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MicroRNA 122, Regulated by GRLH2, Protects Livers of Mice and Patients from Ethanol-induced Liver Disease

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Abstract

Background & Aims—Chronic, excessive alcohol consumption leads to alcoholic liver disease (ALD) characterized by steatosis, inflammation, and eventually cirrhosis. The hepatocyte specific microRNA 122 (MIR122) regulates hepatocyte differentiation and metabolism. We investigated whether an alcohol-induced decrease in level of MIR122 contributes to development of ALD.

Methods—We obtained liver samples from 12 patients with ALD and cirrhosis and 9 healthy individuals (controls) and analyzed them by histology and immunohistochemistry. C57Bl/6 mice were placed on a Lieber-DeCarli liquid diet, in which they were fed ethanol for 8 weeks, as a model of ALD, or a control diet. These mice were also given injections of CCl4, to increase liver fibrosis, for 8 weeks. On day 28, mice with ethanol-induced liver disease and advanced fibrosis, and controls, were given injections of recombinant adeno-associated virus 8 vector that expressed the primary miR-122 transcript (pri-MIR122, to overexpress MIR122 in hepatocytes) or vector (control). Two weeks before ethanol feeding, some mice were given injections of a vector that expressed an anti-MIR122, to knock down its expression. Serum and liver tissues were collected; hepatocytes and liver mononuclear cells were analyzed by histology, immunoblots, and confocal microscopy. We performed in silico analyses to identify targets of MIR122 and chromatin immunoprecipitation quantitative PCR analyses in Huh-7 cells.

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Results—Levels of MIR122 were decreased in liver samples from patients with ALD and mice on the Lieber-DeCarli diet, compared with controls. Transgenic expression of MIR122 in hepatocytes of mice with ethanol-induced liver disease and advanced fibrosis significantly reduced serum levels of alanine aminotransferase (ALT) and liver steatosis and fibrosis, compared to mice given injections of the control vector. Ethanol feeding reduced expression of pri-MIR122 by increasing expression of the spliced form of the transcription factor grainyhead like transcription factor 2 (GRHL2) in livers tissues from mice. Levels of GRHL2 were also increased in liver tissues from patients with ALD, compared with controls; increases correlated with decreases in levels of MIR122 in human liver. Mice given injections of the anti-MIR122 before ethanol feeding had increased steatosis, inflammation, and serum levels of ALT compared to mice given a control vector. Levels of hypoxia inducible factor 1 alpha (HIF1A) mRNA, a target of MIR122, were increased in liver tissues from patients and mice with ALD, compared with controls. Mice with hepatocyte-specific disruption of *Hif1a* developed less-severe liver injury following administration of ethanol, injection of anti-MIR122, or both.

Conclusions—Levels of MIR122 decrease in livers from patients with ALD and mice with ethanol-induced liver disease, compared with controls. Transcription of MIR122 is inhibited by GRHL2, which is increased in livers of mice and patients with ALD. Expression of an anti-MIR122 worsened the severity of liver damage following ethanol feeding in mice. MIR122 appears to protect the liver from ethanol-induced damage by reducing levels of HIF1A. These processes might be manipulated to reduce the severity of ALD in patients.

Keywords

miR-122; AAV; mouse model; ethanol; gene expression

Introduction

Chronic alcohol consumption accounts for nearly 50% of liver-related deaths in the United States, however, no effective therapies exist for patients. While early steatosis in alcoholic liver disease (ALD) is reversible, chronic, excessive alcohol consumption leads to steatohepatitis and fibrosis. Acute alcoholic hepatitis has a 30–50% 30-day mortality and the standard of care with steroids has limited benefits and significant side effects. Alcoholic cirrhosis (Liennec cirrhosis) is the single greatest cause of hepatocellular cancer $(HCC)^{1,2}$. Thus, identification of novel therapeutic targets is a major clinical need in ALD^2 .

ALD is characterized by liver steatosis, inflammation, and progressive fibrosis $2-4$. Alcoholtriggered hepatocyte steatosis and cell death in combination with bacterial lipopolysaccharide (LPS) due to alcohol-induced "leaky gut" results in the activation and infiltration of immune cells. The subsequent release of inflammatory cytokines causes further hepatocyte cell death and results in perpetuation of liver injury⁵.

Hepatic microRNAs (miRNAs) have crucial roles in maintaining liver homeostasis, mitochondrial function, and regulating oncogenesis^{6,7}. MIR122 constitutes 70% of all miRNAs in mature hepatocytes, or approximately 130,000 copies per cell, with negligible expression in other cells and tissues⁸. Mice with germline and liver-specific deletion of MIR122 display steatosis at birth, spontaneous progression to fibrosis, and $HCC⁹$. In

humans, liver MIR122 expression inversely correlates with HCC survival and metastasis, while MIR122 inhibition reduces hepatitis C virus (HCV) viremia, serum triglycerides, and cholesterol^{10–12}. These observations suggest that MIR122 has diverse and pleiotropic effects on hepatocytes and liver diseases and prompted us to explore the role of MIR122 in ALD.

