



Published in final edited form as:

*Mol Cell Endocrinol.* 2017 February 15; 442: 90–97. doi:10.1016/j.mce.2016.12.009.

## 1,25-dihydroxy vitamin D<sub>3</sub> stimulates System A amino acid transport in primary human trophoblast cells

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### Abstract

Vitamin D deficiency during pregnancy is linked to adverse perinatal outcomes such as small for gestational age infants. Recent evidence suggests that changes in placental amino acid transport contribute to altered fetal growth. We tested the hypothesis that 1,25-dihydroxy vitamin D<sub>3</sub> increases the gene expression of System A and L amino acid transporter isoforms and stimulates placental amino acid transport activity in cultured primary human trophoblast cells mediated by mTOR signalling. Treatment with 1,25-dihydroxy vitamin D<sub>3</sub> significantly increased mRNA expression of the System A isoform SNAT2 and System A activity, but had no effect on System L and did not affect mTOR signaling. siRNA silencing of the vitamin D receptor prevented 1,25-dihydroxy vitamin D<sub>3</sub>-stimulated System A transport. In conclusion, 1,25-dihydroxy vitamin D<sub>3</sub> regulates System A activity through increased mRNA expression of SNAT2 transporters. Effects on placental amino acid transport may be the mechanism underlying the association between maternal vitamin D status and fetal growth.

### Keywords

Placenta; nutrient transport; fetal growth; maternal-fetal exchange

### 1. Introduction

Vitamin D deficiency has emerged as a global public health issue (Holick and Chen, 2008) due to inadequate sunlight exposure and intake. In the United States, the incidence of vitamin D deficiency continues to rise and women of reproductive age are particularly at risk

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of deficiency (Looker et al., 2011). Besides the well-established function of vitamin D in calcium homeostasis and bone mineralization, vitamin D deficiency during pregnancy is associated with a range of poor perinatal outcomes, including preterm birth, pre-eclampsia, small-for-gestational-age infants, insulin resistance and gestational diabetes mellitus (Bodnar et al., 2014; Gernand et al., 2014). The mechanisms underlying these associations are not fully understood, however the placenta, which is the interface between maternal and fetal circulations, is likely to be involved.

The bioactive form of vitamin D, 1,25-dihydroxy vitamin D<sub>3</sub>, exerts its function via genomic and non-genomic pathways. Transcriptional regulation is initiated through the vitamin D binding receptor (VDR) to alter gene expression. The rapid non-transcriptional responses involve stimulation of secondary messenger systems (Ca<sup>2+</sup> and cyclic AMP) and activation of signaling molecules, such as phospholipase C, phospholipase A<sub>2</sub>, protein kinase C and mitogen-activated protein kinases (Haussler et al., 2011; Hii and Ferrante, 2016; Omdahl et al., 2002). The placenta is the primary site for the exchange of nutrients, gases and waste products and in concert with decidua has an important role in vitamin D metabolism during pregnancy (Murthi et al., 2016). The human placenta not only expresses all components of vitamin D signaling, including VDR, retinoid X receptor (RXR), and vitamin D hydroxylase but also synthesizes 1,25-dihydroxy vitamin D<sub>3</sub> (Shin et al., 2010; Weisman et al., 1979), suggesting a potential link between maternal vitamin D levels and placental function.

Placental amino acid transfer is pivotal for fetal growth and more than 20 amino acid transport systems have been identified in human placenta (Cleal and Lewis, 2008; Jansson, 2001). System A amino acid transporters mediate sodium-dependent uptake of non-essential amino acids such as alanine, serine and glutamine (Mackenzie and Erickson, 2004). The system A isoforms expressed in the human placenta are Sodium-coupled Neutral Amino acid Transporter 1 (SNAT1), SNAT2 and SNAT4 which are encoded by the genes Slc38a1, Slc38a2 and Slc38a4 respectively (Broer, 2014). System L is a Na<sup>+</sup>-independent transporter for mediating the transport of essential amino acids such as leucine across the placenta (Jansson, 2001). It is a heterodimer consisting of a light chain, typically L-type amino acid transporter 1 (LAT1) or LAT2, covalently attached to a heavy chain (CD98/4F2hc) (Jansson, 2001). Both LAT1 and LAT2 mRNA are highly expressed in the placenta (Gaccioli et al., 2015; Pineda et al., 1999; Prasad et al., 1999).

