

HHS Public Access

Author manuscript *J Biomech*. Author manuscript; available in PMC 2019 February 08.

Published in final edited form as: *J Biomech.* 2018 February 08; 68: 43–50. doi:10.1016/j.jbiomech.2017.12.007.

Fluid-Structure Interaction Models Based on Patient-Specific IVUS at Baseline and Follow-Up for Prediction of Coronary Plaque Progression by Morphological and Biomechanical Factors: A Preliminary Study

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Abstract

Plaque morphology and biomechanics are believed to be closely associated with plaque progression. In this paper, we test the hypothesis that integrating morphological and biomechanical risk factors would result in better predictive power for plaque progression prediction. A sample size of 374 intravascular ultrasound (IVUS) slices was obtained from 9 patients with IVUS follow-up data. 3D fluid-structure interaction models were constructed to obtain both structural stress/strain and fluid biomechanical conditions. Data for eight morphological and biomechanical risk factors were extracted for each slice. Plaque area increase (PAI) and wall thickness increase (WTI) were chosen as two measures for plaque progression. Progression measure and risk factors were fed to generalized linear mixed models and linear mixed-effect models to perform prediction and correlation analysis, respectively. All combinations of eight risk factors were exhausted to identify the optimal predictor(s) with highest prediction accuracy defined as sum of sensitivity and specificity. When using a single risk factor, plaque wall stress (PWS) at baseline was the best predictor for plaque progression (PAI and WTI). The optimal predictor among all possible combinations for PAI was PWS + PWSn + Lipid percent + Min cap thickness + Plaque Area (PA) + Plaque Burden (PB) (prediction accuracy=1.5928) while Wall Thickness (WT) + Plaque Wall Strain (PWSn) + Plaque Area (PA) was the best for WTI (1.2589).

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Conflict of interest: The Authors disclose that they have no conflicts of interest.

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This indicated that PAI was a more predictable measure than WTI. The combination including both morphological and biomechanical parameters had improved prediction accuracy, compared to predictions using only morphological features.

Keywords

Coronary; Fluid; structure interaction; Plaque progression; IVUS; Follow-up study

1. Introduction

Atherosclerotic plaque progression and rupture involve complex biological, biochemical, biomechanical and pathological processes, etc. (Stary et al., 1995; Virmani et al., 2000; Ku et al., 1985; Tang et al. 2009). The pioneering works of Fry, Caro, Ku, Giddens, Friedman and Malek, among others, showed that initiation of atherosclerosis process correlates positively with low and oscillating flow shear stress (Fry et al., 1968; Caro et al., 1971, Ku et al., 1985; Giddens et al., 1993; Friedman et al., 1987; Malek et al., 1999). However, the mechanism governing advanced plaque progression has not been fully understood (Tang et al., 2014). Loree et al., Ohayon et al., Gijsen et al., our group and other groups have conducted studies on assessing plaque vulnerability from both biomechanical and morphological perspectives for coronary and carotid arteries (Loree et al., 1992; Ohayon et al., 2008; Wang et al. 2015a; Gijsen et al., 2015). Glagov et al. investigated coronary vessel enlargement and lumen narrowing processes occurring in coronaries during plaque growth using histological human coronary sections from 136 hearts (Glagov et al., 1987). It should be noted that most of the earlier studies were based on one-time plaque data, while plaque progression needs to be quantified using patient follow-up data (at least two observations).

Several groups have made great effort to find the potential indicator to predict the plaque development over time. Results from the PROSPECT study (n=697) showed that nonculprit lesions associated with recurrent events were more likely to have plaque burden of 70% or greater than those not associated with recurrent events (p < 0.001) (Stone GW et al., 2011). From the PREDICTION study, Stone PH et al. concluded that progressive plaque enlargement and lumen narrowing could be predicted independently by baseline large plaque burden and low endothelial shear stress (Stone PH et al., 2012). In an IVUS-based follow-up study with 20 patients recruited, Samady et al. divided IVUS slices into low, intermediate and high wall shear stress (WSS) groups. They reported that the low-WSS group developed significant progression in plaque area and necrotic core, whereas the high-WSS group had progression of necrotic core but regression of fibrous and fibro-fatty tissue (Samady et al., 2011). Following a similar method, Corban et al. found that the group with baseline plaque burden >40% and WSS <10 dyn/cm² had significantly greater change in plaque area at follow-up $(0.68\pm1.05 \text{ mm}^2)$, compared to the group with plaque burden >40% and WSS >10dyn/cm² (Corban et al., 2014). Using a multi-level modeling approach, Sakellarios et al. claimed endothelial shear stress and low-density lipoprotein had a significant correlation with the changes in plaque area, therefore these factors had the potential to predict the regions that are prone to plaque progression (Sakellarios et al., 2017). Most of the studies in the literature (with a few exceptions) focused on flow shear stress and did not take the effect

