# Role of MRI in early detection of stroke secondary to neurosyphilis in an elderly patient coinfected with HIV

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# Practical Implications

Neurosyphilis is a treatable cause of stroke usually considered in young people, but also can occur in the elderly. Contrast-enhanced MRI findings are important in suggesting an infectious etiology in stroke patients of all ages.

e report an unusual case of meningovascular neurosyphilis with basilar artery enhancement secondary to syphilitic arteritis in an elderly man with HIV coinfection.

### Case report

A 67-year-old hypertensive man presented with sudden gait instability and dysarthria. No other risk factors for ischemic stroke were present. Neurologic examination confirmed a marked gait unsteadiness, left facial paresis, dysarthria, left hemiparesis, incoordination of upper left limb and bilateral lower limbs, and bilateral Babinski sign. During the first 24 hours, he became somnolent and developed tetraparesis. Brain MRI showed an acute ischemic lesion in the pons (figure 1A) without supra-aortic vessel stenosis on magnetic resonance angiography (figure 1B), and with concentric enhancement of the basilar artery, consistent with arterial inflammation (figure 1C). The aortic arch was normal (not shown).

Laboratory tests revealed positive serum nontreponemal (rapid plasma reagin [RPR] titer of 1/2,048) and treponemal tests as well as HIV antibodies (viral load of 36,100 copies/mL). CD4 count was 102 cells/mm³, CD8 count 449 cells/mm³, and CD3 count 557 cells/mm³. Lumbar puncture showed a pleocytosis of 16 cells/mm³, proteins of 198 mg/dL, and normal glucose. Both treponemal and nontreponemal tests were also positive in the CSF.

The patient denied risk factors for meningovascular syphilis and HIV. He was started on highly active antiretroviral therapy and *Pneumocystis jiroveci* prophylaxis (trimethoprim-sulfamethoxazole), and received a course of 2 weeks of IV ceftriaxone (2 g daily).

The patient improved considerably, but was left with upper left limb paresis and paraparesis. He was discharged to a rehabilitation facility. Follow-up brain MRI 3 months later showed a resolution of the basilar enhancement (figure 2).

### DISCUSSION

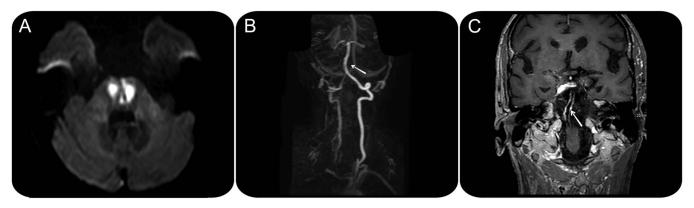
Cerebral ischemia due to meningovascular syphilis is rare, more frequently involving the anterior circulation, and occurs as a result of an obliterative endarteritis of medium- and large-sized vessels. Neurosyphilis has been reported as a cause of stroke in a young adult without cerebrovascular risk factors and with a prodromal phase of weeks to months of headaches, malaise, and

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Figure 1 Diffusion-weighted brain MRI

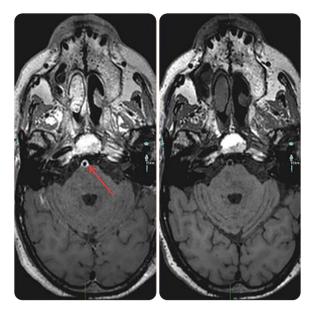


Brain MRI (diffusion sequence) shows an acute ischemic lesion involving the paramedian region of the pons (A). MRI angiography does not disclose any arterial stenosis of the supra-aortic vessels (B; the arrow signals the basilar artery), but contrast-enhanced MRI sequences show a long, concentric enhancement of the basilar artery wall (C, arrow), consistent with vasculitis.

personality changes.<sup>1</sup> Syphilis accounted for 4.1% of all acute stroke patients in a hospital-based study conducted in Sudan,<sup>2</sup> and stroke accounted for about 10% of neurosyphilitic presentations in 241 patients in one US hospital.<sup>3</sup>

Neurosyphilis is generally considered in young stroke patients only. Our case raises the issue of whether syphilis serology should be included in all stroke patients and not only in those considered at risk.<sup>4</sup> The patient we describe was in his late 60s, an age at which atherothrombotic stroke is common, had hypertension, and presented with a stroke involving the posterior brain circulation without prodromal symptoms. He denied any risk factors for sexually transmitted diseases, even after syphilis had been diagnosed. Had serology not been performed, the diagnosis, therapy, and preventive interventions would not have been provided. Further, venereal disease research laboratory (VDRL) in the CSF is specific enough to establish a diagnosis of

Figure 2 Contrast-enhanced brain MRI



Contrast-enhanced MRI before (left) and 3 months after therapy (right) shows the resolution of the arterial enhancement (arrow pointing at the basilar artery).

neurosyphilis and fluorescent treponemal antibody absorption test (FTA-Abs) is sufficiently sensitive that a negative FTA-Abs practically excludes neurosyphilis whereas a positive VDRL practically confirms it.<sup>5</sup> A clue to the diagnosis of this patient was provided by the MRI findings, which showed enhancement of the basilar artery without the presence of atherosclerotic plaques or vessel occlusion. Wall enhancement can occasionally be seen in atherothrombotic disease, but associated with plaques and vessel stenosis.<sup>6</sup> A 68-year-old patient with stroke and syphilis has been reported, but unlike the case presented here, he had a history of primary syphilis.<sup>7</sup> One report described an 80% rate of misdiagnosis among HIV-negative neurosyphilis patients presenting with stroke in the Emergency Department.<sup>8</sup> The importance of angiography in confirming the diagnosis of syphilitic arteritis was underscored by another report.<sup>9</sup> Consistent with our patient, a study has found that among HIV-infected patients with newly diagnosed syphilis, risk factors for developing neurosyphilis included being a man, a CD4 count of <350 cells/mm³, and an RPR titer >1:128.<sup>10</sup>

Our patient was HIV-positive and met the criteria for AIDS definition on the basis of a CD4 count <200 cells/mm³. HIV infection confers an increased risk for stroke¹¹,¹² and thus could have contributed to this patient's vasculopathy, and shortens the latency period from primary syphilis to neurosyphilis.¹³

Coinfection with AIDS and syphilis is frequent because of shared risk factors. Despite the recent decrease in the rate of new HIV infections (50% decrease in 50 countries around the world),<sup>14</sup> intense vigilance should be maintained to avoid missing these treatable disorders, and to stop transmission in sexually acquired diseases. Recent studies recommend that, due to the reemergence of syphilis, search for *Treponema pallidum* infection should be systematic in young stroke victims.<sup>15</sup> The question remains as to whether the search should include all-age patients even in the absence of a suggestive history.

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### **AUTHOR CONTRIBUTIONS**

Drs. Ruisánchez, Anguizola, García-Gorostiaga, Vicente-Olabarria, Escalza-Cortina, Gomez-Beldarrain, and García-Monco were involved in the clinical care of this patient and participated in writing the manuscript.

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