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# Gold Nanoparticles as a Probe for Amyloid- $\beta$ Oligomer and Amyloid Formation

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# Abstract

The process of amyloid- $\beta$  (A $\beta$ ) amyloid formation is pathologically linked to Alzheimer's disease (AD). The identification of A $\beta$  amyloids and intermediates that are crucial players in the pathology of AD is critical for exploring the underlying mechanism of A $\beta$  aggregation and the diagnosis of the disease. Herein, we performed a gold nanoparticle (AuNP)-based study to detect the formation of A $\beta$  amyloid fibrils and oligomers. Our results demonstrate that the intensity of the surface plasmon resonance (SPR) absorption band of the AuNPs is sensitive to the quantity of A $\beta$ 40 amyloids. This allows the SPR assay to be used for detection and semi-quantification of A $\beta$ 40 amyloids, and characterization of the kinetics of A $\beta$  amyloid formation. Furthermore, our study demonstrates that the SPR band intensity of the AuNPs is sensitive to the presence of oligomers of both A $\beta$ 40 and an A $\beta$ 40 mutant, which forms more stable oligomers. The kinetics of the stable oligomer formation of the A $\beta$ 40 mutant can also be monitored following the SPR band intensity change of AuNPs. Our results indicate that this nanoparticle based method can be used for mechanistic studies of early protein self-assembly and fibrillogenesis.

# **Graphical abstract**



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Notes

**Supporting Information**. TEM image of AuNPs, UV-Vis spectra of A $\beta$ 40 amyloids, SPR spectra of AuNPs, ThT kinetics of A $\beta$ 40, AFM images of A $\beta$ 40 oligomers and fibrils, and experimental methods.

The authors declare no competing financial interest.

# INTRODUCTION

Aberrant protein aggregation, including amyloidogenesis, is associated with a series of lateonset neurodegenerative diseases, such as Alzheimer's and Parkinson's.<sup>1–2</sup> In Alzheimer's disease (AD), the most common human neurodegenerative disorder,  $\beta$ -and  $\gamma$ -secretase mediated endoproteolysis of the amyloid precursor protein (APP) produces a family of short peptides collectively referred to as amyloid- $\beta$  (A $\beta$ ), of which the 40 and 42 residue variants (A $\beta$ 40 and A $\beta$ 42) are the most common. Compelling genetic, biochemical and pathological evidence indicates that the etiology of AD is mechanistically linked to the production and aggregation of A $\beta$ ,<sup>3–4</sup> although neither the neurotoxicity mechanism of A $\beta$  nor the specific aggregate species responsible for proteotoxicity is well established. Previous studies suggested that the extracellular amyloid plaques are principally responsible for the neuronal dysfunction and loss.<sup>5–6</sup> Over the past two decades, a growing body of evidence has indicated that the oligomeric, diffusible assemblies of A $\beta$  peptides formed in the early stage of aggregation, rather than the mature amyloid fibrils, may be the primary neurotoxic species in AD.<sup>7–10</sup>

While the understanding of A $\beta$  aggregation mechanism has advanced steadily,<sup>11–14</sup> the mechanistic details of protein self-assembly, especially the early stage of protein aggregation to form metastable oligomers, still remain largely elusive. The amyloid fibrils containing characteristic cross- $\beta$ -sheet structure can be detected by commonly used thioflavin T (ThT) and other amyloid binding dyes. However, these fibril-specific dyes are not sensitive to the early formed oligomers, limiting their use in detecting oligomeric species. Identification of protein oligomeric intermediates still remains a challenge. To the best of our knowledge, a continuous assay to sensitively monitor the formation of oligomers is scarce. Sensitive molecular tools or methods are thus desired for exploring the kinetics of protein oligomerization and fibrillization in order to advance the understanding of the fundamental mechanisms of protein aggregation. Furthermore, A $\beta$  peptides have emerged as one of the leading diagnostic biomarkers for AD.<sup>15–17</sup> There is evidence showing that the quantity of Aβ aggregates in cerebrospinal fluid (CSF) correlates with the severity of AD.<sup>16</sup> Detection and quantification of A $\beta$  aggregates will therefore facilitate the application of A $\beta$ biomarkers towards the early diagnosis of AD, which is critical for the efficacious treatment to the disease.

