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# Quantitative imaging of deuterated metabolic tracers in biological tissues with nanoscale secondary ion mass spectrometry

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# Abstract

In the field of secondary ion mass spectrometry at nanometer scale (NanoSIMS), configuration of parallel detectors to routinely measure isotope ratios in sub-100 nm domains brings classical stable isotope tracer studies from the whole tissue level down to the suborganelle level. Over the past decade, the marriage of stable isotope tracers with NanoSIMS has been applied to a range of fundamental biological questions that were largely inaccessible by other means. Although multiplexed measurement of different stable isotope tracers is feasible, in practice there remains a gap in the current analytical capacity to efficiently measure stable isotopes commonly utilized in tracer studies. One such example is the measurement of deuterated tracers. The most obvious approach to measuring deuterium/hydrogen isotope ratios is at mass 2/1. However, the radius of the magnetic sector limits concomitant measurement of other masses critical to multiplexed exploration of biological samples. Here we determine the experimental parameters to measure deuterated tracers in biological samples using the  $C_2H^-$  polyatomic ion species ( $C_2D^-/C_2H^-$ ) while operating the NanoSIMS at a reduced Mass Resolving Power of 14,000. Through control of the sputtering parameters, we demonstrate that there is an analytical window during which the  $C_2D^-/C_2H^-$  isotope ratio can be measured with sufficient precision for biological studies where the degree of D-labeling is typically well above natural abundance. We provide validation of this method by comparing the  $C_2D$  measurement of D-water labeling in the murine small intestine relative to measurements of native D/H conducted in the same analytical fields. Additional proofof-concept demonstrations include measurement of D-water, D-glucose, and D-thymidine in

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biological specimens. Therefore, this study provides a practical template for deuterium-based tracer studies in biological systems.

# **Graphical abstract**



# Introduction

Since Schoenheimer pioneered stable isotope methodology to elucidate the dynamic nature of intermediate metabolism[1, 2], stable isotope tracers have been utilized to study a wide array of complex metabolic processes in model organisms and humans[3, 4]. The standard analytical approach is to track label incorporation by isotopic enrichment in tissue or other biological samples with isotope ratio mass spectrometry (IRMS). As is common with analytical methods utilized in biological research, IRMS-based studies require pooling cells to obtain sufficient material for analysis, even with instrumental modifications designed to analyze small sample sizes[5]. The assumption of normality inherent to analyses of pooled cells may obfuscate biologically significant heterogeneity, providing rationale for analytical methods capable of providing quantitative measurements at the level of the single cell.

NanoSIMS is a form of secondary ion imaging mass spectrometry that allows measurement of isotope ratios at the level of a single cell[6, 7], and therefore is a significant advance over classical tracer studies conducted with bulk sample analyses. An ion probe is scanned over a sample surface, resulting in the sputtering of atoms and small molecular fragments, representative of the surface layers. The ionized fraction is guided by ion optics to a double-focusing mass spectrometer where instead of being scanned, the magnetic field is kept constant, allowing for simultaneous measurement of several secondary ions from the same nanovolume. Seven detectors are positioned on trajectories of varying radii, facilitating measurement of different isotopic variants, and in turn isotope ratios, with routine lateral resolution below 100 nm. When merged with stable isotope tracer methodology, the NanoSIMS instrument reveals dynamic functional information in individual cells and organelles in their natural microenvironment, an approach that has illuminated fundamental metabolic pathways in microbes[8–11], plants[12, 13], and mammalian model organisms[14–16].

To date, the majority of studies utilizing NanoSIMS imaging of stable isotopes have been conducted with molecules tagged with <sup>15</sup>N or <sup>13</sup>C, despite extensive precedent for utilization of deuterated compounds in classical tracer studies. A limitation when the instrument is

configured to directly capture hydrogen ions is that the upper mass limit of detection, as constrained by the radius of the magnetic sector, prevents simultaneous acquisition of heavier mass images of interest. Even when the first detector is positioned at a lower radius beyond the manufacturer's specifications to enable analysis up to mass 27[17], additional ions of interest cannot be measured, including <sup>31</sup>P<sup>-</sup> and <sup>32</sup>S<sup>-</sup> that provide crucial histological information or halogenated tracers[14–16]. The polyatomic ratio of  $C_2D^-/C_2H^-$  has previously been utilized as a proxy for D/H for analysis of non-biological samples[18]. However, the mass resolving power required to correctly isolate  $C_2D^-$  from its closest isobars was achieved by utilization of a narrower, custom slit. Achievement of such high mass resolution comes at the significant cost of reduced ion transmission, an issue of concern for large-scale biological studies. Here we demonstrate that operation of the NanoSIMS at reduced mass resolving power combined with control of the sputter time allows for the quantification of the  $C_2D^-/C_2H^-$  ratio with sufficient sensitivity and precision for routine biological applications.

