

Immunotherapy: A New (and Old) Approach to Treatment of Soft Tissue and Bone Sarcomas

MICHAEL J. NATHENSON,^a ANTHONY P. CONLEY,^b EDWARD SAUSVILLE^c

^aCenter for Sarcoma and Bone Oncology, Dana-Farber Cancer Institute, Boston, Massachusetts, USA; ^bDepartment of Sarcoma Medical Oncology, MD Anderson Cancer Center, Houston, Texas, USA; ^cDepartment of Medicine and Greenebaum Cancer Center, University of Maryland School of Medicine, Baltimore, Maryland, USA

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ABSTRACT

Soft tissue and bone sarcomas are a rare and heterogeneous form of cancer. With standard of care treatment options including surgery, radiation, and chemotherapy, the long-term survival is still low for high-risk soft tissue sarcoma patients. New treatment strategies are needed. Immunotherapy offers a new potential treatment paradigm with great promise. Immunotherapy of soft tissue sarcomas dates back to Dr. Coley's first use of toxins in the late 1800s. A variety of strategies of immunotherapy have been tried in soft tissue and bone sarcomas, including various vaccines and cytokines, with limited success. Results of these early clinical trials with vaccines and cytokines were disappointing, but there are reasons to be optimistic. Recent advances, particularly with the

use of adoptive T-cell therapy and immune checkpoint inhibitors, have led to a resurgence of this field for all cancer patients. Clinical trials utilizing adoptive T-cell therapy and immune checkpoint inhibitors in soft tissue and bone sarcomas are under way. This paper reviews the current state of evidence for the use of immunotherapy, as well as current immunotherapy strategies (vaccines, adoptive T-cell therapy, and immune checkpoint blockade), in soft tissue and bone sarcomas. By understanding the tumor microenvironment of sarcomas and how it relates to their immunoresponsiveness, better immunotherapy clinical trials can be designed, hopefully with improved outcomes for soft tissue and bone sarcoma patients. *The Oncologist* 2018;23:71–83

Implications for Practice: Immunotherapy is a promising treatment paradigm that is gaining acceptance for the management of several cancers, including melanoma, renal cell carcinoma, prostate cancer, and lung cancer. There is a long history of immunotherapy in the treatment of soft tissue and bone sarcomas, although with little success. It is important to understand past failures to develop future immunotherapy treatment strategies with an improved possibility of success. This article reviews the history of and current state of immunotherapy research in the treatment of soft tissue and bone sarcomas, with particular regard to vaccine trials, adoptive T-cell therapy, and immune checkpoint blockade.

INTRODUCTION

Sarcomas are a rare set of cancers in adults, representing approximately 1% of all adult malignancies [1]. In adults in the U.S., approximately 13,000 cases of soft tissue sarcomas (STS) [1] and 3,000 cases of bone sarcomas are reported each year [2]. The primary management for localized STS is complete surgical resection with adjuvant or neoadjuvant radiation therapy in selected cases [1]. Neoadjuvant or adjuvant chemotherapy for STS is often utilized with limited data for efficacy [2]. Excluding non-gastrointestinal stromal tumor (GIST), the prognosis of STS has not changed significantly over the past 20 years, despite vigorous investigation [3, 4]. Standard therapy remains structured around chemotherapy (doxorubicin, ifosfamide,

dacarbazine, gemcitabine/docetaxel); however, patients incur substantial toxicities, and these strategies rarely result in cure. With these standard chemotherapies, the median overall survival for patients with metastatic soft tissue sarcoma is approximately 1.5 to 2 years. Recently, several agents received approved indications by the U.S. Food and Drug Administration (FDA) for the treatment of metastatic STS, including pazopanib [5, 6], trabectedin [7], and eribulin [8–10]. These agents have marginally improved progression-free survival and overall survival but do not lead to durable responses or cure [4].

Despite the advances in the above chemotherapeutics, novel therapies are needed. One emerging strategy is the field

Correspondence: Michael J. Nathenson, M.D., Center for Sarcoma and Bone Oncology, Dana-Farber Cancer Institute, 450 Brookline Ave, Boston, Massachusetts 02215, USA. Telephone 412-496-3236; e-mail: michaelj_nathenson@dfci.harvard.edu Received January 23, 2016; accepted for publication July 14, 2017; published Online First on September 21, 2017. <http://dx.doi.org/10.1634/theoncologist.2016-0025>

of immuno-oncology, in which the goal is to manipulate the immune system to generate a response against the tumor. The immuno-oncology field has seen a revival in solid tumor oncology, with FDA approvals in prostate cancer, melanoma, renal cell carcinoma, and non-small cell lung cancer (NSCLC), among others. These exciting outcomes in immune-oncology have led to renewed consideration of this approach for sarcomas. Recently, immunotherapy strategies have improved the treatment and prognosis of metastatic prostate cancer [11], metastatic malignant melanoma [12–17], metastatic NSCLC [18–21], metastatic renal cell carcinomas [22–25], and Hodgkin's lymphoma [26]. The most successful of these strategies involve immune checkpoint inhibitors. These accomplishments have led to renewed consideration of immunotherapy for soft tissue and bone sarcoma. This review details evidence for an immune response in sarcomas and the different therapeutic modalities in immunotherapy for sarcomas, focusing on the current state of immunotherapy clinical trials in sarcomas, immune checkpoint inhibitors, vaccine trials, and adoptive cell therapy.

MATERIALS AND METHODS

An in-depth literature search was conducted in Ovid Medline and PubMed using the search terms sarcomas, soft tissue sarcoma, bone sarcoma, immunotherapy, vaccines, immune checkpoint blockade, anti-CTLA-4 antibody, tremelimumab, ipilimumab, anti-PD-1 antibody, nivolumab, pembrolizumab, and anti-PD-L1 antibody. A ClinicalTrials.gov search for all clinical trials involving immunotherapy and sarcomas was conducted.

Mechanisms of Action

The immune system plays a critical role in the surveillance, prevention, and development of cancer. Evading immune system destruction has been established as a hallmark of cancer [27]. The concept of tumor surveillance was first described by Burnet [28]. The theory was further revised to encompass the current “immunoediting of cancer,” including the three phases of elimination, equilibrium, and escape [29]. First, in the elimination phase, the immune system can recognize and destroy potential malignant tumor cells. Second, equilibrium is the process by which the immune system selects and ultimately sculpts tumor cells with an ever-increasing ability to survive immune system attack. Third, during the escape phase, the immunologically sculpted tumor cells expand uncontrollably in the immunocompetent host [30]. A corollary of this theory is that tumors escape immune destruction by developing tolerance to and altering the tumor microenvironment [31].

