

HHS Public Access

Drug Deliv Transl Res. Author manuscript; available in PMC 2019 April 01.

Published in final edited form as:

Author manuscript

Drug Deliv Transl Res. 2018 April; 8(2): 329-341. doi:10.1007/s13346-017-0377-4.

CHEMOPREVENTIVE EFFICACY OF CURCUMIN LOADED PLGA MICROPARTICLES IN A TRANSGENIC MOUSE MODEL OF HER-2 POSITIVE BREAST CANCER

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Abstract

Curcumin has shown promising inhibitory activity against HER-2 positive tumor cells in vitro but suffers from poor oral bioavailability in vivo. Our lab has previously developed a polymeric microparticle formulation for sustained delivery of curcumin for chemoprevention. The goal of this study was to examine the anticancer efficacy of curcumin loaded polymeric microparticles in a transgenic mouse model of HER-2 cancer, Balb-neuT. Microparticles were injected monthly, and mice were examined for tumor appearance and growth. Initiating curcumin microparticle treatment at 2 or 4 weeks of age delayed tumor appearance by 2–3 weeks compared to that in control mice that received empty microparticles. At twelve weeks, abnormal (lobular hyperplasia, carcinoma in situ, and invasive carcinoma) mammary tissue area was significantly decreased in curcumin microparticle-treated mice, as was CD-31 staining. Curcumin treatment decreased mammary VEGF levels significantly, which likely contributed to slower tumor formation. When compared to saline controls, however, blank microparticles accelerated tumorigenesis and curcumin treatment abrogated this effect, suggesting that PLGA microparticles enhance tumorigenesis in this model. PLGA microparticle administration was shown to be associated with higher plasma lactic acid levels and increased activation of NF- κ B. The unexpected side effects of PLGA microparticles may be related to the high dose of the microparticles that was needed to achieve sustained curcumin levels in vivo. Approaches that can decrease the overall dose of curcumin (for example, by increasing its potency or reducing its clearance rate) may allow the development of sustained release curcumin dosage forms as a practical approach to cancer chemoprevention.

Conflict of Interest None

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Keywords

Cancer chemoprevention; sustained release; polymeric microparticles; tumorigenesis; inflammation

Introduction

Human epidermal growth factor receptor-2 (HER-2), a membrane receptor tyrosine kinase, is an upstream effector of Ras, Akt, and NF- κ B [1–3]. Overexpression of HER-2 leads to dysregulation of cellular division as well as induction of inflammation. Patients who have HER-2+ tumors are at high risk for metastases in the lung, bone and brain [4, 5]. Availability of targeted therapies (the HER-2-targeted monoclonal antibody, trastuzumab, and the receptor tyrosine kinase inhibitor, lapatinib) has improved the five-year survival rate in these patients [6–8]. However, these targeted therapies do not cross the blood-brain barrier effectively, making it difficult to treat brain metastases [9, 10]. In addition, HER-2+ breast cancer is associated with higher incidence of recurrence [11]. Therefore, a chemopreventive approach to HER-2+ breast cancer would be highly valuable.

Curcumin induces HER-2 ubiquitination and subsequent degradation resulting in the inhibition of HER-2+ tumor cells [12, 13]. Curcumin's other anti-cancer effects mainly stem from inhibition of NF- κ B activation [14–16]. Despite promising preclinical studies, the use of curcumin in the clinic has been severely limited by its very low bioavailability [17].

Injectable microparticle (microparticles) based drug delivery offers the ability to bypass gut absorption and first pass metabolism [18–21]. Formulation parameters can be fine-tuned to sustain drug plasma levels over a course of weeks to months depending on the excipients used [20]. Our laboratory has previously developed an injectable microparticle formulation using the FDA-approved polymer, poly(lactide-*co*-glycolic acid) (PLGA) for sustained curcumin delivery [22, 23]. This formulation maintained curcumin blood levels for at least 1 month and effectively inhibited tumor growth in a mouse xenograft MDA-MB-231 model of triple negative breast cancer.

The goal of the current study was to examine the efficacy of curcumin-loaded PLGA microparticles in a transgenic mouse model of HER-2+ breast cancer, Balb-*neu*T. Mice were treated with curcumin loaded microparticles beginning at varying time points in tumor progression to determine the optimal time of intervention. The effect of curcumin treatment on tumor multiplicity, growth and angiogenesis was determined.

