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RETINOL SATURASE MODULATES LIPID METABOLISM AND THE PRODUCTION OF REACTIVE OXYGEN SPECIES

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Abstract

Retinol saturase (RetSat) catalyzes the saturation of double bonds of all-*trans*-retinol leading to the production of dihydroretinoid metabolites. Beside its role in retinoid metabolism, there is evidence that RetSat modulates the cellular response to oxidative stress and plays critical roles in adipogenesis and the accumulation of lipids. Here, we explore the relationship between RetSat, lipid metabolism and oxidative stress using *in vitro* and *in vivo* models with altered expression of RetSat. Our results reveal that RetSat is a potent modulator of the cellular response to oxidative stress and the generation of reactive oxygen species (ROS). The levels of reactive aldehydes products of lipid peroxidation, as measured based on thiobarbituric acid reactivity, are increased in RetSat overexpressing cells and, conversely, reduced in cells and tissues with reduced or absent expression of RetSat compared to controls. Despite increased weight gain, neutral lipid accumulation and alterations in hepatic lipid composition, *RetSat*^{-/-} mice exhibit normal responses to insulin. In conclusion, our findings further expand upon the role of RetSat in oxidative stress and lipid metabolism and could provide insight in the significance of alterations of RetSat expression as observed in metabolic disorders.

Keywords

adiposity; lipid metabolism; oxidative stress; retinoid metabolism; vitamin A

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INTRODUCTION

Vitamin A, obtained in the diet in the form of retinol, retinyl esters, or provitamin A carotenoids is required for essential life processes such as embryonic development, cell differentiation and vision. It has been a long-held belief that all the non-visual functions of vitamin A are mediated by all-*trans*-retinoic acid (ATRA). This assertion is supported by the broad transcriptional regulatory roles mediated by ATRA and by its ability to rescue growth defects associated with vitamin A deficiency [1]. However, an increasing number of studies report observations of regulatory activities which are carried out by metabolites of retinol and carotenoids other than ATRA. These include activities mediated by retinol, retinaldehyde, retro-retinoids as well as by longer β -apocarotenoids and uncleaved carotenoids (reviewed in [2–5]).

Dihydroretinoids are a class of retinoid metabolites which are generated via the reduction of one of the C-C double bonds present in retinoids. We have shown that all-*trans*-dihydroretinoids can be generated *in vivo* via the enzyme activity of retinol saturase (RetSat) which catalyzes the reduction of either the 13–14 or the 7–8 double bonds in the polyene chain of all-*trans*-retinol [6, 7]. RetSat resembles the sequence and evokes the enzymatic activity of carotene isomerase (CRTISO), a plant enzyme which carries out double bond isomerization reactions necessary for the synthesis of carotenoids [8]. The product of the mammalian RetSat-mediated saturation of all-*trans*-retinol is 13(*R*)-all-*trans*-13,14-dihydroretinol [9], which is further oxidized to 13(*R*)-all-*trans*-13,14-dihydroretinoic acid; both metabolites being detectable in animal tissues [6, 10–12]. We previously showed that all-*trans*-13,14-dihydroretinoic acid can activate the retinoic acid receptors (RAR), albeit, less potently than the cognate ligand of these receptors, namely ATRA [13]. In addition to *trans*-configured dihydroretinoids, others have detected the presence in serum and tissues of *cis*-configured dihydroretinoids, which have also been suggested to act as ligands of nuclear receptors [11, 14, 15]. Altogether, these observations suggest that the activity of RetSat could be involved in the generation of novel retinoid metabolites, with interesting and potentially important biological functions. Nevertheless, to fully understand the physiological role of RetSat, studies employing genetic approaches are required.

Several observations suggest that the physiological role of RetSat is associated with the regulation of lipid metabolism and adipogenesis. The expression of RetSat is induced by PPAR α and PPAR γ , important transcriptional regulators of lipid metabolism [16, 17], and is often deregulated in diabetic patients and in various models of insulin resistance [18]. Moreover, *in vitro* studies have uncovered the requirement of RetSat in the adipogenic differentiation of 3T3-L1 cells [17]. However, it was suggested that the effect of RetSat on adipogenesis involves a different product than its known product, all-*trans*-13,14-dihydroretinol [17]. *In vivo*, the role of RetSat proved to be even more complex to elucidate. In this case, RetSat-deficient mice exhibit increased fat accumulation in comparison with control littermates; in contrast to what would be expected based on its requirement for adipogenesis *in vitro* [19]. Thus, there is discordance between the role of RetSat in the regulation of lipid accumulation and adipogenesis, *in vivo* versus *in vitro*, and in relation to its proposed enzymatic activity in saturating all-*trans*-retinol.

Here, we explore the potential role of RetSat in lipid metabolism as well as oxidative stress. A genome-wide shRNA screen had previously identified RetSat as one of several genes involved in the cellular response to *tert*-butylhydroperoxide (*tert*-BHP), and hydrogen peroxide [20]. This study raised important questions regarding the relationship between RetSat's potential involvement in oxidative stress. Using both *in vivo* and cell culture models with altered expression of RetSat, we demonstrate that RetSat affects the formation of reactive oxygen species (ROS). At the same time, deficiency of RetSat is associated with changes in the adiposity and the composition of lipids in mice including decreases in the levels of many species of unsaturated fatty acids. As these roles appear to be independent of the formation of all-*trans*-13,14-dihydroretinol, this study provides a new direction in exploring the function of RetSat and its possible association with pathophysiological processes related to lipid deposition and oxidative stress.

MATERIAL AND METHODS

Animal husbandry and dietary treatment

RetSat wild-type (WT) and knockout (KO) mice were generated as previously described [19] on a mixed 129sv/C57BL6 background and were backcrossed to the C57BL/6N strain (Charles River) for six generations. All mice were housed under controlled conditions of 12-hour dark and light cycle and fed on chow or high fat diet (HFD) with free access to water before experiments. All animal experiments were performed under guidelines approved by the University of Kansas or Yale University Animal Care and Use Committees. Seven, six-week-old, male WT or KO mice were treated with HFD containing 45 kcal % fat (Research Diet Inc., NJ) or chow for ten weeks. Body weight and food intake was monitored and at the completion of treatment, liver and white fat were dissected for lipid analysis.

Cell culture and RNA interference experiments

The HEKK-*RetSat* cells are stably transfected with the tetR-expressing plasmid pcDNA6-TR and pcDNA4/TO expressing the mouse RetSat enzyme under the control of tetracycline-inducible promoter and have been previously described [6]. HEKK-*RetSat*, and commercially available NIH/3T3 (ATCC, VA) and 3T3-L1 cells (ZenBio, NC) were cultured in Dulbecco's modified Eagle's medium (DMEM) containing 10% fetal bovine serum (SAFC, KS) or fetal calf serum (SAFC, KS) at 37 °C under humidified atmosphere with 5% CO₂. Cells were seeded into 24-well plates (3×10⁴ cells/well) or 6-well plates (3×10⁵ cells/well) for 24 hours before experiments were performed. To induce the expression of RetSat, HEKK-*RetSat* cells were treated with or without 2 µg/ml tetracycline for 30 hours. NIH/3T3 or 3T3-L1 cells were transfected 30 hours before being assayed with 3 fmol *RetSat* siRNAs targeting mouse *RetSat* exon 2 or 9, siRNA1 and siRNA2, respectively, or control siRNAs (Ambion - Thermo Fisher Scientific). The effect of suppression of the expression of RetSat via siRNA was validated (Supplemental Fig. 1). RNA was extracted from NIH/3T3 cells transfected with siRNAs targeting mouse *RetSat* or control siRNAs using Trizol (Invitrogen-Thermo Fisher Scientific). Complementary DNA (cDNA) was synthesized from 1 µg total RNA using SuperScript III reverse transcriptase kit (Invitrogen-Thermo Fisher Scientific) using oligo dT-primed reactions. Reactions were performed in a 10 µl volume of 25 ng/µl cDNA, 250 nM of each primer and 5 µl of QuantiFast SYBR Green PCR Master Mix

