ORIGINAL ARTICLE

Curcumin and Natural Derivatives Inhibit Ebola Viral Proteins: An *In silico* Approach

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ABSTRACT

Background: Ebola viral disease is a severe and mostly fatal disease in humans caused by Ebola virus. This virus belongs to family *Filoviridae* and is a single-stranded negative-sense virus. There is no single treatment for this disease which puts forth the need to identify new therapy to control and treat this fatal condition. Curcumin, one of the bioactives of turmeric, has proven antiviral property. **Objective:** The current study evaluates the inhibitory activity of curcumin, bisdemethoxycurcumin, demethoxycurcumin, and tetrahydrocurcumin against Zaire Ebola viral proteins (VPs). **Materials and Methods:** Molecular simulation of the Ebola VPs followed by docking studies with ligands comprising curcumin and related compounds was performed. **Results:** The highest binding activity for VP40 is −6.3 kcal/mol, VP35 is −8.3 kcal/mol, VP30 is −8.0 kcal/mol, VP24 is −7.7 kcal/mol, glycoprotein is −7.1 kcal/mol, and nucleoprotein is 6.8 kcal/mol. **Conclusion:** Bisdemethoxycurcumin shows better binding affinity than curcumin for most VPs. Metabolite tetrahydrocurcumin also shows binding affinity comparable to curcumin. These results indicate that curcumin, curcuminoids, and metabolite tetrahydrocurcumin can be potential lead compounds for developing a new therapy for Ebola viral disease.

Key words: Bisdemethoxycurcumin, curcumin, demethoxycurcumin, docking, Ebola virus, tetrahydrocurcumin

SUMMARY

- Curcumin, bisdemethoxycurcumin, and demethoxycurcumin are active constituents of turmeric. Tetrahydrocurcumin is the major metabolite of curcumin formed in the body after consumption and absorption of curcuminoids
- Curcuminoids have proven antiviral activity
- Bisdemethoxycurcumin showed maximum inhibition of Ebola viral proteins (VPs) among the curcuminoids in the docking procedure with a docking score as high as −8.3 kcal/mol
- Tetrahydrocurcumin showed inhibitory activity against Ebola VPs close to that of curcumin's inhibitory action.
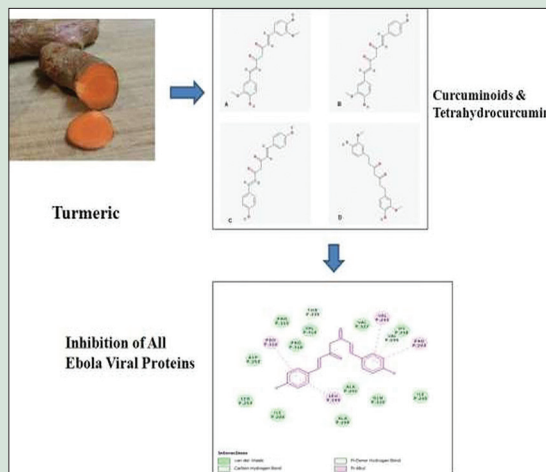
Abbreviations Used: EBOV: Ebola virus, GP: Glycoprotein, NP: Nucleoprotein, NPT: Isothermal-isobaric Ensemble, amount of substance (N), pressure (P) and temperature (T) conserved, NVE: Canonical ensemble, amount of substance (N), volume (V) and temperature (T) conserved, VP: Viral protein.

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INTRODUCTION

The epidemic of Ebola virus (EBOV) that occurred in 2014 in West Africa has been the largest outbreak since the first report of the disease in 1976. Thousands to millions of potential cases were reported with a mortality rate up to 74%.[1]

There have been 15 outbreaks since the first report of EBOV in 1976. EBOV is considered a rare virus, but there has been slow progress in prevention and treatment.[2,3]

EBOV is a zoonotic filovirus, consisting of enveloped, nonsegmented negative-stranded RNA. Up till now, five species have been identified: *Zaire ebolavirus*, *Bundibugyo ebolavirus*, *Tai Forest ebolavirus*, *Sudan ebolavirus*, and *Reston ebolavirus*.[4,5]

The virus name is derived from the Ebola River in the Democratic Republic of Congo (formerly Zaire), where the first case of hemorrhagic fever was recorded in 1976. The prevalence of the disease was reported simultaneously in Southern Sudan and in Northern Zaire and hence the name of the two different species SEBOV and ZEBOV, respectively.[6]

