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A comprehensive analysis of mitochondrial genes variants and their association with antipsychotic-induced weight gain

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Abstract

Antipsychotic Induced Weight Gain (AIWG) is a common and severe side effect of many antipsychotic medications. Mitochondria play a vital role for whole-body energy homeostasis and there is increasing evidence that antipsychotics modulate mitochondrial function. This study aimed to examine the role of variants in nuclear-encoded mitochondrial genes and the mitochondrial DNA (mtDNA) in conferring risk for AIWG. We selected 168 European-Caucasian individuals from the CATIE sample based upon meeting criteria of multiple weight measures while taking selected antipsychotics (risperidone, quetiapine or olanzapine). We tested the association of 670 nuclear-encoded mitochondrial genes with weight change (%) using MAGMA software. Thirty of these genes showed nominally significant P-values (<0.05). We were able to replicate the association of three genes, CLPB, PARL, and ACAD10, with weight change (%) in an independent prospectively assessed AIWG sample. We analyzed mtDNA variants in a subset of 74 of these individuals using next-generation sequencing. No common or rare mtDNA variants were found to be significantly associated with weight change (%) in our sample. Additionally, analysis

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Contributors

V.F.G. designed the study, performed experiments, data analysis, and wrote the manuscript. K.M. performed data analysis and wrote first draft of manuscript. H.R. performed bioinformatics analysis. A.B.C., A.K.T., and C.C.Z. performed data analysis. A.K.T, M.M., D.J.M. performed data curation. B.R. performed libraries for sequencing. M.P.V. supervised mtDNA sequencing and performed data cleaning and quality control. J.L.K. supervised the study. All co-authors contributed with writing review & editing.

Disclosures

KM, ABC, BR, MM, and RH declare no conflict of interest.

of mitochondrial haplogroups showed no association with weight change (%). In conclusion, our findings suggest nuclear-encoded mitochondrial genes play a role in AIWG. Replication in larger sample is required to validate our initial report of mtDNA variants in AIWG.

Keywords

Mitochondria; Mitochondrial DNA variants; Nuclear-encoded mitochondrial genes; Schizophrenia; Antipsychotic-induced weight gain; Next generation sequencing

1. Introduction

Schizophrenia (SCZ) is a complex disorder characterized by psychosis and disturbed behavior. It is estimated to affect approximately 1% of the adult population worldwide (McGuffin et al., 1995). SCZ is ranked among the top 10 causes of disability among people in developed countries (Kahn et al., 2015). Antipsychotic medications are an important, effective therapeutic intervention for controlling the major symptoms of SCZ (Allison et al., 1999). However, weight gain is a common side effect of treatment with antipsychotics, and is particularly pronounced with clozapine and olanzapine, and is becoming a major health concern (Gebhardt et al., 2010). Antipsychotic-induced weight gain (AIWG) is a severe side effect observed in up to 40% of patients taking medications referred to as second-generation or atypical antipsychotics (Lett et al., 2012; Ucok and Gaebel, 2008). Weight gain leads to increased risk for cardiovascular morbidity and mortality. In addition, excessive weight and obesity can have important effects on an individual's adjustment in the community, ability to participate in rehabilitation efforts and self-image, contributing to a main reason for non-adherence (Ucok and Gaebel, 2008). The heritability of AIWG has been suggested to be between 60 and 80% based on twin and family studies, indicating the role of genetic factors in the pathophysiology of AIWG (Gebhardt et al., 2010). Several studies have addressed the genetic basis of AIWG in terms of the nuclear genome, and it is a well-established area of research (MacNeil and Muller, 2016; Muller et al., 2013; Muller and Kennedy, 2006).

The mitochondrial system is an interesting target to be examined in AIWG studies. First, mitochondria are the main source of aerobic energy for brain cellular functioning. Second, these organelles have been shown to be involved in appetite and satiety regulation through hypothalamic signaling mechanisms. Briefly, the arcuate nucleus in the hypothalamus is the main central regulator for energy metabolism. In this region, there are two specific types of neurons: anorectic (POMC) and orexigenic (NPY/AgRP). When glucose levels are high in the cell, POMC neurons are active and promote satiety in association with elevated production of the mitochondrial reactive oxygen species (mtROS), and increased mitochondrial fusion. When glucose levels are low, NPY-AgRP neurons are active and promote hunger associated with fatty acid metabolism, low levels of mtROS, and increased mitochondria fission (Jordan et al., 2010; Nasrallah and Horvath, 2014). Finally, antipsychotic medications are reported to alter mitochondrial function although the molecular mechanisms are incompletely understood (see (Goncalves et al., 2014) for a review). Despite the rationale for mitochondrial involvement, there are not many studies examining mitochondrial genetic variance in AIWG. In one such study, our group reported

the association between the NDUFS1 mitochondrial gene with AIWG (Goncalves et al., 2014). This study was the first to highlight the role of mitochondrial variation in AIWG and it prompted further, more thorough investigation of our hypothesis.

