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## Characterization of Adipogenic Activity of House Dust Extracts and Semi-volatile Indoor Contaminants in 3T3-L1 Cells

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### Abstract

Obesity and metabolic disorders are of great societal concern and generate significant human health care costs. Recently, attention has focused on the potential for environmental contaminants to act as metabolic disruptors. This study sought to evaluate the adipogenic activity of indoor house dust extracts and a suite of semi-volatile organic chemicals (SVOCs) that are often ubiquitously detected in indoor environments. 3T3-L1 cells were exposed to extracts of indoor dust or individual SVOCs and assessed for triglyceride accumulation and pre-adipocyte proliferation. Ten of 11 house dust extracts exhibited significant triglyceride accumulation and/or proliferation at environmentally relevant levels (<20 µg of dust/well), and significant adipogenic activity was also exhibited by 28 of the SVOCs. Notably, pyraclostrobin, dibutyl phthalate, tert-butyl-phenyl diphenyl phosphate, and the isopropylated triaryl phosphates (ITPs) exhibited near maximal or supra-maximal triglyceride accumulation relative to the rosiglitazone-induced maximum. The adipogenic activity in house dust occurred at concentrations below EPA estimated child exposure levels, and raises concerns for human health impacts, particularly in children. Our results delineate a novel potential health threat and identify putative causative SVOCs that are likely contributing to this activity.

### Key Terms

Endocrine Disrupting Chemicals; Obesogen; Adipogenesis; 3T3-L1; House dust

### Introduction

Endocrine disrupting chemicals (EDCs) include 1,000 or more synthetic or naturally occurring chemicals or mixtures that can interfere with any aspect of hormone action<sup>1</sup>; some of these, termed “obesogens”, have been demonstrated to directly increase weight gain in animal models and/or triglyceride accumulation *in vitro*<sup>2,3</sup>. The global prevalence of metabolic disorders, such as obesity, is currently of great societal concern. Obesity

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Supporting Information. Supporting information is provided for positive control and paraben responses, strobil family cell viability response, correlations between PPAR $\gamma$  activities and adipogenic outcomes, chemical purity and ordering information, and a list of putative adipogenic pathways for tested chemicals.

contributes to an estimated \$215 billion in annual US health care costs, and in addition drives increased risks of type II diabetes, cardiovascular disease, hypertension, and other adverse health effects<sup>4</sup>. Legler et al. previously estimated the economic costs of obesity, diabetes, and associated costs reasonably attributable to EDCs in the European Union at €18–29 billion<sup>5</sup>. Importantly, this study likely significantly underestimates the cost as it only assessed effects from five chemicals with the strongest epidemiological evidence, whereas putative obesogens are being identified via *in vitro* and *in vivo* studies at an ever-increasing rate<sup>2</sup>. Despite increased attention and attempted interventions, rates of occurrence remain high: 8.9% of infants and toddlers, 17.0% of 2–19 year olds, and 36.3% of adults aged 20 and older are currently classified as obese in the US<sup>6</sup>.

Due to the costs and time involved with confirming putative “obesogens” *in vivo*, utilizing appropriate *in vitro* models is crucial for screening large numbers of individual environmental chemicals and mixtures. The 3T3-L1 mouse pre-adipocyte cell line is commonly used for this purpose; following exposure to adipogenic chemicals, these cells differentiate into adipocytes, undergoing morphological changes, accumulating triglycerides, and eventually coming to resemble a mature human white fat cell<sup>7,8</sup>. This model has been rigorously applied to putative metabolic disruptors over the last forty years, with active chemicals in 3T3-L1 cells demonstrated in many cases to be active *in vivo* as well<sup>9–12</sup>. Many nuclear receptor pathways can regulate adipogenesis, including the peroxisome proliferator-activated receptor-gamma (PPAR $\gamma$ ), thyroid receptor-beta (TR $\beta$ ), liver X receptor (LXR), farnesoid X receptor (FXR), glucocorticoid receptor (GR), estrogen receptor (ER), androgen receptor (AR), retinoid X receptor (RXR), insulin receptor, and others<sup>13</sup>. EDCs that can impact these receptors are ubiquitous, commonly found in consumer products, and accumulating in the indoor environment<sup>14–17</sup>. As such, humans are exposed to complex mixtures of contaminants throughout development. Newborn cord blood often contains hundreds of contaminants<sup>18,19</sup>, and exposure continues via oral routes such as breast-feeding<sup>20,21</sup> and from inhalation and dermal contact in indoor environments<sup>14,22–24</sup> in early life.

House dust is reportedly contaminated with several classes of EDCs (e.g. flame retardants, phthalates, pesticides, etc.) that can span several orders of magnitude in concentration. People, and particularly small children, are chronically exposed to dust, and thus receive exposure to EDCs present in the dust. Research from our laboratory and others has characterized the chemicals present in house dust and reported a number of semi-volatile organic contaminants (SVOCs) that are suspected of being hormonally active, including phthalates, flame-retardants, and perfluoroalkyl substances (PFAS)<sup>23,25,26</sup>. Notably, the EPA estimates children ingest 50 mg of dust per day from indoor environments<sup>22</sup>, contributing to chronic oral and inhalation exposures to EDCs<sup>14,23,24</sup>. Previous research from our laboratory assessed the ligand binding and subsequent activation of PPAR $\gamma$  by house dust extracts, reporting that 21 of 24 samples exhibited significant PPAR $\gamma$  binding at 3 mg dust equivalence per mL (DEQ/mL; mass of extracted dust per volume of assay medium; or 120  $\mu$ g dust per assay well)<sup>27</sup> and receptor activation in 15 of 25 samples at 50% of the maximal positive control response and at concentrations 100  $\mu$ g DEQ/mL (4  $\mu$ g dust per well)<sup>28,29</sup>. Other studies have reported PPAR $\gamma$ , GR, and ER agonism as well as AR and TR antagonism, notably at concentrations as low as 12  $\mu$ g, 40  $\mu$ g, and 38  $\mu$ g for ER

agonism, GR agonism, and AR antagonism, respectively<sup>30–32</sup>. Given that these pathways, all known to regulate adipogenesis, are all activated or disrupted by house dust at lower concentrations than estimated child exposure levels, it raises questions about the potential adipogenic activity of house dust.