EBOV belongs to the family *Filoviridae* and the name *Filoviridae* comes from the Latin word "filum" or thread. Indeed, the virion shape resembles a twisted thread when viewed under an electron microscope. Among the viruses of the *Ebolavirus* genus, *Z. ebolavirus* has the highest fatality rate (up to 90%).[6]

EBOV particle has a uniform diameter of about 80 nm and the length from 970 to 1200 nm. The core consists of one molecule of linear, nonsegmented, single-stranded, negative-sense RNA. This RNA segment is helically wound and bound to nucleoprotein (NP), viral protein 35 (VP35), VP30, and L proteins.[6]

This helical structure is surrounded by an outer envelope of specific glycoprotein (GP) spikes. Viral matrix protein, VP40 and VP24, are located between the nucleocapsid (NC) and the outer envelope.[6]

The viral genome is approximately 19 kb in length. It is the longest among all viruses belonging to the order *Mononegavirales*.[6]

The Ebola VPs are arranged sequentially in the following manner [Figure 1], 3'-NP, polymerase cofactor (VP35), matrix protein (VP40), GP, protein VP30, matrix protein (VP24), RNA-dependent RNA polymerase (L), and one nonstructural small GP[6,7] [Figure 1].

Each of these VPs plays different roles in structure, assembly, infection, and replication of the virus [Figure 2].

Unlike most viral infections, which remain asymptomatic and subclinical for quite some time, EBOV contrastingly shows high pathogenicity. Most viruses have high affinity to specific tissues, but EBOV can replicate in a wide range of human cells.[8]

EBOV first disables immune system and then attacks the vascular system as well as other organs. EBOV evokes severe illness associated with fever, myalgia, gastrointestinal symptoms (vomiting and diarrhea), hypotension, and abdominal ache. Hemorrhagic manifestations include rash on the skin, hemorrhages from mucosal linings, and bleeding from the gastrointestinal and genitourinary tract.[4,9,10] In severe conditions, patients develop hypovolemic shock and multiorgan failure.

There is no specific treatment for EBOV. Antiviral drugs such as brincidofovir and favipiravir have been identified. ZMapp is another experimental treatment for Ebola viral disease which consists of monoclonal antibodies that serve as antiviral therapy.[11]

Another drug BCX4430 (developed by BioCryst), a new synthetic adenosine analog, inhibits infection of different filoviruses in human cells.[12] TKM-Ebola and AVI-6002 are identified for the treatment of EBOV disease and exert their action via gene silencing. Vector-based vaccines are also being developed.[13]

Turmeric (*Curcuma longa*) and its polyphenolic compound curcumin are identified with antimicrobial properties traditionally.[14] Curcumin or diferuloylmethane and other curcuminoids – bisdemethoxycurcumin and demethoxycurcumin – constitute the main phytochemicals of *C. longa*. Tetrahydrocurcumin is the major metabolite of curcumin [Figure 3a-d].

Curcumin has broad-spectrum antimicrobial properties.[15] Chen *et al*. have reported that curcumin specifically inhibits infectivity of enveloped virus by inhibiting hemagglutination activity.[16]

Curcumin also interferes in virus application by acting on specific VPs such as integrase and protease.[17,18] Kutluay *et al*. also reported that curcumin might inhibit herpes simplex virus infection, and this was perhaps mediated by preventing recruitment of RNA polymerase II by immediate-early gene promoters.[19]

In addition to antiviral activities, Sordillo and Helson have hypothesized that curcumin may help counteract cytokine storm in Ebola fever.[20]

Curcumin analogs have also been identified with antiviral activity; sometimes showing better activity and sometimes showing lesser but comparable affinity.[21,22]

