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Fluorescence Detection, Enumeration and Characterization of Single Circulating Cells *In Vivo*: Technology, Applications and Future Prospects

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Abstract

There are many diseases and biological processes that involve circulating cells in the bloodstream, such as cancer metastasis, immune reaction/inflammation, reproductive medicine, and stem cell therapies. This has driven significant interest in new technologies for the study of circulating cells in small animal research models and clinically. Most currently used methods require drawing and enriching blood samples from the body, but these suffer from a number of limitations. In contrast, “*in vivo* flow cytometry” (IVFC) refers to set of technologies that allow study of cells directly in the bloodstream of the organism *in vivo*. In recent years the IVFC field has grown significantly and new techniques have been developed, including fluorescence microscopy, multi-photon, photo-acoustic, and diffuse fluorescence IVFC. In this paper we review recent technical advances in IVFC, with emphasis on instrumentation, contrast mechanisms, and detection sensitivity. We also describe key applications in biomedical research, including cancer research and immunology. Last, we discuss future directions for IVFC, as well as prospects for broader adoption by the biomedical research community and translation to humans clinically.

Keywords

In vivo flow cytometry; fluorescence; cell labeling; circulating tumor cells; immunology

1. Introduction and Motivation for *In Vivo* Flow Cytometry (IVFC)

Many areas of basic biology and pre-clinical research involve circulating cells in the bloodstream, including immunology, oncology, organ transplant biology, reproductive medicine, and stem cell therapies (Hoshimoto *et al.*, 2012; Mathiesen *et al.*, 2012; Danila *et al.*, 2011; Steeg and Theodorescu, 2008; Liu *et al.*, 2009; Wen *et al.*, 2012; Di Marco *et al.*, 2011; He *et al.*, 2011; Egan *et al.*, 2011; Costiniuk *et al.*, 2013; Lopez *et al.*, 2012; Park *et al.*, 2012; Calcaterra *et al.*, 2014). It is common practice amongst researchers to study circulating cells by removing blood samples from the body, which are then analyzed with secondary assays. For non-terminal experiments involving live animals, this is usually limited to 10% of the circulating blood volume (~2 mL in a mouse) for a single withdrawal

without fluid replacement (Hoff, 2000). Most commonly, flow cytometry (FC) is used to analyze the forward scatter, side scatter, and laser-induced fluorescence properties of cells (after labeling with a dye) (Shapiro, 1995). Hemocytometry and fluorescence microscopy of isolated cell populations are also commonly used methods.

Whole blood is a complex mixture of billions of cells per mL, and the cell population of interest usually represents a small fraction of the total population. As such, purification and isolation of target cells are necessary. For example, if leukocytes or circulating tumor cells (CTCs) are of interest, red blood cells may be preferentially lysed with a buffer and then removed by centrifugation (Yu *et al.*, 2011). The target cell population can be further isolated and characterized with fluorescent dyes that label specific bio-molecular targets. Other methods for sorting and enrichment include size based sorting, e.g. (Gossett *et al.*, 2010), immuno-magnetic separation (Zborowski and Chalmers, 2011), or isolation using a microfluidic device (Shields *et al.*, 2015; Karabacak *et al.*, 2014).

Despite their wide usage, all methods that rely on extraction of blood samples may present substantial problems for researchers (Tuchin *et al.*, 2011), including the following:

- i. The process of drawing, storing, handling, and purifying cells can affect the underlying biology of the system. Cells may undergo morphological changes, changes in gene expression or simply lose viability. The process of drawing blood from the host organism has been shown to trigger a stress response (Pitsillides *et al.*, 2011). The rapid degradation of blood after it has been removed from the host is also a major problem (Wong *et al.*, 2016).
- ii. In addition to cell death, cells may simply be lost at different stages of handling and purification, which may be significant in experiments where accurate quantification of cell populations is important (Wagar *et al.*, 2008; Valenstein and Sirota, 2004). For example, loss of cells during centrifugation is a well-documented issue (Delahaye *et al.*, 2015). Preparation of samples is also a time consuming process.
- iii. Due to infrequency of sampling (1–2 times per day with fluid replacement), changes in circulating cell populations that occur over the course of minutes or hours may not be readily measurable.
- iv. In the case of rare circulating cells, the small sampling volume relative to the total peripheral blood may prevent detection or accurate enumeration (Rack *et al.*, 2014; Miller *et al.*, 2010; Andreopoulou *et al.*, 2012). For example, for a circulating tumor cell population of 100 cells/mL, the expected number of cells in a 50 μ L sample is only 5 cells. Ignoring losses to sample handling, this would yield a measurement uncertainty of ± 2.2 cells ($\pm 44\%$), assuming Poisson count statistics. In practice, a mouse may need to be euthanized and the entire blood volume analyzed (after euthanizing) to obtain acceptable count accuracy (Azab *et al.*, 2012), thereby eliminating the possibility of following the same animal(s) serially over time.

These limitations have motivated the development of optical technologies where individual circulating cells can be detected, enumerated, and characterized directly *in vivo* without having to draw blood samples. The general term for this technology is “*in vivo* flow cytometry” (IVFC) or “intravital flow cytometry” (IFC), which was first developed and reported by Lin *et al.* in 2004 (Novak *et al.*, 2004; Georgakoudi *et al.*, 2004) and Zharov *et al.* in 2005 (Zharov *et al.*, 2005a, b). Since then, the field has grown significantly. Many technical innovations have been developed, and IVFC has been used in a wide range of biomedical research applications.

The purpose of this paper is to review the main categories of fluorescence IVFC instrumentation (section 2), and describe the key technical considerations regarding fluorescence labeling and detection of circulating cells (section 3). We also discuss important example applications for IVFC, and prospects for broader adoption of the technology by the biomedical research community in the future (section 4). Last, we note that this review is focused primarily on IVFC technologies that use *fluorescence* contrast in the blood, as apposed to non-fluorescence methods (Le *et al.*, 2009; Biris *et al.*, 2009), and most notably photo-acoustic flow cytometry for which there are already a number of excellent recent reviews (Galanzha and Zharov, 2012; Tuchin *et al.*, 2011).

2. Overview of IVFC instrumentation

2.1 Microscopy-based approaches

2.1.1 Fluorescence microscopy IVFC—In ‘conventional’ flow cytometry (FC), an artificial flow stream is used to pass individual cells single-file through a set of lasers and filtered optical detectors (photomultiplier tubes; PMTs), which allows measurement of their scatter and laser-induced fluorescence properties (Shapiro, 1995). The basic principle of fluorescence IVFC is to use flowing blood vessels in the body in lieu of the flow stream, so that fluorescently-labeled cells can be detected and enumerated directly *in vivo* (methods of cell labeling and contrast are discussed in section 3, below). However, measurement of fluorescence from individual moving cells *in vivo* is significantly more challenging, since there is substantial non-specific autofluorescence background, and because visible and near-infrared light is highly scattered and absorbed in biological tissues.

The first fluorescence IVFC design (figure 1a) used a microscope objective to focus excitation laser light into a slit across an accessible small blood vessel (Novak *et al.*, 2004; Georgakoudi *et al.*, 2004) in an arteriole in the ear of a mouse. As fluorescently-labeled cells pass through the excitation light, a small burst of fluorescence light is emitted, allowing confocal detection of transient ‘spikes’ with a filtered photomultiplier tube (PMT) while rejecting the static autofluorescence background (fig. 1b). Mice are held under anesthesia and placed on a warming pad, so that data can be acquired continuously for several hours. Fluorescence spikes are counted, either in real-time, or off-line using automated software. In combination with targeted fluorescent probes and fluorescent proteins, this allows optical enumeration of specific cell populations over time.

