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## **Effects of age-related shifts in cellular function and local microenvironment upon the innate immune response to implants**

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## **Abstract**

The host macrophage response is now well recognized as a predictor of the success or failure of biomaterial implants following placement. More specifically, shifts from an "M1" proinflammatory towards a more "M2-like" anti-inflammatory macrophage polarization profile have been shown to result in enhanced material integration and/or tissue regeneration downstream. As a result, a number of biomaterials-based approaches to controlling macrophage polarization have been developed. However, the ability to promote such activity is predicated upon an in-depth, context-dependent understanding of the host response to biomaterials. Recent work has shown the impacts of both tissue location and tissue status (i.e. underlying pathology) upon the host innate immune response to implants, representing a departure from a focus upon implant material composition and form. Thus, the ideas of "biocompatibility," the host macrophage reaction, and ideal material requirements and modification strategies may need to be revisited on a patient, tissue, and disease basis. Immunosenescence, dysregulation of macrophage function, and delayed resolution of immune responses in aged individuals have all been demonstrated, suggesting that the host response to biomaterials in aged individuals should differ from that in younger individuals. However, despite the increasing usage of implantable medical devices in aged patients, few studies examining the effects of aging upon the host response to biomaterials and the implications of this response for long-term integration and function have been performed. The objective of the present manuscript is to review the putative effects of aging upon the host response to implanted materials and to advance the hypothesis that age-related changes in the local microenvrionement, with emphasis on the extracellular matrix, play a previously unrecognized role in determining the host response to implants.

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### **Keywords**

Macrophage; Polarization; Host response; Aging; Implant

## **1. Introduction**

The host immune response to implantable materials has been well studied over the last five decades. The inflammatory response and foreign body reaction are now well recognized predictors of the downstream success or failure of implants. However, regardless of the downstream outcome of tissue remodeling following the placement of an implant, the early stages of the host immune response are largely the same. That is, following placement all materials – regardless of design or composition – are subject to some degree of protein adsorption, an early neutrophil response, and subsequent invasion of the site of implantation by mononuclear phagocytes. While this represents an oversimplification of a complex process (which has been reviewed at length elsewhere  $[1-3]$ ), the view that these events – eventually leading to an inflammatory response at the implant surface – represent a negative occurrence has led to a number of approaches to evade the early host immune response including, tuning of surface topography [4–8], porosity [9–14], and chemistry [15–18] of the material, as well as the use of non-fouling surfaces and coatings [19–21] and decorating surfaces with matricellular proteins to prevent non-self recognition [22–24]. While these techniques have undoubtedly shown promise, prevention of long-term interaction of protein or cells with implants has yet to be demonstrated.

Recently, many studies have begun to suggest that the interaction of host immune cells with implanted materials may be an integral and beneficial component of the response which leads to a positive remodeling outcome (see [25,26] for review). Such results have led to renewed interest in the interaction of host inflammatory cells with implants. This is particularly true with regard to macrophages as they have long been considered to be master regulators of the host immune response to implants. Just as macrophages have now been shown to be capable of affecting both beneficial and detrimental outcomes in the processes of wound healing following injury, the response to pathogen, and cancer (all of which are reviewed in [27,28]), it is now well recognized that macrophage populations which interact with implants also have heterogeneous phenotypes and functions which are predictive of downstream outcomes.

In the biomaterials literature, macrophages are most commonly segregated into "M1" proinflammatory and "M2" anti-inflammatory/ regulatory subsets as shown in Fig. 1. In reality, macrophage phenotype can hardly be segregated into two distinct phenotypes [29]. Rather, macrophages display a wide variety of context and tissue-dependent phenotypic characteristics, which may include aspects of both M1 and M2 phenotypes. Therefore, we will discuss the host response to implants using these terms as they represent a simplified framework for discussion of the host macrophage response and as they are used ubiquitously throughout the biomaterials literature.

Briefly, studies have now demonstrated that an early shift from an "M1" pro-inflammatory macrophage phenotype to a more "M2-like" anti-inflammatory phenotype is associated with

improved implant integration and/or tissue regeneration, depending upon the type of implant and it's intended purpose (i.e. permanent implants versus regenerative medicine-based approaches to tissue reconstruction) [13,30–36]. As a result, multiple strategies have now been devised to promote shifts in macrophage phenotype at the host-tissue interface.

