

Received: 13 February 2017 Accepted: 19 December 2017 Published online: 10 January 2018

OPEN Trophic transfer and individual impact of nano-sized polystyrene in a four-species freshwater food chain

Yooeun Chae, Dokyung Kim, Shin Woong Kim & Youn-Joo An

This study investigated the trophic transfer, individual impact, and embryonic uptake of fluorescent nano-sized polystyrene plastics (nanoplastics) through direct exposure in a freshwater ecosystem, with a food chain containing four species. The alga Chlamydomonas reinhardtii, water flea Daphnia magna, secondary-consumer fish Oryzias sinensis, and end-consumer fish Zacco temminckii were used as test species. In the trophic transfer test, algae were exposed to 50 mg/L nanoplastics, defined as plastic particles < 100 nm in diameter; higher trophic level organisms were exposed through their diet. In the direct exposure test, each species was directly exposed to nanoplastics. Microscopic analysis confirmed that the nanoplastics adhered to the surface of the primary producer and were present in the digestive organs of the higher trophic level species. Nanoplastics also negatively affected fish activity, as measured by distance traveled and area covered, and induced histopathological changes in the livers of fish that were directly exposed. Additionally, nanoplastics penetrated the embryo walls and were present in the yolk sac of hatched juveniles. These observations clearly show that nanoplastics are easily transferred through food chain, albeit because of high experimental dosages. Nevertheless, the results strongly point to the potential health risks of nanoplastic exposure.

Every year, enormous amounts of plastics are produced and discarded into the aquatic environment¹⁻⁵; these are slowly eroded and weathered into small particles by physical, chemical, and biological processes^{6,7} and can accumulate in aquatic environments, including the sea¹, shorelines³, estuaries⁸, beach sediments⁹, lakes^{10,11}, and freshwater ecosystems¹². Plastic particles <5 mm in diameter are called microplastics and those <100 nm in diameter are called nanoplastics^{1,13,14}. Studies on plastic litter in the oceans date to the 1970s^{15–19}. Serious concerns about micro- and nanoplastics in aquatic ecosystems arose in the 2000s, because of their abundance in marine ecosystems^{1,19–24} and discovery in the bodies of marine organisms^{25–30}.

Micro- and nanoplastics may induce various toxic and adverse effects in aquatic organisms³¹⁻³⁹. Several studies have reported that microplastics can carry contaminants, such as polycyclic aromatic hydrocarbons (PAHs), polychlorinated biphenyls (PCBs), perfluoroalkyl acids (PFAA), persistent organic pollutants (POPs), pharmaceuticals, personal care products (PPCPs), and metals, into aquatic media because of their physicochemical properties^{5,40-43}. Plastics contain not only polymers but also additive chemicals such as plasticizers, antioxidants, UV stabilizers, and flame retardants, which could be released into aquatic environments 44-46, causing harm to aquatic organisms^{47–49}. These contaminants may be transferred through the food chain to predators at upper trophic levels^{46,50-52}. Their presence poses a considerable threat to aquatic ecosystems, the health of aquatic organisms, and human health. Therefore, the fate and behavior of micro- and nanoplastics in ecosystems, and their transfer between organisms and from organisms to the environment, must be examined.

In the present study, we chose fluorescent nano-sized polystyrene (nPS) as the model nanoplastic material whose transfer along the food chain is readily observable in laboratory tests. Using this material, we investigated the trophic transfer of this fluorescent nPS in a freshwater ecosystem, through a food chain consisting of four species, and recorded the effects of this material on aquatic organisms. We assumed that nanoplastics can be transferred to higher trophic level aquatic organisms and may negatively affect their health via dietary exposure (through food ingestion) and direct exposure (every form of contact, including food ingestion). The main goal of

Department of Environmental Health Science, Konkuk University, 120 Neungdong-ro, Gwangjin-gu, Seoul, 05029, Korea. Correspondence and requests for materials should be addressed to Y.-J.A. (email: anyjoo@konkuk.ac.kr)

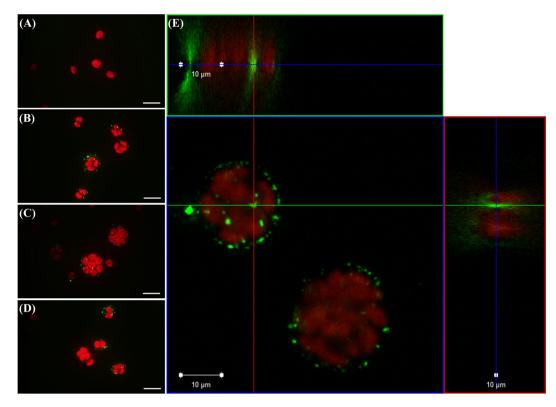


Figure 1. Observation via optical microscopy (\mathbf{a} – \mathbf{d}) and confocal laser scanning microscopy (\mathbf{e}) of the alga *Chlamydomonas reinhardtii* (red emissions) directly exposed to nano-sized polystyrene (nPS; green emissions) for 72 h. Scale bar = 20 (\mathbf{a} – \mathbf{d}) and 10 μ m (\mathbf{e}).

this study was to assess the transfer of these particles from freshwater algae, the primary producer, to carnivorous fish, the end consumer. In addition, we assessed the effects of nanoplastics on each aquatic organism.

Results

Characteristics of nPS. The size distributions, zeta (ζ)-potentials, and electron microscope images of nPS particles are shown in Fig. S1. Average diameters of nPS particles were 60.39, 57.45, and 57.29 nm in distilled water (DW), moderately hard water (MHW), and tris-acetate-phosphate medium (TAP), respectively. ζ -Potentials of nPS in each medium were -42.1, -17.4, and -14.1 mV in DW, MHW, and TAP, respectively. Mean diameters of nPS in DW and each test medium varied slightly, but the particles were rarely aggregated. The absolute values of ζ -potentials declined in test media, indicating that nPS particles are less stable in MHW and TAP.

Visual evidence of nPS trophic transfer. Due to direct exposure, nPS attached to the surface of *C. reinhardtii* (Fig. 1). Unlike the control group (Fig. 1a), the exposed groups (Fig. 1b–d) showed clearly separated red (auto-fluorescence of algae) and green (nPS fluorescence) emissions. Via confocal laser scanning microscopy (CLSM), we confirmed that nPS penetrated the outer layer of *C. reinhardtii* during cell division and attached to the surface of zoospores (Fig. 1e).