# **Experimental Section**

### Materials

Stable isotope tracers, consisting of <sup>2</sup>H-thymidine, <sup>15</sup>N-thymidine, <sup>2</sup>H-water, and <sup>2</sup>Hglucose, were obtained from Cambridge Isotope Laboratories, Inc. Paraformaldehyde and osmium tetroxide utilized for tissue fixation and Epon resin used for tissue/cell embedding were obtained from Electron Microscopy Sciences, Inc.

# In vivo tracer studies

Male mice on C57Bl/6 genetic background were injected with tracers by intraperitoneal injection. For the thymidine labeling studies, mice received twice daily 500  $\mu$ g injections for a total of 3 days. <sup>2</sup>H-glucose (50mg) was administered by intraperitoneal injection twice daily for 24 hours prior to sacrifice. <sup>2</sup>H-water was administered as a single load of 250  $\mu$ l, followed by daily injections of 60  $\mu$ l for a total of 3 days. For the human D-water study, the volunteer ingested 400 ml of sterile <sup>2</sup>H-water over 15 min, followed by 60 ml daily for 2 additional days, after which peripheral blood was sampled.

# Sample preparation

All samples were fixed with 4% paraformaldehyde. Post-fixation with osmium tetroxide was utilized for adipose tissues. Due to its dark staining effect, osmium was also used for white blood cell analyses to assist with location of the cell pellet during embedding and cutting. All samples were embedded in EPON resin, sectioned (0.5  $\mu$ m), and mounted on silicon chips. Samples were coated with a 15 nm layer of gold, prior to NanoSIMS analysis to prevent charging, which often occurs with resin-embedded biological samples.

# NanoSIMS

Analyses were performed on the NanoSIMS 50L (Cameca) at the Brigham and Women's Center for NanoImaging, where multiplexed labeling experiments now represent the majority of the analytical load, including measurement of deuterium as described here, in conjunction with <sup>13</sup>C, <sup>15</sup>N, and/or halogens like <sup>81</sup>Br. The standard analysis utilizes a 16

keV cesium ion beam for the analysis of negatively charged secondary ions. Through deflection plate peak jumping [18], the 7 detectors can be configured to record 9 masses guasi-simultaneously. This enables the routine acquisition of  ${}^{12}C_2^{-}$ ,  ${}^{12}C^{13}C^{-}$ ,  ${}^{12}C_2H^{-}$ ,  ${}^{$  $C_2D^-$ ,  ${}^{12}C^{14}N^-$ ,  ${}^{12}C^{15}N^-$ ,  ${}^{31}P^-$ ,  ${}^{32}S^-$ , and a higher mass such as  ${}^{81}Br^-$  [19, 20]. Specifics regarding the detector configurations are summarized in Supplemental Table 1. Measurement of C2D<sup>-</sup> and CN<sup>-</sup> or C2H<sup>-</sup> and <sup>12</sup>C<sup>13</sup>C<sup>-</sup> on the same detectors is reliable because the detector responses (measured as the pulse height distribution) to these specific poly-atomic species exhibit minimal difference. When tuning for peak switching, the detectors are adjusted such that the secondary ion beam arrives at the anode within the deflection voltage range where the secondary ion counts are stable. This is particularly important for switching between  $C_2D^-$  and  $CN^-$ , where 15 V must be applied to the electrostatic plates positioned in front of the detectors in order to span both species. Therefore, by alternating the voltage applied to the plates with successive acquisitions, two different series of images are generated (Supplemental Figure 1). The detectors are aligned such that series 1 acquisition includes:  ${}^{12}C_2^{-}$ ,  ${}^{12}C_2H^{-}$ ,  ${}^{12}C_2D^{-}$ ,  ${}^{12}C^{15}N^{-}$ ,  ${}^{31}P^{-}$ ,  ${}^{32}S^{-}$ , leaving the 7<sup>th</sup> detector to capture a higher mass (e.g. <sup>81</sup>Br). The series 2 acquisition includes:  ${}^{12}C_2^{-}$ ,  ${}^{12}C^{13}C^{-}$ ,  ${}^{12}C^{14}N^{-}$ ,  ${}^{12}C^{15}N^{-}$ ,  ${}^{31}P^{-}$ , and  ${}^{32}S^{-}$  with the 7<sup>th</sup> detector capturing the same species as in series 1 (e.g. <sup>81</sup>Br). For each series, the acquisition time is set independently to optimize the counting statistics for the given masses of interest. For species of high yield such as  ${}^{13}C^{12}C^{-}$  and  ${}^{12}C^{15}N^{-}$ , for example, we acquire images at a rate of 500  $\mu$ s/pixel (256 × 256 pixels), in contrast to 2000  $\mu$ s/pixel for the series containing C<sub>2</sub>D<sup>-</sup>.

# **OpenMIMS**

Images were visualized and analyzed, using a custom plugin to ImageJ, called OpenMIMS. The OpenMIMS 3.0 version incorporates a new "interleave" function, which processes image files acquired in the peak-switching, multiple-series mode. In particular, images of the same ionic species, but collected in different series can be merged into a single stack in the order in which they were acquired (Supplemental Figure 1). It is particularly useful to compress image data from different series in this fashion (obtained by peak jumping) when imaging low-yield ions (<sup>31</sup>P, <sup>81</sup>Br), thereby enhancing image quality.