The mtDNA is a circular molecule containing 16,569 base pairs that encodes 37 genes: 13 subunits of the mitochondrial electron transport chain and a distinct set of rRNAs and tRNAs, all of which are critical for life-sustaining oxidative phosphorylation and energy generation (Wallace, 1994). Additionally, more than 1000 nuclear-encoded mitochondrial genes are necessary for mitochondrial functioning and biogenesis (Wallace, 2013). Here we hypothesize that nuclear-encoded mitochondrial genes are enriched in variants associated with AIWG. We also hypothesize that variants in the mtDNA are associated with AIWG.

2. Methods

2.1. Methods for nuclear-encoded mitochondrial genes

2.1.1. CATIE GWAS imputation—The genome-wide genotyping in the CATIE samples was performed using Affymetrix 500 k/Perlegen's custom 164 K chips. A total of 495,172 SNPs were available. We performed standard quality control (QC) measures in CATIE sample before imputation (Anderson et al., 2010; Clarke et al., 2011). Briefly, we removed individuals with <95% of the markers genotyped, and markers that were <95% genotyped. We checked cryptic relatedness, and one individual of each pair of related individuals was removed ($P^{\text{HAT}} > 0.05$), choosing preferably that individual with the missing phenotype or more missing genotypes. Mean heterozygosity was calculated and outliers (± 4 SD) were removed. In a subsequent step, some SNPs were filtered out if the χ^2 -test for Hardy-Weinberg equilibrium was <0.001. Multi-dimensional scaling (MDS) analysis of the genotypes was used to check for population stratification, and outliers were removed through visual inspection of scatter plots. During QC, we excluded: (1) 0 subjects for relatedness; (2) 3 subjects for discordant sex info; (3) 0 subjects for missing genetic data; (4) 382 markers for low genotyping rate; and (5) 42,789 markers for minor allele frequency of <0.05. After QC, we had total sample of 168 individuals which also met the inclusion criteria for AIWG study as described below.

Whole-genome imputation was conducted using IMPUTE2 (Howie et al., 2012) in 5-Mb segments after pre-phasing the data in SHAPEIT2 (Delaneau et al., 2013) using the 1000 Genomes Project Phase 3 dataset (Genomes Project et al., 2015) as reference panel. The imputation output (.gen) was then converted to bed/bim/fam format using PLINK2 with an imputation score threshold of 0.8. Post-imputation QC was performed, removing individuals with <95% of the markers genotyped ($N = 0$), and markers that were <95% genotyped ($N = 594,431$). The χ^2 -test for Hardy-Weinberg equilibrium was <0.000001 ($N = 0$). A total of 1,711,800 biallelic SNPs were available for analyses after imputation.

2.1.2. Analysis of nuclear-encoded mitochondrial gene set—The mitochondrial set of genes included 670 mitochondrial genes from MitoCarta v.2.0 (release 2015). For the gene-set competitive analysis, we also included the remaining “protein-coding genes” (i.e., all other genes present in our data that were not listed above). MAGMA software was used (default settings) for gene-based and gene-set analyses (de Leeuw et al., 2015) for our

imputed genotype data in the CATIE sample. MAGMA uses three basic steps to calculate P-values for genes and pathways/gene-sets. In step #1, the PLINK binary map file is used as input to annotate SNPs to genes (present in human genome build 37). In step #2, P-values are calculated for all genes present in the data set, excluding SNPs in linkage disequilibrium and taking into account gene sizes. The P-values are corrected for the number of tests used (i.e. total number of genes ($N = 670$ in the current study)). Step #3 calculates P-values for the pathways/gene-sets of interest. A competitive analysis model was used as it corrects for the baseline association, and verifies whether gene sets of interest are more strongly associated with the phenotype than other sets of genes in the data set.

