

SPECIAL FOCUS: STRATEGIC DIRECTIONS IN OSTEOINDUCTION AND BIOMIMETICS*

Programmed Platelet-Derived Growth Factor-BB and Bone Morphogenetic Protein-2 Delivery from a Hybrid Calcium Phosphate/Alginate Scaffold

Emily A. Bayer, PhD,^{1,2} Jahnelle Jordan, BS,¹ Abhijit Roy, PhD,^{1,2} Riccardo Gottardi, PhD,^{3–5} Morgan V. Fedorchak, PhD,^{1–3,6} Prashant N. Kumta, PhD,^{1–3,7,8} and Steven R. Little, PhD^{1–3,9}

Bone tissue engineering requires the upregulation of several regenerative stages, including a critical early phase of angiogenesis. Previous studies have suggested that a sequential delivery of platelet-derived growth factor (PDGF) to bone morphogenetic protein-2 (BMP-2) could promote angiogenic tubule formation when delivered to in vitro cocultures of human umbilical vein endothelial cells (HUVECs) and human mesenchymal stem cells (hMSCs). However, it was previously unclear that this PDGF to BMP-2 delivery schedule will result in cell migration into the scaffolding system and affect the later expression of bone markers. Additionally, a controlled delivery system had not yet been engineered for programmed sequential presentation of this particular growth factor. By combining alginate matrices with calcium phosphate scaffolding, a programmed growth factor delivery schedule was achieved. Specifically, a combination of alginate microspheres, alginate hydrogels, and a novel blend of resorbable calcium phosphate-based cement (ReCaPP) was used. PDGF and BMP-2 were sequentially released from this hybrid calcium phosphate/alginate scaffold with the desired 3-day overlap in PDGF to BMP-2 delivery. Using a three-dimensional coculture model, we observed that this sequence of PDGF to BMP-2 delivery influenced both cellular infiltration and alkaline phosphatase (ALP) expression. It was found that the presence of early PDGF delivery increased the distance of cell infiltration into the calcium phosphate/alginate scaffolding in comparison to early BMP-2 delivery and simultaneous PDGF+BMP-2 delivery. It was also observed that hMSCs expressed a greater amount of ALP+ staining in response to scaffolds delivering the sequential PDGF to BMP-2 schedule, when compared with scaffolds delivering no growth factor, or PDGF alone. Importantly, hMSCs cultured with scaffolds releasing the PDGF to BMP-2 schedule showed similar amounts of ALP staining to hMSCs cultured with BMP-2 alone, suggesting that the sequential schedule of PDGF to BMP-2 presentation promotes differentiation of hMSCs toward an osteoblast phenotype while also increasing cellular infiltration of the scaffold.

Keywords: 3D coculture, angiogenesis, bone regeneration, controlled delivery, growth factors

Introduction

 $\mathbf{F}^{\text{OR THE TREATMENT}}$ of fracture nonunions, autografting is currently the gold standard of care.¹ Autografts are taken from a patient's own body, serving as a nonimmunogenic, osteogenic, osteoconductive, osteoinductive graft while containing osteoblast precursors and natural growth factors that are presented to the site of healing.^{2,3} Notably, however, there are several drawbacks associated with autografts, including the introduction of secondary surgical sites, and an increased incidence of blood loss and infection from the associated surgical procedure.^{4,5} To overcome these limitations while still providing instructive cues in the form of growth factors to stimulate fracture repair, biomaterials (such as collagen

¹Department of Bioengineering, University of Pittsburgh, Pittsburgh, Pennsylvania.

²The McGowan Institute for Regenerative Medicine, University of Pittsburgh, Pittsburgh, Pennsylvania.

Departments of ³Chemical Engineering and ⁴Orthopedic Surgery, University of Pittsburgh, Pittsburgh, Pennsylvania.

⁵Ri.MED Foundation, Palermo, Italy. Departments of ⁶Ophthalmology and ⁷Mechanical Engineering and Materials Science, University of Pittsburgh, Pittsburgh, Pennsylvania. ⁸Department of Oral Biology, Center for Craniofacial Regeneration, University of Pittsburgh, Pittsburgh, Pennsylvania. ⁹Department of Immunology, University of Pittsburgh, Pittsburgh, Pennsylvania.

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sponges) loaded with bone morphogenetic protein 2 (BMP-2) have been approved for clinical use since 2004.⁶ Delivering exogeneous BMP-2 stimulates bone healing through the proliferation and differentiation of preosteoblasts.⁷ However, due to the short half-life of BMP-2 (~6.7 min),⁶ the concentration of BMP-2 required to achieve robust bone formation is ~1 million times higher than physiological concentration.⁶ This may lead to complications, such as the presentation of BMP to neighboring tissues and ectopic bone formation.⁸ To mitigate these complications, a variety of methods for more sustainably delivering BMP-2 have been explored, including encapsulation in polymers.⁹

Controlled release techniques offer the ability to release continuous, lower levels of drugs or proteins to achieve therapeutic effect while minimizing adverse side effects.¹⁰ Indeed, the controlled delivery of BMP-2 from polymeric vehicles has shown to be effective for stimulating the proliferation and differentiation of preosteoblasts for the ultimate formation and mineralization of bone tissues¹¹ while avoiding the aforementioned complications.

Despite these advantages, BMP-2-releasing biomaterial grafts have been shown in multiple studies to necrose and fail due to inadequate vascularization of the scaffolding material.^{12,13} This phenomenon is attributed to the limited capacity of BMP-2 alone to stimulate angiogenesis, a critical stage of fracture healing.¹⁴ In principle, if an angiogenic growth factor such as VEGF could be controllably delivered alongside BMP-2, this limitation may be overcome and lead to more successful healing outcomes.

