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## Pathogenesis, diagnosis and therapeutic strategies in WHIM syndrome immunodeficiency

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### Abstract

**2.1 Introduction**—WHIM syndrome is a rare combined primary immunodeficiency disorder caused by autosomal dominant gain-of-function mutations in the chemokine receptor CXCR4. It is the only Mendelian condition known to be caused by mutation of a chemokine or chemokine receptor. As such, it provides a scientific opportunity to understand chemokine-dependent

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immunoregulation in humans and a medical opportunity to develop mechanism-based treatment and cure strategies.

**2.2 Areas covered**—This review covers the clinical features, genetics, immunopathogenesis and clinical management of WHIM syndrome. Clinical trials of targeted therapeutic agents and potential cure strategies are also included.

**2.3 Expert opinion**—WHIM syndrome may be particularly amenable to mechanism-based therapeutics for three reasons: 1) CXCR4 has been validated as the molecular target in the disease by Mendelian genetics; 2) the biochemical abnormality is excessive CXCR4 signaling; and 3) antagonists selective for CXCR4 have been developed. Plerixafor is FDA-approved for hematopoietic stem cell (HSC) mobilization and has shown preliminary safety and efficacy in phase I clinical trials in WHIM syndrome. Gene editing may represent a viable cure strategy, since chromothriptic deletion of the disease allele in HSCs resulted in clinical cure of a patient and because CXCR4 haploinsufficiency enhances engraftment of transplanted HSCs in mice.

### Keywords

CXCR4; G-CSF; myelokathexis; plerixafor/AMD3100; WHIM syndrome; X4P-001/AMD11070

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## 4.1 Introduction

WHIM syndrome is a rare primary immunodeficiency disorder characterized by four main clinical manifestations: warts, hypogammaglobulinemia, recurrent infections, and myelokathexis, that together make up the acronym WHIM. Myelokathexis is a Greek neologism meaning ‘bone marrow retention’ that was coined in 1964 by Zuelzer to convey a mechanistic explanation for severe congenital neutropenia despite full maturation of mobilizable myeloid cells in the bone marrow of a 9-year-old girl [1]. We now recognize that this patient, designated WHIM-09 in our cohort of WHIM patients at the National Institutes of Health (NIH) [2], was the first WHIM patient described in the biomedical literature. Myelokathexis in WHIM syndrome provides strong evidence in humans that one of the physiological functions of CXCR4 is to control neutrophil egress from bone marrow to the blood.

A series of landmark findings in the study of immunodeficiency, HIV and leukocyte trafficking has led to our current understanding of WHIM syndrome and approaches to its treatment (Figure 1). The acronym WHIM was coined in 1990 by Wetzler and colleagues, who described a pedigree with three affected individuals, each of whom had all four acronymic features, which had also been reported in the 10 previously identified myelokathexis patients at the time [3]. It is now appreciated that the clinical presentation of WHIM syndrome can be quite variable and may overlap with other immunodeficiency disorders. The most common clinical presentation is recurrent bacterial oto-sino-pulmonary and skin infections associated with severe, chronic, non-cyclic neutropenia that often begin during infancy or early childhood. Diagnosis can be delayed for years or decades for four main reasons: 1) the disease is extremely rare, and therefore not considered in the differential diagnosis of patients that present with it; 2) infections are usually not life-threatening and may vary greatly in frequency; thus, the disease may take a “benign” course;

3) warts typically occur long after the onset of recurrent infections; and 4) severe neutropenia may be absent during infections when patients often come to medical attention. Myelokathexis is the key to diagnosis but may not be recognized unless a bone marrow biopsy has been performed. The differential diagnosis of myelokathexis includes at least one other congenital condition: *G6PC3* deficiency, which is characterized by pure neutropenia and other syndromic features [4].

Most WHIM patients present with panleukopenia and as a result have combined innate and adaptive immunodeficiency. Nevertheless, the susceptibility of WHIM patients to infections is surprisingly restricted to extracellular bacteria and human papillomavirus (HPV), the signature pathogen in the disease.

Almost all cases of WHIM syndrome are caused by autosomal dominant gain-of-function mutations affecting the C-tail of the chemokine receptor CXCR4 (Figure 2), first discovered in 2003 [5]. The C-tail is a regulatory domain, and WHIM mutations prevent normal receptor downregulation and desensitization, causing excessive signaling. Thus, WHIM mutations exaggerate the normal function of CXCR4, leading to the retention of neutrophils and other leukocyte subsets in the bone marrow [6]. The cells appear to otherwise function normally and can be released to the blood by infection and other stresses. This may be the most likely explanation for why WHIM patients are able to survive into adulthood and, in many cases, lead relatively normal lives despite absolute neutrophil counts (ANCs) that may be chronically less than 100/ $\mu$ L. Nevertheless, as reviewed by Beaussant-Cohen et al. [7], chronic morbidity due to repeated infection of the oto-sino-pulmonary tract is common in adults with WHIM syndrome, and premature death due to infection or cancer may occur [3,7–9]. Thus, despite its relatively benign clinical course in many patients, effective treatment for WHIM syndrome still represents an important unmet medical need. At the present time, treatment is not standardized but mainly includes wart removal, HPV vaccination, granulocyte-colony stimulating factor (G-CSF) for neutropenia, antibiotics and antibody replacement.

Current research is directed towards developing therapies targeting CXCR4 specifically with antagonist drugs and gene therapy. Three patients have been cured to date: two by bone marrow transplantation and one by chromothripsis (chromosome shattering) involving fortuitous deletion of the disease allele in an HSC that gained a relative growth advantage [2,10,11]. Two CXCR4 antagonists, plerixafor (AMD3100, trade name Mozobil marketed by Sanofi) given subcutaneously and X4P-001-LD (under development by X4-Pharma) given orally, are currently undergoing clinical trials.

## 4.2 Epidemiology & Clinical Features

### 4.2.1 Epidemiology

WHIM syndrome is exceedingly rare with approximately 90 cases reported worldwide since 1964. An estimate based on the French national cohort of WHIM patients suggested an incidence of 0.23 cases per million births [7]. Given the heterogeneity of presentation, many cases may go undiagnosed and unreported. WHIM syndrome appears to be slightly more common in women than in men. Almost all cases have been reported from Europe and the

United States; however, the disease has also been described in several Asians. Literature reports do not consistently report race. In familial cases, WHIM syndrome follows an autosomal dominant inheritance pattern [7,12]. Sporadic de novo cases have also been frequently reported [7,13].

#### 4.2.2 Warts

Like many other primary immunodeficiency diseases [14], WHIM patients are at high risk for extensive, persistent and treatment-refractory verrucosis. Nevertheless, wart burden, distribution, duration, age of onset, complications and response to therapy can be quite variable [9]. Warts can resolve spontaneously or in response to standard destructive therapy (e.g., cryoablation, surgery) or immunomodulatory therapy (e.g., G-CSF, imiquimod) in some patients [15,16], but may never occur in others [7,17]. Cutaneous warts typically develop in early childhood and mostly affect the hands and feet, whereas genital warts usually emerge in young adulthood after sexual debut. Morphology may range from flat warts to classic verruca to anogenital condylomata acuminata.