Evaluation of immunotherapy is still in its early stages. Most immunotherapy trials in soft tissue and bone sarcomas to date have been negative, although there have been suggestions of positive responses. It is imperative to be able to manipulate the immune system in such a way as to induce an antitumoral response. Current sarcoma immunotherapies have failed in this regard. The immunological milieu of the sarcoma microenvironment plays an important role, but its evaluation, albeit critically important, is in the early stages of predicting response of sarcomas to immunotherapy. Components of this immunological milieu include cytokines, tumor infiltrating lymphocytes (TILs) and associated macrophages, expression of immune checkpoint inhibitors such as cytotoxic T-lymphocyte-associated protein 4 (CTLA-4), programmed cell death-1 (PD-1)

and programmed death-ligand 1 (PD-L1), and major histocompatibility complex (MHC) antigen expression. All of these components may be important for prognosis and responses of tumors to immunologically targeted therapies and are potential therapeutics or therapeutic targets [32]. The human adaptive immune response requires two activation signals; for example, activation of CD8+ cytotoxic T lymphocytes requires signaling via the T-cell receptor (TCR) and a costimulatory molecule.

Initial immunotherapy strategies sought to stimulate the immune system through the use of signaling molecules such as interleukin-2 (IL-2), which can activate cytotoxic T cells, or interferon-alpha [33, 34]. These approaches were not successful. In addition to co-stimulatory molecules, multiple co-inhibitory molecules exist, such as CTLA-4 or the interaction of PD-1 with PD-L1 or PD-L2. Current immunotherapy trials are targeting these interactions with monoclonal antibodies, essentially “taking the brakes off” the immune system. However, if there is no underlying immune response, simply taking the brakes off will be insufficient. In tumors that lack a sufficient immune response, the immune system will have to be reprogrammed to lead to an antitumor immune response through the use of sarcoma-directed vaccines or adaptive T-cell strategies.

Sarcoma Clinical Trials in Immunotherapy

Immune Checkpoint Blockade

An encouraging approach to immunotherapy is checkpoint blockade, namely the removal of the “brakes” of the immune system [35]. Activation of T cells requires two signals: one through the T-cell receptor and a second costimulatory signal that ultimately proceeds through B7-1 with CD28. When T cells are activated, CTLA-4 is upregulated and competes for binding of B7-1 with CD28. Because CTLA-4 has a greater affinity for B7-1, it acts as a negative regulator of T-cell activation. The two currently available monoclonal anti-CTLA-4 antibodies are tremelimumab and ipilimumab. Ipilimumab has shown clinical activity and is now approved for the treatment of metastatic melanoma [36]. A completed phase I trial of ipilimumab in children and adolescents with treatment-resistant cancer, NCT00556881 (<https://clinicaltrials.gov/ct2/show/NCT01445379>), included sarcomas, but no results are reported yet. A second phase II study with ipilimumab in patients with synovial sarcoma, NCT00140855 (<https://www.clinicaltrials.gov/ct2/show/NCT00140855>), was stopped early due to poor accrual and no objective responses [37]. According to the Response Evaluation Criteria in Solid Tumors (RECIST), there were no documented radiographic responses, and the time to progression ranged from 0.47 to 2.1 months [37]. Final results from two additional studies of immune (CTLA-4) checkpoint blockade in sarcomas, a phase I trial of ipilimumab and dasatinib for recurrent or metastatic GIST and a phase I trial of ipilimumab for pediatric solid tumors including sarcoma, are awaited. Initial results of the ipilimumab and dasatinib study reported at the Connective Tissue Oncology Society meeting in 2015 showed no response per RECIST or Immune-Related Response Criteria (ir-RC), although stable disease was seen in 9 of 16 patients [38]. These results are disappointing.

Research suggests that anthracyclines enhance tumor infiltration of interferon-gamma-producing CD8+ T cells and that cyclophosphamide depletes CD4+ CD25+ T regulatory cells [39, 40]. Combinations of classic cytotoxic chemotherapy with

immune checkpoint inhibitors may enhance the efficacy of immunotherapy and should be considered in the future. Furthermore, the site of immune checkpoint blockade may influence the antitumor activity where blocking PD-1 or PD-L1 at the sites of T-cell activity may be more beneficial than blocking CTLA-4.

PD-1 and PD-L1 are another immune checkpoint pathway [41, 42]. PD-1 is usually expressed on activated T cells. PD-1 binds to PD-L1 or PD-L2, resulting in an inhibitor signal and T-cell inactivation. The two FDA-approved anti-PD-1 antibodies are nivolumab and pembrolizumab, and the safety of anti-PD-1 antibodies and anti-PD-L1 antibodies have been clinically proven [43, 44]. Combination therapy with nivolumab and ipilimumab has already yielded novel, successful strategies in melanoma. Nivolumab is now approved for metastatic non-small cell lung cancer, melanoma, renal cell carcinoma, and Hodgkin's lymphoma [45]. Pembrolizumab is now approved for metastatic melanoma and non-small cell lung cancer.

PD-1 and PD-L1 are expressed on many human tumors in varying degrees, including sarcomas [46], although the impact of the presence of PD-1 and PD-L1 expression in the tumor microenvironment is still debated. PD-1 and PD-L1 expression have been evaluated in GIST, STS, and uterine sarcomas. In one study, tumor PD-L1 expression was noted in 12% of all soft STS, and 29% of GIST patients' PD-1 expression was noted in 22% of specimens [46]. There was a significant correlation between tumor PD-L1 and PD-1 expression and CD8+ tumor infiltrating lymphocytes but no correlation between PD-L1 or PD-1 expression and overall survival [46]. In a second study, PD-L1 expression was seen in 65% of STS tumor specimens and lymphocyte PD-1 expression in 58% of STS specimens [47], although the sample numbers were small. Both positive PD-1 and PD-L1 expression were seen in 75% of epithelioid sarcomas, 80% of angiosarcomas, 82% of undifferentiated sarcomas, 50% synovial sarcomas, and 30% of leiomyosarcomas [47]. In addition, expression of PD-L1, infiltration by PD-1-positive lymphocytes, and the PD-1/PD-L1 pattern were all independent predictors of worse overall survival and worse event-free survival in a multivariate analysis [47]. PD-L1 expression is also seen in osteosarcoma [48]. Notably, these studies used different assays to detect PD-L1 and PD-1, namely the DAKO 5H-1 antibody in the former study and the Santa Cruz antibody in the later study. In uterine sarcomas, a sample of 42 patients showed 100% positivity for PD-L1 using the Abcam antibody (Abcam, Cambridge, UK, <http://www.abcam.com/>) [49].

