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## Inhibiting 12/15-lipoxygenase to treat acute stroke in permanent and tPA induced thrombolysis models

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### Abstract

12/15-Lipoxygenase (12/15-LOX) contributes to the brain damage after middle cerebral artery occlusion (MCAO) in the acute phase of stroke. The aim of this study was to investigate the effects of a 12/15-LOX inhibitor, LOXBlock-1(LB1), in mice using a FeCl<sub>3</sub>-induced permanent distal MCAO model and FeCl<sub>3</sub>-induced ischemia/thrombolysis with tPA. In order to induce permanent distal MCAO, 30% FeCl<sub>3</sub> was used in C57BL6 mice. LB1 or DMSO treatments were applied intraperitoneally 2hrs following MCAO. For FeCl<sub>3</sub>-induced ischemia/thrombolysis experiments, 10% FeCl<sub>3</sub> was preferred so as to obtain reperfusion with tPA in CD1 mice. 4hrs following ischemia either LB1 or DMSO and iv tPA was administered. Outcomes were NSS, weight loss, infarct volume, hemorrhage area and reperfusion rate. FeCl<sub>3</sub>-induced distal MCAO caused an increase in 12/15-LOX signal in the ischemic cortex with an increase in MDA2 and AIF immunoreactivity. LB1 treatment, applied 2hrs after ischemia, significantly decreased the infarct volume at 24hrs of permanent distal MCAO. Weight loss was also significantly reduced in LB1 treated group. Distal MCAO and tPA application with LB1 or DMSO showed that treatment significantly decreased the infarct volume and the hemorrhage area. The reperfusion rate in the LB1-treated group was surprisingly higher than in the DMSO group and NSS results were significantly improved. These data suggest that LB1 can be used as an adjuvant agent to tPA. This study not only shows the effects of LB1 treatment in distal MCAO but also confirms that FeCl<sub>3</sub>-induced MCAO model can be a useful tool to screen novel treatment options in stroke.

### Keywords

12/15-LOX; FeCl<sub>3</sub>; tPA; stroke models; reperfusion

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Ethical Approval: All applicable international, national, and institutional guidelines for the care and use of animals were followed.

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## 1. Introduction

Stroke is the leading cause of disability and the fifth leading cause of death in the United States (Writing Group et al., 2016). On average, every 4 minutes a human dies of stroke (Lackland et al., 2014; Writing Group et al., 2016). Together with cardiovascular diseases, its economic burden is higher than the other diagnostic groups including cancer. The annual direct and indirect cost of cardiovascular diseases and stroke is an estimated \$316.6 billion in the United States (Writing Group et al., 2016). Despite these catastrophic effects of stroke, the only FDA-approved drug treatment option for acute stroke is the application of tissue plasminogen activator (tPA) which has many drawbacks including the narrow time window, low rate of reachable patients, and severe side effects including hemorrhage (Kaur et al., 2004; Lees et al., 2010; National Institute of Neurological and Stroke rt, 1995; Wang et al., 2004; Yepes et al., 2009). New treatment options are thus of great interest in stroke management, and screening for novel drugs in animal models is an important drug development approach. Besides STAIR advices to use different animal stroke models both permanent and transient and also with reperfusion and with thrombolysis (Fisher et al., 2009). The great majority of ischemic strokes are due to an occlusion in a cerebral artery by a thrombus especially in the middle cerebral artery (MCA) in human (Hossmann, 2012). So it is feasible to choose a model that mimics human stroke like FeCl<sub>3</sub>-induced MCA occlusion model to test novel drugs (Denorme et al., 2016). Stroke damages the neurovascular unit, causes massive cell death and activates several oxidative stress-related pathways like lipid peroxidation, during its acute phase (Hardingham and Lipton, 2011; Lo et al., 2003; Lo et al., 2005; Moskowitz et al., 2010; Niizuma et al., 2009). Lipoxygenases play one of the major roles in stroke related oxidative stress. Especially 12/15-lipoxygenase, the dominant isoform in the brain, is increased in neurons and endothelial cells in the peri-infarct area, contributing to delayed cell death in the penumbra, weakening of the blood–brain barrier, and resulting in edema formation (Jin et al., 2008; van Leyen et al., 1998; van Leyen et al., 2006; van Leyen et al., 2014). Therefore, lipoxygenase inhibitors are in scope of acute stroke treatment research, and among them LOX Block-1 (LB-1) is a new candidate considering its potential (Yigitkanli et al., 2013).

