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ORIGINAL ARTICLE

## **Basic Study**

# Down-regulation of miR-30a-3p/5p promotes esophageal squamous cell carcinoma cell proliferation by activating the Wnt signaling pathway

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# Abstract

#### AIM

To investigate the potential role of microRNA-30a (miR-30a) in esophageal squamous cell carcinoma (ESCC).

# **METHODS**

Expression of miR-30a-3p/5p was analyzed using microarray data and fresh ESCC tissue samples. Both *in vitro* and *in vivo* assays were used to investigate the effects of miR-30a-3p/5p on ESCC cell proliferation. Furthermore, Kyoto Encyclopedia of Genes and Genomes analysis was performed to explore underlying mechanisms involved in ESCC, and then, assays were carried out to verify the potential molecular mechanism of miR-30a in ESCC.

# RESULTS

Low expression of miR-30a-3p/5p was closely associated with advanced ESCC progression and poor prognosis of patients with ESCC. Knock-down of miR-30a-3p/5p promoted ESCC cell proliferation. Increased miR-30a-3p/5p expression inhibited the Wnt signaling pathway by targeting Wnt2 and Fzd2.

# CONCLUSION

Down-regulation of miR-30a-3p/5p promotes ESCC cell proliferation by activating the Wnt signaling pathway through inhibition of Wnt2 and Fzd2.

**Key words:** miR-30a-3p/5p; Proliferation; Esophageal squamous cell carcinoma; Wnt signaling pathway; Wnt2; Fzd2

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**Core tip:** In this work, we found that low expression of miR-30a-3p/5p was closely associated with advanced esophageal squamous cell carcinoma (ESCC) progression and poor prognosis of patients with ESCC. Downregulation of miR-30a-3p/5p suppressed ESCC cell proliferation both *in vitro* and *in vivo*. Furthermore, miR-30a-3p and miR-30a-5p could inhibit the activity of the Wnt signaling pathway by targeting the 3' untranslated regions of Wnt2 and Fzd2, respectively. This study provided further evidence suggesting that miR-30a-3p/5p are diagnostic and prognostic biomarkers for ESCC, as miR-30a-3p/5p participate in the activation of the Wnt signaling pathway and subsequently, the regulation of ESCC cell proliferation.

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# INTRODUCTION

Esophageal cancer is one of the most common human malignancies, ranking sixth among cancer-related deaths

worldwide<sup>[1]</sup>. Esophageal squamous cell carcinoma (ESCC) is the major histological type and the leading cause of death from all esophageal cancer types in Asian countries, especially in China<sup>[2,3]</sup>. Because of the lack of early detection, the majority of patients with ESCC are diagnosed at advanced stages with high risk of metastasis and recurrence<sup>[4]</sup>. The 5-year overall survival rate of ESCC is less than 20%<sup>[1]</sup>; therefore, further investigation of the molecular mechanisms involved in ESCC is urgent and essential for developing early diagnostic and therapeutic strategies.

The development and progression of ESCC involve synergic effects of various pathogenic factors, including particular dietary factors (chemical and physical), human papillomavirus infection, and genetic susceptibility<sup>[5]</sup>. To further investigate genetic susceptibility and develop personalized targeted therapy for ESCC, high-throughput techniques have been used. Genetic landscapes of ESCC obtained by whole genome and exome sequencing have illustrated that genomic alterations in ESCC include single nucleotide variants, copy number alterations, and alterations in multiple signaling pathways, such as cell cycle regulation, DNA damage control, RTK-Ras-MAPK-PI3K-Akt, Notch, and Wnt<sup>[6,7]</sup>. Many researchers have recently reported the significance of both canonical and non-canonical Wnt signaling pathways in ESCC, thereby indicating the potential of the Wnt signaling pathway markers as prognostic and therapeutic targets<sup>[8-12]</sup>. However, the regulation of the Wnt signaling pathway in ESCC remains largely unknown.

MicroRNAs are a class of small (21-23 nt), singlestranded non-coding RNAs that regulate gene expression post-transcriptionally by binding to the 3'-untranslated region (UTR) of target mRNAs. This typically causes mRNA degradation or translation repression<sup>[13]</sup>. Highly conserved across species, microRNAs not only participate in biological processes<sup>[14]</sup>, but also in the pathogenesis of human cancers<sup>[15]</sup>.

