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Longitudinal genomic surveillance of MRSA in the UK reveals transmission patterns in hospitals and the community

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Abstract

Genome sequencing has provided snapshots of the transmission of methicillin-resistant Staphylococcus aureus (MRSA) during suspected outbreaks in isolated hospital wards. Scale-up to populations is now required to establish the full potential of this technology for surveillance. We prospectively identified all individuals over 12 months who had at least one MRSA positive sample processed by a routine diagnostic microbiology laboratory in the East of England, which received samples from three hospitals and 75 general practitioner (GP) practices. We sequenced at least one MRSA isolate from 1,465 individuals (2,282 MRSA isolates) and recorded epidemiological data. An integrated epidemiological and phylogenetic analysis revealed 173 transmission clusters containing between 2 and 44 cases and involving 598 people (40.8%). Of these, 118 clusters (371 people) involved hospital contacts alone, 27 clusters (72 people) involved community contacts alone, and 28 clusters (157 people) had both types of contact. Communityassociated and hospital-associated MRSA lineages were equally capable of transmitting in the community, with instances of spread in households, long-term care facilities and GP practices. Our study provides a comprehensive picture of MRSA transmission in a sampled population of 1,465 people, and suggests the need to review existing infection control policy and practice.

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Author contributions: M. E. T. and S. J. P. designed the study, wrote the study protocol and case record forms, obtained ethical and research and development approvals for the study, and supervised the data collection. N.M.B., R.M.K and B.P. were responsible for isolating and identifying MRSA in the diagnostic microbiology laboratory, and provided expert opinion relating to infection control. F.C. undertook the epidemiological and bioinformatic analyses with contributions from E.M.H., M.S.T., and S. R., B.B. and K.E.R. conducted the laboratory work. J.P. supervised the genomic sequencing. F.C. and S.J.P. wrote the first draft of the manuscript. S.J.P. supervised and managed the study. All authors had access to the data and read, contributed and approved the final manuscript.

Competing interests: N.M.B. is on the advisory board for Discuva Ltd. S.J.P. and J.P. are paid consultants for Specific™. All other authors declare that they have no competing interests.

Data and materials availability: The whole genome sequences from this study have been deposited at European Nucleotide Archive under study accession number PRJEB3174. Run accession numbers are listed in Supplementary Data 1.

Introduction

Staphylococcus aureus is responsible for a high proportion of community-associated invasive and soft-tissue infections, and is a leading cause of healthcare-associated infections (1). This burden is compounded by infection with methicillin-resistant Staphylococcus aureus (MRSA), which results in increased mortality and hospitalization costs and longer hospital stays compared to methicillin-susceptible S. aureus infections (2). Successful reduction of MRSA infection rates depends on preventing MRSA transmission and detecting and containing outbreaks (3). Understanding the settings and circumstances under which MRSA evades current infection control measures is central to designing new strategies to reduce transmission.

MRSA carriage and infection has historically been associated with healthcare settings. Recent studies have demonstrated the value of applying whole-genome sequencing to define the spread of MRSA (4–10) and a range of other pathogens in hospitals. Whole-genome sequencing provides the ultimate resolution to discriminate between bacterial isolates, and when combined with epidemiological data enables the reconstruction of transmission networks. Previous studies have largely focused on suspected outbreaks (4–6), or transmission in high-risk settings such as intensive care units (7–10). These snapshots have confirmed the potential of whole-genome sequencing to confirm or refute outbreaks, but the value that could be derived from applying this to entire populations, including those that bridge the divide between hospitals and the community, is unknown. Here, we report the findings of a 12-month prospective study of all MRSA-positive individuals detected by a large diagnostic microbiology laboratory in the East of England in which an integrated analysis of epidemiological and sequence data provided a full picture of MRSA transmission.