Material and Methods

Materials

PLGA (50:50, intrinsic viscosity = 0.95–1.20 dL/g) was purchased from LACTEL Absorbable Polymers (Birmingham, AL). High purity curcumin (>98% curcuminoids), casein, Tween 80 and polyvinyl alcohol (PVA, 30–70 kDa MW) were purchased from Sigma-Aldrich (St. Louis, MO). Acetonitrile, methanol and chloroform were purchased from Fisher Scientific (Pittsburg, PA). Anti-HER-2 and anti-VEGF antibodies were

purchased from Santa Cruz Biotechnology (Santa Cruz, CA). Anti-β-tubulin antibody and HRP linked anti-rabbit IgG was purchased from Cell Signaling Technology (Beverly, MA). HRP linked anti-β-actin antibody was purchased from Sigma-Aldrich. 1X RIPA buffer, endotoxin free water and SuperSignal West Pico Chemiluminescent Substrate were purchased from Thermo Scientific (Waltham, MA).

Microparticle fabrication

Curcumin loaded microparticles were prepared using a rapid solvent evaporation technique published previously [22, 23]. Briefly, curcumin (20 mg) and PLGA (20 mg) were dissolved in 1.65 mL of chloroform-methanol mixture (10:1 v/v). This solution was emulsified in 6 mL of 2% w/v PVA for 2 minutes using a digital vortex (FisherSci) set at 1000 rpm. Chloroform was removed from the emulsion over 25 minutes using a benchtop rotary evaporator (Heidolph, Schwabach, Germany). Particles were collected by centrifugation and washed twice with 10% w/v Tween 80 and then twice with water to remove unencapsulated curcumin [22, 23]. Particles were then lyophilized for 48 hrs (Labconco, Kansas City, MO). Non-drug loaded (blank) PLGA microparticles were prepared similarly but without curcumin. Endotoxin-free water was used for preparing all the aqueous solutions. Curcumin content was measured by extracting a known amount of curcumin loaded microparticles with methanol at room temperature overnight on a rotary extractor. The suspension was centrifuged at $20000 \times g$ for 10 minutes (Eppendorf, Hamburg, Germany) and supernatant was analyzed by HPLC. HPLC was performed on a Beckman HPLC system connected to a PDA detector (Brea, CA). Curcumin was eluted on a XBD C-18 Agilent column (250×4.6 mm, 5 µm) (Santa Clara, CA). Mobile phase consisted of 10 mM ammonium acetate (pH 4, adjusted with glacial acetic acid) and acetonitrile (35:65) run isocratically at 1 mL/min. Curcumin (λ_{max} = 430 nm) eluted at 4.9 minutes. Curcumin produced a linear standard plot over the range of $1.56 - 25 \,\mu\text{g/mL}$ with a R² >0.999. Drug loading (% w/w) was calculated by dividing the amount of curcumin encapsulated in microparticles by the amount of microparticles and multiplying by 100. Encapsulation efficiency (%) was calculated as the percent of added curcumin that was successfully encapsulated in the microparticles.

Animal care

All animal studies were approved by the University of Minnesota Institutional Animal Care and Use Committee. Balb-*neu*T mice were bred according to established protocols [24, 25]. Mice were given access to food and water *ad libitum*. Genotyping was performed by Transnetyx Inc (Cordova, TN) using tail snips collected at 1–3 weeks of age.

Pharmacokinetic studies

Balb/c mice (10–12 weeks old) were given a single subcutaneous (S.C.) injection of curcumin loaded PLGA microparticles (equivalent to 58.2 mg of curcumin). A set of mice were sacrificed at various time points to collect blood and tissues. Mammary tissue was homogenized in distilled water using a handheld homogenizer (Omni International, Kennesaw, GA) and then lyophilized. Curcumin was extracted from the tissues with ethyl acetate (0.5 mL for whole blood, 2 mL for mammary tissue) overnight at room temperature. Samples were centrifuged at 3200 × g for 10 minutes and supernatant was dried under nitrogen stream. Curcumin was reconstituted in methanol and analyzed by liquid

chromatography tandem mass spectroscopy (LC-MS/MS) using a previously published protocol [26].