# **Results and Discussion**

# Widespread use of deuterated tracers provides rational for their measurement with NanoSIMS

Stable isotope tracers are utilized in a variety of applications; however, they represent a unique tool for *in vivo* studies, including in humans, because they are innocuous. A PubMed search for "stable isotope," limited to human studies, underscores this point, demonstrating a time-dependent increase in human stable isotope tracer studies (Figure 1). Of studies on this curated list, deuterium-based tracers were the most commonly utilized (43.4 %), followed closely by <sup>13</sup>C studies (43.0 %), and <sup>15</sup>N studies (8.8 %) to a much lesser degree. The choice of stable isotope tag in tracer studies may reflect a range of both scientific and practical considerations, including the chemical structure and stability of the tracer molecule (*e.g.* hydrogen exchange, rapid catabolism), commercial availability, and tracer cost. The

historical utilization patterns suggest rationale for the development of a practical approach to measurement of deuterated tracers with the NanoSIMS instrument.

# Tracking deuterated tracers with NanoSIMS measurement of C<sub>2</sub>D/C<sub>2</sub>H

Our principle rationale to develop the  $C_2D$  method has been the need to simultaneously acquire masses crucial for histological identification, multiple isotope ratios, and heavier halogens, however, additional factors include: (1) the well-described low instrumental mass fractionation of C<sub>2</sub>H relative to the native hydrogen, such as the effect of uncorrected magnetic fields leading to a larger dispersion of secondary ions of low mass at the Entrance Slit and (2) the higher ionic yield of polyatomic species relative to the native hydrogen ions[18, 21], including <sup>12</sup>CH<sup>-</sup>, <sup>16</sup>OH<sup>-</sup>, <sup>12</sup>C<sub>2</sub>H<sup>-</sup> (electron affinities, 1.23 eV, 1.82 eV and 2.96 eV, respectively). An examination of the relative yields of  ${}^{12}CH^-$ ,  ${}^{16}OH^-$ ,  ${}^{12}C_2H^-$  in tissue sections demonstrates that of the three secondary ions, C<sub>2</sub>H<sup>-</sup> presents the advantage of a yield that is at least one order of magnitude higher than that of CH<sup>-</sup> or OH<sup>-</sup> when measured in tissue sections using similar experimental conditions (Table 1). The substantially lower ion yield of <sup>12</sup>CH<sup>-</sup> and <sup>16</sup>OH<sup>-</sup> provided rationale to develop a method of measuring D/H using C<sub>2</sub>H<sup>-</sup> poly-atomic ions. However, this required consideration of the requisite mass resolving power (MRP). The theoretical MRP (M/ M) necessary to separate C<sub>2</sub>D from its closest isobars, <sup>12</sup>C<sup>13</sup>CH and C<sub>2</sub>H<sup>2</sup>, is 8900 and 16800 respectively. Complete separation of C<sub>2</sub>D from C<sub>2</sub>H<sub>2</sub> was previously achieved with a manufacturer-defined MRP (MRP<sub>cam</sub>)[22, 23] of 24,000, using a 5 µm custom entrance slit (ES), a 40 µm aperture slit (AS), a 20 um ExSlit and an advanced mass resolution protocol[18, 21]. Such resolution is may be required for measurement of D/H isotopic ratios at high precision but comes at the cost of a lower sensitivity. Because many biological studies involving measurement of stable isotope tracers do not require high precision, we explored the possibility of measuring the  $C_2D/C_2H$  ratio while working at a more practical, but reduced MRP<sub>cam</sub> of 14,000, which is readily accomplished with a configuration available on all NanoSIMS instruments, consisting of a 10 µm entrance slit, an 80 µm aperture slit and a 40 µm Exit Slit.

Not surprisingly, an MRP<sub>cam</sub> of 14,000 is not sufficient to fully separate the C<sub>2</sub>D peak from its closest  $C_2H_2$  isobar (Figure 2). However, we observed that the evolution of  $C_2H_2$  yield over time, associated with progressive Cesium dose, differed from the C<sub>2</sub>D evolution. The High Mass Resolution (HMR) spectra obtained from analysis of an adipose tissue sample, un-enriched in deuterium and embedded in Epon resin, are shown in Figure 2 after different pre-sputtering times. A 60 µm area was sputtered with a 750 pA Cs ion beam, and HMR spectra recorded from a 40 µm scanned field with a 7.5 pA Cs probe after successive 2 min intervals up to 10 min sputtering time. Visual inspection of the HMR plots shows that the  $C_2H_2^-$  peak partially overlaps with  $C_2D^-$  at 4 min of sputtering, then increases progressively until a plateau is achieved at approximately 8 min for all isobars at mass 26. The relative contribution of  $C_2H_2^-$  to the  $C_2D^-$  signal, based on integration of part of the  $C_2H_2^-$  peak is of approximately 20% at 2 min, 40% at 4min, 110 % at 6min and 150% at 8min (Fig 2B). Although it is common practice to pre-sputter a sample for sufficient time, such that image acquisition is performed when the counts of the ions of interest are at the plateau of optimal yield, in this instance, the  $C_2D^-$  peak was more clearly discriminated from the adjacent  ${}^{13}C^{12}CH^{-}$  and  $C_{2}H_{2}^{-}$  peaks at the 2-min time-point, well before the ionic yield