of structural mechanical conditions on plaque development into consideration (Maurice RL et al., 2004). For this reason, our group has published preliminary results on plaque progression using wall thickness and the mechanical conditions from the fluid-structure interaction (FSI) models (Wang et al, 2015b). Even though most existing studies focus on the relationship between plaque progression and morphological features, we conjecture that integrating all possible risk factors including morphological and biomechanical factors from plaque structure and blood flow would result in better predictive power for plaque progression prediction.

In this paper, follow-up intravascular ultrasound (IVUS) coronary plaque data were acquired from 9 patients and IVUS-based FSI models with cyclic bending were constructed to obtain data for eight selected key plaque morphological and biomechanical parameters including wall thickness (WT), plaque wall stress (PWS), plaque wall strain (PWSn), wall shear stress (WSS), lipid percent, min cap thickness, plaque area (PA) and plaque burden (PB). All possible combinations of these risk factors were fed into generalized linear mixed models (GLMM) to predict plaque progression in two measures: wall thickness increase (WTI), plaque area increase (PAI). All possible combinations were tested to identify the optimal predictor with highest prediction accuracy defined as the sum of prediction sensitivity and specificity for each measure. Correlation analyses were performed between plaque progression and risk factors using linear mixed-effect models (LME).

2. Data, Method and Model

2.1. Data acquisition and processing

IVUS with virtual histology (IVUS-VH) coronary plaque data were acquired from 9 patients (Mean age: 59, 7 males) with one-time follow-up (follow-up time span 6-12 months, median 9 months) at Cardiovascular Research Foundation (New York, NY) with informed consent obtained (the PROSPECT study, Stone GW et at., 2011). Patient demographical information are provided by Table 1. Data acquisition procedures were described previously in (Wang et al. 2015a, 2015b). X-ray angiogram (Allura Xper FD10 System, Philips, Bothel, WA) was obtained at both scans to show the location of the coronary artery stenosis, vessel curvature and cyclic bending caused by heart contraction. VH-IVUS data provides maps of lipid, calcification, and fibrotic tissues. Fusion of IVUS data and X-ray angiography to reconstruct 3D blood vessel geometry were performed after the segmentation and co-registration of the one-by-one paired slices at baseline and follow-up using information from angiography, location of myocardium, vessel bifurcation, stenosis and plaque components following established procedures (Wang et al, 2015b). Figure 1 gives one sample with selected registered IVUS-VH images and segmented contours at baseline and follow-up, angiography, and vessel sagittal view with maximum and minimum curvatures demonstrating cyclic bending.

2.2. The fluid-structure interaction (FSI) model

In vivo IVUS-based 3D FSI models with anisotropic material properties and pre-shrinkstretch process were constructed for each coronary plaque to obtain plaque stress, strain and flow wall shear stress conditions. Blood flow was assumed to be laminar, Newtonian (Yang

et al., 2007; Kari et al., 2017), and incompressible. The Navier-Stokes equations with arbitrary Lagrangian-Eulerian (ALE) formulation were used as the governing equations. The structure model included equilibrium equations (equation of motion), the nonlinear Cauchy-Green strain-displacement relation and Mooney-Rivlin material properties. Pulsating pressure conditions were prescribed at the inlet and outlet of the vessel. No-slip boundary conditions were imposed on the fluid-vessel interface. Other boundary conditions were prescribed to the appropriate interfaces to recover the physiological conditions and cyclic bending movement of coronary (Yang et al., 2009).