Results

Study participants and MRSA isolates

We identified 1,465 MRSA-positive individuals in the East of England over a 12-month period (April 2012 and April 2013) by screening all samples submitted to a diagnostic microbiology laboratory by three hospitals and 75 GP practices (see Fig. 1 for geographical distribution). Cases had a median age of 68 years [range newborns to 101 years, interquartile range (IQR) 46 to 82 years]. We sequenced 2,282 isolates cultured from their multisite screens ($n=1,619$) or diagnostic specimens ($n=663$), which equated to one isolate from 1,006 cases and a median of 2 isolates (range 2-15, IQR 2 to 3) from 459 cases (see Supplementary Methods for rationale for selecting isolates for sequencing and fig. S1 for number of isolates sequenced per case). Around 80% of sequenced MRSA isolates were from samples submitted by the three study hospitals (1,453 multisite screens and 372 diagnostic specimens), with the remainder submitted by GP practices (166 multisite screens and 291 diagnostic specimens). Multi-locus sequence types (STs) were derived from sequence data, which revealed that the majority of isolates belonged to clonal complex (CC) 22 (1,667/2,282, 73%), the predominant healthcare-associated lineage in the United Kingdom (UK) (11). This was followed in frequency by CC30 (n=129, 5.6%), CC5 (n=108,

4.7%), CC1 (n=105, 4.6%) and CC8 (n=87, 3.8%) (see table S1 for CC designation of the entire collection). Supplementary Methods provides a detailed description of the patient data collected, microbiology, sequencing methodology and sequence data analyses, and fig. S2 shows a flowchart summarizing the data types used and analyses.

Integration of genomic and epidemiological data

We initially divided the 2,282 MRSA isolates into clusters containing isolates that were no more than 50 single-nucleotide polymorphisms (SNPs) different based on core genome comparisons. (Supplementary Methods describes the rationale for the cut-off used.) This led to the identification of 173 separate phylogenetic clusters. MRSA isolated from more than half of cases (785/1465, 53.6%) were genetically linked to MRSA from at least one other case based on isolates belonging to the same cluster. The next step was to apply epidemiological data (hospital admission and ward movement data, GP registration and residential postcode) to this clustering framework to determine links between cases within each cluster, which ignored the traditional categorization of lineages as communityassociated or hospital-associated. Figure S3 provides an overview of how the bacterial phylogeny and patient epidemiological data were integrated to define and classify transmission clusters. This revealed that 598/785 (76.2%) cases had an identifiable MRSApositive contact with at least one other study case in a hospital setting and/or in the community (Table 1).

It is possible for epidemiological links between MRSA-positive individuals to arise by chance when MRSA carriers are admitted to hospital wards or other healthcare facilities with a high patient turnover or a proportionately higher prevalence of MRSA cases than the hospital or community averaged baseline. To assess the potential impact of this we determined the strength of epidemiological links between people with genetically unrelated isolates (separated by more than 50 SNPs). This was achieved by a systematic pairwise comparison of 1040 cases with MRSA CC22. A total of 540,280 unique pairwise case comparisons were made, of which 534,417 had more than 50 SNPs (table S2). The instances of shared wards, GP practices, and postcodes was uncommon (wards/GP practices) or very rare (postcodes) for case-pairs positive for unrelated CC22 MRSA (table S2). This analysis led us to classify shared postcodes (present in 0.04% of genetically unrelated cases), GP practice and ward contacts (<1% of genetically unrelated cases) other than the Accident and Emergency Department (6.91%) as strong epidemiological links.

Admission to the same hospital (particularly hospital A) was common in unrelated cases and considered a weak epidemiological link.

Each case was paired with the individual whose MRSA isolate was the closest genetic match, after which the genetic distance between each MRSA pair was plotted against six different categories of epidemiological contact (Fig. 2). This demonstrated a direct relationship between bacterial relatedness and strength of epidemiological contact.

Evidence of MRSA transmission in the community

Twelve per cent of cases (72/598) with both bacterial and epidemiological links could be resolved into 27 distinct community transmission clusters. MRSA lineages regarded as

