



Review Paper

Methods for *in vitro* evaluating antimicrobial activity: A review[☆]Mounyr Balouri^{*}, Moulay Sadiki, Saad Koraichi Ibsouda

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ABSTRACT

In recent years, there has been a growing interest in researching and developing new antimicrobial agents from various sources to combat microbial resistance. Therefore, a greater attention has been paid to antimicrobial activity screening and evaluating methods. Several bioassays such as disk-diffusion, well diffusion and broth or agar dilution are well known and commonly used, but others such as flow cytometric and bioluminescent methods are not widely used because they require specified equipment and further evaluation for reproducibility and standardization, even if they can provide rapid results of the antimicrobial agent's effects and a better understanding of their impact on the viability and cell damage inflicted to the tested microorganism. In this review article, an exhaustive list of *in vitro* antimicrobial susceptibility testing methods and detailed information on their advantages and limitations are reported.

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1. Introduction

Antimicrobial susceptibility testing can be used for drug discovery, epidemiology and prediction of therapeutic outcome. In

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this review, we focused on the use of antimicrobial testing methods for the *in vitro* investigation of extracts and pure drugs as potential antimicrobial agents.

After the revolution in the “golden era”, when almost all groups of important antibiotics (tetracyclines, cephalosporins, aminoglycosides and macrolides) were discovered and the main problems of chemotherapy were solved in the 1960s, the history repeats itself nowadays and these exciting compounds are in danger of losing their efficacy because of the increase in microbial resistance [1]. Currently, its impact is considerable with treatment failures associated with multidrug-resistant bacteria and it has become a global concern to public health [2,3].

For this reason, discovery of new antibiotics is an exclusively important objective. Natural products are still one of the major sources of new drug molecules today. They are derived from prokaryotic bacteria, eukaryotic microorganisms, plants and various animal organisms. Microbial and plant products occupy the major part of the antimicrobial compounds discovered until now [4].

Plants and other natural sources can provide a huge range of complex and structurally diverse compounds. Recently, many researchers have focused on the investigation of plant and microbial extracts, essential oils, pure secondary metabolites and new synthesized molecules as potential antimicrobial agents [5–7]. However, when we reviewed the published articles on the antimicrobial effect of these natural products, the comparison between results is often difficult, because of the use of different non-standardized approaches inoculum preparation techniques, inoculum size, growth medium, incubation conditions and end-points determination.

The fact that a plant extract exhibits antimicrobial activity is of interest, but this preliminary part of data should be trustworthy and allow researchers to compare results, avoiding work in which researchers use the antimicrobial activity investigation only as a complement to a phytochemical study.

A variety of laboratory methods can be used to evaluate or screen the *in vitro* antimicrobial activity of an extract or a pure compound. The most known and basic methods are the disk-diffusion and broth or agar dilution methods. Other methods are used especially for antifungal testing, such as poisoned food technique. To further study the antimicrobial effect of an agent in depth, time-kill test and flow cytofluorometric methods are recommended, which provide information on the nature of the inhibitory effect (bactericidal or bacteriostatic) (time-dependent or concentration-dependent) and the cell damage inflicted to the test microorganism.

Owing to the new attraction to the properties of new antimicrobial products like combating multidrug-resistant bacteria, it is important to develop a better understanding of the current methods available for screening and/or quantifying the antimicrobial effect of an extract or a pure compound for its applications in human health, agriculture and environment. Therefore, in this review, the techniques for evaluating the *in vitro* antimicrobial activity were discussed in detail.

2. Diffusion methods

2.1. Agar disk-diffusion method

Agar disk-diffusion testing developed in 1940 [8], is the official method used in many clinical microbiology laboratories for routine antimicrobial susceptibility testing. Nowadays, many accepted and approved standards are published by the Clinical and Laboratory Standards Institute (CLSI) for bacteria and yeasts testing [9,10]. Although not all fastidious bacteria can be tested accurately

by this method, the standardization has been made to test certain fastidious bacterial pathogens like streptococci, *Haemophilus influenzae*, *Haemophilus parainfluenzae*, *Neisseria gonorrhoeae* and *Neisseria meningitidis*, using specific culture media, various incubation conditions and interpretive criteria for inhibition zones [9].

