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Meta-analysis of cochlear implantation outcomes evaluated with general health-related patient-reported outcome measures

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Abstract

Objective—To determine the change in general health-related quality of life (HRQOL) after cochlear implantation and its association with speech recognition.

Study Design—Meta-analysis

Methods—Search was performed independently following the Preferred Reporting Items for Systematic Reviews and Meta-analyses (PRISMA) statement by two authors using PubMed, Medline, Scopus, and CINAHL. Studies on adult cochlear implant (CI) patients measuring HRQOL before and after cochlear implantation were included. Standardized mean difference (SMD) for each measure and pooled effects were determined. Subset analyses of the Health Utilities Index -3 (HUI-3) and psychological measures were also conducted. A meta-analysis of correlations was also performed between all non-disease-specific patient-reported outcome measures (PROMs) and speech recognition after cochlear implantation.

Results—Twenty-two articles met criteria for meta-analysis of HRQOL improvement, but 15 (65%) were excluded due to incomplete statistical reporting. From the seven articles with 274 CI patients that met inclusion criteria, pooled analyses showed a medium positive effect of cochlear implantation on HRQOL (SMD = 0.79). Subset analysis of the HUI-3 measure showed a large effect (SMD = 0.84). Nine articles with 550 CI patients met inclusion criteria for meta-analysis of correlations between non-disease specific PROMs and speech recognition after cochlear implantation. Pooled analysis showed a low correlation between non-disease-specific PROMs and word recognition in quiet (r = 0.35), sentence recognition in quiet (r = 0.40), and sentence recognition in noise (r = 0.32).

Conclusion—Although regularly used, HRQOL measures are not intended to measure nor do they accurately reflect the complex difficulties facing CI patients. Accordingly, only a medium positive effect of cochlear implantation on HRQOL was observed along with a low correlation

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between non-disease-specific PROMs and speech recognition. The use of such instruments in this population may underestimate the benefit of cochlear implantation.

Keywords

cochlear implant; cochlear implantation; patient reported outcome measure; quality of life; speech recognition

Introduction

Cochlear implantation is the gold standard for treatment for individuals with severe to profound bilateral sensorineural hearing loss. With rising health care costs, much focus has been recently placed on the effectiveness of treatments, especially surgical procedures such as cochlear implantation. Since 2002, the National Institutes of Health has been focusing considerable attention towards patient-reported outcomes to ensure treatments are improving outcomes that are important to patients and, thus, providing significant benefit.¹

Quality of life (QOL) patient-reported outcome measures (PROMs) are commonly used to determine the impact of an intervention on an individual's life. These PROMs can be subdivided into two major categories—general health and disease-specific. The former are generalizable instruments that are meant to be applied to large, diverse populations to evaluate overall QOL or an individual construct. In contrast, disease-specific instruments are typically validated for a particular population that share a common health condition or disability. General health-related quality of life (HRQOL) PROMs are the most commonly used instruments for economic analysis to determine the cost effectiveness of a particular treatment through measurement of total health.^{2,3} The importance of using QOL PROMs has been strengthened recently by an increased emphasis by the Center for Medicare and Medicaid Services (CMS) and the Food and Drug Administration (FDA)requirement to report these data.^{4,5}

In contrast to the growing importance of patient-reported outcomes, open-set speech recognition scores measured in quiet and in noise continue to be the gold standard for assessing outcomes and benefit in adult CI recipients. In evaluating the literature, there does not appear to be a strong relationship between speech recognition ability and patient self-report.⁶⁻⁹ Reasons for these discrepancies are likely two-fold. First, the complex communication, social and emotional situations that CI users experience may not be fully represented by word or sentence recognition alone. Second, the manner in which cochlear implantation improves QOL likely extends well beyond improvements in speech recognition. Due to the routine use of word and sentence recognition scores in reporting CI outcomes and the increasing importance of reporting QOL PROMs, it is important to systematically determine the extent to which these measures correlate.

Our previous work has shown a very large effect size of cochlear implantation on QOL when measured with hearing and CI-specific PROMs¹⁰. For the current study, we sought to determine how this impact compares when using HRQOL PROMs that are routinely reported in the literature, but were not developed for or validated on individuals with hearing loss. This is an important comparison as the health utility and economic analyses of cochlear

implantation are typically calculated using HRQOL PROMs. This study will help determine their utility in the CI population. A second meta-analysis assessed the association of HRQOL PROMs with speech recognition ability.

