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Umbilical Cord Prostaglandins in Term and Preterm Parturition

J.-S. Hong^{1,2}, R. Romero^{1,3,4,*}, D.-C. Lee^{1,5}, N. G. Than^{1,6}, L. Yeo^{1,6}, P. Chaemsaitong^{1,6}, S. Ahn⁷, J.-S. Kim⁸, C. J. Kim^{1,9}, and Y.M. Kim^{1,10,*}

¹Perinatology Research Branch, NICHD/NIH/DHHS, Bethesda, Maryland, and Detroit, Michigan, 48201, USA

²Department of Obstetrics and Gynecology, Seoul National University Bundang Hospital, Gyeonggi-do, 463-707, Republic of Korea

³Department of Obstetrics and Gynecology, University of Michigan, Ann Arbor, MI, USA

⁴Department of Epidemiology and Biostatistics, Michigan State University, East Lansing, MI, USA

⁵College of Biomedical Science, Kangwon National University, Chuncheon 200-701, Republic of Korea

⁶Department of Obstetrics and Gynecology, Wayne State University School of Medicine, Detroit, Michigan, 48201, USA

⁷Medical Research Collaborating Center, Seoul National University Bundang Hospital, Gyeonggi-do, 463-707, Republic of Korea

⁸Department of Pathology, Samsung Medical Center, Sungkyunkwan University School of Medicine, Seoul, 440-746, Republic of Korea

⁹Department of Pathology, Asan Medical Center, University of Ulsan College of Medicine, Seoul, 138-736, Republic of Korea

¹⁰Department of Pathology, Haeundae Paik Hospital, Inje University College of Medicine, Busan, 612-896, Republic of Korea

Abstract

Objective—Prostaglandins (PGs) are considered the universal mediators of parturition. Amniotic fluid PGE₂ and PGF_{2α} concentrations increase before the onset of spontaneous labor at term, as well as during labor. This study was conducted to determine if the concentrations of umbilical cord PGE₂ and PGF_{2α} change with advancing gestational age, spontaneous labor at term, and preterm labor (with and without funisitis).

Methods—Umbilical cord (UC) tissue samples were obtained from women (N=158) with singleton pregnancies in the following groups: 1) term deliveries without labor (TNL; n=20); 2)

*Correspondence: Roberto Romero, MD, D (Med) Sci, Perinatology Research Branch, NICHD, NIH, DHHS, Hutzel Women's Hospital, 3990 John R St, Detroit, MI 48201, USA. Tel: (313) 993 2700. Fax: (313) 993 2694. prbchiefstaff@med.wayne.edu. Yeon Mee Kim, MD, Department of Pathology, Haeundae Paik Hospital, Inje University College of Medicine, 875, Haeundae-ro, Haeundae-gu, Busan, 612-896, Korea, Tel: +82-51-797-3100. yki@med.wayne.edu.

Conflict of interest statement

The authors declare no conflicts of interest.

term deliveries with labor (TIL; n= 20); 3) spontaneous preterm deliveries (sPTD) with (n=20) and without acute funisitis (n=20); and 4) preeclampsia without labor (n=78). The concentrations of PGs were determined in different locations of the UC. PGE₂ and PGF_{2α} were measured by specific immunoassays. Non-parametric statistics were used for analysis.

Results—1) In spontaneous preterm deliveries, the median UC PGE₂ concentration was higher in cases with funisitis than in those without funisitis (233.7 pg/μg vs. 87.4 pg/μg of total protein, p=0.001); 2) the median UC PGE₂ concentration in sPTD with funisitis was also higher than that obtained from samples who had undergone labor at term (233.7 pg/μg vs. 116.1 pg/μg of total protein, p=0.03); 3) the UC PGE₂ and PGF_{2α} concentration increased as a function of advancing gestational age before 36 weeks (PGE₂: rho = 0.59, p<0.001; PGF_{2α}: rho=0.39, p=0.01), but not after 36 weeks (PGE₂: rho = -0.1, p=0.5; PGF_{2α}: rho = -0.2, p=0.2); 4) the median UC concentrations of PGE₂ and PGF_{2α} at term was similar in samples obtained from women with and without labor (PGE₂: TNL 133.7 pg/μg vs. TIL 116.1 pg/μg of total protein, p=0.9; PGF_{2α}: TNL 8.4 pg/μg vs. TIL 8.1 pg/μg of total protein, p=0.7); and 5) there was no correlation between UC PG concentration and gestational age at term pregnancy (PGE₂: rho = 0.01, p=0.9; PGF_{2α}: rho = 0.07, p=0.7).

