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# Vascular-derived connective tissue growth factor (Ctgf) is critical for pregnancy-induced $\beta$ cell hyperplasia in adult mice

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#### ABSTRACT

During pregnancy, maternal  $\beta$  cells undergo compensatory changes including hypertrophy, hyperplasia, and increased glucose-stimulated insulin secretion (GSIS). Failure of these adaptations to occur can result in gestational diabetes mellitus. The secreted protein, Connective tissue growth factor (Ctgf), is critical for normal  $\beta$  cell development and promotes regeneration after partial  $\beta$  cell ablation. During embryogenesis, Ctgf is expressed in pancreatic ducts, vasculature, and  $\beta$  cells. In the adult pancreas, Ctgf is expressed only in the vasculature. Here, we report that pregnant mice with global Ctgf haploinsufficiency (Ctgf<sup>LaCZ/+</sup>) have an impairment in maternal  $\beta$  cell proliferation, while  $\beta$  cell proliferation in virgin Ctgf<sup>LaCZ/+</sup> females is unaffected. Additionally,  $\alpha$ -cell proliferation,  $\beta$  cell size, and GSIS were unaffected in Ctgf<sup>LaCZ/+</sup> mice, suggesting that vascular-derived Ctgf has a specific role in islet compensation during pregnancy.

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# Introduction

Connective tissue growth factor (Ctgf) is critical for  $\beta$ cell specification and proliferation during islet development.<sup>3,8</sup> Ctgf is a member of the CCN family (named after the first three members of the family discovered, CYR61, CTGF, and NOV) of secreted extracellular matrix-associated proteins and is expressed by a variety of cell and tissue types, including chondrocytes, endothelial cells, and cardiac myocytes.<sup>2</sup> Depending on the cellular microenvironment, Ctgf modulates a variety of processes including proliferation, adhesion, migration, and extracellular matrix production.<sup>17</sup> In the embryonic pancreas, Ctgf is expressed in  $\beta$  cells, ducts, and vasculature.<sup>3</sup> Inactivation of Ctgf specifically from vascular endothelial cells results in decreased  $\beta$  cell proliferation during development, demonstrating that Ctgf can act in a paracrine manner on neighboring  $\beta$  cells.<sup>2</sup> Conversely, transgenic over-expression of Ctgf in insulin-producing cells increases embryonic  $\beta$  cell proliferation.<sup>2</sup> Treatment of isolated adult mouse islets with recombinant Ctgf induces a two-fold increase in  $\beta$  cell proliferation, suggesting that extra-islet cell types are

not required for the effects of Ctgf on  $\beta$  cells.<sup>20</sup> In vivo, Ctgf over-expression in adult  $\beta$  cells induces proliferation only in the setting of reduced  $\beta$  cell mass (for example, after 50%  $\beta$  cell ablation), promoting  $\beta$  cell mass regeneration through increased proliferation.<sup>20</sup>

A variety of stimuli, including high fat diet, partial pancreatectomy, and pregnancy, increase  $\beta$  cell proliferation in adult animals. Increased  $\beta$  cell proliferation under these circumstances facilitates  $\beta$  cell mass expansion, thus ensuring sufficient quantities of insulin are produced to properly regulate blood glucose homeostasis during times of physiological stress. Failure of sufficient  $\beta$  cell proliferation during pregnancy risks the development of gestational diabetes mellitus (GDM), a condition characterized by glucose intolerance without previously diagnosed diabetes. In addition to the acute dangers caused by loss of glucose homeostasis, women diagnosed with GDM are more likely to develop complications during delivery, including pre-eclampsia and Caesarian section.<sup>6</sup> Likewise, both the mother and offspring of GDM pregnancies are more likely to become obese or develop type 2

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diabetes (T2D) later in life.<sup>16</sup> Despite occurring in approximately 7–10% of human pregnancies, little is known about the molecular mechanisms or causes of GDM.<sup>1</sup> Although ethnicity, obesity, and family history are all associated with GDM, no single risk factor adequately predicts the development of the disease.<sup>16</sup> It is inherently difficult to study  $\beta$  cell compensation in human females, thus animal models are critical for elucidating mechanisms of  $\beta$  cell compensation that occur during pregnancy.<sup>15</sup>