Gold nanoparticles (AuNPs) have received enormous attention for their potential use in therapeutics and biomedical applications.<sup>18–19</sup> AuNPs are non-toxic, inert, biocompatible, and easily visible using microscopic and spectroscopic techniques as a result of their density and optical properties, respectively.<sup>20</sup> AuNPs with the size of a few to tens of nanometers exhibit a strong surface plasmon resonance (SPR) absorption band, primarily due to the coherent oscillation of nearly free conduction electrons.<sup>21</sup> The attributes of the SPR band are dependent on the size and shape of the nanoparticles themselves in addition to their surrounding media.<sup>22–23</sup> AuNP based spectroscopic and colorimetric sensors have been widely developed for identifying analytes, such as proteins, carbohydrates, and nucleic acids.<sup>24–27</sup> Over the past two decades, there has been considerable research interest in the use of nanoparticles for studying proteins associated with amyloid diseases.<sup>28–33</sup> AuNPs present an enormous surface area and possess strong adsorption capacity for binding of

proteins. The effect of protein–nanoparticle interaction on protein amyloidogenesis is intensively influenced by the structural properties of nanoparticles. AuNPs have also been conjugated with antibodies for detection of amyloidogenic proteins. For example, Neely *et al.* reported that anti tau antibody coated AuNPs can be used for sensitively detecting the tau protein.<sup>34</sup> Their finding indicates the potential application of nanoparticles in the detection of biomarker proteins in AD. In the present work, we use AuNPs as an optical probe for identification and semi-quantification of A $\beta$  amyloids based on characteristic SPR spectral changes in the presence of A $\beta$  aggregates. We also monitor the A $\beta$ 40 aggregation kinetics using the AuNP SPR band in combination with a series of spectroscopic and microscopic techniques. Furthermore, our results demonstrate that the assay is suitable for detection of A $\beta$ 40 oligomers and the oligomers of an A $\beta$  mutant A $\beta$ 40-K16Nle, which forms stable aggregation intermediates. The assay is simple, low cost, and label-free. It may provide an attractive alternative for exploring mechanistic properties of protein self-assembly. This method may also contribute to the development of nano-based diagnostic approaches of AD.

# **EXPERIMENTAL METHODS**

#### Preparation of Aβ40 and Aβ40-K16Nle Peptides

The Aβ40 and Aβ40-K16Nle peptides were synthesized on a PS3 solid phase peptide synthesizer (Protein Technologies Inc., Woburn, MA) using the standard Fmoc strategy. The resulting crude peptides were purified by reversed phase high performance liquid chromatography (RP-HPLC) using a C18 column and then characterized by matrix-assisted laser desorption ionization (MALDI) mass spectrometry. The peptides were monomerized as described previously before being used.<sup>35</sup> Briefly, lyophilized peptide powder was dissolved in aqueous NaOH solution (2 mM) and the pH was adjusted to ~11 by using 100 mM NaOH solution. The solution was sonicated for 1 h in an ice-water bath, then filtered through a 0.22-µm filter (Millipore) and kept on ice before use. The concentration of the peptide solution was determined by using the tyrosine UV absorbance at 280 nm ( $\varepsilon = 1,280$   $M^{-1}cm^{-1}$ ).

#### Preparation of Oligomers and Fibrils of Aβ40 and Aβ40-K16Nle

The A $\beta$ 40 oligomer samples (maximum concentration 20  $\mu$ M) were prepared by incubating A $\beta$ 40 monomer in pH 7.4 phosphate buffer (50 mM Na phosphate, 150 mM NaCl) at room temperature for 8 h and were used immediately to avoid further aggregation. The A $\beta$ 40 amyloid fibril samples (maximum concentration 20  $\mu$ M) were prepared by incubating A $\beta$ 40 monomer in pH 7.4 phosphate buffer (50 mM Na phosphate, 150 mM NaCl) at 37°C for 45 h during which the samples were shaken every 10 min for 5 s. A $\beta$ 40-K16Nle oligomers were prepared by incubating A $\beta$ 40-K16Nle monomer in pH 7.4 phosphate buffer (50 mM Na phosphate, 150 mM NaCl) at 37°C for 45 h during which the samples were shaken every 10 min for 5 s. A $\beta$ 40-K16Nle oligomers were prepared by incubating A $\beta$ 40-K16Nle monomer in pH 7.4 phosphate buffer (50 mM Na phosphate, 150 mM NaCl) at 37°C for 24 h.

