RESEARCH

Design and Validation of Patient-Centered Communication Tools (PaCT) to Measure Students' Communication Skills

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Objective. To develop a comprehensive instrument specific to student pharmacist-patient communication skills, and to determine face, content, construct, concurrent, and predictive validity and reliability of the instrument.

Methods. A multi-step approach was used to create and validate an instrument, including the use of external experts for face and content validity, students for construct validity, comparisons to other rubrics for concurrent validity, comparisons to other coursework for predictive validity, and extensive reliability and inter-rater reliability testing with trained faculty assessors.

Results. Patient-centered Communication Tools (PaCT) achieved face and content validity and performed well with multiple correlation tests with significant findings for reliability testing and when compared to an alternate rubric.

Conclusion. PaCT is a useful instrument for assessing student pharmacist communication skills with patients. **Keywords:** communication tools; provider-patient relationship; patient-centered; pharmacist-patient instrument

INTRODUCTION

Effective communication requires active participation by patients and health care providers to ensure that messages are received and interpreted accurately by all parties. This is especially true for pharmacists as evidenced by a World Health Organization (WHO) report indicating that one of the seven roles of the pharmacist is "communicator."1 The 2016 Accreditation Council for Pharmacy Education (ACPE) guidelines for Doctor of Pharmacy degree programs explicitly define expectations for communication in the standards.² Standard 3 (Approach to Practice and Care), Key Element 3.6 outlines that "graduates must be able to effectively communicate verbally and nonverbally when interacting with individuals, groups, and organizations." Additionally, professional communication is described as a required element of the didactic curriculum in Appendix 1 of the Standards.² The Center for the Advancement of Pharmacy Education (CAPE) is recognized by schools and colleges of pharmacy, the American Association of Colleges of Pharmacy

(AACP), and ACPE as the foundational driver for curricular design, mapping, and setting program expectations. Updated outcomes were released by CAPE in 2013 that specifically mention communication in Domain 3 (3.6 Communicator) and indirectly within the description of collaboration (3.4 Collaborator).³

Studies have shown that pharmacist communication skills can be improved with education and training.^{4,5} A recent literature review of communications training and assessment in pharmacy education by Wallman and colleagues revealed that the majority of education and training occurs with patient-focused communication activities, such as learning interviewing techniques, patient counseling or public health promotion.⁶ Several published articles describe objective assessment of student pharmacist oral communication with a patient, such as structured exam, pre/post evaluations, and expert/professor assessment of skills. Other articles describe subjective assessment of the student through methods such as self-assessment, course evaluation questionnaires, and student satisfaction.⁷⁻²⁸ The majority of these studies utilized simulated or standardized patients (SPs) as part of the activity, both as an educational tool and as an assessment method. In general,

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much of the published research describe innovative additions to courses, however, there is no systematic assessment of whether any of the activities result in increased learning and if multiple activities were used, what the optimal order or combination of activities should be. The authors also note that inconsistencies in assessments are due to a lack of skilled evaluators. This highlights the need for further research to develop and evaluate more accurate assessment methods and the importance of training evaluators. Additionally, many communication tools have been developed and validated for other health professions such as nursing and medicine, however, these tools are generally specific to the discipline and do not contain the necessary criteria to fully assess a student pharmacist on all components of a patient-pharmacist encounter.^{29,30}

Prior to development of our instrument, a validated communication framework for student pharmacists had not yet been published. In the absence of a pharmacistbased instrument for students, the faculty at St. Louis College of Pharmacy previously used the Four Habits Model (FHM), which is a framework designed for use by physicians. The FHM contains 23 aspects of clinician communication behaviors organized into four "habits."31-33 The FHM was chosen because of its significant emphasis on relationship-building behaviors within a patientprovider interaction. This framework was used to teach and assess student pharmacists' communication abilities with SPs from 2009-2012. While useful for general communication behaviors, our experience with the FHM highlighted the need for a validated instrument specifically designed to teach and assess student pharmacists in a pharmacist-patient encounter since many of the criteria within the FHM relate to skills specific to physician scope of practice.³⁴

Based on our experience with the FHM and lack of a published pharmacy-specific framework, the goals of this study were to: develop a comprehensive instrument specific to student pharmacist-patient communication skills, and determine face, content, construct, concurrent, and predictive validity and reliability of the instrument. This study was part of a larger project to develop, implement, and evaluate curricular changes to improve the health literacy-related abilities of student pharmacists at St. Louis College of Pharmacy. This project was funded in part by the Missouri Foundation for Health.

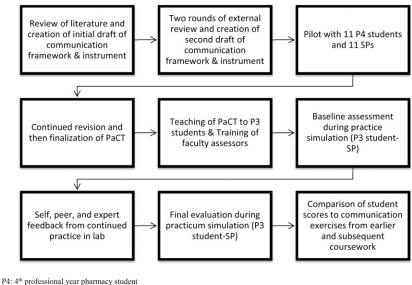
METHODS

A multi-step process was used to develop and validate a new communication framework and instrument for use with student pharmacists (Figure 1). This study was approved by the St. Louis College of Pharmacy Institutional Review Board and prior informed consent was obtained for all participants. All students (n=216) were invited to participate in the study at the beginning of the third professional year (P3) and were informed that consent would also permit researchers to review data from their other coursework.

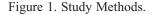
Prior to development of PaCT in 2012, a comprehensive review of the literature identified eight clinician-patient communication instruments that were most closely suited to the education and assessment of student pharmacists (Table 1).^{31-33,35-41} Additionally, other communication tools were reviewed including the Valid Assessment of Learning in Undergraduate Education (VALUE) rubric for communication, the Developing a Curriculum (DACUM) document reflecting communication outcomes, and a prior self-developed instrument.^{42,43} Other tools reviewed but not considered in depth for development of PaCT include the SEGUE Framework, the Calgary-Cambridge Guide to Medical Interview, and the MAAS-Global rating list for doctor-patient communication skills.⁴⁴⁻⁴⁶ The SEGUE Framework is the most common, validated communication instrument utilized in medical education, however, the binary "ves/ no" nature of response scales do not indicate a learner's degree of effectiveness in the communication criteria and therefore would be unable to effectively measure differences or growth in skill.⁴⁴ The Calgary-Cambridge Guide to Medical Interview is another comprehensive communication instrument, however, with a high number of items (71) and a lack of organization for the criteria, it was cumbersome to use.⁴⁵ The MAAS-Global rating, while much more manageable, has several task-related items specific to medicine, such as diagnostic plans and evaluation and is deemed less relevant to pharmacy.⁴⁶

Faculty members (n=4) experienced in teaching clinical communication and health literacy compared each instrument to the FHM. Each instrument was evaluated to identify items that were distinct and important aspects for pharmacists. Items considered both distinct and important by consensus of all pharmacy faculty associated with this research were added to the draft of the new framework. When there were items about similar concepts in more than one instrument, the faculty compared and contrasted the wording of similar items from multiple instruments. A new item was developed by integrating the best features of each instrument. The authors considered the use of a rating scale evaluation versus a descriptive rubric and elected to use a five-point rating scale to keep the instrument shorter for faculty and student use.

