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Maternal Plasma Angiogenic Index-1(PIGF/sVEGFR-1) is a Biomarker for the Burden of Placental Lesions Consistent with Uteroplacental Underperfusion: a Longitudinal Case-Cohort Study

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Abstract

Background—Placental lesions consistent with maternal vascular underperfusion (MVU) are thought to be pathogenically linked to preeclampsia, small-for-gestational-age newborns, fetal death, and spontaneous preterm labor and delivery; yet, these lesions cannot be diagnosed antenatally. We previously reported that patients with such conditions and lesions have an abnormal profile of the angiogenic placental growth factor (PIGF) and anti-angiogenic factors [e.g., soluble vascular endothelial growth factor receptor-1 (sVEGFR-1)].

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Objectives—The objectives of this study were to: 1) examine the relationship between the maternal plasma PIGF/sVEGFR-1 concentration ratio (referred to herein as angiogenic index-1) and the burden of histologic placental features consistent with MVU; and 2) test the hypothesis that angiogenic index-1 can identify patients in the midtrimester who are destined to deliver before 34 weeks of gestation with multiple (i.e., 3 or more) histologic placental features consistent with MVU.

Study Design—A two-stage case-cohort sampling strategy was used to select participants from among 4,006 women with a singleton gestation enrolled from 2006 through 2010 in a longitudinal study. Maternal plasma angiogenic index-1 ratios were determined using enzyme-linked immunosorbent assays. Placentas underwent histologic examination according to standardized protocols by experienced pediatric pathologists who were blinded to clinical diagnoses and pregnancy outcomes. The diagnosis of lesions consistent with MVU was made using criteria proposed by the Perinatal Section of the Society for Pediatric Pathology. Weighted analyses were performed to reflect the parent cohort, ‘n*’ is used to reflect weighted frequencies.

Results—1) Angiogenic index-1 (PIGF/sVEGFR-1) concentration ratios were determined in 7,560 plasma samples collected from 1,499 study participants; 2) the prevalence of lesions consistent with MVU was 21% (n* = 833.9/3,904) and 27% (n* = 11.4/42.7) of women with 3 or more MVU lesions delivered before 34 weeks of gestation; 3) a low angiogenic index-1 (<2.5th quantile for gestational age) in maternal plasma samples obtained within 48 hours of delivery had a sensitivity of 73% [n* = 8.3/11.4; 95% confidence interval (CI), 47%–98%], a specificity of 94% (n* = 3130.9/3316.2; 95% CI, 94%–95%), a positive likelihood ratio (LR+) of 12.2, and a negative likelihood ratio (LR-) of 0.29 in the identification of patients who delivered placentas with 3 or more MVU lesions at <34 weeks; 4) prospectively, at 20–23 weeks of gestation, a maternal plasma concentration of angiogenic index-1 below the 2.5th quantile identified 70% (n* = 7.2/10.3; 95% CI, 42%–98%) of patients who delivered placentas with 3 or more MVU lesions before 34 weeks [specificity, 97% (n* = 2831.3/2918; 95% CI, 96%–98%); LR+, 23; LR-, 0.31]; and 5) among women without obstetrical complications who delivered at term, angiogenic index-1 was lower in women with compared to those without placental lesions consistent with MVU (p < 0.05).

Conclusion—Maternal plasma angiogenic index-1 (PIGF/sVEGFR-1) is the first biomarker for the burden of placental lesions consistent with MVU. We propose that an accumulation of these lesions in placentas delivered before 34 weeks is a histologic counterpart of an anti-angiogenic profile.

Keywords

acute atherosclerosis; basal plate; fetal death; intervillous fibrin; persistent muscularization of the arteries; placental pathology; preeclampsia; preterm delivery; small for gestational age; soluble Flt-1; syncytial knot; villous infarction

Introduction

The uteroplacental circulation is established around the end of the first trimester [1–14]. Physiologic transformation of the spiral arteries increases the size of these vessels, allowing blood to flow into the intervillous space [15–22], where oxygen and nutrients are transported to the fetus [23–26]. Disruption of maternal vascular development is thought to result in

reduced blood supply to the placenta. Histologic placental features consistent with maternal vascular underperfusion (MVU) are associated with preeclampsia [27–55], intrauterine growth restriction [35, 50, 56–67], fetal death [50, 68–81], and delivery of small-for-gestational-age (SGA) newborns [81–83]. These conditions contribute to a substantial fraction of perinatal morbidity and mortality, often mediated by indicated preterm delivery [84–87]. Uteroplacental vasculopathy is also associated with spontaneous preterm labor (PTL) with intact membranes and preterm prelabor rupture of the membranes (PPROM) [50, 88–92]; thus, maternal vascular obstructive lesions, bleeding/vessel integrity, and lack of physiologic conversion of maternal spiral arteries might constitute or interact in pathways to spontaneous as well as indicated preterm delivery [93], possibly contributing to an even larger fraction of adverse pregnancy outcomes [94]. Indeed, we propose that processes resulting in maternal vascular lesions contribute to many of the “great obstetrical syndromes” [22, 95, 96].

Our group demonstrated that an imbalance in maternal plasma concentrations of the angiogenic placental growth factor (PlGF) and anti-angiogenic factors [e.g., soluble vascular endothelial growth factor receptor-1 (sVEGFR-1)] is characteristic of a large fraction of women who have or will develop preeclampsia [44, 97–111]. We also found significant differences in angiogenic and anti-angiogenic factor distributions among women with uncomplicated pregnancies and those who are or will be affected by spontaneous PTL with intact membranes [112], fetal death [109, 113, 114], massive perivillous fibrin deposition [115], twin-to-twin transfusion syndrome [116], and delivery of SGA newborns [103, 117, 118]. Moreover, we reported that differences in angiogenic and anti-angiogenic factor concentrations are greater when patients with these obstetrical syndromes have placental lesions consistent with MVU [44, 109, 111]. Therefore, we hypothesize that the ratio of angiogenic to anti-angiogenic factor concentrations in maternal plasma reflects the burden of lesions consistent with MVU.

The objectives of this study were to: 1) examine the relationship between the maternal plasma PlGF/sVEGFR-1 concentration ratio (referred to herein as angiogenic index-1) and the burden of histologic placental features consistent with MVU, irrespective of clinical diagnosis; and 2) test the hypothesis that angiogenic index-1 can identify patients in the mid-trimester who are destined to deliver before 34 weeks of gestation with multiple (i.e., 3 or more) histologic placental features consistent with MVU.

Materials and Methods

Study design and participants

A two-stage case-cohort [119] sampling strategy was used to select participants into this prospective nested longitudinal case-cohort study from among 4,006 women with a singleton gestation. These women, who had been enrolled between 6 and 22 weeks of gestation at Hutzel Women’s Hospital, Detroit, MI, from 2006 through 2010, were followed up until delivery. Exclusion criteria were multiple gestations and any of the following at enrollment: active vaginal bleeding, obstetrical complications, serious medical illness (renal insufficiency, congestive heart disease, and chronic respiratory insufficiency), chronic hypertension requiring medication, asthma requiring systemic steroids, requirement of anti-

platelet or non-steroidal anti-inflammatory drugs, active hepatitis, or fetal anomalies identified.

