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Regulation and Function of Proinflammatory TH17 Cells

Gustavo J. Martinez, Roza I. Nurieva, Xuexian O. Yang, and Chen Dong

Department of Immunology, MD Anderson Cancer Center, Houston, Texas, USA

Abstract

Naïve CD4⁺ helper T (TH) cells, upon activation by antigen-presenting cells (APC), differentiate into different types of effector cells that are characterized by their distinct cytokine production profiles and immune regulatory functions. In addition to TH1 and TH2 cells, a third subset of effector TH cells has recently been described and termed TH17. Since their identification, TH17 cells have emerged as crucial players in infectious, inflammatory, and autoimmune diseases, and cancer. In this review, we summarize the latest discoveries on the cytokine-mediated regulation and transcriptional programming of TH17 cells and their roles in different immune responses and diseases.

Keywords

pro-inflammatory TH17 cells; CD4+ T helper; antigen-presenting cells

Overview

CD4⁺ T helper (TH) cells play a crucial role in regulating immune responses by orchestrating the function of other immune cell types. Effector TH cell subsets are characterized by their differential cytokine production profiles and immune regulatory functions. For almost two decades, the TH1-TH2 paradigm has prevailed in immunology.¹ TH1 cells, through interferon gamma (IFN- γ) production, regulate antigen presentation and immunity against intracellular pathogens, whereas TH2 cells, which produce interleukin-4 (IL-4), IL-5, and IL-13, mediate certain humoral responses and immunity against parasites. However, observations by different groups indicated that pro-inflammatory cytokines IL-17 and IL-17F were expressed by distinct TH cells, which did not express either IFN- γ or IL-4.^{2,3} Moreover, even though TH1 cells have been linked to the development of autoimmunity, mice deficient in IFN- γ , IFN- γ R, or signaling transducer and activator of transcription 1 (STAT1) were still susceptible to experimental autoimmune encephalomyelitis (EAE) or collagen-induced arthritis (CIA) models.^{4–7} On the other hand, mice deficient in Inducible Costimulator (ICOS) or IL-23 were resistant to the development of CIA, associated with reduced IL-17 expression.^{8,9} Moreover, IL-23 was found to selectively expand a unique population of TH cells that selectively express IL-17 and IL-17F

Address for correspondence: Chen Dong, Department of Immunology, MD Anderson Cancer Center, 7455 Fannin, Unit 906, Houston, TX 77030, USA. Fax: +713-563-0604. cdong@mdanderson.org.

and play a pathogenic role in EAE.¹⁰ These data provided the grounds to the subsequent discovery of TH17 cells as a TH lineage independent of TH1 or TH2 cells.^{11,12}

In the past 2 to 3 years, there has been rapid, exciting progress in understanding the differentiation and function of TH17 cells. TH17 cells produce IL-17, IL-17F, IL-21, and IL-22 and induce the recruitment of neutrophils and macrophages to tissues.¹³ TH17 cells are regulated by unique cytokine stimuli and transcriptional machinery. In this review, we summarize the latest findings on the developmental regulation of TH17 cells by cytokines and transcription factors and the roles of TH17 cells in different diseases.

Regulation of TH17 Cell Differentiation by Cytokines

As mentioned, TH17 cells develop via an independent lineage from TH1 or TH2 cells. Therefore, the understanding of the generation of these cells has been a major research focus over the past few years. Differentiation of TH cells is steered by the innate immune system, which provides T cell receptor (TCR) and costimulatory signals as well as an appropriate cytokine microenvironment that ultimately leads to the preferential induction of one specific cell lineage over the other (Fig. 1). IFN- γ , IL-12, or IL-4, which are important for TH1 and TH2 differentiation, have been shown to be dispensable for TH17 cell differentiation *in vitro* and *in vivo*, providing one of the first clues that TH17 cells are indeed an independent lineage from TH1 or TH2 cells.^{11,12} In this section we will focus on the role of multiple cytokines in driving or inhibiting the differentiation of TH17 cells (Fig. 1).