#### Synthesis of AuNPs

AuNPs were synthesized following a bottom-up approach reported by Kumar *et al.*<sup>36</sup> Briefly, 1 mL of 12.7 mM chloroauric acid solution was added to 49 mL Milli-Q water in a clean glass flask with a stir bar. The apparatus was transferred on top of a hot plate and allowed to boil while stirring. Once boiling, 0.9 mL of 38.8 mM trisodium citrate solution

was added to the gold solution. The colour of the solution changed from yellow to dark violet after 60 s, and finally to a brilliant red after 120 s. The solution was boiled for 5 min and then allowed to cool to room temperature. The AuNP solution was stored at room temperature in a brown, light impermeable Greiner centrifuge tube.

#### Ultraviolet-visible (UV-Vis) Spectroscopy of AuNPs

The AuNPs stock solution was diluted to 0.31 nM in pH 7.4 phosphate buffer (16.5 mM Na phosphate, 50 mM NaCl), and the UV-Vis spectra were recorded using a HP Agilent 8453 Diode Array UV-Vis-NIR spectrophotometer and a 100  $\mu$ L ultra-micro quartz cuvette. A known quantity of the peptide solution (monomer, oligomer, or amyloid) was also added to the AuNPs solution (final concentration 0.31 nM) for UV-Vis spectra measurement.

#### Kinetic Aggregation Assay of Aβ40 using ThT

The aggregation kinetics followed by ThT fluorescence were conducted as described previously.<sup>37</sup> In brief, the monomerized A $\beta$ 40 peptide solution was diluted to a specific final concentration in pH 7.4 phosphate buffer (50 mM Na phosphate, 150 mM NaCl). The solution also contained ThT with a final concentration of 25  $\mu$ M. 100  $\mu$ L solution was transferred into a well of a 96-well microplate (Costar black, clear bottom). The plate was sealed with a microplate cover and loaded into a Gemini SpectraMax EM fluorescence plate reader (Molecular Devices, Sunnyvale, CA), where it was incubated at 37°C. The fluorescence of ThT was measured every 10 min after shaking for 5 s with an excitation wavelength of 440 nm and an emission wavelength of 480 nm. The same procedure was used for monitoring the kinetics of A $\beta$ 40-K16Nle aggregation.

#### Transmission Electron Microscopy (TEM)

TEM images were obtained using Philips PW 6061 transmission electron microscopy system (model CM 200, Eindhoven, The Netherlands). The 400 Mesh Copper grids coated by FORMVAR carbon film (FCF 400-Cu, Electron Microscopy Sciences, Hatfield, Pennsylvania, USA) were used. Briefly, the grids were gently washed with 10  $\mu$ L Milli-Q water, and the water was absorbed from the grids using filter paper. Then, 5  $\mu$ L droplets of AuNP samples were drop deposited immediately on the grids and were allowed to dry in a clean environment at room temperature overnight.

#### Atomic Force Microscopy (AFM)

The 20  $\mu$ L aliquots of the sample were adsorbed onto the surface of freshly cleaved mica (5×5 mm) for 5 min at room temperature. The liquid was wicked off using filter paper. Salts and unbound materials were removed by washing with 20  $\mu$ L Milli-Q water for three times. The samples were dried overnight and AFM images were acquired in tapping mode using an Asylum Research MFP 3D AFM system with MikroMasch NSC15/Al BS cantilevers.

#### **Circular Dichroism (CD)**

Peptide samples were prepared in pH 7.4 phosphate buffer (50 mM Na phosphate, 150 mM NaCl). Then 200  $\mu$ L aliquot was transferred into a 1 mm quartz cuvette. CD spectra were collected on a J-810 JASCO spectrometer.

## **RESULTS AND DISCUSSION**

#### Detection of A<sub>β40</sub> Amyloids using AuNPs

The citrate based AuNPs were prepared following a bottom-up approach previously reported by Kumar *et al.*<sup>36</sup> The diameter of the synthesized nanoparticle is ~23 nm (Figure S1). The zeta potential value of the AuNPs is -22 mV. This suggests that the nanoparticles are covered and stabilized by negatively charged citrates on the surface. The UV-Vis spectrum of the nanoparticles shows a characteristic SPR band with a maximum absorbance at 535 nm (Figure 1a).

