Original Research

Hydrogen sulfide ameliorated L-NAME-induced hypertensive heart disease by the Akt/eNOS/NO pathway

Sheng Jin¹, Xu Teng¹, Lin Xiao¹, Hongmei Xue¹, Qi Guo¹, Xiaocui Duan¹, Yuhong Chen¹ and Yuming $Wu^{1,2,3}$

¹Department of Physiology, Hebei Medical University, Hebei 050017, China; ²Hebei Collaborative Innovation Center for Cardio-Cerebrovascular Disease, Hebei 050017, China; ³Key Laboratory of Vascular Medicine of Hebei Province, Hebei 050017, China; Corresponding author: Yuming Wu. Email: wuyum@yahoo.com

Impact statement

- 1. We found that H_2S ameliorated L -NAME-induced cardiac remodeling and dysfunction, and played a protective role in L-NAME-induced hypertensive heart disease, which the existing studies have not reported.
- 2. H₂S activated the Akt/eNOS/NO pathway, thereby playing a cardioprotective role in L-NAME-induced hypertensive heart disease. 3. The cardioprotective effect of H_2S was
- mediated by ATP-sensitive potassium channels.

Abstract

Reductions in hydrogen sulfide (H₂S) production have been implicated in the pathogenesis of hypertension; however, no studies have examined the functional role of hydrogen sulfide in hypertensive heart disease. We hypothesized that the endogenous production of hydrogen sulfide would be reduced and exogenous hydrogen sulfide would ameliorate cardiac dysfunction in N^{ω} -nitro-L-arginine methyl ester (L-NAME)-induced hypertensive rats. Therefore, this study investigated the cardioprotective effects of hydrogen sulfide on L-NAME-induced hypertensive heart disease and explored potential mechanisms. The rats were randomly divided into five groups: Control, Control + sodium hydrosulfide (NaHS), L -NAME, L-NAME $+$ NaHS, and L-NAME $+$ NaHS $+$ glibenclamide (Gli) groups. Systolic blood pressure was monitored each week. In Langendorff-isolated rat heart, cardiac function represented by

 \pm LV dP/dt_{max} and left ventricular developing pressure was recorded after five weeks of treatment. Hematoxylin and Eosin and Masson's trichrome staining and myocardium ultrastructure under transmission electron microscopy were used to evaluate cardiac remodeling. The plasma nitric oxide and hydrogen sulfide concentrations, as well as nitric oxide synthases and cystathionine- γ -lyase activity in left ventricle tissue were determined. The protein expression of p-Akt, Akt, p-eNOS, and eNOS in left ventricle tissue was analyzed using Western blot. After five weeks of L-NAME treatment, there was a time-dependent hypertension, cardiac remodeling, and dysfunction accompanied by a decrease in eNOS phosphorylation, nitric oxide synthase activity, and nitric oxide concentration. Meanwhile, cystathionine-y-lyase activity and hydrogen sulfide concentration were also decreased. NaHS treatment significantly increased plasma hydrogen sulfide concentration and subsequently promoted the Akt/eNOS/NO pathway which inhibited the development of hypertension and attenuated cardiac remodeling and dysfunction. The cardioprotective effects of NaHS were counteracted by Gli which inhibited the Akt/eNOS/NO pathway. This suggests that the effects of hydrogen sulfide were mediated by the activation of the K_{ATP} channels. In conclusion, hydrogen sulfide ameliorated L-NAME-induced hypertensive heart disease via the activation of the Akt/eNOS/NO pathway, which was mediated by K_{ATP} channels.

Keywords: Hydrogen sulfide, hypertensive heart disease, cardiac function, nitric oxide, cardiac remodeling, N^{ω} -nitro-L-arginine methyl ester