Encoded on chromosome 18, MIR122 is transcribed as $a \sim 4.7$ kb noncoding pri-miRNA transcript by RNA polymerase II which is then rapidly processed into a 66-nucleotide (nt) pre-MIR122 by Drosha. Subsequently, the pre-miRNA is shuttled into the cytoplasm where it is processed into its mature 23-nt form. While factors that maintain the high level of expression of MIR122 in the healthy liver have been well studied, little is known about the regulation of MIR122 expression in disease states.

In this study, we explored the hypothesis that alcohol modulates MIR122 expression in the liver and contributes to pathogenic features of ALD. We demonstrate a significant reduction of MIR122 expression in hepatocytes and show restoration of MIR122 levels had therapeutic benefits in ALD. Further, we discovered that the decrease in MIR122 was due to inhibition of MIR122 transcription by chronic alcohol-induced increases in the grainyhead-like 2 transcriptional regulator. We found that alcohol-induced MIR122 reduction is hepatocytespecific and it mediates steatosis and inflammation through its primary target, hypoxiainducible factor-1 alpha (HIF1a).

Materials and Methods

Human Liver Samples

Human liver samples were provided by the NIH-funded Liver Tissue Procurement and Cell Distribution System (N01-DK-7-0004/HHSN26700700004C) Cell Distribution System (N01-DK-7-0004/HHSN26700700004C). Demographics can be found in Supplementary Table 1. Healthy liver samples were provided as age-matched controls.

Animal use

All animals received care in compliance with protocols approved by the Institutional Animal Use and Care Committee of the University of Massachusetts Medical School. As previously described¹³ mice were acclimated to a Lieber-DeCarli liquid diet of 5% ethanol (vol/vol) over a period of 1 week, then maintained on the 5% diet for 4 weeks. Wild-type (WT) mice (C57/BL6), Alb-Cre, and HIF1^{flox/flox} mice were purchased from Jackson Laboratories (Bar Harbor, ME)¹⁴. Mice were treated by tail vein injection with AAV vectors at 6×10^{11} genome copies/mouse or approximately 3×10^{13} genome copies/kg¹⁵.

Murine model of advanced alcoholic fibrosis

Model of advanced fibrosis was adapted from previously published work¹⁶. Mice were gradually started on a Lieber-DeCarli liquid diet with 2% ethanol (vol/vol) for a period of 2 week, which was increased to 4% and then 5% each two weeks. During this time 0.5ul/kg carbon tetrachloride (CCl4) or corn oil was given every 3rd day for 8 weeks. On day 28, CCl4 injections were held for 1 week and 6×10^{11} viral particles of AAV8 containing either pri-MIR122 or Scrambled vector were administered intravenously. CCl4 injections resumed

on day 35 and continued every 3 days until day 56. Mice were sacrificed 48 hours following the last dose of CCl4.

Statistical Analysis

Statistical significance was determined using two-tailed t-test; two-way ANOVA with Dunnett's multiple comparison post-test were used to compare the means of multiple groups. Outliers were determined using the ROUT method and a q of 1%. Data are shown as mean \pm SEM and were considered statistically significant at *P < 0.05, **P < 0.005, and ***P<0.0005. GraphPad Prism 7.02 (GraphPad Software Inc.) was used for analysis.

Additional Methods found in Supplementary Materials

Results

Chronic alcohol decreases hepatic MIR122 expression in humans and mice

Because the role of MIR122 in ALD is unknown, first, we hypothesized that alcohol may regulate MIR122 levels in hepatocytes. Investigation of human diseased livers revealed that MIR122 expression was significantly reduced (by 2-fold) in patients with alcoholic cirrhosis when compared to healthy controls (Fig. 1A, Supplementary Table 1), raising the question of whether chronic alcohol could promote liver injury by inhibiting MIR122. To further dissect the role of MIR122, we used the Lieber-DeCarli chronic alcohol diet in mice that results in early features of ALD including liver injury, steatosis and inflammation¹⁷. We found that MIR122 expression was significantly reduced in the livers of alcohol-fed mice compared to pair-fed controls (Fig. 1B) and the extent of MIR122 reduction was equivalent to that seen in the livers of patients with alcoholic cirrhosis.

To determine the cell specificity of the MIR122 reduction, we isolated primary hepatocytes and liver mononuclear cells (LMNCs) from mice. MIR122 was selectively decreased in hepatocytes and not in LMNCs from alcohol-fed mice (Fig. 1B) compared to pair-fed controls. This supported our hypothesis that alcohol-induced changes in MIR122 in the total liver are hepatocyte-specific.

Restoration of MIR122 in hepatocytes rescues mice from alcohol-induced liver injury in vivo

Given the essential role of MIR122 in hepatocyte homeostasis, we hypothesized that if the reduction of MIR122 by alcohol is a causal factor in ALD, then restoration of mature MIR122 in the livers of alcohol-fed mice will reverse disease severity. To assess the potential of MIR122 restoration to reverse alcohol-injury, we developed a recombinant adeno-associated virus 8 (rAAV8) vector expressing pri-MIR122 (MIR122-OX) and a scrambled control vector (scr). rAAV8 vectors have been shown to have tropism for hepatocytes and can safely maintain sustained transgene expression for years in the liver^{18,19}. In a preliminary experiment, we established that wild-type, alcohol-fed mice developed significant liver injury by week 2 of the 5-week alcohol feeding (Supplementary Fig. 1A). We also determined that our rAAV8 MIR122-OX construct requires 3 weeks for full expression in the liver (Supplementary Fig. 1B). Therefore, we treated pair-fed and

alcohol-fed mice with 6×10^{11} viral particles containing Scr or MIR122-OX construct via tail-vein injection on week 2 of a 5-week alcohol feeding (Supplementary Fig. 1C).