As such, the goals of this study were to address this knowledge gap via testing of a small subset of house dust samples to determine whether extracts of indoor house dust were sufficient to regulate adipogenesis at environmentally relevant exposure levels. We further assessed a wide range of chemical contaminants routinely measured in indoor environments, including: polybrominated diphenyl ethers (PBDEs) and other brominated flame retardants (BFRs), organophosphate flame retardants (PFRs), phenols, pesticides, parabens, phthalates, and perfluoroalkyl substances (PFASs). Specifically, we used 3T3-L1 cells (Zenbio, Inc.) to determine the ability of dust extracts and individual chemicals to promote triglyceride accumulation and/or pre-adipocyte proliferation. We hypothesized that many of these indoor contaminants, as well as house dust samples at environmentally relevant exposure levels, would exhibit significant adipogenic activity via triglyceride accumulation and/or pre-adipocyte proliferation.

## Materials and Methods

### Chemicals

Chemicals tested are described in further detail in Table 1. Forty-one chemicals were selected, including PBDEs, BFRs, PFRs, phenolics, pesticides, parabens, phthalates, and PFASs that our laboratory and others had commonly detected in indoor house dust and that therefore were considered to represent a chronic source of human exposure<sup>23, 25, 26</sup>. Stock solutions were prepared in 100% DMSO (Sigma cat # D2650) and stored at  $-20^{\circ}\text{C}$  between uses.

### Dust sample collection and processing

House dust samples (n=11) were collected as part of another ongoing study and processed as described previously<sup>33</sup>. Briefly, dust samples were collected using a vacuum cleaner with a crevice tool attachment and cellulose thimble, as previous<sup>34, 35</sup>. Samples were collected from households in central North Carolina, USA, between May and October of 2014. Each sample was collected from a resident that had lived in their household for at least two years and who was instructed not to vacuum their home for at least two days prior to collection. During collection, the main living area of the home was vacuumed and dust collected, wrapped in foil, and frozen. After sieving to  $<500\ \mu\text{m}$ , approximately 100 mg of dust was extracted with 50:50 dichloromethane:hexane (used to extract a wide range of chemical classes) via sonication extraction and concentrated under nitrogen gas. An aliquot of this fraction was further evaporated to dryness and reconstituted in DMSO for use in these bioassays. Three laboratory blanks were prepared using laboratory solvents and techniques in the absence of dust to ensure that lab procedures did not impart any active chemicals to our assays. None of these samples exhibited significant triglyceride accumulation or pre-adipocyte proliferation at any concentration tested.

## Cell Care

3T3-L1 cells were obtained from Zenbio, Inc. at passage 8 (cat# SP-L1-F, lot# 3T3062104; Research Triangle Park, NC) and were maintained in Dulbecco's Modified Eagle Medium – High Glucose (DMEM-HG; Gibco cat# 11995) supplemented with 10% bovine calf serum and 1% penicillin and streptomycin (Gibco cat# 15140)<sup>36</sup>. Cells were maintained in a sub-confluent state until differentiation, and each thaw was differentiated within 8 passages (p8–15), with no significant changes in control chemical response observed in that time.

## Differentiation Induction and Maintenance

Cells were induced to differentiate as described in detail previously<sup>36</sup>. Briefly, cells were seeded into 96-well tissue culture plates (Greiner cat # 655090) at approximately 30,000 cells per well in pre-adipocyte media. Once confluent, cells were cultured for an additional 48 hours to undergo growth arrest and initiate clonal expansion. Following this window, media was replaced with test chemicals, dust samples, and/or controls using a 0.1% DMSO vehicle diluted in differentiation media (DMEM-HG with 10% fetal bovine serum, 1% penicillin/streptomycin, 1.0 µg/mL human insulin, and 0.5 mM 3-isobutyl-1-methylxanthine, IBMX). After 48 hours, media was replaced with test chemicals diluted in adipocyte maintenance media (differentiation media without IBMX) and was refreshed every 2–3 days until assay.

## Lipid and DNA staining protocols

Plates were assayed for triglyceride accumulation, DNA content, and cell viability (ATP production) ten days after induction of differentiation, as described previously<sup>36</sup>. Media was removed from wells of tissue culture plates and cells rinsed with phosphate-buffered saline before replacing with 200 µL of dye mixture (19 mL saline, 1 drop/mL NucBlue (Thermo# R37605), and 500 µL AdipoRed (Lonza# PT-7009)). Plates were wrapped to protect from light and incubated for approximately forty minutes, then read using a Molecular Devices SpectraMax M5 fluorimeter; excitation 485 nm/emission 572 nm for AdipoRed, excitation 360 nm/emission 460 nm for NucBlue. Cell Viability was assessed using the CellTiter-Glo assay (Promega# G7572). Briefly, following the lipid and DNA protocols, 170 µL of media was removed from each well, 30 µL of CellTiter reagent was added, and media was pipetted up and down several times to homogenize. Plates were incubated at room temperature for ten minutes prior to reading luminescence.

Efficacies (percent activities) across the full dose responses tested were calculated relative to the intra-assay average rosiglitazone-induced maximal fold induction (Figure S1; average of 3–4 complete dose responses from separate plates within each assay; EC<sub>50</sub>: ~35 nM; max activation: 1 µM; sensitivity: 10 nM) over intra-assay differentiated vehicle controls (0.1% DMSO; included in every plate), after correcting for background fluorescence by subtracting raw fluorescence units from cell-free wells (intra-assay Z'-factor: 0.81; signal/noise: 9.2-fold change). DNA content and cell viability were calculated as percent change from vehicle controls for each chemical at each concentration, and DNA content was then used to normalize total triglyceride values in each well to obtain triglyceride content per cell. As pre-adipocytes can be driven to accumulate intracellular lipids and/or proliferate in response to test chemicals, normalizing triglyceride accumulation to DNA content allowed us to tease

apart these mechanisms for individual chemicals. Significant cell viability loss in the absence of cytotoxicity (decreased DNA content) was only observed for pyraclostrobin, azoxystrobin, trifloxystrobin, and fluoxastrobin; these results are discussed in light of the adipogenic responses within the Discussion. Potencies were determined using EC<sub>20</sub>'s and EC<sub>50</sub>'s (concentration of each chemical that exhibits 20% or 50% of its own maximal activity, respectively) values determined using GraphPad Prism 6.0.

### Statistical Analysis

Data are presented as means  $\pm$  SE from four technical replicates of three independent experiments. Linear mixed models were used to analyze the results from the three biological replicate assays, and incorporated random effects to account for dependence among quadruplicate technical replicates. Post-test comparison between treatment groups was performed between groups using least-square means to determine 95% confidence intervals and the Tukey-Kramer multiple comparison test with differences considered statistically significant at  $p < 0.05$  to determine differences between treatment groups and from vehicle control. Cell proliferation results were log transformed for normal distributions and adjusted means back-transformed for presentation. Proc GLIMMIX in SAS 9.4 (SAS Inc.) was used for this analysis. EC<sub>20/50</sub> values were estimated using curves generated from raw fluorescence data using a 4-parameter variable-slope Hill model in GraphPad Prism 6.0.

