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## Influence of feeding hematocrit and perfusion pressure on hematocrit reduction (Fåhræus effect) in an artificial microvascular network

Walter H. Reinhart<sup>a</sup>, Nathaniel Z. Piety<sup>b</sup>, and Sergey S. Shevkoplyas<sup>b,\*</sup>

<sup>a</sup>Kantonsspital Graubünden, Chur, Switzerland <sup>b</sup>Department of Biomedical Engineering, Cullen College of Engineering, University of Houston, Houston, Texas, United States of America

### Abstract

**Objective**—Hematocrit in narrow vessels is reduced due to concentration of fast flowing red blood cells (RBC) in the center, and of slower flowing plasma along the wall of the vessel, which in combination with plasma skimming at bifurcations leads to the striking heterogeneity of local hematocrit in branching capillary networks known as the network Fåhræus effect. We analyzed the influence of feeding hematocrit and perfusion pressure on the Fåhræus effect in an artificial microvascular network (AMVN).

**Methods**—RBC suspensions in plasma with hematocrits between 20–70% were perfused at pressures of 5–60 cmH<sub>2</sub>O through the AMVN. A microscope and high-speed camera were used to measure RBC velocity and hematocrit in microchannels of height of 5 μm and widths of 5–19 μm.

**Results**—Channel hematocrits were reduced compared with feeding hematocrits in 5 μm and 7 μm, but not in larger microchannels. The magnitude of hematocrit reduction increased with decreasing feeding hematocrit and decreasing perfusion pressure (flow velocity), showing an about 7-fold higher effect for 40% feeding hematocrit and low pressure/flow velocity than for 60% feeding hematocrit and high pressure/flow velocity.

**Conclusions**—The magnitude of the network Fåhræus effect in an AMVN is inversely related to feeding hematocrit and perfusion pressure.

### Keywords

Artificial microvascular network; Hematocrit; Microvascular Perfusion; Red blood cell; Fåhræus effect

### Introduction

Hematocrit (Hct) is the volume fraction of red blood cells (RBCs) in blood. Normal values of *systemic* Hct are between 35–45% in women and 40–50% in men. However, the actual

\*Corresponding author: Sergey S. Shevkoplyas, Ph.D., University of Houston, Department of Biomedical Engineering, 3605 Cullen Blvd, Houston, TX 77204-5060; phone: +1 (713) 743-5696; fax: +1 (713) 743-0226; sshevkoplyas@uh.edu.  
PROF. SERGEY S. SHEVKOPLYAS (Orcid ID : 0000-0002-8203-8365)

Hct in individual blood vessels throughout the circulation may deviate significantly from these systemic values. Early observations of blood flowing through glass tubes showed that the Hct of blood in narrow tubes was lower than the systemic Hct of blood feeding the tubes<sup>9</sup>. The impact of this reduction of Hct occurring in narrow blood vessels (known now as the Fåhræus effect) on vascular physiology has been extensively studied, both experimentally and theoretically, over the years since the initial discovery<sup>13,28,45,47,48</sup>. However, the extent to which the Fåhræus effect may occur in complex networks of microvessels and its dependence on systemic parameters (such as feeding Hct and network perfusion pressure) is still poorly understood.

The classical Fåhræus effect is caused by the tendency of RBCs to move towards regions of low shear in the center of vessels, which results in phase separation into a slow flowing, cell-poor plasma layer along the vessel wall and a fast flowing, RBC-rich layer in the vessel center<sup>13</sup>. When extending the classical Fåhræus effect to microcirculatory beds comprising complex networks of branching capillary vessels, the skimming of plasma at network bifurcations comes into play<sup>13</sup>. Since plasma is creeping along vessel walls, capillary vessel branching leads to plasma skimming and alters the ratio of plasma to RBCs in the daughter vessels (phase separation effect), thus changing local Hct, which is sometimes called network Fåhræus effect.<sup>33</sup> The degree of plasma skimming and subsequent Hct alteration depends on the angle of the bifurcation and the difference between the diameters of the daughter vessels<sup>21</sup>.

The role of the network Fåhræus effect *in vivo* has been studied in various animal models including the hamster cremaster muscle and cheek pouch<sup>19,20,43</sup>, rat cremaster muscle and mesentery<sup>15,17,32</sup>, and cat mesentery<sup>25,26</sup>. All of these studies confirmed that the network Fåhræus effect occurs in the microvasculature *in vivo*. Local Hct in the capillary beds was found to be two- to five-fold lower than systemic Hct<sup>15,19</sup>. Large variations of instantaneous capillary Hct have been documented photographically *in vivo*<sup>17</sup>. The *in vivo* capillary Hct depends on various parameters such as tissue ischemia induced by arteriolar occlusion, muscle contraction and vasodilation<sup>15,19</sup>. Additionally, irregularities in microvessel walls, asymmetrical positioning of RBCs in capillaries, passage of leukocytes through narrow vessels, and retardation of plasma flow by macromolecular structures adhering to the vessel wall may contribute to variation in *in vivo* capillary Hct<sup>35,46,47</sup>.

With the development of an artificial microvascular network (AMVN) it has become possible to study the dynamics of blood flow in microvascular networks *in vitro* under stable, controlled and reproducible conditions<sup>3,11,50,51</sup>. The AMVN consists of a complex network of interconnected microchannels (with the layout inspired by the microvasculature of rat mesentery)<sup>50,51</sup> of uniform height (5  $\mu\text{m}$ ) and widths ranging from 70  $\mu\text{m}$  ('arteriole' and 'venule') down to 5  $\mu\text{m}$  ('capillaries')<sup>3</sup>. We have previously used the AMVN microfluidic device to study the effect of RBC shape<sup>29,39</sup>, aggregation<sup>40</sup>, and deformability<sup>3,4,38,51,52</sup> on the overall perfusion of the microvascular network. Additionally, we have used the AMVN to prove that the dynamic interplay between plasma skimming and the dependence of blood viscosity on vessel Hct (known as the Fåhræus-Lindqvist effect<sup>10</sup>) could produce spontaneous, self-sustaining oscillations of capillary blood flow and Hct in microvascular networks<sup>11,18,34</sup>. In the present study, we measured the effect of feeding Hct

(ranging from 10 to 80%) and perfusion pressure applied to the AMVN (ranging from 5 to 60 cmH<sub>2</sub>O) on RBC velocity and local Hct in selected capillaries of the network.

