




# Potential of Tobramycin by Silver Nanoparticles against *Pseudomonas aeruginosa* Biofilms

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**ABSTRACT** Increasing antibiotic resistance among pathogenic bacterial species is a serious public health problem and has prompted research examining the antibacterial effects of alternative compounds and novel treatment strategies. Compounding this problem is the ability of many pathogenic bacteria to form biofilms during chronic infections. Importantly, these communities are often recalcitrant to antibiotic treatments that show effectiveness against acute infection. The antimicrobial properties of silver have been known for decades, but recently silver and silver-containing compounds have seen renewed interest as antimicrobial agents for treating bacterial infections. The goal of this study was to assess the ability of citrate-capped silver nanoparticles (AgNPs) of various sizes, alone and in combination with the aminoglycoside antibiotic tobramycin, to inhibit established *Pseudomonas aeruginosa* biofilms. Our results demonstrate that smaller 10-nm and 20-nm AgNPs were more effective at synergistically potentiating the activity of tobramycin. Visualization of biofilms treated with combinations of 10-nm AgNPs and tobramycin reveals that the synergistic bactericidal effect may be caused by disrupting cellular membranes. Minimum biofilm eradication concentration (MBEC) assays using clinical *P. aeruginosa* isolates shows that small AgNPs are more effective than larger AgNPs at inhibiting biofilms, but that the synergy effect is likely a strain-dependent phenomenon. These data suggest that small AgNPs synergistically potentiate the activity of tobramycin against *P. aeruginosa* *in vitro* and may reveal a potential role for AgNP/antibiotic combinations in treating patients with chronic infections in a strain-specific manner.

**KEYWORDS** *Pseudomonas aeruginosa*, biofilms, silver, synergy

**B**acterial biofilms are communities of cells attached to biotic or abiotic surfaces that are encased in an extracellular matrix consisting of secreted proteins, polysaccharides, nucleic acids, and cellular debris. These cellular communities have a complex physical structure with gradients of oxygen, nutrients, wastes, secondary metabolites, and pH and redox conditions (1–3). Because of this, bacteria are found in various metabolic states throughout biofilms—some are actively multiplying while others are dormant or dead (4, 5). The biofilm lifestyle provides pathogens with survival strategies against host defenses, antibiotics, and other environmental factors by protecting against physical trauma, desiccation, and the specific activities of many antimicrobial agents. Specifically, the antimicrobial resistance of chronic bacterial infections has been linked to the inherent architecture of the biofilms they form. Conventional resistance mechanisms associated with planktonic (i.e., “free-swimming”) bacteria, such as efflux pump upregulation, expression of chromosomal beta-lactamase, and mutations in antibiotic target molecules also contribute to the increased antimicrobial resistance of biofilms. The multitude of virulence and resistance mechanisms operating during biofilm growth severely limits our ability to treat chronic infections (4–6).

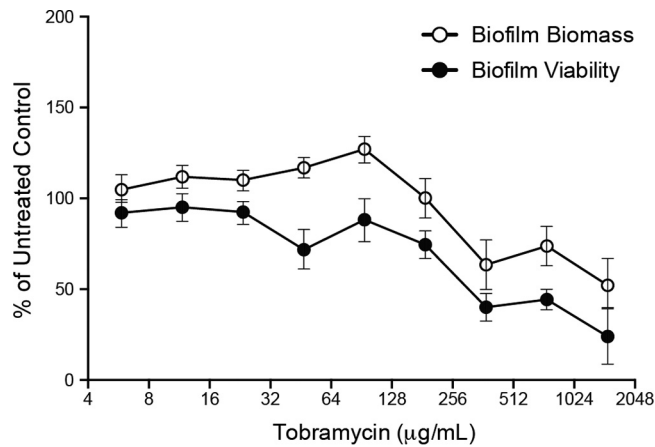
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**FIG 1** High concentrations of tobramycin reduce, but do not eliminate, *P. aeruginosa* PAO1 biofilms. Biofilm biomass and viability following challenge with tobramycin (0.0 µg/ml to 1500 µg/ml). Values were normalized to those obtained from untreated controls after biofilms were incubated in fresh media in the recovery phase (expressed as % of untreated controls). Mean values for 6 replicates ± the standard deviations are shown.

*Pseudomonas aeruginosa* is an urgent multidrug-resistant threat that is showing increased resistance to important classes of antibiotics that are critical for treating serious Gram-negative infections (7, 8). Upon exposure to antibiotics and other environmental stresses, *P. aeruginosa* uses a number of survival strategies, including adaptation to a biofilm lifestyle (2, 9, 10). Current antibiotic treatments are often unable to effectively clear biofilm-mediated chronic *P. aeruginosa* infections, and as such there is a pressing need for research into new treatments that specifically target bacterial biofilms.

In this study, we examined the efficacy of combining different-sized citrate-capped silver nanoparticles (AgNPs) with the aminoglycoside antibiotic tobramycin for elimination of preformed *P. aeruginosa* biofilms, comprised of lab or clinical isolates, *in vitro*. Our results demonstrate that smaller-sized AgNPs are more effective, alone and in combination with tobramycin, in reducing *P. aeruginosa* PAO1 biofilm biomass and viability than larger-sized nanoparticles. Similarly, combinations of smaller AgNPs and tobramycin also reduce biofilm biomass and viability for two clinical *P. aeruginosa* isolates, but the nature of these interactions was found to be strain dependent. Together, these findings highlight the potential for AgNPs to enhance the activity of commonly used antibiotics, including protein synthesis inhibitors such as tobramycin, against *P. aeruginosa* biofilms.

## RESULTS

**Determining the effects of tobramycin on biofilm biomass and viability.** To assess the antimicrobial properties of tobramycin against *P. aeruginosa* PAO1 biofilms we used the MBEC (minimum biofilm eradication concentration) high-throughput assay (11–13). This assay is separated into three distinct stages (growth, challenge, and recovery; see Materials and Methods) and can determine both MBEC and MIC values (11, 13, 14). Biofilms treated with increasing concentrations of tobramycin during the challenge phase demonstrated an initial increase in biomass (~140% up to ~94 µg/ml of tobramycin), followed by a reduction in recovered biomass to ~50% at the highest concentrations tested, compared to that for untreated biofilms (Fig. 1). Biofilm viability (inferred from the cell density of the planktonic population associated with the biofilm after the challenge and recovery phases) decreased as the concentration of tobramycin increased, resulting in ~25% cell viability at the highest concentrations of tobramycin tested, compared to that for untreated biofilms (Fig. 1). The MIC and MBEC values for tobramycin were determined to be 5.86 µg/ml and between 2,000 to 2,500 µg/ml, respectively.

