



## A 3D-psoriatic skin model for dermatological testing: The impact of culture conditions



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### ABSTRACT

**Background:** Inadequate representation of the human tissue environment during a preclinical screen can result in inaccurate predictions of compound effects. Consequently, pharmaceutical investigators are searching for preclinical models that closely resemble original tissue for predicting clinical outcomes.

**Methods:** The current research aims to compare the impact of using serum-free medium instead of complete culture medium during the last step of psoriatic skin substitute reconstruction. Skin substitutes were produced according to the self-assembly approach.

**Results:** Serum-free conditions have no negative impact on the reconstruction of healthy or psoriatic skin substitutes presented in this study regarding their macroscopic or histological appearances. ATR-FTIR results showed no significant differences in the CH<sub>2</sub> bands between psoriatic substitutes cultured with or without serum, thus suggesting that serum deprivation did not have a negative impact on the lipid organization of their stratum corneum. Serum deprivation could even lead to a better organization of healthy skin substitute lipids. Percutaneous analyses demonstrated that psoriatic substitutes cultured in serum-free conditions showed a higher permeability to hydrocortisone compared to controls, while no significant differences in benzoic acid and caffeine penetration profiles were observed.

**Conclusions:** Results obtained with this 3D-psoriatic skin substitute demonstrate the potential and versatility of the model. It could offer good prediction of drug related toxicities at preclinical stages performed in order to avoid unexpected and costly findings in the clinic.

**General significance:** Together, these findings offer a new approach for one of the most important challenges of the 21st century, namely, prediction of drug toxicity.

### 1. Introduction

Skin, the largest organ of the body, ensures several complex functions such as thermoregulation, metabolism and perception [1–3]. However, the main function of the skin is to act as a barrier against

the external environment and to protect the body from chemical, physical and biological aggressions [4,5]. The epidermis, particularly the stratum corneum, provides this barrier function due to its compact structure [6]. In fact, this layer is composed of corneocytes (dead and keratinized keratinocytes), surrounded by a lipid bilayer [7,8].

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Corneocytes ensure protection against mechanical injuries, while the lipid matrix prevents the penetration of chemical compounds and microorganisms [9,10]. Nevertheless, this structure may be disorganized in certain skin diseases such as psoriasis, thus causing a decrease in skin barrier function [3,11].

Psoriasis is a chronic inflammatory skin disease characterized by red plaques on the skin [12]. These plaques are the result of keratinocyte hyperproliferation, immune cell infiltration, and an increase in angiogenesis [13,14]. The hyperproliferation of cells leads to a poor differentiation of the epidermis, which causes a dysfunctional barrier function and an increased permeability of the psoriatic skin [11,15]. Currently, there is no curative treatment available, and the development of more specific treatments with fewer side effects is a major concern in major's pharmaceutical industry [16]. However, the lack of highly predictive and representative psoriatic skin models has slowed the discovery of new antipsoriatic drugs [17]. Thus, the development of new psoriatic skin models represents a key component in the fight against psoriasis [17].

Over the past years, our team has been developing a three-dimensional psoriatic skin model reconstructed according to a self-assembly approach. These self-assembled skin substitutes, which are free of exogenous material, retain several psoriasis-like features, such as disorganization of the *stratum corneum* lipids [18], hyperproliferation and abnormal differentiation of the keratinocytes [19], as well as increased angiogenesis [20]. Moreover, it has been demonstrated that a retinoic acid treatment performed on this *in vitro* skin model exhibited similar results to that of psoriatic skin *in vivo* [21].

Serum is recognized as an undefined mixture which contains many growth factors and inflammation mediators that can introduce unpredictable reactions and interfere with many tests while using it during the culture process [22]. It can contain various quantities of haemoglobin, pathological agents and/or high levels of protein, which can affect analyses (such as protein test purification), or favour the growth of undesired cells [23–25]. However, this mixture is essential for cell culture in order to: 1) stimulate cell proliferation and differentiation; 2) regulate cell membrane permeability; 3) provide attachment and spreading factors; 4) maintain physical properties of the culture system and 5) inhibit proteases through stabilizing and detoxifying factors [24,26,27].

In 2005, Black et al. demonstrated that deprivation of serum at an advanced state of culture did not result in any negative effects on their collagen gel model [28]. In 2011, our group reported that a self-assembled human skin model, composed of healthy fibroblasts and keratinocytes, could produce a well-differentiated epidermis independently of the presence or absence of serum during the culture process [29]. These results suggest that using calf serum at an early state during the production of the substitutes is suitable to allow cell growth while using serum-deprived medium at an advanced state is acceptable to reduce unforeseen interactions and to avoid individual differences between serum lots [30].

On the other hand, it is important to note that inadequate representation of the human tissue environment during a preclinical screen can result in inaccurate predictions of compound effects. Moreover, because modeling pathological processes through skin tissue engineering could face different challenges than healthy substitutes reconstruction, the impact of using a serum-free medium instead of a complete culture medium at the air-liquid interface step has been evaluated during the reconstruction process of psoriatic skin substitutes and compared with that of healthy skin substitutes. Since pharmaceutical investigators are searching for preclinical models that closely resemble original tissue for predicting clinical outcomes, a specific control on culture conditions has been considered in the reconstruction of psoriatic skin substitutes. This model will allow researchers to perform dermatopharmaceutical testing and pathology studies in a human context to gain further insight into physiological processes.

## 2. Materials and methods

### 2.1. Patients

Four patients with plaque psoriasis were recruited from the dermatology department of the Hôpital de l'Enfant-Jésus, Québec, QC, Canada. The subjects were Caucasian females aged between 46 and 65 years (cell populations: ♀46, ♀47, ♀51 and ♀65). Six-millimeter punch biopsies were taken under local anesthesia from lesional skin. Skin samples used to generate healthy primary human cell banks were derived from breast reduction surgeries from a non-psoriatic patient (cell populations: ♀18, ♀38 and ♀42). Normal human skin was obtained from breast reduction surgeries (Dermatology department of CHU de Québec, Québec, QC) and psoriatic skin was from NDRI (National Disease Research Interchg, Philadelphia, PA). This study was conducted in agreement with the Helsinki declaration and performed under the guidelines of the research ethics committee of the "CHU de Québec". All patients were given adequate information to provide written consent.