These include novel surface topographies, coatings, and drug delivery strategies among an increasing number of other strategies (which have been recently reviewed elsewhere [37– 39]). In general, however, all of these strategies are targeted at shifting the acute phases of the host macrophage response, demonstrating the critical nature of the earliest events in the innate immune response and suggesting that strategies which seek to exploit rather than avoid the innate immune response will meet with increased success.

With the renewed interest in macrophage polarization within sites of implantation has come an increased understanding of the importance of the tissue and disease specific context into which the implant is placed. Briefly, each tissue may possess a distinct subset of resident macrophages and respond to injury or inflammatory insult differently [40,41]. For example, though macrophages are described as having a key role in outcomes in each case, the progression and make-up of the post-injury macrophage response in cutaneous, muscular, and central nervous tissues is distinct (see [26] for a discussion). Similarly, differences in the progression and intensity of the host response can be observed when the same material is placed in two different locations. For example, polyether-polyurethane implants elicited different chemokine profiles when implanted in intraperitoneal versus subcutaneous spaces in mice [42]; and polypropylene implants were observed to elicit a stronger inflammatory reaction when implanted into the vagina compared to the abdomen in rabbits [43,44]. Similarly, intraperitoneal implants in diabetic rats were associated with increases in inflammatory factors as compared to non-diabetic animals [45]; and increased fibrosis was observed following implantation of materials in lupus-prone mouse models [46]. Recent studies have also shown changes in the host response and downstream remodeling of implants based upon NSAID usage, demonstrating the potential for effects of post-surgical care regimes upon the host response [47]. These studies and others have begun to suggest that both tissue location and disease context is, at least in part, responsible for determining the course and outcome of the inflammatory reaction following the implantation of materials. While it is entirely logical to assume that tissue location and disease context would have important impacts upon the host response to implants, evaluations of the host response to are most commonly carried out in a small number of tissue locations in young, healthy animals.

In order to design "next-generation" implants or modification strategies to improve the performance of currently available materials in a wide array of applications, it is necessary to develop a context-dependent understanding of the host response which will be encountered upon implantation. One such context is aging. Advances in modern medical practice and increased access to medical care have significantly extended lifespan; however, increases in lifespan have not been accompanied by similar increases in healthspan. By 2050, the number of individuals over the age of 65 is expected to increase by 71% to nearly 2 billion individuals worldwide, with the number of US citizens over the age of 65 surpassing 20% by 2030 [48]. Over 75% of the elderly population has at least one chronic

condition, often presenting with systemic inflammation [49]. As a result there is an increasing demand for implantable medical devices intended to treat age-related disorders. Examples of such devices include pacemakers, glucose sensors, and total joint implants, among others. Despite the increasing usage of implantable medical devices in aged patients, very few studies have been performed to assess the impacts of aging upon the host response and subsequent remodeling of implanted materials.

The objective of the present manuscript is to review the putative effects of aging upon the host response to implanted materials and to advance the hypothesis that age-related changes in the local micro-envrionement, with emphasis on the extracellular matrix, play a previously unrecognized role in determining the host response to implants. These effects will be examined from a cellular as well as microenvronmental perspective, and the limited evidence demonstrating differences in the host response to materials with age will be presented.

## **2. Cellular aging of the host immune system**

The design of improved biomaterials for context specific applications requires an understanding of the host immune system in various states and pathologies, including aging. Aging has been shown to influence the functions of both innate and adaptive immune cells in scenarios such as wound healing, pathogen response, and vaccination. In this section of the review, we discuss changes in both the adaptive and innate immune response that may have implications for the host response to implanted biomaterials.