MicroRNA-30 (miR-30) family is evolutionarily conserved and consist of five members, microRNA-30a (miR-30a) through miR-30e. miR-30 family members play different roles, as oncogenes or tumor suppressor genes, in different kinds of cancer. For instance, miR-30 family members inhibit non-small-cell lung cancer<sup>[16,17]</sup>, breast cancer<sup>[18,19]</sup>, and colorectal cancer<sup>[20,21]</sup>, but promote glioma<sup>[22]</sup>, gastric cancer<sup>[23]</sup>, and pancreatic cancer<sup>[24]</sup>. The miR-30 family is involved in the regulation of cancer cell apoptosis, proliferation, invasiveness, and metastasis, as well as in epithelial-mesenchymal transition. In particular, miR-30 targets oncogenes and tumor suppressor genes under different circumstances, the detailed/complete mechanism of which remains to be explored.

Emerging evidence has indicated that the two strands of miR-30a (miR-30a-3p and miR-30a-5p) are involved in various kinds of cancer. Recent studies have revealed that miR-30a-3p/5p are closely associated with the Wnt signaling pathway in breast cancer, multiple myeloma, and glioma<sup>[19,25,26]</sup>; however, little has been reported about the expression and roles of miR-30a-3p/ 5p in ESCC progression. Analysis of public microarray data along with our previous experiment results has shown that miR-30a-3p/5p are down-regulated in ESCC in comparison with matched adjacent normal tissues. Additionally, bioinformatics analyses have indicated that the target genes of miR-30a-3p/5p were significantly enriched in the Wnt signaling pathway. Based on these findings, we sought to investigate the relationship between miR-30a-3p/5p expression and ESCC prognosis and the underlying mechanisms of the Wnt signaling pathway in ESCC.

# MATERIALS AND METHODS

# Patients and specimens

This study was conducted on 99 pairs of fresh ESCC tissue biopsies and matched adjacent normal tissues from the operating room of our hospital. Medical records of corresponding patients provided information on gender, age, differentiation, TNM stage, survival time. The fresh biopsies were stored in liquid nitrogen before usage. Prior patient consent and approval from the Institutional Research Ethics Committee were obtained.

# Cell culture

The human ESCC cell lines KYSE30 and KYSE150 and normal esophageal epithelial cell line Het-1A were cultured in DMEM medium (Gibco; Thermo Fisher Scientific, Inc., Waltham, MA, United States), supplemented with 10% fetal bovine serum (FBS) (Gibco; Thermo Fisher Scientific, Inc., Waltham, MA, United States) at 37 °C with 5% CO<sub>2</sub>.

# RNA isolation, reverse transcription, and real-time quantitative PCR

Total RNA from cultured cells and ESCC tissues was isolated using the mirVana miRNA Isolation Kit (Ambion, Austin, TX, United States) according to the manufacturer's instruction. Taqman miRNA reverse transcription kit (Applied Biosystems, Foster City, CA, United States) was then used to synthesize cDNA from total RNA. Using the iQ<sup>™</sup> SYBR Green Supermix (BioRad Laboratories, Hercules, CA, United States) and the Applied Biosystems 7500 Sequence Detection System, quantitative polymerase chain reaction (qPCR) was performed. The positive control (genomic DNA) and negative controls (PBS and samples processed without the RT step) were included. Data were normalized to the geometric mean of the housekeeping gene GAPDH or U6 values (internal control of small nuclear RNA expression) and analyzed using the  $2^{-\Delta\Delta CT}$  method. Sequences of the primers for qPCR are summarized in

Table S1.

# Western blot

Proteins were isolated, subjected to SDS-PAGE, transferred onto polyvinylidene fluoride (PVDF) membranes, and incubated with anti-Cyclin D1 (Abcam, Cambridge, MA, United States), anti-p27 (Abcam, Cambridge, MA, United States), anti-p21 (Abcam, Cambridge, MA, United States), anti-WNT2 (Bioworld Technology Inc. St. Louis Park, MN, United States), and anti-FZD2 (Bioworld Technology Inc. St. Louis Park, MN, United States) antibodies. a-tubulin (Sigma-Aldrich; Merck Millipore) was used as a loading control. Immunoreactive proteins were then detected by chemiluminescence. All the above operations were performed according to standard methods<sup>[27]</sup>.

