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# Divergent effects of anesthetics on lipid bilayer properties and sodium channel function

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#### Abstract

General anesthetics revolutionized medicine by allowing surgeons to perform more complex and much longer procedures. This widely used class of drugs is essential to patient care, yet their exact molecular mechanism(s) are incompletely understood. One early hypothesis over a century ago proposed that nonspecific interactions of anesthetics with the lipid bilayer lead to changes in neuronal function via effects on membrane properties. This model was supported by the Meyer-Overton correlation between anesthetic potency and lipid solubility and despite more recent evidence for specific protein targets, in particular ion-channels, lipid bilayer-mediated effects of anesthetics is still under debate. We therefore tested a wide range of chemically diverse general anesthetics on lipid bilayer properties using a sensitive and functional gramicidin-based assay. None of the tested anesthetics altered lipid bilayer properties at clinically relevant concentrations. Some anesthetics did affect the bilayer, though only at high supratherapeutic concentrations, which are unlikely relevant for clinical anesthesia. These results suggest that anesthetics directly interact with membrane proteins without altering lipid bilayer properties at clinically relevant concentrations. Voltage-gated Na<sup>+</sup> channels are potential anesthetic targets and various isoforms are inhibited by a wide range of volatile anesthetics. They inhibit channel function by reducing peak Na<sup>+</sup> current and shifting steady-state inactivation toward more hyperpolarized potentials. Recent advances in crystallography of prokaryotic Na<sup>+</sup> channels, which are sensitive to volatile anesthetics, together with molecular dynamics simulations and electrophysiological studies will help identify potential anesthetic interaction sites within the channel protein itself.

#### Keywords

Isoflurane; gramicidin channel; anesthetic mechanisms; bilayer modification; amphiphiles; NaChBac

The authors declare that they have no conflicts of interest.

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Since the first public and successful demonstration of anesthesia using diethyl ether over 170 years ago (Bigelow 1846), scientists have struggled to understand how anesthetic drugs work. For all considerable effort, the mechanism(s) of inhaled anesthetics are not fully understood despite their widespread clinical use. The common volatile anesthetic isoflurane was approved almost 40 years ago, and was added to the *WHO Model List of Essential Medicines* in 2011 due to its importance in modern medicine (www.who.int). Yet our understanding of the molecular mechanism(s) critical to isoflurane's anesthetic effects remains limited.

The dramatic effects of anesthetic agents were important in the development of biological thought in the second half of the 19th century. Claude Bernard (1813-1878) developed a unitary vision of life, in which life itself was defined by susceptibility to anesthesia regardless of the species. This also included plants, and his experiments demonstrating the immobilizing effects of ether on the movement of the mimosa plant spiked considerable interest. He concluded that despite the diversity of anesthetic agents, the endpoint -i.e. the anesthetic state- should remain the same (Bernard 1878). The susceptibility to anesthesia of all living beings would separate any effect on non-living objects due to mere physics and chemistry. Rather than challenging Bernard's unitary paradigm, in the early 20<sup>th</sup> century Meyer and Overton took a more quantitative approach by focusing on the affinity of anesthetics for lipids. Their experiments lead to the Meyer-Overton correlation between anesthetic potency and lipophilicity (Meyer 1899; Overton 1901). This eventually led to lipid-based hypotheses of anesthetic action, which posit nonspecific effects of anesthetics on lipid bilayer properties that in turn alter membrane (protein) function (Perouansky 2012). The mechanism(s) by which anesthetics might alter membrane function was not specified, however. The proposed mode of action of anesthetics thus differs from the pharmacology of most drugs, which typically alter protein function by binding to specific protein binding sites (Howard et al. 2014). However, membrane proteins, such as ion channels, receptors and transporters, are also subject to regulation by the lipid bilayer (Bienvenüe and Marie 1994; Brown 1994; Lee 2004; Andersen and Koeppe 2007; Marsh 2007), and indirect effects due to drug-induced alterations in protein-lipid bilayer interactions cannot be excluded a priori. Changes in lipid bilayer elasticity or intrinsic lipid curvature can, for example, alter the lipid bilayer contribution to the free energy difference between membrane protein conformations (Lundback et al. 2010). This provides a plausible mechanism for anesthetic modulation of membrane protein function through altered lipid bilayer properties (Cantor 1997; Sonner and Cantor 2013).