HPV infection of the genital tract and oropharynx, but not the skin, may progress to intraepithelial dysplasia and neoplasia. Indeed, cervical and vulvar cancers have been reported in a small subset of WHIM patients [3,7,12,13,18]. In the limited studies that have examined the prevalence of specific HPV subtypes in WHIM patients, both high- (16, 18, 31, 33, 45, 52, and 58) and low-risk (6, 11) subtypes have been detected [19]. In one case, subtypes 2, 5 and 23 were isolated from cutaneous lesions from a WHIM patient who later developed Epstein-Barr virus (EBV)-negative cutaneous T cell lymphoma [7]. HPV 6 alone was also identified in one female patient with an invasive vulvar carcinoma that ultimately proved fatal despite extensive surgery [7].

#### 4.2.3 Hypogammaglobulinemia

Hypogammaglobulinemia is the least penetrant feature of the syndrome [17], and its precise impact on infection susceptibility has not been clearly established. When it occurs, it may be associated with IgA and/or IgM deficiency. It has been reported in two cases that IgG was normal despite selective IgM deficiency [20] or combined IgA and IgM deficiency [13]. B lymphopenia, including reduced memory B cells, is a common feature in WHIM patients [3,10,21–24]; however, a precise pathophysiologic mechanism linking this with a particular immunoglobulin subtype deficiency is lacking.

Anecdotal evidence suggests that WHIM patients may have defective antibody responses and vaccination failure in association with hypogammaglobulinemia. Both a father and daughter with WHIM syndrome who received three doses of live trivalent poliovirus vaccine failed to generate complement-fixing serum antibodies [25]. However, antibody responses to the diphtheria-tetanus vaccine in the daughter were normal. In another WHIM patient, antibody titers for *H. influenzae* and *S. pneumoniae* were non-protective initially and weakly responsive only to *H. influenzae* after vaccination [13]. Two unrelated WHIM patients exhibited normal protective antibody responses to tetanus toxoid vaccine initially, but protective antibody was no longer detectable after one year [9]. In a separate study, anti-tetanus and anti-*H. influenzae* b antibodies were undetectable six months after vaccination in

one patient [7]; anti-polio antibodies were absent, anti-tetanus antibodies were low, and anti-pneumococcal antibodies were normal in another patient ten years after vaccination [7]. Two patients developed virologically-confirmed influenza despite receiving the flu vaccine, and one of these also had childhood measles despite vaccination [23]. Prospective studies are needed to validate these anecdotal observations and to define mechanisms.

#### 4.2.4 Infections

Repeated severe infections, often beginning in infancy, significantly affect the quality of life of WHIM patients and may lead to life-threatening chronic complications. The most commonly affected sites include the ear, skin, oral cavity and sino-pulmonary tract. Non-HPV infections are usually caused by common extracellular bacterial pathogens (Table 1). Given the severity of panleukopenia that is often seen in WHIM patients, the relatively limited range of infectious agents that causes clinical problems is surprising. The CD4 count may be extremely low, yet opportunistic infections occur rarely. No cases of *Pneumocystis carinii* or Kaposi's sarcoma, which occur commonly in AIDS patients, have been reported in WHIM syndrome. Likewise, IgG levels may be low, yet patients do not typically develop invasive infections with encapsulated bacteria. The number of neutrophils is typically below 500 cells/ $\mu$ L and not uncommonly below 100 cells/ $\mu$ L, yet invasive bacterial infections occur infrequently and fungal infections are rare. This may be because WHIM neutrophil function appears to be normal and because neutropenia may not be as severe as in other neutropenic conditions that are associated with invasive fungal infection. Moreover, WHIM neutrophils can be mobilized to increase the absolute neutrophil count during infection, which may provide a protective valve.

Most infections are treated on an outpatient basis, and the causative agent is usually not pursued or isolated. Nevertheless, where data are available, most infectious agents isolated are extracellular bacteria (Table 1). Severe herpesvirus infections have also been reported in a few patients, including varicella zoster virus (VZV) and recurrent oral herpes simplex virus (HSV) (Table 1). In addition, EBV<sup>+</sup> B cell lymphoma has been reported in two patients [8,26].

Bacterial infections in WHIM patients typically resolve in response to oral antibiotics without the need for hospitalization, and prophylactic measures such as G-CSF, intravenous immunoglobulin (IVIg) and antibiotics are used to reduce infection incidence and severity [7]. Nevertheless, no consensus approach has been developed through clinical trials for treating WHIM patients. Moreover, the natural history of WHIM syndrome has not been rigorously assessed.

Absence from school or work due to repeated hospitalization for severe infections may weaken psychosocial functioning in WHIM patients. Additionally, sequelae associated with repeated infections may significantly affect quality of life. For example, bronchiectasis may cause WHIM patients to be dependent on supplemental oxygen [3,7], and repeated ear infections can lead to hearing loss and delayed speech development in children [23,24].

### 4.2.5 Myelokathexis

Myelokathexis refers to neutropenia caused by retention of neutrophils in the bone marrow. Thus, it can only be diagnosed by combined blood analysis and bone marrow biopsy or aspirate. In WHIM syndrome, the bone marrow is hypercellular with an elevated myeloid:erythroid ratio and “shift to the right,” i.e., increased ratio of mature neutrophils to bands. Bone marrow neutrophils often have a distinct morphology with hypersegmentation, unusually long strands connecting the nuclear lobes and vacuolization [1,12,27–29]. These features give bone marrow neutrophils an unusual pyknotic appearance typical of cells undergoing apoptosis, and an increased frequency of apoptotic neutrophils has been documented in a few patients with WHIM syndrome [30–32]. Interestingly, in addition to correcting neutropenia, granulocyte-macrophage (GM)-CSF has demonstrated the ability to normalize neutrophil morphology [29].

### 4.2.6 Other phenotypes associated with WHIM syndrome

Knowledge of the full range of pathology in WHIM syndrome is limited by the absence of published autopsy data and the paucity of histopathologic studies reported in the disease. Nevertheless, patients appear to have increased risk of several developmental defects. Of the approximately 90 cases of WHIM syndrome reported to date, 3 had Tetralogy of Fallot (ToF), a rare congenital heart defect found in only ~3/10,000 live births in the general population [33]. Other developmental abnormalities include double aortic arch [7], ventricular septal defect with pulmonary atresia [30], skeletal malformations [34,35], and angioma [36]. Both lymphoid follicular hyperplasia [1] and hypoplasia [25] have been described in the only two descriptions of lymph node histology from WHIM patients in the literature. No descriptions of splenic architecture have been published. Interestingly, the *Cxcr4* knockout mouse also has multiple developmental phenotypes apart from those affecting the immune system, which include cardiovascular defects (ventricular septal defect, abnormal gastric vascularization) and cerebellar defects [37], but non-hematopoietic developmental defects have not been reported in the *Cxcr4*<sup>1013</sup> ‘WHIM’ model mouse [38].