Treatment with the rAAV8-MIR122-OX effectively increased mature MIR122 levels in the livers of pair-fed and alcohol-treated mice (Fig. 1C). Overexpression of MIR122 in hepatocytes attenuated alcohol-induced increases in serum ALT (Fig. 1D), and steatosis indicated by histology and liver triglyceride levels (Fig. 1E). Furthermore, MIR122-OX treatment reduced key inflammatory cytokines, MCP-1 and IL-1β, (Fig. 1D) in alcohol-fed mice.

Therapeutic restoration of MIR122 reduces liver injury and fibrosis in an alcohol+CCl4 model of advanced fibrosis

The Lieber DeCarli alcohol mouse model results in a modest increase in early markers of fibrosis and represents early alcoholic liver disease. Therefore, to examine the therapeutic potential of MIR122 models more akin to clinical liver disease we sought a more aggressive model of ALD, by combining alcohol and carbon tetrachloride (CCl4) to induce fibrosis^{20,21,22}. Briefly, mice were fed with increasing alcohol concentrations of LDC diet over 8 weeks and either CCl4 or Corn Oil *i.p.* every 72 hours. On day 28, mice were treated with either pri-MIR122 or scrambled vector (Supplementary Fig. 1E). AAV8 vectors have previously been shown to be equally effective in transducing both healthy and cirrhotic livers²³. Indeed, we noted equivalent activity of co-expressed Gaussia Luciferase (GLuc) in the serum CCl4 treated mice 2 weeks following injection in both Oil and CCl4-treated mice (Supplementary Fig. 1F).

Following 8 weeks of alcohol and CCl4, scrambled vector-treated mice demonstrated a robust increase in liver injury as measured by serum ALT (Fig. 1F–0 hours) and fibrosis (Fig. 1G–H) with respect to PF+Oil treated controls. Importantly, MIR122-OX-treated mice exhibited reduced ALT at 24 hours and 48 hours following final CCl4 dose compared to scrtreated controls (Fig. 1F). Furthermore, MIR122-OX-treated mice revealed significantly reduced fibrosis as measured by Sirius red staining (Fig. 1G), and by significantly lower expression of Acta2 and Col1a1 (Fig. 1H), encoding α-SMA and Type-I collagen, in Et +CCl4 mice when compared to scrambled controls.

We noted that GLuc activity, indicating transgene expression, decreased following repeated administration of CCl4 in both scr and MIR122-treated mice (Supplementary Fig. 1F). This loss of GLuc expression was also associated with a reduction of MIR122 in both MIR122-OX and Scr-treated fibrotic animals while PF-oil treated MIR122-OX mice maintained a robust level of MIR122 overexpression (Supplementary Fig. 1G). Together, this indicates that MIR122 over-expression was effective in reducing fibrosis and liver injury, while the reduction of the transgene occurred due to the repeated CCl4 injections²³.

Alcohol inhibits MIR122 transcription via alternate splicing of grainyhead-like 2 transcription factor

The question remained as to the mechanism by which MIR122 expression is reduced by alcohol. Surprisingly, both PF and alcohol-fed WT mice treated with rAAV8-MIR122-OX achieved similar expression levels of mature MIR122 (Fig. 1C). Given that our U6-promoter

MIR122-OX construct required processing by canonical miRNA maturation mechanisms, we hypothesized that chronic ethanol did not inhibit the maturation or stabilization of MIR122 but rather its transcription.

miRNAs are encoded by their own genes and regulated transcriptionally²⁴. Using TaqMan probes specific for the endogenous MIR122 primary transcript (pri-MIR122), we found that alcohol reduces pri-MIR122 expression in livers of human alcoholic cirrhosis patients approximately 2-fold (Fig. 2A). Livers of alcohol-fed mice and, more specifically, isolated hepatocytes also showed significant reductions in pri-MIR122 expression (Fig. 2B) similar to the reduction of mature MIR122 (Fig. 1A, B) suggesting transcriptional regulation. Of note, we found reduced pri-MIR122 expression in hepatocytes of alcohol-fed mice treated with MIR122-OX (Supplementary Fig. 1D) indicating that the effect of chronic alcohol on MIR122 transcription is independent of liver injury, or mature MIR122 levels.

These observations turned our attention to grainyhead like-2 (GRHL2), a homolog of the Drosophila grainyhead transcriptional regulator, which was recently suggested as a potential repressor of MIR122 expression in progenitor cells during hepatic differentiation 25 . However, the role of grainyhead proteins in hepatic pathophysiology has yet to be described.