Conclusions—1) PGE₂ concentrations in the umbilical cord are higher in the presence of acute funisitis than in the absence of this lesion; 2) spontaneous labor at term was not associated with a change in the UC concentration of PGE₂ and PGF_{2α}; and 3) the UC concentrations of PGE₂ and PGF_{2α} increased as a function of gestational age. We propose that UC PGs act as inflammatory mediators generated in the context of fetal systemic inflammation.

Keywords

chorioamnionitis; eicosanoids; funisitis; intra-amniotic inflammation; microbial invasion of the amniotic cavity (MIAC); PGE₂; PGF_{2α}; preeclampsia; pregnancy

Introduction

Prostaglandins (PG) are considered key mediators of human parturition [1–19], and can induce myometrial contractility [20–34], cervical remodeling [35–58], and participate in extracellular matrix degradation leading to ruptured membranes [7,59–70]. The main PGs found in amniotic fluid are prostaglandin E₂ (PGE₂) and prostaglandin F_{2α} (PGF_{2α}) [16,71–73], and concentrations of these eicosanoids increase prior to the onset of term labor [11,16,17], during labor [8,72], rupture of membranes at term [7], and in spontaneous preterm labor [particularly in the setting of microbial invasion of the amniotic cavity (MIAC)] [4–6,12,65,73–82].

The increased concentrations of PGs in amniotic fluid have been considered important in both normal labor at term [7,8,11,12,16,71,72,82–84], and preterm labor [4–6,16,65,73–78,81]. The amnion is an important source of PGs in the amniotic fluid [85–94]. This membrane can be anatomically divided into three distinct regions: the reflected, placental, and umbilical amnion [95–97]. Gene expression profile studies indicate that there are differences between placental and reflected amnion [97–100]. Indeed, we previously reported that the placental amnion is responsible for the tonic production of PGs with

advancing gestational age, while the reflected amnion increases the production of PGs during labor [66]. Such difference in PG production suggests that the placental amnion and the reflected amnion play different roles in the regulation of eicosanoids during pregnancy and labor [66].

The umbilical cord is a source of PGs [95,101–103]. PGE₂ and PGF_{2α} have been localized in the amniotic cells covering the umbilical cord and in the endothelium of the umbilical veins [103]. Furthermore, McCoshen et al. claimed that the umbilical cord is the major source of PGE₂ found in the amniotic fluid of women in labor at term [95]. However, incubation of a segment of the umbilical cord, as well as the placental and reflected amnion in a perfusion chamber, allowed demonstration of the PGE₂ output from the umbilical cord which did not change before or after labor, and the placental and reflected amnion PGE₂ output were two-fold greater in tissues collected after labor [95]. This observation suggests that the pattern of PG production by the umbilical cord is different from that of the reflected and placental amnion [95]. The current study is conducted to assess the concentrations of PGE₂ and PGF_{2α} in umbilical cord segments from women who had undergone labor at term, women delivered by cesarean section without labor, and a group who had preterm labor and delivery (with and without funisitis).

Materials and Methods

Tissue samples were retrieved from the Bank of Biological Specimens at the Perinatology Research Branch of the *Eunice Kennedy Shriver* National Institute of Child Health and Human Development (NICHD), National Institutes of Health (NIH), U.S. Department of Health and Human Services (DHHS), Detroit, Michigan. Samples were taken from the following clinical groups, all of whom had singleton gestations: 1) women at term not in labor (TNL; n=20); 2) women at term in labor (TIL; n= 20); 3) women with spontaneous preterm labor and delivery (sPTD; n=20) without acute funisitis; 4) women with sPTD with acute funisitis (n= 20); and 5) women with preeclampsia who underwent cesarean delivery without labor over a range of gestational ages (25–39 weeks; n=78). To compare the PG concentrations at different locations in a given cord, three samples from each umbilical cord (1 cm apart from umbilical cord insertion, 1 cm apart from the cord clamping, and mid-segment) were obtained from additional term delivery (n=10) cases. Samples of umbilical cord tissue were flash-frozen using liquid nitrogen, and stored at –80°C until use. All women provided written informed consent prior to the collection of samples, and the Institutional Review Boards of the NICHD and Wayne State University approved the collection and use of materials and clinical data for research purposes.

