



## Research Paper

# Microbiota-related Changes in Bile Acid & Tryptophan Metabolism are Associated with Gastrointestinal Dysfunction in a Mouse Model of Autism



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## ABSTRACT

Autism spectrum disorder (ASD) is one of the most prevalent neurodevelopmental conditions worldwide. There is growing awareness that ASD is highly comorbid with gastrointestinal distress and altered intestinal microbiome, and that host-microbiome interactions may contribute to the disease symptoms. However, the paucity of knowledge on gut-brain axis signaling in autism constitutes an obstacle to the development of precision microbiota-based therapeutics in ASD. To this end, we explored the interactions between intestinal microbiota, gut physiology and social behavior in a BTBR  $T^+ Itpr3^{fl/J}$  mouse model of ASD. Here we show that a reduction in the relative abundance of very particular bacterial taxa in the BTBR gut – namely, bile-metabolizing *Bifidobacterium* and *Blautia* species, – is associated with deficient bile acid and tryptophan metabolism in the intestine, marked gastrointestinal dysfunction, as well as impaired social interactions in BTBR mice. Together these data support the concept of targeted manipulation of the gut microbiota for reversing gastrointestinal and behavioral symptomatology in ASD, and offer specific plausible targets in this endeavor.

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## 1. Introduction

Autism spectrum disorder (ASD) is one of the most serious neurodevelopmental conditions worldwide, affecting on average 1 in 150 children (Lyall et al., 2017). The hallmarks of ASD include impaired social communication skills and repetitive behaviors, frequently co-occurring with intellectual disability (Association, 2013). There are limited treatment options for ASD symptoms, and thus there is a great need to develop strategies that would improve the quality of life in ASD subjects. More recently, the gut microbiome has emerged as a novel important player and therapeutic target in autism (Vuong and Hsiao, 2017).

Intestinal bacteria can orchestrate a range of gastrointestinal (GI) functions (Sommer and Backhed, 2013), and therefore are poised to affect gut-brain axis signaling in ASD. Animal studies have demonstrated that the gut microbiota plays a crucial role in anxiety (Neufeld et al., 2011), cognitive performance (Desbonnet et al., 2015), repetitive behaviors (Desbonnet et al., 2014) and social communications (Buffington et al., 2016; Sherwin et al., 2017). There is a growing body of evidence that ASD subjects display substantial alterations in microbiota composition, along with marked symptoms of GI distress, including changes to bowel habits, increased intestinal permeability, bloating and abdominal pain (Angelis et al., 2013; D'Eufemia et al., 1996; Kang et al., 2013; Luna et al., 2017; McElhanon et al., 2014; Tomova et al., 2015). In a recent small open-label clinical study, transplantation of standardized human gut microbiota to ASD-diagnosed children induced an improvement of GI function, as well as a reduction of behavioral ASD scoring (Kang et al., 2017). However, we do not yet know whether alterations

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in the gut microbiota in autism can in itself affect either behavioral or GI symptoms of ASD.

Identification of specific bacterial taxa and associated bacterial metabolites that can trigger changes in GI physiology and modulate the onset of autistic behaviors is thus an important quest in the search for precision microbiota-based therapeutics in ASD (Gilbert et al., 2013). Preclinical research is crucial in this endeavor (Hsiao et al., 2013; Kumar and Sharma, 2016). The BTBR  $T^+ Itpr3^{ef}/J$  mouse strain is one of the most widely used models of ASD. Similar to humans, these animals display robust deficits in social interactions and enhanced engagement in repetitive behaviors (Meyza et al., 2013; Moy et al., 2007). Moreover, the autistic-like behavior of BTBR mice is largely driven by multiple genetic alterations (Meyza and Blanchard, 2017), but is also sensitive to environmental influences, such as dietary intervention (Ruskin et al., 2013). Changes to a few bacterial taxa have also been recently reported in the BTBR intestine (Coretti et al., 2017; Klein et al., 2016; Newell et al., 2016). Together, these findings strengthen the utility of the BTBR strain in understanding dysfunctional microbiota-gut-brain signaling in ASD. To this end, we characterized GI physiology in BTBR mice and found substantial abnormalities in both intestinal barrier function and intestinal transit. We identified changes in bile acid and tryptophan metabolism as putative mechanisms underlying GI dysfunction in these animals. We further associated the observed changes in GI physiology with a reduction in the abundance of certain bacterial taxa in the BTBR microbiota.

## 2. Materials and Methods

### 2.1. Animals

C57BL/6J (Harlan, UK) and BTBR  $T^+ Itpr3^{ef}/J$  (The Jackson Laboratory, US) adult male mice were group housed under a 12 h light-dark cycle; standard rodent chow and water were available *ad libitum*. All experiments were performed in accordance with European guidelines following approval by University College Cork Animal Ethics Experimentation Committee.

### 2.2. Study Design

Three independent cohorts participated in the study (Fig. S1). Detailed information on procedures with references is provided in Supplemental Methods.

### 2.3. Behavioral Assessment

Social behavior was analyzed in the three-chamber, social transmission of food preference and resident-intruder tests; compulsive behavior in the marble burying and self-grooming tests; anxiety-like behavior in the open field and elevated plus maze tests; depressive-like behavior in the forced swim test; cognitive performance in the novel object recognition test.

### 2.4. Plasma Corticosterone in Response to an Acute Stressor

Corticosterone levels were measured in plasma prior to (baseline) and after the onset of the forced swim test.

### 2.5. Fecal Water Content

Water content in feces was calculated as the difference in weight after desiccation of fecal pellets.

### 2.6. Whole Intestinal Transit

A test mouse was administered with carmine dye by oral gavage; the latency for the excretion of the first red-colored fecal pellet was recorded.

### 2.7. Colonic Transit

An artificial pellet was inserted into the proximal end of the isolated colon, and the spontaneous propagation of the pellet in anterograde direction was video recorded. The latency to initiate the propagation and the velocity of propagation were scored.

### 2.8. Intestinal Permeability

Intestinal tissue samples were mounted into the Ussing chambers. Short-circuit current ( $I_{sc}$ ) was recorded in a zero voltage clamp mode; transepithelial electrical resistance (TEER) was measured by discharging a 2 mV pulse. 4 kDa FITC-dextran was added to the mucosal chamber at a final concentration of 2.5 mg/mL; 200  $\mu$ L samples were collected from the serosal chamber every 30 min for the following 3 h.

### 2.9. Myenteric Plexus Morphology

Myenteric plexus (MP) of distal colon was subjected to immunofluorescent staining against choline acetyltransferase (ChAT), HuC/HuD and nNOS. To analyze the morphology of MP, the following parameters were calculated in anti-ChAT stained tissues: the area occupied by MP; the mean thickness and the contact ratio of MP; the mean Feret diameter of interganglionic space. The numbers of HuC/HuD- and nNOS-positive myenteric neurons were quantified per visual field.

### 2.10. Tryptophan, Kynurenine and Serotonin Levels

Serotonin was measured in intestinal tissue samples by HPLC coupled to electrochemical detection. Kynurenine and tryptophan concentrations were determined in plasma by HPLC coupled to ultraviolet (230 nm) and fluorescent (254 nm excitation and 404 nm emission wavelengths) detection, accordingly.

### 2.11. Gene Expression Analysis

Total RNA was extracted from the intestinal tissue and the front lobe of the liver with the Qiagen RNeasy Plus Universal Mini kit, and from the right hippocampus with the Ambion *mirVana*<sup>TM</sup> miRNA Isolation Kit. Genes of interest were amplified with real-time RT-PCR using TaqMan probes (Table S1). Data were analyzed with the comparative cycle threshold method ( $2^{-\Delta\Delta Ct}$ ) and presented as a fold change vs. C57BL/6 group.

### 2.12. Bile Acid Levels in Plasma and Fecal Material

Fecal and plasma bile acids and salts were extracted following addition of deuterated internal standards (IS). Extracted acids were resuspended in 50% methanol, injected in triplicate and assessed in negative electrospray mode through a C18 Acquity column using a LCT Premier mass spectrometer (Waters Corp). Assessment of extraction efficiency was performed using IS, and samples were quantified by standard curve construction for individual bile moieties using targetlynx software (Waters).

### 2.13. Microbiota Composition and Short Chain Fatty Acids Analysis in the Cecal Content

DNA was extracted using the Qiagen QIAmp Fast DNA Stool Mini Kit coupled with an initial bead-beating step. The V3-V4 hypervariable region of the 16S rRNA gene was amplified and prepared for sequencing as outlined in the Illumina 16S Metagenomic Sequencing Library Protocol. Samples were sequenced at Clinical-Microbiomics (Copenhagen, Denmark) on the Illumina MiSeq platform using a  $2 \times 300$  bp kit. Reads were assembled, processed and analyzed following the pipeline, described in Supplemental Methods. Short chain fatty acids (SCFAs)

were measured by gas chromatography, using a Varian 3500 GC flame-ionization system fitted with a ZB-FFAP column.

