

RESEARCH PAPER

Sitagliptin reduces inflammation, fibrosis and preserves diastolic function in a rat model of heart failure with preserved ejection fraction

Correspondence Antonella De Angelis, Department of Experimental Medicine, Section of Pharmacology, Second University of Naples, Via Costantinopoli 16, 80138 Naples, Italy. E-mail: antonella.deangelis@unina2.it

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Grazia Esposito^{1,*}, Donato Cappetta^{1,*}, Rosa Russo¹, Alessia Rivellino¹, Loreta Pia Ciuffreda¹, Fiorentina Roviezzo², Elena Piegari¹, Liberato Berrino¹, Francesco Rossi¹, Antonella De Angelis^{1,†} and Konrad Urbanek^{1,†}

¹Department of Experimental Medicine, Section of Pharmacology, University of Campania “Luigi Vanvitelli”, Naples, Italy, and ²Department of Pharmacy, University of Naples “Federico II”, Naples, Italy

*These authors contributed equally to this work.

†These authors contributed equally to this work and are co-senior authors.

BACKGROUND AND PURPOSE

Heart failure with preserved ejection fraction (HFpEF) is a systemic syndrome driven by co-morbidities, and its pathophysiology is poorly understood. Several studies suggesting that dipeptidyl peptidase 4 (DPP4) might be involved in the pathophysiology of heart failure have prompted experimental and clinical investigations of DPP4 inhibitors in the cardiovascular system. Here we have investigated whether the DPP4 inhibitor sitagliptin affected the progression of HFpEF independently of its effects on glycaemia.

EXPERIMENTAL APPROACH

Seven-week-old Dahl salt-sensitive rats were fed a high-salt diet for 5 weeks to induce hypertension. Then the rats continued with the high-salt diet and were treated with either sitagliptin (10 mg·kg⁻¹) or vehicle for the following 8 weeks. Blood pressure and cardiac function were measured *in vivo*. Histochemical and molecular biology analyses of myocardium were used to assay cytokines, fibrotic markers, DPP4 and glucagon-like peptide-1 (GLP-1)/GLP-1 receptor.

KEY RESULTS

Treatment with sitagliptin attenuated diastolic dysfunction, reduced mortality and reduced cardiac DPP4 activity, along with increased circulating GLP-1 and myocardial expression of GLP-1 receptors. Myocardial levels of pro-inflammatory cytokines (TNF- α , IL-6 and CCL2) were reduced. Sitagliptin treatment decreased the levels of endothelial NOS monomer, responsible for generation of ROS, while the amount of NO-producing dimeric form increased. Markers of oxidative and nitrosative stress were decreased. Moreover, increased collagen deposition and activation of pro-fibrotic signalling, inducing elevated myocardial stiffness, were attenuated by sitagliptin treatment.

CONCLUSIONS AND IMPLICATIONS

Sitagliptin positively modulated active relaxation and passive diastolic compliance by decreasing inflammation-related endothelial dysfunction and fibrosis, associated with HFpEF.

LINKED ARTICLES

This article is part of a themed section on Targeting Inflammation to Reduce Cardiovascular Disease Risk. To view the other articles in this section visit <http://onlinelibrary.wiley.com/doi/10.1111/bph.v174.22/issuetoc> and <http://onlinelibrary.wiley.com/doi/10.1111/bcp.v82.4/issuetoc>

Abbreviations

BNP, brain natriuretic peptide; cGMP, cyclic GMP; CTGF, connective tissue growth factor; DHE, dihydroethidium; DPP4, dipeptidyl peptidase 4; DPP4i, dipeptidyl peptidase 4 inhibitors; EDP, end-diastolic pressure; EDPVR, end-diastolic pressure-volume relationship; EF, ejection fraction; eNOS, endothelial NOS; FS, fractional shortening; GLP-1, glucagon-like peptide-1; HF, heart failure; HFpEF, heart failure with preserved ejection fraction; HS, high-salt; LS, low-salt; VASP, vasodilator-stimulated phosphoprotein; VCAM-1, vascular cell adhesion molecule-1

Tables of Links

TARGETS
Enzymes^a
DPP4, dipeptidyl peptidase 4
GLP-1 receptor
eNOS, endothelial NOS
PKG, protein kinase G
Other protein targets^b
TNF- α

LIGANDS
CCL2
GLP-1
IL-6
SDF-1, CXCL12
Sitagliptin
VCAM-1

These Tables list key protein targets and ligands in this article which are hyperlinked to corresponding entries in <http://www.guidetopharmacology.org>, the common portal for data from the IUPHAR/BPS Guide to PHARMACOLOGY (Southan *et al.*, 2016), and are permanently archived in the Concise Guide to PHARMACOLOGY 2015/16 (^{a,b}Alexander *et al.*, 2015a,b).

Introduction

Heart failure (HF) with preserved ejection fraction (EF) (HFpEF) is a clinical syndrome that affects about half of all patients with HF. The rising prevalence and significant mortality rate, ranging from 10 to 30% per year, carry a remarkable economic and social burden (Chan and Lam, 2013; Ambrosy *et al.*, 2014). In addition to an overt HFpEF, the growing interest in diastolic performance arises from the observation that, also in non-HF subjects, diastolic abnormalities are associated with increased mortality (Schwarzl *et al.*, 2016). Diastolic dysfunction in HFpEF is characterized by slower left ventricle (LV) relaxation, elevated stiffness and increased filling pressure. The pathophysiology of HFpEF is incompletely understood. While the vast majority of HFpEF patients do not have a recognized primary cardiac pathology, they are older, more often female and have high prevalence of comorbidities, such as hypertension, obesity, diabetes, chronic obstructive pulmonary disease, anaemia and chronic kidney disease (Yancy *et al.*, 2006; Fonorow *et al.*, 2007; Ather *et al.*, 2012).

In a recently proposed new paradigm, HFpEF is regarded as a systemic syndrome mediated in large part by risk factors and co-morbidities, resulting in a systemic pro-inflammatory state, which in the heart affects the endothelium and other cellular components of the myocardium. The chain of events that includes inflammation, oxidative stress, coronary endothelial dysfunction and down-regulation of myocardial NO-cyclic GMP (cGMP)-PKG signalling leads to cardiomyocyte stiffness, cellular hypertrophy and enhanced myocardial fibrosis (Paulus and Tschöpe, 2013; Ferrari *et al.*, 2015). Unfortunately, the most recent guidelines confirm that no treatment has been shown to reduce morbidity and mortality in patients with

HFpEF, and management is limited to treatment of comorbidities and administration of diuretics to relieve symptoms (Ponikowski *et al.*, 2016). While several potential candidates, such as statins, the advanced glycation end-product breaker alagebrium, the soluble guanylate cyclase pathway stimulator verciguat, the *I_f* inhibitor ivabradine and the late *I_{Na}* inhibitor ranolazine, await proper trials in HFpEF settings, the scientific and clinical community looks forward for the results of the ongoing phase III trial with sacubitril/valsartan (PARAGON-HF).

The widespread expression of dipeptidyl peptidase 4 (DPP4) in the vasculature, myocardium and immune cells raises the possibility that this protein could play a role in cardiovascular function (Zhong *et al.*, 2013, 2015). In particular, the finding that DPP4 activity is often associated with inflammation and cardiac remodelling points to an involvement of DPP4 in the pathophysiology of HF (Salles *et al.*, 2015). HF patients and animals have increased DPP4 plasma activity that negatively correlates with LV performance (dos Santos *et al.*, 2013), including diastolic function (Shigeta *et al.*, 2012). Moreover, patients with acute HF with high DPP4 levels are at higher risk of death (Lourenco *et al.*, 2013). DPP4 inhibitors (DPP4i) have been increasingly used for their hypoglycaemic effect, due to the prolongation of the action of the incretin hormones, glucagon-like peptide-1 (GLP-1) and glucose insulinotropic peptide. This effect is accompanied by a low risk of hypoglycaemia and weight neutrality. Interestingly, following DPP-4 inhibition, enhanced levels of GLP-1 and activation of its receptor provide, independently of glycaemic control, cardiovascular protection probably through their anti-inflammatory, anti-atherosclerotic and antioxidant activities (Zerilli and Pyon, 2007; Scheen, 2010; Chang *et al.*, 2015). Unfortunately, DPP4i, by interfering with the hydrolysis of many peptides other than the incretins, such as

neuropeptides, cytokines and chemokines, may have pleiotropic effects on cardiovascular system that can be either beneficial (Shah *et al.*, 2011a,b; dos Santos *et al.*, 2013; Takahashi *et al.*, 2013; Miyoshi *et al.*, 2014) or harmful (Zhu *et al.*, 2015; Mulvihill *et al.*, 2016). Most importantly, concerns arise from clinical studies where an increase in the rate of hospitalization for HF has been observed (Scirica *et al.*, 2013; Zannad *et al.*, 2015).