Recently, a study from the Southampton Women's survey demonstrated that maternal 25-hydroxyvitamin D and vitamin D binding protein levels were positively associated with placental expression of several amino acid transporter genes, suggesting placental amino acid transport may be regulated by maternal vitamin D and/or vitamin D-binding protein (Cleal et al., 2015). Previous studies in murine skeletal myotubes have shown that vitamin D enhances protein synthesis through mechanistic target of rapamycin (mTOR) signaling pathway (Salles et al., 2013) and we have reported that mTOR signalling is a positive regulator of amino acid transport in cultured primary human trophoblast (PHT) cells (Rosario et al., 2013). We therefore hypothesized that 1,25-dihydroxy vitamin D<sub>3</sub> increases the gene expression of system A and L amino acid transporter isoforms and stimulates placental amino acid transport activity in cultured PHT cells mediated by mTOR signalling.

## 2. Materials and Methods

### 2.1. Study subjects and tissue collection

Term placental tissue was collected after written informed consent from thirteen healthy pregnant women undergoing elective Cesarean section at 37 to 40 weeks of gestation. Samples and medical information were added to a tissue repository approved by the Colorado Multiple Institutional Review Board (COMIRB-14-1073) and subsequently study personnel were provided anonymized placental tissue and clinical information used in this study.

### 2.2. Primary human trophoblast cell culture and treatments

Placental tissue was collected within 15 minutes of delivery and processed immediately. PHT cells were isolated as originally described (Kliman et al., 1986) with modifications (Aye et al., 2014; Aye et al., 2013; Roos et al., 2009). Briefly, approximately 35 g of villous tissue was dissected free of decidua and blood vessels and washed in warm phosphate buffered saline (PBS) to remove excess blood. Cells were transferred to digestion buffer with trypsin (0.25 %, Invitrogen, Carlsbad, CA) and Deoxyribonuclease I (Sigma-Aldrich, St. Louis, MO). Cytotrophoblast cells were separated and collected through a discontinuous 10 – 70 % Percoll gradient centrifugation. Cells were then cultured in a 1:1 mixture of Dulbecco's modified Eagle's medium (DMEM, Sigma-Aldrich) and Ham's F-12 nutrient mixture (Invitrogen) containing 10 % fetal bovine serum (FBS, Atlanta Biologicals, Lawrenceville, GA), 50 µg/ml gentamicin, 60 µg/ml benzyl penicillin and 100 µg/ml streptomycin (Sigma-Aldrich), and incubated in a 5 % CO<sub>2</sub> humidified atmosphere at 37 °C. Cells were plated in 35 mm dishes at 1.2 million cells per well for amino acid uptake or at 2.75 million per well for RNA and protein analyses. Following 18 h of incubation, attached PHT cells were washed twice with warmed Dulbecco's PBS and culture media was changed daily.

At 66 h (total culture time), PHT cells were treated with increasing concentrations of 1,25-dihydroxy vitamin D<sub>3</sub> (0, 0.1, 1 and 10 nM, Sigma-Aldrich) in culture media containing 1 % FBS. All experiments were terminated at 90 h of culture. At this time, cell lysates were processed for RNA extraction or protein lysates, and amino acid uptake or cell viability assays were performed. The viability and differentiation of PHTs following any treatment was determined by daily human chorionic gonadotropin (hCG) secretion in the culture media (from 18 to 90 hours of culture) and hCG secretion was not altered by any treatment (Supplemental Figure 1). In addition, syncytin protein expression increased over the culture period (18-90 hours, Supplemental Figure 2), confirming syncytialization.

### 2.3. Small interfering RNA (siRNA) transfection

After 18 hours of culture, PHT cells were transfected with 10µM siRNA targeting VDR (1,25-dihydroxy vitamin D<sub>3</sub> receptor, ThermoFisher, AM51331) or non-targeting Scrambled (Scr) siRNA (SIC001, Sigma-Aldrich) using Lipofectamine RNAiMAX transfection reagent (Thermo Fisher Scientific, Waltham, MA, USA) according to the manufacturer's protocol and as previously reported (Aye et al., 2015).