#### **2.1. Immunosenescence**

Immunosenescence is defined as the state of dysregulated immune function occurring with advanced age, which has been associated with an increased susceptibility of elderly populations to infection, autoimmune disease, and cancer related mortalities [50,51]. While the root word 'senescence' is used to classify cells undergoing irreversible cell cycle arrest, immunosenescence does not equate to the replicative senescence observed in fibroblasts, also known as the Hayflick limit [52]. Immunosenescence manifests in both the innate and adaptive immune system as altered circulating cell numbers, delayed migration to sites of infection or injury, and disrupted effector responses to stimulating cytokines [51,53]. Furthermore, immunosenescence is accompanied by elevated systemic levels of inflammatory cytokines and reactive oxygen species that can wreak havoc on tissue homeostasis, and has thus been termed "inflammaging" [54,55]. Inflammatory cytokine production may arise from dysregulated immune cells or other epithelial cells that have undergone senescence and acquire a Senescence-Associated Secretory Phenotype (SASP) [56]. Whether inflammaging is a direct cause, effect, or cyclical process surrounding immunosenescence is unclear; however, it is well accepted that chronic inflammatory signals have been linked to numerous age-related disorders including cardiovascular disease, cancer, obesity, metabolic syndrome, osteoporosis, and dementia [57]. Therefore, it follows that immunosenescence and inflammaging in the elderly population will lead to dramatic shifts in the host repose to implanted biomaterials and tissue regeneration, although published

studies testing these hypotheses are limited, especially regarding the effect of immune aging upon this response.

#### **2.2. Innate and adaptive immune aging**

**2.2.1. Adaptive immune aging—**The adaptive immune response provides acquired antigen-specific immunity, leading to highly effective cell destruction, immune regulation and memory. The effector cells of the adaptive immune system, T-cells and B-cells, are derived from lymphoid progenitor cells in the bone marrow and mature in secondary lymphoid tissues. Generation of the adaptive immune system is robust in young individuals, as is necessary to establish a diverse immune repertoire. However, lymphopoeisis is significantly diminished in elderly individuals, in part due to involution of the thymus and a skewing of hematopoietic progenitor cells towards the myeloid lineage [58–60]. As a result, the number of T-cell and B-cell progenitors in the bone marrow and thymus are markedly reduced with age [61–64].

Advanced age is associated with low numbers of naïve T-cells, persistent memory T-cells, and reduced diversity of the T-cell receptor (TCR) repertoire, with a large proportion of TCRs directed towards persistent cytomegalovirus (CMV) infection [65–68]. A reduction in naïve T-cells has been attributed to involution of the thymus, which begins as early as puberty in mammals [58,62]. Activation of T-cells is also impaired with aging. T-cell activation occurs following interaction with antigen-presenting cells (APCs) forming an immune "synapse." Several defects in the synapse have been reported, including glycosylation of costimulatory molecules, such as CD28, or changes in lipid membrane properties [69,70]. Perhaps the single most important consequence of synapse dysfunction is reduced production of interleukin-2 (IL-2), as exogenous IL-2 can rescue many of the agerelated deficits of T-cell activation [71,72]. Age-related changes of other T-cell produced cytokines, such as interleukin-1(IL-1), interleukin-10 (IL-10) and interferons, vary across literature and are likely context specific.

Similarly, B-cells undergo important changes with aging. B-cell precursors do not proliferate as extensively in elderly mice as they do in young mice, and they undergo higher rates of apoptosis[73]. Changes in the bone marrow, including decreased secretion of interleukin-7 (IL-7) by stromal cells, have been implicated in B-cell development in aged individuals [74,75]. Both human and murine B-cells exhibit impaired class switching, limiting the specific phenotypes of antibody producing B-cells crucial for responding to invading pathogens [76].

The deficits in lymphocyte cell number and function play a large role in the deficits of the elderly population to respond to vaccination and to clear both bacterial and viral infections, especially following other stressors such as injury, surgery, and biomaterial implantation including artificial joints, stents, and pace-makers. The co-morbidity of surgical procedures and biomaterial implantation with infection warrants further investigation into the adaptive immune system of aging population. Furthermore, it has been recently shown that lack of adaptive cells, specifically T helper 2 (Th2) subsets removes the regenerative response seen during normal biomaterial remodeling [77]. Reduction in numbers of lymphocytes,

including Th2 cells, could lead to reduced regulation of the regenerative response to biomaterials by these cells.

**2.2.2. Innate immune aging—**The innate immune system provides a rapid response to infection or injury initiated by pathogen associated molecular signals (PAMPs) and damage associated molecular signals (DAMPs). Innate immune cells include granulocytes (neutrophils, eosinophils, basophils, mast cells), innate lymphoid cells (natural killer cells), and antigen presenting cells (dendritic cells, macrophages) [78,79]. Each of these innate immune cells provides a tightly regulated, specific function that orchestrates tissue wound repair and response to foreign bodies with the ultimate goal of restoring tissue homeostasis. In the elderly population, immunosenescence of innate immune cells and inflammatory tissue environments effects innate immune processes.

