Childhood abuse and psychotic experiences – evidence for mediation by adulthood adverse life events

V. Bhavsar^{1*}, J. Boydell², P. McGuire¹, V. Harris³, M. Hotopf⁴, S. L. Hatch⁴, J. H. MacCabe¹ and C. Morgan⁵

¹ Department of Psychosis Studies, King's College London, IOPPN, London, UK

² Cornwall NHS Foundation Trust, Saint Austell, UK

³ Department of Primary Health Care Sciences, University of Oxford, Oxford, UK

⁴ Department of Psychological Medicine, King's College London, IOPPN and South London and Maudsley NHS Foundation Trust, London SE5 8AZ, UK

⁵ Department of Health Services and Population Research, King's College London, IOPPN, London, UK

Aims. We have previously reported an association between childhood abuse and psychotic experiences (PEs) in survey data from South East London. Childhood abuse is related to subsequent adulthood adversity, which could form one pathway to PEs. We aimed to investigate evidence of mediation of the association between childhood abuse and PEs by adverse life events.

Methods. Data were analysed from the South East London Community Health Study (SELCoH, *n* = 1698). Estimates of the total effects on PEs of any physical or sexual abuse while growing up were partitioned into direct (i.e. unmediated) and indirect (total and specific) effects, mediated *via* violent and non-violent life events.

Results. There was strong statistical evidence for direct (OR 1.58, 95% CI: 1.19–2.1) and indirect (OR 1.51, 95% CI: 1.32–1.72) effects of childhood abuse on PEs after adjustment for potential confounders, indicating partial mediation of this effect *via* violent and non-violent life events. An estimated 47% of the total effect of abuse on PEs was mediated *via* adulthood adverse life events, of which violent life events made up 33% and non-violent life events the remaining 14%.

Conclusions. The association between childhood abuse and PEs is partly mediated through the experience of adverse life events in adulthood. There is some evidence that a larger proportion of this effect was mediated through violent life events than non-violent life events.

Received 14 June 2017; Accepted 22 August 2017; First published online 9 October 2017

Key words: Child abuse, population survey, psychosis, trauma, violence.

Introduction

Childhood adversity, in the form of sexual or physical trauma, is associated with the development, maintenance and recurrence of a range of psychiatric disorders later in life (Carr *et al.* 2013). In particular, there is a widely reported association between the experience of childhood abuse, such as physical and sexual trauma, and the occurrence of both psychotic disorder (Mäkikyrö *et al.* 1998; Schreier *et al.* 2009; Arseneault *et al.* 2011*a*; summarised and reviewed in Varese *et al.* 2012) and low-level psychotic experiences (PEs) (Alemany *et al.* 2011; Morgan *et al.* 2013; Van Nierop *et al.* 2014). The mechanism for this relationship remains unclear (Sheinbaum *et al.* 2012; Kelleher *et al.* 2013*b*; Van Nierop *et al.* 2014), but does not appear to be

(Email: vishal.2.bhavsar@kcl.ac.uk)

explained by confounding by genetic (Arseneault *et al.* 2011*b*; Alemany *et al.* 2013) or socioeconomic factors (Varese *et al.* 2012), or by recall bias (Bonoldi *et al.* 2013). Furthermore, there are likely to be multiple causal pathways to psychosis, involving an array of factors acting over the life course (Krieger, 1994; Morgan *et al.* 2010).

We have previously reported: (a) associations between childhood abuse, and life events and PEs (Morgan *et al.* 2014*a*); (b) that associations are strongest for those experiences involving severe threat/violence (Morgan *et al.* 2014*b*) and (c) that exposure to both childhood abuse and life events combines to increase risk the beyond effect of each alone (Morgan *et al.* 2014*b*). That is, we found evidence that one way in which early and later stress combines is by compounding risk, such that the influence of these two groups of factors together was greater than the sum of the separate effects. This may be because both operate on similar mechanisms, for example, the stress response (Collip *et al.* 2011).

^{*} Address for correspondence: V. Bhavsar, Department of Psychosis Studies, King's College London, IOPPN, London, UK.

However, this may not be the only way in which early and later stress may be involved in the development of psychosis. It is well documented that early adversity increases likelihood of subsequent adversity (Kuijpers et al. 2012; Iverson et al. 2013), possibly through social processes whereby the negative effects of early adversity persist over time, restricting subsequent opportunities and increases likelihood of poverty and exposure to adverse events (Pantazis et al. 2006). It is therefore possible that part of the effect of childhood adversity on risk of psychosis is mediated via increased likelihood of exposure to adult stresses. In other words, childhood adversity and life events may both combine synergistically to increase risk (through effects on similar biological and psychological mechanisms) and be on a causal path, such that some of effect of childhood adversity on psychosis is mediated through increased likelihood (due to social processes) of subsequent adverse life events. This would imply a contributory environmental mechanism for the effect of childhood abuse on psychosis risk, and the possibility that intervening on adulthood negative experiences at a population level could reduce occurrence of psychosis.

As noted, we have previously found and reported evidence of synergistic (combined) effects (Morgan et al. 2014b). In this paper, we extend the analysis to consider whether there is evidence of mediation. Our aim was to assess the extent to which the association between childhood abuse and PEs, demonstrated previously (Morgan et al. 2014b) might be explained by the experience of both violent and non-violent adulthood life events, using mediation modelling. Using a large representative household survey conducted in South East London (UK) adult residents, we investigated the direct and indirect effects of childhood abuse on low-level PEs, hypothesising that the previously reported association between childhood abuse and psychosis would be mediated through adulthood violent life events. Lastly, we tested the specificity of any mediation via violent life events, by comparing it with mediation via non-violent life events. In this way, we aimed to assess to what extent these cross-sectional data were consistent with a pathway from childhood abuse to PEs via adulthood life events.