reached a plateau. Therefore, these data suggest that the level of  $C_2H_2^-$  contribution to the  $C_2D^-$  signal is sputter-time dependent and that a 2 min pre-sputtering duration provided a desirable balance between sensitivity and accuracy.

The measurement and evolution of the C<sub>2</sub>D/C<sub>2</sub>H ratio during image acquisition was evaluated after completing 2 min of pre-sputtering and as a function of different relevant biological matrices. The small intestinal crypt demonstrates micro-heterogeneity due to diverse cell types and subcellular structures, including Paneth cells, which are defined by sulfur-rich granules (Figure 3A). In an analysis of different subcellular domains, including nuclei, cytoplasm, Paneth granules, and embedding resin, the  $C_2D/C_2H$  ratio (Figure 3B) remained stable for approximately the first 100 analytical planes acquired in the same field, before gradually increasing. A similar analysis was performed on an unlabeled section of adipose tissue (Figure 3D), which has a very different molecular composition due to the uniform triglyceride content of the adipocyte-defining lipid droplets. Analysis of lipid droplets could represent the most extreme analytical challenge, due to their disproportionately high carbon and hydrogen content relative to other cellular domains. Similar to the crypt analysis, however, there was a window of stability in the  $C_2D/C_2H$  ratio (Figure 3E) during the initial period of image acquisition. In contrast to the 2.5 pA Cs acquisition probe (260 s/plane) used for the intestinal crypt, the adipose image was acquired with a 7.5 pA probe at a rate of 196 s/plane. The point at which the  $C_2D/C_2H$  ratio began to increase occurred after approximately 25 planes in the adipose sample, rather than after 100 planes in the intestine sample. Despite the different acquisition conditions, the inflection point in the  $C_2D/C_2H$  ratio occurred after a similar cumulative Cs dose, inclusive of both presputtering and acquisition (intestine 100 plane =  $3.5*10^{16}$  Cs<sup>+</sup>/cm<sup>2</sup>; adipose 25 plane =  $3.8*10^{16}$  Cs<sup>+</sup>/cm<sup>2</sup>). Taken together, these results suggest consistent and reproducible stability of the measured C<sub>2</sub>D/C<sub>2</sub>H ratio within a window that is restricted to a total Cs dose of  $< 3.5*10^{16} \text{ Cs}^+/\text{cm}^2$ .

The increase in the C<sub>2</sub>D/C<sub>2</sub>H ratio observed at the end of the plateau (Figure 3B) confirms an increase in contamination of the C<sub>2</sub>D<sup>-</sup> peak by C<sub>2</sub>H<sub>2</sub><sup>-</sup> and/or <sup>12</sup>C<sup>13</sup>CH<sup>-</sup> as a function of acquisition time. Although the general trend occurred in each of the analyzed subcellular compartments/matrices, subtle matrix-specific differences were observed. The slopes of the C<sub>2</sub>D/C<sub>2</sub>H ratio as a function of acquisition time differed between matrices and the relative differences observed in the stability window were amplified at the end of the analysis (Figure 3B). The smallest time-dependent increase in the C<sub>2</sub>D/C<sub>2</sub>H ratio was observed in Epon resin; whereas, the C<sub>2</sub>H<sup>-</sup> yields from the same domain exhibited the steepest increase (Figure 3C). Because the C<sub>2</sub>H<sup>-</sup> evolution is a proxy for <sup>13</sup>C<sup>12</sup>CH<sup>-</sup>, we conclude that the dominant source of peak contamination at the C<sub>2</sub>D<sup>-</sup> mass line is from C<sub>2</sub>H<sub>2</sub><sup>-</sup> and that this contribution is likely matrix-dependent.

# Examination of C<sub>2</sub>D measurements in deuterium-labeled biological samples

Because water is a substrate for a wide variety of biosynthetic reactions, tracking its incorporation in suborganelle domains can be utilized as a tracer for biological pathways, including for example DNA synthesis and lipogenesis[24–26]. Therefore, to examine the method parameters in the context of deuterium labeled samples, we analyzed the small

intestinal crypt of mice administered D-water, which we have extensively utilized as a model due to its well-defined diversity of cell types and subcellular structures[14]. In the process of analyzing crypts from D-water labeled mice, we found that D-water labeling qualitatively delineates different cellular compartments in the crypt, which we speculate is due to cell-type specific differences in the activity of biosynthetic reactions that utilize water (Figure 4A). For example, the more proliferative crypt base columnar (CBC) progenitor cells are more highly labeled relative to surrounding Paneth cells, with the exception of the highly labeled granules found in the Paneth cell cytoplasm. In experiments where the primarily analytical endpoint depends on the measurement of <sup>13</sup>C and/or <sup>15</sup>N-tracers, adjunctive labeling and measurement of D-water labeling may provide additional histologic detail that may be particularly useful in complex tissues.