Materials and Methods

Search Methods

Literature search was performed in accordance with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) statement.¹¹ The PubMed, Scopus, and OVID/Medline databases were independently searched by two authors for the search terms: 'cochlear implant,' 'cochlear implantation,' 'quality of life,' and 'patient-reported outcome measures'. This search identified 1,281 articles, of which, 591 were unique articles after eliminating duplicates (Figure 1). These 591 articles were first reviewed by abstract, which eliminated 360 articles. There were 231 articles remaining, which underwent full-text review for inclusion (one article satisfied criteria for both analyses). Disputes regarding the inclusion of a study were mediated with a third author to reach consensus.

Letters to the editor, abstracts, book chapters, case reports and articles not published or translated in English were excluded. There were no date range limitations on date of publication. Studies with patients younger than 18 years old in the cohort were excluded. Analyzing PROMs in pediatric patients involves many different factors than adults, thus we limited the scope of this study to adult patients.¹²

The last time point available for each study was used for data collection. Data reported in graphical plots were not extracted for meta-analysis unless numerical data were available. We attempted to contact authors if we could not extract complete data from their publication; some authors provided additional data to allow inclusion of their study in our analysis.

Data Extraction

When selecting articles for meta-analysis of HRQOL improvement, studies meeting the following inclusion criteria were ultimately selected: assessment of HRQOL in an adult CI cohort before and after surgery (or in a post-treatment cohort versus a control cohort); sample size, mean, and standard deviation available for PROM data; and follow-up of at least 6 months. Two authors independently obtained data from articles including: year of publication, author, number of patients, patient demographics, and HRQOL PROM scores.

When selecting articles for meta-analysis of correlations, studies meeting the following inclusion criteria were used: correlation values of speech recognition scores versus any general PROM in an adult cohort after cochlear implantation; complete data available (sample size and Pearson or Spearman correlation values); and postoperative follow-up of at least 3 months. Two authors independently obtained data from articles including: author, year of publication, number of patients, patient demographics, speech recognition measure used, and correlation values. Studies included in this analysis did not require reporting of pre-implantation PROM data. Rather, this analysis aimed to evaluate the correlation of

speech recognition ability and each respective PROM at the latest available time point after implantation.

Data reported in graphical plots were not extracted unless numerical values were published. We contacted authors to obtain complete details of results in the event of incomplete data in order to allow inclusion of their study. PROMs using a reverse scale (reduction in scores represent improved QOL) had standardized mean difference (SMD) values multiplied by negative one for analysis. Level of evidence for each selected article was evaluated with the Oxford Center for Evidence-Based Medicine.¹³

Meta-analysis of HRQOL Improvement Statistical Method

Meta-analysis of included studies evaluating the impact of cochlear implantation on HRQOL with a continuous measure (comparison of means and standard deviations between preimplantation and post-implantation) was performed with Cochrane Review Manager (RevMan) version 5.3 (Nordic Cochrane Centre, Cochrane Collaboration, 2011, Copenhagen, Denmark). Fixed-effects and random- effects models were used in this study. Under the fixed-effects model, it is assumed that all studies come from a common population, and that the effect size as measured through SMD is not significantly different among the different trials. This assumption is tested by the heterogeneity test or I² statistic. If this test yields a low probability value (p < 0.05), then there is a high likelihood the fixedeffects model is invalid and the random-effects model is more appropriate. The randomeffects model incorporates both the random variation within the studies and the variation between the different studies.¹⁴ The random- effects model provides a more conservative estimate (i.e., a wider confidence interval), but the results from the two models typically agree when there is no heterogeneity. When heterogeneity was present, the random-effects model was the preferred model.