Methods

Participants

Data for this analysis were taken from SELCoH-1. The South East London Community Health study (SELCoH; full details of methods available elsewhere (Hatch *et al.* 2011)) is a representative household survey of South East London residents collected between 2008 and 2010. The analytic sample was composed of 1698 adult (16+) residents of Lambeth and Southwark, two London boroughs, residing in 1075 households selected through random sampling of the small user residential postcode address file. Sampled units were weighted in the analysis to account for nonresponse within households. Ethical approval was received from the King's College London Research Ethics Committee (CREC/07/08-152) and all participants provided informed consent and were interviewed by researchers.

Data collection

Exposure

Trained research workers asked study participants about any experiences of sexual abuse ('Did anyone who was responsible for your care ever sexually abuse you?'), or physical abuse ('did anyone ever hit you so hard that it left bruises or marks?'), before the age of 16 years. Based on these two binary items (reflecting any childhood physical abuse and any childhood sexual abuse), a binary variable reflecting 'any physical or sexual abuse during childhood' was derived.

Outcome

The Psychosis Screening Questionnaire (Bebbington & Nayani, 1995) was used to assess PEs. This is a five-item questionnaire that assesses different psychotic symptom domains experienced in the previous year. These comprise: hypomania, strange experiences, paranoia, hallucinations and thought disorder. Each domain contains an initial 'probe' item, which is followed by secondary questions. Because the present study was focused on non-affective psychosis, responses to the hypomania item were not examined. Individuals were considered have PEs if they endorsed one or more secondary items in the four remaining domains. This approach was consistent with a previous analysis of PEs originating from this data (Morgan et al. 2014b). The PSQ displays good correspondence with psychosis items on the Schedules for Clinical Assessment in Neuropsychiatry (Bebbington & Nayani, 1995), and has seen frequent use in population studies (Johns et al. 2002, 2004; Bebbington et al. 2004a).

Covariates

Age was grouped into 10-year categories. Employment was categorised into unemployed *v*. not unemployed (containing those who were employed, students, or retired). Ethnicity was operationalised as a five-category variable including White, Black Caribbean,

Black African, Asian and Other groups. Highest educational attainment was categorised into 'no qualifications', 'GCSE', 'A-Level', and 'degree level and above'.

Potential mediators

Adverse life events collected in SELCoH were, in the last year: separation, death of a loved one, serious accident/injury, homelessness, witnessing violence, exposure to a war zone in the last year, victim of a crime in the previous year, injury with a weapon, or being attacked. Scores were generated for each individual based on the number of different violent (witnessing violence, exposure to a war zone, victim of a crime, injury with a weapon, or being attacked) and nonviolent life events (separation, death of a loved one, serious accident/injury, homelessness) experienced in the previous year.

Mediation analysis

Mediation analyses were carried out in MPlus version 7 (Muthén & Muthén, 1998) and took account of nonresponse weights and clustering of responses within households. To test our hypotheses, we examined whether the effects of childhood physical and sexual abuse on PEs were mediated through (a) violent life events in the previous year and (b) non-violent life events in the previous year using multiple mediation analysis. Total effects were apportioned into direct and indirect effects for violent and non-violent adverse life events. Logit coefficients and odds ratios for total and specific indirect effects of violent and non-violent adverse life events were estimated using maximum likelihood estimation in Mplus (Muthén & Muthén, 1998).

Results

Description

Among the total survey sample of 1698, 55 participants with missing data on PE (n=8), childhood abuse (15), educational attainment (19), ethnicity (2), unemployment (9), violent events (20) and non-violent events (16) were excluded. The overall analytic sample therefore consisted of 1643 SELCoH participants interviewed between 2008 and 2010, of whom 306 reported PEs and 1337 did not. Basic sociodemographic characteristics and data on adulthood adverse life events by PE status are shown in Table 1. Associations were found between PEs and reporting childhood abuse, younger age, lower overall educational attainment, non-White ethnicity, being unemployed, and recent attack, crime victimisation, war exposure, witnessing of violence, experience of an accident, death of a partner and separation. There were strong linear trends for the odds of reporting PEs across scores for both non-violent and violent life events. There were also strong linear trends in odds of reporting either physical or sexual abuse during childhood, across score for both non-violent and violent life events (displayed in Table 2).

Mediation

To assess pathways from childhood abuse to psychosis via violent and non-violent life events, estimates of the total effects of any physical or sexual abuse while growing up were partitioned into direct (i.e. unmediated) and indirect (total and specific) effects using multiple mediation analyses. There was strong evidence for unadjusted direct (OR 1.7, 95% CI: 1.3-2.23) and total indirect effects (OR 1.54, 95% CI: 1.36-1.75) of abuse on PEs status, indicating partial mediation of this effect via violent and non-violent life events. This evidence for an association remained strong upon adjustment for age, gender, unemployment, ethnicity and educational attainment (direct effect: OR 1.58, 95% CI: 1.19-2.1; total indirect effect: OR 1.51, 95% CI: 1.32-1.72; see Table 2). In the fully adjusted model, an estimated 47% of the total effect of abuse on PEs was mediated via adulthood adverse life events, of which violent life events made up 33% and non-violent life events the remaining 14%.