These four reports indicate varying expression levels of PD-1 and PD-L1 in sarcoma patients, with the suggestion of decreased overall survival in patients with higher PD-1 and PD-L1 expression, suggesting that blocking PD-1 and PD-L1 could be therapeutically beneficial. Nonetheless, PD-1 and PD-L1 expression has not been directly correlated with chances of response [50], and PD-1 and PD-L1 expression within treated tumors should be carefully evaluated to determine whether expression predicts response. Moreover, the heterogeneity of expression of PD axis markers raises the important issue of what control populations would be suitable for judging the clinical value of such interventions.

There are several clinical trials using anti-PD-1 and/or anti-PD-L1 antibodies in sarcomas. First, SARCO28 was a phase II trial of the anti-PD-1 antibody pembrolizumab in patients with

unresectable, recurrent, or metastatic soft tissue or bone sarcomas [51]. The primary endpoint was an objective response rate per RECIST 1.1, and secondary outcomes included progression-free survival, overall survival, and response per ir-RC. Results presented at the American Society of Clinical Oncology 2016 annual meeting showed a partial response rate of 0% (0 of 10) in leiomyosarcomas, 11% (1 of 9) in synovial sarcomas, 22% (2 of 9) in liposarcomas, and 44% (4 of 9) in undifferentiated pleomorphic sarcomas [51]. The study met its secondary endpoint with a progression-free survival of 55% at 12 weeks [51]. The correlative biomarker analysis is still pending. It will be essential to understand the prognostic or predictive value of TILs, MHC, PD-1, and PD-L1 expression in sarcomas to determine for which patients immunotherapy may be appropriate. A second trial of anti-PD-1 therapy in ten patients with uterine leiomyosarcomas failed to show any response [52], although a single patient with uterine leiomyosarcoma treated with pembrolizumab had complete tumor remission for over 2 years [53]. It will be important to understand the role of single agent or combination CTLA-4, PD-1, or PD-L1 blockade in sarcoma treatment. Finally, other costimulatory molecules or inhibitory molecules in early development, such as BTLA, LAG-3, TIM3, VISTA, OX40, and CD73, may be future targets in sarcoma treatment to further rev up or release the brakes of the immune system. Table 1 lists immune checkpoint inhibitor trials in sarcomas.

Vaccines

Vaccines were one of the first immunotherapy strategies used to treat cancer. Marcove et al. introduced the first osteosarcoma vaccine in 1970 [54]. Theoretically, vaccines are elegantly designed to target only the cancer and not normal tissues, resulting in little harm to the patient. Vaccines may be able to help induce an antitumor immunologic response in immunologically silent tumors. In practice, however, most vaccine studies have yielded modest results despite a large number of clinical trials. Currently, there are only two FDA-approved vaccines used for metastatic prostate cancer and unresectable melanoma [11, 13].

The central theme in cancer vaccine development is the identification of tumor-specific or tumor-associated peptide fragments with recognition by MHC molecules to eventually trigger the immune system. Vaccines have utilized neoantigens derived from whole tumor cells, tumor cell lysates, and cancer-related peptides [55, 56]. Somatic mutations can give rise to neoantigens, as can the breakpoints of cancer-specific fusion proteins [57]. Many sarcoma subtypes contain unique genetic abnormalities and/or chromosomal translocations (supplemental online Table 1), which could serve as possible targets for vaccine development. Additionally, many sarcomas express tumor-specific or differentiation antigens that are not expressed on most normal tissues. These antigens, such as MAGE-1, disialogangliosides (GD2 and GD3), and NY-ESO-1, have previously been described in other cancers, for example, in melanoma and testicular cancer [58, 59], and have been observed in sarcomas as well (Table 2). Thus, there are a multitude of potential neoantigen targets in sarcomas. However, without a second signal provided by a variety of adjuvants, including granulocyte-macrophage colony-stimulating factor (GM-CSF), IL-2, interferon, heat shock proteins, second peptides, tumor DNA or mRNA, and radiation, there will only be a minimal immune

Table 1. Current and ongoing anti-PD-1 and anti-PD-L1 inhibitor trials in patients with soft tissue and bone sarcomas, as of April 30, 2017

