context of atherosclerosis; however, several other inflammatory diseases are also potential indications. For example, peptides D- 4F and L-4F were used to reduce oxidation and inflammation after transplantation [13], in experimental obesity [8] and diabetes [67] by upregulation of heme oxygenase-1 [13]. Although mechanistically less defined, the anti-inflammatory properties of 4F peptides were probably also behind its therapeutic utility in asthma [14], arthritis [15], infection [11, 12] and sepsis [68].

Oxidation

Many mimetic peptides have anti-oxidant properties, especially if their sequence includes anti-oxidant amino-acids His and Cys [47, 69]. Other mechanisms contributing to antioxidant capacity are stabilization and enhancing activity of PON [70], binding and sequestration of oxidized lipids [71] or facilitating transfer of oxidized lipids from LDL to HDL [72].

Apoptosis

Lipoprotein mimetics displayed anti-apoptotic properties by reducing endoplasmic reticulum stress in macrophages through inhibition of CD-36-mediated uptake of oxLDL [73].

Vascular function

Several mimetics were able to protect or improve vascular function by increasing NO production [74, 75], reducing formation of superoxide anions, which are scavengers of NO [34, 76], and improving eNOS-depednent vasodilatation [77].

Thrombogenesis

Mimetics were able to reduce platelet aggregation through lowering levels of thromboxane A2, and prostaglandins D2 and E2 [78].

Triglyceride lowering

One feature of apoA-I mimetic peptides is that their administration in animal models often results in hypertriglyceridemia; possibly due to the displacement of apoC-II, an important cofactor for LPL. To counteract this effect, and perhaps as a new tool to control hypertriglyceridemia, Amar et al synthesized a bi-functional peptide, consisting of lipidbinding sequence anchoring peptide to a lipoprotein particle coupled with a fragment of apoC-II known to activate LPL [37]. C-II-a peptide effectively reduced plasma triglyceride levels caused by the 5A peptide when both peptides were co-administered in mice; when administered by itself it also stimulated lipolysis in apoE-KO mice [37].

LDL aggregation

Modified and especially aggregated LDL are pro-atherogenic and apoA-I mimetic peptide L-4F was able to block sphingomyelinase-induced LDL aggregation [79].

Regulation of intestinal uptake of oxidized lipids

Recently Navab et al suggested that the main target of apoA-I mimetic peptides may not be systemic lipoprotein metabolism or atherosclerotic plaque, but rather lipid metabolism in the small intestine [80]. They found that following oral or subcutaneous administration of D-4F into LDLR−/− mice, intestinal and liver levels of metabolites of arachidonic and linoleic acids, as well plasma levels of amyloid A and TG were reduced; the effect was independent of systemic concentration of the peptide. The interpretation of this finding was that the true target in the anti-inflammatory effects of the peptide is the small intestine and that concentration of the peptide in the intestine, rather than in plasma, is of primary importance. The hypothesis was that various oxidized lipids are produced in the intestine, presumably by microbiota, in quantities sufficient to contribute to systemic inflammation and the peptide is able to bind these oxidized lipids mitigating their inflammatory effects [81].

As outlined above, mimetic peptides were able to recreate many "non-RCT" functions of HDL. As with HDL, however, it is not clear which of the "non-RTC" properties of the mimetics are truly independent from their ability to promote cholesterol efflux and reduce cellular cholesterol content. For example, several anti-inflammatory properties were mechanistically explained by depleting cells of cholesterol, which disrupts lipid rafts playing a key role in inflammation [66]. However, some properties of the peptides are clearly independent of their ability to modify cellular cholesterol metabolism, such as rescue of pulmonary hypertension through regulation of microRNA-193 [17].

Finally, nanoparticles conjugated with mimetic peptides were used as carriers for targeted drug delivery directing lipophilic drugs, including statins, or contrast substances to atherosclerotic plaques [19, 82] or cancer cells [5, 6, 20].

Efficacy of the lipoprotein mimetics in animal models and clinical trials

Atherosclerosis

Many lipoproteins mimetics were investigated in animal models of atherosclerosis and in early stage clinical trials. Much of the early animal work assessing development of atherosclerosis after administration of rHDL has been done with apoA-I_{Milano}-based rHDL (ETC-216). Chronic intravenous administration of apoA-I_{Milano}-based rHDL in apoE^{-/−} mice almost completely halted development of atherosclerosis [83] and even a single injection reduced plaque cholesterol and macrophage content [84] in this model. In rabbit model of injury-induced atherosclerosis, a single infusion of apoA-I_{Milano}-based rHDL reduced lipid content and size of atherosclerotic plaques in carotid arteries [85]. When tested side-by-side, apoA-I_{Milano}-based rHDL was more effective than WT apoA-I-based rHDL in reducing atherosclerosis and especially in reducing inflammation in the plaque [86]. CER-001 (rHDL) was also effective in stimulating reverse cholesterol transport and reducing development of atherosclerosis in LDLR−/− mice [87]. CSL111 in unchanged form and as pegylated HDL was only mildly effective in reducing burden of atherosclerosis when administered to apo $E^{-/-}$ mice [29].