### 2.2. Cell culture media

Fibroblasts were cultured in the Dulbecco-Vogt modification of Eagle's medium (DMEM) supplemented with 10% fetal calf serum (Invitrogen, Burlington, ON, Canada), 100 UI/ml penicillin G (Sigma, Oakville, ON, Canada) and 25 µg/ml gentamicin (Schering, Pointe-Claire, QC, Canada). Keratinocytes were cultured in a combination of DMEM with Ham's F12 (3:1) supplemented with 5% Fetal Clone II serum (Hyclone, Scarborough, ON, Canada), 5 µg/ml insulin (Sigma), 0.4 µg/ml hydrocortisone (Calbiochem, EMD Biosciences, Gibbstown, NJ, USA),  $10^{-10}$  M cholera toxin (MP Biomedicals, Montréal, QC, Canada), 10 ng/ml human epidermal growth factor (EGF) (Austral Biological, San Ramon, CA, USA), 100 UI/ml penicillin G (Sigma) and 25 µg/ml gentamicin (Schering).

### 2.3. Cell culture

As previously described [19], keratinocytes were extracted using the isolation method with thermolysin and trypsin [31]. According to this method, keratinocytes (passage 1) were seeded at  $8 \times 10^3$  cells/cm<sup>2</sup> on a feeder layer of irradiated 3T3 mouse fibroblasts. Fibroblasts were extracted using the isolation method with thermolysin and collagenase [32,33]. They were seeded at  $4 \times 10^3$  cells/cm<sup>2</sup> and used at passage 6 for skin substitute's production. All cultures were incubated at 37 °C in an 8% CO<sub>2</sub> air atmosphere and changed three times a week with the media previously described in the cell culture media section. Cells were frozen at -150 °C until needed.

### 2.4. Production of tissue-engineered skin substitutes

Skin substitutes were produced according to the self-assembly method, as previously described [19]. Briefly, the fibroblasts were cultured in the presence of ascorbic acid at a concentration of 50 µg/ml (Sigma, Mississauga, ON, Canada) to form manipulatable sheets. After 28 days, dermal sheets were carefully detached from flasks with curved forceps. Then, dermal sheets were superimposed and a Merocel® sponge was placed on the top of the substitutes to facilitate the natural fusion of dermal sheets leading to the formation of a new dermal layer [34]. After seven days, the keratinocytes (passage 2) were seeded on the dermal equivalent to form a new epidermal layer. After seven days of growth, the substitutes were raised to the air-liquid interface. Deprivation of serum was initiated at day 0 of the air-liquid interface culture before the beginning of the differentiation process [35]. Substitutes were cultured in serum-free medium (DMEM with Ham's F12+ additives) over a period of 21 days and compared to the controls, which were cultured in the presence of serum over the complete

experiment. After 21 days of culture at the air–liquid interface, biopsies of the skin substitutes were analyzed.

### 2.5. Histological analysis

Two biopsies of each combination were fixed in HistoChoice® solution and embedded in paraffin wax. Five-micrometer thick sections were cut and stained with Masson's Trichrome.

### 2.6. Immunolabelling analyses

After 21 days of culture at the air–liquid interface, biopsies were taken and the samples were embedded in Tissue-Tek OCT compound (Somagen Diagnostics, Edmonton, Alberta, Canada) to be stored at –80 °C until needed. Indirect immunofluorescence analyses were performed on acetone-fixed cryosections (5 µm thick). The antibodies used were: rabbit polyclonal anti-ki67 (dilution 1:400; Abcam, Cambridge, United Kingdom); mouse monoclonal (IgG1) anti-involucrin (dilution 1:800; Sigma-Aldrich, Saint-Louis, Missouri, United States); mouse monoclonal (IgG1) anti-human filaggrin (dilution 1:800; Abcam, Cambridge, United Kingdom). The second antibody was goat anti-rabbit IgG (H+L) Alexa 594 (dilution 1:800; Life Technologies, Carlsbad, California, United States); or rabbit anti-mouse IgG (H+L) Alexa 488 (dilution 1:2000, Life Technologies, Carlsbad, California, United States). The nuclei were labelled with Hoechst reagent 33258 (dilution 1:100; Sigma) and added to the secondary antibody solution. For cell proliferation, ki67-positive stained cells were counted for each combination. Twenty fields of each combination were counted.

### 2.7. Isolation of the stratum corneum sample

For skin substitutes, *stratum corneum* was mechanically separated from the epidermis after 21 days of culture at the air–liquid interface. For substitutes, epidermis was easily removable by a mechanical technique. The isolated *stratum corneum* was kept at 4 °C until analyses.

### 2.8. FTIR experiments

Infrared spectra of the *stratum corneum* of the skin substitutes were obtained using a Golden Gate single reflection attenuated total reflection system (Specac, Pleasantville, NY, USA) fitted with a

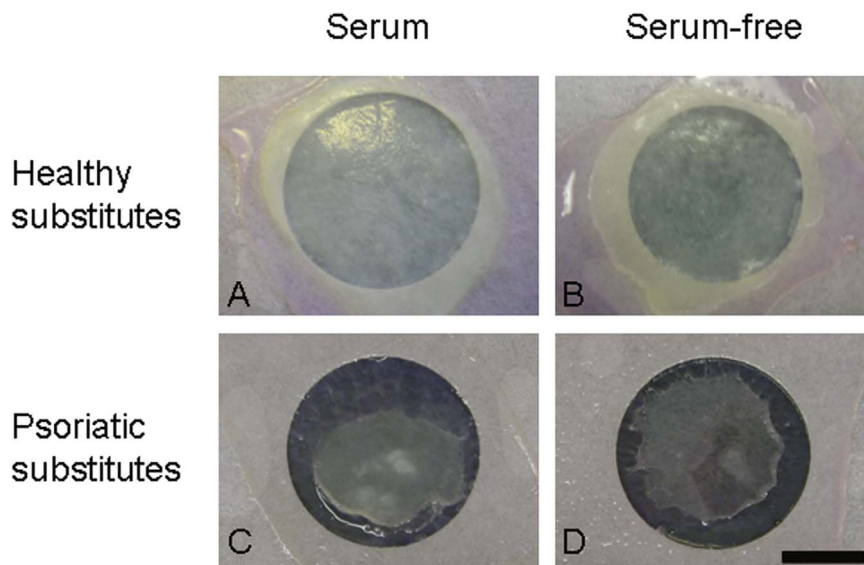
diamond crystal. The infrared spectra were recorded with a Nicolet Magna 860 Fourier transform spectrometer (Thermo-Nicolet, Madison, WI, USA) equipped with a narrow band mercury–cadmium–telluride (MCT) detector and a germanium-coated KBr beam splitter. At each temperature, a total of 128 interferograms were acquired, co-added and Fourier transformed, using a Happ–Genzel apodization function to give a spectral resolution of 4 cm<sup>-1</sup> in the spectral range of 4000–750 cm<sup>-1</sup>. All data were processed with the Grams 386 software (Galactic Industries Corporation, Salem, MA, USA). The spectral region corresponding to the CH<sub>2</sub> stretching band vibrations was baseline-corrected using a cubic function and the frequency peak position was determined using the centre of gravity at the top 10% of the bands.