(Qiagen, CA) on the Biosystems StepOnePlus™ Real-Time PCR System. qPCR condition was at 95 °C for 10 min, 95 °C for 10 sec. and 60 °C for 30 sec for 40 cycles. The sequences of primers for *RetSat* were forward: 5'- CCGAGGATGTCAAGCGAC-3', reverse: 5'- CCAGCTTCTCTGGTACTCGG -3'; for *Gapdh* were forward: 5'- GTC AAGCTCATTTCCTGGTATG-3', reverse: 5'-CTTGCTCAGTGCCTTGCTG-3'. The levels of cDNA were quantified by the comparative threshold cycle method using *Gapdh* as an internal standard. Alternatively, changes in the expression levels of the RetSat protein in NIH/3T3 cells transfected with small interfering RNAs (siRNAs) targeting mouse *RetSat* or control siRNAs were assessed. Cells were cultured and transfected in 6-well plate harvest in 100 µl SDS loading buffer, and then denatured at 100 °C for 15 min. Protein concentrations were determined by EZQ Protein Quantitation Kit (Invitrogen-Thermo Fisher Scientific). Equal amounts of protein were subjected to electrophoresis on a 12% Tris-HEPES polyacrylamide gel (Thermo Fisher Scientific, MA) and transferred to a PVDF membrane. The target protein was detected using a previously described anti-RetSat monoclonal antibody [19] and anti-GADPH monoclonal antibody was used to assess the levels of GAPDH as the loading control (Ambion-Thermo Fisher Scientific). The signal was detected with chemiluminescent agent (Thermo Scientific) after incubating with anti-mouse IgG conjugated with horseradish peroxidase (Promega, CA).

Mouse embryonic fibroblasts (MEFs) were isolated from 13.5-day-old embryos of *RetSat* WT and KO mice. Briefly, embryos were finely minced into pieces after removal of head and visceral organs, and incubated in 0.2% trypsin-EDTA solution at 37 °C for 15 min. The resulting cell suspension was filtered and centrifuged at 400 rpm for 5 min. The cell pellets were re-suspended and maintained in DMEM with 10% fetal calf serum at 37 °C under humidified atmosphere with 5% CO₂ in 10 cm dishes. After achieving 80% confluence, the MEF cells were passaged and plated in 6-well plate (3×10⁵ cells/well) for further experiments.

Measurements of cell viability

NIH/3T3 or 3T3-L1 cells transfected with siRNAs targeting mouse *RetSat* or control siRNAs were treated with 100, 200 and 400 µM *tert*-butyl hydroperoxide (*tert*-BHP) or vehicle control for one hour. Similarly, HEKK-*RetSat* cells with or without tetracycline-induction of the expression of *RetSat* were treated with 0, 50, 200 and 600 µM *tert*-BHP in culture medium for one hour. The viability of treated cells was examined the next day using the PrestoBlue Cell Viability Reagent (Invitrogen-Thermo Fisher Scientific) as described by the manufacturer. In experiments examining the effect of repletion with all-*trans*-13,14-dihydroretinol on the response of 3T3-L1 cells to *tert*-BHP, the cells were handled in reduced light conditions to prevent isomerization of the retinoids. Specifically, 3T3-L1 cells with or without suppression of the expression of RetSat were treated with various doses of *tert*-BHP in the presence of all-*trans*-13,14-dihydroretinol. At the end of the incubation period, the medium was replaced with fresh growth medium and the cell viability was measured 24 h later.

Measurements of the levels of lipid peroxides and ROS

Tetracycline-induced or uninduced HEKK-*RetSat* cells were treated with 100, 200 and 400 μM *tert*-BHP or vehicle control in Hanks' Balanced Salt Solution (HBSS) for one hour. Similarly, NIH/3T3 cells with or without suppression of the expression of *RetSat* were treated with 0, 200, 400 and 600 μM *tert*-BHP in HBSS for one hour. MEFs derived from WT or KO mice were treated with 0, 50, 100 and 200 μM *tert*-BHP in HBSS for one hour. The cell supernatant was collected for an assay of thiobarbituric acid-reactive substances (TBARS), and the cell pellets were harvested in 400 μl RIPA buffer for the determination of protein concentration by EZQ Protein Quantitation Kit (Invitrogen-Thermo Fisher Scientific). The TBARS assay was performed according to previously described methods [21, 22]. Briefly, 400 μl of supernatant or homogenate was mixed with 375 μl of 20% acetic acid (pH3.5) and 225 μl of 1.33% thiobarbituric acid (TBA). The mixture was heated at 95 $^{\circ}\text{C}$ for 20 min followed by centrifugation at 14,000 rpm for 10 min. The levels of malondialdehyde (MDA) -TBA adduct were measured fluorometrically using excitation of 515 nm and emission of 535 nm, and normalized to the protein concentration present in cells.

To measure TBARS in mouse tissues, tissue corresponding to approximately 30 mg of liver or 100 mg of fat was isolated from *RetSat* KO or WT mice treated with HFD or chow. The tissues were homogenized in 1 ml of 2.5% SDS with 35 μM BHT and 6.25 μM deferoxamine and hydrolyzed by the addition of 120 μl of 1 M KOH at 60 $^{\circ}\text{C}$ for 45 min followed by centrifugation at 14,000 rpm for 15 min. 400 μl supernatant was mixed with 375 μl of 20% acetic acid (pH3.5) and 225 μl of 1.33% TBA. The mixture was heated in 95 $^{\circ}\text{C}$ for 20 min followed by centrifugation at 14,000 rpm for 10 min. The levels of MDA-TBA adducts were measured at 532 nm by HPLC-UV. 20 μl supernatant was injected into a C8 (4.6 mm \times 150 mm, 2.7 μm) column (MAC-MOD Analytical, PA) with the flow rate of 0.6 ml/min by using 80% 20 mM ammonium acetate and 20% methanol at 40 $^{\circ}\text{C}$ as a isocratic mobile phase.

To measure reactive oxygen species (ROS), *RetSat* overexpressing cells or cells with suppressed expression of *RetSat* and matched controls were pre-incubated with 10 μM 2',7'-dichlorodihydrofluorescein diacetate (H_2DCFDA) in HBSS for 30 min, and then were treated with or without *tert*-BHP for one hour. Fluorescent microscopy was used to measure the fluorescence intensity of 2',7'-dichlorofluorescein, the oxidized de-esterified product of H_2DCFDA , whose levels correlate with levels of ROS. The images were captured and processed using Metamorph software, and displayed with pseudo color assignment. Fluorescence intensities were quantified by ImageJ software. For an alternative means to measure the levels of H_2O_2 , induced or uninduced HEKK-*RetSat* cells and media were assayed using the Amplex Red Hydrogen Peroxide/Peroxidase Assay Kit following the manufacturer's instruction (Invitrogen-Thermo Fisher Scientific), and normalized by the protein concentration present in cells.

Measurement of the lipid profile in the liver of *RetSat* WT and KO mice

Approximately 50 mg or 100 mg liver samples obtained from seven, six-week-old, male WT or KO mice treated with HFD or chow were homogenized in 1 ml of 5% IGEPAL[®] CA 630

(Sigma-Aldrich, MO). Triacylglycerides were dissolved by repeated heating to 85 °C for 2 min and cooling to room temperature. The homogenates were cleared by centrifugation at 14,000 rpm for 5 min and the cleared supernatant was used to analyze triglyceride content using the Triglyceride Assay Kit (Zenbio, NC) as described by the manufacturer.

Alternatively, 50 mg liver samples obtained from seven, six-week-old, male mice treated with HFD were homogenized in 1.6 ml H₂O with 35 μM butylated hydroxytoluene (BHT) and 6.25 μM deferoxamine followed by mixing with 2 ml chloroform and 4ml methanol. The mixture was vortexed before extraction with 2 ml chloroform and 2 ml H₂O. The mixture was separated by centrifugation at 1000 rpm for 5 min. The aqueous layer was re-extracted with 2 ml chloroform twice. All organic layers were combined and washed once with 0.5 ml of 1 M potassium chloride and once with 0.5 ml H₂O and then dried down in a vacuum concentrator (Thermo Scientific, IL). The residue was dissolved in 1 ml chloroform for mass spectrometry analysis. The profiles of phospholipids were measured by an automated electrospray ionization–tandem mass spectrometry method as previously described [23, 24]. Data were processed as previously described [23]. Briefly, the lipids in each class were quantified by their peak height and normalized by two internal standards of that class using a correction curve determined between standards. The amount of individual phospholipid to total liver weight was chosen to estimate the lipid changes in *RetSat* KO compared with WT mice. Statistical analyses were performed using student's *t*-test or ANOVA followed by Post-hoc test where appropriate.