While some of the early apoA-I mimetic peptides did not substantially affect the development of atherosclerosis, most of the re-developed peptides did; variants of the peptide 4F are most investigated in this regard. Oral administration of D-4F (a peptide synthesized from D-amino acids and therefore resistant to proteolysis in the gut) suppressed development of atherosclerosis by 79% in LDLR−/− mice [45] and by 50% in diabetic apoE−/− mice [88]. A slightly modified version of D-4F, 6F, expressed in transgenic tomatoes and added to Western diet reduced atherosclerosis in LDLR−/− mice by about 40% [89]. Smaller reductions of 10–30% were found after intraperitoneal or retro-orbital administration of L-4F in apo $E^{-/-}$ mice. The peptide 5A administered intraperitoneally or intravenously reduced atherosclerosis in apoE−/−mice by 30–50% [55]. The peptides ELK-2A2K2E [90], ATI-5261 [31] and FAMP [30] administered intraperitoneally reduced atherosclerosis by 16–30% in apo $E^{-/-}$ mice.

Apo E mimetic peptide Ac-hE18A-NH2 was effective in reducing hyperlipidemia in mouse [91] and rabbit [92] models and was also effective in reducing atherosclerosis in mouse model [93]. Nanoparticles coupled with monomeric or trimeric apoA-I mimetic peptide reduced atherosclerosis in LDLR−/− mice by 50–70% after intraperitoneal or oral (trimeric only) administration [33].

In humans, chronic infusion of apo $A-I_{Milano}$ -based rHDL reduced the size of coronary atheroma assessed by IVUS [94]. Sort term infusion of WT apoA-I based rHDL, CSL111, significantly reduced coronary atheroma volume at high dose, but unfortunately this dose had unacceptable level of toxicity, possibly due to excess cholic acid used in the reconstitution process. Low dose CSL111 was well tolerated, but the effect on atheroma

volume was not statistically significant [22]. New formulation of the CSL product, CSL112, was well tolerated [95] and in an early stage clinical trial appears to stimulate markers of cholesterol efflux [53]. In a small clinical trial of patients with peripheral vascular disease, a single infusion of CSL111 led to significant reductions in cholesterol content and inflammation in atherosclerotic plaques [96]. However, CER-001 failed to reduce atheroma volume in patients with acute coronary syndrome [23], but mildly decreased carotid mean vessel wall area in patients with familial hypoalphalipoproteinemia [97].

Oral administration of the peptide D-4F in humans was well tolerated and reduced inflammatory markers despite low bioavailability [98]. Intravenous and subcutaneous infusions of L-4F were also well tolerated, the peptide had good bioavailability, but had limited effect on HDL level and or functionality and did not improve any inflammatory markers [99].

Very few lipoprotein mimetics were tested side-by-side and the variability in doses, route of administration, animal models, patient populations and other conditions make comparisons of the various mimetics difficult. Generally, most mimetics were active in reducing atherosclerosis in vivo in animal studies; however, it is difficult to establish a definitive connection between properties of the mimetics in vitro and in vivo and their efficacy in reducing atherosclerosis. It is not clear which element of pathogenesis of atherosclerosis is the main target of the mimetics, $e.g.$ removal of excessive cholesterol by RCT or inflammation or both, and where the main action is, locally or systemically.

Other diseases

The therapeutic potential of lipoprotein mimetics in conditions other than atherosclerosis was also extensively tested. The peptide L-4F protected vascular function in animal models of hypercholesterolemia and sickle cell disease [100]. D-4F decreased myocardial inflammation, improved vascular function and restored angiogenic potential of the hearts in mouse model of systemic sclerosis [101]; it also reduced inflammation in animal model of asthma [14]. D-4F in combination with statin reduced severity of arthritis in animal model [15]. The same combination of D-F4 and statin, as well as apoE mimetic peptide Ac-hE18A-NH2, reduced amyloid deposition and improved cognitive function in animal models of Alzheimer's disease [9, 10]. L-4F reduced insulin resistance and inflammation in animal models of obesity [8]. L-4F also improved vascular function and inflammation in two animal models of sepsis [68, 75] and inhibited growth of colon cancer in vivo [7]. As discussed above, D-4F rescued pulmonary hypetrtension through an unusual mechanism involving a miR193 [17].