We used an independent sample ($N = 151$) to replicate our findings from gene-based analysis. This sample was described elsewhere (Tiwari et al., 2016). Briefly, we conducted genome-wide genotyping using the Illumina Omni 2.5 M Array. In total, 2,370,667 SNPs were genotyped for 237 participants at The Centre for Applied Genomics (TCAG) at The Hospital for Sick Children in Toronto, Canada. QC methods were selected according to Anderson et al. (Anderson et al., 2010) and Clarke et al. (Clarke et al., 2011) and which we have applied in previous studies (Maciukiewicz et al., in press). Across individuals within our sample, we investigated sex discordance, individual genotype missingness rates ($<5\%$), heterozygosity rate, relatedness (i.e. identity-by-descent, IBD) and genetic ancestry to confirm self-reported ancestry, as well as to control for fine population structure. To avoid issues of sample contamination or the possibility of inbreeding, we ensured a heterozygosity rate of ± 3 standard deviations from the mean. Furthermore, we restricted individual genotype missingness to $<5\%$. To avoid spurious associations due to population stratification, we confirmed self-reported ancestry with genetic ancestry using MDS in PLINK. We plotted our sample versus the HapMap reference populations for Europeans and African Americans using R. We defined ethnic outliers as those individuals located ± 6 standard deviations from the mean. After individual QC, we excluded: (1) 5 subjects with excessive relatedness; (2) 8 subjects with discordant sex info; (3) 2 subjects with low genotyping rate; (4) 10 subjects with missing genetic data and ancestry different than African American or European. Some of individuals failed more than one QC step. As a result, we had a total sample of 202 individuals (51 and 151 of African-American and European ancestry respectively). An analytical workflow for nuclear-encoded mitochondrial genes is shown in the Fig. 1.

2.2. Methods for mtDNA

2.2.1. CATIE sample—The description of the Clinical Antipsychotic Trials of Intervention Effectiveness (CATIE) sample has been previously published (Lieberman et al., 2005). We sequenced the mtDNA of 113 individuals from the CATIE sample. However in the association analysis, we included individuals who fulfilled the following criteria: study medication with at least medium or high risk for weight gain (risperidone, quetiapine or olanzapine), no marked obesity ($BMI < 40 \text{ kgm}^{-2}$) at study baseline, no medication with high risk for weight gain before baseline (start of the study) for >14 days, European ancestry and more than one weight measure available after baseline. This excluded patients who had received antipsychotics (ziprasidone or perphenazine) that are not associated with significant weight gain. Similarly, patients with baseline $BMI \geq 40 \text{ kgm}^{-2}$, and with prior exposure to

medication with high weight gain risk (Olanzapine) are less likely to gain weight during the course of the study (Brandl et al., 2016). After the exclusion of confounding factors, our refined sample size was 74. Demographic and clinical characteristics of the samples are provided in Table 1. Weight gainers were defined as those individuals who showed weight gain greater than or equal to 7% from baseline (N= 24).

2.2.2. Next-generation sequencing (NGS)—We sequenced the mtDNA genome in 113 schizophrenia subjects using methods described previously (Sequeira et al., 2012). Briefly, the mitochondrial genome was initially enriched by long-range PCR amplification of two overlapping amplicons, which were then purified and sequenced on the Illumina HiSeq 2500 according to manufacturer's protocols. Reads from the Illumina HiSeq 2500 (single end fastq) were analyzed using mtDNA-Server v.1.0.6 (<https://mtdnaserver.uibk.ac.at/index.html>) with default parameters. mtDNA-Server is a free web tool for mtDNA NGS analysis (for details see (Kloss-Brandstatter et al., 2015), (Weissensteiner et al., 2016)). Briefly, the server validates the input format (fastq/BAM) and aligns the reads to revised Cambridge Reference Sequence (rCRS, GenBank accession number NC_012920) using Burrows-Wheeler Aligner Maximum Exact Match algorithm (BWA MEM). Then, the bases (only with PHRED score ≥ 30) for each position relative to the rCRS are extracted. Details regarding the parameters used by the server can be found on the website (<https://mtdnaserver.uibk.ac.at/index.html#!pages/help>). Homoplasmic variants were defined as those with the major allele found to differ from the rCRS and constituted 95–100% of the reads.