## Materials and Methods

### 2.1 AMVN device fabrication

The design and fabrication of the AMVN device have been described previously in detail<sup>3,4,11,29,38–40,51,52</sup>. In brief, each AMVN device contained three identical, parallel networks of ‘capillary’ microchannels (widths 5–51 μm) with architecture inspired by rat mesentery microvasculature (Fig. 1). Each network had an independent inlet port (4 mm diameter) connected to the ‘capillary’ network via a 70 μm wide ‘arteriole’ microchannel and all networks converged to a common outlet port (1.5 mm diameter) via a 70 μm wide ‘venule’ microchannel. All microchannels comprising the AMVN had depths of 5 μm. AMVN devices were made from polydimethylsiloxane (PDMS; Sylgard 184, Dow Corning Corp., Midland, MI) casts of a silicon wafer patterned using conventional soft lithography. AMVN casts were then bonded to PDMS coated glass slides via exposure to air plasma. The bonded AMVN devices were treated with a 1% solution of mPEG-silane (Laysan Bio, Inc., Arab, AL) in GASP buffer (1.3 mM NaH<sub>2</sub>PO<sub>4</sub>, 9 mM Na<sub>2</sub>HPO<sub>4</sub>, 140 mM NaCl, 5.5 mM glucose, 1% bovine serum albumin; osmolality 290 mmol/kg; pH 7.4) for 30 minutes then flushed with GASP buffer prior to use.

### 2.2 Blood sample preparation

Blood was drawn from consenting healthy volunteers into Vacutainer tubes containing K<sub>2</sub>EDTA as an anticoagulant (BD, Franklin Lakes, NJ). Blood was centrifuged at 3000 × g for 5 minutes to separate RBCs from plasma (Allegra X-15R, Beckman Coulter, Irving, TX). The supernatant plasma was aspirated and centrifuged again for 10 minutes at 3000 × g to remove residual leukocytes and platelets. Packed RBCs were diluted with GASP buffer and run through a high-efficiency leukocyte reduction filter (Purecell NEO, Haemonetics Corp., Braintree, MA). The leukocyte-depleted filtrate was centrifuged at 3000 × g for 5 minutes, and the supernatant GASP buffer and the uppermost layer of RBCs were removed by aspiration. Packed RBCs were then suspended in autologous plasma (1:1 by volume), centrifuged again at 3000 × g for 5 minutes and the supernatant was discarded to wash off any residual GASP buffer. Packed RBCs were then suspended in autologous plasma with a target Hct of 80%. Hct of this stock solution was measured in triplicate by microcentrifugation (PowerSpin BX Centrifuge, Unico, Dayton, NJ) and adjusted to exactly 80%, via addition of plasma or RBCs, if needed. Aliquots with Hcts of 20, 30, 40, 50, 60 and 70% were prepared by mixing a calculated volume of autologous plasma with the 80% Hct stock solution. The samples were kept on a tube rotator (Labquake, Barnstead Thermolyne, Dubuque, IA) throughout the experiments, which were completed within 4 hours of blood collection.

### 2.3 Measurement of RBC velocity in AMVN microchannels

Measurement of RBC velocity in the AMVN microchannels was performed as described previously in detail<sup>3,4,11,29,38–40,51,52</sup>. In brief, to perform the RBC velocity measurement, an AMVN device was secured to the stage of an inverted bright-field microscope (IX73,

Olympus, Center Valley, PA), connected to a water column (used to modulate the perfusion pressure difference; Series A40 UniSlides, Velmex, Bloomfield, NY) via flexible tubing, and flushed with GASP buffer. A 25  $\mu\text{L}$  RBC sample was then pipetted into each AMVN inlet port, and a 2 mm stir bar (Spinbar, Bel-Art, Wayne, NJ) used to counteract RBC sedimentation within the inlet was placed into each inlet. A magnetic stirrer (Model 1060, Instech Laboratories, Plymouth Meeting, PA) was used to rotate the stir bars continuously throughout the measurement (data from experiments where the stir bars stopped rotating partway through the measurement were discarded). The RBC samples were allowed to perfuse the AMVN until they reached the outlet port (confirmed visually), then the perfusion pressure ( $P$ ) was set to 0  $\text{cmH}_2\text{O}$ , and imaging of the region of the AMVN containing the five ‘capillary’ microchannels of interest was initiated (Figure 1).

Images of the AMVN were acquired with a high-speed CMOS camera (Flea3, Point Grey Research, Richmond, Canada). A band-pass blue filter (B-390, Hoya, Fremont, CA) was used to improve image contrast, and to enable estimation of local Hct within the microchannels (see below). Image sequences were acquired at  $10\times$  magnification in bursts of 10 frames (at 150 fps) every 10 seconds for the duration of each measurement. For each measurement, three bursts of images were collected at a perfusion pressure of 0  $\text{cmH}_2\text{O}$ , then 18 bursts were collected at perfusion pressures of 60, 40, 20, 10, and 5  $\text{cmH}_2\text{O}$ , respectively. Image sequences were analyzed offline with a custom algorithm implemented in MATLAB (MathWorks, Natick, MA). The algorithm isolated the microchannels of interest within each image and compared subsequent images of each microchannel sub-image to track the average change in position of the RBCs over time, thus enabling the calculation of RBC velocity ( $V_{\text{RBC}}$ ).

Note that all image sequences were scrutinized by eye prior to offline analysis. Only those image sets which had all microchannels perfused throughout the duration of each experiment were included in the final analysis. Cessation of flow in a microchannel occurred mostly by transient plugging of the channel entrance and was seen primarily in the microchannels with the slowest average flow rates and at the lowest driving pressures.

