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TRANSFORMATIVE THERAPIES FOR RARE CFTR MISSENSE ALLELES

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Abstract

With over 1,900 variants reported in the cystic fibrosis transmembrane conductance regulator (CFTR), enhanced understanding of cystic fibrosis (CF) genotype-phenotype correlation represents an important and expanding area of research. The potentiator Ivacaftor has proven an effective treatment for a subset of individuals carrying missense variants, particularly those that impact CFTR gating. Therapeutic efforts have recently focused on correcting the basic defect resulting from the common F508del variant, as well as many less frequent missense alleles. Modest enhancement of F508del-CFTR function has been achieved by combining Ivacaftor with Lumacaftor, a compound that aids maturational processing of misfolded CFTR. Continued development of *in silico* and *in vitro* models will facilitate *CFTR* variant characterization and drug

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testing, thereby elucidating heterogeneity in the molecular pathogenesis, phenotype, and modulator responsiveness of CF.

INTRODUCTION

Cystic fibrosis (CF) is an autosomal recessive disorder with nearly 90,000 reported cases worldwide, and highest incidence occurs among white individuals of Northern European descent. The disease results from loss-of-function of the CF transmembrane conductance regulator (CFTR), a chloride and bicarbonate channel expressed at the apical surface of exocrine secretory epithelia. In the absence of functional CFTR, hyperviscous luminal secretions accumulate within respiratory, pancreatic, gastrointestinal and reproductive systems, ultimately leading to chronic inflammation, severe tissue damage, and multi-organ destruction [1].

The *CFTR* gene was mapped in 1989, allowing extensive study and characterization of the biochemistry and functional role of CFTR protein. More than 1,900 variants within *CFTR* have been observed to date, many of which have been shown to elicit one or more defects of steps comprising biogenesis, ion transport, or plasma membrane (PM) turnover [2,3,4]. *CFTR* variants have traditionally been grouped into six classes based on features associated with molecular pathogenesis: class I – defective protein synthesis (e.g. premature termination codons); class II – aberrant protein maturation and premature degradation (e.g. 'processing' defects); class III – abnormal channel regulation (e.g. 'gating' defects); class IV – improper formation of the channel pore (e.g. 'conductance' defects); class V – decreased levels of protein synthesis (e.g. splicing defects); and class VI – accelerated internalization or faulty recycling from the PM (e.g. 'turnover' defects) [2,3,4; www.cftr2.org] (Fig. 1).

Although these subcategories provide a valuable means of profiling the panoply of CFTR abnormalities, molecular complexity of individual *CFTR* variants has become increasingly evident. *CFTR* defects exist across a spectrum of severity at the molecular level, which correlate with a range of clinical presentations. For example, mild variants result in male infertility and deleterious variants result in chronic lung infection with mucus obstruction and progressive deterioration, whereas the most severe variants often lead to pancreatic and/or hepatic insufficiency. The challenge, therefore, is to understand mechanisms underlying various *CFTR* variants and develop precision medicine approaches tailored to all forms of the disease. This review will focus on missense variants (i.e. amino acid substitutions), which represent the largest category of *CFTR* defects (~40%) [1]. We will discuss strategies that have proven successful for rescuing CFTR function, methods for predicting therapeutic responsiveness, challenges faced with the current design of clinical trials, and cutting-edge tools utilized to develop more efficient interventions.

SUCCESS STORY FOR p.G551D

The first CFTR-targeted compound resulted from a revolutionary partnership between the U.S. CF Foundation and the pharmaceutical industry. Using high-throughput, cell-based fluorescence membrane potential assays in recombinant Fischer rat thyroid (FRT) cells, the small molecule VX-770 (Ivacaftor, KalydecoTM) was discovered as a robust potentiator of

gating activity in the *CFTR* class III variant, p.G551D. Ivacaftor was shown to improve multiple measures of clinical utility in patients carrying at least one G551D-CFTR allele, including: (1) enhanced forced expiratory volume in one second (FEV₁), (2) increased body mass index (BMI), (3) fewer respiratory infections, (4) decreased hospitalizations, and (5) reduced sweat chloride levels [5,6]. The effectiveness of this drug was made possible by the strong understanding of the molecular mechanisms underlying the G551D variant. Advances in our understanding of the genetics underlying CF, at the level of individual sequence variants as well as modifier genes, will lead to development of effective therapies for more individuals of different genotypes [1].