The dramatic range in label intensity across subcellular structures – more than two orders of magnitude – provided a good model to further test the method (Figure 4A). In unlabeled small intestinal crypts, the C<sub>2</sub>H<sub>2</sub> contamination of C<sub>2</sub>D was observed to be as high as 150% (granules), which restricts the measurement of the  $C_2D/C_2H$  ratio to a cumulative Cesium dose of approximately 3.5\*10<sup>16</sup> Cs<sup>+</sup>/cm<sup>2</sup> (first 100 acquisition planes, Figure 3B). Applying the same analytical approach, we followed the evolution of the  $C_2D/C_2H$  ratio in labeled tissue (Fig 4B). Similar to the trend observed in unlabeled tissue (Fig 3B), the  $C_2D/C_2H$ ratio in all domains exhibited 2 plateaus: a baseline, defined as the first 150 acquisition planes, where the contribution of  $C_2H_2$  to the  $C_2D$  peak is minimal followed by a second plateau (plane 280-400) where the contamination due to C<sub>2</sub>H<sub>2</sub> reaches a stable maximum. However, as expected, the relative difference in the ratio value within these two windows (Figure 2B, Table 2), decreases with the increase in deuterium content, consistent with a smaller relative contribution of C<sub>2</sub>H<sub>2</sub> to the C<sub>2</sub>D peak (Figure 4C). The most striking example was in the highly labeled granules (~800% above background), where the relative inter-plateau difference between the  $C_2D/C_2H$  was 1% relative to a 115% difference in unlabeled granules (Table 2). Interestingly, A similar evolution in the  $C_2D/C_2H$  ratio as a function of the C<sub>2</sub>H signal, inclusive of two plateaus, was previously documented in Denriched polystyrene when operating at high mass resolution[18].

Although the method requires control of the presputtering time, such that data acquisition is completed prior to exceeding a total cesium exposure of approximately  $3.5*10^{16}$  Cs<sup>+</sup>/cm<sup>2</sup>, sufficient data is usually obtained well before reaching the cesium dose threshold. Because the increase in C<sub>2</sub>H<sub>2</sub> contamination is also evident in unlabeled material such as embedding resin (Figure 3B,E), stability of the measurements can be verified by tracking the isotope ratio in resin as a function of plane depth. Moreover, in highly labeled samples, monitoring Cesium dose appears to be less of an issue due to the relatively smaller contribution of C<sub>2</sub>H<sub>2</sub>. For studies involving measurement of more subtle differences in isotope ratio, however, additional measures and/or alternative approaches will be required. (i) Improved accuracy and precision may be achievable by increasing the stable isotope tracer dose, such that the target range of isotopic enrichment is sufficiently high to limit the contribution of C<sub>2</sub>H<sub>2</sub> (Table 2). (ii) Analysis of unlabeled control tissue of similar composition can provide a matrix specific background reference. (iii) Introduction of a narrower slit as previously demonstrated may be required[18]. (iv) Some situations will require measurement of the native D/H ratio measured and masses greater than 25 acquired in sequence either before or

after the D/H measurement, thereby sacrificing analytical throughput. Despite these caveats, we conclude that the measurement of  $C_2D/C_2H$  at reduced MRP provides sufficient accuracy and precision as a proxy for the D/H ratio for many biological applications in which the experimental endpoint requires relative quantification of exogenously administered deuterated tracers.

# Correlation between $C_2D$ and D measurements of D-water incorporation in murine small intestine

We next conducted a correlative analysis of D-labeled crypts using the C2D method and direct D/H measurements. Because the two ratios cannot be measured simultaneously, we sequentially analyzed the same fields, first measuring C<sub>2</sub>D/C<sub>2</sub>H followed by D/H. We present data for two different crypts analyzed at different times and obtained from two different mice, in which the pulse-chase labeling protocol achieved different degrees of labeling. One representative example is shown (Figure 5A), demonstrating qualitative similarity between the  $C_2D/C_2H$  and the D/H ratio images. We then selected regions of interest (ROI) representing subcellular structures (e.g. nuclei, cytoplasm, granules) as performed in prior analyses (Figures 3,4) and compared the two measurements. We found a strong linear correlation in the measurements inclusive of domains ranging from approximately 50 to 1000% labeling above background (slope = 0.93,  $\chi^2$  = 0.98). The observed minor deviations of individual data points from the regression line likely reflect a combination of factors, including the limits of measurement precision, subtle differences in labeling as a function of depth due to the sequential nature of the analyses, and minor imperfections in alignment of the ROIs in the two images. Nonetheless, these results provide confirmation that the observed labeling in the small intestinal crypt as measured with the C<sub>2</sub>D polyatomic species was indeed reflective of deuterium incorporation.