### 2.14. Statistical Analysis

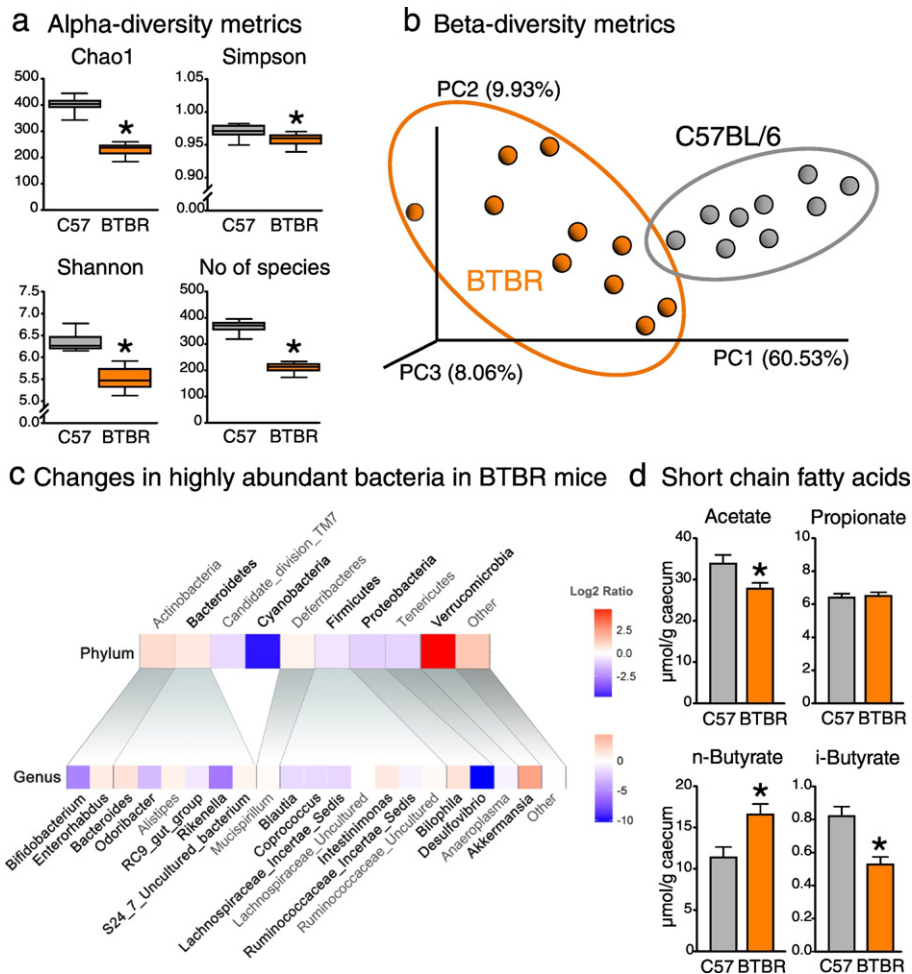
Normally distributed data are presented as mean  $\pm$  SEM; unpaired two-tailed *t*-test and mixed-design ANOVA were applied to analyze the differences between groups. Non-parametric datasets, as well as discrete data, are presented as median (IQR). Mann-Whitney test was used for between-group comparisons. Spearman's rank correlation coefficient was employed for the correlation analysis in the pooled datasets. A *p* value < 0.05 was deemed significant in all cases.

## 3. Results

### 3.1. BTBR Mice Display Marked Changes in the Intestinal Microbiota

The 16S sequencing revealed a substantial reduction in the bacterial species diversity in the BTBR cecum (Fig. 1a). Principal coordinate analysis showed a clear separation of BTBR and C57BL/6 microbiotas (Fig. 1b). We detected 9 phyla, 23 families and 41 bacterial genera in C57BL/6 and BTBR mice (Table S2). At the phylum level, BTBR mice

displayed a distinct shift towards an increase in *Bacteroidetes* and a decrease in *Firmicutes*; these are two major bacterial phyla altogether comprising >90% of murine intestinal microbiota (Fig. 1c). The bloom in *Bacteroidetes* was mainly driven by an increase in *S24-7 uncultured bacterium*, a dominant genus of *S24-7* family. Interestingly, this seems to have happened at the expense of minor *Bacteroidetes* genera such as *Odoribacter*, *Parabacteroides*, *RC9 gut group* and *Rikenella*, which all showed a reduction in relative abundance. A decrease in *Firmicutes* was largely driven by *Lachnospiraceae* family, in particular *Blautia* bacteria, but also *Lachnospiraceae\_Incertae Sedis* and *Coproccoccus*. BTBR mice also displayed an increase in *Akkermansia*, *Bacteroides* and *Bilophila* genera, as well as a reduction in *Bifidobacterium* and *Desulfovibrio* (Table S2). With such a prominent shift in the microbiota composition, it was perhaps not surprising that BTBR mice also displayed significant changes in the SCFAs levels in the gut lumen (Fig. 1d). Overall, BTBR mice seem to have a very robust phenotype of the gut microbiota. For example, a similar increase in *Akkermansia* and a reduction in *Bifidobacterium* numbers in the BTBR cecum were shown in previous reports (Klein et al., 2016; Newell et al., 2016). In the fecal material of BTBR mice, Coretti et al. found a different pattern of changes in the microbiota composition (Coretti et al., 2017); however, care should be taken when comparing cecal and fecal bacterial communities.



**Fig. 1.** Altered microbiota composition and short chain fatty acid levels in BTBR mice (a–b) BTBR cecal microbiota showed lower diversity of bacterial species, and was clearly separated from the microbiota of C57BL/6 mice. (c) Heatmap of log2 fold change ratio showing increases (red) or decreases (blue) in most abundant bacteria in BTBR compared to C57BL/6 mice. Significant changes are bolded (for details, see Table S2). (d) Short chain fatty acid cecal levels were differentially changed in BTBR mice. \**p* < 0.05 for BTBR vs. C57BL/6 group. *Statistical analysis:* data are presented as median with IQR and min/max values as error bars on (a), and as mean + SEM on (d). *N* = 9 for C57BL/6 and *N* = 10 for BTBR group.  $U_{(17)} = 0.000$ ,  $p < 0.0005$  for Chao1 index;  $U_{(17)} = 15.5$ ,  $p = 0.013$  for Simpson index;  $U_{(17)} = 0.000$ ,  $p < 0.0005$  for Shannon index;  $U_{(17)} = 0.000$ ,  $p < 0.0005$  for No of species, Mann-Whitney test.  $t_{(17)} = 2.424$ ,  $p = 0.027$  for acetate;  $t_{(17)} = -0.265$ ,  $p = 0.794$  for propionate;  $t_{(17)} = -2.887$ ,  $p = 0.010$  for n-butyrate;  $t_{(17)} = 4.023$ ,  $p = 0.001$  for i-butyrate, unpaired *t*-test.

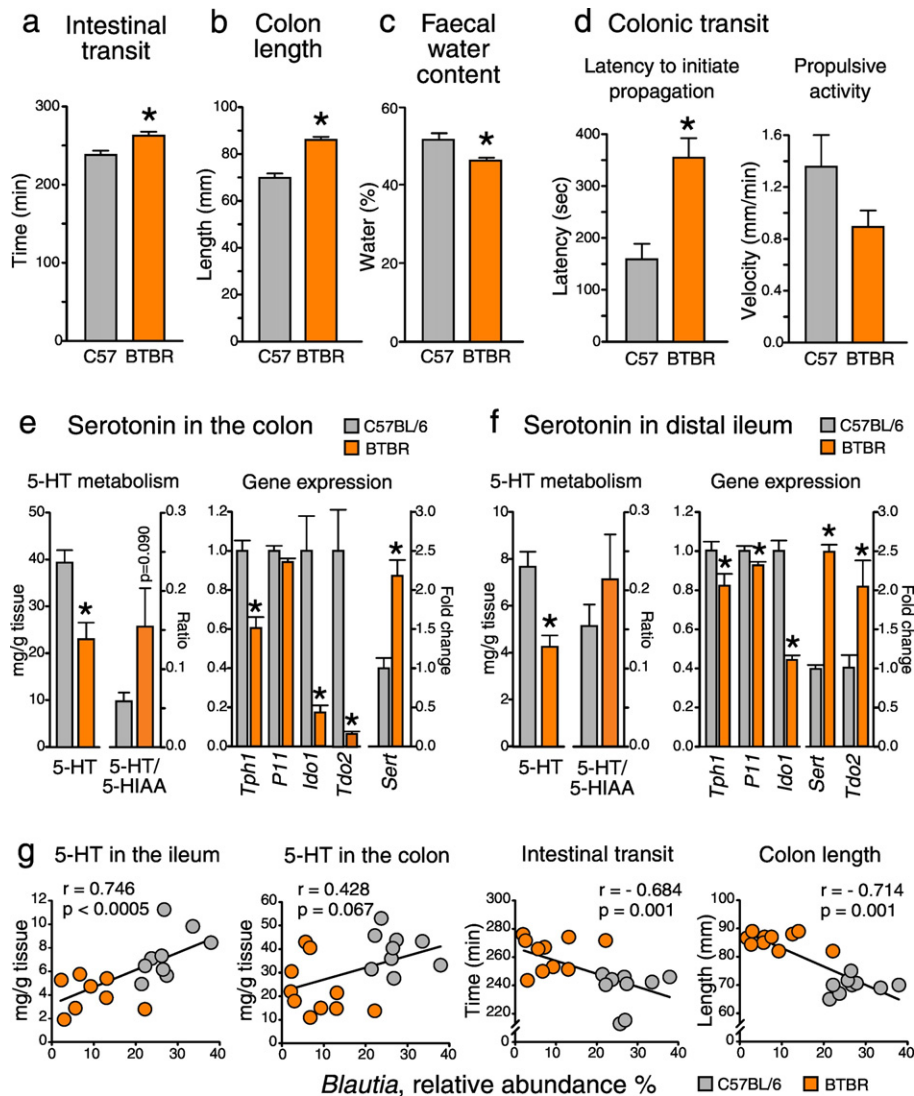
### 3.2. BTBR Mice Show Delayed Intestinal Transit

Among GI comorbidities associated with ASD, changes in bowel habits, in particular constipation, are the most prevalent (McElhanon et al., 2014). Hence, we examined intestinal motility, and found that whole intestinal transit was significantly delayed in BTBR mice (Fig. 2a). Further, BTBR mice displayed an elongated colon and decreased fecal water contents (Fig. 2b–c), both observations suggesting that the propagation of fecal matter along the colon was substantially slowed. The follow-up *ex vivo* analysis of colonic motility provided clear evidence of impaired transit in the BTBR large intestine. Indeed, it took almost twice as long to initiate spontaneous propagation of the pellet along the colon, and there was a trend towards a reduction in the velocity of oral-to-anal propulsion in BTBR mice (Fig. 2d). Measuring small intestinal transit in BTBR mice would be of interest for the future

studies, particularly bearing in mind that impaired small intestinal motility was previously reported in a rat model of ASD (Kim et al., 2013).