Tetrahydrocurcumin is the major metabolite of curcumin, and the researchers are trying to assess whether tetrahydrocurcumin is superior to curcumin at a molecular level.[23]
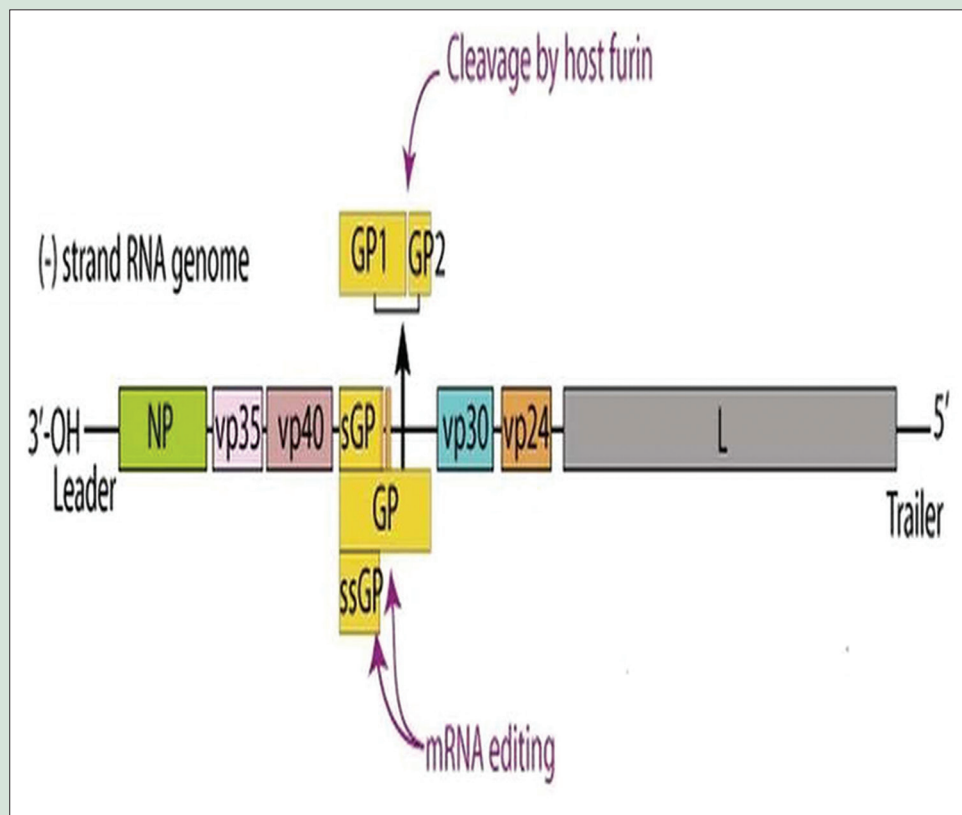

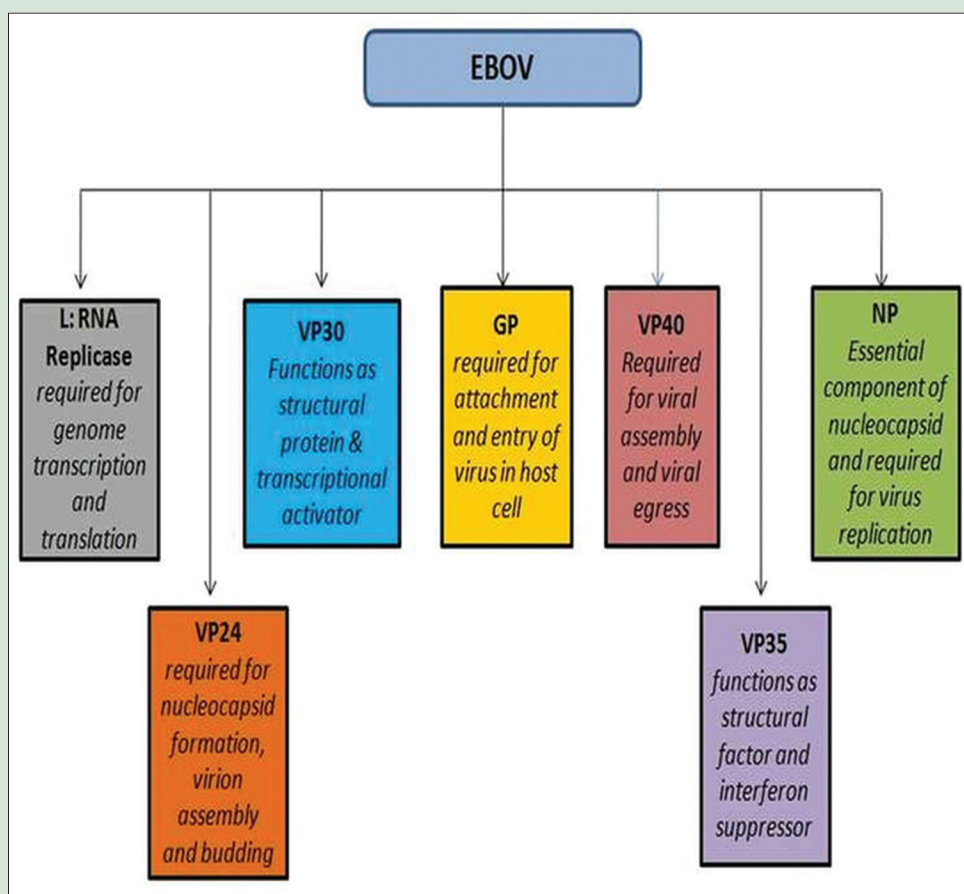**Figure 1:** Arrangement of Ebola viral genome