Immune checkpoint inhibitor	Description	NCI trial number	Status
Pembrolizumab	Phase II study of pembrolizumab 2 mg/kg every 3 weeks in soft tissue and bone sarcoma; primary endpoint: objective response rate per RECIST [51]	NCT02301039 (SARC 028)	Active; not recruiting
Pembrolizumab	Phase II study of axitinib + pembrolizumab in alveolar soft part sarcoma and STS; primary endpoint: 3-month PFS per RECIST	NCT02636725	Recruiting
Pembrolizumab	Phase II study of pembrolizumab + metronomic cyclophosphamide in sarcoma; primary endpoint: objective response at 6 months per RECIST	NCT02406781	Recruiting
Pembrolizumab	Phase I/II study of pembrolizumab + gemcitabine, gemcitabine/docetaxel, gemcitabine/vinorelbine, or doxil in metastatic solid tumors, including sarcoma	NCT02331251	Recruiting
Pembrolizumab	Pembrolizumab in patients with locally advanced or metastatic malignant peripheral nerve sheath tumors; primary endpoint: response at 18 weeks per RECIST	NCT02691026	Recruiting
Pembrolizumab + doxorubicin	Pembrolizumab in combination with doxorubicin for patients with advanced sarcomas	NCT02888665	Recruiting
Pembrolizumab + gemcitabine	Phase I/II study of pembrolizumab in combination with gemcitabine in leiomyosarcomas and undifferentiated pleomorphic sarcomas	NCT03123276	Not yet recruiting
Pembrolizumab + doxorubicin	Pembrolizumab in combination with doxorubicin in adult and pediatric patients with metastatic or unresectable STS	NCT03056001	Not yet recruiting
Pembrolizumab and olaratumab	Phase I study of pembrolizumab in combination with olaratumab in patients with unresectable, locally advanced, or metastatic STS	NCT03126591	Not yet recruiting
Pembrolizumab and radiation	Phase II randomized study of neoadjuvant radiation followed by surgical resection ± neoadjuvant and adjuvant pembrolizumab	NCT0309323	Not yet recruiting
Anti-PD-1 antibody CT-011	Phase I/II study of an anti-PD-1 antibody (CT-011) and a vaccine against P53	NCT01386502	Withdrawn
Nivolumab ± ipilimumab	Phase I/II study of nivolumab ± ipilimumab in younger patients with recurrent or refractory solid tumors or sarcomas; primary endpoint: response rate	NCT02304458	Recruiting
Nivolumab ± ipilimumab	Phase II study of nivolumab ± ipilimumab in locally advanced or metastatic soft tissue and bone sarcoma; primary endpoint: response rate	NCT02500797	Suspended due to rapid accrual
Nivolumab ± ipilimumab	Phase II study of nivolumab + ipilimumab in advanced uterine leiomyosarcoma; primary endpoint: objective response per RECIST	NCT02428192	Suspended
Atezolizumab ± CMB305	Phase II Immune Design study of anti-PD-L1 atezolizumab ± CMB305 (combination of LV305-dendritic cell targeting lentivector expressing NY-ESO-1 and G305-NY-ESO-1 recombinant protein plus GLA-SE) in synovial and myxoid liposarcoma	NCT02609984	Recruiting
Durvalumab + tremelimumab	Phase II Durvalumab + tremelimumab in multiple sarcoma subtypes	NCT02815995	Recruiting
Durvalumab + trabectedin	Durvalumab in combination with trabectedin in patients with advanced pretreated soft-tissue sarcomas and ovarian carcinomas. (TRAMUNE)	NCT03085225	Not yet recruiting
Durvalumab + tremelimumab + radiation	Durvalumab in combination with tremelimumab and neoadjuvant radiation in high-risk soft-tissue sarcomas	NCT03116529	Not yet recruiting

Abbreviations: NCI, National Cancer Institute; PD-1, programmed cell death-1; PD-L1, programmed death-ligand 1; PFS, progression-free survival; RECIST, Response Evaluation Criteria in Solid Tumors; STS, soft tissue sarcoma.

Table 2. Neoantigens associated with soft tissue and bone sarcomas

Types of sarcoma	Neoantigen	References
Synovial sarcoma, GIST, uterine leiomyosarcoma, leiomyosarcoma, chondrosarcoma, liposarcoma, angiosarcoma, MFH, osteosarcoma	MAGE	[104–108]
GIST, synovial sarcoma, uterine leiomyosarcoma, angiosarcoma, myxoid round cell liposarcoma, osteosarcoma	NY-ESO-1	[92, 105, 107–116]
GIST, synovial sarcoma, uterine leiomyosarcoma, chondrosarcoma, nonmyxoid liposarcoma, myxoid round cell liposarcoma	LAGE-1	[105, 107, 117]
GIST, uterine leiomyosarcoma, liposarcoma, MFH, chondrosarcoma	GAGE	[105, 108]
Liposarcoma, MFH	BAGE	[105]
Synovial sarcoma, uterine leiomyosarcoma, MFH, liposarcoma	SSX	[105, 108]
Synovial sarcoma, nonmyxoid liposarcoma, myxoid liposarcoma, leiomyosarcoma	PRAME	[107, 108, 117, 118]
Ewing's sarcoma	XAGE-1	[108, 119]
Ewing's sarcoma	LIPI	[108, 119]
Rhabdomyosarcoma	WT-1	[108]
Rhabdomyosarcoma	ALK	[108, 120, 121]
All sarcomas	GM2, GD2, GD3	[108, 122–132]
Ewing family of tumors, osteosarcoma, rhabdomyosarcoma, leiomyosarcoma, MFH, synovial sarcoma, desmoplastic small round cell tumor	4Ig-B7-H3	[108, 133]

This table shows specific sarcoma neoantigens, including cancer-testis antigens (NY-ESO-1, MAGE, BAGE, GAGE, SSX, LAGE, XAGE, LIPI, and PRAME), gangliosides (GM2, GD2, GD3), ALK, WT-1, and 4Ig-B7-H3 (a member of the B7 family), and the soft tissue and bone sarcomas with which they have been associated. Obtained from multiple sources.

Abbreviations: ALK, anaplastic lymphoma kinase; GIST, gastrointestinal stromal tumor; MFH, malignant fibrous histiocytoma; WT-1, Wilm's Tumor 1.

response [60, 61]. Benefits of immunotherapy with adjuvants alone are only suggested but not definitively proven with interferon- α 2b and muramyl tripeptide in osteosarcoma [62]. Toll-like receptor agonists are new adjuvants that can profoundly enhance T-cell-based immunotherapy [63, 64]. The efficacy of vaccines may be improved by combination with cytokines, toll-like receptors, or other adjuvants (to rev up the immune system), chemotherapy or radiation (to increase the release of neoantigens), or checkpoint inhibitors, such as anti-CTLA, anti-PD-1, or anti-PD-L1 antibody (to release the immune system).

Vaccines using peptides derived from the breakpoints of sarcoma-specific fusion proteins are promising. In one study, six patients with synovial sarcomas were treated with a SYT-SSX peptide vaccine; induction of peptide-specific cytotoxic T lymphocytes (CTLs) occurred in four of six patients, and one patient had stable disease for 2 months per RECIST [65]. The addition of interferon- α resulted in peptide-specific CTLs in 9 patients and stable disease in 7 of 21 patients for 6 to 57 months, but no clinical responses [66]. Another study of a personalized peptide vaccine for bone and soft tissue sarcomas showed stable disease in 6 patients for 5.7 to 33 months [67]. The patient with stable disease for 33 months had synovial sarcoma. A study of 25 patients with sarcomas treated with irradiated tumor cells and interferon- γ or GM-CSF showed a difference in survival of 8.2 months versus 16.6 months, comparing those patients who did not have a positive immune response to those who had a positive response, although there were no clinical responses [68, 69]. These studies support the development of a tumor-specific immune response resulting in a sustained clinical benefit in some patients despite no radiographic improvement. Alternative vaccine approaches use dendritic cell vaccines combined with radiation in the neoadjuvant setting prior to surgical

resection. A phase I trial showed the feasibility of this approach, with 52.9% of patients developing a tumor-specific immune response [70]. This approach requires further study in sarcomas. Other promising approaches in sarcomas include NY-ESO-1-targeted vaccines in combination with an anti-PD-L1 antibody, and these studies are ongoing. Table 3 summarizes the current, completed, and ongoing vaccine trials in sarcomas.

