

Laparoscopic adjustable gastric banding migration: an early approach for a late complication

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SUMMARY: Laparoscopic adjustable gastric banding migration: an early approach for a late complication.

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Aim. Laparoscopic adjustable gastric banding (LAGB) migration is an uncommon late complication after bariatric surgery. It usually presents with an unexplained weight increase or without any symptom. Current guidelines do not establish the timing of a clear endoscopic follow-up to prevent and/or to treat this kind of complication.

Patients and methods. Long-term follow-up was performed in

217 patients with LAGB (37 underwent surgery in other bariatric centers). At the endoscopic check, 3 patients presented banding erosion respectively 7, 9 and 11 years after surgery. In all three cases the patients, lost at the follow-up in their bariatric centers, had weight gain. During the endoscopy was treated just one patient because of the advanced migration. For the other patients, with a minimal migration, the choice was to perform an endoscopic surveillance every 4 months.

Discussion. Removal of eroded gastric banding with common endoscopic devices is feasible, safe, and effective.

Conclusion. With our experience we suggest to perform planned endoscopy at least within 2 years in order to guarantee the early diagnosis and managing of gastric banding erosion.

KEY WORDS: Bariatric surgery - Gastric banding migration - Obesity - Endoscopy.

Introduction

Laparoscopic adjustable gastric banding (LAGB) is one of the first-line treatment options in bariatric surgery (1).

Although it is a safe and easy performing procedure, there are serious associated complications such as banding erosion through the stomach wall, band slippage and associated pouch dilatation, gastric wall perforation, abscess formation (2).

The banding migration into the stomach lumen could be easily individuated and, in selected cases, treated by an upper endoscopy (1, 3).

Current guidelines do not establish the timing of a clear endoscopic follow-up to prevent and/or to treat complications (4).

We present an experience of evaluation and managing LAGB erosion.

Patients and methods

Long-term follow-up was performed in 217 patients with LAGB. Out of 217, 37 patients underwent surgery in other bariatric centers.

Three of these patients, lost at the follow-up in their bariatric centers and evaluated for the first time in the last year, presented banding erosion respectively 7, 9 and 11 years after surgery. All three cases had weight gain, without any other symptom or sign.

Just one of these, a 36-year old woman was treated by an endoscopic procedure in January 2017.

Upon admission, her vital signs were normal.

Her weight increased of 15 Kg in the last 2 years and was completely asymptomatic for gastroesophageal reflux or stomach ache. Furthermore she did not take part to endoscopic follow-up checks in the last 4 years. Blood tests proved only a slight increase in white blood cells.

In September 2016 the patient had a port-site infection on the upper left quadrant of the abdomen and as first approach the device was removed leaving the port-tube on site.

After 4 months she came at our attention and then, with a mild sedation, we performed a gastroscopy that

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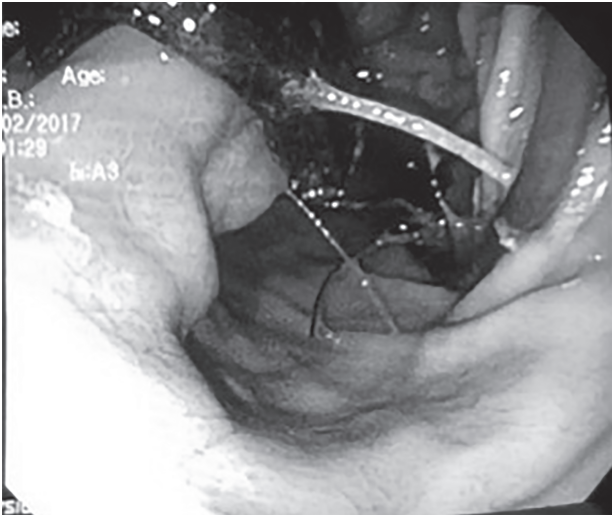


Figure 1 - Migration of 4/5 of the banding and port tube connection in the gastric antrum.

showed the erosion of gastric wall and that 4/5 of the banding migrated inside the antrum (Figure 1).

Even the closure buckle and the port-tube connection were totally migrated inside the stomach.