# Plasmids and transfection

To construct the plasmids expressing miR-30a-3p or miR-30-5p, the fragments of pri-miR-30a were amplified using PCR, and then, respectively, cloned into the lentiviral vector pLVTHM (Addgene Inc., Cambridge, MA, United States). The mimics, negative controls, and inhibitors of miR-30a-3p or miR-30a-5p were purchased from Genecopoeia (Guangzhou, Guangdong, China), and transfected into cells with Lipofectamine 2000 reagent (Invitrogene) according to the manufacturer's instructions. To perform luciferase assay, small regions containing the target sequences of miR-30a-3p or miR-30a-5p in 3'-UTR were generated by PCR amplification, and cloned into psi-CHECK luciferase reporter plasmid (Promega). Two concentrations of miR-30a-3p or miR-30a-5p-mimics (10 nmol/L and 20 nmol/L) plus wild-type or mutant 3'-UTR of the target genes were applied. The primers used are listed in Table S2.

# MTT assays

Cells  $(1 \times 10^3)$  were seeded on 96-well plates and cultured for 24 h. Twenty microliters of 5 g/L of 3-(4,5-dimethylthiazol-z-yl)-2,5-diphenyltetrazolium bromide (MTT, Sigma, St Louis, MO, United States) was added to each well and incubated for 4 h. After MTT was removed, 150 µL of dimethyl sulphoxide DMSO (sigma, St, Louis, MO, United States) was added to the wells. Absorbance was measured at 490 nm with a Microplate Autoreader (Bio-Rad, Hercules, CA, United States). The experiment was repeated three times. Data are presented as the mean ± SD.

# Colony formation assay

Cells were trypsinized, plated on 6-well plates (200 cells/well), and cultured for 2 wk. The colonies were stained with 1% crystal violet for 30 s after fixation with 4% paraformaldehyde for 5 min. The number of colonies, defined as > 50 cells/colony, were counted. Data are presented as the mean  $\pm$  SD for three



dependent experiments.

## Soft agar assay

Five hundred cells were suspended in 2 mL of complete medium containing 0.3% agar (Sigma, St Louis, MO). Then, the agar-cell mixture was plated on top of a bottom layer with 1% complete medium-agar mixture. Ten days later, the colonies were measured with an ocular micrometer. Colonies larger than 0.1 mm in diameter were counted. The experiment was repeated independently three times for each cell line. Data are presented as the mean  $\pm$  SD.

# Luciferase assay

Cells (4 × 10<sup>4</sup>) were seeded in 24-well plates and settled for 24 h. Then, 1.5  $\mu$ g of the TOPFlash (b-catenin/ TCF reporter) and its mutant control FOPFlash luciferase reporter plasmid, plus 0.15  $\mu$ g of pRL-TK Renilla plasmid (Promega), were, respectively, transfected into cells using the Lipofectamine 2000 reagent according to the manufacturer's recommendation. Luciferase and Renilla signal was measured 24 h after transfection using the Dual Luciferase Reporter Assay Kit (Promega corp., Madison, WI, United States) according to the protocol provided by the manufacturer. All the experiments were performed in triplicate.

#### Tumorigenesis assay

Xenograft tumours were generated by subcutaneous injection of ESCC cells ( $2 \times 10^6$ ) into the hindlimbs of 4-6 week-old Balb/C athymic nude mice (nu/ nu; Animal Center of XinXiang Medical University, HeNan China. n = 6 for each group). All mice were housed and maintained under specific pathogen-free conditions, and all experiments were approved by the Animal Care and Use Committee and performed in accordance with institutional guidelines. Tumour size was measured using a slide calliper and tumour volume was determined by the formula 0.44  $\times$  A  $\times$  B<sup>2</sup>, where A represents the diameter of the base of the tumour and B represents the corresponding perpendicular value. After euthanasia, the tumours were excised, fixed in 10% neutral buffered formalin, embedded in paraffin, cut into 4  $\mu$ m sections, and stained with haematoxylin.

# Accession number of public dataset

The public microarray data for analysis of miR-30a-3p/5p expression in this study was downloaded from the GEO database (GSE43732).