However, recent evidence suggests that recreating the biological cues that orchestrate the regenerative process is not as simple as delivering two (or more) growth factors simultaneously. For example, although simultaneous release of either VEGF and BMP-2 or VEGF and platelet-derived growth factor (PDGF) results in improved bone formation versus relevant control scaffolds,^{15,16} vasculature infiltrating the scaffold appears to be immature and the resulting bone formation is characterized by imperfections such as fracturing or fibrous tissue formation.^{15,16} A similar study, where BMP-2 and PDGF were released from a scaffold to treat a rabbit femur defect, found weak synergistic effects at 4 weeks postimplantation and no effect at 12 weeks.¹⁷

An explanation for these suboptimal results may be derived from recent evidence suggesting that growth factor secretion in the bone healing microenvironment occurs in a stage-wise fashion, creating a sequence of instructions that first recruit various cell populations, and then direct their organization into the correct structure.^{18–20} In support of this idea, recently a study was performed wherein soluble VEGF was administered in tandem with an adenovirus encoding BMP-2.²¹ The delay in presentation of BMP-2 due to adenoviral administration appears to lead to significantly greater and more stable bone formation than simultaneous release of both proteins.¹⁷

These recent results suggest that the absence of a signal at a given point in time may be equally important to the presence of that signal at another time. Consequently, if it were possible to replicate the natural sequence of angiogenic–osteogenic instructions responsible for proper bone growth regeneration^{14,22,23} using a programmed, synthetic scaffold, it could begin to address some of the current deficiencies of bioactive scaffolds.

To this end, we employed three different, biomaterialsbased components (in combination) to engineer a scaffold that is designed to controllably release a desired sequence of growth factors. As a foundation, by combining a calcium phosphate cement with poly-lactic-co-glycolic (PLGA) microspheres, we created a three-dimensional (3D) scaffold with an interconnected porous network. Alginate hydrogels and microspheres were then used to program a specific, predefined release schedule of PDGF and BMP-2 delivery that was previously found to effectively promote the formation of robust, organized, angiogenic tubules *in vitro*.²⁴

In addition to characterizing this scaffold and its release properties, we further explored the capability of this scaffold system to stimulate cellular infiltration of the scaffold, induce tubule formation and organization, and promote osteogenic differentiation. We hypothesized that releasing a programmed schedule of PDGF and BMP-2 will have the potential to promote both the formation of angiogenic tubules by human umbilical vein endothelial cells (HUVECs) and the osteogenic differentiation of human mesenchymal stem cells (hMSCs).

The incorporation of this controlled release schedule from an osteoconductive calcium phosphate scaffold may encourage cell infiltration of the scaffold and promote osteogenic differentiation. The results of these studies, together with the previously shown promotion of angiogenic tubule formation, may be used in future work to guide the development of *in vivo* systems capable of orchestrating both the angiogenic and osteogenic phases of bone regeneration.

Materials and Methods

Fabrication of PLGA particle as scaffold porogen

Blank PLGA microspheres (microspheres that do not contain growth factor) were fabricated using a double-emulsion– evaporation procedure. Specifically, a measure of 200 mg of PLGA polymer [poly(D,L-lactide-co-glycolide, 24–36 kDa, 50:50 lactide:glycolide, ester terminated; Sigma-Aldrich] was dissolved in 4 mL dichloromethane (Sigma-Aldrich). Dissolved PLGA was then sonicated with 200 μ L of deionized water, then pipetted dropwise through a 250 μ m sieve into a solution of 1% polyvinyl alcohol in deionized water (Polysciences, Inc.) spinning at 400 rpm. Following dichloromethane evaporation (3 h), microspheres were collected through centrifugation, washed four times with deionized water, frozen, and lyophilized.

Hydrogel fabrication for PDGF release

Alginate hydrogels were fabricated by mixing 30 mg of medium viscosity sodium alginate (MP Biomedicals, LLC) into 3 mL of deionized water until alginate was fully dissolved to constitute a 1% solution. A 30 μ L aliquot from 200 μ g/mL of soluble PDGF-BB (Thermo Fisher) was then gently, homogeneously stirred into each 200 μ L of alginate solution. Once the aliquot of growth factor was homogenously mixed into the alginate solution, the hydrogel was chemically cross-linked with 1 mL of 700 mM calcium chloride (Fisher Scientific) for 10 min. Following crosslinking, the hydrogels were washed with deionized water to remove excess crosslinking solution.

To produce a hydrogel with a reasonably homogeneous thickness and shape, $200 \,\mu\text{L}$ aliquots of 1% alginate+PDGF were transferred to a flat-bottom 96-well plate (Corning). A

rounded disk of medium porosity, medium flow rate filter paper (Fisher Scientific) was placed atop the alginate hydrogel, and 700 mM calcium chloride crosslinker was added dropwise on top of the filter paper to allow slow, even crosslinking of the hydrogel. Release behavior was assayed for three different conditions: from a 1% alginate hydrogel, from a 1% alginate hydrogel applied as a coating on the resorbable calcium phosphate-based cement (ReCaPP) scaffold, and from a 3% alginate hydrogel applied as a coating on the ReCaPP scaffold.

Microsphere fabrication for BMP-2 release

Single-emulsion alginate microspheres were fabricated by mixing 300 mg of sodium alginate in 10 mL of deionized water until alginate was fully dissolved to constitute a 3% alginate solution. A 200 μ L aliquot of 100 μ g/mL soluble BMP-2 (Shenandoah) in deionized water was homogeneously mixed into the alginate solution. The BMP-2-alginate solution was then placed into 5-mL syringes and left undisturbed for 30 min to remove air bubbles from the solution.

