REVIEW

Modulating secreted components of tumor microenvironment: A masterstroke in tumor therapeutics

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ARSTRACT

The microenvironment in which cancer resides plays an important role in regulating cancer survival, progression, malignancy and drug resistance. Tumor microenvironment (TME) consists of heterogeneous number and types of cellular and non-cellular components that vary in relation to tumor phenotype and genotype. In recent, non-cellular secreted components of microenvironmental heterogeneity have been suggested to contain various growth factors, cytokines, RNA, DNA, metabolites, structural matrix and matricellular proteins. These non-cellular components have been indicated to orchestrate numerous ways to support cancer survival and progression by providing metabolites, energy, growth signals, evading immune surveillance, drug resistance environment, metastatic and angiogenesis cues. Thus, switching action from pro-cancer to anti-cancer activities of these secreted components of TME has been considered as a new avenue in cancer therapeutics and drug resistance. In this report, we summarize the recent preclinical and clinical evidences to emphasize the importance of non-cellular components of TME in achieving precision therapeutics and biomarker study.

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Introduction

Many new and existing drugs are undergoing successive clinical trials on various cancer tissue models but a majority of them fail due to one or the other reason. Several reports have documented the occurrence of drug resistance, precision of drugs and relapse by using cancer tissue models.^{2,39,48,73,76} A major cause that has been suggested behind cancer survival, progression, metastasis, failure of drugs and drug resistance is the heterogeneity of tumor microenvironment (TME).^{[3,11,22,36,44,73,76,105,112,125](#page-7-1)} Tumor progression is significantly contributed by the non-tumor cells surrounding the tumor and secreted non-cellular components, which collectively form the TME.^{[3,45,73,76,105,125](#page-7-2)} The TME consists of cellular components like cancer associated fibroblasts (CAF's), pericytes, lymphocytes, adipocytes, neutrophils, T-reg cells, mesenchymal stem cells, mast cells and other immune components which play a crucial role in immunosuppression.^{3,44,54},73,76,125 Indeed, cellular architecture is central in microenvironmental heterogeneity, and secreted non-cellular components are of significant importance in shaping the tumor phenotypes and drug responses[.3,44,54,73,76,84,125](#page-7-4) Commonly, non-cellular components of TME have been reported to include various types of molecules such as growth factors, cytokines, extracellular matrix (ECM) structural proteins, secreted matricellular proteins, paracrine signaling mediators such as Wnt, BMP group of proteins, small reg-ulatory RNAs, DNA and metabolites.^{[32,44,73,76,125,](#page-7-5)[126](#page-9-0)} Currently, several pre-clinical and clinical efforts have been documented to harness non-cellular components as potential therapeutic targets and biomarker tools; $48,125$ Yuan et al.^{[2,109,110,118,126](#page-9-0)} This review highlights the area of tumor heterogeneity and roles of various

components, ECM, extracellular RNA and DNA, exosome, cytokines, growth factors, pH and metabolites as non-cellular heterogeneity. These together drive tumor physiology and drug resistances of cancer, and these are described in the context of pre-clinical and clinical perspectives.

Tumor heterogeneity as a global factor

Tumor heterogeneity is one of the major and global factors behind driving wheels of tumor progression, metastasis and cancer drug resistance.^{[2,39,48,58,73,76,125](#page-6-0)} Tumor heterogeneity has been described as inter-tumoral and intra-tumoral heterogeneity. Inter-tumoral heterogeneity is due to the presence of different tumor cells in different sub-populations that vary in genotype and phenotype leading to difference in morphology, physiology and anatomy of the tumor. On the other side, intra-tumoral heterogeneity can occur within the cancer cells of only one tumor.^{[74](#page-8-0)} Yuan et al.^{[126](#page-9-0)} Intra-tumoral heterogeneity has been suggested to be due to genetic, epigenetic and microenvironmental factors. The rise of tumor heterogeneity in a carcinoma is widely due to the diverse variety of cells found in the TME which are structurally, genetically, physiologically, functionally and anatomically different. The different types of cells found in the TME secrete various types of factors which help in transforming normal cell phenotype to cancer cell phenotype each with different morphology.[58,60,67,](#page-0-0)[107](#page-9-1)

