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Intraoral Salivary Duct Cyst: Clinical and Histopathologic Features of 177 Cases

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Abstract The salivary duct cyst (SDC) is a reactive ductal ectasia most frequently seen in major salivary glands, and likely caused by obstruction. The aim of this study is to define the clinical and histopathologic spectrum of intraoral SDCs. Cases were retrieved from the archives of Harvard School of Dental Medicine/StrataDx, Inc. from January 2012 to August 2014. There were 177 cases of which 103 (58.2%) occurred in females, with a median age of 56 (range 2-95). Approximately half of cases (45.8%) presented in the area of the buccal mucosa, lower lip mucosa, or mandibular vestibule, and 23.2% presented in the floor of mouth. SDCs were lined at least focally by 1-2 layers of cuboidal/columnar epithelium in 85.3% of cases and showed varying degrees of metaplasia (oncocytic, mucous cell, squamous, ciliated, apocrine-like) in 68.4% of cases. Intraluminal mucous stasis was present in 41.8% of SDCs, incipient calcification was present within 4.5% of SDCs, and chronic obstructive sialadenitis was seen in 90.2% of cases. No cysts showed adenomatous ductal proliferations or true papillary structures with fibrovascular cores, although 41.2% exhibited reactive undulation of cyst

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lining. Thirty-nine 'papillary oncocytic cystadenoma-like' SDCs (22.0%) demonstrated complete oncocytic metaplasia and marked undulation. An additional seven such cysts (4.0%) had a 'Warthin tumor-like' lymphoplasmacytic infiltrate. Intraoral SDCs occur most commonly in the sixth decade of life in locations distinct from extravasation mucoceles, likely secondary to intraluminal obstruction. SDCs show diverse histopathology and certain phenotypic variants may be mistaken for papillary oncocytic cystadenoma or Warthin tumor.

KeywordsSalivary duct cyst \cdot Sialocyst \cdot Mucousretention cyst \cdot Cystadenoma \cdot Mucocele \cdot Warthin tumor

Introduction

The salivary duct cyst (SDC), also known as sialocyst, is an acquired cystic dilatation of salivary ducts that is thought to arise secondary to ductal obstruction, which may be transient or persistent [1, 2]. SDCs typically occur in the major salivary glands and 80% occur in the parotid, where they present as unilateral, asymptomatic, compressible nodules in adult patients [3].

SDCs may also occur in the minor salivary glands, where some investigators have used the term mucous retention cyst, or even mucocele [4, 5]. The term salivary duct cyst seems preferable over mucous retention cyst for several reasons. Salivary duct cyst is already commonly used to describe these cysts in the major salivary glands [2, 3]. Mucous retention cyst was initially described as a histopathologic subtype of SDC with identifiable intraluminal mucin and, while not incorrect, does not adequately describe the phenotypic variation seen in these cysts [4]. And lastly, avoidance of the terms *mucous retention cyst*

or *mucous retention phenomenon* emphasizes distinction from the more common mucocele (mucous extravasation phenomenon), which has a different etiology, clinical presentation and histopathology. The conventional mucocele (mucous extravasation phenomenon) is much

 Table 1
 Clinical features of intraoral salivary duct cysts

Gender	
Male	74 (41.8%)
Female	103 (58.2%)
Age	
Median	56 years
Range	2-95 years
Site	
Buccal mucosa/lower lip mucosa/mandibular vesti- bule	81 (45.8%)
Buccal mucosa	29 (16.4%)
Lower lip	28 (15.8%)
Mandibular vestibule	24 (13.6%)
Floor of mouth	41 (23.2%)
Hard or soft palatal mucosa	28 (15.8%)
Upper lip	10 (5.6%)
Tongue	10 (5.6%)
Other ^a	7 (4.0%)
Common clinical diagnoses ^b	
Mucocele	99 (57.9%)
Minor salivary gland tumor	19 (11.1%)
Sialadenitis	15 (8.8%)
Traumatic/irritation fibroma	11 (6.4%)
Salivary duct cyst	11 (6.4%)

