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## Characterization of Prostate Cancer in a Functional Eunuch

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## Abstract

**Background**—Eunuchs rarely, if ever, develop prostate cancer (CaP). This article reports on a 62-year-old functional eunuch from prepubertal mumps orchitis who developed clinically localized CaP.

**Methods**—Serum and CaP and benign prostate tissue androgen levels were measured using a validated liquid chromatography-tandem mass spectrometry assay. The assay measures testosterone; dihydrotestosterone (DHT); the adrenal androgens, androstenedione and dehydroepiandrosterone; and the androgen metabolites, androsterone and androstanedione. Gene and protein expression levels of androgen metabolism enzymes, and androgen receptor and androgen-regulated genes were measured using quantitative reverse-transcription polymerase chain reaction and immunohistochemistry, respectively.

**Results**—Intracrine androgen metabolism produced tissue DHT when serum and tissue testosterone levels were castrate and undetectable, respectively. Androgen receptor, androgen-regulated, and androgen metabolism enzyme genes were expressed but at lower levels in CaP than benign tissues.

**Conclusions**—DHT was synthesized using the primary backdoor androgen metabolism pathway and not using androstenedione or dehydroepiandrosterone via the frontdoor or secondary backdoor pathways.

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## Background

Prostate cancer (CaP) is the second leading cause of cancer-related death in men.<sup>1</sup> CaP growth relies on the interaction between the androgen receptor (AR) and its ligands, testosterone and dihydrotestosterone (DHT).<sup>2</sup> Most men who present with advanced CaP or who do not experience response to curative therapy receive androgen deprivation therapy. This therapy diminishes testosterone and DHT levels that inactivate AR, which induces tumor regression.<sup>3,4</sup> The castration-recurrent/resistant phenotype (CRPC) is characterized by androgen deprivation therapy failure and CaP recurrence. One mechanism for AR activation in CRPC is intratumoral intracrine metabolism of weak adrenal androgens to testosterone or DHT<sup>5</sup> via 1 or more of 3 pathways to DHT (Figure 1A). The frontdoor pathway uses adrenal androgens, dehydroepiandrosterone (DHEA), or 4 androstenedione (ASD) to make testosterone, and 5 $\alpha$ -reductases (SRD5A) reduce testosterone to DHT. The primary backdoor pathway's terminal step uses 3 $\alpha$ -oxidoreductases to convert 5 $\alpha$ -androstane-3 $\alpha$ , 17 $\beta$ -diol to DHT. The secondary backdoor pathway requires both SRD5A and 3 $\alpha$ -oxidoreductase enzyme activity to generate DHT.<sup>6–9</sup>

This article reports on a patient who experienced mumps orchitis at 13 years of age, before or at the onset of puberty. He developed secondary sex characteristics poorly; his body habitus is eunochoid and he shaves monthly. He was married briefly and never fathered a child. Hypertension has been controlled medically since 51 years of age. He started testosterone replacement therapy (TRT) to treat hypogonadal symptoms at age 60 years when his prostate examination was benign, prostate-specific antigen (PSA) level was 0.43 mcg/dL (Table 1), and PSA doubling time was 3.18 years. Transrectal ultrasound-guided prostate biopsy was performed at the start of TRT because high-grade prostatic intraepithelial neoplasia was identified in a single prostate biopsy core in 2009 and his PSA level had increased from 0.2 to 0.43. TRT was halted when prostate ultrasound revealed a 15-gram prostate, and prostate biopsy results found Gleason score of 4+4=8 in 30% of the right mid-medial core and Gleason score of 3+4=7 in 5% and 15% of the right base lateral and right apex lateral cores, respectively. Bone scan showed no evidence of metastasis. Serum testosterone measured in the castrate range (Table 1). Robotic left nerve-sparing, right extrafascial radical prostatectomy, and right pelvic lymph node dissection revealed Gleason grade 3+4=7 adenocarcinoma that occupied 5% of a 20-gram prostate. Gleason grade was overestimated due to prostate biopsy undersampling, which occurs rarely.<sup>9</sup> Pathologic stage was T3aN0M0 and surgical margins were negative. PSA was undetectable 8 weeks later.

PSA remained undetectable for 3 months after radical prostatectomy, and the patient resumed TRT to treat hypogonadism. The 62-year-old patient shows no clinical or biochemical evidence of disease 2 years after radical prostatectomy, with low detectable or undetectable PSA levels despite a TRT-related increase in serum androgen levels.