An attractive explanation for these differences emerges from preclinical studies, which suggest that the effects of DPP4i may be context-dependent, because of different alterations in the levels of substrates and their metabolites following DPP4 inhibition, which may vary depending on patient or animal model characteristics (Jackson *et al.*, 2015; Mulvihill *et al.*, 2016). Taken together, the results available demonstrate that the cardiovascular safety of DPP4i is, at present, uncertain and this uncertainty is far from being resolved.

In light of this complexity, the question of which cardiovascular outcomes can be associated with DPP4i in the presence of diastolic dysfunction or HFpEF remains unanswered. Thus, our aim was to test whether chronic administration of the most widely used DPP4i sitagliptin may affect the course of LV dysfunction, independently of any influence on diabetes, in a hypertensive, non-diabetic, rat model of HFpEF.

Methods

Animal procedures

All animal care and experimental procedures in the present study have been performed according to the National ethical guidelines (Italian Ministry of Health; D.L.vo 26, March 4, 2014) and were approved by the local ethics committee. All the animal procedures are in accordance with the ARRIVE guidelines for reporting experiments involving animals (Kilkenny *et al.*, 2010; McGrath and Lilley, 2015). Seven-week-old male Dahl salt-sensitive rats (Charles River Laboratories, Wilmington, MA, USA) were maintained on a 12 h–12 h light–dark cycle in temperature- and humidity-controlled room. Animals were fed laboratory chow with a high salt (8% NaCl) content (HS diet; from Safe, Augy, France.) for 5 weeks to induce hypertension. Afterwards, under the same HS diet, they were randomly divided into

two groups: sitagliptin-treated rats ($n = 35$; HS + SITA group; $10 \text{ mg}\cdot\text{kg}^{-1}$ daily by oral gavage) and vehicle-treated rats ($n = 40$; HS group). In the control group ($n = 10$; LS group), rats were fed a low-salt (LS) diet, containing 0.3% NaCl (standard laboratory chow provided by Envigo, S. Pietro al Natisone, Italy). All the rats were killed 8 weeks later. The time course of these experimental protocols is set out in Figure 1.

Blood pressure and heart function

Blood pressure was measured weekly in conscious rats with a tail-cuff (BP-2000; Visitech Systems, Apex, NC, USA). Echocardiography and haemodynamic analyses were carried out on rats anaesthetized with a mixture of ketamine ($100 \text{ mg}\cdot\text{kg}^{-1}$) and medetomidine ($0.25 \text{ mg}\cdot\text{kg}^{-1}$), given i.m. A high-resolution ultrasound system equipped with a 25 MHz linear transducer (Vevo 770, VisualSonics, Toronto, Ontario, Canada) was used to record serial M-mode images along the minor axis at the level of the papillary muscles. Diastolic LV diameter was measured, and EF and fractional shortening (FS) were calculated. Prior to killing, a microtip pressure-volume transducer (SPR-612, Millar Instruments, Houston, TX, USA) connected to an A/D converter (iWorx 214) was inserted into the right carotid artery and arterial blood pressure was measured. After advancing the catheter into the LV, end-diastolic pressure (EDP), $dP/dt \text{ min}$, Tau and end-diastolic pressure–volume relationship (EDPVR) were calculated (Cappetta *et al.*, 2016).

Blood glucose determination, brain natriuretic peptide and GLP-1 analysis

Blood glucose levels were measured from tail-prick blood samples with a glucometer. Plasma brain natriuretic peptide (BNP) and GLP-1 levels were determined by using an ELISA kit according to the manufacturer's instructions.

Tissue harvesting

After completion of the functional measurements, the abdominal aorta was cannulated and the heart was arrested in diastole by injection of 100 mM CdCl_2 . After perfusion with 10% phosphate-buffered formalin, the heart was dissected and weighed. Finally, tissue specimens were embedded in paraffin, and $5 \mu\text{m}$ thick histological sections were cut. Alternatively, the heart was fixed in 4% paraformaldehyde for 1 h,

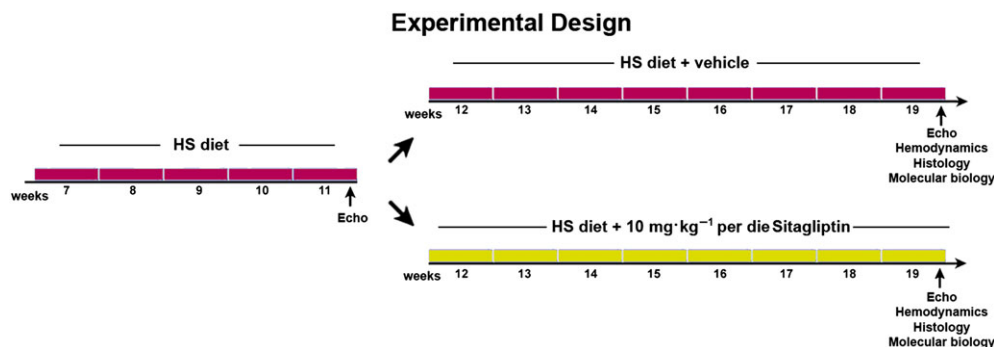


Figure 1

Experimental design. Temporal scheme of *in vivo* experiments.

immersed in a 30% sucrose solution overnight at 4°C and then embedded in tissue freezing medium (OCT). Tissue sections of 10 µm in thickness were cut (Di Meglio *et al.*, 2012; De Angelis *et al.*, 2015).

In situ DPP4 activity

DPP4 proteolytic activity was detected, *in situ*, as previously described (Shigeta *et al.*, 2012), with some modifications. Briefly, frozen sections were fixed in a 1:1 mixture of acetone and chloroform for 2 min at 4°C. After several washes, the incubation solution (5 mg Gly-Pro 4-methoxy-β-naphthylamide hydrochloride in 0.5 mL dimethylformamide; 10 mg Fast Blue Salt; 10 mL PBS; pH 7.4) was applied to each sample. Specimens were incubated overnight at 4°C and mounted in an aqueous medium.

Histochemistry

Tissue fibrosis was detected with Masson's trichrome staining. Interstitial and perivascular fibrosis were measured using the ImageJ software (Media Cybernetics, Rockville, MD, USA). Immunofluorescence labelling and confocal microscopy were used to examine the endothelial localization of vascular cell adhesion molecule-1 (VCAM-1) and E-selectin. Macrophage and neutrophil infiltration was assessed by antibodies against CD68 and myeloperoxidase; GLP-1 receptor expression was detected in myocardial tissue; myocytes were labelled with α-sarcomeric actin (α-SA). Nitrosative stress was assessed by the presence of nitrotyrosine. To assess superoxide generation, frozen sections were incubated with dihydroethidium (DHE). Nuclei were counterstained with DAPI. FITC and tetramethylrhodamine-5-(and 6)-isothiocyanate (TRITC)-conjugated secondary antibodies were used. Sections were analysed with a Leica DM5000B microscope (Leica Microsystems, Wetzlar, Germany) and a Zeiss LSM700 confocal microscope (Zeiss, Oberkochen, Germany).

Quantitative RT-PCR

Total RNA was extracted from heart tissue using the TRIzol reagent according to the manufacturer's instructions. Quantitative RT-PCR was performed by using SYBR Green on a iCycler iQ System (Bio-Rad Laboratories, Hercules, CA, USA). The transcript levels of connective tissue growth factor (CTGF), collagen I, collagen III and fibronectin were assayed, and the data were normalized to the housekeeping gene hypoxanthine phosphoribosyltransferase. All reactions were carried out in triplicate.

Western blotting

For Western blotting analysis, protein extracts were resolved on gradient (8 to 12%) SDS-PAGE and transferred onto PVDF membranes (Rinaldi *et al.*, 2009). Membranes were probed with primary antibodies against TNF-α, CCL2, NF-κB, TGF-β, IL-6, myeloperoxidase, NADPH oxidase 2 (NOX-2), SMAD3, CTGF, VCAM-1, E-selectin, DPP4, GLP-1 receptors, the chemokine SDF-1, vasodilator-stimulated phosphoprotein (VASP), phospho-VASP(Ser²³⁹), phospho-SMAD3(Ser^{423/425}) and collagen I. Loading conditions were determined with GAPDH. Peroxidase-conjugated secondary antibodies were employed to detect primary antibodies. Antibody binding was visualized by chemiluminescence (ECL), and images

were collected and analysed using a Chemidoc-It Imager (Ultra-Violet Products, Cambridge, UK).

Western blotting for native eNOS and phospho-eNOS(Ser¹¹⁷⁷)

Protein expression of endothelial NOS (eNOS) and phospho-eNOS(Ser¹¹⁷⁷) was performed in non-denaturing conditions as previously described (Yamamoto *et al.*, 2007). Briefly, rat hearts were lysed in ice-cold protein lysis buffer under native conditions (50 mM Tris-HCl, pH 7.4; 150 mM NaCl; 5 mM CaCl₂; protease and phosphatase inhibitor cocktails). Protein concentration was determined, and 20 µg of native total protein was diluted in 5×non-denaturing loading buffer (250 mM Tris-HCl, pH 6.8; 50% glycerol; 0.5% w/v bromophenol blue). Both electrophoresis and blotting procedures were performed at 4°C. Samples were separated by SDS-PAGE on 10% bis-acrylamide gels in SDS-free buffer and transferred onto PVDF membranes. Membranes were probed with anti-eNOS and anti-phospho-eNOS(Ser¹¹⁷⁷) antibodies.