^aIncludes lip mucosa, NOS (3), maxillary vestibule (2), retromolar pad (1), lip vestibule, NOS (1)

^bOut of 171 cases with accompanying information



Fig. 1 Mucosal-colored, mildly translucent SDC of left sublingual caruncle

more common in the oral cavity than SDC and is a distinct entity representing mucous extravasation into surrounding connective tissue as a result of traumatic injury to, and loss of integrity of, an excretory salivary duct [6].

There has been considerable confusion regarding the etiology and nomenclature of SDCs as well as their relationship to mucoceles. Many older studies of 'mucoceles' have included both mucoceles and SDCs in their series, with some reporting the data separately and some in aggregate [7–10]. These authors considered SDC to be a histopathologic variant of mucocele that represents a mucous retention phenomenon as opposed to the mucous extravasation phenomenon of conventional mucoceles [11, 12]. Other authors have considered the mucocele as a variant of SDC, generating only further confusion [13]. The aim of this study is to characterize the clinical and histopathologic features of a large series of intraoral SDCs to clarify their etiology and to elaborate on their differential diagnosis.

Table 2 Histopathologic features of intraoral salivary duct cysts

Cyst architecture	
One epithelium-lined cyst	164 (92.7%)
Two or more epithelium-lined cysts	12 (7.3%)
Undulating (papillary-like) lining	73 (41.2%)
True papillae ^a	0 (0.0%)
Adenomatous plaques	0 (0.0%)
Intraluminal secretion	
Mucous	74 (41.8%)
Incipient calcification	8 (4.5%)
Cyst lining	
Cuboidal/columnar	151 (85.3%)
Oncocytic metaplasia	90 (50.8%)
Mucous cell metaplasia	64 (36.2%)
Squamous metaplasia	42 (23.7%)
Ciliated cells	29 (16.4%)
Apocrine-like cells	25 (14.1%)
Basement membrane hyalinization	34 (19.2%)
Inflammatory infiltrate	
Acute	0 (0.0%)
Chronic	74 (41.8%)
Mixed	53 (29.9%)
Total	127 (71.8%)
Chronic obstructive sialadenitis	101 ^b (90.2%)
Papillary oncocytic cystadenoma-like ^c	39 (22.0%)
Warthin tumor-like ^d	7 (4.0%)

^aAs defined by the presence of fibrovascular cores

^bOut of 112 cases with associated minor salivary glands

 $^{\rm c}{\rm As}$ defined by complete oncocytic metaplasia and undulating architecture

^dAs defined by complete oncocytic metaplasia, undulating architecture, and associated lymphoplasmacytic infiltrate

Materials and Methods

Cases diagnosed as SDC were identified in a 20-month period from January 2012 to August 2014 from the archives of StrataDX, the surgical pathology laboratory affiliated with the Harvard School of Dental Medicine in Boston, MA, USA. All cases fulfilled the diagnostic criteria for SDC, namely the presence of one or more cystically dilated salivary ducts with no evidence of duct rupture or mucous extravasation [4]. Sialoliths within ectatic ducts were excluded. Submitting pathology requisition forms and hematoxylin and eosin (H&E) slides were available in all instances and clinical and histopathologic features were documented.

Results

One hundred and seventy-seven cases of SDC were identified. The male:female ratio was 1:1.4. The median age was 56 years (range 2–95) (Table 1). The contiguous area of the buccal mucosa, lower lip mucosa, and mandibular vestibule represented the most common location of SDCs (45.8%); the lower lip mucosa was affected in only 15.8% of cases. The single most common site was the floor of mouth (23.2%). Lesions were clinically described as nodules that were most often yellow/white or blue. In the majority of cases, mucocele was the diagnostic impression at the time of excision (Fig. 1).