This case study is important because the patient appeared to have had lifelong castrate or near-castrate androgen levels but developed CaP. This is the second reported case of a eunuch diagnosed with CaP, which prompted full characterization of the androgen axis.

## Methods

#### **Biospecimens**

Tissue was procured as described,<sup>11</sup> with modifications (see supplemental eAppendix 1, available with this article at JNCCN.org). Prostate tissue collected at radical prostatectomy was frozen and used for liquid chromatography-tandem mass spectrometry (LC-MS/MS) or quantitative reverse-transcription polymerase chain reaction (qRT-PCR). Biopsy tissue was formalin-fixed paraffin-embedded for immunohistochemistry. Serum was collected in 2005, 2013, and 2014 for LC-MS/MS.

#### Liquid Chromatography-Tandem Mass Spectrometry

Serum and prostate samples were analyzed over 3 runs for 6 androgens (testosterone, DHT, DHEA, ASD, androsterone [AND], and 5a-androstanedione [5a-dione]) using a modification of a validated LC-MS/MS method.<sup>12</sup> 5a-dione was measured but not validated in the original method. Sample extraction was performed using a 250-mcL aliquot of a calibrator, quality control, serum blank, or study sample (serum or prostate homogenate) with 750 mcL of HPLC-grade water, 100 mcL internal standard solution (75.0/225 pg/mL d3-T/d3-DHT in 75% methanol in water), and 4.0 mL methyl-tert-butyl ether (MTBE; Omnisolve, EMD Milipore, Billerica, MA). Tubes were vortexed, rotated for 15 minutes, and centrifuged using a Sorvall, model RT6000B centrifuge (Thermo Scientific, Grand Island, NY), at 2,800 rpm at 4°C for 15 to 30 minutes to separate liquid phases. The aqueous phase was frozen in a dry ice/acetone bath. The MTBE layer was poured into a clean glass conical tube, MTBE was evaporated at 37°C with nitrogen, and the residue was reconstituted in 60% methanol. The suspension was centrifuged using a Heraeus Multifuge X3R centrifuge (Thermo Scientific) at 2,800 rpm at 4°C for 5 minutes and an aliquot of the supernatant was injected into the mass spectrometer. LC-MS/MS was performed using a Prominence UFLC System (Shimadzu Scientific Instruments, Kyoto, Japan) and a QTRAP 5500 mass spectrometer (AB Sciex, Framingham, MA) with an electrospray ionization source and two 10- port switching valves (Valco instruments Co. Inc., Houston, TX; model EPC10W). Androgens were quantitated using prespiked calibration standards, and quality control samples were prepared in charcoal-stripped postmenopausal female serum (Bioreclamation, LLC, Westbury, NY).

Extracted samples were reinjected and chromatographed using a 28-minute gradient profile to examine 12 additional steroids in a semiquantitative manner. Steroids were quantitated using a single extracted serum calibrator that contained dihydroprogesterone, estrone, estradiol, cortisol, hydroxypregnenolone, hydroxyprogesterone, deoxycorticosterone, corticosterone, addosterone, or allopregnanolone, each at a concentration of 888 pg/mL, and pregnenolone at 307 pg/mL. Back-calculated concentration estimates of unknowns were obtained using slopes from the single-point serum calibrators forced through 0. Identification of the other 12 steroids in the study samples was based on specific mass spectral multiple reaction monitoring transitions and correlation of retention times with authentic standards. Lower limits of quantitation (LLOQ) cutoffs were estimated at a signal-to-noise ratio of 5 and depended on sensitivity. The approach provided an efficient

semiquantitative screening technique for additional steroids to assess concentration differences between benign prostate (BP) and CaP tissues.

Serum calibration ranges and LLOQ are listed in supplemental eTable 1, and calibrator and quality control accuracy are listed in supplemental eTables 2 and 3, respectively. Acceptance criteria for accuracy and precision for testosterone, DHT, ASD, DHEA, and AND followed the FDA's bioanalytical guidance requirements,<sup>13</sup> except for 5 $\alpha$ -dione, which was allowed  $\pm$  25% for quality control (supplemental eTables 2 and 3). Correlation coefficients for all calibration curves were 0.9936 or greater. Data were represented as nM and were calculated by converting ng/g (ng/g = {[(ng steroid/mL homogenate) × (mL homogenate)] / (g tissue used in homogenate)} to nM (nM = {[(ng/g) \* (1000 pg/ng)]/(pg analyte/pmol)}).