In this well-known procedure, agar plates are inoculated with a standardized inoculum of the test microorganism. Then, filter paper discs (about 6 mm in diameter), containing the test compound at a desired concentration, are placed on the agar surface. The Petri dishes are incubated under suitable conditions. Generally, antimicrobial agent diffuses into the agar and inhibits germination and growth of the test microorganism and then the diameters of inhibition growth zones are measured (Fig. 1A). Table 1 shows the growth media, temperature, period of incubation and inoculum size required by CLSI standards.

Antibiogram provides qualitative results by categorizing bacteria as susceptible, intermediate or resistant [11]. Therefore, it is a typing tool based on the resistance phenotype of the microbial strain tested, its outcomes also guide clinicians in the appropriate selection of initial empiric treatments, and antibiotics used for individual patients in particular situations [12]. However, since the bacterial growth inhibition does not mean the bacterial death, this method cannot distinguish bactericidal and bacteriostatic effects.

Moreover, the agar disk-diffusion method is not appropriate to determine the minimum inhibitory concentration (MIC), as it is impossible to quantify the amount of the antimicrobial agent diffused into the agar medium. Nevertheless, an approximate MIC can be calculated for some microorganisms and antibiotics by comparing the inhibition zones with stored algorithms [13].

Nevertheless, disk-diffusion assay offers many advantages over other methods: simplicity, low cost, the ability to test enormous numbers of microorganisms and antimicrobial agents, and the ease to interpret results provided. Moreover, several studies have demonstrated the great interest in patients who suffer from bacterial infection of an antibiotherapy based on the antibiogram of the causative agent [14]. This fact is due to the good correlation between the *in vitro* data and the *in vivo* evolution [12].

Before its standardization, disk-diffusion method has been already used to test posaconazole against filamentous fungi [15], micafungin against *Aspergillus* [16], and caspofungin against *Aspergillus* and *Fusarium* [17]. Currently, a standardized antifungal disk-diffusion approach is used to test non-dermatophyte filamentous fungi [18]. The culture medium, inoculum size and incubation conditions are mentioned in Table 1 [19].

The above-mentioned advantages of this method, mainly simplicity and low cost, have contributed to its common use for the antimicrobial screening of plant extracts, essential oils and other drugs [20–23].

2.2. Antimicrobial gradient method (Etest)

The antimicrobial gradient method combines the principle of dilution methods with that of diffusion methods in order to determine the MIC value. It is based on the possibility of creating a concentration gradient of the antimicrobial agent tested in the agar medium. The Etest[®] (BioMérieux) is a commercial version of this technique. In the procedure, a strip impregnated with an increasing concentration gradient of the antimicrobial agent from one end to the other is deposited on the agar surface, previously inoculated with the microorganism tested.

This method is used for the MIC determination of antibiotics, antifungals and antimycobacterials [24]. MIC value is determined at the intersection of the strip and the growth inhibition ellipse. It is simple to implement; thus, it is routinely used to meet the demands of clinicians. However, Etest[®] strips cost about \$2–3 each.