While genes that regulate  $\beta$  cell replication are often intrinsic to the endocrine cells, the islet vasculature can also contribute to pregnancy-induced  $\beta$  cell proliferation. Hepatocyte growth factor (HGF) is an endothelially-derived  $\beta$  cell mitogen that increases in the circulation during pregnancy.<sup>4</sup> Conditional knockout mouse models revealed that HGF, through interaction with the c-Met receptor on  $\beta$  cells, induces  $\beta$ cell mass expansion during pregnancy.<sup>4</sup> Reduction in vascular endothelial growth factor (VEGF)-A signaling can also impair glucose intolerance during pregnancy due to islet hypovascularization, further demonstrating the impact that the islet vasculature has on maternal islet function during pregnancy.<sup>23</sup>

In this study, we examined whether reduction of *Ctgf* affects  $\beta$  cell compensation during pregnancy. Using a *Ctgf* LacZ reporter allele, we show that *Ctgf* is expressed in the endothelial cells of the islets in adult mice, and that global *Ctgf* haploinsufficiency impairs pregnancy-induced maternal  $\beta$  cell proliferation. In contrast,  $\alpha$ -cell proliferation,  $\beta$  cell hypertrophy, and glucose-stimulated insulin secretion were unaffected by Ctgf haploinsufficiency.

These studies emphasize that non-endocrine cells regulate  $\beta$  cell proliferation during pregnancy, emphasizing the importance that paracrine factors can have on islet compensation in response to increased insulin demand.

### **Materials and methods**

### **Experimental animals**

Ctgf<sup>LacZ/+</sup> mice have been described previously.<sup>3</sup> Wildtype, age matched, sex matched siblings were used as controls for experiments using Ctgf<sup>LacZ/+</sup> mice. All mice were maintained on a C57BL/J6 background. Analyses were performed when mice were 10 weeks of age. All procedures were approved and performed in accordance with the Vanderbilt Institutional Animal Care and Use Committee under the supervision of the Division of Animal Care. Mice were housed in a controlled-temperature environment with a 12 hr night/ day cycle and *ad libitum* access to high energy diet (11% kcal from fat; 5LJ5, Purina, St. Louis, MO) food and water except when otherwise noted.

# Intraperitoneal glucose tolerance test (IP-GTT)

Animals were fasted for 16 hr prior to an IP-GTT. Fasting blood glucose was measured from 2  $\mu$ l of tail vein blood with an Accu-check glucometer and glucose strips (Roche, Indianapolis, IN) as described previously.<sup>9</sup>

# Intraperitoneal insulin tolerance test (IP-ITT)

Animals were fasted for 6 hr prior to an IP-ITT. Fasting blood glucose was measured as described above, and animals received an intraperitoneal injection of recombinant human insulin (Novo Nordisk, Princeton, NJ) at a dosage of 0.5 U/1000 g body weight. Insulin was diluted in filter-sterilized 1x PBS.

# Islet isolation and perifusion

Mouse islets were isolated by intraductal infusion of collagenase P.<sup>13,21</sup> Islet function was studied in a dynamic cell perifusion system as described previously.<sup>12</sup>

# X-gal staining

Pancreata were dissected and fixed in 4% paraformaldehyde for 4 hr at 4°C. Tissues were washed in 1x PBS, cryoprotected with 30% sucrose in PBS for 24 hr and snap frozen in FSC 22 frozen section compound (Leica, Buffalo Grove, IL). 10  $\mu$ m frozen sections were cut with a Leica CM3050S cryostat and attached to charged X-tra microscope slides (Leica, Buffalo Grove, IL). Slides were washed three times in LacZ wash buffer (2 mM MgCl<sub>2</sub>, 0.01% sodium deoxycholate, 0.02% NP-40, in 100 mM sodium phosphate buffer, pH 7.3), and then incubated in X-gal staining solution (2 mM MgCl<sub>2</sub>, 5 mM potassium ferrocyanide, 5 mM potassium ferricyanide, 1 mg/ml X-gal, in PBS) at 37°C for 30 mins. Sections were then washed in LacZ wash buffer and counterstained in Nuclear Fast Red (VECTOR, Burlingame, CA) for 5 mins and mounted with SHUR/Mount liquid mounting media (TBS, Durham, NC). Images were acquired using a ScanScope CS bright field microscope (Aperio Technologies,

Vista, CA). Slides from three different mice per cohort were analyzed. Wild-type virgin and wild-type pregnant gestational day 14.5 (GD14.5) slides were run as a negative control for X-gal staining.