The attached nPS evidently transferred to *D. magna* through filter feeding and was observed in the gut of *D. magna* under the microscope (Fig. 2). Compared with control groups (Fig. 2a–c), exposed groups (Fig. 2d–h) showed distinct green fluorescence in their guts. Aggregated nPS was found at the terminal end of the guts of *D. magna* (Fig. 3g,h). We analyzed *D. magna* via CLSM and used Z-stack imaging to confirm the presence of nPS in the inner guts. Figure 3 compares the CLSM analysis of control individuals (Fig. 3a) and exposed individuals (Fig. 3b,c) and shows the Z-stack image of the exposed individual from Fig. 3b (Fig. 3d). We also used bio-transmission electron microscopy (Bio-TEM) to analyze the gut and microvilli of *D. magna* that were exposed through the diet to *C. reinhardtii* contaminated with nPS (Fig. 4). Control group *D. magna* were undamaged (Fig. 4a,b), whereas exposed *D. magna* had squashed and torn-out microvilli (Fig. 4c–e). This visual evidence confirms that nPS enters the guts and causes histological damage to the intestinal walls of *D. magna* through trophic transfer.

At the next level of dietary exposure, there was no fluorescence in the gut of control fish (Fig. S2a,b) but the green fluorescence of nPS was observed in the guts of exposed *O. sinensis* (Fig. S2c,d). To confirm that nPS entered the gut of *O. sinensis*, the extracted intestines of *O. sinensis* were also observed via CLSM (Fig. 5). The green fluorescence of nPS was clearly observed in the intestines, confirming the entry of nPS into the intestine via the food chain (Fig. 5a). In addition, the fluorescence of nPS in the feces of *O. sinensis* was observed under optical microscope with a fluorescent filter (Fig. S3).

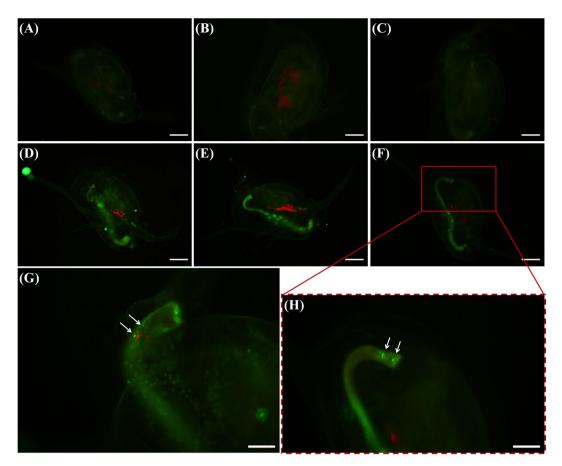


Figure 2. Green fluorescence of nano-sized polystyrene (nPS) in *Daphnia magna* that had consumed *Chlamydomonas reinhardtii* (red fluorescence). Control groups (**a**–**c**), exposed groups (**d**–**h**), and expanded pictures of exposed individuals (**g**,**h**). Scale bar = 200 (**a**–**f**) and 100 μm (**g**,**h**).

The final trophic transfer of nPS from *O. sinensis* to *Z. temminckii* was observed through an analysis of the extracted stomach and intestines of *Z. temminckii*. As shown in Fig. 6, the stomach and intestines from exposed *Z. temminckii* contained nPS from the consumed *O. sinensis*. More nPS was observed in the intestines (Fig. 6c) than in the stomach (Fig. 6b). There were also differences in fluorescence in the feces of control and exposed fish (Fig. S4). Under an optical microscope with a fluorescent filter, (Fig. S4a), the feces of exposed fish had brighter green fluorescence than the feces of control fish (Fig. S4a), indicating an aggregation of nPS (Fig. S4b).

Toxic effects of nPS on test species. The results of individual toxicity tests on C. reinhardtii and D. magna are shown in Fig. S2. There was little or no mortality or effective toxicity on C. reinhardtii (Fig. S5a) and D. magna (Fig. S5b) in the range of tested concentrations for 72 h and 48 h, respectively (p > 0.05).

However, nPS caused several abnormalities in both *O. sinensis* and *Z. temminckii* after direct exposure for 7 d. First, livers from non-exposed and exposed *Z. temminckii* showed different histological patterns (Fig. 7). The livers from the control group had regularly distributed stained dark nuclei (Fig. 7a,b), but the livers of the exposed group had aggregated and agglomerated nuclei (Fig. 7c,d). This finding indicates that cells in liver tissues from exposed *Z. temminckii* were broken and destroyed. There were also several vacuoles in the liver tissues of exposed *Z. temminckii*. Synthetically, direct exposure of *Z. temminckii* to nPS for 7 d caused structural and histopathological problems. There was a slight increase in the total amount of cholesterol in the blood serum of exposed *Z. temminckii* compared with non-exposed fish (Fig. S6). There were slight increases of total cholesterol in nPS-exposed fish, but because there were insufficient replicates, these data could not be statistically analyzed.

When embryos were directly exposed to 5 mg/L nPS, the same concentration to which adult *O. sinensis* were exposed, they showed bright green fluorescence, as did the yolk sacs of exposed embryos (Fig. 8). Compared with the embryos (Fig. 8a) and hatched juveniles (0 d) (Fig. 8c) from the control group, nPS-exposed embryos (Fig. 8b) and juveniles (0 d) (Fig. 8d) showed clear nPS fluorescence in the yolk sac.

In addition, locomotive activities of O. Sinensis and Sinensis are a through which fish traveled was significantly smaller in the nPS-exposed groups of both fish species (Fig. 9c,g). Total distances traveled in 30 s were significantly shorter in nPS-exposed Sinensis and Sinensis and Sinensis are significantly shorter in nPS-exposed Sinensi

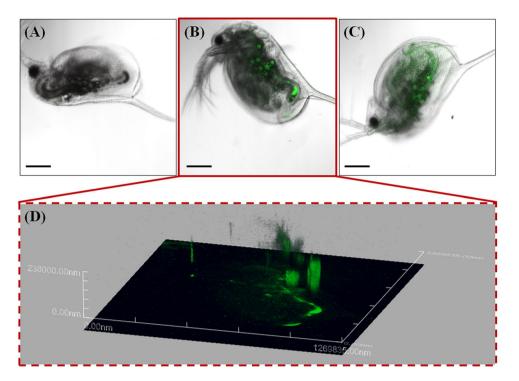


Figure 3. Confocal laser scanning microscope (CLSM) images of *Daphnia magna* that were not exposed to nano-sized polystyrene (nPS; green emissions) (**a**) and that were exposed through the diet (**b**,**c**). Z-stack image of individual exposed through the diet (**b**), observed using CLSM (**d**). Z-stack image (**d**) provides evidence of nPS uptake through dietary exposure of *D. magna*. Green fluorescent nPS was observed in the gut of exposed *D. magna*. Scale bar = $200 \, \mu m$.