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Introduction

Hypertension is a major contributory factor in cardiovascular disease and increases the mechanical load of the heart. If not controlled, it can lead to pathological cardiac remodeling and dysfunction, resulting in hypertensive heart disease (HHD), which eventually leads to heart failure[.1](#page-8-0) Several different mechanisms are considered to underlie the functional and histological cardiac damage in this process, including defects in the endogenous syn-thesis of nitric oxide (NO) and loss of NO bioavailability.^{[2](#page-8-0)} NO is endogenously produced from L-arginine by a family of nitric oxide synthase (NOS) including three isoforms, namely neuronal, endothelial, and inducible NOS (nNOS, eNOS, and iNOS, respectively) and plays various important physiological and pathophysiological roles in the cardiovascular system. A decrease in NO production and loss of its bioactivity induces endothelial dysfunction, which occurs during the early stage of hypertension.^{[3](#page-8-0)} N^{ω} -nitro-L-arginine methyl ester (L-NAME), a non-specific NOS inhibitor, significantly decreases serum NO levels and induces elevation of blood pressure; over time, this leads to cardiac remodeling and dysfunction. 4 It is well known that the serine/threonine protein kinase Akt (protein kinase B) can activate eNOS by direct phosphorylation of serine 1177, thereby leading to NO production. Furthermore, an altered Akt/ eNOS signaling plays a contributing role in hypertension. In addition, congestive heart failure induced by coronary artery ligation in rats is associated with endothelial dysfunction and decreased activation of Akt/eNOS signaling.

Hydrogen sulfide (H_2S) , the most recently identified endogenously produced gasotransmitter, has been found to play a pivotal role in the regulation of cardiovascular function, and a decrease in the endogenous production of H2S has been associated with several pathological conditions in the cardiovascular system such as hypertension, heart failure, atherosclerosis, and diabetes.^{[5](#page-9-0)-[8](#page-9-0)} H_2S is endogenously synthesized by three enzymes: cystathionine β -synthase, cystathionine- γ -lyase (CSE), and 3-mercaptopyruvate sulfurtransferase. Similar to NO, H_2S is also generated by the endothelium and affects vascular tone. Studies have shown that mice with a deletion of the key enzymes in NO and H_2S production, eNOS and CSE, display hypertension.^{[9,10](#page-9-0)} In addition, there is growing evidence that a crosstalk may exist between H_2S and NO in the endothelium. Various studies have demonstrated that bio-logical effects of H₂S are regulated by NO.^{[11,12](#page-9-0)} However, recent studies suggest that H₂S influences the bioavailability of NO and activities of its synthesis enzymes. H_2S increases eNOS activity by inducing the S-sulfhydration of eNOS, promoting its phosphorylation, inhibiting its S-nitrosylation, and increasing eNOS dimerization.^{13,14} In contrast, other studies have reported that H2S inhibits eNOS activity in endothelial cells.^{[15](#page-9-0)} However, it is not yet clear whether H_2S modulates the biological effects of NO in HHD.

We hypothesized that endogenous production of H_2S would be reduced and exogenous H2S would ameliorate cardiac dysfunction in L-NAME-induced hypertensive rats. Therefore, the present study was designed to investigate the cardioprotective effects of H2S on L-NAME-induced HHD, to clarify the presence of a cross-talk between NO and H_2S , and to explore the potential mechanisms.

Materials and methods

Drugs and chemicals

Sodium hydrosulfide (NaHS), L-NAME, glibenclamide (Gli), L-cysteine and pyridoxal-5'-phosphate were

purchased from Sigma-Aldrich Ltd (St. Louis, MO, USA). NaHS, a donor of H_2S , was freshly prepared before use. Detection kits for NO and NOS activities were purchased from Jiancheng Biomedical Engineering (Nanjing, Jiangsu, China). Bicinchoninic acid (BCA) reagent was purchased from Generay Biotechnology (Shanghai, China). Other chemicals and reagents were of analytical grade.

Animal model of hypertension and experimental protocol

Male normotensive Sprague Dawley rats (3 weeks old) from the Experimental Animal Center of Hebei Medical University were housed in plastic cages in a room with a controlled humidity of 60%, at a temperature of 22° C–24 $^{\circ}$ C and on a regular 12-h light and dark cycle. They were fed on standard rat chow and tap water ad libitum. The rats were allowed to acclimate for one week before the beginning of the experiment and the daily mean value of water consumption was estimated. During the experiment, drinking fluid consumption was controlled and adjusted, when necessary. All animal experimental procedures were approved by the Ethics Committee for Laboratory Animals Care and Use of Hebei Medical University and in accordance with the Guide for the Care and Use of Laboratory Animals of the US National Institutes of Health.