The current study was designed to investigate the effects of the 12/15-LOX inhibitor, LOXBlock-1 (LB1) in mice using a FeCl<sub>3</sub>-induced distal MCAO model, and to test its utility in conjunction with subsequent thrombolysis with tPA, which is to date the only FDA-approved drug for acute stroke treatment. This study will help us to improve our knowledge about the effect of LB-1 in different models of stroke other than previously used reperfusion models.

## 2. Results

### 2.1. Permanent Distal MCAO Results

Our previous findings documented increased levels of 12/15-LOX in transient models of focal (Jin et al., 2008; van Leyen et al., 2006; Yigitkanli et al., 2013) and global ischemia (Yigitkanli et al., 2017), where reperfusion and its associated injury is part of the pathology. We here used a mouse model of distal MCAO induced by topical application of 30% FeCl<sub>3</sub> to determine if 12/15-LOX is also upregulated in permanent focal ischemia, in the absence

of reperfusion. 30% FeCl<sub>3</sub> reliably and stably occludes the MCAO and consistently leads to highly reproducible infarcts, as previously shown by Karatas et al. (Karatas et al., 2011). 30% FeCl<sub>3</sub>-induced distal MCAO caused increased LOX immunoreactivity in the ischemic cortex, particularly in the peri-infarct area of the cortex, compared to contralateral intact cortex and sham operated brains. This was accompanied by increases in an oxidative stress marker MDA2, and a marker for apoptosis, AIF, both of which were similarly elevated (n=2/groups) (Fig1A-R). Interestingly MDA2 immunoreactivity was more widely distributed and also present in cells that were not LOX-positive.

After observing the contribution of 12/15 lipoxygenase in the FeCl<sub>3</sub>-induced distal MCAO model, we investigated the effect of the lipoxygenase inhibition in this model by systemically administering a lipoxygenase blocker, LB1. LB1 treatment, applied 2 hours after ischemia, significantly decreased infarct volume at 24 h of permanent distal MCAO (p<0.05, n=6/group) (Fig2A). Infarct volume of the vehicle group was 53.0 ± 5.9 mm<sup>3</sup>, whereas in the LB1 treated group was 12.3 ± 2.8 mm<sup>3</sup>. NSS results were lower in LB1 treated group compared to vehicle injected group (2.5 ± 1.0 versus 3.2 ± 1.4 respectively) but the difference was not statistically significant (Fig2B). Weight loss after 24 hours of ischemia was also significantly less in LB1 treated group (1.5 ± 0.3 g versus 2.8 ± 0.4 g) (Fig2C).

## 2.2. Ischemia/tPA Induced Reperfusion Groups Results

For ischemia/reperfusion studies in this model of distal MCAO, 10% FeCl<sub>3</sub> was chosen to induce thrombosis in MCA due to the fact that this concentration of FeCl<sub>3</sub> causes a fresh thrombus to be formed that can be lysed by antithrombotic agents like tPA (Karatas et al., 2011). Distal MCAO was performed using 10% FeCl<sub>3</sub> and 4 h after the onset of ischemia, 10 mg/kg tPA was applied added to either LB1 treatment (n=8) or vehicle treatment (n=9). Results of the experiments showed that application of tPA plus LB1 treatment significantly decreased infarct volume and hemorrhage area, compared to the application of vehicle plus tPA treatment (Fig3A). Infarct volume of vehicle plus tPA treatment group was 48.0 ± 4.4 mm<sup>3</sup> whereas LB1 plus tPA treatment group's infarct volume was 23.7 ± 2.5 mm<sup>3</sup> (p=0.004). Hemorrhage area of vehicle group was 22.4 ± 2.7 mm<sup>2</sup> and in LB1 treated group it was 8.8 ± 1.6 mm<sup>2</sup> (p=0.001) (Fig3B). It also noteworthy that successful reperfusion was achieved more frequently in the LB1 treated group (5/8) than in the vehicle group (2/9). There was no significant difference in ischemia and reperfusion levels between groups. In vehicle treated group rCBF drop was 29 ± 3 % and rCBF increase after reperfusion was 47 ± 17 % whereas in the LOXBlock-1 treated group, rCBF drop was 24 ± 3 % and increase after reperfusion was 62 ± 11 %. NSS results were significantly lower in LB1 treatment (3 ± 1) compared to vehicle treatment (5 ± 1) (p=0.046) (Fig3C). Although the weight loss of the mice after 24 hours of ischemia/reperfusion were improved in LB1-treated group (3.3 ± 0.5 g versus 4.4 ± 0.6 g), the difference was not statistically significant (Fig3D).