Once bubbles were removed from the alginate solution, alginate was added dropwise into 2.5% solution of Span 80 in iso-octane and homogenized at 5000 rpm. Next, 3 mL of 30% Tween 80 in iso-octane was added and homogenized at 5400 RPM. Then, an aliquot of 700 mM calcium chloride solution was used to crosslink the particles, which were further cured with 2-propanol. Following fabrication, the particles were collected through centrifugation, washed twice with 2-propanol, then washed three times with deionized water. Collected particles were then frozen and lyophilized.

Preparation of cement components

To produce ReCaPP cement powder, alpha-tricalcium phosphate (α -TCP, pure phase; Sigma-Aldrich), calcium carbonate (99%+; Acros Organics), calcium sulfate dihydrate (99%+; Sigma-Aldrich) were mixed in an Agate mortar–pestle for 30 min and stored in 50-mL Falcon tubes for use. The composition of the cement powder consisted of ratios of 72.7% α -TCP, 9.1% calcium carbonate, 9.1% calcium sulfate dihydrate, and 9.1% disodium hydrogen phosphate, by weight.^{25,26}

The liquid component of the cement (nano-CaPs) is a colloidal solution of nanosized calcium phosphate homogeneously dispersed in a buffer solution. On a per-milliliter basis, this solution is created by adding 500 μ L of 0.75 M CaCl₂ dropwise into 500 μ L of phosphate precursor solution. The phosphate precursor solution consisted of 0.357 M NaCl (99.5%+; Fisher Scientific), 13 mM KCl (99%+; Fisher Scientific), 15 mM dextrose monohydrate (Fisher Scientific), 64 mM HEPES free acid (99.5%+; Sigma-Aldrich), and 1.91 mM Na₃PO₄.12H₂O (98%+; Acros Organics).

Hybrid scaffold assembly

We aimed to fabricate hybrid, 3D scaffolding consisting of calcium phosphate cement, BMP-2-releasing microspheres. First, PDGF-BB-releasing hydrogel, first a porous cement scaffold was created by mixing $100 \,\mu\text{m}$ PLGA microspheres with ReCaPP cement powder in a ratio of $20 \,\text{mg}$ microspheres to $30 \,\text{mg}$ ReCaPP. When used in cell-culturing assays, the cement ReCaPP powder and microsphere mixture was sterilized

through ultraviolet (UV) light for 30 min. Then, to form scaffolds 33 μ L of liquid nano-CaPs was mixed into the ReCaPPmicrosphere powder. This slurry was then compressed in a cylindrical mold to create disks. After initial setting, the resulting tablet was dried at 37°C overnight. The 50 mg tablet scaffolds were then placed in three successive washes of dichloromethane for 10 min each to completely dissolve PLGA microspheres from the scaffold. After the last wash of dichloromethane evaporated, scaffolds were rinsed in deionized water three times to remove residual dichloromethane, and dried at room temperature.

To infiltrate the ReCaPP cement scaffold with BMP-2alginate microspheres, scaffolds were placed in a glass Pyrex dish with a solution of 10 mg of BMP-2-alginate microspheres in 500 μ L deionized water. Pyrex dishes were then placed in the water bath of a Bronson 1510 sonication bath, and sonicated at full power for 30 min. Following BMP-2-alginate microsphere infiltration, scaffolds were frozen and lyophilized for 24 h.

A PDGF-BB-releasing hydrogel was applied to the scaffolds as an outer coating by submerging scaffolds for 10 min in a 1% alginate solution, which was fabricated as described previously in the Hydrogel Fabrication for PDGF Release section. For scaffolds used in cell culture, $10 \,\mu\text{L}$ of $200 \,\mu\text{g/mL}$ PDGF-BB was mixed into each $100 \,\mu\text{L}$ solution of alginate coating. Alginate solutions and calcium chloride crosslinking solutions were both UV sterilized before cell culture use. Once PDGF-BB alginate coatings were applied to porous ReCaPP scaffolds, they were crosslinked by submerging the scaffolds in a 700 mM calcium chloride solution for an additional 10 min. Completed, crosslinked scaffolds were rinsed in deionized water to remove residual calcium chloride.

Scaffold degradation analysis

To determine degradation rates of the scaffold, particularly the growth factor-containing alginate components, hybrid scaffolds were fabricated (as described in *Hybrid scaffold assembly*) by mixing 40 mg of PLGA microspheres with 60 mg ReCaPP cement powder to create porous scaffolds. These porous scaffolds were then infiltrated with 20 mg of alginate microspheres. For purposes of the degradation study, BMP-2 was not encapsulated in the alginate microspheres. The ReCaPP/alginate microsphere scaffold was allowed to dry overnight at 37°C.

The following day, a 1% alginate hydrogel was applied as a coating to the scaffolds, as described in the Hybrid Scaffold Fabrication section. PDGF was not encapsulated in the outer alginate coating for the purposes of the degradation study. ReCaPP scaffolds containing alginate microspheres, fully coated with an outer layer of 1% alginate, were placed in 1.5mL LoBind Eppendorf tubes with 1 mL phosphate-buffered saline (PBS) and subject to end-over-end rotation at 37°C. PBS solution was removed daily and replaced with fresh PBS. Scaffolds were removed from solution at experimental time points (days 1–10, 15, 20, 40), frozen in liquid nitrogen, and lyophilized for dry weight measurement.