RESULTS

The expression of *RetSat* is positively correlated to the sensitivity of cells to inducers of oxidative stress

We studied the effect of altered expression of *RetSat* on the oxidative stress induced by *tert*-BHP in NIH/3T3 cells. We altered the expression levels of *RetSat* using two different siRNAs targeting exons 2 or 9 of mouse *RetSat*, and we compared their effect to two different non-targeting control siRNAs, siRNA-Ctr1 and siRNA-Ctr2. We confirmed that transfection of siRNA targeting *RetSat* leads to a consistent and significant reduction in the levels of *RetSat* mRNA and *RetSat* protein compared to the negative control siRNAs. (Supplemental Figure 1A, bottom panels).

We next compared the effect of the downregulation of the expression of *RetSat* expression on the cytotoxicity of *tert*-BHP on NIH/3T3 cells. Our results are consistent with the results reported previously [20]. As shown in Figure 1A, the cytotoxic effects of *tert*-BHP became noticeable in the cells transfected with control siRNA starting with a concentration of 100 μM while cell survival was not affected in cells transfected with siRNA targeting *RetSat* exposed to the same treatment. The trend continued as suppression of *RetSat* expression was associated with increasingly higher cell viability compared to controls cells at *tert*-BHP concentrations of 200 and 400 μM.

We complemented our studies by testing if overexpression of *RetSat* would decrease the cell survival rate in response to *tert*-BHP. We tried to test this hypothesis in NIH/3T3 cells, but *RetSat* overexpressing NIH/3T3 cells were no more sensitive to *tert*-BHP than the control

cells (not shown). This could be due to the existing high endogenous levels of RetSat in NIH/3T3 cells which precludes any observable impact of its overexpression. Therefore, we chose the previously established cell line, HEKK-*RetSat*, which expresses very low levels of RetSat initially but high levels upon induction with tetracycline [6, 7, 9]. As expected, the cells overexpressing RetSat were more susceptible to *tert*-BHP than the uninduced control cells. As shown in Figure 1B, uninduced and tetracycline-induced HEKK-*RetSat* cells both showed a dose dependent cytotoxic response to *tert*-BHP but the tetracycline-induced cells have evidently reduced cell viability when compared to the control cells exposed to concentrations of 200 and 600 μ M *tert*-BHP.

The inverse correlation of RetSat expression and resistance to *tert*-BHP was also observed in the case of the 3T3-L1 cell line [25]. It was reported that 3T3-L1 preadipocytes endogenously express RetSat and dramatically upregulate its expression via PPAR γ during adipogenesis [17]. Importantly, suppression of the expression of RetSat in 3T3-L1 cells blocks their adipogenic differentiation [17]. Thus, we examined whether suppression of RetSat expression in 3T3-L1 preadipocytes also modulates their cellular response to *tert*-BHP treatment. Even though 3T3-L1 cells are inherently more sensitive to the toxicity of *tert*-BHP than NIH/3T3 cells, their viability in response to *tert*-BHP is increased by suppressing the expression of RetSat. Thus, 3T3-L1 cells transfected with siRNA targeting *RetSat* displayed a robust increase in cell viability when exposed to concentrations of 200 and 400 μ M *tert*-BHP compared to the control cells (Fig. 1C). As RetSat converts all-*trans*-retinol to all-*trans*-13,14-dihydroretinol,[6] we asked whether replenishing RetSat's known product in 3T3-L1 cells with suppressed RetSat expression restores their sensitivity to *tert*-BHP. Surprisingly, addition of 10 μ M all-*trans*-13,14-dihydroretinol does not affect the sensitivity of 3T3-L1 cells to *tert*-BHP in cells transfected with siRNA targeting *RetSat* (Fig. 1D). We also examined if RetSat promotes cellular sensitivity to *tert*-BHP via depletion of its putative substrate, all-*trans*-retinol; however, depletion of retinol from cell media did not restore the sensitivity of 3T3-L1 cells to *tert*-BHP (Supplemental Figure 2). Therefore, our results argue that the conversion of all-*trans*-retinol to all-*trans*-13,14-dihydroretinol by RetSat most likely does not play a role in the way this enzyme influences the cellular response to oxidative stress.

The expression of RetSat is directly correlated with the production of ROS and lipid peroxides

Since the expression of RetSat is inversely correlated with the cytotoxic effects of *tert*-BHP, we asked if this is a result of an effect of RetSat on the production of ROS as opposed to a more general effect on cell death pathways. To assess ROS production by cells treated with *tert*-BHP we employed the redox-sensitive dye H₂DCFDA and fluorescent microscopy. Exposing cells to *tert*-BHP resulted in dose-dependent production of ROS in both NIH/3T3 and HEKK-*RetSat* cells. Importantly, suppression of the expression of RetSat leads to a significant reduction of ROS production in the NIH/3T3 cells compared to the control siRNA transfected cell. NIH/3T3 cells transfected with siRNA targeting *RetSat* produced 3.6 and 8.3-fold less ROS in the response to *tert*-BHP (Fig. 2A) at doses of 200 and 400 μ M *tert*-BHP, respectively. On the other hand, overexpression of RetSat results in 3.9 and 2.9-fold

elevation of ROS levels in RetSat overexpressing cells compared to the control cells in response to 50 and 100 μM *tert*-BHP, respectively (Fig. 2B).

We next examined whether RetSat affects the levels of reactive free radicals and lipid peroxide produced in response to *tert*-BHP. Lipid peroxidation leads to the generation of malondialdehyde which was monitored via the TBARS assay. Acknowledging that TBARS can also be produced via alternative metabolic pathways [26], we noted that all cell types studied produced TBARS in response to *tert*-BHP in a dose-dependent manner, with little to no TBARS being generated in the absence of *tert*-BHP-induced oxidative damage (Fig. 3).

Upon suppression of the expression of RetSat in NIH/3T3 cells, the levels of TBARS significantly declined by 2.3, 2.4 and 2.9-fold in response to concentrations of 200, 400 and 600 μM *tert*-BHP, respectively, compared with the control cells (Fig. 3A). Conversely, the levels of TBARS were dramatically elevated by 4.2, 4.6 and 4.2-fold in RetSat overexpressing cells in response to 100, 200 and 400 μM *tert*-BHP compared to controls (Fig. 3B). Similar to the effects of RetSat suppression in NIH/3T3 cells, the levels of TBARS detected in MEFs derived from *RetSat* KO mice were significantly decreased compared with the levels seen in MEFs from WT mice treated with the same amounts of *tert*-BHP concentrations (Fig. 3C). Moreover, as measured by Amplex Red, induction of RetSat expression in HEKK-*RetSat* cells leads to a higher level of cellular H_2O_2 being generated in comparison to control cells (Fig. 3D). Altogether, these results suggest that the expression of RetSat directly correlates with the levels of TBARS and ROS in cells.

We decided to further examine the effect of RetSat on the production of lipid peroxides *in vivo* by assessing the levels of TBARS in the liver and white fat of *RetSat* KO and WT mice. We employed both mice fed *ad libitum* for ten weeks on normal chow diet as well as mice fed a HFD containing 45% of kcal derived from fat, since HFD is associated with a higher level of oxidative stress in mice [27]. Consistent with previous reports of a positive association between HFD and levels of oxidative stress, we observed increased TBARS levels in the liver of HFD-fed compared with chow-fed WT mice (Fig. 4A versus C). In agreement with our observations in cell culture, we observed that the levels of TBARS in the liver of *RetSat* KO mice were modestly but consistently reduced compared to WT mice in case of chow- or HFD-fed mice (Fig. 4A and C). There were no obvious differences in the levels of TBARS in the white fat of *RetSat* WT and KO mice fed chow or HFD (Fig. 4B and D). Therefore, RetSat-deficiency is associated with lower levels of lipid peroxidation in the liver.