Positive Regulators of TH17 Differentiation

IL-6 and TGF-*β*—Recent work from several groups indicates that IL-6 and transforming growth factor- β (TGF- β) potently initiate TH17 differentiation.^{14–16} Veldhoen and colleagues showed that TGF-\beta and pro-inflammatory cytokine IL-6 support the differentiation of IL-17-producing T cells from naïve cells, and that tumor necrosis factor alpha (TNF-α) and IL-1β further amplified IL-17 expression.¹⁵ Involvement of TGF-β in TH17 differentiation was unexpected, since TGF-β was considered an immunosuppressive cytokine with the ability to suppress T cell activation¹⁷ and induce the development of Forkhead box P3 (Foxp3⁺) positive regulatory T cells (Treg).^{14,18} Using transcription factor Foxp3-green fluorescent protein (GFP) reporter mice to track Treg development, Bettelli and colleagues showed that IL-6 is capable of inhibiting TGF- β -dependent Foxp³⁺ Treg cell induction.¹⁴ When the phenotype of the cells cultured with TGF-β plus IL-6 was examined, the majority of them expressed IL-17. These studies suggested that there is not only functional antagonism between TH17 and Treg cells in autoimmunity, but also a dichotomy in generation of these cells, depending on whether they are activated in the presence of proinflammatory conditions.¹⁴ However, even though it has been demonstrated that TGF- β is required for induction of TH17 cells, a recent report by Zhou and colleagues shows that increasing concentrations of this cytokine lead to decreased expression of IL-23R and increased levels of Foxp3, shifting the TH17 differentiation pathway to the induction of regulatory T cells.¹⁹ Thus, the balance between TGF-B and pro-inflammatory cytokines such as IL-6 might influence the final outcome in the differentiation process from naïve T helper cells to different effector subsets.

The importance of TGF- β and IL-6 in differentiation of TH17 cells was confirmed *in vivo*. Bettelli and colleagues reported that immunization of TGF- β transgenic mice with myelin oligodendrocyte glycoprotein (MOG) in complete Freund's adjuvant (CFA) resulted in increased TH17 response and exacerbated EAE.¹⁴ Mice whose T cells cannot respond to TGF- β signaling lack TH17 cells and do not develop EAE.¹⁵ Moreover, specific deletion of TGF- β in the T cell lineage compartment leads to induction of lethal immunopathology, characterized by increased activation and proliferation of TH1 and TH2 cells.²⁰ Furthermore, these mice failed to mount *in vivo* TH17 responses and were therefore resistant to EAE, further suggesting an essential role of TGF- β produced by T cells in the control of TH cell differentiation.²⁰ Consistent with the requirement of IL-6 in TH17 cell generation, IL-6-deficient mice failed to develop TH17 responses, had significantly increased numbers of Foxp3⁺ regulatory T cells, and were resistant to EAE.^{21,22}

A series of recent studies indicate the activity of retinoic acid produced by mucosal dendritic cells (DCs) in inhibiting TGF- β -dependent TH17 cell generation while promoting Foxp3⁺ Treg cell differentiation.^{23–27} Retinoic acid induces Foxp3 and inhibits RAR-related orphan receptor gamma (ROR γ) expression and IL-17 production. In the intestine and mesenteric lymph nodes, CD103⁺ DCs secrete retinoic acid and produce TGF- β .²⁸ These CD103⁺ DCs are strong inducers of Foxp3⁺ Treg cells, but not IL-17-producing cells. The ability of mucosal DCs to produce retinoic acid may explain why the relative distribution ofTH17 cells in the gut is limited. It is possible that DCs use retinoic acid as a T cell modulator, to suppress excessive inflammation in the gut by promoting Foxp3 expression.

IL-21—It has been recently demonstrated that IL-21 is not only expressed by TH17 cells, but also controls the generation of TH17 cells *in vitro* and *in vivo*.^{21,29,30} IL-6 induced IL-21 production in a STAT3-dependent and ROR γ -independent manner; IL-6-deficient cells did not produce IL-17 or IL-21 *in vivo*.²⁹ IL-21 in combination with TGF- β induces the expression of IL-23R and ROR γ , leading to IL-17 production from naïve CD4 cells.^{29,30} Similar to IL-6, IL-21 inhibits Foxp3 expression induced by TGF- β . Loss of IL-21 expression or its receptor resulted in defective IL-17 production *in vitro* and *in vivo*.^{21,29} Thus, IL-6 can induce IL-21 production by CD4 T cells, which further amplifies IL-17 responses in an autocrine fashion in a similar way as IFN- γ or IL-4 mediate amplification of TH1 or TH2 responses respectively (Fig. 1). However, Korn and colleagues demonstrated that deletion of regulatory T cells from IL-6-deficient mice leads to the reappearance of TH17, suggesting IL-21 can substitute IL-6 in the generation of TH17 cells and this process is IL-6-independent.²¹