## 4.3 Immunopathogenesis

### 4.3.1 Myelokathexis & Hypogammaglobulinemia

Although myelokathexis in WHIM patients appears to result from enhanced CXCR4 signaling, the precise mechanism responsible for this has not yet been elucidated. One major source of increased signal strength may be defective internalization of CXCR4 WHIM receptors after binding ligand [9,39]. Calcium flux signaling, which is an immediate response to receptor ligation that precedes receptor internalization, is also increased for WHIM receptors, indicating that the intrinsic signaling potential of the mutant receptor is increased independently of effects from impaired receptor downregulation. Further complicating the picture is the fact that the disease has autosomal dominant inheritance, so that each CXCR4<sup>+</sup> cell from WHIM patients should express both wild type and WHIM variants of CXCR4. To date, no WHIM receptor-specific antibodies have been developed. Thus, the precise stoichiometry of the two forms of the receptor in primary cells and the extent of homo- and heterodimerization of the two forms are not known. In this regard, the

crystal structure of wild type CXCR4 bound to a small molecule antagonist has been solved and shown to resolve as a homodimer [40].

Since normal CXCR4 signaling is thought to be physiologically important for neutrophil homing to and retention in the bone marrow, increased CXCR4 signaling in WHIM neutrophils is thought to exaggerate this normal response and thereby to cause pathologic retention of large numbers of neutrophils in the bone marrow and peripheral neutropenia. This model is supported by animal studies showing that AMD3100/plerixafor mobilizes leukocytes, including neutrophils, to the blood mainly from bone marrow [41]. In contrast to this model, direct in vivo imaging studies in mice have suggested that the increase in the blood neutrophil count in response to AMD3100 treatment is caused by release of marginated neutrophils from the lung, as well as by inhibition of homing of aged neutrophils from blood to bone marrow [42]. Whether this mechanism explains neutropenia in WHIM patients is not known. WHIM neutrophils in the blood have high levels of CXCR4 and high levels of apoptosis markers and are therefore primed for efficient homing back to the bone marrow, potentially enhancing neutropenia.

The mechanisms accounting for lymphopenia in WHIM patients have not been clearly delineated. Although studies in WHIM mice suggest that development of lymphoid precursor cells in the bone marrow may be impaired, indirect data suggest trafficking of lymphocytes from primary immune organs to secondary immune organs and blood may also be defective [22,41,43]. In addition, recent studies have provided new insight into the impact of the WHIM mutation on lymphocyte function. Normally, T cells expressing CXCR4 are recruited to form an immunological synapse with dendritic cells in lymph node [44]. However, T cells expressing CXCR4 WHIM receptors show impaired synapse formation due to competing migratory signals from exogenous CXCL12 in lymph node [44]. This results in defective T cell activation that further affects immunoglobulin class switching and other T cell-dependent B cell responses [45]. This may explain why there is a delay in production of IgG-switched antibodies in WHIM syndrome [46]. In agreement with this, a lack of isotype switched memory B cells was identified in two WHIM patients, perhaps illustrating an important role for CXCR4 in germinal center organization and function. Impairment of immunoglobulin class switch recombination has also been reported in other rare immunodeficiency disorders such as hyper IgM syndrome [47], common variable immune deficiency [48], and X-linked lymphoproliferative syndrome [49].

In the *CXCR4*<sup>1013</sup> mouse model of WHIM syndrome, lymph node architecture is abnormal, including an absence of B cell follicles, an expansion of T cell zones, and an overall increase in cellularity in the lymph node [38]. In addition, both lymphoid follicular hyperplasia and hypoplasia have been observed in WHIM patients [1,25]. Moreover, follicular hypoplasia was detected in the spleen of the mouse model of WHIM syndrome [38]. However, the WHIM mouse model has limitations, since the *CXCR4*<sup>1013</sup> knock-in recapitulates only myelokathexis, not hypogammaglobulinemia or spontaneous bacterial infections, and mice are not susceptible to HPV [50].

### 4.3.2 HPV in WHIM syndrome

WHIM mutations are thought to affect HPV-infected keratinocytes directly or through effects on the immune response to the virus. With regard to the former mechanism, CXCL12 has been reported to be expressed in HPV-infected keratinocytes of patients with and without WHIM syndrome, but not in uninfected keratinocytes or in keratinocytes in the context of other dermatological conditions [20]. Moreover, the HPV oncogenes E6 and E7 are able to induce expression of both CXCL12 and its receptors CXCR4 and ACKR3/CXCR7 in HPV-18 immortalized keratinocytes [51]. Importantly, HPV-mediated keratinocyte transformation required HPV oncogene E6- and E7-enabled signaling through the CXCL12-CXCR4<sup>WHIM</sup> axis. Conversely, a recent study indicated that CXCR4<sup>WHIM</sup> promotes stabilization of E6 and E7 in differentiated keratinocytes [52]. While CXCR4 itself did not promote keratinocyte proliferation, HPV-infected keratinocytes expressing CXCR4 WHIM receptors demonstrated increased proliferation compared to infected cells with wild type CXCR4. Accordingly, CXCR4 blockade decreased oncogene expression.

With regard to the antiviral immune response, numerous CXCR4<sup>+</sup> immune cell types, including monocytes, dendritic cells, cytotoxic T lymphocytes (CTLs), and natural killer (NK) cells, all play a role in HPV immunity [53]. Monocytopenia, T lymphopenia and NK cell deficiency [8,23,24] have been reported in WHIM patients, and the CXCR4 WHIM receptor is associated with impaired T cell immunological synapse formation [45]. However, mechanistic studies of specific roles these cells play in WHIM-associated HPV pathogenesis are lacking. The remarkable spontaneous resolution of warts, myelokathexis, and monocytopenia, but not lymphopenia, in patient WHIM-09 after chromothriptic deletion of the WHIM allele of *CXCR4* and 163 other genes in the myeloid compartment suggests a role for myeloid cells, such as monocytes or monocyte-derived cells including dendritic cells in WHIM-associated HPV pathogenesis [2]. Plasmacytoid dendritic cells (pDCs) are an important source of interferon-alpha (IFN $\alpha$ ) in response to viral infections [54] and are markedly decreased in some WHIM patients [9,24], possibly due to high CXCR4 expression and signal strength [55]. Consistent with this observation, peripheral blood mononuclear cells (PBMCs) from WHIM patients produced significantly less IFN $\alpha$  than PBMCs from healthy donors in response to stimulation with both HSV-1 and CpG, a Toll-like-receptor (TLR)-9 agonist [56]. Furthermore, WHIM-associated warts were negative for dermal pDCs and MxA, while warts from healthy subjects were positive for both.