The four-week-old rats with an initial body weight of 100 g were randomly divided into five groups: Control, Control + NaHS group, L-NAME, L-NAME + NaHS, and $L\text{-}NAME + NaHS + Gli$ groups. All rats received 50 mg/100 mL L-NAME, which was dissolved in their drinking water for five weeks, except those in the Control and $Control + NaHS$ groups which received tap water for the same period. In the $L\text{-}NAME + NaHS + Gli$ group, Gli (5 mg/100 mL) was added to the drinking water. Rats in the NaHS treatment group were intraperitoneally injected with 56μ mol/kg/d of NaHS in the same volume of 0.2 mL at the same time each day for five weeks and stopped two days before measurement of cardiac function by Langendorff perfusion for the study of the long-term effects of drugs without the involvement of the acute effects of drugs. Rats in the other groups were injected with the same volume of sterile saline.

Measurement of blood pressure

To assess the development of hypertension, blood pressure was serially determined in conscious and quiet rats using a non-invasive tail-cuff plethysmograph (Chengdu, Sichuan, China). Before the onset of the experiment, rats were acclimated to the tail-cuff plethysmography procedure for one week, and their blood pressure was measured before the treatments started and each week thereafter. The value was taken as the average of at least five measurements after removing the outliers and any associated with excess noise or animal movement on each occasion.

Measurement of cardiac function by Langendorff perfusion

After five weeks, the rats were anesthetized by intraperitoneal injection of 25% urethane (1.25 g/kg) and then anticoagulated with heparin (500 U/kg). A polyethylene catheter was introduced into the right femoral artery to collect blood. The plasma was prepared by centrifuging the blood samples at 4000 rpm for 10 min and frozen at -80° C for subsequent experimental analysis. Thereafter, the chest was opened, and the heart was rapidly excised and placed in cold $(4^{\circ}C)$ modified Krebs–Henseleit (K–H) solution with the following composition (in mmol/L): NaCl 118.0, KCl 4.7, CaCl₂ 2.5, KH₂PO₄ 1.2, MgSO₄ 1.2, NaHCO₃ 25.0, and glucose 11.0 (pH 7.4). The heart, mounted on the Langendorff apparatus, was perfused retrogradely through the aorta with K–H solution, which was held at 37° C and aerated with 95% O₂ and 5% CO₂. A saline-filled latex balloon was inserted into the left ventricle (LV) through the left atrium and connected via a rigid fluidfilled catheter to a pressure transducer for the measurement of left ventricular pressure. After 20 min of stabilization, parameters of left ventricular function including maximal positive and negative velocity of left ventricular pressure $(\pm$ LV dP/dt_{max}) and left ventricular developing pressure (LVDP) were measured using an RM-6240BD (Chengdu, Sichuan, China) with left ventricular end diastolic pressure prestabilized at 4–10 mmHg.

Evaluation of LV hypertrophy

At the end of the experiment, the heart was promptly removed from the Langendorff apparatus. The heart weight and LV weight were determined, and the heart/ body weight index (HWI) and left ventricular/body weight index (LVWI) were calculated (by dividing heart weight and left ventricular weight by body weight) as an indicator of left ventricular hypertrophy. Thereafter, the LV tissues were immediately frozen in liquid nitrogen and kept at -80° C for protein extraction.

Histological analysis

Heart tissues were fixed in 4% paraformaldehyde for 48 h, embedded in paraffin and cut into $4 \mu m$ sections. Hematoxylin and Eosin (H&E) and Masson's trichrome staining of left ventricular heart sections were visualized using a light microscope (Olympus BX40, Tokyo, Japan).

Observation of the heart ultrastructure

The hearts were dissected, and small pieces were fixed with 2.5% glutaraldehyde and postfixed in 1% osmium tetroxide. The sections were stained with uranyl acetate and lead citrate and examined using a transmission electron microscopy (Model H-7500; Hitachi, Japan).

Measurement of NO concentration in plasma and NOS activity in LV tissue

The NO concentration in plasma was determined by evaluation of its oxidation products (nitrate and nitrite) using the nitrate reductase method. The nitrate was reduced to nitrite by nitrate reductase, and the nitrite was measured by the Griess reaction. The plasma was mixed with the reagents supplied in an NO assay kit (Jiancheng Biomedical Engineering, Nanjing, Jiangsu, China) and incubated at 37° C for 60 min. The absorbance was spectrophotometrically measured at 550 nm. All operations were according to the manufacturer's instructions.