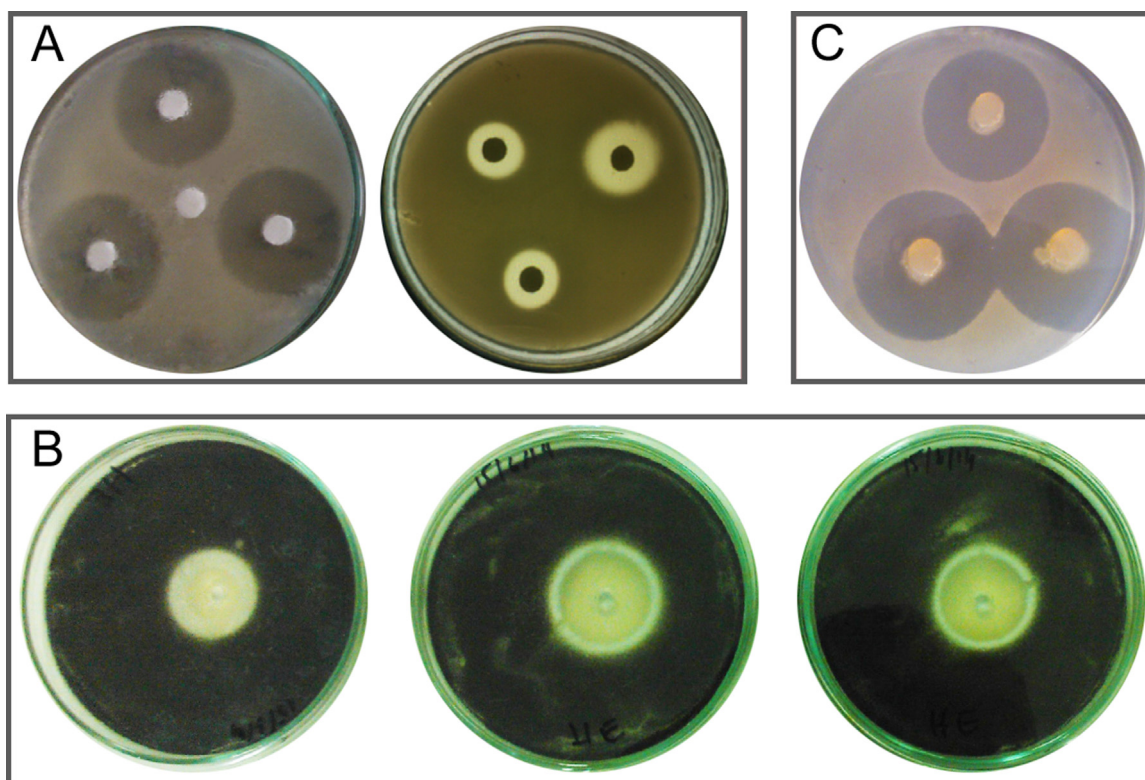


Fig. 1. Agar diffusion methods: (A) disk-diffusion method of microbial extract using *C. albicans* as test microorganism, (B) agar well diffusion method of essential oil using *Aspergillus niger* as test microorganism, and (C) agar plug diffusion method of *Bacillus* sp. against *C. albicans*.

Table 1

Culture media, microbial inoculum size and incubation conditions for antimicrobial susceptibility testing methods as recommended by CLSI.

| Methods | Microorganism | Growth medium | Final inoculum size | Incubation temperature (°C) | Incubation time (h) | Ref. |
|-----------------------|---------------|------------------------|--|-----------------------------|---------------------|------------|
| Disk-diffusion method | Bacteria | MHA | (0.5 McFarland) (1–2) × 10 ⁸ CFU/mL | 35 ± 2 | 16–18 | M02-A [9] |
| | Yeast | MHA+GMB ^a | (0.5 McFarland) (1–5) × 10 ⁶ CFU/mL | 35 ± 2 | 20–24 | M44-A [10] |
| Broth microdilution | Molds | Non-supplemented MHA | (0.4–5) × 10 ⁶ CFU/mL | – | – | M51-A [18] |
| | Bacteria | MHB | 5 × 10 ⁵ × CFU/mL | 35 ± 2 | 20 | M07-A [56] |
| | Yeast | RPMI 1640 ^b | (0.5–2.5) × 10 ³ CFU/mL | 35 | 24–48 | M27-A [69] |
| Broth macrodilution | Molds | RPMI 1640 ^b | (0.4–5) × 10 ⁴ CFU/mL | 35 | 48 for most fungi | M38-A [70] |
| | Bacteria | MHB | 5 × 10 ⁵ CFU/mL | 35 ± 2 | 20 | M07-A [56] |
| | Yeast | RPMI 1640 ^b | (0.5–2.5) × 10 ³ CFU/mL | 35 | 46–50 | M27-A [69] |
| Agar dilution | Molds | RPMI 1640 ^b | (0.4–5) × 10 ⁴ CFU/mL | 35 | 48 for most fungi | M38-A [70] |
| | Bacteria | MHA | 10 ⁴ CFU/spot | 35 ± 2 | 16–20 | M07-A [56] |
| Time-kill test | Bacteria | MHB | 5 × 10 ⁵ CFU/mL | 35 ± 2 | 0, 4, 18, and 24 | M26-A [75] |

MHA: Mueller Hinton Agar. MHB: Mueller Hinton Broth.

^a GMB: the medium was supplemented with 2% glucose and 0.5 mg/mL methylene blue.

^b RPMI 1640: Roswell Park Memorial Institute medium (with glutamine, without bicarbonate, and with phenol red as a pH indicator) was 1640, buffered to pH 7.0 with MOPS (morpholine propane sulfonic acid) at 0.165 M.

Therefore, this approach becomes costly if numerous drugs are tested [11].