2.2.3. Statistical analysis—Linear regression was used to test the association of genotypes with weight change (%) using an additive genetic model (Purcell et al., 2007). Weight change (%) from baseline was used as the dependent variable, and genotypes were entered as predictors. To account for multiple tested, the number of independent SNPs (N = 167) was estimated using SNP Spectral Decomposition Lite (Nyholt, 2004), and a Bonferroni-corrected significance threshold of 0.0003 was applied. Haplogroups were identified using HaploGrep through the mtDNA-Server. All of them were assigned with a quality score of 0.8 or higher by HaploGrep. Due to the small sample size, phylogenetically related haplogroups were combined and analyzed together. Thus, three European groups were tested for association with weight change (%): (“H-HV-V”, “J-T”, and “K-U”). Individuals assigned as non-European based on their haplogroups were filtered out (N = 14). The association between haplogroups and weight change (%) was tested using linear regression in the Statistical Package for the Social Sciences (SPSS) v24 (IBM Corporation, Armonk, N.Y., USA). Rare variant analyses on the genotyped markers was performed using Sequence Kernel Association Test (SKAT) (Ionita-Laza et al., 2013), as described previously (Gonçalves et al., under review). We did not observe differences in allele calls when comparing cell lines with blood-derived mtDNA. However, in cell lines, there is a trend for increasing heteroplasmy compared to blood-derived mtDNA (Vawter, M., unpublished observation). Since heteroplasmy was not analyzed in this study, this observation does not affect the present results. Power was calculated using Quanto (Morrison, 2006) assuming an additive model and using the following parameters: mean weight change of 4% (± 8.62), sample size of N = 74, the observed beta and minor allele frequency of the SNP. An analytical workflow for mtDNA variants is shown in the Fig. 2.

3. Results

3.1. Analysis of nuclear-encoded mitochondria gene set

Nuclear-encoded mitochondrial genes were investigated for enrichment across variants associated with weight change (%). MAGMA annotated SNPs in 11,980 genes present in our CATIE imputed data (this included 670 mitochondrial genes). In the gene-based analysis (which tests the association of each gene with the phenotype), we identified 30 mitochondrial genes with P -value < 0.05 , although these observations did not survive multiple-testing correction (Table 2). We performed the gene-based analysis in our second independent data set. While the gene-set analysis showed no enrichment of variants associated with weight change (%) for the nuclear-encoded mitochondrial gene set ($N=670$ genes; P -value=0.88), we were able to replicate three of the 30 mitochondrial genes (P -value < 0.05) from the CATIE data set: (1) ClpB Homolog, Mitochondrial AAA ATPase Chaperonin (CLPB), (2) Presenilin Associated Rhomboid Like (PARL), and (3) Acyl-coenzyme A dehydrogenase 10 (ACAD10) (Table 3).

3.2. Analysis of variants in mtDNA

We analyzed 74 complete mtDNA sequences. The average coverage for the variants was $12,000\times$ (min = $1,895\times$, max = $38,894\times$).

3.2.1. Homoplasmic variants in mtDNA—A total of 293 homoplasmic variants were identified in our sample. Of these, 282 were transitions (95.3%) and 11 were transversions (4.7%) (Ti/Tv ratio is 25:1). This ratio is within the expected range of between 20:1 and 38:1 for humans (Guo et al., 2012; Pereira et al., 2009). A total of 56 were non-synonymous based on MutPred (Li et al., 2009) and Selection Score (Pereira et al., 2011), and 19 were classified as harmful in both tools (Supplemental Table 1).

Eighty-seven of 293 variants were uniquely found in weight gainers, and 18 of the 87 were non-synonymous substitutions (Table 4). There was no statistically significant difference for the proportion of synonymous versus non-synonymous SNPs between weight gainers and non-weight gainers in our sample (0.19 versus 0.18, P -value= 1).

We next performed linear regression with the weight change (%) as the dependent variable and the mtDNA genotypes as predictors. The raw sequence data was converted to VCF files and then to PLINK format to perform single SNP analysis. There were 75 bi-allelic variants identified by mtDNA NGS with MAF of at least 5%. From the association analysis, no SNPs were found to be significant in association with weight change ($P < 0.05$) (see Table 5 for top hits). Rare variant analysis conducted ($N = 308$ SNPs, MAF $\geq 5\%$) using SKAT (Ionita-Laza et al., 2013) yielded a P -value of 0.8. Considering that age can be a confounder for analysis of mtDNA variants, a Pearson correlation was performed to assess the relationship between age and weight change (%). There was no significant correlation between the two variables ($r = -0.168$, $N = 74$, $P = 0.15$), and thus, age was not included in our model.