## 3. Discussion

Within this study, as proven using the immunohistochemical methods, we have demonstrated that lipoxygenase activation has a vital contribution in the pathophysiology of ischemia in

the FeCl<sub>3</sub>-induced distal MCAO model. Previously, Khanna et al (Khanna et al., 2005; Park et al., 2011) and our group have reported the involvement of 12/15-LOX in proximal MCAO models (Jin et al., 2008; van Leyen et al., 2006; Yigitkanli et al., 2013). However, considering a distal MCAO model, this is the first report demonstrating an increased LOX immunoreactivity in the ischemic cortex and in the peri-infarct area. This immunoreactivity was colocalized with an oxidative stress marker, malondialdehyde (MDA2) (Figure 1A–C). Malondialdehyde is a breakdown product formed by the oxidation of arachidonic acid. Increased LOX immunoreactivity was also coincidental with the AIF immunopositivity in the peri-infarct area (Figure 1J–L). AIF is known to be increased following ischemia (Zhao et al., 2004), and the staining pattern closely resembles what we have found in our previously published data, where 12/15-LOX and AIF were both increased in the peri-infarct region (Pallast et al., 2010). This immunoreactivity was also found in human stroke patients in the peri-infarct area (Yigitkanli et al., 2013).

Consistent with a damaging role for increased 12/15-LOX activity in stroke, systemic administration of the 12/15-LOX inhibitor, LB1, 2 hours after permanent focal cerebral ischemia significantly reduced infarct size 24 hours after the ischemia, and the treatment group demonstrated improved behavioral and health parameters. Finally, we investigated the effects of a combination therapy of lipoxygenase inhibitor with tPA in FeCl<sub>3</sub>-induced transient ischemia-reperfusion model. LB1 treatment applied 4 hours after ischemia onset which was followed by thrombolysis with tPA, significantly decreased infarct volume and hemorrhage area accompanying with better NSS results and reduced weight loss. It might demonstrate that 12/15-LOX inhibition provides benefits when coadministered with tPA after stroke. Yigitkanli et al. also supports our results with the data made 2 hours after ischemia onset in filament-induced proximal MCAO model (Yigitkanli et al., 2013). It was previously shown that application of intraperitoneal LB1 treatment either 2, 4 or 6 hours after filament-induced focal cerebral ischemia decreased infarct volume (Yigitkanli et al., 2013), and our results here suggest a similar time window for this distal model.

In this study it was shown that lipoxygenase activity contributes to the stroke pathophysiology and inhibition of this activity decreases infarct volume in acute distal MCA ischemia model. This study and previous studies also showed that lipoxygenase inhibitors are safe against hemorrhage after stroke when administered alone or even with tPA treatment (Liu et al., 2017; Yigitkanli et al., 2013). This safe time window is 4 hours after stroke yet we did not investigate the effects beyond this time window. In addition, inhibition of 12/15-LOX activity strengthens the effect of tPA in accordance with decreased infarct volume and better NSS results. This effect might result from the decrease in the blood-brain barrier permeability through application of the 12/15 LOX inhibitor after stroke (Jin et al., 2008).

Recently it was shown that not only tPA-induced hemorrhage, but also warfarin-associated hemorrhagic transformation was significantly reduced using a novel lipoxygenase inhibitor with and without tPA administration (Liu et al., 2017). These results show that 12/15-LOX inhibitors may be a good option to prevent thrombolysis-induced side effects of acute stroke treatment. Also these inhibitors might be used in human acute stroke patients without tPA in the ambulance as it is safe against hemorrhage and effectively decreases infarct volume.