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Genetic heterogeneity

In recent, genetic diversity within and between tumors has been called as genetic heterogeneity, and it has been implicated in several signalling pathways, phenotype variations and a roadblock to personalized medicine.^{11,37,76,98,112} In this type of tumor heterogeneity, major factors that have been reported to contribute to global genomic instability include chromosomal instability, circular extrachromosomal DNA amplification, instability in gene mutation and expression leading to difference in genotype and phenotype of cells.^{[11,37,76,98,112](#page-8-1)} These genetic mutations play a key role in contributing to genetic heterogeneity which further leads to intra-tumoral heterogeneity.^{3,11,44,73,76,112,125}

Epigenetic heterogeneity

Epigenetic heterogeneity within tumor has been indicated to arise from non-genetic influences on gene expression.^{[2,28,125](#page-7-7)} This type of tumor heterogeneity means the state of being diverse in content or character with reference to DNA methylation, histone signature and chromatin remodeling, which are independent of DNA sequence.^{[2,33,125](#page-9-2)} The origin of intratumoral heterogeneity has been based on diverse epigenetic regulation of genes and non-coding DNA.^{[2,28,125](#page-7-7)} Currently, it is well accepted that epigenetic heterogeneity is a crucial factor behind observed hallmarks of cancer, immunomodulation, drug resistance and relapse of cancer. $^{1,10,75,76}\,$ $^{1,10,75,76}\,$ $^{1,10,75,76}\,$

Cellular microenvironment heterogeneity

Heterogeneity of TME is a key to cancer progression and development. Tumor cells have diverse nature in terms of morphology, structure, genotype and phenotype.^{[44,73](#page-7-2)} Cellular microenvironment heterogeneity includes the different types of cellular components found in TME like cancer and non-cancer affected immune cells, adipocytes, fibroblasts, stromal cells and cancer stem cells.^{[3,58,73,76](#page-8-3)} These cellular components of tumor have been involved in many pro-cancer activities like tumor survival, growth, progression and metastasis.^{[3,44,73,76,82,125](#page-7-2)}

The phenotype of a tumor is not only dependent on the internal characters of the tumor cells, but is also dependent on its interaction with components of non-tumor cells in the surroundings. These include cytokines, growth factors, ligands, small RNAs, DNA, soluble factors, metabolite, and the non- cellular solid-state extracellular matrix (ECM) that make the TME more amiable for the progression of the tumor.^{[8,](#page-6-1)[42,52,72,92,99,101](#page-9-3)} The cellular interactions with the non-cellular microenvironment also play a role in governing the tumor metastasis.²³ Tumor-stromal cell crosstalk intensifies the production of chemokines, growth factors, cytokines, matrix metalloproteinases (MMPs) which facilitate the tumor growth and angiogenesis.^{[4,59](#page-7-9)}

ECM and its role in tumor progression

In tumor tissue, ECM component has been called as the collection of secreted extracellular molecules from the cellular community, which extend structural and biochemical support to their microenvironment.^{[8](#page-6-1)} Roberts et al.^{52,72,92,101} Proteins, glycoproteins and proteoglycans are the major non cellular components of TME, which make the ECM. It regulates func-tions of cells both structurally and functionally.^{[72,92](#page-8-4)} The extent of contribution of ECM could be better realized by the fact that more stiffness of cancer tissue may provide a better platform for the modulation of non-cellular microenvironment, which can support cancer growth and invasion (Roberts et al.^{[19,52,101](#page-9-3)})

ECM includes an array of various structures and components. For example, a compact basement membrane (also called as specialized ECM) has been found to be rich in fibronectin, collagen, & laminin. Another component of ECM is described as interstitial matrix consisting of proteoglycans, glycoproteins and collagen, which contribute to the tensile strength of the tis-sue (Roberts et al.^{[52,72,101](#page-9-3)} ECM helps in preventing the penetration of targeted drug inside the cancer cells and its uptake by them, forming a tough semi-impermeameable matrix like a tight mess leading to eventual failure of the drug given. Further, various glycoproteins and proteoglycans in the ECM maintain compact cell-cell adhesion, which pose a challenge in drug delivery.^{[52,72](#page-7-10)} Harris et al.^{[45](#page-7-11)} suggested the importance of stromal remodeling in pancreatic ductal adenocarcinoma (PDAC), which in turn is a manifestation of non-cellular heterogeneity that could shape the growth and progression of carcinoma. Their data suggest that Serpin B2, a type of ECM component in the stromal compartment can modulate the stromal remodeling and act as a suppressor for PDAC invasion.