Histopathologic features are summarized in Table 2. A single epithelium-lined cyst was noted in 92.7% of cases and two or more cystic structures in 7.3% of cases (Fig. 2a, b). Intraluminal mucin was present in 41.8% of cysts and this varied from focal mucin accumulation to a well-formed mucous plug (Fig. 2c). Focal, incipient calcification was present within 4.5% of cysts (Fig. 2d). The cysts were lined, at least partially, by 1–2 layers of flattened, cuboidal-columnar epithelium in 85.3% of cases (Fig. 3a) and exhibited metaplasia ranging from focal to complete involvement of the lining in 68.4% of cases. The most common metaplastic changes were oncocytic (50.8%), mucous cell (36.2%) and squamous (23.7%); ciliated cell metaplasia (16.4%) and apocrine-like metaplasia (14.1%) were less commonly noted (Fig. 3b–f). In addition, 40.1% of cysts

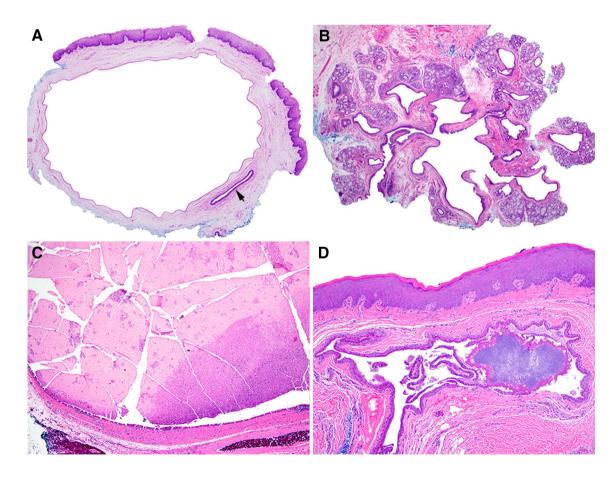


Fig. 2 a Typical SDC with cystically dilated excretory duct, uninvolved excretory duct (*arrow*) is noted bottom right (\times 40). b SDC involving excretory duct as well as multiple smaller intralobular ducts

located within distinct minor salivary gland lobules (\times 40). **c** SDC with intraluminal mucous plug (\times 40). **d** Early calcification occurring within longstanding SDC (\times 100)

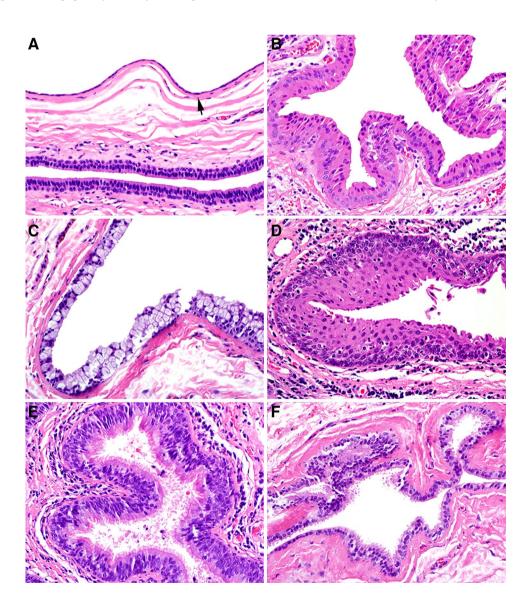
showed more than one type of metaplasia. Hyalinization of the basement membrane zone beneath the cyst lining was noted in 19.2% of cysts. An acute or chronic inflammatory infiltrate that was generally mild to moderate was present in 71.8% of cysts (Fig. 4a). Chronic obstructive sialadenitis, as defined by ductal dilatation, acinar atrophy, interstitial fibrosis, and interstitial inflammation, was present in 90.2% of cases within associated minor salivary gland lobules (Fig. 4b, c). Many salivary gland lobules exhibited metaplasia of intra- and extra-lobular ductal epithelium, similar to changes seen in the associated SDC (Fig. 4d).