# Immunolabeling

Pancreata were dissected and fixed for 4 hr in 4% paraformaldehyde, dehydrated in an ethanol series, and embedded in paraffin. Serial sections were cut at 5  $\mu$ m and placed on glass slides. Indirect protein localization was obtained by incubation with the following primary antibodies: guinea pig anti-Insulin (Dako, Carpinteria, CA; 1:500), rabbit anti-Ki67 (Abcam, Cambridge, MA; 1:500), rat anti-CK19 (TROMA III) (Developmental Studies Hybridoma Bank, Iowa City, IA; 1:500), rabbit anti-CD31 (Abcam, Cambridge, MA; 1:100), guinea pig anti-glucagon (EMD Millipore, Bellerica, MA; 1:500) and chicken anti- $\beta$ -galactosidase (Abcam, Cambridge, MA, 1:500). Primary antibodies were detected with the following species-specific donkey secondary antibodies: Peroxidase-conjugated anti-guinea pig (Jackson ImmunoResearch, West Grove, PA, 1:400), Cy2-conjugated anti-guinea pig (Jackson ImmunoResearch, West Grove, PA, 1:400), Cy3-conjugated anti-rabbit (Jackson ImmunoResearch, West Grove, PA, 1:400), Cy3-conjugated anti-chicken (Jackson ImmunoResearch, West Grove, PA, 1:400), Cy3-conjugated antirat (Jackson ImmunoResearch, West Grove, PA, 1:400). Nuclei were labeled with DAPI (0.5  $\mu$ g/mL for 2 minutes; Thermo Scientific, Rockford, IL). Imaging was with a ScanScope FL scanner (Aperio Technologies, Vista, CA) and quantified using MetaMorph 6.1 (Molecular Devices, Sunnyvale, CA).

# $\beta$ cell mass

Six to 12 slides per animal (1 to 2% of entire pancreas) were immunolabeled for insulin, visualized via the DAB Peroxidase Substrate Kit (Vector Laboratories), and counterstained with eosin. Quantification of  $\beta$  cell mass was performed as described previously.<sup>7</sup> Briefly, one pancreatic section per slide was scanned using a ScanScope CS scanner (Aperio Technologies, Vista, CA). Images from each experiment were processed identically with the ImageScope Software (Aperio Technologies, Vista, CA).  $\beta$  cell mass was measured by obtaining the ratio of insulin-positive area to total pancreas area of all scanned sections per animal and multiplied by the pancreatic wet weight.

# $\beta$ cell and $\alpha$ -cell proliferation

Five slides (at least 250  $\mu$ m apart) per animal were immunolabeled for insulin or glucagon and Ki67 using sodium citrate antigen retrieval (10 mM sodium citrate). A minimum of 4,000  $\beta$  cells or 1,500  $\alpha$ -cells were counted, and the percentage of proliferating cells was determined by dividing the number of Ki67+, hormone+ cells by the total number of hormone+ cells.

# Individual $\beta$ cell size

Five slides (at least 250  $\mu$ m apart) per animal were immunolabeled for insulin using sodium citrate antigen retrieval (10 mM sodium citrate). Individual  $\beta$  cell size was determined by dividing the total  $\beta$  cell insulin positive size by the number of  $\beta$  cell nuclei. A minimum of 125 islets were quantified per sample.

#### Islet vascularization

Sections were immunolabeled for insulin and CD31 using TEG (1 mM Tris, 0.5 mM EGTA; pH 9.0) antigen retrieval. CD31 positive area of at least 100 islets, measured across five slides (at least 250  $\mu$ m apart) per animal was measured. Percent of islet vascularization was determined by dividing total CD31+ area by total insulin+ and CD31+ area.

#### **Statistics**

Statistical significance for IP-GTTs and IP-ITTs was calculated using two-way ANOVA and Bonferroni post hoc test. For  $\beta/\alpha$ -cell proliferation assays,  $\beta$  cell mass,  $\beta$  cell size, and islet vascularization analysis, statistical significance was determined using one-way ANOVA and Tukey HSD test. Statistical significance for individual fractions of perifusion analysis was calculated using Student's t-test. Statistical analysis was conducted using GraphPad Prism 6 software (GraphPad, San Diego, CA); statistical tests utilized were determined using recommendations provided by GraphPad Prism 6 software. Statistical significance was set at P < 0.05.