**TABLE 1** Minimum inhibitory and eradication concentrations of different-sized AgNPs<sup>a</sup>

AgNP treatment (nm)	MIC ( $\mu\text{g/ml}$ )				MBEC ( $\mu\text{g/ml}$ )			
	Range	Median	Mode	<i>n</i>	Range	Median	Mode	<i>n</i>
10	0.156 to 0.625	0.312	0.156	8	1.25 to 5.00	3.75	5.00	6
20	0.312 to 2.50	0.625	1.25	8	1.25 to 5.00	3.75	5.00	6
40	0.312 to 2.50	1.25	1.25	8	2.50 to >10.0 <sup>b</sup>	>2.50 <sup>b</sup>	>5.00 <sup>b</sup>	6
60	1.25 to 10.0	2.50	2.50	8	5.00 to >10.0 <sup>b</sup>	>5.00 <sup>b</sup>	>10.0 <sup>b</sup>	6
100	2.50 to 10.0	7.50	10.0	8	ND <sup>c</sup>	>10.0 <sup>c</sup>	>10.0 <sup>c</sup>	6

<sup>a</sup>MICs were observed for individual antimicrobials against planktonic cells. MBECs are concentrations determined for individual antimicrobials by measuring the inhibition of biofilm viability following the 20-h challenge of *P. aeruginosa* PAO1 biofilms. Biofilm viability was assessed by measuring the optical density at 600 nm ( $\text{OD}_{600}$ ) of the planktonic cultures in the wells of the microtiter plate following the 20 h of incubation of the recovery phase.

<sup>b</sup>Biofilms remained viable (i.e., planktonic growth was observed) following recovery at the highest concentration of AgNPs tested (10.0  $\mu\text{g/ml}$ ).

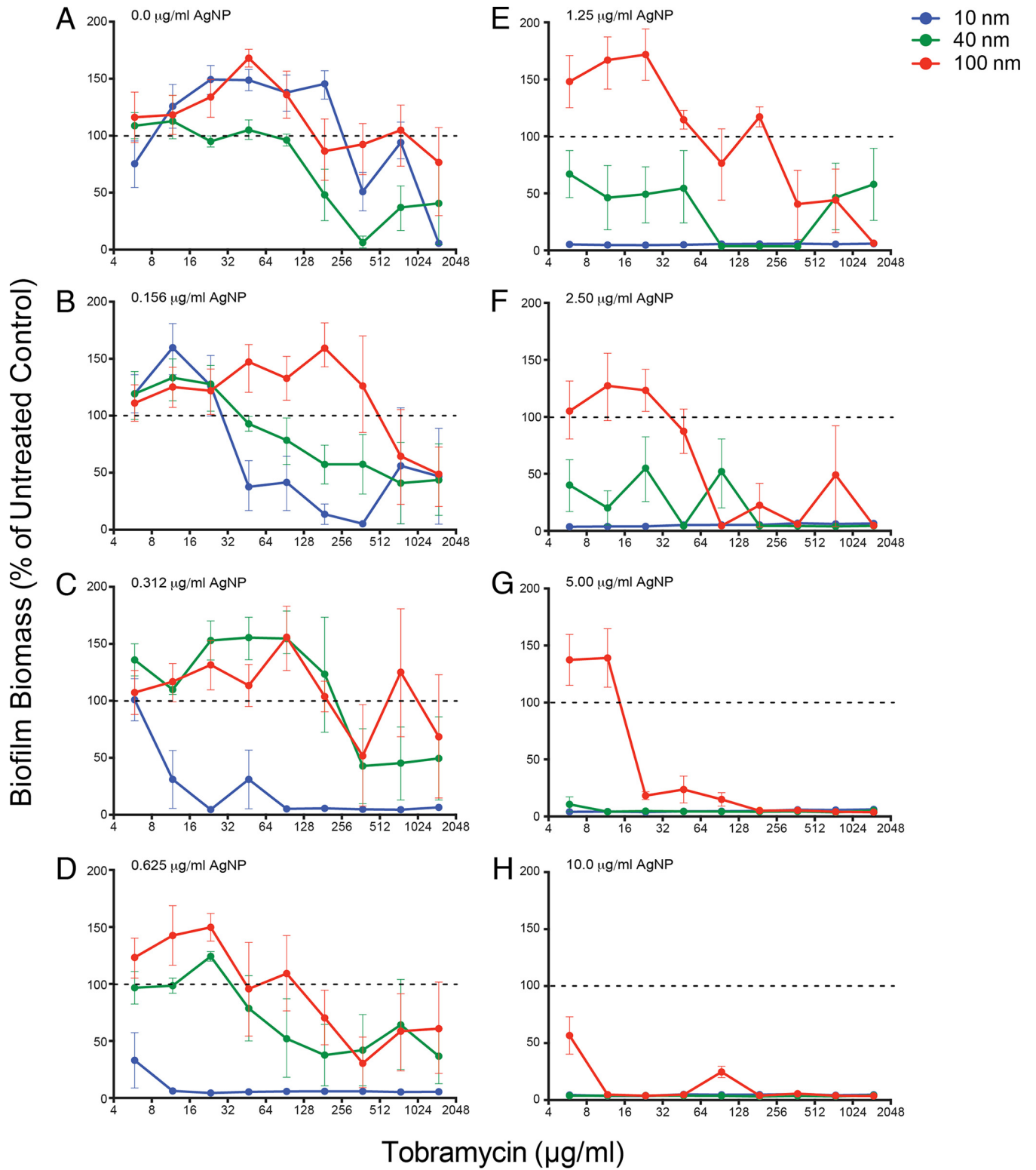
<sup>c</sup>Biofilms remained viable (i.e., planktonic growth was observed) following recovery for all concentrations of AgNPs tested (0.156  $\mu\text{g/ml}$  to 10.0  $\mu\text{g/ml}$ ). ND, not determined.