#### **Quantitative Reverse-Transcription Polymerase Chain Reaction**

CaP and BP tissues were Dounce homogenized, tissue lysates were passed through QIAshredder columns, and RNA was extracted using the RNeasy Plus Mini Kit (Qiagen, Valencia, CA). Genomic DNA contamination was assessed using qualitative PCR using intron-spanning glyceraldehyde 3-phopsphate dehydrogenase (GAPDH) primers. Genomic DNA contamination was removed using the DNA-free DNA removal kit (Life Technologies, Inc, Carlsbad, CA). RNA was analyzed using qualitative PCR after DNAase treatment to confirm genomic DNA was removed.

First strand complementary DNA (cDNA) was generated using 2 mcg of RNA with the High-Capacity cDNA Reverse Transcription Kit (10× RT Buffer, 10× Random Primers, 25× 100 mM deoxyNTP mix, and 50 U/mcL MultiScribe-Reverse Transcriptase; Applied Biosystems, Foster City, CA) with RNAse inhibitor in a reaction volume of 10 mcL as directed. qRT-PCR primers were designed using the IDT PrimerQuest design tool (Integrated DNA Technologies, Coralville, IA; primer sequences are listed in supplemental eTable 4).

qRT-PCR reactions were mixed using 12.5 mcL SYBR Green PCR Master Mix (Applied Biosystems); 1 mcL (10 mM forward and reverse primers) and 2.5 mcL (100 ng/mcL) cDNA (250 ng final concentration); and 10 mcL ddH<sub>2</sub>O, for a final reaction volume of 25 mcL. Reactions were performed in 96- well plates. Gene expression was analyzed using the 7300 Real Time System (Applied Biosystems). The qRT-PCR reaction profile was 95°C for 30 seconds, 60°C for 30 seconds repeated 39 times, 95°C for 5 seconds, and melt curve of 65°C to 95°C. All procedures were conducted in Dr. Mohler's laboratory, and the technique was performed with 3 technical replicates and 1 biological replicate, because BP and CaP and tissues were collected from 1 patient. Quatification cycle (Cq) values were normalized against  $\beta_2$  microglobulin (B2M). B2M was selected because BP and CaP or B2M gene expression levels remain unchanged during androgen deprivation therapy. Cqs for no reverse transcriptase control and no template controls were reported as undefined. Relative gene abundance was calculated using 2^–(Cq–B2M).

#### Immunohistochemistry

Paraffin-embedded prostate tissue sections were deparaffinized and rehydrated under an alcohol gradient, and the antigen was retrieved using Reveal Decloaker (Biocare Medical,

Concord, CA) for 30 minutes at 110°C. Sections were blocked for endogenous peroxidase activity using 3%  $H_2O_2$  in deionized distilled water for 10 minutes at room temperature. Sections probed for either retinol dehydrogenase 16 or caspase-3 were blocked using normal goat serum for 1 hour. Sections stained for 17 $\beta$ -hydroxysteroid dehydrogenase or ERG were blocked with Biocare Background Punisher (Biocare Medical) for 10 minutes. Sections were incubated in primary antibody at either 4°C overnight or for 1 hour at room temperature as indicated (supplemental eTable 5). Sections were incubated for 2 hours with goat antimouse, goat anti-rabbit, or rabbit anti-goat. Caspase-3 sections were incubated for 30 minutes at room temperature with rabbit SignalStain Boost IHC Detection Reagent (Cell Signaling, Danvers, MA). Enzymatic activity was revealed using diaminobenzidine (Sigma-Aldrich, St. Louis, MO) and counterstained with hematoxylin (Vector Laboratories, Burlingame, CA). Sections were collected using a Leica DFC0425C camera mounted on a Leica DMRA2 microscope (Leica Microsystems Inc., Buffalo Grove, IL) equipped with an automated stage.<sup>14–16</sup>