Potential publication bias was evaluated by visual inspection of the funnel plot and Egger's regression test, which statistically examines the asymmetry of the funnel plot.¹⁵ For this analysis, the null hypothesis was that there is no difference between pre-implantation and post-implantation PROM scores. Analysis was performed on two subsets of PROMs: the Health Utilities Index 3 (HUI-3) HRQOL PROM and other HRQOL PROMs. Data are presented as SMD [95% confidence interval]. The following thresholds were used for subjective assessment of effect size: 0.2 - small effect, 0.5 – medium effect, and 0.8 – large effect.¹⁶

Meta-analysis of Correlations Statistical Methods

A meta-analysis of correlations was performed for correlations between speech recognition and HRQOL PROMs using MedCalc 17.2 (MedCalc Software, Ostend, Belgium). Heterogeneity testing was performed as previously described. Each study was weighted according to the number of patients included. MedCalc uses the Hedges-Olkin method for calculating the weighted summary correlation coefficient under the fixed-effects model, using a Fisher Z transformation of the correlation coefficients.¹⁷ Under the random-effects model, the heterogeneity statistic is incorporated in order to calculate the summary correlation coefficient.¹⁹ For this analysis, the null hypothesis was that speech recognition

ability and PROM scores do not correlate. The following thresholds were used for subjective assessment of correlation values (r): 0 - 0.3, negligible; 0.3 - 0.5, low; 0.5 - 0.7, medium; 0.7 - 0.9, high; 0.9 - 1.0, very high.^{18,19}

Results

Meta-analysis of HRQOL improvement

Twenty-two articles met many of the inclusion criteria for outcomes analysis, but 15 (68%) were excluded due to incomplete statistical reporting, leaving 7 articles for analysis (Table 1). From the 7 articles, 274 patients were included in the analysis with 100% of patients having published sex data (46% male, 54% female). The mean age across all study cohorts ranged from 49 – 62 years. Pooled analyses showed a medium positive effect of cochlear implantation on HRQOL (SMD = 0.79 [0.39 - 1.19]). Subset analysis of the HUI-3 showed a large positive effect (SMD = 0.84 [0.57 - 1.12]), whereas subset analysis of other HRQOL PROMs showed a medium effect (SMD = 0.76 [0.16 - 1.36]) (Figure 2). To investigate the presence of publication bias, inspection of the funnel plot of effects calculated from individual studies was performed. According to funnel plots and the Egger's test, there was no indication of publication bias (p = 0.272) among the set of studies included in this meta-analysis.

Five studies in our analysis utilized the HUI PROM.^{6,20-23} Both the HUI-2 and HUI-3 are used to evaluated QOL.³ The HUI-2 classification system utilizes 7 domains (sensation, mobility, emotion, cognitive, self-care, pain, fertility) whereas the HUI-3 classification utilizes nine alternative domains (vision, hearing, speech, ambulation, dexterity, emotion, cognition, pain). The HUI-3 hearing domain directly ascertains hearing function by asking patients if they can perceive what others are saying in various settings. For example, the HUI-3 asks patients if they are: "Able to hear what is said in a conversation with one other person in a quiet room, without a hearing aid, but unable to hear what is said in a group conversation with at least three other people even with a hearing aid." The HUI-2 sensation domain collects similar but more basic information about hearing function while combining it with other senses. For example, the HUI-2 asks if patients can "See, hear, or speak with limitations even with equipment". All five included studies utilizing the HUI found significant improvement in the hearing or sensation domain for CI patients. Only one study using the HIU-3 found improvement in the speech domain for CI patients.²² Additionally, 2 of the 5 studies of utilizing either HUI found significant improvement in the emotion domain for CI patients.^{20,23} No other domains except those mentioned above showed significant improvement in the five included studies utilizing the HUI.

Damen et al.⁶ utilized the SF-36 and found no significant change in the physical summary or mental summary for CI patients. Specifically, significant improvement for CI patients was found only in the mental health subdomain of the mental summary. Arnoldner et al.²⁰ utilized the SF-6D conversion measure to find a total utility score of the SF-36 measure; this study found a significant improvement in the mental health and social functioning subdomains for CI patients, but overall there was no detectable effect of cochlear implantation on HRQOL (SMD = 0.17 [-0.14 - 0.47]).