The Food and Drug Administration (FDA) approved Ivacaftor in 2012 as a pharmacologic treatment for CF patients 12 years and older who carry at least one copy of the p.G551D variant. In the years following, trials conducted in younger patients with p.G551D (i.e. 6–12 years old), suggested that starting Ivacaftor at an earlier age may slow or even prevent lung disease progression [7]. Today, children two years and older carrying certain CFTR gating variants [2,3,4] are approved to receive the drug, and longevity studies among all ages indicate clinical benefits can be maintained for years [6,8,9].

IVACAFTOR SPECTRUM OF ACTIVITY

Based on the compelling response of G551D-CFTR achieved with Ivacaftor, additional studies were undertaken to determine whether this compound could rescue other CFTR molecular phenotypes similar to p.G551D (i.e. class III or IV defects, including p.R117H, p.G178R, p.S549N, p.S549R, p.G551S, p.G1244E, p.G1349D, p.S1251N, and p.S1255P). *In vitro* analysis conducted on this cohort of gating/conductance variants revealed the compound greatly augmented resident channel activity [10], and subsequent clinical trial results showed significant improvement in FEV₁, BMI, and sweat chloride levels [11,12]. As a consequence, Ivacaftor was FDA-approved in 2014 for individuals two years and older carrying R117H-CFTR, and the following year, gained approval for the eight other variants listed above.

While this strategy has proven highly successful for a number of *CFTR* variants, similar approaches may not be sufficient to identify therapeutic interventions for all missense mutations. Many CF variants exist at extremely low frequencies in the patient population, presenting a significant challenge to clinical evaluation. Informative human trials may require large numbers of subjects and controls, and are impractical for rare variants occurring in only 2 or 3 individuals worldwide. In general, ultra-orphan diseases such as CF may require alternative strategies for establishing clinical efficacy [13].

IMPROVED UNDERSTANDING OF CFTR VARIANT COMPLEXITY

To bring molecular-based therapy and precision medicine to CF patients of all genotypes, two significant hurdles must be overcome: (1) the large number of variants known to exist in *CFTR*, and (2) the low frequency at which many of these occur. Of the 796 missense variants reported in the CF mutation database [www.genet.sickkids.on.ca/app], 81 have been functionally described, and 57 of those have been classified as disease-causing

[www.cftr2.org]. The primary goal of the CFTR2 project is to characterize and determine disease liability for all mutant *CFTR* alleles [14].

Distinguishing CF disease phenotypes through use of traditional categories has proven beneficial for studying individual *CFTR* variants (Fig. 1). However, variants that affect several processes require a more complex classification protocol involving multiple categories, each of which might require a separate class of compound [15]. Missense variants frequently fall into the aforementioned group. *In silico* tools such as molecular modeling and dynamics simulations [16] can help predict functional consequences of missense variants, but are far from comprehensive.

Sequencing of the entire CFTR coding region has become nearly commonplace due to substantial reduction in cost [17]. The increasing number of individuals sequenced by whole-exome, whole-genome, and carrier screening, has dramatically enhanced the volume of sequence data derived from CF patients, asymptomatic carriers, and the general population. As with other genetic diseases [18], this has led to significant increases in the number of CFTR variants identified, necessitating more sophisticated methods for variant interpretation. Sequence analysis of all CFTR exons has augmented discovery of complex alleles, which contain multiple variants *in cis.* Complex alleles may behave differently than those with single variants in terms of function and/or drug response. This can lead to incorrect labeling of a variant as disease-causing until segregation analysis and/or functional studies exclude deleterious effects, as occurred with p.I148T [19]. Consequently, it may become imperative to identify all variants within CFTR when considering appropriate therapy for a particular CF patient. The establishment of large general databanks for genetic variants (ClinVar, ExAC, etc.), as well as expertly curated databases (e.g. CFTR2), provides important tools for differentiating detrimental versus benign variants based on population frequency [20].

CHALLENGES EVALUATING THERAPEUTIC RESPONSIVENESS

As the number of reported rare *CFTR* variants increases, model systems will become significantly more valuable for experimental evaluation of underlying molecular defects. The ability of cell-based platforms to generate robust, reliable data in an efficient manner will determine the rate at which new therapies can be delivered to patients. Investigations using an immortalized cell line (FRT) contributed to the FDA-approval process for Ivacaftor [10,21] and OrkambiTM (combination of Ivacaftor with the corrector Lumacaftor) [22], and have been useful for interpreting variant phenotypes studied thus far [23].