### Results

Eleven indoor house dust extracts and forty-four SVOCs from seven structural groups were assessed for percent adipogenic activity utilizing 3T3-L1 cells. Cells were differentiated according to standard protocols and assessed after ten days for triglyceride accumulation (relative to maximal rosiglitazone response) and pre-adipocyte proliferation (relative to vehicle control) using fluorescent stains.

#### House dust extract adipogenic activity

Eleven extracts from house dust samples were assessed for adipogenic activity (Figure 1). Seven of eleven dust extracts exhibited significant triglyceride accumulation (relative to DMSO vehicle control), all at concentrations below 1 mg/mL DEQ (200  $\mu$ g dust per assay well, based on 200  $\mu$ L assay volume; Figure 1A). Nine of eleven dust extracts exhibited significant cell proliferation (Figure 1B), with only one dust extract completely inactive (HD11). Three samples that were inactive for triglyceride accumulation stimulated significant cell proliferation (HD3, 5, 6), and one sample that was inactive for cell proliferation stimulated significant triglyceride accumulation (HD9). Comparing these different endpoints, cell proliferation appeared to provide more sensitive detection of adipogenic activity for dust extracts, with three samples exhibiting significant effects on cell proliferation below 100  $\mu$ g/mL (20  $\mu$ g dust per well), and no samples eliciting triglyceride accumulation at this concentration.

#### BFR adipogenic activity

Seven BFRs were tested for adipogenic activity, including three legacy PBDEs: BDE-47, BDE-99, BDE-209, one PBDE metabolite: 6-OH BDE-47, and three current-use BFRs:

TBB, TBPH, and TDBPIC (Figure 2, Table 1). TBPH, TDBPIC, and BDE-47 exhibited significant triglyceride accumulation and/or increased cell proliferation, while no adipogenic activity was exhibited by BDE-99, BDE-209, 6-OH BDE-47, or TBB. The most active BFR was TBPH, which exhibited approximately 67% triglyceride accumulation per well (relative to the rosiglitazone max), with an EC<sub>20</sub> and EC<sub>50</sub> of 0.01 and 1.0 μM, respectively (Figure 2A, C). BDE-47 and TDBPIC exhibited 17 and 10% triglyceride accumulation, with EC<sub>20</sub>'s of 0.02 and 1.20 μM, respectively (Figure 2A, C). TBPH also exhibited 39% increased cell proliferation, with an EC<sub>50</sub> of 4.0 nM; no other BFRs exhibited any significant cell proliferation (Figure 2B). As a result, while TBPH induced less triglyceride accumulation on a per cell basis, corrected to DNA content, no other BFRs were affected.

### PFRs and flame retardant mixtures adipogenic activity

Ten PFRs were assessed for adipogenic activity, including TPHP, TBPP, TnBP, TBOEP, TBPDP, TCIPP, TDCIPP, TBPP, TiBP, ITPs (isomer mixture), and the commercial Firemaster® 550 (FM550) mixture (Figure 2, Table 1). TBPDP, ITPs, FM550, TPHP, TnBP, and TBOEP exhibited significant triglyceride accumulation (Figure 2D, F), with EC<sub>20</sub>'s of 1.25, 0.30, 1.50, 1.40, 1.40, and 1.80 μM, respectively. In addition, FM550, ITPs, TPHP, and TBPP induced significant cell proliferation (Figure 2E). Correcting triglyceride accumulation for DNA content did not modify potencies, but did increase triglyceride accumulation per cell for TBPDP and decreased FM550, ITPs, TPHP, and TBPP. TCIPP, TDCIPP, and TiBP exhibited no adipogenic activity. Interestingly, TBPDP exhibited the greatest triglyceride accumulation of any PFR (141%), though no significant cell proliferation. In contrast, TBPP exhibited no triglyceride accumulation but exhibited 17% increased cell proliferation. Both the ITP and FM550 mixtures exhibited both increased triglyceride accumulation (110% and 101%, respectively) and increased cell proliferation (37% and 20%, respectively), making them the most active PFRs tested. It's important to note that ITP is a large component of FM550, and thus the activity in FM550 may be partly or wholly reflective of this. In general, PFRs tended to exhibit much greater adipogenic activities than the BFRs tested above.

### Phthalate adipogenic activity

Six phthalates were assessed for adipogenic activity, including DEHP, BDP, DiBP, BBP, DEP, and DEHT (Figure 2, Table 1). DBP and DEHP exhibited significant triglyceride accumulation (Figure 2G, I) and significant cell proliferation (Figure 2H), while DiBP, BBP, DEP, and DEHT exhibited no significant adipogenic activity. DBP was the most efficacious chemical tested, exhibiting 149% triglyceride accumulation and an EC<sub>20</sub> of 1.75 μM, though only 9% increased cell proliferation. DEHP exhibited 20% increased triglyceride accumulation and an EC<sub>20</sub> of 1.50 μM, but 29% increased cell proliferation, one of the most efficacious chemicals tested. BBP, which exhibited no significant triglyceride accumulation on a well basis, also appeared to exhibit slight cytotoxicity, resulting in significant triglyceride accumulation on a cell basis. Cell normalization increased the triglyceride accumulation of DBP on a per cell basis, and resulted in slight decreases for DEHP and DiBP. While phthalates were overall relatively inactive, DEHP and DBP were two of the most active chemicals tested.

### Perfluoroalkylated substances (PFASs) adipogenic activity

Three PFAS were assessed for adipogenic activity, including 8:2 FTAc, 8:2 FTOH, and 6:2 FTOH (Figure 3, Table 1). 8:2 FTAc exhibited significant triglyceride accumulation (36%; Figure 3A, C), though did not induce cell proliferation (Figure 3B). Both 6:2 and 8:2 FTOH exhibited no significant adipogenic activity. While the triglyceride accumulation for 8:2 FTAc was not particularly efficacious, it was one of the more potent, with an EC<sub>20</sub> and EC<sub>50</sub> of 0.02 and 0.6  $\mu$ M, respectively (Table 1). Due to slight apparent cytotoxicity, 6:2 FTOH appeared to exhibit significant triglyceride accumulation on a per cell basis.

### Paraben adipogenic activity

Four parabens were assessed for adipogenic activity, including butyl, ethyl, methyl, and propyl paraben (Figure S2, Table 1). None of these chemicals exhibited any significant triglyceride accumulation or cell proliferation over the doses tested.