A prominent undulating architecture of the cyst lining was present in 41.2% of cases (Fig. 5a); however, no true papillary structures with fibrovascular cores and no adenomatous plaques, as seen in papillary cystadenoma, were identified. SDCs that were characterized by complete oncocytic metaplasia and undulating architecture of the cyst lining were designated as 'papillary oncocytic cystadenoma-like' and comprised 20.3% of cases (Fig. 5b). A further 3.6% of cases had, in addition to the aforementioned features, a prominent lymphoplasmacytic inflammatory infiltrate surrounding the cyst and were designated as 'Warthin tumor-like' (WT-like) (Fig. 4e, f).

Discussion

SDCs are not uncommon in the oral cavity but occur much less frequently than mucoceles. Over the same 20-month time period, 2275 mucoceles were accessioned, and SDCs comprised 7.8% of the total of these two entities. SDCs and mucoceles both present clinically as asymptomatic nodules but with two important clinical differences. First, mucoceles show a striking predilection for the lower lip mucosa (59–82%) [6, 14, 15], a frequent site of trauma; SDCs are more evenly distributed

Fig. 3 a SDC (top, arrow) lined by 1-2 layers of low cuboidal/columnar epithelium and juxtaposed to normal excretory duct epithelium (*bottom*) consisting of columnar luminal and cuboidal abluminal cells (×400). **b** Cyst lining exhibiting oncocytic metaplasia (×400). c Cyst lining exhibiting mucous cell metaplasia (×400). d Cyst lining exhibiting squamous metaplasia (×400). e Cyst lining exhibiting ciliated cell metaplasia (×400). f Cyst lining exhibiting apocrine-like metaplasia (×400)



between the contiguous area of the buccal mucosa/lower lip mucosa/mandibular vestibule, the floor of mouth, and the hard/soft palatal mucosa (84.8% in aggregate), sites less prone to trauma. Only 15.8% of SDCs occurred on the lower lip mucosa. Second, mucoceles are most common in the first to fourth decades of life whereas SDCs are most common in the sixth decade of life [6, 14, 15].

The histopathology of SDC is diverse, as is typical for reactive conditions. The majority of cysts (85.3%) were lined at least focally by 1–2 layers of cuboidal or columnar epithelium, consistent with normal salivary duct phenotype. In addition, 68.4% of cysts showed at least some evidence of metaplastic change, as may be seen in salivary obstructive disease [16, 17]. This was most commonly oncocytic (50.8%) or mucous cell (36.2%) metaplasia, with squamous (23.7%), ciliated cell (16.4%), and apocrine-like (14.1%) metaplasia noted less often. SDC with oncocytic metaplasia has previously been referred to as oncocytic sialocyst [4]. Apocrine-like cells may represent true apocrine differentiation but more likely only

appear apocrine morphologically and instead represent heterophagy of stagnant secretory material [18].

Importantly, 41.8% of SDCs showed evidence of mucous stasis, which suggests that nearly half of SDCs had an identifiable cause of obstruction. Mucous stasis varied from focal intraluminal mucin to a well-formed mucous plug that obstructed the cyst lumen, supporting the hypothesis that SDCs develop secondary to idiopathic stasis in secretion [1, 2, 4]. The fact that approximately half of SDCs had patent lumens and that rare SDCs (4.5%) showed focal intraluminal calcification suggests that this stasis transiently resolves or on occasion provides a nidus for sialolith formation [19]. Over time, sufficient calcification may occur for the clinical presentation to be of a firm mass suspicious for a sialolith. In these cases lesional tissue consists primarily of the excised sialolith, with or without scant fragments of excretory duct epithelium peripherally attached. However, as the most common site for minor salivary gland sialoliths is the upper lip, where only 5.6% of SDCs occur, it is likely that sialolith formation is an uncommon consequence of SDC [20, 21].