Figure 1 describes the selection of study participants. In the first sampling stage, 1,000 women were randomly selected from among 2,893 who had venipuncture samples collected in at least three of seven pre-defined gestational-age intervals (8–15.9, 16–19.9, 20–23.9, 24–27.9, 28–31.9, 32–36.9, and 37 weeks). In the second sampling stage, all remaining women who had any of the following diagnoses at delivery were selected from among the 3,006 women who were not selected in the first stage of sampling: preeclampsia, PTL, fetal death, PPRM, and delivery of a newborn weighing less than the 5th centile for gestational age [120]. The most centrally located venipuncture sample within each of the seven intervals defined by gestational age for each patient was used for analysis, and in cases of a tie, the first sample obtained was selected.

All patients provided written informed consent, and the use of clinical data and biological specimens for research purposes was approved by the Institutional Review Boards of Wayne State University and the *Eunice Kennedy Shriver* National Institute of Child Health and Human Development, National Institutes of Health, U. S. Department of Health and Human Services (NICHD/NIH/DHHS).

Sample collection and immunoassays

Venipuncture was performed and blood was collected into tubes containing EDTA at enrollment and during subsequent examinations scheduled every four weeks until the 24th week of gestation, and bi-weekly thereafter until delivery. Samples were centrifuged at 4°C, pipetted, and stored at –70°C. Maternal plasma concentrations of PIGF and sVEGFR-1 were determined by immunoassays as described previously (R&D Systems, Minneapolis, MN, USA) [105]. The inter- and intra-assay coefficients of variation were 1.4% and 3.9% for sVEGFR-1 and 6.02% and 4.8% for PIGF, respectively. The sensitivities of the assays were 16.97 pg/mL for sVEGFR-1 and 9.52 pg/mL for PIGF. Laboratory personnel performing the assays were blinded to clinical information.

Histologic examination

Placentas were examined histologically according to standardized protocols by perinatal pathologists blinded to clinical diagnoses and obstetrical outcomes. Briefly, three to nine sections of the placenta were examined, including at least two full-thickness sections of the placental disc, two umbilical cord sections, and one membrane roll from the extraplacental membranes. At least one full-thickness section was taken from the center of the placenta; others were taken randomly from the placental disc. Placental features consistent with MVU (referred to herein as MVU lesions) were diagnosed using criteria established by the Perinatal Section of the Society for Pediatric Pathology [121], as described in prior studies [122, 123] (Supplemental Table 1).

Clinical definitions

Preeclampsia was defined as new-onset hypertension that developed after 20 weeks of gestation and with proteinuria. Hypertension was defined as systolic ≥ 140 and/or diastolic

90 mmHg blood pressure, measured at two occasions, four hours to one week apart [124, 125]. Proteinuria was defined as a urine protein of ≥ 300 mg in a 24-hour urine collection, or two random urine specimens, obtained four hours to one week apart, showing $\geq 1+$ by dipstick [125, 126]. Gestational hypertension was defined as blood pressure $\geq 140/90$ mm Hg detected at >20 weeks of gestation without proteinuria, and without emergence of preeclampsia by 12 weeks' postpartum [47]. Delivery of SGA neonates was classified by birth weight <10 th percentile for gestational age at delivery according to a U.S. reference population and did not include co-occurring preeclampsia [120]. The diagnosis of PPROM was determined with a sterile speculum examination with documentation of either vaginal pooling or positive nitrazine or ferning tests. Spontaneous PTL was defined as the spontaneous onset of labor with intact membranes and delivery that occurred before the 37th week of gestation. Fetal death was defined as intrapartum or antepartum death of a fetus prior to delivery at 20 or more weeks of gestation, which was not a consequence of an induced termination of pregnancy [126].

Statistical analysis

The `quantreg` package [127, 128] under the R statistical environment [129] was used to fit locally weighted linear quantile regression models to estimate reference biomarker quantiles (i.e., centiles) as a function of gestational age at venipuncture, using information from women selected in the first stage of sampling who did not develop preeclampsia or deliver SGA newborns. A total of 100 models were fit to estimate quantiles for 100 equally spaced gestational ages occurring between the maximum and minimum observed values. Each model, for each specific gestational age estimate, used the entirety of data (i.e., measurements across all gestational ages); yet, different weights were used for each measurement in each model. The weights for each measurement were determined using a Gaussian distribution, so that it decreased exponentially as a function of the distance between the gestational age of each measurement and that for which the quantiles were estimated. The spread of the Gaussian distribution was set such that the weights of measurements that were three weeks away from the gestational age for which centiles were estimated were about 50% of that for measurements at the targeted gestational age. The resulting locally estimated centiles were then smoothed using a 5th-degree polynomial function of gestational age, to allow interpolation of the centiles at any desired value of gestational age.

Weighting was used to reflect the parent cohort: 723 of 747 patients with conditions identified in the parent cohort and over-selected into the case-cohort had venipuncture samples available, and these patients received a weight of 1.03; 776 of 3,259 patients without over-selected conditions were included in the case-cohort study, and these patients received a weight of 4.20. The sum of weighted frequencies is equal to the total sample size of the parent cohort ($n = 4,006$); 'n*' is used to denote weighted frequencies, whereas 'n' is used to denote unweighted frequencies.

Locally weighted regression models were fit for descriptive purposes to show between-group differences in biomarker concentration ratio (PIGF/sVEGFR-1) distributions expressed as a function of gestational age at venipuncture. These models were not weighted by inverse

sampling probability, since we wanted to show actual patient-specific biomarker profiles expressed as a function of gestational age, and thought it most appropriate that the accompanying group mean patterns directly characterize the observed patient-specific profiles [hence, confidence intervals (CI) are wider and, thus, more likely to overlap, indicating bias toward the null hypothesis—no association). Otherwise, analyses were performed with inverse probability weighting.

Generalized linear models with robust estimators of variance were fit to examine differences in biomarker ratios adjusting for potentially confounding factors. Proportions and 95% CIs or medians and interquartile ranges were calculated to describe categorical and arithmetic variables, respectively. Binomial and multinomial logistic regression models were fit to determine magnitudes of association. A positive likelihood ratio (LR+) was calculated as, sensitivity \div (1-specificity). A negative likelihood ratio (LR-) was calculated as (1-sensitivity) \div specificity. Statistical significance was defined using a 5% threshold for Type I error [i.e., $p < 0.05$ and 95% CI for magnitudes of association that do not include the null hypothesis (i.e., an odds ratio (OR) of 1.0)]. Statistical analyses were performed using SAS software, version 9.4 (SAS Institute, Cary, NC, USA) [130].

Results

Descriptive characteristics

The maternal plasma angiogenic index-1 concentration ratio was determined in 7,560 venipuncture samples collected across gestation from the 1,499 women included in this study (Figure 1). Descriptive characteristics of the case-cohort and the parent cohort study populations are presented in Table 1: 92% of patients selected into the case-cohort were identified as African American, 39% were nulliparous, and their median gestational age at delivery was 39.3 weeks, closely reflecting the distributions in the parent cohort (91%, 37%, and 39.1, respectively). Subsequent analyses used information from the case-cohort study population.

The prevalence of having 1, 2, or 3 or more placental lesions consistent with MVU was 15.9% ($n^* = 620/3904$), 4.3% ($n^* = 171.2/3904$), and 1.1% ($n^* = 42.7/3904$), respectively; Table 2 shows the specific lesions and clinical diagnoses of women in each of these groups. Increased syncytial knots and increased intervillous fibrin were the lesions consistent with MVU most frequently diagnosed among women with 2 or more of such histologic placental features.