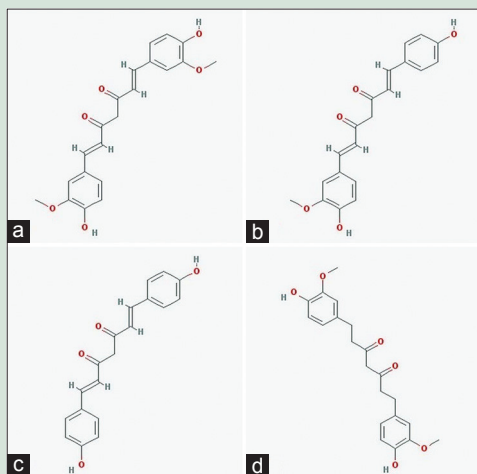**Figure 2:** Target Ebola viral proteins and the prime roles in Ebola virus infection

Figure 3: Structures of lead compounds, (a) curcumin, (b) demethoxycurcumin, (c) bisdemethoxycurcumin, (d) tetrahydrocurcumin

Figure 4: Simulation results of target protein: (a) Target protein prior to simulation. (b) Target protein after simulation on reaching global minimum

This study focuses on an *in silico* approach towards assessing the inhibitory effect of curcumin and related compounds on EBOV proteins with the aim of identifying potential leads for the prevention and treatment of Ebola fever.

This is the first study to investigate the antiviral activity of bisdemethoxycurcumin, demethoxycurcumin, and tetrahydrocurcumin against Ebola VPs.
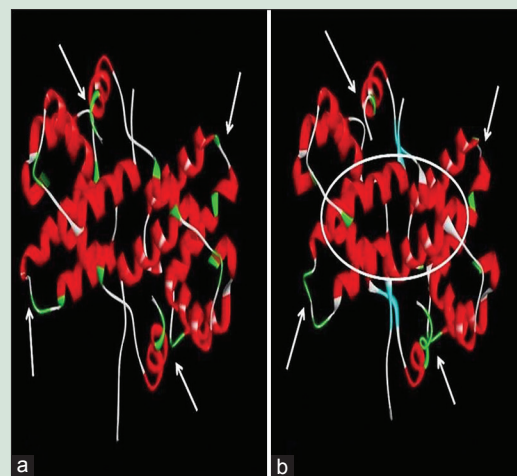
MATERIALS AND METHODS

Protein structure

X-ray crystal structures of VP40 (Protein Data Bank [PDB] ID: 1H2D), VP30 (PDB ID: 2I8B), VP35 (PDB ID: 4IBB), VP24 (PDB ID: 4M0Q) NP (PDB ID: 4QAZ), and GP (PDB ID: 2EBO) were obtained from PDB.

Table 1: Comparison of binding efficacy based on AutoDock Vina docking score (kcal/mol) of curcumin and other derivatives with all six Ebola viral proteins

Serial number	Protein	Curcumin	Demethoxycurcumin	Bisdemethoxycurcumin	Tetrahydrocurcumin
1	VP40	−6.3	−6.3	−6.3	−5.8
2	VP35	−7.8	−8.0	−8.3	−8.1
3	VP30	−7.3	−7.9	−8.0	−7.3
4	VP24	−7.3	−7.5	−7.7	−6.8
5	GP	−6.0	−5.7	−7.1	−6.1
6	NP	−6.8	−6.7	−6.7	−6.1

VP: Viral protein; GP: Glycoprotein; NP: Nucleoprotein

Table 2: List of interactions of curcumin and natural derivatives with active site residues of each of the six Ebola viral proteins