Controlled growth factor release assay

To determine the release rate of BMP-2 from alginate microspheres, 10 mg of alginate microspheres were suspended in 1 mL of PBS in a LoBind Eppendorf tube and subject to end-over-end rotation at 37°C. At experimental time points,

particle suspensions were centrifuged at 1000 rpm and supernatant was collected and frozen at -20° C. Fresh PBS was added, particles were resuspended, and again end-over-end rotated at 37°C. At the conclusion of the study, all frozen supernatant samples were thawed and assayed for BMP-2 concentration using a human BMP-2 enzyme-linked immunosorbent assay (ELISA; R&D Systems).

To determine the release rate of PDGF-BB from alginate hydrogels, 200 μ L hydrogel samples were submerged in 1 mL of PBS release solution in a lo-bind Eppendorf tube and subject to end-over-end rotation at 37°C. PBS release solution consisted of PBS supplemented with sodium do-decyl sulfate (SDS; 50 mM) and 0.1% bovine serum albumin (BSA) to further prevent released PDGF-BB from sticking to the Eppendorf tube. At experimental time points, hydrogel samples were either removed and/or centrifuged to separate the samples from the PBS solution supernatant. Collected supernatant samples were frozen at -20°C until the conclusion of the experiment, whereupon they were thawed and analyzed for PDGF-BB content using a PDGF-BB ELISA (R&D Systems).

Tubule formation in response to controlled release growth factor delivery

Well inserts of 8 μ m, 24-well transwell plates (Sigma-Aldrich) were filled with 250 μ L of growth factor reduced, phenol-free Matrigel (LDEV free; Fisher Scientific). Human umbilical vascular endothelial cells (HUVECs; Lonza) and human bone marrow-derived human mesenchymal stem cells (BM hMSCs; Life Technologies) were seeded at a density of 1.5×10^5 cells per well, in a 1:1 (hMSC:HUVEC) ratio. The lower reservoirs of MSC–HUVEC cocultures were filled with 500 μ L of a 1:1 ratio of endothelial basal media (Lonza) and minimum essential media (Life Technologies) supplemented with 1% penicillin–streptomycin (Life Technologies) and 1% antibiotic–antimycotic (Life Technologies) to provide hydration to Matrigel plugs.

For the positive control experimental group, soluble growth factors were delivered by daily hand dosing of PDGF-BB and BMP-2 concentrations to closely match growth factor release profiles of PDGF-BB and BMP-2 delivered by controlled release mechanisms. As a negative control, cells were seeded with Matrigel plugs and received no growth factor dosing.

For controlled release experimental groups, $100 \,\mu\text{L}$ alginate hydrogels were embedded within the Matrigel to release PDGF-BB, and 10 mg of alginate microspheres were embedded within the Matrigel to release BMP-2.

At the conclusion of the experimental timeframe (7 days), Matrigel plugs were removed from transwell inserts, embedded in TissueTek (Fisher Scientific), and snap frozen in liquid nitrogen. Frozen sections (10 μ m) were incubated with primary antibody mouse anti-human CD31/PECAM-1 (R&D Systems) and secondary antibody donkey anti-mouse IgG (R&D Systems) to identify endothelial cell activity and vessel formation. Images of CD31-stained sections were taken at 20×and 10×using a Nikon inverted light microscope, then analyzed using WimTube software (Wimasis Image Analysis, GmbH). The 10×images were used for analysis to gain a larger representative sample area. WIMASIS software was used for analysis of four parameters for every image: total area covered by vessels, total length of vessels, number of branching points, and number of closed loops.

Cellular infiltration of scaffold in response to growth factor delivery

Alginate hydrogels were prepared as described in Hydrogel Fabrication for PDGF Release section. Four growth factor delivery groups were explored: hydrogels releasing no growth factor (No GF), hydrogels releasing PDGF alone (PDGF), hydrogels releasing BMP-2 alone (BMP-2), and hydrogels releasing both PDGF and BMP-2 at the same time (PDGF+BMP).

As shown in Figure 1, hydrogels were placed in transwell inserts of an 8 μ m 24-well transwell plate (Sigma-Aldrich). Porous ReCaPP scaffolds were placed into each transwell insert, atop growth factor-eluting hydrogels, and snugly fit to prevent liquid leakage between the scaffold and transwell insert wall. Before fitting ReCaPP scaffolds in transwell inserts, scaffolds were soaked in a solution of 1% BSA in PBS to encourage cell attachment to scaffold surfaces. A coculture of HUVECs and hMSCs were then seeded atop porous ReCaPP scaffolds. Lower transwell reservoirs were filled with 500 μ L of media to provide hydration to the alginate hydrogels. At the end of the experimental timeframe (7 days), scaffolds were removed from transwell inserts, snap frozen in liquid nitrogen and lyophilized. Subsequently, scaffolds were broken in half to image vertical cross-sections.

Alkaline phosphatase expression in response to growth factor delivery

Lower surfaces of an 8 μ m 24-well transwell plate (Sigma-Aldrich) were seeded with BM hMSCs (Life Technologies) at a density of 1×10^4 cells per well. Each well was filled with 1 mL of α -MEM (Life Technologies) supplemented with 1% penicillin–streptomycin (Life Technologies), 1% antibiotic– antimycotic (Life Technologies), and 10% fetal bovine serum (Fisher Scientific), which was changed every 2–3 days throughout the experiment. Transwell inserts contained the following experimental scaffold groups: ReCaPP scaffold with no additional growth factor (No GF), ReCaPP scaffold with PDGF-BB-eluting alginate hydrogel (PDGF), ReCaPP scaffold with BMP-2-eluting alginate microspheres (BMP), and Re-CaPP scaffold with PDGF-BB-eluting alginate hydrogel, and BMP-2-eluting alginate microspheres (PDGF to BMP). After



FIG. 1. Schematic of transwell setup used to assay cell infiltration in response to growth factor releasing alginate hydrogels.