Matricellular proteins as components of ECM

In recent, contribution of a plethora of matricellular protein has been viewed as dynamically expressed pool of proteins in the ECM. 8 Roberts et al.^{[101](#page-9-3)} It is believed that these nonstructural proteins provide sites for ECM structural proteins and cell surface receptors.^{[8](#page-6-1)} Roberts et al.^{[101](#page-9-3)} Additionally, it has been shown that these are involved in the sequestration and modulation of activities of specific growth factors. Among several such matricellular proteins, CCN family of proteins, fibulins, osteopontin, periostin, SPARC family members, tenascin(s), and thrombospondins have been reported to be involved in cancer progression, wound heal-ing and tissue repair.^{[8](#page-6-1)} Roberts et al.^{[52,101](#page-9-3)}

In a recent clinical study, Psyrri et al.⁹⁵ suggested that osteopontin, a type of matricellular protein could be a potential therapeutic target and prognostic marker in breast cancer due to its highly elevated level in TME. Among a class of matricellular proteins in TEM, a secreted protein acidic and rich in cysteine (SPARC) has been shown to be linked to aggressiveness of human breast cancer. Güttlein et al.^{[42](#page-7-12)} revealed the clinical evidence of SPARC in breast carcinoma and highlighted its impor-tance in therapeutics and biomarker study. Recently, Hu et al.^{[49](#page-7-13)} showed the presence of several secreted proteins, namely SULT2B1, CEACAM5, SPRR3, AGR2, S100P, and S100A14, which can potentially be used as therapeutic targets and bio-markers in non-small cell lung cancer (NSCLC). Tzeng et al.^{[113](#page-9-4)}

supported the notion that modulation of microenvironment could have a significant impact on tumor progression and invasion. Such a study suggests that Rab37-mediated Thrombospondin-1 secretion in cancer cells can suppress metastasis and angiogenesis via a cross-talk with endothelial cells.^{[113](#page-9-4)} Recently, He et al.^{[47](#page-7-14)} suggested that embryonic stem cells can release potential factors in conditioned medium. These secreted factors can efficiently suppress activation of signal transducer and activator of transcription 3 pathway in breast cancer cells and act as a significant modulator of microenvironment heterogeneity. In summary, both structural matrix and matricellular components within ECM can modulate the TME in favour of growth, invasion, metastasis and drug evasion. The basic understanding about interplay between ECM and TME has been translated into the therapeutic approaches, which are currently at preclinical and clinical stages.

Role of cytokines in shaping non-cellular microenvironment

The non-cellular TME includes various secreted molecules including cytokines, which enhance a two way communication via paracrine signaling between tumor cells and the can-cer associated cells in the environment.^{[27,31](#page-7-15)} These major proteins as cytokines have been suggested to play an impor-tant role in the tumor genotype and phenotype.^{[27](#page-7-15)} A number of cytokines with different functions such as interleukins, tumor necrosis factor family, interferon family and TGF-beta family of proteins have been found in the TME (Dranoff et al.^{[27](#page-7-15)} Flavio et al., 2007^{[31,44,73](#page-7-16)} [\(Figure 1\)](#page-2-0). Cytokines may influence the formation of tumors by acting directly on the tumor cells as a growth supporting factor and indirectly by evoking inflammatory cell types Flavio et al., 2007.^{[30](#page-7-17)}

Interleukin-33 (IL-33) has been reported to participate in tumorigenesis through release of inflammatory factors.^{[117](#page-9-5)} Interleukin 23 (IL-23), a cytokine responsible for causing inflammation is involved in the secretion of TGF- β playing a role in suppressing the immune system and responses. Vascular

Figure 1. This figure depicts the role of cytokines in cancer growth, invasion and drug-resistance. IL-6, an interleukin enhances tumour survival and progression by inducing various DNA damage repair pathways in cancer cells. IL-33 releases various inflammatory factors that cause inflammation in the tumour cells. IL-35 stimulates macrophages to produce many inflammatory signals that cause inflammation.