Discussion

We investigated various negative effects of nPS on freshwater species and confirmed that nPS can induce disturbances in the morphology of liver tissue, lipid metabolism, embryos, and locomotive activities of fish. These results lead us to conclude that nanoplastics have adverse effects on aquatic organisms and induce biochemical, behavioral, and histological changes. Several previous studies have assessed the histopathological changes in the livers of fish fed micro- or nanoplastics. Rochman et al.53 and Lu et al.54 also confirmed that plastic particles can change and disturb liver morphology and induce histopathological changes in the liver tissue. These results indicate that nanoplastics might act as contaminants or pollutants in the bodies of fish and accumulate in the liver, the organ that detoxifies the body. Von Moos et al.³¹ confirmed disturbances of lipid metabolism in mussels exposed to microplastics, and Cedervall et al. 46 investigated metabolic (cholesterol) changes in Carassius carassius exposed to nPS through their diet. Similarly, in the present study, we analyzed the differences in the total amount of cholesterol between control fish and nPS-exposed fish but could not carry out the statistical analysis because there were too few replicates. However, we confirmed that total cholesterol in fish slightly increased after nPS exposure. These results suggest that long-term exposure to nanoplastics may cause nutritional and health problems in fish and other organisms. Regarding exposure to embryos, Manabe et al.55 also observed bright green fluorescence in embryos exposed to fluorescent latex particles with a diameter of 50 nm. In another study, fluorescent nPS (diameters of 40 and 50 nm) entered the embryos of sea urchins¹⁴. Lee et al.⁵⁶ confirmed that the pore size of embryo chorions of zebrafish was 0.5-0.7 µm, which is much larger than the diameter of nPS used in the present study. Although the test species that we used was O. sinensis, previous research can still be applicable. The results of previous studies, combined with our results, indicate that small plastics with nano-sized diameters can penetrate the walls of embryos and accumulate in the lipid of embryos due to the hydrophobic property of nanoplastics, the porous membranes of embryos, and material exchanges between organisms and environments. Mattsson et al.⁵¹ reported that nPS-exposed fish occupied less space in aquaria than non-exposed fish. Cedervall et al. 46 observed that nPS-exposed fish moved more slowly than control fish and attributed it to nPS transfer from food to several organs, including the brain, via the bloodstream. These transferred nano-sized particles can cause biochemical changes in the brain, which leads to behavioral changes in fish, as noted in the present study. The brains of fish directly exposed to nPS in the present study could also have been affected, causing changes in their activities and behaviors. These behavioral changes include reduced feeding activity or vitality of individuals^{46,51}, which can inhibit growth and reproduction. Reduced ability to avoid other predators is also a serious problem that can affect the health of natural ecosystems, ecosystem services, and productivity of fisheries⁵¹.

In this study, we exposed algae (*C. reinhardtii*) and water fleas (*D. magna*) to higher nPS concentrations than those encountered in a natural environment, to assess the effects of nPS on freshwater organisms. High concentration levels were also used in the trophic transfer experiment, for indisputable visual confirmation of nPS transfer to organisms. The extremely high concentrations used in the dose-response and trophic transfer experiments

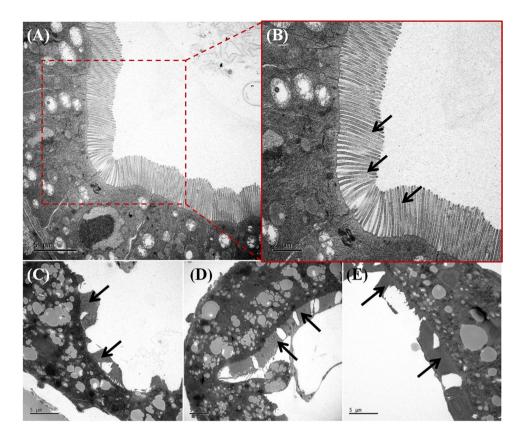


Figure 4. Transmission electron microscope (TEM) images of the transverse sectioned gut wall and microvilli (black arrows) in *Daphnia magna*. The guts and microvilli of *D. magna* that consumed non-exposed algae (**a,b**) and algae that were exposed to nano-sized polystyrene (nPS) (\mathbf{c} - \mathbf{e}) were observed. (**a**) Scale bar = 5 (\mathbf{a} , \mathbf{c} - \mathbf{e}) and 2 μ m (**b**).

rarely exist in real environmental conditions⁵⁷. However, to evaluate and assess the potential impact of nanoplastics and the reaction of organisms to them, these types of experiments are needed, although the results should be considered with caution. Nevertheless, in the natural environment, organisms might be exposed to low concentrations of nanoplastics for a long time; thus, there is the potential for cumulative build-up in their bodies. Future studies should also consider, and attempt to simulate real environmental conditions to elucidate the present-day impact of nanoplastics in the environment⁵⁸.

Additionally, because these small plastics reached a high level in the food chain, it is possible that nPS can be transferred to consumers at an even higher trophic level, like humans, through their diet. Additional studies on acute and chronic toxicity of micro- and nanoplastics are underway to investigate various effects and mechanisms. The acute and chronic toxicity of micro- and nanoplastics also require further study.