IL-23—IL-23, composed of IL-12 p40 and p19 chain,³¹ binds its heterodimeric receptor complex consisting of IL-12Rβ1 and IL-23R.³² IL-23 is required *in vivo* for sustained inflammation and is involved in pathogenesis of several autoimmune diseases, since IL-23-deficient mice are resistant to experimental autoimmune encephalomyelitis,³³ collagen-induced arthritis,⁹ and inflammatory bowel disease (IBD).³⁴ In all cases, resistance to disease in IL-23-deficient mice is correlated with a defect in IL-17 expression,^{9,10} demonstrating the link between IL-23, TH17 cells, and autoimmunity (see below).

The precise function of IL-23 in TH17 regulation is still not entirely clear. IL-23 failed to induce the differentiation of naïve T cells into TH17 cells.^{14–16} This is likely due to the fact that naïve T cells do not express IL-23R and the induction of IL-23R expression depends on factors that initiate TH17 differentiation (IL-6 and IL-21).^{22,29,30} Moreover, IL-23 synergizes with IL-6 to induce TH17 differentiation.²² IL-23, though not required for the initial differentiation, may thus play a role in the survival and expansion of TH17 cells.

IL-1 and IL-18—IL-1 has two forms, IL-1α and IL-1β, encoded by separate genes. However, they share similar three-dimensional structures and exhibit almost identical functions.^{35–37} The major sources of IL-1 are activated myeloid cells, and its production can be rapidly induced by bacterial lipopolysaccharide (LPS), TNF- α , interferons α , β , and γ , and IL-1 itself. IL-1 cytokines bind similarly to the two known IL-1 receptors, IL-1RI and IL-1RII. IL-1RI mediates cell activation with the involvement of the IL-1R accessory protein (IL-1RAcP), while IL-1RII lacks cell-activating properties and acts exclusively as a decoy receptor. Initial studies using IL-1RI-deficient mice showed that IL-1 plays an important role in EAE.³⁸ Recently, IL-1β was found to promote TH17 development/expansion in the presence of IL-6 and TGF-B.¹⁵ Sutton and colleagues further demonstrated that the induction of antigen-specific TH17 cells, but not TH1 or TH2 cells, is abrogated in IL-1RIdeficient mice, which is consistent with the low incidence of EAE in these mice compare to wild-type mice.³⁹ Moreover, IL-23 cooperates with IL-1a or IL-1β and enhances IL-17 production, independent of T cell receptor stimulation.³⁹ IL-1 can suppress the inhibitory effects of IL-2 on IL-17 production, through induction of IL-1R, IL-23R, and RORyt.⁴⁰ However, the exact mechanism by which IL-1 induces or maintains TH17 cells has not been fully elucidated.

IL-18 is another member of the IL-1 proinflammatory cytokine family. IL-18 receptor comprises an IL-18Rα subunit and a signaling IL-18Rβ subunit (also called IL-1RAcPL and IL-1R7). A large body of studies has indicated a critical role for IL-18 in mediating neuroinflammation in the central nervous system under pathological conditions.⁴¹ In the EAE model, the disease has been significantly attenuated after administration of neutralizing anti-IL-18 antibodies⁴² or in IL-18-deficient mice.⁴³ More recently, Gutcher and colleagues demonstrated that, whereas IL-18–deficient mice were susceptible to EAE, IL-18Rα-deficient mice were resistant to the development of the disease.⁴⁴ Engagement of IL-18Rα on antigen-presenting cells was required for the generation of pathogenic IL-17-producing T cells through an IL-23-dependent mechanism.⁴⁴ Moreover, IL-18 synergizes with IL-23 in the induction of IL-17-producing CD4 T cells.⁴⁵

TL1A-DR3—TL1A, a TNF-family cytokine, is produced by endothelial cells, macrophages, lamina propria T cells and plasma cells, and $Fc\gamma R$ -activated peripheral blood monocytes and monocyte-derived dendritic cells^{46–49} and binds to the TNFR family death receptor 3 (DR3). Expression of DR3 was detected in natural killer (NK) cells, macrophages, endothelial cells, and activated T lymphocytes,^{46,50,51} with a higher expression in TH17 cells compared to TH1 or TH2 cells.⁵² Interestingly, TL1 A induces the proliferation of effector TH17 cells, and *in vivo* it is required not only for optimal differentiation but also for the effector function

of TH17 cells,⁵² suggesting that complex regulatory pathways might converge to regulate the function of these cells.