RetSat deficiency leads to body weight gain, and increased triacylglycerides and altered lipid composition in the liver of mice

RetSat was shown to have an interesting relationship with several important metabolic pathways, such as the fasting response, insulin signaling, and lipid metabolism [16–19]. Increased lipid peroxidation and ROS production is an early pathological feature of HFD-induced insulin resistance [27, 28]. Our results have, so far, shown that RetSat's expression correlates with the levels of lipid peroxidation in mouse liver, therefore, we proceeded to study if RetSat also affects other pathophysiological process related to lipid accumulation and insulin responses in mice.

We first monitored the change in total body weight and the body weight gain of *RetSat* KO and WT mice fed chow for ten weeks. *RetSat* KO mice fed chow had a higher total body weight than chow-fed *RetSat* WT mice throughout the course of the experiment (Fig. 5A). Towards the end of the treatment, chow-fed *RetSat* KO mice also displayed a significantly higher weight gain than chow-fed *RetSat* WT mice (Fig. 5B). These results are consistent with our previous findings of increased adiposity in the *RetSat* KO mice [19], which have also been observed in a second *RetSat*-deficient mouse model [29]. Next, we examined *RetSat* WT and KO mice fed with HFD (45 kcal % fat). Though, *RetSat* KO mice on HFD displayed a consistently higher body weight gain from the third week to ninth week of treatment compared to HFD-fed *RetSat* WT mice (Fig. 5D) there was no significant difference in their total body weight (Fig. 5C). Metabolic cage studies of body weight matched HFD-fed *RetSat* WT and KO mice detected no differences in energy expenditure or feeding that could account for the differences in body weight gain (Supplemental Fig. 3). Interestingly, despite no detected differences in energy expenditure, *RetSat* KO mice were more active compared with WT mice, suggesting decreased energy efficiency may have contributed to their increased rate of weight gain during HFD and increased body weight and weight gain during chow studies, however, these possibilities will require future investigations (Supplemental Fig. 3).

To corroborate our findings of decreased lipid peroxides in the livers of *RetSat* KO mice we measured triglyceride levels and the lipid composition in the livers of *RetSat* KO versus WT mice fed either chow or HFD. The level of triacylglycerides was elevated by 36% and 34% in the liver of *RetSat* KO mice fed chow or HFD, respectively, compared to *RetSat* WT mice (Fig. 6). In addition to neutral lipids, we also assessed the profile of 359 different species of polar lipids in the livers of *RetSat* KO and WT mice fed HFD by electrospray ionization (ESI) tandem mass spectrometry (ESI-MS/MS) including alkyl and acyl-phospholipids, lysophospholipids, and sphingomyelins. Figure 7 displays the changes associated with several species of polar lipids whose levels were significantly altered in the livers of HFD-fed *RetSat* WT versus KO mice. Many of the polar lipids species were decreased by 16% to 35% in the absence of *RetSat*. These include unsaturated phosphatidylcholines (PC), ether-linked PC, phosphatidylethanolamines (PE), and ether-linked PE, lysoPE and phosphatidylglycerols (PG). On the other hand, sphingomyelin (SM) 24:1, showed a 24% increase in levels in *RetSat* KO mouse versus WT. Altogether, our results indicate that *RetSat* plays a role in lipid metabolism and that its deficiency leads to increased weight gain and changes in the levels and composition of hepatic lipids. Because increased hepatic lipid levels are commonly associated with hepatic insulin resistance, we performed hyperinsulinemic euglycemic clamp studies in HFD-fed WT and *RetSat* KO mice [19] to evaluate whole-body and liver-specific insulin sensitivity directly. Plasma insulin levels were matched at 50.4 ± 8.2 and 64.7 ± 8.5 $\mu\text{U/ml}$ for *RetSat* WT and *RetSat* KO mice, respectively, during the 140 min infusion. There was no difference in whole-body insulin sensitivity in *RetSat* WT compared with *RetSat* KO mice, as indicated by the similar rates of glucose infusion required to maintain euglycemia during the clamp. Hepatic insulin sensitivity, measured as the suppression of hepatic glucose production in response to insulin, was also not different between groups (Supplemental Fig. 4). These data are consistent with previous reports where no changes in insulin sensitivity or glucose homeostasis were

observed in chow-fed RetSat-deficient mice subjected to glucose and insulin tolerance tests [19]. Therefore, in spite of results that suggest that RetSat deficiency is associated with increased adiposity and alterations in lipid metabolism we did not observe overt changes in insulin sensitivity.

DISCUSSION

RetSat, a highly conserved chordate enzyme that carries out the reduction of double bonds of all-*trans*-retinol, has been implicated in the biology of adipocytes and the cellular response to oxidative stress [17, 20]. We present here results derived from both *in vitro* and *in vivo* models which indicate that the levels of RetSat are positively correlated with the sensitivity of cells to *tert*-BHP, and cellular production of ROS and lipid peroxides. In line with previous observations of increased lipid deposition in *RetSat* KO mice [19], *RetSat* KO mice display increased weight gain and increased levels of hepatic neutral lipids and a reduction in the levels of many species of unsaturated lipids. The reduction in the levels of unsaturated lipids might contribute to the observed decrease in the levels of lipid peroxides formed in the *RetSat* KO mouse. Overall, these results point towards a role of RetSat in lipid metabolism and in the formation of ROS *in vitro* and *in vivo*.

It is difficult to reconcile the influence of RetSat on the cytotoxic effects of *tert*-BHP and RetSat's currently proposed enzymatic activity in saturating all-*trans*-retinol. Specifically, suppression of RetSat expression in NIH/3T3 cells leads to increased resistance to *tert*-BHP, however, the cellular sensitivity to *tert*-BHP cannot be restored by either supplementation with its known product, all-*trans*-13,14-dihydroretinol, or by depletion of the substrate all-*trans*-retinol. This leads us to the hypothesis that an alternate, yet-to-be identified, enzymatic transformation carried out by RetSat is most likely responsible for its effects on ROS production. Though improbable, we cannot rule out the possibility that exogenous provision all-*trans*-13,14-dihydroretinol may not restore appropriate levels of this compound in the correct subcellular location. Despite our efforts we were not able to identify additional substrates of RetSat other than all-*trans*-retinol. However, results by Toomey *et al.* indicate that, in birds, RetSat can reduce the terminal double bond of the galloxanthin, a product of the asymmetric cleavage of the carotenoid zeaxanthin, to generate dihydrogalloxanthin [30]. Since carotenoids are known to influence the cellular response to oxidative stress [31] and mitochondrial function [32], it is possible that a better understanding of the enzymatic activity of RetSat in relation to other apocarotenoids could also shed light on its role in the formation of ROS.

Other possible explanations for the connection between RetSat and the formation of ROS could involve mechanisms independent of its known enzymatic product. It is formally possible that the effects of RetSat on the generation of ROS are mediated by a non-catalytic mechanism. In this case it is possible that RetSat, an endoplasmic reticulum-resident membrane protein [6], could interact with other cellular regulators of ROS within this compartment to promote the formation of ROS via protein-protein interactions. Another possibility is that the effect of RetSat on ROS is mediated by the saturation of the all-*trans*-retinol moiety associated with protein kinase C δ (PCK δ). The π -conjugated system of all-*trans*-retinol mediates electron transfer from cytochrome c leading to the activation of PCK δ

[33] signalosome with ensuing effects on glycolytic energy generation [34, 35]. It is, therefore, possible that RetSat may interfere with this pathway by breaking the π -conjugation system via the saturation of the C13-C14 double bond of all-*trans*-retinol. Though MEFs derived from *RetSat* KO mice exhibit a slightly higher mitochondrial O₂ consumption rate, measurements of *in vivo* oxygen consumption and energy expenditure in *RetSat* KO mice did not reveal any significant difference from controls (not shown). The possibilities of the involvement of RetSat in ROS production via protein-protein interactions or via the regulation of PCK δ will require further studies.