The NOS activity in LV tissues was also analyzed using the Griess reaction principle. In brief, LV tissues were homogenized and centrifuged at $12,000$ g for 20 min at 4° C. The supernatant were mixed with the reagents supplied in an NOS assay kit (Jiancheng Biomedical Engineering, Nanjing, Jiangsu, China). The NO level in the supernatant was calculated according to the results of a standard curve to reflect the total biological activity of NOS.

Measurement of plasma H₂S concentration

The plasma H_2S was measured according to previously described methods.[16](#page-9-0) Thirty microliters of plasma were mixed with 80 μ L monobromobimane (MBB; Sigma Aldrich) and 10 μ L 0.1% ammonia by shaking for 1 h at room temperature for derivatization of sulfide. MBB reacts with sulfide to produce sulfide-dibimane (SDB). SDB is more hydrophobic than most physiological thiols and can be separated by gradient elution and analyzed by liquid chromatography–tandem mass spectrometry. The reaction was then terminated with 10 μ L 20% formic acid and centrifuged at 15,000 g for 10 min. The supernatants were stored at -80° C until H₂S measurements were done. H2S concentrations were determined using a curve generated with sodium sulfide $(0-40 \mu \text{mol/L})$ standards.

Measurement of CSE activity

CSE activity in heart tissues was measured according to previously described methods with some methods modified.[17](#page-9-0) Briefly, heart tissues were homogenized in ice-cold PBS and centrifuged at 12,000 g for 20 min at 4° C. The supernatant was immediately used to measure the activity of CSE, and proteins in the supernatant were quantified using BCA reagent. To measure the CSE activity, the enzyme substrate L-cysteine (10 mmol/L) and the cofactor pyridoxal-5'-phosphate (2 mmol/L) were added to the supernatant for an incubation of 0.5 h at 37 $^{\circ}$ C. The H₂S concentrations in the reaction system were then measured and the amount of H2S produced per microgram protein per hour was calculated as the activity of CSE.

Western blot analysis

Frozen LV tissues were homogenized with ice-cold RIPA lysis buffer. The proteins were extracted and quantified by the BCA method. Equal amounts of protein samples (80 mg/lane) were separated on 10% SDS-PAGE gels and transferred to polyvinylidene fluoride membranes. The membranes were blocked with 5% non-fat milk for 1 h and incubated with primary antibodies that recognized p-eNOS (Ser1177, 1:1000; Abcam, USA), eNOS (1:1000,

Abcam, USA), p-Akt (Ser473, 1:1000, Signalway, USA), Akt (1:1000, Signalway, USA), and GAPDH (1:1000; Proteintech, USA) at 4° C overnight. The membranes were then incubated with the appropriate secondary antibodies (1:2000; Gaithersburg, USA) for 1 h after washing with Trisbuffered saline containing Tween-20 (TBST). Specific bands were detected with SuperSignal West Pico Chemiluminescent Substrate (Thermo, Scientific-Pierce, Waltham, MA, USA). The band intensity was quantified by Image J software.

Statistical analysis

Results were presented as mean \pm SEM. Statistical analysis was performed using the SPSS software package, version 13.0 (SPSS, Inc., Chicago, IL, USA). The results for three or more groups were compared using one-way ANOVA followed by Student–Newman–Keuls test. Comparisons between two groups were made using Student's t-test. $P < 0.05$ was considered statistically significant.

Results

Exogenous H_2S ameliorated cardiac dysfunction in L-NAME-induced hypertensive rats

After five weeks of treatment, \pm LV dP/dt_{max} ([Figure 1\(a\)](#page-4-0) [and \(b\)\)](#page-4-0) and LVDP (Figure $1(c)$) were significantly decreased (both $P < 0.01$) accompanied by a significant and time-dependent increase in blood pressure ([Figure 1](#page-4-0) [\(e\)](#page-4-0)) in the L-NAME group as compared with the control group ($P < 0.01$). Plasma H₂S levels ([Figure 1\(f\)](#page-4-0)) and myocardial CSE activity (Figure $1(g)$) were significantly reduced in the L-NAME group compared to those in the control group ($P < 0.01$ and $P < 0.05$, respectively).

Five-week NaHS treatment significantly increased plasma H₂S levels in the L-NAME group ($P < 0.01$), but did not change the myocardial CSE activity. NaHS treatment also increased \pm LV dP/dt_{max} and LVDP (both $P < 0.01$), while decrease blood pressure in L-NAMEinduced hypertensive rats $(P < 0.01)$.