In humans, rHDL (CSL111) had profound anti-diabetic effect increasing insulin secretion and reducing insulin resistance [102]. It also reduced platelet aggregation and thrombus formation ex vivo [103]. Despite findings being fragmented and many of them are yet to be confirmed, it is becoming clear that utility of lipoprotein mimetics is not limited to atherosclerosis and cardiovascular disease.

Limitations of lipoprotein mimetics

Utility of lipoprotein mimetics has several important limitations. Cost of synthesis, purification and testing of apoA-I, as well as cost of phospholipids to produce rHDL are high; cost of synthesis of long peptides is also considerable. This is one reason why rHDL preparations are currently being marketed for short-term use in acute cardiac events – to rapidly alleviate burden of the ruptured plaque and to stabilize unstable plaques, with other types of therapy to follow in long-term. Another limitation is that most of lipoprotein mimetics require intravenous administration essentially precluding long-term use of these mimetics e.g. as a preventative strategy. This limitation, however, was addressed by several means. Peptides synthesized from D-amino acids are resistant to proteolysis in the gut and are adsorbed without significant modification. This strategy however has important limitations. Firstly, while resistant to gut proteases, D-peptides are also incompatible with intestinal transport systems and bioavailability of D-peptides is low [80]. Secondly, these peptides are resistant not only to gut proteases, but to proteases in general; the route of their catabolism is uncertain and they potentially may accumulate in liver or kidney. Several other strategies were suggested to enable oral administration of the peptides such as stapling of αhelices [32], or use as a complex with niclosamide [46]. Nanoparticles, although containing peptides made of L-amino acids, were also resistant to proteolysis in the gut [33]. These approaches not only potentially allow for oral administration of the mimetics, but prolong usually very rapid turnover. Other approaches to improve pharmacokinetic properties include reformulation of lipid content of rHDL [95], pegylation of rHDL [29], or use of trimeric apoA-I based rHDL [28].

HDL carries a number of biologically active molecules affecting many aspects of cellular metabolism, which may play an important role in determining properties of HDL. This aspect is yet to be incorporated into concept of lipoprotein mimetics and most available mimetics were not designed or tested for their capacity to selectively deliver biologically active proteins and miRNAs.

However, one of the main obstacle for successful translation of an experimental compound into an effective medication is the uncertainly about mechanisms. Although many mimetics effectively target specific facets of atherosclerosis in vitro and reduce atherosclerosis in vivo, there is little evidence that *in vitro* properties of these mimetics are reproduced *in vivo*, and especially in human studies. Multiple targets, RCT, inflammation, oxidation etc, uncertainty of whether mimetics act locally on systemically hold back development of effective lipoprotein mimetics. Even with intended target of mimetics, systemic lipoprotein metabolism, it is uncertain whether mimetics bind and modify existing lipoproteins or deliver cholesterol from cells to HDL or recreate several steps of RCT. Combined with poor understanding of complex pathogenesis of atherosclerosis, $e.g.$ uncertainty about the relative contribution of cholesterol accumulation, inflammation, oxidation and other facets of pathogenesis, as well as of different cell types in the vessel wall to overall severity of the disease, makes it difficult to predict what an ideal lipoprotein mimetic should mechanistically do and how it should look like.

An ideal lipoprotein mimetic

Despite these uncertainties, we speculate in the following section on the potential "ideal" features of a lipoprotein mimetic (Fig. 1). We restricted our attempts to an HDL mimetic, as there is a greater knowledge base in this area. We based our proposal on two reasonable but not fully tested assumptions: first, that the main objective of a mimetic is recreation or enhancement of RCT, and second, that the mimetic should promote as many stages of RCT as possible.

RCT pathway principally consists of three steps: (1) removing free cholesterol from the cells, (2) esterifying cholesterol preventing it from flowing back to cells and (3) delivering cholesteryl esters to the liver. Thus, the first essential step that must be performed by a mimetic is to effect specific cholesterol efflux from cells. Amphipathic α-helical peptides of 18–37 amino acids seem to be adequate for this activity. Bi-helical peptides where two helices connected by a proline residue are more active and more specific, but the role of the second helix is most likely in proper positioning of the first helix, and this function can possibly be fulfilled by another structure. It may be beneficial to include into the structure of the peptide histidine and/or cysteine residues boosting anti-oxidant properties of the mimetic without affecting its secondary structure and hydrophobicity. Peptide L-4F or hydrophobic helix of the peptide 5A-CH1 may provide template for the first element of the ideal lipoprotein mimetic.