2.3 The Mooney-Rivlin material model

The vessel tissue was assumed to be hyperelastic, anisotropic, nearly-incompressible and homogeneous. Plaque components (lipid core and calcification) were assumed to be hyperelasic, isotropic, nearly-incompressible. A modified Mooney-Rivlin material model was used to describe the material properties of vessel tissue with the strain energy density function given below (Holzapfel et al., 2000):

$$W=W_{iso}+W_{aniso}$$
. (1)

$$W_{iso} = c_1(I_1 - 3) + c_2(I_2 - 3) + D_1[\exp(D_2(I_1 - 3)) - 1].$$
(2)

$$W_{aniso} = K_1/2K_2 \{ \exp[K_2(I_4 - 1)^2 - 1] \}.$$
 (3)

$$I_1 = \sum C_{ii}, \quad I_2 = 1/2 [I_1^2 - C_{ij} C_{ij}], \quad (4)$$

where I₁ and I₂ are the first and second invariants of right Cauchy-Green deformation tensor **C** defined as $C=[C_{ij}] = \mathbf{X}^T \mathbf{X}$, $\mathbf{X}=[\mathbf{X}_{ij}] = [\mathbf{x}_i/\mathbf{a}_j]$, (x_i) is current position, (a_i) is original position, $I_4 = C_{ij}(\mathbf{n}_c)_i(\mathbf{n}_c)_j$, \mathbf{n}_c is the unit vector in the circumferential direction of the vessel, c₁, c₂, D₁, D₂, and K₁ and K₂ are material constants determined by fitting the biaxial testing experimental data using a two-step square-least method. The parameters for the vessel (fibrous tissue) used in this paper were: c₁= -1312.9 kPa, c₂=114.7 kPa, D₁=629.7 kPa, D₂=2.0, K₁=35.9 kPa, K₂=23.5. The parameters used for lipid and calcification are: Lipid: c₁= 0.5 kPa, c₂=0 kPa, D₁=0.5 kPa, D₂=1.5; Ca: c₁= 92 kPa, c₂=0 kPa, D₁=36 kPa, D₂=2.0. Material parameters were used in our previous publications and are also consistent with data available in the literature (Holzapfel et al., 2000; Kural et al., 2012; Yang et al., 2009; Teng et al., 2014).

2.4. Mesh construction and solution method

Patient-specific plaque models were constructed at both baseline and follow-up and solved by ADINA (Adina R&D, Watertown, MA) to obtain mechanical conditions including plaque wall stress (PWS), plaque wall strain (PWSn) and wall shear stress (WSS) (Bathe et al., 2002). Details about our pre-shrink-stretch model construction process and componentfitting mesh generation technique can be found in (Yang et al., 2009).

2.5 Data extraction for morphological and biomechanical factors

Three hundred and seventy-four IVUS slices from 9 patients (baseline and follow-up matched) were used to extract data for morphological and biomechanical factors for analyses. Each slice was divided into 4 quarters with each quarter containing 25 evenly-spaced nodal points on the lumen, each lumen nodal point was connected to a corresponding point on vessel outer-boundary. The length of the connecting line is defined as the wall thickness at the nodal point. Cap thickness at a lumen point is the shortest distance between the lumen point and lipid contour the cap is covering. The minimum of the cap thickness (wall thickness if the connecting line does not pass lipid) among the 100 nodal points was denoted as the min cap thickness of the slice. Figure 2 gives a sketch of the definitions of these morphological features. The area of lipid within each slice was recorded as lipid area. Plaque area (PA) is defined as the area between lumen and out-boundary. Plaque burden (PB) is given by:

Plaque burden=(plaque area)/(plaque area+lumen area). (5)

Lipid percent for each slice was also calculated:

Lipid percent=lipid area/plaque area. (6)

Average values of PWS, PWSn and WSS over 100 nodal points for each slice were calculated and used in our analyses. Data for the eight morphological and biomechanical risk factors including WT, PWS, PWSn, WSS, Lipid percent, Min cap thickness, PA and PB were obtained for the 374 slices for statistical analysis.