endothelial growth factor (VEGF) plays a role in angiogenesis. Additionally, IL-10 and IL-23 also play a role in promoting suppression of immune system by decreasing the permeation of $CD4^+$ and $CD8^+$ T cells into tumor tissues.^{[83](#page-8-6)} IL-4, a cytokine in the TME of breast cancer induces cancer cell growth, survival and metastasis mediated by MAPK signaling pathway as its blockage leads to decrease in numbers of cancer cell and $CSCs$.^{[34](#page-7-18)} IL-10, a growth factor required in signaling of the inflammatory response and invasion of immune cells, acts differently in the TME. It is found to specifically trigger cancer progression and tumor maintenance.^{[7](#page-6-2)} Interleukin-6 (IL-6) is a major component of almost all TME. Recent study has shed light that IL-6 not only activates inflammation but also controls a number of pro-cancer activities like progression, malignancy and anti-death signaling pathways. IL-6 also acts as a protective shield against DNA damage by inducing pro-cancer signaling repair pathways.^{[61](#page-8-7)}

Transforming growth factor– β (TGF- β) in the TME also plays an essential role in self-renewal, differentiation, maintenance and survival of cancer stem cells which lead to tumor progression and metastasis.^{[91](#page-8-8)} TGF- β has also been observed to drive breast cancer metastasis by downregulating miR-196a-3p expression.¹⁸

A chemokine CCL5 which is secreted by tumor-associated microglia has also been studied and proved to promote the growth of optic glioma in vivo. 87 In a clinical study, Cao et al.^{[13](#page-6-4)} showed evidence about the elevated level of expression of chemokine CXC subfamily of IL-8, $GRO\alpha$, IP-10, and MIG in tumor tissues over tumor-adjacent tissues and normal tissues. Further, pro-inflammatory cytokines, IL-6 and IL-8 have been reported to be linked with senescence-associated secretory phenotype, which act as pro-TME factors in inducing EMT and other pro-cancer activities.[106](#page-9-6) Another study suggests that purified IL-6 and IL-8 can produce self- and cross-reinforced senescence/inflammatory microenvironment responsible for aggressive phenotypes to a luminal breast cancer cell line.^{[85](#page-8-10)} There are various types of cytokines like IL-35 and others which suppress or inhibit the normal functioning of immune cells like neutrophils, macrophages thus leading to failure of immunotherapy.^{[129](#page-9-7)} In summary, cytokines have been perceived as key molecules to establish better cell-cell communication within tumor community, which mostly work in support of pro-cancer microenvironment. Therefore, there is a scope to look for potential mimetics to these growth promoting and inflammatory cytokines as cancer therapeutics.

Exosomes as a messenger in tme

The concept of secretome in shaping TME has seen a wide resurgence. The heterogeneity of secretome has been thought to involve exosomes, small vesicles of endocytic cargo used to ferry bioactive molecules such as proteins, lipids, RNA, DNA and metabolites molecules. Such tumor originated exosomes have been suggested to be important for reprogramming and metastasis of malignant cells^{[44,70,73](#page-7-2)} [\(Figure 2\)](#page-3-0). The characterization of exosomal content has revealed about the presence of RNA materials including small RNAs, long non-coding RNAs and messenger RNAs.^{[10](#page-6-5)}

Figure 2. This figure illustrates the role of exosomes in cancer progression, malignancy and drug-resistance. Exosomes are secreted by normal and cancer cells. These exosomes act as a mediator of communication between cancer and normal cells acting as a messenger. They are also involved in transport of proteins, nucleic acids and lipids to cancer cells. Exosomes released by cancer cells toughen the extracellular matrix acting as a barrier to entry of drugs inside the cancer cells leading to drug resistance.

Exosomes have been involved in inter- and intra-cellular communication between cancer cells, normal cells and the environment in which they reside thus acting as carriers of information.^{109,118} Along with the communication process they are also involved in transporting different types of materials to cancer cells like proteins, fats, different signaling molecules and essential elements[.77,103,109,110,115,118](#page-8-11)