Data analysis

The data and statistical analysis in this study comply with the recommendations on experimental design and analysis in pharmacology (Curtis *et al.*, 2015). The results are presented as mean ± SD and the number of replicates was at least *n* = 5 per group for each data set. Significant differences between groups was determined by one-way ANOVA and Bonferroni's *post hoc* test. Mortality curves were analysed by the standard Kaplan–Meier method with log-rank test. Data were analysed using GraphPad Prism (GraphPad software, San Diego, CA, USA). To avoid inter-operator variability, a single investigator, blinded to the treatments of the animal groups, performed all image acquisitions and offline measurements. All *P* values are two-sided and *P* < 0.05 was considered statistically significant.

Materials

Sitagliptin, primary antibodies for TNF-α, CCL2, NF-κB and peroxidase-conjugated secondary antibodies were purchased from Santa Cruz Biotechnology (Dallas, TX, USA). BNP immunoassay kit, primary antibodies for TGF-β, IL-6, NOX-2, SMAD3, CTGF, VCAM-1, E-selectin, DPP4, SDF-1, CD68, GAPDH and myeloperoxidase were from Abcam (Cambridge, UK). GLP-1 immunoassay kit was from Tecan (Männedorf, Switzerland). α-SA antibody, CdCl₂, Masson's trichrome kit, DAPI, Tris-HCl, NaCl, CaCl₂, protease and phosphatase inhibitor cocktails, glycerol, bromophenol blue, acetone, chloroform, dimethylformamide; Fast Blue Salt; and DHE were from Sigma-Aldrich (St. Louis, MO, USA). OCT was from Bio-Optica (Milan, Italy). Nitrotyrosine antibody and ECL were from Merck Millipore (Milan, Italy). FITC and TRITC-conjugated secondary antibodies were from Jackson ImmunoResearch (Suffolk, UK). TRIzol and SYBR Green were from Life Technologies Italia (Milan, Italy). PVDF and primary antibodies for eNOS and phospho-eNOS(Ser¹¹⁷⁷) were from Thermo Fisher Scientific (Waltham, MA, USA). VASP, phospho-VASP(Ser²³⁹) and phospho-SMAD3(Ser^{423/425}) antibodies were from Cell Signaling Technology (Danvers, MA, USA). Collagen I and GLP-1 receptor antibodies were from Novus Biologicals (Littleton, CO, USA).

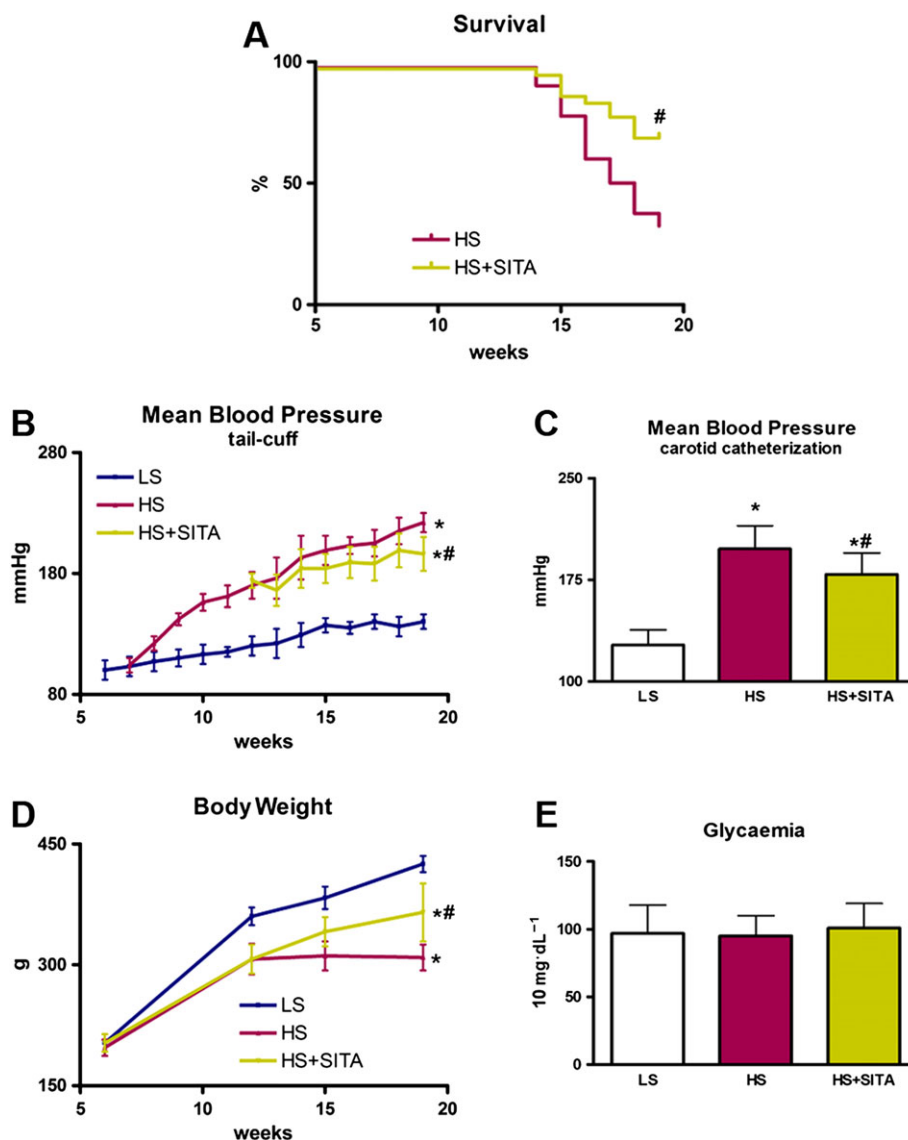


Figure 2

Blood pressure, body weight and animal survival in Dahl SS rats on HS and LS diets; effects of sitagliptin treatment. Changes in Kaplan–Meier survival (A). Mean blood pressure by tail-cuff method (B) and intra-arterial analysis (C). Body weight monitoring (D). Levels of glycaemia (E) ($n = 10$ in each group). Data represent the mean \pm SD. * $P < 0.05$, significantly different from LS; # $P < 0.05$, significantly different from HS.

Results

Dahl salt-sensitive rats, fed the HS (8% NaCl) diet from 7 weeks of age, progressively developed hypertension (De Angelis *et al.*, 2016). After 5 weeks, before starting the treatment with sitagliptin, mean blood pressure was significantly higher in all animals given the HS diet, compared with those on the LS diet (161 ± 9 mmHg vs. 115 ± 4 mmHg).

Survival, blood pressure and body weight

Kaplan–Meier analysis showed a high mortality of HS animals with a significant difference in the survival rate in favour of the HS + SITA group (68% vs. 32% respectively). The LS group had no deaths during the experimental period (Figure 2A). During 8 weeks of treatment with sitagliptin, blood pressure remained markedly elevated, with a slight but significant

reduction observed only at 19 weeks of age (222 ± 8 mmHg vs. 196 ± 14 mmHg) (Figure 2B). A comparable reduction was observed in the SITA-group when blood pressure was invasively monitored through the carotid artery at 7 weeks of age (Figure 2C). Moreover, sitagliptin treatment had a beneficial effect on the general conditions of the animals and counteracted the loss of body weight (Figure 2D). The levels of blood glucose in all the experimental groups were unchanged, excluding a possible involvement of glycaemia in the pathological state of the animals (Figure 2E).