## 2.4 Measurement of hematocrit in AMVN microchannels

Measurement of Hct in the AMVN microchannels was performed as described previously in detail<sup>40</sup>. In brief, the use of the band-pass blue filter for imaging the flow of blood in the AMVN enabled us to apply the basic principles of densitometric spectrophotometry to estimate the Hct in each capillary microchannel. Because molecules of hemoglobin contained within RBCs adsorb blue light, the overall intensity of light transmitted through the channel into the camera is proportional to the concentration of hemoglobin, and therefore Hct, in the channel. The average grayscale color intensities (0 to 255 au) of the five capillary microchannels of interest, the ‘arteriole’ microchannels, and the device backgrounds (i.e. areas outside the microchannels) were measured using a custom image analysis algorithm implemented in MATLAB (The Math Works Inc). The average grayscale color intensity of each device’s background was subtracted from the average grayscale color intensity of each microchannel in order to correct for any minor lighting variations resulting from microscope settings and/or irregularities in the thickness of the PDMS. The corrected average grayscale

color intensities for individual microchannels of interest were then compared to the corrected average grayscale color intensity of the ‘arteriole’ microchannel, with known feeding Hct, to determine the ratio of capillary Hct ( $Hct_{\text{capillary}}$ ) to feeding Hct ( $Hct_{\text{feeding}}$ ). The Fåhræus effect (i.e. the reduction of capillary Hct relative to feeding Hct) was then calculated as  $(Hct_{\text{feeding}} - Hct_{\text{capillary}})/Hct_{\text{feeding}}$ .

## 2.5 Statistical analysis

Statistical analysis was performed using built-in functions of MATLAB 2014b statistics toolbox. Paired Student’s t-tests were used for comparisons of datasets. The results are given as mean values  $\pm$  standard deviations. A p-value of  $< 0.05$  was considered significant.

## Results

Figure 2 shows RBC velocities in the five 5–19  $\mu\text{m}$  ‘capillary’ microchannels of the AMVN (indicated in Fig. 1) for feeding Hcts ranging from 20 to 70% and perfusion pressures of 5–60  $\text{cmH}_2\text{O}$ . Note that the number of evaluable data sets was insufficient ( $n < 4$ ) for feeding Hcts  $< 40\%$  in ‘Capillary 2’ and for Hcts  $< 30$  in ‘Capillary 1’. Overall, RBC velocity decreased with increasing feeding Hct and with decreasing perfusion pressure for all capillaries. The relationship between RBC velocity and perfusion pressure is approximately linear. Interestingly, RBC velocity in the two 5  $\mu\text{m}$ -wide capillaries (Capillary 2 and 3) differed greatly; it was 2–3 times slower in Capillary 2 than in Capillary 3. The RBC velocity in 5  $\mu\text{m}$ -wide Capillary 3 was in a similar range as RBC velocity in the capillaries with 7–19  $\mu\text{m}$  widths. The differences in RBC velocity between equal-feeding Hct samples at different perfusion pressures were statistically significant ( $p < 0.0017$ ) across all capillaries and all Hcts evaluated.

Figure 3 demonstrates the magnitude of the Fåhræus effect (the reduction of vessel Hct in capillary microchannels relative to feeding Hct in the larger ‘arteriole’ microchannels). The Hct in capillary microchannels (estimated densitometrically, see **Materials and Methods**) was lower than the feeding Hct in the two 5  $\mu\text{m}$  capillaries (Capillary 2 and 3) for all perfusion pressures. The differences between feeding and capillary Hct for the 5  $\mu\text{m}$  capillaries were statistically significant ( $p < 0.027$ ) across all Hcts and all perfusion pressures evaluated, besides 70% Hct at 60  $\text{cmH}_2\text{O}$  in Capillary 2 ( $p > 0.106$ ) and 30% Hct at 10  $\text{cmH}_2\text{O}$  in Capillary 3 ( $p > 0.123$ ). In the 7  $\mu\text{m}$  capillary microchannel (Capillary 4) these values were shifted closer towards the line of identity, i.e. a Fåhræus effect was hardly discernible, except for low perfusion pressures. In capillary microchannels with widths of 13 and 19  $\mu\text{m}$  (Capillary 1 and 5, respectively), vessel Hct values fell mainly on the line of identity, indicating that a Fåhræus effect was not discernible for those larger capillaries. For Capillaries 4 and 5, statistically significant differences ( $p < 0.0398$ ) between feeding and capillary Hcts existed for feeding Hcts of 20 – 40% across all perfusion pressures evaluated, besides 30% Hct at the lowest and highest pressures evaluated in capillary 5 and 40% Hct at perfusion pressures of 20 – 40  $\text{cmH}_2\text{O}$  in capillary 4. For Capillary 1 the majority of capillary Hcts were not significantly different ( $p > 0.05$ ) than feeding Hcts. Note that in these larger microchannels, at the lowest feeding Hct evaluated (20%), vessel Hct tended to

be lower than the feeding Hct, whereas at high feeding Hcts the vessel Hct tended to be closer to or even above the line of identity (Figs. 3a and 3e).

Figure 4 highlights the inverse relationship between the feeding Hct and the magnitude of the Fåhræus effect in Capillary 3 (cross-sectional dimensions  $5 \times 5 \mu\text{m}$ ). An increase of the feeding Hct by 10% (e.g. from 40 to 50%) resulted in an approximately 5% reduction of the magnitude of the Fåhræus effect. In Figure 5 the magnitude of the Fåhræus effect is plotted against RBC velocity for feeding Hcts of 40, 50, and 60% in Capillary 2 (slow flow) and in Capillary 3 (fast flow). The magnitude of the Fåhræus effect increased with decreasing feeding Hct and with decreasing RBC velocity for both capillaries. An approximately 7-fold higher Fåhræus effect was seen for a feeding Hct of 40% at a low RBC velocity (perfusion pressure = 5 cmH<sub>2</sub>O) than for a feeding Hct of 60% at a fast RBC velocity (perfusion pressure = 60 cmH<sub>2</sub>O). There was a statistically significant difference ( $p < 0.0198$ ) between Capillary 2 and Capillary 3 for 50% hct samples at the highest driving pressure evaluated (60 cmH<sub>2</sub>O), but otherwise there were no statistically significant differences ( $p > 0.05$ ) between the two capillaries for all other perfusion pressures and Hcts evaluated.