The second element of an ideal mimetic should facilitate cholesterol esterification and to properly position the "efflux" peptide. A peptide with homology to the 7th helix of apoA-I (residues 143–164) would be a suitable candidate for this role when connected to the "efflux" peptide through a proline residue. The $7th$ helix of apoA-I is involved in LCAT activation [104], it is less hydrophobic than the "efflux" peptide and, like second helix in peptide 5A, it would prevent the structure from "sinking" into the cell membrane, the latter seems to be a cause of non-specific efflux and toxicity.

The requirement for the third element of an ideal mimetic is to have a capacity to hold and carry a cargo of cholesteryl esters. That could be best fulfilled by an organic nanoparticle that has a micellar-like structure with hydrophobic core covered by phospholipid. It is expected that the newly formed cholesteryl esters would move into hydrophobic core and the particle would acquire additional phospholipids for the expanding surface from cells and/or other lipoproteins. Similar micellar particles have been described [105]; however, there is an uncertainly of whether it would be best for peptide construct(s) to hold on the particle by the hydrophobic face of amphipathic α-helices or to be covalently linked to the particle to prevent dissociation. Delivery of cholesteryl esters to the liver occurs via two pathways: after exchange of cholesteryl esters for triglycerides through the action of cholesteryl ester transfer protein (CETP) and through extraction of cholesteryl esters from HDL by SR-B1 in the liver. The former pathway is predominant in humans, however, structural requirements for a particle to be able to interact with CETP are uncertain leaving little basis for generating a mimetic recreating this feature. Interaction with SR-B1 is known to require presence of amphipathic α-helices and is influenced by the particle size, providing a good opportunity for empirical modification of these parameters to facilitate the interaction with SR-B1 and

release of cholesteryl esters. An advantage of this approach is that, theoretically, the particle would recycle, speeding up RCT and benefiting pharmacokinetic properties of the mimetic. An alternative approach would be to explore receptor binding domains of apoB or apoE, directing mimetic holoparticle to the liver. Advantage of apoE in this context is that its receptor binding domain is an amphipathic α-helix of suitable size (16 residues); therefore, it may be adapted to substitute the "efflux" peptide combining the two functions. Ideally, a mimetic should permit oral administration. The best way to achieve this may be to either "staple" the peptide adjusting stoichiometry for the peptide to cover most of the micelle surface protecting lipids from the intestinal lipases, or to complex it with niclosamid. Thus, the hypothesised structure of an ideal mimetic is a micellar nanoparticle with hydrophobic core covered with phospholipids and coupled to a bi-helical stapled peptide consisting of one hydrophobic amphipathic α-helix and LCAT-activating domain of apoA-I (Fig. 1).

Conclusions

Recent failures of the clinical trials with CETP inhibitors and the outcomes of the Mendelian randomization analysis has put the idea of "HDL therapy" out of favour and on a wrong foot [106]. However, most of the approaches tested so far aimed at raising plasma HDLcholesterol levels by inhibiting catabolic steps of RCT, perhaps not the ideal way to improve cholesterol flow through the pathway. Lipoprotein mimetics offer a different approach; they stimulate one or several steps of RCT and improve its functionality without necessarily raising plasma HDL levels. They offer remarkable flexibility of structural and functional properties allowing adjusting them to almost any requirement. Their potential use is not limited to cardiovascular disease; numerous pathologies where cholesterol metabolism is a part of their pathogenesis are also potential indications for this type of therapy. Therefore, in summary, lipoprotein mimetics offer incredible opportunities, but also many challenges in translating these interesting new agents into therapies. The most important challenge is to better understand the mechanisms behind many beneficial biological properties of lipoprotein mimetics, thus allowing for a more rational drug design.

Acknowledgments

Funding

Research by DS was supported by a Program grant from the National Health and Medical Research Council of Australia (NHMRC) (GNT1036352). DS is a fellow of the NHMRC. Research by AR is supported by intramural research funds from the National Heart, Lung and Blood Institute.

Abbreviations

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Figure 1. The proposed structure of an "ideal" lipoprotein mimetic.

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Table 1

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Table 2

General design principles of lipoprotein mimetics. General design principles of lipoprotein mimetics.

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