Several previous studies have shown a good correlation between the MIC values determined by Etest and those obtained by broth dilution or agar dilution method [25–27]. This technique can also be performed to investigate the antimicrobial interaction between two drugs [28]. To study the combined effect of two antibiotics, an Etest strip, impregnated with a first antibiotic, is placed on a pre-inoculated agar plate surface. After one hour, the strip is removed and replaced by another one impregnated with a second antibiotic. The synergy is detected by a decrease of the MIC of the combination by at least two dilutions compared to that of

the most active antibiotic tested alone [29]. Also for the same purpose, the Etest strips can be deposited on the agar medium in a cross formation with a 90° angle at the intersection between the scales at the respective MICs for the microorganism tested [30]. Then, after incubation, the fractional inhibitory concentration index (FICI) can be calculated using the following formula:

$$\sum FICI = FIC(A) + FIC(B)$$

where $FIC(A) = \frac{MIC(A) \text{ in combination}}{MIC(A) \text{ alone}}$ and $FIC(B) = \frac{MIC(B) \text{ in combination}}{MIC(B) \text{ alone}}$

Synergy was defined by $FICI \leq 0.5$ and antagonism by $FICI > 4$. The FICI between 0.5 and 1 was interpreted as addition and between 1 and 4 as indifference [31].

2.3. Other diffusion methods

Further diffusion methods are used in the microbiology research laboratories to screen extracts, fractions or pure substances for their antimicrobial potency or to investigate the antagonism between microorganisms. Among these methods, the most common are listed below.

2.3.1. Agar well diffusion method

Agar well diffusion method is widely used to evaluate the antimicrobial activity of plants or microbial extracts [32,33]. Similarly to the procedure used in disk-diffusion method, the agar plate surface is inoculated by spreading a volume of the microbial inoculum over the entire agar surface. Then, a hole with a diameter of 6 to 8 mm is punched aseptically with a sterile cork borer or a tip, and a volume (20–100 μ L) of the antimicrobial agent or extract solution at desired concentration is introduced into the well. Then, agar plates are incubated under suitable conditions depending upon the test microorganism. The antimicrobial agent diffuses in the agar medium and inhibits the growth of the microbial strain tested (Fig. 1B).

2.3.2. Agar plug diffusion method

Agar plug diffusion method is often used to highlight the antagonism between microorganisms [34,35], and the procedure is similar to that used in the disk-diffusion method. It involves making an agar culture of the strain of interest on its appropriate culture medium by tight streaks on the plate surface. During their growth, microbial cells secrete molecules which diffuse in the agar medium. After incubation, an agar-plot or cylinder is cut aseptically with a sterile cork borer and deposited on the agar surface of another plate previously inoculated by the test microorganism. The substances diffuse from the plug to the agar medium. Then, the antimicrobial activity of the microbial secreted molecules is detected by the appearance of the inhibition zone around the agar plug (Fig. 1C).

2.3.3. Cross streak method

Cross streak method is used to rapidly screen microorganisms for antagonism [36]. The microbial strain of interest is seeded by a single streak in the center of the agar plate. After an incubation period depending upon the microbial strain, the plate is seeded with the microorganisms tested by single streak perpendicular to the central streak. After further incubation, the antimicrobial interactions are analyzed by observing the inhibition zone size.

2.3.4. Poisoned food method

Poisoned food method is mostly used to evaluate the antifungal effect against molds [37–39]. The antifungal agent or the extract is incorporated into the molten agar at a desired final concentration and mixed well. Then, the medium is poured into Petri dishes. After overnight pre-incubation, the inoculation can be done by a mycelia disc ranging from 2 to 5 mm, which is deposited in the center of the plate. After further incubation under suitable conditions for the fungal strain tested, the diameters of fungal growth in control and sample plates are measured, and the antifungal effect is estimated by the following formula:

$$\text{Antifungal activity (\%)} = ((D_c - D_s) / D_c) \times 100$$

Where D_c is the diameter of growth in control plate and D_s is the diameter of growth in the plate containing tested antifungal agent. Sporulation can be also compared to the control.

Generally, when standardization of the method used fails, the researcher must carry a positive control with known antimicrobial molecule to compare the results found and assert the

experimental approach right.

3. Thin-layer chromatography (TLC)–bioautography

In 1946, Goodall and Levi [40] combined paper chromatography method (PC) with contact bioautography to detect different penicillins for their determination. Thereafter, Fischer and Lautner [41] introduced TLC in the same field. This technique combines TLC with both biological and chemical detection methods. Several works have been done on the screening of organic extracts, mainly plant extracts, for antibacterial and antifungal activity by TLC–bioautography [42,43]. As shown below, three bioautographic techniques, i.e., agar diffusion, direct bioautography and agar-overlay assay, have been described for the investigation of antimicrobial compounds by this approach.