In this context, it is important that amphiphiles compounds with both hydrophilic and lipophilic properties, including many biologically active compounds tend to be potent modifiers of lipid bilayer mechanical properties (Hwang et al. 2003; Lundbæk et al. 2005; Bruno et al. 2007; Ingólfsson et al. 2007; Rusinova et al. 2011; Howery et al. 2012; Ingólfsson et al. 2014; Rusinova et al. 2015). Indeed, any molecule that partitions into lipid bilayers has the potential to alter lipid bilayer properties –including elasticity (Evans et al. 1995; Zhelev 1998; Bruno et al. 2013)– which in turn can alter the function of membrane proteins embedded in the bilayer.

In this review, we discuss recent studies on the possible role of lipid bilayer modification in anesthetic effects on ion channels, with a specific focus on voltage-gated Na<sup>+</sup> channels (Na<sub>v</sub>). First we describe a highly sensitive *asssay to detect changes in lipid bilayer properties*; second we discuss the *effects of general anesthetics on lipid bilayer properties*; third we discuss the *effects of inhaled anesthetics on voltage-gated Na<sup>+</sup> channels* (Na<sub>v</sub>), a membrane protein known to be inhibited by volatile anesthetics; finally we summarize recent advances in the *identification of anesthetic binding sites* within prokaryotic ion channels, in particular Na<sub>v</sub>.

## Measuring lipid bilayer properties with gramicidin channels as a molecular force probe

The molecular composition of lipid bilayers is complex; they are composed of a variety of phospholipids and glycolipids, with various fatty acid chains, and cholesterol as major constituents. Polar phospholipids assemble with their hydrophobic hydrocarbon tails oriented toward the center of the bilayer and their hydrophilic head groups facing the aqueous membrane surfaces. Bilayer thickness varies with changes in lipid composition, and is determined in part by the acyl chain length and saturation, and by the presence of cholesterol. The greater the number of *cis* unsaturated double bonds within the hydrocarbon tails (which increases hydrocarbon chain disorder), the more disordered they are. The more saturated the acyl chains (which increases hydrocarbon chain order) and the higher mole-fractions of sphingomyelin and cholesterol, the more ordered they are. In this energetically favorable bilayer structure, the more disordered lipids can form a liquid disordered ( $l_d$ ) state, whereas the more ordered lipids can form a liquid ordered ( $l_o$ ) state.

Changes in lipid composition profoundly affect the mechanical properties of the bilayer (Evans and Needham 1987), as well as the domain organization (Veatch and Keller 2005b). Membrane proteins are sensitive to changes in lipid bilayer properties, and their function depends on hydrophobic coupling between the integrated membrane protein and bilayer lipids. Further, conformational changes of protein domains that are embedded in the membrane require deformation of the surrounding bilayer (Mouritsen and Bloom 1984; Gruner and Shyamsunder 1991; Andersen et al. 1992; Brown 1994; Lundbæk and Andersen 1994). This bilayer deformation has an energetic cost, known as the bilayer deformation

energy  $(\Delta G_{def}^0)$ , which contributes to the free energy difference between different protein conformations, and therefore ultimately affects protein functions that involve conformation transitions, which are key to gating of ligand- and voltage-gated ion channels (Lundbæk and Andersen 1994; Ashrafuzzaman et al. 2006; Lundbæk et al. 2010).

Membrane lipids appear to form a multi-component bilayer, with domains appearing as temperature decreases (Gray et al. 2015), which suggests that it might be possible to explore how biologically active compounds alter cell membrane properties and membrane protein function using relative simple systems. A simple membrane protein suitable for detecting changes in lipid bilayer properties is the gramicidin ion channel. Gramicidin channels are formed by transmembrane dimerization of monomeric cylindrical (i.e.  $\beta^{6,3}$ -helical) subunits that reside in both leaflets of the bilayer (O'Connell et al. 1990). Importantly, the

Gramicidin channel formation thus requires local deformation (i.e. compression and bending) of the bilayer core in order to match the hydrophobic exterior of the channel (Elliott et al. 1983; Huang 1986; Helfrich and Jakobsson 1990; Lundbæk and Andersen 1999). Therefore, changes in lipid bilayer properties alter the bilayer deformation energy  $(\Delta G_{def}^0)$  of the monomers  $(\Delta G_{def}^M)$  and dimers  $(\Delta G_{def}^D)$  and the bilayer contribution to the

free energy of dimerization  $\left(\Delta G_{\text{total}}^{M \to D} = \Delta G_{\text{protein}}^{M \to D} + \Delta G_{\text{bilayer}}^{M \to D}\right)$ , where  $\Delta G_{\text{total}}^{M \to D}$  represents intrinsic contributions and  $\Delta G_{\text{bilayer}}^{M \to D}$  refers to  $\left(\Delta G_{\text{def}}^{D} - \Delta G_{\text{def}}^{M}\right)$ . Because  $\Delta G_{\text{def}}^{0}$  contributes to the energetic cost of channel formation, changes in channel appearance rate and lifetime (as reflected by the number of conducting channels) is a measure of bilayer elasticity (Lundbæk et al. 2010).