Burden of histologic placental features consistent with MVU and gestational age at delivery

We first tested the hypothesis that an accumulating burden (i.e., increasing number) of MVU lesions in the placenta would be associated with increasing risk of early versus late preterm delivery. Table 3 shows the magnitudes of association (OR) between the number of histologic placental features consistent with MVU and gestational age at delivery. The greater the number of histologic features consistent with maternal vascular obstruction, the stronger the magnitude of association (OR) with having delivered preterm, particularly

before 34 weeks of gestation. Women whose placentas had three or more histologic features consistent with MVU were 2.8 (95% CI, 1.1–7), 13.4 (95% CI, 5.9–30), and 8.1 (95% CI, 2.4–28) times more likely than those without such features to have delivered preterm at 34.1–36.9, 28–34.0, or 20–27.9 weeks of gestation, respectively. Women with two placental features consistent with MVU were 1.8 (95% CI, 1.1–3), 4.9 (95% CI, 2.7–9), and 7.2 (95% CI, 3.8–14) more likely than those without such lesions to have delivered at 34.1–36.9, 28–34.0, or 20–27.9 weeks. Multivariable adjustment for maternal age, race, nulliparity, and pre-pregnancy body mass index did not appreciably alter the association between burden of MVU and gestational age at delivery (see Supplemental Table 2).

Angiogenic index-1 and MVU lesions in patients who deliver within 48 hours of venipuncture

To determine whether there was a relationship between angiogenic index-1 and the burden of placental lesions consistent with MVU, we first restricted the analysis to women who had blood samples collected within 48 hours of delivery to maintain a meaningful temporal relationship between maternal plasma concentrations of angiogenic and anti-angiogenic factors and histologic findings in the placenta. Of the 1,499 women in this study, 1,204 (80%) had samples obtained within 48 hours of delivery. The weighted proportions of these women who had 1, 2, or 3 or more lesions consistent with MVU were 16% ($n^* = 541.8/3327.6$), 4% ($n^* = 145.2/3327.6$), and 1.2% ($n^* = 38.6/3327.6$), respectively.

The odds of having 0, 1, 2, or 3 or more placental lesions comparing women with and without angiogenic index-1 ratios below the 10th reference quantile for gestational age within 48 hours of delivery differed significantly before 34 weeks and after 34 weeks of gestation, with and without multivariable adjustment for potential confounders ($p < 0.0001$ for both). Patients with angiogenic index-1 ratios below the 10th reference quantile for gestational age within 48 hours of delivery were 2 (95% CI, 1.3–4), 8 (95% CI, 5–15), 10 (95% CI, 4–24), and 17 (95% CI, 5–64) times more likely than those with higher ratios to deliver before 34 weeks with 0, 1, 2, or 3 or more placental lesions consistent with MVU, adjusting for maternal age, race, nulliparity, and pre-pregnancy body mass index. Figure 2 illustrates the weighted proportions of patients who delivered placentas with 0, 1, 2, or 3 or more MVU lesions before 34 weeks and after 34 weeks of gestation with angiogenic index-1 ratios below the 2.5th reference quantile for gestational age. The greater the number of MVU lesions, the higher the proportion of patients with low angiogenic index-1 ratios (Cochran-Armitage Trend Test; $p < 0.0001$ for both comparisons). The angiogenic index-1 ratio was below the 2.5th reference quantile for gestational age within 48 hours of delivery in 73% of patients with three or more lesions consistent with MVU who delivered before 34 weeks [$(n^* = 8.3/11.4$; 95% CI, 47%–98%), specificity, 94% ($n^* = 3130.9/3316.2$; 95% CI, 94%–95%); LR+, 12.2; LR– 0.29]. In contrast to women who delivered before 34 weeks, a smaller fraction of those who delivered after 34 weeks with MVU lesions had angiogenic index-1 ratios below the 2.5th reference quantile for gestation within 48 hours of delivery (Figure 2).

Plasma angiogenic index-1 concentration ratios and delivery of placentas with histologic features consistent with MVU before 34 weeks

Given the association between the increasing burden of MVU and early preterm delivery (i.e., before 34 weeks) and the association between low angiogenic index-1 ratios within 48 hours of delivery and the increasing burden of MVU, we sought to determine whether low mid-pregnancy angiogenic index-1 ratios are associated with higher risks of delivering placentas at <34 weeks with the increasing burden of MVU. Table 4 describes the relative odds of delivering placentas before 34 weeks of gestation with 0, 1, 2, or 3 or more histologic placental features consistent with MVU, comparing women with low (i.e., <2.5th or <10th reference quantile) to those with higher plasma angiogenic index-1 ratios at 20–23 weeks of gestation. The magnitude of association (OR) with a low angiogenic index-1 strengthened with increasing numbers of histologic indicators of MVU in the placenta (i.e., dose-response association). Women with biomarker ratios below the 10th reference quantile at 20–23 weeks of gestation were 6.6 (95% CI, 3.7–12), 7.4 (95% CI, 3–18), and 19 (95% CI, 5–73) times more likely than those with higher ratios to deliver placentas before 34 weeks with 1, 2, or 3 or more placental features consistent with MVU, respectively. Multivariable adjustment for potential confounders did not meaningfully alter the estimated magnitudes of association (Supplemental Table 3). When excluding women who developed preeclampsia or delivered an SGA newborn, those with low compared to high biomarker ratios were still significantly more likely to deliver a placenta before 34 weeks with features consistent with MVU (OR, 4.4; 95% CI, 2.3–8.5), but not without placental features consistent with MVU (OR, 1.4; 95% CI, 0.7–2.9).

The specific lesions consistent with MVU most strongly associated with low angiogenic index-1 at 20–23 weeks of gestation were recent villous infarct, distal villous hypoplasia, and acute atherosclerosis of the basal plate arteries and/or decidual arterioles (Supplemental Table 4). These three lesions were also more common among those with three or more histologic features consistent with MVU who delivered before 34 weeks as compared to those who delivered after 34 weeks [recent villous infarct: 27%, $n^* = 3.1/11.4$ versus 7%, $n^* = 2.1/31.3$; distal villous hypoplasia: 55%, $n^* = 6.2/11.4$ versus 3%, $n^* = 1/31.3$; and acute atherosclerosis of the basal plate arteries and/or decidual arterioles: 36%, $n^* = 4.1/11.6$ versus 23%, $n^* = 7.3/31.3$].

Women who delivered placentas with 1, 2, or 3 or more histologic features consistent with MVU before 34 weeks had plasma angiogenic index-1 concentration ratios around the expected median before 15 weeks of gestation (Figure 3A). By contrast, at 20–23 weeks, 70% of patients with samples in this interval who delivered placentas with 3 or more features consistent with MVU before 34 weeks had biomarker ratios below the 2.5th reference quantile (Figure 3B) ($n^* = 7.2/10.3$; 95% CI, 42%–98%]; specificity, 97% [$n = 2831.3/2918$; 95% CI, 96%–98%]; LR+, 23; LR–, 0.31). No patient who delivered a placenta before 34 weeks with three or more histologic indicators of MVU had sVEGFR-1 concentrations below the 2.5th reference quantile, and only half had PIGF concentrations below the 2.5th reference quantile. The pattern of association between angiogenic index-1 at 24–28 weeks and subsequent delivery of placentas before 34 weeks with two MVU features was similar to the pattern observed at 20–23 weeks for patients whose placenta had three or

more MVU lesions: 63% ($n^* = 10.3/19.6$; 95% CI, 31%–75%) of women who delivered a placenta with two MVU lesions before 34 weeks of gestation had an angiogenic index-1 below the 10th reference quantile (Figure 3C), and 53% ($n^* = 10.3/19.6$; 95% CI, 31%–74%) had ratios below the 2.5th reference quantile for gestational age. None of the patients who delivered a placenta before 34 weeks with two MVU lesions had sVEGFR-1 concentrations below the 2.5th reference quantile, and 47% had PIGF concentrations below the 2.5th reference quantile.