Serial number	Protein	Curcumin	Demethoxycurcumin	Bisdemethoxycurcumin	Tetrahydrocurcumin
1	VP40	ALA128 ASN130, PRO131, GLU160, PRO165 GLN159	VAL166 GLN159ASN 130, GLU160 PRO131, GLN167 PRO169	LEU168 GLN159, ALA128 PRO165, GLN167	GLN159 VAL166 PRO169, PRO131 VAL166, ALA128 PRO165
2	VP35	ASP252 VAL294, LEU249 GLN244	SER253, PRO316 PRO293 VAL294 LEU249, GLN329	THR335, VAL294, PRO316 PRO293 VAL294 LEU 249	THR335 VAL294 LEU249 SER253, VAL294 VAL327 PRO316 LEU249
3	VP30	GLN185, PHE181 ALA246 LEU147 CYS251 LEU144, LEU243	GLN185, LEU146 LEU144 CYS251 PHE181 ALA246 LEU157, LEU243	GLN185, PHE181 CYS251 LEU144 ALA246 LEU147	PHE181 ALA246 LEU249 CYS251, CYS174
4	VP24	ARG154 GLY44 GLU46 GLN232, ARG154 ILE45, PHE230	ARG154, PHE230 LEU158 ILE45	ARG154 GLU46, LEU158 PHE230 ILE45, ILE45	ARG154 GLN232 GLY44, ILE45 LEU158
5	GP	TRP597, TRP597 PHE592 ARG596	ARG596 HSD602, TRP597 ARG596, TRP597 LEU593	LEU593 ARG596, TRP597 ILE603 ARG596	TRP597, TRP597 LEU593 ARG596 LEU593, TRP597
6	NP	ARG559, LEU561 PHE630 ALA562, LEU558 ILE626	ARG559 LEU561, PHE630 ALA562 LEU561	ARG559, PHE630 ALA562 LEU561	ARG596 TRP597 LEU593, ARG596 TRP597

■: Hydrogen bonds interactions; ■: Noncovalent interactions; ■: Vander Waals forces. VP: Viral protein; GP: Glycoprotein; NP: Nucleoprotein

Protein preparation was performed using Swiss PDB Viewer. Swiss PDB Viewer is a free package written by a group at Swiss Institute of Bioinformatics and developed by Nicolas Guex.[24]

It is a comprehensive molecular modeling package providing a variety of visualization options as well as allowing homology modeling and energy minimization package. All water molecules, hetero atoms, ligands, and RNA segments were removed.

Visual molecular dynamics (VMD) is a molecular modeling and visualization computer program developed primarily as a tool for viewing and analyzing the results of molecular dynamics simulations.[25]

Using VMD, hydrogen atoms were added to each of the structures, and protein structure files and PDB files were prepared for simulation. Proteins were solvated in a water box of 10 Å and ions were added to neutralize the system.

Molecular dynamics simulation

Minimization and equilibration of all proteins were performed using NAMD 2.11. Molecular dynamics simulations were computed by utilizing the CHARMM force field. NAMD incorporates the particle mesh Ewald algorithm which simplifies the computational complexity.[26]

The primary stages involved minimizing the systems with and without position restraints but using periodic boundary conditions. The latter stages involved equilibration under position restrained dynamic simulation (NVE and NPT) at 310 K for 300 ps.

Active-site prediction

Potential active sites were then identified using AutoLigand and AutoDock Tools. Water molecules and ions were removed from the simulated structures and stored as.pdb files.

AutoDock Tools offers a complete molecular viewer and graphical support for all steps required for setup and analysis of docking runs.[27]

AutoDock Tools were used to prepare.pdbqt files. Hydrogen atoms and Gasteiger charges were added to all structures. AutoLigand is a tool used to identify and characterize ligand-binding sites.

1 Å grid and map files were generated by AutoGrid. AutoLigand GUI was used, and a single file was generated starting at the user-specified point; in this case, it involved coordinates entered in x, y, z boxes. Ten potential active sites for each protein were identified.

Ligand preparation

The three-dimensional structures of lead compounds, namely, curcumin, bisdemethoxycurcumin, demethoxycurcumin, and tetrahydrocurcumin, were obtained from PubChem.

SDF files were converted to.pdb and.pdbqt files. Hydrogen bonds and Gasteiger charges were added using AutoDock Tools.

Molecular docking

AutoDock Vina was used to dock curcumin and its related compounds on each of the receptor EBOV proteins.

AutoDock Vina is an open-source program for doing molecular docking, and it makes extensive use of Python script. It was designed and implemented by Dr. Oleg Trott in the Molecular Graphics Laboratory at The Scripps Research Institute.[28]

The ligands were docked on various potential active sites on each simulated VP to identify the best fit with best dock score and minimum root mean square deviation values.