Clinical definitions

Gestational age was determined by the last menstrual period and confirmed by ultrasound examination, or by ultrasound examination alone if the sonographic determination of gestational age was not consistent with menstrual dating. Preterm labor was diagnosed by the presence of at least two regular uterine contractions every 10 minutes in association with cervical changes in patients with a gestational age between 20 and 36 6/7 weeks which led to preterm delivery (defined as birth prior to the 37th week of gestation). Spontaneous term

labor was defined as the presence of regular uterine contractions with a frequency of at least one every 10 min associated with cervical changes after 37 weeks of gestation. Funisitis was diagnosed in the presence of neutrophil infiltration into the umbilical vessel walls or Wharton's jelly, according to criteria previously published [104–109]. Preeclampsia was defined as new onset hypertension during pregnancy (systolic blood pressure \geq 140 mmHg or diastolic blood pressure \geq 90 mmHg on at least two occasions, 4 hours to 1 week apart) and proteinuria (\geq 300 mg in a 24-hour urine collection or one dipstick measurement \geq 2+) [110].

Prostaglandins assays

Tissue samples were pulverized in liquid nitrogen using a mortar and pestle for protein isolation. Total protein lysates were obtained using T-PER® Tissue Protein Extraction Reagent with a protease inhibitor cocktail (Thermo Scientific, Rockford, IL, USA). To conduct the immunoassays for PGE₂ and PGF_{2 α} content, 6.25 μ g of total protein in 5 μ l were added to 95 μ l of assay buffer, and meclofenamic acid (10 μ g/ml; Sigma-Aldrich Corporation, St. Louis, MO, USA) was added to all samples. The assays were performed using the Prostaglandin E₂ and Prostaglandin F_{2 α} enzyme immunoassay kits (Assay Designs, Inc., Ann Arbor, MI, USA). The inter-assay coefficient of variation was 8.1%, and the intra-assay coefficient of variation was 6.7%.

Statistical Analyses

Pearson's chi-square test and Fisher's exact test were used to compare proportions for categorical variables, and the Mann-Whitney U test was used to compare medians for continuous variables. Spearman's correlation was used to examine the relationship between continuous variables such as gestational age at delivery and PG concentration. A repeated-measures ANOVA test was performed to compare PG concentrations in different locations within each umbilical cord. A piecewise linear regression was performed to detect a change point in PG concentrations in preeclampsia using the SiZer package in the R program (www.r-project.org). Other statistical analyses were conducted using the SPSS version 18.0 software (SPSS, Inc., Chicago, IL, USA).

Results

Prostaglandin concentration in the umbilical cord in term and preterm labor/delivery

The clinical characteristics of the study groups as well as umbilical concentrations of PGE₂ and PGF_{2 α} are displayed in Table 1. The median umbilical cord concentrations of PGE₂ and PGF_{2 α} were not different among women at term, according to whether the samples had been obtained in women who had undergone labor (PGE₂: TNL 133.7 pg/ μ g vs. TIL 116.1 pg/ μ g of total protein, $p=0.9$; PGF_{2 α} : TNL 8.4 pg/ μ g vs. TIL 8.1 pg/ μ g of total protein, $p=0.7$). The umbilical cord concentrations of PGE₂ and PGF_{2 α} showed no correlation with gestational age at delivery in term pregnancies (PGE₂: $\rho = 0.01$, $p=0.9$; PGF_{2 α} : $\rho = 0.07$, $p=0.7$).

The median PGE₂ concentration in the umbilical cord of patients with spontaneous preterm delivery was significantly higher among patients with acute funisitis than in those without funisitis (233.7 vs. 87.4 pg/ μ g of total protein, $p=0.001$). The median PGF_{2 α} umbilical cord

concentration was also higher in patients with funisitis than in those without funisitis (9.6 pg/ μ g vs. 7.1 pg/ μ g of total protein, $p=0.051$).