Plasma angiogenic index-1 concentration ratios and delivery of placentas with histologic features consistent with MVU at 34 weeks

The profile of angiogenic index-1 ratios also differed over time among patients who delivered at 34 weeks of gestation as a function of the burden of lesions consistent with MVU (Figure 4A). Two parameters can be used to describe the angiogenic index-1 ratio profile: the magnitude of the peak and the gestational age at which such a peak occurs. Patients without MVU lesions reached a peak of the ratio of angiogenic index-1 of 1.0 at 30 weeks of gestation. In contrast, patients with one or two lesions had a mean peak ratio of 0.77 observed at 28 weeks. Patients with three or more MVU lesions reached a lower peak ratio (0.62) at an earlier gestational age (27 weeks). Figures 4B and 4C display serial measurements for patients who had three or more, or one to two, placental lesions consistent with MVU, respectively; by comparing Figures 3B and 4B, and by comparing Figures 3C and 4C, it is apparent that the decrease in angiogenic index-1 occurs later in gestation in patients who deliver at 34 weeks than in those who deliver before 34 weeks.

Plasma angiogenic index-1 concentration ratios among patients without obstetrical complications who delivered a placenta at term with and without histologic features consistent with MVU

Lastly, to determine whether angiogenic index-1 ratios reflect the burden of MVU among women without clinical diagnoses, we examined differences in patients with and without such lesions in two sub-cohorts: 1) among women without major obstetrical complications ($n = 560$, $n^* = 2323.4$), and 2) further restricting the analysis to women without any obstetrical complications or other medical conditions ($n = 111$, $n^* = 466.2$). Major pregnancy complications warranting exclusion from the first sub-cohort included the following: PTL, PPROM, SGA, preeclampsia, eclampsia/HELLP syndrome, fetal death, acute pyelonephritis, placental abruption, gestational hypertension, and gestational or pre-diabetes mellitus. The second sub-cohort was restricted to women who met the following conditions: absence of any obstetrical complications throughout gestation; absence of chronic disease (e.g., chronic hypertension, diabetes, kidney disease, thyroid disease, asthma, autoimmune disease, coagulopathies); absence of active infection (i.e., sexually transmitted diseases or clinical chorioamnionitis); and no illicit drug use (narcotics, barbiturates or opiates).

Among women without major obstetrical complications (Figure 5A), the mean angiogenic index-1 ratios were significantly lower after 30 weeks of gestation among women with term deliveries whose placentas would have one or more versus no histologic placental features consistent with MVU, as indicated by non-overlapping CIs from 30–38 weeks of gestation.

A generalized linear model with inverse sampling probability weighting showed that angiogenic index-1 ratios remained lower from 30 weeks of gestation onward among women with rather than those without lesions consistent with MVU ($p = 0.003$), adjusting for maternal age, race, nulliparity, and pre-pregnancy body mass index. Figure 5B shows that a consistent pattern was observed when the analysis was further restricted to patients who had neither obstetrical nor other medical complications (i.e., non-overlapping CIs from 30–35 weeks of gestation; $p < 0.05$ in inverse sampling probability weighted analysis testing whether biomarker ratios were lower from 30 weeks of gestation onward among women with rather than without MVU lesions).

Comment

Principal findings

The central finding of this study is that maternal plasma concentrations of angiogenic index-1 (PIGF/sVEGFR-1) reflect the burden of lesions consistent with MVU in the placenta. This is the first report of a biomarker measured in maternal plasma that can identify patients who will deliver a placenta before 34 weeks of gestation with an accumulation of these specific lesions, irrespective of clinical diagnosis. Importantly, the PIGF/sVEGFR-1 ratio (or angiogenic index-1 ratio) can identify such patients in advance of early preterm delivery, and this has potential diagnostic, prognostic, and therapeutic value.

An abnormal angiogenic/anti-angiogenic profile in maternal blood, pregnancy complications, and MVU

There is a growing body of evidence indicating that an imbalance in maternal plasma concentrations of angiogenic and anti-angiogenic factors is characteristic of a substantial fraction of women who have or will develop preeclampsia [44, 97–107, 110, 111, 130–168], fetal death [114, 115, 169–173], SGA [64, 102–104, 117, 173–178], massive perivillous fibrin deposition [115, 178], twin-to-twin transfusion syndrome [118, 179, 180], and mirror syndrome [181]. We have also found significant differences in angiogenic marker distributions among uncomplicated pregnancies and those who are or will be affected by spontaneous PTL with intact membranes [112]. Histologic placental features consistent with MVU are also more common among women with such conditions, particularly those with preeclampsia who deliver before 34 weeks of gestation [40, 41, 182]. These histologic features are also found in placentas delivered by women with spontaneous PTL with intact membranes or PPROM [50, 88–92]. It is possible that extensive lesions predispose to reduced perfusion of the intervillous space, ischemia, and compensatory maternal hypertension, whereas less extensive lesions consistent with MVU that are insufficient to induce maternal hypertension may predispose to PTL/preterm delivery [22]. In this view, both PTL with intact membranes and PPROM might involve subgroups formed according to vascular pathways, infection, or both [88, 183]. Indeed, maternal vascular obstructive lesions, bleeding/vessel integrity, and lack of physiologic conversion of maternal spiral arteries might constitute or interact in pathways to both spontaneous and indicated preterm delivery [93].

In this longitudinal case-cohort study, we examined the relationship between maternal plasma angiogenic/anti-angiogenic factor concentration ratios and the presence or accumulation of histologic placental features consistent with MVU. We found two compelling dose-response relationships: 1) the greater the number of MVU lesions, the stronger the association with early preterm delivery (i.e., <34 weeks), and 2) low mid-trimester maternal plasma angiogenic index-1 concentration ratios (i.e., <10th or <2.5th reference quantiles) were strongly associated with increasing odds of delivering placentas before 34 weeks with 1, 2, or 3 or more histologic features consistent with MVU. Moreover, we found significant differences in distributions of plasma angiogenic index-1 concentration ratios among women with compared to those without such histologic features in placentas delivered at term, even when excluding women with any obstetrical complication or other medical conditions. Maternal plasma angiogenic index-1 concentration ratios thus seem to reflect the burden of uteroplacental vasculopathy indicated by histologic examination of the placenta, irrespective of clinical diagnosis. The time order between changes in plasma angiogenic index-1 concentration ratios and placental features consistent with maternal vasculopathy, however, remains to be determined.

Our results are consistent with evidence suggesting different histologic features related to placental disease in early versus late gestations [43, 65, 184, 185]. The results of this study also support the view that angiogenic markers reflect pathways to preterm delivery that do and do not relate to preeclampsia [186].