Mo et al.²⁴ utilized the 25-question Hopkins Symptom Checklist (HSCL-25), a HRQOL PROM that gauges anxiety and depression in patients, finding nearly twice the improvement in the depression domain compared to the anxiety domain for CI patients but overall had no detectable effect of cochlear implantation on HRQOL (SMD = 0.48 [-0.06 - 1.02]). The Assessment of QOL (AQOL) HRQOL PROM was utilized by one study,²⁵ finding a large positive effect on HRQOL of cochlear implantation (SMD = 1.12 [0.58 - 1.66]); this 15-question measure has one question specifically asking about hearing function, whereas others questions ask about associated ailments of poor health including emotional and social problems.

Meta-Analysis of Correlations

Nine articles met criteria for inclusion in this analysis with none being excluded due to incomplete statistical reporting (Table 2).^{6,7,9,26-31} A total of 550 patients were included with 41% of the patients having published sex data (45% male, 55% female). The mean age across all studies ranged from 36.8 to 63.4 years.

Low pooled correlations were found between HRQOL PROMs and the three categories of speech recognition testing: word recognition in quiet (r = 0.35 [0.25 - 0.45]), sentence recognition in quiet (r = 0.40 [0.30 - 0.49]), and sentence recognition in noise (r = 0.32 [0.19 - 0.44]) (Table 3, Figure 3). Subset analysis of results with psychological PROMs showed low correlations with word recognition in quiet (r = 0.41 [0.28 - 0.53]) and sentence recognition in quiet (r = 0.45 [0.32 - 0.56]). Subset analysis of HRQOL PROMs showed low correlations with word recognition in quiet (r = 0.33 [0.19 - 0.46]), sentence recognition in quiet (r = 0.34 [0.18 - 0.48]), and sentence recognition in noise (r = 0.32 [0.19 - 0.44]).

Hirschfelder et al.³¹ used the SF-36 and found negligible correlations of the mental (r = 0.09) and physical summaries (r = 0.25) with word recognition in quiet, a negligible correlation of SF-36 physical summary with sentence recognition in noise (r = 0.18), and a low correlation with SF-36 mental summary with sentence recognition in noise (r = 0.32). On analysis of the SF-36 subdomains, this study found low correlations between word recognition in quiet and physical functioning (r = 0.40) and vitality (r = 0.44), and sentence recognition in noise with vitality (r = 0.50) and mental health (r = 0.38) subdomains. No correlations with speech recognition scores were found with respect to emotional role functioning, social functioning, general health perception, pain, and physical role functioning.

Vermeire et al.²⁹ found the highest correlations among HRQOL PROMs in our study (r= 0.83), correlating the Glasgow Benefit Inventory (GBI) and word recognition in quiet. This finding was an outlier as the three other studies correlating GBI versus word recognition in quiet found correlations of 0.25, 0.28, and 0.34. ²⁸⁻³⁰ The outlying study also utilized the smallest sample size (n = 24) resulting in a large confidence interval (0.64 – 0.92).

Only two other studies found an overall medium correlation or higher (r 0.50). Francis et al. found a correlation of 0.55 for both word recognition in quiet and sentence recognition in quiet with the HUI measure; when analyzing specific domains, this study found the highest correlations of the HUI emotion domain versus word recognition in quiet (r = 0.47) and

sentence recognition in quiet (r = 0.48), but surprisingly found negligible correlations with the HUI hearing domain. Knutson et al.²⁶ found a medium correlation (r = 0.54) between the Rathus Assertiveness Scale (RAS) and word recognition in quiet. The RAS attempts to determine a patient's social confidence and assertiveness. All other studies reviewed found negligible or low correlations with speech recognition abilities on review of PROM total score correlations or published PROM subdomain correlations.

Discussion

HRQOL PROMs are instruments that assess the patient's perspective of their health, illness, or the effects of interventions.³² Uses for PROMs include screening measures, effectiveness metrics, clinical trial endpoints, and economic assessments. The current study is a metaanalysis of HRQOL improvement following cochlear implantation and the first metaanalysis to assess the correlations between speech recognition and HRQOL PROMs in CI patients. We limited these analyses to HRQOL PROMs that are commonly used for a wide range of patients and conditions as we sought to understand the utility of these non-diseasespecific PROMs in the CI population.