It is noteworthy to mention the limitations of this study like tPA plus LB1 treatment beyond 4 hours after stroke was not investigated. Especially 6 or 8 hours after stroke could be studied in future projects for translational purposes. Second drawback might be that we performed the experiments in different strains of mice within different stroke models. In permanent MCAO model, C57BL6 mice were used and in transient ischemia/thrombolysis MCAO groups, CD1 mice were used. Here our purpose was to show the applicability of FeCl<sub>3</sub>-induced MCA thrombosis model in different strains, so that different stroke laboratories would prefer this model in their experiments due to the fact that this model is easy to learn, cheap and it also results in consistent infarct volume (Karatas et al., 2011). In addition, permanent and transient ischemia models would be feasible to use with different concentrations of FeCl<sub>3</sub> application.

FeCl<sub>3</sub>-induced distal MCAO model would be useful to screen novel drugs for acute phase stroke treatments, both with or without thrombolysis. LB1 treatment is proven to have significant alleviating effects on several models of stroke and represents a new promising agent for stroke therapy, either alone or co-administered with tPA.

## 4. Experimental Procedures

All animal experiments were performed following protocols approved by the Massachusetts General Hospital Institutional Animal Care and Use Committee in accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals. Mice were obtained from Charles River Laboratories. Operators of surgeries and the investigators evaluating data were blinded as to treatment groups.

### 4.1. Ferric Chloride Induced Focal Cerebral Ischemia Model

Mice were kept under anesthesia with 1.5 % isoflurane in a nitrous oxide/oxygen mixture via a facemask. The body temperature was monitored by a rectal probe and maintained at 37±0.2°C by a homeothermic blanket control unit. A ferric chloride-induced thrombosis model was used to occlude the distal MCA as described in Karatas et al (Karatas et al., 2011). Briefly, mice were placed in a stereotaxic frame, a scalp incision was made and the right temporal muscle was dissected. The area between zygomatic arch and squamous bone was thinned by a high-speed drill and cooled with saline. MCA trace was visualized and a thin bone film over MCA was lifted up. Then a Laser-Doppler flowmetry probe was placed 2 mm posterior, 6 mm lateral to the bregma to monitor the regional cerebral blood flow (rCBF). After obtaining a stable epoch of the pre-ischemic rCBF, a piece of FeCl<sub>3</sub> saturated filter paper was placed over the intact dura mater along the trace of MCA and the rCBF was continuously monitored.

### 4.2. Experimental Groups

In the permanent ischemia groups, 30 % of FeCl<sub>3</sub> was used to occlude distal MCA in C57Bl6 mice. LB1 (50 mg/kg) or vehicle (DMSO) treatments were given intraperitoneally (ip) 2 hours after MCAO. This time point was chosen in accordance with the previous studies of the van Leyen group (Jin et al., 2008; van Leyen et al., 2006; Yigitkanli et al.,

2013). These groups are used to investigate the effect of LB1 on infarct volume in the permanent distal MCAO that is one of the major subtypes of the human stroke.

In transient ischemia groups, 10 % FeCl<sub>3</sub> was used to initiate distal MCA occlusion in CD1 mice. In order to mimic human acute stroke treatment, 4 hours after onset of ischemia either LB1 (50 mg/kg) or vehicle (DMSO) was injected ip and at the same time, tPA (Activase; Genentech, South San Francisco, CA) 10 mg/kg (the dosage commonly used in rodents) was administered iv over 20 minutes for thrombolysis. Outcomes were measured using the parameters of infarct and hemorrhage volumes, neurological severity score, weight loss, and reperfusion rate. 24 hours after the induction of ischemia, animals were sacrificed following transcardial perfusion of saline.

### 4.3. Neurological Severity Score

Mice were tested and scored for neurological deficits using a Neurological Severity Score (NSS), 24 hours after onset of ischemia. One day before focal ischemic injury, mice were tested to obtain pre-injury baselines. A 10 point neurological score was employed with slight modifications (Chen et al., 1996). The score consists of 10 individual clinical parameters, including tasks on motor function, alertness, and physiological behavior, whereby 1 point is given for failure. A maximal NSS of 10 point indicates severe neurological dysfunction with failure at all tasks.