3.2.2. Haplogroup analysis—Sixty-eight unique haplogroups were found in our sample set. Association was tested between mtDNA phylogenetic groups and weight change (%).

None of the groups tested (i.e. H-HV-V, J-T, and K-U) was significantly associated with the phenotype (see Table 6).

4. Discussion

In this study, we examined the hypothesis that nuclear-encoded mitochondrial genes are associated with AIWG. The gene-set analysis did not show enrichment of mitochondrial variants to be associated with weight change (%). However, the analysis of genes individually revealed 30 nominally significant for the phenotype, of which three were replicated in an independent sample.

The most interesting finding was with the gene CLPB, which is a member of the ATP-ases (AAA+) superfamily. It cooperates with Hsp70 in the disaggregation of (misfolded) protein aggregates. Although the protein function is not completely understood in humans, variants in CLPB appear to disrupt the integrity of mitochondrial membrane by allowing abnormal protein aggregation (Kanabus et al., 2015).

PARL is a mitochondrial intermembrane Rhomboid protease. Its function is associated with maintenance of mitochondrial morphology and apoptosis. Reduced PARL protein levels was associated with diabetes, possibly due to an imbalance between mitochondrial biogenesis and degradation, which in turn reduces mitochondrial mass and alters mitochondrial dynamics (Civitaresse et al., 2010). Mitochondrial dynamics (i.e., mitochondrial fusion, fission, and motility) regulates important processes including mitochondrial morphology, mitophagy, mtDNA stability, ROS generation and cellular stress response. It has been shown that disturbance in the integrity of mitochondrial membranes and mitochondrial dynamics promotes mitochondrial dysfunction, which leads to a variety of metabolic stresses and disorders (Nasrallah and Horvath, 2014).

ACAD10 is involved in the beta-oxidation of fatty acids in mitochondria. Variants in ACAD10 were associated with type-2 diabetes and insulin resistance in Pima Indians, possibly due to impaired lipid oxidation and/or increased adipocytes size (Bian et al., 2010). These two abnormalities are correlated with insulin resistance and increased risk for type-2 diabetes (Weyer et al., 2000). Thus, variants described for two of the genes identified in our study have been associated with metabolic alteration linked to mitochondrial dysfunction.

This study also investigated the association between weight change (%) and variants in mtDNA which is generally excluded from routine GWAS analyses. To the best of our knowledge, this is the first study to date to examine this hypothesis. We did not observe any significant association of both common and rare variants with the phenotype. However, we identified variants exclusively in the group with 7% weight gain, which should serve as stimulus for future AIWG studies.

There are a number of limitations with the current study. Our findings were derived from a modest sample size of only 74 subjects: While we carefully selected patients to be removed from the sample based on trial medication, and previous use of psychotropic medication, we did not have enough power to detect polymorphisms of small/moderate effects. Adherence to prescribed medication was also a potential confound. The CATIE sample also has

considerable diagnostic heterogeneity, and was collected across >57 sites. Additionally, since the CATIE DNA sample was derived from cell lines, it is possible that passage effect partly contributed to sample heterogeneity. Furthermore, there may be potential differences between blood and brain in terms of mitochondrial variants. However, for mtDNA homoplasmic variants, we have previously reported 100% concordant sequencing results between blood and different brain regions (Sequeira et al., 2012).