As discussed in section 1, there are many advantages to microscopy IVFC over conventional methods for studying circulating cells that require drawing, handling and storing of blood

samples. Example applications include changes in homing behavior of leukemic cells in response to treatment (fig. 1c) (Sipkins *et al.*, 2005), progression of cancer cell shedding into the circulation in multiple myeloma (fig. 1d) (Runnels *et al.*, 2011) and lung cancer (fig. 1e) (He *et al.*, 2007)

As summarized in table 1, the microscopy-IVFC design has been used to study a wide range of cell types in mice and rats, including blood cells (Novak *et al.*, 2004; Novak and Puoris'haag, 2007; Golan *et al.*, 2012; Fan *et al.*, 2012), stem cells (Boutrus *et al.*, 2007; Suo *et al.*, 2015), and circulating cancer cells (Fan *et al.*, 2012; Hui *et al.*, 2014; Nedosekin *et al.*, 2014; Runnels *et al.*, 2011). While the initial design used a red laser and fluorophore combination, subsequent variants have been developed that are capable of detecting green and yellow visible fluorophores (Fan *et al.*, 2012). Multi-color versions have also been developed, which allow multiplexed study of different cell populations concurrently, or the study of multiple molecular targets (molecular profiling) in individual cells *in vivo* (Boutrus *et al.*, 2007; Hwu *et al.*, 2011).

2.1.2 Multi-photon IVFC—A notable technical variation of IVFC is multi-photon (MP) IVFC. MP-IVFC uses a rapid pulsed (usually femtosecond) laser, either in a slit configuration or in scanning 2-photon microscopy mode. The potential advantages of the multi-photon approach include deeper penetration of the NIR excitation into blood vessels, and the ability to excite multiple fluorophores with a single laser source simultaneously. For example, He *et al.* (He *et al.*, 2007) and Zhong *et al.* (Zhong *et al.*, 2008) used a modified two-photon microscope to measure a number of circulating tumor cell types in mice. Rather than use a multi-photon microscope, Chang *et al.* (Chang *et al.*, 2010) developed a two-photon fiber-optic probe with a ~10 μm excitation volume that could be inserted directly into the bloodstream or a highly perfused organ (such as the liver) in a mouse (figure 2). They demonstrated that it was possible to detect sarcoma cells labeled with green fluorescent protein (GFP) or Vybrant DiD using this method. Other non-linear processes such as third-harmonic generation (THG) have also been implemented. For example, Liu *et al.* (Chen and Liu, 2012) imaged circulating blood cells in the capillary bed beneath the skin in humans *in vivo*.

2.2 IVFC Methods that Sample Larger Circulating Blood Volumes

The sensitivity of IVFC – with respect to the minimum detectable concentration of circulating cells - is a major consideration for applications involving low-abundance cell populations. As we discuss more in section 3.3, this is partially defined by the circulating blood volume that is sampled by the instrument. Microscopy-based IVFC normally probes small blood vessels in the ear with flow rates on the order of 0.1–1 μL of blood per minute. In the case of low-abundance cells (below 1,000 cells per mL of peripheral blood), this may result in unacceptably low count rates or require impractically long acquisition times. Motivated by this, several IVFC instruments have been developed that increase this sampling volume to detect lower-abundance target cell populations.

For example, Alt. *et al.* (Alt *et al.*, 2007) developed the retinal flow cytometer (RFC), wherein multiple vein-artery pairs in the retina of mouse were radially scanned with a laser

(figure 3). This yielded a count rate approximately five times higher than a microscope IVFC instrument in the same animals.

Markovic *et al.* developed a wide-field fluorescence imaging system - termed 'computer vision IVFC (CV-IVFC) (Markovic *et al.*, 2013; Markovic *et al.*, 2015) - to image circulating cells in the vasculature in an approximately $5 \times 5 \text{ mm}^2$ area of the mouse ear (fig. 4a). At such low magnification, individual cells were approximately 1 pixel in size, and significant background noise was observed due to autofluorescence. As such, a computer vision algorithm was concurrently developed to automate detection of cells in low-contrast video sequences (figs. 4b–g). Hence the system allowed quantification of the concentration of circulating cells, but also visualization of cell speed, as well as tracking homing and docking events. It was estimated that the system sampled about 10 μL of blood per minute.

As an alternative to microscopic detection (imaging) of un-scattered light, 'diffuse *in vivo* flow cytometry' (DiFC), uses highly scattered light to interrogate relatively large (several mm) bulk tissue volumes (Zettergren *et al.*, 2012b). This has the advantage of potentially sampling much larger circulating blood volumes in the limbs (for example the hind-leg or tail) of a small animal. In principle, tens to hundreds of μL per minute of blood can be sampled, depending on the limb and enclosed blood vessels. However, the diffusive nature of the light propagation in biological media inherently means that confocal detection of fluorescent light is not possible. As such, a combination of specialized optical, electronic and algorithmic filtering is needed to detect moving cells in a large, non-specific autofluorescence background. Tomographic (Zettergren *et al.*, 2012a; Pera *et al.*, 2013), multispectral (Pestana *et al.*, 2013), and fiber-optic based back-reflectance (figure 5a) (Pera *et al.*, 2017) DiFC designs have been developed. In mice, DiFC has been used to detect multiple myeloma (MM) and mesenchymal stem cells (MSC) in the hind-leg or tail (fig. 5b). Since light is diffuse, the detected 'spike' pulsewidth (on the order of 0.1 s depending on flow speed) is significantly wider than microscopy-IVFC designs (1–10 msec). The finite width practically limits the count rate to about 10 counts per second before 'pulse pile-up' occurs, meaning that the increased blood sampling volume comes at a cost of lower dynamic range. Moreover, lower cell detection contrast (sensitivity) is expected than, for example, confocal fluorescence microscopy. However, unlike microscopy IVFC where light scatter degrades sensitivity, DiFC actually relies on light scatter and is therefore scalable to larger limbs, species and potentially even humans (see section 4.3 below).

2.3 Photo-acoustic IVFC and Hybrid Fluorescence Flow Cytometry

Although the focus of this review is fluorescence-contrast based IVFC, we note that a major parallel line of research is 'photoacoustic *in vivo* flow cytometry' (PAFC). PAFC has been reviewed comprehensively in several papers previously (Tuchin *et al.*, 2011; Galanzha and Zharov, 2012) and so is described here only briefly. As a pulsed laser illuminates a blood vessel, circulating pigmented cells absorb light and generate an acoustic pulse that can be detected with an ultrasonic receiver. Therefore, PAFC relies on the intrinsic absorption of target cells, and is well suited to detection of naturally pigmented cells such as melanoma (Hoshimoto *et al.*, 2012). Zharov's group at the University of Arkansas largely pioneered this technique, and has reported many PAFC technical innovations and applications in

oncology and immunology. Wang *et al.* recently used PA to both enumerate (image) and kill melanoma cells directly *in vivo* (He *et al.*, 2016).

Most relevant to the present review, *hybrid* photoacoustic and fluorescence flow cytometry (PA-FFC) techniques have also been developed. Nedosekin *et al.* showed that this multi-modal approach allows simultaneous detection and enumeration of both low absorption and high-absorption fluorescently-labeled circulating tumor cell lines (figure 6) (Nedosekin *et al.*, 2013). Nolan *et al.* (Nolan *et al.*, 2016) used a similar hybrid method to detect circulating tumor associated exosomes with endogenous (melanin) or nanoparticle enhanced photoacoustic contrast, along with fluorescent proteins for fluorescence contrast.

3. Cell detection considerations for IVFC

3.1 Contrast mechanisms, labeling and specificity

3.1.1 Intrinsic contrast—In fluorescence IVFC, the target cell line must have sufficient contrast for “detectability” above the non-specific autofluorescence of the surrounding biological material and other circulating cells. A number of fluorescence IVFC techniques have been developed that utilize the endogenous (“intrinsic”) contrast of target cells. Use of intrinsic contrast offers significant advantages, particularly for potential clinical translation since it would avoid the use of administering exogenous contrast agents and the associated regulatory hurdles. Potential disadvantages include the lower specificity of intrinsic contrast for target cells versus exogenous contrast, and in some cases the relatively high laser power associated with multi-photon processes (although these are reported to be well tolerated). For example, Zeng *et al.* used two-photon excitation for detection of circulating cells in zebrafish (Zeng *et al.*, 2014). Yelin *et al.* used spectrally encoded confocal microscopy to detect flowing red and white blood cells in the blood vessels in a lip in humans (Golan *et al.*, 2012). Li *et al.* observed leukocyte trafficking in mice *in vivo* using two-photon tryptophan contrast (Li *et al.*, 2010). In photoacoustic IVFC, the endogenous absorption of cells is used to generate detectable acoustic signals with a pulsed laser. In this case, there are a number of cell types – such as melanoma CTCs - that are naturally highly pigmented and readily detectable.