#### 2.4. Measurement of amino acid transport activity

System A and L amino acid transport activity were determined by measuring Na<sup>+</sup>-dependent uptake of <sup>14</sup>C-methyl-aminoisobutyric acid (MeAIB) and 2-amino-2-norbornane-carboxylic acid (BCH)-inhibitable uptake of <sup>3</sup>H-leucine (Leu), respectively, as previously described (Roos et al., 2009). Following treatment of PHT cells as indicated above, cells plated in triplicate were washed 3 times with 4 ml 37°C Tyrode's salt solution with or without Na<sup>+</sup> (iso-osmotic choline replacement) and then incubated with Tyrode's salt solution (Na<sup>+</sup> or Na<sup>+</sup>-free with addition of 1 mM BCH) containing <sup>14</sup>C-MeAIB (final concentration 20 μM) and <sup>3</sup>H-Leu (final concentration 12.5 nM) for 8 minutes, a time point on the initial linear phase of uptake (Rosario et al., 2013). The uptake was terminated by washing cells 3 times with ice-cold Na<sup>+</sup> free Tyrode's salt solution. Cells were then lysed for 2 hours in distilled water and the water was counted in a liquid scintillation counter. Protein content of lysed cells was determined using the Lowry method (Lowry et al., 1951). Transporter-mediated uptakes were calculated by subtracting uptake in Na<sup>+</sup>-free/BCH buffer (non-mediated uptake) from uptake in Na<sup>+</sup>-containing buffer (total uptake) and transport activity is expressed as pmol per mg of protein per minute (pmol/mg/min).

#### 2.5. Reverse transcription and quantitative polymerase chain reaction (Q-PCR)

Extraction of total RNA was performed using TRIzol Reagent (Thermo Fisher Scientific) and followed by cDNA synthesis using the High-Capacity RNA-to-cDNA kit (Thermo Fisher Scientific). Q-PCR for SNAT1, SNAT2, SNAT4, LAT1, LAT2, SDHA and TBP was performed in triplicate with 0.2 μg of total RNA reverse transcribed into cDNA using SYBR Select Master Mix (Thermo Fisher Scientific). PCR amplification and detection were performed on a QuantStudio 6 Flex Real-Time PCR system (Thermo Fisher Scientific) using the primers as shown in supplemental table. Amplification of a single product was confirmed by melting curve analysis. The amplified transcripts were quantified using the relative standard curve method and normalized to the geometric mean of SDHA and TBP.

#### 2.6. Western blot analyses

Cells were harvested in radioimmunoprecipitation (RIPA) buffer (50 mM Tris HCl, pH 7.4; 150 mM NaCl; 0.1 % SDS; 0.5 % Na-deoxycholate and 1 % Triton X100) containing protease inhibitors and phosphatase inhibitor cocktail 1 and 2 (1:100, Sigma-Aldrich). Protein concentrations were determined using the bicinchoninic acid assay, as per manufacturer's instructions using bovine serum albumin as the standard (Thermo Fisher).

Protein (2 μg total protein/well) was separated on Any KD Mini-Protean Tris Glycine Pre-cast gels (BioRad, Hercules CA) and then transferred onto polyvinylidene difluoride membranes (Thermo Scientific). After blocking with 5 % blotting-grade blocker (BioRad) for 1 h, membranes were incubated in primary antibodies overnight at 4 °C and followed by incubation in corresponding secondary antibody for 1 hour at room temperature. Antibodies against eukaryotic translation initiation factor 4E-binding protein 1 (4E-BP1), and protein kinase B (Akt), and VDR were purchased from Cell Signaling Technology (Boston, MA, USA). After washing, bands were visualized using enhanced chemiluminescence detection reagents (Pierce Biotechnology, Rockford, IL, USA) and images obtained by G:Box ChemiXL1.4 (Syngene, Cambridge, UK). Where indicated in the figure legend, blots were

stripped and re-probed. Target protein expression was normalized to  $\beta$ -actin (Sigma-Aldrich) expression. Blots were analyzed by using ImageJ software (Schneider et al., 2012). For each target, the mean density of control sample bands was arbitrarily assigned a value of 1.0 and all individual density values were expressed relative to this mean.

## 2.7. Data presentation and statistical analysis

Data are presented as mean  $\pm$  SEM. Statistical significance was determined either by Student's T-test or by repeated measures ANOVA followed by Bonferroni *post-hoc* test. A *P* value  $< 0.05$  was considered significant. Statistical analysis and graph plotting were performed using Prism 6 software (Graph Pad, La Jolla, CA, USA).