One possible reason for the limited benefit of past vaccines in sarcomas is the lack of MHC class I expression in some bone and soft tissue sarcomas. MHC molecules present antigen in cells of the adaptive immune system, including cytotoxic CD8+ T cells. Without MHC class I expression on the surface of tumor cells, there can be no primary signal to activate the immune system. In 2006, Tsukahara et al. showed that loss or downregulation of class I MHC/human lymphocyte antigen (HLA) was seen in 62% of soft tissue sarcomas and 52% of osteosarcomas [71]. The loss of HLA I expression was recently shown in 39% of undifferentiated pleomorphic sarcomas, 80% of fibrosarcomas, and 88% of dermatofibrosarcomas [72]. For patients with osteosarcomas and high levels of expression of class I MHC/HLA molecules, compared with patients with no expression, overall survival and event-free survival significantly improved [73]. Regarding Ewing's sarcoma, loss of HLA expression was shown in 79% of Ewing's tumors [74]. Furthermore, downregulated versus high levels of HLA class I expression and presence of CD8+ T-cell infiltration were shown to be independent prognostic markers for overall survival in Ewing's sarcoma [75, 76]. Thus, both bone and soft tissue sarcomas show loss of MHC class I expression, which correlated with the prognosis, presumably due to the ability of MHC class I negative tumor cells to better evade the immune system in bone tumors.

Another basis for the disappointing early studies with ipilimumab, nivolumab, and pembrolizumab in sarcomas could

Table 3. Completed, current, and ongoing vaccine or adoptive cellular therapy trials in patients with soft tissue and bone sarcoma, as of August 2016

Type of vaccine	Description	NCI trial #	Status
Peptide vaccine	Kawaguchi et al., 2005. Phase I study of 6 patients with synovial sarcoma, and HLA-A*2402 positive given SYT-SSX peptide vaccine, one patient stable disease for 2 months, with increase in peptide-specific CTLs in four patients [65]	N/A	Completed
Peptide vaccine + IFN	Kawaguchi et al., 2012. Phase I study of 21 patients with synovial sarcoma, HLA-A*2402 positive, given SYT-SSX peptide vaccine (protocol A1 and A2) for synovial cell + interferon- α + incomplete Freund adjuvant (protocol B1 and B2). Response: protocol A1 and A2, one patient with stable disease; protocol B1 and B2, 6/12 patients with stable disease for 6 to 57 months, 9 with increase in peptide-specific CTLs. [66]	N/A	Completed
Peptide vaccine	Takahashi et al., 2013. Phase II study of 20 patients with refractory bone and soft tissue sarcoma, 9 sarcoma subtypes, 11 HLA class 1A phenotypes, given personalized peptide vaccine; no adverse events, 6 patients with stable disease for 5.7 to 33 months [67]	N/A	Completed
Protein NY-ESO-1 vaccine	Immune Design. Phase I study of open-label, multicenter, multiple ascending dose trial evaluating the safety, tolerability and immunogenicity of intramuscular injection of recombinant NY-ESO-1 protein with GLA-SE adjuvant (IDC-G305) in patients with unresectable or metastatic cancer, including soft tissue sarcoma	NCT02015416	Active, not recruiting
Lentivector inducing NY-ESO-1 expression in dendritic cells	Immune Design. Phase I study of intradermal ID-LV305 in pts with locally advanced, relapsed, or metastatic cancer expressing NY-ESO-1, including melanoma, sarcoma, ovarian cancer, and NSCLC	NCT02122861	Recruiting
Autologous tumor cell + GM-CSF vaccine	Mahvi et al., 2002. Phase I/Ib study of 16 patients treated with lethally irradiated autologous tumor cells from melanoma and sarcoma transfected with DNA encoding GM-CSF and administered as a vaccine; well-tolerated, but two pts with melanoma had stable disease, one patient with sarcoma had stable disease for 12 weeks and another patient had a mixed response [134]	N/A	Completed
Autologous tumor cell + GM-CSF vaccine	Goldberg et al., 2008. Phase I study of 12 patients with soft tissue sarcomas, treated with GVAX (tumor cells engineered by adenovirus gene transfer to secrete GM-CSF); no clinical responses, even in one patient treated with vaccine + ipilimumab [135]	N/A	Completed
Autologous tumor cell + GM-CSF vaccine	Hodi et al., Dana-Farber. Phase I study of patients with clear cell sarcoma, alveolar soft part sarcoma, renal cell carcinoma, and melanoma; patients treated with irradiated autologous tumor cells engineered to secrete GM-CSF by adenovirus gene transfer	NCT00258687	Active, not recruiting
HSP vaccine	Maki et al, Memorial Sloan Kettering Cancer Center. Phase II Trial for patients with recurrent soft tissue sarcoma, patients treated with autologous tumor-derived heat shock protein-peptide complex (HSPPC-96); no results	NCT00005628	Completed
VEGF vaccine	Kamstock et al., 2007. Study in dogs with soft tissue sarcoma; nine dogs were treated with a xenogeneic VEGF (human VEGF ₁₆₅) vaccine; 30% tumor response rate [136]	N/A	n/a
Autologous dendritic cells pulsed with fusion peptides vaccine	Matsuzaki et al., 2002. Case report on an 11-year-old girl with synovial sarcoma; relapsed after auto transplant, given autologous dendritic cells pulsed with SYT-SSX2 fusion protein; stable disease for approximately 1 month [137]	N/A	n/a
Autologous dendritic cells pulsed with fusion peptides vaccine	Dagher et al., 2002. Pilot study of 16 patients with Ewing sarcoma or rhabdomyosarcoma; given autologous dendritic cells pulsed with peptides derived from the breakpoint region of the fusion proteins + IL-2; progressive disease in all patients, although one patient had a mixed clinical response [33]	N/A	Completed
Autologous dendritic cells pulsed with tumor-specific peptides	Suminoe et al., 2009. Phase I study of five patients with synovial sarcoma, Ewing sarcoma, and neuroblastoma; treated with autologous derived dendritic cells pulsed with tumor-specific synthetic peptides with KLH; one patient with synovial sarcoma had stable disease for one month; one patient with Ewing sarcoma had complete remission for 77 months, although received peripheral stem cell autologous transplant in addition to dendritic cell vaccine [138]	N/A	Completed