Gramicidin channels have been used extensively to detect changes in lipid bilayer mechanical properties (Sawyer et al. 1989; Lundbæk and Andersen 1994), including changes in membrane thickness (Elliott et al. 1983), curvature (Lundback et al. 1997), tension (Goulian et al. 1998) and elasticity (Lundbæk et al. 2005; Lundbaek et al. 2010; Rusinova et al. 2011). Many small molecule amphiphiles alter lipid bilayer properties that are relevant to the function of ion channels formed by integral membrane proteins (Lundbaek et al. 2010). Gramicidin channels therefore provide a sensitive probe for measuring such changes in lipid bilayer properties relevant to membrane protein function (Lundbæk et al. 1996; Lundbæk et al. 2004; Suchyna et al. 2004; Lundbæk et al. 2005; Artigas et al. 2006; Søgaard et al. 2006; Rusinova et al. 2011; Ingólfsson et al. 2014). Bilayer alterations by amphiphiles also include changes in bilayer deformation energy that come with such conformational changes of membrane proteins such as ion channels. In other words, changes in ion channel function produced by amphiphiles could result not only from binding energy differences to the respective channel states (Monod et al. 1965; Jackson 1989), e.g. the resting and inactivated states or protein conformations I and II (expressed as changes in  $\Delta G_{\text{protein}}^{\text{I} \rightarrow \text{II}}$ ), but also from changes in lipid bilayer properties as expressed by changes in  $\Delta G_{\text{bilaver}}^{\text{I} \rightarrow \text{II}}$ 

The contribution of  $\Delta G_{\text{bilayer}}^{\text{I} \to \text{II}}$  to  $\Delta G_{\text{total}}^{\text{I} \to \text{II}}$  to reconsideration of how drugs alter membrane protein function. Possible sites of drug interaction with ion channel proteins are shown schematically in Fig. 2. *Site 1* represent "simple" channel block. *Site 2* is formed solely by the channel protein, and drug binding can lead to inhibition or potentiation of function by altering the free energy difference between various channel states that affect channel gating (due to the changes in  $\Delta G_{\text{protein}}^{\text{I} \to \text{II}}$  that result when the drug binds with different affinity to different channel states). *Site 3* is composed of both protein and lipid elements, such that drug binding will alter both  $\Delta G_{\text{protein}}^{\text{I} \to \text{II}}$  and  $\Delta G_{\text{bilayer}}^{\text{I} \to \text{II}}$  contributions to the total free energy difference between the different channel states. Drug binding to this site is also likely to alter the residual exposure energy  $\Delta G_{\text{res}}^{\text{I} \to \text{II}}$ , which arises from imperfect hydrophobic matching

between adjacent helices and subunits (Mondal et al. 2011). *Sites 4 and 5* reflect drug partitioning into in the lipid bilayer at the protein/bilayer boundary (*Site 4*), where drug binding will alter local lipid packing (reflected in the boundary condition for how the bilayer adapts to a channel-bilayer hydrophobic mismatch (Nielsen et al. 1998)), or in the bulk bilayer (which will result in changes in the bilayer material properties, such as the elastic moduli and intrinsic curvature).

#### Effects of general anesthetics on lipid bilayer properties

Because many amphiphiles alter both lipid bilayer properties and membrane protein function, it becomes important to determine whether amphiphiles alter function due to direct interactions (binding) with the protein or due to changes in lipid bilayer properties. It is therefore necessary to have tools to explore the relative contributions of the amphiphile effect on the lipid bilayer (indirect) *vs.* direct membrane protein effects, which often are not immediately evident. To distinguish between these contributions, we tested a variety of general anesthetics, including inhaled ether and alkane anesthetics, intravenous anesthetics and experimental fluorobenzene anesthetics, for their effects on lipid bilayer properties using the gramicidin channel functional assay (Tibbs et al. 2013; Herold et al. 2014; Herold et al. 2017).