In summary, this study identified nuclear-encoded mitochondrial genes conferring risk for AIWG. Proteins involved in mitochondrial membranes and dynamics appeared to be candidates worthy of further examination in studies of this type. The mtDNA analysis showed limitations mainly due to the fact that CATIE sample was not designed for this type of study (AIWG). However, we were able to produce preliminary data to be further explored in larger samples. The analysis of the mitochondrial genes encoded by the nucleus and mtDNA as presented in this study holds the potential to shed light on the role of mitochondria in the antipsychotic-induced side effects and related phenotypes. Replication in larger samples and/or other ethnic groups will permit a better understanding of the role of mitochondria in AIWG.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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JLK, DJM, CCZ, AKT, and VFG: patent application: “Compositions and Methods for the Treatment and Prevention of Antipsychotic Medication–Induced Weight Gain”. JLK, DJM, CCZ: patent application: “Genetic Markers for Antipsychotic Induced Weight Gain and Methods for Use Thereof”. DJM is supported by the Canadian Institutes of Health Research (CIHR Operating Grant MOP 142192), the National Institutes of Health (R01MH085801), and the Centre for Addiction and Mental Health Foundation (Joanne Murphy Professorship). Past funding which have contributed to this project include a Brain & Behaviour Research (NARSAD) Independent Investigator Award, the Michael Smith New Investigator Salary Prize for Research in Schizophrenia (CIHR) and an Early Researcher Award by the Ministry of Research and Innovation of Ontario. Dr. Vawter's work on mitochondria and psychiatric disorders is supported by NIMH (R21MH099440-01 and R01MH085801). Dr. Vawter also receives support from the Pritzker Neuropsychiatric Disorders Research Consortium. (University of California, Irvine; P01MH085801). Dr. Kennedy has also received speaker honoraria and expenses from Eli Lilly, Novartis and Shire, and consultant honoraria and expenses from Roche.

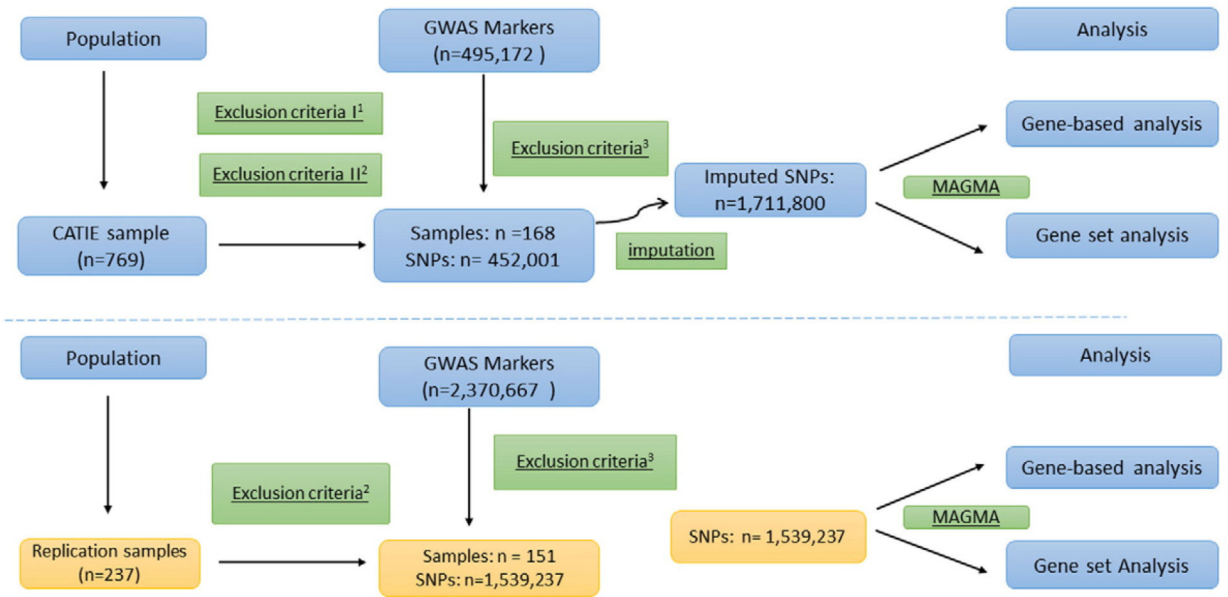
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Nuclear-encoded mitochondrial genes Analysis



1. BMI > 40, prior weight gain medication, non European, at least one weight measure after baseline
2. Relatedness, Discordant sex info, missing genetic data
3. Low genotyping rate, markers with MAF < 0.05, Non Europeans

Fig. 1. Overall analytical workflow for nuclear-encoded mitochondrial genes.