Chromatography was performed on an Agilent Technologies 1200 series connected to a Thermo Scientific TSQ Quantum system operating in negative mode. An Agilent XDB-C18 1.8 μ m, 4.6×50 mm column was used for separation. Mobile phase consisted of (A) 10 mM ammonium acetate and (B) acetonitrile. Linear gradient flow (0.5 mL/min) with a total run time of 10 min was used: 0–4.5 min: 45–100% B, 4.5–5.5 min: 100% B, 5.5–6 min: 100-45% B, 6–10 min: 45% B. The following mass transitions were monitored: curcumin – 367–3216, hydroxybenzophenone (internal standard) – 197–32. Elution time was 4.3 min for curcumin and for 3.4 min hydroxybenzophenone. Curcumin produced a linear standard plot with a range from 0.013 – 1.25 μ M and a R² > 0.999.

Tumorigenesis studies

Female Balb-neuT mice were injected S.C. with curcumin-loaded PLGA microparticles (140 mg, corresponding to 58.2 mg of curcumin suspended in 750 µL sterile 1X PBS) or blank PLGA microparticles (90 mg) initially at 2, 4, 7 or 12 weeks of age, and once a month thereafter. Curcumin has shown chemopreventive and anticancer potential in vitro in the dose range of $1-10 \,\mu\text{M}$ [27]. Our previous studies in mice show that curcumin is readily eliminated, with a total body clearance of ~3 L/kg/h [22, 23]. The relationship between clearance (CL), rate of drug input (R_0) and steady state plasma concentration ($C_{ss} = R_0/CL$) can be used to calculate the curcumin delivery rate required to achieve a target plasma concentration of ~1 µM. Based on this relationship, a systemic delivery rate of ~1 mg/day is required to achieve a steady state plasma concentration of 1 µM. Based on this, we estimated that 140 mg of the microparticles, corresponding to 58.2 mg of curcumin will result in ~1 µM curcumin plasma levels. Mice treated initially at 2 weeks received a reduced dose (100 mg curcumin loaded microparticles, 60 mg blank microparticles) to account for lower body weight. Microparticle dose was returned to normal beginning at 6 weeks of age in these mice. In control animals, saline was injected starting at 2 weeks (550 µL), and once a month thereafter (750 µL). Beginning at 8 weeks, mouse mammary pads were palpated once a week for tumors, with a one mm³ mass considered as tumor formation. Volume of the right ventral anterior tumor was measured weekly using calipers. Volume was calculated as V = $(L \times W^2)/2$, where L is the tumor diameter parallel to the tail, and W is the tumor diameter perpendicular to the tail. Mice were euthanized when tumors in all ten mammary pads were detected.

Histology

Female Balb-*neu*T mice were S.C. injected with curcumin loaded PLGA microparticles, blank PLGA microparticles, or saline as described above. Mice were sacrificed at 8 or 12 weeks of age and mammary tissue was harvested. A portion of the tissue was fixed with 10% buffered formalin for histology while the other part was stored at -80° C for Western blotting studies. Formalin-fixed mammary tissues were switched to 70% ethanol after 24 hours. Tissue processing and staining for hematoxylin and eosin (H&E), Ki-67, and CD-31 were carried out by the Comparative Pathology Shared Resource at the University of Minnesota. All samples were received by the Comparative Pathology Shared Resource

laboratory in 70% v/v ethanol/water, processed accordingly for routine histology and embedded in paraffin. The samples were then cut into 4 µm sections and stained with H&E. Abnormal tissue areas (lobular hyperplasia, carcinoma *in situ*, and invasive carcinoma) were measured in 10X magnification photographs using ImageJ software (Bethesda, MD). Ki-67 and CD-31 staining were quantified by taking 15–20 unique 400X pictures per tissue and manually counting positively stained cells.

Western blotting

Mammary tissues were minced into fine pieces, and protein was extracted using 1X RIPA buffer. Protein content was determined using the BCA assay kit (Pierce, Rockford, IL). Western blotting was carried out using the BioRad Criterion system (Hercules, CA). Proteins were separated by SDS-PAGE on a 4–15% polyacrylamide gradient gel and then transferred to a nitrocellulose membrane. Blots were probed with antibodies against HER-2, VEGF, or p65 NF- κ B. β -actin or β -tubulin served as loading controls. Bands were visualized with SuperSignal West Pico Chemiluminescent Substrate. Band intensities were determined using ImageJ and Origins (Northhampton, MA) software.

Plasma and mammary tissue inflammatory cytokine levels

In a separate study, 12 week old female BALB/c mice were injected with 750 μ L saline or 90 mg blank PLGA microparticles and sacrificed after 24 hours. Plasma and tissues were collected. Plasma was examined for IL-1 β , IL-6 and TNF- α concentrations using ELISA kits (Invitrogen, Grand Island, NY) according to manufacturer's protocol.