Systolic and diastolic function

At 19 weeks of age, systolic parameters were unaltered in all the experimental groups, as shown by comparable values of EF, FS and LV diameter (Figure 3A–C). On the other hand, diastolic function was impaired in HS animals

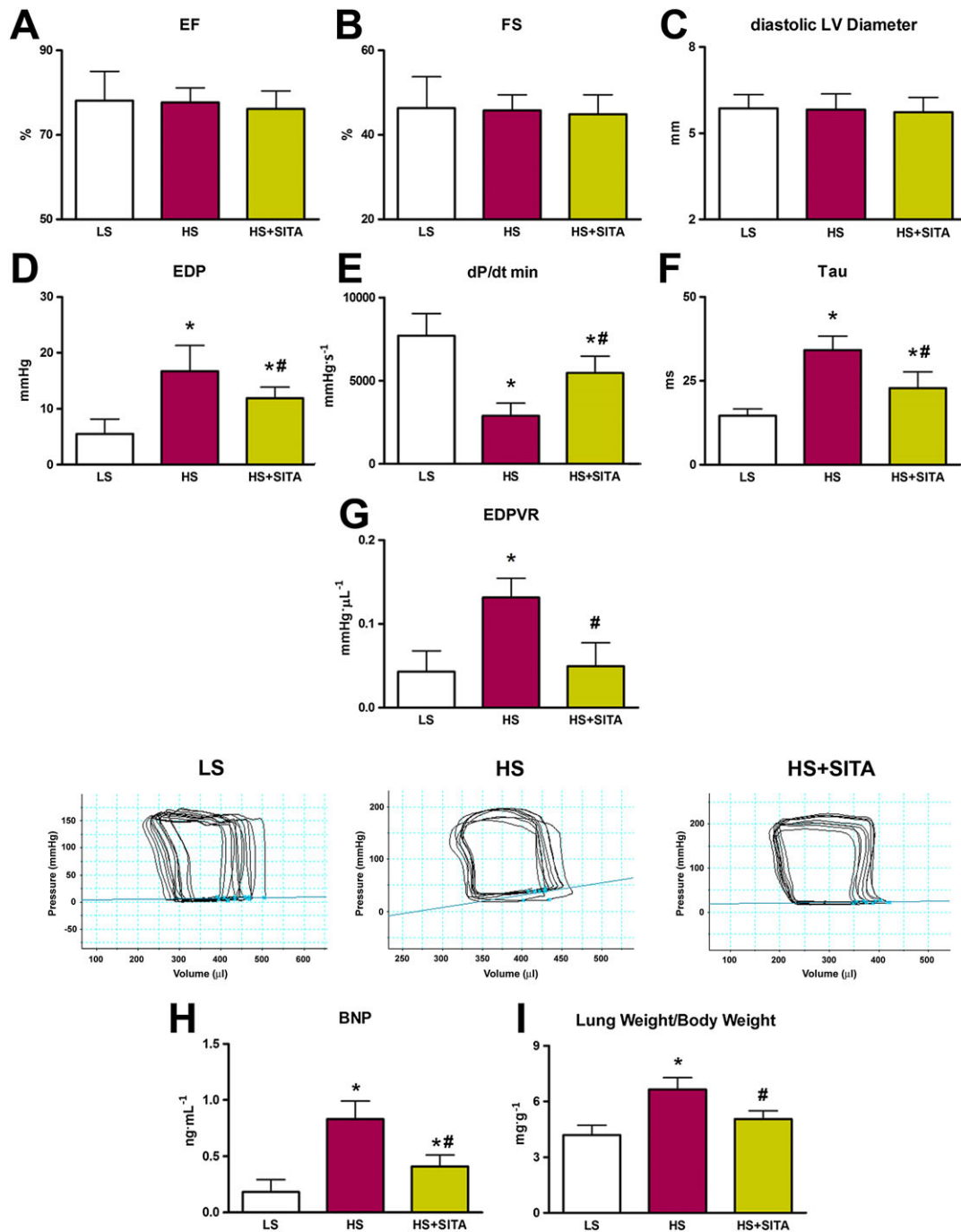


Figure 3

Cardiac function and hypertrophy. Echocardiography showing EF, FS and diastolic LV diameter (A–C). Diastolic indices EDP, dP/dt min and time constant Tau (D–F) together with EDPVR slope values and representative P–V loops (G) (for cardiac function, $n = 5$ in LS group; $n = 10$ in HS and HS + SITA groups). Plasma BNP (H) ($n = 5$ in each group). Lung weight/body weight ratio (I) ($n = 5$ in LS group; $n = 6$ in HS group; $n = 8$ in HS + SITA group). Data represent the mean \pm SD. * $P < 0.05$, significantly different from LS; # $P < 0.05$, significantly different from HS.

and haemodynamic analysis showed an increased EDP, a decreased dP/dt min and a longer Tau, the time constant of LV relaxation. Furthermore, the end-diastolic stiffness index and the EDPVR slope were increased. The deleterious effects of HS diet-induced hypertension on diastolic compliance were partly blocked by sitagliptin (Figure 3 D–G), supporting the possibility that this DPP4i may

positively interfere with the impairment of LV relaxation. Functional improvement in the HS + SITA group was associated with a decrease in plasma BNP concentration, markedly raised in HS rats (Figure 3H). Finally, the lung weight/body weight ratio, an index of pulmonary congestion, was reduced in sitagliptin-treated animals (Figure 3I).

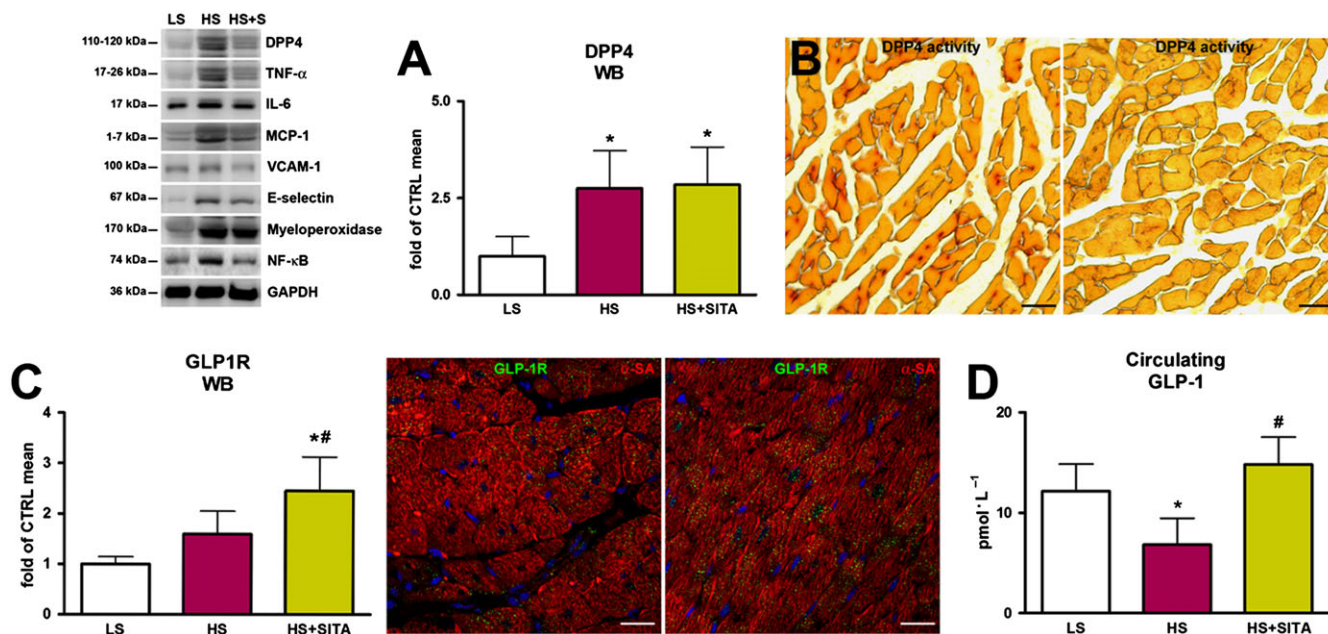


Figure 4

DPP4 and GLP-1/GLP-1 receptor axis. DPP4 expression by Western blotting (WB) (A) and activity (red) in HS (left panel) and HS + SITA (right panel) rat hearts (B). Expression of GLP-1 receptor by WB and immunofluorescence (green) in HS (left panel) and HS + SITA (right panel) hearts (C). Circulating GLP-1 (D). Cardiomyocytes are labelled with α -SA (red), nuclei are stained with DAPI (blue). Scale bars (B) 50 μ m, (C) 20 μ m. Data represent the mean \pm SD ($n = 5$ in each group). * $P < 0.05$, significantly different from LS; # $P < 0.05$, significantly different from HS.

DPP4 expression and activity, GLP1 and GLP-1 receptor expression

Myocardial DPP4 expression was elevated in hypertensive rats with respect to normotensive animals and this was not changed after treatment with sitagliptin (Figure 4A). *In situ* assessment of DPP4 activity showed an enhanced pattern in hearts of HS-fed animals when compared with HS + SITA group (Figure 4B). The reduced activity of DPP4 was coupled with an increased expression of GLP-1 receptors in hearts from the SITA group (Figure 4C). Moreover, serum GLP-1 levels were increased in the HS + SITA group, compared with HS-treated animals (Figure 4D).

Inflammation and activation of coronary endothelium

Myocardial levels of the pro-inflammatory cytokines TNF- α , IL-6 and CCL2 were elevated in HS-fed animals (Figure 5A–C). Myocardial inflammation was paralleled by vascular activation in HS hearts and was demonstrated by increased expression of adhesion molecules VCAM-1 and E-selectin (Figure 5D,E). With respect to the untreated group, sitagliptin treatment lowered the inflammatory status, shown by reduced levels of TNF- α , IL-6 and CCL2. Likewise, the expression of VCAM-1 and E-selectin was lower in HS + SITA group than in HS rats. Moreover, decreased macrophage infiltration and neutrophil activation, assessed by CD68 and myeloperoxidase expression, as well as macrophage polarization toward an anti-inflammatory M2-like phenotype, detected by CD206 expression, were observed in hearts from SITA-treated rats (Figure 5F–H). These reductions, along with the decreased levels of NF- κ B (Figure 5I), a key target and regulator of inflammatory conditions, show that a

comorbidity-induced inflammatory state was attenuated by sitagliptin in our model.