community-associated (CA-MRSA) --- which in the UK included CC1, CC5, CC8, CC45 and CC80 --- were associated with 9 separate community transmission clusters (Table 1). However, most community clusters involved hospital-associated lineages [17 separate CC22 clusters involving 50/72 cases (69%), and one CC30 cluster involving 3/72 cases (4%)]. To contextualize the MRSA CC22 isolates associated with transmission in the community, we constructed a phylogenetic tree containing all CC22 study isolates. This showed that CC22 associated with community clusters were scattered throughout the phylogenetic tree, interspersed with clusters associated with cases with hospital contacts alone (Fig. 3). This indicates that CC22 isolates that were transmitted in the community belonged to the wider CC22 population, with no evidence for specific genetic subsets. We also identified transmission clusters relating to three independent GP practices, the largest of which contained 13 cases. All cases with shared postcodes were further investigated to determine whether they shared a residential address. This confirmed that MRSA transmission had occurred in at least eleven separate households (25 cases) and in eight long-term care facilities (22 cases) (Table 1). A pictorial representation of exemplars of transmission at a GP practice, long-term care facility and household is shown in fig. S4, A-C.

Evidence of MRSA transmission in hospitals

More than half of cases with epidemiological and bacterial genomic links (371/598, 62%) resided in transmission clusters with hospital contacts, of which 255 cases had ward contacts. The 371 cases were resolved into 118 different clusters each involving between 2 and 44 individuals (Table 1). We narrowed down further investigation to those clusters that contained five or more patients (9 clusters, see table S3 for details), and evaluated these for instances of direct ward contact (same ward, overlapping admission dates) or indirect ward contact (same ward, no overlap in admission dates). Where available, the presence of a negative MRSA culture followed by a positive MRSA culture was interpreted as additional evidence of hospital acquisition. The specific ward where MRSA had been putatively acquired could be determined in 3 of the 9 clusters, one of which is depicted in Fig 4A. This ward-centric pattern occurred in two different hospitals and across different clonal complexes (CC22, CC30 and CC15). Of note, we observed that there was a time delay between presumptive acquisition date and first clinical detection of MRSA-positivity in most cases (6/8, 3/4 and 3/5 patients). For the remaining six hospital clusters, multiple wards in the same hospital were plausible places of acquisition. We also observed a pattern of transmission that centered around specific individuals in which the movement of a single, persistently MRSA positive index patient through multiple wards resulted in MRSA acquisition by numerous others patients. This patient-centric pattern of transmission was identified in three transmission clusters (Fig. 4B, Fig $S2 \to \& F$) and was observed in two different hospitals and for two clonal complexes (CC22 and CC30). Acquisition by other cases was associated with a high rate of indirect ward acquisition.

MRSA transmission at the hospital-community interface

We identified 28 clusters (157 cases) that contained a mixture of people with community and hospital epidemiological links (Table 1). Further analysis of 15 clusters that contained five or more cases (detailed in table S3) revealed instances of community-onset transmission followed by onward nosocomial dissemination, and hospital-onset transmission followed by

nosocomial and community spread in CC30 and CC22 clusters. A pictorial representation of exemplars of these transmission patterns is shown in fig. S4, D-F.

Discussion

Our findings have important implications for infection control policy and practice. MRSA transmission in our study population was not attributable to large nosocomial outbreaks, but resulted from the cumulative effect of numerous clinically unrecognized episodes. We detected 173 separate genetic clusters that mapped to numerous different locations over the course of 12 months, which is indicative of repeated lapses in infection control. There are several explanations for extensive unrecognized transmission, including lack of hospital discharge swabbing, and the fact that place of acquisition is often different to the place of detection and separated by a period of days, weeks or months. This indicates the need for outbreak investigations to widen their scope in time and place when considering potential MRSA contacts.

Standard infection control practice centered on a ward-based approach may also fail to detect the impact of longitudinal patient-centric transmission. We identified a critical role for some persistent carriers who spread MRSA in multiple wards during complex healthcare pathways. This frequently involved indirect transmission, in which apparent acquisition by a new case occurred after the index case had left the ward, which is suggestive of environmental contamination or colonized healthcare workers. Further studies are needed to identify host factors responsible for persistent carriage associated with a high risk of MRSA transmission to facilitate risk stratification and targeted allocation of isolation facilities where these are a limited resource.