Although the precise mechanisms by which HPV immunity occurs in immunocompetent populations are unknown, three successful HPV vaccines containing virus-like particles comprised of the major capsid protein L1 have been developed. HPV infects a relatively immune privileged site, the epidermis, and only slowly generates viral proteins there, which partially explains the delayed adaptive immune responses to the virus. In contrast, the vaccine is injected intramuscularly, generating a robust immune response in immunocompetent vaccinees. At present, only one report has described in detail the immunogenicity of HPV vaccination in the context of WHIM syndrome [57]. A twelve-year-old female WHIM patient without warts received three injections of the quadrivalent vaccine for HPV-6, -11, -16, and -18 according to the licensed protocol, and cellular and humoral responses were evaluated and compared to immunocompetent subjects over eight



months. Two months after the third dose, serum HPV-specific antibody titers of 100–400 were detected in the patient, compared to titers of 6,400–102,400 in the controls. The patient's immune serum was capable of neutralizing HPV at a titer of 50–400, while control immune sera had significantly greater neutralizing capacity (1,600–25,600). Interestingly, ex vivo lymphoproliferative responses to Gardasil were detectable four months after the second injection for the WHIM patient versus two months after the first injection for control patients. This finding suggests adaptive immunity in response to HPV vaccination may be present but might be delayed and weaker in WHIM patients. Further investigation is necessary to confirm this and to extend our understanding of natural immune responses to HPV, as well as whether vaccination confers lasting protection against HPV in WHIM patients.

#### 4.4 Molecular Genetics

CXCR4 is the only G protein-coupled receptor (GPCR) that binds to the chemokine CXCL12, also known as stromal cell-derived factor-1 (SDF-1). Conversely, CXCL12 is the only chemokine that binds to CXCR4, which triggers a conformational change [58] and coupling to members of the  $G_i$  family of heterotrimeric G proteins [59]. Ligand-activated  $G_{\alpha i}$  inhibits adenylyl cyclase in addition to activating Src family kinases [60]. At the same time, the  $G_{\beta\gamma}$  subunit activates PLC- $\beta$  and PI3K and induces ERK phosphorylation [61], inducing gene transcription, chemotaxis, adhesion, proliferation and apoptosis, among other functions [62].

It should be noted that while it is highly selective and specific for the chemokine CXCL12, CXCR4 has other non-chemokine ligands, including the pro-inflammatory chromatin-associated protein HMGB1 [63]. Likewise, although CXCL12 is selective and specific for CXCR4 among all other GPCRs, it is also a functional ligand for the atypical chemokine receptor 3 (ACKR3, also known as CXCR7), which signals through the  $\beta$ -arrestin pathway rather than G proteins [64]. How CXCR4 WHIM receptors affect ACKR3 signaling and vice versa have not been defined and are only relevant in a few cell types that co-express the two receptors, such as marginal zone B cells [65–68].

WHIM mutations that truncate the *C*-tail cause an obligate loss of serine and threonine residues that are normally phosphorylated in activated receptors by GRK (G protein-coupled receptor kinase). The loss of phosphorylation prevents  $\beta$ -arrestin recruitment and receptor downregulation, providing one mechanism for increased and prolonged signaling. There is also evidence that the third intracellular loop of CXCR4 is critical in downregulation and endocytosis of the receptor [69]. Although the basal levels of CXCR4 expression may not be increased in WHIM syndrome and in some patients may be low [23], downstream chemotactic signaling may still be elevated.

Like all GPCRs, CXCR4 consists of seven transmembrane domains with an extracellular *N*-terminus and an intracellular *C*-terminus. All known mutations that cause WHIM syndrome occur at the *C*-terminus. Nine mutations have been previously reported, the most common of which is *CXCR4*<sup>R334X</sup> [24,70]. Of these nine mutations, four are truncation mutations, four are frameshift mutations, and only one is a point mutation (Figure 2).

The point mutation *CXCR4*<sup>E343K</sup> is a charge-changing substitution of lysine for glutamic acid reported in a single multigenerational family with five affected members [23]. The clinical manifestations are relatively mild and heterogeneous in this family, and the mutant receptor exhibits a smaller defect in ligand-induced downregulation than the most common WHIM variant *CXCR4*<sup>R334X</sup>. Nevertheless, calcium flux and chemotactic signaling are not different. Another interesting WHIM mutation is *CXCR4*<sup>L329fs</sup>, a *de novo* mutation found in a 10-month-old boy that coincidentally has also been reported as a somatic mutation in tumor cells from patients with Waldenström's macroglobulinemia [24]. Again, typical WHIM pathology was found in the patient, and, like *CXCR4*<sup>R334X</sup>, *CXCR4*<sup>L329fs</sup> produced similar calcium flux responses to CXCL12, but showed less receptor downregulation than *CXCR4*<sup>R334X</sup> in patient PBMCs. Interestingly, many other *CXCR4* mutations have been identified in a large subset of patients with Waldenström's macroglobulinemia, some of which are identical to other WHIM mutations, including *R334X* [71]. Waldenström's patients with *CXCR4* mutations have been reported to have a poorer prognosis than those without. The convergence of a plethora of *CXCR4* mutations, some even identical, in both an inherited and an acquired disease of blood leukocytes, suggests that the C-tail of *CXCR4* may be a mutation hotspot. *CXCR4* is a highly conserved gene from man to fish, and the C-tail is even more highly conserved than the protein as a whole. The last 19 amino acids, where most WHIM mutations are found, are 100% identical from human to birds and differ at only one position in zebrafish, suggesting that each of these amino acids may be functionally critical.

Other mechanisms that increase *CXCR4* signaling might also be predicted to cause WHIM syndrome or a variant of it. In this regard, patients with *G6PC3* deficiency, a disorder caused by complete glucose-6-phosphatase deficiency in neutrophils, present with severe congenital neutropenia that was shown in two siblings to be associated with increased *CXCR4* expression on neutrophils, most likely the result of metabolic stress. Not surprisingly, a myelokathexis-like picture has also been reported for a subset of these patients [4].

Two other unrelated patients with full-blown WHIM syndrome have been reported whose leukocytes exhibit increased *CXCR4* signaling despite normal receptor expression and lack of a *CXCR4* mutation [72]. The mechanism appears to involve GRK3 protein deficiency, although no GRK3 mutations were found. Consistent with this, knocking-down GRK3 in control cells results in increased chemotactic responses to CXCL12 as well as impaired *CXCR4* desensitization, phenocopying leukocytes from WHIM patients with *CXCR4* mutations. Conversely, overexpressing GRK3 in control cells decreases chemotactic responses to CXCL12. In addition, leukocytes from GRK3 knockout mice exhibit decreased *CXCR4* desensitization and increased chemotaxis when stimulated with CXCL12, and the mice exhibit myelokathexis and partial hypogammaglobulinemia [73]. GRK6 has also been shown to interact with the wild type CXCL12-*CXCR4* signaling axis but failed to associate with the *CXCR4* WHIM receptor [74]. Neutrophils in GRK6 knockout mice demonstrated both increased chemotaxis towards CXCL12 and a lack of desensitization of *CXCR4* [75].