To evaluate the spectroscopic sensitivity of the AuNPs in the presence of A $\beta$ 40 amyloids, the preformed A $\beta$ 40 amyloid fibrils were added to the nanoparticle solution (final AuNP concentration 0.31 nM). As shown in Figure 1a, the SPR band intensity of the AuNPs exhibits a slight change immediately after adding different amounts of A $\beta$ 40 amyloid fibrils. Here, the quantity of Aβ40 amyloids is simply represented using the concentration of equivalent amount of Aβ40 monomer (100 nM–6.7 μM). After 2 h incubation, the SPR band shows a more significant intensity increase in the presence of increasing amounts of A $\beta$ 40 amyloids (Figure 1b). There is no observable absorbance in the SPR band region of the UV-Vis spectra of A $\beta$ 40 amyloid fibrils, (Figure S2), suggesting that the SPR band change is not directly due to UV-Vis absorbance of Aβ40 amyloids. The SPR band intensity increase at 535 nm, which was calculated by subtracting the UV-Vis spectrum of AuNP control sample from those of AuNP-A $\beta$ 40 mixture samples, shows a dose-dependent trend proportional to the amount of A $\beta$ 40 amyloids (Figure 1c). This quantitative relationship makes the assay valuable as a potential method to detect and semi-quantify the amount of A $\beta$ 40 amyloid fibrils. A longer incubation time of 4 h does not further magnify the intensity change of the SPR band in the assay (Figure 1c). A similar study was also carried out using a higher concentration of AuNPs (0. 41 nM). The sensitivity of the assay is not significantly improved by increasing the concentration of AuNPs (Figure 1b vs. Figure S3). Furthermore, the ThT dye was used to monitor the fibril formation of A $\beta$ 40. As shown in Figure S4, the fluorescence signal of ThT is weak with 3.3  $\mu$ M A $\beta$ 40 compared to that with10  $\mu$ M A $\beta$ 40, and no signal is observed with 1.7  $\mu$ M A $\beta$ 40. This suggests that the sensitivity of the ThT assay for probing A $\beta$ 40 fibrils under this condition is in micromolar regime. For the AuNP assay reported here, the results show that it has sub micromolar sensitivity for identification and semi-quantification of A $\beta$ 40 amyloids (Figure 1c).

To gain better insight into the interactions between AuNPs and A $\beta$ 40 amyloids, AFM images were taken for the AuNPs with or without A $\beta$ 40 amyloids. As shown in Figure 2a, clusters of AuNPs with a diameter of ~0.15–0.3 µm were observed under the AFM experimental condition. In the presence of A $\beta$ 40 amyloids, the AuNPs largely co-localized with the amyloid fibers (Figure 2b). The effect of A $\beta$ 40 amyloids on the distribution properties of AuNPs was further studied using TEM imaging. In order to avoid the interference of additional negative staining regents such as uranyl acetate on the distribution properties of AuNPs, the TEM images were acquired without negative staining. As shown in Figure 3a, the AuNPs were randomly dispersed in the TEM image in the absence of A $\beta$ 40 amyloid fibrils. When A $\beta$ 40 amyloids were added, the nanoparticles co-localized with A $\beta$ 40 amyloid

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gel like structures (Figure 3b–d). The fibrillar morphology of A $\beta$ 40 is not observed in the images because of the lack of negative staining. At the highest concentration of 6.7  $\mu$ M A $\beta$ 40 amyloids, some AuNPs were embedded in the A $\beta$ 40 amyloid gel structures and appeared blurred in the image (Figure 3d). These results demonstrate that the nanoparticles are prone to be adsorbed onto the A $\beta$  fibrillar structures, leading to peptide–nanoparticle interactions which may be directly related to change in SPR band intensity of AuNPs.

Protein-AuNP interactions are aided by several forces such as hydrogen bonds, solvation forces, Van der Waals interactions, and electrostatic interactions.<sup>38</sup> Among these, electrostatic interactions have been identified as one of the crucial physical forces in binding of protein and AuNPs.<sup>39–40</sup> A $\beta$  is an amphiphilic peptide, containing three positively charged residues (R5, K16, and K28). The aligned side chains of the charged residues in the fibrillar structure form local positive charge rich patches.<sup>41</sup> Negatively charged AuNPs therefore can be favorably adsorbed on the positive regions at the fiber surface via attractive electrostatic interactions, facilitating the formation of nucleation sites for further assembly of nanoparticles. In addition, A<sub>β</sub> amyloid fibrils also contain hydrophobic patches on their surfaces, and hydrophobic interactions also play an important role in the interaction with the AuNP surface.<sup>42</sup> The SPR band intensity depends on nanoparticle surface morphology and size, concentration, dielectric environment, and the refractive index of the media.<sup>22–23, 43</sup> The interactions between nanoparticles and proteins at the metal/water interface changes the local refractive index and dielectric properties, and thus render the SPR band property. allowing for sensitive measurement of the protein-nanoparticle interactions.<sup>44</sup> Here, the position of the intensity maximum of the AuNP SPR band does not shift noticeably after addition of A $\beta$  amyloids, suggesting that the change in optical density is not likely a result of a change in particle size, which is also confirmed from TEM imaging.