The umbilical cord concentration of PGE₂ (but not that of PGF_{2 α}) in cases of spontaneous preterm labor/delivery with funisitis was higher than that measured in cases who had undergone labor at term (PGE₂: 233.7 pg/ μ g vs. 116.1 pg/ μ g of total protein, $p=0.03$; PGF_{2 α} : 9.6 pg/ μ g vs. 8.1 pg/ μ g of total protein, $p=0.3$).

The concentration of prostaglandins in the umbilical cord during gestation

The evaluation of umbilical cord PG concentration is not possible in women with uncomplicated pregnancies. Therefore, we assembled a study group comprised of women with preeclampsia who underwent indicated cesarean delivery. Table 2 shows the clinical characteristics of patients with preeclampsia. All women with preeclampsia were delivered by cesarean in the absence of labor ($n=78$). None of the patients had acute histologic chorioamnionitis or funisitis after pathologic evaluation of the placenta. We found a positive correlation between PG concentrations in the umbilical cord and gestational age at delivery (PGE₂: $\rho = 0.60$, $P<0.001$; PGF_{2 α} : $\rho = 0.35$, $P=0.002$).

Since our findings showed that PG concentrations in the umbilical cord did not change with gestational age at term, we attempted to establish if there was a point of change in umbilical cord PG concentration in preeclampsia. A piecewise linear regression revealed that the slopes before 36 weeks provided an estimate of 20.1 pg/ μ g of total protein/week and 0.63 pg/ μ g of total protein/week – this difference was statistically significant for both PGE₂ and PGF_{2 α} . In both cases, the slopes after 36 weeks were estimated as -20.0 pg/ μ g of total protein/week and -0.53 pg/ μ g of total protein/week, but they were not significantly different from zero at a 5% significance level (Figure 1). These results indicate that the correlation between PG concentrations and gestational age changed significantly at about 36 weeks of gestation. Among patients with preeclampsia who were not in labor, there was an increase of PGE₂ and PGF_{2 α} concentrations in the umbilical cord as a function of gestational age before 36 weeks (PGE₂: $\rho = 0.59$, $p<0.001$; PGF_{2 α} : $\rho = 0.39$, $p=0.01$) but not after 36 weeks (PGE₂: $\rho = -0.1$, $p=0.5$; PGF_{2 α} : $\rho = -0.2$, $p=0.2$).

A comparison of the concentrations of prostaglandins at different locations in the same umbilical cord

The concentrations of PGs at three different locations in the same umbilical cord were determined. Figure 2 illustrates concentrations of PGE₂ and PGF_{2 α} at each umbilical cord sampling site. There was no significant difference in the concentrations of PGE₂ and PGF_{2 α} among the three sampling sites (PGE₂ and PGF_{2 α} : $p=0.7$ and $p=0.7$, respectively).

Discussion

Principal findings of the study

- 1) The umbilical cord concentrations of PGF_{2 α} and PGE₂ after spontaneous preterm labor with funisitis were significantly greater than in preterm labor without this lesion; 2) spontaneous labor at term was not associated with a change in the umbilical cord

concentrations of PGF_{2α} and PGE₂; and 3) among women who underwent a cesarean delivery without labor (because of preeclampsia), the umbilical cord concentrations of PGF_{2α} and PGE₂ increased as a function of advancing gestational age in the second and third trimesters.

Prostaglandins, different regions of the amnion, and the umbilical cord

Amniotic fluid PGs increase prior to the onset of labor [11,16,17] and further increase during labor [8,72]. The amnion is considered to be the main source of PGs (in particular, PGE₂) in the amniotic fluid [85,87–94]. The human amnion can be divided into three areas: 1) placental amnion; 2) reflected amnion; and 3) amnion covering the umbilical cord. The term “placental amnion” refers to that covering the chorionic plate of the placenta, while the reflected amnion is part of the extraplacental membranes. A small portion of amnion covers the surface of the umbilical cord [95–97]. McCoshen et al. proposed that each component of amnion contributes to the production of PGE₂, and that the umbilical cord is the major source of PG in the amniotic fluid in patients in labor at term [95]. This work was based on *in vitro* experiments in which the production of PGs by different types of amnion was studied, and calculations about the relative contribution of each type were made. The investigators reported that, before labor, the umbilical cord accounts for the greatest tissue mass (76%), compared to the placental amnion (14%) and reflected amnion (10%) [95]. They further claimed that the umbilical cord accounts for 66% of the total PGE₂ output before labor, and 44% after labor, proposing that the umbilical cord was the primary source of PGE₂ in the amniotic fluid [95].