Two rounds of feedback on the draft framework and instrument was incorporated from an external, interdisciplinary



P4: 4th professional year pharmacy student SP: Standardized patient PaCT: Patient-centered Communication Tools P3: 3rd professional year pharmacy student



panel of 10 communication and health literacy experts. Seventeen experts were identified by searching the pharmacy literature and inviting well-published authors (research and/or books) in the area of communication skills in the United States and Canada to participate. The authors of the FHM were also invited as experts to review PaCT. Ten experts, including one of the authors of the FHM, accepted the invitation to review the instrument by participating in two rounds of review.

The first round of review was done by email and included a series of questions about the draft framework such as: What criteria are missing?; What criteria are unnecessary?; Are the criteria clear? If not, which ones are unclear?; Are the criteria organized well in the categories defined?; and Do you feel this list of criteria is an improvement?

For the instrument, experts were asked to comment on the practicality of the instrument; the format (preference of this format (general rating scale), or descriptors for each criterion's behavior (traditional rubric); comments on the descriptions within and category titles of the rating scale; and whether they would use this for assessment of a student-patient encounter. If not, why not? If so, which type of encounter? Lastly, they were asked to respond to three general questions: Do these criteria actually measure communication and relationship-building characteristics of a student pharmacist-patient encounter?; What did you like most about the criteria and instrument?; and What are specific suggestions you have to change the criteria and instrument? During the first round of review, feedback was collected from all expert reviewers. All feedback was discussed, compiled, and incorporated by the authors into a second draft of the framework and instrument. A summary, along with the authors' responses to the feedback was distributed to the expert panel along with a revised framework and instrument. The second round of expert feedback was done in a live meeting one month later in which experts were asked similar questions about the updated framework and instrument. Qualitative data provided by each expert during each round was grouped into themes and addressed by the authors to further refine the instrument.

The framework and instrument were initially piloted with 11 student pharmacists in the 4th professional year. The pilot was conducted in a simulation center with multiple exam rooms at a neighboring medical school. Students were asked to interview an SP with asthma and educate on a new inhaler in 30 minutes. Eleven SPs were used because there were 11 exam rooms in the standardized patient simulation center and we were only able to recruit 11 student pharmacists to participate in the pilot. All 11 students had been instructed on pharmacist-patient communication earlier in their training and their performance had been evaluated the year prior using the FHM. Following this interview, 11 SPs were asked to review and provide their opinion on the instrument from the patient's perspective. All SPs were asked to comment on criteria that measured communication and relationship-building as well as criteria that were not necessary. Additionally,

Table 1. Clinician-Patient Communication Instruments	unication Instr	uments			
Instrument	Year	Provider	Assessment Focus	Strengths	Limitations
Four Habits Model	1999	Physicians	Relationship- building with patients	Focus on empathy and the patient's perspective	Some criteria not applicable to profession of pharmacy
Institute of Medicine Patient- Clinician Communication	2011	Clinician	Clarity of information	Includes "continuous learning" not found in other instruments	Scope limited – only few skills included
Toronto Global Assessment Scale unpublished Pharmacy	unpublished	Pharmacy	Verbal and non- verbal expression	Inclusion of empathy	Scope limited – only few skills included
Institute for Clinical Competence Professionalism Assessment Rating Scale	unpublished Physicians	Physicians	Relationship quality and Examination quality	Inclusion of student self-awareness	Focus on physical examination
Physician Asthma Care Education 2008	2008	Physicians	Health beliefs	Patient-centered decision-making	Context specific to asthma
Motivational Interviewing	2007	Psychologists	Behavior change	Supports self-efficacy and consistent with Universal Precautions in framing communication to literacy of patient	Specific to a behavior change encounter (advanced level student)
Kalamazoo Consensus Statement	2001	Physicians	Reaching consensus with patient	Follows chronological timeline for patient encounter	Scope limited – only few skills included
Common Ground	2004	Physicians	Communication behaviors	Focus on active listening	Structure of four sections different and difficult to utilize
SEGUE Framework	2001	Physicians	Communication behaviors	Useful in multiple settings; most common one used in medical education	Binary yes/no response scales limit evaluation and determination of growth in skill
Calgary-Cambridge Guide to Medical Interview	1998	Physicians	Education of patient	Comprehensive assessment of communication to/from patient	High number of items and lack of organization of criteria
MAAS-Global rating	1987	Physicians	History-taking	Strong validity and reliability in original and revised versions	Task-related items specific to medicine
Medication-Related Consultation Framework	2011	Pharmacists	Medication use review encounter	Reflective, allowing for general section of strengths/weaknesses and overall global rating	Does not include sufficient detail for criteria

SPs were asked to rate PaCT regarding how accurately it described their expectations of a pharmacist using a Likert scale of 1 = least accurate list of criteria to 5 = most accurate list of criteria. Finally, volunteer student pharmacists were also asked to provide feedback on the criteria and instrument. Qualitative analysis of this data provided additional information for further refinements to the instrument.

All P3 students were taught the framework in a twohour interactive lecture in the Advanced Pharmacy Practice (APP) course. For this session, the class was divided into five sections and each section was assigned one of the five Tools. Students were instructed to review the criteria within their assigned Tool and work with their peers to identify good examples for each criterion. Afterward, a pair of students from each section was invited to the front of the class to act out a scenario utilizing good examples of the criteria within their Tool and class-wide discussion followed. Students had multiple opportunities to practice during student-role play activities in the associated laboratory sessions and were provided formative self- and peer feedback using the instrument. Students received formal expert faculty feedback using the instrument during a structured 30-minute student pharmacist-SP simulation early in the semester (pre). Student performances were evaluated at the end of the semester for their final practicum and grade (post) in another structured 30-minute student pharmacist-SP simulation.