We used the measurements of RBC velocity and vessel Hct (estimated densitometrically) for each of the five capillary microchannels to calculate the theoretical oxygen transport effectiveness within the AMVN. Oxygen transport effectiveness was calculated as  $V_{\text{RBC}} \times \text{Hct}_{\text{capillary}} / P$ , where  $V_{\text{RBC}}$  is the RBC flow velocity,  $\text{Hct}_{\text{capillary}}$  is the densitometrically measured vessel Hct and  $P$  is the perfusion pressure applied to the AMVN<sup>6</sup>. Figure 6 shows the calculated oxygen transport effectiveness for each of the capillary microchannels at perfusion pressures ranging 5–60 cmH<sub>2</sub>O. A feeding Hct of approximately 60% maximized the oxygen transport effectiveness for all capillary microchannels studied. The differences in oxygen transport effectiveness between equal feeding Hct samples at different perfusion pressures were most pronounced at low perfusion pressures and high feeding Hcts. Differences between the two highest perfusion pressures evaluated (40 and 60 cmH<sub>2</sub>O) were not statistically significant ( $p > 0.05$ ) across all capillaries and all Hcts evaluated. Figure 7 shows a non-linear dependence of oxygen transport effectiveness on applied perfusion pressure for a feeding Hct of 60% in the five capillary microchannels. Oxygen transport effectiveness decreased by approximately 50% when the perfusion pressure was reduced from 60 to 5 cmH<sub>2</sub>O for all capillary microchannels. The difference in oxygen transport effectiveness between the lowest (5 cmH<sub>2</sub>O) and highest (60 cmH<sub>2</sub>O) perfusion pressures evaluated was statistically significant ( $p < 0.0242$ ) for Capillaries 1, 2 and 4, but was not statistically significant ( $p > 0.05$ ) for Capillaries 3 and 5.

## Discussion

The Fåhræus effect (that is, the degree of Hct reduction) in the  $5 \mu\text{m}$ -wide microchannels of the network (Capillary 2 and 3) was inversely related to the feeding Hct (Fig. 4). In the  $7 \mu\text{m}$ -wide microchannel (Capillary 4), the Fåhræus effect was significantly less pronounced. In the larger microchannels ( $13 \mu\text{m}$ -wide Capillary 1 and  $19 \mu\text{m}$ -wide Capillary 5, which likely represented arteriole-venule shunts rather than true capillaries), no reduction of the vessel Hct was observed – on the contrary, the vessel Hct was even higher than the feeding Hct (for 60% and 70%). The differences in vessel Hct between different capillary



microchannels comprising the AMVN appear to compensate each other in order to satisfy the overall mass balance<sup>12</sup>.

The fact that pronounced Hct reduction was not observed in microchannels with widths greater than 10  $\mu\text{m}$  is intriguing, since it is in contrast to earlier observations.<sup>9,13,28,48</sup> Hct reduction (i.e. the Fåhræus effect) has previously been studied in cylindrical tubes with uniform diameters. It is caused by a tendency of RBCs to move towards regions of low shear forces in the center of a vessel. The rectangular, flat geometries of the AMVN microchannels do not allow such a flow profile, which may explain why we did not observe Hct reduction in the larger (>10  $\mu\text{m}$ -wide) microchannels of the AMVN devices.

The magnitude of the Fåhræus effect also increased with decreasing RBC flow velocity, which was induced by lowering the perfusion pressure applied to the AMVN (Fig. 5). Low perfusion pressures are the hallmark of circulatory shock of any origin, including hemorrhagic, hypovolemic, septic, cardiogenic or anaphylactic shock<sup>54</sup>. Our data suggest that the Fåhræus effect may increase in shock and thus could contribute to insufficient tissue oxygenation in certain low flow areas.

Another striking observation was the almost two-fold difference in RBC velocity (Fig. 2) and in the magnitude of the Fåhræus effect (Fig. 5) between the two adjacent  $5 \times 5 \mu\text{m}$  capillary microchannels (Capillary 2 and 3). The difference in RBC velocity between the two capillary microchannels of equivalent dimensions may be explained, in part, by the difference in branching order (see Fig. 1): Capillary 2 is a 7th order branch after the 'arteriolar' inlet (7 divisions), and Capillary 3 is a 4th order branch (2 divisions and 2 confluences). Because of plasma skimming, the branch with the higher flow rate receives a disproportionately larger number of RBCs at every bifurcation in a capillary network<sup>20,21,23,49</sup>. The effect of plasma skimming on vessel Hct accumulate with branching order, producing the network Fåhræus effect<sup>13</sup>. Our data indicate that plasma skimming in the capillary network may be inversely related to RBC velocity (Fig. 5) and to feeding Hct (Fig. 4), which corroborates a recent study by another group<sup>23</sup>.

Oxygen transport effectiveness has been analyzed in recent years theoretically,<sup>41</sup> experimentally *ex vivo*<sup>7,8,22</sup> and *in vivo*.<sup>55</sup> We have previously calculated theoretical oxygen transport effectiveness to assess optimal Hct values viscometrically and with the AMVN device.<sup>30</sup> In the present study, estimated oxygen transport effectiveness was highest at a feeding Hct of approximately 60% in all capillary microchannels studied (Fig. 6). The oxygen transport effectiveness decreased by approximately 50% in all microchannels when the differential perfusion pressure was reduced from 60 to 5  $\text{cmH}_2\text{O}$  (Fig. 7). These results are in agreement with optimal Hct values for the entire network (for measurements made in the 'venular' microchannel of the AMVN), which we had previously found to be higher than the normal physiological range and to be depend on the perfusion pressure applied to the network<sup>36</sup>.

The values of RBC flow velocity in our experiments (Fig. 2) covered the general range of velocities observed *in vivo*, which are characterized by a large heterogeneity and are known to depend on the species and the type of vascular bed. RBC velocity *in vivo* ranges from 0 to

3.5 mm/s (with a mean of  $0.8 \pm 0.5$  mm/s) in nailfold capillaries of healthy humans<sup>2</sup>, and has a similar range during pregnancy and in patients with increased plasma viscosity<sup>24,37</sup>. The RBC velocity in capillaries of rat mesentery can be as high as 1.85 mm/s on average<sup>16</sup>, but is much lower in the cochlea of a guinea pig, ranging only 0.03–0.18 mm/s<sup>27</sup>. The velocity of RBC flow in brain capillaries of rats and mice ranges 0.15–8.6 mm/s (with a mean of  $2.0 \pm 1.4$  mm/sec)<sup>53</sup>. However, such a dramatic heterogeneity of capillary blood flow has only a minor influence on brain oxygenation<sup>1,14</sup>, likely because oxygen offloading from hemoglobin can still occur at RBC velocities up to 5 mm/s<sup>31</sup>, and thus cerebral tissue oxygenation in mice may take place in arterioles and first order capillary branches, where RBC velocity can be that high<sup>42</sup>.