# Statistical analysis

All statistical analyses were performed using SPSS version 20.0 for Windows (IBM, Armonk, NY, United States). Statistical tests included log-rank test,  $\chi^2$  test, and the Student's t-test. The two-tailed Student's *t*-test was used to compare intergroup differences. Survival

data were analyzed by the Kaplan-Meier method and were compared using the log-rank test. P < 0.05 was considered statistically significant.

# RESULTS

# Expression of miR-30a-3p/5p is down-regulated in ESCC tissues

To investigate the role of miR-30a-3p/5p in ESCC, we initially analyzed the expression of miR-30a-3p/5p in ESCC tissues and normal tissues, as well as using public microarray data (GSE43732, n = 338) from GEO database (https://www.ncbi.nlm.nih.gov/geo/). Results showed that both miR-30a-3p and miR-30a-5p were down-regulated in ESCC tissues when compared with adjacent normal tissues (Figures 1A and B). Additionally, we detected the expression of miR-30a-3p/5p in 99 cases of fresh ESCC biopsies and their paired adjacent normal tissues by qPCR. Consistent with the public microarray data, miR-30a-3p/5p were down-regulated in 81.82% (81/99) of ESCC tissues compared to their expression in the matched adjacent normal tissues (Figure 1C).

# Down-regulation of miR-30a-3p/5p correlates with ESCC progression and clinical prognosis

Statistical analyses further revealed no difference in the miR-30a-3p/5p expression between different differentiation statuses of ESCC (Figure 2A), but miR-30a-3p/5p expression was inversely correlated with classifications of primary tumor and lymphatic metastasis (Figures 2B and C). Most importantly, survival analysis indicated that the group of lower miR-30a-3p/5p expression had shorter 5-year overall survival, and was associated with poorer prognosis of patients with ESCC (Figure 2D, log-rank, P < 0.05).

# Over-expression of miR-30a-3p/5p represses ESCC cell proliferation in vitro and in vivo

As shown in Figure 3A, expression of miR-30a-3p/5p was significantly lower in ESCC cell lines KYSE30 and KYSE150 than in normal esophageal epithelial cell line Het-1A. To evaluate the potential roles of miR-30a-3p/5p in ESCC pathogenesis, we over-expressed miR-30a-3p/5p in KYSE30 cells by transfecting miR-30a-3p/5p-mimic oligonucleotides (Figure 3B). MTT and colony formation assays indicated that overexpression of miR-30a-3p/5p significantly repressed the proliferation of HYSE30 cells in comparison with the control group. It should be noted that the anchorage-independent growth ability of KYSE30 cells was also attenuated by over-expression of miR-30a-3p/5p in the soft-agar assays. To confirm this effect in vivo, KYSE30 cells were engineered to stably overexpress miR-30a-3p/5p, and then, subcutaneously injected into the nude mice to perform tumorigenesis assays. Results showed that the miR-30a-3p/5p over-





Figure 1 Expression of miR-30a-3p and miR-30a-5p in esophageal squamous cell carcinoma tissues and matched adjacent normal tissues. A and B: Analyses of miR-30a-3p and miR-30a-5p expression in ESCC tissues (n = 119) and matched adjacent normal tissues (n = 119). Accession number of the public microarray data from GEO database is GSE43732; C: Validation through qPCR of miR-30a-3p and miR-30a-5p expression patterns in 99 cases of fresh ESCC biopsies and their paired adjacent normal tissues. The expression levels of mRNA were normalized with U6. Fold changes of miR-30a-3p/5p were calculated by the ratio of miR-30a-3p/5p expression in ESCC tissues (T) and matched to adjacent normal tissues (N); <sup>a</sup>P < 0.05.

expression group exhibited remarkably smaller tumor volume and slower tumor growth rate in comparison with the control group (Figures 3F, G, and H).