Using *in silico* analysis, we identified a conserved grainyhead dimer binding site approximately 300 bp upstream of the MIR122 transcription start site (TSS), (Supplementary Fig. 2A). First, we performed chromatin immunoprecipitation-qPCR in Huh-7 cells which confirmed the putative GRHL binding site in the MIR122 promoter (Fig. 2C). Total liver extracts from alcohol-fed mice showed a modest, but not statistically significant increase in GRHL2 mRNA expression (Fig. 2D). However, we found robust increases in GRHL2 expression in the livers of alcoholic cirrhosis patients (Fig. 2E) when compared to healthy controls. Furthermore, this 18-fold increase in GRHL2 demonstrated a significant inverse correlation with MIR122 expression (Fig. 2F) in human alcoholic cirrhotic livers.

In normal, healthy human livers and mouse livers immunohistochemistry evaluation revealed that GRHL2 was primarily localized to the biliary epithelium, a finding consistent with previous reports (Fig. $3A-C$) 26,27 . In alcohol-fed mice and in livers of alcoholic patients, we detected increased GRHL2 staining that appeared to localize both to the cytoplasm and nucleus of hepatocytes (Fig. 3A–C). While western blot analysis from total livers revealed only a moderate increase in the expression of the 70 kDa GRHL2 (GRHL2-FL) (Fig. 3D, E), the levels of the 49 kDa GRHL2 splice variant (GRHL2-S), previously described as a "dominant negative" variant, were significantly increased in both human and murine livers (Fig. 3D, E) 28 . To dissect the functional relevance of this finding, we co-transfected a luciferase reporter containing the human MIR122 promoter with either the GRHL2-FL or the GRHL2-S isoforms into Huh-7 cells. Our results showed that both the full-length (FL) and spliced variant forms of GRHL2 potently inhibited MIR122 expression (Fig. 3F). Taken together, our data suggest that alcohol regulates MIR122 expression by selectively increasing the spliced form of GRHL2 in hepatocytes.

MIR122 inhibition in hepatocytes recapitulates and augments the hepatocellular damage and steatosis induced by chronic alcohol

Given the alcohol-related reduction of MIR122 in murine hepatocytes and the ameliorating effect of MIR122 restoration on the pathogenic features of ALD, we hypothesized that direct inhibition of MIR122 in vivo will mimic features of alcoholic-induced liver pathology. To inhibit MIR122 in vivo, we developed a rAAV8 vector system expressing an anti-MIR122 Tough Decoy (TuD). We have previously reported that AAV-delivered anti-MIR122 TuDs are able to maintain sustained inhibition of MIR122 in murine livers¹⁵. Wild type (WT) mice were treated with rAAV8-scrambled (Scr) or rAAV8-anti-MIR122-TuD (MIR122 TuD) 2 weeks prior to initiation of the chronic alcohol feeding to permit full vector expression (Supplementary Fig. 3A).

In WT mice, rAAV8 MIR122 TuD achieved a robust and sustained knockdown of MIR122 in both pair-fed and alcohol-fed mice (Fig. 4A). Interestingly, in addition to the rAAV8 MIR122 TuD-induced reduction, liver MIR122 levels were further decreased by ethanol feeding compared to pair-fed, TuD-treated mice (Fig. 4A) suggesting that alcohol may have a direct effect on MIR122. TuD-mediated inhibition of MIR122 alone resulted in a significant increase in serum ALT (Fig. 4B) and hepatic steatosis (Fig. 4C) that was equivalent to that induced by the chronic alcohol diet. Remarkably, alcohol feeding in the MIR122-TuD treated mice resulted in even higher serum ALT (Fig. 4B) without a combinatorial increase in hepatic lipid accumulation (Fig. 4C). Together, these data suggest that MIR122 inhibition drives triglyceride accumulation predisposing hepatocytes to injury upon exposure to alcohol.

MIR122 inversely correlates with HIF1α **in ALD**

To assess potential mechanisms by which decreased levels of MIR122 could mediate liver injury and steatosis, we searched for MIR122 targets that may contribute to the development of ALD. Our lab has previously identified that HIF1 α as a target of MIR122 in vitro²⁹. While the role of HIF1α activation in ALD has been studied, a direct relationship between MIR122 and HIF1 α in vivo has yet to be explored¹⁴. Our present analysis of the livers of alcoholic cirrhosis patients and hepatocytes of alcohol-fed mice revealed an increase of HIF1α mRNA that showed a significant inverse correlation with MIR122 expression (Fig. 5A, B respectively). This correlation suggested that HIF1a regulation by MIR122 in hepatocytes may be a key element in the pathogenesis of ALD.

MIR122 regulates HIF1α **in vivo**

Alcohol and knockdown of MIR122 in the livers of WT mice increased HIF1α mRNA individually and additively (Fig. 5C). To confirm that the increase in HIF1α mRNA represents increased DNA binding capacity, we performed both EMSAs and antibodymediated transcription factor binding assays using a HIF1α consensus binding oligonucleotides on hepatocyte nuclear extracts. Our results showed that TuD-mediated inhibition of MIR122 resulted in increased HIF1α DNA binding at baseline, equivalent to alcohol-feeding alone (Fig. 5C). Furthermore, the combination of alcohol and MIR122-TuDinhibition yielded an additive increase in HIF1α mRNA and DNA-binding activity suggesting that alcohol regulates HIF1α via MIR122 (Fig. 5C). Indeed, we found that the

increase in HIF1α activity correlated with an increase in PPARγ mRNA expression (Fig. 5C–D), a direct target of HIF1 α activation and a key factor in driving steatosis^{30–33}.