Prior to the first structured simulation, 10 faculty assessors were trained to provide feedback and evaluation on student performances using the new instrument during a two-hour session in which one student video from a prior semester was observed and rated by all faculty assessors. Faculty assessors were instructed to select one of the five Likert scale options (half-increments were not permitted), and to provide justification/comments supporting their assessments. Scores and justification for each item were discussed as a large group and scores were calibrated to within one degree of separation on the Likert scale until all faculty assessors understood each item and examples of behaviors expected for each. Faculty assessors were asked for open-ended qualitative feedback about the content of the framework and ease-of-use of the instrument. Faculty assessors who completed the training then assessed videos of student pharmacist performances during the early simulation (pre) and final practicum (post).

Methods used to validate the instrument are outlined in Table 2. Face and content validation methods have been described earlier during the instrument revision and testing. To assess construct validity, faculty assessments on pre- and post-student performances were compared. To assess concurrent validity (tool sensitivity/specificity), the same student performances were scored by six faculty assessors trained in using both PaCT and FHM and the scores were compared.

To determine predictive validity, PaCT student scores were compared to the same students' scores as they progressed across the curriculum in two other courses using different communication assessment forms. Professional year 1 (P1) students performed a 10-minute patient counseling activity in Professional Communication (PC), a semester-long class with sections of 20 students taught by four non-pharmacist, communication faculty (data from three of the four faculty were available for this research). P3 students conducted a 30-minute patient encounter in APP scored using PaCT as described earlier. Later in the P3 year, students completed a verbal communication exercise in Therapeutics 4 (T4) in which they had 10 minutes to research a question using in-class materials and prepare their response and a maximum of five minutes to deliver their answer. Their responses were presented to faculty members, some of whom were involved in this study. Other non-validated, internally developed assessment forms were used for the PC and T4 exercises (Table 3).

Two methods were used to evaluate reliability for a total of nine student samples: the same faculty assessor's rating and re-rating a video three months later (testretest reliability) and pairs of faculty assessors rating the same video for the first time (inter-rater reliability).

In the absence of a standard statistical approach to test reliability and given that the calibration of faculty was not intended to yield absolute consensus, but rather consistency, Pearson correlation coefficient was used throughout the project, calculated using IBM SPSS Statistic (Version 20, 2011, Chicago, IL).^{47,48} Pearson's correlation is appropriate given that faculty assessors only had five categories to select from and because composite total scores were used making the data act more like interval data. Also, there was a normal distribution of the data. Standard guidelines for Pearson's correlation coefficient are: 0.1-0.3 is small association, 0.3-0.5 is medium association, and 0.5-1.0 is large association. These general cutoffs were used to determine the strength of correlation.

RESULTS

One of the authors of the FHM reviewed our instrument and considered it to be substantially different than FHM and supported pursuit of this independent instrument for use in pharmacy. The name Patient-centered Communication Tools (PaCT) was given to the new framework and instrument. PaCT includes 23 skills categorized

Type of Validation	Description/Question Answered	Method of Measurement
Face	Does the tool appear to measure what we wish to measure?	Expert Panel review (n=10) Pilot feedback (students, n=11; faculty, n=10; standardized patients, n=11)
Content	Does the content of the tool actually measure the content that should be measured? How effective are the criteria?	Expert Panel review (n=10) Pilot feedback (students, n=11; faculty, n=10; standardized patients, n=11)
Construct	Is there improved communication as measured by the tool, subsequent to the educational program?	Pre- vs Post-student samples (n=181)
Concurrent	On the same performance, does the new tool provide similar results to another validated tool?	Faculty (n=6) evaluation of student (n=181) samples comparing PaCT to FHM
Predictive	Does the performance as measured by the new tool predict the performance on a future activity?	Comparison of student (n=181) work to other course assessments in past and future courses
Test-retest Reliability	Is the tool reliable in measuring the same performance each time?	Each student sample $(n=181)$ re-evaluated by the same faculty assessor $(n=10)$ three months later
Inter-rater Reliability	Is the tool reliable when different people use it to measure the same performance?	Two different faculty (n=10) evaluation of student (n=6) samples

Table 2. Multi-step Validation Process

into five general "Tools": Tool A=Establish a Connection; Tool B=Explore and Integrate the Patient's Perspective; Tool C=Demonstrate Interest and Empathy; Tool D=Collaborate and Educate; Tool E=Communicate with Finesse (Appendix 1). In the PaCT instrument, each individual question is assessed on a 5-point scale: unsatisfactory, needs improvement, adequate, capable, and proficient (Appendix 2).

Face and content validity were supported by the external panel, SPs, and faculty assessors. The experts felt there were no missing criteria, other than a lack of measurement of accuracy of information, the criteria were well-organized, and offered a meaningful contribution to pharmacy. Experts expressed concerns with the practicality of the instrument length and there was a lack of consensus on whether to use a descriptive rubric format or rating scale format. Experts indicated that they would use this instrument for wellness student-patient encounters, medication therapy management cases, objective structured clinical examinations, role-playing exercises, initial and follow-up encounters for longitudinal patients, and medication history taking plus counseling on a new medicine. All experts agreed that this instrument measured communication and relationship-building characteristics of a student pharmacist-patient encounter. The experts considered the ideal level of learner to be a P3 or P4 student and the length of time needed for such an encounter would be a minimum of 30 minutes.

Additionally, all SPs indicated that the criteria measured communication and relationship-building characteristics of a student pharmacist-patient encounter with a few items in Tool D were unnecessary. Nine (82%) ranked PaCT as a 5 on the 5-point Likert scale for accuracy; one (9%) ranked it a 4.5; and one abstained. Finally, faculty assessor and volunteer/pilot P4 student feedback affirmed that the instrument was comprehensive and tested communication skills. All faculty agreed that assessment speed increased the more they assessed, the examples in the framework allowed for a faster way to provide feedback in the instrument, and consistency on use of "not applicable" (N/A) and training of SPs and faculty were critical elements to the success of PaCT.