These specific numeric results obtained in this study (such as the values of optimal Hct) should not be over-interpreted and directly applied to *in vivo* microvascular networks, as there are several inherent limitations of the AMVN system. The layout of the AMVN (Fig. 1), inspired by observations of rat mesentery microvasculature, approximates the overall layout of *in vivo* microvasculature well. However, the dimensions and cross-sections of AMVN microchannels and *in vivo* capillaries are rather dissimilar, which results in several known artefacts<sup>56</sup>. The uniform AMVN channel height of 5  $\mu\text{m}$  is not realistic and does not reflect the *in vivo* situation (e.g. of an arteriole with a circular diameter of 70  $\mu\text{m}$ ). The microchannels comprising the AMVN also have rectangular cross-sections, which allow more space for plasma in the corners compared with *in vivo* capillaries, which have circular cross-sections. Furthermore, AMVN microfluidic devices are fabricated from PDMS, which is rigid and chemically inert, and therefore lacks many relevant features of the microcirculation, such as endothelial cell lining, endothelial glycocalyx with attached plasmatic surface layer, vessel irregularities, arteriolar and capillary vasoconstriction and vasodilatation, and flow pulsatility<sup>33,44</sup>. A microfluidic device with a contiguous endothelial monolayer has been previously developed by others – the cross-sectional dimensions of the smallest microchannels in that device (100  $\times$  200  $\mu\text{m}$ ), however, are still too large to approximate the capillaries necessary for the current study<sup>5</sup>.

The Fåhræus effect (that is, the reduction of Hct in narrow vessels) was first observed in glass tubes with decreasing diameters, and has subsequently been investigated in individual microchannels of various sizes *in vitro*<sup>10,13,28,47,48</sup>. In this present study, the artificial microvascular network (AMVN) microfluidic device enabled us to perform the first *in vitro* investigation of the Fåhræus effect in a *network* of capillary microchannels, under precisely controlled and systematically varied conditions encompassing a wide range of feeding Hct and perfusion pressures. Our results confirmed the presence of the Fåhræus effect in the AMVN, a network of artificial capillary-size microchannels with complex architecture. Additionally, we found an inverse relationship between the magnitude of the Fåhræus effect and feeding Hct as well as RBC flow velocity in capillary microchannels of the network (modulated by the overall perfusion pressure). These findings may contribute to a more comprehensive understanding of the Fåhræus effect in capillary networks.



## Perspectives

Hematocrit reduction in narrow blood vessels (known as the Fåhræus effect) has been studied for many years *in vivo*, *in vitro* and *in silico*; however, the extent to which the Fåhræus effect may occur in networks with complex geometry and the dependence of the effect on systemic parameters, such as feeding hematocrit and network perfusion pressure, are still poorly understood.

Here we used an artificial microvascular network to experimentally establish that the Fåhræus effect does occur in a microvessel network with complex geometry and that the magnitude of the Fåhræus effect in such a network is inversely related to feeding hematocrit and perfusion pressure. The results of this study provide a valuable bridge between previous models and experiments *in vivo*, *in vitro* and *in silico*, and could have an impact on future studies of the microcirculation in health and disease.