### Determining the antimicrobial activity of different sized AgNPs against PAO1.

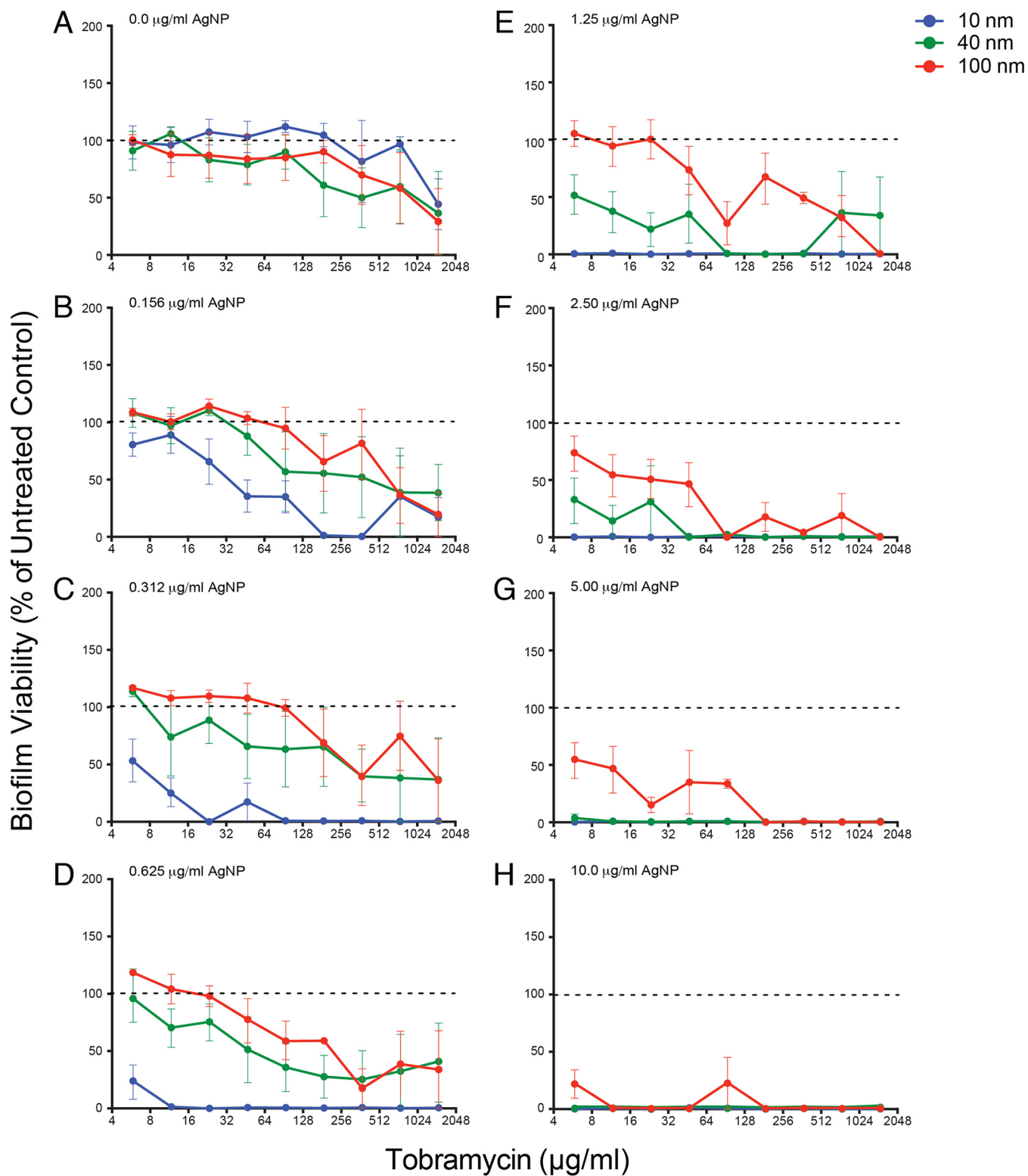
We determined MIC and MBEC values for each of the different-sized AgNPs used in this study (Table 1). The 10-nm and 20-nm AgNPs showed the lowest median MICs (0.312  $\mu\text{g/ml}$  and 0.625  $\mu\text{g/ml}$ , respectively) and MBEC (3.75  $\mu\text{g/ml}$ ) values, while the 40-nm and 60-nm AgNPs showed higher median MICs (1.25  $\mu\text{g/ml}$  and 2.50  $\mu\text{g/ml}$ , respectively) and were unable to completely inhibit biofilm viability following the recovery phase at the highest concentration of AgNPs tested (10.0  $\mu\text{g/ml}$ ). The 100-nm AgNPs had a median MIC of 7.50  $\mu\text{g/ml}$ . Importantly, MBEC values could not be determined for the 100-nm AgNPs, as *P. aeruginosa* biofilms remained viable (i.e., planktonic growth was observed in the recovery plate) for all concentrations of AgNPs tested (Table 1). As a measure of quality control, the size distribution of the five different AgNP preparations was confirmed by transmission electron microscopy (TEM) (see Fig. S1 in the supplemental material).

**Identifying concentrations and sizes of AgNPs that inhibit biofilm biomass and viability when combined with tobramycin.** To determine the effects of different combinations of AgNP + tobramycin on established *P. aeruginosa* PAO1 biofilms, we used the MBEC assay to evaluate biofilm biomass after challenge (Fig. 2 and 3; see also Fig. S2, and S3 in the supplemental material). For clarity, we have presented the data from small, medium, and large AgNPs (10 nm, 40 nm, and 100 nm, respectively) in this section, and have only shown the data for the full size range (including 20-nm and 60-nm AgNPs) in the supplemental material. In the absence of AgNPs (i.e., 0.0  $\mu\text{g/ml}$ ), biofilm biomass decreased as the concentration of tobramycin increased (Fig. 2A) in a manner similar to that seen in Fig. 1. The 10-nm AgNP + tobramycin challenge demonstrated that 0.312  $\mu\text{g/ml}$  was the lowest effective AgNP concentration, eliminating biofilm biomass at almost all concentrations of tobramycin (Fig. 2C). In contrast, the 20-nm AgNP + tobramycin challenge showed a reduction in biofilm biomass at an AgNP concentration of 0.625  $\mu\text{g/ml}$  (see Fig. S2D in the supplemental material), while the 40-nm (Fig. 2F) and 60-nm (see Fig. S2F in the supplemental material) AgNP combinations showed reductions at 2.50  $\mu\text{g/ml}$ . The 100-nm AgNP + tobramycin challenge only showed patterns of reduction at the highest concentrations of AgNPs tested (10.0  $\mu\text{g/ml}$ ; Fig. 2H).

The viability measurements for *P. aeruginosa* biofilms after challenge with different combinations of AgNPs and tobramycin (Fig. 3; see also Fig. 3 in the supplemental material) followed a similar pattern as that observed for biofilm biomass, in that smaller AgNPs were more effective than large AgNPs at the same  $\mu\text{g/ml}$  dose (indicated by lower viability compared to untreated control). At a concentration of 0.312  $\mu\text{g/ml}$ , the 10-nm AgNP combinations reduced biofilm viability below that of the untreated control for all doses of tobramycin (Fig. 3C), whereas an AgNP concentration of 0.625  $\mu\text{g/ml}$  was required to obtain a similar effect for 20-nm particles (see Fig. S3D in the



**FIG 2** Small AgNPs are more effective at reducing biofilm biomass. Data demonstrating the effects of different AgNP-tobramycin combinations on *P. aeruginosa* PAO1 biofilm biomass in the recovery phase. Normalized values of percent recovery of biofilm biomass following challenge with different combinations of tobramycin (0.0 µg/ml to 1,500 µg/ml) and AgNP sizes (10 nm, 40 nm, and 100 nm) at eight different AgNP concentrations (0.0 µg/ml to 10.0 µg/ml, indicated in the top left corner of each panel), including panel A, which represents replicate samples treated with tobramycin only. Biofilm biomass values for treated samples were normalized to values for untreated cells (i.e., 0.0 µg/ml AgNPs and 0.0 µg/ml tobramycin). Dashed lines indicate 100% recovery (i.e., levels observed for untreated cells). Mean values for a minimum of 6 replicates ± the standard deviations are shown.