### Pesticide adipogenic activity

Nine pesticides were assessed for adipogenic activity, including chlorpyrifos, permethrin, cypermethrin, chlorpenafyr, fipronil, pyraclostrobin, azoxystrobin, fluoxastrobin, and trifloxystrobin (Figure 3, Table 1). Pyraclostrobin, azoxystrobin, fluoxastrobin, trifloxystrobin, permethrin, cypermethrin, and chlorpyrifos exhibited significant triglyceride accumulation (Figure 3D, F), pyraclostrobin, azoxystrobin, fluoxastrobin, and trifloxystrobin exhibited increased cell proliferation (Figure 3E), and fipronil and chlorpenafyr exhibited no significant adipogenic activity. Pyraclostrobin was one of the most efficacious chemicals tested in this study, with triglyceride accumulation of 122% and an EC<sub>50</sub> of 0.3  $\mu$ M (Table 1). This pesticide also induced 19% increased DNA content; azoxystrobin and fluoxastrobin induced approximately 33% each, but much less triglyceride accumulation (19% and 33%, respectively). As a result, pyraclostrobin and the other strobins exhibited slightly less triglyceride accumulation on a per cell basis, while slight cytotoxicity for permethrin, cypermethrin, and chlorpyrifos resulted in increased triglyceride accumulation per cell. Permethrin and cypermethrin exhibited 81% and 60% triglyceride accumulation, respectively, with EC<sub>50</sub>'s of 1.50 and 1.33  $\mu$ M, 5–10-fold less potent than pyraclostrobin. While chlorpyrifos exhibited a similar potency to pyraclostrobin, it was much less efficacious in triglyceride accumulation (13%). Interestingly, despite increased cell proliferation for each of the four strobins (Figure 3E), these compounds also resulted in a complete inhibition of ATP production in the cell viability assay (Figure S3).

### Phenolic adipogenic activity

Two phenols were assessed for adipogenic activity, including 2,4,6-TBP and triclosan (Figure 3, Table 1). 2,4,6-TBP did not exhibit significant total triglyceride accumulation per well (Figure 3G), but due to apparent cytotoxicity (or decreased proliferation relative to differentiated DMSO control) at 10  $\mu$ M (Figure 3H), did exhibit significant triglyceride accumulation on a per cell basis (Figure 3I). Triclosan exhibited no significant adipogenic activity, and neither exhibited any cell proliferation.

## Discussion

This study is the first to report that house dust extracts can induce both triglyceride accumulation and pre-adipocyte proliferation; notably, this occurred at environmentally relevant exposure levels. The EPA estimates that children consume 50 mg of house dust each day<sup>22</sup>, and while oral bioavailability of every chemical in these complex mixtures is not known, adipogenic effects from house dust extracts were observed at concentrations as low as 75 µg/mL (15 µg/well) for triglyceride accumulation and 15 µg/mL (3 µg/well) for cell proliferation (given 200 µL treated media per well). An exposure level of 50 mg of dust per day is >16,000 times greater than the dust mass exhibiting significant effects in this study, suggesting effects of environmentally-relevant exposure levels below the 100 µg/mL (4 µg/well) that was previously reported as the lowest concentration to exhibit PPAR $\gamma$  activity<sup>27, 28</sup> and the 12–40 µg/well previously reported for other bioactivities discussed above<sup>30–32</sup>. Interestingly, while pre-adipocyte proliferation (assessed herein via DNA content) is not routinely assessed by most publications utilizing this model system, we report that this was a more potent exposure metric for the house dust extracts, with several samples eliciting effects at up to order of magnitude lower concentrations than for triglyceride accumulation. Further, two samples elicited effects via pre-adipocyte proliferation that did not exhibit significant triglyceride accumulation, and one sample elicited triglyceride accumulation without pre-adipocyte proliferation. These examples provide further support for incorporating both metrics into routine analyses using this system. Only one of eleven dust samples appeared completely inactive, suggesting that the causative chemical(s) are nearly ubiquitous in the indoor environment. As such, research is needed to determine whether there are impacts of these adipogenic mixtures on the metabolic health of residents, particularly children, and to identify the causative chemicals promoting this activity.

To begin to delineate the potential causative chemicals driving the observed adipogenicity of house dust, we further assessed the adipogenic activity of 41 SVOCs from diverse chemical classes that are known to be common indoor contaminants<sup>23, 25, 26, 37</sup> and that represent a chronic exposure source through oral, dermal, and inhalation routes<sup>22, 38–41</sup>. Metabolic disruption has been previously demonstrated for some of these chemicals *in vivo*, including FM550 and several components<sup>42</sup>, permethrin<sup>43</sup> and cypermethrin<sup>44</sup>, and DEHP<sup>45</sup>. Some of these chemicals have been previously assessed in 3T3-L1 cells, and agree with our results. BDE-47 has been previously reported to promote a low level of triglyceride accumulation<sup>46–48</sup>, chlorpyrifos has previously been demonstrated to increase body weight *in vivo* but not promote (and perhaps inhibit) differentiation *in vitro*<sup>49, 50</sup>, triclosan has been demonstrated to inhibit adipogenesis<sup>51</sup>, and fipronil has been demonstrated to exhibit minimal triglyceride accumulation<sup>52</sup>. Previous work has demonstrated a low level of triglyceride accumulation for several parabens<sup>50, 53</sup>, in apparent contrast with our results, though this occurred only at concentrations greater than those we tested.

However, adipogenic activity via increased triglyceride accumulation and/or increased pre-adipocyte proliferation has not been demonstrated for the majority of the chemicals examined herein. Interestingly, despite a previous report of adipogenic activity for FM550 and component chemicals ITPs and TPHP<sup>54</sup>, which we also report as active, no PPAR $\gamma$  activity was found for TBPH and it was thus not tested for adipogenesis. Despite this, we



found TBPH was more efficacious than TPHP and more potent than the ITPs, suggesting this may contribute to an equal or greater degree of total FM550 adipogenicity and delineating a clear role for other receptors in adipogenesis. Notably, several high-volume production chemicals were also found to exhibit supra-maximal triglyceride accumulation relative to the rosiglitazone control, including pyraclostrobin (a fungicide), the flame-retardant TBPDP, and a commonly used plasticizer, DBP. Interestingly, triglyceride accumulation and pre-adipocyte proliferation did not appear to always co-occur, suggesting that these adipogenic phenotypes may be driven through overlapping but distinct receptor mechanisms. Metabolism of TBPH, DEHP, TBB, and others have been previously demonstrated to result in more bioactive metabolites that exhibit greater activation of PPAR $\gamma$  and may subsequently result in greater adipogenic activity<sup>27, 28</sup>. As such, it is possible that we may be underestimating the degree of adipogenicity of these chemicals *in vivo*, given that relative degrees of metabolism in this cell line have not been definitively characterized.