### 3.3. Impaired Serotonin Production in the BTBR Intestine

The release of mucosal serotonin (5-HT) triggers intestinal peristalsis (Heredia et al., 2013). To address the potential contribution of 5-HT metabolism to the delayed transit in the BTBR intestine, we assessed 5-HT availability in colonic and ileal tissue samples. We observed a 50% reduction in 5-HT tissue levels in both small and large intestine of BTBR mice, which was coupled with a down-regulation of *Tph1* and an up-regulation of *Sert* gene expression (Fig. 2e–f). *Tph* activity determines the amount of 5-HT which is produced from dietary tryptophan and released from enterochromaffin cells, while *Sert* controls the rate of 5-HT re-uptake and consequent breakdown in enterocytes (Mawe



**Fig. 2.** Delayed intestinal transit and impaired serotonin metabolism in BTBR mice: implication of microbiota (a–c) BTBR mice showed delayed whole intestinal transit, as well as an elongated colon and decreased fecal water contents. (d) Colonic transit was impaired in BTBR mice. (e–f) Serotonin (5-HT) tissue levels were reduced in both small and large intestine of BTBR mice. This was coupled with alterations in the expression of genes involved in tryptophan metabolism. (g) Intestinal transit rate and 5-HT levels were strongly associated with the relative abundance of *Blautia* bacteria (see also Table S3). \* $p < 0.05$  for BTBR vs. C57BL/6 group. **Statistical analysis:** data are presented as mean + SEM;  $n = 8$  for C57BL/6 and  $n = 6$  for BTBR group for (d),  $n = 9–10$  in either group for the rest.  $t_{(18)} = -4.524$ ,  $p < 0.0005$  for the intestinal transit time;  $t_{(18)} = -14.053$ ,  $p < 0.0005$  for the colon length;  $t_{(12)} = -4.107$ ,  $p = 0.001$  for the latency to initiate propagation;  $t_{(11)} = 1.599$ ,  $p = 0.138$  for the propulsive activity;  $t_{(17)} = 3.597$ ,  $p = 0.002$  for 5-HT levels and  $t_{(15)} = -1.814$ ,  $p = 0.09$  for 5-HT/5-HIAA ratio in the colon;  $t_{(17)} = 5.069$ ,  $p < 0.0005$  for *Tph1*,  $t_{(18)} = 1.928$ ,  $p = 0.070$  for *P11*,  $t_{(16)} = 4.578$ ,  $p = 0.003$  for *Ido1*,  $t_{(18)} = 3.835$ ,  $p = 0.006$  for *Tdo2* and  $t_{(18)} = -4.851$ ,  $p < 0.0005$  for *Sert* gene expression in the colon;  $t_{(17)} = 4.164$ ,  $p = 0.001$  for 5-HT levels and  $t_{(8)} = -0.930$ ,  $p = 0.380$  for 5-HT/5-HIAA ratio in the ileum;  $t_{(17)} = 2.311$ ,  $p = 0.034$  for *Tph1*,  $t_{(17)} = 2.533$ ,  $p = 0.021$  for *P11*,  $t_{(16)} = 9.546$ ,  $p < 0.0005$  for *Ido1*,  $t_{(18)} = -14.655$ ,  $p < 0.0005$  for *Sert* and  $t_{(18)} = -2.739$ ,  $p = 0.013$  for *Tdo2* gene expression in the ileum, unpaired *t*-test. Spearman's rho was employed for the correlation analysis in the pooled datasets.

and Hoffman, 2013). In line with the gene expression data, the ratio between 5-HIAA (the major metabolite of 5-HT) and 5-HT tended to be increased in the BTBR intestine (Fig. 2e–f). Together, these findings suggest reduced bioavailability of 5-HT in the BTBR gut due to a decrease in 5-HT synthesis and an increase in 5-HT breakdown. Alternatively to 5-HT, dietary tryptophan in the intestine can be metabolized along the kynurenine route. *Ido1* and *Tdo2* are two rate-limiting enzymes in this metabolic pathway. We found that the expression levels of both *Ido1* and *Tdo2* genes were markedly down-regulated in the BTBR colon. Interestingly, opposite changes in *Ido1* and *Tdo2* genes were observed in the small intestine of BTBR mice (Fig. 2e–f).

#### 3.4. Intestinal Transit and Serotonin Levels Correlate with the Abundance of Certain Bacterial Taxa

Gut microbes, in particular spore-forming clostridia, have been shown to regulate 5-HT metabolism in the GI tract (Yano et al., 2015). To this end, we investigated whether observed changes in the intestinal transit and 5-HT levels in the gut were associated with alterations in the abundance of any particular bacterial taxa. We found that both 5-HT tissue levels and intestinal transit rate were strongly correlated with the relative abundance of *Firmicutes* bacteria; this correlation was mainly driven by the *Blautia* genus of the *Clostridiales* order (Fig. 2g). There were also strong correlations between the abundance of *Blautia* and *Tph1*, *Sert* and *Ido1* gene expression levels (Table S3). Similar, but weaker associations were observed with the *Lachnospiraceae Incertae Sedis* genus of the same order. These findings confirm the importance of clostridia bacteria in the maintenance of normal peristalsis and 5-HT synthesis in the gut.

#### 3.5. BTBR Mice Display Deficits in the Development of the Enteric Nervous System

Healthy motility of the GI tract relies heavily on the enteric nervous system (ENS). We thus aimed to investigate whether delayed colonic transit in BTBR mice could have also been attributed to abnormal development of motor circuits in the ENS. For this, we stained the myenteric plexus (MP) in distal colon against choline acetyltransferase (ChAT), which is expressed in a vast majority of myenteric neurons including excitatory motor neurons, and against neuronal NO synthase (nNOS), which is expressed in inhibitory motor neurons of MP (Furness, 2000). ChAT staining showed the fine structure of MP with ganglia and interganglionic fibers (Fig. 3a). The morphometric analysis revealed a substantial reduction in the spatial density of MP in BTBR mice: the area occupied by MP was decreased, while the interganglionic space was increased (Fig. 3b). Furthermore, we found a 50% reduction in the numbers of inhibitory motor neurons (nNOS) and total myenteric neurons (pan-neuronal HuC/HuD marker) (Fig. 3c–d). These data suggest an abnormal development of both excitatory and inhibitory motor neurons in BTBR mice. These are interesting data in the context of recent findings indicating that the gut microbiota is essential for the development of the ENS (Collins et al., 2014; Obata and Pachnis, 2016).

#### 3.6. BTBR Mice Have Differential Changes in Epithelial Permeability in Small and Large Intestine

Along with altered bowel habits, ASD has been associated with impaired intestinal barrier function (D'Eufemia et al., 1996; de Magistris et al., 2010; Fiorentino et al., 2016). To characterize epithelial permeability in the BTBR intestine, we measured the efficacy of macromolecular diffusion across the epithelium *ex vivo* (4 kDa FITC flux). In the distal ileum, we observed a dramatic increase in epithelial permeability in BTBR mice (Fig. 4a). FITC flux was increased approximately two-fold at the 60 min time point and remained consistently elevated over the next two hours of the assay ( $p = 0.019$  for the effect of genotype,  $F_{(1;14)} = 7.090$ ). Macromolecular permeability of intestinal epithelium

is largely dependent on the proper function of tight junctions (TJs) (Zihni et al., 2016). Despite an increase in FITC flux, we failed to find substantial alterations in the gene expression levels of either TJ proteins (*Cldn1*, *Ocln* and *Tjp1*) or proteins regulating the assembly and energy supply to TJs (*Ckb*, *Ckm*, *Mylk*) (Glover et al., 2013; Shen et al., 2006) (Fig. 4b).

Colonic tissue showed a very distinct profile of macromolecular permeability in BTBR mice (Fig. 4c). During the first 90 min of the assay, FITC flux was slightly decreased ( $p = 0.002$  for the time  $\times$  genotype interaction,  $F_{(6;102)} = 9.198$ ;  $p = 0.003$  for 60 min and  $p = 0.057$  for 90 min). However, during the following 90 min, FITC flux in BTBR samples substantially accelerated, overtaking the control group and reaching significantly higher levels by the end of the assay ( $p = 0.029$  for 180 min). Gene expression analysis shed some light on the biphasic response of FITC permeability (Fig. 4d). On one hand, a marked increase in *Cldn1* gene expression can explain a functionally “tighter” epithelium in the BTBR colon at baseline. On the other hand, a 50% down-regulation of creatine kinase *Ckb* and *Ckm* genes suggests a reduced efficacy of phosphocreatine metabolic shuttle turnover, which is critically important for the maintenance of energy supply to TJs (Glover et al., 2013). This would favor a rapid increase in macromolecular permeability in BTBR samples in *ex vivo* conditions, when tissue specimens are exposed to limited oxygen and substrate supply. Furthermore, these findings suggest that the BTBR colon might be less resilient to any metabolic stress *in vivo*, such as intestinal inflammation or hypoxia.

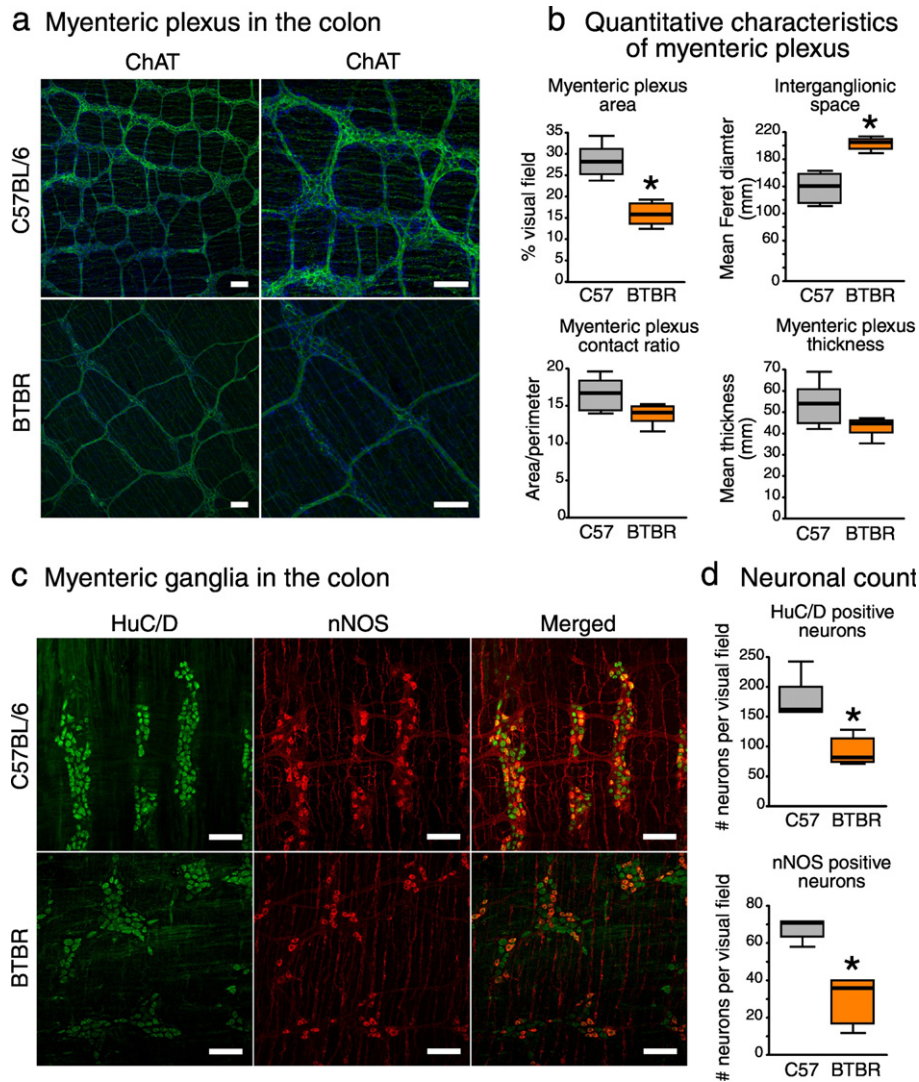
The epithelial mucus layer also helps to maintain the physical barrier between the gut and the lumen (Johansson et al., 2011). Interestingly, the expression of *Muc2*, a gene encoding mucin 2, which is the major constituent of mucus layer, was down-regulated in the large intestine of BTBR mice, but not in distal small intestine (Fig. 4e). Despite marked alterations in FITC permeability, only marginal changes in ion conductance (TEER) were observed in either ileum or colon samples of BTBR mice (Fig. 4f, left panel). Although at first glance counterintuitive, these findings are supported by the current model of junctional gate (Zihni et al., 2016), whereby ions and molecules use different pathways to diffuse through the tight junction. TEER and macromolecular permeability of the intestinal epithelium can thus be differentially regulated and even functionally decoupled (Balda et al., 1996).

