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## Limbal and corneal epithelial homeostasis

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### Abstract

**Purpose of Review**—The aim of this review is to describe the underlying mechanisms of corneal epithelial homeostasis in addition to illustrating the vital role of the limbal epithelial stem cells (LESCs) and the limbal niche in epithelial regeneration and wound healing.

**Recent Findings**—The shedded corneal epithelial cells are constantly replenished by the LESCs which give rise to epithelial cells that proliferate, differentiate and migrate centripetally. While some recent studies have proposed that epithelial stem cells may also be present in the central cornea, the predominant location for the stem cells is the limbus. The limbal niche is the specialized micro-environment consisting of cells, extra-cellular matrix and signaling molecules that are essential for the function of LESCs. Disturbances to limbal niche can result in LESC dysfunction, therefore, limbal stem cell deficiency should also be considered a limbal niche deficiency. Current and in–development therapeutic strategies are aimed at restoring the limbal niche, by medical and/or surgical treatments, administration of trophic factors and cell based therapies.

**Summary**—The corneal epithelium is constantly replenished by LESCs that are housed within the limbal niche. The limbal niche is the primary determinant of the LESC function and novel therapeutic approaches should be focused on regeneration of this microenvironment.

### Keywords

Corneal epithelium; Limbal epithelial stem cells; Limbal stem cell niche; Mesenchymal stem cells

### Introduction

The corneal epithelium is a stratified non-keratinized squamous epithelium [1], which plays an essential role in maintaining corneal transparency both through its barrier function and its crucial anti-angiogenic and immunomodulatory effects. The dynamic characteristics and the regenerative capability of the corneal epithelium help to maintain its ultra-structure and function both during homeostatic and wound healing conditions [2]. It has long been recognized that the epithelial stem cells responsible for regenerating the corneal epithelium are located within the limbus. The LESCs give rise to epithelial progenitor cells that

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### Conflicts of interest

None.

constantly replenish the entire corneal epithelium [3, 4••, 5]. One of the important recent concepts is that of the “limbal niche”, a specialized microenvironment in the limbus which regulates the LESC function [6–8]. The pivotal role of the limbal niche for maintaining the “stemness” of LESC and the effect of disturbance of the limbal niche on corneal epithelial homeostasis have been addressed in several studies [9•]. In this review, the current opinions of the authors on the mechanisms of corneal epithelial homeostasis are reviewed and the characteristics of the limbal niche is presented. At last, the pathological alterations in the limbal niche in limbal stem cell deficiency as well as current and potential therapeutic approaches are briefly summarized.

## Corneal epithelial homeostasis: The Classic and The Current Models

Several mechanisms for the homeostasis, repopulation and regeneration of corneal epithelium have been proposed. In this section, the most well-known hypotheses are discussed [10••, 11•].

### XYZ hypothesis

Historically, the first explanation for repopulation of the corneal epithelium during homeostasis is the XYZ hypothesis, which was presented by Thoft and Friend in 1983 [12]. According to this idea, replacement of the shedded cells from the corneal surface involves X, which is the proliferation and anterior migration of basal epithelial cells, Y, the centripetal movement (toward center) of epithelial cells, and Z, the cell loss from the corneal surface. Thoft and Friend asserted that  $X+Y=Z$  and the corneal epithelial disorders are related in deficiency in each X, Y or Z components [12]. In recent years the XYZ hypothesis has been modified and amended by newer models.

### LESCs hypothesis

The most well accepted hypothesis for the repair and regeneration of the epithelium is based on the LESC [13••]. According to this, each LESC in the limbal epithelial crypt (the stromal protrusion of PV), in peripheral cornea, divides centripetally to give rise to transient amplifying cells (TAC) (also known as progenitor cells) located in the basal epithelial layer. The basal epithelial TACs then proliferate, differentiate and migrate anteriorly toward the corneal surface, finally differentiating to terminal differentiated cells (TDC) that undergo desquamation and shedding (Fig. 1A) [4••, 10••, 14].

### CESCs hypothesis

A more recent hypothesis for explaining the homeostasis of the corneal epithelium involves corneal epithelial stem cells (CESCs). This model, which is mostly based on animal models, suggests that stem cells are located throughout the cornea (in the basal layer) and that limbal stem cells are not necessary for maintaining the corneal epithelium (Fig. 1B) [15].