# Comparison of the labeling distribution of D-versus <sup>15</sup>N-labeled thymidine

As additional validation of the C2D<sup>-</sup> method, we compared the measurement of Dthymidine incorporation in the small intestinal crypt relative to <sup>15</sup>N-thymidine, which we have extensively utilized for biological studies of cell division, in vivo, in model organisms and humans[14-16, 27]. Reasoning that <sup>15</sup>N- and D-thymidine should co-localize in the nuclei of dividing cells, mice were administered a cocktail containing equal concentrations of <sup>15</sup>N-thymidine and D-thymidine. Figure 6A demonstrates an example of a small intestinal crypt imaged using deflection plate peak switching. In this configuration, ions commonly used for histological identification, including <sup>12</sup>C<sup>14</sup>N<sup>-</sup>, <sup>31</sup>P<sup>-</sup>, and <sup>32</sup>S<sup>-</sup> were acquired along with the requisite images to generate  ${}^{12}C^{15}N^{-/12}C^{14}N^{-}$  and  ${}^{12}C_2D^{-/12}C_2H^{-}$ . A comparison of the two hue saturation intensity (HSI) images demonstrates a similar labeling pattern with the two tracers, localized in the nuclei of rapidly proliferating intestinal progenitor cells in a chromatin-like pattern. Tracer co-localization was confirmed by a strong linear association between the quantitative intensity of <sup>15</sup>N-thymidine labeling and D-thymidine nuclear labeling (Figure 6B). When feasible, such comparisons between the labeling intensities and intracellular distributions of two different stable isotope labels of the same parent molecule administered simultaneously provides an important control, particularly when new D-labels are first tested. Although we cannot exclude the possibility that aspects of thymidine chemistry specific to the D label, such as non-specific hydrogen exchange, modulated the

signal-to-background, the concordant labeling distributions of <sup>15</sup>N-thymidine and D-thymidine provided reassurance that any such effects were unlikely to change the experimental conclusions.

As an additional example of the  $C_2D$  method, we show intense D-glucose labeling in lipid droplets in the murine liver (Supplemental Figure 3). Glucose has a much wider range of metabolic fates relative to thymidine. The demonstration of labeling in lipid droplets, however, is indicative of utilization of glucose or its metabolites in *de novo* lipogenesis, which is involved in the development of fatty liver disease. This example therefore represents one situation where the histological mass images provide metabolic context to the labeling distribution. Together, these examples further establish the possibility of using the  $C_2D$  method to track deuterated metabolic tracers.

# Optimizing throughput of C<sub>2</sub>D analyses in human white blood cells

Many biological questions to which the NanoSIMS is uniquely suited require analyzing large numbers of cells, particularly when searching for rare labeling events or cellular subpopulations, such as newly formed cells in slow-turnover tissues. Building on prior precedent for utilization of D-water pulse-chase labeling to identify proliferating cells[24], we recently utilized such a labeling strategy to track cell division in humans after validating it against <sup>15</sup>N-thymidine labeling as a "gold standard" for cell division[27]. In contrast to thymidine, which accesses the nucleotide salvage pathway of DNA synthesis, water is a nonspecific substrate for many biosynthetic reactions, including *de novo* nucleotide synthesis. In prior work, we have experimentally demonstrated that the rapid replication of the genome during cell division results in a high level of incorporation of D-water relative to quiescent cells[27, 28]. Moreover, the signal above background is more easily discriminated after label-free chase, due to the stability of DNA labeling relative to labeling of cellular constituents that turnover continuously (e.g. protein). Here we provide a similar analysis of human white blood cells after *in vivo* D-water labeling, in which the analytical goal was to identify a minority subpopulation of highly labeled white blood cells (Figure 7). This analysis reflects iterative improvements in sample preparation and analytical parameters, including:

- i. In contrast to a prior study where human leukocytes were smeared onto silicon chips[14], we now routinely pellet, embed, and section suspension cellular preparations[29]. This approach ensures a maximal number of cells per analytical field, thereby reducing analytical dead-space. Additional time gains are achieved through elimination of an extensive pre-sputtering step to reach a depth where the imaging plane is inclusive of the cell nucleus. Moreover, image quality is improved by analysis of the relatively flat samples.
- ii. For each application, the duration of data acquisition per field can be optimized, weighing trade-offs between the desired level of analytical precision and throughput demands. In the proof-of-concept example shown in Figure 7, automated chain analysis mode was applied to acquire 74 individual  $40 \times 40 \mu m$  fields that were tiled together in a mosaic (n = 1107 analyzed cells, 7 minutes per field for the series containing C<sub>2</sub>D and 2 min for the series containing  ${}^{12}C{}^{15}N$