Lactic acid quantitation

Plasma lactic acid levels were determined using a lactic acid quantitation kit (Abnova, Walnut, CA) using a part of the tissues collected for the one month cytokine analysis described above. Plasma was used without additional processing.

Bioluminescence imaging

Transgenic mice carrying a NF- κ B response element upstream of an inserted luciferase transgene (BALB/c-Tg[NF- κ B-RE-luc]) were purchased from Taconic (Hudson, NY). These mice express luciferase when NF- κ B is activated. Seven week old female mice were injected S.C with saline or 90 mg empty PLGA microparticles, or given an I.P. injection of a 5% casein solution, as described in previous sections. Bioluminescence imaging was carried out on a Caliper LifeScience (Hopkinton, MA) IVIS® Spectrum instrument at various times after initiating treatment. Mice were injected I.P. with luciferin (150 mg/kg) 15 minutes before imaging. Data was analyzed using Living Image® software.

Endotoxin detection

Microparticles were tested for the presence of endotoxin using a LAL chromogenic endotoxin quantitation kit (Pierce). PLGA microparticles were suspended (120 mg/mL) in endotoxin free water and vortexed. The microparticles suspension was centrifuged at 20000 \times g for 10 minutes and the supernatant was tested directly.

Statistical Analysis

Significance of observed differences was tested using Student's t-test when applicable. Comparisons between more than two groups were carried out using ANOVA followed by Newman Keuls testing, with p<0.05 being considered statistically significant.

Results

Formulation of curcumin microparticles and pharmacokinetic characterization

Curcumin loaded microparticles were prepared by a modified solvent evaporation technique. Average particle diameter was $18.7 \pm 7.7 \mu m$ (Figure 1) with ~39% w/w (39 mg curcumin/100 mg microparticles) drug loading (78% encapsulation efficiency). These results are similar to that described for curcumin microparticles reported in previous studies [22, 23]. Empty PLGA (blank) microparticles were examined for endotoxin levels. The endotoxin levels were undetectable in microparticles (limit of quantitation = 0.1 endotoxin units/mL). A single injection of curcumin microparticles sustained blood (~0.2 μ M) and mammary tissue (~1 μ M) levels in BALB/c mice for up to 45 days (Figure 2). Significantly higher blood and mammary tissue concentrations were observed one and forty five days after injection.

Curcumin microparticles delay tumorigenesis in Balb-neuT mice

The effect of beginning curcumin microparticle treatment at various stages of tumorigenesis was examined. In Balb-*neu*T mice initially injected with curcumin microparticles at 2 or 4 weeks of age and once a month thereafter, tumorigenesis was delayed compared to that in mice which received blank microparticles (Figure 3A, 4A). Average time to first tumor was significantly delayed in mice initially receiving curcumin microparticles at 2 weeks (15.5 vs 14.2 weeks, p<0.05) or 4 weeks (16.5 vs 14.4 weeks, p<0.05) compared to empty microparticles (Figure 3B, 4B). Time to reach 100% tumorigenesis was also delayed with curcumin microparticles treatment compared to blank microparticles in mice beginning treatment at 2 weeks (21.3 vs 18.5 weeks, p<0.05) or 4 weeks (21.1 vs 19.1, p<0.05). Rate of tumor growth in mice receiving curcumin microparticles initially at 2 weeks was significantly decreased compared to blank microparticles treatment (30.6 vs 77.6 mm³/week, p<0.05). Curcumin microparticle administration also significantly decreased abnormal mammary tissue area (Figures 5, 6).

Saline-treated controls developed tumors later than those receiving blank microparticles or curcumin microparticles (Figures 3, 4). Abnormal area was also significantly lower in saline-treated mice compared to that in other groups (p<0.05). Mice that started receiving microparticles treatment at 7 or 12 weeks of age (after the onset of *in situ* carcinoma) showed no significant difference in tumorigenesis (data not shown).

Curcumin loaded microparticles decrease HER-2, VEGF protein levels and inhibit cell proliferation

Starting curcumin microparticles treatment at 2 or 4 weeks of age resulted in decreased HER-2 protein levels by 12 weeks of age (Figure 7) but not by 8 weeks of age (data not shown). Ki-67 staining (marker for cell division) was not decreased in any treatment group

receiving curcumin microparticles compared to blank microparticles controls. However, Ki-67 was substantially increased in mice receiving blank microparticles compared to saline controls and this effect was somewhat reduced (not significant) in curcumin-loaded microparticles (Figure 8).