We found two previous studies performing reviews of the literature of PROM changes after CI; however, they utilized different inclusion criteria than our study.^{33,34} Gaylor et al.³³ included many studies that reported preoperative QOL using a retrospective question format, that is, asking patients after implantation about their health status prior to implantation. This retrospective approach to data gathering is limited by recall bias and, therefore, studies that included data gathered in this manner were excluded from our analysis. In contrast to Gaylor et al., we did not include the GBI in our meta-analysis of HRQOL improvement, as this measure requires the patient to subjectively assess their improvement following cochlear implantation.³⁵ The review by Loeffler et. al.³⁴ included qualitative analyses of HRQOL improvement and did not perform a quantitative analysis. Our literature search found no quantitative meta-analyses of correlations of speech recognition ability and HRPROMs in CI patients.

In the current study, we found that cochlear implantation was associated with medium positive effect of cochlear implantation in HRQOL, which is a far smaller effect than we reported for hearing and CI-specific QOL PROMs (SMD = 1.82 and 1.69, respectively).¹⁰ This is expected as HRQOL PROMs do not typically include questions related to communication and instead focus on topics that may be unrelated to cochlear implantation, such as bodily pain, physical function, and vision. HRQOL PROMs, such as HUI-3 and SF-36, are often used to determine the economic utility of surgical interventions such as cochlear implantation. Thus, given the larger effect on QOL observed when using hearing/CI-specific, HRQOL measures may underestimate the quality-adjusted life years and other economic impacts of cochlear implantation. This difference in self-reported benefit may also render HRQOL PROMs insensitive to the economic benefits of a second cochlear implant, electroacoustic listening modalities, and auditory rehabilitation services.

SMDs from all HRQOL PROMs in our study ranged from -0.37 to 2.13 with a corresponding I^2 value of 86%, indicating a high amount of heterogeneity. This

The above emphasizes the importance of using QOL PROMs developed and validated in the CI population. With improved communication abilities, we hypothesize that patients' social wellness and participation will also improve, and loneliness, isolation, and depression will decrease.^{26,36,37} However, the psychosocial changes that accompany an individual reentering the hearing world after cochlear implantation may be unique to the CI population and difficult to assess with more general HRQOL PROMs.

Given that speech recognition ability has traditionally been the primary outcome measure in cochlear implantation, it was important to understand the correlation between speech recognition scores and patient self-report through HRQOL PROMs. The narrow range of pooled correlation values (r = 0.32 - 0.45) demonstrates that PROMs have a low correlation with all categories of speech recognition testing. These correlation values are similar to and slightly higher than the correlations between hearing/CI-specific QOL measures and speech recognition scores (0.20 - 0.28 and 0.21 - 0.26, respectively).¹⁰ Moreover, the coefficient of determination (or the proportion of variance attributable to the independent variable) reveals that only 10.2% to 20.3% of the variation in HRQOL can be attributed to speech recognition abilities, as measured by word and sentence recognition scores. Interestingly, our prior work showed that speech recognition ability accounts for even less of the variation in OOL when measured using hearing and CI-specific QOL instrument (4.8-5.8%).¹⁰ This weak association between patient reported improvement and measured speech recognition abilities underscores the importance of using disease-specific PROMs to evaluate the benefits of cochlear implantation for individual patients. How individuals listen, communicate, and interact with their environment is likely far more complex than conventional speech recognition tasks, even when performed in background noise.

The National Institutes of Health established the Patient-Reported Outcomes Measurement Information System (PROMIS) in 2004 to improve the assessment of patient-reported outcomes and development of instrument with the goals of reliability, precision, and construct validity.³⁸ PROMIS has created QOL instruments that have undergone rigorous validity testing for cross-sectional, content, and clinical validity.³⁹⁻⁴¹ Creating these instruments also consist of including patients in the question development process to specifically address the QOL-related challenges facing the population of interest. No CI-specific PROM has been developed using this rigorous validation methodology. A PROM specifically developed for and validated on the CI population, would expand our ability to understand and report the communication, social, emotional, and other experiences of CI users.

Our study is limited by biases inherent to many systematic reviews of the literature, particularly publication bias. In addition, the speech recognition measures used by the included studies varied widely. We performed separate analyses for word recognition in quiet, sentence recognition in quiet, and sentence recognition in noise in an attempt to minimize these differences. Pooled estimates account for these differences, as study differences such as this are common in meta-analyses. We were unable to perform a multivariate analysis that might account for population differences as individual patient data such as age, sex, and hearing and CI related information were unavailable. With respect to correlation data, many studies excluded from our analysis stated that no significant correlations were found, but did not cite numerical data; therefore, these studies could not be included in our analysis. Additionally, many studies had incomplete statistical data, particularly standard deviation, and had to be excluded.