3.1. Agar diffusion

Also known as agar contact method, it is the least-employed one of the techniques. It involves the transfer by diffusion of the antimicrobial agent from the chromatogram (PC or TLC) to an agar plate previously inoculated with the microorganism tested. After some minutes or hours to allow diffusion, the chromatogram is removed and the agar plate is incubated. The growth inhibition zones appear in the places, where the antimicrobial compounds contact with the agar layer [44].

3.2. Direct bioautography

Direct bioautography is the most applied method among these three methods. The developed TLC plate is dipped into or sprayed with a microbial suspension. Then, bioautogram is incubated at 25 °C for 48 h under humid condition [45]. For visualization of the microbial growth, tetrazolium salts are frequently used. These salts undergo a conversion to corresponding intensely colored formazan by the dehydrogenases of living cells [46,47]. p-Iodonitrotetrazolium violet is the most suitable detection reagent [44,48]. These salts are sprayed onto the bioautogram, which is reincubated at 25 °C for 24 h [49] or at 37 °C for 3–4 h [5]. The Mueller Hinton Broth supplemented with agar has been recommended to give a medium sufficient fluid to allow a best adherence to the TLC plate and maintain appropriate humidity for bacterial growth [50].

Direct bioautography may be utilized with either fungi or bacteria. It is the easiest technique for the detection of antifungal substances, and also gives consistent results for spore-producing fungi such as *Aspergillus*, *Penicillium* and *Cladosporium* [51,52]. For bacteria, *Bacillus subtilis*, *Staphylococcus aureus* and *Escherichia coli* strains are frequently used to identify antibacterial compounds [42,53].

3.3. Agar overlay bioassay

Also known as immersion bioautography, it is a hybrid of the both previous methods. TLC plate is covered with a molten seeded agar medium. In order to allow a good diffusion of the tested compounds into the agar medium, the plates can be placed at low temperature for few hours before incubation. After incubation under suitable conditions depending upon the test microorganism, staining can be made with tetrazolium dye. Like direct bioautography, this method can be applied to all microorganisms such as *Candida albicans* [54] and molds [43]. It provides well-defined growth inhibition zones and is not sensitive to contamination [44].

Overall, TLC–bioautography is a simple, effective and inexpensive technique for the separation of a complex mixture, and

at the same time, it localizes the active constituents on the TLC plate. Therefore, it can be performed both in sophisticated laboratories and small laboratories which only have access to a minimum of equipment [44]. Although having sophisticated on-line high performance liquid chromatography coupled bioassay, which is becoming increasingly popular as the method of choice for a final clean-up of extractive fractions to obtain pure compounds, the TLC–bioautography offers a rapid technique for the screening of a large number of samples for bioactivity and in the bioactivity-guided fractionation [45]. It can be used for detection of antimicrobials in environmental and food samples as well as for searching for new antimicrobial drugs.

4. Dilution methods

Dilution methods are the most appropriate ones for the determination of MIC values, since they offer the possibility to estimate the concentration of the tested antimicrobial agent in the agar (agar dilution) or broth medium (macro-dilution or micro-dilution). Either broth or agar dilution method may be used to quantitatively measure the *in vitro* antimicrobial activity against bacteria and fungi. MIC value recorded is defined as the lowest concentration of the assayed antimicrobial agent that inhibits the visible growth of the microorganism tested, and it is usually expressed in $\mu\text{g}/\text{mL}$ or mg/L . There are many approved guidelines for dilution antimicrobial susceptibility testing of fastidious or non-fastidious bacteria, yeast and filamentous fungi. The most recognized standards are provided by the CLSI and the European Committee on Antimicrobial Susceptibility Testing (EUCAST). As advised, these guidelines provide a uniform procedure for testing that is practical to perform in most clinical microbiology laboratories. The development of such methodologic standards does not guarantee the clinical relevance of such testing. Nevertheless, it does allow the bioassay to be performed in a standardized approach in order to evaluate the clinical relevance of results [55].