We used a gramicidin-channel based fluorescence assay, where large unilamellar vesicles (LUVs) containing gramicidin channels in the bilayer are loaded with a water-soluble fluorophore that is quenchable by the heavy monovalent metal ion Tl<sup>+</sup>. Upon dimerization of gramicidin channel monomers (Fig. 1), Tl<sup>+</sup>, which is conducted through gramicidin channels, enters the LUVs, quenching the fluorophore and resulting in decay of the fluorescence signal. The rate of fluorescence decay in the absence or presence of drug can be measured, and changes in the quench rate reflect changes in the gramicidin monomer↔dimer equilibrium. Compounds that facilitate dimerization allow more Tl<sup>+</sup> entry, which is reflected in a faster decay of fluorescence (Fig. 3).

At concentrations used in the clinic to produce general anesthesia, none of the anesthetics tested significantly altered lipid bilayer properties as detected by gramicidin channel function (Fig. 4). This finding has the important implication that any effects observed on ion channel function at clinical anesthetic concentrations are not due to changes in lipid bilayer properties (as detected by the gramicidin channel based assay). Certain anesthetics were found to alter bilayer properties at supratherapeutic (toxic) concentrations, such that bilayer perturbations might contribute to the many undesirable off-target effects of anesthetics (data not shown, see (Herold et al. 2017)).

The finding that general anesthetics do not alter lipid bilayer mechanical properties

(expressed in  $\Delta G_{\text{bilayer}}^{M \to D}$ ) at clinically relevant concentrations does not exclude more subtle effects, such as altering the domain organization of biological membranes (Gray et al. 2013; Machta et al. 2016). For example, anesthetics might alter the line tension between  $l_d$  and  $l_o$  domains, which could alter the lateral organization of ion channels (and other proteins) in the membrane. We therefore also tested anesthetic effects on gramicidin channel function in multi-component bilayers that form coexisting  $l_d$  and  $l_o$  domains. Even in this more complex

bilayer preparation, there were no effects of representative anesthetics on gramicidin channel function (Herold et al. 2017).

#### Effects of inhaled anesthetics on voltage-gated Na<sup>+</sup> channels

As summarized above, general anesthetics do not alter lipid bilayer properties enough at clinical concentrations to result in indirect effects on membrane protein function. This is a remarkable finding because most hydrophophic/amphiphilic compounds are general modifiers of membrane protein function, and alter membrane protein function at the concentrations at which they alter lipid bilayer properties (Ingólfsson et al. 2014). Therefore, anesthetic effects (at clinical anesthetic concentrations) must result from direct interactions with relevant membrane proteins via interactions with protein binding sites.

Ion channels are membrane proteins that are critical to the regulation of intercellular communication. General anesthetics alter neuronal function by depressing excitatory and enhancing inhibitory synaptic transmission (Rudolph and Antkowiak 2004; Hemmings et al. 2005). In the last two decades, ligand- and voltage-gated ion channels have emerged as the leading candidate targets for the desirable effects of general anesthetics (amnesia, unconsciousness and immobility). For example, most general anesthetics modify the function of -aminobutyric acid (GABA)<sub>A</sub> receptors (Zimmerman et al. 1994), NMDA-type glutamate (Dickinson et al. 2007; Haseneder et al. 2008), two-pore domain K<sup>+</sup> channels (Patel and Honore 2001; Sirois et al. 2002), and/or voltage-gated Na<sup>+</sup> (Herold and Hemmings 2012; Herold et al. 2014) and Ca<sup>2+</sup> (Study 1994; Nikonorov et al. 1998) channels. Recent evidence indicates an important role for volatile anesthetic effects on presynaptic voltage-gated Na<sup>+</sup> channels (Herold and Hemmings 2012).

In the late 1970s reports of the effects of the first clinically used inhaled volatile anesthetic diethyl ether and the halogenated alkane halothane on Na<sup>+</sup> currents appeared (Kendig et al. 1979; Bean et al. 1981). Diethyl ether reduced peak Na<sup>+</sup> current and shifted steady-state inactivation  $(h_{\infty})$  to more hyperpolarized potentials without significant changes on frequency-dependent stimulation or the time-course of recovery from inactivation. The effects of ether can be described within the context of a model originally proposed to describe the effects of the neutrally charged local anesthetic benzocaine (Kendig et al. 1979). However, the effect of benzocaine on the hyperpolarizing shift in the voltage dependence of inactivation was much larger than expected, which was attributed to some degree of open channel block. Unlike with ether, the apparent slowing of recovery from inactivation with benzocaine was thought to be due to slow dissociation of the drug from the channel. At this time, the effects of ether and halothane (Bean et al. 1981) were believed to result from perturbation of the lipid bilayer, though the available evidence did not exclude a direct effect on the channel protein itself. These early studies were performed mostly using nonmammalian preparations such as frog node of Ranvier or crayfish giant axon. In subsequent years, more anesthetics were studied including *n*-alcohols, methoxyflurane, dichloromethane, chloroform and various hydrocarbon anesthetics (Haydon and Urban 1983c, a, b; Elliott et al. 1985). All anesthetics produced a characteristic reversible hyperpolarizing shift in steady-state ( $h_{\infty}$ ) inactivation, as well as a (not always reversible) reduction in peak Na<sup>+</sup> current, resulting in impaired axonal conduction. It was concluded