As noted above, the four strobil compounds appeared to exhibit increased cell proliferation, increased triglyceride accumulation, and decreased cell viability (ATP production) at overlapping concentrations. Induction of oxidative stress and other mitochondrial toxicant mechanisms have been demonstrated to result in ATP depletion<sup>55, 56</sup>, suggesting a potential mechanism. We suspect that these chemicals are acting to inhibit ATP production without resulting in cytotoxicity, hence the disparate findings between these assays. Interestingly, antimycin A, which inhibits complex III of the electron transport chain (important for ATP production), has been reported to induce triglyceride accumulation in 3T3-L1 cells via a differentiation-independent mechanism<sup>57</sup>; these cells exhibit a phenotypically distinct phenotype (multi-vesicular lipid accumulation), exhibit reduced expression of standard differentiation markers such as fatty acid binding protein 4 (FABP4; aP2) and CCAAT/enhancer binding protein (C/EBP), and exhibit suppression of PPAR $\gamma$  and RXR activities. Importantly, the strobilins have also been demonstrated to exhibit complex III inhibition<sup>58</sup>, suggesting a potential mechanism for these effects. A recent publication assessed pyraclostrobin in a human adipose-derived stem cell model, reporting that it was also capable of promoting triglyceride accumulation, and while there appeared to be some borderline activation of C/EBP $\alpha$  and PPAR $\gamma$ , other standard markers of differentiation were absent<sup>59</sup>, bolstering the case for a differentiation-independent mechanism. Further research should evaluate these potential mechanisms for the observed adipogenicity of these fungicides, given their high application to produce of >2 million pounds per year<sup>60, 61</sup>.

Historically, there has been a strong focus on PPAR $\gamma$ , the only receptor considered necessary and sufficient to induce adipogenesis. However, as we have demonstrated previously, many other nuclear receptors can regulate and/or modulate adipogenesis and lipogenesis to drive increased triglyceride accumulation and/or cell proliferation<sup>36</sup>, and some of our most active adipogenic chemicals have been reported to exhibit minimal or no activity for PPAR $\gamma$ . Previous work in our laboratory characterized the PPAR $\gamma$  activity and ligand binding of fifteen of the chemicals tested herein<sup>27, 28</sup>; while we found no significant correlation between the potencies of PPAR $\gamma$  activation and triglyceride accumulation for these same chemicals (Figure S4A;  $p=0.564$ ), efficacies were more highly (but not significantly) correlated (Figure S4B;  $p=0.060$ ). It's possible that the narrow range of

potencies from this study inhibited our ability to detect a significant correlation, hence the more highly correlated efficacies, although it must be noted that maximal activation and potency are distinct metrics; while maximal activation of PPAR $\gamma$  may be more associated with maximal triglyceride accumulation, it may not explain results observed at low concentrations. Notable disparities in responses between these assays were also observed; BBP and the ITPs both exhibited 30% PPAR $\gamma$  activity<sup>28</sup>, yet the ITPs exhibited 110% triglyceride accumulation and BBP exhibited minimal. Chemicals with the highest adipogenic activity in this study, TBPDP, DBP, and pyraclostrobin, exhibited high, minimal, and no PPAR $\gamma$  activities in previous studies, respectively<sup>28, 62</sup>. Particularly notable, pyraclostrobin, a high-production pesticide<sup>60, 61</sup>, was one of the most efficacious and potent adipogenic chemicals tested, though does not activate PPAR $\gamma$ <sup>62</sup>. In an attempt to better inform potential causative receptor pathways, ToxCast assays (<https://actor.epa.gov/dashboard/>) were reviewed for a list of receptors that could regulate adipogenesis and/or lipogenesis (Table S2). Thirty-eight chemicals we have assessed for adipogenicity were included in the ToxCast database and exhibited a wide range of receptor activities, including modulation of the farnesoid X receptor, TR, AR, GR, RXR, liver X receptor, retinoic acid receptor, pregnane X receptor, low-density lipoprotein receptor, and PPAR $\gamma$ . Each of these receptors, or a combination of them, may be contributing to the observed triglyceride accumulation and cell proliferation effects and highlights the importance of assessing a more complex suite of pathways. Further work should attempt to more rigorously determine the specific receptor mechanisms driving the adipogenic activity of house dust, using gene expression and receptor agonist or antagonist co-treatment experiments.

In conclusion, the results described herein delineate significant concerns for human metabolic health, particularly in children. The observed adipogenic activity of house dust extracts, which are occurring at concentrations below exposure levels estimated by EPA, is concerning and should be interrogated further. While bioavailability following oral exposure to each of these chemicals is not well characterized, effects at a dust mass equivalence >10,000-fold below estimated child oral exposure levels (to total dust mass) suggests a need for further investigation. Notably, previous work demonstrated high bioaccessibility for PFRs in dust (~80%), decreasing with Log Kow values<sup>63</sup>. Notably, a wide range of chemicals that are commonly reported in house dust samples exhibited triglyceride accumulation and/or pre-adipocyte proliferation, highlighting that these chemicals (and likely others) are likely promoting the adipogenic activity described. Further work should carefully assess the relative contribution of these chemicals, at the concentrations they are found in house dust, to the total adipogenicity exhibited by these samples; there may be other chemicals present that contribute to the total bioactivity as well, and determining the magnitude of activity that these contaminants promote will help elucidate other potential contaminants of interest. This activity is likely due to disruption of several receptor pathways that regulate adipogenesis, many of which are activated by house dust samples<sup>28, 30–32</sup>, and future studies should assess receptor activation and antagonist testing with house dust samples to better characterize these pathways.. While studies often highlight individual contaminants and classes of contaminants of concern for potential metabolic disruption, there is a critical need to more thoroughly assess realistic environmental mixtures that may be contributing to this and other adverse human health trends.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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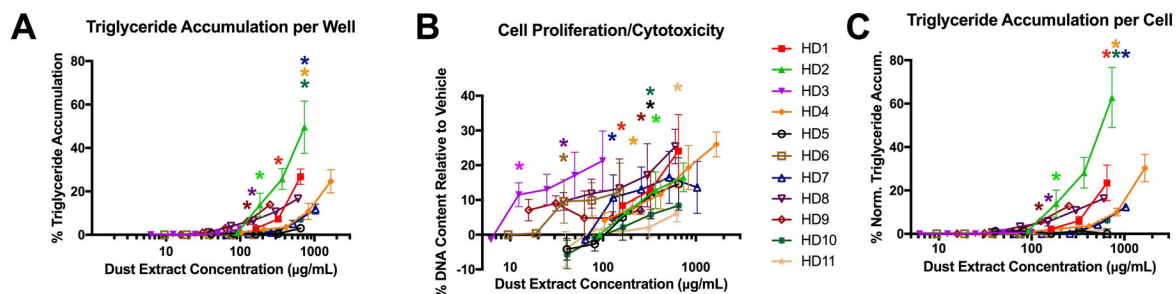
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## Indoor House Dust Extracts