In other words, the overall association between childhood abuse and PEs was explained partially by indirect effects *via* the experience both of adulthood violent and non-violent adverse life events. However, the proportion of the total indirect effect mediated through violent life events was around twice as large as that mediated through non-violent life events (see Table 3).

Discussion

Summary of main findings

Previous research from our group has found evidence for effect moderation, or synergy between adverse life events and childhood abuse on risk for PEs, such that the combined effect of abuse and life events was greater than the effect of each alone. Given that a variable can be both a moderator and mediator (Baron & Kenny, 1986), the present analysis assessed hypotheses involving mediation, to assess if adulthood violent life events could be on the causal pathway between childhood abuse and PEs, alongside their role as moderators.

We found evidence that the association between childhood abuse and PEs was partially explained by

				Degrees of		
	No PEs (%)	PEs (%)	Total (%)	freedom	X^2	<i>p</i> value
Age						
16–24	269 (76.20)	84 (23.80)	353 (100)			
25–34	329 (82.66)	69 (17.34)	398 (100)			
35–44	266 (81.35)	61 (18.65)	327 (100)			
45–54	197 (79.44)	51 (20.56)	248 (100)			
55-64	131 (84.52)	24 (15.48)	155 (100)			
65–	145 (89.51)	17 (10.49)	162 (100)	5	15.36	0.009
Gender		. ,	. ,			
Male	570 (79.50)	147 (20.50)	717 (100)			
Female	767 (82.83)	159 (17.17)	926 (100)	1	2.96	0.085
Education	· · · · ·	~ /	· · · ·			
No qualifications	166 (77.21)	49 (22.79)	215 (100)			
GCSE/O Level	257 (80.06)	64 (19.94)	321 (100)			
A Levels	320 (76.37)	99 (23.63)	419 (100)			
Degree level or above	594 (86.34)	94 (13.62)	688 (100)	3	20.92	< 0.001
Ethnicity	001 (00.01))1(10.02)	000 (100)	0	20.72	-0.001
White	864 (83.97)	165 (16.03)	1029 (100)			
Black Caribbean	95 (68 84)	43 (31 16)	138(100)			
Black African	171 (78.08)	43 (31.10)	219(100)			
Asian	E2 (88 22)	40(21.92)	219 (100)			
Asian	33 (00.33) 154 (78.17)	7(11.07)	107(100)	4	22 68	<0.001
Uther	154 (78.17)	43 (21.83)	197 (100)	4	23.68	<0.001
Unemployment	1005 (00.00)	050 (15 10)	1470 (100)			
No	1225 (82.88)	253 (17.12)	1478 (100)	4	22.05	.0.001
Yes	112 (67.88)	53 (32.12)	165 (100)	1	22.05	< 0.001
Any childhood physical or	sexual abuse					
No	1038 (85.50)	176 (14.50)	1214 (100)			
Yes	299 (69.70)	130 (30.30)	429 (100)	1	52.25	< 0.001
Adulthood physical attack						
No	1302 (82.30)	280 (17.70)	1582 (100)			
Yes	35 (57.38)	26 (42.62)	61 (100)	1	24.07	< 0.001
Adulthood injury with a we	eapon					
No	1327 (81.56)	300 (18.44)	1627 (100)			
Yes	10 (62.50)	6 (37.50)	16 (100)	1	3.8	0.051
Adulthood victim of crime						
No	1284 (81.89)	284 (18.11)	1568 (100)			
Yes	53 (70.67)	22 (7.19)	75 (100)	1	5.95	0.015
Adulthood war exposure						
No	1334 (81.49)	303 (18.51)	1637 (100)			
Yes	3 (50.00)	3 (50.00)	6 (100)	1	3.91	0.048
Adulthood witnessed violer	nce					
No	1246 (83.12)	253 (16.88)	1499 (100)			
Yes	91 (63.19)	53 (36.81)	144 (100)	1	34.42	< 0.001
No money in last year (adu	lthood)					
No	1328 (81.42)	303 (18.58)	1631 (100)			
Yes	9 (75.00)	3 (25.00)	12 (100)	1	0.32	0.569
Adulthood accident						
No	1320 (81.73)	295 (18.27)	1615 (100)			
Yes	17 (60.71)	11 (39.29)	28 (100)	1	8.02	0.005
Adulthood bereavement	· · · · ·	~ /	· · · ·			
No	1226 (81.73)	265 (18.27)	1491 (100)			
Yes	111 (60.71)	41 (39.29)	152 (100)	1	7.7	0.006
Adulthood separation	(000-1)	(0//)	(100)	-		5.000
No	1291 (82 12)	281 (17 88)	1572 (100)			
Yes	46 (64 79)	25 (35 21)	71 (100)	1	13 47	<0.001
Grand total	1337 (100)	306 (100)	1643 (100)	÷	10.17	-0.001
	1007 (100)	500 (100)	1010 (100)			

 Table 1. Sociodemographic characteristics of sample analysed

Table 2. Categorical distributions of violent and non-violent adulthood	life events by PE status and by	y childhood abuse status,	for the total sample
---	---------------------------------	---------------------------	----------------------