Discovery Studio Visualizer was used to visualize the resultant docked structures and study interactions of various pose of ligand
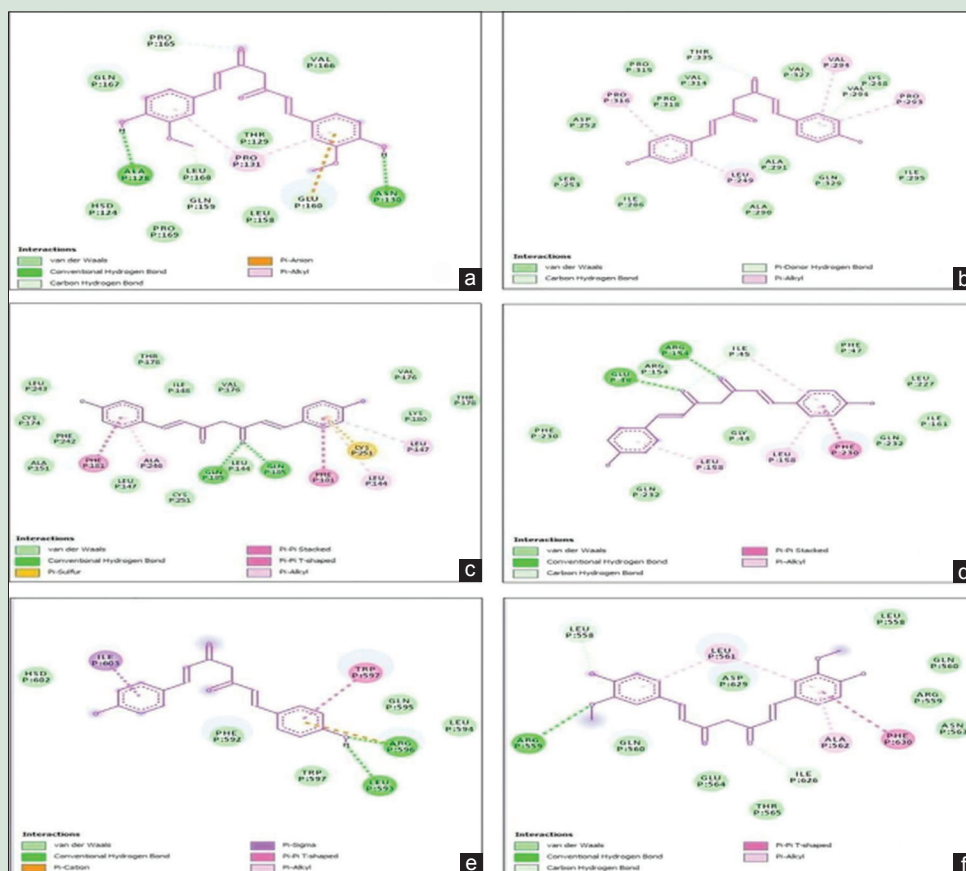
Figure 5: Ligand interactions of (a) curcumin with viral protein 40, (b) bisdemethoxycurcumin with viral protein 35, (c) bisdemethoxycurcumin with viral protein 30, (d) bisdemethoxycurcumin with viral protein 24, (e) bisdemethoxycurcumin with glycoprotein, (f) curcumin with nucleoprotein

with target. Discovery Studio Visualizer is a free viewer that is designed to offer interactive environment for viewing and editing various files as well as for displaying plots and other graphical presentations of data.[29]

RESULTS AND DISCUSSION

Each of the VPs (VP40, VP30, VP35, VP24, GP, and NP) plays an important role in EBOV invasion and replication.

Molecular dynamics simulation of each of the VPs was performed to optimize the structure and reach a global minimum [Figure 4]. Active sites were identified. Each of the curcuminoids and tetrahydrocurcumin was docked against simulated structures of Ebola VPs.

The docking interaction of the ligands with target proteins as well as their docking scores was studied. Table 1 lists the docking score of each ligand with each Ebola VP. Table 2 lists the interactions of ligands with each Ebola VP receptor.

Curcumin, curcuminoids as well as tetrahydrocurcumin show potential inhibitory action against all VPs of EBOV as evidenced by the docking scores.

Comparing the docking scores of all target proteins, it is observed that bisdemethoxycurcumin shows better binding affinity than curcumin. Interestingly, metabolite tetrahydrocurcumin shows comparable binding affinity as curcumin, thus throwing some light on the possibility to explore this compound as an antiviral agent against EBOV.