#### Aβ40 Aggregation Kinetics Monitored using AuNPs

The aggregation of amyloidogenic proteins is generally understood as a nucleatedpolymerization process,<sup>11, 45–47</sup> manifested by an apparent initial lag phase followed by a rapid conversion of the monomeric or oligomeric protein to the terminal fibrillar forms. The influence of nanoparticles on protein misfolding and aggregation has long been recognized.<sup>29, 48</sup> However, the reported kinetic effects of nanoparticles on protein amyloid formation appear to be contradictory in the literature. Some reports describe nanoparticles as inhibitors of A $\beta$  fibril formation,<sup>28, 32, 49</sup> while some others suggest that nanoparticles facilitate AB fibrillogenesis.<sup>50</sup> This indicates that the influence of nanoparticles on fibrillization is strongly dependent on the physical characteristics of nanoparticles including their size, shape, and surface properties.<sup>51–53</sup> Therefore, we first tested the effect of the synthesized AuNPs on the kinetics of Aβ amyloid formation using a ThT binding assay. As shown in Figure 4a, the presence of AuNPs (0.31 nM) increases the ThT fluorescence intensity of the final plateau phase of A $\beta$ 40 (10  $\mu$ M) aggregation. The lag phase of the aggregation traces remains little changed in the presence of AuNPs, suggesting that AuNPs do not influence the early nucleation reactions significantly. The aggregation rate shows a slight change, with the aggregation half time ( $t_{50}$ ) shortened from ~7.8 h to ~7.2 h in the presence of the nanoparticles. Here,  $t_{50}$  is defined as the time at which the fluorescence intensity reaches the midpoint between the pre- and post-aggregation baselines. These

results suggest that the AuNPs under the current condition do not influence the kinetics of  $A\beta 40$  aggregation dramatically.

The aggregation kinetics of A $\beta$ 40 monomers were then monitored by following the timedependent SPR band intensity. At 0 h, the SPR band of AuNPs is similar to that of the AuNPs co incubated with differing amounts of Aβ40 monomers (Figure 4b). After 24 h incubation, the intensity of the SPR bands appears to show a significant difference between the AuNP sample and the AuNP- $A\beta 40$  mixtures (Figure 4c), likely caused by  $A\beta 40$ aggregation. For example, the intensity of the SPR band of the AuNP-A $\beta$ 40 (6.7  $\mu$ m) sample at 535 nm is ~37% stronger than that of the AuNP only sample. The relative intensity of the band increases in an A $\beta$ 40 concentration dependent manner (Figure 4c). The time dependent SPR band intensity difference at 535 nm between the samples of AuNP and the AuNP-A $\beta$ 40 mixtures was displayed using the nanoparticle only solution as a reference at each time point. As depicted in Figure 4d, the SPR band intensity change shows an increasing transition over time, in accord with the fibrillization kinetics of Aβ40 peptide. The final SPR band intensity change is proportional to the concentration of A $\beta$ 40. These results suggest that the nanoparticles used in this study can follow fibrillogenesis of A $\beta$ 40 peptide in a kinetics assay. This assay can also be used to probe the quantity of amyloids. Interestingly, the SPR band intensity of the AuNP-A $\beta$ 40 mixture samples increases quickly (Figure 4d), without an observable lag phase. This is not consistent with the results of  $A\beta 40$ aggregation kinetics following ThT fluorescence. As shown in Figure S4, there is no ThT fluorescence signal with the concentration of A $\beta$ 40 at 1.7  $\mu$ M. With higher concentration of A $\beta$ 40, the aggregation kinetics show a characteristic sigmoid transition including an apparent initial lag phase followed by a rapid growth phase. The lag phase of the kinetics of  $3.3 \,\mu$ M A $\beta$ 40 is ~9.3 h, and the lag phase is shortened to ~6.2 h for A $\beta$ 40 with an increased concentration of 10 µM. The kinetic difference between the two methods suggests that the fast kinetic phase observed in the AuNP assay is not likely initiated by binding of AuNPs with late-formed amyloid fibrils. In addition, there is lack of strong concentration dependence of the fast kinetic rate in the AuNP assay (Figure 4d). These results suggest that the nanoparticles may also be sensitive to the oligomeric structures formed at the early stage of A $\beta$  aggregation. The fast oligomerization rate at the measured concentration range (1.7–  $6.7 \,\mu\text{M}$ ) may be responsible for the weak concentration dependence of the kinetic rate shown in Figure 4d.