2.6 Plaque Progression Measurement

Vessel wall thickness increase (WTI) and plaque area increase (PAI) from baseline to follow-up were chosen as two measures for plaque progression:

Wall Thickness Increase(WTI)=(WT at follow-up)-(WT at baseline) (7)

Plaque Area
$$Increase(PAI) = (PA \text{ at follow} - up) - (PA \text{ at baseline})$$
 (8)

2.7 Linear mixed-effect (LME) model for correlation analysis

A linear mixed-effect (LME) model was used to study the correlation between plaque progression (i.e., WTI/PAI) and each risk factor with data dependence structure taken into consideration (Wu et al., 2011). The LME model is given by:

$$Y_{jk} = \beta_0 + \beta_1 x_{jk} + b_k + \varepsilon_{jk}$$
 (9)

where Y_{jk} , x_{jk} are the observational data of plaque progression and any risk factor at baseline on the jth slice in the kth patient. β_0 , β_1 are the coefficients for the fixed-effect term, b_k is the random effect term and ε_{jk} is the vector of random error term. LME considers a sophisticated dependence structure among the observational data since WTI/PAI or risk factors acquired from two slices within the same patient model are unlikely independent. Similar to Pearson's correlation coefficient, the dependence-adjusted correlation coefficient *r* was defined by:

$$\mathbf{r} = \beta_1 \sqrt{\frac{\widehat{\mathrm{var}}(x)}{\widehat{\mathrm{var}}(y)}} \quad (10)$$

where $\widehat{var}(x)$ and $\widehat{var}(y)$ are the sample variances of the risk factor and plaque progression.

2.8 Generalized linear mixed models (GLMM) for prediction analysis

Generalized linear mixed models (GLMM) for binary responses were used to select the best predictor(s) for each measure of plaque progression. We use WTI as an example to explain our GLMM model training and testing process. The same analysis could be applied to PAI. For a given slice, we set the binary response WTI=1 if WTI>0 or WTI=0 if WTI<=0. The GLMM model is given by (Wu et al., 2011):

$$y_{jk} = E(y_{jk}|b_k) + \varepsilon_{jk}$$
 (11)

$$\log(E(y_{jk}|b_k)) = \beta_0 + \beta_1 \mathbf{x} \mathbf{1}_{jk} + \beta_2 \mathbf{x} \mathbf{2}_{jk} + \dots + b_k \quad (12)$$

where y_{jk} is the binary response of WTI on the jth slice of the kth patient. The expectation of y_{jk} is the probability: $E(y_{jk}|b_k) = P(y_{jk} = 1|b_k)$ and the binomial link function is:

 $logit(x) = log(\frac{x}{1-x})$. And x1, x2, etc. in GLMMs presents the combinations of risk factors

at baseline as predictor. The terms β_0 , β_1 , b_k , ϵ_{jk} have the same meaning in LME models and were estimated by fitting GLMM using R function *glmmPQL* (Venables et al., 2002).

A 5-fold cross-validation procedure was performed as all 374 IVUS slices were randomly split into five subgroups with four training subgroups to fit the model and the remaining one as validation subgroup to evaluate the model. Prediction specificity and sensitivity are defined as the proportion of slices in the validation subgroup that correctly identified as WTI=1 class and WTI=0 class, respectively. All combinations of eight risk factors were tested to identify the optimal predictor with the highest prediction accuracy defined as the sum of specificity and sensitivity. The receiver operating characteristic curve (ROC curve) and the area under of the ROC curve (AUC) were reported to compare the prediction accuracy for each combination. It is worth noting that sensitivity and specificity reported for each predictor were determined from the point on the ROC curve that gives their highest sum.

3. Results

3.1. Correlation analysis between risk factors and WTI

Table 2 shows correlation results between the eight risk factors and plaque progression measured by WTI using 374 slices. Using the baseline data, WT showed the strongest significant correlation with WTI (r= - 0.7962, p=6.32E-33), followed by PA (r=-0.7399, p=1.22E-11). Except for these two risk factors, PB and WSS also correlated with WTI negatively. There are no significant correlations observed between WTI and the rest of 4 risk factors.

When fitting LME with follow-up data, most of the correlations changed sign from baseline. WT had the strongest positive correlation with WTI. PWS and PWSn at follow-up became negatively associated with WTI from no significant correlation at baseline.