Oxidative stress and eNOS uncoupling

In our model of HFpEF, the involvement of myocardial oxidative stress was also addressed. Our data showed that the expression of NOX2, an enzyme that produces superoxide anion, was up-regulated by HS diet and was returned to basal levels after sitagliptin treatment (Figure 6A). Moreover, the levels of DHE oxidation were reduced after the treatment with sitagliptin as well (Figure 6B). Because of inflammation and oxidative stress, a dimeric isoform of eNOS, which produces NO under physiological conditions, is forced to uncouple into monomers, altering the enzymic function and producing more superoxide anion. In our model, the levels of the eNOS monomer in the HS-fed group increased with respect to control rats, whereas the expression of the dimer decreased (Figure 6C,D). Also, the activation of the eNOS monomeric isoform through phosphorylation of Ser¹¹⁷⁷ was increased in HS animals (Figure 6E). Conversely, sitagliptin treatment switched the balance of eNOS isoforms toward the dimeric form and significantly reduced the phosphorylation of monomeric eNOS.

NO/cGMP/PKG signalling

The interaction of superoxide anion with NO to form peroxynitrite and subsequent reaction with proteins to yield 3-nitrotyrosine constitutes a lowering of NO bioavailability. In our experiments, formation of 3-nitrotyrosine was increased in myocardial endothelium of HS rats. Treatment with sitagliptin lowered the 3-nitrotyrosine content of endothelial cells (Figure 6F).

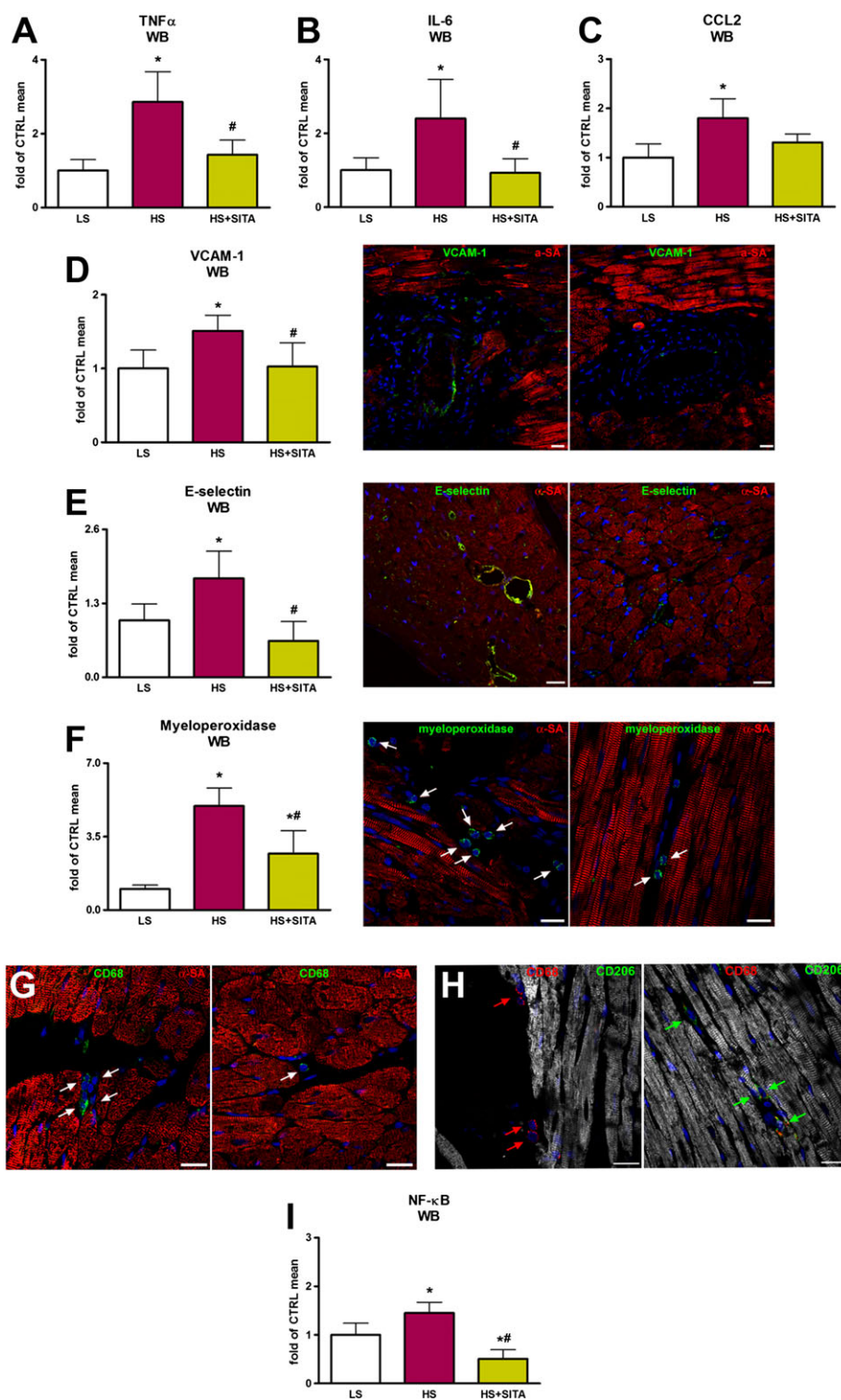


Figure 5

Inflammation and endothelial activation. Myocardial TNF- α , IL-6 and CCL2 protein levels (A–C). Expression of adhesion molecules VCAM-1 and E-selectin shown by Western blotting (WB) and immunofluorescence. VCAM-1 and E-selectin (green) on endothelial layer of the coronary vasculature are shown in HS (left panels) and HS + SITA (right panels) hearts (D, E). Macrophage infiltration and neutrophil activation, as assessed by CD68 and myeloperoxidase expression (green) in HS (left panels) and HS + SITA (right panels) rats (F, G). Macrophage M2-like phenotype in HS (left panel) and HS + SITA (right panel) hearts (H). Cardiomyocytes are labelled with α -SA (red); nuclei are stained with DAPI (blue). Myocardial expression of NF- κ B (I). Scale bars (D, H–L) 20 μ m, (B) 50 μ m. Data represent the mean \pm SD ($n = 5$ in each group). * $P < 0.05$, significantly different from LS; # $P < 0.05$, significantly different from HS.