that a substantial increase in membrane thickness after adsorption of anesthetic led to inhibition of Na<sup>+</sup> conductance and thus action potential conduction. This was based on earlier studies in which hydrocarbons at similar concentrations as well as short-chain phospholipids increased lipid bilayer thickness, which could ultimately affect channel gating (Fettiplace et al. 1971; White 1977; Dilger 1981; Dilger et al. 1982; Haydon and Urban 1983a). However, other studies concluded that changes in bilayer thickness were too small to account for such a large shift in steady-state inactivation (Franks and Lieb 1979; Elliott et al. 1985). This controversy of whether or not anesthetics sufficiently perturb bilayer properties sustained the search for more specific protein targets.

An early report of the effects of ethanol, ether, halothane and enflurane on mammalian  $Na_v$ in rodent brain synaptosomes confirmed the findings from nonmammalian species, but a lower concentrations (Harris and Bruno 1985). Molecular cloning enabled the study of anesthetic effects on specific  $Na_v$  isoforms, and the brain-specific isoform  $Na_v1.2$  was one of the first to be found sensitive to clinical concentrations of volatile anesthetics (Rehberg et al. 1996). To date the effects of various volatile anesthetics have been reported for  $Na_v1.4$ ,  $Na_v1.5$ ,  $Na_v1.6$ ,  $Na_v1.7$  and  $Na_v1.8$  (Ratnakumari and Hemmings 1998; Stadnicka et al. 1999; Ouyang et al. 2003; Shiraishi and Harris 2004; Ouyang and Hemmings 2007; Herold et al. 2009; Ouyang et al. 2009; Yokoyama et al. 2011; Herold et al. 2014; Purtell et al. 2015). Although there are small, agent-specific quantitative differences in their effects, all volatile anesthetics tested inhibit peak  $Na^+$  current in a voltage-dependent manner (Fig. 5a), leading to a hyperpolarizing shift in the voltage-dependence of steady-state inactivation (Fig. 5b) consistent with the reports from the 1970s.

Thus, there is strong evidence that general anesthetics at clinically relevant concentrations have direct interactions with Na<sub>v</sub> that do not involve effects mediated via the lipid bilayer (Herold et al. 2014; Herold et al. 2017). The consequence of such direct actions include a shift in the equilibrium from the resting to the inactivated state of the channel. However, many amphiphiles produce similar changes in channel function (Lundbæk et al. 2004; Lundbæk et al. 2005; Rusinova et al. 2011; Ingólfsson et al. 2014), so a role for lipid bilayer mediated effects cannot be completely excluded based solely on these experiments. It was therefore necessary to evaluate anesthetics effects on lipid bilayer properties using a functional assay sensitive to small local changes in lipid properties, like the gramicidin channel assay. Most previous experiments were done at room temperature (22 - 25 C), where there is visible domain separation in giant plasma membrane vesicles (Gray et al. 2015). Thus we cannot exclude effects due to anesthetic-induced changes in lipid domain organization as found by Veatch and colleagues (Gray et al. 2013; Machta et al. 2016). Again, the gramicidin experiments become critical.