Neutrophils are the first immune cell responders in the foreign body reaction. While the number and phagocytic capacity of neutrophils is reported to be maintained in the elderly, delays in migration and reduction of respiratory burst have been reported [80]. A renewed interest in natural killer (NK) cells and other classes of innate lymphoid cells has emerged in recent years. While innate lymphoid cells are not heavily implicated in the foreign body response, much remains to be characterized. With aging, NK cells have reported diminished target binding due to changes in cell signaling and impaired activation, leading to changes in effector function, such as release of granzyme, perforin, and other cytokines [81]. Dendritic cells are potent antigen presenting cells, known to be particularly important for T-cell activation. DCs become activated after contacting biomaterials, increase expression of costimulatory molecules (CD80/CD86), and promote T-cell proliferation and Th1 cytokine production [82,83]. Growing evidence suggests that DC activation is impaired in aging, along with impaired capacity to cross tissue barriers, and to induce cytokine production from T-cells, likely changing the response of DCs to implanted biomaterials [84,85].

Monocytes and macrophages are vitally important cells in the foreign body response, where macrophage polarization can be used as a determinant of the host response outcome (ref). Although the output of immune cells from the bone marrow is weighted towards myeloid lineage with aging, the absolute monocyte number is unchanged between young and aged individuals [86,87]. However, an increased percentage of non-classical monocytes (CD14<sup>+</sup> CD16++), and a reduction in classical monocytes (CD14+ CD16−) has been reported in elderly individuals [86,87]. Like other innate immune cells, macrophage recruitment is delayed in aging, possibly due to a reduction in expression of the integrin very late antigen-4 (VLA-4) on monocytes, and vascular cell adhesion molecule-1 (VCAM-1) on endothelial cells [88]. Furthermore, a reduction in major histocompatibility complex (MHC-II) expression has been observed in both human and murine macrophages, leading to a reduction in antigen-presentation capacity and cross-talk with the adaptive immune system [89,90]. An increase in prostaglandin E2 production by macrophages has been postulated as a possible explanation for the reduction in MHC-II expression [91]. Toll-like receptors (TLRs) including TLR-1, TLR-2, and TLR-4, important mediators for PAMPs and DAMPs, are also reported to decrease on aged peritoneal and splenic macrophages, perhaps contributing to the susceptibility of the elderly to bacterial, mycotic, and viral infections [92,93].

Classically activated "M1" macrophages are very efficient at producing pro-inflammatory cytokines, nitric oxide, and performing phagocytosis. With aging, phagocytosis has been reported to decrease, perhaps associated with a reduction in the cellular receptors or responsiveness to cytokines [86,94,95]. Furthermore, macrophage senescence and quiescence induced in vitro has been reported to lead to a reduction in phagocytosis in response to biomaterials [96]. In addition, decreases in nitric oxide and superoxide production by aged macrophages have been reported in rats[97]. Alternatively activated "M2" macrophages are crucial for clearing helminth infections, and have important roles in the resolution of inflammatory reactions, including new matrix deposition and antiinflammatory cytokine production. Changes in "M2" macrophage function are less well documented in the literature. However, "M2" macrophages have been found to accumulate in aged skeletal muscle and result in the detrimental replacement of muscle fibers with fibrotic tissue over time [98]. Advanced age may also impair the ability of macrophages to polarize to either M1 or M2 phenotypes. The gene signature of macrophages isolated from bone marrow and polarized to M1 or M2 phenotypes was mostly unchanged between young and aged mice, with the exception of increased Fizz-1 (M2 marker) expression on aged cells [99]. However, macrophages isolated from mouse spleen had a reduction in both "M1" and "M2" gene expression patterns when stimulated with polarizing cytokines, suggesting deficits in polarization capacity [99].

While less well documented than the adaptive immune system, changes in innate immune function have a significant impact on the host response to infection, biomaterials and the normal wound healing process. Further studies that systemically examine the effect of aging on the innate immune response to biomaterials are necessary to further the development of biocompatible and bioactive materials.