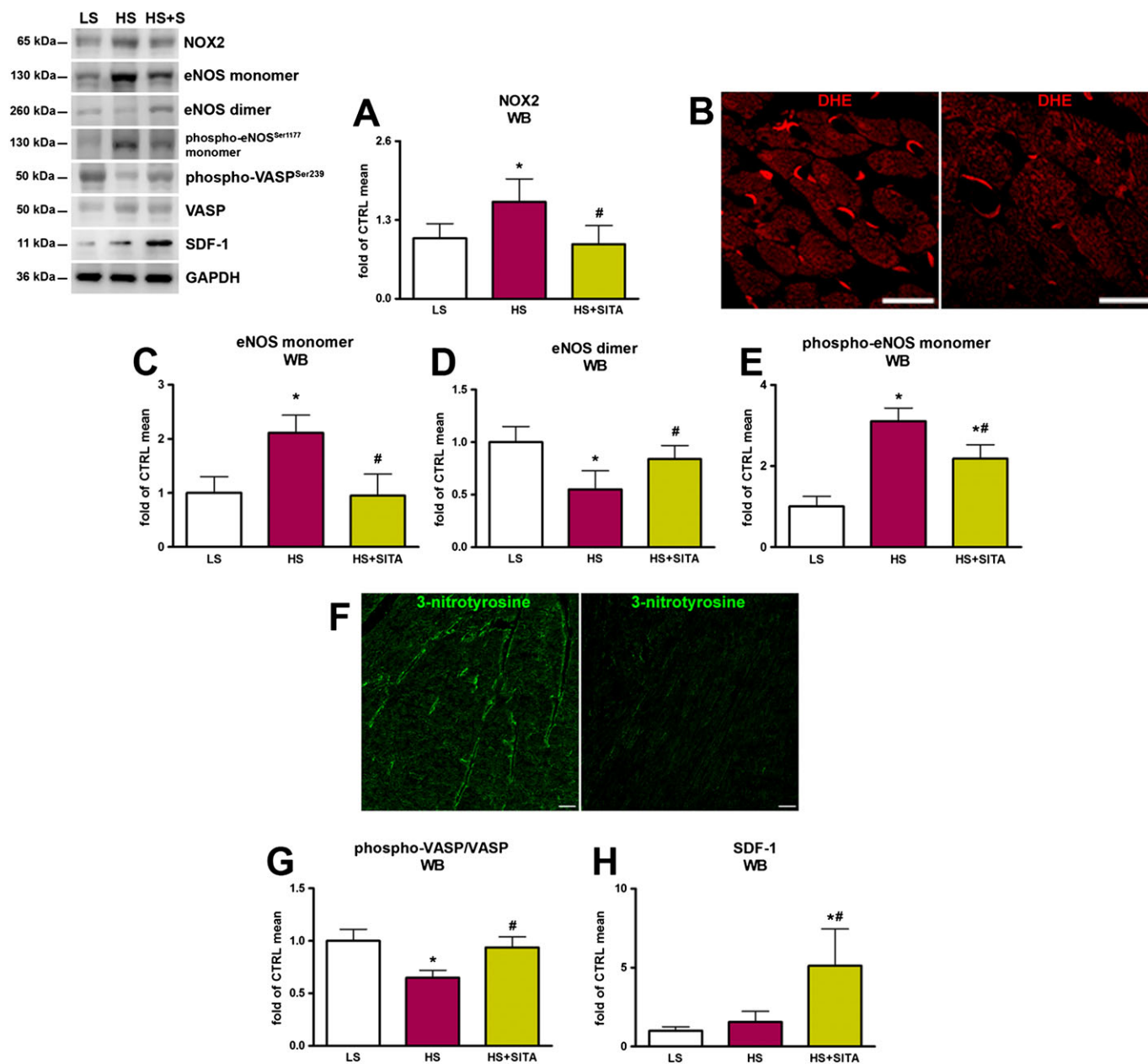


Figure 6

Oxidative stress, eNOS uncoupling and PKG activity. Levels of NOX2 (A) and ROS production as revealed by DHE (red) fluorescence (B) in HS (left panel) and HS + SITA (right panel) myocardium. The expression of eNOS monomer (C), dimer (D) and phosphorylated monomeric isoform (E). 3-nitrotyrosine (green) in the endothelium in hearts from HS (left panel) and HS + SITA (right panel) mice (F). phospho-VASP(Ser²³⁹)/VASP ratio (G). Myocardial expression of SDF-1 (H). Scale bars (B) 20 μ m, (F) 50 μ m. Data represent the mean \pm SD ($n = 5$ in each group). * $P < 0.05$, significantly different from LS; # $P < 0.05$, significantly different from HS.

Endothelial dysfunction impairs adjacent cardiomyocytes because the low amount of NO determines reduced cGMP production and activity of its downstream effectors, including PKG. PKG activity can be indirectly detected by measuring VASP phosphorylation rate (Oelze *et al.*, 2000). Our data revealed that the treatment with sitagliptin significantly increased the phospho-VASP(Ser²³⁹)/VASP ratio, reversing the marked lowering observed in the HS group (Figure 6G). Finally, increased myocardial levels of SDF-1 were only observed in sitagliptin-

treated animals (Figure 6H). Taken together, our results support the hypothesis that sitagliptin has a positive effect on microvascular endothelial dysfunction, the key determinant of a sequence of events leading to LV dysfunction in HFpEF.

Myocardial remodelling

Oxidative stress and pro-inflammatory status contribute to the activation of pro-fibrotic pathways in the myocardium (Westermann *et al.*, 2011). Higher levels of perivascular and interstitial fibrosis in HS animals was evident by the

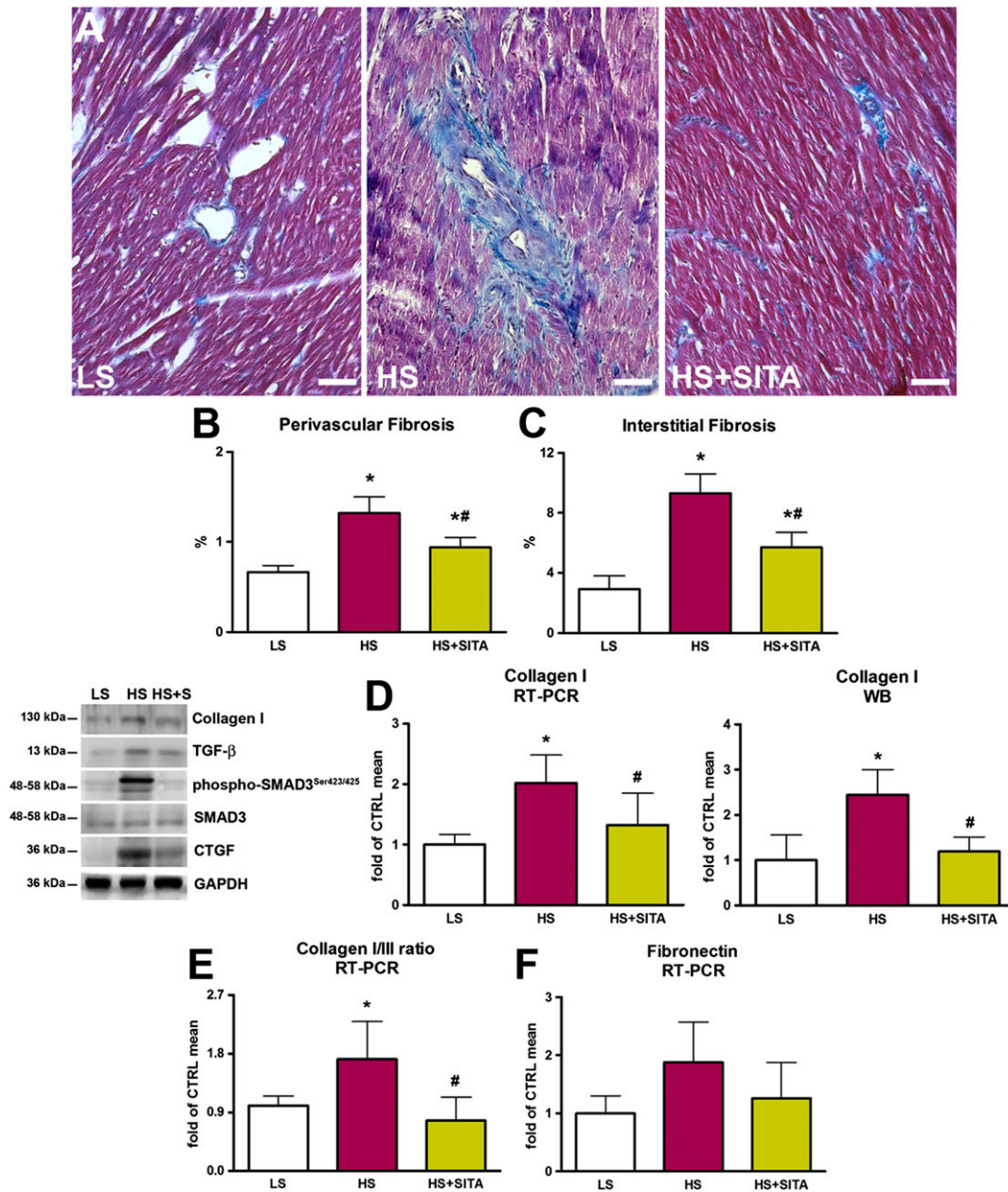


Figure 7

Myocardial fibrosis and extracellular matrix turnover. Masson's trichrome staining showing collagen deposition (blue) in the myocardium of LS (left panel), HS (central panel) and HS + SITA (right panel) animals (A). Perivascular and interstitial collagen fraction (B,C) ($n = 5$ in LS group; $n = 6$ in HS group; $n = 8$ in HS + SITA group). Collagen I mRNA and protein expression (D), collagen I/III mRNA ratio (E) and fibronectin mRNA expression (F). TGF- β protein expression (G), phospho-SMAD3(Ser^{423/425})/SMAD3 ratio (H) and CTGF mRNA and protein myocardial content (I) (for molecular biology, $n = 5$ in each group). Scale bars 200 μ m. Data represent the mean \pm SD. * $P < 0.05$, significantly different from LS; # $P < 0.05$, significantly different from HS.

accumulation of collagen, shown by Masson's trichrome staining (Figure 7A–C). mRNA and protein expression profiles showed an increase in collagen I mRNA and protein, and collagen type I/III mRNA ratio, along with higher fibronectin mRNA content (Figure 7D–F). Additionally, HS rats exhibited significant increases in the expression of TGF- β , CTGF and in the phospho-SMAD3(Ser^{423/425})/SMAD3 ratio (Figure 7G–I). Sitagliptin treatment markedly attenuated collagen deposition and decreased TGF- β levels, the phospho-

SMAD3(Ser^{423/425})/SMAD3 ratio and CTGF expression. Overall, the treatment with sitagliptin, by modulating profibrotic markers, significantly attenuated adverse myocardial remodeling and extracellular matrix accumulation.