3.1.2 Extrinsic fluorescent dyes—In most cases, exogenous (“extrinsic”) fluorophores are used to provide enhanced contrast in fluorescence IVFC. The main methods for IVFC fluorescence cell labeling were described comprehensively previously (Pitsillides *et al.*, 2011), so are reviewed here only in brief:

I) Ex-vivo labeling with fluorescent tracers: Target cells can be brightly labeled in cell culture with a fluorescent molecule, and then re-introduced into the animal by intravenous injection. This method provides very bright labeling for target cells. Cells retain the dye and may stay viable *in vivo* for weeks with minimal toxicity. Although the labeling intensity decreases by approximately a factor of two for each cell division, the bright initial labeling means that they are detectable even after multiple divisions. As indicated in table 1, there are a number of commercially available dyes in this category that have been used frequently in IVFC, most commonly membrane dyes such as Vybrant DiD and related color variants (ThermoFisher Scientific, Waltham, MA). Others include the CellTrace family of dyes

(ThermoFisher), which bind to amine groups in intra-cellular proteins and brightly label the cell.

II) Fluorescent proteins: Fluorescent proteins are widely used in many areas of biomedical research since the encoding DNA sequence can be stably inserted into the genome of the target cell line (Chudakov et al., 2005). The green fluorescent protein (GFP) was the first to be isolated (Tsien, 1998), but subsequently many variants have been developed that span the visible and near-infrared spectra, from Sirius (which has an excitation maxima at 355 nm) (Tomosugi *et al.*, 2009) to the infrared fluorescent protein (iRFP) family (which has an excitation maxima at 700 nm) (Filonov *et al.*, 2011). These are well suited to IVFC, because cells tagged with fluorescent protein vector stably produce their own fluorescent contrast, and daughter cells retain the gene. For example, in cancer metastasis models, circulating tumor cell burden can be monitored as the disease progresses without the need to administer additional fluorescent dyes as cells replicate.

Despite the apparent advantages of red-shifted fluorescent proteins for *in vivo* optical imaging (reduced autofluorescence and optical attenuate of biological tissue at longer wavelengths), GFP is still the most commonly used fluorescent protein in IVFC research (table 1). There are several reasons for this, including, a) convenience, since large numbers of GFP-transfected cell lines are already in routine use in research labs throughout the world, b) GFP labeling usually yields brightly labeled cells, and, c) the use of green light produces acceptable contrast for microscopy-IVFC systems. Red-shifted fluorescent proteins (such iRFP) have also been used (Nedosekin *et al.*, 2013), and multi-color instruments (Boutrus *et al.*, 2007; Fan *et al.*, 2010; Hwu *et al.*, 2011; Suo *et al.*, 2015) allow multiplexed detection of multiple cell populations concurrently.

III) Direct labeling of cells in vivo using targeted injectable fluorescent

probes: Circulating cells can also be labeled using fluorophores conjugated with antibodies or antibody fragments that target specific cell surface receptors. The specificity of labeling relies on the unique expression of particular cell surface receptors on the cell population of interest, as well as efficient binding of the fluorescent probe to the receptor. This general receptor-targeted approach is widely used in fluorescence molecular imaging, and has been also applied to IVFC. For example, Lin *et al.* have demonstrated targeting of CD3, CD4, and CD45 receptors on immune cells (Novak *et al.*, 2004), and He *et al.* (He *et al.*, 2007) demonstrated labeling of folate receptors on cancer cells. Other molecular targets include the sca-1 marker (Pitsillides *et al.*, 2011) and annexin-V for detection of circulating apoptotic cells (Wei *et al.*, 2005). In practical use, experimental parameters such as probe concentration, clearance kinetics, fluorophore loading, binding kinetics and specificity must be carefully established to ensure sufficient labeling and contrast of target cell types.

3.2 Detection sensitivity in IVFC

3.2.1 Cell labeling – quantitative estimates—Unlike conventional flow cytometry where cells are measured in clear sheath fluid, in IVFC cells must be detected within biological tissue that generates non-specific background autofluorescence and attenuates light. In microscopy-IVFC, excitation and emission light must penetrate tens or hundreds of

μm of tissue, whereas in DiFC light may penetrate several mm. As such, an evident question is “how much fluorophore labeling does a cell require for detection in IVFC?” Although in practice the answer depends on several factors, it is useful to first quantify the fluorescence labeling associated with the methods outlined in section 3.1.2.

In the biomedical research literature fluorescence labeling is generally reported in qualitative terms such as “bright”, “dim”, or in arbitrary units where the relative intensity of sub-populations are compared. For cell labeling protocols, the incubation dye concentration is usually reported, but not the actual molecular uptake into cells. In the flow cytometry community, labeling is sometimes (although not frequently) reported in units of ‘molecules of equivalent soluble fluorophores’ (MESF), or ‘equivalent reference fluorophores’ (ERF) (Gaigalas *et al.*, 2005). Both metrics are related to the number of fluorescently active (non-aggregated or quenched) molecules per cell, and involve the use of specialized protocols and reference standards for accurate quantification. It is also important to note that different fluorescent molecules vary widely in brightness since they have different extinction coefficients and quantum yields (the ‘brightness’ of a fluorophore in $\text{M}^{-1}\text{cm}^{-1}$ is defined as the product of extinction coefficient and quantum yield divided by 1000). The effective measured fluorescence intensity also depends on matching of the IVFC instrument excitation source and detection filters to the absorption and emission spectra of the fluorophore.

With these issues in mind, it is nevertheless useful for instrument design and experiment planning purposes to review the reported range of fluorescence labeling. The available data (as determined by a literature search) are summarized in figure 7. The numbers shown here should be interpreted with some caution due to the wide variety of fluorophores, wavelength ranges, labeling methods, and quantification methods used (Parham *et al.*, 1998; Deliolanis *et al.*, 2011; Gerena-Lopez *et al.*, 2004). We have chosen to use the metric “approximate number of molecules per cell” in an attempt to standardize between methods. In addition, for the direct labeling method (antibody labeling) we report the cell surface receptor density for each cell line (McLarty *et al.*, 2009; Rao *et al.*, 2005; Nagrath *et al.*, 2007; Tichauer *et al.*, 2012; Panke *et al.*, 2013). Actual cell labeling will therefore depend on the probe design, binding efficiency and the number of fluorescent molecules (loading) per probe. Each data point represents a number reported in the literature, the sources of which are summarized in the accompanying legend.

Since this issue is of significant interest in our own research, we also experimentally tested the labeling of cells with a number of *ex-vivo* labeled cells against commercially available reference microspheres. We tested multiple myeloma (MM.1s) and murine breast cancer (4T1) cells labeled with a membrane dye (DiD) and CellTrace Far Red and green (CFSE) dyes. We also tested several GFP, TurboRFP, mCherry and iRFP labeled cell lines against the reference calibration beads. Our measurements are indicated in open points (the details of our experiments are given in appendix A). As indicated, these generally agree well with literature values.

Overall, several orders-of-magnitude range of labeling is observed using the methods. *Ex-vivo* labeling (method-I) produces very brightly-labeled cells, and fluorescent protein

expression (method-II) and direct antibody labeling (method-III) may produce several orders of magnitude variation depending on factors such as cell line, transfection efficiency, cell cycle stage, receptor density, probe binding efficiency. However, for IVFC instrument design and planning purposes, 10^5 – 10^7 molecules (1–100 attomole) per cell are certainly achievable and may be used as reasonable values for calculations pertaining to estimation of detection sensitivity.

3.2.2 Cell labeling and lowest detectable fluorophore concentration—Assuming the quantitative fluorescence labeling of cells is known, it is possible to estimate the lower bounds of ‘detectability’ in IVFC. For most IVFC methods, “spikes” are detected as fluorescently-labeled circulating cells pass through the instrument field-of-view. In this case, it is straightforward to use the standard definition of the signal-to-noise ratio (SNR) of $20\log_{10}(I/\sigma)$, where I is the spike amplitude and σ is the standard deviation of background noise. The background noise may arise from a number of sources, including detector noise on the background autofluorescence signal, and motion artifacts related to breathing. The cell labeling method used may introduce other sources of noise, including non-specific uptake of targeted dyes, or scavenging of free dye or cell fragments by non-target cells.