VEGF levels were significantly decreased in curcumin microparticle treatment groups at 12 weeks of age (Figure 9). Immunohistochemistry revealed a significant decrease in CD-31 staining (a marker for angiogenic microvasculature) in mice initially treated with curcumin microparticles at 2 weeks of age compared to blank microparticles (Figure 10). Mice receiving curcumin microparticles at 4 weeks of age showed no significant difference in CD-31 staining compared to blank microparticles (not shown).

Saline controls showed significantly lower VEGF levels compared to both curcumin and blank microparticles treatment groups. Additionally, saline treated animals showed significantly lower CD-31 staining at both 8 and 12 weeks of age. Total p65 NF- κ B mammary tissue levels were not significantly changed with curcumin microparticles treatment compared to blank microparticles (data not shown).

Lactic acid levels are increased in mice receiving PLGA microparticles

The excess lactic acid produced by PLGA microparticles may have contributed to the increase in VEGF and angiogenesis observed. Thus, the contribution of blank microparticles to circulating lactic acid was examined one month after injection. Treatment with blank microparticles resulted in significantly increased levels of lactic acid in plasma compared to that following saline treatment (Figure 11).

Inflammation in mice receiving PLGA microparticles

NF- κ B is the main regulator of acute and systemic inflammatory responses in the body. Activation of NF- κ B was evaluated as a biomarker for systemic inflammation after PLGA microparticle injection. NF- κ B-RE-luc mice express luciferase when NF- κ B is activated. To determine if NF- κ B was activated, mice were treated with blank microparticles. Introduction of blank microparticles significantly increased bioluminescence 2.4-fold (p<0.05) compared to saline controls after 24 hours, with NF- κ B continuously activated for at least 72 hours (Figure 12).

In BALB/c mice, plasma IL-1 β and IL-6 levels were significantly increased compared to saline controls 24 hours after PLGA microparticle injection (Figure 13). TNF-a levels were undetectable in plasma for both groups. No significant difference in IL-1a, IL-6, TNF-a or GM-CSF was observed in plasma or mammary tissue one month after dosing (data not shown).

Discussion

Curcumin has been shown to affect several cellular pathways important in breast cancer [28, 29]. The wide array of curcumin effects is due in large part to the inhibition of I κ B kinase [15, 16], resulting in reduced activation of NF- κ B. This leads to a decrease in downstream activation of pathways important for inflammation and angiogenesis. In HER-2 positive

tumor cells, curcumin has been shown to deplete HER-2 protein levels in a time- and concentration-dependent manner [12, 13]. The concentration needed to deplete HER-2 by 50% was decreased from 40 μ M to 10 μ M by increasing the incubation time by just twelve hours. We hypothesized that low, sustained levels of curcumin would also be effective in inhibiting HER-2 positive breast cancer *in vivo*.

The therapeutic usefulness of curcumin is limited by its poor solubility and bioavailability, which is due to poor absorption and extensive gut and hepatic metabolism [30–32]. To bypass these problems, curcumin loaded PLGA microparticles capable of sustaining blood and mammary tissue levels for at least 45 days after a single injection were formulated. The significantly higher curcumin concentration in the blood and mammary tissue one day after administration is likely due to burst release typically seen in implants. Drug residing at or near the surface of microparticles has very little diffusional barrier and is therefore released quickly. Previous *in vitro* release studies using this curcumin microparticle formulation showed 10% drug release within twenty four hours [22, 23]. Tissue levels of curcumin were steady in the interim, agreeing well with the zero order release profiles observed in the in vitro release experiments [22, 23]. Forty five days after administration, a similar second burst release occurs likely due to the extensive degradation of the polymer [33].

The transgenic Balb-*neu*T mouse model was used to examine the efficacy of curcumin chemoprevention. The Balb-*neu*T model overexpresses neu protein via the MMTV-LTR promoter. The overexpressed protein is an activated form (*neu*T), which allows for signal transduction even in the absence of signaling molecules [34]. The model is aggressive, with hyperplasia appearing as early as 3 weeks after birth, coinciding with initial mammary development. Microvasculature is increased from 4–6 weeks, with *in situ* carcinoma appearing around 7 weeks. By 17 weeks, at least one palpable tumor is present in the mouse. This mouse model thus allows for evaluating the effect of time of curcumin intervention on tumor progression.