Discussion

There are numerous unresolved issues regarding the underlying pathophysiological mechanisms of HFpEF and a

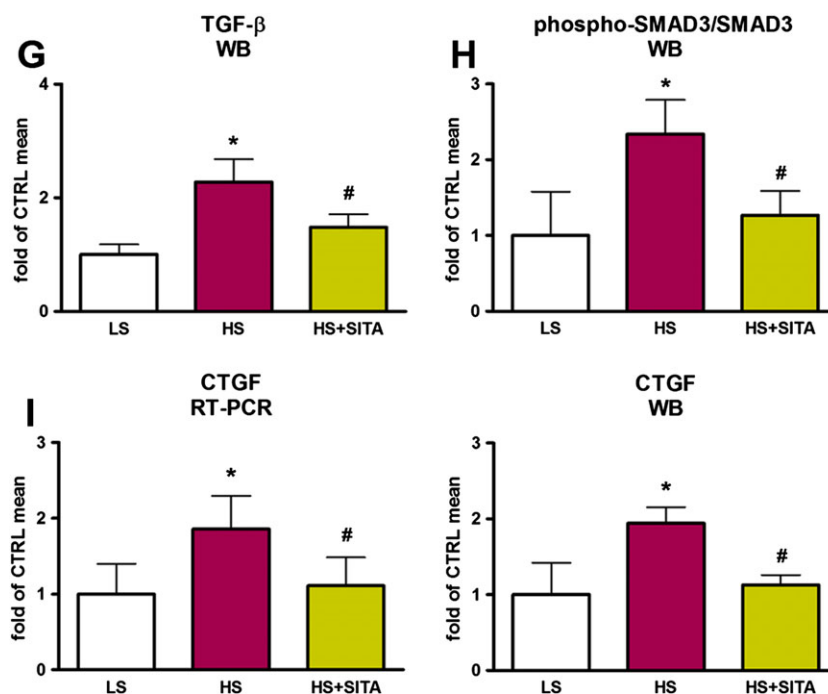


Figure 7

(Continued)

successful clinical approach to this condition is far from being established. In contrast to HF with reduced EF (HFpEF), modern pharmacotherapy has not improved outcome in HFpEF and most of the clinical trials showed negative or inconclusive results (Ponikowski *et al.*, 2016). A possible reason for this failure is the heterogeneity of the cohort of patients with HFpEF and the convergence of multiple abnormalities and different co-morbidities (Bielecka-Dabrowa *et al.*, 2016; Shah *et al.*, 2016). Although several pathways have been implicated in the pathogenesis of HFpEF, a low-grade inflammation, associated with DPP4 up-regulation and related to co-morbidities such as obesity, diabetes and hypertension, seems to play an important role (Zhong *et al.*, 2015). Additionally, the higher the activity of DPP4 in the coronary and peripheral circulation, the poorer the diastolic function (Shigeta *et al.*, 2012). These findings prompted us to perform an experimental study exploring the effects of the DPP4i sitagliptin in Dahl SS rats, which, when fed a HS diet, develop hypertension and characteristic metabolic disturbances, such as insulin resistance and dyslipidemia, leading to HFpEF (Zicha *et al.*, 2012; Horgan *et al.*, 2014). The fact that hypertension is a major co-morbidity in HFpEF, with approximately 70% of HFpEF patients presenting with elevated blood pressure, further validates the model selected for our experiments (Owan *et al.*, 2006; McMurray *et al.*, 2008; Liu *et al.*, 2013; Teo *et al.*, 2016).

Theoretically, inhibition of DPP4 should be beneficial in HF, but concerns about cardiovascular safety of the DPP4i, as a class, have been raised. Several clinical trials and epidemiological studies reported an increased risk of hospitalization for HF, although the findings do not appear fully concordant (Scirica *et al.*, 2013; Wang *et al.*, 2014; Chen *et al.*, 2015; Green *et al.*, 2015; Zannad *et al.*, 2015; Filion *et al.*, 2016).

Meta-analyses evaluating the effects of DPP4i on cardiovascular outcomes in diabetic patients also reported conflicting conclusions (Savarese *et al.*, 2015; Kongwatcharapong *et al.*, 2016). In particular, the risk of hospitalization for HF was higher with saxagliptin (Scirica *et al.*, 2013), while alogliptin showed only a trend toward hospitalization for HF (Zannad *et al.*, 2015). In contrast, no signal for increased risk was detected for sitagliptin (Green *et al.*, 2015). Consequently, unlike sitagliptin, saxagliptin and alogliptin were included in a recent FDA warning about HF for patients with type 2 diabetes with heart or kidney disease (<http://www.fda.gov/Drugs/DrugSafety/ucm486096.htm>). This difference between DPP4i may suggest a possible drug-specific effect, rather than a class-effect.

In our experimental setting, treatment with sitagliptin had beneficial effects on diastolic properties, as shown by the amelioration of haemodynamic parameters EDP, dP/dt min, Tau and EDPVR and, most importantly, reduced mortality. These data are in line with studies supporting a positive role of DPP4 inhibition in diastolic dysfunction (Aroor *et al.*, 2013; Bostick *et al.*, 2014). The functional improvement observed after sitagliptin treatment was associated with decreased plasma levels of BNP that may reflect a better haemodynamic profile and reduced wall stress. Because of the non-diabetic nature of our model and the unaltered blood glucose levels, these cardioprotective actions of sitagliptin are clearly not related to its effects on glycaemia. In contrast, we observed a slight lowering in blood pressure that started early in the treatment and became significant by the end of the experiment. However, sitagliptin-treated rats remained severely hypertensive until the end of the study. Thus, these changes cannot exclusively account for the beneficial effects of the drug, although such a reduction in blood pressure may have

contributed to the functional and structural modifications. The available data suggest that a large number of biologically active peptides with the capacity of decreasing or increasing blood pressure, are affected by DPP4 inhibition (Aroor *et al.*, 2014), making the effects of DPP4 inhibition strongly context-dependent (Jackson *et al.*, 2015). The concept of context-dependence is further supported by the opposite effects of DPP4 inhibition in animal models of HF and diabetic patients. A new DPP4i MK-0626 ameliorated oxidative stress and fibrosis in diabetic mice (Bostick *et al.*, 2014) but at the same time exerted harmful effects on heart function in a similar animal model (Mulvihill *et al.*, 2016). Similarly, two recent clinical trials conducted on type 2 diabetic patients have reached conflicting conclusions. The PROLOGUE study has shown no additional effect on the progression of carotid artery intima-media thickness with sitagliptin beyond that achieved with conventional treatment (Oyama *et al.*, 2016), whereas in the SPIKE trial, sitagliptin attenuated the progression of carotid thickening (Mita *et al.*, 2016).

The overall picture emerging from our results is in line with a new paradigm of HFpEF as a systemic inflammatory condition partly mediated by co-morbidities (Yancy *et al.*, 2006; Ather *et al.*, 2012; Paulus and Tschöpe, 2013). Of note, our hypertensive animals with diastolic dysfunction had an increased myocardial expression of DPP4, which was unchanged by sitagliptin treatment. This can be relevant to the observations that various inflammatory factors can increase DPP4 expression in immune, epithelial or endothelial cells (Stefanovic *et al.*, 1993; Riemann *et al.*, 1995; Cordero *et al.*, 1997; Yamabe *et al.*, 1997). On the contrary, sitagliptin produced a sustained reduction of myocardial DPP4 activity. DPP4 is a principal determinant of the circulating level of GLP-1, but it also cleaves numerous other biologically active peptide substrates, including chemokines, cytokines, neuropeptides and growth factors (Lambeir *et al.*, 2003). In our model, inhibition of DPP4 was coupled with increased circulating GLP-1 levels along with the enhancement of GLP-1 receptors in the myocardium. Apart from the physiological function of GLP-1 on glycaemic control, there is good evidence for a role in the cardiovascular system. GLP-1 receptors are expressed in the heart and vasculature, where they modulate heart rate, blood pressure and vascular tone (Grieve *et al.*, 2009). Importantly, GLP-1 has been found to be cardioprotective in experimental models of dilated cardiomyopathy and hypertensive HF (Nikolaidis *et al.*, 2005; Poornima *et al.*, 2008). Thus, the beneficial effect of DPP4 inhibition is likely to be due, at least partly, to the potentiation of GLP1/GLP-1 receptor axis.

Experimental and clinical observations have shown that the systemic inflammatory state induced by hypertension and other co-morbidities is marked by increased levels of the circulating pro-inflammatory cytokines TNF α and IL-6, which strongly correlate with the risk of new-onset HFpEF. Additionally, the levels of inflammatory biomarkers are higher in HFpEF than in hypertension, HFrEF or other conditions (Paulus and Tschöpe, 2013). In our study, sitagliptin treatment reversed TNF- α and IL-6 increases in the myocardium. This observation is consistent with previous reports demonstrating an anti-inflammatory effect of sitagliptin in different experimental models, such as Zucker diabetic fatty rats, ApoE^{-/-} mice, spontaneously hypertensive rats and in

a LV radiofrequency ablation model of HF (Ferreira *et al.*, 2010; Ta *et al.*, 2011; Matsubara *et al.*, 2012; Lee *et al.*, 2013; de Almeida Salles *et al.*, 2016).