In order to enumerate cells, a minimum detection threshold must be selected. The threshold is chosen to maximize the number of peaks counted while maintaining an acceptably low false alarm rate (FAR), which is the expected count rate for an animal with no circulating cells (control animal). In practice, this is typically about 10–14 dB, or a spike height 3–5 times the noise level. Therefore, one potentially useful metric for characterizing the detection sensitivity of an IVFC system is the cell labeling at the minimum threshold. This can be achieved by measuring the cell brightness in culture (using a flow cytometer or fluorescence microscope) against a known calibration standard. Reference fluorescent micro-spheres with calibrated intensities (for example, relative brightness or calibrated units of MESF) are used routinely in flow cytometry and are sold by a number of vendors. The average measured spike height *in vivo* can be compared to the average brightness measured *ex-vivo*, and the minimum detectable labeling estimated. In practical terms, this also means that, depending on cell labeling a fraction target cell population may not be detectable for a given cell type, labeling method and IVFC system.

In practice this varies significantly amongst the fluorescence-based instruments described in the literature (section 2). For microscopy-IVFC, Lin *et al.* previously computed a lower-limit of detectability for confocal detection of Cy5.5-conjugated antibody labeled cells of approximately 10^3 molecules of fluorophore per cell (Runnels *et al.*, 2006). For wide-field and diffuse methods the threshold may be several orders of magnitude higher.

3.3 Count rate and lowest detectable cell concentration

Another important issue with respect to IVFC sensitivity is the lowest detectable *concentration* of circulating cells. This is particularly important in applications involving rare circulating cells, such as CTCs, where clinically relevant CTC burdens are as low as 1–100 cells per mL of peripheral blood. The expected cell count rate measured with an IVFC system in a blood vessel dN_c/dt at a given time t is given by,

$$dN_c/dt = Q_s \Phi_d C_c(t) \quad (1)$$

where Q_s is the circulating blood volume sampled by the instrument per unit time, Φ_d is the fraction of target circulating cells that are detectable by the instrument, $C_c(t)$ is the concentration of target cells per unit volume, which may change over time t . The total number of cells counted N_c in an IVFC scan is the time-integral of equation 1 over the acquisition time.

The blood sampling volume Q_s varies significantly by IVFC method. For microscopy IVFC, this is about 0.1–1 $\mu\text{L}/\text{minute}$, for RFC or CV-IVFC about 1–10 $\mu\text{L}/\text{minute}$, and for DiFC about 10–100 $\mu\text{L}/\text{minute}$. Considering a low abundance target cell population of $C_c(t) = 100$ cells/mL, if *all* cells were detected then, the expected count rate dN_c/dt is 0.1, 1 and 10 cells per minute, respectively. However in general a certain fraction of cells may be below the detection threshold of the system (section 3.2), so that $\Phi_d < 1$. For example, for a weakly labeled cell population in a hypothetical IVFC system, an improvement in Q_s may be outweighed by a reduction in Φ_d .

For low-count rate measurements (rare cells), the time required to count a statistically significant number of cells may be impractically long. Assuming Poisson count statistics, the standard deviation of the measurement is $\sqrt{N_c}$, so that a minimum of 100 cell counts are required for a measurement uncertainty of $\pm 10\%$. This may be infeasible if the target circulating cell concentration $C_c(t)$ is expected to change significantly in the acquisition period, or if it is undesirable to hold animals under anesthetic for long acquisition periods. Likewise, if the *FAR* of the instrument exceeds or is comparable to dN_c/dt , long acquisition periods may be needed to establish statistical significance compared to control measurements.

In general, microscopy-IVFC, multi-photon IVFC and RFC are capable of detecting more weakly labeled cells, in exchange for lower blood sampling volume, whereas CV-IVFC or DiFC require more brightly-labeled cells, in exchange for higher blood sampling volume. As we discuss further in the next section, we suggest that enhanced standardization of system capabilities by the IVFC communities could further stimulate growth in the field and adoption of IVFC by prospective users in the general biomedical research communities.

4. Future prospects for IVFC

4.1 IVFC in biomedical research

While we have focused this review on technological considerations, in this section we discuss two example areas of biomedical research where IVFC can uniquely yield important insights.

4.1.1 Immunology—The immune system responds to local infection or injury by recruiting leukocytes from distant locations such as lymph nodes, bone marrow, and the spleen. Leukocytes released from these lymphoid organs traffic to their destination via the

circulation. Thus IVFC is an ideal tool to monitor the immune response noninvasively, by “spying” on these cellular armies as they make their way to the battlefield. For example, we have investigated the T cell response following allogeneic islet transplantation (Fan *et al.*, 2010), an experimental treatment for type-1 diabetes that aims to replenish the insulin-producing beta cells lost to the autoimmune destruction with transplanted pancreatic islets from healthy donors. The challenge is that unless the donor is genetically matched to the recipient (e.g. identical twins), the transplanted tissue will be recognized by the patient’s immune system as foreign and be rejected. The goal in transplantation immunology is to induce a state of tolerance, where the immune system is educated to accept tissue from the donor, while retaining the full capacity to mount an immune response against other invading organisms. Thus tolerance induction is different from immune suppression, which will render the patient susceptible to infection and even cancer.

In the mouse model of pancreatic islet transplantation, allogeneic (foreign) islets were placed under the kidney capsule, a standard location for transplantation studies. Without tolerance induction, the islets were rejected within 2 weeks and the mice all became diabetic, whereas with tolerance induction (CD154 plus rapamycin), the mice maintained normal glucose levels for the duration of the experiment (>1 month), indicating donor islets were functional in insulin production. However difference in the kinetics of T cell response in these two cases was not known. We used IVFC to monitor the number of circulating T cells (figure 8) and detected a marked increase (reaching >100-fold) in the number of DsRed + CD4 T cells during the two week period prior to islet rejection in mice that did not receive tolerance induction (Fan *et al.*, 2010). In contrast, in mice receiving tolerance induction, the number of CD4 T cells only showed a moderate and transient increase but the absolute number was approximately a factor of 10 lower than the rejecting cohort. Using multi-color IVFC, we also monitored the number of GFP+ regulatory T cells hypothesized to be important for tolerance induction. Contrary to expectation, an increase in regulatory T cells was not detected, suggesting that while this T cell subset might have been important functionally, they were not released into the circulation and instead exerted their regulatory function in the lymph nodes. These findings were born out by intravital imaging and quantification of the T cells that have reached their destination (graft site under the kidney capsule). However, intravital imaging was invasive where as IVFC was completely noninvasive, making it possible to perform serial measurements of T cell numbers circulating through the same blood vessel day after day. Because of the massive T cell expansion during the immune response, the experiment was only possible using T cells expressing fluorescent proteins that are not diluted by the proliferation.

4.1.2 Cancer Research and Oncology—Metastasis is responsible for >90% of cancer related deaths, and one of the common metastatic pathways is via circulating tumor cells (CTCs) through the blood. CTC burden has been shown to correlate with disease progression and response to treatments both pre-clinically and clinically (Cristofanilli *et al.*, 2004; Bidard *et al.*). In small animal models, it has been shown that CTC dissemination occurs before distant metastases are detectable (Hwu *et al.*, 2011). Therefore, CTCs represent a promising potential new biomarker for both treatment monitoring and early

detection of metastatic progression. Ideally, CTCs could help guide clinical treatment in the future.

This has driven interest in new technologies for study of CTCs; in 2016, there were nearly 1500 journal papers published (Pubmed database) related to CTCs, with approximately 20% related to small animal pre-clinical research. CTCs are difficult to study in part because they are rare; CTC burden of 1–100 cells per mL are clinically significant. Therefore, isolation and purification of CTCs is a major problem. Although this is a very active area of research, currently CellSearch is the only FDA approved method for CTC enumeration, and is based on the presence of cells with epithelial CTC markers in blood samples.