Initiating curcumin treatment at 2 or 4 weeks of age, but not at 7 or 12 weeks of age (not shown), delayed the tumor onset compared to blank microparticle treatment group. When these results were compared to saline controls, the results were very surprising. The time to first tumor and the overall tumorigenesis in saline-treated mice was slower than in the other treatment groups. This suggested that blank microparticles accelerated tumorigenesis in this model, and curcumin inhibited this effect. In vitro cytotoxicity studies using these PLGA microparticles showed no The acute local inflammatory effects of PLGA microparticles are well established [35, 36] but no previous studies have reported systemic inflammation.

It was interesting to note that average time for first tumor was 15.5 weeks when curcumin treatment was started at 2 weeks, whereas it was 16.5 weeks when the treatment was started at 4 weeks of age. The reason for this counterintuitive result is not clear since one would expect earlier intervention to have a greater benefit. However, it is possible that the protection offered by curcumin is not as impactful as the inflammation induced by PLGA in these young mice.

NF- κ B is the major pathway for acute and systemic inflammation [37, 38]. Activation of the NF- κ B pathway in macrophages leads to release of pro-inflammatory cytokines such as IL-1 β , IL-6 and TNF- α . Therefore, activation of this pathway would be a likely player in any inflammatory effects induced by blank microparticles. Bioluminescence in NF-xB-REluc mice was increased 2.4 fold in mice treated with blank microparticles. NF-κB activation was significantly elevated compared to saline controls for at least 72 hours but was near background one week after dosing. Additionally, IL-1β and IL-6 plasma levels were significantly higher in mice 24 hours after blank microparticles injection. Based on this data, it is likely that introduction of blank microparticles leads to mild systemic inflammation via ubiquitous activation of NF- κ B. The microparticles used for all the studies were made with endotoxin-free water to prevent any bacterial contamination. Confirmation that microparticles are devoid of endotoxins prior to injection further supports that NF- κ B activation was not a byproduct of contamination during microparticle fabrication. No significant difference in inflammatory cytokine (IL-1a, IL-6, TNF-a, GM-CSF) levels was seen one month after injection with blank microparticles compared to saline control. It is likely that the systemic inflammation had subsided one month after microparticles injection, as evident by lack of NF-xB activation at 7 days post-dose. Curcumin is a known antiinflammatory agent and has been shown to block the activation of NF- κ B. It is possible that curcumin microparticles treatment offset the systemic inflammation caused by PLGA microparticles and this led to the observed delay in tumorigenesis.

Alternatively, lactic acid (existing as lactate in physiologic pH) can act as a signaling molecule during tumorigenesis. In developing tumors, pH is reduced due to excessive lactic acid produced from tumor cells. This is a byproduct of the Warburg effect, observed when tumor cells switch from oxidative phosphorylation to glycolysis as their main ATP pathway [39, 40]. Lactic acid is exported by tumor cells via monocarboxylate transporter-4 (MCT-4) into the extracellular matrix. Excess lactate in the extracellular matrix has two fates. Lactate can be taken up by other tumor cells via the MCT-1 transporter and used to produce energy. This allows for faster tumor growth, as well as decreased glucose reliance. The glucose not taken up by these cells is free to diffuse farther into the tumor and provide energy for otherwise hypoxic cells. Additionally, lactate can activate NF- κ B in endothelial cells and lead to IL-8 production [41]. Excess lactate has been shown to increase HIF-1 α concentration, stimulating angiogenesis [42].

Our studies show that the systemic lactic acid concentration was slightly elevated in animals that received blank microparticles. Excess lactate could lead to increased tumor growth and thus producing a faster time to palpable tumors. Increased systemic lactate could also be taken up by endothelial cells already stimulated by the increased inflammation seen in this model, leading to enhanced angiogenesis. Tumorigenesis in this mouse model is initially driven by inflammation with neo-angiogenesis ending by 6 weeks of age. No difference in outcome was seen when microparticles were introduced after the angiogenic switch (mice injected at 7 or 12 weeks) and tumor growth was being driven solely by HER-2 overexpression. Western blotting confirmed that blank microparticles treatment increased VEGF levels. Similarly, immunohistochemistry studies showed that CD-31 positive blood vessels were increased in mice receiving PLGA microparticles, although the effect was more pronounced in mice beginning treatment at 2 weeks. Induction of VEGF and angiogenesis

by lactate is well established, and these results further support the hypothesis that excess lactate produced by PLGA could contribute to enhanced angiogenesis and tumorigenesis in this model.