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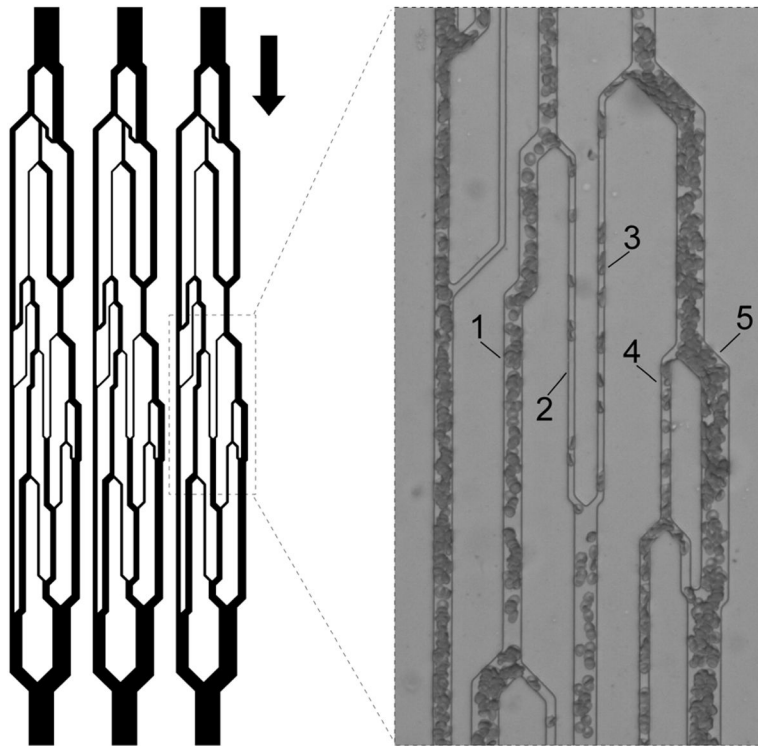
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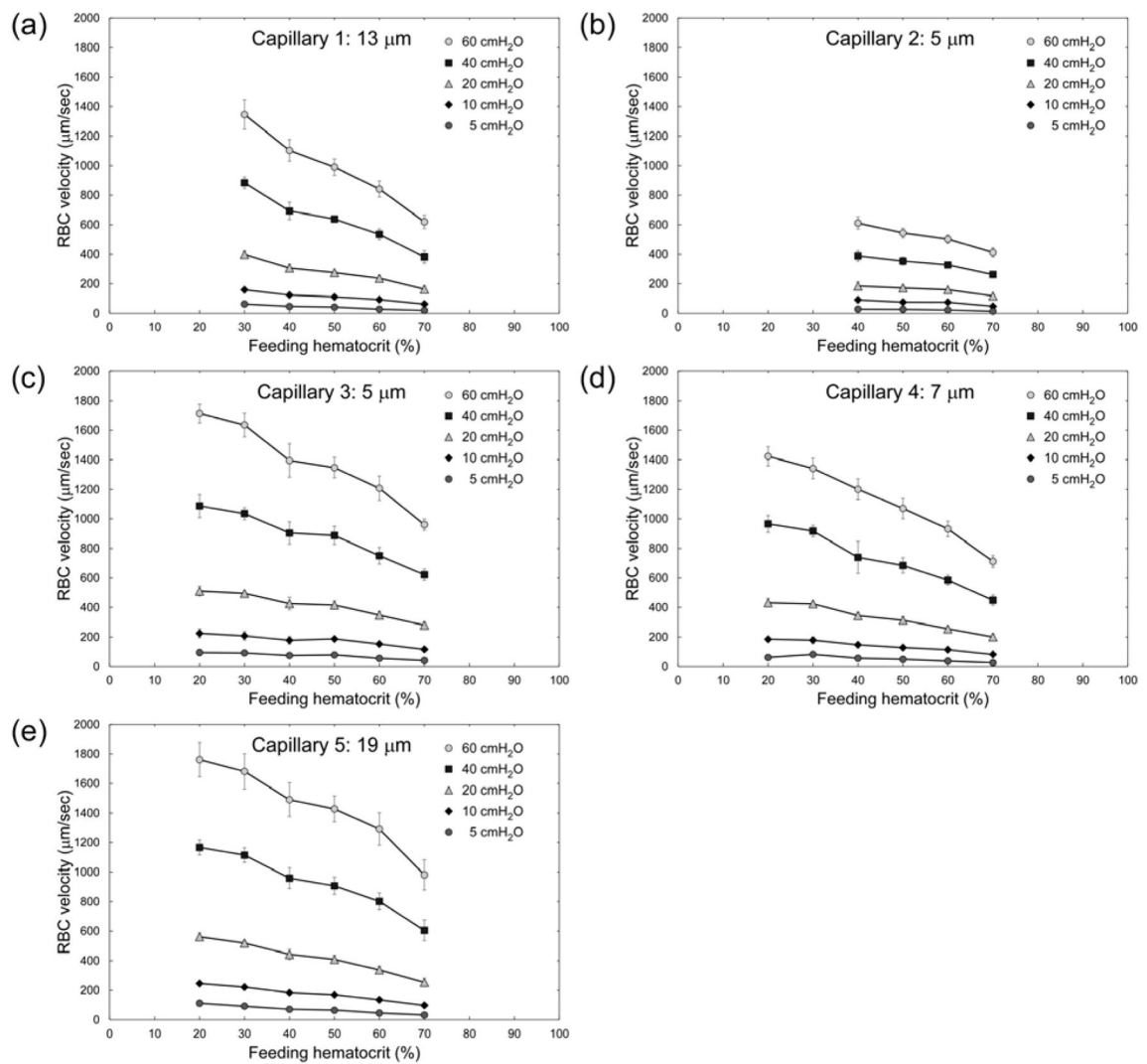
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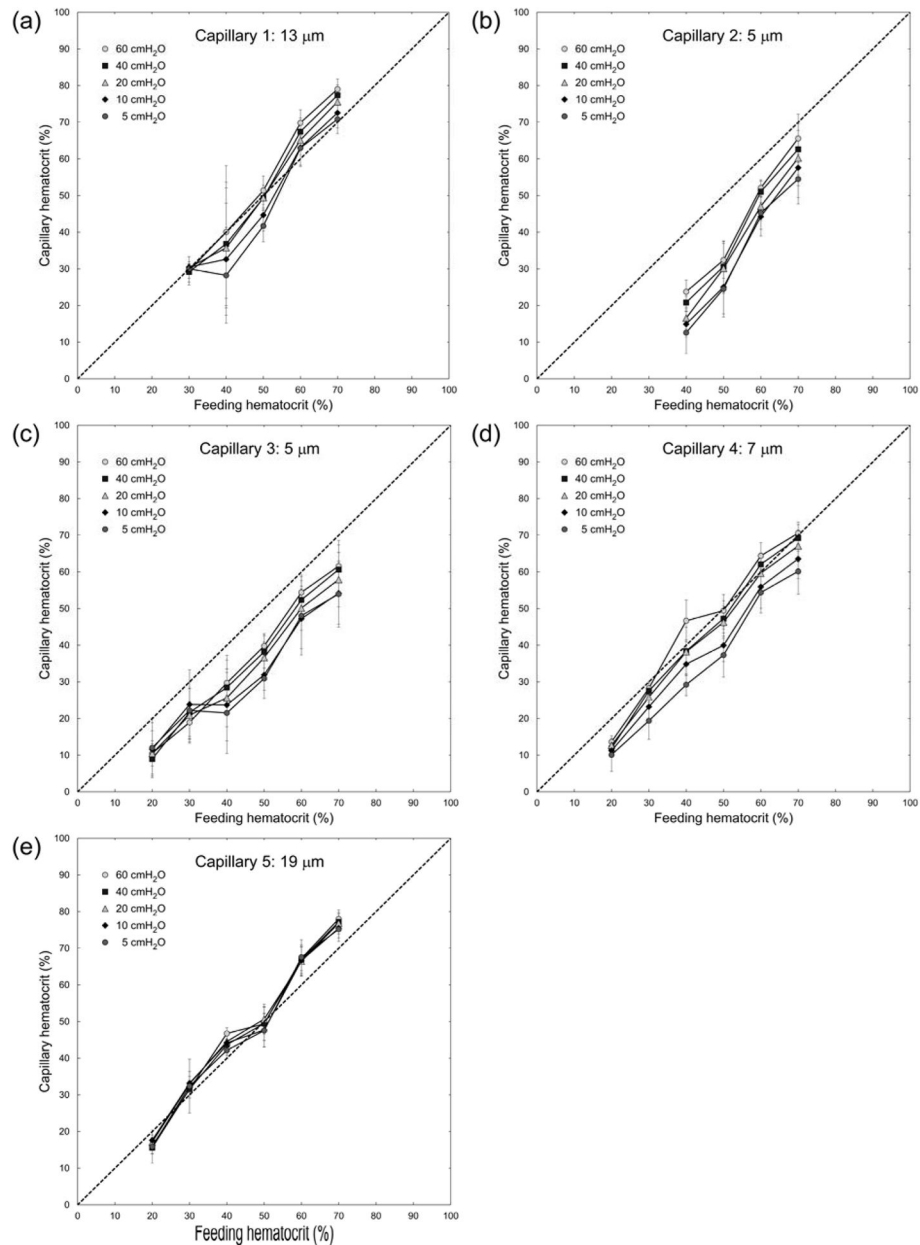
**Fig. 1.** Schematic illustration of the design of the artificial microvascular network (AMVN). Each AMVN microfluidic device contains three identical network units with independent inlets and a common outlet, allowing simultaneous investigation of three separate samples. The channels have a uniform height of  $5\ \mu\text{m}$  and widths ranging from  $70\ \mu\text{m}$  ('arteriolar' inlet and 'venular' outlet) down to  $5\ \mu\text{m}$  ('capillaries'). The arrow indicates the overall direction of flow through the device. Inset shows the five capillary microchannels of interest, in which RBC velocity and hematocrit were measured. The capillaries' widths are (1)  $13\ \mu\text{m}$ , (2)  $5\ \mu\text{m}$ , (3)  $5\ \mu\text{m}$ , (4)  $7\ \mu\text{m}$ , and (5)  $19\ \mu\text{m}$ .