# Inhibition of miR-30a-3p/5p promotes ESCC cell proliferation in vitro and in vivo

To further confirm the role of miR-30a-3p/5p in ESCC cell proliferation, we suppressed the expression of miR-30a-3p/5p in KYSE150 cells by expressing miR-30a inhibitor (Figure 4A, top). As indicated by the MTT and colony formation assays (Figure 4A bottom and B), inhibition of miR-30a-3p/5p significantly increased the proliferation of KYSE150 cells in comparison with the control groups. In addition, the anchorage-independent growth ability of KYSE150 cells was enhanced by inhibition of miR-30a-3p/5p in the soft-agar assays (Figure 4C). Tumorigenesis assays performed in the nude mice showed that inhibition of miR-30a-3p/5p increased the tumor volume and tumor growth rate in comparison with the control group (Figure 4D, E, and F).

# Down-regulation of miR-30a-3p/5p enhances the activity of the Wnt signaling pathway

Both *in vitro* and *in vivo* experiments indicated that miR-30a-3p/5p served as tumor suppressors in ESCC.

To figure out the underlying mechanisms, target genes of miR-30a-3p and miR-30a-5p were predicted using public algorithm miRWalk2.0 (http://zmf.umm.uniheidelberg.de/apps/zmf/mirwalk2/index.html), and KEGG pathway enrichment analyses were performed. Results suggested that target genes of miR-30a-3p or miR-30a-5p were involved in the Wnt signaling pathway (Figure 5A). The luciferase reporter assay showed that over-expression of miR-30a significantly attenuated the activity of the Wnt signaling pathway, while inhibition of miR-30a remarkably enhanced it (Figure 5B). Analyses of downstream genes of the Wnt signaling pathway further indicated that overexpression of miR-30a decreased the expression of Cyclin D1 and increased the expression of p27 and p21. In contrast, inhibition of miR-30a increased the expression of Cyclin D1 and decreased the expression of p27 and p21, both at protein and mRNA levels, as indicated by the results of Western blot and qPCR analyses, respectively (Figures 5C, D, E, and F).

# miR-30a-3p/5p directly target the 3'-UTRs of WNT2 and FZD2 and inhibit their expression, respectively

We next performed qPCR analyses to screen the potential target genes of miR-30a-3p/5p that are

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Figure 2 Down-regulation of miR-30a-3p/5p correlates with esophageal squamous cell carcinoma progression and clinical prognosis. Analyses of miR-30a-3p and miR-30a-5p expression were performed in 99 cases of esophageal squamous cell carcinoma tissues, which was normalized by U6 expression. Red lines within figures indicate the mean values of miR-30a-3p and miR-30a-5p expression fold changes. A: Expression fold changes of miR-30a-3p (left) and miR-30a-5p (right) in different statuses of differentiation of ESCC, with no significant difference found between different groups; B: Expression fold changes of miR-30a-3p (left) and miR-30a-5p (right) in different T classifications of ESCC, <sup>a</sup>P < 0.05; C: Expression fold changes of miR-30a-3p (left) and miR-30a-5p (right) in different N classifications of ESCC, <sup>a</sup>P < 0.05; D: Overall survival time was analyzed by the Kaplan-Meier method in ESCC patients with relatively high (n = 49) or low (n = 50) expression of miR-30a-3p (left, P = 0.004) and miR-30a-5p (right, P = 0.006), respectively.

related to Wnt signaling. Results showed that mRNA expression of Wnt2 was repressed by transfecting miR-30a-3p-mimics, and Fzd2 was inhibited by miR-30a-5pmimics (Figure 6A). Analyses using public algorithms miRWalk2.0 indicated that Wnt2 and Fzd2 might be the respective targets of miR-30a-3p and miR-30a-5p (Figure 6B). Then, we respectively validated the effects of miR-30a-3p and miR-3a-5p on Wnt2 and Fzd2 expression. As shown in Figure 6C, over-expression of miR-30a-3p decreased the expression of Wnt2, while inhibition of miR-30a-3p increased it, at both protein and mRNA levels. The miR-30a-5p showed the same effects on Fzd2 expression. Luciferase reporter assays also demonstrated that over-expression of miR-30a-3p significantly reduced luciferase activity of the wild-type Wnt2-3'-UTR in a dose-dependent pattern, while it had no effects on the mutant type. Likewise, miR-30a-5p had the same effects on the wild-type FZD2-3'-UTR and the mutant one (Figure 6D).

