
Most of the Intended Management Changes After ^{68}Ga -DOTATATE PET/CT Are Implemented

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In this prospective referring-physician-based survey, we investigated the definite clinical impact of ^{68}Ga -DOTATATE PET/CT on managing patients with neuroendocrine tumors (NETs). **Methods:** We prospectively studied 130 patients with ^{68}Ga -DOTATATE PET/CT referred for initial or subsequent management decisions (NCT02174679). Referring physicians completed one questionnaire before the scan (Q1) to indicate the treatment plan without PET/CT information, one immediately after review of the imaging report to denote intended management changes (Q2), and one 6 mo later (Q3) to verify whether intended changes were in fact implemented. To further validate the Q3 responses, a systematic electronic chart review was conducted. **Results:** All 3 questionnaires were completed by referring physicians for 96 of 130 patients (74%). ^{68}Ga -DOTATATE PET/CT resulted in intended management changes (Q2) in 48 of 96 patients (50%). These changes were finally implemented (Q3) in 36 of 48 patients (75%). Q3 responses were confirmed in all patients with an available electronic chart (36/96; 38%). **Conclusion:** This prospective study confirmed a significant impact of ^{68}Ga -DOTATATE PET/CT on the intended management of patients with NETs (50% of changes) and notably demonstrated a high implementation rate (75%) of these intended management changes.

Key Words: neuroendocrine tumors; somatostatin receptor; PET/CT; DOTATATE; impact on implemented management

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Somatostatin receptor PET/CT imaging using ^{68}Ga -DOTATATE is reproducible (1) and affects patient management (2). Recent retrospective analyses suggest that intended management changes are in fact implemented (2). We recently reported intended management changes in 60% of patients with NET after ^{68}Ga -DOTATATE PET/CT imaging (3). In this subsequent prospective

study, we investigated the definite clinical impact of ^{68}Ga -DOTATATE PET/CT on NET patient management by comparing intended with actually implemented treatment strategies.

MATERIALS AND METHODS

Registration and Authorization

After submitting an initial investigational new drug application for 100 patients (NCT01873248) (3), we obtained an expanded-access investigational new drug number (122332; NCT02174679) from the Food and Drug Administration that allowed us to study an additional 300 patients. We enrolled 130 patients with suspected or histologically proven NETs who were referred to the University of California, Los Angeles, for a ^{68}Ga -DOTATATE PET/CT scan. That institution's review board approved the protocol, the informed consent forms, the participant information forms, and the prospective referring physician questionnaires (approval 12-001920). All patients provided written informed consent.

Patient Preparation and Image Acquisition

A standard ^{68}Ga -DOTATATE PET/CT protocol was used (3). The median injected dose of ^{68}Ga -DOTATATE was 185 MBq (5 mCi) (range, 85.1–210.9 MBq [2.3–5.7 mCi]). The median tracer uptake time was 61 min (range, 46–97 min). Images were acquired using a Biograph 64 or Biograph mCT (Siemens) after intravenous (110–120 mL of Omnipaque 350; GE Healthcare) and oral contrast application.

Survey

Referring physicians completed one questionnaire before the scan to indicate the treatment plan without ^{68}Ga -DOTATATE PET/CT information (Q1), a second questionnaire immediately after receipt of the written clinical report and the images (on a DVD) to denote intended management changes (Q2), and a final questionnaire mailed 6 mo later to verify whether any intended changes were in fact implemented (Q3). To further verify and confirm the validity of the Q3 responses, the electronic chart was reviewed when available.