#### Identification of anesthetic binding sites within prokaryotic Nav

The site(s) at which volatile anesthetics bind and alter  $Na_v$  has not been directly identified, though recent advances in crystallization and molecular dynamics simulations of prokaryotic  $Na_v$  provide promising avenues of research. Use of bacterial  $Na_v$  as model proteins for understanding of how volatile anesthetics interact with mammalian  $Na_v$  is a current focus of research in this area. For example, NaChBac, a prokaryotic  $Na^+$  channel (Ren et al. 2001), is

sensitive to clinical concentrations of the commonly used volatile anesthetic isoflurane (Ouyang et al. 2007). Similar to mammalian Na<sub>v</sub>, inhibition of peak Na<sup>+</sup> current in NaChBac is voltage-dependent with greater inhibition at more positive (depolarized) holding potentials (Fig. 5c). Inactivation is also shifted in the hyperpolarized direction (Fig. 5d). In contrast to the homologous mammalian Na<sub>v</sub> that consist of a single ion pore-forming subunit composed of four similar domains, NaChBac channels consist of a homotetramer and lack classic fast-inactivation characteristic of mammalian Na<sub>v</sub>. An x-ray crystal structure of the prokaryotic Na<sup>+</sup> channel NavAb in a closed "pre-activated" conformation (Payandeh et al. 2011) revealed lipophilic fenestrations in the sides of the pore module that were occupied by fatty acyl chains extending into the central cavity. These lipophilic fenestrations of about 8 × 10 Å provide access for pore-blocking drugs to interact with the channel, and are believed to be involved in voltage-dependent block by charged inhibitors like local anesthetics as described by the "modulated receptor hypothesis" (Hille 1977; Payandeh et al. 2011).

Molecular dynamics (MD) flooding simulations using a structural model of NaChBac based on the x-ray crystal structures of homologous channels identified three potential binding sites for isoflurane located near the selectivity filter at the extracellular side, within the S4-S5 linker, as well as in the central cavity, which would disrupt Na<sup>+</sup> ion permeation (Raju et al. 2013). The side fenestrations are believed to provide a pathway for hydrophobic drugs like isoflurane to access the pore. Another MD flooding simulation and combined electrophysiology study of NaChBac interactions revealed that sevoflurane, at low (0.2 mM) and high (2.0 mM) concentrations, shifted both the voltage-dependence of activation and inactivation toward more hyperpolarized potentials. However, in contrast to the effects of isoflurane, peak Na<sup>+</sup> current was potentiated at the low sevoflurane concentration, and there was an increase in the rate constant for recovery from inactivation (Barber et al. 2014). This acceleration is in contrast to the electrophysiological effects of volatile anesthetics on NaChBac and mammalian Nav, where recovery from inactivation is prolonged (Ouyang et al. 2007; Ouyang et al. 2009; Herold et al. 2014; Purtell et al. 2015). This suggests that sevoflurane acts at multiple binding sites that affect both activation gating, as at the S4–S5 linker or the activation gate, and inactivation gating, through extracellular sites. Slow openchannel block by sevoflurane was postulated based on the observation that high (2 mM, or ~5 MAC) concentrations of sevoflurane accelerated current decay (Barber et al. 2014). Since this effect on channel function occurred at supraclinical sevoflurane concentrations that alter lipid bilayer properties (Herold et al. 2017), bilayer-mediated effects on open channel block cannot be excluded.

In a recent study of isoflurane binding to NaChBac using <sup>19</sup>F NMR, isoflurane was proposed to inhibit the channel through an interaction at the base of the selectivity filter and by impeding the pivoting motion at the S4–S5 linker and the hinge controlling gating and inactivation motions of S6 (Kinde et al. 2016). A recent functional study of NaChBac employing electrophysiology and Markov modeling of NaChBac gating revealed that the effects of isoflurane on NaChBac could be described by increases in the rate constants for both channel activation and inactivation, with a dominant effect on inactivation (Sand et al. 2017). Compared to the model of slow open-channel block, this model better described the empirical data, and suggests that isoflurane acts at two distinct binding sites to accelerate both activation and inactivation gating (Sand et al. 2017). The isoflurane binding site at the

base of the selectivity filter, identified by NMR (Kinde et al. 2016), is likely responsible for facilitating inactivation.

The results summarized above provide strong evidence that halogenated ether anesthetics alter  $Na_v$  function primarily through direct interactions with the channel protein. To fully understand how a ligand alters the function of a (membrane) protein, however, it is necessary to have information about how the ligand interacts with the functionally important conformational states –and how they shift the equilibrium between the states. The lipid bilayer can affect the equilibrium distribution associated with any conformational change of the protein, and therefore the kinetics of the transitions between these different states. Detection of changes in this contribution to the free energy difference between individual channel conformations requires a sensitive experimental system similar to the one we have established (Rusinova et al. 2011; Herold et al. 2014; Ingólfsson et al. 2014 2014; Rusinova et al. 2015). Furthermore, experiments done at temperatures and membrane compositions that promote lipid domain separation (Veatch and Keller 2005a; Gray et al. 2015) necessarily requires consideration of how anesthetics alter local lipid (and protein) organization.