recorded as 5 planes per field). Under these conditions, mass images utilized for histological assessment were of sufficiently high quality to identify leukocyte nuclei and stereotypical features of individual leukocyte subclasses used to generate and categorize ROIs. C<sub>2</sub>D/C<sub>2</sub>H counts were not sufficiently high to visualize differential labeling, however extraction of the quantitative ratio data revealed a subpopulation of highly labeled leukocytes. A subset of highly labeled cells was confirmed by imaging for longer duration and at higher resolution (Figure 7, inset). In the example shown in Figure 7, the gain in throughput includes: (i) time saved by running a single rather than two consecutive acquisitions, (ii) time saved by eliminating a retuning step between acquisition of histological images (e.g. CN, <sup>31</sup>P, <sup>32</sup>S) and measurement of D/H, and (iii) time saved due to the higher ion yield of C<sub>2</sub>H relative to H, which is as much as 6-fold higher in the nuclei[20]. Therefore, this example underscores the concept that gains in throughput are achievable through calibration of analytical accuracy to the experimental objectives, recognizing the possibility of returning to regions of interest to obtain higher resolution images or increase image acquisition time to verify labeling.

# Conclusions

The NanoSIMS instrument can precisely measure (ppm) the surface composition of samples at high lateral resolution (< 50 nm), capabilities that have been particularly powerful for applications in the material sciences and cosmochemistry. Operating the instrument to achieve these analytical specifications, however, is impractical for many biological applications where testing a hypothesis of interest may require capturing histological information and multiplexed quantification of different tracers for large swaths of tissue and/or large numbers of cells. Fortuitously, for many biological applications involving stable isotope or halogenated tracers, such a high degree of measurement fidelity is not necessary to achieve the experimental objectives, for example, when the degree of labeling is high and the variable of interest is dichotomous (labeled versus unlabeled) or when relativistic quantification between different organelles or cells is sufficient. The analytical approach presented here reflects such a tradeoff. In using the ratio of  $C_2D/C_2H$  as a surrogate for D/H, and coupled with deflection plate peak switching to increase the number of measured ionic species, we perform multiplexed measurements of stable isotope tracers, including deuterated tracers, while also capturing mass images that are critical for histological characterization (e.g. <sup>12</sup>C<sup>14</sup>N<sup>-</sup>, <sup>31</sup>P<sup>-</sup>, or <sup>32</sup>S<sup>-</sup>), within a reasonable amount of time. This study underscores the concept that techniques developed to meet the analytical requirements of the non-biological sciences may not be easily adapted to meet the analytical requirements of complex biological specimens. More widespread utilization of NanoSIMS imaging in biology will require continued innovation in areas including sample preparation, seamless integration with complementary imaging modalities, and efficient measurement of the full armamentarium of stable isotope tracers as described in this study.

# **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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# Highlights

• Measurement of deuterated tracers in biological tissues with NanoSIMS

- C<sub>2</sub>D polyatomic species is used as a proxy for native deuterium
- Control of sputtering parameters enables measurement of  $C_2D/C_2H$  isotope ratios that are comparable to native D/H measurements
- Utilization of C<sub>2</sub>D as a proxy for native deuterium enables multiplexed measurement of heavier masses crucial for histological imaging



### Figure 1. Deuterated metabolic tracers in biomedical research

Histogram derived from curated list of human studies with "stable isotope" as a search term. The Venn diagram shown in the inset illustrates the relative utilization of different stable isotope labels. The percentages add up to more than 100% due to the fact that some studies utilize more than one stable isotope tracer. Data derived from n = 1178 papers: H = 511 (43.4%), C = 507 (43%), N = 104 (8.8%). \*\*2 studies (C+O and N+O) excluded from Venn diagram for rendering purposes. Less commonly used elements (Fe, Ca, Zn, Se, Cu, Mg, Mo, Cr, Cd, S, Ni; total 256 studies) not shown in Venn diagram for clarity.





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(F) C<sub>2</sub>H ion yield as a function of imaging plane for each ROI category as shown in (D).



### Figure 4. Analytical parameters for measurement of deuterium-labeled samples

(A) Small intestinal crypt obtained from mouse administered D-water. Cell type specific differences in label incorporation, observable in the ratio image (far right) enhance cells and subcellular structures seen in the single mass images: Black arrows show high labeling in granules which define the Paneth cells at the base of the crypt. The white arrow identifies a representative crypt base columnar (CBC) cell, located between Paneth cells at the base of the crypt, and appear more highly labeled relative to the adjacent Paneth cell cytoplasm. ROIs representing granules (black arrows), resin (R), and regions of high (C<sup>high</sup>) or low (C<sup>low</sup>) cytoplasmic labeling were selected for additional analyses shown in B and C. (B) C<sub>2</sub>D/C<sub>2</sub>H ratio normalized to the baseline measurement for each ROI category graphed as a function of imaging plane. Measurements conducted with a 10 µm Entrance Slit and an 80 µm Aperture Slit, and a 40 µm Exit Slit. Data representing the initial window of ratio stability (first 100 planes) and the second higher plateau (planes > 280) are summarized in Table 2.