RESULTS

Referring Physicians and Questionnaires

Fifty-six different physicians referred 130 patients. Ninety-six complete sets of 3 questionnaires were returned (response rate, 74%) (Fig. 1). Q1 was completed within a median of 11 d before the scan (range, 0–59 d). Q2 and Q3 were completed within a median of 28 d (range, 1–281 d) and 207 d (range, 89–725 d)

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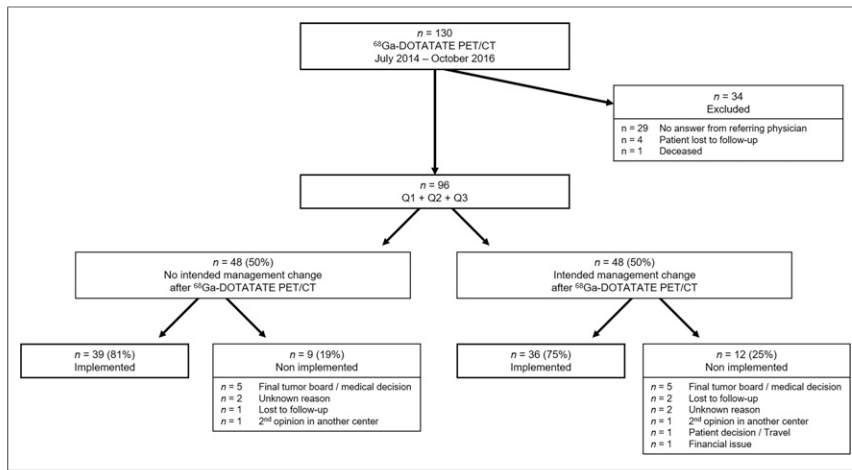


FIGURE 1. Patient flowchart for inclusion and management change.

TABLE 1
Patient Characteristics

Parameter	Primary staging, n = 23 (24%)	Restaging, n = 73 (76%)
Primary tumor location		
Chest	1	9
Pancreas	5	16
Small bowel	6	31
Colon	0	2
Other	2	5
Unknown	9	10
Tumor grade		
Low	7	35
Intermediate	4	17
High	0	6
Unknown	12	15
Tumor stage		
I	0	7
II	0	2
III	1	10
IV	2	40
Unknown	20	14
Prior treatment		
Surgery	4	50
Chemotherapy	0	15
Octreotide	1	42
PRRT	0	6
Other	0	20
Prior SSTR imaging		
SPECT	5	15
PET	2	8
Both	1	1

PRRT = peptide receptor radionuclide therapy; SSTR = somatostatin receptor.

after the scan. In 14 patients, because of delayed responses by the referring physicians, Q2 and Q3 were completed at the same time. In the 82 remaining patients, the median interval between Q2 and Q3 completion was 183 d (range, 131–713 d).

Patient Population

The demographics of the 96 patients are presented in Table 1.

Impact on Intended Patient Management

The intended treatment strategies before (Q1) and after (Q2) ⁶⁸Ga-DOTATATE PET/CT, and the final implemented management (Q3), are summarized in Table 2. ⁶⁸Ga-DOTATATE PET/CT resulted in intended management changes in 48 of 96 patients (50%) (Fig. 1).

Implementation of Intended Management

Intended management changes after ⁶⁸Ga-DOTATATE PET/CT (as indicated in Q2) were in fact implemented in 36 of 48 patients (75%) as specified in Q3 (Fig. 1).

Twelve of the 21 patients (57%) initially considered for surgery were eventually switched to conservative treatment. Conversely, 8 of 75 patients (11%) in whom surgery was not initially considered had surgery (Fig. 2). Nine of 17 patients (53%) who were initially scheduled for chemotherapy were eventually switched to alternative strategies. Nine of 69 patients (13%) in whom some treatment was considered were finally switched to watch and wait.

Implementation rates were similar in the small group of patients in whom Q2 and Q3 were completed at the same time (10/14; 71%) and in the 82 patients with a Q2-to-Q3 completion interval of 131–713 d (65/82; 79%).

The intended management (as indicated in Q2) was not implemented in 21 of the 96 patients (22%; Table 3). Reasons for failure to implement were final tumor board or medical decision (10/21; 48%), second opinion in another institution (2/21; 10%), patient decision (1/21; 5%), financial issue (1/21; 5%), loss to follow-up (3/21; 14%), or unknown (4/21; 19%).