Tumor-derived exosomes also induce NF-kB signaling in macrophages leading to an increase in the activity and release of various inflammatory factors that cause tumor sur-vival, progression and metastasis of gastric carcinoma.^{[121](#page-9-9)} A recent study has revealed that tumor-derived exosomes carry proteins that have potential to block positive immune response in tumor cells that help to eradicate tumor, thus allowing cancer and normal cells to escape from various immune checkpoints leading to cancer growth and metastasis. They also stimulate various cells to produce different types of signals and factors that help in cracking down the immunosurveillance system leading to cancer progression and malignancy.[119](#page-9-10) Exosomes are also involved in loss of adhesion of the cancer cells leading to increase in motility of cancer cells resulting in metastasis.^{[110](#page-9-11)}

There are many evidences which support that Tumorderived (TD) exosomes released from tumor tissue are involved in drug resistance by removing the drug given and also promote other cells to produce factors and signals that negatively regulate immune response leading to jumping of cancer cells from various immune checkpoints.¹¹⁵ Various studies have revealed that exosomes secrete various proteins that are involved in growth of fibrous tissue around tumor cells that help in resisting effective permeability of drugs inside the tumor cells.^{[5](#page-6-6)} In summary, idea of exosome contribution in shaping TME has received wide attention, due to its ability to facilitate export and import of potential key messengers driving pro-cancer events. Therefore, importance lies here that exosome could be exploited in two ways, first in biomarker study and second as a tool to bring ectopic applications of drugs/ inhibitors as anticancer agents.

Extra-cellular RNA and DNA in shaping microenvironmental heterogeneity

In recent, the roles of small non-coding RNAs have been at the forefront in cancer therapeutics due to their role as both tumour suppressors and oncogenes. A predominant class of small RNAs as microRNAs (miRNAs) have been widely reported in cancer progression, invasion and metastasis by reg-ulating expression of various genes.^{[16,29,63,100](#page-6-7)} More recently, besides intracellular regulation and biological functions, these small RNAs including miRNAs have been considered as a crucial actor in TME based heterogeneity due to differential extra-cellular space in tumor Evans-Knowell et al.^{[30](#page-7-17)} These small RNA species have been involved in communication between cancer cells in their respective TME.^{[63,69,114](#page-8-12)} As an additional evidence Challagundla et al.¹⁷ reported that exosomic miRNA-21 and miRNA-155 can be suggested as a communication bridge between neuroblastoma cells and human monocytes and subsequent observations of drug resistance. Another evi-dence from Chugh et al.^{[21](#page-7-19)} suggested about the secreted nature of miRNAs from host as miRNA-17-92 cluster and circulating miRNA profiles from KSHV mouse models. MiRNA-210 found in the TME of Osteosarcoma (OS) has been reported to play a role in conversion of Osteosarcoma cells to OS stem cells lead-ing to tumor growth and progression.^{[127](#page-9-13)} MiRNA-210 has also been found in the TME of breast cancer tissue.^{[6](#page-6-9)} Bott et al.^{[9](#page-6-10)} reported the presence of miRNA-1246 in the TME of breast cancer, which can induce the release of inflammatory factors like interleukins such as IL-6 and IL-8, which can participate in tumor inflammation and promotion of $NF-\kappa B$ signaling.

Now, it is a widely accepted notion that DNA can be leaked and possibly exported from the dead and dying cells into the extracellular spaces. In case of a tumor, DNase I can also be secreted to extra-cellular space and it is suggested that it acts as an agent of waste disposal system in the human system to attain degradation of extra-cellular DNA.^{[101](#page-9-3)} There is also evidence that extracellular DNA may be a component of neutrophil extracellular traps, which may work as an anti-tumor immune response system.^{[43](#page-7-16)} Besides the possibilities of leakage of DNA to extracellular space, there is an emerging evidence of exosome mediated transport to achieve cell-cell communication in TME.^{[46,53](#page-7-14)} In summary, the presence of extracellular RNA and DNA in TME has opened up new avenues to strengthen for prognosis and diagnosis, approaches and also has provided a platform to visualize the contribution of these RNA/DNA molecules in pro-cancer activities ([Figure 3](#page-4-0)).

Modulation of microenvironment heterogeneity by growth factors

A plethora of molecular components in the microenvironment have shown their ability to modulate the growth of tumor cells, which progress and metastasize. A major class of such molecules in TME has been described as polypeptide growth factors that are released from a cell and interact with growth receptors present on target cells. Different types of growth factors mediate cell-cell communications with distinct cellular populations, which is mediated by unique set of growth receptors.