Although all student pharmacists received the same instruction on the communication framework, practice opportunities, feedback and evaluation, only data from consenting students were included (n=181, 84%). Overall scores for each student on the second interview showed a significant improvement, averaging 80.7% for the early

Therapeutics 4	
Thinking and Decision-Making Criteria	Communication Criteria
Accurately summarizes the question and provides an accurate response based on sound pharmacotherapy principles	Is appropriately concise, organized and follows a logical sequence
	Uses terminology suitable for the audience
Justifies the response using evidence	Is confident, credible, convincing and clear
	Maintains eye contact and does not rely on notes
Professional Communication	
Did the student	
Offer an initial patient greeting?	Summarize information that was complicated or unclear?
Provide his/her name and title?	Verbally and nonverbally cue the patient that the session was ending?
Develop rapport with the patient?	Use consistently strong eye contact?
Use relevant chart information?	Use open, engaged posture and body language?
Provide a purpose/map for the interview?	Use an appropriate facial expression given the counseling context?
Use the three prime questions? Were they used in an open-ended fashion?	Use language the patient would understand (ie, avoid jargon)?
Address key counseling topics?	Demonstrate empathy with patient feelings and concerns?
Use the "teach back" method to confirm patient understanding?	Demonstrate active listening/awareness of patient issues/ concerns?

Table 3. Criteria for Therapeutics 4 (T4) and Professional Communic

simulation and 90.0% for the final practicum (p < .001). To determine overall scores, each skill was weighted equally. Scores improved for 21 of 22 analyzed skills (the 23rd skill, "Special Considerations" was not applicable for this simulation); significantly improving for 18 skills (p < .05). Correlations between first and second interview scores were significant for all five tools and for 16 of 22 analyzed skills (p < .05). Performance on Tools A, B, C, and E showed significant improvement (p < .05).

The total PaCT and FHM scores on the same performance were significantly correlated (r=0.71, p<.05) supporting the concurrent validity of PaCT when compared to the instrument designed for physicians.

Scores on the PC performance showed a predictive correlation to PaCT performance scores (r=0.18, p<.05), although the correlation was not very strong. PaCT Tools C and E and PC scores were also positively correlated (r=0.19 and 0.23 respectively, p<.05), reflecting similar skills performed between PC and APP exercises, but the correlation was not very strong. PaCT score did not predict performance on the T4 exercise as there was no

correlation in overall T4 and PaCT scores (r=0.11, p > .05) or between any PaCT Tool and T4 scores. Performance on three individual PaCT questions did predict T4 scores [D2=Determine Goals (r=0.23); E6=Confidence (r=0.12); and E7=Professionalism (r=-0.20)] (Table 4).

For (test-retest) reliability analysis, total scores (Table 5) were significantly correlated (r=0.75, p<.001). Correlations were significant for individual Tools C, D, and E (p<.01). The correlation for Tools A and B approached significance (p<.10). Inter-rater reliability results showed no overall score correlation and two significant Tool correlations: Tools C (p<.01) and E (p<.05).

DISCUSSION

Multiple methodologies were used to strengthen face and content validity including review by multiple groups of experts (internal and external), students, faculty assessors, and SPs who represented a sample of the general patient population that interacts with pharmacists. The additional validation methods used in the study were thorough and numerous. As noted by Moskal and Leydens, the

Correlation Between Professional Communication Course Activity and	l PaCT
Overall Score	$r = 0.18^{a}$
A – Establish a Connection	r = 0.15 (ns)
B – Explore and Integrate Patient's Perspective	r = 0.09 (ns)
C – Demonstrate Interest & Empathy	$r = 0.19^{a}$
D – Collaborate & Educate	r = 0.05 (ns)
E – Communicate with Finesse	$r = 0.23^{b}$
Correlation Between Therapeutics 4 Communication Activity and PaC	Т
Overall Score	r = 0.11
A – Establish Connection	r = 0.10
B – Patient's Perspective	r = 0.11
C – Interest & Empathy	r = 0.11
D – Collaborate & Educate	r = 0.08
E – Communicate with Finesse	r = 0.05

Table 4. Validity of PaCT Compared to Other Internal Communication Rubrics

ns = not significant

three types of evidence commonly used to support assessment rubric validity are content, construct and criterion.⁴⁹ For development of our instrument, we examined content and construct validity.

Subsequent to the development of PaCT, the Medication-Related Consultation Framework (MRCF) was published in 2011.⁵⁰ While the MRCF is a validated framework, its design and focus are considerably different than the Patient-centered Communication Tools (PaCT), being that it was developed in and for the United Kingdom setting and has fewer detailed criteria; therefore it would not achieve the same objectives for student development and assessment. PaCT addresses the need for a framework and instrument specifically designed for student pharmacist clinical communication skills. pharmacist communication with SPs for clinical interviews and provide feedback for improvement in specific skills. Other advantages include its detail, the examples provided, the pharmacy-specific considerations, and the comprehensiveness in terms of what student pharmacists should be including in patient encounters. Disadvantages include some differences in assessor interpretation and scoring of the instrument and the limited applicability in brief patient encounters or provider interactions. Given its comprehensiveness, PaCT may be best reserved for upper level pharmacy coursework with a patient encounter scenario. This can be confirmed by the fact that Tool D and certain skills within did not show improvement from the first student use to the second which may indicate that the

The PaCT instrument can be used to measure student

Test-ReTest: One Student Rated Twice by Same Rater	
Overall Score	$r = 0.75^{b}$
A – Establish a Connection	r = 0.46 (ns)
B – Explore and Integrate Patient's Perspective	r = 0.41 (ns)
C – Demonstrate Interest & Empathy	$r = 0.70^{a}$
D – Collaborate & Educate	$r = 0.72^{b}$
E – Communicate with Finesse	$r = 0.89^{b}$
Inter-Rater: One Student Rated Twice by Different Raters	
Overall Score	r = 0.21 (ns)
A – Establish a Connection	r = 0.057 (ns)
B – Explore and Integrate Patient's Perspective	r = -0.25 (ns)
C – Demonstrate Interest & Empathy	$r = 0.59^{a}$
D – Collaborate & Educate	r = 0.02 (ns)
E – Communicate with Finesse	$r = 0.52^{a}$
ns = not significant	

 $ns = not sign a_p < .01$

Table 5. Reliability of PaCT

p < .01

 $a_p < .05$

p < .05 $^{b}p < .01$

^bp<.001

skills required for Tool D are complex, high-level skills that require more practice.