Methods

nPS. Fluorescent nPS (10 mg/mL) was purchased from Bangs Laboratories, Inc. (Fishers, IN, USA). According to the manufacturer, these fluorescent microspheres have a 480-nm excitation and 520-nm emission wavelength and a mean diameter of 51 nm. The stock solution (% in product) contained water (\geq 89.81%), polystyrene (\leq 10%), surfactant (\leq 0.1%), and sodium azide (\leq 0.09%). ζ -potentials and hydrodynamic diameter of nPS were measured via the dynamic light-scattering technique (Zetasizer Nano ZS, Malvern Instruments, UK) in distilled water (DW), moderately hard water (MHW; combinations of magnesium sulfate, sodium bicarbonate, potassium chloride, and hydrated calcium sulfate)⁵⁹, and tris-acetate-phosphate medium (TAP; combinations of TAP salts, phosphate solution, and Hunter's trace elements: zinc, boron, manganese, cobalt, copper, molybdenum, and iron)⁶⁰. We identified the surface charges, conditions, and status of nPS in each medium and confirmed which nPS properties remained the same in different media for storage, cultivation, and testing. In addition, nPS particles were observed using a high resolution scanning electron microscope (HR-SEM; SU 70, Horiba, Kyoto, Japan).

Test species. Trophic transfer was explored in a four-species freshwater ecosystem food chain consisting of *Chlamydomonas reinhardtii*, *Daphnia magna*, *Oryzias sinensis*, and *Zacco temminckii*. *C. reinhardtii* (UTEX, USA), a freshwater green alga with two flagella, was the primary producer in this experimental system. The cell size of *C. reinhardtii* was 2–20 μm. *D. magna*, a water flea that is the typical test species in ecotoxicity tests, was the primary consumer in this food chain. The body size of the neonate was 1.2–1.6 mm. *O. sinensis*, the Chinese rice fish, belongs to the same genus as the Japanese rice fish *O. latipes*, and has a body size of 25–30 mm. It was the secondary consumer in this food chain. *Z. temminckii* (dark chub), a large fish with a body size of 130–150 mm,

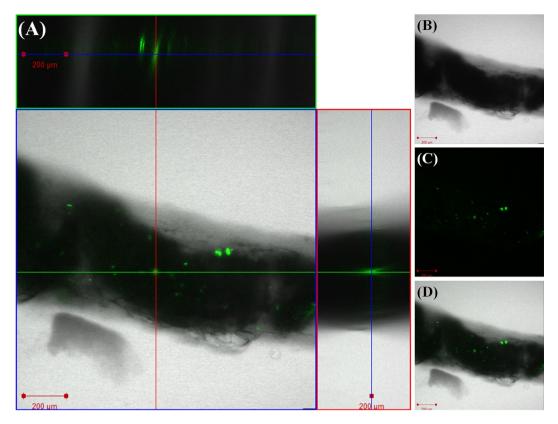


Figure 5. Confocal laser scanning microscope (CLSM) images of *Oryzias sinensis* intestines after the fish consumed *D. magna* that were exposed to nano-sized polystyrene (nPS; green emissions). Z-stack images (**a**) confirmed the presence of nPS in the intestines of *O. sinensis*, as did merged CLSM images of optical image (**b**), fluorescent-only image (**c**), and merged image (**d**). Scale bar = $200 \, \mu m$.

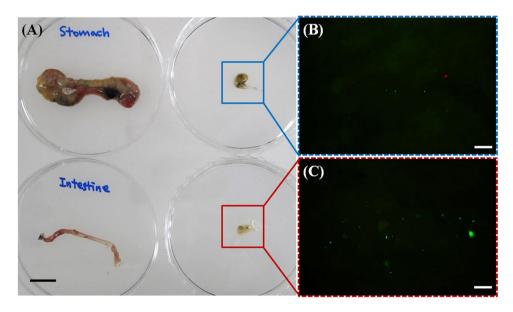


Figure 6. The organs (stomach and intestines) and their contents (a) of *Zacco temminckii* exposed through the diet to nano-sized polystyrene (nPS; green emissions) and the fluorescence of nPS in the organ contents (\mathbf{b} , \mathbf{c}). Red fluorescence is auto-fluorescence of *Chlamydomonas reinhardtii* and green fluorescence is that of nPS. Scale bar = 1 cm (a) and 20 μ m (\mathbf{b} , \mathbf{c}).

was used as the end consumer. *C. reinhardtii* and *D. magna* were incubated in TAP (pH 7.1 ± 0.0) in a shaking incubator (24 ± 1 °C) and in MHW (pH 7.6 ± 0.3) in an incubator (21 ± 1 °C), respectively. Both incubators used a photoperiod of 16:8 h (light:dark). *O. sinensis* and *Z. temminckii* were purchased from an aquarium and fishery,

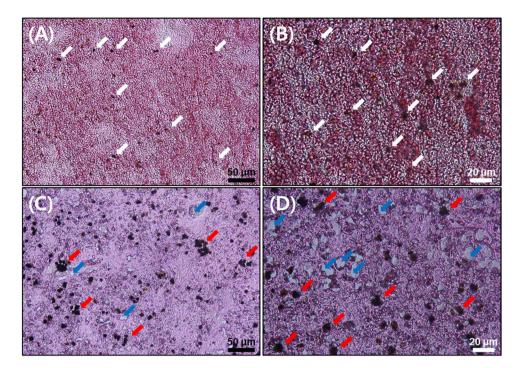


Figure 7. H&E (hematoxylin and eosin) stained liver tissues from *Zacco temminckii* not exposed (\mathbf{a}, \mathbf{b}) and exposed (\mathbf{c}, \mathbf{d}) to nano-sized polystyrene (nPS). Normal nuclei (white arrow), damaged and aggregated nuclei (red arrow), and vacuole (blue arrows) in liver tissue. Scale bar = 50 (black) and 20 (white) μ m.

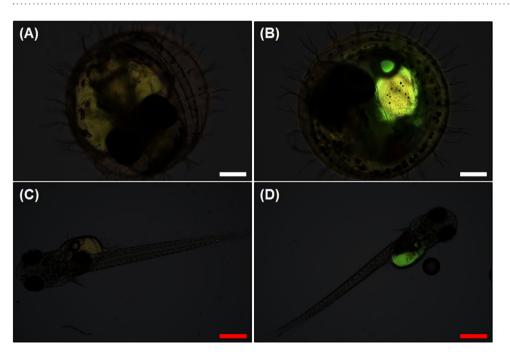


Figure 8. Merged (bright field and fluorescence) images of embryos and juveniles of *Oryzias sinensis* that were not exposed (\mathbf{a} , \mathbf{c}) and that were exposed (\mathbf{b} , \mathbf{d}) to nano-sized polystyrene (nPS). The embryos are 144 hours post fertilization (hpf) and juveniles are observed <24 h after hatching. The bright green fluorescence (\mathbf{b} , \mathbf{d}) indicates the uptake of nPS in organisms. Scale bar = 200 (\mathbf{a} , \mathbf{b} , white) and 500 (\mathbf{c} , \mathbf{d} , red) μ m.

respectively, and were acclimated in dechlorinated tap water for 2–4 weeks in the laboratory before the test. All experiments were performed in accordance with the regulations for ethical incubation, experimental use, and euthanasia of test animals, and all experimental protocols were approved by the Institutional Animal Care and Use Committee at Konkuk University, under authorization code number KU16096.