Figure 3. This figure describes the role of extracellular secreted RNAs (small RNAs and mRNA) and DNAs in tumor growth, transformation, progression and communication. MiRNA 210 is released by cancer developing cells and normal cells in tumor derived exosomes. MiRNA 210 is taken by normal cells leading to change in Mi-RNA levels further leading to transformation of normal cells to cancer cells. MiRNA21 and miRNA155 are released by normal and cancer cells which act as messenger between different cells of the tumor playing a role in communication. Cancer cells also secrete oncogenic DNA which converts normal cells to tumor cells.

There are various growth factors like vascular endothelial growth factor (VEGF) which plays a major role in angiogenesis providing nutritional supply to cancer cells through blood and metastasis.^{[44,73,76,93,125](#page-7-2)} Yuan et al.^{[126](#page-9-0)} Hepatocyte growth factor (HGF) that is involved in intercellular communication via paracrine signaling promotes change of normal functioning of fibroblasts to cancer associated fibroblasts (CAF's) thus helping in tumor heterogeneity, progression and malignancy.^{[122](#page-9-14)} HGF also causes epithelial to mesenchymal transition (EMT) leading to invasion of cancer cells.^{[86](#page-8-13)} Various glycoproteins are found in the TME with diverse kind of roles. Fibulin-3, a glycoprotein secreted by glioblastoma cells induces $NF-\kappa B$ signaling leading to proliferation and metastasis of cancer cells along with secretion of tumor necrosis factor alpha $(TNF\alpha)$.^{[81](#page-8-14)} Progranulin (PGRN), a glycoprotein found in the TME of colorectal cancer (CRC) enhances tumor progression and malignancy by conversion of normal functioning of fibroblasts to cancer associated fibroblasts $(CAF's).¹¹⁴$ $(CAF's).¹¹⁴$ $(CAF's).¹¹⁴$

The insulin-like growth factor-1 (IGF-1) and IGF-1 receptor based communication has been suggested to induce cells to undergo epithelial to mesenchymal transition and promote migration and invasion. $44,73$ Another growth factor, platelet derived growth factor has been suggested to establish cellular communication among stromal cells, notably fibroblasts, myofibroblasts and macrophages for growth, survival and suitable TME.^{[76,125](#page-8-15)} Yuan et al.^{[126](#page-9-0)} One of the secreted molecules, sphingosine-1-phosphate produced through the metabolism of cancer and non-cancer cells surrounding the tumor is derived outside the cells and it plays an essential role in tumor survival and progression.^{[80](#page-8-16)} In summary, the importance of growth factors in TME has been well known. Recent accumulations of evidence in the form of pre-clinical and clinical levels are encouraging and may lead to additional therapeutic tools other than existing drugs/inhibitors regimens.

pH as a factor to turn TME

In view of the Warburg effects, altered pH has been considered as one of the common hallmarks and also a factor for promoting tumour progression; $44,76,125$ Yuan et al.¹²⁶ Further, a decrease in the pH causes damage to the ECM proteins which is followed by invasion and metastasis of the cancer cells from the tumour tissue to the external environment. A therapeutic approach in targeting the tumour tissue may include the reversal in the state of pH in and outside the matrix like decrease in the pH intracellularly and increase in the pH extracellularly through any type of drug mechanism.^{[57](#page-7-20)}

Secreted metabolites and microenvironmental heterogeneity

Intratumoral heterogeneity has been perceived as one of the pivotal hurdles in cancer therapy success. Among potential components as the contributor of heterogeneity, extracellular gradients of metabolites can act in creating phenotypic diversity of cells in the TME.^{[44,73,76,125](#page-7-2)} Yuan et al.^{[97,126](#page-9-0)} There are evidences to support that extracellular metabolites can behave as tumor morphogens that shape up a unique tumor heterogene-ity.^{[14](#page-6-11)} It is widely accepted that CAFs residing in the TME can promote the growth of cancer cells by secreting essential energy-rich metabolites, including lactate, ketone bodies, fatty acids, glutamine, and other amino acids in extracellular space.^{[97,120](#page-8-17)} In a recent paper, Loo et al.^{[71](#page-8-18)} reported on the ability of miRNA-551a and miRNA-483 in regulating creatine kinase,

brain-type (CKB), which is responsible for the accumulation of phosphocreatine from metabolite creatine. Such accumulation of phosphocreatine has been indicated to accentuate the metastatic survival.