Conclusion

A meta-analysis of HRQOL improvement showed a medium positive effect of cochlear implantation on HRQOL. In contrast, a meta-analysis of correlations showed negligible pooled correlations between speech recognition scores and HRQOL PROMs. Disease-specific measures that focus on domains of significance to QOL in CI patients have greater utility in the CI population.

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PRISMA 2009 Flow Diagram



Figure 1. Literature Review Process Flowchart

Literature review process utilizing the Preferred Reporting Items for Systematic Reviews and Meta-Analysis (PRISMA) search method.

Post-Imp		Implantation Pre-Imp			mplantation		Std. Mean Difference		Std. Mean Difference	
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% CI	
Health Utilities Index (HUI)										
Arnoldner 2014 (HUI-3)	0.61	0.19	81	0.46	0.21	81	11.0%	0.75 [0.43, 1.06]	+	
Damen 2007 (HUI-3)	0.53	0.24	22	0.38	0.21	22	9.3%	0.65 [0.05, 1.26]		
Palmer 1999 (HUI-3) Subtotal (95% CI)	0.78	0.17	32 135	0.58	0.17	46 149	10.1% 30.5%	1.16 [0.68, 1.65] 0.84 [0.57, 1.12]	→	
Heterogeneity: Tau ² = 0.01; Chi ² Test for overall effect: Z = 5.95 (P	= 2.40, df < 0.0000	= 2 (P = 1)	0.30);1	²= 17%						
Other Measures										
Arnoldner 2014 (SF-6D)	0.59	0.06	81	0.58	0.06	81	11.1%	0.17 [-0.14, 0.47]	+	
Damen 2007 (SF-36 Physical)	43	11.9	22	47.2	10.1	22	9.4%	-0.37 [-0.97, 0.22]		
Damen 2007 (SF-36 Mental)	54.5	10.1	22	49.5	8.7	22	9.4%	0.52 [-0.08, 1.12]	+	
Hawthorne 2004 (AQOL)	0.64	0.28	31	0.35	0.23	31	9.8%	1.12 [0.58, 1.66]		
(lop 2008 (HUI-2)	0.84	0.1	38	0.68	0.14	44	10.2%	1.29 [0.81, 1.77]		
<rabbe (hui-2)<="" 2000="" td=""><td>0.82</td><td>0.14</td><td>45</td><td>0.55</td><td>0.11</td><td>46</td><td>9.9%</td><td>2.13 [1.61, 2.65]</td><td></td></rabbe>	0.82	0.14	45	0.55	0.11	46	9.9%	2.13 [1.61, 2.65]		
no 2005 (HSCL-25) Subtotal (95% CI)	1.53	0.41	27 266	1.35	0.33	27 273	9.8% 69.5%	0.48 [-0.06, 1.02] 0.76 [0.16, 1.36]	•	
Heterogeneity: Tau² = 0.58; Chi² Test for overall effect: Z = 2.50 (P	= 62.19, d = 0.01)	if=6 (P	< 0.000	101); l²=	90%					
Total (95% CI)			401			422	100.0%	0.79 [0.39, 1.19]	◆	
Heterogeneity: Tau ² = 0.36; Chi ²	= 65.58, d	if = 9 (P	< 0.000	01); F=	86%					
Fest for overall effect: Z = 3.85 (P	= 0.0001)							-4 -2 U 2 4	
Test for subgroup differences: $Chi^2 = 0.06$ df = 1 (P = 0.81) I ² = 0%								Standardized Mean Difference (95% CI)		

Figure 2. Forest plot of meta-analysis of HRQOL Improvement

Forest plot of HRQOL PROMs including subset analysis of Health Utilities Index 3 (HUI-3) and other HRQOL measures. 36-Item Short Form (SF-36); 6-item descriptive system (SF-6D); Assessment of Quality of Life (AQOL); Hopkins Symptom Checklist-25 (HSCL-25); IV: Inverse Variance.