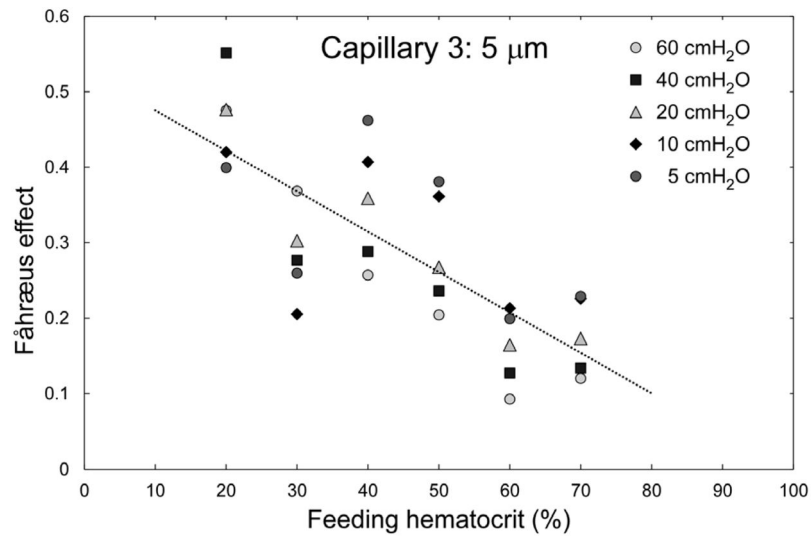
**Fig. 2.**

Dependence of RBC velocity ( $V_{RBC}$ ) on feeding hematocrit ( $Hct_{feeding}$ ) for 'capillaries' of the artificial microvascular network, at different perfusion pressures ( $P$ ). Values shown are mean  $\pm$  standard deviation,  $n = 0, 4, 6, 4, 8$  and  $8; 0, 0, 4, 5, 5$  and  $6; 5, 4, 7, 7, 4$  and  $7; 6, 5, 5, 7, 7$  and  $7; 4, 5, 6, 7, 8$  and  $8$  for  $Hct_{feeding} = 20, 30, 40, 50, 60$  and  $70\%$  respectively in Capillaries 1, 2, 3, 4 and 5 respectively.

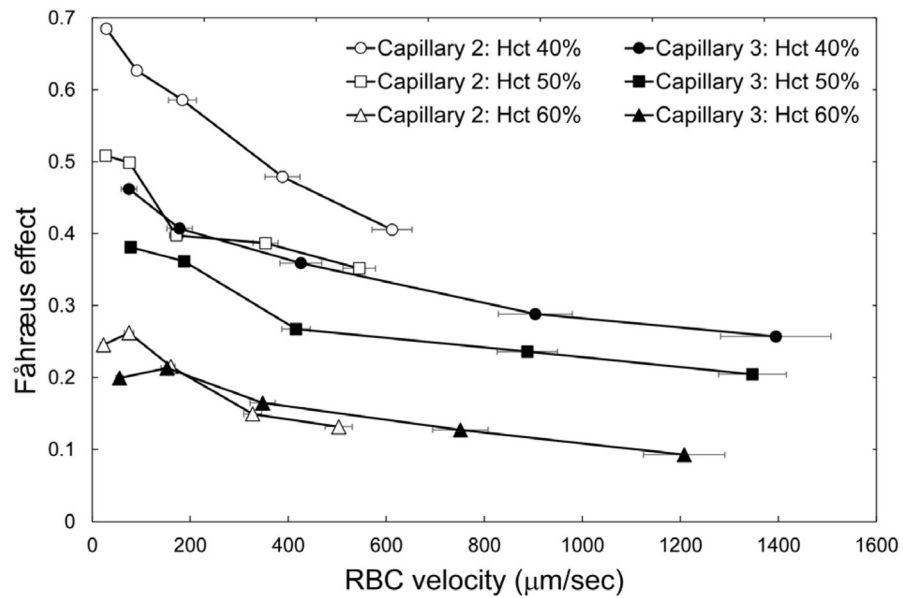




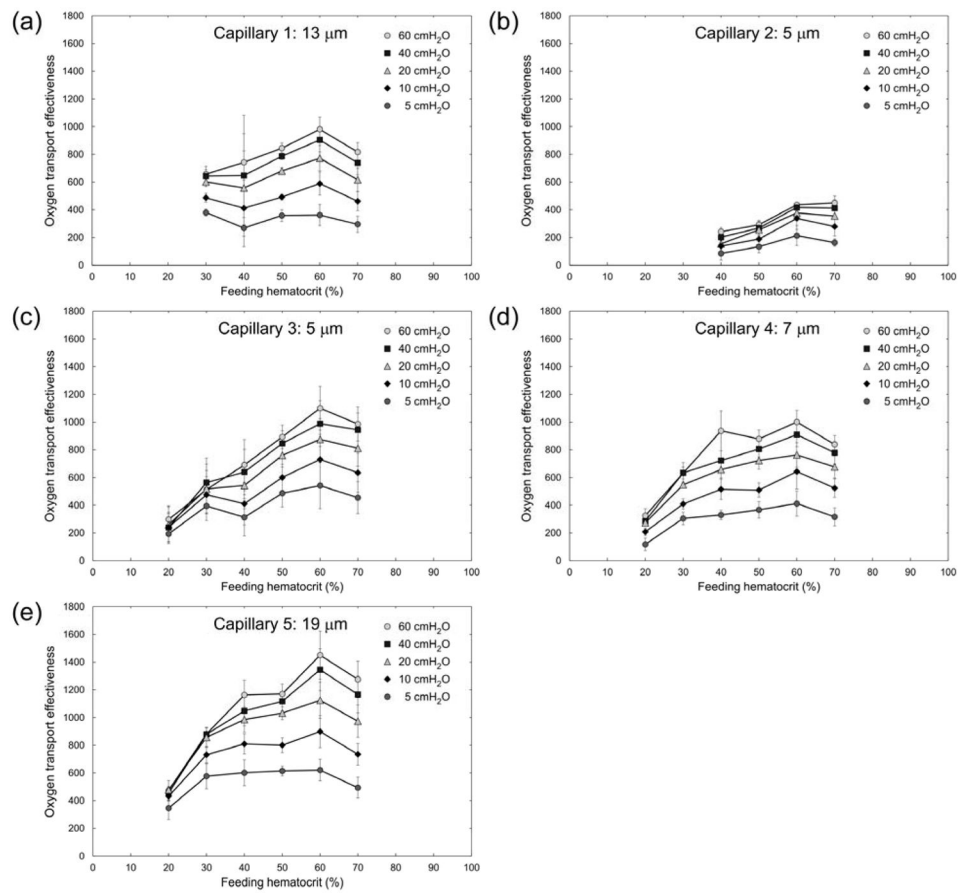
**Fig. 3.** Relationship between feeding hematocrit ( $Hct_{\text{feeding}}$ ) and capillary hematocrit ( $Hct_{\text{capillary}}$ ) for ‘capillaries’ of the artificial microvascular network, at different perfusion pressures ( $P$ ). The dotted line indicates the line of identity. Values shown are mean  $\pm$  standard deviation,  $n = 0, 4, 6, 4, 8$  and  $8; 0, 0, 4, 5, 5$  and  $6; 5, 4, 7, 7, 4$  and  $7; 6, 5, 5, 7, 7$  and  $7; 4, 5, 6, 7, 8$  and  $8$  for  $Hct_{\text{feeding}} = 20, 30, 40, 50, 60$  and  $70\%$  respectively in Capillaries 1, 2, 3, 4 and 5 respectively.