Strengths and weaknesses

The major strength of this study is the use of a prospective nested longitudinal case-cohort design that allowed inclusion of all 4,006 women in the parent cohort who developed major pregnancy complications of interest. Another strength is that the placentas of women without indications underwent histologic examination by pediatric pathologists blinded to clinical information and pregnancy outcome, unlike in most centers. Limitations include that some patients with venipuncture samples collected in less than three of seven gestational intervals who were ineligible for the first sampling stage possibly introduced bias. However, we included a complete census of all patients in the parent cohort who developed any of the “great obstetrical syndromes,” regardless of the number of samples available, and the reference population was selected irrespective of pregnancy outcome, reducing the chance of differential selection bias. Limitations rooted in missing data, the number of patients whose placentas had three or more histologic features consistent with uteroplacental underperfusion, unknown generalizability to dissimilar socio-demographic populations, and the inability to discern causation from association are also acknowledged.

Conclusion

Maternal plasma angiogenic index-1 (PIGF/sVEGFR-1) reflects the burden of placental lesions consistent with MVU. We propose that an accumulation of these lesions in placentas delivered before 34 weeks is a histologic counterpart of an anti-angiogenic profile.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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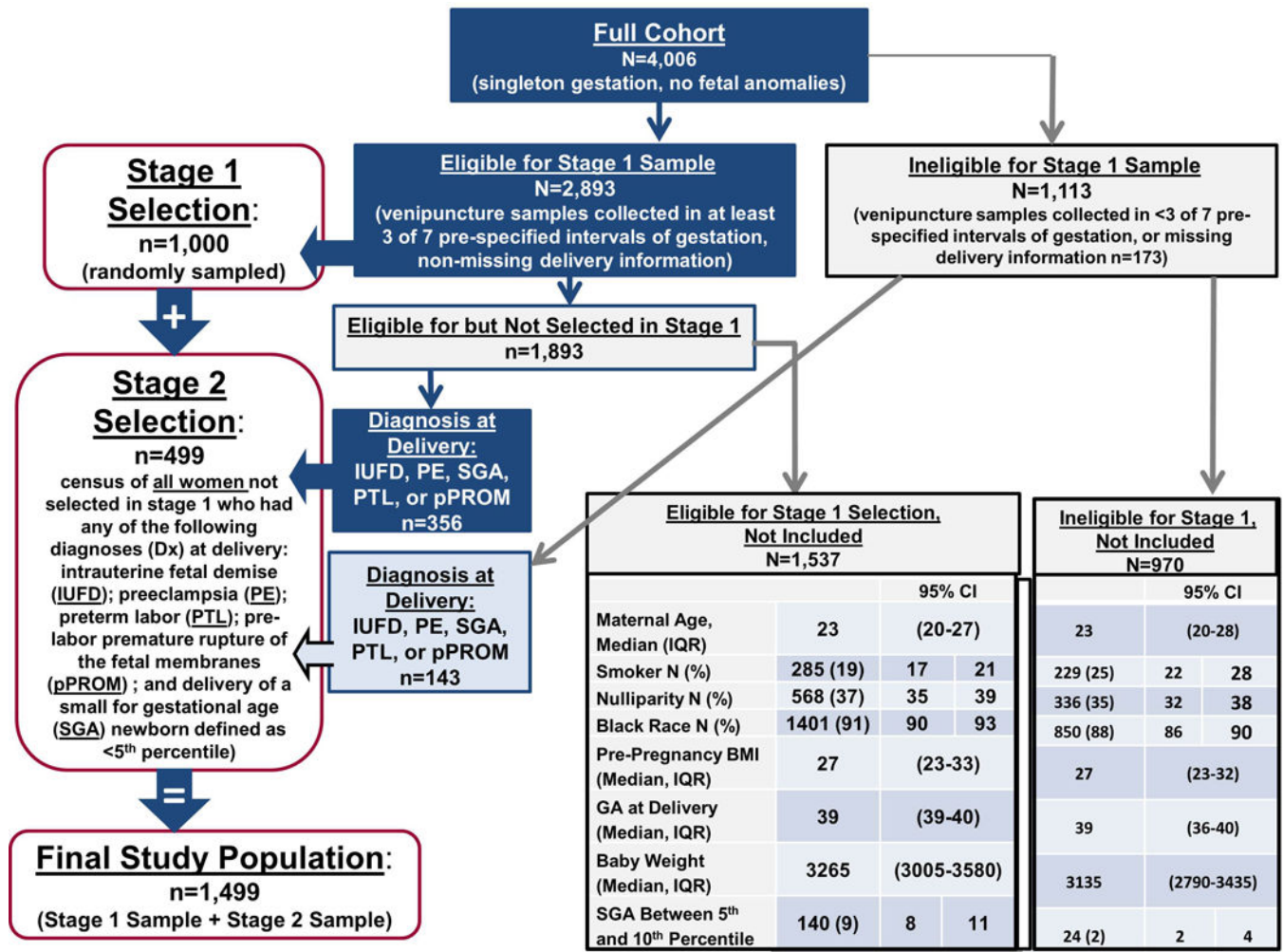


Figure 1. Flow diagram describing selection of participants
Flow diagram describing the two-stage selection of study participants.
BMI: body mass index; CI: confidence interval; GA: gestational age; IQR: interquartile range.