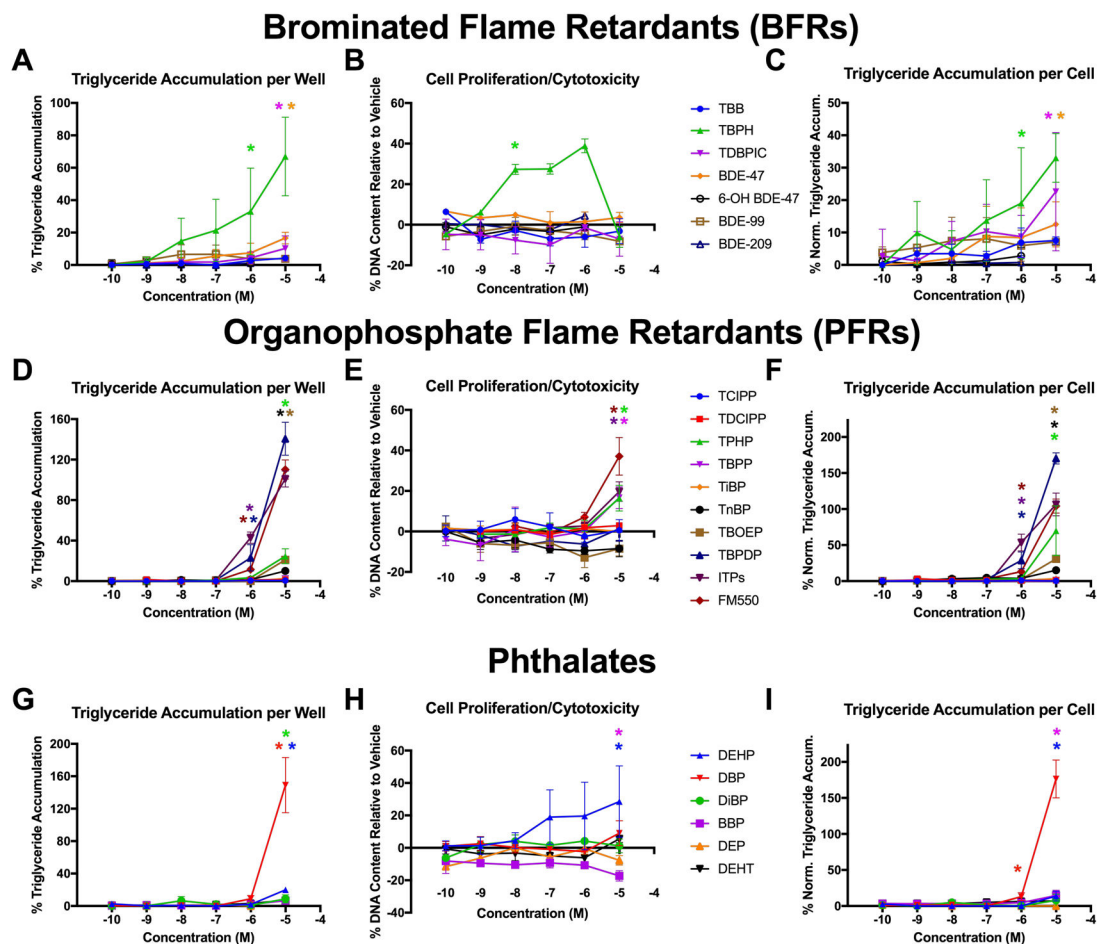
**Figure 1. House Dust Extracts Induce Adipogenic Activity at Environmentally Relevant Concentrations**

Zenbio 3T3-L1 cells were differentiated as described in Methods and assessed for adipocyte differentiation (Nile Red staining of lipid accumulation) and cell proliferation (Hoechst staining) after ten days of differentiation while exposed to various house dust extracts at varying dust equivalent concentrations. Percent raw triglyceride accumulation per well relative to maximal response for rosiglitazone (A), increase (cell proliferation) or decrease (potential cytotoxicity) in DNA content relative to vehicle control (B), and percent normalized triglyceride accumulation per cell relative to maximal rosiglitazone response (normalized to DNA content) (C). Data presented as mean  $\pm$  SEM from three independent experiments.

Dust extract concentrations of  $\mu\text{g}/\text{well}$  can be converted to  $\mu\text{g}/\text{mL}$  by multiplying concentrations by five, as treatments are diluted in 200  $\mu\text{L}$  of total media per well.

HD = house dust sample extract, 1–11. Three laboratory blanks (all solvents and procedures without addition of dust matrix) were tested and exhibited no significant triglyceride accumulation or pre-adipocyte proliferation.

\* indicates lowest concentration with significant increase in triglyceride over vehicle control or cell proliferation/cytotoxicity relative to vehicle control,  $p < 0.05$ , as per linear mixed model in SAS 9.4.



**Figure 2. Flame Retardants and Phthalates Induce Wide Range of Adipogenic Activity**

Zenbio 3T3-L1 cells were differentiated as described in Methods and assessed for adipocyte differentiation (Nile Red staining of lipid accumulation) and cell proliferation (Hoechst staining) after ten days of differentiation while exposed to various brominated flame retardants (BFRs; A–C), organophosphate flame retardants (PFRs; D–F), and phthalates (G–I) from 0.1 nM to 10  $\mu$ M in concentration. Percent raw triglyceride accumulation per well relative to maximal response for rosiglitazone (A, D, G), increase (cell proliferation) or decrease (potential cytotoxicity) in DNA content relative to vehicle control (B, E, H), and percent normalized triglyceride accumulation per cell relative to maximal rosiglitazone response (normalized to DNA content) (C, F, I). Data presented as mean  $\pm$  SEM from three independent experiments.

TBB = 2-ethylhexyl-2,3,4,5-tetrabromobenzoate, TBPH = bis (e-ethyl hexyl)-2,3,4,5-tetrabromophthalate, TDBPIC = tris (2,3-dibromopropyl) isocyanurate, BDE-47 = 2,2',4,4'-tetrabromodiphenyl ether, 6-OH BDE-47 = 6-hydroxide-BDE-47, BDE-99 = 2,2',4,4',5-pentabromodiphenyl ether, BDE-209 = decabromodiphenyl ether.