# DISCUSSION

MicroRNAs regulate protein translation at the posttranscriptional level by binding to mRNAs of target genes. Emerging evidence has shown that the dysregulation of microRNAs plays an important role in multiple tumor-related processes, such as cell differentiation, proliferation, apoptosis, autophagy, angiogenesis, invasion, and metastasis. In this study, we found that, according to analyses of public microarray data and validation in ESCC biopsies, miR-30a-3p/5p were downregulated in ESCC tissues in comparison with matched adjacent normal tissues. It was interesting that aberrant expression of miR-30a-3p/5p was found in many kinds of cancer and showed opposite tendencies. miR-30a-3p/5p were down-regulated in bladder cancer<sup>[28]</sup>, breast cancer<sup>[29,30]</sup>, lung cancer<sup>[31,32]</sup>, hepatocellular carcinoma<sup>[33]</sup>, cutaneous squamous cell carcinoma<sup>[34]</sup>, and ESCC<sup>[35]</sup>, but were up-regulated in glioma<sup>[36]</sup>, nasopharyngeal carcinoma<sup>[37]</sup>, papillary thyroid carcinoma<sup>[38]</sup>, ovarian serous adenocarcinoma<sup>[39]</sup>, and head and neck squamous cell carcinoma<sup>[40]</sup>. These opposite tendencies of miR-30a-3p/5p in different cancers may lie in the different cell types and different genetic background.

It has been found that because of the particular expression patterns of microRNAs in cancers, some signatures consisting of microRNAs are linked with cancer progression and prognosis. For instance, the 5-microRNA classifier, including miR-210, miR-182, miR-486-5p, miR-30a, and miR-140-3p, could distinguish lung squamous cell carcinoma from normal lung tissues<sup>[41]</sup>. Another miRNA signature, including miR-451, miR-221, miR-30a,



Figure 3 Over-expression of miR-30a-3p/5p represses esophageal squamous cell carcinoma cell proliferation. A: miR-30a expression in human esophageal epithelial cell line Het-1A and ESCC cell lines KYSE30 and KYSE150; B: miR-30a-3p (left) and miR-30a-5p (right) were, respectively, over-expressed in KYSE30 cells; C: Over-expression of miR-30a suppressed KYSE30 cells proliferation, as indicated by the MTT assay; D: Over-expression of miR-30a suppressed KYSE30 cells proliferation, as indicated by the MTT assay; D: Over-expression of miR-30a suppressed KYSE30 cells proliferation, as indicated by the colony formation assay. Colonies containing more than 50 cells were counted. E: Over-expression of miR-30a suppressed anchorage-independent growth ability of KYSE30 cells, as indicated by the soft-agar assay. Colonies containing more than 50 cells were counted. F: Subcutaneous tumorigenesis assay performed in nude mice (n = 6/group) indicated that over-expression of miR-30a inhibited ESCC growth *in vivo*. Tumor volumes were measured on the 1<sup>st</sup>, 5<sup>th</sup>, 10<sup>th</sup>, 15<sup>th</sup>, and 20<sup>th</sup> d; G and H: Statistical analyses of tumor volumes in the negative control and miR-30a over-expression groups. Error bars represent the mean  $\pm$  SD of three independent experiments; <sup>a</sup>P < 0.05.

miR-10b, and miR-29a, has been identified to distinguish between metastatic and non-metastatic clear cell renal cell carcinoma (ccRCC)<sup>[42]</sup>. In our study, down-regulation of miR-30a-3p/5p expression was found in ESCC tissues, and it was significantly correlated with advanced status of primary tumor and lymph node metastasis, as well as poor prognosis of patients with ESCC. The abnormal expression pattern of miR-30a-3p/5p in ESCC might also serve as potential diagnostic and prognostic markers in ESCC. Apart from the expression pattern, it has been observed that miR-30a-3p/5p exhibited multiple roles in the regulation of tumor progression. miR-30a could suppress breast cancer cell migration and invasion<sup>[19]</sup>. In non-small cell lung cancer (NSCLC), miR-30a has been found to be inversely associated with invasive ability, and it suppressed epithelial to mesenchymal transition (EMT) of NSCLC cells<sup>[16]</sup>. In a similar fashion, downregulation of miR-30a expression in hepatocellular carcinoma accelerated tumor cell migration, invasion,