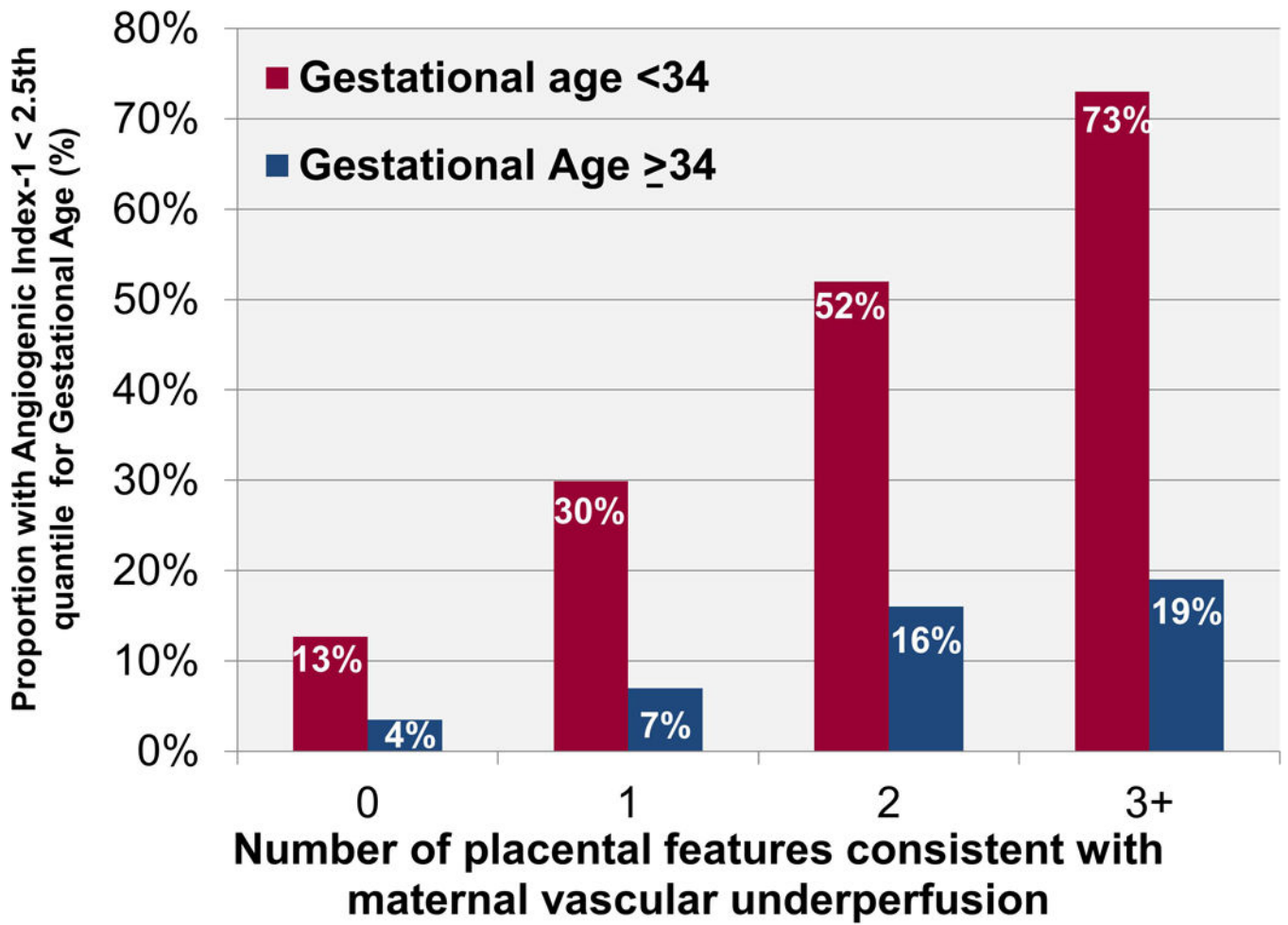


Figure 2. Proportion with low biomarker ratios who do and do not deliver before 34 weeks by number of placental malperfusion features

Weighted percentage of patients who delivered placentas <34 weeks and at ≥34 weeks of gestation with 0, 1, 2, or 3 or more histologic placental features consistent with maternal vascular underperfusion with angiogenic index-1 ratios within 48 hours of delivery below the 2.5th reference quantile for gestational age.

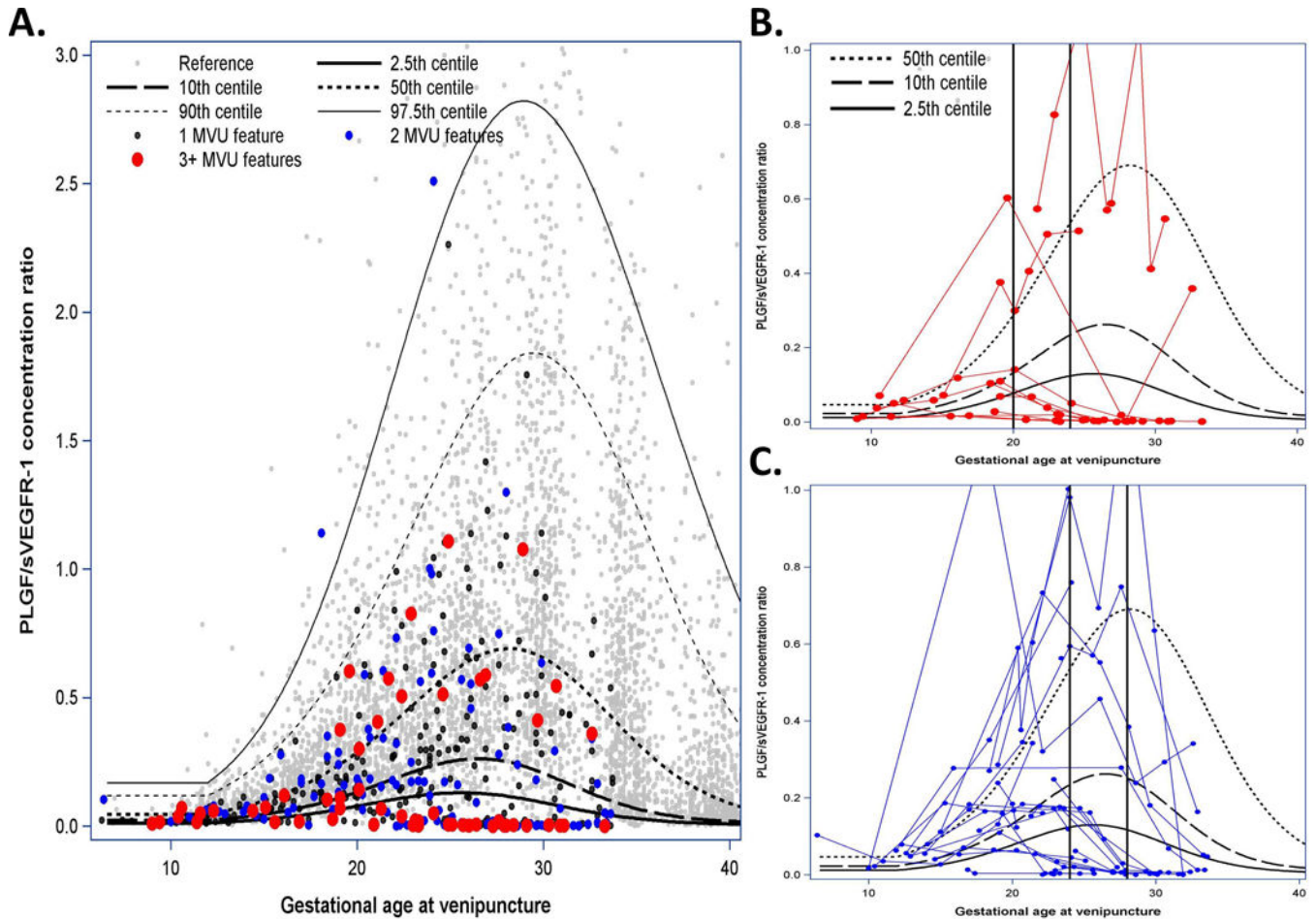


Figure 3. Biomarker ratios of patients with multiple placental lesions who deliver before 34 weeks

Angiogenic index-1 [placental growth factor (PIGF)/soluble vascular endothelial growth factor receptor-1 (sVEGFR-1)] concentration ratios among women destined to deliver a placenta before 34 weeks of gestation with 1, 2, or 3 or more histologic features consistent with maternal vascular underperfusion (MVU). Vertical axis represents the maternal plasma PIGF/sVEGFR-1 ratio concentration; horizontal axis represents gestational age at venipuncture; black lines represent estimated reference population quantiles for gestational age at venipuncture; and light gray dots represent reference population measurements. **A.** Black, blue, and red dots represent biomarker ratio concentrations of patients destined to deliver a placenta before 34 weeks of gestation with 1, 2, or 3 or more histologic features consistent with MVU. **B.** Red lines describe patient-specific profiles over time for patients who delivered a placenta before 34 weeks with 3 or more histologic features consistent with MVU. **C.** Blue lines indicate patients delivering a placenta before 34 weeks with 2 such histologic features. Vertical black lines are provided for reference pertaining to descriptions in the main text.