It is generally accepted that the majority of MRSA lineages have either become adapted to persist and spread in hospitals, or are sufficiently fit to compete with other S. aureus lineages associated with community-associated carriage (12). CC22 is the predominant healthcareassociated MRSA lineage in the UK $\langle \sim 70\% \rangle$ followed in frequency by CC30, and most ongoing MRSA transmission is assumed to occur in healthcare settings. We expected that most clusters caused by CC22 and CC30 MRSA would map to hospitals, but instead found considerable CC22 transmission in the community. Furthermore, clusters associated with community transmission of MRSA CC22 were distributed across the CC22 phylogeny and were interspersed with hospital-related clusters. This provides definitive evidence for the spread of so-called hospital-associated lineages such as CC22 through transmission networks that include the community. The repeated introduction of MRSA from the community into hospitals and vice versa signals the need for more robust action to detect and tackle community-associated carriage.

By including patient epidemiological information, we found that residential postcodes and GP registration information were strong epidemiological markers of MRSA transmission. Sharing the same postcode or GP practice by two or more MRSA-positive patients often indicated an outbreak, some of which spanned several months. Our findings support the routine collection of postcodes and GP registration as an integral part of routine surveillance to capture putative MRSA outbreaks in the community. This could guide a targeted approach

We acknowledge several limitations of this study. The study design did not include longitudinal or discharge MRSA screening in hospitals, or screening of environmental reservoirs and healthcare workers. Furthermore, sampling of the community was opportunistic and relied on samples submitted to the diagnostic microbiology laboratory. We acknowledge that this would mean failure to detect some MRSA carriers involved in our transmission clusters, and that undetected carriers result in incomplete transmission routes being reconstructed. Non-sampled carriers explain why the MRSA isolate from 680 cases was not linked to the MRSA from any other case, and why 193 cases whose isolate resided in a genetic cluster had no identifiable epidemiological contact. Despite detecting multiple transmission clusters, we are also likely to have underestimated the full extent of MRSA transmission attributable to nosocomial and community sources because of undersampling of the entire population served by the diagnostic laboratory at Cambridge University Hospitals.

In conclusion, we provide evidence for the value of integrated epidemiological and genomic surveillance of a population that accesses the same healthcare referral network in the East of England. The large number of patients screened here allowed us to sample MRSA lineages that are not dominant in the UK but are endemic in other areas of the world including USA300 (prevalent in the United States) (13), the European CA-MRSA CC80 (14), and the Taiwanese CC59 clone (prevalent in Asia) (15). The identification of transmission clusters involving these lineages in hospitals, the community and at the hospital-community interface suggest that our findings may be applicable to other UK regions and other countries.

Materials and Methods

Study design

We conducted a 12-month prospective observational cohort study between April 2012 and April 2013 to identify consecutive individuals with MRSA-positive samples processed by the Clinical Microbiology and Public Health Laboratory at the Cambridge University Hospitals NHS Foundation Trust (CUH). This facility received samples from three hospitals (referred to as A, B and C) and 75 GP practices in the East of England. All hospital inpatients were routinely screened for MRSA on admission to hospital, and screening was repeated weekly in critical care units. Compliance with mandatory admission screening at the three study hospitals was 85-90%. Additional clinical specimens were taken as part of routine clinical care. In the community, there was no formal MRSA screening and specimens were taken by GPs or community nursing teams for clinical purposes, meaning that coverage was not complete. Epidemiological data (including hospital ward stays and residential post codes) were recorded for all MRSA-positive cases. Detailed methodology is provided in Supplementary Methods, and a flowchart summarizing the data types and analyses undertaken is shown in fig. S2. The study protocol was approved by the National Research Ethics Service (ref: 11/EE/0499), the National Information Governance Board Ethics and Confidentiality Committee (ref: ECC 8-05(h)/2011), and the Cambridge

University Hospitals NHS Foundation Trust Research and Development Department (ref: A092428).