Exogenous H₂S attenuated cardiac remodeling in myocardium in L-NAME-induced hypertensive rats

After five weeks of treatment, increased HWI and LVWI were found in L-NAME-induced hypertensive rats (both $P < 0.05$) [\(Figure 2\(a\) and \(b\)\)](#page-5-0). H&E and Masson's trichrome staining, respectively, showed fibroblast aggregation and increased interstitial collagen volumes in these rats ([Figure 2\(c\) and \(d\)\)](#page-5-0). Myocardial ultrastructure was shown in [Figure 2\(e\)](#page-5-0). Collagen fiber hyperplasia, mitochondrial swelling and cristae vague could be observed in the L-NAME group. Treatment with NaHS decreased HWI and LVWI (both $P < 0.05$), reduced fibroblast aggregation and collagen hyperplasia, and ameliorated the ultrastructure of cardiomyocytes.

Exogenous H_2S upregulated the eNOS/NO pathway in L-NAME-induced hypertensive rats

As shown in [Figure 3,](#page-6-0) the NO concentration in plasma ([Figure 3\(a\)](#page-6-0)) and NOS activity in LV tissues [\(Figure 3\(b\)](#page-6-0)) were decreased after five weeks of L-NAME treatment (both $P < 0.05$). L-NAME treatment also decreased the protein levels of phospho-eNOS at Ser1177 ($P < 0.05$) ([Figure 3](#page-6-0) [\(d\)\)](#page-6-0), accompanied by a decrease in phosphorylations of Akt at Ser473 ($P < 0.05$) [\(Figure 3\(e\)](#page-6-0)). NaHS treatment significantly reversed the downregulation of phospho-Akt $(P < 0.05)$ and phospho-eNOS $(P < 0.05)$ and increased the NO concentration in plasma ($P < 0.05$) and NOS activity in LV tissues ($P < 0.05$).

The cardioprotective effect of H_2S was mediated by ATP-sensitive potassium (K_{ATP}) channels

As shown in [Figure 4,](#page-7-0) the cardioprotective effects of NaHS were counteracted by Gli, a K_{ATP} channel inhibitor. After five weeks of treatment, \pm LV dP/dt_{max} ([Figure 4\(a\)](#page-7-0) [and \(b\)\)](#page-7-0) and LVDP (Figure $4(c)$) were significantly decreased accompanied by a significant and timedependent increase in blood pressure ([Figure 4\(e\)](#page-7-0)) in the $L\text{-}NAME + Na\text{+}Gli$ group as compared with the L-NAME + NaHS group $(P < 0.01$, respectively), but there was no statistical difference in plasma H₂S levels between the two groups ([Figure 4\(f\)\)](#page-7-0). There was also no difference between the $L\text{-NAME}$ and the $L\text{-NAME} + \text{NaHS} + \text{Gli}$ groups in HWI and LVWI (Figure $4(g)$ and (h)). H&E and Masson's trichrome staining, respectively, showed fibroblast aggregation and increased interstitial collagen volumes in the $L\text{-}NAME + NaHS + Gli$ group as compared to the L -NAME $+$ NaHS group. Meanwhile, myocardial ultrastructure showed collagen fiber hyperplasia, mitochondrial swelling, and cristae vague ([Figure 4\(i\) to \(k\)\)](#page-7-0). Five-week Gli treatment decreased the protein levels of phosphoeNOS ([Figure 4\(o\)](#page-7-0)) accompanied by a decrease in phosphorylations of Akt in the $L\text{-}NAME + NaHS$ group (both $P < 0.05$) ([Figure 4\(p\)\)](#page-7-0). The detailed statistics of the results have been supplied in the online supplementary material.

Discussion

In the present study, we used the L-NAME-induced hypertensive rat to investigate the cardioprotective effects of H_2S on HHD. The results showed that H₂S ameliorated L-NAME-induced cardiac remodeling and dysfunction via activation of the Akt/eNOS/NO pathway, which was mediated by K_{ATP} channels [\(Figure 5\)](#page-8-0).