Total sample, $n = 1643$	Any abuse (%)	No abuse (%)	Total (%)	X ² (d.f)	p (trend)	Odds ratio for any abuse and PE	No PEs (%)	PEs (%)	Total (%)	X ² (d.f)	p (trend)
Number of dif	ferent violent life	events in the nrev	vious vear								
0	1076 (76 10)	338 (23.90)	1414 (100)			$2.21 (1.64, 2.96)^{a}$	1182 (83 50)	232 (16 41)	1414 (100)		
0	114 (64.04)	64 (35.96)	1414(100) 178(100)			2.21 (1.04-2.90)	128 (71.91)	50 (28.09)	178 (100)		
2	15 (44.12)	19 (55.88)	34 (100)				19 (55.88)	15 (44.12)	34 (100)		
3	8 (66.67)	4 (33.33)	12 (100)				6 (50.00)	6 (50.00)	12 (100)		
4	1 (20.00)	4 (80.0)	5 (100)	35.98 (4)	< 0.001	2.76 (1.55–4.90) ^b	2 (40.00)	3 (60.00)	5 (100)	43.13 (4)	< 0.001
Number of dif	ferent non-violent	life events in the	previous yea	r							
0	1060 (75.77)	339 (24.23)	1399 (100)			2.48 (1.84–3.35) ^c	1163 (83.13)	236 (16.87)	1399 (100)		
1	148 (65.49)	78 (34.51)	226 (100)				165 (73.01)	61 (26.99)	226 (100)		
2	5 (29.41)	12 (70.59)	17 (100)				9 (52.94)	8 (47.06)	17 (100)		
3	1 (100)	0 (0)	1 (100)	28.62 (3)	< 0.001	2.14 (1.20–3.80) ^d	0 (0)	1 (100)	1 (100)	26.72 (3)	< 0.001
Total	1214 (73.89)	26.11 (100)	1643 (100)			× ,	1337 (81.38)	306 (18.62)	1643 (100)		

Footnotes refer to the association between abuse and PEs among those with:

^aNo violent life event in the previous year.

^bAt least one type of violent life event in the previous year.

^cNo non-violent life event in the previous year.

^dAt least one type of non-violent life event in the previous year.

Table 3. Total, direct, total indirect and st	pecific indirect	effects (odds ratios)	for childhood abuse, violent l	ife events in the previous	year, and non-violent la	ife events in the previo	is year, on the p	presence of P	'Es
, ,		JJ · · ·	, , , , , , , , , , , , , , , , , , ,	,		J 1		<i>J</i>	

Any childhood physical or sexual abuse on PEs	Model I	95% CI	p^{a}	Model II	95% CI	p^{a}	Model III	95% CI	p^{a}	Model IV	95% CI	p ^a
Total effect (TE)	2.64	2.02-3.45	< 0.001	2.59	1.98-3.39	< 0.001	2.61	1.98-3.45	< 0.001	2.39	1.8-3.18	< 0.001
Direct effect	1.7	1.3-2.23	< 0.001	1.7	1.29-2.24	< 0.001	1.7	1.29-2.24	< 0.001	1.58	1.19–2.1	0.002
Total indirect effect	1.54	1.36-1.75	< 0.001	1.52	1.3–1.78	< 0.001	1.54	1.35-1.76	< 0.001	1.51	1.32-1.72	< 0.001
Indirect via violent events ^b	1.34	1.17-1.54	< 0.001	1.32	1.15-1.52	< 0.001	1.34	1.17-1.54	< 0.001	1.34	1.17-1.54	< 0.001
% of TE mediated <i>via</i> violent indirect effect ^c	30%	22-34%		29%	20-34%		30%	23-35%		33%	27–37%	
Indirect via non-violent ^d events	1.16	1.07-1.26	< 0.001	1.15	1.06-1.25	0.001	1.15	1.06-1.25	0.001	1.13	1.04-1.23	0.004
% of TE mediated via non-violent indirect effect $^{\rm c}$	15%	10–19%		15%	9–18%		15%	9–18%		14%	7–18%	

^a*p* values are from Wald tests.

^bViolent life events comprised adulthood witnessed violence, being exposed to a war zone, being victim to a crime, injury with a weapon, or being attacked.

^cPercentages based on logit coefficients.

^dNon-violent life events comprised adulthood separation, death of a loved one, serious accident/injury, and homelessness. Model I was unadjusted for covariates. Model II was adjusted for age only. Model III was adjusted for age and gender, and Model IV was adjusted for age, gender, unemployment, educational attainment and ethnicity.

a pathway through the experience of adverse life events in the previous year. In particular, there was evidence for mediation *via* both violent and nonviolent life events, with weak evidence suggesting that the indirect effect *via* adulthood violent life events was stronger than that *via* non-violent adulthood life events.

Previous literature

To our knowledge, no previous studies have assessed a mediating role for adverse life events in PEs. Morgan et al. (2008) found a linear relationship between markers of social disadvantage and the odds of psychosis in the AESOP study, suggesting that the interplay of environmental adversities could be important in the aetiology of psychosis. A further study, based on the same data, suggested that the effects of parental separation on psychosis risk were partly mediated through later educational and social disadvantage (Morgan et al. 2014a). Although less burdensome than psychotic disorders, low-level PEs are important because these experiences are associated with an elevated risk of both psychotic disorder (Kaymaz et al. 2012; Werbeloff et al. 2012; Fisher et al. 2013a) and other adverse mental health outcomes, including suicidality (Kelleher et al. 2012, 2013a) and the use of mental health services (DeVylder et al. 2014; Bhavsar et al. 2017).