Interactions of curcumin and derivatives with viral protein 40

Curcumin and other curcuminoids bind to the VP40 with a binding affinity of −6.3 kcal/mol. Curcumin forms hydrogen bonds with residues ALA128 and ASN130. It forms other noncovalent interactions with PRO131, GLU160, PRO165 GLN159 [Figure 5a].

Tetrahydrocurcumin showed the lowest binding energy of −5.8kcal/mol for VP40. It formed hydrogen bonds with GLN159, VAL166, and PRO169. Other noncovalent interactions were seen with residues PRO131 VAL166, ALA128 PRO165.

VP40 is the most abundantly expressed filoviral protein. It facilitates assembly of the virus at the plasma membrane.[30] Exogenous expression of VP40 alone is sufficient to induce the formation of filamentous virus-like particles (VLPs) in mammalian cells.[31]

VP40 is involved in various aspects of filovirus virion assembly and budding.

VP40 is a 326 amino acid protein and has two significant domains. The N-terminal domain and the C-terminal domain (CTD) are required for formation of VP40 dimer as well as subsequent trafficking to and interaction with the plasma membrane.[30]

At the plasma membrane, VP40 forms butterfly-shaped dimers, which then reorganize into linear hexamers, and these are essential building blocks of the viral matrix. These are vital for virion assembly and budding.[32]

Curcumin inhibits VP40 by forming hydrogen bonds with residues ALA128 and ASN130. Residues ALA128 and ASN130 lie in the N-terminal domain; mutation of these residues or disruption of function

can affect plasma membrane localization, VP40 oligomerization, and VLP formation.[33,34]

Interactions of curcumin and derivatives with viral protein 35

Bisdemethoxycurcumin shows highest binding affinity of −8.3 kcal/mol with VP35. It forms hydrogen bond with THR335, VAL294, and other noncovalent interactions with PRO316 PRO293 VAL294 LEU249 [Figure 5b].

Tetrahydrocurcumin shows a binding affinity of −8.1 kcal/mol and forms hydrogen bonds with residues THR335 VAL294 LEU249 SER253. Demethoxycurcumin shows binding affinity of 8.0 kcal/mol. Curcumin shows lowest binding affinity of the lot with −7.8 kcal/mol.

Ebola VP35 is multifunctional, serving as a component of the viral RNA polymerase complex, as a structural/assembly factor, and as a suppressor of host interferon (IFN) responses.[35] It also functions as an RNAi silencing suppressor.[36]

VP35 contains an N-terminal coiled-coil domain and a C-terminal dsRNA-binding region.[37,38] Oligomerization through the N-terminal oligomerization domain is required for virus replication, whereas the C-terminal region of VP35 interacts with host factors to block signaling that triggers IFN responses.[39]

Structural analyses revealed that a stretch of about 120 residues was required to form an independently folded domain which facilitates IFN inhibitory function.[39] This domain was termed the IFN inhibitory domain (IID). VP35 contributes to viral escape from host innate immunity and is required for EBOV virulence.[39]

Bisdemethoxycurcumin interacts with the IID domain of VP35, and this activity may prevent shutting down of immune responses early in the infection.[39]

Interactions of curcumin and derivatives with viral protein 30

Bisdemethoxycurcumin shows highest binding affinity of −8.0 kcal/mol with VP30. It forms hydrogen bonds with GLN 185 and has other noncovalent interactions with PHE181 CYS251 LEU144 ALA246 LEU147 [Figure 5c].

Demethoxycurcumin shows the next best binding affinity for VP30 of −7.9 kcal/mol followed by curcumin and tetrahydrocurcumin at −7.3 kcal/mol.

VP30 serves as a transcriptional activator. The N-terminal portion of VP30 contains phosphorylation sites, a zinc-binding site, and an RNA-binding site.[40]

The C-terminal domain of VP30 forms a conserved dimer of two globular, α-helical domains.[41]

Hartlieb et al. reported that C-terminal domain of VP30 contains the binding site for the viral NP and together they are involved in the synthesis of EBOV RNA.[41] In addition to transcription initiation activity, VP30 is a structural protein. Bisdemethoxycurcumin interacts with the residues present in the cavity of the dimers of C-terminal domain.

Interactions of curcumin and derivatives with viral protein 24

Bisdemethoxycurcumin shows the highest binding affinity of −7.7 kcal/mol with VP24. It forms hydrogen bonds with ARG154 GLU46 and has other noncovalent interactions with LEU158 PHE230 ILE45 [Figure 5d].