## 4.5 Treatment

Treatment for WHIM patients is not standardized but aims to mitigate hematologic defects and clinical symptoms associated with the disease [76]. It is controversial whether the main driver for susceptibility to infection is leukopenia versus hypogammaglobulinemia or the combination of the two. Neutropenia, hypogammaglobulinemia and bacterial infections are the focus of current treatment strategies [76] and clinical trials (ClinicalTrials.gov NCT00967785, NCT02231879, NCT03005327). There are no pharmacologic agents that have a demonstrated ability to prevent or treat warts in WHIM patients. The HPV vaccine is limited to a small subset of the most highly cancer-associated strains. Successful treatment of warts in WHIM patients is typically restricted to destructive therapies.

Current therapies for neutropenia and infections in WHIM patients include G-CSF and IVIg [77,78]. G-CSF selectively increases ANC by multiple mechanisms including induction of CXCL12 degradation in bone marrow to promote neutrophil egress. It has no effect on other leukocyte subsets. Pooled IVIg provides passive antibody replacement for patients who are deficient or low in serum immunoglobulin levels, but obviously is not useful for novel pathogens or pathogens originating from a different geographic distribution from the donors [77,78]. G-CSF and IVIg are given empirically as no clinical trials have been conducted to determine the efficacy of either treatment specifically for WHIM patients [79,80]. There is anecdotal evidence attesting both to benefit [23,24,30] as well as to lack of benefit [10,81] in WHIM patients. WHIM syndrome involves a special type of neutropenia, since patients have a large reservoir of neutrophils with normal function that can be mobilized by appropriate stresses. It should be noted that G-CSF can cause significant side effects, including bone pain [16,32], which is common and can be disabling, and myelofibrosis and leukemia [82], which appear to be rare outcomes.

While G-CSF is preferred, GM-CSF has also been used in the past to treat neutropenia in WHIM syndrome [29]. The functional differences between G-CSF and GM-CSF may be due to differences in their signaling pathways and receptor expression patterns [83]. GM-CSF is FDA approved for stem cell mobilization and treatment of neutropenia related to stem cell transplantation. Similar to G-CSF, GM-CSF is given empirically. It seems to be less well-tolerated than G-CSF, particularly with regard to bone pain and fever, and is rarely used now. Together, these limitations indicate a need for other treatment options.

Plerixafor, also known as AMD3100, is a bicyclam small molecule that is currently being studied for the treatment of WHIM syndrome (Figure 3) (ClinicalTrials.gov NCT00967785, NCT02231879). It was originally discovered in a screen for HIV entry inhibitors and later found to block HIV entry by binding to CXCR4, a major HIV entry factor [43,84]. It was withdrawn from clinical development because most HIV strains preferentially use CCR5 rather than CXCR4 for entry into CD4<sup>+</sup>T cells and because of side effects that occurred at the high doses needed to maximize reduction of HIV burden. It was noted serendipitously during the AIDS trials to cause leukocytosis involving all major leukocyte subsets as well as CD34<sup>+</sup>hematopoietic stem and progenitor cells (HSPCs) [85,86]. Therefore, plerixafor was next developed as an HSC mobilizing agent and approved by the FDA for that indication in concert with G-CSF to mobilize patients in preparation for autologous stem cell

transplantation after chemotherapy, specifically in multiple myeloma and non-Hodgkin's lymphoma [87,88]. AMD3100 has poor oral bioavailability and is given subcutaneously. It is rapidly distributed to the blood where concentrations peak at one hour after dosing. The peak for leukocyte mobilization to the blood depends on the subset type but is ~3 hours for neutrophils. It is not metabolized but has a short half-life of ~4 hours due to rapid renal clearance, and it is completely cleared from the circulation by 24 hours. AMD3100 is also a weak ACKR3/CXCR7 agonist, but this is unlikely to be relevant at the low doses used in treating WHIM patients [89].

In two phase I dose escalation trials [79,90], plerixafor significantly increased the WBC, mainly due to increased lymphocytes. The absolute neutrophil and monocyte counts were also increased, and the fold increases for all three major subsets were similar [79]. No significant side effects were observed. Importantly, the ANC could be elevated over the critical infection susceptibility threshold of 500 cells/ $\mu$ L by extremely low doses of plerixafor (0.02 mg/kg). In a 6-month follow-up trial in 3 patients with a history of recurrent infections, the frequency of infections appeared to be reduced by plerixafor 0.01 mg/kg sq BiD dosing; in 2 patients, no infections occurred while on plerixafor [79]. There was also evidence of reduced wart burden while on drug. Thus, preliminary data support continued investigation of daily low dose plerixafor for treating panleukopenia and preventing bacterial infections in the context of WHIM syndrome. A phase II/III double-blind crossover trial is currently underway to evaluate the safety and efficacy of plerixafor compared to G-CSF (NCT02231879).

Other CXCR4 antagonists include AMD11070, which is currently being studied by X4-Pharma in a phase II/III trial for the treatment of WHIM syndrome (NCT03005327). Also known as X4P-001LD, AMD11070 was developed as a potential anti-HIV drug like plerixafor (Figure 3) [91]. In a preliminary study, no adverse side effects were observed after patients were given 200 mg twice a day for ten days [91]. It is also being tested in cancer (NCT02823405 and others). Whether this AMD3100 analog performs better than plerixafor or G-CSF in the treatment of WHIM syndrome is unknown. One obvious potential advantage is that it has oral bioavailability and is being tested as a low dose oral formulation in WHIM patients.

To date, three patients have been clinically cured of WHIM syndrome. Two were cured by allogeneic stem cell transplantation [10,11], and one was cured by chromothripsis, a naturally-occurring, spontaneous and in this case highly fortuitous shattering and rearrangement of one copy of chromosome 2, which selectively deleted the WHIM allele as well as one copy of 163 other genes in HSCs and myeloid but not lymphoid cells (Figure 4) [2]. The molecular mechanisms leading to chromothripsis have not yet been defined. This case indicates that having one copy of CXCR4 in the myeloid lineage is not lethal [2] and that myeloid expression of the mutation is required for the main clinical manifestations of the disease. Extending this, *Cxcr4*<sup>+/-</sup> hemizygous mice, which lack one copy of *Cxcr4* in all nucleated cells, appear healthy. Murine stem cells hemizygous for *Cxcr4* were found to have an engraftment advantage in competitive transplantation studies, which may explain at least in part the patient's cure mechanism [2]. This finding suggests that inducing *CXCR4* haploinsufficiency by gene editing may facilitate stem cell engraftment in gene therapy as

well as in other stem cell transplantation applications. Unlike loss of function mutations, WHIM syndrome cannot be cured by gene replacement outside of the disease gene locus. The gain-of-function mutant allele must be silenced or corrected in situ. Accomplishing this in patient HSCs could conceivably eliminate the disease-causing mutation and facilitate engraftment in one step, thereby promoting cure.