Due to the low abundance of CTCs, in small animal experiments it may be necessary to euthanize the animal and analyze the entire peripheral blood volume. In addition to known problems associated with sample preparation and analysis, this also eliminates the possibility of serial study of the same animal over time. This specific problem continues to be a major driver for development of new IVFC techniques capable of sensitive detection of rare cells (such as RFC, CV-IVFC, and DiFC). As noted, cell lines labeled with fluorescent protein(s) are well suited to this application, since CTCs remain brightly and specifically labeled during disease progression without the need for administering additional dyes. IVFC has already been applied in CTC research in monitoring disease progression and response to treatment in various small animal models of hepatocellular cancer (Fan *et al.*, 2012), lung cancer (He *et al.*, 2007), breast cancer (Hwu *et al.*, 2011), and multiple myeloma (Runnels *et al.*, 2011).

4.2 Prospects for broader adoption of IVFC in pre-clinical research

IVFC has enjoyed significant growth over the last decade. In this section, we discuss prospects for further growth and broader adoption of IVFC by a wider group of users in the future.

4.2.1 Technical capabilities—As we have demonstrated in this review, there has been continuous push to improve the technical capabilities of IVFC. Improved instrument sensitivity is a critical area of research, both with respect to the minimum detectable cell concentration and fluorophore concentration. Identification of novel contrast agents and intrinsic contrast mechanisms for sensitive and specific detection of target circulating cell types is also an active area of work. Moreover, depending on the specific application, ‘enumeration’ (counting) of one specific cell population may be inadequate. *In vivo* molecular characterization and phenotyping through concurrent measurement of a set of biomarkers is therefore advantageous. For example, in the case of CTCs, it may be desirable to distinguish between epithelial or mesenchymal cell subpopulations. Likewise, it may be necessary to characterize the response of specific clonal sub-populations to a new treatment.

4.2.2. Matching users with instrument capabilities—The two example applications discussed in section 4.1 are illustrative because they involve very different circulating cell populations, concentrations and labeling methods. As such, the most appropriate IVFC methods may be different: an application involving an abundant cell population, but with low expected cell brightness may be best suited to microscopy IVFC, whereas a lower

abundance cell population that is brightly labeled with a constitutively expressed fluorescent protein may be better suited toward RFC, CF-IVFC, or DiFC. However to a potential end-user in the research community, matching their application to the technical capabilities of the instrument may be difficult. To this end, quantitative and qualitative reporting of IVFC instrumentation capabilities – such as advantages and disadvantages for specific applications - may serve to address this and foster further collaborations. Specifically, researchers may characterize and report the following where possible: i) the minimum detectable cell labeling (e.g. relative to a reference particle or in MESF), ii) the average measured signal to noise ratio SNR for a cell labeled at a given level, iii) the instrument false-alarm rate (FAR), and, iv) the expected count rate (dN_c/dt) at a given cell concentration ($C_c(t)$) for a fixed cell labeling level (in MESF) or reference brightness.

4.2.3 Availability and cost—At the time of writing of this review, there is not yet a commercial IVFC system available for end-user purchase. Because current generations of IVFC may require advanced training in biomedical optics (e.g. for alignment of the illumination and detection optics, instrument calibration, and analysis of data), broader adoption would be enabled by more emphasis on developing IVFC instrumentation that can be operated by trained non-specialist users. In terms of cost, the optical components for IVFC are generally comparable to fluorescence microscopy and are therefore not prohibitive for most research labs. Microscopy IVFC instrumentation includes light sources, microscope objective(s), mirrors, laser scanning mirrors, filters, optical detectors and computer hardware. Multi-photon IVFC requires specialized pulsed lasers, which currently implies a more expensive instrument, although this may change with the dissemination of lower cost mode-locked pulsed fiber lasers. DiFC uses a relatively simple optical implementation, although it may require specialized optical fiber bundles. The general characteristics of existing fluorescence IVFC systems are summarized in table 2. Last, an alternative approach to developing a specialized IVFC system is to use the line scan mode of a commercial confocal or 2 photon microscope (He *et al.*, 2007).

4.3 Towards clinical IVFC

Finally, we discuss prospects for translation of IVFC to humans clinically. Analogous to the basic biomedical research discussed in section 4.1, there are a number of important clinical problems where the capabilities of IVFC would have high potential value. Enumeration of CTCs would be valuable in staging, early-detection and treatment response monitoring in metastatic cancer. Quantifying the number of circulating leukocytes can provide a diagnostic marker for infection or inflammation.

In principle, IVFC technology can be translated clinically to humans, as has already been demonstrated by imaging blood cells in the lower lip (Golan *et al.*, 2012) (figure 9a). Chen and Liu demonstrated imaging of blood cells in superficial capillary beds in the arm using third harmonic generation microscopy (Chen and Liu, 2012) (fig. 9b,c). Likewise, reflectance confocal microscopy with intrinsic contrast is already widely studied in humans in dermatological applications, e.g. (Rajadhyaksha *et al.*, 1995; Rajadhyaksha *et al.*, 2017; Stevenson *et al.*, 2013; Longo *et al.*, 2013). Other candidate anatomical locations include the capillary bed in the earlobe or retina of a human. DiFC is scalable to larger limbs and could

theoretically be used to probe, for example, superficial blood vessels in the forearm or wrist of an adult human.

As such, the largest barrier to clinical translation of fluorescence-based IVFC is imaging contrast of target cells. In principle, it would be possible to use antibody (or anti-body fragment) targeted fluorescent probes (He *et al.*, 2007; Wei *et al.*, 2005), analogous to those used in fluorescence-guided surgery (“molecular imaging”) (Vahrmeijer *et al.*, 2013; Harlaar *et al.*, 2016). To achieve the required specificity, this could involve the use of activatable probes (Kobayashi and Choyke, 2011), or multiplexed combinations of specific and non-specific probes (Tichauer *et al.*, 2012). In practice, the potential regulatory hurdles associated with using contrast agents (with potential side-effects) in humans may outweigh the benefits of performing an *in vivo* measurement, especially in light of the fact that blood can readily be drawn from the patient and analyzed. There are also currently only a small number of fluorescent molecules that are approved for use in humans including indocyanine green (ICG) (Marshall *et al.*, 2010) and 5-amininolevulinic acid (ALA) induced protoporphyrin IX (PPIX) (Guyotat *et al.*, 2016). However, there are a number of ongoing clinical trials involving the use of new, targeted contrast agents in fluorescence-guided surgery (Rosenthal *et al.*, 2015).

Use of intrinsic cellular contrast would therefore be preferable, since it could represent an easier path to clinical translation. In this case, the primary challenge is identification of a sufficiently sensitive and specific optical marker or set of markers. As we have noted, a number of groups are actively working on this problem. In addition to fluorescence contrast, use of photoacoustic contrast (PAFC) for detection of highly pigmented melanoma cells is also a promising strategy.

5. Conclusions

In summary, IVFC has grown significantly in the past decade as a unique method for detecting, enumerating and characterizing single circulating cells directly in the bloodstream. IVFC has already been applied to many important pre-clinical research applications. Continued growth of the IVFC field will be facilitated by continued technical improvements in the area of instrument detection sensitivity, multiplexing capabilities, and ease of use, and through better matching of IVFC technologies with potential applications. Despite present technical and regulatory hurdles, IVFC may represent an important new clinical tool for oncology and immunology in the future.

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Appendix A. Supplemental Methods

Vybrant DiD cell labeling

Multiple myeloma (MM.1s) and 4T1 cells were harvested using a cell scraper, spun down at 400 g, and then re-suspended in RPMI with 0.1% bovine serum albumin (BSA) at a concentration of 2×10^6 cells / mL. Cells were dyed using a final concentration of 1 μmol / L of Vybrant-DiD (Thermofisher Scientific, Waltham, MA) and incubated for 20 min at 37 °C. At the end of the incubation process, FBS was added (2% of total volume) to prevent cell clumping during centrifuging. Cells were centrifuged as before and washed, once with

PBS with FBS to remove any free DiD in suspension. Last, 10^6 labeled cells were resuspended in 1 mL of RPMI media for flow cytometry.