We passed a guidewire (0,035 Hydra Jagwire-Boston Scientific) through a standard endoscope (Olympus GIF-Q-165) between the gastric wall and the banding using a sphincterotome (TRI-20 sphincterotome – COOK me-

dical) in order to obtain a loop (Figure 2 A, B, C). We put the Sohendra's lithotripter on the guidewire tightening and cutting the banding (Figure 2 D, E, F).

Then the device was pulled off using endoscopic polypectomy snare (Captivator 13 mm - Boston Scientific) (Figure 3).

To evaluate the integrity of the stomach and the oesophagus, the day after the endoscopic procedure, a Gastrografin Swallow was performed. It showed a mild thinning of the gastric wall but no evidence of fistulas or spreading of the contrast agent (Figure 4).

Results

The procedure time was 10 minutes. There was no blood loss. After two days the patient was discharged taking anti-reflux, PPI (proton pump inhibitors) and antiemetics drugs. For the other two patients with a partial and minimal migration, the choice was to perform an endoscopic surveillance every 4 months.

Discussion

LAGB is considered a safe and effective method of weight loss and reduction of comorbidities associated with obesity.

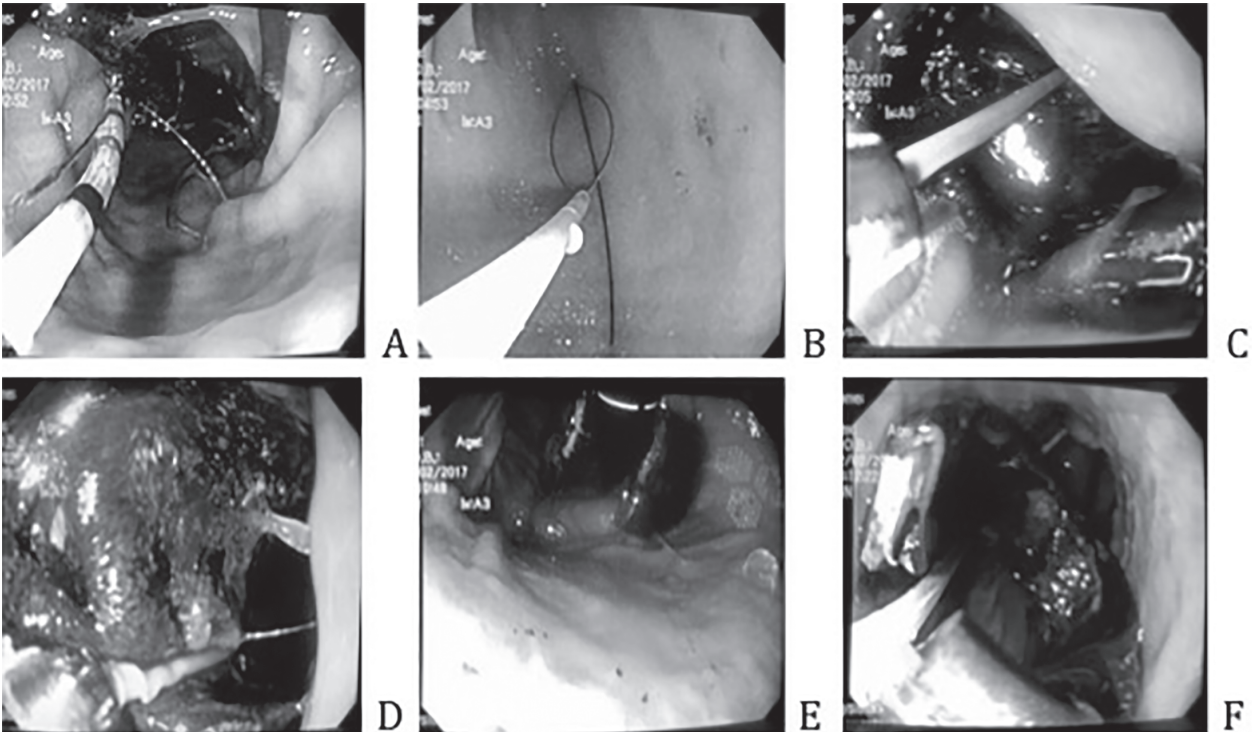


Figure 2 - Banding removal phases.