Methodological limitations

Reports of PEs and life events were collected at the same time point, limiting inference about the temporal relationship between the variables. In some subjects, PEs could have preceded life events. Prospective studies are necessary to clarify the temporal association between adverse events over the life course and the occurrence of PEs (Fisher et al. 2011; Fisher et al. 2013b). In total 55 records (3%) were dropped because of missing data on one or more of the modelled variables. However, this compared favourably to other studies of this type (Bebbington et al. 2004b; McManus et al. 2009; Hatch et al. 2012). Furthermore, the crude association between abuse and PEs, and between life events and PEs, was similar in those with missing data, suggesting that important selection bias due to missing data was unlikely. The dichotomous measure of childhood abuse was based on two binary items (physical, and sexual abuse in childhood), rather than a more extensive questionnaire, limiting our ability to evaluate the severity, extent, or personal significance of childhood trauma exposure in detail. Given that the outcome for this study was PEs occurring in a general population sample, any generalisation of our findings should be limited to general, nonclinical populations, rather than to patients. We have recently demonstrated, however, that those reporting PEs in this study do experience greater use of mental healthcare over time (Bhavsar *et al.* 2017), implying that PEs could be a significant marker for clinically important morbidity at a general population level.

There is a possibility that people with PEs could have over-reported exposure to childhood abuse, or to adverse life events. However, in relation to childhood abuse, misclassification has been found to be limited in previous studies (Bonoldi et al. 2013). We included only life events in the previous year, which limited the influence of recall bias. Nevertheless, some evidence indicates that higher levels of neuroticism, with which PEs are correlated, increase misreporting of childhood traumatic experiences in health research (Reininghaus et al. 2013; Reuben et al. 2016). Data on number of specific life events, or severity of life events, would have been informative for this analysis, but this data was not available on this sample. Although we adjusted for a large range of possible confounders, unmeasured or unknown confounding, and residual confounding for inaccurately measured confounding variables, remained possible sources of bias.

The relationship between trauma, psychosis and other trauma-related psychopathology is likely to be complex. For example, Morrison et al. (2003) a variety of potential pathways linking post-traumatic stress disorder (PTSD) and psychosis to trauma, including the possibility that the type of trauma-related psychopathology is determined by mood, physiology and attributional style, driving either the presentation of psychotic or PTSD, which are postulated to manifest a common post-traumatic response. On the other hand, Mueser et al. (2002) suggest that PTSD symptoms might themselves influence the symptomatic severity of psychosis, and its response to treatment. Our study did not aim to examine the role of PTSD symptoms as a modifier or mediator of the effect of adulthood trauma on PEs. Therefore, although unlikely to have introduced bias into the results reported here, it remains possible that PTSD acts as an intermediate factor in the relationship between adulthood violence exposure and the development of PEs, a proposition that requires further study. More generally, it is possible that trauma over the life course influences risk for PEs via changes in sensitivity to stress, which has been conceptualised as an 'affective pathway' to psychosis (Myin-Germeys & Van Os, 2007). Although the outcome analysed in the present report was sub-clinical symptoms of psychosis, our results are consistent with the explanation that childhood traumatic events influence stress-reactivity and affect the expression of psychotic symptoms later in life, in the context of stressful events, such as further exposure to violence.

PEs and childhood abuse

Although there is now relatively strong evidence that childhood abuse is related to the occurrence of psychosis and PEs, exact mechanisms remain unclear. However, causal pathways to psychosis are likely to be complex and probably involve the interplay of genetic risk with an array of social environmental factors, including experiences of abuse and trauma, over the life course (Morgan et al. 2010). In keeping with this complexity, childhood abuse could plausibly exert its influence on PEs in a variety of ways; for example, through effects on the stress sensitivity of the mesolimbic dopamine system (Howes & Kapur, 2009), regulation of the hypothalamic-pituitary-adrenal axis (Borges et al. 2013), the developmental of maladaptive cognitive schema (Garety et al. 2001, 2007), and changes to affective and cognitive processing (Fisher et al. 2011, 2013b; Rottenberg et al. 2014).

Childhood abuse and adulthood adverse life events

Some pathways from childhood abuse to PEs could involve the experience of adversity in adulthood. Although a number of separate socio-environmental risk factors (e.g. deprivation, migration, urban residence and ethnicity) have been linked to PEs (Das-Munshi et al. 2012; Linscott & Van Os, 2013; Schofield et al. 2016), including exposure to trauma (Morgan et al. 2014a), it is also widely accepted that markers of social adversity tend to cluster in individuals over time (Pantazis et al. 2006). For example, physical or sexual abuse during childhood is associated with sexual (Russell, 1983; Siegel et al. 1987; Mayall & Gold, 1995) and physical (Briere & Runtz, 1987; Chu & Dill, 1990) violence exposure later on in life. There are various possible explanations for this relationship- for example, childhood victimisation may be accompanied by residential instability and institutionalisation, which in turn may result in greater opportunities for other adversities, including violence exposure, in adulthood (Finkelhor, 1979). A likely explanation for re-victimisation is the effect of the original victimisation on psychological vulnerabilities. People exposed to violence as children may feel powerless to defend themselves from such exposures as adults, leading to increased vulnerability (Russell, 1983).

Conclusions

Our findings suggest tentatively that a putative sociodevelopmental pathway between childhood abuse and PEs might involve the experience of adversity in adulthood. This is potentially important for public health, because intervening on adulthood adversity in those exposed to childhood trauma might be a more efficient and practicable strategy for the prevention of psychoses than intervening on childhood trauma per se. The distinction between violent and non-violent adulthood life events in possibly mediating the association between abuse and PEs could, if replicated, be important in the targeting, design and implementation of early intervention services. Further research on the inter-relationships of modifiable social environmental risk factors involved in the occurrence of psychoses could identify ways of intervening to reduce risk. Our results emphasise the potential clinical relevance of repeated traumatic experiences, including those occurring during adulthood, in influencing mental health and underline the importance of understanding the mechanisms of recurrent victimisation in future research on mental disorders.