## **2.3. Bone marrow elicited versus tissue-resident macrophages in aging and the host response**

In recent years, there has been a conceptual revolution in the understanding of macrophage development and contribution to disease pathology. A dichotomy in the origin and function of macrophages has been realized by lineage tracing studies demonstrating that tissueresident macrophages arise from the yolk sac and fetal liver during embryogenesis, and can be maintained into adulthood independently of the bone marrow, contrary to the previously accepted view of the mononuclear phagocyte system [100–102]. Tissue-resident macrophages are present in virtually every tissue with unique gene signature profiles, including in the liver (Kupffer cells), brain (microglia), lungs (alveolar macrophages), bone (osteoclasts), skin (Langerhans's cells), Peyer's patches in the gut, red and white pulp in the spleen, the peritoneal cavity, and the interstitium of organs such as kidney, heart, and pancreas. Macrophages residing in certain organs, such as the colon, spleen, peritoneum, and heart, are replaced regularly by bone marrow derived monocytes, whereas the brain receives virtually no input from monocytes under homeostasis [102,103]. Tissue imprinting has been linked to changes in the enhancer regions of the genome of these macrophages, imparting tissue specific functions [104]. Despite the prenatal origin of these tissue-resident macrophages and the effects of tissue imprinting, monocyte derived macrophages have the

capacity to take on a seemingly identical phenotype to Kupffer cells, including self-renewal, when the niche is made available in the liver [103].

The macrophage lineage tracing experiments reveal a large gap of knowledge in the field of regenerative medicine and biomaterials, as it is currently unknown whether tissue-derived or bone marrow elicited macrophages are the primary responders in the host response. Given the tissue-specific functions and "M2" polarization of tissue-resident macrophages versus the "M1" profile of elicited macrophages, it is of interest to determine which populations are contributing to the host response to improve immunomodulation in site and age-specific contexts.

Indeed, several studies have identified that tissue-resident macrophages, but not bone marrow derived macrophages, become impaired with aging [95,99]. Recent work from our group also demonstrates minimal differences between young and aged bone marrow derived macrophage functions, including nitric oxide production and phagocytosis [105,106]. Interestingly, when bone marrow derived macrophages are pre-exposed to degradation products from young and aged extracellular matrix or "tissue cues", differences in function arise following polarization with M1-inducing cytokines [107]. Taken together, these studies suggest that tissue microenvironments dictate a large portion of the observed immunosenescence of macrophages.

## **3. Tissue microenvironmental changes with aging**

In addition to cellular changes with age that effect the host response to natural biomaterials, changes in the local tissue microenvironment can also play a large role in the resultant response upon implantation. Apart from age-related dysfunction and changes in the immune response, there are also observed changes in cells accessory to the immune response, extracellular matrix, and the concentration of many different molecules that effect wound healing. In this section of the review, we highlight how changes in the local implantation micro-environment could affect the innate immune response to implanted biomaterials.

#### **3.1. Extracellular matrix composition and mechanics change with age**

The extracellular matrix (ECM) comprises the protein, glycosaminoglycans, proteoglycans and other molecules secreted by tissue resident cells that provides structure and signaling cues to the cells of that tissue in a reciprocally dynamic relationship [108]. The ECM acts as a local microenvironment which influences tissue homeostasis as well as response to injury [109]. The ECM is specific to a given tissue and comprises a unique composition of structural and associated molecules which support the function of the resident cells [110]. The extracellular matrix can influence cellular phenotypes and function through the interaction of an assortment of binding proteins including integrins, discoidin domain receptors, syndecans and many others [110]. Therefore the use of decellularized tissues, also known as ECM scaffolds, have been studied as natural biomaterials for tissue repair [108]. ECM scaffolds initiate the foreign body response and have been shown to promote "M2" macrophage polarization, in part dependent on Th2 cytokine response, leading to constructive tissue remodeling (see [111] for an in-depth review of the host response to

ECM scaffolds). However, it is unclear how aging of both the local microenvironment and the source age of natural biomaterials influences the outcome of the foreign body response.