## 4.6 Conclusion

Since 1964 when the first patient was described, treatment of WHIM syndrome has progressed from ill-conceived splenectomy to mechanism-based treatment trials of plerixafor and AMD11070 targeting the molecular cause of the disease, giving hope to patients. WHIM syndrome is unusual in being 1) the only Mendelian condition caused by a chemokine receptor; 2) caused by a gain-of-function mutation; and 3) possibly amenable to treatment with a small molecule receptor antagonist. Studies of WHIM syndrome have provided insights of general significance including the role of monocyte-derived cells in control of HPV disease, the role of myeloid cells in control of recurrent infections, and the role of CXCR4 in leukocyte distribution and organ development. They also provide evidence that defective innate immunity plays a dominant role in the pathogenesis of WHIM syndrome. The unique case of WHIM-09 has revealed the importance of CXCR4 copy number in regulating HSC engraftment during transplantation, which may have general applicability to hematological diseases. The story of plerixafor highlights the importance of serendipity and astute observation for unexpected results in science and medicine for the benefit of patients.

## 5. Expert Opinion

Although discovering the disease gene for a Mendelian condition may bring instant clarity to a complex problem, it is important not to be blinded to new and remaining questions and controversies. There is already some evidence that WHIM syndrome is genetically heterogeneous, but how common exceptions to CXCR4 mutation are in WHIM syndrome and the precise alternative genetic explanations have not been established. For example, no genotype:phenotype correlations or other explanations have been determined. Differential exposure to environmental factors, such as HPV and other infectious agents are obviously relevant. Hematologic heterogeneity is also still a mystery.

In addition, the gain of function in CXCR4 that has been documented for WHIM receptors is not yet understood at the molecular level. Whether the WHIM receptor operates as a monomer or as a homodimer or heterodimer complexed with wild type CXCR4 is not known, nor is the stoichiometry of the two forms defined. WHIM mutations could have multiple combinatorial biochemical effects on CXCR4 signal strength, including effects on downregulation/desensitization, receptor degradation, G protein-coupling and usage of alternative or hijacked signaling pathways. The relative contribution of CXCR4 signaling in keratinocytes versus immunodeficiency to HPV pathogenesis in WHIM syndrome is also poorly understood.

Moreover, hematologic and immunologic mechanisms underlying pathogenesis are also not fully defined. The report that the WHIM mutation can affect immunologic synapse formation suggests that impaired leukocyte trafficking alone may not fully account for WHIM phenotypes. Moreover, the precise step(s) in the multistep model of leukocyte trafficking that are affected by the WHIM mutation have not been defined, especially in the bone marrow where neutrophils are retained. In addition, the factors that enable neutrophils to be released from bone marrow in response to infection and stress and the impacts of WHIM mutations and bone marrow retention on neutrophil survival are need to be examined. Since a WHIM mouse model is available, intravital imaging is being used to study precisely and directly the effects of the mutation on trafficking by specific types of leukocytes in vivo.

Furthermore, WHIM patients are highly susceptible to Tetralogy of Fallot, implying that *CXCR4* is critical for cardiovascular development; however, why the penetrance of this phenotype is so low requires explanation. More generally, the natural history of WHIM syndrome has not been defined, and given the availability of treatments for neutropenia and hypogammaglobulinemia, it may no longer be ethical to try.

WHIM syndrome may be particularly amenable to development of targeted mechanism-based therapeutics for three reasons. First, the molecular target, *CXCR4*, has been validated by Mendelian genetics in humans as well as in three animal models. Second, *CXCR4* is a member of a superfamily of highly druggable proteins, the G protein-coupled receptors. Third, WHIM mutations increase *CXCR4* function, implying that an antagonist or other blocking agent might be effective. In this regard, the small molecule *CXCR4* antagonist plerixafor (AMD3100, Mozobil) has been approved by the FDA for HSC mobilization for transplantation in certain cancers. It has demonstrated safety and efficacy for durably correcting panleukopenia in phase I clinical trials in WHIM syndrome, and it is currently being compared with G-CSF in a phase II/III clinical trial in WHIM syndrome for control of infection frequency. A second phase II/III trial of the low dose orally bioavailable *CXCR4* antagonist X4P-001-LD compared to placebo is also enrolling.

WHIM syndrome may be particularly amenable to gene editing as a cure strategy for three reasons. First, only one *CXCR4* allele is mutated in the disease. Second, the chromothripsis patient WHIM-09 has provided direct evidence that selectively inactivating the mutant *CXCR4* allele in the myeloid lineage can eliminate the main clinical manifestations of the disease. Third, *CXCR4* haploinsufficiency, the genetic consequence of inactivating the WHIM allele, fortuitously enhances HSC engraftment.

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**Article highlight box**

- Autosomal dominant gain-of-function mutations in the C-tail of chemokine receptor CXCR4 cause 98% of reported cases of WHIM syndrome. Coincidentally, *CXCR4* C-tail mutations are also commonly found in patients with Waldenstrom's macroglobulinemia, suggesting a mutational hotspot, and are associated with poorer prognosis.
- The main clinical manifestations of WHIM syndrome are warts, hypogammaglobulinemia, recurrent bacterial oto-sino-pulmonary and skin infections, and myelokathexis. Myelokathexis is neutropenia due to impaired egress of functionally normal neutrophils from the bone marrow. However, many patients have panleukopenia.
- Despite combined immunodeficiency, invasive and life-threatening infection is uncommon in WHIM patients, due to the ability of neutrophils to be released from bone marrow during infection.
- The molecular pathogenesis of WHIM syndrome involves impaired CXCR4 downregulation and possibly other unknown mechanisms resulting in increased signaling strength. This results in exaggeration of the normal function of CXCR4 to promote neutrophil retention in the bone marrow. Patients may also have impaired vaccine responses possibly due to defects in lymphocyte development and trafficking as well as immune synapse formation.
- Targeted mechanism-based treatment strategies using CXCR4 antagonists are currently in clinical trials.
- A cure strategy involving gene editing of the mutant allele in HSCs that has a fortuitous side-effect of enhancing HSC engraftment potential has been conceived based on the case of the first patient ever described with WHIM syndrome. WHIM-09 acquired a second mutation through chromothripsis (chromosome shattering) that deleted the WHIM mutation in an HSC, which acquired a selective growth advantage and repopulated her myeloid lineage, resulting in clinical cure.