#### Detection of Non-Fibrillar Oligomeric Intermediates Using AuNPs

Although recent converging lines of evidence suggest that the oligomeric assemblies of  $A\beta$  peptides appear to be the major toxic species in AD,<sup>7–9</sup> the mechanistic insight into  $A\beta$  oligomer formation is still very limited. Recently, Lee *et al.* reported a fluorescence method for monitoring distinct oligomerization and fibrillization process of a double cysteine-labeled A $\beta$  using a FlAsH dye.<sup>12</sup> Garai *et al.* monitored the full time course of A $\beta$  aggregation including the formation of low-molecular-weight oligomers using the tetramethylrhodamine-labeled A $\beta$ .<sup>54</sup> Despite such pioneering studies, the means for kinetically probing protein oligomer formation still remain limited.

In order to test the sensitivity of AuNP SPR band on the A $\beta$ 40 oligomers, the AuNPs were mixed with the preformed A $\beta$ 40 oligomers (AFM images of time dependent A $\beta$ 40 oligomer formation in Figure S5), and the UV-Vis spectra were measured accordingly (Figure 5). There is a slight while noticeable SPR band intensity change immediately after adding different amounts of A $\beta$ 40 oligomers (Figure 5b). After 1 h incubation, the SPR band intensity of the AuNP–peptide mixtures is significantly higher compared to that of the AuNP only sample (Figure 5a and 5b). The intensity of the SPR band increases in an oligomer concentration dependent manner (Figure 5b). These results suggest that the AuNPs can also interact with the oligomeric species of A $\beta$ 40. It is conceivable that the AuNP–oligomer interaction will influence the local environment of AuNPs as well, resulting in the SPR band intensity change.

To expand the potential application of AuNPs in identification of the formation of protein oligomeric aggregates, we also studied an A $\beta$ 40 mutant, A $\beta$ 40-K16Nle, by replacing the Lys16 residue with an unnatural amino acid norleucine (Nle) (Figure 6a). This mutation neutralizes the positive charge of the Lys side chain. Interestingly, aggregation of A $\beta$ 40-K16Nle produces stable oligomers which do not proceed to form fibrils. The CD spectrum of A $\beta$ 40-K16Nle (40  $\mu$ M), after 5 d incubation in pH 7.4 phosphate buffer (50 mM Na phosphate) at 37°C, shows the lack of a typical  $\beta$  sheet structure, compared to a  $\beta$  sheet conformation of A $\beta$ 40 after 5 d incubation (Figure 6b). There is negligible ThT fluorescence intensity after 40 h of incubation of A $\beta$ 40-K16Nle, in contrast to that of A $\beta$ 40 at a lower concentration (Figure 6c). Furthermore, no fibers were observed in AFM imaging after 5 d of incubation of A $\beta$ 40-K16Nle (Figure 6d); instead, appreciable amount of smaller oligomeric aggregates formed. This is distinct from the typical fibrillar structures of A $\beta$ 40 (Figure S6). The A $\beta$ 40-K16Nle mutant therefore may be used as a favorable model protein for studying biophysical characteristics of oligomers.

To test the sensitivity of the AuNP SPR band on the A $\beta$ 40-K16Nle oligomers, the AuNPs were co-incubated with the preformed A $\beta$ 40-K16Nle oligomers. The SPR band of the AuNP– peptide mixtures shows higher intensity compared to that of the AuNP only sample after 2 h incubation (Figure 7a). The value of the SPR band intensity increase at 535 nm shows a dose-dependent trend proportional to the amount of A $\beta$ 40-K16Nle oligomers (Figure 7b). These are similar to what were observed for A $\beta$ 40 oligomers.