Results support the ability of the PC assessment form to predict performance on a later patient encounter activity as measured by PaCT, with strongest correlation for questions within Tool E (ie, maintaining rapport, questionstyle, verbal and non-verbal expression, language, confidence, organization, and professionalism). This suggests that students are applying foundational skills from the PC course into later professional coursework, which confirms the appropriate building of curricular experiences. This finding could be applied to prospectively identify students prior to APP who need additional assistance in developing communication skills during patient encounters.

The lack of correlation between total PaCT and T4 scores is not surprising due to differences in the skills emphasized (provider communication in T4 and patient communication in APP), length of encounter (5 minutes versus 30 minutes), and the primary assessment criteria (thinking and decision-making in T4 and communication in APP as well as the differences in quantity of criteria in both lists). However, greater correlation was anticipated between PaCT Tool E and total T4 scores since both instruments assess general communication skills. The lack of correlation indicates that students may not be translating general communications skills learned in patient encounters into other situations, in this case, provider encounters. An area for future research would be to assess if PaCT performance in APP correlates to a student pharmacist's communication skills during patient encounters during Advanced Pharmacy Practice Experiences. A positive correlation here would mean that PaCT scores have the potential to prospectively identify students needing more assistance or practice in developing the ability to communicate with patients prior to or during these experiences.

There are several limitations to this research. Data for validation were produced from a single school and within a similar cohort of (P3) students. Also, multiple confounders for communication performance in T4 and PC exist and are related to the diverse nature of the required student curriculum. The inter-rater reliability measurements, while statistically significant, are not strongly correlated. Better correlation would likely require comprehensive orientation and training (longer than 2 hours and calibration by review of multiple videos) that should be implemented for any communication assessment. Though no consensus was achieved by the expert panel due to the length of the instrument, future work can explore expanding the instrument into a descriptive rubric, which would also improve inter-rater reliability.⁵¹ Not all sections of PaCT met test-retest reliability criteria:

however, the reliability of PaCT with previous validated tools suggests that PaCT measures similar to accepted professional communication instruments. Future research can focus on the adaptation of the form to more effectively measure communication skills while increasing evaluator consistency. Additionally, given that communication tools in other disciplines used an OSCE format for their validation, using an OSCE for validity testing and subsequent modification could strengthen the validity results. It is important to note that this instrument, in order to be adaptable to various activities, will need to be combined with additional rubrics for knowledge assessment. Despite this, having a separate instrument allows for flexibility in the design and assessment of the assignment.

CONCLUSION

There are important skills applicable across health care disciplines that foster effective communication during patient encounters. The development of PaCT was based on the premise that using instruments developed for other disciplines may not capture skills that are unique to pharmacists (eg, changing focus from diagnosis to medication-related issues). PaCT is a useful instrument with significant face, content, construct, and test-retest validity specifically developed to assess student pharmacist communication with patients. The total scores on PaCT and FHM were significantly correlated. Further work is needed to improve inter-rater reliability.

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Appendix 1. Patient-centered Communication Tools (PaCT)¹

Tool	Skills	Techniques and Examples ²	Benefits
ection	Create rapport	 Address patient appropriately Mr./Ms./Mrs. or asks how patient prefers to be addressed Offer warm greeting Introduce self (name and role) Acknowledge known information about patient E.g. "I see that you are here today for", or "I remember last month, you" E.g. "I am sorry you had to wait so long." If information about patient is unknown, ask open-ended question (e.g. "How can I help you today?") 	 Establishes a welcoming atmosphere More quickly ascertain true reason for visit Uses time efficiently Minimizes "oh by
Establish a Connection	Verify, include, and prioritize patient concerns	 Solicit concerns throughout encounter Repeat patient's concerns in their own words "Your main concern is" Describe how and when they will address the concerns during the encounter E.g. "After we get test results back, we will address" E.g. "Once we finish talking about your main concern, we can discuss your other concerns." Let the patient know why an issue won't be covered or who else will address the problem(s) E.g. "That is a great question for your dietitian." 	the way" at the end of the visit • Facilitates negotiating an agenda • Decreases potential for conflict • Lays foundation of mutual respect and develops a
	Plan the visit with the patient	 Let the patient know what to expect, including the pharmacist's role for this encounter E.g. "I know you have talked about this with someone else, but I need some additional information." Establish mutual acceptance of visit agenda E.g. "Of your concerns, which should we address first/today? 	partnership
Explore and Integrate the Patient's Perspective	Ask/acknowledge patient's perspective throughout (ideas, beliefs, desires and concerns)	 Gather relevant information (e.g. patient's understanding of: the cause(s) of the problem, medication purpose and expected benefit, need for medication, impact of disease and therapy on daily life, prior experiences, values, etc.) Elicit specific requests (and goals) Avoid making assumptions or inserting own values (cultural, spiritual, traditions, complementary and alternative medicine, etc.) 	 Respects diversity Uncovers hidden concerns Reveals use of alternative treatments or requests for tests
Explore and Patient's	Affirm and incorporate patient's perspective throughout (ideas, beliefs, desires and concerns)	 Restate patient's perspective in non-judgmental manner E.g. "It sounds like you feel strongly about" Is transparent when decision is influenced by patient's perspective E.g. "Since you feel strongly about" 	 Results in a plan which is consistent with patient's values and priorities
Empathy	Acknowledge emotions	Address emotion (does not ignore emotion) Provide a tissue to a crying patient E.g. "It sounds like you are frustrated." Encourage patient to expand on expression of feeling/emotion Use continuers such as "tell me more", etc. E.g. "It's ok to be upset."	 Adds depth and meaning to the encounter for the patient Builds trust leading to better adherence
Demonstrate Interest and Empathy	Respond appropriately to emotion	 Respond to patient's verbal and non-verbal cues E.g. Notice and ask about patient's discomfort or address patient's verbal expressions of frustration Re-direct the conversation tactfully back to the goal of the encounter when needed E.g. "I wish we could talk more about this, but" Maintain composure in (verbal and non-verbal) reaction to patient expression of feelings and emotion Display sincerity and is genuine when using statement that connect with the patient. Avoid empty expressions of sympathy E.g. "I can see how that would worry you." Offer comfort, compassion, reassurance, or support (apology, nonverbal, referral, etc.) E.g. "Duch, facial expressions E.g. "While this may seem scary, here are things that we can do" E.g. "We are committed to helping you" 	and outcomes • Makes setting boundaries easier
ducate	Involve patient in decision-making to the extent he/she desires	 Offer and explain options and choices when appropriate E.g. "We have a few options that I'd like to explain if you'd like, and you can help me determine which would be best for you." Respond to patient's degree of interest in decision-making Identify if there are any decision/support partners E.g. "Given that you want to make some changes to your diet, and your spouse does the cooking, do you want to involve them?" 	Increases potential for collaboration Influences health outcomes Improves adherence Reduces unnecessary return calls and visits
nd Eq	Determine goals with patient	Jointly agree on short and/or long-term goals	Encourages and enhances confidence
Collaborate and Educate	Propose plan	 Provide clear and specific plan Frame information in terms of patient's original concerns and perspective E.g. "This is going to relieve the pain that you have described to me." Offer rationale for assessments (physical exams, tests) or treatments E.g. "We'd like to do a few tests that will help us determine the cause of the symptoms you are having." E.g. "The reason this medication is very important is because it will prevent" 	in self-care
	Assess baseline knowledge of plan	• Ask about previous experience or biases with plan (drug, non-drug, disease, monitoring, etc.) • E.g. "What do you know or what have you heard about"	