Previously, we compared the expression of prostaglandin-endoperoxide synthase 2 (PTGS2), a key enzyme involved in PG production by amnion [111–114], in placenta vs. reflected amnion [66]. We reported that: 1) before the onset of labor, PTGS2 expression was greater in placental, rather than reflected, amnion; 2) after labor, there was a significant increase in PTGS2 expression in reflected, but not in placental, amnion; and 3) there was little expression of PTGS2 in preterm labor in the absence of acute inflammatory lesions [66].

Changes in umbilical cord prostaglandins with advancing gestational age, labor, and acute inflammatory lesions of the placenta

The results of the current study indicate that the umbilical cord concentrations of PGE₂ and PGF_{2α} increase with advancing gestational age. Such findings were based on studies of umbilical cord derived from patients with the diagnosis of preeclampsia who underwent cesarean delivery for obstetrical indications. It is noteworthy that the PG concentration increased until approximately 36 weeks of gestation, and there was no detectable increase thereafter. Labor at term was not associated with an increase in the PG concentration in the umbilical cord. However, in the presence of funisitis (acute inflammation of the umbilical cord), the prostaglandin concentration increased significantly in cases with spontaneous preterm labor.

Amniotic fluid prostaglandins with microbial invasion of the amniotic cavity

Amniotic fluid concentrations of eicosanoids and arachidonate lipoxygenase products are increased in the amniotic fluid of women with preterm labor and MIAC [4–6,59,74,75,82].

MIAC is frequently associated with acute histologic chorioamnionitis and funisitis [82,107,108,115–148]. Amniotic fluid PGs in cases of MIAC and/or intra-amniotic inflammation are thought to derive from amnion cells and local cells in the amniotic cavity, as well as from the human fetus. Microorganisms and their products (e.g. lipopolysaccharide endotoxin) could stimulate resident macrophages in the amniotic fluid, as well as fetal cells suspended in amniotic fluid or contained within fetal mucosa or skin to produce PGs which could be found in amniotic fluid. In a similar way, bacterial products could stimulate the amniotic epithelial cells surrounding the umbilical cord to produce PGs, which could find their way into the amniotic fluid. In the context of fetal systemic inflammatory response syndrome [104,131,149–156], PG production could be increased, as is the case for the adult systemic inflammatory response syndrome [157–162]. Prostaglandins contained within the umbilical cord may exert a local effect, such as modifying vascular reactivity of the umbilical arteries and vein [102,163–168], altering vessel permeability [169] or changing extracellular matrix metabolism in the Wharton's jelly. McCoshen et al. proposed that PGs generated in the umbilical cord could diffuse into the amniotic cavity [95]. Experimental evidence is required to prove this concept.

Conclusion

Prostaglandin concentrations in the umbilical cord are increased in the context of funisitis. We propose that PGE₂ and PGF_{2α} act as inflammatory mediators in the fetal inflammatory response syndrome, whose pathologic hallmark is funisitis.

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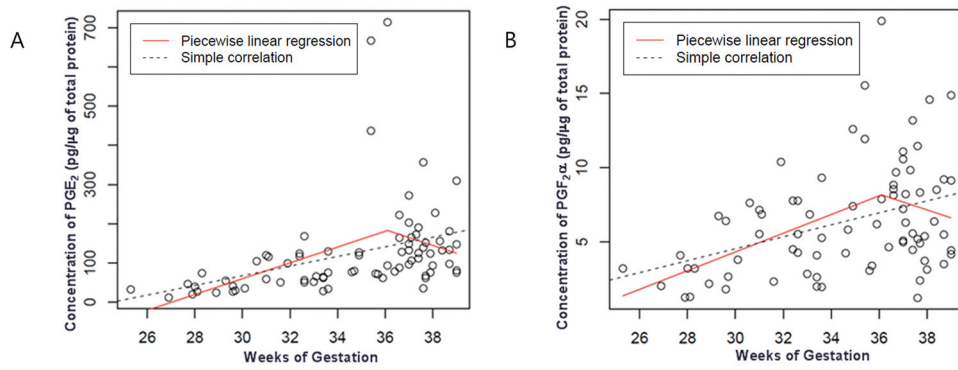


Figure 1. PGE₂ and PGF_{2α} concentrations in the umbilical cord as a function of gestational age including preterm and term gestations with preeclampsia. Umbilical cord PGE₂ and PGF_{2α} concentrations increased with advancing gestational age until 36 weeks (PGE₂: rho = 0.59, p<0.001; PGF_{2α}: rho = 0.39, p=0.01), but not after 36 weeks (PGE₂: rho = -0.1, p=0.5; PGF_{2α}: rho = -0.2, p=0.2).