Few studies tying compositional changes in aging tissue to age related changes in the host response have been performed. However, Tottey, et al. demonstrated that source animal age was linked to changes in both the compositional make up and physical properties of decellularized tissue scaffolds composed of small intestinal submucosa (SIS) [112]. Briefly, small intestinal submucosa was harvested from 3, 12, 26, and 52 week old pigs and decellularized using a peracetic acid washing procedure. The resultant tissue was then tested mechanically and subjected to compositional testing for growth factors, collagen, and glycosaminoglycan content. The results showed a trend toward increasing tissue thickness, reduced tensile modulus, and resistance to collagenase degradation with aging. Compositional analysis showed changes in bFGF and VEGF content with age including increases in both growth factors between 3 and 26 weeks with decreased content thereafter. Analysis of glycosaminoglycan content showed a steady drop in content with aging from the 3–52 week old source animals. These changes were associated with changes in the mitogenesis, metabolism and migration of perivascular progenitor cells exposed to the materials.

A follow-up study utilized the same decellularized small intestinal extracellular matrix as an implant in a well described model of partial thickness abdominal wall defect repair [113]. The results of this study demonstrated that scaffolds derived from younger animals (3 and 12 weeks) were associated with significantly improved remodeling (i.e. formation of innervated skeletal muscle bundles) of the abdominal skeletal muscle as compared to 26 or 52-week old source tissues and untreated and autograft treated controls. Investigation of the early host response revealed that the materials derived from younger animals (3 and 12 weeks) were also associated with a decreased ratio of M1:M2 macrophages within the site of implantation as compared to 26 or 52-week old source tissues and untreated and autograft treated controls.

#### **3.2. Extracellular matrix modifications**

It is unclear whether the compositional changes in the implanted scaffolds described above were responsible for the observed changes in the host response. While it is hardly possible to evaluate the role of the hundreds of individual components within each tissue, a number of modifications of extracellular matrix molecules have been observed to occur with aging. Here we describe advanced glycation end products (AGEs) as one potential modification of ECM molecules which occurs with age; however, numerous other modifications resulting from changes in SPARC, LOX, and the effects of reactive oxygen species have been described with aging, but are not described here due to space limitations.

Advanced glycation end products, a heterogeneous group of over 20 different molecules, are formed through the non-enzymatic glycation of long-lived proteins, lipids, or nucleic acids [114,115]. AGE formation *in vivo* tends to be a progressive process that occurs with increasing age or following certain lifestyle choices, such as diets high in glucose or exposure to environmental toxins[114,116]. AGEs are capable of protein cross-linking, resulting in the reduced ability of cellular machinery to degrade damaged proteins, in turn

leading to tissue stiffening and dysfunction [117]. AGEs can also promote formation and accumulation of reactive oxidative species (ROS) through the blockade of the 20S subunit of the intracellular proteasome[116,118]. Since the 20S subunit is typically responsible for the degradation of oxidized intracellular proteins, blockade of this intracellular machinery by AGEs, coupled with reduced antioxidant to oxidative species ratios in aged individuals, allows for a feed-forward loop of oxidative species formation, subsequently resulting in enhanced AGE formation in vivo [114,118,119].

Additionally, AGEs have been shown to promote inflammatory processes through several distinct signaling pathways, with the receptor for advanced glycation end products (RAGE) pathway being one the best characterized [114]. RAGE is a pattern recognition receptor of the immunoglobulin receptor family and is widely expressed across a variety of cell types, including macrophages [120], T-lymphocytes [121], B-lymphocytes [122], dendritic cells [123], endothelial cells [124], fibroblasts [125], smooth muscle cells [120], and neuronal cell [114,126,127]. Additionally, RAGE is able to bind a variety of ligands in addition to AGEs, such as lipopolysaccharide, calgranulin/S100 family ligands, or high mobility group box protein 1 [114,122]. Since RAGE signaling is dependent on both cell and ligand type, RAGE signaling tends to be complex and studied in a context dependent manner [122]. Due to space limitations, this review will focus only on monocyte/macrophage RAGE signaling. However, it is important to note that this is a limited view of the microenvironmental response to AGE accumulation and RAGE signaling in other cell types in important for the tissue response to AGE accumulation.