### LESCs vs. CESC hypothesis

The CESC hypothesis has led to studies to evaluate the mechanisms of corneal epithelial homeostasis. These studies can be categorized into experimental and clinical. The experimental studies are done mostly in mouse models with genetic modifications that allow

for tracing the epithelial cells in the cornea. The color-labeling of LESC showed that in normal epithelial homeostasis and wound repair, the LESC are proliferating and differentiation centripetally to replenish the shedded epithelial cells (Fig. 2) [4••, 5, 14]. Furthermore, the tracing of LESC using fluorescent microscopy revealed that some clones of cells are migrating in a spiral pattern toward the center of cornea while other clones might be in a quiescence state [14]. This may be analogous to hair follicle stem cells that undergo periods of growth and rest. It has also been shown that the small number of stem/progenitor cells found in the basal epithelial layer of cornea are replaced by LESC during epithelial homeostasis and wound repair [16].

From a clinical point of view, there are studies that suggest that corneal epithelium can maintain itself in the absence of a healthy limbus [17]. One explanation for these findings may be that TACs within the para-central corneal epithelium can have significant regenerative capacity and unless stressed through wound healing they can maintain the epithelium for a long time without much need for the limbal stem cells. The superiority of LESC hypothesis over the alternative CESC hypothesis is best observed in penetrating keratoplasty. It is well known clinically that in the setting of limbal stem cell deficiency concurrent transplantation of limbal tissue is necessary [18, 19], and a penetrating keratoplasty in the setting of limbal stem cell deficiency is bound to fail eventually [20], indicating the vital role of LESC for the long-term regeneration of the corneal epithelium. Therefore, based on the above evidence and our clinical and experimental observations, *the LESC hypothesis remains the most acceptable and appropriate model for explaining the mechanisms that regulate homeostasis and wound healing of the corneal epithelium.*

## Limbus, limbal niche and limbal homeostasis

The limbus provides a unique niche for the LESC. On slit lamp exam, the most prominent anatomic feature of the limbal niche, is the fibrous capillary rich area known as the Palisades of Vogt (PV) [13••]. It should be noted that while the presence of PV is a reliable marker of the presence of LESC [21], since PV are not consistently seen in all areas of the limbus in healthy eyes, the absence of PV in a particular area of the limbus does not indicate that there are no LESC.

The stem cell niche, in the field of stem cell biology, is defined as all the components that are involved in the function of the stem cell in a particular tissue or organ. The limbal niche within the PV consists of the (a) cellular elements such as immune cells, mesenchymal cells, melanocytes, vascular and nerve cells; (b) extracellular matrix (ECM); and (c) signaling molecules [7, 8, 22, 23]. Precise and coordinated function of all the components of limbal niche is crucial for appropriate proliferation, migration and differentiation of LESC. Therefore, any disturbance to the orchestra of limbal niche results in mal-function of the LESC [7, 23, 24].

The limbal niche has been examined in-depth using advanced imaging, cellular and molecular analyses [22, 25•, 26, 27••]. Anatomically, the PVs correspond to projections of stroma into basal epithelial layer (Fig. 3). Interspersed between the PV are areas where the epithelium projects deep into the stroma, known as limbal epithelial crypts (LEC) [28]. The

most inferior aspect of the crypts, which is furthest away from the surface, likely contains the most number of LECs [28]. Similar to the rete ridge in the skin, the depth of the crypts decreases with age, consistent with an age-related reduction in the LECs [26]. The highly vascularized structure of LECs, likewise provides a suitable environment for LECs [29]. Both LECs and TACs are found in the LECs [30].

There is a complex cross talk between the ECM, niche cells and LECs in the limbal niche [27••]. The niche cells include melanocytes [31], stromal (mesenchymal) cells [32•, 33], immune cells [27••], vascular and nerve cells [29]. The pigmented melanocytes are primarily protecting the niche from UV irradiations. In addition, it has been shown that melanocytes have direct contact with LECs [27••]. Mesenchymal cells have a major regulatory role in LECs' niche. These cells are especially located in the limbal crypt-rich regions and have been shown to have direct contact with LECs via elongated processes [25•, 26]. Stromal mesenchymal cells help maintain the “stemness” of the LECs [34].

