Disseminated coccidioidomycosis-related cervical intramedullary lesion causing quadriplegia in an immunocompetent host

James Michael Noto,¹ Raguel Nahra,² Tapan Kavi³

DESCRIPTION

¹Department of Neurology, Cooper University Hospital, Camden, New Jersey, USA ²Department of Medicine, Cooper University Hospital, Camden, New Jersey, USA ³Department of Neurology and Neurosurgery, Cooper University Hospital, Camden, New Jersey, USA

Correspondence to Dr James Michael Noto, noto-james@cooperhealth.edu

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A 41-year-old man with a history of crystal methamphetamine and alcohol abuse had progressive fever, nausea, headache, gait difficulties and seizures over 4 weeks while living in California and Mexico. He was diagnosed with meningitis, treated with antibacterials and discharged to a rehabilitation facility. One month later, he had recurrent symptoms with weakness of both arms and legs. Neuroimaging revealed



Figure 1 (A) MRI of brain with gadolinium, axial view showing enhancement consistent with extensive basilar pachymeningitis, and leptomeningitis. Also seen is hydrocephalus. (B) MRI of cervical spine, T2 -weighted short-tau inversion recovery sequence, sagittal view, with a central intramedullary lesion spanning from C1 through C6 of the cervical spinal cord. (C) MRI of cervical spine, T1 sagittal view with gadolinium shows extensive epidural enhancement. No enhancement of the intramedullary lesion is seen. (D) MRA of head, a reconstruction of the left anterior circulation shows a beading pattern consistent with arteritis. (E) CT of head without contrast, an axial view showing worsening hydrocephalus. (F) Cerebrospinal fluid culture showing thin, hyaline, septate hyphae and barrel-shaped arthroconidia (lactophenol cotton blue stain) consistent with coccidioides.

extensive basilar pachymeningitis, leptomeningitis, hydrocephalus (figure 1A), cervical epidural enhancement (figure 1B) and a non-enhancing central cervical intramedullary lesion spanning C1 through C6 (figure 1C). He was started on fluconazole 800 mg daily due to his travel history, although a serum antibody test was negative by double immunodiffusion (<1:1). A ventriculoperitoneal shunt was placed for hydrocephalus and he was discharged but remained quadriplegic. Two weeks later, he developed confusion and was found to have bilateral subcortical strokes on MRI with evidence of arteritis on MR angiogram (figure 1D). He was then transferred to our hospital and amphotericin was added. Testing for HIV, tuberculosis and immunosuppression was negative. He developed worsening hydrocephalus (figure 1E) and died after interventions were withdrawn. Cerebrospinal fluid culture (figure 1F) and coccidioides IgG antibody by ELISA of 3.1 ng/mL later confirmed the diagnosis of coccidioidomycosis

We present a case of an intramedullary spinal cord lesion with quadriplegia from coccidioides infection in an immunocompetent host. Disseminated coccidioidomycosis is seen in only 1%-5% of infected patients.^{1 2} Recognising the complication of spinal cord intramedullary involvement is important as delayed diagnosis and treatment can lead to poor outcomes.³

Learning points

- Even in an immunocompetent host, intramedullary spinal cord involvement can be a manifestation of disseminated coccidioidomycosis and accompany the more recognisable presentation of coccidioidal meningitis.
- Delays in the diagnosis and treatment of coccidioidal meningitis are not uncommon, but as seen in this case can lead to further neurological complications such as hydrocephalus and spinal cord involvement.

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