Acknowledgements

We acknowledge the assistance of Souci Frissa and David Pernet in data preparation.

Financial Support

VB is supported by the Wellcome Trust (101681/Z/13/ Z). MH, SLH and PM are supported by the National Institute for Health Research (NIHR) Biomedical Research Centre at South London and Maudsley NHS Foundation Trust and King's College London. This paper represents independent research funded by the National Institute for Health Research (NIHR) Biomedical Research Centre at South London and Maudsley NHS Foundation Trust and King's College London. The views expressed are those of the authors and not necessarily those of the NHS, the NIHR or the Department of Health.

Conflict of Interest

The authors have no conflicts of interest to declare.

Availability of Data and Materials

The data that support the findings of this study are available from Professor Matthew Hotopf but restrictions apply to the availability of these data, which were used under license for the current study, and so are not publicly available. Data are however available from the authors upon reasonable request and with permission of Professor Matthew Hotopf.

References

- Alemany S, Arias B, Aguilera M, Villa H, Moya J, Ibáñez MI, Vossen H, Gastó C, Ortet G, Fañanás L (2011).
 Childhood abuse, the BDNF-Val66Met polymorphism and adult psychotic-like experiences. *The British Journal of Psychiatry* 199, 38–42.
- Alemany S, Goldberg X, Van Winkel R, Gastó C, Peralta V, Fañanás L (2013). Childhood adversity and psychosis: examining whether the association is due to genetic confounding using a monozygotic twin differences approach. *European Psychiatry* 28, 207–212.
- Arseneault L, Cannon M, Fisher HL, Polanczyk G, Moffitt TE, Caspi A (2011a). Childhood trauma and children's emerging psychotic symptoms: a genetically sensitive longitudinal cohort study. *American Journal of Psychiatry* 168, 65–72.
- Arseneault L, Cannon M, Fisher HL, Polanczyk G, Moffitt TE, Caspi A (2011b). Childhood trauma and children's emerging psychotic symptoms: a genetically sensitive longitudinal cohort study. *American Journal of Psychiatry* 168, 65–72.
- Baron RM, Kenny DA (1986). The moderator–mediator variable distinction in social psychological research: conceptual, strategic, and statistical considerations. *Journal of Personality and Social Psychology* **51**, 1173.
- **Bebbington P, Nayani T** (1995). The psychosis screening questionnaire. *International Journal of Methods in Psychiatric Research* **5**, 11–19.
- Bebbington PE, Bhugra D, Brugha T, Singleton N, Farrell M, Jenkins R, Lewis G, Meltzer H (2004*a*). Psychosis, victimisation and childhood disadvantage evidence from the second British national survey of psychiatric morbidity. *The British Journal of Psychiatry* **185**, 220–226.
- Bebbington PE, Bhugra D, Brugha T, Singleton N, Farrell M, Jenkins R, Lewis G, Meltzer H (2004b). Psychosis, victimisation and childhood disadvantage: evidence from the second British national survey of psychiatric morbidity. *The British Journal of Psychiatry* 185, 220–226.
- Bhavsar V, Maccabe J, Hatch SL, Hotopf M, Boydell J, Mcguire P (2017). Subclinical psychotic experiences and subsequent contact with mental health services. *British Journal of Psychiatry Open* **3**, 64–70.
- Bonoldi I, Simeone E, Rocchetti M, Codjoe L, Rossi G, Gambi F, Balottin U, Caverzasi E, Politi P, Fusar-Poli P (2013). Prevalence of self-reported childhood abuse in psychosis: a meta-analysis of retrospective studies. *Psychiatry Research* **210**, 8–15.
- Borges S, Gayer-Anderson C, Mondelli V (2013). A systematic review of the activity of the hypothalamicpituitary-adrenal axis in first episode psychosis. *Psychoneuroendocrinology* **38**, 603–611.
- **Briere J, Runtz M** (1987). Post sexual abuse trauma data and implications for clinical practice. *Journal of Interpersonal Violence* **2**, 367–379.
- Carr CP, Martins CMS, Stingel AM, Lemgruber VB, Juruena MF (2013). The role of early life stress in adult psychiatric disorders: a systematic review according to childhood trauma subtypes. *The Journal of Nervous and Mental Disease* 201, 1007–1020.