Tool	Skills	Techniques and Examples ²	Benefits
Collaborate and Educate cont.	Explore and discuss patient's level of agreement to plan	 Explore capability E.g. "How easy/hard would it be for you to" Explore acceptability Adherence barriers, cost, locus of control, access, health beliefs, complexity/ convenience of regimen, lack of support, psychological stress, etc. Adherence example "Would you be willing to store your medication in the kitchen instead of the bathroom." Diet example: "What changes of the ones we talked about do you think you could make with your eating habits?" Ask permission prior to challenging patient's perspective and acceptability E.g. "Would it be ok if I asked you a little more about that?" Provide personalized strategies to overcome barriers E.g. "I know that the side effects are concerning to you; I have some suggestions that may help lessen them." Revise plan based on patient's needs when appropriate E.g. "Since you mentioned this might be too expensive, why don't we" 	See above benefits.
Coll	and verify patient understanding	 Teachback, ShowMeTM, Universal Precautions, Chunk N' Check, demonstration, use of analogies, etc. Incorporate patient's preferred learning styles (written, verbal, electronic, etc.) E.g. "Since you seem to be internet savvy, I have a few websites to recommend." 	
	Complete the visit	 Provide summary (verbal and/or written) Discuss plan for follow-up (including timeline) E.g. "I will call you in a few days to see how you are doing. You should also see your physician in" Assure patient of ongoing support and relay how support can be accessed E.g. "Here is my phone number if you have concerns or questions when you get home." 	
	Maintain rapport	 Use conversation to keep patient at ease E.g. "What a neat hobby; it's something I've always wanted to do." Encourage questions Respond to questions Allow patient to talk Do not interrupt or cut off patient Demonstrate attentive listening and interest in patient Look at patient, nod in acknowledgement, respond to statements Suppress own negative reactions Acknowledge patient's efforts toward understanding key messages, changing behaviors, and improvement E.g. "Exactly; you've got it!" E.g. "It's great that you have started" 	 Builds a relationship Uses time efficiently Establishes the patient's confidence in practitioner Avoids misunderstandings and/or mistakes
Communicate with Finesse	Effective question-style	 Use open-ended or closed-ended at appropriate times Closed-ended for review of symptoms and for follow-up questions; open-ended all other times Use prompts/continuers to encourage expansion when appropriate Use non-leading or unbiased questions Phrase questions tactfully Sequence questions in logical manner Avoid compounded and/or redundant questions E.g. "How often, what time of day do you take your?" 	
	Verbal expression	Enunciate clearly; pronounce accurately Use proper grammar Modulate tone, volume, and rate of speech Use transitions seamlessly and maintain fluency Reflect patient vernacular without using offensive slang	
Commu	Appropriate language to patient's health literacy	 Use proper vocabulary and clear, jargon-free language Use applicable analogies and/or specific examples verbal or pictoral 	
	Non-verbal expression	 Maintain appropriate eye contact and spacial relationship Distance, level, eliminating barriers, etc. Display suitable posture, body language Use silence/pauses when appropriate Avoid annoying habits/behaviors and disruptive note-taking 	
	Confidence	 Confident when stating what one knows or does not know Function within the boundaries of a pharmacist's responsibilities Display confidence during encounter 	
	Professionalism Organization	 Display appropriate physical appearance, comportment, demeanor, tact, manners, etc. Balance patient and pharmacist priorities Maintain focus Flexible, yet retains control of interview 	
	Special considerations (could be N/A)	 Interpreters, deat/blind patient Manage the challenging patient (angry, uncommunicative, sad, frustrated, confused, cognitively-impaired, etc.) 	

¹Based loosely on The Four Habits Model[°] with permission from The Permanente Medical Group