## 3. Results

### 3.1. 1,25-dihydroxy vitamin D<sub>3</sub> stimulates system A amino acid transport

We first determined the dose response of amino acid transport activity to 1,25-dihydroxy vitamin D<sub>3</sub>. In cultured PHT cells (Figure 1A), system A amino acid uptake increased following incubation in 1 nM and 10 nM 1,25-dihydroxy vitamin D<sub>3</sub> for 24 hours (23 % and 23 %, respectively, *P*  $< 0.05$ ). We also determined the optimal time for stimulation of placental amino acid transport by 1,25-dihydroxy vitamin D<sub>3</sub> from 4 to 24 hours. As shown in Figure 1B and 1C, system A amino acid transport activity increased after 18h of 1,25-dihydroxy vitamin D<sub>3</sub> treatment whereas system L transport activity increased after 24h of 1,25-dihydroxy vitamin D<sub>3</sub> treatment. Based on these findings, we used 1nM 1,25-dihydroxy vitamin D<sub>3</sub> treatment for 24h in a new set of PHT cells to determine the effect of 1,25-dihydroxy vitamin D<sub>3</sub> on the amino acid transport activity. System A activity (Fig. 1D) was increased by 23 % (*P*  $< 0.001$ ) following stimulation with 1 nM 1,25-dihydroxy vitamin D<sub>3</sub>. System L-mediated uptake of leucine on the other hand was not significantly affected by 1 nM 1,25-dihydroxy vitamin D<sub>3</sub> (Fig. 1E).

### 3.2. Vitamin D<sub>3</sub> receptor silencing inhibits 1,25-dihydroxy vitamin D<sub>3</sub> stimulation of system A amino acid transporter activity

To test the hypothesis that the effect of 1,25-dihydroxy vitamin D<sub>3</sub> on amino acid transporter activity is mediated by VDR, we silenced VDR expression using RNA interference. Compared to transfection with scrambled siRNA, transfection with VDR siRNA significantly reduced VDR protein expression by 75 % (Figure 2A). Incubation with 1,25-dihydroxy vitamin D<sub>3</sub> stimulated system A transport activity in PHT cells transfected with scrambled siRNA, which was completely prevented by VDR silencing (Figure 2B). In contrast, 1,25-dihydroxy vitamin D<sub>3</sub> did not stimulate System L amino acid transporter activity in either PHT cells transfected with VDR or scrambled siRNA (Figure 2C).

### 3.3. Regulation of system A and system L amino acid transporter mRNA by 1,25-dihydroxy vitamin D<sub>3</sub>

In order to identify which amino acid transporter isoform is regulated by 1,25-dihydroxy vitamin D<sub>3</sub>, we determined the effect of 1,25-dihydroxy vitamin D<sub>3</sub> treatment on specific amino acid transporter mRNA expression. Treatment with 1,25-dihydroxy vitamin D<sub>3</sub> significantly increased SNAT2 mRNA expression (41 %, *P*  $< 0.01$ ), but not SNAT1 or

SNAT4 (Figure 3A). 1,25-dihydroxy vitamin D<sub>3</sub> did not influence the expression of LAT1 or LAT2 mRNA in cultured PHT cells (Figure 3B).

### 3.4. 1,25-dihydroxy vitamin D<sub>3</sub> treatment does not affect mTOR signaling in cultured PHT cells

We used the phosphorylation of mTOR downstream targets, 4E-BP1 and Akt, to determine the effect of 1,25-dihydroxy vitamin D<sub>3</sub> treatment on mTOR signaling. As shown in Figure 4A and 4B, 1,25-dihydroxy vitamin D<sub>3</sub> treatment did not affect the expression of total or phosphorylated 4E-BP1 Thr-37/46 or Akt Ser-473 which are downstream readouts of mTORC1 and mTORC2 respectively.

## 4. Discussion

Vitamin D deficiency in pregnancy is associated to fetal growth restriction (FGR) (Gernand et al., 2014; Gernand et al., 2013), however the underlying mechanisms remain unknown. In the current study, we demonstrate for the first time that 1,25-dihydroxy vitamin D<sub>3</sub> promotes amino acid transport in cultured PHT cells. Given that fetal growth has been suggested to be linked to amino acid availability (Gaccioli et al., 2013), these observations implicate effects on placental amino acid transport as one possible mechanism underlying the association between maternal vitamin D status and fetal growth.

Vitamin D is, directly or indirectly, related to many diverse functions of placenta (Olmos-Ortiz et al., 2015). 1,25-dihydroxy vitamin D<sub>3</sub> promotes extravillous trophoblast invasion and regulates the synthesis of several hormones including estradiol, human chorionic gonadotropin and placental lactogen (Barrera et al., 2007; Barrera et al., 2008; Chan et al., 2015; Stephanou et al., 1994). 1,25-dihydroxy vitamin D<sub>3</sub> also plays a role in balancing innate immune response and exaggerated inflammation to ensure the success of pregnancy. 1,25-dihydroxy vitamin D<sub>3</sub> achieves this coordination by inducing innate antibacterial responses in human trophoblasts and inhibiting pro-inflammatory cytokines such as TNF- $\alpha$  and IL-6 (Liu et al., 2009; Noyola-Martinez et al., 2013). Although Cleal and colleagues recently identified an association between maternal serum 25-hydroxy vitamin D<sub>3</sub> concentrations and placental gene expression of amino acid transporters (Cleal et al., 2015), to the best of our knowledge vitamin D regulation of placental amino acid transporter activity has not previously been reported.