CellTrace Far Red and CFSE cell labeling

MM and 4T1 cells were suspended at 2×10^6 cells/mL in PBS. Labeling solution from either CellTrace FarRed (Cat. C34564) or CFSE (CellTrace CFSE (Cat. C34553) proliferation kits (ThermoFisher) were added to a final concentration of 2 μ M and incubated for 30 min at 37°C. After the labeling period, 5 times the original staining volume of phenol free RPMI 1640 with 2 % FBS were added. Cells were centrifuged at 1000rpm for 5 mins and then re-suspended in 2×10^6 cells/ml in phenol free RPMI 1640. Cells were incubated for an additional 30 min at 37°C. 10ml of phenol free RPMI 1640 with 10% FBS was then added to remove any free dye. Last, 10^6 labeled cells were centrifuged and re-suspended in 1 mL of RPMI media for flow cytometry.

Fluorescent protein labeled cell lines

MM.1s-iRFP702 and MM.1s-TurboRFP were provided by Prof. Yuji Mishima and Prof. Irene Ghobrial of Dana Farber Cancer Institute, Boston, MA. MCF-10A-GFP-mCherry cells were provided by Prof. Anand Asthigari, Northeastern University, Department of Bioengineering, Boston, MA.

Reference beads

MESF reference beads were purchased from Bang's Laboratories, Inc. (Fishers, IN). We used the following fluorescence quantification kits for these experiments: red – Quantum Alexa Fluor (AF) 647 MESF (Cat. 647), Yellow – Quantum R-PE MESF (Cat 827). Green – Quantum Alexa Fluor (AF) 488 MESF (Cat 488).

Flow cytometry

Cell brightness (peak height) was measured using a Cytex DXP11 Analyzer (Fremont, CA), located at the Brigham and Women's Hospital in Boston, MA. Cells were suspended at a concentration of 10^6 cells per mL. At least 10,000 events were recorded for each measurement. The following laser filter combinations were used for measurements: Red: Excitation = 637 nm, emission = 660/16 nm, Yellow: Excitation = 561 nm, emission = 590/20 nm, Blue: Excitation = 488 nm, emission = 505/10 nm.

MESF quantification

The intensity recorded for each cell line was compared against appropriate MESF calibration beads (red, yellow or green) as per the manufacturer's instructions. The measurements were corrected for the relative molar extinction coefficients, quantum yields, spectral absorption and emission of the fluorophores relative to the reference beads for GFP (Patterson *et al.*, 1997; Patterson *et al.*, 2001), mCherry (Shaner *et al.*, 2008), AF-488, R-PE, AF-647 (ThermoFisher, 2017; ChromaTechnology, 2017), TurboRFP (Evrogen, 2017). Extinction

coefficients, quantum yields, absorption and emission spectra for CFSE, CTFR and DiD were obtained from the manufacturer (ThermoFisher, 2017).

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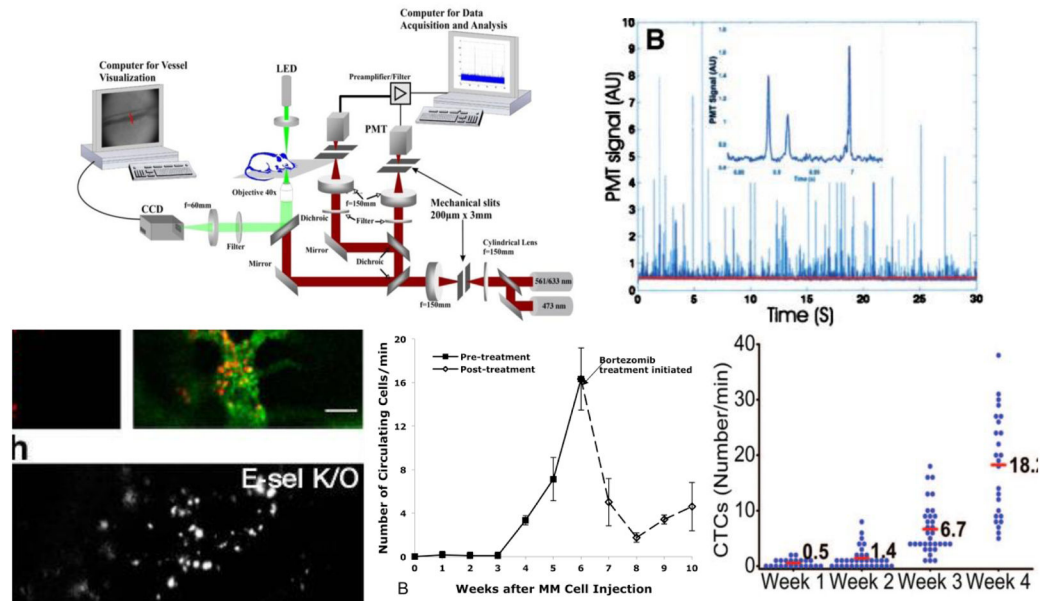


Figure 1.

(a) Microscopy IVFC design, reprinted with permission from (Novak *et al.*, 2004; Georgakoudi *et al.*, 2004). A laser is focused across a blood vessel in the ear of a mouse. (b) As fluorescently-labeled cells pass through the slit, transient fluorescence pulses are generated and detected. Example applications of IVFC, including, (c) the effect of treatment on homing of leukemic cells, figure reprinted with permission from (Sipkins *et al.*, 2005), (d) the number of circulating MM cells, figure reprinted with permission from (Runnels *et al.*, 2011), and, (e) circulating lung tumor cells during disease progression and response to treatment, figure reprinted with permission from (He *et al.*, 2007).

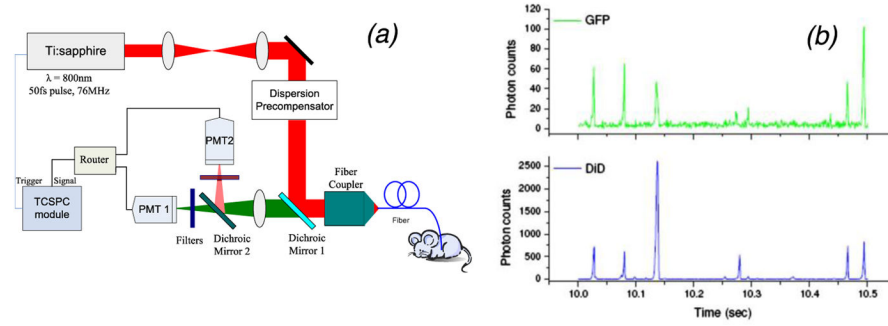


Figure 2.

(a) Fiber-delivered MP-IVFC system. (b) The fiber probe was inserted into the liver of a mouse for detection of sarcoma cells. Figures reprinted with permission from (Chang *et al.*, 2010)

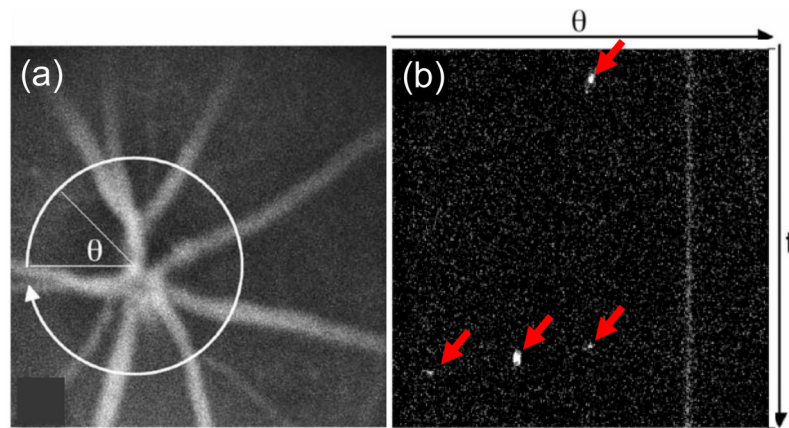


Figure 3. The RFC uses a radially scanned beam (a) to sample multiple artery vein pairs in the retina. (b) This allows simultaneous detection of circulating cells in approximately 5 times larger circulating blood volume than microscopy IVFC. Figures reprinted with permission from (Alt *et al.*, 2007)

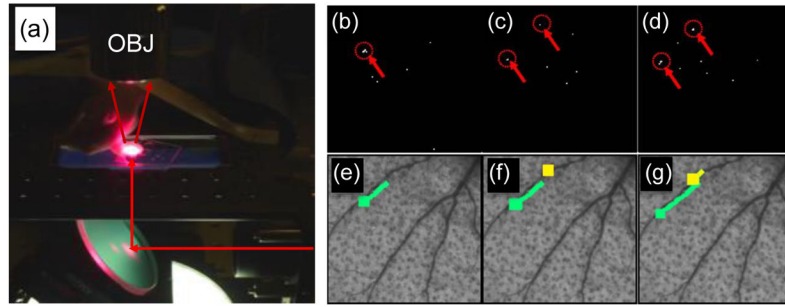


Figure 4.