In vivo restoration of MIR122 in hepatocytes prevented the alcohol-induced increase in HIF1α mRNA, DNA binding activity, and PPARγ mRNA expression, a HIF1α target gene involved in lipogenesis (Fig. $5E-F$)³⁴. Overall, these data demonstrate that restoration of MIR122 in hepatocytes may suppress the pathogenic features of ALD via inhibition of HIF1α in vivo and indicates that hepatocyte-specific MIR122 delivery could be a therapeutic consideration in ALD.

Hepatocyte-specific knockout of HIF1α **protects from liver injury, steatosis, inflammation, and fibrosis induced by alcohol or MIR122 reduction**

Based on the discovery that MIR122 is decreased by alcohol and that MIR122 inhibits HIF1α in hepatocytes, we postulated that if MIR122 regulates HIF1α *in vivo*, then mice with a hepatocyte-specific knockout of HIF1 α (HIF1 $\alpha^{hep-/-}$) will be protected from the MIR122-TuD and/or alcohol-induced liver injury (Supplementary Fig. 3A, B).

In support of this hypothesis, we found that in contrast to WT mice, HIF1 α^{hep –/− mice were protected from liver injury (Fig. 6A) and steatosis (Fig. 6B, C) whether induced by alcohol or MIR122 inhibition alone, or in combination. Furthermore, HIF1 α^{hep-f} also displayed no increase in PPARγ (Fig. 6D) associated with the knockdown of MIR122 and alcohol in WT mice. These data suggested first, that the loss of MIR122 in hepatocytes directly triggers an increase of HIF1α, resulting in steatosis and hepatocyte injury in the liver. Second, alcohol and exogenous MIR122 inhibition additively decrease MIR122, inducing HIF1α, and subsequently, PPARγ.

Analysis of H&E sections and qPCR evaluation of immune cell markers revealed increased immune cell infiltration, CD68 (Fig. 6B, E) in anti-MIR122 TuD-treated, or alcohol-fed mice with an increase in mice treated with both TuD and alcohol. We also found increased levels of IL-1β and MCP-1 protein (Fig. 6E), in the livers of alcohol and MIR122 TuDtreated WT mice. In contrast, HIF1 $\alpha^{\text{hep}-/-}$ mice treated with either MIR122 inhibition or chronic alcohol showed a reduction in inflammatory cell infiltration and activation compared to WT mice (Fig. 6E), suggesting that, in addition to steatosis, liver inflammation induced by MIR122 decrease is also attenuated by hepatocyte-specific HIF1α deficiency.

The development of fibrosis indicates progression of ALD as a result of sustained hepatocyte injury, inflammation, and stellate cell activation. As the 5-week LDC alcohol feeding model represents early features of ALD, prominent fibrosis was not seen by Sirius Red staining (Fig. 7A, B) however, there were significant increases in pro-collagen-1α and Acta2 mRNA levels (Fig. 7C) in alcohol-fed WT mice. The combination MIR122 TuD and alcohol feeding significantly increased liver expression of fibrosis markers compared to alcohol alone or pair-fed WT controls (Fig. 7A–C). Importantly, the increase in fibrosis in the MIR122 TuD+Et group was abrogated in the HIF1 $\alpha^{hep-/-}$ mice (Fig. 7A–C). Together, these data strongly suggest that the increased pro-inflammatory and pro-fibrotic state are secondary to HIF1α-mediated hepatocyte injury due to the reduction of MIR122.

As noted in the MIR122-OX study, the inhibition of MIR122 expression due to alcohol was independent of mature MIR122 levels. We also find reduced pri-MIR122 expression in the hepatocytes of alcohol-fed mice treated with either MIR122-TuD, as well as in HIF1 α ^{hep-/-} (Supplementary Fig. 3C) further corroborating our hypothesis that the inhibition of MIR122 due to alcohol is independent of liver injury.

Discussion

The pathomechanism of ALD involves several key factors including hepatic fat deposition and activation of inflammatory pathways which can all be regulated by microRNAs^{5,7,35,36}. In this report, we show that chronic alcohol reduces MIR122 levels in human livers and murine hepatocytes and that this MIR122 reduction contributes to liver injury, steatosis, and inflammation in ALD. Our experiments in chronic alcohol reveal a novel mechanism of alcohol-induced inhibition of MIR122 via upregulation of GRHL2. We also discovered that in vivo inhibition of MIR122 with a rAAV8–delivered anti-MIR122 TuD induces steatosis and inflammation similar to alcohol in the liver and in combination with alcohol augments the features of ALD. We show for the first time that features of ALD induced by direct MIR122 inhibition can be prevented in hepatocyte-specific HIF1α deficient mice thereby mechanistically linking MIR122 reduction to increased HIF1a activation in ALD¹⁴. We show that therapeutic AAV8-mediated restoration of MIR122 reverses hepatic injury via inhibiting HIF1a after alcohol administration and thereby decreasing liver injury, steatosis, inflammation, and fibrosis (Supplementary Fig. 4). We further showed that MIR122 restoration was also effective in reducing liver fibrosis in an aggressive model of liver fibrosis induced by a combination of chronic alcohol and CCL4.