#### 3.7. Reduced Activity of Electrolyte Transport in the BTBR Intestine

We analyzed  $I_{sc}$  values in BTBR and C57BL/6 intestine as a measure of electrolyte transport across the epithelium. In both small and large intestine,  $I_{sc}$  was substantially decreased in BTBR mice (Fig. 4f, right panel). This suggests either a reduction in  $\text{Na}^+$  absorption from the gut lumen and/or a decrease in  $\text{Cl}^-$  secretion into the lumen. Interestingly, we observed a down-regulation of *Slc5a1* gene in the BTBR ileum (Fig. S2a). *Slc5a1* encodes apical  $\text{Na}^+$ /glucose co-transporter, which is known to enhance intestinal  $I_{sc}$  in the presence of luminal glucose (Berglund et al., 2001; Turner et al., 1997). Activation of  $\text{Cl}^-$  secretion in the colon is associated with water retention in the lumen and, when reaching pathological levels, diarrhea (Thiagarajah and Verkman, 2012). In this regard, a reduction in  $\text{Cl}^-$  secretion in the BTBR colon would be consistent with decreased fecal water contents and delayed colonic transit (Fig. 2b–d).

#### 3.8. Intestinal Permeability Correlates With the Abundance of Certain Bacterial Taxa

Gut bacteria and their metabolites can modulate intestinal barrier function (Kelly et al., 2015); therefore, we examined the associations between microbiota composition and intestinal macromolecular permeability (Table S3). Interestingly, here we observed a different correlation profile in comparison with the one found for intestinal transit and 5-HT metabolism. From the *Firmicutes* phylum, correlations with *Blautia* genus were largely lost. Instead, a strong negative association between



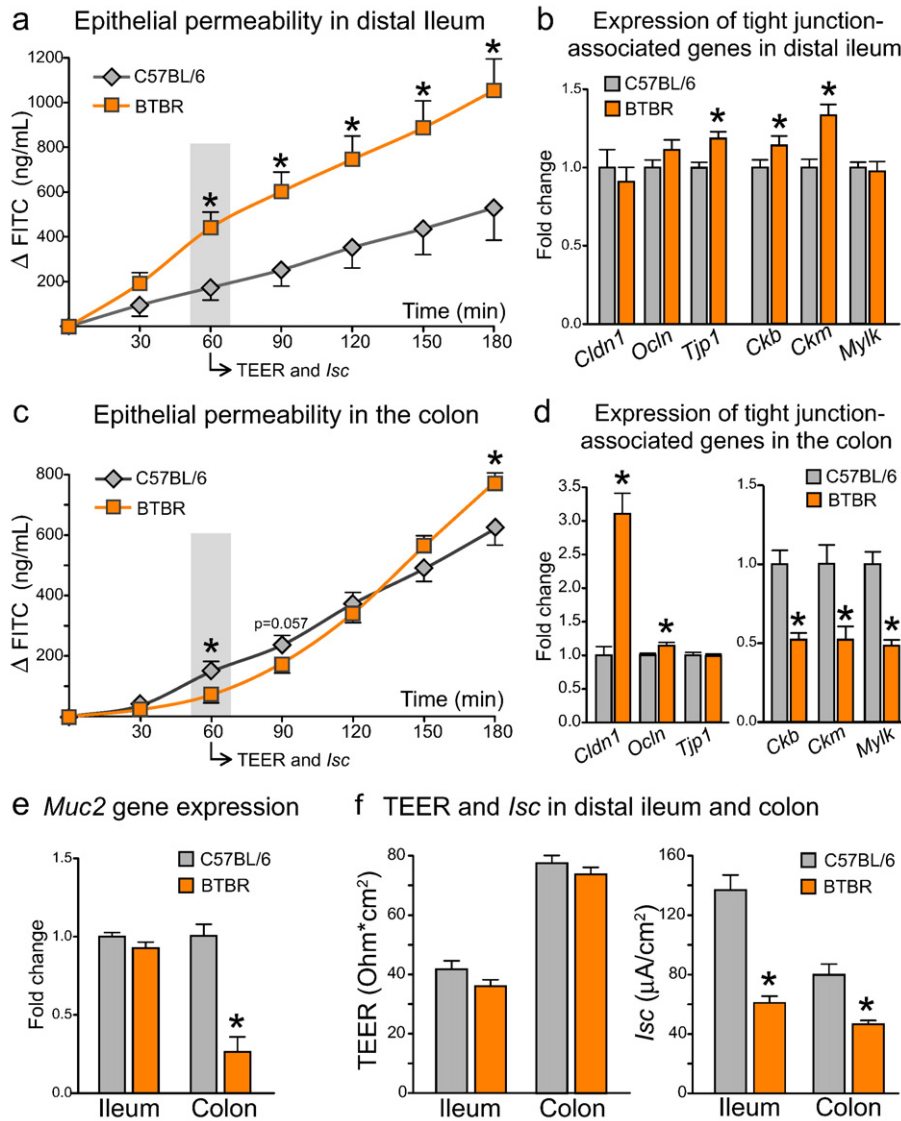
**Fig. 3.** BTBR mice display deficits in the development of the enteric nervous system (a) Anti-ChAT staining (green) in whole mount preparations of distal colon revealed the fine structure of myenteric plexus (MP), with ganglia and interconnecting fibers. Cellular nuclei were stained with DAPI (blue). (b) The spatial density of MP was decreased in BTBR mice. (c) Myenteric ganglia were co-stained against pan-neuronal marker HuC/HuD (green) and nNOS (red). (d) BTBR mice showed a reduction in total and nNOS-positive neuronal numbers. Scale bar represents 100  $\mu\text{m}$  \* $p < 0.05$  for BTBR vs. C57BL/6 group. *Statistical analysis:* data are presented as median with IQR and min/max values as error bars;  $n = 5$  in either group.  $U_{(9)} = 0.000$ ,  $p = 0.004$  for MP area;  $U_{(9)} = 30.000$ ,  $p = 0.004$  for interganglionic space;  $U_{(9)} = 6.000$ ,  $p = 0.126$  for MP contact ratio;  $U_{(9)} = 5.000$ ,  $p = 0.082$  for MP thickness;  $U_{(8)} = 0.000$ ,  $p = 0.008$  for HuC/HuD neurons;  $U_{(8)} = 0.000$ ,  $p = 0.008$  for nNOS neurons, Mann-Whitney test.

the abundance of *Ruminococcaceae Incertae Sedis* bacteria and FITC permeability was observed. In *Bacteroidetes*, a strong positive correlation between FITC flux and *S24-7 uncultured bacterium* abundance was present. Many of these differences can be driven by a unique metabolic profile of each bacterial genus, including the production of different biologically active compounds, such as SCFAs or indoles (Kennedy et al., 2017; Sandhu et al., 2017).

### 3.9. BTBR Mice Display Reduced Plasma Bile Acid Levels and Deficient Bile Acid Signaling in the Ileum

Epithelial permeability data (Fig. 4) clearly demonstrated functional differences between the colon and the ileum in BTBR mice. One of the unique features of the terminal small intestine is the active uptake of the bile from the intestinal lumen (de Aguiar Vallim et al., 2013). Primarily, bile acids (BAs) assist in the digestion of dietary lipids and regulate lipid metabolism. In the small intestine, they are also very

important for the maintenance of epithelial barrier function (Gadaleta et al., 2011; Inagaki et al., 2006). Hence, we measured BAs in plasma and fecal matter of BTBR and C57BL/6 mice (Fig. 5 and Table S4). In plasma, the levels of tauro-conjugated and unconjugated BAs were overall decreased in BTBR mice (Fig. 5a). About 95% of the bile released into the gut is actively re-absorbed in distal ileum to ensure the complete enterohepatic circulation. Thus, a decrease in plasma BAs in BTBR mice could be attributed to a deficit in either BA synthesis or BA re-uptake. We did not find any changes in the gene expression of intestinal BA transporters (*Asbt*, *Fabp6*, *Ost $\alpha$* ) or liver BA transporters (*Ntcp*, *Bsep*) across the groups (Fig. 5b–c). These findings rule out the BA malabsorption in BTBR mice. Instead, there was a trend towards a reduction in the expression of *Cyp7a1* gene, which encodes a rate-limiting enzyme in the classical pathway of BA synthesis in the liver (Fig. 5c). Interestingly, the expression of *Cyp7b1* gene, which encodes a rate-limiting enzyme in the alternative pathway of BA synthesis, was up-regulated in BTBR mice. When absorbed in distal ileum, BAs activate the farnesoid X receptor