Limbal niche is also an extremely vascularized and innervated environment. Vascular endothelial cells have been shown in the limbal PV, forming a microvascular network that is vital for maintaining the survival and function of LECs [29]. Similarly, the importance of the nerves in the limbal niche and function has been shown both experimentally and clinically [35].

An important part of the limbal niche is the underlying extracellular matrix (ECM). The ultra-structure of limbal niche consists of many proteins and macromolecules such as collagens, laminins, fibronectin and chondroitin sulfate [27••, 36]. The limbal niche ECM helps promote stemness of the LECs by regulating their differentiation, proliferation. This finding proposed that the limbal niche has unique molecular component for maintaining the LECs stem cell characteristics [37].

The third vital component of the limbal niche is the mediatory molecules that facilitate the signaling pathways for maintenance, proliferation and differentiation of LECs. The molecular examinations of limbal niche has revealed the expression of stem cell maintenance, self-renewal and cell cycling genes as well as the signaling genes and molecules contributing to cell proliferation and differentiation [27••].

## Pathological alterations of the limbal niche

The physiological process of corneal epithelial wound repair primarily involves TACs which are stimulated to proliferate and give rise to new epithelial cells, however in extensive defects LECs must also divide [5]. However, in certain congenital, traumatic or immunologic injuries, the LECs cannot adequately regenerate the corneal epithelium, a condition that is called limbal stem cell deficiency/dysfunction (LSCD). Pathologically, the hallmark of LSCD is conjunctivalization of the cornea, in which the cornea is covered by an unstable, opaque conjunctival epithelium with secondary neovascularization and stromal scarring/melting. Recent studies have demonstrated that in all cases of LSCD the limbal niche is disturbed [23, 24]. In other words, LSCD almost always co-exists with “limbal niche deficiency/dysfunction (LND)”.

Inflammation is one of the major causes of limbal niche disturbance. The presence of immune cells in the limbal niche has been demonstrated in several studies in both hereditary and acquired LSCDs [38, 39]. Moreover, clinical examination using in vivo confocal microscopy (IVCM) in LSCD cases revealed the recruitment of inflammatory cells and corneal conjunctivalization in addition to fibrotic malformation of the limbal niches (normally hyper-reflective regions) [40, 41, 42]. In severe injuries, persistent pathological inflammation in the limbus and cornea alters the function of LSCs [43, 44]. The migrated neutrophils secrete pro-inflammatory cytokines such as interferon- $\gamma$  while the macrophages are unable to phagocytose them. The activation of adaptive T-lymphocytes further exacerbates the inflammation [45, 46]. These events result in disturbance to the limbal niche, which can no longer support the LSCs. The LSCs lose their stem cell markers when the limbal basal epithelium is surrounded by inflammatory cells [7, 23]. This could also result in reduction of the anti-angiogenic and colony-forming capability of LSCs, which can stimulate pathologic heme- and lymphangiogenesis [27]. Persistent inflammation additionally changes the dynamic structure of limbal niche by altering the cell-cell interactions and regulatory proteins [7]. Therefore, as explained above, limbal niche deficiency/dysfunction plays a major pathologic role in the loss of the regenerative capacity of the LSCs. With further developments in imaging technologies, it is expected that examination of the limbal niche will become a standard part of the diagnosis of LSC disorders in the near future [6, 22].

### **Therapeutic approaches: Restoring the limbal niche as a promising strategy**

The goal of therapy in all cases of LSCD is to restore the functionality of the LSCs. First line therapies, that are most helpful in milder cases, include improving the tear film, stopping any ongoing traumatic (e.g. contact lens wear) or toxic (e.g. preservatives) exposures, and reducing ocular surface inflammation [11, 47, 48, 49]. Autologous serum tears and scleral contact lenses are also recommended for rehabilitating the surface, reducing pain, and improving the vision in patients with LSCD [50]. However, in severe loss of LSCs, ocular surface reconstruction and limbal transplantation is often necessary [51].