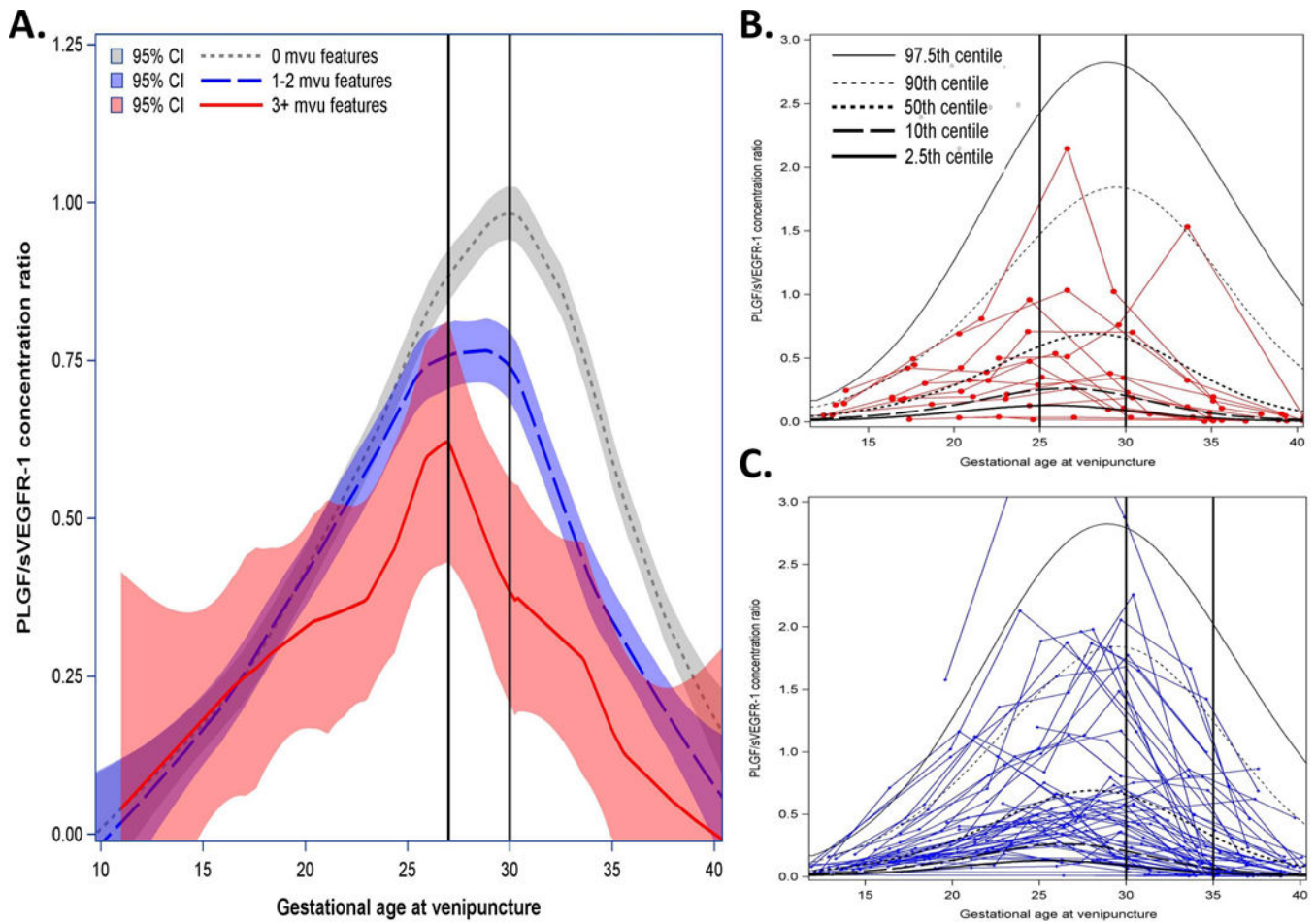


Figure 4. Biomarker ratios of patients with multiple placental lesions who deliver > 34 weeks
 Mean maternal plasma angiogenic index-1 [placental growth factor (PIGF)/soluble vascular endothelial growth factor receptor-1 (sVEGFR-1)] concentration ratios with 95% confidence intervals (CI) estimated by locally weighted regression as a function of gestational age at venipuncture and patient-specific profiles for those who delivered a placenta with **B**, 3, or **C**, 2 maternal vascular underperfusion (MVU) features. Vertical axis represents the maternal plasma PIGF/sVEGFR-1 ratio concentration; horizontal axis represents gestational age at venipuncture. **A.** Estimated mean biomarker ratio for women who deliver a placenta at >34 weeks with 0, 1–2, or 3 histologic features consistent with MVU. **B.** Red lines show patient-specific profiles over time for patients who delivered a placenta > 34 weeks with 3 histologic features consistent with MVU. **C.** Blue lines for patients delivering placentas > 34 weeks with 2 such histologic features. Vertical black lines are provided for reference pertaining to descriptions in the main text.

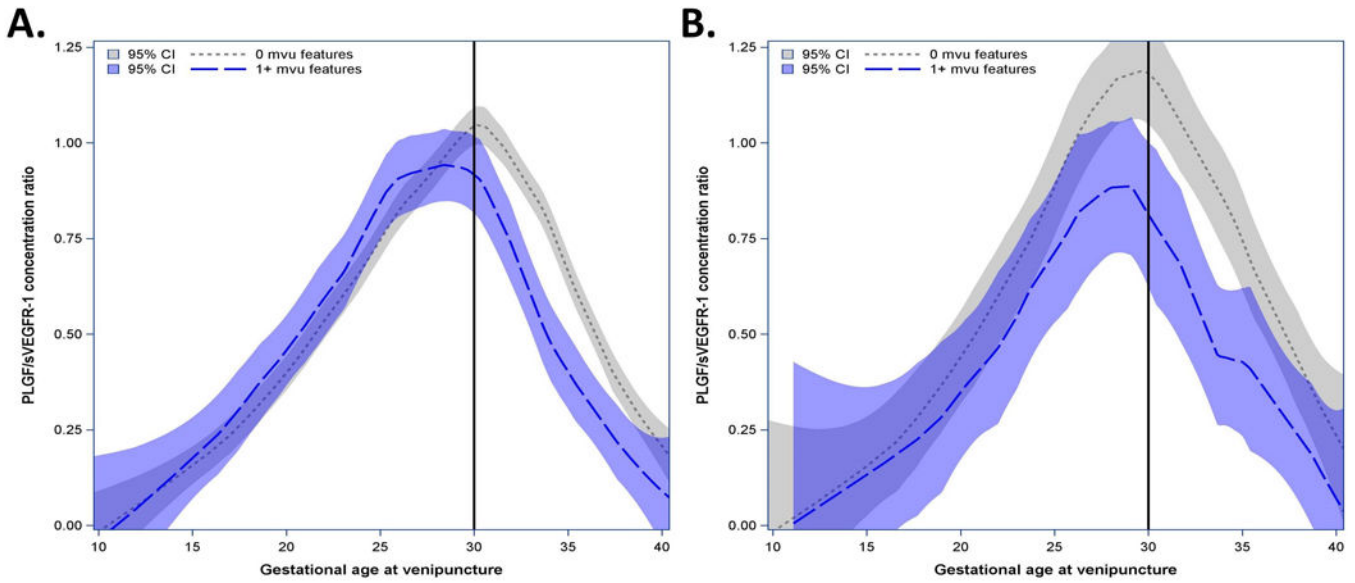


Figure 5. Biomarker ratios of patients delivered at term without complications who did or did not have placental lesions

Mean maternal plasma angiogenic index-1 [placental growth factor (PIGF)/soluble vascular endothelial growth factor receptor-1 (sVEGFR-1)] concentration ratios with 95% confidence intervals (CI) estimated by locally weighted regression as a function of gestational age at venipuncture for patients without major obstetrical complications. Vertical axis represents the maternal plasma PIGF/sVEGFR-1 ratio concentration; horizontal axis represents gestational age at venipuncture. **A.** Estimated mean biomarker concentration ratios for women who deliver at term without major complications with and without histologic features consistent with maternal vascular underperfusion (MVU). **B.** After excluding patients with any obstetrical or other medical conditions across gestation.