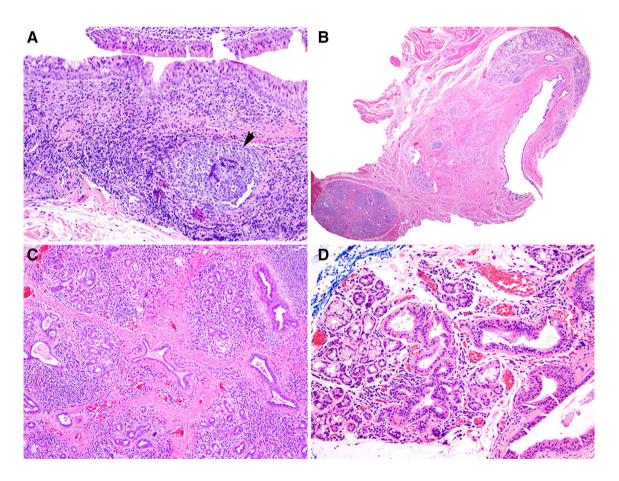


Fig. 4 a Inflamed SDC exhibiting metaplastic changes and moderate chronic inflammation with germinal center formation (*arrow*) (×200). **b** Minor salivary gland lobule proximal to SDC exhibiting severe chronic obstructive sialadenitis (×20). **c** Chronic obstructive

sialadenitis characterized by acinar atrophy, ductal dilatation, interstitial fibrosis, and interstitial chronic inflammation (\times 100). **d** Chronic obstructive sialadenitis exhibiting metaplasia of intralobular ductal epithelium (\times 200)

Additionally, 41.2% of SDCs had a noticeably undulating cyst lining. The fact that this finding tended to occur in cysts with patent lumens suggests that these undulations simply represent folding over of distended cystic epithelium after resolution of mucous stasis and collapse of SDC, and should not be interpreted as papillary proliferations. This is the same undulating architecture that is also frequently seen in collapsed mucoceles.

Chronic obstructive sialadenitis, with intraparenchymal ductal epithelium frequently exhibiting dilatation and metaplastic change as seen in the adjacent SDC, was seen in 90.2% of cases, further supporting the hypothesis of an obstructive etiology. Occasional SDCs consisted of multiple cystic compartments within multiple adjacent salivary gland lobules. This likely is secondary to dilatation of intralobular ducts proximal to the source of obstruction, and should be distinguished from tangential sectioning of a solitary, tortuous SDC where the cystic cavities are closely approximated.

The differential diagnosis for SDC includes cystadenoma and low-grade mucoepidermoid carcinoma (LG-MEC).

Cystadenoma is a well-circumscribed or encapsulated neoplasm consisting of a proliferation of ducts that most commonly occurs in the parotid but may arise in other sites; histopathologic variants include papillary cystadenoma, papillary oncocytic cystadenoma, and papillary mucinous cystadenoma [3]. Thirty-nine 'papillary oncocytic cystadenoma-like' SDCs (22.0%) in this series were characterized by complete oncocytic metaplasia of the cyst lining with a prominent undulating architecture reminiscent of the papillary infoldings of a cystadenoma. However, none of these exhibited true papillae with fibrovascular cores, adenomatous plaques, or encapsulation, as often seen in cystadenoma. There have been less than 35 reported cases of papillary cystadenoma arising in minor salivary glands [22–42]. Careful review of published photomicrographs suggests that some of these cases may, in fact, represent SDCs with extensive oncocytic metaplasia and a reactive undulation to the cyst lining [25, 26, 33-35, 38, 39]. One large case series illustrates both SDC and cystadenoma [42].