In macrophage populations, ligand binding to RAGE has been shown to induce M1, proinflammatory macrophage states through the upregulation of MHC-II expression on the cell surface and secretion of pro-inflammatory cytokines [128,129]. While it has not been determined definitively how ligand binding to RAGE impacts M2, pro-remodeling states in macrophages, some data exists that suggests RAGE-ligand binding promotes the downregulation of M2 genes [130]. However, a recent study has shown that AGE-mediated RAGE activation has no impact on M2 marker expression[131]. Thus, further studies will need to be performed to fully elucidate how RAGE signaling can impact M2 gene and surface marker expression. Additionally, while the effects of RAGE-ligand binding have been fairly well elucidated in macrophage populations, the specific signaling pathways utilized in these cell populations have not. RAGE signaling pathways in monocyte and macrophage populations has been shown to be dependent on both the RAGE-bound ligand as well as the extracellular microenvironment [122]. For example, monocyte RAGE stimulation with AGEs resulted in signaling through PKC, ERK1/2, p38–but not JNK – to activate master inflammatory regulator gene NF-κB [132]. However, under hypoxic conditions Chang et al. demonstrated that monocyte RAGE stimulation did not signal through this pathway but rather led to the translocation of PKCβII and subsequent JNK activation, resulting in downstream Egr-1 activation [133]. Additionally, macrophages have been shown to signal through p38, p44/42, JNK, and MAPK pathways [128]. Thus, one can see the importance of ligand and extracellular environment in determining the RAGE signaling propagation pathway.

#### **3.3. Tissue stiffness**

Traditionally, modulation of cellular phenotype and functionality were thought to be predominantly mediated by secreted biochemical signals that can be sequestered by the extracellular matrix. However, recent studies have identified that the mechanical properties of extracellular matrix can also dictate cellular behaviors during development, homeostasis, and during disease pathogenesis. While mechanosensitive cell migration and proliferation serve important roles during development and tissue homeostasis, these processes can have deleterious consequences following the dysregulation of extracellular matrix stiffness during aging or tissue injury[134–136]. While extracellular matrix stiffening has been fairly well characterized in a number of pathologies, a cohesive mechanism of age-related matrix stiffening in the absence of any co-morbidity has yet to be fully elucidated. As previously discussed, accumulation of cross-linking advanced glycation end products in aging tissues is the best characterized mechanism of age-related extracellular matrix stiffening. However, several other mechanisms of ECM stiffening have been characterized within distinct tissue sites. One such mechanism is the calcification of extracellular matrix proteins with relatively low turnover rates [134]. This process has best been elucidated in the context of age-related arterial wall stiffening. It has been shown that calcium levels in the arterial wall rise with increasing age, which in turn allows for the calcification of low turnover proteins such as elastin [137–139]. Elastin calcification can subsequently cause fragmentation of elastin fibers, which in turn results in arterial stiffening as elastic fibers are lost and arterial wall stiffness relies increasingly on collagen content within the matrix, which has an elastic modulus substantially greater than that of elastin [134,140,141]. Another modulator of ECM stiffness is age-related alterations in matrix metalloprotease (MMP) and tissue inhibitor of metalloproteases (TIMP) expression [135,142]. In a study conducted by Bonnema et. al., the authors found elevated plasma levels of MMP-2, MMP-7, TIMP-1, TIMP-2, and TIMP-4 in aged individuals with no evidence of cardiovascular disease [135]. Upon further examination of the MMP/TIMP ratios in the subjects, the authors found the MMP/TIMP ratios favored extracellular matrix deposition in aged individuals [135]. The authors also found a statistically significant negative correlation between MMP-7 and TIMP-1,-4 expression levels and left ventricular volume to mass ratio and mitral E/A ratios, both of which are predictors of cardiovascular dysfunction [135]. This observed age-related alteration in plasma MMP and TIMP levels in the absence of other co-morbidity is interesting as MMP expression levels in pathological microenvironments have been shown to play roles in the progression of many diseases − including cardiovascular disease [134,142], cancer [143– 145], neural disorders [146], and arthritis [147]. Future studies should seek to better elucidate the relationship between this age-related change in MMP and TIMP expression and disease pathogenesis. It must be noted that while each mechanism of extracellular matrix stiffness modulation was considered as an isolated phenomenon, these processes are not isolated in aging individuals and instead function in concert, often in the presence of additional co-morbidities, to promote tissue specific alterations in ECM elastic modulus that can in turn promote cellular dysfunction and disease progression.