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FIG. 2. Schematic of transwell setup used to assay ALP expression in response to PDGF eluting alginates hydrogels and BMP-2-eluting alginate microspheres. ALP, alkaline phosphatase; BMP-2, bone morphogenetic protein-2; PDGF, platelet-derived growth factor.

scaffolds were placed in transwell inserts, $100 \,\mu\text{L}$ of medium was added to hydrate the scaffold and facilitate release of growth factors from hydrogels and microspheres (Fig. 2).

At each experimental time point (7, 14, 21, 28 days), transwell inserts were removed, media was aspirated, and cells were assayed for alkaline phosphatase (ALP) expression using an AP Staining Kit (System Biosciences). Following staining, wells were imaged using a Nikon Inverted Light Microscope at $20 \times$ magnification. To quantify staining, all representative images and their corresponding replicates were analyzed using ImageJ. Each image was processed to remove dark background artifacts, and converted into a binary image. Images were then analyzed using the "Measure" function in ImageJ to quantify the total area per image of positive ALP staining.

Scanning electron microscope analysis

To obtain scanning electron microscope (SEM) images of the scaffolding to visualize alginate coatings and cellular infiltration, scaffolds were snap frozen in liquid nitrogen and carefully cross-sectioned with a razor blade. Cross-sections were then lyophilized for 48 h to fully dehydrate the scaffold. These dehydrated cross-sections were mounted on copper tape and sputter coated with 5 mm layer of conductive gold alloy.

An a JEOL JSM 6335F SEM was utilized to capture images. Similar methods were used for preparing scaffold with cellular infiltration. Scaffolds were snap frozen in liquid nitrogen. To preserve the presence of cells on top of and throughout the scaffold, scaffolds were sectioned by applying gentle pressure to the center of the scaffold bottom while the outer edges were fixed in place. These cross-

FIG. 3. (A) ReCaPP/PLGA microsphere scaffold edge before PLGA microsphere dissolution showing distribution and density of PLGA microspheres embedded throughout the scaffold. (B) SEM image showing porosity of ReCaPP scaffold after PLGA microspheres have been dissolved. PLGA, poly-lactic-co-glycolic; ReCaPP, resorbable calcium phosphate-based cement; SEM, scanning electron microscope. sections were lyophilized for 48 h, mounted on copper tape, and sputter coated with 3.5 mm of conductive gold alloy for image analysis on the JEOL JSM 6335 SEM.

Statistical analysis

Statistical analysis of tubule formation and ALP staining was performed using one-way analysis of variance (ANOVA) with Tukey's test for multiple comparisons.

Results

Hybrid scaffold fabrication

PLGA microspheres were fabricated to be morphologically spherical, with a smooth surface and approximate size of 90–100 μ m in diameter. PLGA microspheres were used as a porogen and mixed with ReCaPP powders and liquids in a ratio of 40 mg microsphere to 60 mg ReCaPP powder by weight, compressed, and hardened overnight, resulting in a tablet-shaped ReCaPP scaffold with embedded PLGA microspheres. By dissolving away the PLGA microsphere porogen with dichloromethane, porous ReCaPP scaffolds were subsequently formed. (Fig. 3).

Using 50 mg total weight scaffolds (20 mg PLGA microspheres +30 mg ReCaPP powder), PLGA microspheres were dissolved from the scaffolds, and subsequently, the scaffolds were reinfiltrated with 10 mg of ~20 μ m alginate microspheres (Fig. 4) through sonication. Resulting scaffolds (Fig. 4) show that alginate microspheres fully infiltrated porous ReCaPP scaffolding, filling pores in the center of the cross-sectioned scaffold.

To incorporate PDGF release, PDGF-laden alginate hydrogels were prepared as described in Hybrid Scaffold Assembly section and applied to ReCaPP scaffolds as an outer coating (Fig. 5).

Scaffold degradation

Degradation of scaffolds was measured over 40 days. Dry weights of three scaffolds comprised of ReCaPP cement, 3% alginate microspheres, and 1% alginate hydrogels were measured for each time point. It was observed that mass loss occurred primarily over the first 20 days of the assay timeframe, with no additional significant mass loss measured at day 40, as shown in Figure 6.

PDGF and BMP-2 release profiles

Three formulations of alginate hydrogels were assayed for PDGF release: a 1% hydrogel, a 1% hydrogel applied as a coating to ReCaPP scaffolding, and a 3% hydrogel applied to ReCaPP scaffolding (Fig. 7). Over the first 6 days of release,





FIG. 4. SEM of porous ReCaPP scaffold that has been reinfiltrated with BMP-2-alginate microspheres, showing that the BMP-2-alginate microspheres penetrate to the center of the scaffold.

the 1% alginate hydrogel exhibited fast burst release of PDGF, which was complete by day 4. Both 1% and 3% hydrogels, when applied as a coating to scaffolds exhibited more steady, linear release of PDGF, with PDGF releasing more slowly from 3% alginate hydrogel coatings.

Release profiles of the PDGF from 1% alginate hydrogel coatings and BMP-2 from 3% alginate microspheres show early PDGF release, and later, delayed BMP-2 release (Fig. 8). BMP-2 release begins on day 5, overlapping with PDGF release for 3 days (day 5–7).