²do not need to have all of these

UNSATISFACTORY (U)	NEEDS IMPROVEMENT (NI)	ADEQUATE (A)	CAPABLE (C)	P	ROFI (F		NT	
Student does not attempt	Student attempts few	Student attempts	Student attempts most	Stude	nt co	mple	etes	all
any criterion OR	criteria	criteria	criteria		crit			
the overall effect is	OR	AND	AND		AN	D		
counterproductive to the	does not achieve	minimally achieves	achieves overall goal of	achieve	es ov	erall	goa	lo
goal of the skill ² .	overall goal of the skill ² .	overall goal of the skill ² .	the skill ² .		the s	kill ² .		
	A. In	vest in the Pati	ient					
A1. Create rapport			Notes	Ci	rcle (one:		
 Address patient appropria 	ately (Mr./Ms./Mrs. or asks	how patient prefers to		U	NI	Α	С	1
be addressed)								
 Offer warm greeting 								
 Introduce self (name and i 	Sector and the sector sector sector							
 Acknowledge known infor 	mation about patient (if un	known, ask open-ended						
question) A2. Verify, include, and p	rioritize natient concern	ic.						
 Solicit concerns throughout 				U	NI	A	С	
 Repeat patient's concerns 				0	INI	~	C	
 Describe how and when the 		ns during the encounter						
 Let the patient know why 	•	-						
the problem(s)								
A3. Plan the visit with the	e patient							
Let the patient know what	t to expect (explain the pha	rmacist's role for this		U	NI	Α	С	
encounter)								
 Establish mutual acceptan 	ice of visit agenda					_		
	B: Integrate	e the Patient's Pe	erspective					
B1. Ask/acknowledge pat			Notes	Ci	rcle	one:		
 Gather relevant information 				U	NI	А	С	
	nent/monitoring, impact of	disease and therapy on						
life, values, etc.)								
 Elicit specific requests (and 								
 Avoid making assumption: 								
B2. Affirm and incorporat	y and alternative medicine,				_			
B2. Annin and incorporat								
Restate natient's nersnert					NI	Δ		
 Restate patient's perspect Is transparent when decision 	tive in non-judgmental mar	nner		U	NI	A	С	
 Restate patient's perspect Is transparent when decision 	tive in non-judgmental man ion is influenced by patient	nner 's perspective	id Empathy	U	NI	A	C	
	tive in non-judgmental man ion is influenced by patient C. Demonstr	nner	nd Empathy Notes		NI rcle (
 Is transparent when decision 	tive in non-judgmental mar ion is influenced by patient C. Demonstr ns	nner 's perspective						
 Is transparent when decisi C1. Acknowledge emotio 	tive in non-judgmental mar ion is influenced by patient C. Demonstr ns ot ignore emotion)	nner 's perspective rate Interest an		Ci	rcle	one:		
 Is transparent when decision C1. Acknowledge emotion Address emotion (does not service) 	tive in non-judgmental mar ion is influenced by patient C. Demonstr ns ot ignore emotion) and on expression of feeling	nner 's perspective rate Interest an		Ci	rcle	one:		
 Is transparent when decision C1. Acknowledge emotion Address emotion (does not Encourage patient to expansion) 	tive in non-judgmental mar ion is influenced by patient C. Demonstr ns ot ignore emotion) and on expression of feeling s emotion as appropriate	nner 's perspective rate Interest an		Ci	rcle	one:		
 Is transparent when decisis C1. Acknowledge emotio Address emotion (does not Encourage patient to express Prompt patient to express C2. Respond appropriate Respond to patient's verb 	tive in non-judgmental mar ion is influenced by patient C. Demonstr ns ot ignore emotion) and on expression of feeling e emotion as appropriate ly to emotion al and non-verbal cues	nner 's perspective rate Interest an g/emotion		Ci	rcle	one: A	C	
 Is transparent when decisis C1. Acknowledge emotio Address emotion (does not Encourage patient to express Prompt patient to express C2. Respond appropriate Respond to patient's verb Re-direct the conversation 	tive in non-judgmental mar ion is influenced by patient C. Demonstr ns ot ignore emotion) and on expression of feeling e emotion as appropriate ly to emotion al and non-verbal cues	nner 's perspective rate Interest an g/emotion		Cin	rcle (NI	one: A	C	
 Is transparent when decision C1. Acknowledge emotion Address emotion (does not Encourage patient to express Prompt patient to express C2. Respond appropriate Respond to patient's verb Re-direct the conversation needed 	tive in non-judgmental mar ion is influenced by patient C. Demonstr ns ot ignore emotion) and on expression of feeling semotion as appropriate ly to emotion al and non-verbal cues in tactfully back to the goal of	nner 's perspective rate Interest an g/emotion		Cin	rcle (NI	one: A	C	
 Is transparent when decision C1. Acknowledge emotion Address emotion (does not Encourage patient to express Prompt patient to express C2. Respond appropriate Respond to patient's verb Re-direct the conversation needed Maintain composure in (weight) 	tive in non-judgmental mar ion is influenced by patient C. Demonstr ns ot ignore emotion) and on expression of feeling semotion as appropriate ly to emotion al and non-verbal cues in tactfully back to the goal of	nner 's perspective rate Interest an g/emotion		Cin	rcle (NI	one: A	C	
 Is transparent when decision C1. Acknowledge emotion Address emotion (does not Encourage patient to express Prompt patient to express C2. Respond appropriate Respond to patient's verb Re-direct the conversation needed Maintain composure in (we of feelings and emotion 	tive in non-judgmental mar ion is influenced by patient C. Demonstr ns of ignore emotion) and on expression of feeling is emotion as appropriate ly to emotion al and non-verbal cues in tactfully back to the goal of erbal and non-verbal) react	nner 's perspective rate Interest an g/emotion of the encounter when ion to patient expression		Cin	rcle (NI	one: A	C	
 Is transparent when decision C1. Acknowledge emotion Address emotion (does not Encourage patient to express Prompt patient to express C2. Respond appropriate Respond to patient's verb Re-direct the conversation needed Maintain composure in (we of feelings and emotion Display sincerity and is generation 	tive in non-judgmental mar ion is influenced by patient C. Demonstr ns of ignore emotion) and on expression of feeling is emotion as appropriate ly to emotion al and non-verbal cues in tactfully back to the goal of erbal and non-verbal) react	nner 's perspective rate Interest an g/emotion of the encounter when ion to patient expression		Cin	rcle (NI	one: A	C	
 Is transparent when decision C1. Acknowledge emotion Address emotion (does not Encourage patient to express Prompt patient to express C2. Respond appropriate Respond to patient's verb Re-direct the conversation needed Maintain composure in (we of feelings and emotion 	tive in non-judgmental mar ion is influenced by patient C. Demonstr ns ot ignore emotion) and on expression of feeling emotion as appropriate ly to emotion al and non-verbal cues in tactfully back to the goal of erbal and non-verbal) react nuine when using statemen	nner 's perspective rate Interest an g/emotion of the encounter when ion to patient expression hts that connect with the		Cin	rcle (NI	one: A	C	