An important question about LSCD is that whether total LSCD truly indicates complete loss of LSCs on the ocular surface. While there are controversies [52], in our view, in most cases there are some remaining LSCs, which are no longer able to function because of pathologic alterations to the limbal niche [11]. Therefore, an important therapeutic strategy is to restore the functionality of the limbal niche. The medical therapies outlined above (improving the tear film, anti-inflammatory therapy) are aimed at rehabilitating the function of the remaining LSCs in LSCD [11]. An important consideration is that medical interventions are most helpful early in the disease course, since with time the inflammatory environment and scar formation process may lead to permanent loss of the niche and any remaining LSCs.

In severe cases of LSCD, surgical approaches such as auto- or allo- limbal transplantation [53], transplantation of ex-vivo cultivated LSCs [54] and transplantation of non-ophthalmic

epithelial cells [55] have been developed. An important observation is the identification of recipient epithelial cells along with the donor cells after allogenic limbal transplantation [56] suggesting that with time the host can start to contribute more epithelial cells to the surface. We attribute this finding to the fact that transplantation of the limbal tissue has provided a healthier niche which has helped to revitalize the host's dysfunctional LSCs.

In addition to above medical and surgical treatments, there are strategies under development for regenerating the limbal niche following injuries. Creation of a whole limbal niche is under investigation by tissue engineering approaches [22]. Applying anti-inflammatory tissues like amniotic membrane and its derivatives [9•], blood-derived products [57], and growth factors [58] have revealed significant results in experimental studies. One novel method which has shown promising results is the application of mesenchymal stem cells (MSCs) and/or their trophic factors [32•]. Experimental studies have demonstrated the regenerative effects of MSC derived secreted factors in LSCD. Likewise, cell based therapies using MSCs have been shown to revitalize the corneal surface following alkali burns [32•, 59••, 60••]. The positive therapeutic effects of MSCs have been largely due to their immunomodulatory effects and in the case of LSCD help to restore the function of the limbal niche [60••].

## Conclusion

Corneal epithelium is a multi-layered stratified tissue with high cell turn-over during homeostasis and injuries. There are various hypotheses for illustrating the underlying mechanism of repopulating and regenerating of corneal epithelial layers. The most acceptable hypothesis based on current evidence is the LSCs hypothesis, which indicates that LSCs located in the limbus are the main source for repopulating the epithelial cells through proliferation, differentiation and centripetal migration.

The LSCs in the limbus are housed in a limbal niche containing different cell types, specialized ECM and mediatory molecules responsible for supporting the LSCs. Recent studies have indicated that limbal niche deficiency is the underlying cause of major abnormalities in the LSCs. Consequently, therapeutic approaches have been focused on restoration of the limbal niche using currently available medical and surgical treatments while novel therapies under development include growth factors and cell therapies such as mesenchymal stem cells.