Figure 3. Forest Plot of Meta-analysis of Correlations

Forest plots pertaining to meta-analysis of correlations for articles reporting health-related QOL (HRQOL) (top) and psychological QOL (bottom) measures. Pooled correlations are represented by diamonds. PROM: patient-reported outcome measure; CI: cochlear implant

Article	Level of Evidence	Cohort Age Mean ± SD (Range)	Male %/Female %	Follow-Up Time (Months)
Damen 2007 ⁶	3	49.6 ± 10.9	54/46	12
Arnoldner 2014 ²⁰	4	62 (18–89)	51/49	11
Klop 2008 ²¹	4	54.7 ± 15.7	34/66	12
Palmer 1999 ²²	3	56.0 ± 15.4	46/54	12
Hawthorne 2004 ²⁵	4	49 ± 13	47/53	6
Mo 2005 ²⁴	4	57.6 ± 14.5 (28-82)	44/56	12
Krabbe 2000 ²³	4	51 ± 16	47/53	12

 Table 1

 Articles Included in Meta-analysis of HRQOL Improvement

Articles satisfying inclusion criteria for meta-analysis of HRQOL Improvement. Level of Evidence, cohort age mean, SD, and range (if available), male/female cohort ratio, and follow-up time in months.

Articles Included in Meta-analysis of Correlations

Table 2

Article	Level of Evidence	Speech Recognition Measure	Cohort Age Mean ± SD (Range)	Male %/Female %	Follow-Up Time (Months)
Calvino 2015 ²⁷	7	SN	52.8 ± 14.0	45 / 55	9
Damen 2007 ⁶	3	Words in Quiet: Antwerp-Nijmegen, NVA	49.6 ± 10.9	54/46	12
Francis 2002 ⁹	4	Words in Quiet: NS Sentences in Quiet: CID	$63.4 \pm 8.6 (50 - 80)$	ΥN	9
Hirschfelder 2008 ³¹	7	Words in Quiet: Freiburg monosyllables Sentences in Noise: HSM Noise	$50.2 \pm 14.4 \ (21 - 72)$	36/64	12
Knutson 1998 ²⁶	4	Words in Quiet: NU-6 Sentences in Quiet: Iowa Sentence Test	51.8 ± 14.3 (24 - 70)	46/54	54
Kumar 2016 ⁷	4	Sentences in Quiet: BKB/CUNY	36.8 (18 – 68)	NA	12
Sanchez-Cuadrado 2015 ²⁸	7	SN	60 (24-85)	46/54	9
Vermeire 2005 ³⁰	7	Words in Quiet: NVA	58	ΥN	4
Vermeire 2006 ²⁹	7	Words in Quiet: NVA	62 (40-78)	VN	3

Articles satisfying inclusion criteria for meta-analysis of correlations. Level of evidence, speech recognition measure used; patient age (mean, standard deviation, and range); male/female percentages; and follow-up time in months. NS: Not Specified; CID: Central Institute for the Deaf; NVA: Dutch Audiological Society; HSM - Hochmair Schulz Moser; NU-6: Northwestern University Auditory Test Number Six; CUNY: City University of New York; BKB: Bamford-Kowal-Bench.

	r	95% CI	I ²	р
Subtotal: HRQOL	-			
Word recognition in quiet	0.330	0.191 - 0.456	64.39%	0.0027
Sentence recognition in quiet	0.335	0.180 - 0.475	57.53%	0.0949
Sentence recognition in noise	0.323	0.193 - 0.442	0.00%	0.4163
Subtotal: Psychological				
Word recognition in quiet	0.413	0.282 - 0.530	0.00%	0.7943
Sentence recognition in quiet	0.445	0.316 - 0.557	0.00%	0.9919
Sentence recognition in noise	NA	NA	NA	NA
Total				
Word recognition in quiet	0.353	0.252 - 0.445	51.46%	0.0110
Sentence recognition in quiet	0.397	0.299 - 0.487	0.00%	0.5126
Sentence recognition in noise	0.323	0.193 - 0.442	0.00%	0.4163

 Table 3

 Meta-analysis of Correlations Results

Pooled correlation values (r and 95% confidence interval [CI]) and heterogeneity statistics (I² and p) for meta-analysis of correlations. NA: Not Applicable.