Another unresolved issue is in terms of the role of RetSat in lipid metabolism or adipocyte differentiation. In data presented here and elsewhere, in a mouse model targeting exon 1 of mouse *RetSat*, we showed that RetSat deficiency *in vivo* is associated with increased adiposity and increased liver TGs [19]. Subsequently, our observations were confirmed by data derived from a different RetSat knockout mouse model produced through targeting exons 1–4, which was also reported to also display increased fat accumulation (Project ENZ775N1 reported by Lexicon Genetics-Genetech [29]). Importantly, studies by Schupp *et al.* have shown that RetSat-depletion via siRNA impairs the adipogenic differentiation of 3T3-L1 cells [17] and that siRNA-mediated ablation of RetSat expression in the liver leads to reduced hepatic TGs [36]. As RetSat is robustly expressed in both liver and fat [16, 17], it is not surprising that the phenotype expected based on the specific suppression of the expression of RetSat in liver or in adipocytes will differ from the one resulting from the global ablation of RetSat's expression. Dissecting the physiological role of this important metabolic regulator would most likely require a tissue-specific conditional *RetSat* knockout. Nevertheless, we offer here support for a role of RetSat in regulating lipid metabolism by demonstrating that not only lipid levels but also their composition is altered in the liver of *RetSat* KO mice. Importantly, as seen here, in the case of RetSat's role in ROS formation, the effect of RetSat on either adipogenic differentiation or liver lipogenesis was independent of its known enzymatic activity in saturating all-*trans*-retinol, which we also observed ([17, 36] and results not shown). All things considered, the available data from us and others suggests that alterations in the expression of RetSat affect lipid metabolism and that this effect appears to be independent of the saturation of all-*trans*-retinol.

The relationship of RetSat to lipid metabolism and ROS generation is intriguing. A comprehensive meta-analysis of multiple data sets obtained from human tissues and mouse models found RetSat to be the top ranked gene in association with insulin resistance [18]. Generally, RetSat is found to be upregulated in models of insulin resistance but often downregulated in obesity [17, 18]. We show here that while RetSat deficiency leads to increased lipid accumulation it also reduces the formation of ROS and lipid peroxides. Interestingly, despite the increased accumulation of neutral lipids, *RetSat* KO mice do not exhibit increased insulin resistance compared to controls (results presented here and [19]). It is interesting to speculate whether the surprisingly normal insulin responses despite the significantly increased adiposity seen in *RetSat* KO mice can be attributed to the reduced formation of ROS. Notably, we did not measure hepatic levels of bioactive lipids such as diacylglycerol [37] or ceramide [38] that are directly implicated in the pathogenesis of insulin resistance; thus, we cannot rule out that these species are not affected by RetSat deficiency. Since ROS are known to play an important role in adipogenic differentiation [39]

and in the etiology of insulin resistance, metabolic syndrome and other pathophysiological processes [27, 28]. These interesting possibilities warrant further studies of the enzymatic activity of RetSat leading to the potential identification of novel biochemical pathways that affect lipid metabolism or the generation of ROS.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

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ABBREVIATIONS

ATRA	all- <i>trans</i> -retinoic acid
BHT	butylated hydroxytoluene
H₂DCFDA	2',7'-dichlorodihydrofluorescein diacetate
HFD	high-fat diet
HPLC	high performance liquid chromatography
LC	liquid chromatography
MEFs	mouse embryonic fibroblasts
MDA	malondialdehyde
MS	mass spectrometry
PCKδ	protein kinase C δ
PPAR	peroxisome proliferator-activated receptor
qRT-PCR	quantitative real-time reverse transcription-polymerase chain reaction
RAR	retinoic acid receptor
RetSat	retinol saturase
RNAi	RNA interference
ROS	reactive oxygen species

siRNAs	small interfering RNAs
tert-BHP	<i>tert</i> -butylhydroperoxide
TBA	thiobarbituric acid
TBARS	thiobarbituric acid-reactive substances
UV	ultraviolet

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HIGHLIGHTS

- Retinol saturase is shown to play an important role in the generation of ROS
- In vivo and in vitro ROS levels correlate with the expression of retinol saturase
- Retinol saturase-deficient mice deposit more lipids but are sensitive to insulin

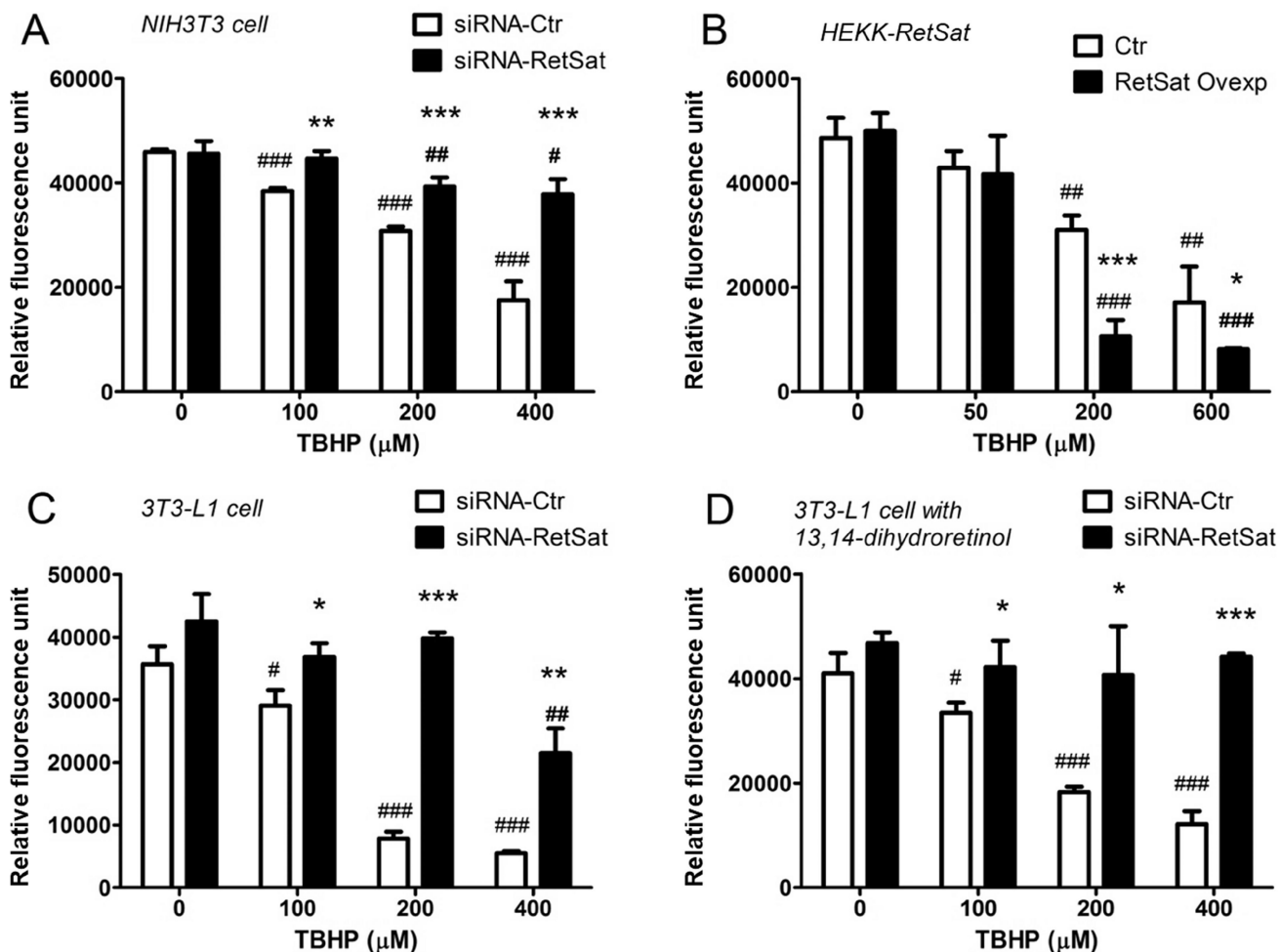
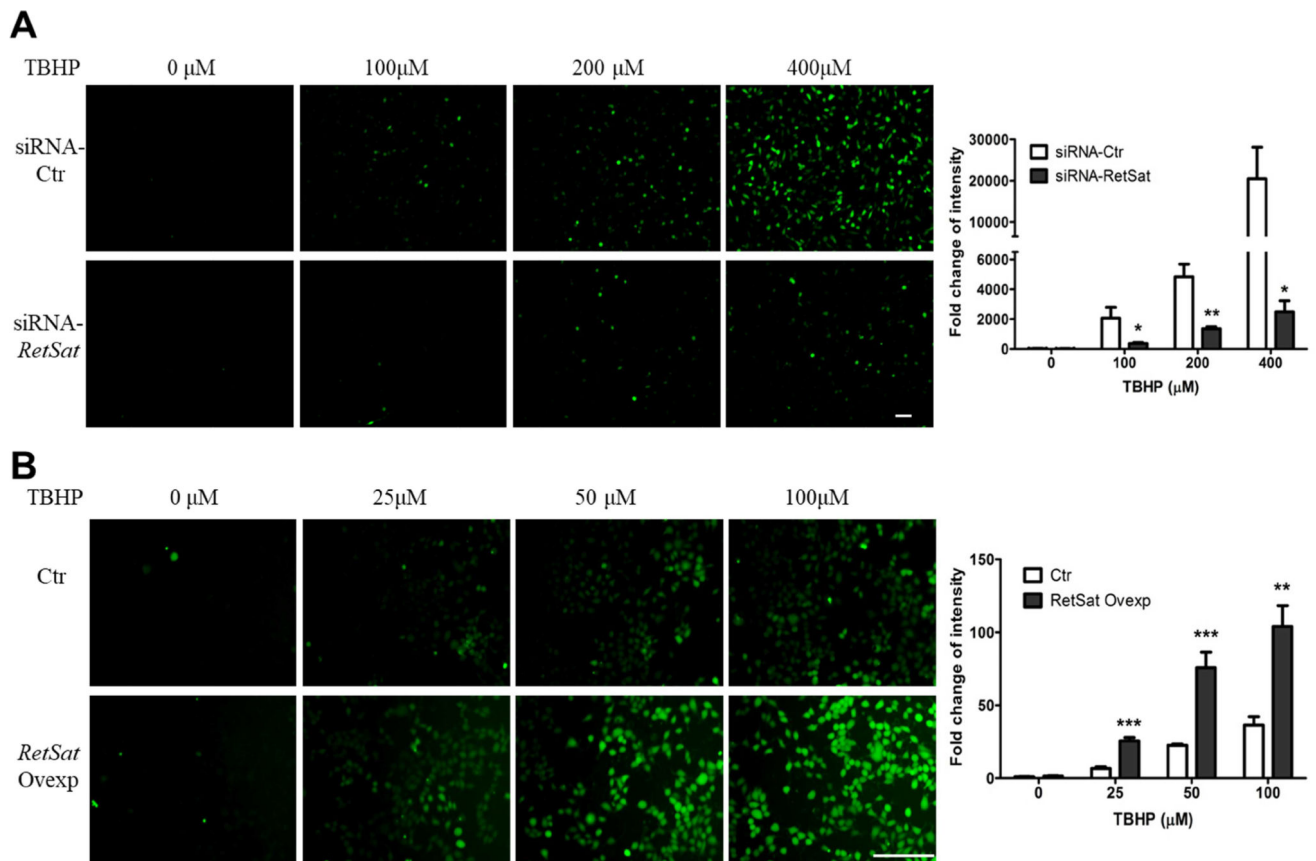