Therapeutic approaches to modulate tme

The TME can affect the success of chemotherapy, as the resistance of cancer drugs has been focused on cancer cells.^{[1,39,48,55,68,78,84,86,88,89](#page-8-19)} There are various ways in which TME plays a role in drug resistance such as by not allowing the drug to enter inside the tumor tissue by formation of a tough ECM network, modulation of cell-cell communication and changes in the level of soluble components including matricellular proteins, cytokines, metabolites, RNA, DNA and lipid.[2,46,48,79,97](#page-7-6) Various components present in the TME help the tumor tissue to switch on to some other survival pathways thus leading to failure of the drug given as there are many ways for survival of cancer cells.^{[73,76,125](#page-8-3)} Yuan et al.^{[126](#page-9-0)}

An important category of secreted components within TME as nano-vesicle packaged miRNAs have been suggested to act as tumor suppressors, oncogenic and immune modulators.[35,40,56,69,104,124](#page-8-12) Based on these attributes, secreted exosomal miRNAs have been viewed as significant players in tumor prognosis, diagnosis, therapeutics and post therapy monitoring of cancer patients (Seliger et al.^{[104](#page-9-16)} One of them is miRNA-7 that suppresses autophagy inducing factors in the TME of pancreatic carcinoma along with glycolysis metabolism leading to inhibition of carcinoma growth and malignancy.^{[40](#page-7-21)} MiRNA-199a-3p in the TME of prostate carcinoma blocks specifically the progression of cancer stem cells of prostate gland and also stops tumor formation serving as therapeutic approach in targeting it.[69](#page-8-12) MiRNA-29b stops tumor progression, invasion and malignancy by blocking Akt3 which induces cancer cell growth and metastasis as it is found in the TME and tumor cells.^{[63](#page-8-20)} Downregulation of various miRNAs have been linked with various types of cancers like decrease of miRNA-126 and miRNA-7 level is linked to endocrine cancer.^{[64](#page-8-21)} While under expression of miRNA-125b, miRNA-145 and miRNA-21 is linked to breast cancer and many more. MiRNA-126 (miRNA-126) is found in the TME of almost all major types of tumors. This can serve as a biomarker for TME based targeted therapy.^{[124](#page-9-17)}

A number of cytokines are discovered for their anti-onco-genic role.^{[38,44,73,76,125,](#page-7-2)} Yuan et al.^{24,79,126} One of them is Interleukin-31 (IL31) that reduces the number of tumor cells by controlling blood vessel formation and malignancy.^{[24](#page-7-22)} Among a pool of secreted factors in TME, a form cytokine as CC chemokine ligands (CCL)-5, 20 has been associated with tumor progression and drug resistance. These secreted forms of cytokines as CCL-5 and CCL-20 have been presented as promising cancer therapeutic targets by using small RNAs interference and pharmacological inhibitory approaches.[79](#page-8-22) A new class of cytokine osteoprotegerin has been reported to modulate TME by displaying crosstalk with fatty acid synthase (FASN) and, cycloxygenase-2. Collectively, osteoprotegerin, fatty acid synthase and cycloxygenase-2 have been suggested as therapeutic targets and suggest the combinatorial anti-cancer treatment options.[38](#page-7-23)

Peptide (along with derivatives) based therapy supported with nano-modifications can serve as a better therapeutic approach to target the TME's cellular and non- cellular components.[12,15,20,96,123](#page-6-12) These classes of drugs are known for their selectivity, efficiency, amphoteric nature and these are modifiers of biological processes, acting as signalling molecules and passing easily through plasma membrane.^{[96](#page-8-23)} A most common and effective biomarker in cancer is the low pH of cancer cells. pH (low) insertion peptides (pHLIP®s) serve as new and promising approach in targeting as it helps in imaging of tumor cells, transport of drug molecules across the lipid bilayer and absorp-tion of the targeted drug given.^{[123](#page-9-18)} Evidence has shown that a newly developed peptide with heparin-binding activity suppresses tumor progression and metastasis by blocking angiogenesis, acting as an angiogenesis inhibitor in targeting the TME.^{[20](#page-6-13)} Among other secreted proteins, evidences have supported the importance of extracellular secreted exosomal heat shock protein 60 (HSP60) as a modulator of TME. These HSP60 have been linked to the anticancer effects of Suberoylanilide hydroxamic acid, an inhibitor of histone deacetylase family of enzyme.[12,15](#page-6-12) Another chaperon-like enhancer molecule anterior gradient-2 secreted from tumor cells has been shown to activate VEGF and fibroblast growth factor and suggested as a potential therapeutic target.^{[41](#page-7-24)}