Fetal amino acid availability, which is closely linked to placental transport, constitutes an important determinant of fetal growth and FGR is associated with decreased placental amino acid transporter activity (Glazier et al., 1997; Jansson et al., 1998; Jansson et al., 2002; Mahendran et al., 1993). In addition, animal studies have shown that decreased placental amino acid transport precedes the development of FGR in cases of maternal nutrient deprivation (Jansson et al., 2006). Understanding the mechanisms of how placental amino acid transport is regulated will help us to elucidate the pathogenesis of FGR. Therefore, our study was designed to specifically evaluate the mechanisms of 1,25-dihydroxy vitamin D<sub>3</sub> action on placental amino acid transport system.

1,25-dihydroxy vitamin D<sub>3</sub> modulates cell functions by genomic mechanisms mediated by the VDR or via non-genomic pathways. In the present study, placental amino acid transport activity increased after 18 hours of treatment, suggesting that regulation of placental amino acid transporter activity by 1,25-dihydroxy vitamin D<sub>3</sub> is likely to be mediated by transcriptional regulation via genomic actions rather than the rapid non-transcriptional actions. Consistent with these observations, the expression of SNAT2 mRNA was significantly increased after 1,25-dihydroxy vitamin D<sub>3</sub> treatment in our study. It is noteworthy that only SNAT2 mRNA expression was increased but not the gene expression of the other two system A amino acid transporter isoforms. This finding is consistent with observations reported in the literature that SNAT2 is the most often regulated system A isoform in human placenta. For example, our previous studies showed pro-inflammatory cytokines stimulated SNAT2 expression in cultured PHT cells (Aye et al., 2015; Jones et al., 2009). In addition, placental SNAT2 down regulation has been demonstrated in animal models and human FGR (Chen et al., 2015; Jansson et al., 2006; Mando et al., 2013) suggesting that SNAT2 plays a crucial role in the control of amino acid transport and fetal growth.

The genomic action is initiated by 1,25-dihydroxy vitamin D<sub>3</sub> binding to VDR, a member of the nuclear hormone receptor superfamily that acts as a ligand-inducible transcription regulator (Omdahl et al., 2002). Activated VDR binds to RXR to form a stable protein-DNA heterodimeric complex, and then it binds to a specific vitamin D response element (VDRE) in the promoter region of target genes. In the present study, 1,25-dihydroxy vitamin D<sub>3</sub>-stimulated amino acid transport activity was prevented by the silencing of VDR, confirming that 1,25-dihydroxy vitamin D<sub>3</sub> stimulates system A amino acid transporter activity mediated by VDR. Whether this transcriptional regulation is direct (binding to SNAT2 gene) or indirect (activation of other genes) was, however, not addressed in this study and further studies are needed.

Although mTOR signaling has been shown to mediate some of the effects of vitamin D on cell functions such as stimulation of protein synthesis (Salles et al., 2013), we did not find increased phosphorylation of mTOR downstream targets in 1,25-dihydroxy vitamin D<sub>3</sub>-treated PHT cells. This finding could be explained by observations that the effect of 1,25-dihydroxy vitamin D<sub>3</sub> on mTOR signaling is cell-specific. For example, VDR-bound 1,25-dihydroxy vitamin D<sub>3</sub> activates the mTOR pathway in human dendritic cells (Ferreira et al., 2015) but suppresses mTOR signaling in osteoblast and cancer cells (Li et al., 2015; Lisse et al., 2011).

Although the concentration of 1,25-dihydroxy vitamin D<sub>3</sub> (1 nM) used in this study is somewhat higher than the serum levels reported in pregnant women at term (Kumar et al., 1979; Papapetrou, 2010), they are much lower than the concentrations (10 - 100 nM) typically used to investigate hormone actions in cell culture studies. It is highly likely that the local concentrations may be much higher due to placental vitamin D production. We have elected not to study higher 1,25-dihydroxyvitmain D<sub>3</sub> concentrations than 10 nM because high doses may induce apoptosis (Simboli-Campbell et al., 1996) and decrease cell proliferation (Pande et al., 2015), which may affect placental amino acid transport activity. The effect of 1,25-dihydroxy vitamin D<sub>3</sub> treatment on system L amino acid transporter

activity was inconsistent in our study, suggesting that 1,25-dihydroxy vitamin D<sub>3</sub> is not involved in the regulation of system L amino acid transport in PHT cells.