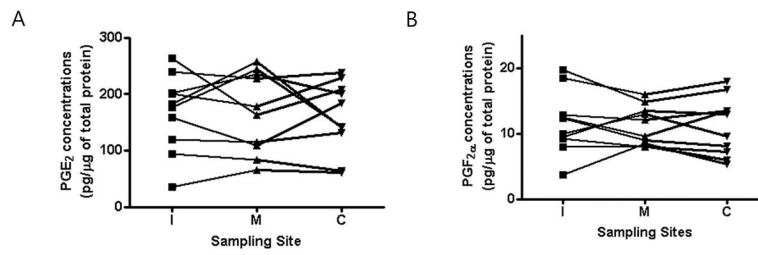


Figure 2.

PGE₂ and PGF_{2α} umbilical cord concentrations in different sites of the umbilical cord.

There was no significant difference in the umbilical cord concentrations of PGE₂ and PGF_{2α} among the three different sampling sites (PGE₂; p=0.7; and PGF_{2α}; p=0.7). (I: 1 cm apart from umbilical cord insertion. C: 1 cm apart from the cord clamping. M: mid-segment).

Connected lines referred to prostaglandin concentration in a particular segment of the umbilical cord and in another segment in each patient.

Table 1 Clinical characteristics and concentrations of prostaglandins (PGE₂ and PGF_{2α}) in the umbilical cord for each study group

	Term delivery without labor (n=20)	Term delivery with labor (n=20)	p value*	sPTD without funisitis (n=20)	sPTD with funisitis (n=20)	p value [§]	p value [‡]
Maternal age (years)	25.5 (20–35)	26.0 (17–35)	0.8	25.5 (20–36)	23.0 (16–39)	0.7	0.4
Nulliparity	10% (2/20)	20% (4/20)	0.7	10% (2/20)	30% (6/20)	0.2	0.5
GA at delivery (weeks)	39.0 (37.1–40.1)	39.1 (37.1–40.4)	0.9	31.8 (27–34)	32.3 (28.6–34)	0.9	< 0.001
Birth weight (gm)	3323 (2545–4485)	3258 (2550–3695)	0.5	1818 (881–2690)	1665 (1010–2335)	0.6	< 0.001
Male gender	70% (14/20)	55% (11/20)	0.3	45% (9/20)	50% (10/20)	0.8	0.8
PGE ₂	133.7 (44.8–252.4)	116.1 (33.5–354.9)	0.9	87.4 (6.1–258.6)	233.7 (61.3–1000)	0.001	0.03
PGF _{2α}	8.4 (4.1–15.2)	8.1 (4.2–14.8)	0.7	7.1 (0.6–13.1)	9.6 (4.3–43.8)	0.051	0.3

Data are presented as median (interquartile range) and percentage with (n);

sPTD: spontaneous preterm delivery;

PGE₂ and PGF_{2α} concentrations were expressed by pg/ug of total protein.

GA: gestational age

* comparison between term delivery without labor and term delivery with labor

§ comparison between sPTD without funisitis and sPTD with funisitis

‡ comparison between TIL and sPTD with funisitis

Table 2

Clinical characteristics and the umbilical cord concentrations of PGE₂ and PGF_{2α} for term and preterm preeclampsia cases

	Preeclampsia (n=78)
Maternal age (year)	26.4 (± 6.1)
Nulliparity	45% (35/78)
Gestational age at delivery (weeks)	35.7 (25.3–39.0)
Birth weight (g)	2051 (± 859)
Male gender	58% (45/78)
PGE ₂ (pg/μg of total protein) *	95.1 (11.5–714.1)
PGF _{2α} (pg/μg of total protein) *	5.5 (1.2–19.9)

Data are presented as mean (± SD) and percentage with (n).

*
[median (range)]

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