Hypertension is a major global health problem which is becoming worse as the population ages. The sustained increase in blood pressure on the heart eventually leads to overt HHD, which is characterized by cardiac remodeling and dysfunction, a considerable cause of cardiovas-cular morbidity and mortality worldwide.^{[1](#page-8-0)} Multiple mechanisms for the development of HHD have been proposed; the most important being defects in the endogenous synthesis of NO or loss of NO bioavailability.² In the present study, we chronically blocked the generation of NO by the administration of L-NAME for five weeks to

Figure 1. Exogenous H₂S ameliorated cardiac dysfunction in L-NAME-induced hypertensive rats. (a-d) Hemodynamic parameter analysis. (e) Changes of systolic blood pressure at the beginning and after five weeks of the experimental period. (f) H₂S levels in plasma. (g) CSE activity in heart tissues. Results are means \pm SEM. \degree P < 0.01 vs. Control group; \degree = P < 0.01 vs. L-NAME group. A P of <0.05 was considered significant. CSE: cystathionine-y-lyase; LVDP: left ventricular developing pressure; HR: heart rate; ±LV dP/dt_{max}: maximal positive and negative velocity of left ventricular pressure. (A color version of this figure is available in the online iournal.

induce HHD in rats. This is a well-established hypertension model resembling patients with vascular endothelial dysfunction, who also develop functional and structural cardiac dysfunction caused by decreased NO bioavailability.[18](#page-9-0) As shown in our results, the NO concentration in plasma and NOS activity in LV tissues decreased after five weeks L-NAME treatment, subsequently causing a time-dependent hypertension and cardiac remodeling. To exclude interferences from neuroregulation, humoral regulation, and afterload, we used the Langendorff apparatus to observe cardiac function. In order to exclude interferences of preload, left ventricular end diastolic pressure was prestabilized at 4–10 mmHg. The \pm LV dP/dt_{max} and LVDP were significantly decreased, which indicated the

Figure 2. Exogenous H_2S attenuated cardiac remodeling in myocardium of L -NAME-induced hypertensive rats. (a) Heart-to-body weight ratios (HW/ BW \times 100%). (b) Left ventricle-to-body weight ratios (LVW/BW \times 100%). (c) Representative HE-stained left ventricular sections (scale bar = 50 μ m). (d) Representative Masson's trichrome-stained left ventricular sections (scale $bar = 100 \mu m$). (e) Representative myocardium ultrastructure under transmission electron microscopy (5000 \times). Results are expressed as mean \pm SEM. A P of $<$ 0.05 was considered significant. (A color version of this figure is available in the online journal.)

cardiac dysfunction induced by L-NAME treatment. These results are congruent with K Sonoda et $al.^{19}$ $al.^{19}$ $al.^{19}$ who found that L-NAME treatment could lead to the development of HHD and dietary nitrite supplementation improved HHD by inhibiting AT II/AT₁R -mediated cardiac remodeling.

After chronic depletion of NO by L-NAME treatment, our results showed that there was a significant decrease in plasma H₂S levels and myocardial CSE activity which was also found to occur in numerous cardiovascular dis-eases such as atherosclerosis,^{[7](#page-9-0)} myocardial infarction,^{[20](#page-9-0)} and takotsubo cardiomyopathy. 21 21 21 This suggests that endogenous NO may regulate the endogenous CSE/H2S pathway. As two important gasotransmitters, it has generally been considered that H_2S and NO exert their biological effects via independent signaling pathways. However, recent experimental evidence suggests that there is a crosstalk between the two pathways. It has been proposed that the molecules generated by the chemical interaction of H_2S and NO show a greater activity than the parental molecules. $22,23$ Besides a direct reaction, NO can increase H_2S generation by upregulation of CSE expression^{[24](#page-9-0)} or by increasing the activity of cGMP-dependent protein kinases, which in turn stimulate CSE.^{[25](#page-9-0)} Some studies also report that sodium nitroprusside (a donor of NO) increases CSE activity in the aortic smooth muscle cells of spontaneously hyperten-sive rats.^{[26](#page-9-0)} The mechanism by which NO regulates CSE has been well studied, while the mechanisms by which H_2S regulates eNOS remain to be clarified. On the one hand, H2S increases eNOS activity by inducing S-sulfhydration, inhibiting S-nitrosylation, and promoting phosphoryla-tion.^{[13](#page-9-0)} On the other hand, H_2S reduces eNOS activity and eNOS transcript abundance in cultured endothelial cells and isolated rat aortas 27 27 27 and inhibits the activity of purified, recombinant eNOS.^{[28](#page-9-0)} To date, the precise mechanisms by which H_2S affects the NOS/NO pathways are unable to be predicted based on existing knowledge, and this needs to be studied further.