Table 1

Descriptive characteristics of the study population

	Stage 1 random sample	Stage 2 over-sample	Weighted case-cohort ^a	Parent cohort
Descriptive Characteristic	(n = 1,000)	(n = 499)	(n = 1,499)	(n = 4,006)
Age, y, median (IQR)	23 (20–27)	23 (20–28)	23 (20–27)	23 (20–27)
African American race	93% (n = 27)	93% (n = 463)	92% (n* = 3700)	91% (n = 3641)
Nulliparity	38% (n = 384)	39% (n = 195)	39% (n* = 1,545)	37% (n = 1483)
Pre-pregnancy BMI, median (IQR)	26.6 (22.5–32.5)	26.8 (22.7–32.5)	26.8 (22.6–32.6)	26.8 (22.6–32.4)
Any tobacco smoking during pregnancy	21% (n = 207)	25% (n = 124)	20% (n* = 801)	22% (n = 845)
PTL with intact membranes	7% (n=65)	28% (n=137)	5% (n=209.7)	5% (n=209)
PPROM	3% (n=34)	16% (n=78)	3% (n*=115.7)	3% (n=115)
Preeclampsia	8% (n=77)	30% (n=147)	6% (n*=231)	6% (n=224)
SGA newborn	15% (n=149)	37% (n=185)	14% (n*=541)	13% (n=502)
Gestational hypertension	9% (n=94)	5% (n=26)	10% (n*384)	8% (n=341)
GA at delivery, wk, median (IQR)	39.1 (37.9–40.1)	36.4 (33.6–38.4)	39.3 (38–40.3)	39.1 (37.7–40.1)
Birthweight, g, median (IQR) 3170	3170 (2792–3482)	2370 (1800–2745)	3190 (2830–3490)	3150 (2765–3475)

^a n* denotes weighting to reflect the parent cohort.

BMI: body mass index; GA: gestational age; IQR: interquartile range; PPROM: preterm prelabor rupture of the membranes; PTL: preterm labor; SGA: small for gestational age.

Column proportions or median plus IQR ranges are reported.

Table 2

Characteristics of patients who deliver a placenta with 0, 1, 2, or 3 placental features consistent with MVU

Histologic placental feature/clinical diagnosis	No. of MVU features identified			
	0	1	2	3
	n* = 3070	n* = 620	n* = 171	n* = 43
	%	%	%	%
<i>Villous changes</i>				
Remote villous infarct, n* = 60.5	—	5.4	9.1	26.8
Recent villous infarct, n* = 32.3	—	2.4	7.3	12.1
Increased syncytial knots, n* = 356.2	—	30.5	76.3	85.3
Villous agglutination, n* = 43.4	—	1.5	13.4	26.9
Increased intervillous fibrin, n* = 260	—	22.4	58.0	44.0
Distal villous hypoplasia, n* = 14.5	—	0.3	3.0	16.9
<i>Vascular lesions</i>				
Persistent muscularization of the basal plate arteries, n* = 223.7	—	29.0	13.4	48.9
Mural hypertrophy of the decidual arterioles, n* = 61.6	—	5.1	11.6	24.4
Acute atherosclerosis of the basal plate arteries and/or decidual arterioles, n* = 45.98	—	3.4	7.9	26.8
<i>Clinical diagnosis at delivery</i>				
Preeclampsia, n* = 231.4	4.0	8.0	16.9	48.4
Small for gestational age, n* = 541.1	10.9	19.5	26.7	46.1
Preterm labor with intact membranes, n* = 209.7	4.5	7.7	6.0	4.8
Preterm prelabor rupture of the membranes, n* = 115.7	2.6	3.5	4.2	0.0
Fetal death, n* = 24.8	0.4	1.3	1.8	4.8

n* Denotes weighted frequencies; column proportions are reported; the higher the proportion, the more frequent the characteristic was identified among women in each column.

MVU: maternal vascular underperfusion.

Table 3
Magnitudes of association between gestational interval at preterm delivery and the number of histologic placental features consistent with maternal vascular underperfusion

No. of histologic features consistent with MVU, n	GA 20–27.9 weeks n* = 80.7		GA 28–33.9 weeks n* = 133.4		GA 34–36.9 weeks n* = 292.3	
	OR	(95% CI)	OR	(95% CI)	OR	(95% CI)
0 (n*=3070)	1			reference		
1 (n*=620)	2.7	(1.6–4.7)	3.4	(2.3–5)	1.6	(1.2–2.2)
2 (n*=171.2)	7.2	(3.8–14)	4.9	(2.7–8.8)	1.8	(1.1–3.1)
3 (n*=42.7)	8.1	(2.4–28)	13.4	(5.9–30)	2.8	(1.1–7)

n* denotes weighted frequencies; the reported magnitudes of association (OR) were calculated using a multinomial logistic regression model that estimates the relative odds of delivering placentas before 34 weeks of gestation with 0, 1, 2, or 3 lesions consistent with MVU (i.e., reference is delivery 34 weeks) comparing women with low angiogenic index-1 ratios to those with higher ratios determined at 20–23 weeks of gestation. CIs that do not include “1.0” are statistically significant.

CI: confidence interval; GA: gestational age; MVU: maternal vascular underperfusion; OR, odds ratio.

Magnitudes of association between plasma angiogenic index-1 (PIGF/sVEGFR-1) concentration quantile at 20–23 weeks of gestation and delivery of placentas before 34 weeks of gestation with 0, 1, 2, or 3 histologic features consistent with MVU

Table 4

	Gestational age at delivery before 34 weeks with					
	0 MVU	1 MVU	2 MVU	3 MVU		
	n* = 77.6	n* = 46.6	n* = 19.6	n* = 10.3		
Angiogenic index-1 ratio	OR	(95% CI)	OR	(95% CI)	OR	(95% CI)
10 th quantile n* = 348	1.4	(0.7–2.7)	6.6	(3.7–12)	7.4	(3.0–18)
10 th quantile n* = 2580.3	1	Reference				
2.5 th quantile n* = 93.8	1.6	(0.5–5.2)	7.2	(3.1–16)	18	(6.7–48)
2.5 th quantile n* = 2834.4	1	Reference			91	(24–352)

Cis that do not include “1.0” are statistically significant.

CI: confidence interval; MVU: maternal vascular underperfusion; OR: odds ratio; PIGF: placental growth factor, sVEGFR-1: soluble vascular endothelial growth factor receptor-1.