We further measured the time-dependent SPR band intensity change of the AuNPs coincubated with A $\beta$ 40-K16Nle monomers (1.7–6.7  $\mu$ M), in order to examine the kinetics of A $\beta$ 40-K16Nle oligomer formation using AuNPs. Because the aggregation of A $\beta$ 40-K16Nle does not form fibrillar structures, ThT fluorescence is not capable to probe the kinetic information of A $\beta$ 40-K16Nle aggregation (Figure 6c). The value of the time-dependent SPR band intensity change, in contrast, shows a quick increase within 6 h (Figure 8a), indicating a fast oligomerization rate of A $\beta$ 40-K16Nle. The fast oligomerization process of A $\beta$ 40-K16Nle is also validated by the AFM results. As shown in Figure 8b, after 1 h of incubation, an appreciable amount of A $\beta$ 40-K16Nle oligomers was observed in the AFM image. The SPR band increasing phase of A $\beta$ 40-K16Nle is faster than that of the wild type A $\beta$ 40 (Figure 8a vs. Figure 4d), suggesting a higher propensity of A $\beta$ 40-K16Nle for forming oligomers compared to that of A $\beta$ 40. It has been recognized that the central hydrophobic

core "LVFFA" (residues 17–21) region in Aβ sequence is crucial in the early steps of Aβ aggregation and fibril formation.<sup>55–56</sup> Considering the close proxomity of the substituted hydrophobic Nle16 residue to this hydrophobic center, it is likely that the Nle16 residue in Aβ40-K16Nle contributes in forming stronger intermolecular hydrophobic interactions in the early self-assembly, leading to a faster oligomerization rate. The strong hydrophobic interactions in the oligomers of Aβ40-K16Nle may significantly stabilize the oligomeric structures, and prevent a subsequent conformational transition of spherical oligomers to form amyloid fibrils.<sup>12</sup> A latter transition at ~80 h observed in the SPR intensity change kinetics (Figure 8a) may likely be caused by further conformational rearrangement of the aggregated structures, and/or changes of nanoparticle-Aβ40-K16Nle interactions. Our results suggest that the characteristic SPR band of AuNPs may be used as a valuable means for monitoring the kinetics of protein oligomerization, which is important for understanding the underlying mechanistic characteristics of protein self-assembly. In the future, AuNPs may also be further conjugated with designed ligands, such as short peptides and aptamers that bind specifically to  $A\beta$ , to render the assay more practical and selective. Aptamers have been used for decorating the surface of nanoparticles and nanorods for enhanced colorimetric and spectroscopic sensing applications.<sup>57–58</sup> Such approach may also be valuable for the development of nanoparticle-based diagnostic tool for AD targeting on AB biomarkers. In addition, future studies of investigation of the AuNP method for probing the aggregates of other amyloidogenic proteins will be valuable for potential application of the approach as a general alternative in studying protein amyloidogenesis.

# CONCLUSION

In the present work, we report a simple, low cost, and label-free AuNP-based assay for probing A $\beta$  oligomer and amyloid fibril formation. Our results show that the intensity of the SPR band of the AuNPs is sensitive to the presence of A $\beta$ 40 amyloids. The value of the SPR band intensity change shows a dose-dependent trend proportional to the amount of A $\beta$ 40 amyloids. The change of SPR band intensity of AuNPs can also be used to follow the kinetics of A $\beta$ 40 fibril formation. Furthermore, our results show that the SPR band intensity of AuNPs is also sensitive to the oligomeric structures of both A $\beta$ 40 and the A $\beta$ 40-K16Nle mutant. The process of the formation of stable oligomers of A $\beta$ 40-K16Nle can be monitored following the SPR band intensity change of AuNPs. Our results demonstrate that this AuNP-based method is uniquely useful in detecting A $\beta$  oligomers and monitoring the kinetic information of oligomer formation. It provides an attractive alternative for mechanistic studies of early protein self-assembly and fibrillogenesis.

# **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

# Acknowledgments

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#### Figure 1.

UV-Vis spectra of AuNPs. The AuNPs were co-incubated with the indicated amount of preformed A $\beta$ 40 amyloids in pH 7.4 phosphate buffer, and the UV-Vis spectra were measured at 0 h (a), and after 2 h (b). The spectra were normalized by setting the maximum intensity of the SPR band of the AuNP only sample to 1. The inset in (b) shows the amplified SPR band. (c) The SPR band intensity difference at 535 nm calculated by subtracting the UV-Vis spectrum of AuNP only sample from those of AuNP–A $\beta$ 40 amyloid mixtures (spectra measured at 0 h, and after 2 h and 4 h incubation). Data are reported as means ± the standard deviation of triplicate results.