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Figure 4 Inhibition of miR-30a-3p/5p expression promotes esophageal squamous cell carcinoma cell proliferation. A: miR-30a-3p and miR-30a-5p were knocked down using miR-30a inhibitor in KYSE150 cells (top), and inhibition of miR-30a expression promoted KYSE150 cell proliferation, as indicated by the MTT assay (bottom); B: Inhibition of miR-30a expression promoted KYSE150 cells proliferation, as indicated by the colony formation assay. Colonies containing more than 50 cells were counted; C: Inhibition of miR-30a expression promoted anchorage-independent growth ability of KYSE150 cells, as indicated by the soft-agar assay. Colonies containing more than 50 cells were counted; D: Subcutaneous tumorigenesis assay performed in nude mice (n = 6/group) indicated that inhibition of miR-30a expression promoted escc growth *in vivo*. Tumor volumes were measured on the 1<sup>st</sup>, 5<sup>th</sup>, 10<sup>th</sup>, 15<sup>th</sup>, and 20<sup>th</sup> d; E and F: Statistical analyses of tumor volumes in the negative control and miR-30a over-expression groups. Error bars represent the mean  $\pm$  SD of three independent experiments; <sup>a</sup>P < 0.05.

and EMT<sup>[43]</sup>. In contrast, miR-30a-5p has been identified as an oncogenic factor in glioma, and knock-down of miR-30a-5p inhibited glioma cell growth and cell invasion, while over-expression of miR-30a-5p had had opposite effects<sup>[44]</sup>. In this study, we revealed that over-expression of miR-30a-3p/5p suppressed the proliferation of ESCC cells, while down-regulation of miR-30a-3p/5p expression had the opposite effect both in *in vitro* and *in vivo* assays.

Our functional approach showed that miR-30a-3p/5p function as tumor suppressors in ESCC. The published

microarray analysis, displaying that the down-regulation of miR-30a-3p/5p expression was correlated with the activation of Wnt signaling in ESCC, supplemented our findings. There are still gaps in the literature, as the molecular mechanisms by which miR-30a-3p/5p regulate the activation of Wnt signaling are unclear. Wnt signaling plays an essential role in various diseases and is considered a hallmark of colorectal tumorigenesis. Colorectal tumorigenesis is initiated by mutations in the Wnt signaling pathway (*e.g.*, APC or beta-catenin) that constitutively activate the pathway, and also

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Figure 5 Down-regulation of miR-30a-3p/5p expression enhances the activity of Wnt signaling pathway. A: Respective KEGG pathway enrichment analyses of miR-30a-3p (top) and miR-30a-5p (bottom) target genes; B: Luciferase reporter assay suggested that down-regulation of miR-30a expression enhanced the activity of Wnt signaling pathway, while over-expression of miR-30a attenuated it; C: Western blot assay indicated that miR-30a negatively regulated the protein expression of downstream genes of the Wnt signaling pathway, including Cyclin D1, p27, and p21.  $\alpha$ -tubulin was used as a loading control; D, E and F: qPCR assay revealed that miR-30a negatively regulated the mRNA expression of Cyclin D1, p27, and p21. Error bars represent the mean  $\pm$  SD of three independent experiments; <sup>a</sup>P < 0.05.

by binding a Wnt-protein ligand to a Frizzled family receptor, passing the biological signal to the dishevelled protein inside the cell, and leading to the regulation of gene transcription<sup>[45]</sup>. Accumulating literature has recently indicated that miRNAs regulate components of Wnt signaling in various cancers<sup>[46]</sup>. For example, miR-200a directly targets beta-catenin (beta-carotene) to inhibit cell proliferation in meningiomas<sup>[47]</sup>, while miR-34 mediates suppression of Axin-2 to increase nuclear GSK3-beta and decrease Snai1 in colorectal cancer progression<sup>[48]</sup>. In addition, miR-30a-5p has been found

to directly suppress PRDM1, resulting in activation of Wnt/beta-catenin (carotene) signaling in glioma<sup>[49]</sup>.

We demonstrated that miR-30a-3p and miR-30a-5p directly target the 3'-UTRs of Wnt2 and Fzd2 and inhibit their expression, respectively. This leads to the inhibition of the Wnt signaling pathway, which might be the dominant component in miR-30a-3p/5p in regulating ESCC cell proliferation.