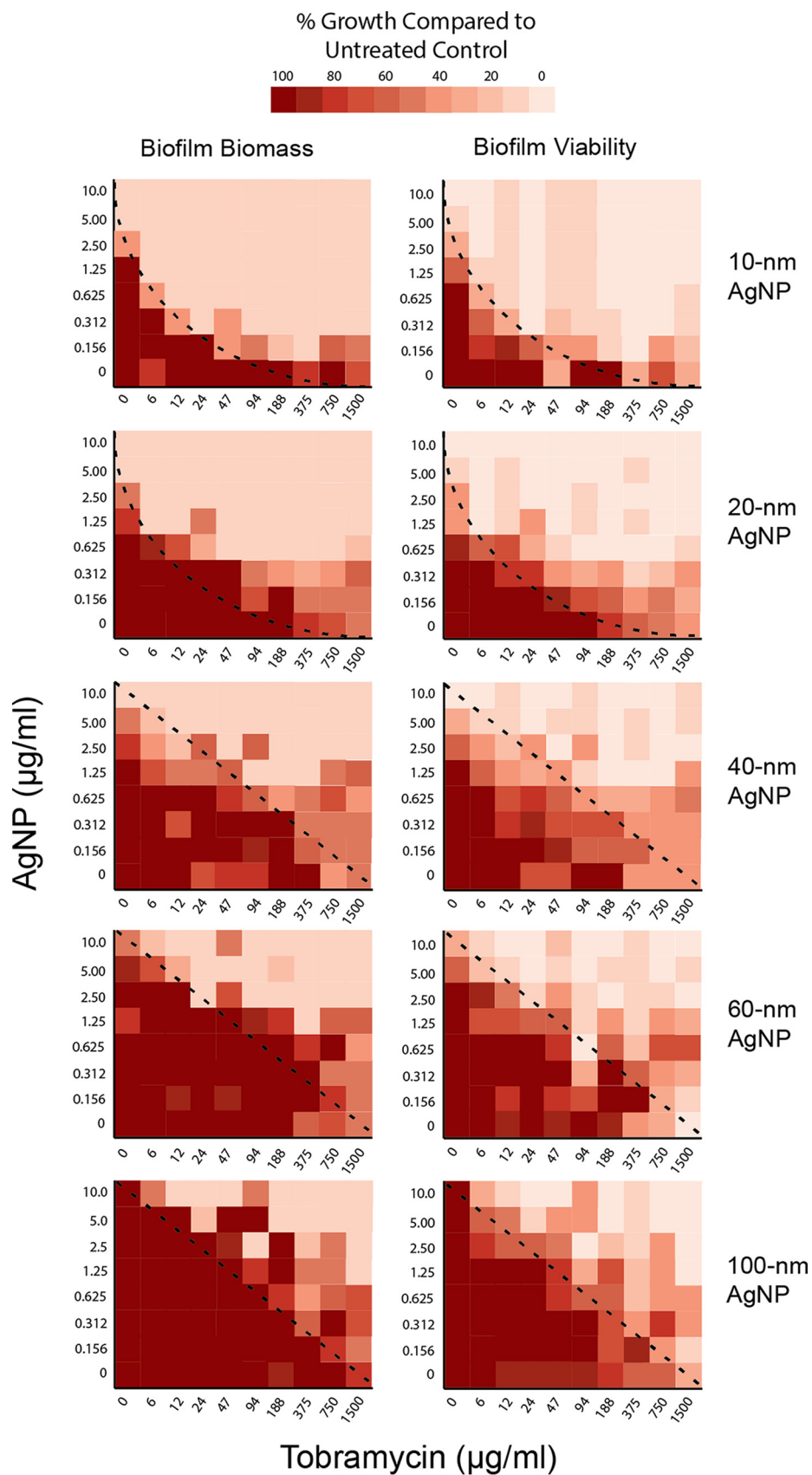
**FIG 3** Small AgNPs are more effective at reducing biofilm viability. Data demonstrating the effects of different AgNP-tobramycin combinations on *P. aeruginosa* PAO1 biofilm viability in the recovery phase. Normalized values of percent viability of biofilms following challenge with different combinations of tobramycin (0.0 µg/ml to 1,500 µg/ml) and AgNP sizes (10 nm, 40 nm, and 100 nm) at the specific AgNP concentrations (0.0 µg/ml to 10.0 µg/ml) indicated in the top left corner of each panel are shown (panel A represents replicate samples treated with tobramycin only). Biofilm viability values were normalized to values for untreated control samples (i.e., 0.0 µg/ml AgNPs and 0.0 µg/ml tobramycin). Dashed lines indicate 100% recovery (i.e., levels observed for untreated cells). Mean values for a minimum of 6 replicates ± the standard deviations are shown.

supplemental material). Likewise, AgNP concentrations of 2.50  $\mu\text{g}/\text{ml}$  were required to reduce viability for combinations containing 40-nm (Fig. 3F) and 60-nm (see Fig. S3F in the supplemental material) AgNPs. Finally, the 100-nm AgNP combinations only reduced biofilm viability at 5.00  $\mu\text{g}/\text{ml}$  (Fig. 3G). Together, these data suggest that, in AgNP + tobramycin challenges, smaller AgNPs were more effective in reducing *P. aeruginosa* PAO1 biofilm biomass and viability.