In vitro systems can be utilized to identify additional variants that respond well to Ivacaftor alone or with Lumacaftor. For example, p.P67L is a rare variant for which clinical trials are less likely to occur, since there are ~240 patients worldwide [www.cftr2.org] who carry this defect. Notably, studies conducted in FRT cells have shown p.P67L responds robustly to both compounds, reaching nearly wild-type levels of CFTR activity [24], suggesting that patients would benefit from these drugs. Conversely, the p.N1303K variant is 8 times more common (reported in over 2,000 individuals), but it is unresponsive to VX-770 or VX-809 in FRT cells [23] and primary airway epithelia [25]. Although sufficient numbers of patients

may be available for a robust clinical study, preclinical evidence strongly suggests against clinical improvement in this setting.

Of the missense variants reported to CFTR2 still requiring clinical classification, more than 500 have been noted in 10 individuals or fewer worldwide (personal communication, Karen S. Raraigh, Johns Hopkins). The rarity of these patients precludes routine collection of primary cells for functional and drug studies. Thus, *in vitro* studies are expected to be primary generators of preliminary data for classification and analysis of the variants. Development of cell-based systems that more closely approximate primary human airway cells provides an opportunity to study rare CFTR defects and their response to FDA-approved compounds in a near-native context [26]. Novel strategies must also be employed to perform clinical efficacy trials in individuals with ultra-rare variants, and "N-of-1" or "N-of-afew" are among methods currently under consideration [27].

In vitro experiments, *in silico* predictions, and pre-clinical testing are distinct branches of research employed for characterizing individual variants and predicting response to pharmacological agents. As *CFTR* missense variants under study are increasingly rare and functionally complex, strengthening the quality and quantity of evidence generated by these strategies will be paramount.

RECENT ADVANCES IN MODEL SYSTEMS

Characterization of disease-associated *CFTR* variants, including assessment of therapeutic responsiveness, has been performed in cell-based models for decades. Many immortalized mammalian cell lines have proven essential for distinguishing specific features of CFTR biogenesis, as well as mechanisms invoked by investigational compounds [10,28]. Recently, primary human nasal or bronchial epithelia [25,29] and induced pluripotent stem cells [30,31,32] have emerged as strong predictive tools. Organoids generated from patients represent another topical area of progress with the potential to predict individual response to a therapeutic strategy (i.e. precision medicine), but the validity of this postulate remains to be determined [33,34]. Additionally, six animal models expressing a variety of *CFTR* variants are now available (e.g. zebrafish, mouse, rat, rabbit, ferret, pig), although each has limitations regarding ease of use or degree to which human disease is recapitulated [35,36]. Finally, yeast phenomic screening has emerged as a means for discovery of gene-gene interaction networks and other features of *CFTR* class II and III variants [37,38,39], including identification and targeting of novel CFTR modulators in patient-derived epithelia [40].

FUTURE DIRECTIONS RELEVANT TO CF THERAPEUTICS

Based on the success of Ivacaftor, pharmaceutical companies have begun developing other small molecules that partially restore CFTR function, the most advanced of which are second generation correctors that improve intracellular processing and cell surface activity of class II variants (P Grootenhuis et al, abstract 188, 30th North American Cystic Fibrosis Conference, Orlanda FL, October 2016), i.e. to levels above those achieved by the combination of Ivacaftor and Lumacaftor. There are at least 20 clinical trials underway that

utilize such pharmacological interventions, with examples of phase II and III studies currently under enrollment shown in Fig. 2 [www.clinicaltrials.gov].

The overarching goal of translational CF science is to develop therapeutic strategies that will benefit all individuals with CF, irrespective of genotype. Basic and clinical investigations are in progress to explore feasibility of innovative genetic and genomic medicine technologies, including transfer of nucleic acids by airway stem/progenitor cells [41,42], zinc finger nuclease-or CRISPR/Cas9-edited human pluripotent stem cells [30,31,32], and nanoparticles [43,44,45], as well as protein replacement via mRNA transfer [46]. Recently, enhanced adenoviral and lentiviral vectors were used to show functional *CFTR* gene delivery to airways of the CF porcine model [47,48], and the first lentivirus-based clinical trial is scheduled for 2017 [49].