## Results

#### LC-MS/MS Reveals Androgen Levels Were Lower in CaP Than BP Tissues

Serum testosterone and DHT were at castrate levels in 2005 and 2013 (Figure 1B). Serum DHEA levels were consistent with those reported for men with CaP.<sup>17,18</sup> TRT in 2014 restored serum testosterone levels to the normal range (Figure 1B), DHEA levels decreased and AND, a degradation product of DHT, and 5 $\alpha$ -dione, a metabolite of ASD or AND, appeared (Figure 1B). Pregnenolone, dihydroprogesterone, and hydroxyprogesterone, metabolites involved in primary backdoor androgen metabolism and cortisol production, were measurable in serum and levels were consistent with those reported for healthy men (Figure 1C).<sup>19</sup> Serum cortisol levels were higher than those reported for healthy men (Figure 1D),<sup>20</sup> which is consistent with the patient's hypertension.

DHT was measurable in BP and CaP tissues (Figure 1E), but testosterone was not measurable, which contrasts with our previous reports that showed DHT and testosterone levels were measurable in all 158 specimens of androgen-stimulated BP<sup>5,21,22</sup> and 32 of 33 specimens of CRPC.<sup>5,20</sup> However, tissue testosterone and DHT levels were similar to those reported for a 74-year-old man who was hypogonadal as a result of testicular trauma that required bilateral orchiectomy at 5 years of age and presented with metastatic CaP.<sup>21,23</sup> DHT levels were lower in CaP than BP, but both levels exceeded those reported previously (Figure 1E).<sup>5,21</sup> DHEA accumulated in BP and CaP tissue. Pregnenolone levels were similar in BP and CaP tissue; however, cortisol levels were higher in CaP than BP tissue (Figure 1F).

## Tumor Expression Levels of Androgen Metabolism Enzymes Were Lower in CaP Than BP Tissues

Androgen metabolism enzyme gene and protein expression levels were measured because these enzymes are involved in all 3 androgen metabolism pathways (Figure 1A). Most androgen metabolism gene expression levels appeared higher in BP than CaP tissue (Figure 2A). SRD5A1 and SRD5A3 gene expression were similar between BP and CaP tissues.

CYP17A1 message levels were not measurable in BP or CaP tissues using qRT-PCR or TrueSeq RNA.

Immunohistochemistry revealed that enzyme protein expression was higher in BP than CaP tissue for all other androgen metabolism enzymes (Figure 2B–M). CYP17A1 protein immunostained strongly in BP tissue and weakly in CaP tissue (Figure 2N and O).

#### AR and AR-Regulated Expression Levels Were Lower in CaP Than BP Tissues

AR expression levels were similar using *N*-terminal– or *C*-terminal–targeted qRT-PCR primers. BP and CaP samples were analyzed further using RNA-Seq. The trends observed in qRT-PCR data were observed in RNA-Seq data sets (data not shown). AR splice variants were not observed with either qRT-PCR or RNA-Seq (data not shown). AR gene and protein expressions were lower in CaP than BP tissues (Figure 3A–C). AR-regulated gene (*TMPRSS2, PSA, PTEN*, and *KLK2*) expression levels were lower in CaP than BP tissues (Figure 3A).

PSA and KLK2 stains were intense and no differences in immunostaining were observed between BP and CaP tissues (Figure 3D–G). *ERG* gene expression was low in BP and CaP tissues (Figure 3A).

## Discussion

Eunuchs are surgically castrated men,<sup>24</sup> and are thought to be incapable of developing functional prostates, benign prostatic hyperplasia (BPH), or CaP. Huggins<sup>25</sup> reported that orchiectomy causes a regression of BPH, and that eunuchs, who have castrate levels of circulating androgen, do not develop BPH. Wilson and Roehrborn<sup>26</sup> describe the prostates of Chinese court, Ottoman court, and Skoptzy eunuchs as being impalpable, atrophic, and prepubertal, respectively.

The patient discussed in the present report lost testicular function before or at the onset of puberty; therefore, the patient is a functional eunuch. The patient presented with clinical Gleason score 4+4=8 T1cN0M0 CaP that proved to be pathologic Gleason score 3+4=7 pT3aN0M0 CaP after radical prostatecomy, which developed in a testosterone-limited environment. The case provided an opportunity to fully characterize androgen metabolism and AR-regulated pathways vital to CaP development and progression in unique samples.