**Visualizing and quantifying antimicrobial synergy of AgNPs and tobramycin against *P. aeruginosa* biofilms.** We used heat plots to visualize the effect of combining AgNPs and tobramycin on biofilm biomass and viability (Fig. 4). The observed pattern of the heat plots provides an initial indication of synergy, like isobologram plots of drug-drug interactions (15). A concave appearance between the dark red versus light red areas, such as that seen with the 10-nm AgNP biomass and viability plots (Fig. 4; top panels, curved lines), indicates that synergistic interactions occurred. This concave appearance is less obvious for the 20-nm data, but still present, indicating synergistic interactions. Plots for the 40-nm, 60-nm, and 100-nm AgNPs have a linear appearance between dark red and light red areas, reflecting primarily additive interactions of the AgNPs and tobramycin against the *P. aeruginosa* biofilms. These plots further highlight that smaller AgNPs had greater effects than larger AgNPs on biofilm biomass and viability at lower tobramycin concentrations. Heat plots also identified specific antimicrobial combinations that can be further tested for synergistic effects in preventing recovery of *P. aeruginosa* biofilm populations following challenge. To quantify potential synergy, we used fractional inhibitory concentration index (FIC<sub>i</sub>) values to determine the nature of the effects observed with different antimicrobial combinations. Evaluation of synergy using calculations of median FIC<sub>i</sub> values indicated that 10-nm and 20-nm AgNPs exhibited synergistic interactions with tobramycin against both biofilm and planktonic *Pseudomonas* PAO1 (Table 2), while the 40-nm, 60-nm, and 100-nm AgNPs showed an additive effect (Table 2).

Next, we used transmission electron microscopy (TEM) to visualize the physical changes that occurred at the cellular level upon exposure of *P. aeruginosa* cells within a biofilm to AgNP and tobramycin treatments. Representative micrographs of resin-embedded thin sections revealed the morphology and ultrastructure of cells and the internal structure of the biofilms (Fig. 5). Micrographs of untreated biofilm controls showed the presence of intact *P. aeruginosa* PAO1 cells and biofilm matrix material (Fig. 5A). Biofilms treated with 10-nm AgNPs (0.312  $\mu\text{g}/\text{ml}$ ) or with tobramycin (94.0  $\mu\text{g}/\text{ml}$ ) showed no significant morphological or ultrastructural defects (Fig. 5B and C) compared with untreated cells. However, biofilms treated with a combination of the two (i.e., 0.312  $\mu\text{g}/\text{ml}$  of 10-nm AgNPs + 94.0  $\mu\text{g}/\text{ml}$  tobramycin) exhibited more extensive cellular changes, including altered cellular morphology and cytoplasmic clearing, indicating that the integrity of the bacterial cell envelope was likely compromised (Fig. 5D).

**Determining the effect of small AgNPs and tobramycin on clinical *P. aeruginosa* biofilms.** To determine if combinations of 10-nm AgNPs + tobramycin were also more effective than 100-nm AgNP + tobramycin combination against clinical *P. aeruginosa* strains, we used the MBEC assay to evaluate two clinical isolates. The Liverpool epidemic strain isolate LES400 (16, 17) and the prairie epidemic strain isolate PES385 (18, 19) were selected because they were originally isolated from patients with cystic fibrosis and are associated with increased patient morbidity, risk of respiratory death and/or lung transplantation, and high levels of antibiotic resistance (17, 18). The last characteristic is demonstrated by the observation that the LES400 and PES385 isolates showed higher MIC values for tobramycin (94.0  $\mu\text{g}/\text{ml}$  and 375.0  $\mu\text{g}/\text{ml}$ , respectively), compared to that of PAO1 (5.86  $\mu\text{g}/\text{ml}$ ), and similarly high MBEC values (Table 3). In contrast, the median MIC values for LES400 and PES385 exposed to 10-nm AgNPs was ~4-fold higher (Table 3) than those determined for PAO1 (Table 1), while the MIC values for 100-nm AgNPs were similar for all three strains (Table 3). When we tested the effect of AgNP + tobramycin combinations on the clinical strains we found that the addition of 10-nm AgNPs showed greater reductions in biomass and viability



**FIG 4** Heat maps demonstrate enhanced biofilm reduction by small AgNPs and identify potential synergistic combinations of tobramycin + AgNPs. Comparison of effects of different AgNP-tobramycin combinations on (Continued on next page)

**TABLE 2** Fractional inhibitory concentration indices calculated for tobramycin and AgNP combinations that inhibited *P. aeruginosa* PAO1 biofilms<sup>a</sup>

AgNP treatment (nm)	Biofilm			Planktonic		
	FICi <sup>b</sup>	Range	Interaction type	FICi <sup>b</sup>	Range	Interaction type
10	0.11	0.00 to 0.63	Synergistic	0.07	0.07 to 0.43	Synergistic
20	0.21	0.08 to 0.73	Synergistic	0.14	0.08 to 0.66	Synergistic
40	0.26	0.14 to 0.66	Synergistic	0.25	0.14 to 0.66	Synergistic
60	0.50	0.16 to 1.02	Synergistic	0.43	0.13 to 1.02	Synergistic
100	0.52	0.33 to 1.04	Additive	0.52	0.26 to 1.08	Additive

<sup>a</sup>Biofilm viability was assessed by measuring the OD<sub>600</sub> of the planktonic cultures in the wells of the microtiter plate following the 20 h of incubation of the recovery phase.

<sup>b</sup>Fractional inhibitory concentration index (FICi) presented as median values.

at lower concentrations than did the 100-nm AgNPs (Fig. 6A and B). However, median FIC (fractional inhibitory concentration) index values suggest strain-dependent differences in the interaction between the 10-nm and 100-nm AgNP + tobramycin combinations (Table 3). For the LES400 isolate, the median FIC indices for 10-nm and 100-nm AgNP + tobramycin combinations were additive. However, synergistic combinations were observed for both AgNP sizes (Table 3). For 10-nm AgNPs, although the majority of effective combinations with tobramycin were additive, at 0.625  $\mu\text{g/ml}$  AgNP and between 12 to 375  $\mu\text{g/ml}$  tobramycin the combinations were synergistic at eliminating the LES400 biofilms. For PES385 the median FIC index for the 10-nm AgNPs was synergistic, while the value for 100-nm AgNPs was additive (Table 3). Against PES385 biofilms, there was a wider range of 10-nm AgNP and tobramycin combinations that was synergistic at eliminating PES385 biofilms compared to the LES400 isolate (Table 3). These results suggest that although smaller 10-nm AgNPs are better at inhibiting biofilms in combination with tobramycin than 100-nm AgNPs, strain-level differences in susceptibility to AgNP + tobramycin combinations do exist.