Figure 3 - Pulled off banding.

It is one of the most common methods of bariatric surgery (1, 6). It allows to adjust the size of the band, and to restore previous anatomy if band removal is required (7).

However, postoperative complications, such as pouch enlargement, band slip, band erosion, port-site infections and port breakage are possible, and their management, including the use of endoscopic procedures, has become important (2, 8, 9).

Band erosion is an uncommon complication of LAGB. The incidence is less than 1% (10) with a reported prevalence varying from 0% to 11% (11).

It usually presents as a late complication with an unexplained weight increase or without any symptom. Furthermore, patients should be informed of all risks associated to LAGB in order to implement their attendance at follow-up.

According to current guidelines a clinical follow-up should be performed every 3 months during the first year and then once a year. Instead the endoscopy is advised only if clinical examination is suggestive (4).

This kind of scheduling doesn't allow the prompt individuation of every complication as the banding migration in asymptomatic patients.

Even if different approaches are shown in literature, endoscopic procedure in the post-bariatric follow-up is a valid possibility to diagnose and treat complications (1, 3, 9, 12, 13).

First of all, endoscopy allows to assess the stage of migration.

In the stage I a small part of band is visible in the gastric lumen, in the stage II more than half of the band is migrated in the gastric lumen, stage III corresponds to a complete migration of the band and con-

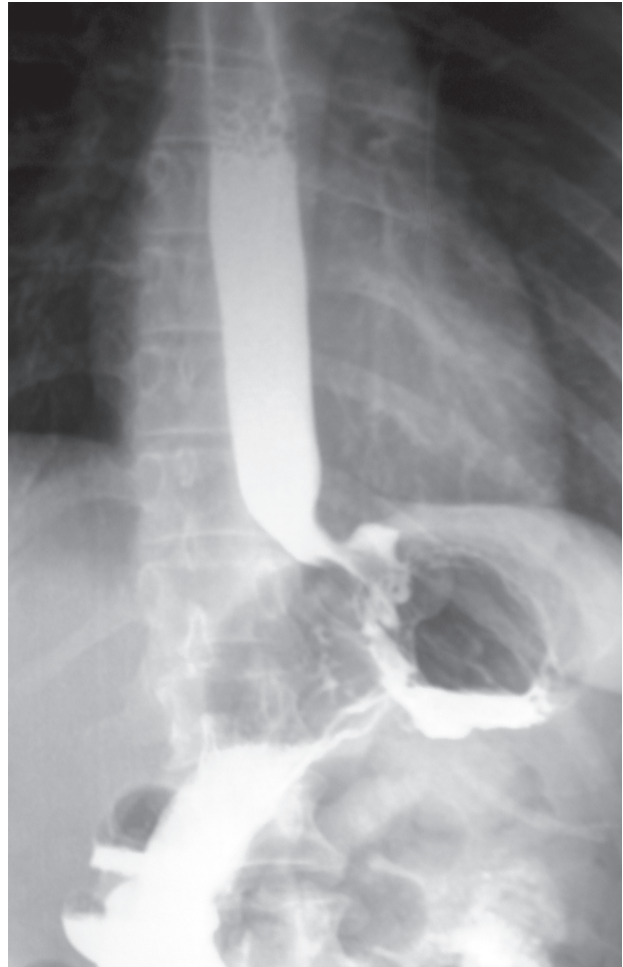


Figure 4 - Gastrografin swallow.

necting tube into the stomach (14). In the case of an asymptomatic patient, with a partial migration, could be appropriate to wait a full band migration into the stomach, making easier the endoscopic removal of the device (14, 15).

In our experience, we reported that a migrated banding can be individuated and removed using common devices present in each endoscopy centre. This kind of approach is the key to obtain a quick resumption of oral feeding and rapid discharge of the patients (9, 16).

Conclusion

Since band erosion is an asymptomatic complication, patients with LAGB should undergo gastroscopy checks at least once every two years. Removal of eroded gastric banding with common endoscopic devices is feasible, safe, and effective. In case of minimal migration, could be suitable an endoscopic surveillance every 4 months.

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