As is noted above, the effects of substrate stiffness upon mechanotransduction in many cell types across multiple biologic processes is well described, mechanotransduction has only recently been investigated in macrophage populations. The evidence that exists suggest that

macrophages are responsive to substrate, stress and strain, and cell shape; however, a general consensus as to what the specific effects of each of these factors upon the inflammatory response has yet to be defined (see [148,149] for recent reviews on this topic). Thus, while it is likely that soluble factors within the local microenvironment are the predominant cues which drive polarization, crosslinking and structural modification of ECM leading to dysregulation of the mechanical environment may play a role in macrophage mediated pathogenesis. Similarly, such changes in the local environment would also be expected to have an effect upon the tissue-implant interface and the host inflammatory response.

#### **4. Assessing the host response to implants in aged animal models**

There are few, if any reports in the literature which have investigated the host response to implants in aged animals. However, a recent study from our group sought to elucidate the impacts of aging upon the host response to polypropylene mesh implanted into 8-week (young) and 18-month-old mice (aged) [105]. The findings of the study suggested that the host macrophage response to polypropylene mesh implants was delayed, dysregulated, and unresolved in the aged animals as compared to the young. Briefly, there was decreased recruitment of macrophages to the site of implantation at 3 and 7 days post-implantation. Further, the population which was present in the aged animals was found to be expressing significantly more iNOS and less Arginase-1 than was observed in young animals, indicating a more M1 skewed response. Analysis of tissue remodeling outcomes at 90 days demonstrated similar composition and thickness of the tissue capsule surrounding the implants; however, 18 month old animals were observed to have a significantly higher number of macrophages within the tissue capsule, suggesting an unresolved inflammatory response. These results, as displayed in Fig. 2, correlate well with the findings of dysregulated, and unresolved host responses in studies of the response pathogen and in wound healing in aged individuals.

This study also examined the M1 and M2 polarization profile of bone marrow derived macrophages harvested from the young and aged mice. Few differences between M1 and M2 polarized macrophages were observed, suggesting that the ability to effectively polarize is maintained in aged rodents. Thus, the results of the study showed that though there were significant differences in the host response between young and aged animals, these differences were likely not accounted for by age-related cell-intrinsic defects, and that the local tissue environment likely played a role. While the role of changes in the local tissue microenvironment were not investigated in depth in the study, a reduction in the production of glycosaminoglycan constituents, including hyaluronan, at early time points in the host response was observed and could have led to a reduction in the recruitment of early responding cells and/or changes in their polarization profile.

## **5. Conclusions**

While few studies to-date have investigated the host response to biomaterials in aged animals, those which have been performed demonstrate that the response is delayed, dysregulated, and chronically activated. The exact mechanisms which underlie these findings are not yet clear; however, herein, we present evidence that these observations may

be a result of dysregulation of both the innate immune system and the local tissue microenvironment into which the implant is placed. Additional studies will be necessary to design effective materials, implants, and tissue reconstruction strategies to meet the needs of an increasingly aged population.

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## **Abbreviations**





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## **Fig. 1.**

Macrophage polarization exists as a spectrum of phenotypic and functional states. Macrophage polarization states can best be described as a spectrum ranging from antimicrobial, pro-inflammatory M1 macrophages to immunotolerant, anti-inflammatory M2 macrophages. While this review simplifies macrophage polarization states to a basic M1/M2 paradigm for ease of discussion, it is important to note that these extreme polarization states are rare in vivo and macrophage polarization relies on the integration of cytokine signaling in the local microenvironment to polarize macrophages to some intermediate state along the polarization spectrum.



#### **Fig. 2.**

The early host response to implanted materials in young and aged C57BL/6 mice. (a) Images of H & E-stained tissue cross-sections at  $10\times$  and (b) total cell counts (DAPI) surrounding single mesh fibers in 40× images at 3, 7, and 14 days. Scale bars represent 200 mm. Fluorescence microscopy images of (c) Arginase-1 (red) CD68 (green) co-immunolabeling and (e) iNOS (red) CD68 (green) coimmunolabeling at a single mesh fiber at 3, 7, and 14 days. DAPI was used to stain cell nuclei. Scale bars represent 50 mm. Cell count image analysis of (d) Arg-1+, Arg-1+ CD68+ cells and (f)  $iNOS+$ ,  $iNOS+$  CD68+ cells at 3, 7,

and 14 days. Bars represent the mean  $\pm$  SEM. Statistical significance as (\*) p < 0.05, (\*\*) p  $(0.01, (***) p < 0.001, (***) p < 0.0001$ . All other differences are nonsignificant. N = 7.