## DISCUSSION

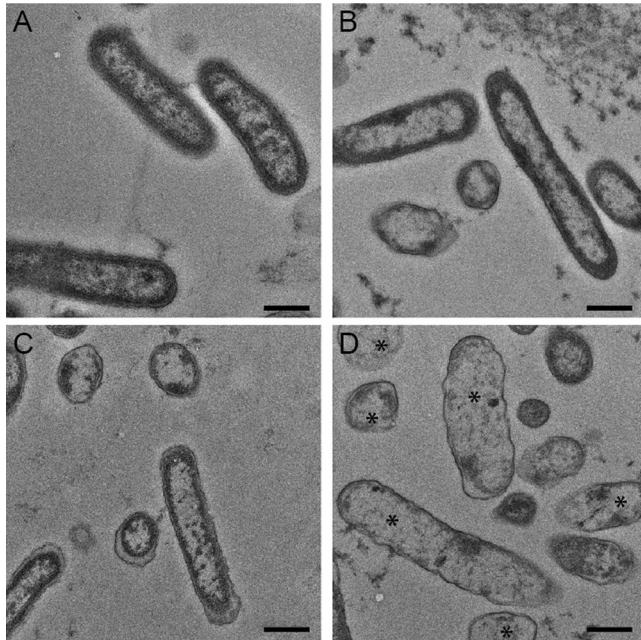
The antimicrobial effects of silver have been known for decades (20–22), but despite its historical use and recent inclusion in consumer products (20), little is known about the mechanisms of its antimicrobial action (23–26). Recent studies have assessed the effects of silver ions and AgNPs in combination with commonly used antibiotics and found that silver potentiates antimicrobial action of antibiotics against planktonically cultured bacterial pathogens (27–38). Small AgNPs (8 to 10 nm) have also shown to be effective at detaching preformed *P. aeruginosa* biofilms (39) and recent studies from our lab have shown that small AgNPs (10 to 20 nm) synergize the antimicrobial activity of the monobactam antibiotic aztreonam (11).

Here we assessed the ability of citrate-capped AgNPs of different sizes, alone and in combination with the aminoglycoside antibiotic tobramycin, to prevent the recovery of *P. aeruginosa* PAO1 biofilms *in vitro*, comparing a lab strain (PAO1) and two clinical isolates (LES400 and PES385). Our results showed that treatment of preformed biofilms with tobramycin alone resulted in decreases in both biofilm biomass and viability compared to untreated controls (Fig. 1). These results are different than those previously observed for aztreonam, where PAO1 biofilm biomass increased with increasing concentration of antibiotic while viability remained unchanged at 100% (11). This suggests that tobramycin has better *in vitro* inhibitory effects against planktonic cells

### FIG 4 Legend (Continued)

biofilm biomass (left) and biofilm viability (right) in the recovery phase, according to AgNP size (indicated on the right). Results are presented as heat plots illustrating the normalized values of percent recovery of biofilm biomass and viability after treatment with AgNPs and tobramycin. One hundred percent recovery equals levels observed for untreated control samples. Darker red boxes indicate greater percent recoveries (i.e., greater biofilm biomass or viability), whereas lighter red boxes indicate lower biofilm recovery (i.e., greater antimicrobial effect). Dashed lines represent the nature of the interaction for each combination of AgNPs and tobramycin, with concave lines representing synergistic interactions and straight lines representing additive interactions.





**FIG 5** Cellular ultrastructure reveals changes to membrane integrity. Transmission electron micrographs were used to examine the effect of 10-nm AgNPs on *P. aeruginosa* biofilms. (A to D) Negatively stained transmission electron micrographs of *P. aeruginosa* PAO1 biofilms cultured in silicone tubing for 72 h and either left untreated (A) or treated for 18 h with tobramycin (94.0  $\mu\text{g/ml}$ ) (B), 10-nm AgNPs (0.312  $\mu\text{g/ml}$ ) (C), or 10-nm AgNPs (0.312  $\mu\text{g/ml}$ ) plus tobramycin (94.0  $\mu\text{g/ml}$ ) (D). Asterisks in panel D highlight cells with increased cytoplasmic clearing and morphological changes compared to untreated cells in panel A. Bar, 50 nm.

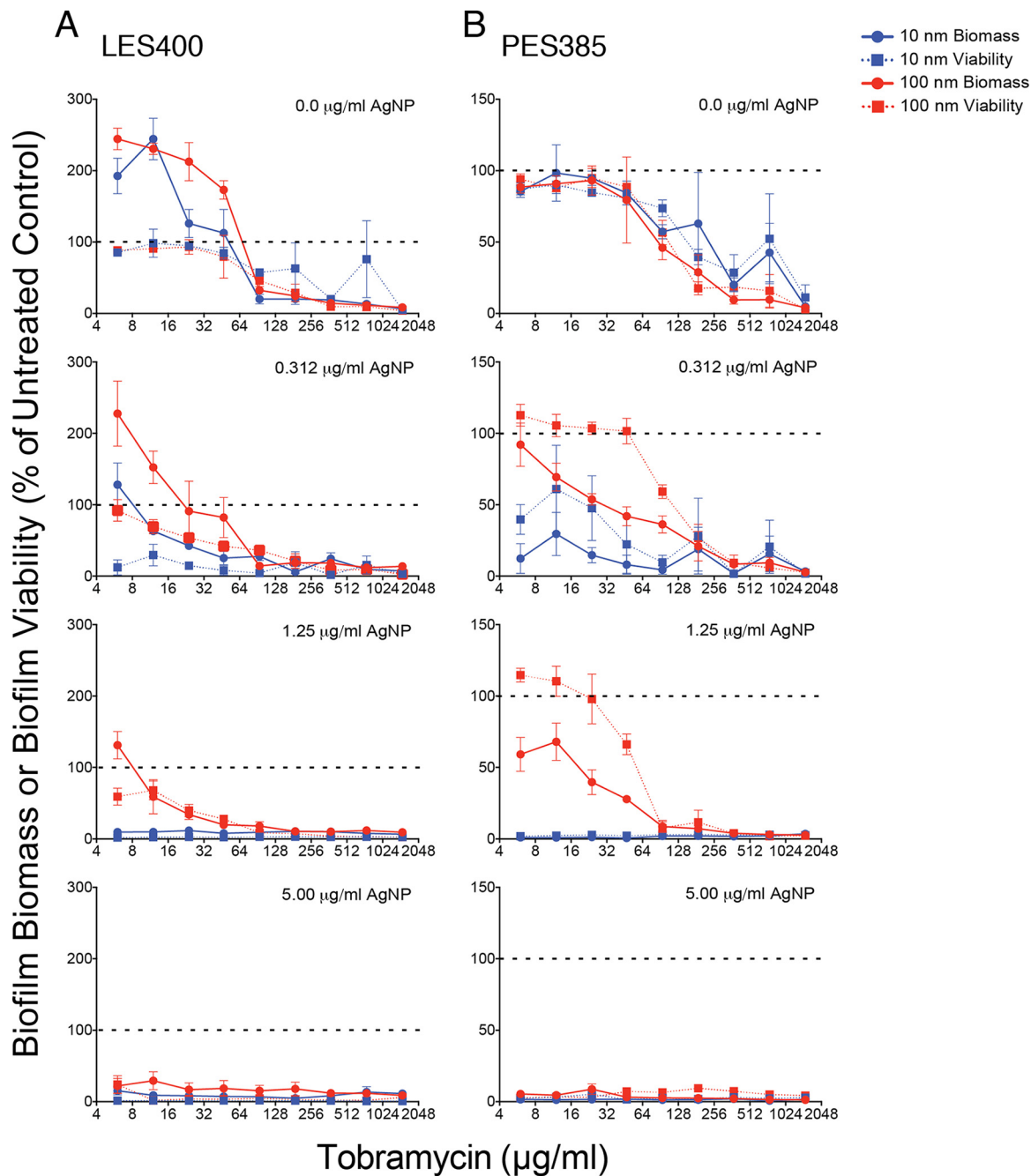
and preformed biofilms than aztreonam. The MIC and MBEC values for the different-sized AgNPs reported here (Table 1) were similar to those reported previously for PAO1 (11, 27, 30, 40, 41).