- Chu JA, Dill DL (1990). Dissociative symptoms in relation to childhood physical and sexual abuse. *The American Journal of Psychiatry* 147, 887.
- Collip D, Nicolson N, Lardinois M, Lataster T, Van Os J, Myin-Germeys I (2011). Daily cortisol, stress reactivity and psychotic experiences in individuals at above average genetic risk for psychosis. *Psychological Medicine* **41**, 2305–2315.
- Das-Munshi J, Becares L, Boydell JE, Dewey ME, Morgan C, Stansfeld SA, Prince MJ (2012). Ethnic density as a buffer for psychotic experiences: findings from a national survey (EMPIRIC). *British Journal of Psychiatry* 201, 282–290.
- **Devylder JE, Oh HY, Corcoran CM, Lukens EP** (2014). Treatment seeking and unmet need for care among persons reporting psychosis-like experiences. *Psychiatric Services* **65**, 774–780.
- Finkelhor D (1979). Sexually Victimized Children. Free Press: New York.
- Fisher H, Schreier A, Zammit S, Lewis G, Maughan B, Munafo M, Harrison G, Wolke D (2011). Prospective investigation of psychological and affective pathways from childhood trauma to psychosis-like experiences in a UK birth cohort. *Comprehensive Psychiatry* **52**, E6.
- Fisher HL, Caspi A, Poulton R, Meier MH, Houts R, Harrington H, Arseneault L, Moffitt TE (2013*a*). Specificity of childhood psychotic symptoms for predicting schizophrenia by 38 years of age: a birth cohort study. *Psychological Medicine* **43**, 2077–2086.
- Fisher HL, Schreier A, Zammit S, Maughan B, Munafo MR, Lewis G, Wolke D (2013b). Pathways between childhood victimization and psychosis-like symptoms in the ALSPAC birth cohort. *Schizophrenia Bulletin* 39, 1045–1055.
- Garety PA, Kuipers E, Fowler D, Freeman D, Bebbington P (2001). A cognitive model of the positive symptoms of psychosis. *Psychological Medicine* **31**, 189–195.
- Garety PA, Bebbington P, Fowler D, Freeman D, Kuipers E (2007). Implications for neurobiological research of cognitive models of psychosis: a theoretical paper. *Psychological Medicine* **37**, 1377–1391.
- Hatch SL, Frissa S, Verdecchia M, Stewart R, Fear NT, Reichenberg A, Morgan C, Kankulu B, Clark J, Gazard B (2011). Identifying socio-demographic and socioeconomic determinants of health inequalities in a diverse London community: the South East London Community health (SELCoH) study. *BMC Public Health* **11**, 861.
- Hatch SL, Woodhead C, Frissa S, Fear NT, Verdecchia M, Stewart R, Reichenberg A, Morgan C, Bebbington P, Mcmanus S, Brugha T, Kankulu B, Clark JL, Gazard B, Medcalf R, Hotopf M, TEAM, S. E. S. (2012). Importance of thinking locally for mental health: data from cross-sectional surveys representing South East London and England. *PLoS ONE* 7, e48012.
- Howes OD, Kapur S (2009). The dopamine hypothesis of schizophrenia: version III the final common pathway. *Schizophrenia Bulletin* **35**, 549–562.
- Iverson KM, Litwack SD, Pineles SL, Suvak MK, Vaughn RA, Resick PA (2013). Predictors of intimate partner violence revictimization: the relative impact of distinct PTSD symptoms, dissociation, and coping strategies. *Journal of Traumatic Stress* **26**, 102–110.

Johns LC, Nazroo JY, Bebbington P, Kuipers E (2002). Occurrence of hallucinatory experiences in a community sample and ethnic variations. *The British Journal of Psychiatry* **180**, 174–178.

Johns LC, Cannon M, Singleton N, Murray RM, Farrell M, Brugha T, Bebbington P, Jenkins R, Meltzer H (2004). Prevalence and correlates of self-reported psychotic symptoms in the British population. *The British Journal of Psychiatry* **185**, 298–305.

 Kaymaz N, Drukker M, Lieb R, Wittchen HU, Werbeloff N, Weiser M, Lataster T, Van Os J (2012). Do subthreshold psychotic experiences predict clinical outcomes in unselected non-help-seeking population-based samples? A systematic review and meta-analysis, enriched with new results. *Psychological Medicine* 42, 2239–2253.

Kelleher I, Lynch F, Harley M, Molloy C, Roddy S, Fitzpatrick C, Cannon M (2012). Psychotic symptoms in adolescence index risk for suicidal behavior: findings from 2 population-based case-control clinical interview studies. *Archives of General Psychiatry* 69, 1277–1283.

Kelleher I, Corcoran P, Keeley H, Wigman JT, Devlin N, Ramsay H, Wasserman C, Carli V, Sarchiapone M, Hoven C (2013*a*). Psychotic symptoms and population risk for suicide attempt: a prospective cohort study. *JAMA Psychiatry* 70, 940–948.

 Kelleher I, Keeley H, Corcoran P, Ramsay H, Wasserman C, Carli V, Sarchiapone M, Hoven C, Wasserman D, Cannon M (2013b). Childhood trauma and psychosis in a prospective cohort study: cause, effect, and directionality. *American Journal of Psychiatry* **170**, 734–741.

Krieger N (1994). Epidemiology and the web of causation: has anyone seen the spider? *Social Science and Medicine* 39, 887–903.

Kuijpers KF, Van Der Knaap LM, Winkel FW (2012). PTSD symptoms as risk factors for intimate partner violence revictimization and the mediating role of victims' violent behavior. *Journal of Traumatic Stress* 25, 179–186.

Linscott RJ, Van Os J (2013). An updated and conservative systematic review and meta-analysis of epidemiological evidence on psychotic experiences in children and adults: on the pathway from proneness to persistence to dimensional expression across mental disorders. *Psychological Medicine* **43**, 1133–1149.

Mäkikyrö T, Sauvola A, Moring J, Veijola J, Nieminen P, Järvelin MR, Isohanni M (1998). Hospital-treated psychiatric disorders in adults with a single-parent and twoparent family background: a 28-year follow-up of the 1966 Northern Finland birth cohort. *Family Process* **37**, 335–344.

Mayall A, Gold SR (1995). Definitional issues and mediating variables in the sexual revictimization of women sexually abused as children. *Journal of Interpersonal Violence* **10**, 26–42.

Mcmanus S, Meltzer H, Brugha T, Bebbington P, Jenkins R (2009). Adult psychiatric morbidity in England, 2007: results of a household survey. London: The NHS Information Centre for Health and Social Care.