Tubule formation in response to controlled growth factor delivery

PDGF was delivered to a coculture of hMSCs and HUVECs in a Matrigel plug over the course of 7 days. Two methods of delivery were used: controlled delivery of PDGF from an alginate hydrogel and daily hand dosing of PDGF through pipetting soluble aliquots into the Matrigel plug. As seen in Figure 9, both methods of PDGF delivery resulted in statistically nonsignificant differences in tubule area coverage and length.

Cellular infiltration of scaffold in response to growth factor delivery

To evaluate the ability of PDGF to recruit cells to the scaffold, PDGF hydrogels were applied to one side of the scaf-



FIG. 6. A graphical representation of the degradation of the alginate ReCaPP scaffold over 40 days, showing an approximate mass loss of 40 mg dry weight.

folding (creating a gradient of growth factor release across the scaffold), whereas a coculture of HUVECs and hMSCs were seeded on the opposite side of the scaffolding. At the experimental endpoint, scaffolds were broken in half to reveal a vertical cross-section and imaged with a scanning electron microscope to identify cellular locations within the scaffolding (Fig. 10).

In response to PDGF release, cellular infiltration was observed through ~75% of the 900 μ m thick, 3D scaffold over the course of 7 days (Fig. 11). In comparison, when no growth factor was released from the hydrogel coatings, cell infiltration was only observed to penetrate ~25% of the way into the scaffold. Interestingly, when BMP-2 was released from the hydrogel coating, no cells were observed to infiltrate the scaffold. When PDGF and BMP-2 were delivered simultaneously from the hydrogel, cells penetrated through ~30% of thickness of the scaffold.

ALP expression in response to controlled growth factor delivery

Programmed PDGF and BMP-2 delivery were presented to hMSC cultures as depicted in Figure 2. Cell cultures were assayed for ALP expression at three time points: 7, 14, and 21 days (Fig. 12). At the week 1 time point (7 days) hMSC cultures with PDGF delivery and no growth factor delivery did not stain for ALP. hMSC cultures with BMP-2 microspheres, as well as cultures receiving programmed PDGF to BMP-2 delivery stained positively for ALP expression. At day 14, cell cultures receiving BMP-2 showed significantly greater ALP staining compared with all other groups (Fig. 13). However, at









day 21, cell cultures subject to BMP-2 release and PDGF to BMP-2 release, both showed an increase in ALP staining compared with previous time points. Additionally, there was no statistically significant difference in ALP readings for groups exposed to the PDGF to BMP-2 sequence versus BMP-2 alone at day 21 (Fig. 13). Interestingly, cell cultures receiving no growth factor treatment, as well as cultures exposed to PDGF release showed trace amounts of ALP staining at day 14, and increased ALP expression at 21 days (compared with the same treatment groups at earlier time points). Importantly, ALP staining in "No GF" and "PDGF" groups showed significantly less ALP staining than "BMP-2" and "PDGF to BMP" groups at the same time point.

In Figure 14, ALP expression was assayed at day 21 under three conditions: cells exposed to BMP-2 releasing ReCaPP scaffolding, cells exposed to ReCaPP scaffolding with no growth factor, and cells cultured in the absence of ReCaPP scaffolding and growth factors. Cells showed no positive ALP staining in the absence of ReCaPP scaffolding and growth factors, a moderate amount of ALP expression when cultured in the presence of ReCaPP scaffolding without growth factors, and the greatest amount of ALP staining when subject to ReCaPP scaffolding releasing BMP-2 (Fig. 14).



FIG. 8. Release profiles of PDGF from 1% alginate hydrogels applied as a coating to ReCaPP scaffold, and BMP-2 from 3% alginate microspheres. PDGF release occurs over the first 7 days, whereas BMP-2 release subsequently begins on day 5, overlapping for 3 days with PDGF release.

Discussion

Calcium phosphate cements have been widely investigated for use as synthetic bone scaffolding material due to their similarities in composition to bone mineral, biocompatibility, and tunable degradation/resorption rates.^{27–30} Bioactive components, such as antibiotics and growth factors can also be released from calcium phosphate scaffolds, either by adsorbing the proteins or antibiotics to the surface of the scaffolding, or through the inclusion of a second biomaterial phase, such as synthetic or natural polymers to encapsulate bioactive agents.^{26,27} For example, by incorporating vancomycin-loaded PLGA microspheres into calcium phosphate scaffolding, it was shown that vancomycin could be released over the course of 100+ days from the scaffold.²⁶

Calcium phosphate cements can also be engineered to be highly porous through fabrication methods (such as sintering or salt leaching³¹) or by including degrading polymers,²⁶ to form interconnected micro- and macroporous networks. In this study, we aimed to design a controlled release system incorporated into a calcium phosphate template to create a highly porous, osteoconductive scaffold capable of delivering a programmed schedule of growth factors. For the purposes of this study, we engineered a controlled delivery system capable of releasing a schedule of PDGF and BMP-2 that has shown to be effective in generating a robust, organized network of angiogenic tubules.²⁴

While some group have found great success in optimizing the bioactivity of PDGF and BMP-2 for bone repair by delivering these growth factors in a fibrin hydrogel matrix,³² this hydrogel formulation results in growth factor release profiles with a great degree of overlap.³³ Because the aim of our study was to deliver a sequence of PDGF to BMP-2 release, we have chosen to encapsulate these growth factors in alginate hydrogel formulations, which gave us greater control over the timing of release. We have incorporated this controlled delivery system with a calcium phosphate matrix, and characterized the degradation, release profiles, and cellular responses to the resulting hybrid scaffold.