### 2.9. Percutaneous absorption

Percutaneous absorption testing was performed using standard Franz diffusion cell technique as described by Franz [36–38]. Briefly, samples were clamped tightly between the two glass chambers of the diffusion cell (FDC-100 Standard, 0.63 cm<sup>2</sup> surface area O-ring (Crown Glass, Somerville, NJ, USA). Receiver compartment was filled with media (DMEM supplemented with penicillin G (Sigma), gentamicin (Schering) and 0.5 µg/ml of fungizone (Bristol-Myers Squibb Canada, Montréal, QC, Canada)) and maintained at 37 °C with a water jacket. 100 µl of <sup>14</sup>Cbenzoic acid (0,005 mCi/100 µl/chamber) (MP Biomedicals), or <sup>14</sup>Ccaffeine (0.0005 mCi/100 µl/chamber) (Perkin Elmer, Waltham, MA, USA) or <sup>3</sup>H-hydrocortisone (0.0025 mCi/100 µl/chamber) (Perkin Elmer) were deposited on the substitute. Samples were taken at selected intervals (1, 2, 4, 6, 8 and 24 h) with a 5 ml syringe prolonged by a catheter (3½ FR Tom Cat Length 4½) and were conserved at 4 °C until needed. Radioactivity was determined with a scintillation counter Beckman LS 6000 SC (Beckman Instruments Inc., Fullerton, CA, USA) by adding 0.5 ml of sample to 4.5 ml of scintillation fluid Scintisafe™ 30% (Fischer Scientific Ltd., Québec, QC, Canada).

### 2.10. Statistical analysis

Data were analyzed using the *t*-test: paired two samples for means, 0.05 significance level, using data analysis Excel package and expressed as means ± standard deviation.



**Fig. 1.** Macroscopic aspects of healthy and psoriatic substitutes cultured with or without serum (scale bar=2 cm). The results were confirmed with cells from 3 (healthy substitutes) or 4 (psoriatic substitutes) patients (n=10 substitutes for each condition).

### 3. Results

#### 3.1. Macroscopic aspect of skin substitutes

Healthy substitutes cultured with or without serum showed a uniform, smooth and white surface (Fig. 1A and B). Psoriatic substitutes cultured with serum were less uniform showing a smaller spread out of cells compared with healthy substitutes (Fig. 1C vs 1A). Serum-free culture conditions did not seem to have a strong impact on the macroscopic aspect of both kinds of substitutes reconstructed compared with their respective counterparts (Fig. 1B vs 1A and 1D vs 1C).

#### 3.2. Histological aspect

Masson's trichrome staining images of 5- $\mu$ m-thick biopsies show the structure of the skin substitutes. These histological analyses confirm that the self-assembly method allows one to produce substitutes with a structure resembling that of human skin. In fact, the characteristic skin layers are easily distinguishable, with the dermis being identified by the presence of collagen fibers, appearing in light blue, and by the nuclei of the fibroblasts that are stained in purple. In addition, the cytoplasm of cells in the living epidermis displays a red color. Basophilic substances found in the *stratum corneum* appear in dark blue. A well-differentiated epidermis was observed in healthy substitutes cultured with serum (Fig. 2A). As previously observed by our group, psoriatic substitutes cultured in complete medium depicted a more disorganized epidermis compared with healthy substitutes (Fig. 2C vs 2A). The serum-free condition did not seem to have a strong impact on the histologic features of the skin substitutes compared with their respective counterparts. However, the *stratum corneum* of healthy substitutes appeared thinner with deprivation of serum, nevertheless, the living epidermis was similar (Fig. 2B vs 2A).