3.2 Prediction of WTI by eight risk factors

There are altogether 255 ($\hat{2}8-1$) combinations using the eight risk factors. Table 3 gives the prediction results for WTI using single risk factors at baseline, and the optimal combination predictor among all 255 combinations. It showed that PWS was the best single risk factor predictor for WT1 with highest sum of sensitivity and specificity (1.2205), followed by PWSn (1.1802). When comparing all possible combinations of the eight risk factors, the combination of WT, PWSn and PA gave the best prediction accuracy 1.2589. Figure 3 shows the ROC curve and AUC value for predicting WTI using the optimal predictor WT, PWSn and PA at baseline.

3.3. Correlation analysis between risk factors and PAI

According to Table 4, PA, WT and PB at baseline are the 3 morphological features that had strong negative correlations with PAI, with PA giving highest correlation coefficient r = -0.8330. For the other two morphological features at baseline, min cap thickness showed weak correlation while lipid percent had no significant correlation. All 3 mechanical conditions at baseline showed no statistically significant correlation with PAI.

At follow-up, PA, WT and PB were still the risk factors giving strong correlation coefficients, but now they had positive significant correlation with PAI. For mechanical conditions, PWSn and WSS showed weak correlations with PAI while PWS showed no significant correlation.

3.4. Prediction of PAI by eight risk factors

Similar to WTI prediction, the prediction results for single risk factors at baseline, along with the optimal combination predictor are summarized by Table 5. PWS was the best single risk factor predictor for PAI with the highest sum of sensitivity and specificity (1.4856) with AUC=0.8116, followed by PB (1.4849) with AUC=0.7996. The combination of PWS, PWSn, Lipid percent, min cap thickness, PA and PB gave the best prediction accuracy (1.5928), with AUC=0.8452. The ROC curve and AUC value for best predictor are given in Figure 4.

4. Discussion

4.1 Combining morphological factors, structural stress/strain and flow shear stress for plaque progression prediction

Most prior and current plaque progression research focused on plaque morphological and fluid flow risk factors (Stone et al., 2012; Samady et al., 2011).Little attention has been paid to structural plaque stress and strain (PWS and PWSn), partially due to availability of plaque data with components and the time cost and modeling complexity in calculating these mechanical conditions. However, structural stress/strain should play an important role here. By using IVUS-VH data with follow-up, we were able to construct multi-component coronary plaque FSI models and perform progression prediction using five morphological and three mechanical risk factors. Our preliminary results indicate that combining morphological and mechanical factors could give better prediction accuracy for plaque progression. We also demonstrated that PWS was the best single risk factor among the eight morphological and mechanical factors for predicting PAI and WTI, the two chosen measures for plaque progression in this paper. These findings supports further effort and investigations in this direction.

4.2 PAI is more predictable than WTI as a measure for plaque progression

Plaque area (PA) and wall thickness (WT) are two commonly used measures to size atherosclerotic plaque prevalence in coronary or carotid artery. Naturally, we used PAI and WTI to assess plaque progression and compared their differences. Using the eight risk factors at baseline as predictors, our results indicate that PAI was more predictable than WTI, with the combinations of PWS + PWSn + Lipid percent + Min cap thickness + PA + PB achieving a prediction accuracy 1.5928 and AUC value (0.8452). A sensitivity of 0.8757 and specificity of 0.7171 showed this predictor had reasonably good ability to indicate how PA would change. At least 71% of slices could get correct agreement between predicted and realistic plaque size change regardless of how it changes. In comparison, the optimal predictor for WTI can only achieve a prediction accuracy 1.2589. This may suggest that we may want to adopt PAI for plaque progression investigations in the future.

4.3 Correlation between vessel enlargement and lumen area

Glagov et al. used histological coronary data from 136 human cadaver hearts to study correlation between vessel enlargement and plaque area. They reported that the internal elastic lamina area correlated with the area of the lesion (r=0.44, P<0.001) (Glagov et al., 1987). Using data from our 374 IVUS slices, it was found that the Pearson's correlation coefficients between plaque area and internal elastic lamina area were r=0.5777, p-value<0.0001 at baseline and r=0.4769, p-value<0.0001 at follow-up. This is consistent with Glagov's finding.