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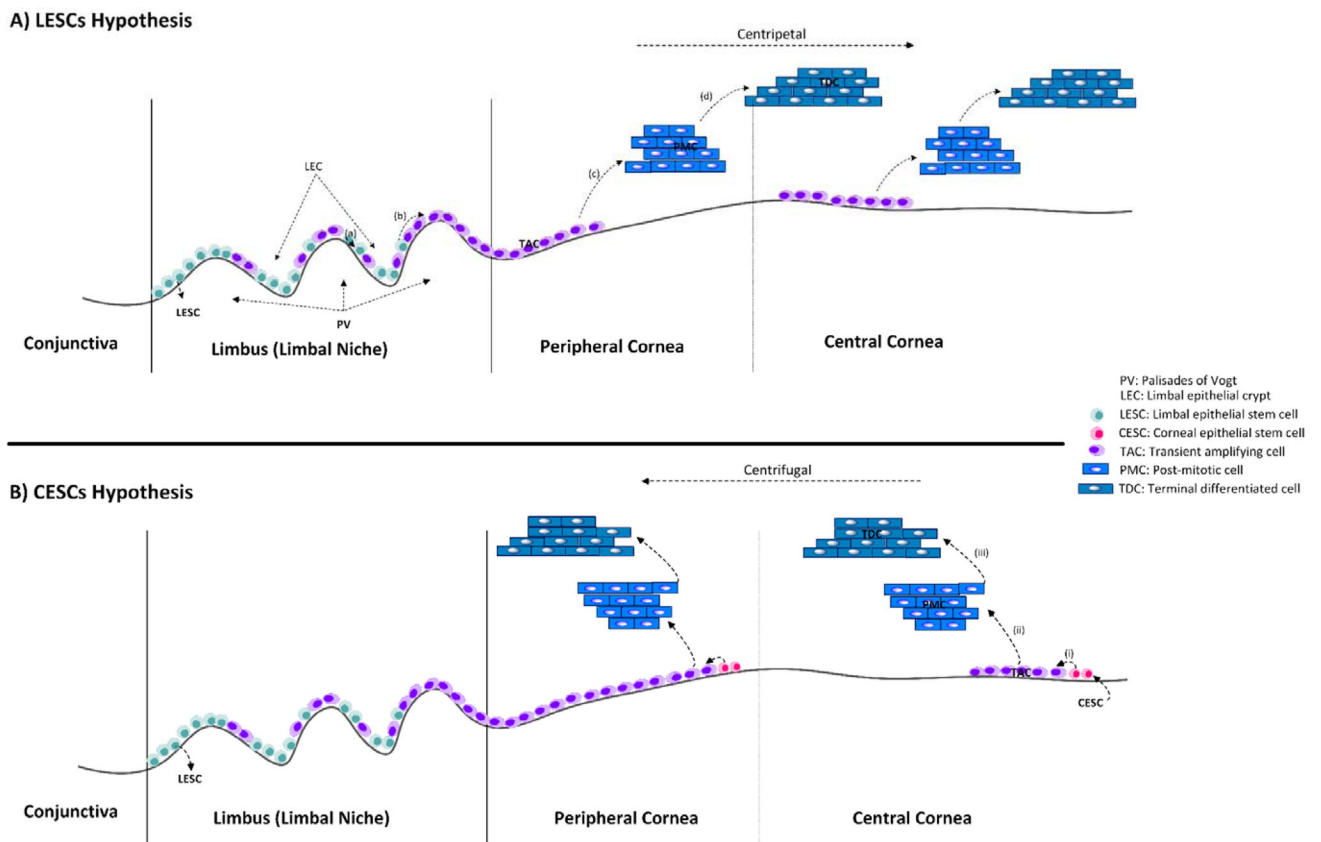


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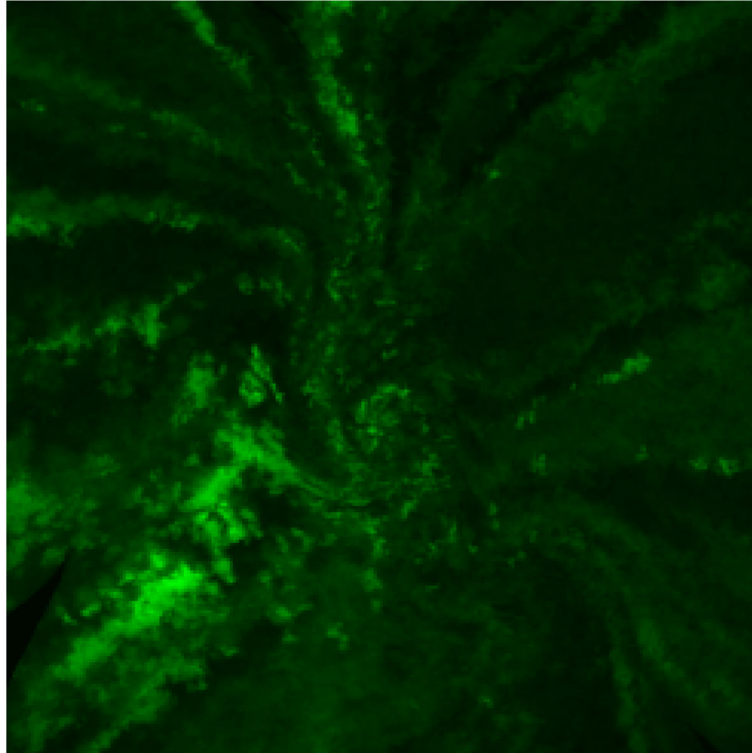
### Key Points

- The “Limbal Epithelial Stem Cells (LESCs) hypothesis” is the most acceptable explanation for the underlying mechanism of limbal and corneal epithelial homeostasis.
- LESCs in the limbus proliferate, differentiate and centripetally migrate for repopulating the corneal epithelial cells both during homeostasis and injuries (LESCs hypothesis).
- Limbal niche is the specialized microenvironment containing cells, extra-cellular matrix and signaling molecules that are necessary for the proper function of the LESCs.
- Limbal niche deficiency could be the principal cause of limbal epithelial stem cell deficiency/dysfunction (LSCD).
- Restoration of the limbal niche is a promising therapeutic approach for most limbal epithelial disorders by using medical and surgical treatments in addition to applying trophic factors and cell therapies.