Demethoxycurcumin shows a binding affinity of −7.5 kcal/mol, followed

by curcumin with −7.3 kcal/mol. Tetrahydrocurcumin shows minimum but considerable binding affinity of −6.8 kcal/mol.

The VP24 protein of EBOV is thought to be a secondary matrix protein and a minor component of virions. VP24 has many structural features commonly associated with viral matrix proteins. Therefore, it may have a role in virus assembly and budding.[42]

VP24 inhibits IFN signaling.[43] VP24, in conjunction with NP and VP35, is required for the formation of nucleocapsid.[44]

Hoenen et al. demonstrated that VP24-deficient infectious VLPs have less VP30 than VLPs containing VP24, and these VP24-deficient infectious VLPs cannot support the initial transcription of the EBOV genome in VLP-infected cells.[45]

This suggests that presence of VP24 is extremely necessary for development of a fully functional nucleocapsid. Inhibition of VP24 by curcuminoids can subsequently hamper the formation of a functional nucleocapsid and deter viral infection.

Interactions of curcumin and derivatives with glycoprotein

Bisdemethoxycurcumin shows a binding affinity of −7.1 kcal/mol with GP. It forms hydrogen bonds with LEU593 ARG596 and has other noncovalent interactions with TRP597 ILE603 ARG596 [Figure 5e].

Curcumin shows a binding affinity of 6.0 kcal/mol and tetrahydrocurcumin shows a binding affinity of 6.1 kcal/mol. Demethoxycurcumin shows least binding affinity of −5.7 kcal/mol.

EBOV GP is the only VP found on the surface of the Ebola virion and is, therefore, responsible for mediating attachment and entry of the virus into host cells. It is the primary target for host neutralizing antibodies and used for the design of vaccines and entry inhibitors.[46,47]

Binding of curcuminoids to GP can destabilize GP and prevent fusion of viral membrane with host cells.

Interactions of curcumin and derivatives with nucleoprotein

Curcumin shows the highest binding energy of −6.8 kcal/mol with NP. It forms hydrogen bonds with ARG559 and has other noncovalent interactions with LEU561 PHE630 ALA562, LEU558 [Figure 5f].

Demethoxycurcumin and bisdemethoxycurcumin show a binding energy of −6.7 kcal/mol while tetrahydrocurcumin has a binding affinity of −6.1 kcal/mol.

NP of EBOV is the largest NP of the nonsegmented negative-stranded RNA viruses with 739 amino acids. It plays a central role in virus replication.

It has a hydrophobic N-terminal half of approximately 350 amino acids and a hydrophilic C-terminal half of approximately 400 amino acids. The N-terminal region is found to be important for RNA binding, and with VP35 and VP24, it helps in the formation of nucleocapsids.[48]

Curcumin binds to NP at the residues are required for the formation of nucleocapsid like structures and viral genome replication, thus disrupting its activity.[49]

CONCLUSION

The results of the study clearly indicate that curcumin, curcuminoids, and tetrahydrocurcumin are effective against multiple targets of EBOV. This is essential in terms of blocking several biochemical pathways simultaneously to deliver faster treatment.

The results indicate that further research should be focused on the antiviral property of other curcuminoids apart from curcumin in Ebola treatment.

This is the first study that investigates the antiviral and inhibitory action of tetrahydrocurcumin, a metabolite of curcumin against Ebola VPs. In some targets, such as VP35, GP, and VP30, tetrahydrocurcumin shows better binding energies than curcumin.

These findings are important in relation to the fact that curcumin is poorly absorbed and has low stability in the body which gives rise to degradation products such as tetrahydrocurcumin. However, tetrahydrocurcumin has antiviral activity suggestive of its therapeutic action.

However, in most targets, bisdemethoxycurcumin and demethoxycurcumin, the curcuminoids that do not receive as much as research focus as curcumin, show better binding energies than curcumin. This highlights the need to focus more research on the therapeutic action as well as the antiviral action of these curcuminoids.

The pleiotropic nature of curcumin and the antiviral action of curcumin, curcuminoids, and its metabolites against Ebola VPs make them potential lead candidates for controlling EBOV infection. Further research in the form of preclinical analysis is warranted not only on stand-alone antiviral activity of these entities but also investigating their synergistic action.

These versatile inhibitors may serve as a new medication for restraining and treating Ebola infection opening avenues for consideration of phytochemicals as therapeutic antiviral agents.

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Conflicts of interest

There are no conflicts of interest

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