DNA sequencing and genomic analyses

A total of 3,053 MRSA isolates were collected during the study, of which 2,320 were selected for whole-genome sequencing. A detailed description of the rationale for selecting isolates for sequencing and genomic methodologies is provided in Supplementary Methods. In brief, DNA was extracted, libraries prepared and 100-bp paired end sequences determined for 2,320 isolates on an Illumina HiSeq2000, as previously described (11). Of these, 2,282 were further analysed after passing quality control (see Supplementary Methods). Genomes were de novo assembled using Velvet (16). STs were derived from assemblies and CCs assigned. All isolates assigned to the same CC were mapped using SMALT [\(http://](http://www.sanger.ac.uk/science/tools/smalt-0) www.sanger.ac.uk/science/tools/smalt-0) to the most closely related reference genome. SNPs were identified from BAM files using SAMTOOLS (17). SNPs at regions annotated as mobile genetic elements were removed from whole-genome alignments and maximum likelihood trees created using RAxML (18) for each CC. Pairwise genetic distances between isolates of the same CC were calculated based on the number SNPs in the core genome. Sequence data were submitted to the European Nucleotide Archive ([www.ebi.ac.uk/ena\)](http://www.ebi.ac.uk/ena) under the accession numbers listed in Supplementary Data 1.

Epidemiological analysis

We established epidemiological links between each pair of MRSA-positive individuals (termed case-pairs) through a systematic comparison. Hospital contacts were categorized as follows: direct ward contact if a case-pair was admitted to the same ward with overlapping dates of admission; *indirect ward contact* if admitted to the same ward with no overlapping dates; *direct hospital-wide contact* if admitted to the same hospital in different wards with overlapping dates, and *indirect hospital-wide contact* if admitted to the same hospital in different wards with no overlapping dates. We identified episodes of hospital admission for each case in the 12-month period prior to their first MRSA-positive sample. Information on outpatient clinic appointments was not available. Community contact was classified if cases shared a postcode or had their MRSA-positive sample submitted by the same GP practice. Community contacts were further categorized as household contact if people shared a residential address; long-term care facility contact if they lived in the same long-term care facility; or *GP contact* if they were registered with the same GP practice. Information on GP visits were not available other than that recorded for cases with MRSA swabs collected at GP practices. In a few instances, cases shared the same postcode but lived at a different residential address. In a minority of cases, patient addresses could not be retrieved from clinical records and were classified as 'unresolved'. We studied cases positive for MRSA CC22 to determine the frequency of different types of epidemiological contact among genetically unrelated cases, using a pairwise SNP distance greater than 50 SNPs. This analysis led us to consider epidemiological links as strong if they were ward contacts (other than Accident & Emergency visits), GP contacts or shared postcodes, and weak if they were hospital-wide contacts and Accident & Emergency visits (see Supplementary Methods for details).

Identification of putative MRSA transmission

Selecting a SNP cut-off to define MRSA transmission clusters was informed by two independent lines of evidence. First, we established the genetic diversity of the same MRSA clone in a single individual (pool of diversity) in 26 cases with more than one isolate (range 2 to 3, median 2) from independent samples cultured on the same day. The maximum genetic distance of MRSA in each case ranged from 0 to 41 SNPs (median 2, IQR 1 to 3), which is comparable to the maximum within-host diversity reported elsewhere (19–21). In parallel, we selected the single largest phylogenetic cluster containing isolates from cases with strong epidemiological links (13 cases, a putative outbreak) and established that the pairwise genetic distance between cases ranged from 0 to 48 SNPs. We constructed CCbased phylogenetic trees and then sub-divided each tree into clusters based on a SNP distance of no more than 50, and looked for hospital and community contacts between cases residing in the same genetic cluster. Clusters were categorized as containing community contacts alone; hospital contacts alone; community AND hospital contacts; or no known hospital/community contacts. For clusters with hospital and/or community contacts involving five or more cases, we incorporated individual patient movement data (for inpatients), sampling dates, MRSA screen results and bacterial phylogeny to identify the most plausible MRSA source. Supplementary Materials and Methods and figs. S2 and S3 describe in more detail how genomic and epidemiological data were integrated to identify and classify transmission clusters.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

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One Sentence Summary

Longitudinal genomic and epidemiological surveillance of methicillin-resistant Staphylococcus aureus (MRSA) in the UK reveals extensive transmission in hospitals and the community.