#### 3.3. Immunolabelling analyses

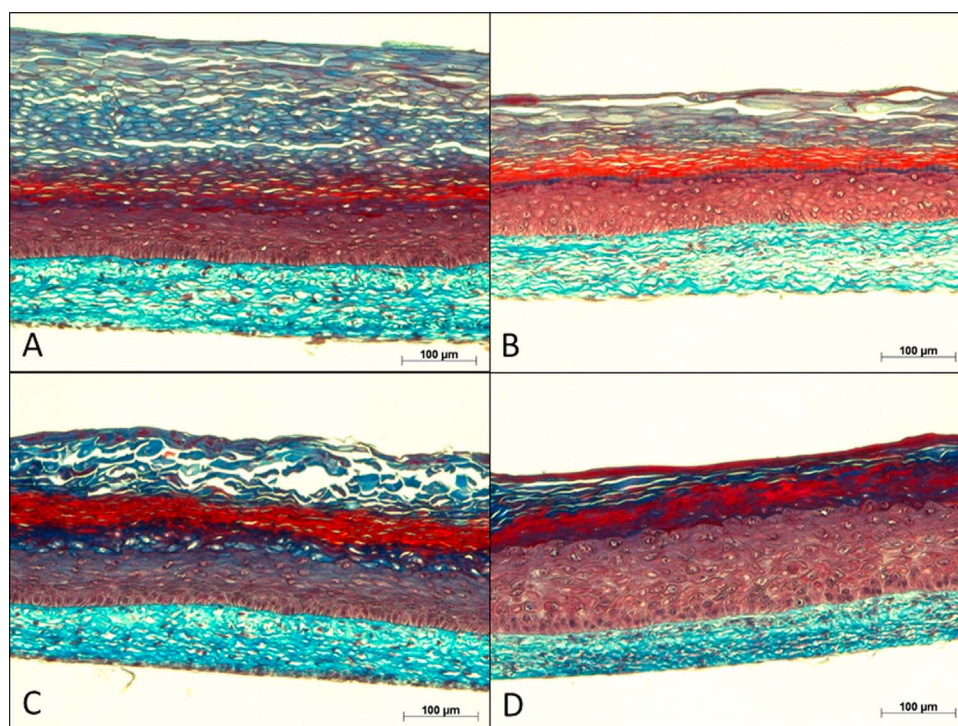
In psoriatic skin in vivo, the expression of filaggrin is diminished or totally absent compared with normal human skin. As previously demonstrated, these features were also maintained in our psoriatic skin model compared with healthy skin substitutes [19]. In the present study, this pattern was still observed for the conditions with (Fig. 3C vs 3A) or without serum (Fig. 3D vs 3B). In normal human skin, the expression of involucrin appears in the spinous layer of the epidermis, whereas in psoriatic skin, these markers are overexpressed or appeared earlier in terms of localization. This pattern was confirmed in the psoriatic substitutes (Fig. 3G vs 3E) and even for those cultured in a serum-free medium (Fig. 3H vs 3F). These results are in accordance with previous results obtained from our group [19] and confirmed that the psoriatic phenotype was not altered following deprivation of serum. The absence of serum at the end of the reconstruction process, which is the air-liquid phase, did not seem to impact the epidermal differentiation of the substitutes (Fig. 3: HS+S vs HS-S and PS+S vs PS-S).

#### 3.4. Cell proliferation

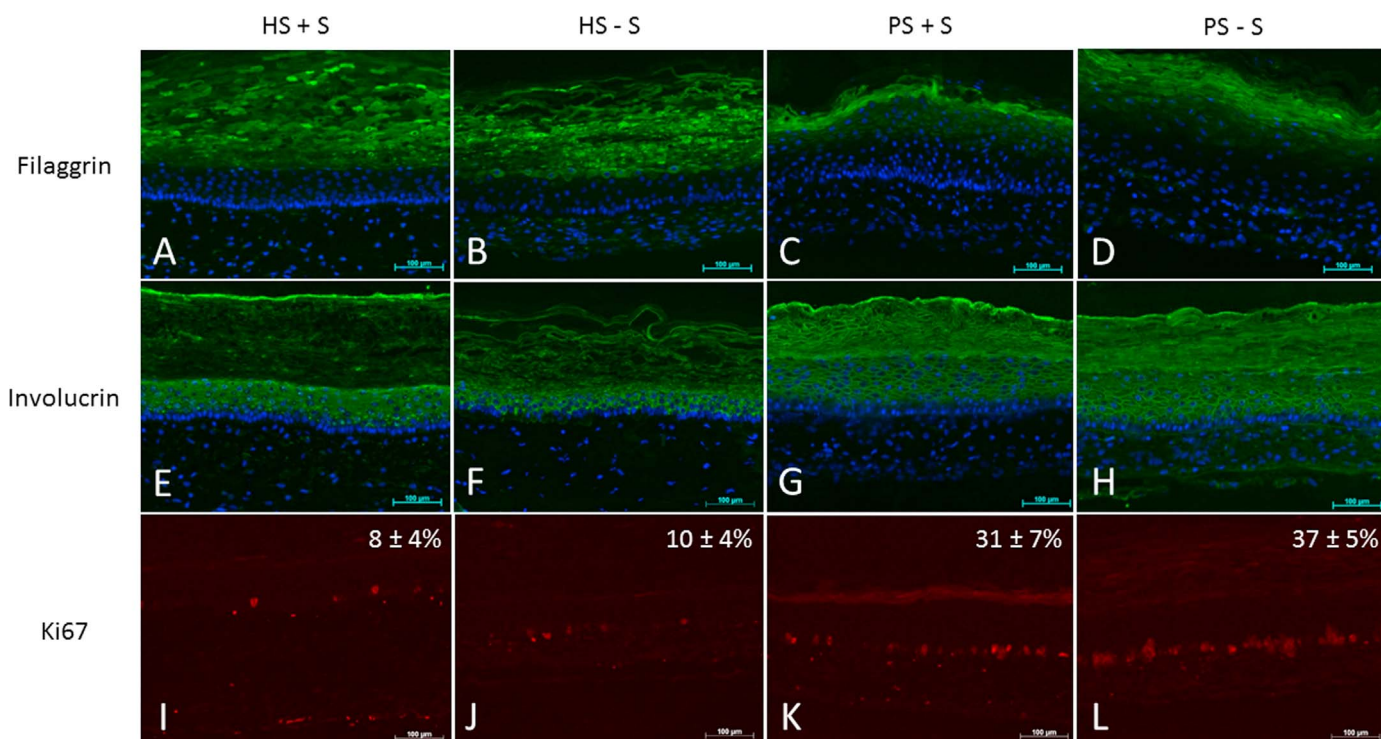
Immunolabelling of basal layer Ki67 positive cells was performed and cells were counted to quantify cell proliferation in the skin substitutes (Figure 3I–3L). Psoriatic skin substitutes, both, with or without serum (Figs. 3K and 3L), showed higher cell proliferation, more than 3 times, compared with healthy skin substitutes (Figs. 3I and 3J). These results are in accordance with the hyperproliferation observed in psoriatic skin. Hyperproliferating keratinocytes is a category of anomalies that contributes to the symptoms of psoriasis [39].

#### 3.5. ATR-FTIR spectroscopy

ATR-FTIR is a well-established method to evaluate the order of hydrocarbon chains in terms of the population of trans and gauche conformers, the packing behaviour, and phase transitions. Of particular



**Fig. 2.** Masson's trichrome staining obtained from healthy and psoriatic substitutes cultured with or without serum. The results were confirmed with cells from 3 (healthy substitutes) or 4 (psoriatic substitutes) patients (n=3 substitutes for each condition) (scale bar=100  $\mu$ m).