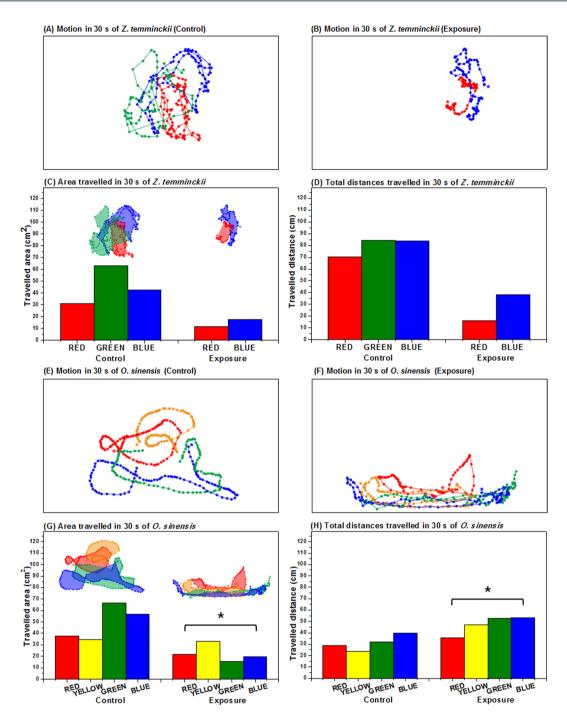


Figure 9. The locomotive activities of *Zacco temminckii* (\mathbf{a} - \mathbf{d}) and *Oryzias sinensis* (\mathbf{e} - \mathbf{h}). Each bar in graphs shows the activity of one individual. Motion was recorded for 30 s of *Z. temminckii* not exposed to nPS (\mathbf{a}) and exposed to 5 mg/L nano-sized polystyrene (nPS) (\mathbf{b}). Quantitative data of the area traveled (\mathbf{c}) and the total distances covered (\mathbf{d}) for 30 s of nPS non-exposed and exposed *Z. temminckii*. Motion of *O. sinensis* not exposed (\mathbf{e}) and exposed to nPS (\mathbf{f}) was recorded for 30 s. Quantitative data of the area traveled (\mathbf{g}) and the total distances covered (\mathbf{h}) for 30 s of *O. sinensis* not exposed and exposed to nPS (p < 0.05). Different colors in each box designate different individuals, and the dots and the lines represent the locations for every 0.3 s and the movements of each individual, respectively.

Trophic transfer of nPS from *C. reinhardtii* **to** *Z. temminckii*. A total of three trophic transfer assays ($C. reinhardtii \rightarrow D. magna$, 300 control-group and 300 exposed D. magna; $C. reinhardtii \rightarrow D. magna \rightarrow O. sinensis$, 30 control-group and 30 exposed O. sinensis; and $O. reinhardtii \rightarrow D. magna \rightarrow O. sinensis \rightarrow Z. temminckii$, three control-group and three exposed O. sinensis; and $O. reinhardtii \rightarrow D. magna \rightarrow O. sinensis \rightarrow Z. temminckii$, three control-group and three exposed O. sinensis were conducted, spanning a week, and the experiment was carried out three times (triplicate). Every fish in the test was visually observed and 10 O. magna in each treatment were observed. First, 1 mL of 1 \times 10⁷ cells/mL O. reinhardtii was exposed to 50 mg/L nPS in a 1.75-mL test tube

in an end-over-end rotator (LNS-MP8; Daihan Science, Korea) at $24\,^{\circ}$ C, with a $16:8\,\mathrm{h}$ (light:dark) photoperiod for $72\,\mathrm{h}$. After this direct exposure, $1\,\mathrm{mL}$ of C. reinhardtii was washed with DW at $5,000\,\mathrm{rpm}$ for $1\,\mathrm{min}$ and then added to $50\,\mathrm{mL}$ of MHW in an $85\,\mathrm{-mL}$ flat-bottomed glass vial (internal diameter, $40\,\mathrm{mm}$; length, $75\,\mathrm{mm}$) containing $100\,\mathrm{neonates}$ ($<24\,\mathrm{h}$) of D. magna for $5\,\mathrm{h}$. Next, all alga-fed D. magna were collected and washed with MHW once, to remove adhered nPS. The D. magna were fed to $10\,\mathrm{O}$. sinensis in $8\,\mathrm{L}$ of dechlorinated tap water in a glass tank (width, $0.2\,\mathrm{m}$; length, $0.2\,\mathrm{m}$; height, $0.25\,\mathrm{m}$). These feedings occurred twice during $48\,\mathrm{h}$. Finally, $10\,\mathrm{O}$. sinensis that had been fed contaminated D. magna were washed with dechlorinated tap water and fed to a single Z. temminckii in $30\,\mathrm{L}$ of dechlorinated tap water in a plastic tank (width, $0.6\,\mathrm{m}$; length, $0.4\,\mathrm{m}$; height, $0.21\,\mathrm{m}$). This feeding occurred once in a $24-\mathrm{h}$ period, with four replicates.

Following trophic transfer tests, C. reinhardtii and D. magna were observed using an optical microscope (Olympus BX 51; Olympus, Japan) equipped with a fluorescent filter (excitation wavelength, 460–495 nm; emission wavelength, 510 nm; U-MWIB3; Olympus Cooperation, Tokyo, Japan). The green emission of nPS was observed, separated from the red emission of algal auto-fluorescence. Next, CLSM was used to observe control and exposed C. reinhardtii (LSM710; Carl Zeiss, Germany) and D. magna (FV-1000 spectral; Olympus, Japan). Confocal images of nPS attached to the surface of C. reinhardtii and within the guts of D. magna and D-stack images (stacks of multiple images taken at different focal lengths) were analyzed. D-stack images of D-magna were taken under specific conditions: entire depth 49 μ m; 49 total images; each sheet 1 μ m thick. Images of D-magna were taken under specific conditions: entire depth 236 μ m; 236 total images; each sheet 1 μ m thick. In addition, the gastrointestinal tract and microvilli of controlled and exposed D-magna were observed using a Bio-TEM (Tecnai G2SpiritTwin; FEI, USA) to confirm the effect of nPS on the organs.