(a) CV-IVFC used widefield fluorescence imaging of a mouse ear. (b–d) Circulating MM cells were detected in individual image frames, and then (e–g) merged into trajectories. Figures reprinted with permission from (Markovic *et al.*, 2013).

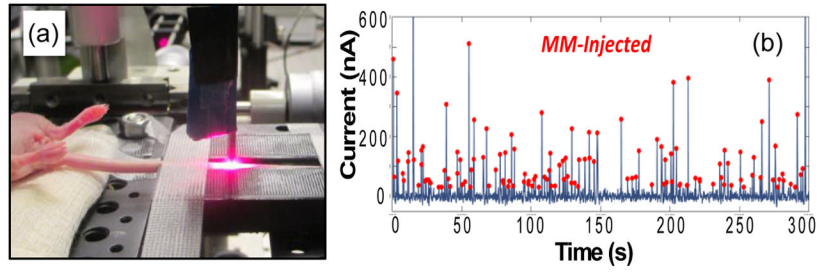


Figure 5. In DiFC, (a) diffuse fluorescence light is used to (b) detect circulating cells in large superficial (~1–2 mm deep) blood vessels. Figures reprinted with permission from (Pera et al., 2017).

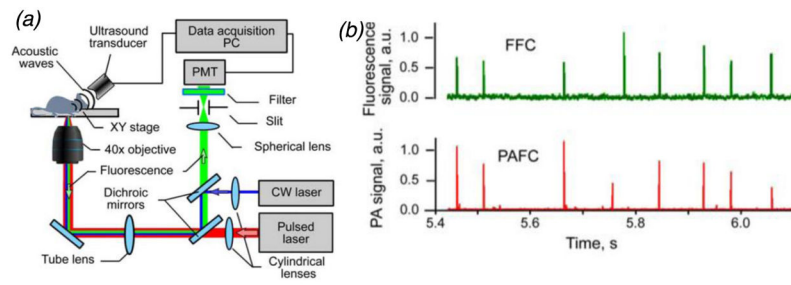


Figure 6.

(a) PA-FFC is a hybrid IVFC technique that allows enumeration of circulating cells with (b) both fluorescence and photoacoustic modalities. Figures reprinted with permission from (Nedosekin *et al.*, 2013).

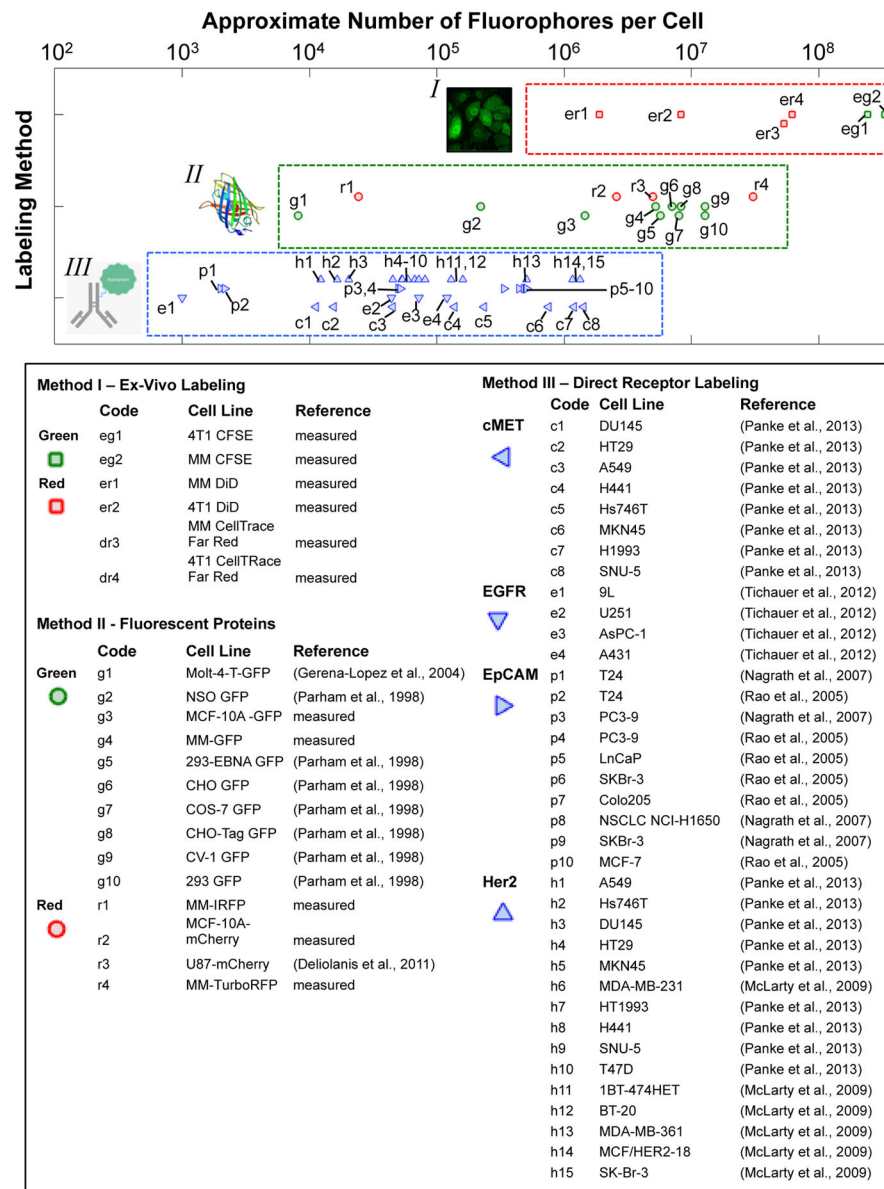


Figure 7. Approximate fluorescent labeling that can be achieved with *ex-vivo*, fluorescent protein, and direct receptor targeted fluorescence-cell labeling methods. Please see text for details.

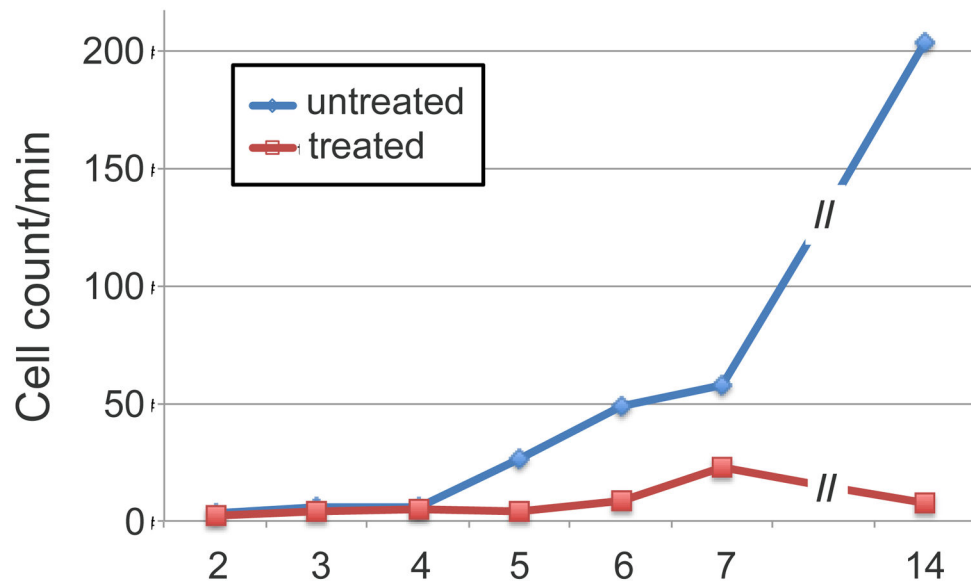


Figure 8. Number of circulating CD4+ effector T cells in the peripheral circulation of mice receiving allogeneic islet transplantation together with or without tolerance induction (anti-CD154 + rapamycin treatment). Figure reprinted with permission from (Fan *et al.*, 2010)