4.4 Limitations on VH-IVUS data and modeling process

(a) IVUS has a limited resolution of 150-250 microns and cannot detect thin plaque cap with cap thickness around 65 microns.. Sometimes, the lipid-rich necrotic core (lipid core) from IVUS-VH even sits on the lumen. To our best effort, we made cap with thickness about 50 microns (slightly smaller than 65 microns threshold value for thin cap) when IVUS-VH data had lipid-rich core on the lumen (Wang et al., 2015b). (b) Patient-specific vessel and plaque component material properties were not available for this study. Material parameter values in our models were chosen from our ex vivo biaxial test data and available literature (Guo et al., 2017); (c) One major limitation in the modeling procedure is the lack of biplane angiography to re-construct vessel curvature in 3D. Our patient data were acquired with only one angiography image data. Care was taken to find the angiography with maximum curvature variations of the vessel segment of interest. (d) Micro-calcifications were not included in the current FSI model due to limitations of imaging (Bluestein et al., 2008); (e) IVUS data do not contain the adventitial layer of the vessel. Our results should be understood and interpreted with that assumption; (f) Residual stress was not included as no patient-specific opening angle data were available (Fung et al., 1995; Ohayon et al., 2007); (g) Interaction between the heart and vessel were not considered (Ohayon et al., 2011). A model coupling heart motion and coronary bending would be desirable when required data become available.

4.5 Future directions for improvement

Future research and investigation could be done to address the following issues to make this work more complete, enhance the results or overcome the limitations: a) Efforts in more accurate calculation of the mechanical conditions should be made such as considering residual stress and biplane angiography into the computational FSI models; b) Another potential improvement is to combine IVUS-VH and OCT (resolution 15-20 microns) for more precise information on plaque morphology. OCT has a resolution 15-20 microns, therefore it can visualize thin cap thickness as complementary to IVUS; c) Attempts to automate FSI modeling procedures are called for to make large-scale studies feasible. Even though patient-specific FSI models are time-consuming and complicated, structural mechanical conditions are demonstrated to be essential risk factors for plaque progression and should be considered; d) This is a preliminary study and large-scale patient studies are needed for further improvements and validations

5. Conclusion

This study performs prediction analysis on plaque progression using morphological and biomechanical factors at baseline scan. PWS was the optimal predictor for PAI and WTI among all single risk factors. Results from predictive models proved our hypothesis that morphological and biomechanical factors integrated together could provide higher prediction accuracy than any single risk factor alone.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

This research was supported by US NIH/NIBIB R01 EB004759. Tang's research was supported in part by National Sciences Foundation of China grants 11672001 and a Jiangsu Province Science and Technology Agency grant BE2016785.

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Figure 1.

(a)-(d) Matched IVUS-VH and segmented contour plots of sliced from baseline scan and follow-up scan. (e) Sample frame from X-ray Angiography movie to show min curvature at baseline. (f)-(g) Max and min curvatures were extracted to reconstruct coronary segment in 3D to mimic its cyclic bending movement due to heart contraction at Baseline.



Figure 2.

Sketch explaining definitions of quarters, wall thickness, cap thickness, and lipid.



Figure 3.

Receiver operating characteristic (ROC) curve and area under curve (AUC) value using WT + PWSn + PA to predict WTI.



Figure 4.

Receiver operating characteristic (ROC) curve and area of the curve from predicting PAI using PWS + PWSn + Lipid percent + Min cap thickness + PA + PB.