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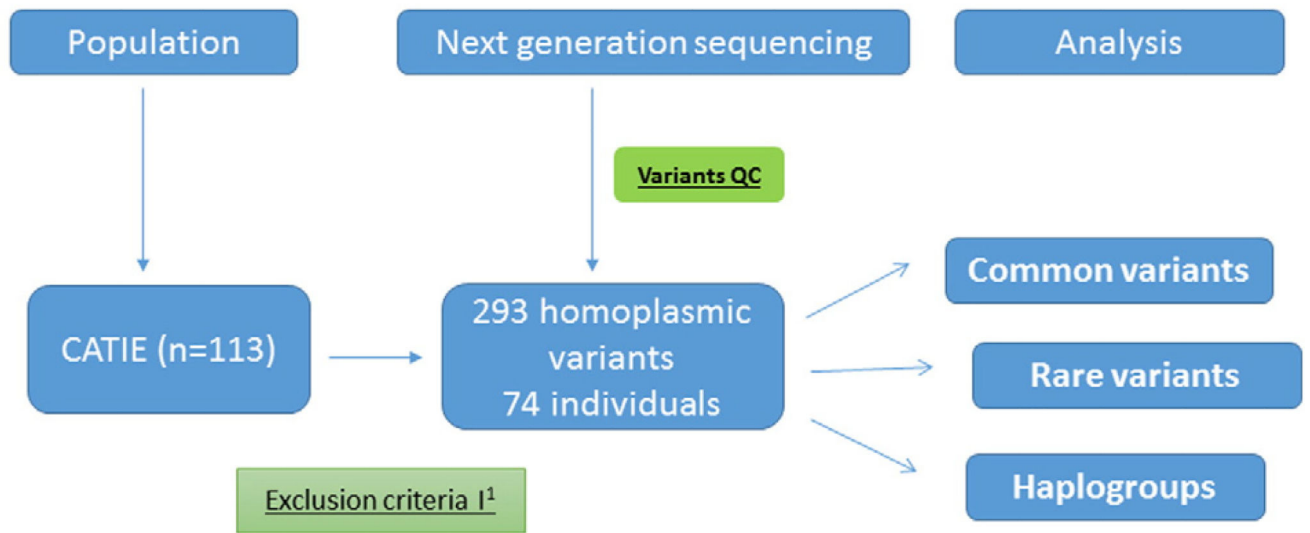
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Discovery

Replication

Mitochondrial genome encoded genes Analysis



1. BMI > 40, prior weight gain medication, non European, at least one weight measure after baseline

Fig. 2.

Overall analytical workflow for mtDNA variants.

Table 1

Demographic and clinical characteristic of the sample.

		Total Number	Mean	SD
Sex	Male	61		
	Female	13		
Age			40	11.98
Treatment duration			143	43.52
Percentage of weight gain			4%	8.62
Olanzapine		42		
Risperidone		32		
Individuals with >7% weight gain		24		

SD: standard deviation.

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Table 2

Nominally significant hits from gene-based analysis in MAGMA.

Gene name	CHR	Start	Stop	NSNPS	NPARAM	N	ZSTAT	P
GRSF1	4	71,681,499	71,705,627	46	2	168	3.429	0.0003
CPS1	2	211,342,406	211,543,831	154	8	168	3.259	0.0006
NDUFB7	19	14,676,890	14,682,889	1	1	168	3.223	0.0006
CRLS1	20	5,986,739	6,020,699	1	1	168	3.187	0.0007
MAVS	20	3,827,446	3,856,770	1	1	168	2.839	0.0023
C6orf201	6	4,079,440	4,131,000	3	2	168	2.585	0.0049
HMGCS2	1	120,290,619	120,311,555	11	2	168	2.379	0.0087
IMMP2L	7	110,303,106	111,202,588	521	27	168	2.377	0.0087
BCL2	18	60,790,579	60,987,011	32	5	168	2.133	0.0164
ARMC4	10	28,101,095	28,287,977	152	5	168	2.010	0.0222
FH	1	241,660,857	241,683,085	19	2	168	1.966	0.0247
PANK2	20	3,869,486	3,904,538	2	1	168	1.961	0.0249
MRPS18C	4	84,377,085	84,382,929	1	1	168	1.936	0.0264
CLPP	19	6,361,463	6,368,915	13	2	168	1.935	0.0265
MRPS27	5	71,515,236	71,616,084	41	4	168	1.932	0.0267
MTIF3	13	28,009,776	28,024,739	13	2	168	1.924	0.0272
PARL	3	183,543,522	183,602,693	72	3	168	1.900	0.0287
CLPB	11	72,003,469	72,145,724	9	3	168	1.890	0.0294
MRPL35	2	86,426,478	86,440,913	18	1	168	1.865	0.0311
TRAP1	16	3,708,038	3,767,598	7	2	168	1.852	0.0320
FAM210A	18	13,663,346	13,726,591	3	2	168	1.851	0.0321
SFXN1	5	174,905,514	174,956,745	1	1	168	1.804	0.0356
COX5A	15	75,212,616	75,230,495	27	2	168	1.781	0.0374
IMMT	2	86,371,055	86,423,264	114	2	168	1.760	0.0392
EC12	6	4,115,927	4,135,831	7	3	168	1.760	0.0392
SQRDL	15	45,923,346	45,983,492	81	7	168	1.752	0.0399
PABPC1L	20	43,538,701	43,587,585	30	3	168	1.720	0.0427
ACAD10	12	112,123,857	112,194,911	51	2	168	1.704	0.0442