Binding sites identified in crystal structures may, or may not, be important for channel modulation, see also (Howard et al. 2014); the important sites are those where the energetics of ligand binding differs between different channel states (Jackson 1989). The recent high-resolution (2.45 Å) crystal structure of the conducting state of prokaryotic NavMs by the Wallace group (Sula et al. 2017) provides a complete, full-length structure (including the voltage-sensing, pore and C-terminal domains) of the open and activated conformation. Taken together with the earlier structures of Na<sub>v</sub> in various pre-activated states with closed gates (refs 1, 5 and 6 in Sula et al.), this structure provides a framework for further structural and functional studies of anesthetic interactions with voltage-gated Na<sup>+</sup> channels.

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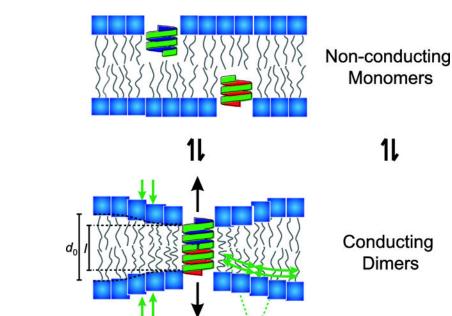
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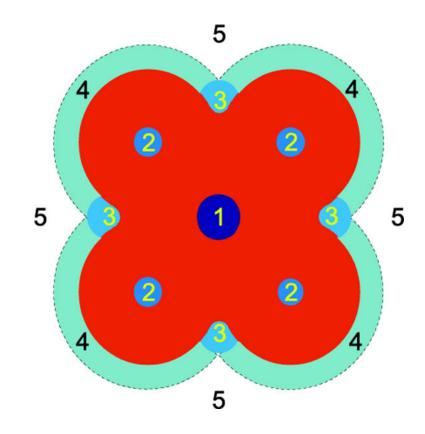


Compression

#### Fig. 1.

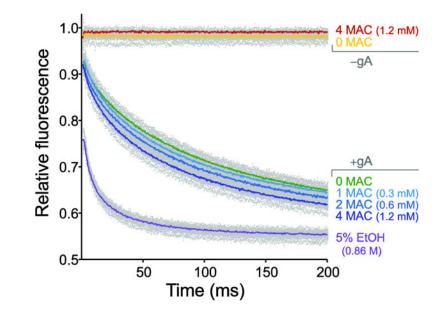
Schematic of gramicidin channels as molecular force probes for sensing changes in bulk lipid bilayer properties. Two non-conducting gramicidin monomers (green cylindrical structures) can dimerize to form a conducting dimer. The thickness of the bilayer ( $d_0$ ) is larger than the length of the conducting dimer (I), therefore a bilayer deformation energy is required to enable this dimerization. Amphiphiles – compounds with both hydrophilic and lipophilic properties – can lead to changes in bulk bilayer properties that can be sensed by gramicidin channels.

Bending



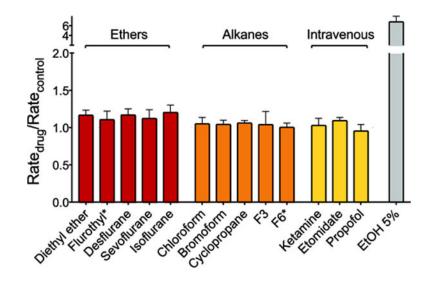
#### Fig. 2.

Schematic representation of potential drug-ion channel interaction sites. 1) binding within the pore impeding ion permeation, 2) drug binding sites formed by the channel, 3) specific drug binding sites composed of both the protein and the lipid bilayer, 4) drug accumulation at the protein-bilayer interface, 5) drug partitioning into the lipid bilayer-solution interface. Adapted from (Andersen 2008).



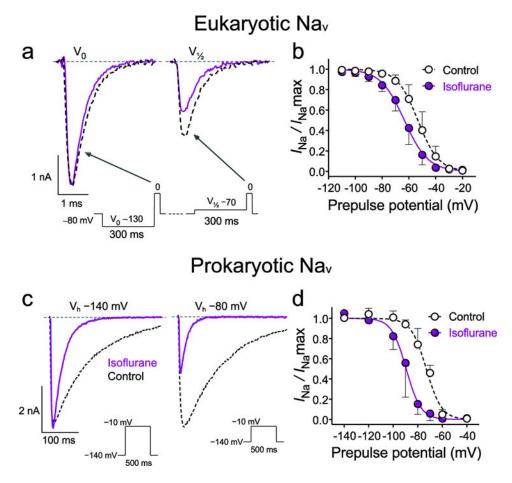
#### Fig. 3.