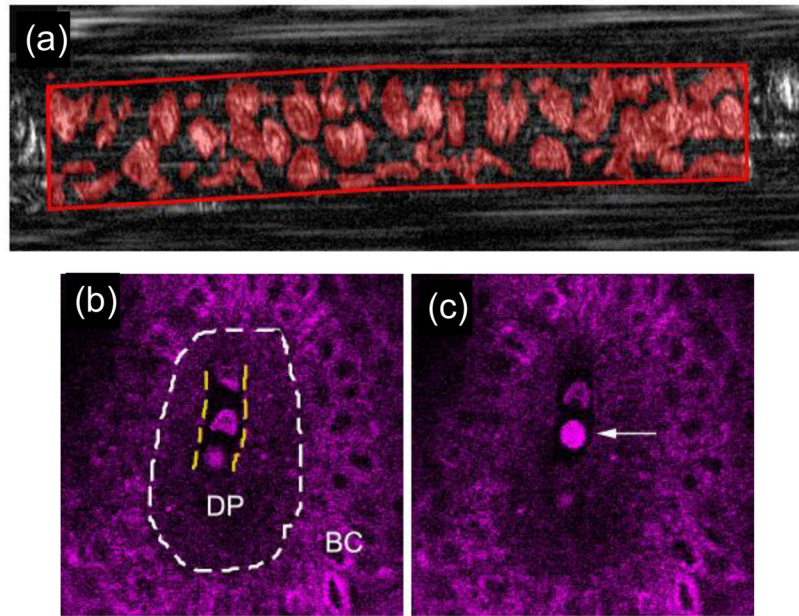


Figure 9. Example of imaging of circulating cells in humans with intrinsic contrast. Circulating RBCs (a) in the lower lip by spectrally encoded flow cytometry, figure reprinted with permission from (Golan *et al.*, 2012). Third harmonic generation imaging (b,c) of circulating blood cells (likely WBCs) in the skin. Figures reprinted with permission from (Chen and Liu, 2012). The dermal papilla (DP) and basal cells (BC) are indicated.

Table 1Reported IVFC methods for fluorescence study of circulating cells *in vivo*

IVFC Technique	Reference(s)	Animal Model	Cell Line(s)	Fluorophore(s)
Microscopy IVFC	(Georgakoudi <i>et al.</i> , 2004)	SCID mice, Copenhagen rat	Leukemia (MLL), prostate cancer (LNCaP)	DiD
	(Novak <i>et al.</i> , 2004)	BALB/c mice	Red blood cells (RBC), white blood cells (WBC)	DiD, Cy-Chrome-CD45
	(Sipkins <i>et al.</i> , 2005)	BALB/c, SCID mice	Leukemic (NALM-6)	DiD, DiR
	(Wei <i>et al.</i> , 2005)	SCID mice	Prostate cancer (MatLyLu)	AF-647
	(Lee <i>et al.</i> , 2006)	BALB/c mice	T cells (CD4+)	DiD
	(Boutrus <i>et al.</i> , 2007)	NOD/SCID mice	Breast cancer (SUM149), Hematopoietic stem cells (HSC)	GFP, PE, APC
	(Novak and Puoris'haag, 2007)	BALB/c mice	RBC, T-Cells	DiD, CellTracker
	(Fan <i>et al.</i> , 2010)	C57BL/6 mice	T-cells	GFP, DsRED
	(Hwu <i>et al.</i> , 2011)	SCID mice	Breast cancer (SUM1315, DU4475)	GFP, FITC, (red) autofluorescence
	(Li <i>et al.</i> , 2011)	BALB/c, Slac-nu mice	LNCaP, PC-3, HCCLM3, liver cancer (Hep62)	DiD, GFP
	(Runnels <i>et al.</i> , 2011)	SCID, BALB/c, Col2.3 Mice	Multiple myeloma (MM)	GFP, DiD, DiO
	(Fan <i>et al.</i> , 2012)	BALB/c mice	Hepatocellular carcinoma (HCCLM3)	GFP
	(Golan <i>et al.</i> , 2012)	Human	RBC, WBC	Intrinsic scatter
	(Aceto <i>et al.</i> , 2014)	SCID Mice	Breast cancer (MDA-MB-231-LM)	DiD
	(Hui <i>et al.</i> , 2014)	BALB/c mice	Cervical cancer (HeLa)	Fluorescent nanodiamond (FND)
	(Nedosekin <i>et al.</i> , 2014)	Nu/nu mice	Mammary adenocarcinoma (MTLn3)	Dendra2
	(Suo <i>et al.</i> , 2015)	BALB/c Mice	Bone marrow cells, mesenchymal stem cells (MSC)	DiO, IR-780 EGFP
	(Yan <i>et al.</i> , 2015)	BALB/c mice	HCC	GFP
	(Suo <i>et al.</i> , 2017)	BALB/c mice	HCCLM3, prostate cancer (PC-3)	GFP
Multi-photon (MP-IVFC)	(He <i>et al.</i> , 2007)	BALB/c mice	Leukemia (L1210A)	DiD, AF488, GFP, FITC
	(Zhong <i>et al.</i> , 2008)	Nu/nu mice	T-Lymphocytes (Jurkat), cervical cancer (KB), peripheral mononuclear blood cells (PMBC)	CFSE, DeepRed
	(Tkaczyk <i>et al.</i> , 2008;	Nu/nu, CD-1 mice	RBCs, breast cancer	DeepRed, DiD
	Tkaczyk and Tkaczyk, 2011)		(MCF-7, MDA-MB-435)	

IVFC Technique	Reference(s)	Animal Model	Cell Line(s)	Fluorophore(s)
	(Chang <i>et al.</i> , 2010)	CD1 mice	Fibrosarcoma (MCA-207)	DiD, GFP
	(Li <i>et al.</i> , 2010)	BALB/c, C57BL/6 mice	Leukocytes	Intrinsic Tryptophan
	(Zeng <i>et al.</i> , 2014)	zebrafish	WBCs (neutrophils, macrophages)	Intrinsic NADH, GFP, DsRed
Retinal flow cytometer (RFC)	(Alt <i>et al.</i> , 2007)	BALB/c mice	Lymphocytes	DiD
Computer Vision IVFC (CV-IVFC)	(Markovic <i>et al.</i> , 2013; Markovic <i>et al.</i> , 2015)	Nu/nu mice	MM	DiD
Diffuse Fluorescence Flow Cytometry (DiFC)	(Zettergren <i>et al.</i> , 2012b; Zettergren <i>et al.</i> , 2012a; Pera <i>et al.</i> , 2017)	Nu/nu mice	MM	DiD
	(Pestana <i>et al.</i> , 2013)	Nu/nu mice	MSC	DiD
Hybrid Photoacoustic Fluorescence Flow Cytometry (PA-FFC)	(Nedosekin <i>et al.</i> , 2013)	Nu/nu mice	Melanoma (B16F10, C8161), MTLn3, RBC	FITC, GFP, iRFP, ICG
	(Galanzha and Zharov, 2013)	Nu/nu mouse	Melanoma (B16F10, HTB-65, SK-ML-7), ovarian carcinoma (CI81)	GFP
	(Nedosekin <i>et al.</i> , 2014)	Nu/nu mice	MTLn3	Dendra2
	(Juratli <i>et al.</i> , 2014)	Nu/nu mice	B16F10, MDA-MB-231	GFP
	(Nolan <i>et al.</i> , 2016)	Nu/nu mice	B16F10, MDA-MB-231, MTLn3	GFP, Dendra2
	(Cai <i>et al.</i> , 2016)	C57BL/6 mice	Infected (malaria) RBCs	GFP
	(Nedosekin <i>et al.</i> , 2017)	Nu/nu mice	MDA-MB-231, breast cancer (ZR-75-1)	GFP, Gold Nanoparticles

Table 2

General characteristics of IVFC methods

	Sensitivity (labeling)	Sensitivity (sampling volume)	Instrument Cost
Microscopy IVFC	+++	+	\$\$
Multi-Photon IVFC	+++	+	\$\$\$
RFC	+++	++	\$\$
CV-IVFC	++	++	\$\$
DiFC	+	+++	\$

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