Gene name	CHR	Start	Stop	NSNPS	NPARAM	N	ZSTAT	P
NUDT19	19	33,157,186	33,204,702	12	2	168	1.682	0.0462
L2HGDH	14	50,704,285	50,778,947	108	6	168	1.660	0.0485

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Table 3

Results for gene-based analysis in MAGMA for discovery and replication sample.

Gene	CHR	Start	Stop	Discovery sample				Replication sample					
				NSNPS	NPARAM	N	ZSTAT	P	NSNPS	NPARAM	N	ZSTAT	P
CLPB	11	72,003,469	72,145,724	9	3	168	1.89	0.03	37	11	151	2.34	0.01
PARL	3	183,543,522	183,602,693	72	3	168	1.90	0.03	34	5	151	1.89	0.03
ACAD10	12	112,123,857	112,194,911	51	2	168	1.70	0.04	14	4	151	1.77	0.04

Table 4

List of 18 non-synonymous homoplasmic variants identified in individuals showing >7% weight gain in our study.

POS	MUT	Locus	Functional prediction			HaploGrep_Weight
			AAC	MutPred	Selection_Score	
3505	A > G	MT-ND1	T67A	0.455	0.4	7.2
3992	C > T	MT-ND1	T229M	0.664	0.893	8.1
4024	A > G	MT-ND1	T240A	0.326	0.243	8.8
4216	T > C	MT-ND1	Y304H	0.611	0.728	5.6
4917	A > G	MT-ND2	N150D	0.628	0.777	7.6
5046	G > A	MT-ND2	V193I	0.483	0.445	7.2
5277	T > C	MT-ND2	F270L	0.554	0.585	8.8
5460	G > A	MT-ND2	A331T	0.505	0.484	3.9
6489	C > A	MT-CO1	L196I	0.641	0.817	10
7080	T > C	MT-CO1	F393L	0.561	0.601	10
9468	A > G	MT-CO3	T88A	0.343	0.26	8.1
10,192	C > T	MT-ND3	S45F	0.451	0.394	10
11,984	T > C	MT-ND4	Y409H	0.738	1.187	8.1
13,285	A > G	MT-ND5	I317V	0.507	0.488	10
14,582	A > G	MT-ND6	V31A	0.452	0.395	10
14,766	C > T	MT-CYB	T7I	0.165	0.131	10
15,452	C > A	MT-CYB	L236I	0.098	0.101	10
15,884	G > C	MT-CYB	A380P	0.29	0.212	8.8

AAC: amino acid change.

Table 5

Top hits from association test for common SNPs (MAF > 5%).

CHR	SNP	BP	N	Allele frequency	Beta	STAT	P-value	Power
26	MT-73	73	74	0.45	-3.184	-1.594	0.12	0.62
26	MT-16256	16,256	74	0.11	-4.202	-1.307	0.2	0.46
26	MT-16519	16,519	74	0.28	-2.945	-1.33	0.19	0.47

Table 6

Results from association analysis between mitochondrial DNA groups and weight change (%).

Haplogroup	Beta	P-value	% Weight gain (SD, K)
H-HV-V	-1.878	0.35	H-HV-V: 2.88% (8.54, 35) other: 4.75% (8.71, 39)
J-T	0.611	0.79	J-T: 4.33% (9.31, 18) other: 3.72% (8.48, 56)
K-U	1.112	0.64	K-U: 4.72% (9.02, 17) other: 3.61% (8.57, 57)

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