Effects of isoflurane on bulk lipid bilayer properties using the gramicidin based fluorescence assay. Example of normalized fluorescence traces over a 200 ms time course showing three concentrations of isoflurane (expressed as minimum alveolar concentration, MAC, defined as the concentration that prevents movement in response to a painful stimulus in 50% of subjects, comparable to  $EC_{50}$ ) with ethanol (5% EtOH; ~0.86 M) as a positive control. Gray dots denote results from all experiments (>5 per condition) and solid colored lines denote the average of all experiments for the individual condition. Note the absence of fluorescence decay using vesicles without gramicidin (–gA) and increasing rates of fluorescence decay in gramicidin-containing vesicles (+gA) with increasing concentrations of isoflurane.



#### Fig. 4.

Effects of general anesthetics on lipid bilayer properties using the gramicidin based fluorescence assay. Normalized fluorescence quench rates are displayed for ether anesthetics (red), alkane anesthetics (orange) and intravenous anesthetics (yellow) at the clinical concentration of 1 MAC (or 10  $\mu$ M for intravenous anesthetics). The value for 5% ethanol (EtOH; ~0.86 M) is shown as a positive control. Flurothyl\* and F6\* are compounds that do not cause immobility (and therefore are classified as nonanesthetics) that were tested at concentrations predicted to produce anesthesia based on their lipid solubilities. None of the tested anesthetics or nonanesthetics altered bulk lipid bilayer properties as detected by their normalized quench rates (Rate<sub>drug</sub>/Rate<sub>control</sub>), with a value of 1.0 indicating no significant effect on bulk lipid bilayer properties. Data are expressed as mean ± SD, *n* = 3–5. Adapted from (Herold et al. 2017).



#### Fig. 5.

Isoflurane inhibition of eukaryotic and prokaryotic Nav. a Macroscopic whole-cell Na<sup>+</sup> current traces recorded from a mammalian ND7/23 cell endogenously expressing tetrodotoxin-sensitive Nav in the absence (gray discontinued traces) or presence (purple *traces*) of 0.8 mM isoflurane (~2.5 MAC). From a holding potential ( $V_h$ ) of -80 mV the alternating stimulation protocols were chosen to test voltage-dependent inhibition. A test pulse (10 ms at 0 mV) to elicit peak Na<sup>+</sup> current was preceded by a 300-ms prepulse to either -130 mV (denoted "V<sub>0</sub>"; *left traces*) or to a voltage at which approximately half of the channels were in the fast-inactivated state (denoted V<sub>1/2</sub>; -70 mV; right traces). b Steady-state inactivation (or Na<sup>+</sup> channel availability;  $h_{\infty}$ ) of tetrodotoxin-sensitive Na<sup>+</sup> currents (Nav1.4) was tested using a double-pulse protocol with a 30-ms prepulse of from -110 to -20 mV in 10-mV steps, followed by a 25-ms test pulse to -10 mV. Peak Na<sup>+</sup> current was normalized ( $I_{Na}/I_{Na}$ max), plotted against prepulse potential, and fitted with a two-state Boltzmann distribution to calculate  $V_{1/2}$ , which was shifted by -10 mV in the presence of 0.8 mM isoflurane. Data are expressed as mean  $\pm$  SD, *n*=7. Adapted from (Ouyang et al. 2009). c NaChBac current traces recorded from a transfected HEK293FT cell in the absence (gray discontinued traces) or presence (purple traces) of 0.8 mM isoflurane (~2.5 MAC) using the stimulation protocols depicted from a Vh of either -140 mV or -80 mV to test for voltagedependent inhibition. The time scale over which NaChBac activates and inactivates is considerably slower than for mammalian Nav (~500 ms vs. 2-3 ms, respectively); the

accelerated NaChBac current decay in the presence of isoflurane is also noteworthy. **d** NaChBac steady-state inactivation was tested from a V<sub>h</sub> of -140 mV with 90-s prepulses ranging from -140 to -40 mV followed by a test pulse to -10 mV. V<sub>1/2</sub> was shifted by -16 mV in the presence of 0.8 mM isoflurane. Data expressed as mean  $\pm$  SD, n = 7-15. Adapted from (Sand et al. 2017).