In summary, our study shows that 1,25-dihydroxy vitamin D<sub>3</sub> increases placental amino acid transport mediated by VDR and increased SNAT2 mRNA expression. Although the exact mechanism by which 1,25-dihydroxy vitamin D<sub>3</sub> promotes System A activity remains to be defined, our results are consistent with the possibility that that improved vitamin D status through supplementation may be a potential strategy for reducing the risk of FGR by increasing amino acid transport across the placenta.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

## Acknowledgments

The authors would like to acknowledge the help of Anita Kramer, the University of Colorado Perinatal Clinical Translational Research Center (CTRC) staff and Labor and Delivery Unit at the University of Colorado Hospital for their assistance with placental collections.

**Funding Sources:** This work was supported by the National Institutes of Health [HD068370].

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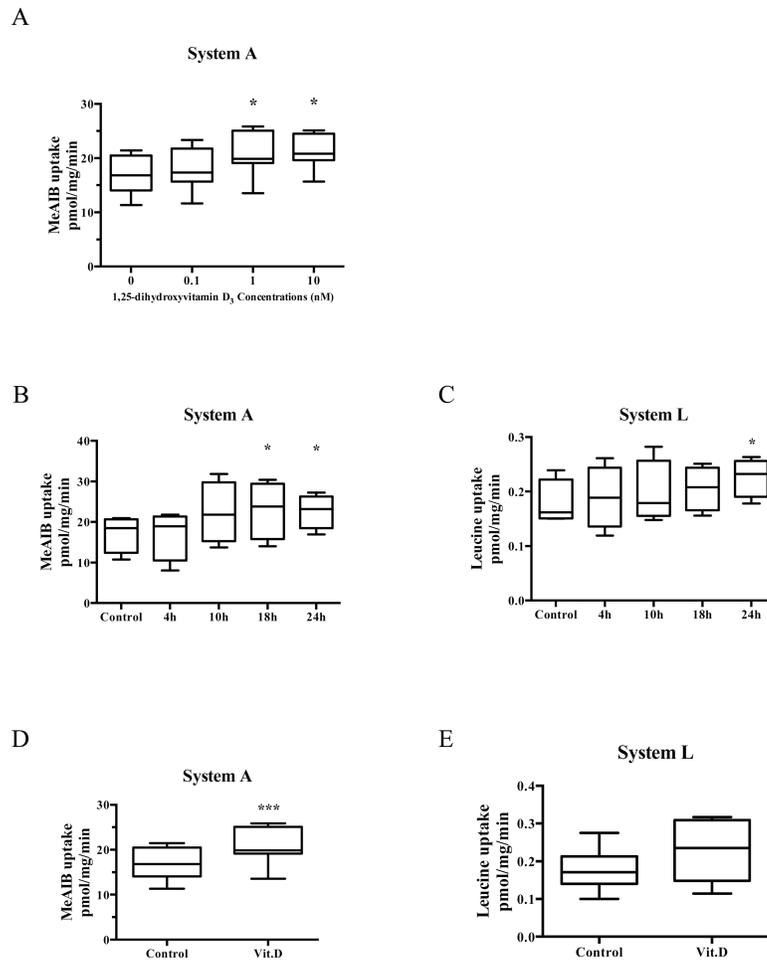
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## Abbreviations