A matrix of medium viscosity, sodium alginate (crosslinked with calcium chloride), served as the base for both PDGF- and BMP-2-controlled release systems. Alginate was chosen as the polymer for PDGF release, as other polymers,



FIG. 9. Representative images of tubule formation in response to PDGF dosing techniques showing comparable tubule formation area and tubule length in response to controlled release PDGF delivery with tubule formation in response to daily hand-dosed cell cultures. The negative control, receiving no delivered growth factors, shows significantly less tubule formation than either group receiving PDGF, as indicated by the asterisk.

such as PLGA, have been shown to be adherent with PDGF due to their opposing electronegative (PLGA) and electropositive (PDGF) charges, leading to unpredictable and hindered PDGF release.³⁴ Additionally, because PDGF is a heparin-binding protein, it may reversibly bind to alginate hydrogels, enabling its sustained release, a phenomenon that has been demonstrated in studies investigating the release of other heparin-binding growth factors (including VEGF and FGF) from alginate hydrogels.^{35–37} Furthermore, this binding behavior of PDGF with alginate hydrogels could serve to mimic *in situ* PDGF surface binding with extracellular matrix, a property that is important to the biological function of PDGF.³⁸ In this study, alginate hydrogels of 1% and 3% were investigated for PDGF release. When released from a

1% bulk hydrogel, PDGF exhibited burst release in the first 48 h of the release assay. When the same 1% alginate hydrogel formulation was applied as a coating to ReCaPP scaffolding, linear release over 6 days was observed. By applying the alginate hydrogel as a coating, we expose more surface area of the hydrogel, possibly allowing a greater amount of the hydrogel to be more strongly, homogeneously crosslinked, in turn delaying PDGF release. This hypothesis is consistent with known release behaviors of alginate hydrogels in the literature, with a greater amount of cross-linking generally serving to slow protein release from the hydrogel.^{36,39} Similarly, when a 3% alginate hydrogel was applied as a coating to ReCaPP scaffolding, linear release was observed over the first 6 days, at a slower rate of release



FIG. 10. SEM of a crosssection of porous ReCaPP scaffolding indicating depth of cell infiltration when PDGF is delivered. Inlays to the *left* and *right* of the full cross-section show examples of cells nested within Re-CaPP scaffolding pores.





compared with 1% alginate hydrogels. This difference can be explained by the concentration of alginate used in the hydrogels; as the percentage of alginate increases, total release is correspondingly extended.³⁹ In addition to generating the desired PDGF release profile, alginate hydrogels were also chosen for this application because of their ability to be applied as a coating. Segregating PDGF to the outside of the ReCaPP prevents potential adsorption (and potentially inactivation) of PDGF to the interior of ReCaPP scaffolding.

To generate sequential delivery of PDGF and BMP-2 with a moderate window of overlap (3 days), BMP-2 delivery must be delayed 7 days following the start of PDGF delivery. This BMP-2 release behavior was achieved by encapsulating the protein in 3% alginate microspheres. In addition to achieving delayed, sequential release of BMP-2, the use of small, $20 \,\mu\text{m}$ alginate microspheres allowed for the local distribution of BMP-2-laden microspheres throughout the pores

of the calcium phosphate scaffolding. As noted by Mitchell et al., supraphysiological doses of BMP-2 are often used in growth factor-based therapies, due to its rapid proteolysis and fast outward tissue diffusion.⁴⁰ By encapsulating BMP-2 in alginate microspheres, we are able to sustain the slow release of small amounts of BMP-2, and by embedding these microspheres inside the calcium phosphate scaffold, the release of BMP-2 is localized. Additionally, while a fraction of released BMP-2 may also bind to calcium phosphate surfaces through electrostatic attraction and hydrogen bonding, there is evidence that bound BMP-2 may retain biological activity and promote osteoblastic differentiation within the scaffolding.⁴¹ For these reasons, we did not expect to see measurable release of BMP-2 from the entire hybrid scaffolding construct, and instead performed release studies on BMP-laden microspheres to approximate its local presentation to cells which have infiltrated the scaffold.

FIG. 12. ALP expression (*blue* staining) at day 7, 14, and 21 showing that hMSCs with scaffolds releasing only BMP-2, as well as scaffolds releasing a schedule of PDGF to BMP-2 stimulate ALP expression. hMSCs receiving no growth factor or PDGF show less ALP expression at days 7, 14, and 21 versus groups receiving BMP-2 or PDGF to BMP-2. hMSCs, human mesenchymal stem cells.





FIG. 13. Quantification of ALP staining showing significantly greater ALP staining in cell cultures exposed to controlled release BMP-2 on day 14. On day 21, there is no significant difference in ALP staining for groups exposed to the PDGF to BMP delivery sequence, compared with the positive control of BMP delivery alone.

To evaluate the efficacy of PDGF to recruit cells into the scaffold, PDGF hydrogels were applied to one side of the scaffolding (creating a gradient of growth factor release across the scaffolding), whereas a coculture of HUVECs and hMSCs were seeded on the opposite side of the scaffolding. When PDGF and BMP-2 were delivered simultaneously (dual delivery) from the hydrogel, cells penetrated through $\sim 30\%$ of thickness of the scaffold. Comparatively, cells penetrated down through more than double this length ($\sim 75\%$ of the scaffold) when PDGF alone was presented. Importantly, these results indicate that the dual presentation of BMP-2 with PDGF may send conflicting signals to the cells and potentially inhibit their migration into the scaffold, giving further support to the idea that early PDGF release followed by later BMP-2 release is beneficial for the ordered regenerative stages of bone formation.