## Figure 2.

Tapping mode AFM images of AuNPs in the absence or presence of preformed A $\beta$ 40 amyloids. The AuNPs were incubated in pH 7.4 phosphate buffer alone (a), or with additional 1.7  $\mu$ M A $\beta$ 40 amyloids (b). The black arrow indicates the AuNP cluster. The white arrow indicates the fibrils.



#### Figure 3.

TEM images of AuNPs in the absence or presence of preformed A $\beta$ 40 amyloids. The AuNPs were incubated in pH 7.4 phosphate buffer alone (a), or with additional 1.7  $\mu$ M A $\beta$ 40 amyloids (b), 3.3  $\mu$ M A $\beta$ 40 amyloids (c), or 6.7  $\mu$ M A $\beta$ 40 amyloids (d) for 24 h before being scanned.



#### Figure 4.

A $\beta$ 40 aggregation kinetics in the presence of AuNPs. (a) A $\beta$ 40 (10  $\mu$ M) aggregation kinetics in the absence or presence of AuNPs followed by ThT fluorescence (pH 7.4, 37°C). (b) UV-Vis spectra of AuNPs in the absence or presence of different amount of A $\beta$ 40 monomers in pH 7.4 phosphate buffer measured at 0 h. The spectra were normalized by setting the maximum intensity of the SPR band of the AuNP only sample to 1. (c) UV-Vis spectra of AuNPs measured after 24 h incubation. The spectra were normalized by setting the maximum intensity of the SPR band of the AuNP only sample to 1. (d) A $\beta$ 40 aggregation kinetics followed by the SPR band intensity change at 535 nm. The values of the band intensity change were calculated by subtracting the UV-Vis spectrum of AuNP only sample from those of AuNP–A $\beta$ 40 mixtures measured at each time point.



# Figure 5.

Effect of preformed A $\beta$ 40 oligomers on UV-Vis spectra of AuNPs. (a) UV-Vis spectra of AuNPs in the absence or presence of different amounts of preformed A $\beta$ 40 oligomers in pH 7.4 phosphate buffer measured after 1 h incubation. The spectra were normalized by setting the maximum intensity of the SPR band of the AuNP only sample to 1. (b) The SPR band intensity difference at 535 nm calculated by subtracting the UV-Vis spectrum of AuNP only sample from those of AuNP–A $\beta$ 40 oligomer mixtures (spectra measured at 0 h and after 1 h incubation). Data are reported as means ± the standard deviation of triplicate results.



#### Figure 6.

Aggregation of A $\beta$ 40-K16Nle. (a) The primary sequence of A $\beta$ 40 and A $\beta$ 40-K16Nle. The chemical structures of Lys and Nle are shown for comparison. (b) CD spectra of A $\beta$ 40 (50  $\mu$ M) and M1 (40  $\mu$ M) after 5 d incubation in pH 7.4 phosphate buffer at 37°C. (c) Aggregation kinetics of A $\beta$ 40 and A $\beta$ 40-K16Nle followed by ThT fluorescence in pH 7.4 phosphate buffer at 37°C. (d) AFM image of A $\beta$ 40-K16Nle (40  $\mu$ M) incubated for 5 d in pH 7.4 phosphate buffers at 37°C.



#### Figure 7.

Effect of preformed A $\beta$ 40-K16Nle oligomers on UV-Vis spectra of AuNPs. (a) UV-Vis spectra of AuNPs in the absence or presence of different amounts of preformed A $\beta$ 40-K16Nle oligomers in pH 7.4 phosphate buffer measured after 2 h incubation. The spectra were normalized by setting the maximum intensity of the SPR band of the AuNP only sample to 1. (b) The SPR band intensity difference at 535 nm calculated by subtracting the UV-Vis spectrum of AuNP only sample from those of AuNP-A $\beta$ 40-K16Nle oligomer mixtures. Data are reported as means ± the standard deviation of triplicate results.



#### Figure 8.

Aggregation kinetics of A $\beta$ 40-K16Nle. (a) A $\beta$ 40-K16Nle aggregation kinetics followed by the SPR band intensity change at 535 nm. The values of the band intensity change were calculated by subtracting the UV-Vis spectrum of AuNP only sample from those of AuNP– A $\beta$ 40-K16Nle mixtures measured at each time point. (b) AFM image of A $\beta$ 40-K16Nle (6.7  $\mu$ M) incubated with AuNP in pH 7.4 phosphate buffer at 37°C for 1 h.