(continued)

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Table 3. (continued)

Type of vaccine	Description	NCI trial #	Status
Autologous dendritic cell vaccine + radiation	Finkelstein et al., 2012. Phase 1 study of 17 patients with large (>5 cm), high grade, nonmetastatic soft tissue sarcomas; treated with neoadjuvant EBRT to 50.4 Gy + intratumoral injection of dendritic cells, followed by surgical resection; treatment well tolerated; 9 patients (52.9%) developed tumor-specific immune responses; 12 patients (70.6%) were progression-free for one year [70]	N/A	Completed
Autologous dendritic cell vaccine + radiation	Moffitt Cancer Center. Phase II study evaluating the neoadjuvant administration of high dose radiation therapy ± intratumoral autologous dendritic cell vaccine in patients with nonmetastatic extremity/trunk high-risk (>5 cm, grades 2 to 3) soft tissue sarcomas; induced T-lymphocyte response in 2/6 pts with XRT and in 5/14 pts with XRT and vaccine	NCT01347034	Active, not recruiting
Autologous dendritic cells pulsed with tumor lysate	Geiger et al., 2001. Phase I study of 15 patients with pediatric solid tumors, eight of which were sarcomas; treated with autologous dendritic cells pulsed with autologous tumor cell lysate + KLH, one partial response in a patient with fibrosarcoma and 5 patients with stable disease, one of whom was a sarcoma patient [139, 140]	N/A	Completed
Autologous dendritic cell vaccine pulsed with tumor lysate + gemcitabine	Goldberg et al., University of Miami. Phase I study of autologous dendritic cell vaccine, matured with imiquimod ± gemcitabine for suppression of MDSC in adult and pediatric patients with sarcomas	NCT01803152	Recruiting
Autologous dendritic cell vaccine pulsed with tumor lysate	Geiger et al., University of Michigan. Phase II study of tumor lysate-pulsed dendritic cell vaccine for immune augmentation for high-risk solid tumor patients with sarcoma, Wilm's tumor, and neuroblastoma, following autologous stem cell transplantation	NCT00405327	Active, not recruiting
Autologous Dendritic cell vaccine pulsed with tumor lysate	Petrov Research Institute of Oncology. Phase I/II, non-randomized single-center study evaluating the efficacy and toxicity of autologous dendritic cell vaccine loaded with allogeneic tumor lysate expression of cancer testis antigens in patients with soft tissue sarcoma (ADCVCTAST)	NCT01883518	Recruiting
Autologous dendritic cell vaccine + cytokine induced killers cells	Affiliated Hospital to Academy of Military Medical Science. Phase I/II study of the safety and therapeutic efficacy of autologous dendritic cells transfected to express MUC1 and survivin combined with cytokine-induced killer cells in patients with high-risk soft tissue sarcomas	NCT01898663	Active, not recruiting
Autologous dendritic cells pulsed with tumor lysate + autologous tumor cell vaccine ± rhIL-7	Mackall et al, NCI. Phase I/II study of immunotherapy after standard chemotherapy in patients with high-risk pediatric solid tumors (Ewing family of tumors, PNET, rhabdomyosarcoma, and neuroblastoma); patients treated with autologous derived dendritic cells pulsed with tumor lysate and KLH vaccine, autologous tumor cells CD25 depleted, and ± recombinant human IL-7; 32 patients treated; so far seven patients had evidence of immune response with positive delayed-type hypersensitivity reaction	NCT00923351	Currently suspended
Autologous dendritic cells pulsed with fusion peptides vaccine + autologous T cell vaccine ± IL-2	Mackall et al., 2008. Pilot study, 52 enrolled, 30 patients treated, with metastatic or recurrent Ewing family of tumors or alveolar rhabdomyosarcoma; after completion of standard multimodality therapy were treated with autologous T cells and dendritic cells pulsed with tumor-specific neoantigens derived from translocation breakpoints and E7, peptide known to bind to HLA-A2, ± rhIL-2; minimal toxicity and positive immune response in 39% of patients; OS 43% at 5 years for patients treated with immunotherapy compared with 31% 5-year OS for all patients and 12% OS for patients not treated with immunotherapy [141]	N/A	Completed
Autologous dendritic cell vaccine	Himoudi et al., 2012. Phase I study of 12 patients with relapsed osteosarcoma; treated with autologous dendritic cells matured with autologous tumor lysate and KLH; 2/12 pts had induction of specific T-cell immune response [142]	N/A	Completed
Autologous tumor cell derived vaccine + IFN or GM-CSF	Dillman et al., 2003. Phase II study of 98 patients, 14 with sarcomas, treated with irradiated tumor cells + IFN-γ or GM-CSF; well-tolerated, but no clinical responses in sarcoma patients; only one objective tumor response in a melanoma patient [69]	N/A	Completed

(continued)

Table 3. (continued)