# Results

# Ctgf is expressed in the pancreatic vasculature of virgin and pregnant female mice

Previous studies from our lab demonstrated that *Ctgf* is important during times of  $\beta$  cell expansion including

embryonic development and regeneration after partial  $\beta$ cell ablation.<sup>2,8,16,19</sup> However, it was unknown what role, if any, Ctgf has in  $\beta$  cell biology during pregnancy. We thus examined where Ctgf was expressed in adult female pancreata. As currently available commercial antibodies are not specific for Ctgf on tissue sections, we utilized mice heterozygous for a LacZ knockin Ctgf loss-of-function allele (<sup>3</sup> hereafter referred to as  $Ctgf^{LacZ/+}$ ) to determine the expression pattern of Ctgf in pancreata from virgin and pregnant female mice. X-gal staining revealed that Ctgf expression was detected in structures consistent with vasculature in both virgin and gestational day 14.5 (GD14.5) pregnant mice, but was not observed in any other structure (Fig. 1). To confirm these findings, we performed immunolabeling with a  $\beta$ -galactosidase antibody and CK19, insulin, or CD31 antibodies to determine if Ctgf was expressed in the ducts,  $\beta$  cells, or endothelial cells, respectively. No co-localization was observed between  $\beta$ -galactosidase and CK19 or insulin (Fig. 2A-A", B-B", D-D", E-E") in virgin or GD14.5 samples. In contrast, co-localization was observed between  $\beta$ -galactosidase- and CD31 (Figure C-C", F-F") in both cohorts. As the endothelial cells of the vasculature are the predominate cell type of the pancreas that



**Figure 1.** Ctgf is expressed in the pancreatic vasculature of adult virgin and pregnant female mice. X-gal staining of sections from virgin and pregnant (GD14.5) Ctgf<sup>LacZ/+</sup> female pancreata. Islets circled with dashed line. Arrows denote extra-islet X-gal stain; arrowheads denote intra-islet X-gal stain. Wild-type virgin and pregnant (GD14.5) samples were run as a negative control for X-gal stain. Tissue was counterstained with Nuclear Fast Red. n = 3/group. Scale bar represents 100  $\mu$ m.

expresses CD31, our findings suggest that the primary source of Ctgf expression in the adult pancreas is the vasculature.  $\beta$ -galactosidase and CD31 sub-cellular localization did not completely overlap, likely due to the transmembrane domain present in the CTGF/ $\beta$ -galactosidase fusion protein, which causes it to form aggregates in the plasma membrane; CD31 has a more uniform localization throughout endothelial cells. Vasculature immediately adjacent to the islets (arrows, Fig. 1) and microvasculature within the islets themselves (arrowheads, Fig. 1) also displayed  $\beta$ -galactosidase activity, indicating that  $\beta$  cells in adult female mice are exposed to Ctgf protein in a paracrine manner. Using a conditional *Ctgf* allele, we previously showed that specific inactivation of Ctgf from vascular endothelial cells results in a decrease in  $\beta$  cell proliferation during embryonic development, demonstrating that non-endocrine sources of Ctgf are necessary for normal levels of  $\beta$  cell proliferation.<sup>16</sup> Thus, it was possible that endothelial-derived Ctgf could influence maternal  $\beta$  cells during pregnancy.

# Ctgf haploinsufficiency reduces proliferation of $\beta$ cells during pregnancy

Mice homozygous for the Ctgf<sup>LacZ</sup> allele die shortly after birth due to respiratory failure.<sup>10</sup> We therefore examined animals with global heterozygosity in Ctgf (Ctgf<sup>LacZ/+</sup> mice) to determine the effects on maternal  $\beta$  cell compensation at gestational day 14.5 (GD14.5) during pregnancy. GD14.5 was chosen as this is the time-point during pregnancy with the most profound increase in  $\beta$ cell proliferation compared to virgin animals.<sup>11,18</sup> We observed no difference in  $\beta$  cell proliferation between virgin wild-type and virgin Ctgf<sup>LacZ/+</sup> females (Fig. 3A, B). In wild-type females, a more than two-fold increase in maternal  $\beta$  cell proliferation was observed at GD14.5 compared with virgin, consistent with previously published studies.<sup>11,25</sup> Although pancreata from GD14.5 Ctgf<sup>LacZ/+</sup> females displayed an increase in  $\beta$  cell proliferation compared to Ctgf<sup>lacZ/+</sup> virgins, global Ctgf haploinsufficiency clearly impaired maternal  $\beta$  cell proliferation during pregnancy (Fig. 3A, B).