Figure 1. Modulation of RetSat expression affects *tert*-BHP-induced toxicity. **(A)** Dose-response of the cytotoxic effect of *tert*-BHP on NIH/3T3 cells transfected with siRNA directed to *RetSat* (black bars) or with non-targeting control siRNAs (white bars). **(B)** Dose-response of the cytotoxic effect of *tert*-BHP on HEKK-*RetSat* cells induced with tetracycline (labeled **RetSat Oveyp**, black bars,) or not (labeled **Ctrl**, white bars). **(C)** Dose-response of the cytotoxic effect of *tert*-BHP on 3T3-L1 cells transfected with siRNA directed to *RetSat* (black bars) or with nontargeting control siRNAs (white bars). **(D)** Dose-response of the cytotoxic effect of *tert*-BHP on 3T3-L1 cells incubated with 10 μM all-*trans*-13,14-dihydroretinol and with indicated concentrations of *tert*-BHP and either transfected with siRNA directed to *RetSat* (black bars) or with non-targeting control siRNAs (white bars). Comparison of the viability of control cells and RetSat-suppressed or RetSat-overexpressing cells for a given dose of *tert*-BHP: * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$. Comparison of the effect of various doses of *tert*-BHP versus vehicle-treated cells: # $p < 0.05$, ## $p < 0.01$, ### $p < 0.001$. Data are presented as mean \pm sd ($n=3$).