4.1. Broth dilution method

Broth micro- or macro-dilution is one of the most basic antimicrobial susceptibility testing methods. The procedure involves preparing two-fold dilutions of the antimicrobial agent (e.g. 1, 2, 4,

8, 16 and 32 $\mu\text{g}/\text{mL}$) in a liquid growth medium dispensed in tubes containing a minimum volume of 2 mL (macro-dilution) or with smaller volumes using 96-well microtitration plate (micro-dilution) (Fig. 2). Then, each tube or well is inoculated with a microbial inoculum prepared in the same medium after dilution of standardized microbial suspension adjusted to 0.5 McFarland scale (Fig. 3). After well-mixing, the inoculated tubes or the 96-well microtitration plate are incubated (mostly without agitation) under suitable conditions depending upon the test microorganism (Table 1). The experimental methodology to perform accurately the microdilution is schematized in Fig. 4.

The MIC is the lowest concentration of antimicrobial agent that completely inhibits growth of the organism in tubes or micro-dilution wells as detected by the unaided eye [56]. Unlike micro-dilution method, the main disadvantages of the macro-dilution method are the tedious, manual undertaking, risk of errors in the preparation of antimicrobial solutions for each test, and the comparatively large amount of reagents and space required [11]. Thus, the reproducibility and the economy of reagents and space that occurs due to the miniaturization of the test are the major advantages of the microdilution method. Nevertheless, the final result is significantly influenced by approach, which must be carefully controlled if reproducible results (intralaboratory and interlaboratory) are to be attained [56]. For the determination of MIC endpoint, viewing devices can facilitate reading microdilution tests and recording results with high ability to discern growth in the wells. Moreover, several colorimetric methods based on the use of dye reagents have been developed. Tetrazolium salts, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) and 2,3-bis {2-methoxy-4-nitro-5-[(sulfenylamino) carbonyl]-2H-tetrazolium-hydroxide} (XTT), are often used in the MIC endpoint determination for both antifungal and antibacterial microdilution assays [57–60]. The Alamar blue dye (resazurin), an effective growth indicator, can also be used for this purpose [61–64].

It is well known that the inoculum size [65], the type of growth medium [66], the incubation time and the inoculum preparation method can influence MIC values [67,68]. Therefore, broth dilution has been standardized by CLSI for testing bacteria that grow aerobically [56], yeast [69] and filamentous fungi [70]. The EUCAST broth dilution method is principally similar to that of CLSI with modifications usually concerning some of the test parameters such as inoculum preparation, inoculum size, and the MIC reading



Fig. 2. Broth microdilution method of plant extract against *B. subtilis* using resazurin as growth indicator.

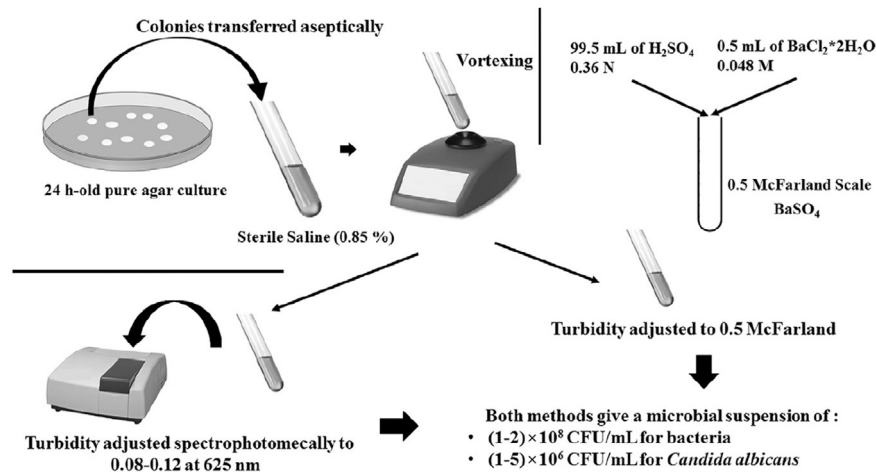


Fig. 3. 0.5 McFarland microbial inoculum preparation by the direct colony suspension as recommended by CLSI guidelines.