# Ctgf heterozygosity does not impair $\beta$ cell mass, glucose-stimulated insulin secretion, whole body insulin tolerance, or $\alpha$ -cell proliferation

Since maternal  $\beta$  cell size and total  $\beta$  cell mass also normally increase during pregnancy, we investigated if these adaptations were impaired in pregnant



**Figure 2.**  $\beta$ -gal Ctgf reporter expression co-localizes with CD31-positive vascular endothelial cells in adult virgin and pregnant female mice. Dual labeling of Ctgf  $\beta$ -gal reporter and the ductal marker CK19 in (A-A") virgin and (D-D") pregnant gestational day 14.5 (GD14.5) mice. Dual labeling of Ctgf  $\beta$ -gal reporter with insulin in (B-B") virgin and (E-E") pregnant GD14.5 mice. Dual labeling with Ctgf  $\beta$ -gal reporter and pregnant (F-F") GD14.5 mice. Nuclei are labeled with DAPI. n = 3/group. Scale bar represents 50  $\mu$ m.

Ctgf<sup>LacZ/+</sup> females.<sup>22</sup>  $\beta$  cell hypertrophy was observed in Ctgf<sup>LacZ/+</sup> pancreata at GD14.5, suggesting that not all islet adaptations to pregnancy are impaired by *Ctgf* heterozygosity (Fig. 3C). The increase in  $\beta$  cell proliferation and size during pregnancy induces an overall increase in total  $\beta$  cell mass that reaches a maximum response by gestational day 16.5 (GD16.5). In our analysis, both wild-type and Ctgf<sup>LacZ/+</sup> females had a significant increase in  $\beta$  cell mass at GD16.5 compared to virgin controls; no significant difference in  $\beta$  cell mass was observed between wild-type and Ctgf<sup>LacZ/+</sup> females at this stage (Fig. 3D).

Furthermore, despite a relative deficiency in  $\beta$  cell proliferation in GD14.5 Ctgf<sup>LacZ/+</sup> females, there was no difference in glucose homeostasis between wild-type and Ctgf<sup>LacZ/+</sup> females as virgins or at GD14.5, likely due to the fact that  $\beta$  cell mass was still normal (Fig. 4A, B). Consistent with this finding, GSIS was not impaired in islets isolated from pregnant Ctgf<sup>LacZ/+</sup> females (Fig. 4C, Supplemental Table 1). Since Ctgf<sup>LacZ/+</sup> mice are globally heterozygous for the loss-of-function *Ctgf* allele, we conducted intraperitoneal insulin tolerance tests (IP-ITT) at GD14.5 to determine if whole-body insulin sensitivity is normal in the pregnant mice. No significant difference in blood glucose was detected in Ctgf<sup>LacZ/+</sup> at any time during the ITT (Fig. 4D).

We previously showed that Ctgf induction during embryogenesis increased  $\alpha$ -cell proliferation as well as  $\beta$  cell proliferation.<sup>8</sup> Thus,  $\alpha$ -cell proliferation was examined in virgin and GD14.5 wild-type and Ctgf<sup>LacZ/+</sup> pancreata.  $\alpha$ -cell proliferation did not increase during pregnancy in wild-type mice and was not different in Ctgf<sup>LacZ/+</sup> mice (Fig. 4E).

# **Ctgf haploinsufficiency does not impair islet vascularization**

The decrease in embryonic  $\beta$  cell proliferation observed with endothelial-specific Ctgf inactivation is accompanied by a reduction in overall islet vasculature.<sup>16</sup> Since vascular endothelial cells produce factors that induce  $\beta$  cell proliferation (eg. HGF, Ctgf), we examined whether decreased islet vascularization could contribute to reduced maternal  $\beta$  cell proliferation in Ctgf<sup>LacZ/+</sup> pancreata during pregnancy.<sup>5</sup> Pancreas sections from virgin and GD14.5 wild-type and Ctgf<sup>LacZ/+</sup> mice were co-labeled with insulin and CD31 to determine if there was a decrease in islet vascularization in Ctgf<sup>LacZ/+</sup> females. No differences in percentage of islet vascularization were observed between any of the four cohorts, indicating that maternal islet vascularization does not increase during pregnancy and arguing that impaired vascularization does not contribute to the decrease in maternal  $\beta$  cell proliferation in  $Ctgf^{LacZ/+}$  pregnant females (Fig. 4F).