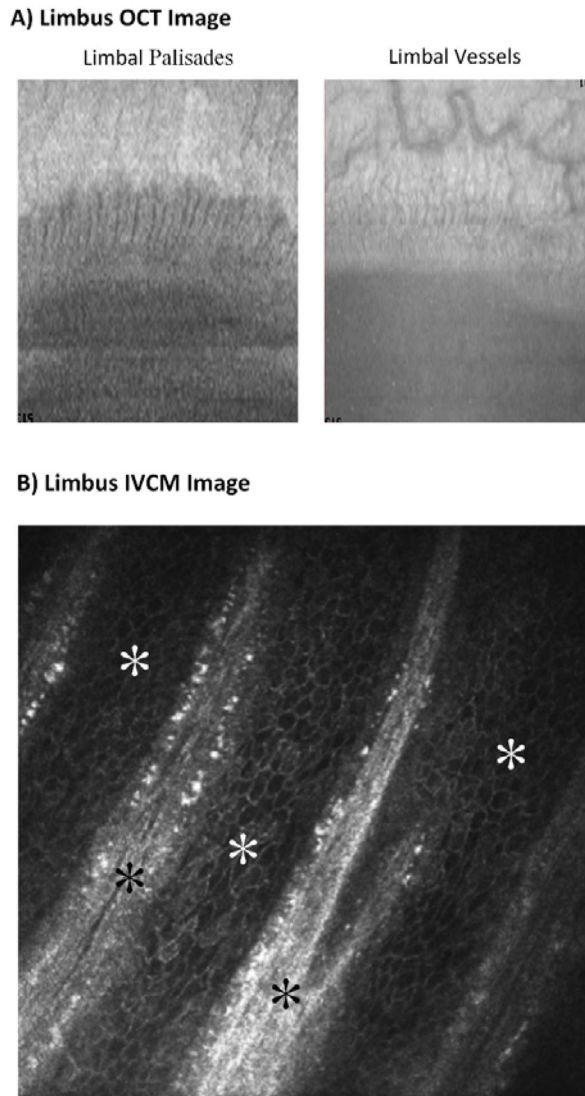


**Figure 1. LESC hypothesis vs CESC hypothesis for describing the underlying mechanism of corneal epithelial homeostasis**

**A)** According to the LESC hypothesis (the one preferred by the authors), the stem cells located in limbal basal epithelium asymmetrically divide and produce transient amplifying cells (TACs) which further divided and produce post-mitotic cells and finally terminally-differentiated cells (TDCs), in addition to anterior and centripetal movement (to the corneal center). **B)** The CESC hypothesis asserts that the CESC located in the basal layer of cornea and limbus are proliferating and differentiating to TACs, PMCs and ultimately TDCs in addition to centrifugal movement (away from corneal center), in the normal epithelial homeostasis. Abbreviations: LEC, Limbal epithelial crypt, PV, Palisades of Vogt, LESC, Limbal epithelial stem cells, TACs, Transient amplifying cells, PMCs, Post-mitotic cells, TDCs, Terminal differentiated cells, CESC, Corneal epithelial stem cells.



**Figure 2. Spiral pattern of GFP-labeled limbal epithelial cells on the corneal surface**  
This pattern illustrates the centripetal movement of LESC cells in the corneal epithelial homeostasis (LESCs hypothesis).



**Figure 3. Ocular Coherence Tomography (OCT) and *In Vivo* Confocal Microscopy (IVCM) of the limbus**

**A)** OCT images demonstrating the limbal palisades and vessels (courtesy of Andre Romano, MD). **B)** IVCM images of limbus showing the palisades of Vogt (black stars) and the limbal basal epithelial cells (white stars, courtesy of Pedram Hamrah, MD).