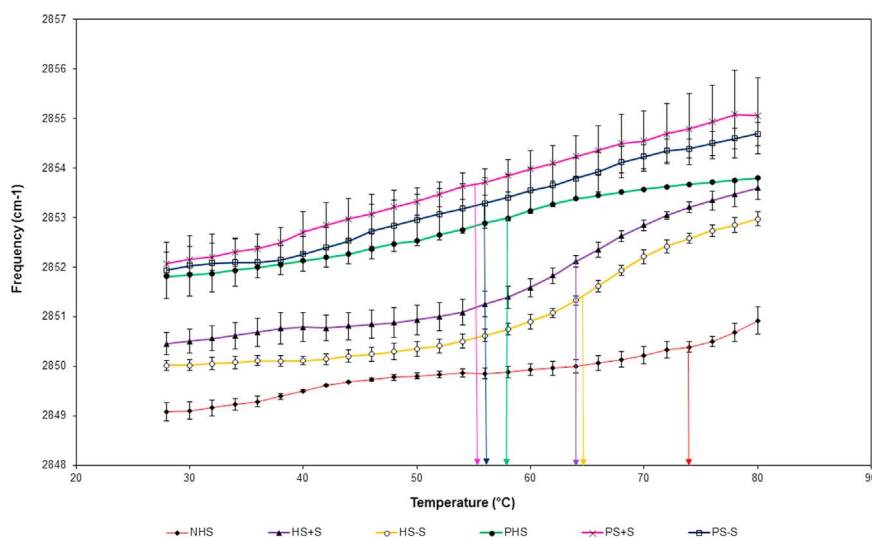


**Fig. 3.** Proliferation and Differentiation markers. Ki-67, filaggrin and involucrin stainings of healthy substitutes cultured with (HS+S) or without (HS-S) serum, psoriatic substitutes cultured with (HS+S) or without (HS-S) serum; scale bar=100  $\mu\text{m}$ . The results were confirmed with 3 experiments (total of six samples for each condition). Nuclei were stained with Hoechst. (Magnification $\times 10$ ). Percentage of positive Ki-67 cells are presented as mean  $\pm$  SD.

interest for studying *stratum corneum* lipids are the bands between 2800 and 3000  $\text{cm}^{-1}$  which are due to C–H stretching vibrations primarily associated with the lipid alkyl chains. These absorbances occur near 2920 and 2850  $\text{cm}^{-1}$  for the asymmetric  $\nu_{\text{as}}(\text{CH}_2)$  and symmetric  $\nu_{\text{s}}(\text{CH}_2)$  vibrations, respectively.  $\text{CH}_2$  bands at low frequencies are generally characteristic of a high content of trans conformers while bands at higher frequencies are associated with the presence of gauche conformers [40,41]. By studying the frequency variation as a function of temperature, we observe a phase transition in which the system goes from an ordered to a disordered conformation.

The lipid organization of the *stratum corneum* was analyzed by ATR-FTIR. The temperature-dependent frequencies of the symmetric

$\text{CH}_2$  mode of vibration associated to *stratum corneum* lipids were measured between the temperature range of 28–80  $^{\circ}\text{C}$ . Results showed that higher frequencies are obtained for psoriatic *stratum corneum* of the two conditions tested (with or without serum) compared with their respective healthy controls (Fig. 4: pink line compared with purple line) and (Fig. 4: blue line compared with yellow line). These results are in accordance with those obtained for both kinds of skin in vivo (Fig. 4: green line compared with red line). At lower temperatures, frequencies around 2850  $\text{cm}^{-1}$  are observed for healthy *stratum corneum* compared with 2852  $\text{cm}^{-1}$  for psoriatic *stratum corneum*. Moreover, the lipid phase transition occurred between 50 and 60  $^{\circ}\text{C}$  for psoriatic skin and around 65–75  $^{\circ}\text{C}$  for healthy skin (Fig. 4). These results suggest a



**Fig. 4.** *Stratum corneum* lipid organization results obtained following ATR-FTIR spectroscopy analyses. Healthy substitutes with serum (HS+S), psoriatic substitutes with serum (PS+S), healthy substitutes cultured in serum-free condition (HS-S), psoriatic substitutes cultured in serum-free condition (PS-S), normal human skin (NHS) and psoriatic human skin (PHS). The results were confirmed with cells from 3 (healthy substitutes) or 4 (psoriatic substitutes) patients (n=3 substitutes for each condition).

more disorganized lipidic system of psoriatic *stratum corneum*, which correlates with a more permeable skin of these patients such as reported in the literature [42]. It is interesting to note that there is a slight increase in the order of the lipid chains for the healthy substitutes cultured without serum (Fig. 4, yellow line) compared with their controls (healthy substitutes cultured in the complete medium; Fig. 4, purple line) suggesting that deprivation of serum could ever have a positive impact on the organization of the *stratum corneum* lipids of substitutes. These results are in accordance with a previous study of our group [29]. Moreover, psoriatic skin substitutes did not appear to be affected by a serum-free culture in regards to their lipid chain order (Fig. 4: pink line compared with blue line).