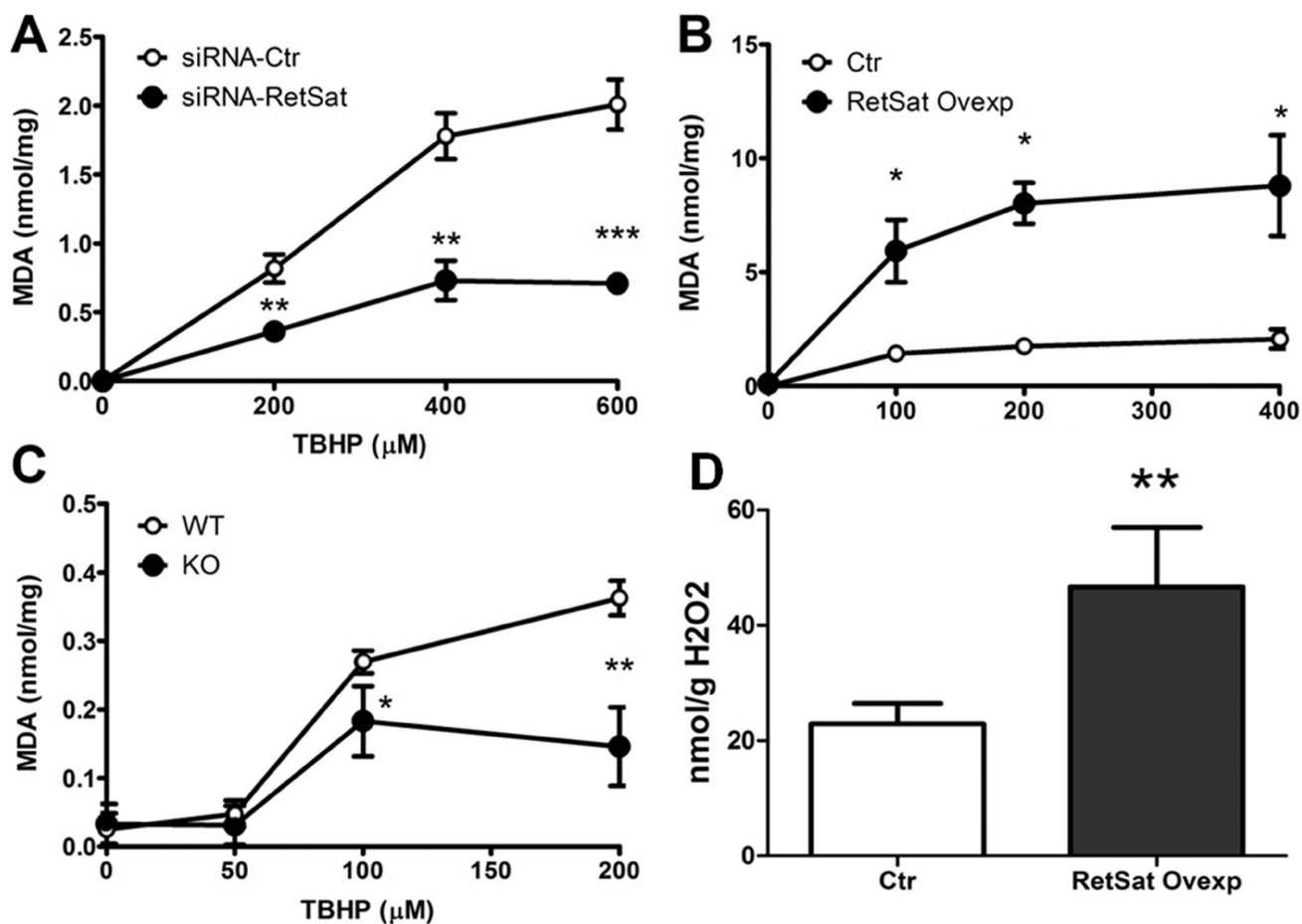


Figure 3. Modulation of RetSat expression affects the formation of TBARS in response to *tert*-BHP. (A) Dose-response of the TBARS levels in response to *tert*-BHP in NIH/3T3 cells transfected with siRNA directed to *RetSat* (black circles) or with non-targeting control siRNAs (white circles). (B) Dose-response of the TBARS levels in response to *tert*-BHP in HEKK-*RetSat* cells induced with tetracycline (labeled **RetSat Ovexp**, black circles,) or not (labeled **Ctr**, white circles). (C) Dose-response of the TBARS levels in response to *tert*-BHP in MEFs from *RetSat* WT (white circles) or KO (black circles). (D) Levels of H₂O₂ released in the media by HEKK-*RetSat* cells either induced (black bar) or not (white bar) with tetracycline and represented as nmol/ gram protein. Comparison of the TBARS or H₂O₂ levels measured in control cells versus RetSat-suppressed or RetSat-deficient, or RetSat - overexpressing cells for a given dose of *tert*-BHP: * p<0.05, ** p<0.01, ***p<0.001. Data are normalized to protein levels and presented as mean \pm sd (n=3).

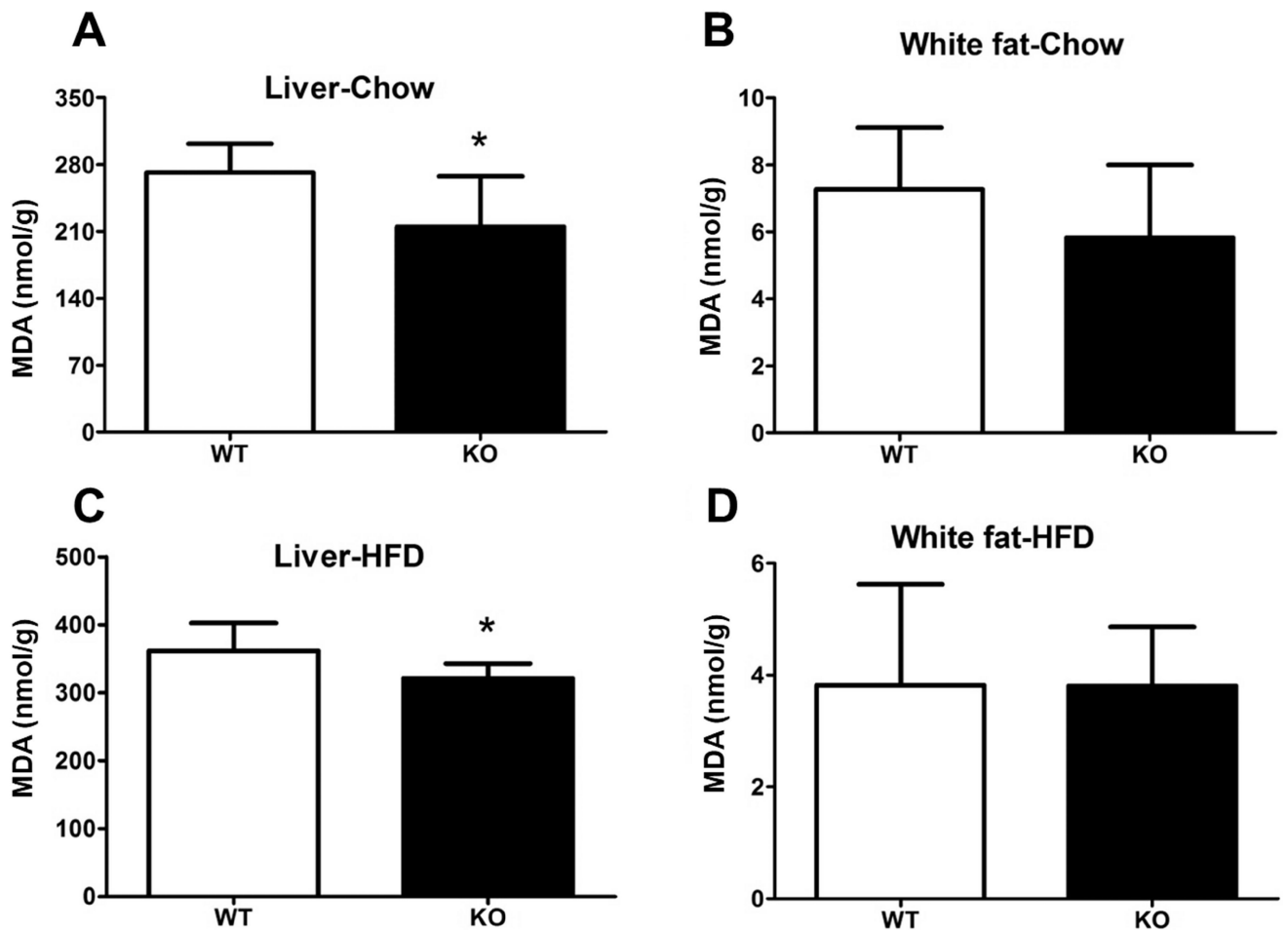


Figure 4.

RetSat deficiency is associated with reduced levels of TBARS in the liver of mice.

Comparison of the levels of lipid peroxides in the liver (left graphs) or white fat (right graphs) of *RetSat* WT (white bars) and *RetSat* KO mice (black bars) maintained on either an chow (A and B) or HFD containing 45 kcal % fat (C and D) for 10 weeks. Lipid peroxides were measured by HPLC-UV. Comparison between WT and KO mice: *p<0.05. Data are presented as mean / gram protein \pm sd (n=7 animals/genotype).