Curcumin showed bioactivity in the Balb-neuT mice, although it could not completely overcome the tumorigenic effects of blank microparticles. In mice receiving curcumin microparticles, abnormal tissue area was significantly decreased compared to those receiving blank microparticles. At twelve weeks of age, curcumin microparticles treated mice had decreased HER-2 protein levels. While additional comparisons with untreated and free curcumin-treated controls are needed, this data provides preliminary support for the hypothesis that low, steady curcumin levels could result in significant changes in cellular pathways. Previous studies using curcumin and other dietary polyphenols at sustained low doses showed similar effects [43]. HER-2 is the main driver of tumorigenesis in this model, and its depletion is linked to decreased growth. However, the excess lactic acid may have offset the anti-proliferative effects of curcumin which would explain why Ki-67 staining was not significantly changed by curcumin microparticle treatment but was significantly increased with blank MP treatment. Additionally, it is possible that the presence of curcumin in microparticles had an inhibitory effect on the hydrolysis of PLGA, resulting in slower lactic acid release, and therefore, a decrease in tumorigenesis. Further studies examining the differences in the degradation rates and lactic acid production between curcumin microparticles and blank microparticles are needed to confirm this mechanism.

PLGA microparticles have been shown to be safe and have been used in the clinic for several years. Our previous *in vitro* studies have shown blank PLGA particle formulations do not cause any cytotoxicity to mammalian cells [44, 45]. The *in vivo* side effects (systemic inflammation, increased angiogenesis) of PLGA microparticles seen in this study can be ascribed to high dose used here. The dose of PLGA microparticles used here was higher than what is typically used in the clinic (60–90 mg/mouse versus ~2 g/patient) but is in the range that is used in pre-clinical studies (20 –150 mg/mouse; [46–49]). These high microparticle doses were necessitated by the need for μ M tissue concentrations and the short half-life of curcumin. Our studies suggest that the effect of formulation excipients used need careful consideration, especially when used at high doses and for prolonged periods of time. Interestingly, a recent report showed that regular consumption of dietary emulsifiers, carboxymethylcellulose or polysorbate-80, exacerbated colorectal tumor development [50], pointing to other instances where excipients can induce undesirable chronic side effects.

Our studies suggest that sustained tissue levels of curcumin can inhibit tumorigenesis. However, its low potency and rapid systemic elimination are impediments to the development of a clinically translatable sustained release dosage form. Approaches that can decrease the overall dose of curcumin (for example, by increasing its potency [51–53] or reducing its clearance rate [54, 55]) may allow the development of formulations suitable for cancer chemoprevention.

Conclusions

Curcumin microparticles were effective in delaying tumorigenesis in Balb-*neu*T mice compared to blank PLGA microparticle controls. However, when compared to saline control, PLGA microparticles were shown to accelerate tumorigenesis. Future studies should examine this effect in depth, as well as evaluate other formulations and modalities of curcumin for cancer chemoprevention.

Acknowledgments

Funding from the National Institutes of Health (CA 141996) and Grant-In-Aid program of the University of Minnesota.

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Fig. 1.

Curcumin loaded (a, b) or blank (c, d) microparticles were suspended in water and photographed using an optical microscope at 100X (a and c, scale bar represents 500 μ m) and 400X (b and d, scale bar represents 125 μ m) magnifications



Fig. 2.

Curcumin microparticles sustain blood and mammary curcumin levels for at least 45 days. Female BALB/c mice (n=5–6) were administered a single dose of curcumin microparticles (equivalent to 58.2 mg of curcumin). A set of mice was sacrificed at various time points and tissues were collected and analyzed for curcumin content by LC-MS. Data are presented as average curcumin concentration \pm S.D. *p<0.05



Fig. 3.

Curcumin microparticles (MP) delay tumor appearance when initially injected at 2 weeks of age but blank PLGA MP appear to accelerate the appearance of tumors. (a) Female Balb*neu*T mice (n=6) initially began receiving curcumin MP, empty MP injections or saline once a month at 2 weeks of age. Data are presented as average number of palpable tumors present \pm S.E. (b) Time to first tumor was significantly delayed with curcumin MP treatment



Fig. 4.

Curcumin microparticles (MP) delay tumor appearance when initially injected at 4 weeks of age but blank PLGA MP appear to accelerate the appearance of tumors. (a) Female Balb*neu*T mice (n=6) initially began receiving curcumin MP, empty MP injections or saline once a month at 4 weeks of age. Data are presented as average number of palpable tumors present \pm S.E. (b) Time to first tumor was significantly delayed with curcumin MP treatment



Fig. 5.