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Culprit Vessels	RCA	LCX	RCA	RCA, LCx	RCA, LAD	LAD	LAD	LAD	LAD, LCx
Smo ke	Yes	No	No	Yes	Yes	Yes	No	No	Yes
Trigly-cerides	NA	272	142	168	131	165	153	NA	123
Total Choles terol	NA	194	181	210	203	187	132	130	188
Diagnosis History	Stable Angina	None	Stable Angina	None	None	Stable Angina	Unknown	Unstable Angina	Unstable Angina
BMI	35.88	26.39	25.26	30.06	28.21	40.82	34.40	20.96	33.80
Height (cm)	153	173	170	178	175	183	178	159	172
Weight (kg)	84	79	73	95.26	86.64	136.5	109	53	100
Follow-up time (month)	6	12	6	8	12	6	12	6	6
BP (mmHg)	60-135	70-125	70-120	73-113	66-110	91-153	95-171	44-120	76-134
Gender	Male	Male	Male	Male	Female	Male	Male	Female	Male
Age	51.6	71.3	67.5	52.0	42.7	48.4	71.6	76.0	49.1
Patient ID	P1	P2	P3	P4	P5	P6	P7	P8	6d

Table 2
$Correlation \ results \ between \ WTI \ and \ eight \ risk \ factors \ at \ baseline \ and \ follow-up. \ NS=No$
statistical significance

		WTI vs.		
	ba	seline	fol	low-up
Risk factor	r	р	r	р
WT	-0.7962	6.32E-33	0.9309	1.93E-50
PWS	0.0371	0.5853(NS)	-0.1596	0.0020
PWSn	0.0552	0.3338(NS)	-0.2023	9.49E-05
WSS	-0.2639	0.0004	0.5784	2.67E-12
Lipid percent	0.0007	0.9884(NS)	0.1009	0.1263(NS)
Min cap thickness	0.0437	0.1955(NS)	0.0433	0.2876(NS)
PA	-0.7399	1.22E-11	0.9152	1.40E-31
PB	-0.5985	1.08E-15	0.8176	1.01E-32

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WTI prediction sensitivity and specificity, AUC value of WTI using single risk factor and the optimal combination among all 255 combinations

Predictor	Prob Cutoffs	Sensitivity	Specificity	Sensi+Speci	AUC
WT+PWSn+PA	0.4987	0.7617	0.4972	1.2589	0.6289
SWT	0.5246	2065.0	0.6298	1.2205	0.6250
PWSn	0.4958	0.7668	0.4144	1.1812	0.6046
PB	0.4186	0.9482	0.2210	1.1692	0.5938
Lipid percent	0.5031	0.7772	0.3867	1.1639	0.6024
PA	0.4404	0.8964	0.2652	1.1616	0.5789
WSS	0.4481	0.8601	0.2873	1.1474	0.5773
WT	0.4522	0.8756	0.2707	1.1463	0.5948
Min cap thickness	0.3646	0.9637	0.1823	1.1460	0.5816

Table 4
Correlation results between PAI and eight risk factors at baseline and follow-up

		PAI vs.		
	ba	seline	fol	low-up
Risk factor	r	р	r	р
WT	-0.5262	1.48E-13	0.9929	6.35E-36
PWS	0.0185	0.7338(NS)	-0.0683	0.0890(NS)
PWSn	0.0377	0.4064(NS)	-0.0894	0.0266
WSS	-0.1128	0.0673(NS)	0.3179	1.76E-06
Lipid percent	0.0043	0.9031(NS)	0.0903	0.0826(NS)
Min cap thickness	0.0560	0.0320	0.0152	0.6253(NS)
PA	-0.8330	6.89E-26	0.9890	4.58E-49
РВ	-0.4678	4.87E-13	0.9610	1.20E-28

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Table 5

Prediction sensitivity and specificity, AUC value of PAI using one single risk factor and optimal predictor among all combinations

Predictor	ProbCutoffs	Sensitivity	Specificity	Sensi+Speci	AUC
PWS+PWSn+Lipid percent+Min cap thickness+PA+PB	0.3810	0.8757	0.7171	1.5928	0.8452
SMd	0.4348	0.7929	0.6927	1.4856	0.8116
Bd	0.5680	0.6508	0.8341	1.4849	0.7996
WSS	0.3527	0.8521	0.6244	1.4765	0.7896
PWSn	0.4964	0.7041	0.7366	1.4407	0.7740
Lipid percent	0.4193	0.8402	0.6000	1.4402	0.7749
WT	0.4509	0.7751	0.6634	1.4385	0.7576
Min cap thickness	0.3001	0.9467	0.4634	1.4101	0.7661
PA	0.3830	0.7988	0.6049	1.4037	0.7579