### 3.6. Percutaneous absorption

#### 3.6.1. Kinetics of percutaneous absorption

**3.6.1.1. Hydrocortisone.** In healthy skin substitutes cultured with serum (HS+S), hydrocortisone mean fluxes increased for 6 h ( $6.11 \times 10^{-5} \pm 2.20 \times 10^{-5} \mu\text{g}/\text{cm}^2/\text{h}$ ) and then reached a steady state until 24 h. Healthy substitutes cultured without serum (HS-S) showed an increase of hydrocortisone mean fluxes for 4 h ( $1.64 \times 10^{-4} \pm 9.50 \times 10^{-5} \mu\text{g}/\text{cm}^2/\text{h}$ ) before reaching a steady state until 24 h. A significant difference was observed between HS+S and HS-S at the 24 h time point only. In psoriatic skin substitutes cultured with serum (PS+S) hydrocortisone mean fluxes rapidly increased at 1 h, reached a steady state between 2 h and 6 h ( $1.49 \times 10^{-3} \pm 7.35 \times 10^{-4} \mu\text{g}/\text{cm}^2/\text{h}$ ;  $1.61 \times 10^{-3} \pm 1.98 \times 10^{-4} \mu\text{g}/\text{cm}^2/\text{h}$ ) and then decreased until 24 h. From 2 h, significant differences were observed between PS+S and HS+S. Mean fluxes of psoriatic skin substitutes cultured in serum-free condition (PS-S) rapidly increased at 1 h, reached a peak at 2 h ( $4.10 \times 10^{-3} \pm 5.55 \times 10^{-4} \mu\text{g}/\text{cm}^2/\text{h}$ ), where a significant difference appeared from the three other conditions (PS+S, HS-S, HS+S), and then, a decrease took place until 24 h ( $2.15 \times 10^{-5} \pm 1.86 \times 10^{-5} \mu\text{g}/\text{cm}^2/\text{h}$ ). At 24 h, hydrocortisone mean fluxes were still significantly different between the PS-S and PS+S conditions (Fig. 5).

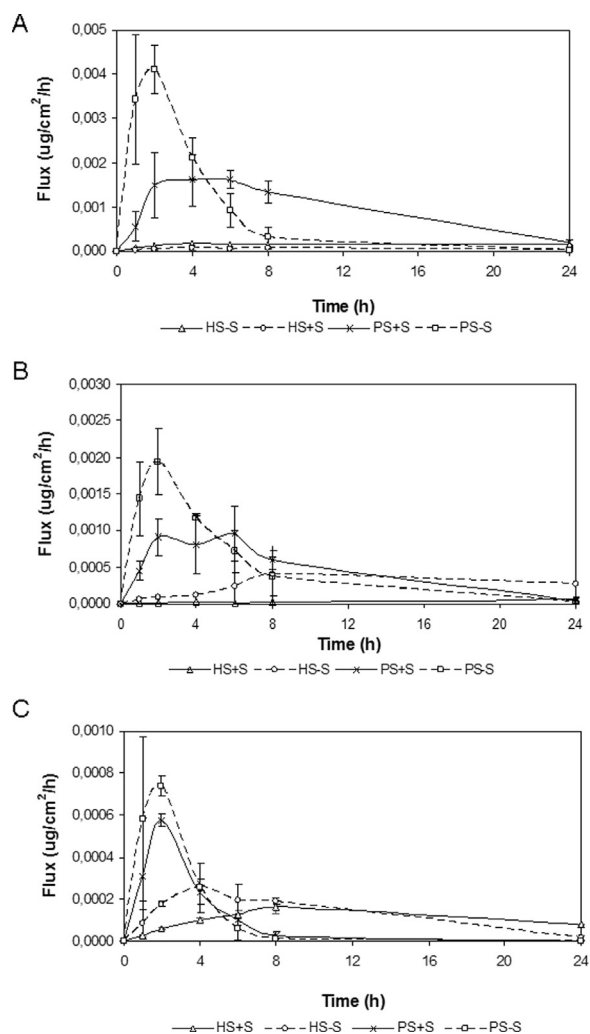
**3.6.1.2. Benzoic acid.** In healthy skin substitutes cultured with serum (HS+S) benzoic acid mean fluxes were of linear aspect showing no peak. The maximum value was obtained at 24 h ( $5.65 \times 10^{-5} \pm 4.15 \times 10^{-6} \mu\text{g}/\text{cm}^2/\text{h}$ ). Benzoic acid mean fluxes of healthy skin substitutes cultured without serum (HS-S) increased for 8 h, then reached a steady state until 24 h ( $2.70 \times 10^{-4} \pm 1.10 \times 10^{-4} \mu\text{g}/\text{cm}^2/\text{h}$ ). At this point, a significant difference was observed between HS-S and HS+S. In psoriatic skin substitutes cultured with serum (PS+S) benzoic acid mean fluxes increased while it stagnated at 2 h ( $9.11 \times 10^{-4} \pm 2.47 \times 10^{-4} \mu\text{g}/\text{cm}^2/\text{h}$ ) to decrease until 24 h ( $4.73 \times 10^{-5} \pm 4.01 \times 10^{-5} \mu\text{g}/\text{cm}^2/\text{h}$ ). Significant differences were observed at 1, 2, 4, 6 and 8 h compared with HS+S. Psoriatic substitutes cultured without serum (PS-S) showed a very rapid increase of the mean fluxes, a peak at 2 h ( $1.94 \times 10^{-3} \pm 4.64 \times 10^{-4} \mu\text{g}/\text{cm}^2/\text{h}$ ) and a decrease until 24 h ( $2.42 \times 10^{-5} \pm 2.03 \times 10^{-5} \mu\text{g}/\text{cm}^2/\text{h}$ ). No significant difference was observed between PS-S and PS+S whereas significant differences were observed between PS-S and HS-S at 1, 2, 4 and 24 h (Fig. 5).

**3.6.1.3. Caffeine.** In healthy skin substitutes cultured with serum (HS+S) caffeine mean fluxes were of linear and continuous aspect. The maximum value was obtained at 8 h ( $1.64 \times 10^{-4} \pm 3.23 \times 10^{-5} \mu\text{g}/\text{cm}^2/\text{h}$ ) and then decreased until 24 h ( $7.66 \times 10^{-5} \pm 2.43 \times 10^{-6} \mu\text{g}/\text{cm}^2/\text{h}$ ). Healthy substitutes cultured without serum (HS-S) showed an increase of caffeine mean fluxes and a peak at 4 h ( $2.56 \times 10^{-4} \pm 1.33 \times 10^{-5} \mu\text{g}/\text{cm}^2/\text{h}$ ). Significant differences were observed at 2, 4, 6 and 24 h. In psoriatic skin substitutes cultured with serum (PS+S) caffeine mean

fluxes rapidly increased with a peak observed at 2 h ( $5.77 \times 10^{-4} \pm 3.28 \times 10^{-5} \mu\text{g}/\text{cm}^2/\text{h}$ ) and then decreased until 24 h ( $1.15 \times 10^{-6} \pm 7.50 \times 10^{-7} \mu\text{g}/\text{cm}^2/\text{h}$ ). Significant differences were observed between PS+S and HS+S at 2, 4, 8 and 24 h. Psoriatic substitutes cultured without serum (PS-S) showed a very rapid increase of mean fluxes, a peak at 2 h ( $7.38 \times 10^{-4} \pm 4.95 \times 10^{-5} \mu\text{g}/\text{cm}^2/\text{h}$ ) and a decrease until 24 h ( $2.93 \times 10^{-7} \pm 1.62 \times 10^{-7} \mu\text{g}/\text{cm}^2/\text{h}$ ). Significant differences were observed at 2 h between: PS-S and PS+S; PS-S and HS-S at 2, 6 and 8 h (Fig. 5).