While this is the first report to mechanistically describe the alcohol-induced reduction in MIR122 in human livers and mice, other studies found decreased liver MIR122 levels in patients and in murine models of nonalcoholic steatohepatitis (NASH), bile duct ligation, and hepatocellular cancer $(HCC)^{1,29,37,38}$. In those studies, the loss of MIR122 was associated with increased steatosis, disease severity, as well as sensitivity to HCC development, metastasis, and mortality^{1,29,37,38}. MIR122 has been found to regulate many pathways including those governing hepatic metabolism, cellular differentiation, and proliferation – all of which may contribute to ALD pathogenesis^{6,39,40}. Our data indicates that the increase of HIF1α in hepatocytes, a direct MIR122 target, is a key mediator of ALD pathogenesis. Furthermore, we show that over-expression of MIR122 in murine hepatocytes can inhibit this pathway and reverse alcohol-induced steatosis and liver injury.

Our results show that the inhibition of MIR122 by alcohol or an rAAV-mediated MIR122 inhibitor results in a baseline increase in HIF1α, steatosis, and hepatocyte injury. This observation is similar to the phenotype previously described in mice with in vivo overexpression of HIF1 α in hepatocytes (HIF1dPA)^{14,41}. Here we found that reduction of MIR122 in hepatocytes with chronic alcohol (MIR122-TuD+Et), resulted in a dramatic increase in hepatic injury, greater than alcohol or MIR122 reduction alone (Fig. 4B) without an increase in steatosis (Fig. 4C). This phenomenon may be due to the further reduction in MIR122 seen in TuD+Et mice when compared to TuD+PF mice. Previous studies showed that mice that had higher HIF1α expression in hepatocytes developed steatosis and liver

injury even in the absence of alcohol^{14,41}. When given alcohol, HIF1dPA mice exhibited a combinatorial phenotype similar to that seen in MIR122-TuD+Et, having greater liver injury than either treatment alone, and further increasing HIF1α mRNA expression. Alternately, we cannot rule out that alcohol may increase HIF1 α mRNA expression by pathway(s) other than MIR122.

Our studies with MIR122 restoration via a gene therapy approach using a rAAV8 MIR122- OX indicate that targeting MIR122 balance in hepatocytes can ameliorate steatosis, liver injury, and fibrosis in chronic early and late-stage alcohol-induced liver pathology. These experiments provide a mechanistic role for reduced MIR122 in the pathogenesis of ALD and highlight the therapeutic potential of MIR122 restoration in hepatocytes.

Two previous studies have explored the therapeutic potential of MIR122 modulation with contradictory results^{9,42}. Esau, et al. used an anti-MIR122 anti-sense-oligonucleotide (ASO) to knockdown MIR122 in the liver in a high fat diet (HFD) model⁴². They demonstrated that short-term inhibition of MIR122 in the liver reduced steatosis in HFD-fed mice. These findings, however, were in sharp contrast to work by Hsu, et al. who showed that liverspecific-knockouts ($122^{-/-}$ LKO) had increased susceptibility to myc-induced HCC. Our work provides the first evidence to indicate that restoration of MIR122 in hepatocytes ameliorates the features of ALD, defining a novel treatment indication of normalizing liver MIR122 levels in ALD⁹.

It has been shown that MIR122 is an essential host factor for HCV replication and represents a therapeutic target in HCV infection^{43–46}. Therapeutic inhibition of MIR122 using Miravirsen or SPC3649, a Locked Nucleic Acid (LNA) anti-MIR122 oligo, was developed to treat HCV infection^{44,47,48}. Recently completed phase 2a trials using Miravirsen to treat HCV infection yielded reduced HCV viral load at low therapeutic concentrations, with no adverse events $45,47$. Additionally, these groups and others have demonstrated a cardioprotective role for MIR122 inhibition. AAV, ASO, and LNA inhibition of MIR122 have all demonstrated a decrease in serum cholesterol and triglycerides without hepatotoxicity^{15,45,47}. Our findings, however, raise the concern that sustained inhibition of MIR122 could result in progressive liver injury as a potential complication of chronic MIR122 inhibitor therapies $47,49$.

Our present observation in livers with ALD appears to be contrary to previous in vitro findings where we have shown an increase in MIR122 during acute exposure to EtOH in hepatoma cell lines^{43,50}. However, exposure *in vitro* represents an acute exposure model rather than chronic alcohol consumption. Further, most hepatoma cell lines exhibit a decreased baseline expression of MIR122 due to mutations and dysregulated transcription factor networks when compared to primary cells making findings with respect MIR122 modulation difficult to generalize^{8,43}.