TCIPP = tris (1-chloro-isopropyl) phosphate, TDCIPP = tris (2,4-dichloro-isopropyl) phosphate, TPHP = triphenyl phosphate, TBPP = tris (4-butyl-phenyl) phosphate, TiBP = tri-iso-butyl phosphate, TnBP = tri-n-butyl phosphate, TBOEP = tri-(2-butoxyethyl)-phosphate,

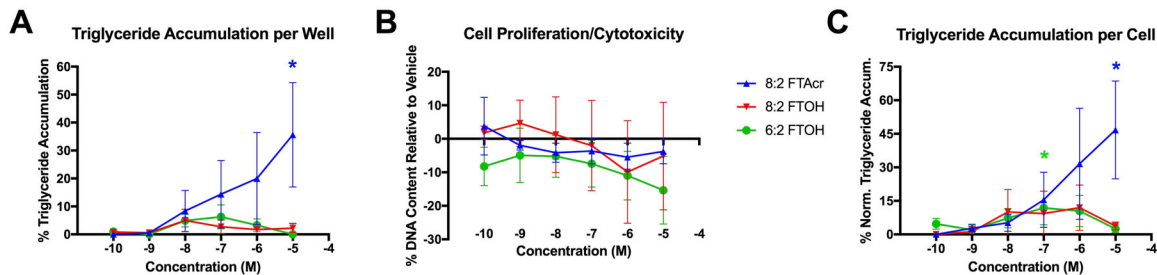


TBPDP = tert-butyl-phenyl, diphenyl phosphate, FM500 = Firemaster® 550, ITPs = isopropylated triaryl phosphates.

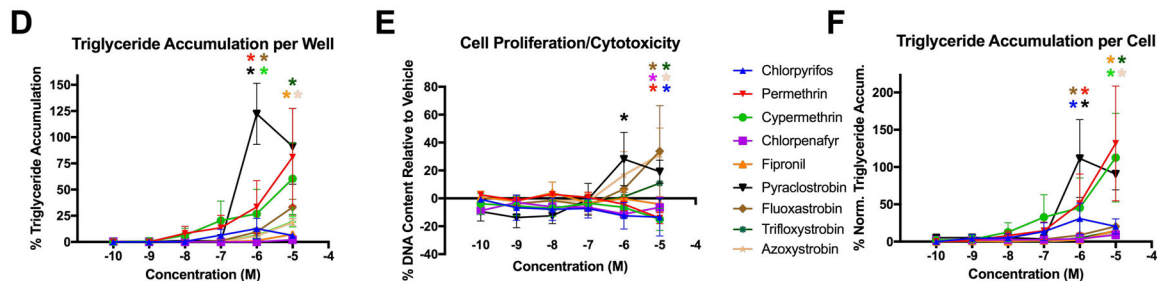
DEHP = bis (2-ethylhexyl) phthalate, DBP = dibutyl phthalate, DiBP = di-isobutyl phthalate, BBP = benzyl butyl phthalate, DEP = di-ethyl phthalate, DEHT = bis (2-ethylhexyl) terephthalate.

\* indicates lowest concentration with significant increase in triglyceride over vehicle control or cell proliferation/cytotoxicity relative to vehicle control,  $p < 0.05$ , as per linear mixed model in SAS 9.4.

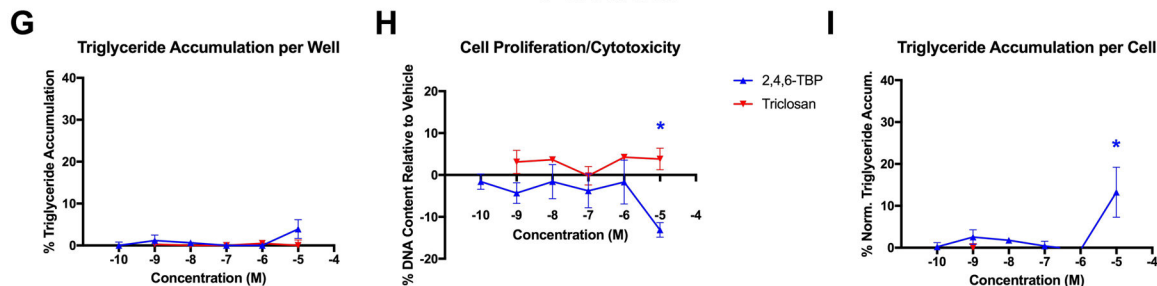
### Perfluoroalkyl Substances (PFASs)



### Pesticides



### Phenols



**Figure 3. Perfluorinated Chemicals, Pesticides, and Phenolics Induce Adipogenic Activity**

Zenbio 3T3-L1 cells were differentiated as described in Methods and assessed for adipocyte differentiation (Nile Red staining of lipid accumulation) and cell proliferation (Hoechst staining) after ten days of differentiation while exposed to various perfluoroalkyl substances (PFASs; A–C), pesticides (D–F), and phenolic compounds (G–I) from 0.1 nM to 10 μM in concentration. Percent raw triglyceride accumulation per well relative to maximal response for rosiglitazone (A, D, G), increase (cell proliferation) or decrease (potential cytotoxicity) in DNA content relative to vehicle control (B, E, H), and percent normalized triglyceride accumulation per cell relative to maximal rosiglitazone response (normalized to DNA content) (C, F, I). Data presented as mean ± SEM from three independent experiments. FTAc = 1H, 1H, 2H, 2H-perfluorodecyl acrylate, 8:2 FTOH = 2-perfluorooctyl ethanol, 6:2 FTOH = 2-perfluorohexyl ethanol, 2,4,6-TBP = 2,4,6-tribromophenol  
 \* indicates lowest concentration with significant increase in triglyceride over vehicle control or cell proliferation/cytotoxicity relative to vehicle control, p<0.05, as per linear mixed model in SAS 9.4.