O. sinensis and Z. temminckii exposed through the diet to nPS were also analyzed via an optical microscope with a fluorescent filter. O. sinensis and Z. temminckii were anesthetized and the intestines were removed. Because of the physical size and thickness of the fish, the digestive organs were extracted and the organs and contents were observed under the microscope. The intestines of O. sinensis were observed via CLSM (LSM710; Carl Zeiss, Germany) to determine whether nPS was present in the inner part of the organ. The Z-stack images of O. sinensis were taken under specific conditions: entire depth 219 μ m; 219 total images; each sheet 1 μ m thick. The excitation wavelengths of the CLSM laser were 488 and 543 nm for nPS fluorescence and for auto-fluorescence of algae, respectively. Unfortunately, the digestive organs of Z. temminckii could not be observed directly under the microscope because of their thickness and opacity. Instead, we dissected the organs, collected the inner contents of the intestine and stomach, and observed them via microscope to determine the amount of nPS transferred via the diet.

Direct exposure of test species to nPS. We carried out individual toxicity tests of nPS on *C. reinhardtii* and *D. magna* using modified Test Guidelines No. 201⁶¹ and No. 202⁶², respectively, of the Organisation for Economic Co-operation and Development. The detailed protocol was adapted from Chae and An⁶³. *C. reinhardtii* was exposed to a maximum 100 mg/L nPS (0, 20, 40, 60, 80, and 100 mg/L), and *D. magna* was exposed to a maximum 10 mg/L nPS (0, 2, 4, 6, 8, and 10 mg/L). After exposure, chlorophyll fluorescence of *C. reinhardtii* was measured via a fluorescence microplate reader (GeminiEM; Molecular Devices, USA). The mortality and immobilization of *D. magna* were quantified at 24 and 48 h.

The direct exposure experiments on *O. sinensis* and *Z. temminckii* were carried out once. A total of eight *O. sinensis* (including embryos that hatched during the experiment) and three *Z. temminckii* were exposed to nPS at 5 mg/L in aerated glass tanks individually (one *Z. temminckii* in the exposed group escaped from the glass tank and died). Liver histopathology, the amount of cholesterol in blood serum, embryonic uptake, and locomotive activity were analyzed. After 7 d of exposure, the livers of *Z. temminckii* were extracted and liver histopathology was analyzed after dehydrating, sectioning, and hematoxylin and eosin (H&E) staining the nuclei of cells (acidic, negatively charged) and other structures (positively charged amino acid side chains). The cholesterol contents in the blood serum of *Z. temminckii* were also investigated using an HDL and LDL/VLDL cholesterol assay kit (Catalog # ab65390, Abcam, Cambridge, MA).

O. sinensis spawned during the exposure and the fertilized eggs were exposed to nPS for 24 h. The eggs were then transferred into an embryo-rearing solution and incubated at room temperature for microscopic analysis. Embryonic uptake in O. sinensis was observed, using an optical microscope equipped with a fluorescent filter, 5 d after transfer.

The locomotive activities of both O. sinensis and Z. temminckii were observed in a tank (30 cm wide \times 20 cm long \times 20 cm tall) containing 10 L dechlorinated water. Non-exposed and exposed fish were placed in tanks containing clean tap water but no food (four control O. sinensis, four exposed O. sinensis, three control O. temminckii, and two exposed O. temminckii in each tank). After allowing 5 min for acclimation, their activities were recorded using a digital camera. The videos were recorded for 30 s with images captured at 0.3-s intervals. These 100 images were merged and analyzed by placing dots on the captured images via Adobe Photoshop, and the area and distances traveled were investigated using Image J (free software). Because of the small number of individuals, these recordings were considered pseudoreplication.

Statistical analysis. We statistically analyzed the results of individual toxicity tests of nPS on growth in *C. reinhardtii*, survival of *D. magna*, and behavior of *O. sinensis* (analysis on *Z. temminckii* was excluded because of the lack of replicates). To confirm the reliability of the data, we first checked its normal distribution and the homoscedasticity of its variance in Origin pro 8.0 (OriginLab Corp., MA, USA). One-way analysis of variance (ANOVA) followed by the Dunnett⁶⁴ t-test (two-tailed post-hoc) for multiple comparisons was performed using EMSL Cincinnati Dunnett 1.5, to identify significant differences between the control and nPS-exposed groups. A 95% significance level (p < 0.05) was used for all comparisons.