In 36 of 96 patients (38%) an electronic chart review of patients managed at our institution was possible (all other patients were referred from outside institutions). All implemented management changes as stated in Q3 were confirmed (median interval of 14 mo; range, 2–29 mo) after PET.

DISCUSSION

This prospective survey enabled a systematic assessment of how referring physicians act on ⁶⁸Ga-DOTATATE PET/CT study information. Management changes were intended in 50% of the patients, and these changes were implemented in 75% of these cases.

An impact on management of any diagnostic test suggests value for patients and is a prerequisite for widespread acceptance. The broad coverage of ¹⁸F-FDG PET/CT by the Centers for Medicare and Medicaid Services was the result of the National Oncology PET Registry, which showed a significant impact of ¹⁸F-FDG PET/CT on the management of tens of thousands of cancer

TABLE 2
Summary of Different Treatment Options as Indicated on Q1, Q2, and Q3

Option	Considered before DOTATATE (Q1)	Intended after DOTATATE (Q2)	Finally implemented (Q3)
Surgery	21 (22%)	18 (19%)	17 (18%)
Chemotherapy	17 (18%)	12 (13%)	13 (14%)
XRT	7 (7%)	4 (4%)	3 (3%)
Octreotide	43 (45%)	32 (33%)	34 (35%)
PRRT	10 (10%)	12 (13%)	9 (9%)
w/w	27 (28%)	33 (34%)	31 (32%)
Other	12 (13%)	6 (6%)	3 (3%)

DOTATATE = ^{68}Ga -DOTATATE PET/CT; XRT = external-beam radiotherapy; PRRT = peptide receptor radionuclide therapy; w/w = watch and wait.

Total number of items is higher than 100% because multiple treatment options were possible for Q1, Q2, and Q3.

patients (40% of management changes) (4). However, one concern about the National Oncology PET Registry is that intended management changes may not have been implemented (5,6). In the current study, ^{68}Ga -DOTATATE PET/CT resulted in intended management changes in 48 of 96 patients (50%), which is comparable to results from prior retrospective studies (2,3,7–11). However, no prospective study has elucidated prospectively the rate of implemented management changes. We demonstrated a high implementation rate of these intended management changes (36/48; 75%).

Potential reasons for lack of implementation may be conflicting results and conclusions made by tumor boards versus treating physicians, resulting in different recommendations. Q2 timing did not uniformly allow clinicians to take all other factors into account that can affect final decision making. Moreover, a few patients elected not to follow the intended treatment plan for personal or financial reasons or decided to obtain a second opinion at another institution (Table 3).

A major limitation of this study is a possible responder bias (12–14). However, a high number of different referring physicians (>50) returned the questionnaires at a high response rate of 74%, indicating limited bias. If all nonresponding physicians had indicated that intended management was not implemented, the overall implementation rate would still have been 58%. In addition, we confirmed questionnaire responses via systematic electronic chart review in 36 of 96 patients (38%).

CONCLUSION

This prospective referring physician-based survey confirmed the significant impact of ^{68}Ga -DOTATATE PET/CT on intended management of patients with NET (50% of changes) and notably demonstrated a high implementation rate (75%) of these intended management changes.

DISCLOSURE

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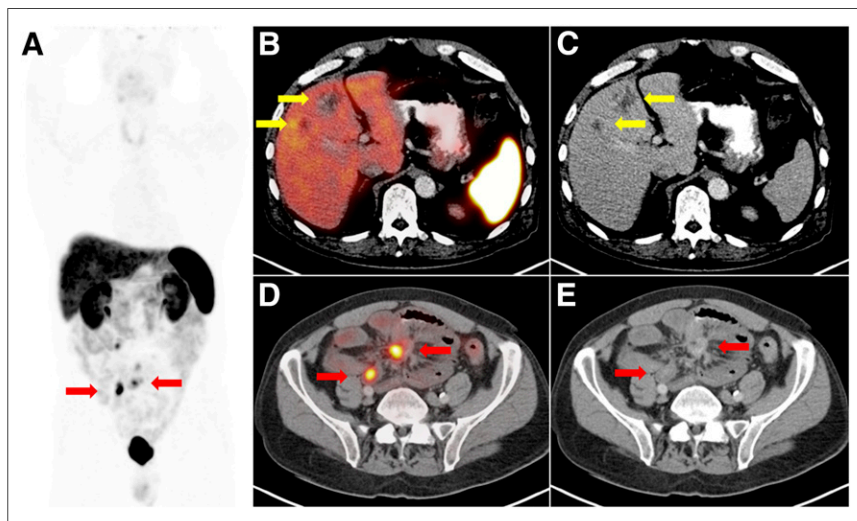