LC-MS/MS revealed that testosterone was not measurable in either BP or CaP tissues, even though it was detectable in serum collected in 2005 and 2013. CaP tissues exhibited DHT levels sufficient for AR activation, but testosterone was undetectable. DHT appears to have been produced by the primary backdoor androgen metabolism pathway and not from androgens synthesized by the adrenal gland. DHEA accumulation observed in BP and CaP tissue may be because DHEA is an antagonist against the glucocorticoid pathway, which is evidenced by high levels of serum and tissue cortisol.<sup>27,28</sup> Tissue ASD levels may be low because ASD is not produced by BP or CaP tissues, but requires uptake of adrenal-produced ASD that circulates at very low levels. Any ASD taken up by BP or CaP tissues from the circulation was converted directly to testosterone and 5α-reduced to DHT or exported from

the prostate to the serum. DHT may have been sulfonated<sup>29</sup> for paracrine reuse or metabolized to androstanediol or AND in BP or CaP tissue. AND and androstanediol can be glucuronidated and trafficked from tissue,<sup>30</sup> but glucuronidated metabolites may have been expelled more efficiently by BP than CaP cells. Oesterling et al<sup>31</sup> reported that adrenal androgens produced by the adrenal gland were not sufficient for prostate growth and development in men diagnosed with hypogonadotropic hypogonadism. DHT tissue levels and 3α-oxidoreductase, AR, and AR-regulated gene expression levels were lower in CaP than BP tissues. CYP17A1, an androgen metabolism enzyme that plays a key role in adrenal androgen synthesis, was not detected using qRT-PCR, and low protein expression levels were detected in BP and CaP tissues. CYP17A1 gene and protein expression levels may differ due to tight regulation of RNA. CYP17A1 activity was reported to be enhanced by phosphorylation<sup>32</sup>; enhanced enzyme activity may have initiated a negative feedback response to downregulate CYP17A1 RNA levels when protein levels reached an expression level threshold. DHT levels were sufficient for AR transactivation.<sup>5,21</sup>

## Conclusions

BP used intracrine androgen metabolism to create the microenvironment necessary for the development of CaP that exhibited an androgen metabolism profile similar to that reported previously for CRPC.<sup>21</sup> The patient's PSA level remained unchanged since radical prostatectomy despite normalization of circulating testosterone using TRT. LC-MS/MS, qRT-PCR, and immunohistochemistry data prove that the patient's BP and CaP tissue depended on the primary backdoor pathway to generate DHT.

## **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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#### Figure 1.

Androgen metabolism characterization. Three pathways for DHT synthesis (A), and serum (B–D) and tissue (E,F) steroid levels.

Abbreviations: AND, androsterone; ASD, 4 androstenedione; BP, benign prostate; CaP, protate cancer; DHEA, dehydroepiandrosterone; DHP, dihydroprogesterone; DHT, dihydrotestosterone; Hydroxy-P, hydroxypregnenolone; T, testosterone.



#### Figure 2.

Androgen metabolism enzyme expression. Androgen metabolism expression in BP and CaP tissues: gene (A) and protein (B–O; original magnification ×40). Abbreviations: BP, benign prostate; CaP, protate cancer.



#### Figure 3.

AR and AR-regulated expression in BP and CaP tissues: gene (A) and protein (B–G; original magnification ×40). Abbreviations: AR, androgen receptor; BP, benign prostate; CaP, protate cancer; PSA, prostate-specific antigen.

#### Table 1

#### Clinical Summary

Date	PSA (ng/mL)	T (ng/dL)	Treatment
9/09	0.2		Biopsy for abnormal DRE revealed HGPIN in 1 of 12 cores
4/10	0.2		
6/11	0.43		
3/12	0.3		
5/13	0.43	47	DRE normal, started TRT, scheduled biopsy
6/13		533	Biopsy revealed Gleason grade 4+4=8 CaP; TRT stopped
9/13			Radical prostatectomy
11/13	< 0.03		
12/13	< 0.03	23	Restarted TRT
1/14	< 0.03	162	
5/14		661	
8/14	0.05	1026	
2/15	< 0.03	929	
8/15	0.04	496	
2/16	0.06	314	

Abbreviations: CaP, prostate cancer; DRE, digital rectal examination; HGPIN, high-grade prostatic intraepithelial neoplasia; PSA, prostate-specific antigen; T, testosterone; TRT, testosterone replacement therapy.

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