References

- 1. Thompson, R. C. et al. Lost at sea: where is all the plastic? Science 304, 838-838 (2004).
- 2. Browne, M. A., Galloway, T. & Thompson, R. Microplastic—an emerging contaminant of potential concern? Integr. Environ. Assess. Manag. 3, 559-561 (2007).
- 3. Browne, M. A. et al. Accumulation of microplastic on shorelines woldwide: sources and sinks. Environ. Sci. Technol. 45, 9175-9179 (2011).
- 4. Rochman, C. M., Manzano, C., Hentschel, B. T., Simonich, S. L. M. & Hoh, E. Polystyrene plastic: a source and sink for polycyclic aromatic hydrocarbons in the marine environment. Environ. Sci. Technol. 47, 13976-13984 (2013).
- Wu, C., Zhang, K., Huang, X. & Liu, J. Sorption of pharmaceuticals and personal care products to polyethylene debris. Environ. Sci. Pollut. Res. 23, 8819-8826 (2016).
- 6. Singh, B. & Sharma, N. Mechanistic implications of plastic degradation. Polym. Degrad. Stab. 93, 561-584 (2008).
- 7. O'Brine, T. & Thompson, R. C. Degradation of plastic carrier bags in the marine environment. Mar. Pollut. Bull. 60, 2279-2283
- Sadri, S. S. & Thompson, R. C. On the quantity and composition of floating plastic debris entering and leaving the Tamar Estuary, Southwest England. Mar. Pollut. Bull. 81, 55-60 (2014).
- 9. Imhof, H. K., Ivleva, N. P., Schmid, J., Niessner, R. & Laforsch, C. Contamination of beach sediments of a subalpine lake with microplastic particles. Curr. Biol. 23, R867-R868 (2013).
- 10. Eriksen, M. et al. Microplastic pollution in the surface waters of the Laurentian Great Lakes. Mar. Pollut. Bull. 77, 177-182 (2013).
- 11. Free, C. M. et al. High-levels of microplastic pollution in a large, remote, mountain lake. Mar. Pollut. Bull. 85, 156-163 (2014).
- 12. Wagner, M. et al. Microplastics in freshwater ecosystems: what we know and what we need to know. Env. Sci. Eur. 26, 1-9 (2014).
- 13. Hidalgo-Ruz, V., Gutow, L., Thompson, R. C. & Thiel, M. Microplastics in the marine environment: a review of the methods used for identification and quantification, Environ, Sci. Technol. 46, 3060-3075 (2012).
- 14. Della Torre, C. et al. Accumulation and embryotoxicity of polystyrene nanoparticles at early stage of development of sea urchin embryos Paracentrotus lividus. Environ. Sci. Technol. 48, 12302-12311 (2014).
- Carpenter, E. J., Anderson, S. J., Harvey, G. R., Miklas, H. P. & Peck, B. B. Polystyrene spherules in coastal waters. Science 178, 749-750 (1972).
- 16. Carpenter, E. J. & Smith, K. L. Plastics on the Sargasso Sea surface. Science 175, 1240-1241 (1972).
- 17. Colton, J. B., Burns, B. R. & Knapp, F. D. Plastic particles in surface waters of the northwestern Atlantic. Science 185, 491-497 (1974).
- 18. Fowler, C. W. Marine debris and northern fur seals: a case study. Mar. Pollut. Bull. 18, 326-335 (1987)
- 19. Frias, J. P. G. L., Sobral, P. & Ferreira, A. M. Organic pollutants in microplastics from two beaches of the Portuguese coast. Mar. Pollut. Bull. 60, 1988-1992 (2010).
- 20. Andrady, A. L. Microplastics in the marine environment. Mar. Pollut. Bull. 62, 1596-1605 (2011).
- 21. Nakashima, E., Isobe, A., Kako, S. I., Itai, T. & Takahashi, S. Quantification of toxic metals derived from macroplastic litter on Ookushi Beach, Japan. Environ. Sci. Technol. 46, 10099-10105 (2012).
- Lee, J. et al. Relationships among the abundances of plastic debris in different size classes on beaches in South Korea. Mar. Pollut. Bull. 77, 349-354 (2013).
- 23. Nor, N. H. M. & Obbard, J. P. Microplastics in Singapore's coastal mangrove ecosystems. Mar. Pollut. Bull. 79, 278-283 (2014).
- 24. Van Cauwenberghe, L. & Janssen, C. R. Microplastics in bivalves cultured for human consumption. Environ. Pollut. 193, 65-70 (2014).
- Fossi, M. C. et al. Are baleen whales exposed to the threat of microplastics? A case study of the Mediterranean fin whale (Balaenoptera physalus). Mar. Pollut. Bull. 64, 2374-2379 (2012).
- 26. Foekema, E. M. et al. Plastic in north sea fish. Environ. Sci. Technol. 47, 8818-8824 (2013).
- De Witte, B. et al. Quality assessment of the blue mussel (Mytilus edulis): Comparison between commercial and wild types. Mar. Pollut. Bull. 85, 146-155 (2014).
- Fossi, M. C. et al. Large filter feeding marine organisms as indicators of microplastic in the pelagic environment: The case studies of the Mediterranean basking shark (Cetorhinus maximus) and fin whale (Balaenoptera physalus). Mar. Environ. Res. 100, 17-24 (2014)
- 29. Lima, A. R. A., Costa, M. F. & Barletta, M. Distribution patterns of microplastics within the plankton of a tropical estuary. Environ. Res. 132, 146-155 (2014).
- Besseling, E. et al. Microplastic in a macro filter feeder: humpback whale Megaptera novaeangliae. Mar. Pollut. Bull. 95, 248-252 (2015)
- 31. Von Moos, N., Burkhardt-Holm, P. & Köhler, A. Uptake and effects of microplastics on cells and tissue of the blue mussel Mytilus edulis L. after an experimental exposure. Environ. Sci. Technol. 46, 11327-11335 (2012).
- 32. Besseling, E., Wegner, A., Foekema, E. M., Van Den Heuvel-Greve, M. J. & Koelmans, A. A. Effects of microplastic on fitness and PCB bioaccumulation by the lugworm Arenicola marina (L.). Environ. Sci. Technol. 47, 593-600 (2013).
- 33. Cole, M. et al. Microplastic ingestion by zooplankton. Environ. Sci. Technol. 47, 6646-6655 (2013).
- 34. Lee, K. W., Shim, W. J., Kwon, O. Y. & Kang, J. H. Size-dependent effects of micro polystyrene particles in the marine copepod Tigriopus japonicus. Environ. Sci. Technol. 47, 11278-11283 (2013).
- Oliveira, M., Ribeiro, A., Hylland, K. & Guilhermino, L. Single and combined effects of microplastics and pyrene on juveniles (0+group) of the common goby Pomatoschistus microps (Teleostei, Gobiidae). Ecol. Indic. 34, 641-647 (2013).
- Besseling, E., Wang, B., Lürling, M. & Koelmans, A. A. Nanoplastic affects growth of S. obliquus and reproduction of D. magna. Environ. Sci. Technol. 48, 12336-12343 (2014).
- 37. Au, S. Y., Bruce, T. F., Bridges, W. C. & Klaine, S. J. Responses of Hyalella azteca to acute and chronic microplastic exposures. Environ. Toxicol. Chem. 34, 2564-2572 (2015).
- 38. Cole, M., Lindeque, P., Fileman, E., Halsband, C. & Galloway, T. S. The impact of polystyrene microplastics on feeding, function and fecundity in the marine copepod Calanus helgolandicus. Environ. Sci. Technol. 49, 1130-1137 (2015).
- Khan, F. R., Syberg, K., Shashoua, Y. & Bury, N. R. Influence of polyethylene microplastic beads on the uptake and localization of silver in zebrafish (Danio rerio). Environ. Pollut. 206, 73-79 (2015).
- Holmes, L. A., Turner, A. & Thompson, R. C. Adsorption of trace metals to plastic resin pellets in the marine environment. Environ. Pollut. 160, 42-48 (2012).
- 41. Rochman, C. M., Hoh, E., Hentschel, B. T. & Kaye, S. Long-term field measurement of sorption of organic contaminants to five types of plastic pellets: implications for plastic marine debris. Environ. Sci. Technol. 47, 1646-1654 (2013).
- Lee, H., Shim, W. J. & Kwon, J. H. Sorption capacity of plastic debris for hydrophobic organic chemicals. Sci. Total Environ. 470, 1545-1552 (2014).
- 43. Wang, F., Shih, K. M. & Li, X. Y. The partition behavior of perfluorooctanesulfonate (PFOS) and perfluorooctanesulfonamide (FOSA) on microplastics. Chemosphere 119, 841-847 (2015).
- 44. Hong, S. H., Shim, W. J. & Hong, L. Methods of analysing chemicals associated with microplastics: a review. Anal. Methods 9, 1361-1368 (2017).
- 45. Rani, M. et al. Benzotriazole-type ultraviolet stabilizers and antioxidants in plastic marine debris and their new products. Sci. Total Environ. 579, 745-754 (2017).