**Table 1**  
 Triglyceride Accumulation and Pre-Adipocyte Proliferation Results for Tested Compounds

Chemical	Acronym	LOEL (µM)	% TG Max	% TG Max (µM)	EC <sub>20</sub> (µM)	EC <sub>50</sub> (µM)	% Prolif Max	% Prolif (µM)	EC <sub>20</sub> (µM)	EC <sub>50</sub> (µM)
<b>Polybrominated Diphenyl Ethers (PBDEs)/ Metabolites</b>										
2,2',4,4'-tetrabromodiphenyl ether	BDE-47	10	16.6%	10	0.02	1.40	3.6%	10	N/A	N/A
6-hydroxide-2,2',4,4'-tetrabromodiphenyl ether	6-OH BDE-47	N/A	0.0%	N/A	N/A	N/A	0.0%	N/A	N/A	N/A
2,2',4,4',5-pentabromodiphenyl ether	BDE-99	N/A	3.8%	10	N/A	N/A	0.0%	N/A	N/A	N/A
Decabromodiphenyl ether	BDE-209	N/A	0.0%	N/A	N/A	N/A	0.0%	N/A	N/A	N/A
<b>Brominated Flame Retardants (BFRs)</b>										
2-ethyl hexyl-2,3,4,5-tetrabromobenzoate	TBB	N/A	4.2%	10	N/A	N/A	0.0%	N/A	N/A	N/A
Bis (2-ethyl hexyl)-2,3,4,5-tetrabromophthalate	TBPH	0.1	66.9%	10	0.01	1.00	38.9%	1	0.001	0.004
Tris (2,3-dibromopropyl) isocyanurate	TDBPIC	10	10.2%	10	0.13	1.40	0.0%	N/A	N/A	N/A
<b>Organophosphate Flame Retardants (PFRs)</b>										
Tris (1-chloro-isopropyl) phosphate (mix of isomers)	TCIPP	N/A	N/A	10	N/A	N/A	0.6%	N/A	N/A	N/A
Tris (2,4-dichloro-isopropyl) phosphate	TDCIPP	10	1.5%	10	N/A	N/A	2.9%	10	N/A	N/A
Triphenyl phosphate	TPHP	1	24.6%	10	1.40	3.05	16.4%	10	1.60	3.25
Tris (4-butyl-phenyl) phosphate	TBPP	N/A	0.0%	N/A	N/A	N/A	16.7%	10	1.80	3.50
Tri-iso-butyl-phosphate	TIBP	10	2.4%	10	N/A	N/A	0.0%	N/A	N/A	N/A
Tri-n-butyl-phosphate	TnBP	10	10.1%	10	1.40	3.05	0.0%	N/A	N/A	N/A
Tri-(2-butoxyethyl)-phosphate	TBOEP	10	20.9%	10	1.80	3.50	0.0%	N/A	N/A	N/A
Tert-butyl-phenyl, diphenyl phosphate	TBPDp	1	140.7%	10	1.25	2.80	1.4%	10	N/A	N/A
Firemaster™ 550 (mixture)	FM550	1	100.8%	10	1.50	3.20	19.7%	10	1.10	1.66
Isopropylated triaryl phosphates (mixture)	ITPs	1	110.3%	10	0.30	1.40	37.1%	10	1.40	3.05
<b>Phthalates</b>										
Bis(2-ethylhexyl) phthalate	DEHP	10	19.9%	10	1.50	3.25	28.6%	10	0.02	0.04
Dibutyl phthalate	DBP	1	149.0%	10	1.75	3.33	9.0%	10	N/A	N/A
Di-isobutyl phthalate	DiBP	10	8.1%	10	N/A	N/A	1.2%	10	N/A	N/A

Chemical	Acronym	LOEL (µM)	% TG Max	% TG Max (µM)	EC <sub>20</sub> (µM)	EC <sub>50</sub> (µM)	% Prolif Max	% Prolif (µM)	EC <sub>20</sub> (µM)	EC <sub>50</sub> (µM)
Benzyl butyl phthalate	BBP	10	6.6%	10	N/A	N/A	0.0%	N/A	N/A	N/A
Di-ethyl phthalate	DEP	10	0.0%	N/A	N/A	N/A	0.0%	N/A	N/A	N/A
Bis (2-ethylhexyl) terephthalate	DEHT	10	7.0%	10	N/A	N/A	5.5%	10	N/A	N/A
<b>Perfluoroalkylated substances (PFASs)</b>										
1H, 1H,2H,2H-Perfluorodecyl acrylate	8:2 FTAcr	1	35.6%	10	0.02	0.60	0.0%	N/A	N/A	N/A
2-Perfluorooctyl ethanol	8:2 FTOH	10	2.2%	10	N/A	N/A	0.0%	N/A	N/A	N/A
2-Perfluorohexyl ethanol	6:2 FTOH	10	0.0%	N/A	N/A	N/A	0.0%	N/A	N/A	N/A
<b>Parabens</b>										
Butyl paraben		10	0.9%	10	N/A	N/A	0.0%	N/A	N/A	N/A
Ethyl paraben		10	1.8%	10	N/A	N/A	0.0%	N/A	N/A	N/A
Methyl paraben		10	0.0%	N/A	N/A	N/A	0.0%	N/A	N/A	N/A
Propyl paraben		10	0.4%	10	N/A	N/A	0.0%	N/A	N/A	N/A
<b>Pesticides</b>										
Chlorpyrifos		1	12.7%	1	0.03	0.10	0.0%	N/A	N/A	N/A
Permethrin (mix of isomers)		1	81.1%	10	0.17	1.50	0.0%	N/A	N/A	N/A
Cypermethrin (mix of isomers)		1	60.4%	10	0.03	1.33	0.0%	N/A	N/A	N/A
Chlorfenapyr		10	2.0%	10	N/A	N/A	0.0%	N/A	N/A	N/A
Fipronil		10	7.3%	10	N/A	N/A	0.0%	N/A	N/A	N/A
Pyraclostrobin		1	122.3%	1	0.18	0.30	19.2%	10	0.13	0.25
Azoxystrobin		10	18.7%	10	0.75	3.30	31.2%	10	0.55	1.15
Fluoxastrobin		1	33.2%	10	0.73	3.60	33.9%	10	1.80	4.40
Trifloxystrobin		10	19.3%	10	0.70	3.20	10.9%	10	2.12	5.33
<b>Phenolics</b>										
2,4,6-tribromophenol	2,4,6 TBP	10	3.9%	10	N/A	N/A	0.0%	N/A	N/A	N/A
Triclosan	TCS	10	0.0%	N/A	N/A	N/A	3.8%	10	N/A	N/A

Triglyceride accumulation (relative to rosiglitazone-induced maximum) and pre-adipocyte proliferation (relative to vehicle control) provided as maximum efficacies, and concentrations at which each chemical exhibits this activity. Potencies for each adipogenic mechanism provided as EC<sub>20</sub> and EC<sub>50</sub> values in µM (concentration at which the chemical exhibits 20% or 50% of its maximal activity, respectively). LOEL = lowest observed effect level, the lowest test concentration in µM that exhibited significant activity via either triglyceride accumulation (normalized to DNA content) or pre-adipocyte proliferation.