# Discussion

In this study, we investigated the importance of *Ctgf* in pregnancy-induced  $\beta$  cell proliferation and post-natal  $\beta$  cell function. Since the etiology behind GDM remains largely unknown, understanding factors that



**Figure 3.** Global heterozygosity for Ctgf impairs pregnancy-induced  $\beta$  cell proliferation, but does not impact  $\beta$  cell hypertrophy or  $\beta$  cell mass. (A,B) Quantification and co-labeling of pancreas sections with insulin (green) and Ki67 (red) to quantify proliferating  $\beta$  cells in virgin and gestational day 14.5 (GD14.5) wild-type and Ctgf<sup>LacZ/+</sup> females. DAPI is in blue. Arrows indicate proliferating  $\beta$  cells. Scale bar represents 100  $\mu$ m. (C) Individual  $\beta$  cell size in virgin and gestational day 14.5 (GD14.5) wild-type and Ctgf<sup>LacZ/+</sup> females. (D)  $\beta$  cell mass measured in virgin, GD14.5, and gestational day 16.5 (GD16.5) samples. Error bars represent standard deviation. Samples with the same letter are not significantly different from each other (P < 0.05).

are necessary for islet compensation during pregnancy is critical to devising strategies to effectively prevent and treat this disease. Here we show that global reduction in *Ctgf* impairs pregnancy-induced  $\beta$  cell proliferation without impacting  $\beta$  cell hypertrophy,  $\beta$  cell mass, whole body glucose tolerance, insulin tolerance,  $\alpha$ -cell proliferation, or islet vascularization.

The  $\beta$  cell phenotype observed in *Ctgf* mutant animals is highly dependent on pregnancy status. Virgin Ctgf<sup>LacZ/+</sup> females, which have a global reduction in *Ctgf*, display no decrease in  $\beta$  cell proliferation when compared to virgin controls; during pregnancy, an impairment in  $\beta$  cell proliferation is observed. Given that *Ctgf* expression was limited to the CD31+ cells of the pancreas in adult mice, we conclude that it is the loss of vasculature-derived Ctgf that causes the phenotype. As Ctgf<sup>LacZ/+</sup> mice have a global reduction in *Ctgf*, loss of the gene from non-pancreatic cell types could be influencing the decrease in pregnancy-induced  $\beta$ -cell proliferation. However, we favor the hypothesis that vascular-derived Ctgf is affecting maternal  $\beta$ -cell proliferation for two reasons. First of all, previous studies from our lab demonstrated that conditional loss of Ctgf from just the endothelial cells of the vasculature is enough to cause a significant decrease in  $\beta$ -cell proliferation during embryogenesis.<sup>3</sup> Secondly, insulin tolerance tests were no different from controls in pregnant Ctgf heterozygous mice, suggesting that changes in peripheral insulin tolerance could not explain the observed decrease in  $\beta$ -cell proliferation.

We hypothesize that total *Ctgf* ablation from the vasculature would further diminish pregnancy-induced  $\beta$  cell proliferation. We attempted to address this possibility using a tamoxifen-inducible Cre recombinase



**Figure 4.** Ctgf<sup>LacZ/+</sup> females have normal glucose tolerance, insulin tolerance,  $\alpha$ -cell proliferation, and islet vascularization. Whole-body glucose tolerance in (A) virgin and (B) gestational day 14.5 (GD14.5) wild-type and Ctgf<sup>LacZ/+</sup> females. Sample sizes were as follows: wild-type virgin n = 4; Ctgf<sup>LacZ/+</sup> virgin n = 11; wild-type pregnant (GD14.5) n = 8; Ctgf<sup>LacZ/+</sup> pregnant (GD14.5) n = 7. (C) Glucose-stimulated insulin secretion (GSIS) from whole intact islets isolated from pregnant (GD14.5) wild-type or Ctgf<sup>LacZ/+</sup> females (n = 3 mice/ group) as assayed in a cell perifusion system. Islets were exposed to 5.6 mM glucose (G5.6), 16.7 mM glucose (G16.7), and 20 mM potassium chloride (KCL20). (D) Intraperitoneal insulin tolerance test in GD14.5 wild-type and Ctgf<sup>LacZ/+</sup> mice. Sample sizes were as follows: wild-type pregnant (GD14.5) n = 3; Ctgf<sup>LacZ/+</sup> pregnant (GD14.5) n = 5. Quantification of (E)  $\alpha$ -cell proliferation and (F) islet vascularization in virgin and pregnant (GD14.5) wild-type and Ctgf<sup>LacZ/+</sup> mice. Error bars represent standard deviation. Samples with the same letter are not significantly different from each other (P < 0.05).