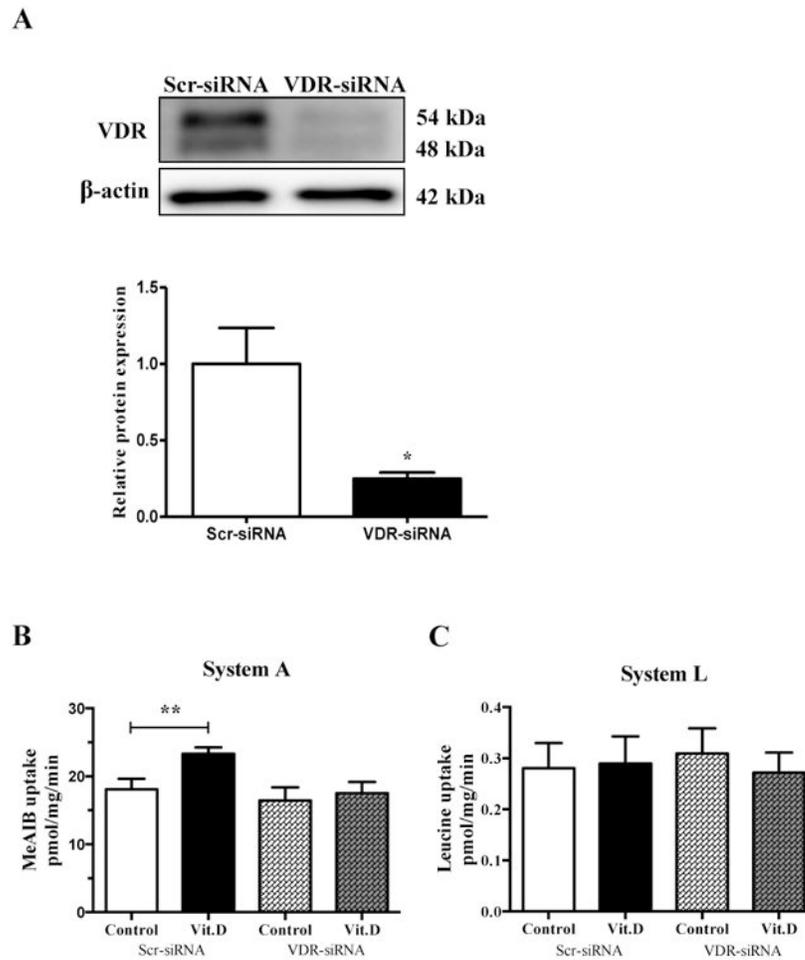
<b>4E-BP1</b>	eukaryotic translation initiation factor 4E-binding protein 1
<b>Akt</b>	protein kinase B
<b>FGR</b>	fetal growth restriction
<b>LAT</b>	L-type amino acid transporter
<b>Leu</b>	<sup>3</sup> H-leucine
<b>MeAIB</b>	<sup>14</sup> C-methyl-aminoisobutyric acid
<b>mTOR</b>	mechanistic target of rapamycin
<b>PHT</b>	primary human trophoblast
<b>RXR</b>	retinoid X receptor
<b>SNAT</b>	sodium-coupled neutral amino acid transporter
<b>VDR</b>	vitamin D binding receptor
<b>VDRE</b>	vitamin D response element

### Highlights

- Effects of vitamin D on primary human trophoblast amino acid transport were studied
- 1,25-dihydroxy vitamin D<sub>3</sub> increased mRNA expression of the System A isoform SNAT2
- 1,25-dihydroxy vitamin D<sub>3</sub> stimulated system A amino acid transport activity
- Trophoblast mTOR signaling was not regulated by 1,25-dihydroxy vitamin D<sub>3</sub>
- Altered placental amino acid transport may link maternal vitamin D to fetal growth



**Figure 1. Effect of 1,25-dihydroxy vitamin D<sub>3</sub> on amino acid transport activity in PHT cells** (A) Dose response of system A amino acid transport activity, n = 7. (B) Time course of system A amino acid transport activity, n = 4. (C) Time course of system L amino acid transport activity, n = 4. (D) System A and (E) System L transport after exposure to 1,25-dihydroxy vitamin D<sub>3</sub> (1 nM) for 24 h, n = 7. Data represent mean ± SEM; \**P* < 0.05; \*\*\**P* < 0.001 vs control. Vit.D is 1,25-dihydroxy vitamin D<sub>3</sub>.

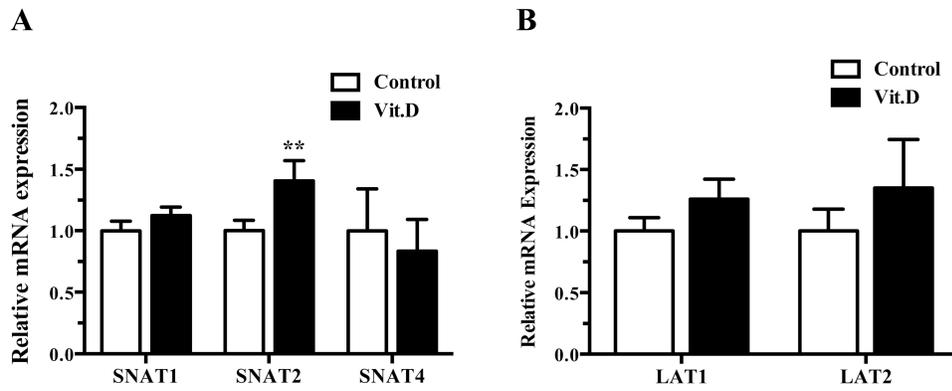


**Figure 2. Effects of VDR silencing on amino acid transport activity**

Primary human trophoblast cells were transfected with VDR siRNA or scrambled siRNA.