Another indicator that early, simultaneous PDGF and BMP-2 presentation may be biologically nonsensical is the presence of BMP-2-activity inhibitors during early phases of cellular recruitment. In previously published evidence, it has been found that the *in situ* osteoblast differentiation mediated by BMP-2 is blocked by BMP-4 and noggin expression during early phases when cellular recruitment to the fracture site is most active.⁴² Additionally, as Martino *et al.* have noted in a recent review, while BMPs are present in various

stages of bone repair, the presence of PDGF is restricted to earlier stages of inflammation and soft callus formation.⁴³

While there are no alginate microspheres present in the cell infiltration, ReCaPP/alginate scaffolds were designed with consideration to provide adequate porosity for cellular infiltration. Because PLGA and alginate microspheres were engineered to have a predictable, repeatable size, and shape, calculations could be made to design pore space in the scaffolding by using defined ratios of $100 \,\mu\text{m}$ PLGA microspheres and ReCaPP cement. In depth details of these calculations and methods can be found in previously done work, which characterizes the ReCaPP scaffolding with a porous network created by PLGA microspheres using mercury intrusion porosimetry and BET surface area analyses.²⁶

Briefly, using the equation: $P_{\rho} = [1 - \rho e/\rho t] \times 100$ from surface area analysis, where P_{ρ} =percentage porosity, ρ_e = envelope density of the scaffolds, and ρ_t =true density values of the scaffold as well as the relation, $P_{Hg} = [\rho_e \cdot V_{Hg} \cdot 100]$ from mercury intrusion porosimetry, where ρ_e is the envelope density and V_{Hg} is the total mercury intrusion volume per gram, wherein the volume encompasses all of the different pore size regimes, the total porosity of the scaffold following complete degradation of PLGA microspheres was determined to be 73.7%.

The total volume of this pore space taken up by alginate particles is thus calculated to be at a maximum of 20% (given an approximate alginate microsphere density of $1.102 \text{ g/} \text{ cm}^{3,44}$ 10 mg of alginate particles infiltrated, and a scaffold volume of 46.2 mm³), creating a final scaffold structure with 54% porosity. As shown in a similar study of calcium phosphate scaffolding with comparable total porosity (57.2%), cells were able to significantly infiltrate and proliferate within the scaffold.⁴⁵

To assay for the early tendency of hMSCs toward an osteogenic phenotype, fully assembled scaffolds of porous ReCaPP cement with PDGF-releasing alginate hydrogels and BMP-2-releasing alginate microspheres were assessed using a transwell system (Fig. 2). By day 14, greater amounts of ALP staining were observed in cell cultures that received BMP-2 and PDGF to BMP-2 growth factors. Cell cultures with no released growth factors, and those receiving only PDGF showed relatively small amounts of positive ALP staining, which may be attributed to the osteoconductive (and potentially osteoinductive) effects of the calcium phosphate scaffolding.^{25,46}

In support of this hypothesis, when cells were cultured in the absence of ReCaPP scaffolding and growth factors, no



FIG. 14. ALP expression at day 21 for cells cultured with no additional growth factor and no calcium phosphate scaffolding, cells cultured with calcium phosphate scaffolding releasing no growth factor, and cells cultured with calcium phosphate scaffolds releasing BMP-2 result in the most ALP staining, whereas scaffolds releasing no growth factor result in a moderate amount of ALP staining. Cells cultured in the absence of calcium phosphate scaffolding show no ALP staining.

ALP expression was detected at day 21. Importantly, these results indicate that while PDGF does not induce the expression of ALP (or the differentiation of hMSCs toward an osteoblastic phenotype), its early presentation does not inhibit the ability of later BMP-2 presentation to promote osteoblastic differentiation. These results are supported by evidence that PDGF is involved not only during the angiogenic phase of bone repair, but also plays an important role in stimulating the cellular events preceding osteogenesis, such as recruiting MSCs and stabilizing the blood vessels which guide the orientation of osteoblast sheets.⁴⁷

Our current investigation of programmed growth factor delivery suggests that sequential PDGF to BMP-2 release does indeed influence angiogenesis, cellular infiltration of scaffolding, and expression of the osteogenic marker ALP. While the models used in this study provide valuable *in vitro* systems to analyze cellular responses, the full complexity of *in vivo* bone healing is not limited to the growth factors and cell types selected for this study. Importantly, *in vivo* validation studies must be performed to confirm these results.

Conclusions

The present study demonstrates the use of degradable PLGA microspheres along with calcium phosphate cements to form scaffolds with interconnecting porous networks following the dissolution of PLGA microspheres with DCM. Furthermore, these scaffolds can be reinfiltrated with smaller, BMP-2-releasing alginate microspheres and coated with PDGF-releasing alginate hydrogels to deliver a programmed schedule of these growth factors to cell cultures.

The chosen delivery schedule of PDGF and BMP-2 has shown to be effective in stimulating cell infiltration of the scaffold, generating angiogenic tubule network formation, and promoting ALP expression, indicating the potential for this hybrid scaffold system to supply the cues to orchestrate vascularized bone regeneration. With further *in vivo* studies of these materials, the translation of this technology from a proof-of-concept model to the development of a new approach for fracture healing may be realized.

Disclosure Statement

No competing financial interests exist.

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Address correspondence to: Steven R. Little, PhD Department of Bioengineering University of Pittsburgh 940 Benedum Hall 3700 O'Hara Street Pittsburgh, PA 15261

E-mail: srlittle@pitt.edu

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