1964	First case description of neutropenia due to defective neutrophil egress from bone marrow. The neologism 'myelokathexis' (bone marrow retention) is coined [1,31].
1990	The combination of warts, hypogammaglobulinemia, infections and myelokathexis is appreciated as a familial syndrome. The acronym WHIM is coined [3].
1992	Bicyclams are shown to be potent HIV inhibitors acting at an early step in viral replication [43].
1993	Bone marrow stromal cell-derived factor 1 (SDF-1), later renamed CXCL12, is shown to be a chemokine [94].
1996	Fusin, later renamed CXCR4, is identified as the first HIV co-receptor [95].
1996	CXCR4 is shown to be a functional receptor for CXCL12 [96].
1996	CXCL12 and CXCR4 knockout mice are shown to have the same phenotype suggesting a monogamous relationship [97,98].
1997	The potent anti-HIV bicyclam AMD3100 is identified as a selective antagonist at CXCR4 [84].
1999	CXCL12 is shown to be important for HSC engraftment in bone marrow [99].
2000	AMD3100 is noted to induce leukocytosis in healthy volunteers during development in HIV/AIDS [43].
2003	Gain-of-function mutations affecting the C-tail of CXCR4 are shown to cause WHIM syndrome [5].
2008	AMD3100 (plerixafor) is approved by the FDA for HSC mobilization for transplantation in multiple myeloma and non-Hodgkins' lymphoma.
2010	Cure of the first of two WHIM patients by HSC transplantation is reported [11].
2012	Generation of a myelokathexis mouse model [38].
2012	Tetralogy of Fallot is described in a subset of WHIM patients [34].
2014	Plerixafor is reported to be safe and effective for hematologic endpoints over 6 months in a Phase 1 clinical trial in WHIM syndrome [80].
2014	Identification of acquired <i>CXCR4</i> <sup>WHIM</sup> and other <i>CXCR4</i> mutations in Waldenström's macroglobulinemia that are associated with poorer prognosis [100].
2015	Chromothriptic cure of WHIM syndrome is described in patient WHIM-09 [2].

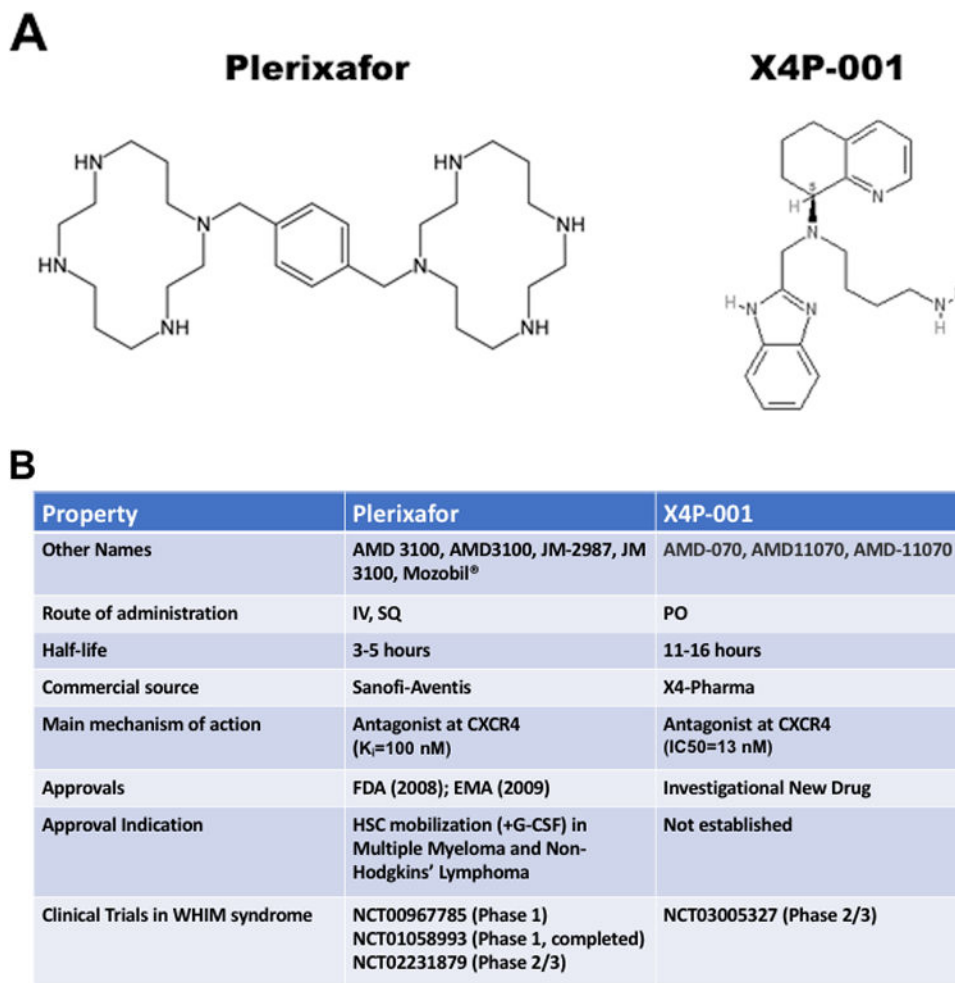
**Figure 1.**

Landmark findings on the path from HIV to CXCR4 to WHIM syndrome.