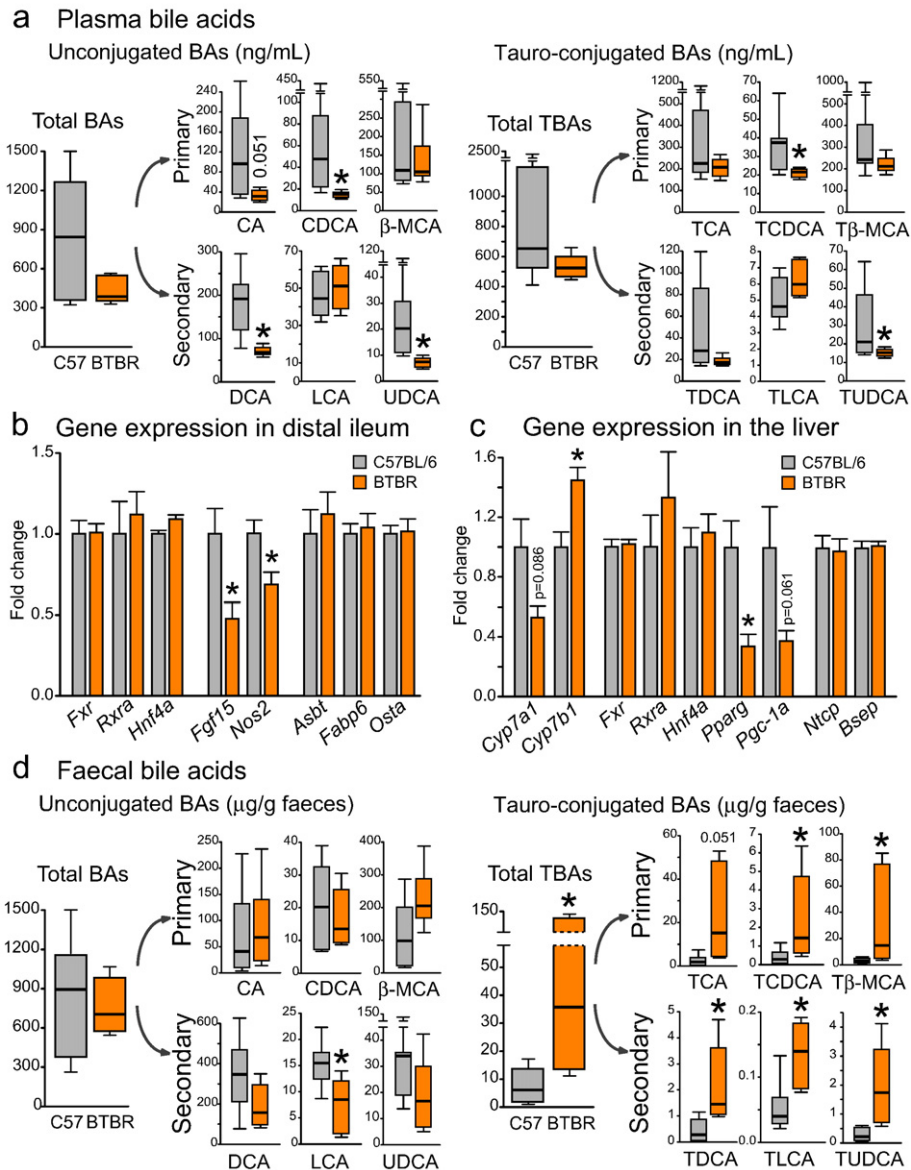
**Fig. 4.** Differential changes to epithelial permeability and tight junction-associated gene expression in small and large intestine of BTBR mice (a) In distal ileum, BTBR mice showed a marked increase in FITC transepithelial permeability, with no substantial changes to either tight junction-associated genes (b) or mucin2 gene expression (e). (c) In the colon of BTBR mice, FITC permeability was increased in the end, but decreased in the beginning of the incubation period. The biphasic response of FITC flux was coupled with an up-regulation of tight junction protein genes, but a down-regulation of creatine kinase and mucin2 genes (d–e). (f) TEER was not changed, while  $I_{sc}$  was substantially decreased in the BTBR intestine. \* $p < 0.05$  for BTBR vs. C57BL/6 group. *Statistical analysis:* data are presented as mean + SEM,  $n = 10$  in either group. FITC permeability in distal ileum:  $F_{(6;84)} = 63.339$ ,  $p < 0.0005$  for the effect of Time,  $F_{(1;14)} = 7.090$ ,  $p = 0.019$  for the effect of Genotype,  $F_{(6;84)} = 7.177$ ,  $p = 0.015$  for the Time  $\times$  Genotype interaction. FITC permeability in the colon:  $F_{(6;102)} = 383.858$ ,  $p < 0.0005$  for the effect of Time,  $F_{(1;17)} = 0.061$ ,  $p = 0.808$  for the effect of Genotype,  $F_{(6;102)} = 9.198$ ,  $p = 0.002$  for the Time  $\times$  Genotype interaction. Datasets were analyzed with mixed-design ANOVA with Genotype as an independent factor and Time as a repeated measure. Mean values in each time point were further compared between groups with unpaired  $t$ -test.  $t_{(14)} = 1.582$ ,  $p = 0.136$  for TEER;  $t_{(14)} = 6.862$ ,  $p < 0.0005$  for  $I_{sc}$ ;  $t_{(18)} = 0.624$ ,  $p = 0.541$  for *Cldn1*,  $t_{(18)} = -1.429$ ,  $p = 0.170$  for *Ocln*,  $t_{(18)} = -2.768$ ,  $p = 0.013$  for *Tjp1*,  $t_{(15)} = -3.292$ ,  $p = 0.005$  for *Ckb*,  $t_{(16)} = -3.731$ ,  $p = 0.002$  for *Ckm*,  $t_{(15)} = 0.217$ ,  $p = 0.831$  for *Mylk*,  $t_{(17)} = 1.278$ ,  $p = 0.218$  for *Muc2* gene expression in distal ileum, unpaired  $t$ -test.  $t_{(18)} = 1.101$ ,  $p = 0.285$  for TEER;  $t_{(18)} = 4.407$ ,  $p = 0.001$  for  $I_{sc}$ ;  $t_{(18)} = -6.319$ ,  $p < 0.0005$  for *Cldn1*,  $t_{(18)} = -2.273$ ,  $p = 0.035$  for *Ocln*,  $t_{(18)} = 0.104$ ,  $p = 0.918$  for *Tjp1*,  $t_{(17)} = 4.791$ ,  $p < 0.0005$  for *Ckb*,  $t_{(17)} = 3.255$ ,  $p = 0.005$  for *Ckm*,  $t_{(17)} = 5.751$ ,  $p < 0.0005$  for *Mylk*,  $t_{(17)} = 6.261$ ,  $p < 0.0005$  for *Muc2* gene expression in the colon, unpaired  $t$ -test.

(FXR) in enterocytes. The expression levels of *Fxr* gene, as well as its partners *Rxra* and *Hnf4a*, were unchanged in the BTBR ileum (Fig. 5b). However, the downstream targets of this receptor, in particular *Fgf15* and *Nos2*, were substantially down-regulated. Intestinal *Fgf15* is a potent inhibitor of *Cyp7a1* expression and BA synthesis (Kong et al., 2012). Hence, it is surprising that the suppression of the intestinal *Fxr*/*Fgf15* signaling pathway failed to up-regulate *Cyp7a1* gene expression in the liver of BTBR mice. On the other hand, *Cyp7a1* expression can be activated by the nuclear receptors *Pgc-1 $\alpha$*  and *Ppar- $\gamma$*  (Duan et al., 2012; Shin et al., 2003). Similar to *Cyp7a1*, the expression levels of both *Pgc-1 $\alpha$*  and *Ppar $\gamma$*  genes were decreased in the BTBR liver (Fig.

5c), suggesting that multiple nuclear receptors are implicated in the decreased BA synthesis observed in BTBR mice.

### 3.10. BTBR Mice Display a Deficit in the Microbial Conversion of Bile

Bile that is not re-absorbed in terminal small intestine undergoes further transformation by the intestinal microbiota (Joyce and Gahan, 2016). First, gut bacteria de-conjugate BAs from taurine and glycine. Second, unconjugated primary BAs (cholic acid (CA), chenodeoxycholic acid (CDCA) and muricholic acid (MCA) in mice) are processed into secondary BAs, such as deoxycholic acid (DCA), lithocholic acid (LCA) and