Morgan C, Kirkbride J, Hutchinson G, Craig T, Morgan K, Dazzan P, Boydell J, Doody GA, Jones PB, Murray RM, Leff J, Fearon P (2008). Cumulative social disadvantage, ethnicity and first-episode psychosis: a case-control study. *Psychological Medicine* **38**, 1701–1715.

Morgan C, Charalambides M, Hutchinson G, Murray RM (2010). Migration, ethnicity, and psychosis: toward a sociodevelopmental model. *Schizophrenia Bulletin* **36**, 655–664.

Morgan C, Frissa S, Verdecchia M, Stewart R, Fear NT, Reichenberg A, Hotopf M, Hatch SL (2013). Trauma, life events and psychosis: evidence of synergistic effects from the selcoh study. *Schizophrenia Bulletin* **39**, S71–S72.

Morgan C, Reininghaus U, Fearon P, Hutchinson G,
Morgan K, Dazzan P, Boydell J, Kirkbride J, Doody GA,
Jones PB (2014a). Modelling the interplay between
childhood and adult adversity in pathways to psychosis:
initial evidence from the AESOP study. *Psychological Medicine* 44, 407–419.

Morgan C, Reininghaus U, Reichenberg A, Frissa S, Hotopf M, Hatch SL, SELCoH study team (2014b). Adversity, cannabis use and psychotic experiences: evidence of cumulative and synergistic effects. *The British Journal of Psychiatry* **204**, 346.

Morrison AP, Frame L, Larkin W (2003). Relationships between trauma and psychosis: a review and integration. *British Journal of Clinical Psychology* **42**, 331–353.

Mueser KT, Rosenberg SD, Goodman LA, Trumbetta SL (2002). Trauma, PTSD, and the course of severe mental illness: an interactive model. *Schizophrenia Research* **53**, 123–143.

Muthén L, Muthén B (1998). *Mplus Version 7 [Statistical Software]*. Muthén & Muthén: Los Angeles, CA.

Myin-Germeys I, Van Os J (2007). Stress-reactivity in psychosis: evidence for an affective pathway to psychosis. *Clinical Psychology Review* 27, 409–424.

Pantazis C, Gordon D, Levitas R (2006). Poverty and Social Exclusion in Britain: The Millennium Survey. Policy Press: Bristol.

Reininghaus U, Priebe S, Bentall RP (2013). Testing the psychopathology of psychosis: evidence for a general psychosis dimension. *Schizophrenia Bulletin* **39**, 884–895.

Reuben A, Moffitt TE, Caspi A, Belsky DW, Harrington H, Schroeder F, Hogan S, Ramrakha S, Poulton R, Danese A (2016). Lest we forget: comparing retrospective and prospective assessments of adverse childhood experiences in the prediction of adult health. *Journal of Child Psychology and Psychiatry* 57, 1103–1112.

Rottenberg J, Yaroslavsky I, Carney RM, Freedland KE, George CJ, Baji I, Dochnal R, Gádoros J, Halas K, Kapornai K (2014). The association between major depressive disorder in childhood and risk factors for cardiovascular disease in adolescence. *Psychosomatic Medicine* 76, 122.

Russell DE (1983). The incidence and prevalence of intrafamilial and extrafamilial sexual abuse of female children. *Child Abuse and Neglect* **7**, 133–146.

Schofield P, Das-Munshi J, Bécares L, Morgan C, Bhavsar V, Hotopf M, Hatch S (2016). Minority status and mental distress: a comparison of group density effects. *Psychological Medicine* **46**, 3051.

Schreier A, Wolke D, Thomas K, Horwood J, Hollis C, Gunnell D, Lewis G, Thompson A, Zammit S, Duffy L (2009). Prospective study of peer victimization in childhood and psychotic symptoms in a nonclinical population at age 12 years. Archives of General Psychiatry 66, 527–536.

- Sheinbaum T, Ros A, Kwapil TR, Ballespi S, Mitjavila M, Barrantes-Vidal N (2012). Insecure attachment style mediates the association between childhood adversity and subclinical psychotic symptoms in a non-clinical sample. *Early Intervention in Psychiatry* 6, 124.
- Siegel JM, Sorenson SB, Golding JM, Burnam MA, Stein JA (1987). The prevalence of childhood sexual assault The Los Angeles epidemiologic catchment area project. *American Journal of Epidemiology* **126**, 1141–1153.
- Van Nierop M, Lataster T, Smeets F, Gunther N, Van Zelst C, De Graaf R, Ten Have M, Van Dorsselaer S, Bak M, Myin-Germeys I, Viechtbauer W, Van Os J, Van Winkel R (2014). Psychopathological mechanisms linking childhood

traumatic experiences to risk of psychotic symptoms: analysis of a large, representative population-based sample. *Schizophrenia Bulletin* **40**, S123–S130.

- Varese F, Smeets F, Drukker M, Lieverse R, Lataster T, Viechtbauer W, Read J, Van Os J, Bentall RP (2012). Childhood adversities increase the risk of psychosis: a meta-analysis of patient-control, prospective-and crosssectional cohort studies. *Schizophrenia Bulletin* 38, 661–671.
- Werbeloff N, Drukker M, Dohrenwend BP, Levav I, Yoffe R, Van Os J, Davidson M, Weiser M (2012). Self-reported attenuated psychotic symptoms as forerunners of severe mental disorders later in life. *Archives of General Psychiatry* 69, 467–475.