Other than exosomal miRNAs, secreted cytokines and extracellular peptides, tumor secreted metabolites have been seen as a new class of therapeutic targets and tumor bio-markers.^{[26,97,102,108](#page-9-19)} For an example, Salimian Rizi et al.^{[102](#page-9-19)} reported that use of inhibitor of arginine, secreted metabolite in TME can serve as therapeutic by dismantling the metabolic crosstalk between developmental adipose stromal cells and endometrial and ovarian tumor cells. Additional evidence by Stadler et al.^{[108](#page-9-8)} suggested that colorectal cancer cell secreted 12-Hydroxyeicosatetraenoic acid (12-HETE), a product of lipid metabolism can change TME in favor of enhanced invasiveness. Further, authors proposed the therapeutic use of inhibitors to calcium signaling pathways provoked by 12-HETE.

Nanoparticle based therapeutic approach towards targeting the TME is a better option due to drug resistance offered by tumour cells (Adjei and Blanka 20[1](#page-6-14)5¹; Praneeth et al., 2016.[25,51,90,95](#page-7-25) These nanoparticles due to their highly selective nature towards targeting particular cellular and non-cellular components in the TME are effective in treatment options.^{[90](#page-8-24)} Drug delivery systems made from natural and artificial sources deliver drugs to kill the stromal cells and reschedule the micro-environment for tumor development (Adjei and Blanka 20[1](#page-6-14)5¹). Synthetic miRNA can be used for targeting miRNA to stromal cells as they have a therapeutic possibility to modify the TME (Praneeth et al., 2016). Recent studies and evidences prove that exosomes can act as a biomarker to target the TME.^{[50](#page-7-26)} Not only exosomes but exosomes loaded with various particles like miR-NAs and proteins can also serve as a potent and functional biomarker in targeting TME as their expression levels vary in different types of cancers.^{[25,51](#page-7-25)}

In summary, numerous pre-clinical and clinical data supported the notion that modulation of non-cellular microenvironment can bring promising cancer therapy outcomes. Among potential secreted molecules within TME, nano-vesicle packaged miRNAs, extracellular peptides, growth factors, cytokines, chaperones and metabolites have been widely viewed as therapeutic targets to disrupt the pro-tumor niches. Importantly, pharmacological inhibitors, small RNA based interference and mimetic agents to target non-cellular components could be presented as promising combinatorial therapeutic options in combination with existing drugs such as genotoxic agents, epigenetic modulators and inhibitors to signalling pathways. However, these therapeutic options could also face certain bottlenecks in terms of intra-cellular and inter-organelle delivery, stability, drug dose related side effects, harm to the normal tissues, need of prior knowledge of genetic and epigenetic status of patient, cost effectiveness, potential drug resistance and relapse of cancer. Therefore, therapeutics aimed at non-cellular components within tumor should be critically evaluated with potential promises and pitfalls, so that success of these drugs in combinations with existing anti-cancer agents will be a reality at preclinical and clinical stages.

Conclusion

In conclusion, understanding the cellular and molecular pathways unleashed by secreted components in TME has paved the way to achieve cancer treatment options beyond the scope of genotoxic drug therapy. Several mimetic drug approaches have been endeavored to modulate friendly TME in such a way that it becomes hostile and limiting for growth, progression and metastasis. These therapeutic options centered on non-cellular components have been given preference over commonly used cancer treatment regimens because of their scope to enter to the precision drug therapy and personalize treatment. Interestingly, selective drugs to modulate non-cellular TME have been suggested for combinatorial drug therapy for complete and sustainable eradication of tumor cells as well as non-tumor supporting neighboring cells. Despite tremendous progress in understanding of non-cellular microenvironmental heterogeneity, there is a need for a better cancer model, where a true representative microenvironment could be employed and tested for the success of drugs.

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Conflict of interest

The authors convincingly declare no conflict of interest.

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