Negative Regulation of TH17 Development

IFN-\gamma and IL-4—Both TH1 and TH2 subsets negatively regulate TH17 differentiation.^{11,12} Thus, neutralizing IFN- γ and IL-4 levels greatly increases the differentiation of naïve CD4⁺ T cells into IL-17-producing cells.^{11,12} *In vivo*, mice deficient in IFN- γ exhibited increased numbers of IL-17-producing cells and IL-17 protein expression levels.^{11,12} These results are consistent with previous observations that IFN- γ - and IFN- γ R-deficient mice were highly susceptible to EAE.^{53–55} On the other hand, many studies of inflammatory diseases have reported the presence of IL-17-producing CD4 T cells that co-express IFN- γ . This may suggest that IFN- γ contributes to the pathogenic function of TH17 cells; however, its role is quite unclear.

IL-27, a cytokine that belongs to the IL-12 family, contains two subunits, IL-12 p40-related protein, Epstein-Barr Virus (EBV)-induced gene 3 (EBI-3), and a newly discovered IL-12 p35-related protein, p28. IL-27 receptor comprises a unique unit, termed WSX1 protein (IL-27Ra) and gp130 that is shared by the IL-6 receptor complex.⁵⁵ Engagement of IL-27 to its receptor promotes TH1 differentiation and increases IL-12Rβ2 and IFN- γ production through activation of STAT1, resulting in induction of T-box expressed in T cells (T-bet) and suppression of GATA binding protein 3 (GATA-3).55 However, in vivo it was shown that either IL-27 receptor knockout mice (WSX1 KO) or EBI-3-deficient mice infected with *Leishmania major* had only a transient defect in IFN- γ production at early time points, but then production of the cytokine was restored, leading to the ability to control proliferation of the parasite.⁵⁵ Infection with other TH1-dependent pathogens, such as Mycobacterium tuberculosis, Trypanosoma cruzi, Toxoplasma gondii, and Leishmania donovani, confirmed that TH1 responses were not impaired in the absence of IL-27 signaling.⁵⁶ Regarding the anti-inflammatory effect of IL-27, it has been shown than IL-27 induces expression of the suppressor protein SOCS3 and suppresses IL-2 production.57,58

Recently, two groups demonstrated IL-27 as a potent suppressor of autoimmunity using disease models mediated by TH17 cells.^{59,60} In EAE or chronic infection with *T. gondii*, IL-27 receptor (WSX1)-deficient mice develop more severe disease accompanied with increased numbers of IL-17-producing cells infiltrated in the central nervous system.^{59,60} *In vitro*, IL-27 suppressed IL-6 and TGF- β -induced TH17 differentiation in a STAT1- dependent manner.^{59,60} In addition, IL-27 also promoted IL-10 expression in effector T cells that produced IFN- γ and expressed T-bet, but did not express the transcription factor Foxp3.^{60–62} Moreover, IL-10 production induced by IL-27 was associated with reduced secretion of IL-17.⁶⁰ The ability of IL-27 to stimulate IL-10 production was independent of STAT4 and T-bet, but was dependent on activation of STAT1 and STAT3.⁶⁰ Confirming these results, IL-27ra-deficient mice chronically infected with *T. gondii* had less capacity to make IL-10. Examination of the phenotype of CD4 cells from the brain showed that, whereas no differences were detected in the percentage of cells making IFN- γ , few cells producing both IFN- γ and IL-10 were observed in IL-27ra deficient mice compared to wild-

type controls. Conversely, higher numbers of IL-17-producing cells in the brain of IL-27radeficient mice compared to control animals were detected.⁶⁰ Furthermore, addition of exogenous IL-27 reduced the severity of adoptively transferred EAE by an IL-10-dependent mechanism.⁶²

IL-2—Recently, IL-2, a growth factor for most T cells, was shown to suppress TH17 development. Laurence and colleagues demonstrated that IL-2 suppresses IL-17 production and shifts the balance toward expression of Foxp3.⁶³ Mechanistically, IL-2 activates STAT5, which suppresses IL-17 expression by directly binding to the IL-17 gene promoter.⁶³ The addition of IL-2 resulted in marked reduction in the expression of ROR γ and enhanced TGF- β -induced Foxp3 expression, suggesting that IL-2/STAT5 signaling may influence the balance of Treg and TH17 cells. However, in humans, the role of IL-2 in inhibiting TH17 responses remains controversial (see below).