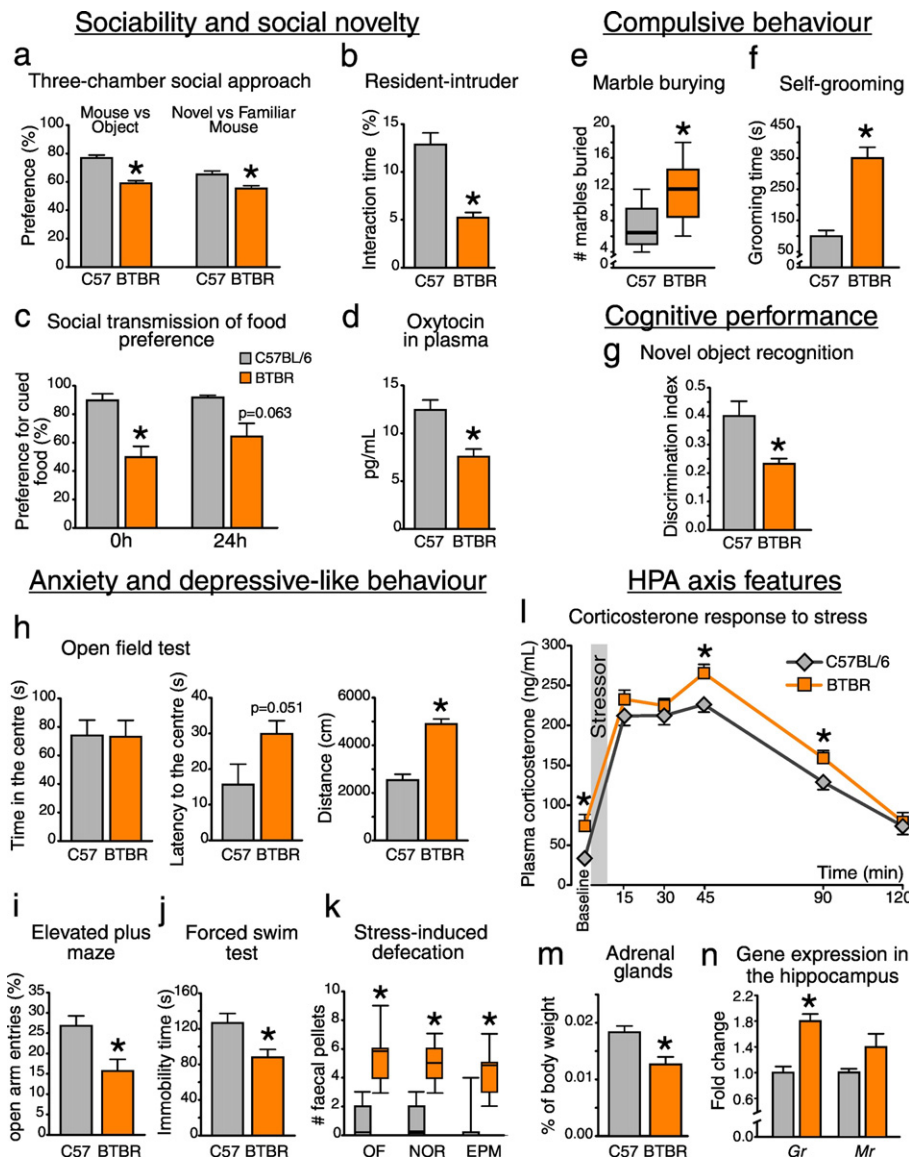
**Fig. 5.** Altered bile acid signatures and deficient bacterial metabolism of bile moieties in BTBR mice (a) In plasma, a reduction in unconjugated and tauro-conjugated BA levels was seen in BTBR mice. (b–c) The gene expression levels of BA transporters were not altered in the distal ileum or liver of BTBR mice. In contrast, *Cyp7a1* and *Pparg* genes in the liver, as well as *Fgf15* and *Nos2* genes in the ileum were down-regulated in BTBR mice. (d) In the fecal matter of BTBR mice, a dramatic increase in all tauro-conjugated BAs and a trend towards a reduction in unconjugated secondary BAs were observed. \* $p < 0.05$  for BTBR vs. C57BL/6 group. *Statistical analysis:* data are presented as median with IQR and min/max values as error bars on (a) and (d), and as mean + SEM on (b) and (c).  $U_{(11)} = 11.000$ ,  $p = 0.181$  for total BAs,  $U_{(11)} = 7.000$ ,  $p = 0.051$  for CA,  $U_{(11)} = 2.000$ ,  $p = 0.005$  for CDCA,  $U_{(11)} = 19.000$ ,  $p = 0.836$  for  $\beta$ -MCA,  $U_{(10)} = 1.500$ ,  $p = 0.005$  for DCA,  $U_{(11)} = 25.000$ ,  $p = 0.628$  for LCA,  $U_{(11)} = 0.000$ ,  $p = 0.001$  for UDCA,  $U_{(10)} = 10.000$ ,  $p = 0.268$  for TCA,  $U_{(10)} = 10.000$ ,  $p = 0.530$  for TCDCA,  $U_{(10)} = 5.000$ ,  $p = 0.048$  for TCDCA,  $U_{(11)} = 8.000$ ,  $p = 0.149$  for T $\beta$ -MCA,  $U_{(10)} = 10.000$ ,  $p = 0.268$  for TDCA,  $U_{(10)} = 27.000$ ,  $p = 0.149$  for TLCA,  $U_{(10)} = 2.000$ ,  $p = 0.010$  for TUDCA levels in plasma,  $n = 7$  in C57BL/6 and  $n = 6$  in BTBR group, Mann-Whitney test.  $U_{(11)} = 16.000$ ,  $p = 0.534$  for total BAs,  $U_{(11)} = 25.000$ ,  $p = 0.628$  for CA,  $U_{(11)} = 17.000$ ,  $p = 0.628$  for CDCA,  $U_{(11)} = 34.000$ ,  $p = 0.073$  for  $\beta$ -MCA,  $U_{(11)} = 10.000$ ,  $p = 0.138$  for DCA,  $U_{(11)} = 6.000$ ,  $p = 0.035$  for LCA,  $U_{(11)} = 10.000$ ,  $p = 0.138$  for UDCA,  $U_{(11)} = 39.000$ ,  $p = 0.008$  for total TBAs,  $U_{(11)} = 35.000$ ,  $p = 0.051$  for TCA,  $U_{(11)} = 37.000$ ,  $p = 0.022$  for TCDCA,  $U_{(11)} = 38.000$ ,  $p = 0.014$  for T $\beta$ -MCA,  $U_{(11)} = 40.000$ ,  $p = 0.005$  for TDCA,  $U_{(11)} = 39.000$ ,  $p = 0.008$  for TLCA,  $U_{(11)} = 42.000$ ,  $p = 0.001$  for TUDCA levels in the fecal matter,  $n = 7$  in C57BL/6 and  $n = 6$  in BTBR group, Mann-Whitney test.  $t_{(18)} = -0.081$ ,  $p = 0.936$  for *Fxr*,  $t_{(18)} = -0.488$ ,  $p = 0.632$  for *Rxra*,  $t_{(18)} = -0.726$ ,  $p = 0.477$  for *Hnf4a*,  $t_{(17)} = 2.776$ ,  $p = 0.013$  for *Fgf15*,  $t_{(18)} = 2.807$ ,  $p = 0.012$  for *Nos2*,  $t_{(18)} = -0.102$ ,  $p = 0.920$  for *Asbt*,  $t_{(18)} = -0.373$ ,  $p = 0.714$  for *Fabp6*,  $t_{(18)} = -0.118$ ,  $p = 0.907$  for *Osta* gene expression in distal ileum,  $n = 10$  in either group, unpaired *t*-test.  $t_{(11)} = 1.887$ ,  $p = 0.086$  for *Cyp7a1*,  $t_{(12)} = -3.157$ ,  $p = 0.008$  for *Cyp7b1*,  $t_{(12)} = -0.274$ ,  $p = 0.788$  for *Fxr*,  $t_{(12)} = -0.905$ ,  $p = 0.383$  for *Rxra*,  $t_{(12)} = -0.525$ ,  $p = 0.609$  for *Hnf4a*,  $t_{(11)} = 3.189$ ,  $p = 0.009$  for *Pparg*,  $t_{(12)} = 2.190$ ,  $p = 0.061$  for *Pgc-1a*,  $t_{(12)} = 0.167$ ,  $p = 0.870$  for *Ntcp*,  $t_{(12)} = -0.274$ ,  $p = 0.788$  for *Bsep* gene expression in the liver,  $n = 8$  in C57BL/6 and  $n = 6$  in BTBR group, unpaired *t*-test.

ursodeoxycholic acid (UDCA). In the fecal matter of BTBR mice, we observed a remarkable increase in all conjugated BAs, for both primary and secondary conjugates (Fig. 5d, right panel). Further, we saw a significant reduction in secondary bile acid LCA, with a similar trend in DCA and UDCA (Fig. 5d, left panel). Moreover, the ratio between secondary and primary unconjugated BAs was significantly decreased in BTBR mice (Fig. S3). These data indicate that the BTBR microbiota has a reduced capacity to metabolize host bile.

### 3.11. Changes in the Gut Microbiota are Associated with a Robust Autistic-like Behavioral Phenotype

We characterized the ASD-relevant behavioral phenotype in BTBR mice (Fig. 6). In agreement with previous reports (Meyza et al., 2013), BTBR mice demonstrated impaired social interactions (a–c) and enhanced engagement in repetitive behaviors (e–f), as well as increased anxiety levels (h–k). Here we found decreased levels of social