LG-MEC consists of an unencapsulated proliferation of mucous, intermediate, and epidermoid cells and may

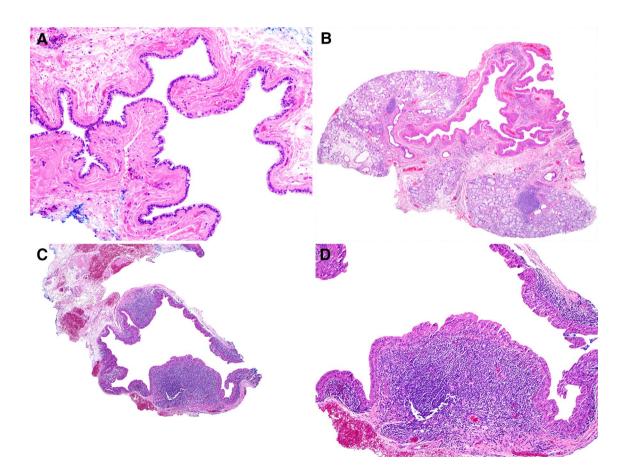


Fig. 5 a SDC with prominent undulating lining representing collapse of previously distended cyst; true papillae with fibrovascular cores are not seen. b Collapsed 'papillary oncocytic cystadenoma-like' SDC with undulating cyst lining and uniform oncocytic metaplasia, but no

papillae. **c**, **d** 'Warthin tumor-like' SDC with undulating cyst lining, uniform oncocytic metaplasia, and prominent lymphoplasmacytic inflammatory infiltrate subjacent to cyst lining

enter the differential diagnosis when consisting mostly of cystic structures or a single large cyst [43, 44]. However, the cystic components show tumor plaques with a complex arrangement of mucous, intermediate, and epidermoid cells and the tumor should show at least focal evidence of stromal invasion by solid areas. Moreover, p63 is typically diffusely expressed in MEC while positivity is restricted to the basal/abluminal cells of SDC and cystadenoma, and this may aid in the differential diagnosis [45, 46].

There have been less than 25 reported cases of intraoral Warthin tumor, [47] as reviewed by Iwai et al. [48] WT is a benign, polyclonal tumor of unknown etiology with nearexclusive involvement of the parotid (sometimes bilateral), an association with smoking, and a male predilection [49-51]. An origin from heterotopic salivary gland tissue within lymph nodes is favored based on the predilection of WT for the parotid, the occasional occurrence of WT within periparotid lymph nodes, and the rare finding of nodal lymphomas, tuberculosis, and metastatic deposits within the lymphoid stroma of WT [52-55]. Seven 'WTlike' SDCs (4.0%) in this series were characterized by complete oncocytic metaplasia of the cyst lining, an undulating architecture, and a prominent lymphoplasmacytic infiltrate. However, these did not have the intense (primarily lymphocytic) infiltrate of parotid WT, true papillae with fibrovascular cores, and intraluminal eosinophilic proteinaceous material. A careful review of all reported cases with accompanying photomicrographs showed histopathologic features consistent with these seven WT-like SDCs. True 'intraoral WT' are difficult to explain and may represent a florid inflammatory response to an SDC [56].

Conclusion

In conclusion, intraoral SDCs are a reactive ductal ectasia that develop secondary to intraluminal obstruction and may reach a size that warrants clinical attention. They are most common in the sixth decade of life and are frequently seen in the area of the buccal mucosa/lower lip mucosa/mandibular vestibule or in the floor of mouth. Unlike mucoceles, they are not caused by trauma. Histopathologically they can exhibit oncocytic, mucous and squamous metaplasia and certain phenotypic variants should not be misdiagnosed as papillary oncocytic cystadenoma or interpreted as evidence of intraoral WT.

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Compliance with Ethical Standards

Conflict of interest The authors declare that they have no conflict of interest.

Ethical Approval This article does not contain any studies with human participants or animals performed by any of the authors.

Informed Consent Informed consent was not obtained as this study consists of secondary research performed on excess tissue of specimens used for diagnostic purposes. Research was conducted using deidentified samples and private patient information was not accessed at any point during the design of the study, data collection/interpretation, or manuscript preparation.

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