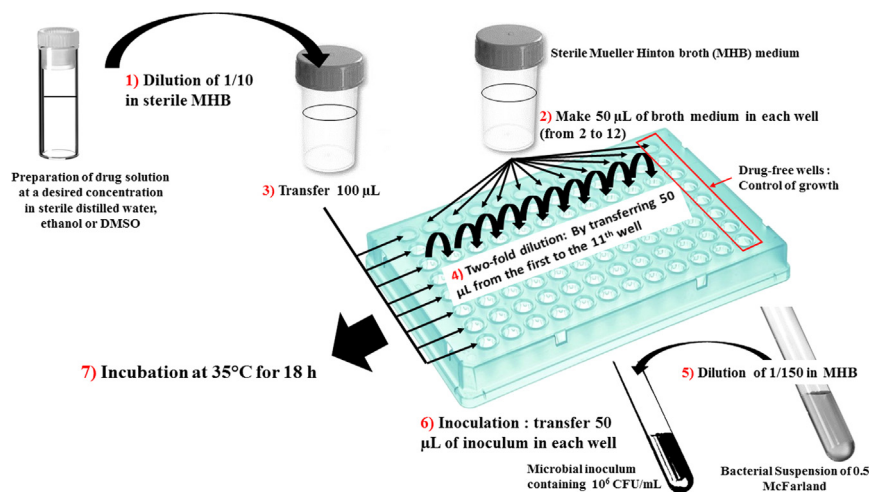


Fig. 4. Broth microdilution for antibacterial testing as recommended by CLSI protocol.

method which is visual in CLSI assay and spectrophotometric in EUCAST guidelines [71].

As regards to the conidium and spores forming fungi, the microdilution standardized by CLSI involves an inoculum of spores adjusted spectrophotometrically to 0.4×10^4 – 5×10^4 CFU/mL. However, in the EUCAST assay, the inoculum can be adjusted to $(2\text{--}5) \times 10^5$ CFU/mL by haemocytometer counting [72]. Numerous studies showed the importance of inoculum preparation by haemocytometer counting for reproducible and suitable preparation independent of the color and size of conidia [68,73,74].

The determination of minimum bactericidal concentration (MBC) or minimum fungicidal concentration (MFC), also known as the minimum lethal concentration (MLC), is the most common estimation of bactericidal or fungicidal activity. The MBC is defined as the lowest concentration of antimicrobial agent needed to kill 99.9% of the final inoculum after incubation for 24 h under a standardized set of conditions described in document M26-A [75], in which the MBC can be determined after broth macrodilution or microdilution by sub-culturing a sample from wells or tubes, yielding a negative microbial growth after incubation on the surface of non-selective agar plates to determine the number of surviving cells (CFU/mL) after 24 h of incubation. The bactericidal endpoint (MBC) has been subjectively defined as the lowest concentration, at which 99.9% of the final inoculum is killed [75]. MFC is also defined as the lowest concentration of the drug that yields

98%–99.9% killing effect as compared to the initial inoculum [71]. Several studies have been carried out for evaluation of different test parameters for determination of MFC of various drugs against *Candida* isolates [76], *Aspergillus* [77] and other molds [78].

4.2. Agar dilution method

The agar dilution method involves the incorporation of varying desired concentrations of the antimicrobial agent into an agar medium (molten agar medium), habitually using serial two-fold dilutions, followed by the inoculation of a defined microbial inoculum onto the agar plate surface. The MIC endpoint is recorded as the lowest concentration of antimicrobial agent that completely inhibits growth under suitable incubation conditions (Table 1).

This technique is suitable for both antibacterial and antifungal susceptibility testing. If multiple isolates are being tested against a single compound, or if the compound (or extract) tested masks the detection of microbial growth in the liquid medium with its coloring, agar dilution method is often preferred to broth dilution for the MIC determination. Nowadays, commercially produced inoculum replicators are available and can transfer between 32 and 60 different bacterial inocula to each agar plate. Agar dilution is often recommended as a standardized method for fastidious organisms [79] such as anaerobes and *Helicobacter* species. It has been also used for antifungal agent-drugs combinations against

Candida sp., *Aspergillus*, *Fusarium* and dermatophytes [80–83].

This method presents a good correlation with Etest mostly for antibacterial testing against both Gram-positive and Gram-negative bacteria. Moreover, category comparisons of agar dilution, disk-diffusion and broth microdilution methods give excellent results [25].

5. Time-kill test (time-kill curve)

Time-kill test is the most appropriate method for determining the bactericidal or fungicidal effect. It is a strong tool for obtaining information about the dynamic interaction between the antimicrobial agent and the microbial strain. The time-kill test reveals a time-dependent or a concentration-dependent antimicrobial effect [55].