Specific combinations of tobramycin and AgNPs were effective at reducing both biofilm biomass and viability, with the smaller 10-nm and 20-nm AgNPs providing the most synergy against planktonic and biofilm cultures. The larger particles also reduced both biofilm biomass and viability but required much higher concentrations of tobramycin and AgNPs. This same trend was observed in our previous study with aztreonam (11), but with greatly reduced efficacy for the larger AgNPs; when combined with aztreonam the 40-nm, 60-nm, and 100-nm AgNPs could not eliminate PAO1 biofilm biomass or viability even at the highest concentrations tested. These results are surprising, as the MIC and MBEC values obtained for tobramycin and aztreonam were similar (tobramycin MIC = 5.86  $\mu\text{g/ml}$  and MBEC = 2,000 to 2,500  $\mu\text{g/ml}$ ; aztreonam MIC = 2.00  $\mu\text{g/ml}$  and MBEC = 4,000  $\mu\text{g/ml}$ ). This suggests that the antimicrobial synergy provided by the smaller AgNPs differs for each type of antibiotic and may be dependent on the antibiotic's mechanism of action. Mechanisms of silver activity

**TABLE 3** Median MIC, MBEC, and FIC<sub>i</sub> values for individual and combinations of antimicrobials following the 20 h challenge of clinical *P. aeruginosa* biofilms<sup>a</sup>

Treatment	LES400		FIC <sub>i</sub> (interaction type)	FIC <sub>i</sub> range	n	PES385		FIC <sub>i</sub> (interaction type)	FIC <sub>i</sub> range	n
	MIC ( $\mu\text{g/ml}$ )	MBEC ( $\mu\text{g/ml}$ )				MIC ( $\mu\text{g/ml}$ )	MBEC ( $\mu\text{g/ml}$ )			
10 nm AgNP	1.25	5			3	1.25	3.75			3
100 nm AgNP	10.0	>10.0			3	5.0	>10.0			3
TOB	94.0	>1,500			6	375	>1,500			6
10 nm AgNP + TOB			0.51 (additive)	0.26 to 0.99	3			0.31 (synergistic)	0.13 to 0.75	3
100 nm AgNP + TOB			0.53 (additive)	0.13 to 1.50	3			0.52 (additive)	0.19 to 1.00	3

<sup>a</sup>MIC, MBEC, and FIC<sub>i</sub> presented as median values. FIC<sub>i</sub> values are reported for cells from the recovery phase. TOB, tobramycin.



**FIG 6** Treatment with combinations of 10-nm AgNPs and tobramycin results in lower biofilm viability and biomass, indicating greater bacterial killing of clinical isolates. Data demonstrate the effects of 10-nm and 100-nm AgNP-tobramycin combinations on biofilm viability in the recovery phase of clinical *P. aeruginosa* isolates. Normalized values of percent biomass (circles and solid lines) and viability (squares and dashed lines) of biofilms following challenge with different combinations of tobramycin (0.0  $\mu\text{g/ml}$  to 1,500  $\mu\text{g/ml}$ ) and 10-nm (blue symbols) and 100-nm (red symbols) AgNPs. The specific AgNP concentrations (0.0  $\mu\text{g/ml}$  to 5.0  $\mu\text{g/ml}$ ) are indicated in the top left corner of each panel. Biofilm biomass and viability values are presented for the clinical isolates LES400 (A) and PES385 (B). All values were normalized to untreated control samples (i.e., 0.0  $\mu\text{g/ml}$  AgNPs and 0.0  $\mu\text{g/ml}$  tobramycin). Dashed lines indicate 100% recovery (i.e., levels observed for untreated cells). Mean values for a minimum of 3 replicates  $\pm$  the standard deviations are shown.

against bacteria have been studied for over 40 years. For example, silver nitrate has been shown to inhibit respiratory function, exert uncoupler-like activity, inhibit succinate uptake, inhibit NADP-linked glutamate dehydrogenase, and collapse the membrane potential or proton motive force across the cytoplasmic membrane, leading to disruption of the cellular membranes (42–44). Aminoglycoside antibiotics such as

tobramycin have been shown to have two potential killing mechanisms, inhibition of protein synthesis (45) and perturbation of the outer membrane (46–48). It has also recently been proposed that disruption of the outer bacterial membrane by tobramycin may be critical to enhance antibiotic penetration, and that aminoglycosides could potentially be used synergistically with other antimicrobials to combat multidrug-resistant infections (49). This proposed mechanism could account for the difference observed between aztreonam and tobramycin in our studies. However, TEM micrographs of cells treated with 10-nm AgNPs (0.312  $\mu\text{g/ml}$ ) and tobramycin (94.0  $\mu\text{g/ml}$ ) (Fig. 5D) show similar morphological and cell envelope defects as those treated with similar concentrations of 10-nm AgNPs and aztreonam (11), suggesting that while specific mechanism may differ between the synergistic effect of tobramycin + AgNPs and aztreonam + AgNPs, the small AgNPs are important in potentiating the antimicrobial effect of both classes of antibiotic by compromising the cell envelope.

In summary, our results also show that small AgNPs are effective antimicrobial agents alone and in combination with tobramycin at relatively low concentrations (0.312  $\mu\text{g/ml}$  and 0.625  $\mu\text{g/ml}$  for 10-nm and 20-nm AgNPs, respectively) against PAO1 biofilms. Similar results were observed for the two clinical isolates; however, effective AgNP concentrations were higher, suggesting that differences in effectiveness are in part strain-dependent. This is in contrast with recent studies that show higher MIC and FIC<sub>i</sub> values for small AgNPs (33, 34, 40), and suggests that in addition to strain-dependent differences other factors, including mode of AgNP production and surface functionalization, may play an important role in AgNP antimicrobial activity. Combined, these data demonstrate the ability of small citrate-capped AgNPs to synergistically enhance the antimicrobial effects of tobramycin against *P. aeruginosa* biofilms *in vitro* and highlight the potential benefit of using low concentrations of each antimicrobial to reduce potential toxicity effects of silver and the possibility of bacterial resistance to antibiotics.