While much attention has been placed on an understanding of the mature form of MIR122 in liver physiology and its characterization as an oncomir, few studies have explored the upstream mediators that regulate pri-MIR122 expression⁵¹. Recent publications have demonstrated the essential functions of GRHL2 in development and differentiation with

conflicting evidence on its role in EMT, and cancer progression^{25,52,26}. A strong correlation of GRHL2 expression with various epithelial cells, undifferentiated progenitor cells, and chronic disease states such as atopic dermatitis and psoriasis were described^{53,54}. Uniquely, hepatocytes are a rare subset of epithelial cells that do not normally express $GRHL2^{26}$. We too find GRHL2 expression in the biliary epithelium in normal liver while GRHL2 was expressed in hepatocytes in ALD both in human and mouse livers. Our results show that overexpression of the full-length (FL) GRHL2 variant inhibits MIR122 in humans and mice. We also discovered that the effect of alcohol is to specifically increase the alternatively spliced form of GRHL2, which inhibits MIR122 expression equivalent to the FL isoform. This spliced isoform is the result of alternative splicing in exon 1 which results in a protein that retains the conserved C-terminal DNA binding domain, but lacks the N-terminal transactivation domain, thereby inhibiting transcriptional activity (Supplementary Fig. 2B).

IHC and proteomic screens have detected GRHL2 in a subset of HCCs suggesting that gain of GRHL2 expression may play a role in promoting hepatic neoplasia. Tanaka et al. found an association between a genome copy number gain of GRHL2 in tumor tissues of patients with recurrent HCC⁵². However, it is important to note that these findings conveyed increases of the GRHL2 genomic locus on chromosome 8, a frequent occurrence in HCC, and that increased copy number of GRHL2 has been shown not to translate into increased protein or mRNA. Furthermore, their work demonstrated that siRNA knockdown of GRHL2 inhibits HCC tumor growth was performed in Huh-6 cell lines which lack GRHL2 mRNA while harboring copy number gains of chromosome $8^{26,52}$. Work done by Tanimizu and colleagues found a loss of GRHL2 expression in differentiating murine hepatocyte progenitors and that increasing GRHL2 was associated with a decrease in MIR122 expression²⁵. Little is known about the full-length or spliced isoforms of GRHL2, and their biological significance in hepatic pathology. Our data suggest that the alcohol-induced increase in GRHL2 in mature hepatocytes inhibits MIR122 and drives ALD pathogenesis. We speculate that increase in GRHL2 expression in hepatocytes in ALD may also represent an early alteration of hepatocyte de-differentiation that can promote preneoplastic changes in the alcoholic liver.

Of note, we found that alcohol combined with rAAV8-MIR122-TuD resulted in an additive effect, further reducing MIR122 levels and increasing liver injury when compared to MIR122-TuD or alcohol treatment alone. We suggest the combined effect is explained by the combination of alcohol-induced transcriptional inhibition by GRHL2 and MIR122-TuDmediated reduction in mature MIR122.

The treatment of ALD is a complex process involving reversal of parenchymal cell injury and suppression of inflammation⁵⁵. After 40 years of clinical trials, steroids remain the controversial standard of care, with no new FDA-approved treatments available $2,56-58$. Based on our results, we speculate that GRHL2 may serve as a prognostic marker of hepatocyte differentiation or disease progression and that *in vivo* therapeutic correction of GRHL2 splicing or expression changes in ALD may be beneficial to correct MIR122 dysregulation. However, until the role of GRHL2 in liver disease is explored further, we propose that downstream intervention with MIR122 restoration to treat ALD may constitute a safer, simpler, and more effective approach.

While the use of viral vector gene therapy is gaining increasing acceptance, they have both advantages and disadvantages and their use is not without limitations with respect to the treatment of chronic liver disease. First, viral vectors deliver their transgenes as nonintegrating episomes which are lost following repeated regenerative cycles^{51,59}. Immediately following AAV treatment, we noted equivalent serum GLuc activity in both CCl4 and oiltreated controls. However, GLuc activity rapidly declined in subsequent weeks in only CCl4 treated mice (Supplementary Fig. 1F) indicating transgene was expelled during replicative cycles. In accordance with this, we noted no difference in MIR122 RNA between MIR122- OX and Scrambled in following 8 weeks of CCl4 compared scrambled treated controls, while PF-Oil mice maintained a robust level of MIR122 overexpression (Supplementary Fig. 1G). Secondly, while AAVs have markedly reduced immunogenicity when compared to other viral delivery systems, neutralizing antibodies to the virus do develop following their use, requiring the use of other AAV serotypes dosing should repeated treatment be required⁶⁰. Given our data that vector expression was well maintained following 3 weeks of chronic alcohol alone (Fig. 1C), the use of AAV-mediated delivery still remains a viable long-term therapeutic in ALD where cell turnover is less than that seen with repeated CCl4 administration.

Recent clinical trials in the UK using rAAV8 vectors to treat Hemophilia B deficiency has demonstrated that a single peripheral-vein dose can safely and effectively achieve sustained transgene expression for 16 months after treatment¹⁸. Furthermore, previous work has also demonstrated that AAV8 are equally effective in transducing both healthy and cirrhotic livers when administered intravenously²³. This single dose approach provides an added benefit in treating patients with ALD who are frequently lost to follow-up compared to other miRNA therapies that require monthly dosing59. Of note, in WT-PF mice treated with rAAV8 MIR122-OX, the degree to which we restored MIR122 was greater than anticipated (Fig. 1C); however, there was no hepatotoxicity as a result. Given that 130,000 copies of MIR122 are in each hepatocyte, overexpression amounts to nearly 70,000 extra copies per cell, therefore, treatments that over-express MIR122 may have a large therapeutic window⁸.