For bacteria, this test has been well standardized and described in M26-A document of CLSI [75]. It is performed in broth culture medium using three tubes containing a bacterial suspension of 5×10^5 CFU/mL. The first and the second tubes contain the molecule or the extract tested usually at final concentrations of $0.25 \times \text{MIC}$ and $1 \times \text{MIC}$, and the third one is considered as the growth control. The incubation is done under suitable conditions for varied time intervals (0, 4, 6, 8, 10, 12 and 24 h) [21,55]. Then, the percentage of dead cells is calculated relatively to the growth control by determining the number of living cells (CFU/mL) of each tube using the agar plate count method. Generally, the bactericidal effect is obtained with a lethality percentage of 90% for 6 h, which is equivalent to 99.9% of lethality for 24 h [21]. In addition, this method can be used to determine synergism or antagonism between drugs (two or more) in combinations [28,55]. Similarly, several antifungal substances were studied by this method [84,85].

6. ATP bioluminescence assay

ATP bioluminescence assay is based on the capacity to measure adenosine triphosphate (ATP) produced by bacteria or fungi. As ATP is the chemical form of energy of all living cells, it is present in more or less a constant amount in a cell. Therefore, its quantification is used to estimate the microbial population in a sample. D-luciferin in the presence of the ATP undergoes conversion by luciferase to oxyluciferin that generates light. The quantity of the emitted light is measured by a luminometer and expressed as relative light unit (RLU) which can be converted into RLU/mole of ATP. Thus, there is a linear relationship between cell viability and luminescence measured.

Bioluminescence assay has a large range of applications, such as cytotoxicity test [86], *in situ* evaluation of the impact of biofilms *in situ* [87], and drug screening on *Leishmania* [88]. Moreover, It has been used by several authors for antibacterial testing [89], antimycobacterial testing [90,91], antifungal against yeast [92] and molds [93]. The rapidity is the major advantage of this technique that provides quantitative results. Indeed it has been demonstrated that this technique can provide results in 3–5 days for antimycobacterial tests [90,91] in comparison with the conventional dilution technique, which requires 3–4 weeks of incubation [90,91]. Bioluminescence assay also has the advantage of being used for antimicrobial testing *in vivo* or *in situ* [94].

7. Flow cytometric method

Several years ago, the usefulness of flow cytometry for susceptibility testing of microorganisms was suggested. Thus, many authors investigated the antibacterial and antifungal activities of

many drugs using this methodology [95–98]. The rapid detection of damaged cells by this approach depends on the use of appropriate dyes staining [96,99]. Therefore, propidium iodide (PI), a fluorescent and intercalating agent, is widely used as DNA stain [96]. Several studies were reported on the effectiveness of flow cytometer as a tool for antibacterial testing of essential oils against *Listeria monocytogenes*, using combined staining with PI for membrane damage evaluation and carboxyfluorescein diacetate (cFDA) for esterase activity detection [95]. Consequently, in addition to the lysed cells, three subpopulations (dead, viable and injured cells) can be clearly discriminated by this method. The injured cells are described as stressed cells exhibiting cellular components damages and subsequent impairment of reproductive growth [100]. Quantification of injured cells has an interesting outcome in food microbiology, as this subpopulation might be critical if cell recovery becomes possible, such as in temperature abuse conditions during food storage [95]. Indeed, flow cytometric method allows the detection of antimicrobial resistance and estimates the impact of the molecule tested on the viability and cell damage of the tested microorganism [101]. Moreover, it gives reproducible results rapidly (2–6 h compared to 24–72 h for the microdilution method) [96]. However, the widespread use of this methodology for antimicrobial susceptibility testing currently appears unlikely due to the inaccessibility of the required flow cytometry equipment in various laboratories.

8. Conclusion

Currently, microbial infections have become an important clinical threat, with significant associated morbidity and mortality which is mainly due to the development of microbial resistance to the existing antimicrobial agents. Therefore, methods for antimicrobial susceptibility testing and discovering novel antimicrobial agents have been extensively used and continue to be developed. Some techniques were subjected to standardization by the CLSI and EUCAST, marking the major remarkable steps on this field. However, when testing natural products, some modifications of the standardized protocols are often requested. Thus, it is imperative to be careful not to change the basics of microbiology by diluting the culture media and using a highly concentrated inoculum. Moreover, if we consider the use of solvents that may affect the growth of the microorganism tested, we can say that making minor methodological adaptations to standardized protocols can be a solution to ensure accurate experimental approach and allow other researchers to compare results.

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