(C) HMR plot of the isobars at mass 26 not including  $CN^-$  after completion of extended analysis shown in B. HMR obtained from 10  $\mu$ m fields containing either resin or granules. An HMR plot of all isobars at mass 26 is shown in supplement figure 2.



Figure 5. Correlation between C<sub>2</sub>D versus D measurements in deuterium-labeled tissue (A) Small intestinal crypt obtained from mouse administered D-water label. The C<sub>2</sub>D/C<sub>2</sub>H ratio image (right) was acquired first. The instrument was then re-tuned and the D/H image (left) was acquired.

(B) ROI were selected to represent subcellular structures as in Figures 3,4. The plot represents the correlation between the C<sub>2</sub>D/C<sub>2</sub>H and D/H ratios for the same ROIs, expressed as % above background (resin). Two different fields from two different samples were plotted together demonstrating correlation between the two measurements (slope = 0.93,  $\chi^2 = 0.98$ ). The distribution from Crypt 2 is lower because the period of pulse labeling was followed by 3 day label free chase, resulting in downward shift in the labeling distribution.



Figure 6. Comparison of D-thymidine measurement to <sup>15</sup>N-thymidine "gold standard" (A) Small intestine crypt images derived from the sum of 75 planes. 60  $\mu$ m × 60  $\mu$ m field size (256 pixels × 256 pixels) obtained with a 3.5 pA cesium beam current. The acquisition dwell time was 3ms/pixel for the series 1 with recording of C<sub>2</sub>H<sup>-</sup>, C<sub>2</sub>D<sup>-</sup> respectively and 0.5ms/pixel for series 2 which included recording of <sup>12</sup>C<sup>14</sup>N<sup>-</sup> and <sup>12</sup>C<sup>15</sup>N<sup>-</sup>. The hue saturation intensity (HSI) scale ranges from blue, set to natural background ratio (expressed as 0% above natural ratio), to red, where the ratio is 150% and 200% above background respectively for <sup>15</sup>N and D images.

(B) Linear regression analysis (n = 23 <sup>15</sup>N-labeled nuclei from A) demonstrates strong correlation between C<sub>2</sub>D-labeling and <sup>15</sup>N-labeling.





The data shown in the bar graph are from a mosaic made of 74 tiles, individual field sizes =  $40 \ \mu\text{m} \times 40 \ \mu\text{m}$ , 7 minutes per tile. 1107 cells analyzed. Inset: 17  $\mu\text{m} \times 17 \ \mu\text{m}$  field image from a representative highly labeled leukocyte, 150 planes, 65 s/plane. Scale bar = 5  $\mu$ m.

### Table 1

# Comparison of the signals from different poly-atomic ions from a small intestine crypt

The yields for CH<sup>-</sup>, OH<sup>-</sup> and C<sub>2</sub>H<sup>-</sup> were measured for various Entrance Slit (ES) and Aperture Slit (AS) combinations. The ExSlit width was 40  $\mu$ m. The Mass Resolving Power exceeded 10000 (MRP definition from Cameca) for each of the ES and AS combinations shown. When available, slit configurations were similar to the published literature

Poly-atomic ion	ES (µm)	AS (µm)	Counts/s
<sup>12</sup> CH <sup>-</sup>	10	80	$4.5  imes 10^3$
$^{12}CH^{-}$	20	150	$6.5\times10^3$
$^{12}C_2H^-$	10	80	$6.5 imes10^4$
${}^{12}C_2H^-$	10	150	$1.3  imes 10^5$
<sup>16</sup> OH <sup>-</sup>	10*	150*	$3.4\times10^3$

slit configuration used in a study of inorganic samples[23].

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# Table 2

# The effect of D-labeling on the evolution of the C<sub>2</sub>D/C<sub>2</sub>H ratio

After D-water labeling, different domains within the crypt demonstrate different degrees of D-labeling, providing an opportunity to assess the evolution of the C<sub>2</sub>D/C<sub>2</sub>H ratio as a function of sputtering depth. An analysis of unlabeled crypt (Figures 2,3) is provided as a reference (right columns). The mean ratio is provided for the first plateau ( $< 3.5*10^{16}$  Cs) and the second plateau.

			D-labeled			D-unlabeled	
		C <sub>2</sub> D/C <sub>2</sub> H	[±s.d.m.		C <sub>2</sub> D/C <sub>2</sub> H	[±s.d.m.	
		plateau 1	plateau 2	% change	plateau 1	plateau 2	% change
Resin		$1.76 \pm 0.16$	$2.46 \pm 0.13$	40	$1.74 \pm 0.28$	$2.55\pm0.21$	46
	Low	$4.35 \pm 0.48$	$5.28 \pm 0.26$	20	$2.02\pm0.22$	$3.98 \pm 0.21$	96
Cytopiasm	High	$6.53 \pm 0.56$	7.52±0.28	15			
Granule		$19.6 \pm 2.9$	$19.4{\pm}1.43$	1	$2.24{\pm}0.28$	$4.83 \pm 0.24$	115