#### 3.6.2. Permeability of healthy and psoriatic skin substitutes

As shown in Table 1, healthy skin substitutes cultured without serum (HS-S) showed higher permeability to benzoic acid and caffeine (5–3 folds higher, respectively) compared with healthy skin substitutes cultured with serum (HS+S) after 2 h, while no significant difference was noted for hydrocortisone. Similar results were observed at 4 h (\*significant). Our results showed that psoriatic skin substitutes are more permeable to the three molecules tested than healthy skin substitutes. More precisely, after 2 h, it appeared that the permeability of psoriatic skin substitutes cultured with serum (PS+S) was more



**Fig. 5.** Fluxes of hydrocortisone (A), benzoic acid (B) and caffeine (C) through healthy and psoriatic skin substitutes. The samples were taken after 0, 1, 2, 4, 6, 8 and 24 h. Healthy substitutes with serum (HS+S), healthy substitutes cultured in serum-free condition (HS-S), psoriatic substitutes with serum (PS+S), and psoriatic substitutes cultured in serum-free condition (PS-S). The results were confirmed with cells from 3 (healthy substitutes) or 4 (psoriatic substitutes) patients (n=3 substitutes for each condition).

**Table 1**

Cumulative amount of hydrocortisone, benzoic acid and caffeine through the healthy and psoriatic skin substitutes cultured with or without serum. All data presented are the mean  $\pm$  standard deviation. The results were confirmed with cells from 3 (healthy substitutes) or 4 (psoriatic substitutes) patients (n=3 substitutes for each condition).

Condition	Cumulative amount ( $\times 10^{-5}$ $\mu\text{g}$ )		
	2 h	4 h	24 h
<b>Hydrocortisone</b>			
HS+S	4.24 $\pm$ 2.27	12.20 $\pm$ 5.92	57.50 $\pm$ 10.80
HS-S	12.90 $\pm$ 6.10	33.60 $\pm$ 18.10	227.00 $\pm$ 97.80
PS+S	129.00 $\pm$ 67.30**	332.00 $\pm$ 140.00**	896.00 $\pm$ 99.40**
PS-S	476.00 $\pm$ 118.00**	741.00 $\pm$ 73.90**	920.00 $\pm$ 29.50
<b>Benzoic acid</b>			
HS+S	1.87 $\pm$ 0.84	4.71 $\pm$ 1.16	68.30 $\pm$ 3.59
HS-S	9.61 $\pm$ 4.59*	24.70 $\pm$ 11.60*	377.00 $\pm$ 172.00
PS+S	86.00 $\pm$ 23.50**	189.00 $\pm$ 75.40**	433.00 $\pm$ 141.00**
PS-S	213.00 $\pm$ 60.50	360.00 $\pm$ 58.60	521.00 $\pm$ 31.60
<b>Caffeine</b>			
HS+S	5.38 $\pm$ 0.75	17.90 $\pm$ 1.95	132.00 $\pm$ 7.40
HS-S	16.20 $\pm$ 5.22*	48.50 $\pm$ 6.86*	115.00 $\pm$ 28.80
PS+S	55.90 $\pm$ 16.00**	85.20 $\pm$ 22.10**	102.00 $\pm$ 24.90
PS-S	83.20 $\pm$ 25.60	115.00 $\pm$ 11.20	124.00 $\pm$ 2.99

\* significant between HS+S and HS-S),

\*\* significant between PS+S and HS+S), and

\*\*\* significant between PS+S and PS-S).

important than what was observed for healthy skin substitutes (HS+S) regarding hydrocortisone, benzoic acid and caffeine (30, 46 and 10 folds higher, respectively). Similar results were observed at 4 h (27, 40 and 4 folds, respectively) and 24 h (16 and 6 folds, respectively) except for caffeine where no significant differences were noted at this time point (\*\*significant). Finally, no significant differences were observed between psoriatic skin substitutes cultured with (PS+S) or without (PS-S) serum for benzoic acid and caffeine at any time points. However, a more important permeability to hydrocortisone was observed at 2 and 4 h (4 and 2 folds higher, respectively) when psoriatic skin substitutes were cultured in serum-free conditions (\*\*\*) significant). Although there was clear evidence that serum-free conditions increased the permeation profiles of all three molecules tested, the order of magnitude of their respective cumulative amounts correlated for each kind of substitutes and their controls.

#### 4. Discussion

Fetal calf serum is an ill-defined mixture constituted of various nutrients, growth factors and hormones, which are crucial for growth and cell differentiation [43]. However, previous research had demonstrated the possibility to culture healthy substitutes in serum-free conditions [28,29,44]. This alternative is suitable to reduce production costs and to increase reproducibility as well as unforeseen interactions following the use of undefined serum mixtures [28,29]. The present study was designed to compare the effects encountered on psoriatic skin substitutes while using serum-free instead of complete culture medium at the air-liquid interface.

In this current study, we demonstrate that it is possible to produce 3D-psoriatic skin substitutes using a serum-deprived medium, which show similar psoriasis-like features such as their counterparts cultured in a complete medium. Hyperproliferation and abnormal differentiation of the epidermal cells as well as lipid disorganization and higher permeability of the *stratum corneum* compared with healthy substitutes were observed. The possibility of culturing 3D-psoriatic skin substitutes in serum-free medium can be explained in part by the fact that starvation of serum takes place at the air-liquid interface, which is an advanced state of culture, meaning that keratinocytes had finished their proliferation and have begun their differentiation [35].