Type of vaccine	Description	NCI trial #	Status
Autologous tumor cell derived vaccine	Dillman et al., 2004. Phase I/II study of 25 patients with sarcomas treated with irradiated tumor cells + IFN- γ or GM-CSF; well-tolerated; no clinical responses in those with measurable disease, twofold increase in survival, 8.2 vs. 16.6 months, in responders, those with positive delayed hypersensitivity tests[68]	N/A	Completed
Autologous tumor cell derived vaccine	NCI. Phase I study of adjuvant allogeneic tumor cell vaccine with metronomic oral cyclophosphamide and celecoxib in patients undergoing resection of sarcomas, melanomas, germ cell tumors, or epithelial malignancies metastatic to lungs, pleura, or mediastinum; no results reported	NCT01313429	Completed
Autologous tumor cell derived vaccine	NCI. Phase I study of epigenetically-modified autologous tumor cell vaccine and ISCOMATRIX(TM) adjuvant with metronomic oral cyclophosphamide and celecoxib in patients undergoing resection of sarcomas, melanomas, germ cell tumors, or epithelial malignancies, metastatic to lungs, pleura or mediastinum	NCT01341496	Suspended
Adoptive cellular therapy			
NK cells	NCI. Phase I study of NK cell infusion following allogeneic peripheral blood stem cell transplantation from related or matched unrelated donors in pediatric patients with solid tumors and leukemias, including neuroblastomas and sarcomas	NCT01287104	Recruiting
Autologous T-cell vaccine + IL-2	Robbins et al., 2011. Phase I/II study of 11 patients with refractory metastatic melanoma and 6 patients with refractory metastatic synovial sarcoma, HLA-A*0201 positive; treated with genetically modified autologous T-cell-recognizing NY-ESO-1 + IL-2 after lymphodepletion with cyclophosphamide and fludarabine; four partial responses lasting 5, 8, 10, and 18 months [92]	N/A	Completed
Autologous T lymphocytes vaccine	NCI. Phase II study of metastatic cancers that express NY-ESO-1; treated with lymphodepleting conditioning (cyclophosphamide and fludarabine) followed by infusion of anti-NY ESO-1 murine TCR-gene engineered T lymphocytes, including synovial sarcoma	NCT01967823	Recruiting
Autologous T lymphocytes vaccine	Fred Hutchinson Cancer Research Center. Phase I study of autologous NY-ESO-1-specific CD8+ T cells for the treatment of adult patients, HLA-A*0201 positive, with advanced soft tissue sarcoma, including synovial sarcoma and myxoid/round cell liposarcoma, with cyclophosphamide for lymphodepletion; no results reported	NCT01477021	Completed
NY-ESO-1-specific T cell	Fred Hutchinson Cancer Research Center. Phase I study of autologous NY-ESO-1-specific CD8+ T cells for the treatment of NY-ESO-1-expressing sarcomas receiving palliative XRT therapy	NCT02319824	Recruiting
HER2 CAR T cell	Baylor College of Medicine. Phase I study of autologous HER2-specific T cells, with fludarabine and cyclophosphamide conditioning, in patients with HER2-positive advanced sarcoma or osteosarcoma	NCT00902044	Recruiting
Anti-GD2 CAR T cell	NCI. Phase I study of anti-GD2-specific T cells in children and young adults with GD2+ unresectable or metastatic tumors, including osteosarcoma, with cyclophosphamide conditioning	NCT02107963	Recruiting
MAGE-A3 CAR T cell	NCI. Phase I/II study of MAGE-A3-specific T cells in HLA-DP0401 positive pts with metastatic cancer, including sarcoma, with fludarabine and cyclophosphamide conditioning and IL-2	NCT02111850	Recruiting
MAGE-A3 CAR T cell	NCI. Phase I/II study of MAGE-A3-specific T cells in HLA-A*01 positive pts with metastatic cancer, including sarcoma, with fludarabine and cyclophosphamide conditioning and IL-2	NCT02153905	Recruiting
NY-ESO-1 CAR T cell	Adaptimmune. Phase I study of NY-ESO-1-specific T cells in HLA-A2 positive patients with unresectable or metastatic synovial sarcoma failing standard chemotherapy	NCT01343043	Recruiting

Abbreviations: CAR, chimeric antigen receptor; CTL, cytotoxic T lymphocyte; EBRT, external beam radiotherapy; GM-CSF, granulocyte-macrophage colony-stimulating factor; HER2, human epidermal growth receptor 2; IL, interleukin; INF, interferon; KLH, keyhole limpet hemocyanin; MDSC, myeloid-derived suppressor cell; N/A, not applicable; NCI, National Cancer Institute; NK, natural killer; NSCLC, non-small cell lung cancer; OS, overall survival; PNET, primitive neuroectodermal tumor; pts, patients; VEGF, vascular endothelial growth factor; XRT, radiation.

relate to the fact that translocation-associated sarcomas have a low mutation rate, resulting in fewer neoantigens. As many as 25% of sarcomas have a specific translocation or gene fusion (supplemental online Table 1); the remaining sarcomas are genetically complex, such as leiomyosarcoma, osteosarcoma and undifferentiated pleomorphic sarcomas [77]. These sarcomas may have more neoantigens that could lead to tumor-specific immune responses than translocation-associated sarcomas. Certainly, immune checkpoint blockade has been the most effective in tumors with high mutational load, such as melanoma, renal cell carcinoma, and non-small cell lung cancer [77]. Future STS trials should evaluate MHC expression to correlate it with treatment responses as well as the genetic complexity of the tumors. Arguably, vaccine strategies must profoundly change before they can be used as adequate therapeutics [56].

Adoptive Cell Transfer

A new strategy for inducing tumor immune responses or reprogramming the immune system involves the *ex vivo* expansion of lymphocytes, termed adoptive cell transfer. These lymphocytes, whether T cells or natural killer (NK) cells, are the main effectors of the adaptive immune response. T lymphocytes infused back into the patient can be nonspecific or altered by cytokines to become active cytotoxic cells, such as lymphokine-activated killer or cytokine-induced killer cells. Tumor-infiltrating lymphocytes can be used, or cytotoxic T lymphocytes selected for recognizing tumor-associated antigens or genetically engineered to recognize specific tumor antigens [78].

Tumor-infiltrating lymphocytes are particularly attractive targets because, historically, TILs have been a potential marker for the immune responsiveness of a tumor, indicating that some TILs may represent an immune response against a tumor. TILs have been described in a variety of tumors, including melanoma, renal cell carcinoma, breast cancer, prostate adenocarcinoma, head and neck cancer, ovarian cancer, bladder cancer, esophageal cancer, lung cancer, and colorectal cancer [79]. Evidence has been gathered to support TIL influence on outcomes in some of these tumors [80], such as colon cancer [81], non-small cell lung cancer [82], and melanoma [83], with the type, density, location, and functional orientation of TILs entering into consideration. High-density TH1 cluster-differentiated eight (CD8+) T cells correlated with improved disease-free survival and overall survival [83]. TILs have been reported in sarcomas since 1990, when Balch et al. found TIL in 36% of patients with sarcomas [79]. Additionally, TILs have been evaluated in GIST, STS, Ewing's sarcomas, osteosarcoma, and uterine sarcomas. One report showed high levels (defined as >5%) of CD3+ T cells in 44% of patients, of CD4+ T cells in 8% of patients, and of CD8+ T cells in 22% of patients. Most of these patients had GIST with occasional TILs seen in other STS [46]. In a sample of 91 patients with GIST, TILs composed of both CD3+ T cells and NK cells independently correlated with an improved progression-free survival in both univariate and multivariate analysis, accounting for known GIST risk factors such as size, location, and mitotic rate [84]. For non-GIST soft tissue sarcomas, the presence of TILs and impact on prognosis varied. TILs have been only occasionally reported in specific subtypes, such as angiosarcoma, liposarcoma, synovial sarcoma, and high-grade sarcoma not otherwise specified [46, 85, 86].