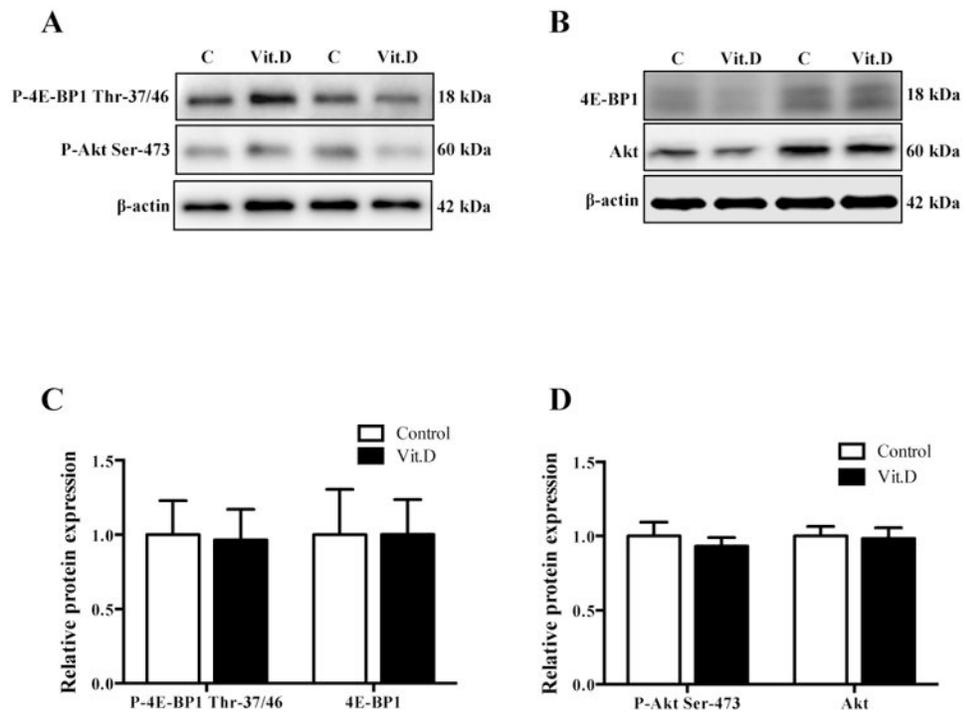
(A) VDR protein expression in cells transfected with scramble or VDR siRNA,  $n = 4$ .

System A (B) and System L (C) activity measured in cells transfected with Scramble or VDR siRNA with or without treatment with 1,25-dihydroxy vitamin D<sub>3</sub> (1 nM, 24h),  $n = 6$ . Data represent mean  $\pm$  SEM; \* $P < 0.05$ ; \*\* $P < 0.01$  vs. control. Scr, scramble; VDR, vitamin D<sub>3</sub> receptor; Vit.D is 1,25-dihydroxy vitamin D<sub>3</sub>.



**Figure 3. Regulation of system A and system L amino acid transporter mRNA by 1,25-dihydroxy vitamin D<sub>3</sub>**

(A) mRNA expression of system A amino acid transporter isoforms after exposure to 1,25-dihydroxy vitamin D<sub>3</sub> (1 nM) for 24 h. (B) mRNA expression of system L amino acid transporter isoforms after exposure to 1,25-dihydroxy vitamin D<sub>3</sub> (1 nM) for 24 h. Data represent mean  $\pm$  SEM, n = 6; \* $P$  < 0.05 vs. control.



**Figure 4. Effect of 1,25-dihydroxy vitamin D<sub>3</sub> on mTOR signalling in PHT cells**

(A) Representative Western blots for P-4E-BP1 Thr-37/46 and P-Akt Ser-473. (B) Representative Western blots for 4E-BP1 and Akt. (C) Histogram summarizing the Western blot data of P-4E-BP1 Thr-37/46 and 4E-BP1. (D) Histogram summarizing the Western blot data of P-Akt Ser-473 and Akt. Exposure to 1,25-dihydroxy vitamin D<sub>3</sub> (1 nM) for 24 h. Data represent mean  $\pm$  SEM, n = 6. Vit.D is 1,25-dihydroxy vitamin D<sub>3</sub>.