- 46. Cedervall, T., Hansson, L. A., Lard, M., Frohm, B. & Linse, S. Food chain transport of nanoparticles affects behaviour and fat metabolism in fish. PloS One 7, e32254 (2012).
- 47. Bejgarn, S., MacLeod, M., Bogdal, C. & Breitholtz, M. Toxicity of leachate from weathering plastics: An exploratory screening study with *Nitocra spinipes*. Chemosphere 132, 114–119 (2015).
- 48. Li, H. X. et al. Effects of toxic leachate from commercial plastics on larval survival and settlement of the barnacle Amphibalanus amphitrite. Environ. Sci. Technol. 50, 924–931 (2016).
- 49. Gandara e Silva, P. P., Nobre, C. R., Resaffe, P., Pereira, C. D. S. & Gusmão, F. Leachate from microplastics impairs larval development in brown mussels. *Water Res.* 106, 364–370 (2016).
- 50. Farrell, P. & Nelson, K. Trophic level transfer of microplastic: *Mytilus edulis* (L.) to *Carcinus maenas* (L.). *Environ. Pollut.* 177, 1–3 (2013).
- 51. Mattsson, K. *et al.* Altered behavior, physiology, and metabolism in fish exposed to polystyrene nanoparticles. *Environ. Sci. Technol.* **49**, 553–561 (2014).
- 52. Setälä, O., Fleming-Lehtinen, V. & Lehtiniemi, M. Ingestion and transfer of microplastics in the planktonic food web. *Environ. Pollut.* **185**, 77–83 (2014).
- 53. Rochman, C. M., Hoh, E., Kurobe, T. & Teh, S. J. Ingested plastic transfers hazardous chemicals to fish and induces hepatic stress. *Sci. Rep.* 3, https://doi.org/10.1038/srep03263 (2013).
- 54. Lu, Y. et al. Uptake and accumulation of polystyrene microplastics in zebrafish (*Danio rerio*) and toxic effects in liver. *Environ. Sci. Technol.* 50, 4054–4060 (2016).
- 55. Manabe, M., Tatarazako, N. & Kinoshita, M. Uptake, excretion and toxicity of nano-sized latex particles on medaka (*Oryzias latipes*) embryos and larvae. *Aquat. Toxicol.* **105**, 576–581 (2011).
- Lee, K. J., Nallathamby, P. D., Browning, L. M., Osgood, C. J. & Xu, X. H. N. In vivo imaging of transport and biocompatibility of single silver nanoparticles in early development of zebrafish embryos. ACS Nano 1, 133 (2007).
- 57. Chae, Y. & An, Y. J. Effects of micro-and nanoplastics on aquatic ecosystems: Current research trends and perspectives. *Mar. Pollut. Bull.* 124, 624–632 (2017).
- 58. Lenz, R., Enders, K. & Nielsen, T. G. Microplastic exposure studies should be environmentally realistic. *Proc. Natl. Acad. Sci. USA* 113, E4121–E4122 (2016).
- U.S. EPA. Short-term Methods for Estimating the Chronic Toxicity of Effluents and Receiving Waters to Freshwater Organisms. EPA-821-R-02-013, 1200 Pennsylvania Avenue, NW, Washington, DC20460 (2002).
- Gorman, D. S. & Levine, R. P. Cytochrome f and plastocyanin: their sequence in the photosynthetic electron transport chain of Chlamydomonas reinhardi. Proc. Natl. Acad. Sci. USA 54, 1665 (1965).
- 61. Organisation for Economic Co-operation and Development (OECD). Guideline for Testing of Chemicals No. 201. In Freshwater Alga and Cyanobacteria, Growth Inhibition Test. Organization for Economic Cooperation and Development, Paris (2006).
- 62. Organisation for Economic Co-operation and Development (OECD). Guideline for Testing of Chemicals No. 202. Daphnia sp., Acute Immobilisation Test. Organization for Economic Cooperation and Development, Paris (2004).
- 63. Chae, Y. & An, Y.-J. Toxicity and transfer of polyvinylpyrrolidone-coated silver nanowires in an aquatic food chain consisting of algae, water fleas, and zebrafish. *Aquat. Toxicol.* 173, 94–104 (2016).
- 64. Dunnett, C. W. A multiple comparison procedure for comparing several treatments with a control. *J. Am. Stat. Assoc.* **50**, 1096–1121 (1955).

Acknowledgements

This research was supported by the Basic Science Research Program through the National Research Foundation of Korea (NRF) funded by the Ministry of Science, ICT and Future Planning (2016R1A2B3010445). We thank the Korean Basic Science Institute (KBSI) for their assistance with our dynamic light scattering and Bio-TEM analyses.

Author Contributions

Y.C. and Y.-J.A. conceived and designed the research. Y.C., D.K., and S.W.K. performed the experiments. Y.C. and S.W.K. analyzed the images and data. Y.C. and Y.-J.A. wrote the manuscript.

Additional Information

Supplementary information accompanies this paper at https://doi.org/10.1038/s41598-017-18849-y.

Competing Interests: The authors declare that they have no competing interests.

Publisher's note: Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons license, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons license and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this license, visit https://creativecommons.org/licenses/by/4.0/.

© The Author(s) 2017