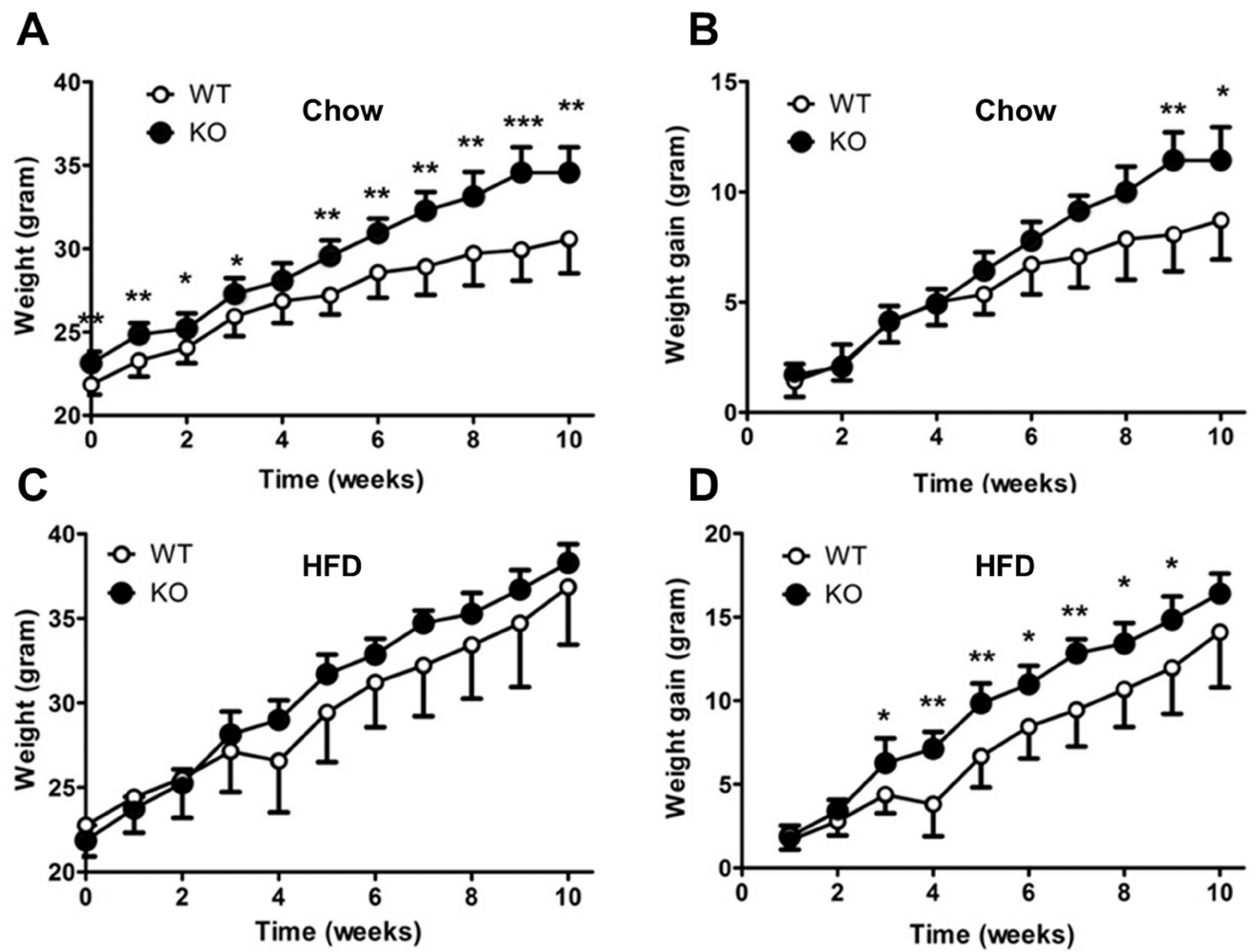


Figure 5. Comparison of body weight or body weight gain of *RetSat* WT and *RetSat* KO mice maintained on either chow (A and B) or HFD containing 45 kcal % fat (C and D) for 10 weeks. Body weight was measured once per week. Comparison between WT and KO mice: * p < 0.05, ** p < 0.01, *** p < 0.0001. Data are presented as means \pm sd (n=7 animals/genotype).

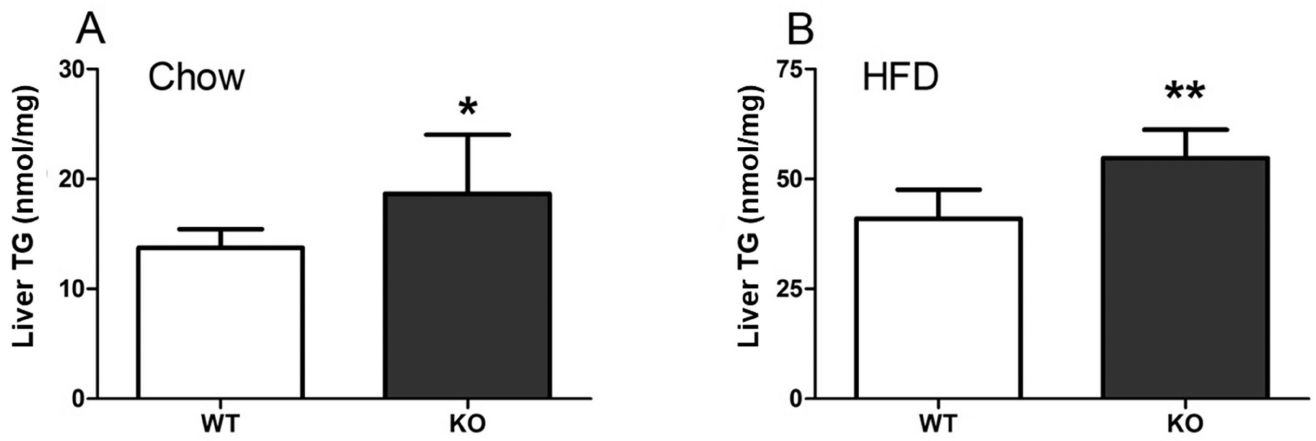


Figure 6. Comparison of hepatic level of triglycerides of *RetSat* WT and *RetSat* KO mice maintained on either chow (A) or HFD containing 45 kcal % fat for 10 weeks. Comparison between WT and KO: * $p < 0.05$, ** $p < 0.01$. Data are presented as means / milligram tissue \pm sd (n=7 animals/genotype).

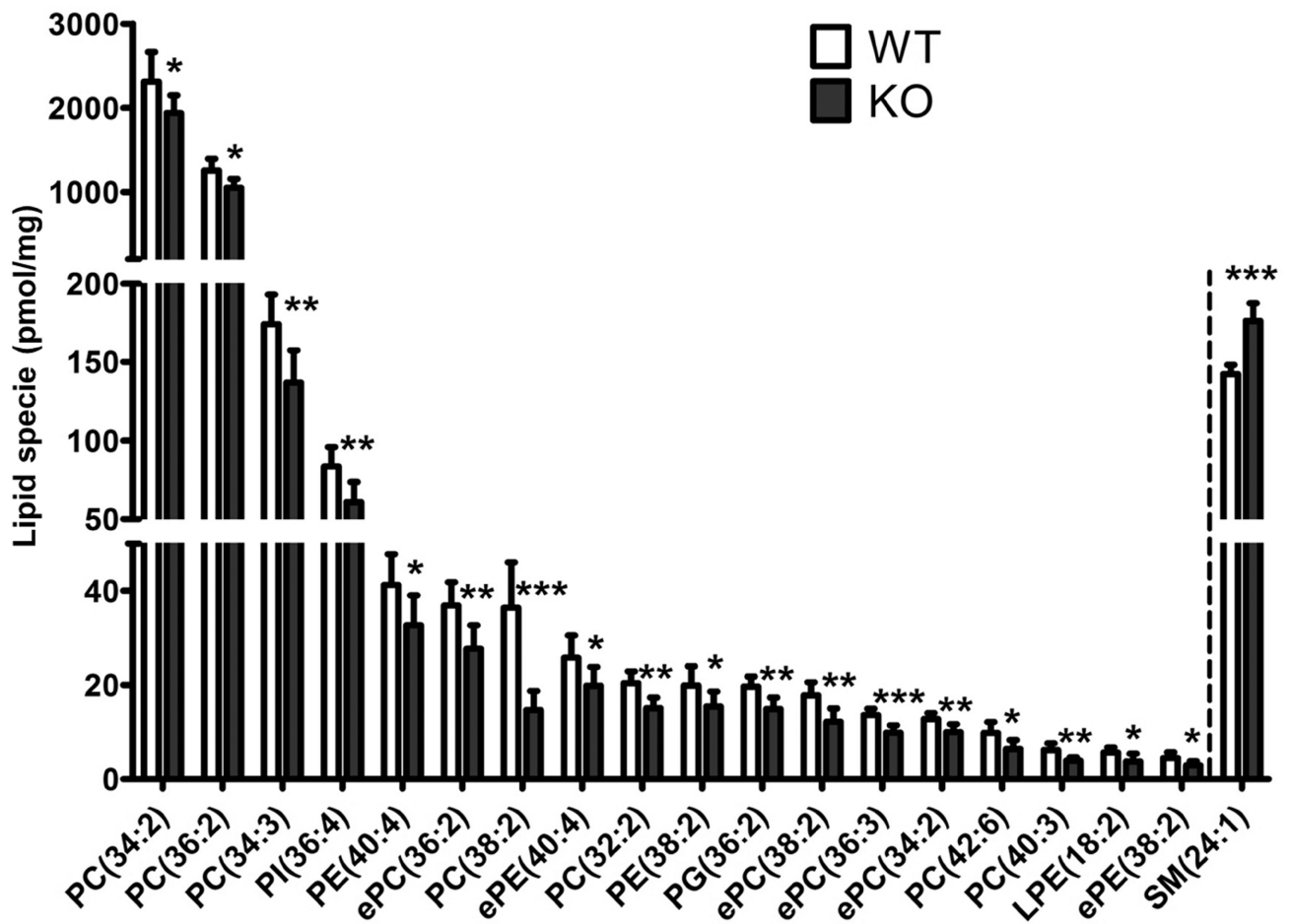


Figure 7. Comparison of the level of different species of polar lipids isolated from the livers of *RetSat* WT and *RetSat* KO mice maintained on HFD containing 45 kcal % fat for 10 weeks. Phospholipid level were determined by shot-gun ESI-MS/MS. Comparison between WT and KO: * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$. Data are presented as means \pm sd (n=7 animals/genotype).