### 4.4. Infarction Volumes

Following transcardial perfusion with PBS to remove blood, mice were sacrificed. Ischemic brain damage was assessed by 2,3,5-triphenyltetrazolium hydrochloride (TTC) staining. For that purpose, brains were quickly removed and placed in ice-cold saline for 5 minutes, then cut into 2-mm-thick coronal slices. Sections were incubated in saline containing 2% TTC (Sigma, USA) for 20 minutes. The infarcted area, outlined in white, was measured using the image J on the posterior surface of each coronal slice, and infarction volume was calculated by multiplying the sum of the infarct areas of five sequential sections by 2 mm (section thickness). The infarct was most prominent on sections two and three.

### 4.5. Evaluation of Hemorrhage Area

After 24 hours of ischemia, mice were sacrificed following transcardial perfusion with saline. Brains were removed and photographed. Tissues were then immersed in 4% paraformaldehyde overnight. Cryoprotection was obtained with 15% and 30% sucrose solutions at 4°C. Following cryoprotection 20 µm thick frozen coronal sections were taken with a cryostat. Sections were hydrated with PBS for 5 min, after that they were incubated in diaminobenzidine (DAB) staining solution (Vector, USA) for 15 min and washed with PBS for 5 min. Hydrogen peroxide oxidizes DAB in the presence of hemoglobin, and it gives a dark-brown color. DAB specifically marks hemorrhage area and non-hemorrhagic areas are not stained (Garcia-Yebenes et al., 2011; Wakisaka et al., 2010). Nissl staining was used to see background. For this purpose, 0.5 % cresyl violet in 0.1 % acetic acid solution was applied for 2 minutes and sections were washed with tap water. Then dehydration was obtained by 70 %, 95 % and 100 % alcohol for 30 sec in each and xylene was used for

immersion. The border of each DAB stained area was drawn by using NIH Image J and hemorrhage area (mm<sup>2</sup>) was calculated by summation of the areas.

#### 4.6. Immunohistochemistry

For immunohistochemistry staining to determine LOX immunoreactivity, 30 % FeCl<sub>3</sub> was chosen to permanently occlude distal MCA in C57Bl6 mice and sham operated mice were used as controls. In sham operated mice there was no rCBF change after NaCl soaked filter paper application on MCA. Immunohistochemistry was performed on formalin-fixed sections, according to Pallast et al (Pallast et al., 2010). Brains were perfused transcardially first with saline, then with 4 % formalin. They were rapidly removed and stored in 4% formalin overnight. The next day, brains were transferred to a buffer containing 15% sucrose for 24 hours and followed by an immersion in a 30 % sucrose solution. Samples were sectioned into 20- $\mu$ m coronal sections on a freezing microtome. After staining with primary antibodies and fluorescent-tagged secondary antibodies, sections were analyzed on a Zeiss LSM 5 Pascal scanning confocal microscope. Antibodies used for double staining were a rabbit polyclonal antiserum raised against the C-terminal peptide of 12/15-LOX and affinity purified against the peptide used for immunization, a mouse monoclonal antibody MDA2, which recognizes malondialdehyde-modified lysine residues, and an antibody to apoptosis-inducing factor (AIF) (Palinski et al., 1990).

#### 4.7. Statistical Analysis

Data are given as mean  $\pm$  sem. Group comparisons were performed by means of Mann-Whitney's U-test. Probability values <0.05 were considered significant.