Curcumin microparticle (MP) treatment reduces abnormal tissue area in Balb-*neu*T mice initially treated at 2 weeks of age. 10X magnification of H&E stained mammary tissues taken from 12 week old female Balb-*neu*T mice (n=4) after 10 weeks of curcumin MP, blank PLGA MP or saline administration. Abnormal tissue was quantified using ImageJ software. Data are presented as average abnormal tissue area \pm S.D. *p<0.05.



Fig. 6.

Curcumin microparticle (MP) treatment reduces abnormal tissue area in Balb-*neu*T mice initially treated at 4 weeks of age. 10X magnification of H&E stained mammary tissues taken from 12-week-old female Balb-neuT mice (n=4) after 8 weeks of curcumin MP, blank PLGA MP or saline administration. Abnormal tissue was quantified using ImageJ software. Data are presented as average abnormal tissue area \pm S.D. *p<0.05.



Fig. 7.

Curcumin loaded microparticles (MP) decrease mammary HER-2 protein levels. Female BALB-*neu*T mice (n = 2–4) began receiving curcumin MP (C) or blank MP (B) at 2 (A) or 4 (B) weeks, then once a month thereafter. Mice were sacrificed at 12 weeks and mammary tissue was harvested. Proteins were separated by SDS-PAGE then transferred to a nitrocellulose blot. β -actin and β -tubulin served as loading controls. Data are presented as average relative protein level \pm S.D. *p<0.05 compared to blank MP control.



Fig. 8.

Effect of curcumin microparticles (MP) on tumor cell proliferation. Female BALB-*neu*T mice were initially treated with saline, curcumin MP or blank MP beginning at 2 weeks of age. Mice were sacrificed at 12 weeks of age and mammary tissue was harvested stained with anti-Ki-67 antibody. Positive Ki-67 staining was manually counted using 15–20 individual 400X magnification pictures. Black bars represent 100 μ m. Data are presented as average number of Ki-67 positive counts per a 400X field ± S.D. *p<0.05.



Fig. 9.

Effect of curcumin and empty PLGA microparticles (MP) on tumor VEGF levels compared to saline controls. Female Balb-neuT mice began receiving curcumin MP (C) blank MP (B), or saline injections (S) at 2 (left) or 4 (right) weeks of age and were sacrificed at 12 weeks of age. Protein extracts were separated by SDS-PAGE and probed for VEGF protein. Data are presented as average protein level relative to β -actin \pm S.D. *p<0.05.



Fig. 10.

Effect of curcumin and empty PLGA microparticles (MP) on microvasculature in mammary tissues of BALB-*neu*T mice compared to saline controls. Female BALB-*neu*T mice were initially treated with saline, curcumin MP or blank MP beginning at 2 weeks of age. Mice were sacrificed at 12 weeks of age and mammary tissue was stained with anti-CD-31 antibody. CD-31 staining was manually counted using 15–20 individual 400X magnification pictures. Black bars represent 100 μ m. Data are presented as average number of CD-31 positive counts per a 400X field ± S.D. *p<0.05.



Fig. 11.

PLGA microparticles increase lactic acid levels in plasma. Female BALB-*neu*T mice were administered PLGA microparticles at 2 weeks of age. After one month, mice were sacrificed and blood was collected. Plasma lactic acid levels were determined using a lactate assay kit. Data are presented as average lactic acid concentration \pm S.D. *p<0.05, compared to saline injected control.

Fig. 12a



Fig. 12b





PLGA microparticles (MP) induce NF- κ B activation *in vivo*. Female NF- κ B-RE luc mice (n=3) were injected with saline or 90 mg PLGA microparticles and imaged at various time points after injection. a – Mice were administered luciferin (150 mg/kg) 15 minutes prior to imaging. b – Bioluminescence was calculated using LivingImage software and values were

compared. Data are presented as individual photon flux measurements (photons/sec). p<0.05.



Figure 13.

PLGA microparticles (MP) increase plasma inflammatory cytokine levels. Female BALB/c mice were administered saline or 90 mg PLGA MP and sacrificed after 24 hours. Cytokine levels were determined by ELISA. *p<0.05. # - values were below the detection limit of the ELISA kit. All institutional and national guidelines for the care and use of laboratory animals were followed.