## MATERIALS AND METHODS

**Bacteria, growth conditions, and antimicrobial agents.** *P. aeruginosa* PAO1 (50), LES400 (16, 17), and PES385 (18, 19) were cultured in minimal Davis medium (MDM) supplemented with 0.1% (wt/vol) dextrose, as described previously (11). Tobramycin and the various-sized citrate-capped AgNPs (10, 20, 40, 60, and 100 nm) were purchased from Sigma-Aldrich (St. Louis, MO). Tobramycin and AgNP stock solution were prepared in MDM at a concentration 4 times higher than the highest concentration used in the minimum biofilm eradication concentration (MBEC) assays and stored at  $-20^{\circ}\text{C}$ .

**MBEC assays, biofilm viability, and biofilm biomass determinations.** The MBEC assays were performed in triplicate, using independent *P. aeruginosa* cultures for each replicate. The tests were divided into growth, challenge and recovery phases as previously described, with separate 20-h incubation periods for each phase (11, 23). For the growth phase of the experiment, MBEC plates were placed in a humidified container, placed in an incubator at  $37^{\circ}\text{C}$ , and shaken at 100 rpm to develop the biofilms. Following the incubation, the optical density at 600 nm ( $\text{OD}_{600}$ ) of the planktonic cultures was determined. Biofilms that formed on the peg surfaces of the MBEC plate during the growth phase were rinsed in phosphate-buffered saline (PBS) and placed in microtiter challenge plates containing different combinations of tobramycin and the AgNPs, prepared using a microdilution two-dimensional (2D) checkerboard procedure (27). The setup of each challenge plate evaluated 2-fold dilutions of tobramycin (1,500  $\mu\text{g/ml}$ , highest concentration; 6.00  $\mu\text{g/ml}$ , lowest concentration) with 2-fold dilutions of AgNP (10.0  $\mu\text{g/ml}$ , highest concentration; 0.156  $\mu\text{g/ml}$ , lowest concentration). To determine the MBEC value of tobramycin alone, a separate test was conducted to evaluate tobramycin concentrations between 188 and 4,000  $\mu\text{g/ml}$ . Within each challenge plate, MDM only (negative growth control) and MDM only plus biofilms (untreated growth control) were included. Following the challenge phase, the  $\text{OD}_{600}$  of the planktonic cultures was determined and used to calculate MIC values. Additionally, peg biofilms were rinsed in PBS, placed in the recovery-phase microtiter plate containing 200  $\mu\text{l}$  MDM/well, and incubated (11).

At the end of the recovery phase, the  $\text{OD}_{600}$  of the planktonic cultures in the wells of the microtiter plate were measured to determine the biofilm viability (i.e., the presence of viable bacterial cells shed from a treated biofilm). Biofilm viability measurements were normalized and expressed as % of untreated controls. The  $\text{OD}_{600}$  values were also used for MBEC determination as described previously (11–13). For recovery-phase biofilm biomass determination, the pegs attached to the lids of the MBEC plates were washed by placing them in a fresh microtiter plate containing 200  $\mu\text{l}$  PBS in each well for 1 to 2 min, which removed any loosely adherent cells. The biofilms were then processed and stained with crystal violet to measure biomass (i.e., cells and extracellular matrix material) as previously described (14, 51). Briefly, after rinsing the peg lid in PBS, the biofilms were fixed in 99% methanol for 15 min and then air dried. The peg biofilms were then stained in 0.2% crystal violet (wt/vol) for 5 min. The biofilms were

rinsed twice in deionized water to remove excess stain and allowed to air dry. To solubilize the bound dye, the stained biofilms were placed in 33% glacial acetic acid for 10 min. The absorbance of each sample was measured at 590 nm. These values were normalized and expressed as % of untreated controls.

**Silicone tube assays.** Biofilms were grown in a flowthrough biofilm tubing reactor and imaged as previously described (11). Following biofilm development, the flow was stopped and the biofilms were treated with either 94.0  $\mu\text{g/ml}$  tobramycin or 94.0  $\mu\text{g/ml}$  tobramycin with 0.312  $\mu\text{g/ml}$  10-nm AgNPs (a synergistic combination, as identified by the MBEC assays). An untreated growth control was also prepared with 2 ml of MDM alone. The tubing was incubated statically for up to 18 h. Sections of tubing 1 cm long were cut from the 20-cm segment at defined time points posttreatment (0, 8, 12, 18, and 24 h). The tube sections were placed in 1.5-ml microcentrifuge tubes with 2.5% glutaraldehyde in 0.1-M Na-cacodylate buffer to fix the samples, and then stored at 4°C prior to evaluation of cell morphology via transmission electron microscopy (TEM). Based on our initial observations, the 18-h samples were selected for evaluation by TEM.

**Fractional inhibitory concentration index calculations.** The FIC index (52, 53) for tobramycin and AgNP combinations was calculated to determine the nature of the inhibitory effects observed in the MBEC assays. Briefly, the FIC index was calculated for the first nonturbid well (indicating low/no growth) in each row and column of the recovery plate, representing the lowest tobramycin/AgNP combinations that inhibited the *P. aeruginosa* biofilm, i.e., the MBEC.  $\text{OD}_{600}$  values  $\leq 0.01$  were considered nonturbid. The following equation was used:  $\Sigma\text{FIC} = \text{FIC}_A + \text{FIC}_B = (C_A/\text{MBEC}_A) + (C_B/\text{MBEC}_B)$ , where  $\text{MBEC}_A$  and  $\text{MBEC}_B$  are the MBECs of AgNP and tobramycin alone, respectively, and  $C_A$  and  $C_B$  are the concentrations of the AgNP and tobramycin in combination, respectively. An FIC index value of  $\leq 0.5$  was considered synergistic, a value of  $>0.5$  to  $<4$  was considered to be no interaction/additive, and a value  $\geq 4$  was antagonistic. The FIC index median and range were determined for data at tobramycin and AgNP concentrations less than their respective MBECs where growth or biomass were inhibited. An FIC index value of  $\leq 0.5$  was considered synergistic, a value of  $>0.5$  to  $<4$  was considered to be no interaction/additive, and a value  $\geq 4$  was antagonistic.

**Statistical analysis.** Graphical presentation and statistical analyses of the data were completed using Prism 6 (GraphPad Software, Inc., San Diego, CA).

## SUPPLEMENTAL MATERIAL

Supplemental material for this article may be found at <https://doi.org/10.1128/AAC.00415-17>.

**SUPPLEMENTAL FILE 1**, PDF file, 0.8 MB.

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