To determine the regulatory effects of exogenous H_2S on cardiac dysfunction and the production of NO in L-NAMEinduced hypertensive rats, NaHS was intraperitoneally injected every day for five weeks in our study. Our data showed that five-week NaHS treatment significantly increased plasma H2S levels and inhibited the development of HHD induced by L-NAME. Although it is not possible to exclude that the cardioprotective effects of H_2S in HHD result from its antihypertensive effect, G Meng et al. found that a low dose of GYY4137 (a donor of H_2S) also attenuated myocardial hypertrophy without any discernible antihypertensive effect. This suggests that the inhibitory effect of H_2S on myocardial hypertrophy is created, at least in part, through a blood pressure independent mechanism.^{[29](#page-9-0)}

We also found that the long-term administration of NaHS significantly promoted eNOS phosphorylation, increased NOS activity in LV tissues and the NO concentration in plasma of the L-NAME-treated rats. Therefore, H2S may augment the NOS/NO pathway in the pathogenesis of L-NAME-induced HHD. Our findings are consistent with the previous observation. R Mazza et al.^{[30](#page-9-0)} reported that NaHS dose-dependently decreased inotropism by increasing phosphorylation of eNOS (Ser-1177) and enhancing NO production in isolated and perfused frog and rat hearts. A recent study found that H_2S improved intestinal recovery following ischemia by endothelial NO-dependent mechanisms.^{[31](#page-9-0)} Similarly, AL King et al. found that mice lacking CSE exhibit dysfunctional eNOS,

Figure 3. Exogenous H₂S upregulated eNOS/NO pathway in L-NAME-induced hypertensive rats. (a) NO levels in plasma. (b) Total NOS activity in heart tissues. (c-e) Representative Western blots and quantitative analysis for p-eNOS/eNOS and p-Akt/Akt expression. Results are means \pm SEM. A P of $<$ 0.05 was considered significant.

diminished NO levels, and exacerbated myocardial and hepatic ischemic-reperfusion (I/R) injuries. In CSE knockout (KO) mice, H_2S restored eNOS function and NO bioavailability and attenuated I/R injury; while H_2S failed to protect against I/R in eNOS KO and eNOS phosphomutant mice $(S1179A)$.^{[32](#page-9-0)} In addition, similar studies have been done by Ji et al. 33 33 33 and Zhong et al. 34 34 34 who also found the antihypertensive effects of H_2S were mediated by the eNOS/NO pathway in L-NAME-induced hypertensive rats. Ji et al. focused on the protective role of H_2S in the pathological injury of the liver and lipid metabolism abnormalities induced by hypertension, while our study demonstrated the cardioprotective effects of H_2S in HHD which was one of the common hypertension-related complications. Zhong et al. showed for the first time that exogenous H2S prevented L-NAME induced hypertension. However, long-term administration of NaHS (20 µmolmol/kg/day) did not change the NO production. In our study, higher dose of NaHS (56 μ molmol/kg/day) was given to the mice and significantly increased the NO concentration in plasma and NOS activity in LV tissues. In pressure overload-induced heart failure, cardiac nitrite levels were also increased after oral SG-1002 (active H_2S releasing com-pound) treatment for 12 weeks.^{[35](#page-9-0)}

It is well established that eNOS can undergo posttranslational modifications, including phosphorylation or dephosphorylation, which tightly regulate NO production. Specifically, phosphorylation of the amino acid Ser1177, which increases the activity of eNOS, is facilitated by Akt activation.[36](#page-9-0) In the present study, NaHS increased Akt phosphorylation at Ser473 followed by an increase in eNOS phosphorylation at Ser1177. These results are comparable to the findings of K Kondo et al. who supported that H2S protected against pressure overload-induced heart failure via a VEGF-Akt-eNOS-NO-cGMP signaling pathway.^{[35](#page-9-0)} NaHS-induced eNOS phosphorylation was abolished by LY 294002 (an inhibitor of the Akt pathway) 37 and was also absent in Akt-heterogenic deficient mice.^{[35](#page-9-0)} Recent studies provide strong evidence that the stimulatory effect on Akt activity is likely to be related to H2S-mediated inhibition of phosphatase and tensin homolog, and protein tyrosine phosphatase 1B (the two essential counterregulatory enzymes of the PI3K pathway that is upstream of Akt) via sulfhydration of Cys124 or Cys215, respectively.[38,39](#page-10-0)