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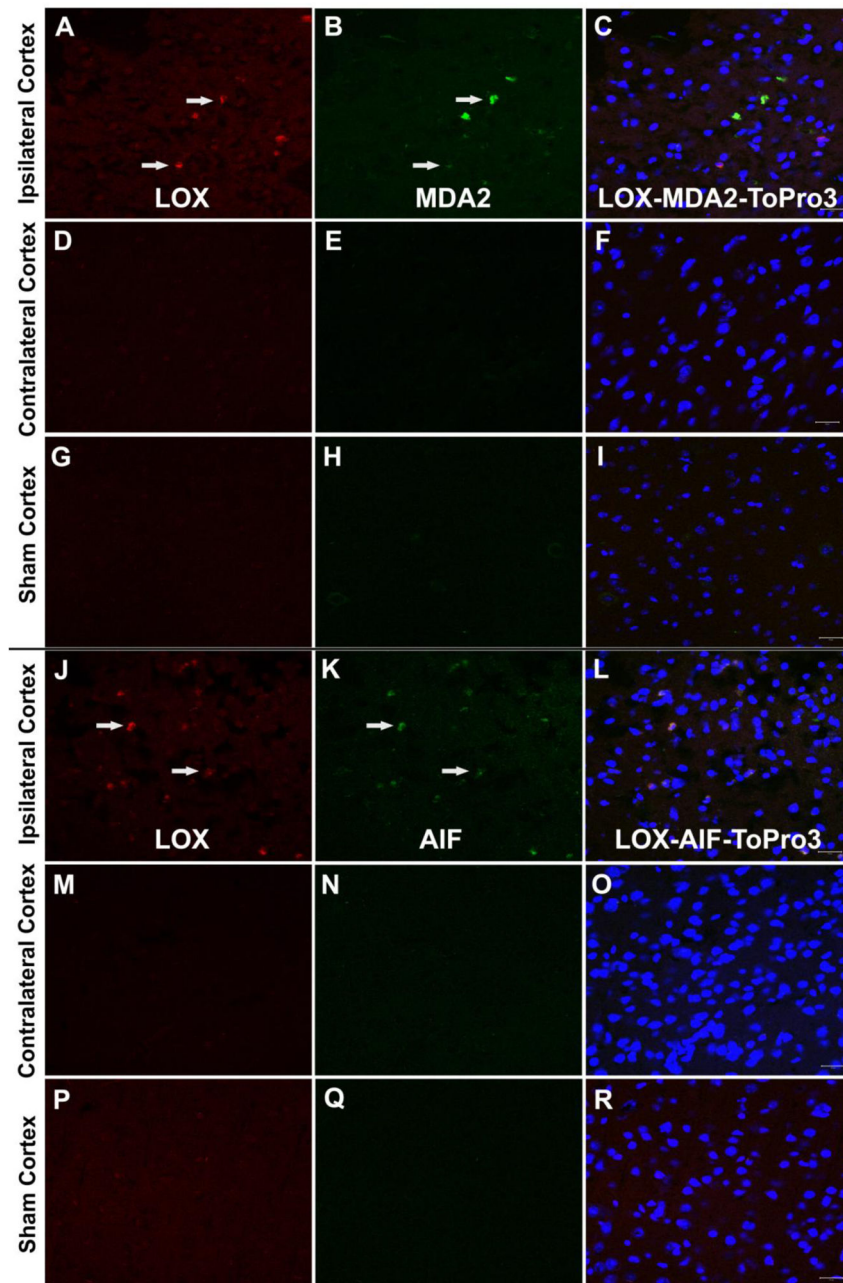
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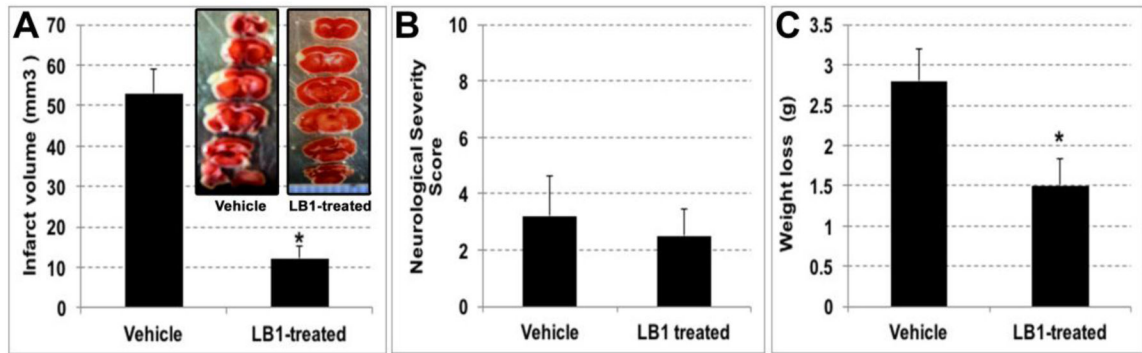
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**Highlights for review Our findings suggest that**