Appendix 2. Patient-centered Communication Tools (PaCT)¹ Assessment Form

UNSATISFACTORY	NEEDS	ADEQUATE	CAPABLE	F	PRC		CIEN	T	
(U)	IMPROVEMENT (NI)	(A)	(C)			(P))		
Student does not attempt	Student attempts few	Student attempts	Student attempts most	Stud	ent	con	nple	tes	all
any criterion OR	criteria	criteria	criteria		С	rite	ria		
the overall effect is	OR	AND	AND			AN	D		
counterproductive to the	does not achieve	minimally achieves							of
goal of the skill ² .	overall goal of the skill ² .	overall goal of the skill ² .	¹² . the skill ² . the skill ² .						
		Plan and Educa	ite						
D1. Involve patient in dec	ision-making/plan to th	e extent he/she	Notes	С	ircl	e o	ne:		
desires	0/1								
 Offer and explain options 	and choices when appropri	ate		U	-	NI	Α	С	Р
 Respond to patient's degree 								-	
 Identify and involve decisi 									
D2. Determine goals with									
 Identify short and/or long- 				U		NI	A	С	Р
D3. Propose the plan	term Bouis					••			
							^	<u> </u>	D
 Provide clear and specific Frame information in term 		orns and norspostive		U		NI	A	С	Ρ
 Offer rationale for assessn 									
D4. Assess baseline know		s) of treatments							
 Ask about baseline knowled 		o or biasos		U	_	NI	A	С	Р
							A	C	r
D5. Explore and discuss p	atient's level of agreem	ent to plan							-
 Explore capability 		6		U		NI	А	С	Ρ
 Explore acceptability (e.g. 									
	convenience of regimen, la	аск от support,							
 psychological stress, etc.) Ask permission prior to ch 	allonging nationt's norshos	tive and accontability							
 Provide personalized strat 									
 Revise plan based on patie 	-								
D6. Provide education ar									
 Use education methods ar 		•		U	_	NI	A	С	Р
•	niversal Precautions, Chunk					NI	A	C	г
demonstration, use of ana		the check,							
 Incorporate patient's prefet 		en verbal electronic							
etc.)									
 Develop patient self-effica 	cy (allow patient to sense of	control over their own							
	in order to make appropri								
D7. Complete the visit									
Drovido summary (vorbal s	and/or written)			U	-	NI	A	С	Р
 Provide summary (verbal a Encourage guestions 									
 Encourage questions 									
Encourage questionsRespond to questions									
 Encourage questions 	(including timeline)	port can be accessed							
 Encourage questions Respond to questions Discuss plan for follow-up 	(including timeline) support and relay how sup	port can be accessed	Finesse						
 Encourage questions Respond to questions Discuss plan for follow-up Assure patient of ongoing 	(including timeline) support and relay how sup		Finesse Notes	C	ircl	e o	ne:		
 Encourage questions Respond to questions Discuss plan for follow-up 	(including timeline) support and relay how sup E. Comr			C			ne:	C	Ρ
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 Encourage questions Respond to questions Discuss plan for follow-up Assure patient of ongoing E1. Maintain rapport Use conversation to keep 	(including timeline) support and relay how sup E. Comr patient at ease ot interrupt or cut off patie	nunicate with						С	Ρ
 Encourage questions Respond to questions Discuss plan for follow-up Assure patient of ongoing E1. Maintain rapport Use conversation to keep Allow patient to talk (do n 	(including timeline) support and relay how sup E. Comr patient at ease ot interrupt or cut off patie ening and interest in patie	nunicate with						C	Ρ
 Encourage questions Respond to questions Discuss plan for follow-up Assure patient of ongoing E1. Maintain rapport Use conversation to keep Allow patient to talk (do n Demonstrate attentive list 	(including timeline) support and relay how sup E. Comr patient at ease ot interrupt or cut off patient ening and interest in patient actions	nunicate with						C	Р

UNSATISFACTORY (U)	NEEDS IMPROVEMENT (NI)	ADEQUATE (A)	CAPABLE (C)	Ρ	ROFI (F		IT	
Student does not attempt	Student attempts few	Student attempts	Student attempts most	Stude	nt co	mple	tes	<u>all</u>
any criterion OR	criteria	criteria	criteria		crite	eria		
the overall effect is	AND		AN					
counterproductive to the	does not achieve	minimally achieves	achieves overall goal of	achiev			-	l of
goal of the skill ² .	overall goal of the skill ² .	overall goal of the skill ² .	the skill ² .		the s	kill ² .		
E2. Effective question-sty	_			1				
 Use open-ended or closed 		oc		U	NI	Α	С	Р
 Use prompts/continuers to 						~	C	
 Use non-leading or unbias 								
 Phrase questions tactfully 								
 Sequence questions in log 	ical manner							
 Avoid compounded and/o 								
E3. Verbal expression								
 Annunciate clearly; pronor 	unce accurately			U	NI	Α	С	Р
 Use proper grammar and 	vocabulary							
 Modulate tone, volume, and 	nd rate of speech							
 Use transitions seamlessly 	and maintain fluency							
 Reflect patient vernacular 	without using offensive sla	ang						
E4. Appropriate language	to patient's health liter	асу						
 Use clear and jargon-free 	anguage			U	NI	А	С	Ρ
 Use applicable analogies a 	nd/or specific examples (ve	erbal or pictoral)						
E5. Non-verbal expression								
 Maintain appropriate eye- 		nship		U	NI	А	С	Ρ
 Display suitable posture, b 								
 Use silence/pauses when a 								
 Avoid annoying habits and 	disruptive note-taking							
E6. Confidence								
 Confident when stating w 				U	NI	А	С	Ρ
 Function within the bound 		oonsibilities						
 Display confidence during 	encounter							
E7. Professionalism								
 Display appropriate physic 	al appearance, comportme	ent, demeanor, tact,		U	NI	А	С	Ρ
manners, etc.								
E8. Organization								
 Balance patient and pharm 	nacist priorities			U	NI	А	С	Ρ
 Maintain focus 								
 Flexible, yet retains control 								
E9. Special consideration	s (could be N/A)							
Interpreters, deaf/blind page	atient		List the situation here:	U	NI	А	С	Ρ
 Manage the challenging part 	atient (angry, uncommunic	ative, sad, frustrated,			Not a	appli	cabl	е
confused, cognitively-impa								
¹ Based loosely on the Four Habi	ts Model [©] with permission fro	om The Permanente Medical	Group					

¹Based loosely on the Four Habits Model[©] with permission from The Permanente Medical Group

²"Skills" are A1-E9 headings

This tool is not intended to measure accuracy