MIR122 restoration has been considered as an HCC therapy, where its loss has been reported^{10,11,40,61}. However, treatment at such a late stage of ALD is difficult and gene therapy is often precluded due to tumor size⁹. Our data supports a novel treatment indication for MIR122 restoration, as a therapy in both early and late stage ALD to prevent and reverse hepatic injury and cirrhosis that warrants further exploration in the clinical setting.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Fig. 1. Treatment with rAAV8-MIR122-OX protects from ALD by restoring the alcohol-induced reduction of MIR122 expression

Expression of MIR122 in (A)human livers (n=9–12/group), (B)murine livers (n=8–14/ group), murine hepatocytes and liver mononuclear cells (LMNCs) of pair-fed and alcoholfed mice (n=5/group). Hepatic (C)MIR122 expression, from livers of either Et-fed WT mice treated with rAAV8-Scr or rAAV8-MIR122-OX vectors (n=8–12/group). Liver injury, inflammation, and steatosis was assessed by (D) serum ALT, liver MCP-1 and IL-1 β protein levels, and (E) H&E, ORO staining, hepatic triglycerides concentrations, respectively. (F)ALT at 0-, 24-, and 48-hours following final dose of $CCI4(n=6–10)$. Hepatic fibrosis was evaluated by measuring (G)Sirius-red staining and the percent-positive area stained was quantified using ImageJ and (H)Col1a1 and Acta2 expression from total liver RNA (n=6– 10). Scale bars; 100 μm. Student's t-test or two-way ANOVA.

Fig. 2. Grainyhead-like 2 inversely correlates with MIR122 expression in human livers Pri-MIR122 expression in (A)human livers (n=10–12/group) and (B)alcohol-fed WT murine livers (n=7–8/group) and hepatocytes (n=5/group). ChIP-qPCR of the GRHL binding results presented as % input of (C)GRHL2 and respective IgG controls. (D)GRHL2 mRNA expression in murine livers. (n=3/group) (E)GRHL2 mRNA expression and correlation with MIR122 expression in human livers (n=10–12/group). Student's t-test, two-way ANOVA, and Pearson's correlation coefficient.

Fig. 3. Alcohol inhibits MIR122 in hepatocytes via alternatively spliced GRHL2

GRHL2 immunihistochemistry of (A)murine and (B)human livers. Scale bars; full-size=100 μm, inset=200 μm. (C)Immunostaining of isolated primary hepatocytes from PF- and Et-fed mice. Scale bars; PF and Et=10 μm, Et+IgG=7.5 μm. Representative immunoblots for (D)murine (n=8/group) and (E)human (n=10/group) GRHL2 from total liver lysate. (F)The effect of GRHL2-FL or GRHL2-S on MIR122 promoter activity (n=4/group) in nuclear lysates from huh-7 cell lines. Student's t-test.

Fig. 4. The reduction of MIR122 recapitulates ALD pathogenesis (A)Hepatic MIR122 expression (B)serum ALT, (C)H&E and Oil-Red-O (ORO) staining and triglyceride concentrations from the total livers of scrambled or MIR122-TuD treated WT following 5-week LDC (n=8–14/group). Student's t-test or two-way ANOVA.

Fig. 5. MIR122 loss mediates hepatic steatosis and inflammation through HIF1α

Expression of HIF1α and correlation to MIR122 expression in (A)human livers (n=9–12/ group) and (B)murine hepatocytes (n=8–14/group). HIF1α expression and activity measured by mRNA, EMSA and HIF1α binding assay from isolated primary hepatocyte nuclei, and PPARγ mRNA in total livers isolated after 5 weeks of PF or Et diet from; (C–D)Scr or MIR122-TuD treated WT mice and (E–F)MIR122-OX treated mice. Student's t-test or twoway ANOVA (n=8–14/group).

Fig. 6. Hepatocyte specific HIF1α**KO mice are protected from loss of MIR122 and chronic alcohol**

Liver Injury assessed by (A)serum ALT and (B)H&E staining of WT and HIF1αhep−/− following 5-weeks of LDC or PF diet treated with either AAV8-Scr or MIR122-TuD vectors. Hepatic triglycerides assessed by (C)ORO staining and triglyceride quantification. Downstream HIF1α function was measured by total liver (D)PPARγ mRNA. Hepatic inflammation was assessed by (E)IL-1β and MCP1 protein, and CD68 mRNA. Student's t test or two-way ANOVA (n=8–14/group).

Fig. 7. MIR122 loss mediates hepatic fibrosis through HIF1α

Hepatic fibrosis was evaluated by (A)Sirius Red staining and the (B)percent-positive area stained was quantified using ImageJ (n=6–14). Additional markers of fibrosis were further assessed by expression of (C)col1a1 and Acta2 from total liver RNA (n=6–14). Two-way ANOVA. Scale bars: 100 μm.