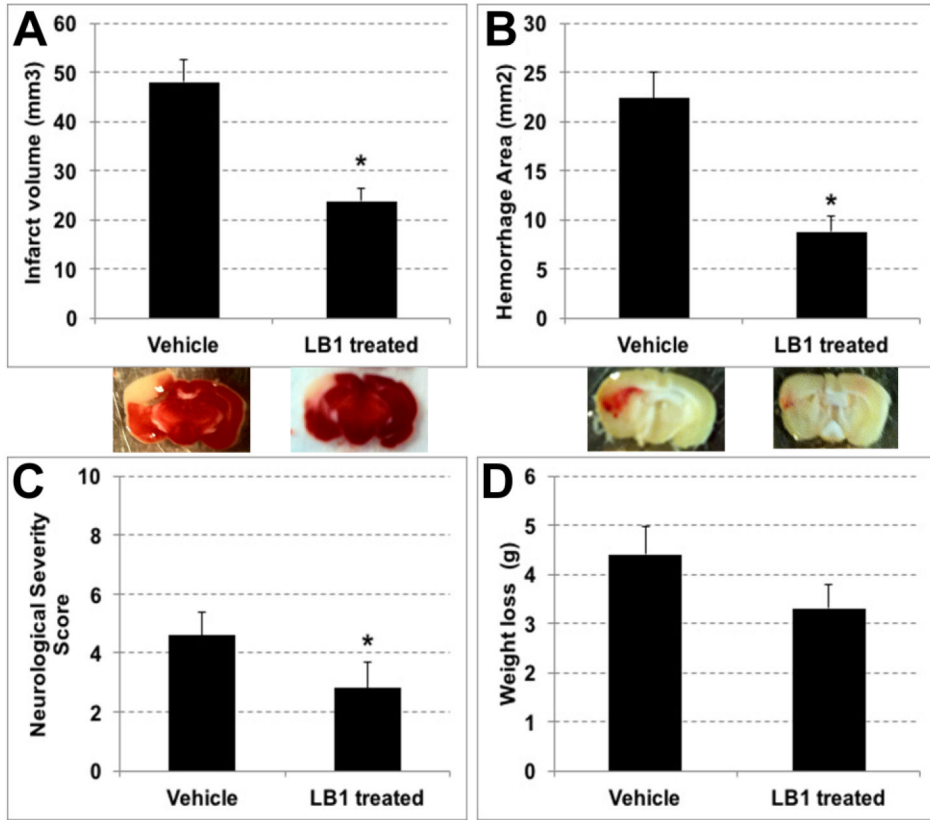
1. lipoxygenase activity contributes to the stroke pathophysiology and inhibition of this activity decreases infarct volume in acute distal MCA ischemia model,
2. inhibition of 12/15-LOX activity strengthens the effect of tPA in accordance with decreased infarct volume and better NSS results,
3. FeCl<sub>3</sub>-induced distal MCAO model would be useful to screen novel drugs for acute phase stroke treatments, both with or without thrombolysis.



**Fig. 1.** LOX, MDA2 and AIF immunoreactivity after experimental stroke model. A. 30% FeCl<sub>3</sub> induced distal MCAO caused LOX immunoreactivity increased (arrows) in the ischemic cortex (especially in peri-infarct area) (A, J) compared to contralateral intact cortex (D, M) and sham operated brains (G, P). This LOX immunopositivity was colocalised with MDA2 immunoreactivity (B, arrows) and AIF immunoreactivity (K, arrows) which were not positive in contralateral cortex (E, N) and sham operated cortex (H, Q). Merged images of LOX, MDA2 or AIF and ToPro3 are shown in C, F, I, L, O, R. Scale bars= 20 um).



**Fig. 2.** 30% FeCl<sub>3</sub> induced MCAO experiments. Systemic LB1 administration, 2 hours after ischemia, significantly decreased infarct volume at 24 hours of stroke (A). A representative infarct picture with TTC staining of LB1 treated brain (inset). NSS were in favor of LB1 treated group (B). Weight loss of treatment group was significantly lower compared to vehicle injected group (C).



**Fig. 3.** Distal MCAO induced by 10 % FeCl<sub>3</sub> and thrombolysis with tPA plus LB1 or vehicle treatment results. Systemic LB1 treatment plus tPA showed decreased infarct volume (A) along with hemorrhage area (B) at 4 hours after ischemia ( $p < 0.05$ ). LB1 administration also significantly reduced NSS compared to vehicle group (C). Weight loss in the treatment group was lower than in the vehicle group, but the difference was not statistically significant (D).