 K_{ATP} channel opening is known to mediate many of the biological activities of H_2S . Both vessel relaxation and the negative inotropic effects of H2S are reported to occur

Figure 4. The cardioprotective effect of H₂S was mediated by K_{ATP} channels. (a–d) Hemodynamic parameter analysis. (e) Changes of systolic blood pressure at the beginning and after five weeks of the experimental period. (f) H₂S levels in plasma. (g) Heart-to-body weight ratios (HW/BW × 100%). (h) Left ventricle-to-body weight ratios (LVW/BW \times 100%). (i) Representative HE-stained left ventricular sections (scale bar = 50 µm). (j) Representative Masson's trichrome-stained left ventricular sections (scale bar = 100 μ m). (k) Representative myocardium ultrastructure under transmission electron microscopy (5000 x). (I) NO levels in plasma. (m) Total NOS activity in heart tissues. (n-p) Representative Western blots and quantitative analysis for p-eNOS/eNOS and p-Akt/Akt expression. Results are expressed as mean \pm SEM. $\ddot{~}$ P $<$ 0.01 vs. L -NAME group; $^{*\#}P$ $<$ 0.01 vs. L -NAME $+$ NaHS group. A P of $<$ 0.05 was considered significant. HR, heart rate; LVDP, left ventricular developing pressure; \pm LV dP/dt_{max}, maximal positive and negative velocity of left ventricular pressure. (A color version of this figure is available in the online journal.)

through sulfhydration of the Kir 6.1 subunit in the K_{ATP} channel.^{[40](#page-10-0)} However, whether the cardioprotective effects of H_2S on HHD are mediated by K_{ATP} channels is not yet fully defined. As a result, Gli, a K_{ATP} channel inhibitor, has been used for subsequent experiments. As shown in our

result, the cardioprotective effects of NaHS were counteracted by Gli, suggesting that the effects of H_2S were mediated by the activation of the K_{ATP} channel. We also found that five-week Gli treatment down-regulated the eNOS/ NO pathway by decreasing Akt phosphorylation. These

Figure 5. Schematic representation of the ameliorative effect of NaHS on cardiac dysfunction in L-NAME-induced hypertensive rats. (A color version of this figure is available in the online journal.)

data are in agreement with the reports of J Kong et al., who found that Nicorandil (a K_{ATP} channel opener) increases the levels of phospho-Akt by PI3K activation in the heart and brain. 41 The opening of K_{ATP} channels leads to an influx of Ca^{2+} , as a result of K⁺ efflux, and then upregulates the Akt/eNOS pathway to facilitate the function of human endothelial colony-forming cells.^{[42](#page-10-0)}

There are several limitations in the present study. Firstly, it is important to note that the endogenous production of H2S appears to be significantly reduced in HHD. However, whether the reduction of H_2S levels is the cause or consequence of this pathological state is not well understood. Further studies should, therefore, be done to explore the roles of endogenous H_2S in the basal physiological functions and pathogenesis of HHD. Additionally, we find that H2S plays a protective role in L-NAME-induced HHD via activation of the eNOS/NO pathway, but it is relatively simple and insufficient. Another area needing further clarification is the interaction between H_2S and NO, and perhaps with CO. Finally, if it is applied to clinical treatment, it is important to consider fully the highly toxic actions of supraphysiological levels of H_2S , and great care must be taken during the development of H_2S -based therapeutic agents. This means that there is still a long way to go.

Conclusion

In conclusion, our studies revealed that H2S ameliorated L-NAME-induced cardiac remodeling and dysfunction, and played a protective role in L-NAME-induced HHD via activation of the Akt/eNOS/NO pathway, which was mediated by KATP channels.

Authors' contributions: SJ, XT, and YW designed and performed experiments, analyzed data, and contributed to writing the manuscript; LX performed molecular biology experiment; HX measured plasma H₂S concentration; QG, XD, and YC performed transmission electron microscopy, H&E, and Masson's trichrome staining experiment.

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DECLARATION OF CONFLICTING INTERESTS

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

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