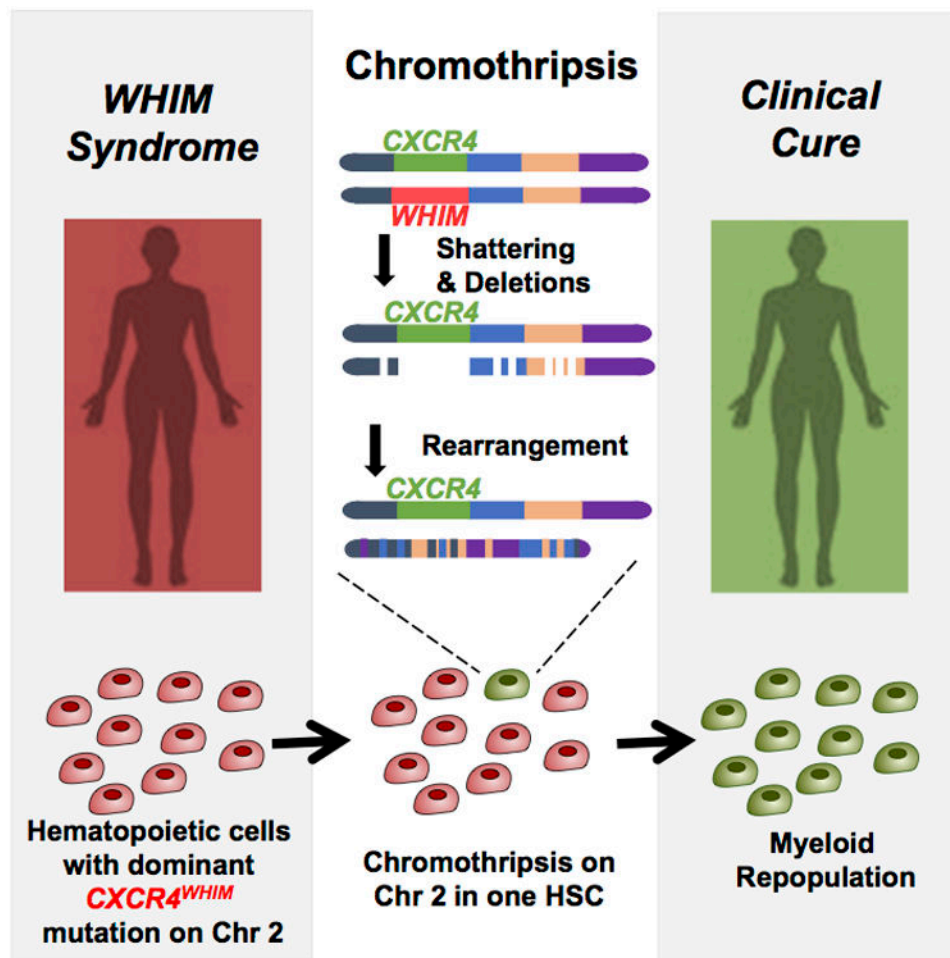
	320	330	340	350	360
<b>WT CXCR4</b>					
	--VSRGSSLKILSKGKRGGHSSVSTESESSSFHSS				
<b>G323fs343X</b>	<u>--VSRGVQPQDPLQRKARWTFICFH</u>				
<b>L329fs341X</b>	<u>--VSRGSSLKIQRKARWTFICFH</u>				
<b>R334X</b>	<u>--VSRGSSLKILSKGKR</u>				
<b>G336X</b>	<u>--VSRGSSLKILSKGKRG</u>				
<b>S338X</b>	<u>--VSRGSSLKILSKGKRGGH</u>				
<b>S339fs342X</b>	<u>--VSRGSSLKILSKGKRGGHSCFH</u>				
<b>S341fs365X</b>	<u>--VSRGSSLKILSKGKRGGHSSVPLSLSLQVFTPANTDVKDFFLYDK</u>				
<b>E343K</b>	<u>--VSRGSSLKILSKGKRGGHSSVSTK<sup>o</sup>SESSSFHSS</u>				
<b>E343X</b>	<u>--VSRGSSLKILSKGKRGGHSSVST</u>				

**Figure 2.** CXCR4 evolution and mutations. The amino acid sequence of the C-tail region of wild type CXCR4 is aligned with the corresponding sequence from variants found in patients with WHIM syndrome. The circle locates the single amino acid substitution found in mutation E343K. The underlined sequence denotes de novo sequence imposed by frame shifts.





**Figure 3.** Selective CXCR4 antagonists in clinical trials for WHIM syndrome. A) Structures. B) Properties.



**Figure 4.** Chromothriptic cure of WHIM syndrome in patient WHIM-09. This patient was the first ever reported with WHIM syndrome. As an adult, neutropenia, warts and susceptibility to recurrent infection spontaneously resolved. Her HSCs and the entire myeloid lineage but not the lymphoid lineage was found to be a clonal derivative of a cell that had undergone chromothripsis on chromosome 2. In particular, one copy of chromosome 2 was found to contain 17 gaps, deleting 164 genes including the WHIM allele of  $CXCR4$ . Mouse HSCs lacking one copy of wild type  $CXCR4$  were found to have an engraftment advantage, identifying a potential cure mechanism for the patient.

**Table 1**

Non-HPV pathogens identified in patients with WHIM syndrome.

Organism	Patient Designation	Site	Reference	Evidence
* <i>P. mirabilis</i>	Patient 1	Respiratory infection	3	Sputum culture
	5592	Axillary abscess	7	Wound culture
	5446	Pneumonia	7	Culture
* <i>H. influenzae</i>		Pneumonia	92	Throat culture
	Patient 1	Respiratory infection	3	Sputum culture
	Patient 2	Pulmonary infection	3	Sputum culture
	J.A.	Meningitis	21	CSF culture
	Patient 1	Respiratory infection	30	Sputum culture
	Patient 2	Respiratory infection	30	Sputum culture
	5592	Sepsis	7	Culture
Gram Negative Bacteria	5231	Pneumonia	7	Culture
	5446	Pneumonia	7	Culture
	P1	Chronic airway colonization	80	Culture
* <i>P. aeruginosa</i>	P3	Chronic airway colonization	80	Culture
		Septicemia	93	Culture
	5231	Pneumonia, sepsis, gastrointestinal infection	7	Culture
	Patient 2	Cystitis	3	Culture
<i>E. coli</i>	5546	Cystitis	7	Culture
	5231	Respiratory infection	7	Culture
	5446	Pneumonia	7	Culture
<i>M. morgani</i>	5446	Pneumonia	7	Culture
	5446	Pneumonia	7	Culture
<i>S. typhimurium</i>	5780	Gastrointestinal infection	7	Culture
	5231	Gastrointestinal infection	7	Culture
Gram Positive Bacteria	* <i>S. aureus</i>	Respiratory infection	31	Epiglottic culture



Organism	Patient Designation	Site	Reference	Evidence
Varicella zoster		Skin lesions	92	Clinical impression
		Skin lesions	31	Clinical impression
		Skin lesions	25	Clinical impression
	S.S.	Severe chickenpox	21	Clinical impression
	J.A.	Severe chickenpox	32	Clinical impression
	Patient 2	Severe chickenpox	9	Clinical impression
	P10	Skin lesions	80	Polymerase chain reaction
	P3	Dermatomal infection (left calf)	13	Clinical impression
		Unidermatomal thoracic zoster		
Herpes simplex		Herpes labialis	31	Clinical impression
		Herpes labialis	8	Clinical impression
	5592	Stomatitis (HSV1)	7	Clinical impression
	5446	Stomatitis (HSV1)	7	Clinical impression
		Recurrent cutaneous infections	10	Clinical impression
		Severe perioral infection	13	Clinical impression
	5231	Genital lesions (HSV2)	7	Clinical impression
Epstein-Barr		B lymphoma	26	Polymerase chain reaction
		Hemophagocytic lymphohistiocytosis, B lymphoma	8	In situ hybridization, immunohistochemistry
Molluscum contagiosum		Skin lesions	8	Clinical impression
	5446	Skin lesions	7	Clinical impression
Cytomegalovirus	5231	Sepsis	7	Polymerase chain reaction
Influenza	P1	Blood	23	Virologic analysis
	P2	Blood	23	Virologic analysis

Selected cases include patients with WHIM syndrome, defined as myelokathexis and/or CXCR4 C-tail mutations.

^ Opportunist

\* Encapsulated organism