

calcium intake or in compliance with treatment. Her calcium concentration returned to normal values after the dosage of 1 $\alpha$ -hydroxycholecalciferol was reduced to 1 g on alternate days. Further inquiry showed that her last menstrual period had been 3 months before the discovery of hypercalcaemia, and her postmenopausal status was confirmed by the finding of raised gonadotrophin concentrations (follicle stimulating hormone 93 U/l, luteinising hormone 109 U/l).

### Case 3

A 51 year old woman had been treated with vitamin D analogues and thyroxine supplements for 13 years since developing persistent hypoparathyroidism and hypothyroidism after subtotal thyroidectomy for Graves' disease. Her serum calcium concentrations had been within the reference range until October 1988, when she presented with a 6 month history of weight loss of 9 kg, nausea, vomiting, thirst, and intermittent confusion. She was also menopausal. There had been no change in her dose of 1 $\alpha$ -hydroxycholecalciferol (2 g/day), calcium intake, or compliance with treatment. Hypercalcaemia was confirmed (the calcium concentration, adjusted for albumin, was 3.25 mmol/l). Her calcium concentration returned to normal and her symptoms resolved after intravenous rehydration treatment and an interval without vitamin D therapy. Treatment with 1 $\alpha$ -hydroxycholecalciferol was reintroduced at a reduced daily dose of 0.25 g, and the patient's calcium concentrations remained within the reference range thereafter.

### Comment

These three cases show that a change in oestrogen status can alter sensitivity to a potent vitamin D analogue in women who do not have the ability to produce parathyroid hormone. In a similar case, reported in 1979, a patient became hypercalcaemic after stopping the oral contraceptive pill.<sup>2,3</sup> Reintroduction of oestrogen was associated with a fall in her serum calcium concentration. The anti-oestrogenic activity of danazol—prescribed for endometriosis in a patient with idiopathic hypoparathyroidism who was being treated with 1 $\alpha$ -hydroxycholecalciferol—resulted in hypercalcaemia and a reduced maintenance requirement for 1 $\alpha$ -hydroxycholecalciferol.<sup>4</sup> Hypercalcaemia can also occur immediately after delivery in women with hypoparathyroidism treated with vitamin D supplements.<sup>5,6</sup> All these observations support a crucial role for oestrogen in calcium regulation in these women.

Oestrogen, 1,25-dihydroxyvitamin D, and parathyroid hormone influence bone metabolism. Cytokines are now recognised as pivotal mediators of oestrogen, which acts on oestrogen receptors on osteoblasts and osteoclasts to inhibit bone resorption.<sup>9</sup> In normal women, oestrogen withdrawal increases bone resorption and causes a rise in serum calcium. 1,25-dihydroxyvitamin D is now known to be the major direct regulator of active transcellular calcium absorption via vitamin D receptors in intestinal mucosal cells.<sup>10</sup> Oestrogen can increase calcium absorption directly and indirectly by stimulating 1 $\alpha$ -hydroxylase activity in the kidney.<sup>11</sup> Withdrawal of oestrogens would theoretically reduce calcium absorption, and hypercalcaemia in these cases cannot be explained by this

mechanism. Ultimately, the effects of oestrogen on bone and calcium metabolism are monitored by the calcium sensing receptor on parathyroid cells,<sup>12</sup> which respond by altering parathyroid hormone secretion. Parathyroid hormone is a major modulator of osteoclast activity. In the absence of parathyroid hormone, the positive effect on osteoclast activity and bone resorption of withdrawal of oestrogen becomes much more important for calcium regulation. In the absence of parathyroid hormone, the balance between the action of 1,25-dihydroxyvitamin D, which is a potent inducer of bone resorption,<sup>13</sup> and of oestrogen, which inhibits bone resorption, may become more crucial. A clinical awareness of this phenomenon allows appropriate monitoring of patients and adjustment of their dose of vitamin D at the menopause or while starting or stopping hormone replacement therapy.

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#### Corrections and clarifications

Screening of newborn infants for cholestatic hepatobiliary disease with tandem mass spectrometry  
In this paper by I Mushtaq et al (21 August, pp 471-7) the x axis in figure 3 should have been labelled 1 $\alpha$ -specificity.

#### Minerva

Minerva has made a mistake—the fourth paragraph in the issue of 2 October reports a trial of cognitive behaviour therapy in depression. It was published in *Archives of General Psychiatry* 1999;56:829-35 (not the *British Journal of Psychiatry*).

#### Letters

In the letter by Philip C Herbert (26 June, p 1762), a wrong currency conversion was given. \$C40 000 is equivalent to about £16 300 [not £92 000].

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