expressed in the vasculature. However, we found that tamoxifen administration completely prevented successful pregnancies, even when administered 10 weeks prior to mating. Administering a lower dosage of tamoxifen may allow for pregnancy to occur, but would reduce the efficiency of recombination of the conditional allele, potentially masking any phenotypes. Additionally, a recent report showed that tamoxifen itself suppresses pregnancy-induced  $\beta$  cell proliferation.<sup>24</sup> We are therefore seeking other solutions to assess the impact of endothelial-derived Ctgf on post-natal  $\beta$  cell proliferation without interfering with normal islet function.

It currently remains unclear why no  $\beta$  cell proliferation phenotype is evident in virgin  $Ctgf^{LacZ/+}$  females. Potentially, Ctgf-induced  $\beta$  cell proliferation may be dependent on the presence of co-factors that are regulated by pregnancy. For example, the HGF/c-Met signaling axis is upregulated during pregnancy and is necessary for  $\beta$  cell mass expansion.<sup>4</sup> One possible scenario therefore is that HGF/c-Met signaling facilitates Ctgf-induced  $\beta$  cell proliferation, and that haploinsufficient for Ctgf does not impair  $\beta$  cell proliferation in virgin adult females due to the relative low HGF/c-Met signaling activity in the islets of virgin mice. Interestingly, we previously observed that Ctgf-mediated  $\beta$  cell regeneration is accompanied by induction of HGF in islets.<sup>20</sup> While vasculature-derived HGF is known to drive pregnancy induced  $\beta$  cell proliferation, it is currently unclear if this is the mechanism by which Ctgf regulates  $\beta$  cell replication, or if it acts through another pathway altogether.

Despite the significant reduction in  $\beta$  cell proliferation in pregnant Ctgf<sup>LacZ/+</sup> mice compared to pregnant wild-type mice, we did not observe an impairment in pregnancy-induced  $\beta$  cell mass expansion. It is likely that the modest increase in  $\beta$  cell proliferation in pregnant Ctgf<sup>LacZ/+</sup> mice (compared to virgin Ctgf<sup>LacZ/+</sup>), together with  $\beta$  cell hypertrophy, is sufficient to cause an expansion in  $\beta$  cell mass indistinguishable from wild-type mice. This hypothesis is consistent with the normal glucose tolerance observed in pregnant Ctgf<sup>LacZ/+</sup> mice.

Since Ctgf is a secreted protein, we considered the possibility that proliferation of other endocrine cell types would also be regulated by Ctgf. In our analysis, Ctgf<sup>LacZ/+</sup> mice did not experience a decrease in  $\alpha$ -cell proliferation compared to wild-type controls regardless of pregnancy status. Unlike the  $\beta$  cells, pregnancy did not elicit any increase in  $\alpha$ -cell proliferation at GD14.5 compared to virgin controls. This indicates that the mechanism by which Ctgf induces proliferation is not ubiquitous to all adult islet endocrine cells, but has some degree of specificity for the  $\beta$  cells.

The impact of *Ctgf* on human  $\beta$  cell proliferation and function currently remains unexplored, and its expression pattern in the pancreas throughout human development, adulthood, and pregnancy is also unknown. Mutations in *CTGF* are not currently associated with any form of diabetes in human patients. T2D. The mechanism of  $\beta$  cell mass expansion during human pregnancy currently remains controversial, so it is unclear if loss of a  $\beta$  cell mitogen in a human patient could contribute to GDM. While GDM affects 7–10% of human pregnancies, to date only mutations in the human prolactin receptor gene (*PRLR*) have been linked specifically to GDM and not T2D, highlighting how little is known about the genetic causes of this disease.<sup>14,16</sup> Our data highlight the fact that the vasculature likely plays a significant role in beta cell compensation during pregnancy.

# **Disclosure of potential conflicts of interest**

No potential conflicts of interest were disclosed.

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