A pro-inflammatory state affects the coronary endothelium in HFpEF patients, which show enhanced expression of VCAM-1 and E-selectin (Akiyama *et al.*, 2012). Elevated cardiac expression of adhesion molecules and CCL2 favours activation and migration of circulating leukocytes into the subendothelial space. NF- κ B is viewed as the master regulator of the inflammatory process by promoting the transcription of several pro-inflammatory genes including cytokines, such as TNF- α , IL-6, CCL2 and adhesion molecules as VCAM-1 (Valen *et al.*, 2001; Shi *et al.*, 2010). Our data, showing an increased myocardial expression of NF- κ B coupled with a higher content of inflammatory mediators, the up-regulation of adhesion molecules and the influx of CD68- and myeloperoxidase-positive cells in the HS group, would be compatible with this proposal. The effects of sitagliptin that include reduced expression of pro-inflammatory proteins and decreased monocyte migration may be attributed to GLP-1. In fact, GLP-1 decreases monocyte migration and can exert anti-inflammatory effects by reducing NF- κ B activation (Matsubara *et al.*, 2012; Vittone *et al.*, 2012). Additionally, the observed polarization of macrophages toward a M2-like anti-inflammatory phenotype, which can also be driven by GLP-1, could have played a role (Shiraishi *et al.*, 2012; Brenner *et al.*, 2015). Because DPP4 may potentiate the inflammatory process at systemic and local levels by co-stimulation of T-cells, macrophage maturation and adhesion of inflammatory cells to extracellular matrix proteins (Zhong *et al.*, 2015), we cannot exclude the potential effects of DPP4i on these non-catalytic functions of DPP4.

Inflammation-induced coronary endothelial dysfunction leads to impaired NO bioavailability (Paulus and Tschöpe, 2013), which can also be due to elevated levels of ROS. Pro-inflammatory cytokines and up-regulation of adhesion molecules mediate ROS generation (Griendling *et al.*, 2000), which in turn decrease NO production and induce eNOS uncoupling, thus leading to the transition of hypertension to HFpEF (Szelényi *et al.*, 2015). In fact, high nitrotyrosine levels indicate reduced NO bioavailability, as superoxide anion, overproduced in the 'inflammatory disease' HFpEF, consumes NO to generate peroxynitrite (Westermann *et al.*, 2011; Ather *et al.*, 2012; Paulus and Tschöpe, 2013). As NO contributes to myocardial relaxation, reduced cardiac NO contributes to diastolic dysfunction (Takimoto *et al.*, 2005). In our study, treatment with sitagliptin counteracted eNOS uncoupling and reduced oxidative/nitrosative stress evident in the myocardium of HS animals. As endothelial cells express both GLP-1 receptors and DPP4, and DPP4i have been shown to activate eNOS, an improved endothelial function can be attributed to both direct and indirect actions of sitagliptin.

Another potential mechanism involved in the maintenance of endothelial homeostasis may be related to the increased bioavailability of the chemokine SDF-1 (CXCL12). DPP4 inhibition prevents the cleavage of SDF-1 which can activate eNOS in cardiac cells (Zhong and Rajagopalan, 2015). SDF-1 is also a progenitor cell homing factor. Preclinical studies have shown its therapeutic potential after myocardial

injury by recruiting endothelial progenitor cells to the heart (Shigeta *et al.*, 2012). Moreover, sitagliptin increased the number of circulating endothelial progenitor cells in diabetic patients (Fadini *et al.*, 2010), and higher endothelial progenitor cell number and eNOS expression have been found after DPP4 inhibition (Shih *et al.*, 2014).

In HFpEF patients, increased nitrosative/oxidative stress and decreased NO bioavailability translate into lower myocardial cGMP content and reduced PKG activity (Griendling *et al.*, 2000; van Heerebeek *et al.*, 2012). We have measured PKG activity assessing the phosphorylation rate of the VASP protein, one of the PKG specific substrates (Oelze *et al.*, 2000). Treatment with sitagliptin increased the phospho-VASP(Ser²³⁹)/VASP ratio, reversing the negative trend observed in the HS group. This is consistent with the data obtained in a diabetic model, where sitagliptin treatment was associated with the stimulation of the cGMP-PKG pathway and the decrease in myocardial stiffness (Hamdani *et al.*, 2014). PKG has a number of targets that exert a wide range of downstream effects in cardiovascular physiology. For example, through the phosphorylation of titin, PKG alters the mechanical properties of cardiomyocytes affecting diastolic tone (lowered by PKG), ventricular extensibility (increased by PKG) and relaxation speed (accelerated by PKG) (Linke and Hamdani, 2014). Several PKG targets have also been identified within the intracellular calcium regulatory system (Takimoto, 2012). Additionally, PKG reduces the fibrotic response of the heart by interfering with the activation of the TGF- β /SMAD3 signalling (Kirk *et al.*, 2016). Increased cardiomyocyte stiffness, in addition to fibrosis, contributes to a reduced LV compliance (Borbely *et al.*, 2005; van Heerebeek *et al.*, 2006; Linke and Hamdani, 2014).

The inflammation-driven stimulation of TGF- β /SMAD3 signalling is essential for the activation and transdifferentiation of fibroblasts into myofibroblasts and the extracellular matrix turnover (Kirk *et al.*, 2016). These processes, fuelled by the presence of co-morbidities such as hypertension and type 2 diabetes, contribute to the increased myocardial stiffness in HFpEF (González *et al.*, 2010; Kasner *et al.*, 2011). In HFpEF patients, in addition to increased circulating biomarkers of inflammation, myocardial expression of TGF- β and other markers of matrix turnover increased and correlated with diastolic dysfunction (Westermann *et al.*, 2011). In our study, myocardial levels of TGF- β and its downstream effectors SMAD3 and CTGF decreased following sitagliptin administration. Moreover, we detected a reduction in collagen and fibronectin accumulation. Thus, by interfering with the development of the pro-fibrotic phenotype, sitagliptin exerted a beneficial modulation of myocardial remodelling.

Limitations of the study

The restricted availability of animal models represents a major limitation in conducting mechanistic studies on the pathophysiology of HFpEF. So far, the Dahl SS rat offers one of the best and most frequently used models with clinically relevant characteristics. These animals, when fed a HS diet from the age of 7 weeks, develop, over time, most of the hallmarks of HFpEF, including diastolic dysfunction, hypertension and inflammation (Zicha *et al.*, 2012; Horgan

et al., 2014). However, given the progressive and transitory nature of this model, structural and functional changes significantly vary at different time-points. A mild myocardial dysfunction, already present at 12-14 weeks, progresses to a phenotype that resembles HFpEF only at 18-20 weeks (Doi *et al.*, 2000; Qu *et al.*, 2000). However, at this time, there is also a high mortality in the HS animals, which means that dysfunction can only be assessed in the survivors. This restriction of the experimental sample can be considered as a limitation. Moving the assessment to earlier times when the mortality is lower would have eliminated this bias (selection by survival), but it would preclude the development of the full-blown HFpEF phenotype. Now that we have shown a clear effect of sitagliptin on the fully developed phenotype, another set of studies with at an earlier time could yield an interesting mechanistic insight into the dynamics of this model.

In conclusion, given the wide range of effects of DPP4i, it is clear that the mechanisms responsible for the beneficial effects of sitagliptin are equally complex and multiple. Although the potentiation of the GLP-1/GLP-1 receptor signalling contributes to cardioprotection, our findings show that sitagliptin-mediated combination of anti-inflammatory and anti-fibrotic actions coupled with improved coronary endothelial function and NO bioavailability acts in concert to return the hypertension-driven HFpEF phenotype towards normality.

Our study reinforces the notion that the effects of DPP4 inhibition may strongly depend on the overall pathophysiological milieu, which, according to a current concept, can be significantly heterogeneous within the HFpEF population. Our findings may therefore be of particular relevance in the upcoming era of personalized medicine.

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Author contributions

G.E. conceived and designed the experiments, performed immunofluorescence and molecular biology experiments, and analysed the data. D.C., A.D.A. and K.U. conceived and designed the experiments, performed *in vivo* experiments, analysed the data and wrote the paper. E.P., R.R., A.R., L.P.C. and F.R. performed histochemistry and molecular biology experiments and analysed the data. L.B. and F.scoR revised the manuscript and gave final approval to the publication. All authors approved the final draft of the manuscript.

Conflict of interest

The authors declare no conflicts of interest.

Declaration of transparency and scientific rigour

This Declaration acknowledges that this paper adheres to the principles for transparent reporting and scientific rigour of preclinical research recommended by funding agencies, publishers and other organisations engaged with supporting research.

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