Considering the numerous STS subtypes and the small sample sizes, these reports may not be representative of the general population. In terms of effect on survival, Katenkamp reported no impact of TIL on survival in 160 patients with STS [87]. However, in a sample of 249 patients with STS, Sorbye et al. showed on a univariate analysis that increased numbers of CD4+ T cells and CD20+ B cells TIL correlated with improved disease-specific survival and that there was also a trend for improved survival with CD8+ T cells [88]. Concerning bone sarcomas in Ewing's sarcoma, CD8+ TIL correlated significantly with improved overall survival [75], and higher numbers of T regulatory cells (CD4+ CD25^{hi} FoxP3) at diagnosis correlated with metastatic disease [89]. In osteosarcoma, the presence of moderate to marked lymphocyte infiltration significantly correlated with relapse-free survival [90]. Although the presence of TILs and their impact on survival have been noted in several sarcoma subtypes, whether this is a sufficient predictor of response to immunologically targeted therapies remains unknown. Given the heterogeneous nature of TILs, further processing steps to produce cytotoxic T lymphocytes selected or genetically engineered to recognize tumor-associated or tumor-specific antigens may be required to improve the efficacy of adoptive cell transfer—in other words, to better reprogram the immune system.

The feasibility and safety of producing large numbers of autologous antitumor-specific cytotoxic T lymphocytes have been demonstrated for several solid tumors, including one patient with soft tissue sarcoma [91]. In a phase I/II study, six patients with refractory metastatic synovial sarcoma were treated with genetically modified autologous T cells recognizing NY-ESO-1 and IL-2 after lympho-depletion with cyclophosphamide and fludarabine. There were four partial responses lasting 5, 8, 10, and 18 months [92]. A follow-up report from the same study showed 11 of 18 responses (61%) in patients with synovial sarcoma per RECIST lasting from 3 to 47 months, with one patient experiencing a complete response for 20 months [93]. The 5-year overall survival for synovial sarcoma patients was 38%, an encouraging result for patients with sarcomas refractory to standard chemotherapy. Given the variety of tumor-specific or differentiation antigens in sarcomas, this approach may apply to a wide range of sarcoma patients. Several active clinical trials using T cells specific to NY-ESO-1, MAGE, GD2, and human epidermal growth receptor 2 (HER2) in sarcomas are ongoing. Overall, adoptive cell transfer is a promising new therapy for patients with metastatic cancer, with success in metastatic melanoma that might apply to a wide range of solid tumors, including sarcomas [94]. However, tumor progression can occur despite high levels of antitumor-specific T cells [95], so the production of a robust T-cell response may not suffice to induce tumor regression in less immune-sensitive tumors, and a combination immunotherapy approach may be more appropriate.

FUTURE DIRECTIONS

The field of immunotherapy is rapidly expanding [96, 97]. Some of the most promising strategies are deregulating the immune system by immune checkpoint blockade and reprogramming the immune system via adoptive cell transfer with re-infusion of *ex vivo* expanded TIL or genetically engineered T lymphocytes [98]. These techniques may even be synergistic. A further

extension of this technique is chimeric antigen receptor (CAR) T cells, with a genetically modified TCR to a specific tumor-associated antigen. The generation and safety of CAR T cells has been shown in phase I trials, with a CAR T cell targeted against CD19 in patients with acute lymphoblastic leukemia [99], and remarkable responses have been observed [100]. Many sarcomas express GD2, NY-ESO-1, and MAGE, suggesting opportunities to study CAR T cells specific against these antigens in patients with sarcomas. In that regard, specific cataloging of sarcoma-related neoantigens would be of particular interest as a basis for considering CAR-related strategies. Additional immunotherapeutic strategies of interest in sarcoma are inhibitors of CD47 and indoleamine-2,3-dioxygenase (IDO). CD47 is a “don’t-eat-me” signal that helps tumors escape phagocytosis by macrophages. Anti-CD47 therapy is effective in leiomyosarcoma cell lines [101]. IDO is an intracellular enzyme, which leads to effector T-cell energy through downregulation of tryptophan [102]. High IDO expression is seen in osteosarcoma and other sarcomas, potentially correlating with survival, and thus is an attractive immunotherapeutic strategy [103].

Primary resistance to immunotherapy may be due to an immunologically quiet tumor, without a preexisting antitumor response. Additionally, loss of MHC class I expression prevents the primary activation signal of the immune system. These mechanisms can lead to a lack of response to immune checkpoint inhibitors. Resistance may also develop after initial response to immunotherapy. Loss of MHC expression is again a possible mechanism. Loss of PTEN was shown to be another possible mechanism in uterine leiomyosarcoma resistance to immunotherapy after an initial response [53].

CONCLUSION

Immunotherapy recently has shown successes in bladder cancer, prostate cancer, melanoma, renal cell cancer, Hodgkin’s lymphoma, and, most surprisingly, non-small cell lung cancer.

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Extensive preclinical evidence suggests a possible role for the immune responsiveness of sarcomas; however, future clinical trials will need to evaluate the sarcoma tumor microenvironment and immunological milieu, including cytokines, TIL, MHC, and PD-1 and PD-L1 expression, to better understand the markers that predict the immune responsiveness of patients with sarcomas to design more effective immunotherapeutic sarcoma trials. Although initial sarcoma immunotherapeutic trials were disappointing, some early successes with dendritic cell vaccines or adoptive cell transfer treatment of sarcomas suggest a potential pathway for future clinical trials. Additionally, while single-agent immune checkpoint blockade of CTLA-4 has been ineffective, combinations with blockade of PD-1 and PD-L1 offer intriguing avenues of investigation in sarcomas, as does the use of CAR T cells. Overall, immunotherapy is a promising strategy, but current strategies will need to be refined for use in sarcoma patients.

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AUTHOR CONTRIBUTIONS

Conception/design: Michael J. Nathenson

Collection and/or assembly of data: Michael J. Nathenson

Data analysis and interpretation: Michael J. Nathenson

Manuscript writing: Anthony Conley, Michael J. Nathenson, Edward Sausville

Final approval of manuscript: Anthony Conley, Michael J. Nathenson, Edward Sausville

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