Editor's Summary

Genome sequencing of methicillin-resistant Staphylococcus aureus (MRSA) has been successfully applied to investigate suspected outbreaks. Coll et al. extended its application to the genomic surveillance of MRSA from 1465 people identified over 12 months by a diagnostic laboratory in the East of England. This identified 173 putative outbreaks involving 598 patients and included hospital outbreaks, those spanning between the hospital and community, and community outbreaks between people registered with the same GP practice or living in the same household or long-term care facility. Sequencing is a powerful tool that could be used to identify outbreaks as they happen.

Fig. 1. Map showing the study catchment area in the East of England.

The locations of hospitals (n=3), GP practices (n=75) and postcode districts are shown for the 1,465 study cases. Postcode districts are color-coded to show the number of MRSA positive cases sampled in each district. A total of 5,012,137 residents lived in the highlighted districts $(16,240 \text{ km}^2)$ according to the 2011 UK Census.

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Fig. 2. Pairwise comparison between MRSA relatedness and type of patient contact.

For each case, the most closely related MRSA isolate from another case was identified and the epidemiological contact of each case-pair defined. The number of cases in each epidemiological category is shown as a function of the genetic distance. Panels A to D show the genetic distance distribution for cases with hospital contacts alone. Direct contact refers to a link in the same time and place (ward or hospital). Indirect contact refers to a link in the same place but different time. Panel E shows community contacts. Cases with neither hospital nor community contacts are shown in panel F. Only cases with MRSA isolates from clonal complexes found in at least one other patient in the population are shown (n=1,459).

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Fig. 3. Transmission clusters color coded on the CC22 phylogeny.

Maximum likelihood tree generated from 34,600 SNP sites in the core genome is shown for 1,667 CC22 isolates. Colors refer to type of epidemiological links in clusters of genetically related isolates (maximum 50 SNPs) from multiple cases.

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Fig. 4. Exemplars of two patterns of nosocomial MRSA spread

(**A**) Ward-centric pattern. Eight patients in this transmission cluster had ward contacts in ward B2 and B21, including admission overlaps. Of note, the putative epicenter of transmission was in wards B2 or B21, but the outbreak strain was isolated on later admissions in 6 of the 8 patients, 3 of which (1090, 727 and 762) were first detected at a different hospital (hospital A) from where they had putatively acquired it (i.e. in hospital B). **B**. Patient-centric pattern. Six patients had stayed in wards visited by patient 388 (i.e. A49, A80 and A59) prior to their MRSA isolation date. Negative MRSA screens prior to entry to

these wards for some patients (1288, 1057, 1488, 1377 and 942) further supports hospital acquisition. Isolates from patient 388 were the most basal in the phylogenetic tree and their diversity enclosed that of isolates from the other patients, providing further indicators for this patient being the potential source for the transmission cluster. Colored blocks other than grey represent ward contacts, which are labeled by a letter to denote the hospital (A or B) and a number that denotes the anonymised ward.

Table 1

Epidemiological classification of transmission clusters. **Epidemiological classification of transmission clusters.**

genetically clustered cases (n=578) is lower than the sum of cases in its sub-categories. Clonal complexes with genetically unrelated isolates or identified genetically clustered cases (n=578) is lower than the sum of cases in its sub-categories. Clonal complexes with genetically unrelated isolates or identified in a single individual from the study population are not shown. 'Multiple hospitals' refers to epidemiological contacts from more than one of three study in a single individual from the study population are not shown. 'Multiple hospitals' refers to epidemiological contacts from more than one of three study number of transmission clusters to which these cases were assigned. The number of transmission clusters in each category is the sum of those of its subnumber of transmission clusters to which these cases were assigned. The number of transmission clusters in each category is the sum of those of its subsuggestive of mixed colonisation or strain replacement that linked them to two different transmission clusters. This explains why the total number of suggestive of mixed colonisation or strain replacement that linked them to two different transmission clusters. This explains why the total number of Columns are ordered based on decreasing proportion of isolates in each clonal complex. Each cell shows the number of cases and (in brackets) the Columns are ordered based on decreasing proportion of isolates in each clonal complex. Each cell shows the number of cases and (in brackets) the categories. The same applies to the number of cases except for columns 'CC22' and 'Overall'. A total of 7 cases had two different CC22 strains categories. The same applies to the number of cases except for columns 'CC22' and 'Overall'. A total of 7 cases had two different CC22 strains hospitals.

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