CONCLUSIONS

Therapeutic benefit for individuals with CF harboring missense variants can be achieved by improving function of existing, partially-processed CFTR protein. As such, missense alleles represent "low hanging fruit" for small molecule intervention. Variants that result in complete loss of CFTR protein share a potential therapeutic mechanism, in that they require insertion and expression of an entirely new or repaired *CFTR* allele. This is no small task, as gene transfer therapy has been in development for CF and other monogenic diseases since the 1990s. While the medical genetics community awaits technological progress to allow for sufficient *CFTR* gene delivery, effective therapy for most individuals with CF carrying missense variants is expected much sooner.

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HIGHLIGHTS

• CFTR missense alleles exhibit diverse mechanisms of dysfunction.

- Compounds targeting specific classes of CFTR defects have been variably successful.
- Methods and models utilized for studying CFTR variants are continually improving.
- Characterizing each CFTR variant will facilitate approaches to precision medicine.
- Genetic tools under development may lead to future treatments for all forms of CF.

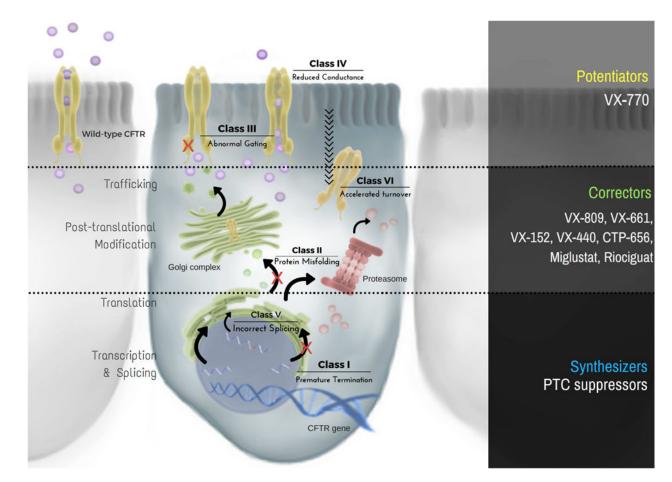


Figure 1. Classification scheme and cellular localization of CFTR variants

Class I and V defects result in diminished protein production, whereas class II and VI yield reduced stability of CFTR. In addition, class III and IV variants inhibit channel function or activity of cell surface associated CFTR. Molecular-based therapeutic strategies target each of these categories and include the following: (1) 'synthesizers', which rescue CFTR protein production (e.g. suppression of premature truncation codons, or PTCs), (2) 'correctors', which augment maturation and decelerate turnover of CFTR (e.g. VX-809, VX-661, VX-152, VX-440, CTP-656, Miglustat, Riociguat), and (3) 'potentiators', which increase open channel probability and/or gating potential of apically localized CFTR (e.g. VX-770).

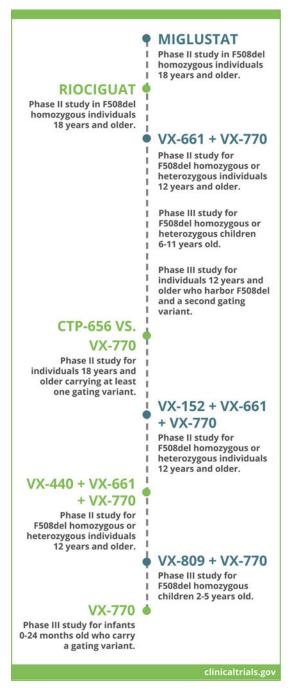


Figure 2. Current and upcoming CFTR modulator clinical trials

Examples of phase II or III clinical trials under enrollment in the United States and Europe are listed (see also www.clinicaltrials.gov). Various strategies outlined above intend to test safety, tolerability, and efficacy of CFTR modulators administered as monotherapy (e.g. Miglustat), combination therapy with two agents (e.g. VX-661 + VX-770), or combination therapy with three agents (e.g. VX-152 + VX-661 + VX-770). In the majority of cases,

eligible patients must be homozygous or heterozygous for the most prevalent CFTR variant, F508del, or carry a gating or partial function defect.