The functionality of the skin barrier is assured by its outermost layer, the *stratum corneum*, which is a complex mosaic, composed of corneocytes embedded in a specialized lipid matrix [7,45–47]. The permeation of a molecule through skin can be measured by a percutaneous absorption technique and its pathway (intercellular and/or transcellular routes) can be determined regarding its physico-chemical characteristics [45]. In this study, we followed the penetration profiles of three molecules: hydrocortisone, benzoic acid and caffeine. The three penetrants were chosen because they covered a wide polarity range. Hydrocortisone, although usually referred to as a polar steroid, is a relatively non-polar material and is likely, therefore, to penetrate the skin mainly by a lipid route with a small fraction partitioning into the polar pathway. Benzoic acid, a highly polar molecule, should permeate preferentially through the polar pathways in the *stratum corneum*. And caffeine, as an amphiphilic molecule, should permeate via both routes [48–51].

Percutaneous absorption analyses showed that healthy skin substitutes cultured in serum-free conditions are significantly more permeable to benzoic acid and caffeine (5–3 folds higher, respectively) than their respective controls after 2 and 4 h (Table 1\*). Hydrocortisone diffusion results were not significantly different at these same time points suggesting that a slight increase in the lipid chains order of the healthy skin substitutes cultured without serum (ATR-FTIR results, Fig. 4, yellow line) has an impact mainly on molecules that permeate via the lipid route and less on molecules that could follow the polar route, even as a partial combination of permeation pathways, such as for caffeine. A possible explanation for this is probably related to corneocyte lipid envelopes. In some regions of the *stratum corneum*, intercellular lamellae are absent. This most often occurs at the periphery of the corneocytes, in regions where cell-to-cell cohesion is maintained by desmosomes. However, where the paired bilayers are absent, the lipid envelopes of the apposing corneocytes are not in direct contact but are separated from each other by a lipid monolayer. In fact, sphingosine chains are everted to form an intervening mutual monolayer. We believe that there is a lack of important categories of lipids in our substitutes such as reported by other groups in the field of tissue engineering [52], which belong to the lipids involved in the cohesion of the corneocyte envelope. Even if ATR-FTIR spectroscopy reports an increased order of lipid chains, it is probably related to the intercellular lamellae of the lipid route instead of the lipids of the corneocyte envelopes, which are more likely to be involved in the permeation pathways of benzoic acid and caffeine than hydrocortisone. The significant increases in the cumulative amounts of benzoic acid and caffeine suggest that the pathways they both follow are more altered than the one followed by hydrocortisone for which no significant differences were reported (Table 1).

The percutaneous absorption profiles of psoriatic skin substitutes were very rapid, reaching a peak at 2 h for all molecules tested compared with healthy skin substitutes (Fig. 5). When psoriatic substitutes were cultured in a complete medium, the diffusion results after 2 and 4 h of hydrocortisone, benzoic acid and caffeine were 30–27, 45–40, 10–4 folds higher respectively than those observed for healthy skin substitutes, demonstrating that the cutaneous barrier of psoriatic skin substitutes is less functional than the healthy skin substitutes such as skin in vivo (Table 1\*\*). These results are in agreement with the ATR-FTIR results, which showed an important intercellular lipid disorganization of the *stratum corneum* of the psoriatic skin substitutes cultured with serum compared with healthy substitutes cultured in the same condition (Fig. 4). For the psoriatic cells, a serum-deprived medium was comparable to a complete medium since both culture conditions showed psoriasis-like lipid disorganization of the *stratum corneum* (Fig. 4). Moreover, psoriatic skin substitutes cultured without serum showed no significant difference for benzoic acid and caffeine permeation profiles whereas significant differences were noted for hydrocortisone after 2 and 4 h (Table 1\*\*\*), suggesting a better lipid organization of the non-polar

region but a slight disorganization of the polar region of the *stratum corneum* lipids. The high skin barrier permeability of the psoriatic skin substitute can be explained by an abnormal differentiation process of its epidermis, thus causing a poor cohesion with a lipid disorganization of its *stratum corneum* (polar and non-polar regions)[53,54]. These results confirm that substitutes reconstructed according to the self-assembly method presented in this study have the possibility to selectively make a difference in their barrier function towards the different physicochemical properties of compounds tested, which appears to be similar to their respective counterparts. Nevertheless, healthy and psoriatic substitutes showed differences in that matter: lipophilic molecules profiles appeared to be more affected than hydrophilic and amphiphilic molecules profiles by deprivation of serum for psoriatic skin substitutes compared with healthy skin substitutes. In fact, the opposite was observed for the latter: benzoic acid and caffeine were significantly more permeable than hydrocortisone while using serum-free medium.

In conclusion, we have clearly shown that serum-free conditions have no negative impacts on the reconstruction of healthy or psoriatic skin substitutes presented in this study regarding their macroscopic or histological appearances. ATR-FTIR spectroscopy results even showed that this condition could lead to a better organization of healthy skin substitute lipids. However, since the permeability barrier not only depends on organization of lipids in the *stratum corneum*, but also on their composition, our next goal will be to improve the *stratum corneum* lipid properties by increasing the resemblance of their lipid content and composition to that of native human *stratum corneum*. In that matter, psoriatic and healthy substitutes will probably need different modulations of their respective culture conditions since different penetration profiles were observed depending on the physicochemical properties of the molecules tested. Indeed, optimization of culture conditions is still a focus of future research in the field of tissue engineering since it has been reported that under the used conditions of our actual protocols, native human skin will not be able to form a *stratum corneum* with lipid properties similar to that observed in vivo [55]. Modulation of culture conditions, such as the use of defined media and/or the addition of specific media supplements, will offer the opportunity to further improve the culture medium and these advancements are necessary to develop healthy or pathological substitutes, which can mimic closely their in vivo counterparts. Finally, results obtained with this 3D-psoriatic skin substitute demonstrate the potential and versatility of the model. It could offer good prediction of drug related toxicities at preclinical stages performed in order to avoid unexpected and costly findings in the clinic.

#### Author disclosure statement

No competing financial interests exist.

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#### Appendix A. Transparency document

Transparency data associated with this article can be found in the online version at <http://dx.doi.org/10.1016/j.bbrep.2016.09.012>.

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