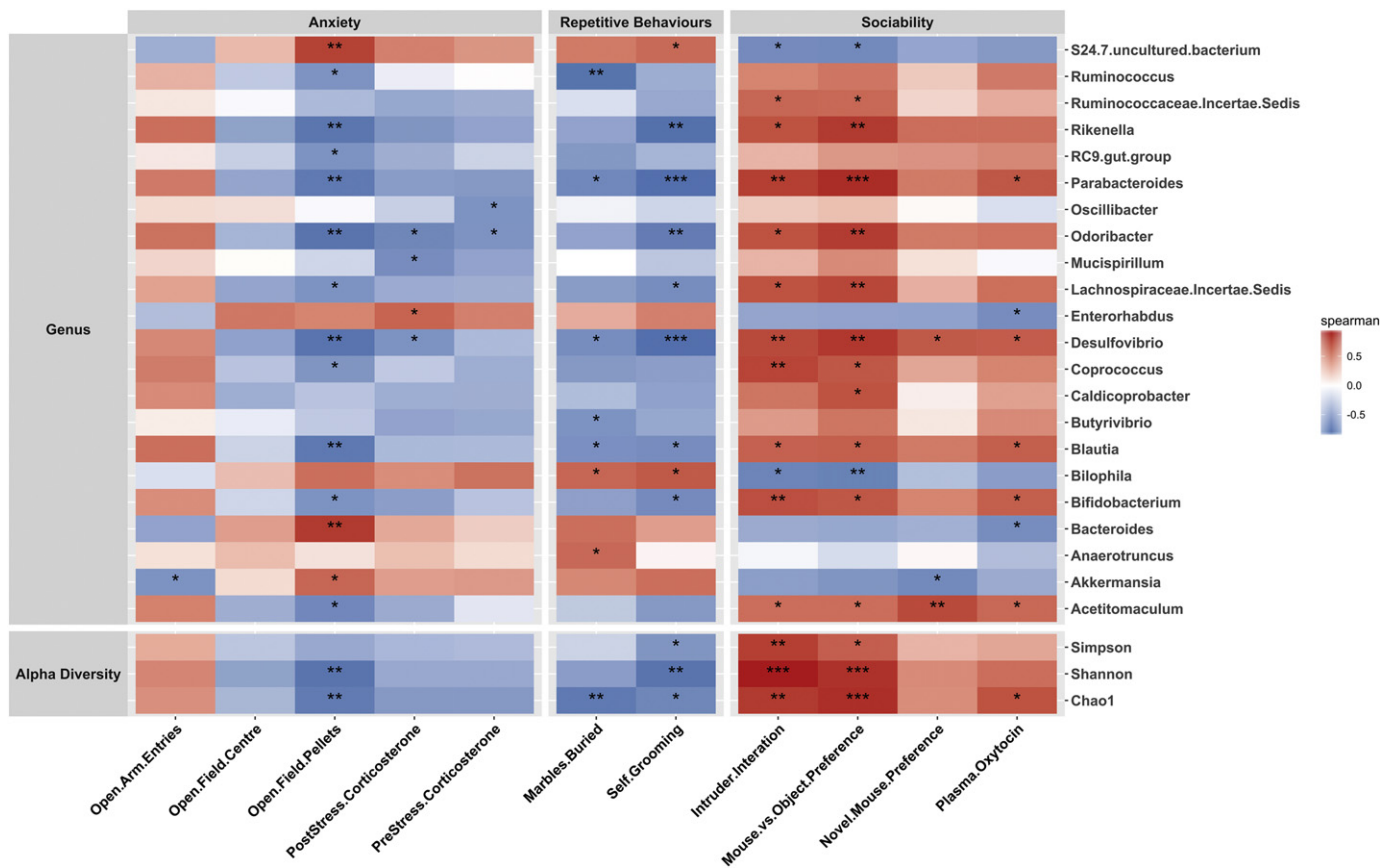


**Fig. 6.** Autistic-like behavioral phenotype in BTBR mice (a–d) BTBR mice displayed impaired social interactions, as well as decreased plasma levels of oxytocin. (e–f) BTBR mice were largely engaged in compulsive behaviors. They showed impaired working memory performance (g), enhanced locomotor activity and anxiety-like behavior (h, i and k). (j) No evidence of depressive-like behavior was observed. (l) BTBR mice displayed elevated plasma corticosterone levels at baseline and when being exposed to an acute stressor (forced swim test). (m–n) BTBR mice had smaller adrenal glands and increased expression of glucocorticoid receptor gene in the hippocampus. \* $p < 0.05$  for BTBR vs. C57BL/6 group. *Statistical analysis:* data are presented as median with IQR and min/max values as error bars on (e) and (k), and as mean + SEM on the rest,  $n = 10$  in either group.  $t_{(18)} = 8.153$ ,  $p < 0.0005$  for Mouse vs Object and  $t_{(17)} = 3.707$ ,  $p = 0.002$  for Novel vs Familiar Mouse preference;  $t_{(18)} = 5.678$ ,  $p < 0.0005$  for the RI interaction;  $t_{(13)} = 3.485$ ,  $p = 0.004$  and  $t_{(13)} = 2.029$ ,  $p = 0.063$  for the cued food preference at 0 h and 24 h time points, respectively;  $t_{(17)} = 3.623$ ,  $p = 0.002$  for oxytocin levels;  $t_{(18)} = -6.303$ ,  $p < 0.0005$  for self-grooming time;  $t_{(18)} = 3.040$ ,  $p = 0.011$  for the NOR discrimination index;  $t_{(18)} = 0.059$ ,  $p = 0.953$  for the time in the center,  $t_{(18)} = -2.090$ ,  $p = 0.051$  for the latency to enter the center and  $t_{(18)} = -7.099$ ,  $p < 0.0005$  for the distance travelled in the OF test;  $t_{(17)} = 2.947$ ,  $p = 0.009$  for open arm entries in the EPM test;  $t_{(18)} = 2.785$ ,  $p = 0.012$  for the immobility time in the FST test;  $t_{(18)} = 3.229$ ,  $p = 0.005$  for the adrenal glands weight;  $t_{(17)} = -5.480$ ,  $p < 0.0005$  for the *Gr* and  $t_{(17)} = -1.845$ ,  $p = 0.094$  for the *Mr* gene expression, unpaired  $t$ -test.  $U_{(18)} = 83.000$ ,  $p = 0.011$  for # of buried marbles;  $U_{(18)} = 99.000$ ,  $p < 0.0005$ ,  $U_{(18)} = 98.000$ ,  $p < 0.0005$  and  $U_{(18)} = 83.000$ ,  $p = 0.001$  for # of fecal pellets in the OF, NOR and EPM tests, respectively, Mann-Whitney test. Plasma Corticosterone:  $F_{(5;80)} = 209.091$ ,  $p < 0.0005$  for the effect of Time,  $F_{(1;16)} = 8.193$ ,  $p = 0.011$  for the effect of Genotype,  $F_{(5;80)} = 1.534$ ,  $p = 0.221$  for the Time  $\times$  Genotype interaction. Datasets were analyzed with mixed-design ANOVA with Genotype as an independent factor and Time as a repeated measure. Mean values in each time point were further compared between groups with unpaired  $t$ -test.

behavior-related hormone oxytocin in BTBR plasma (d). Further, BTBR mice displayed higher baseline levels of the stress hormone corticosterone, as well as elevated corticosterone values at the peak of the acute stress response and during the subsequent recovery phase (Fig. 6l,  $p < 0.05$  for the effect of genotype,  $F_{(1;16)} = 8.193$ ). Despite this hyper-corticosterone phenotype, BTBR mice had smaller adrenal glands, and increased expression of the glucocorticoid receptor gene in the hippocampus (Fig. 6m–n). Interestingly, the expression of *Cyp11a1*, a gene encoding the first rate-limiting enzyme in the production of corticosterone, was substantially up-regulated in the distal ileum of BTBR mice (Fig. S2b). Taken on its own, this transcriptional shift does not

necessarily implicate an increase in intestinal hormonal levels. However, if local production of corticosterone was elevated in the BTBR ileum, this could explain increased levels of circulating hormone (Fig. 6l) (Mukherji et al., 2013). This could also affect the GI physiology in BTBR mice including an up-regulation of *Tdo2* gene in distal ileum (Fig. 2f, see also Discussion).

Correlation analysis between the relative abundance of bacterial taxa and behavioral scores showed an impressively strong association between the gut microbiota and the behavioral phenotype (Fig. 7). *Rikenella*, *Parabacteroides*, *Odoribacter*, *Desulfovibrio*, *Blautia* and *Bifidobacterium* species (all reduced in abundance in BTBR mice) were



**Fig. 7.** A strong association between behavioral scores and gut microbiota composition. A correlation matrix showing positive (red) and negative (blue) associations between behavioral scores and the relative abundance of bacterial genera in BTBR and C57BL/6 mice. Significant correlations are marked with asterisks. \* $p < 0.05$ , \*\* $p < 0.01$  and \*\*\* $p < 0.001$ , Spearman's rank correlation analysis, Benjamini-Hochberg adjusted  $p$  values with a FDR of 0.05.

positively correlated with the social behavior scores and negatively correlated with the repetitive behaviors and anxiety phenotype. For the *S24-7* family, *Bilophila* and *Bacteroides* species (all increased in abundance in BTBR mice), a negative association with sociability levels and a positive association with compulsive and anxiety-like behaviors was observed (Fig. 7). Given the tight interactions between the gut microbiota and GI functions (Table S3), it is perhaps not surprising that behavioral scores were also associated with changes in the intestinal serotonin levels and other GI parameters assessed (Fig. S4).

#### 4. Discussion

The BTBR mouse strain is a very popular and useful animal model of ASD, with a robust autistic-like behavioral phenotype (Meyza et al., 2013). Here we show that social behavior deficits in BTBR mice are associated with marked GI distress, evidenced by changes in intestinal permeability, transit and the ENS morphology, as well as with altered microbiota composition. BTBR mice displayed profound changes in the cecal microbiota, with 18 out of 44 identified bacterial genera being differentially altered (Table S2). These included bacterial taxa that have previously been shown to be important for host health, and some of them associated with ASD: *Akkermansia*, *Bifidobacterium*, *Blautia*, *Desulfovibrio*, *Bilofila*, etc. (Kang et al., 2017; Vuong and Hsiao, 2017). A significant reduction in the relative abundance of *Blautia* and *Bifidobacterium* genera is of particular interest with respect to GI physiology in BTBR mice. Indeed, *Blautia* bacteria belong to the *Clostridiales* order, representatives of which have been shown to modulate 5-HT metabolism in the host by increasing the expression of *Tph1* in the gut, activating 5-HT synthesis and accelerating GI motility (Yano et al., 2015). Furthermore, *Blautia* and *Bifidobacterium* species are involved in the

transformation of host bile. *Bifidobacterium*, along with *Lactobacillus* and a few other taxa, express bile salt hydrolase enzymes, which carry out de-conjugation of BAs from taurine or glycine (Begley et al., 2006); this is the first step in bacterial conversion of bile (Joyce and Gahan, 2016). Of note, lactobacilli also tended to be decreased in the BTBR gut (Table S2). Unconjugated primary BAs are further transformed into secondary BAs as a result of 7 $\alpha$ -dehydroxylation activity, which is present in some members of *Clostridium* cluster XIVa including *Blautia* species (Ridlon et al., 2013). Therefore, a substantial loss in *Blautia* and *Bifidobacterium* species in the BTBR microbiota strongly suggests that the efficacy of bacteria-mediated bile transformation, as well as the effect of bacteria on 5-HT production are impaired in the BTBR intestine.

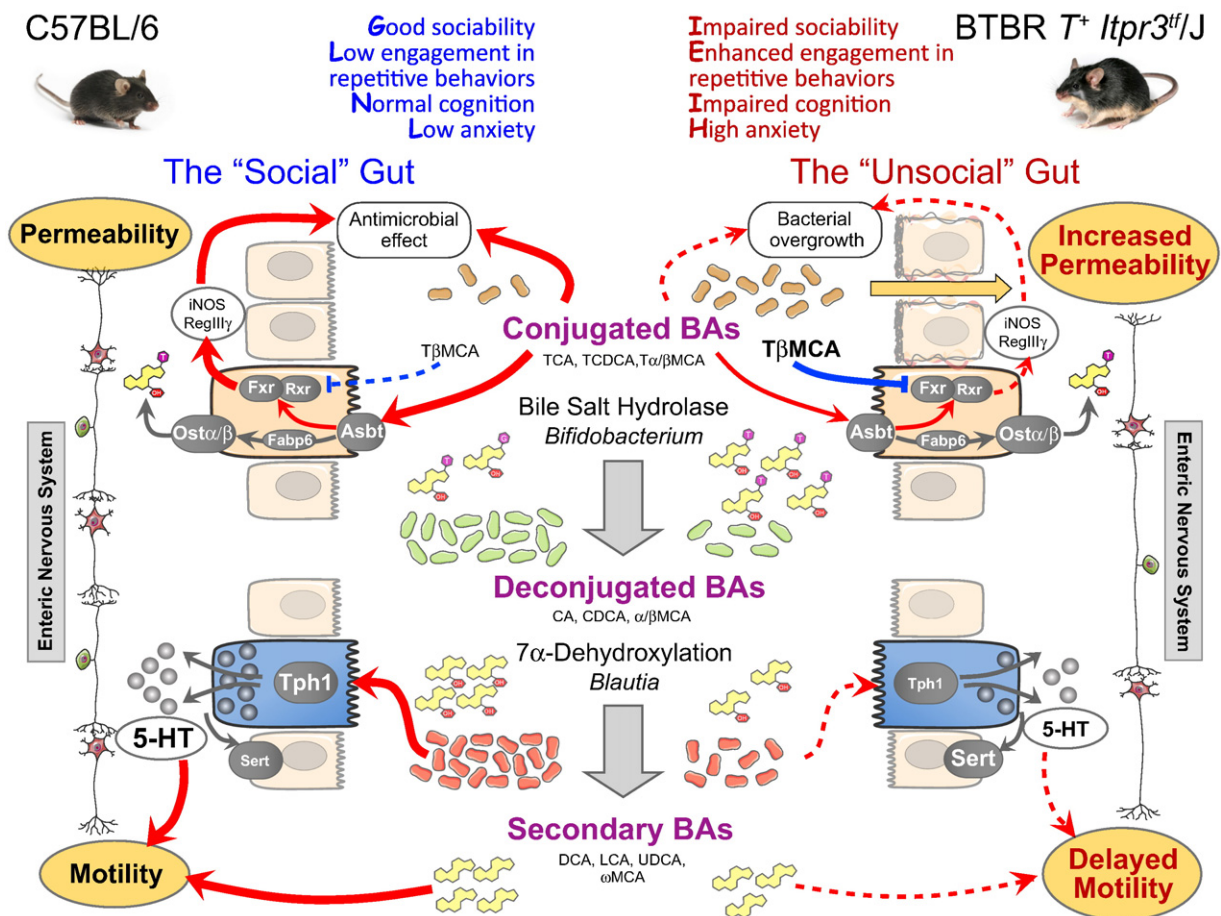
The follow-up analysis of bile moieties and tryptophan metabolites in the BTBR gut confirmed the sequencing-based functional predictions. First, we observed a dramatic increase in all conjugated BAs, as well as a reduction in secondary BA pool in BTBR fecal matter (Fig. 5d and Fig. S3). These data indicate that both bile salt hydrolase and 7 $\alpha$ -dehydroxylation activities are compromised in the BTBR microbiota. Secondly, we found a marked reduction in 5-HT bioavailability in BTBR small and large intestine due to a decrease in 5-HT synthesis and an increase in 5-HT breakdown (Fig. 2e–f). Strikingly, intestinal 5-HT levels and *Tph1* gene expression were strongly and positively correlated with the relative abundance of *Blautia* genus (Fig. 2g, Table S3). Hence, the observed reduction in the abundance of *Blautia* species could underlie the deficit in 5-HT production in the BTBR gut.