FIGURE 2. Example 62-y-old man referred for initial staging of metastatic small-bowel low-grade NET. CT and MRI showed mesenteric mass, enlarged abdominal lymph nodes, and equivocal liver lesions (hemangiomas vs. metastases). He had prior slightly increased level of 24-h urine 5-hydroxyindoleacetic acid, supporting suspicion of hepatic metastases. Referring physician indicated in Q1 that patient was being considered for octreotide treatment. ^{68}Ga -DOTATATE PET/CT ruled out hepatic metastasis (yellow arrows) and confirmed mesenteric primary site and lymph node involvement (red arrows), as seen on ^{68}Ga -DOTATATE PET maximum-intensity projection (A), fused ^{68}Ga -DOTATATE PET/CT axial views (B and D), and corresponding CT axial views (C and E). In Q2, referring physician indicated intended management change toward surgery, which was confirmed later in Q3. Patient finally underwent resection of small-bowel NET with wide margins. Follow-up MRI and urinary carcinoid biomarker showed no disease recurrence.

TABLE 3
Detailed Treatment Management of 21 Patients with No Implemented Intended Management

Considered before DOTATATE (Q1)	Intended after DOTATATE (Q2)	Final implemented management (Q3)	Reason for nonimplementation
Surgery	→ CTx/other	→ CTx	Tumor board/final medical decision
Surgery	→ w/w	→ Surgery	Tumor board/final medical decision
w/w	→ Surgery	→ Octreotide/other	Tumor board/final medical decision
CTx/PRRT	→ CTx	→ XRT/other	Tumor board/final medical decision
CTx/PRRT	→ PRRT	→ CTx/PRRT	Tumor board/final medical decision
CTx/PRRT/octreotide/other	→ CTx/PRRT/octreotide/other	→ Surgery/CTx/octreotide	Tumor board/final medical decision
XRT	→ XRT	→ Surgery/CTx	Tumor board/final medical decision
PRRT	→ PRRT	→ Octreotide	Tumor board/final medical decision
PRRT/octreotide	→ PRRT/octreotide	→ CTx/octreotide	Tumor board/final medical decision
Surgery	→ Surgery	→ Surgery/other	Tumor board/final medical decision
Surgery/octreotide	→ Surgery	→ Octreotide/w/w	Second opinion in another institution
Octreotide	→ Octreotide	→ PRRT	Second opinion in another institution
Surgery/XRT/w/w	→ XRT	→ w/w	Patient decision/travel
CTx	→ PRRT	→ CTx/octreotide	Financial issue
Surgery	→ w/w	Unknown	Lost to follow-up
CTx/XRT/octreotide	→ CTx/other	Unknown	Lost to follow-up
Other	→ Other	Unknown	Lost to follow-up
Other	→ Octreotide/other	Unknown	Unknown
Octreotide/w/w	→ Surgery/octreotide/w/w	Unknown	Unknown
Surgery	→ Surgery	Unknown	Unknown
w/w	→ w/w	Unknown	Unknown

DOTATATE = ⁶⁸Ga-DOTATATE PET/CT; CTx = chemotherapy; XRT = external-beam radiotherapy; PRRT = peptide receptor radio-nuclide therapy; w/w = watch and wait.

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