In conclusion, low expression of miR-30a-3p/5p was closely associated with advanced ESCC progression and poor prognosis of patients with ESCC. Down-

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Figure 6 miR-30a-3p/5p directly target the 3'-UTRs of Wnt2 and Fzd2, respectively. A: Target gene screening of miR-30a-3p (left) and miR-30a-5p (right) by qPCR suggested that miR-30a-3p targeted Wnt2 and miR-30a-5p targeted Fzd2 in the Wnt signaling pathway; B: Predicted target sequences of miR-30a-3p (top) and miR-30a-5p (bottom) in the 3'-UTRs of WNT2 and FZD2, respectively; C: qPCR (top) and Western blot (bottom), respectively, confirmed the inhibitory effects of miR-30a-3p and miR-30a-5p on Wnt2 and Fzd2 at both mRNA and protein levels. GAPDH and  $\alpha$ -tubulin were, respectively, used as loading controls for qPCR and Western blot; D: Luciferase reporter assay indicated that miR-30a-3p and miR-30a-5p directly targeted the wild-type 3'-UTRs of Wnt2 and Fzd2, respectively, but had no effect on the mutant ones. Two concentrations of miR-30a-3p- and miR-30a-5p-mimics (10 nmol/L and 20 nmol/L) plus wild-type or mutant 3'-UTRs of target genes were applied. Error bars represent the mean  $\pm$  SD of three independent experiments;  $^{\circ}P < 0.05$ .

regulation of miR-30a-3p/5p suppressed ESCC cell proliferation both *in vitro* and *in vivo*. Furthermore, miR-30a-3p and miR-30a-5p could inhibit the activity of the Wnt signaling pathway by targeting the 3'UTRs of WNT2 and FZD2, respectively. This study provided

further evidence suggesting that miR-30a-3p/5p are diagnostic and prognostic biomarkers for ESCC, as miR-30a-3p/5p participate in the activation of the Wnt signaling pathway and subsequently, the regulation of ESCC cell proliferation.

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# **ARTICLE HIGHLIGHTS**

## Research background

MicroRNA-30a (miR-30a) serves as a post-transcriptional regulator by directly targeting mRNAs in many biological processes, and it shows multiple roles in different kinds of cancer. Wnt signaling pathway is well known in the development and progression of various cancers. MiR-30a was recently found to be closely associated with Wnt signaling pathway in cancers; however, the potential role and underlying mechanism of miR-30a in esophageal squamous cell carcinoma (ESCC) have not been illustrated.

# **Research motivation**

To investigate the potential role of microRNA-30a (miR-30a) in ESCC.

# **Research objectives**

The study investigated the potential role of microRNA-30a (miR-30a) in ESCC, which is urgent and essential for developing early diagnostic and therapeutic strategies.

# **Research methods**

Expression of miR-30a-3p/5p was analyzed using microarray data and fresh ESCC tissue samples. Both *in vitro* and *in vivo* assays were used to investigate the effects of miR-30a-3p/5p on ESCC cell proliferation. Furthermore, Kyoto Encyclopedia of Genes and Genomes (KEGG) analysis was performed to explore underlying mechanisms involved in ESCC, and then, assays were carried out to verify the potential molecular mechanism of microRNA-30a (miR-30a) in ESCC.

# **Research results**

Low expression of miR-30a-3p/5p was closely associated with advanced ESCC progression and poor prognosis of patients with ESCC. Knock-down of miR-30a-3p/5p promoted ESCC cell proliferation. We further demonstrated that increased miR-30a-3p/5p expression inhibited the Wnt signaling pathway by targeting Wnt2 and Fzd2.

# **Research conclusions**

Down-regulation of miR-30a-3p/5p promotes ESCC cell proliferation by activating the Wnt signaling pathway through inhibition of Wnt2 and Fzd2.

# **Research perspectives**

This study will provide an example for investigating the relationship between the expression of microRNAs and ESCC prognosis and the underlying mechanisms of the Wnt signaling pathway in ESCC. The direction of the future research is to provide more evidence for developing novel strategies by targeting microRNA-30a in ESCC. In our future research, the long-acting microRNA-30a will be used to treat the ESCC cells or animal models, and to observe the inhibitory effect of microRNA-30a on ESCC cells.

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