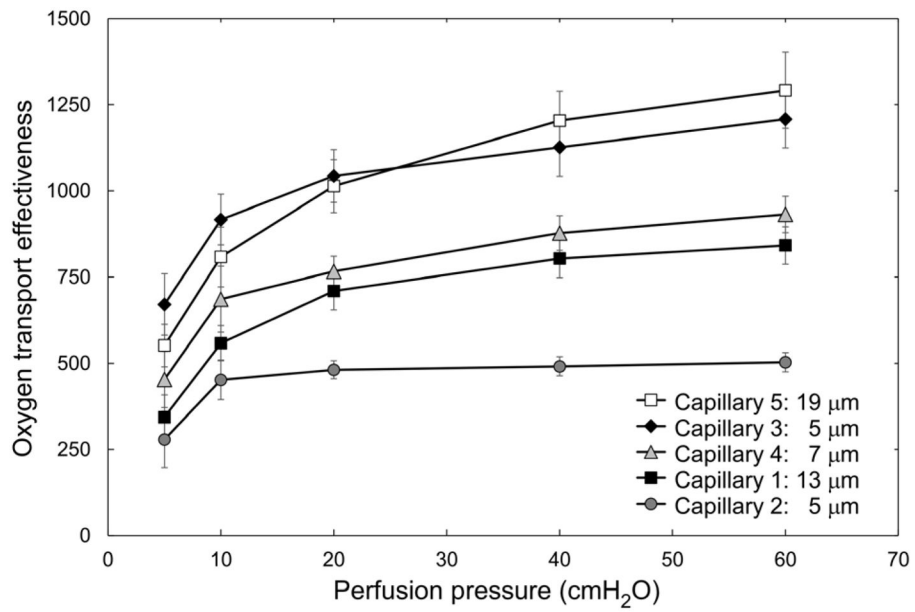
**Fig. 4.** Dependence of the magnitude of the Fåhræus effect, calculated as  $(\text{Hct}_{\text{feeding}} - \text{Hct}_{\text{capillary}})/\text{Hct}_{\text{feeding}}$ , on feeding hematocrit for capillary 3 ( $5 \mu\text{m}$ ). The regression analysis yielded a relationship of:  $\text{Fåhræus effect} = -0.0054 \times \text{Hct}_{\text{feeding}} + 0.5291$ ;  $R^2 = 0.59$ ;  $p < 0.01$ .  $n = 5, 4, 7, 7, 4$  and  $7$  for  $\text{Hct}_{\text{feeding}} = 20, 30, 40, 50, 60$  and  $70\%$  respectively.



**Fig. 5.** Dependence of the magnitude of the Fåhræus effect, calculated as  $(\text{Hct}_{\text{feeding}} - \text{Hct}_{\text{capillary}})/\text{Hct}_{\text{feeding}}$ , on RBC flow velocity ( $V_{\text{RBC}}$ ) for two  $5 \mu\text{m}$  capillaries (capillary 2 – open symbols; and capillary 3 – filled symbols) and three values of feeding hematocrit (circles: 40%, squares: 50%, triangles: 60%). Values shown are mean  $\pm$  standard deviation,  $n = 4, 5$  and  $5$ ; and  $7, 7$  and  $4$  for  $\text{Hct}_{\text{feeding}} = 40, 50$  and  $60\%$  respectively in Capillaries 2 and 3 respectively.



**Fig. 6.** Dependence of estimated oxygen transport effectiveness, calculated as  $V_{RBC} \times Hct_{capillary} / P$ , on feeding hematocrit ( $Hct_{feeding}$ ) for ‘capillaries’ of the artificial microvascular network, at different perfusion pressures ( $P$ ). Values shown are mean  $\pm$  standard deviation,  $n = 0, 4, 6, 4, 8$  and  $8; 0, 0, 4, 5, 5$  and  $6; 5, 4, 7, 7, 4$  and  $7; 6, 5, 5, 7, 7$  and  $7; 4, 5, 6, 7, 8$  and  $8$  for  $Hct_{feeding} = 20, 30, 40, 50, 60$  and  $70\%$  respectively in Capillaries 1, 2, 3, 4 and 5 respectively.



**Fig. 7.** Dependence of estimated oxygen transport effectiveness, calculated as  $V_{RBC} \times Hct_{capillary} / P$ , on perfusion pressure ( $P$ ) for the five 'capillaries' of the artificial microvascular network, at a feeding hematocrit of 60%. Values shown are mean  $\pm$  standard deviation,  $n = 8; 5; 4; 7;$  and  $8$  for every perfusion pressure in Capillaries 1, 2, 3, 4 and 5 respectively.