Changes in either tryptophan metabolism or the microbial conversion of bile can have a tremendous impact on GI physiology. Secondary BAs, produced by gut bacteria, have a unique signaling profile in the GI tract as compared with primary bile moieties. For example, secondary BAs were shown to activate colonic motility by stimulating the release

of intestinal 5-HT and CGRP (Alemi et al., 2013). Therefore, a reduction in secondary BA levels could contribute to the delayed colonic transit in BTBR mice (Fig. 2b–d). Further, tauro-conjugated  $\beta$ -MCA has recently been shown to be a potent natural antagonist of Fxr receptor in mice and to inhibit its downstream signaling (Sayin et al., 2013). Hence, an increase in T $\beta$ -MCA intestinal levels can explain the observed down-regulation of *Fgf15* gene expression in the BTBR ileum (Fig. 5b and d). In addition to the deficits in bacteria-mediated bile conversion, BTBR mice displayed a reduction in plasma BA levels, most likely due to a decrease in BA synthesis along the classical Cyp7a1-mediated pathway (Fig. 5a and c). This can have deleterious consequences for the intestine as well. BAs are toxic for many bacterial species; they also induce the expression of anti-microbial defense genes in the host (including iNOS, RegIII $\gamma$ ) (Inagaki et al., 2006; Joyce et al., 2014). In fact, a reduction in the luminal BA levels has been associated with small intestine bacterial overgrowth, activation of inflammation, and subsequent damage to the epithelium (Inagaki et al., 2006; Lorenzo-Zúñiga et al., 2003). A down-regulation of *iNos* (*Nos2*) gene expression in the ileum of BTBR mice (Fig. 5b) suggests that anti-microbial defense can be compromised in the BTBR intestine, which in turn could contribute to the impairment of small intestine barrier function (Fig. 4a).

Similar to bile moieties, tryptophan metabolites are involved in the regulation of essential GI functions. 5-HT activates intestinal peristalsis and electrolyte secretion, supports the development of the ENS and

amplifies inflammatory responses in the gut (Ghia et al., 2009; Heredia et al., 2013; Liu et al., 2009; Mawe and Hoffman, 2013). Hence, a decrease in 5-HT bioavailability can explain delayed intestinal transit and reduced activity of electrolyte transport seen in BTBR mice (Figs. 2a–d, 4f). Interestingly, metabolism of tryptophan along the kynurenine route also seems to be affected in BTBR mice. The expression levels of *Ido1* and *Tdo2* genes, which encode alternative rate-limiting enzymes in this pathway, were markedly altered in the BTBR intestine (Fig. 2e–f). *Tdo2* gene expression is responsive to stress and is under a tight control of glucocorticoids (Green and Curzon, 1975). Strikingly, we found an increased expression of *Cyp11a1* gene in the BTBR ileum (Fig. S2b), which could have resulted in elevated production of corticosterone and an up-regulation of *Tdo2* locally in the BTBR ileum (Fig. 2f). The observed changes in intestinal *Ido1* and *Tdo2* gene expression are very unlikely to have a direct effect on the brain in BTBR mice. Indeed, >90% of tryptophan is catabolized down to kynurenine in the liver, with liver *Tdo2* activity determining the systemic levels of kynurenine, and the availability of tryptophan for the brain (Kennedy et al., 2017). To this end, neither the expression of liver *Tdo2* nor the plasma levels of tryptophan was altered in BTBR mice (Fig. S5a–b). However, this will certainly affect the intestinal levels of kynurenine and its metabolites (kynurenic and quinolinic acids), and local effects on the BTBR gut physiology are thus very plausible. For instance, kynurenic acid is known to slow the intestinal transit by inhibiting the



**Fig. 8.** Putative mechanisms linking changes in the gut microbiota with GI malfunction in the BTBR mouse model of human ASD. In BTBR mice, autistic-like behavioral phenotype is associated with altered microbiota and marked GI distress: increased epithelial permeability (1) and delayed intestinal motility (2). (1) Reduced abundance of bile-metabolizing *Bifidobacterium* species increases the fraction of tauro-conjugated BAs (e.g. tauro-muricholic acid (T $\beta$ MCA)) in the GI tract. T $\beta$ MCA inhibits Fxr signaling and thus suppresses antimicrobial defense of the host (iNOS, RegIII $\gamma$ ). We hypothesize that loss of Fxr signaling in BTBR mice causes small intestinal bacterial overgrowth and, as a result, an increase in epithelial permeability. This effect is further exaggerated by deficient synthesis of BAs, which normally prevent bacterial overgrowth. (2) Healthy intestinal transit relies on many factors, including the ENS, secondary BAs and 5-HT (all deficient in BTBR mice). Secondary BA levels are reduced; 5-HT bioavailability is decreased due to a lower production (down-regulation of *Tph1*) and a higher breakdown (up-regulation of *Sert*) rates. Lower abundance of clostridia bacteria, including *Blautia* species, potentially contributes to these changes. Further, the BTBR myenteric plexus shows reduced numbers of excitatory and inhibitory neurons. All this can cause delayed intestinal motility in BTBR mice.

enteric NMDA receptors, as well as to dampen the inflammatory response in the gut (Érces et al., 2012; Kaszaki et al., 2008; Keszthelyi et al., 2009). Moreover, both 5-HT and kynurenine metabolites can alter the activity of intestinal vagal afferents, and hence, might directly affect vagal signaling to the brain (Slattery et al., 2006). Of note, recent evidence suggests altered 5-HT and kynurenine metabolism in ASD (Boccutto et al., 2013; Lim et al., 2015; Muller et al., 2016).

Altered tryptophan metabolism and inadequate bacterial conversion of bile are thus very likely to contribute to both intestinal dysmotility and impaired gut barrier function in BTBR mice. Maintenance of epithelial integrity is critically important not only for gut health, but also for brain health. The phenomenon of “leaky” gut has recently been extended beyond GI disorders, such as irritable bowel syndrome, to psychiatric diseases, such as depression (Kelly et al., 2015). Dysfunctional intestinal barrier in BTBR mice can permit the microbiota to induce low-grade inflammation in the gut. This shift towards a pro-inflammatory state, particularly in combination with an anxious phenotype (Fig. 6h–l), can in turn trigger the activation of neuroinflammatory responses in the brain (Rea et al., 2016; Wohleb et al., 2015) and exaggerate autistic-like behavioral deficits in BTBR mice. Indeed, the BTBR mouse has been shown to display a pro-inflammatory phenotype that is thought to contribute to the development of ASD-like behavior (Careaga et al., 2015; Heo et al., 2011; Onore et al., 2013). Interestingly, we found that deficits in social behavior in BTBR mice were accompanied by a decrease in plasma oxytocin levels (Fig. 6d). Oxytocin is one of the key hormones involved in supporting the salience of social interactions, and is known to be modulated by intestinal microbiota (Buffington et al., 2016; Varian et al., 2017).

In summary, here we show that the BTBR mouse displays marked GI dysfunction (Fig. 8). Similar to human ASD, BTBR mice have “leaky” intestinal epithelium and delayed intestinal transit. We further identify deficient bacterial transformation of bile moieties and impaired tryptophan metabolism in the BTBR intestine as potential mechanisms underlying GI symptoms in these animals. Taking advantage of microbiota sequencing and physiological data, we associate these functional changes with a reduction in the relative abundance of *Bifidobacterium* and *Blautia* bacteria in the BTBR microbiota. These data offer specific targets in the gut microbiota for improving gastrointestinal and, perhaps, behavioral symptomatology in the BTBR mouse model of autism, and support the concept of microbiota-based interventions in ASD.

## Funding Sources & Conflicts of Interest

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## Author Contributions

Conceptualization, A.V.G, G.M., E.S., S.A.J., J.F.C.; Formal Analysis, A.V.G., A.B., S.A., D.K., V.P., K.M.; Investigation, A.V.G., S.A.J., G.M., A.B., E.S., S.A., I.F., D.K., A.M.P., V.P.; Writing – Original Draft, A.V.G.; Writing – Review & Editing, S.A.J., G.M., E.S., S.A., K.R., O.M., S.B., N.P.H., C.S., G.C., C.G.M.G., T.G.D., J.F.C.; Visualization, A.V.G., D.K., V.P.; Supervision, O.M., S.B., C.S., G.C., T.G.D., J.F.C.; Project Administration, A.V.G, G.M., K.R.; Funding Acquisition, C.S., S.A.J., C.G.M.G., T.G.D., J.F.C. S.A.J., G.M. and A.B. contributed equally to the study.

## Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.ebiom.2017.09.020>.

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