Transcriptional Regulation of TH17 Cell Lineage

TH lineage specification is determined by cytokine signaling and subsequent activation of specific transcription factors. These factors individually or coordinately initiate and sustain the expression of lineage-specific genes. It has been well established that during TH1 and TH2 differentiation, cytokines function through selective STAT proteins to further activate the expression of lineage-specific transcription factors. Recent work has revealed similar regulatory circuits in TH17 differentiation. In this section, we will discuss the role of transcription factors in either inducing or inhibiting development of TH17 cells (summarized in Fig. 2).

STATs

The STAT proteins selectively regulate TH differentiation. STAT1, delivering signals from type I and II interferons or IL-27, and STAT5, signaling from IL-2, appear to negatively regulate TH17 differentiation, ^{12,59,60,63,64} while STAT4 or STAT6 are not involved.^{11,12} However, a recent report suggested that STAT4 might be partially required for the generation of IL-23-primed IL-17-secreting cells, whereas it is almost absolutely required for IL-17 production in response to the synergistic effect of IL-23 and IL-18.⁴⁵

The importance of STAT3 in TH17 differentiation was first suggested by suppressor of cytokine signaling SOCS3-deficient mice that were found to exhibit enhanced IL-17 expression, associated with increased activity of STAT3 in response to IL-23 that could bind to IL-17 and IL-17F promoters.⁶⁵ More recently, several groups have identified STAT3 as a crucial transcription factor regulating TH17 lineage development. Over-expression of a hyperactive STAT3 enhanced TH17 differentiation, while STAT3 deficiency impaired TH17 differentiation *in vitro*^{22,63} and *in vivo*.³⁰ In addition, STAT3 is necessary for IL-6 induction of IL-21 expression and is required for IL-21-mediated TH17 differentiation.²⁹ The precise biochemical function of STAT3 is unclear at this point. Although STAT3 has been shown to bind to the *II17* gene promoter,⁶⁵ STAT3 appears to control more than just *iI17* gene expression. It is likely that STAT3, similar to STAT1 and STAT6, transducing signals from IL-6, IL-21, and IL-23, regulated the expression of lineage-specific master transcription

factors ROR $\gamma t^{22,63,66}$ and ROR α^{67} (see below). In humans, it has also been demonstrated that patients with mutations in STAT3 fail to produce TH17 responses.⁶⁸

RORyt and RORa

Both retinoic acid-related (RAR) orphan receptor gamma (ROR γ) and T cell-expressed ROR γ (ROR γ t) genes, encoded by the *Rorc* locus using different promoters, belong to the RAR orphan nuclear receptor family that also includes ROR α and ROR β .⁶⁹ The specific isoform ROR γ t induced by TGF- β or IL-6, was recently shown as the first transcription factor to be selectively expressed in TH17 cells.⁶⁶ Expression of IL-17 and IL-17F require the transcription factor ROR γ t,⁶⁶ which is regulated by STAT3.^{22,63} In the intestinal lamina propria, TH17 cells are constitutively present and express ROR γ t. In ROR γ t-deficient mice, this population is greatly reduced.⁶⁶ Overexpression of ROR γ t promotes TH17 differentiation when TH1 and TH2 development is inhibited.⁶⁶ Conversely, ROR γ t deficiency results in profound reduction of TH17 cells and leads to a partial protection from experimental autoimmune encephalomyelitis.⁶⁶ However, the ROR γ t defect does not completely abolish TH17 differentiation or totally inhibit EAE, implicating additional factors may be involved.

In addition to ROR γ t, TH17 cells also highly express the orphan nuclear receptor ROR α , which is induced by TGF- β and IL-6 in a STAT3-dependent manner. Over-expression of ROR α promotes TH17 differentiation and substantially upregulates IL-17 and IL-17F expression.⁶⁷ ROR α deficiency results in reduced IL-17 expression *in vitro* and *in vivo*. Furthermore, ROR α and ROR γ t co-expression synergistically drove greater TH17 differentiation especially under nonfavorable conditions. Moreover, double deficiencies in ROR α and ROR γ entirely impair TH17 generation *in vitro* and completely inhibit EAE disease.⁶⁷ Therefore, ROR α is another TH17-specific factor that, together with ROR γ t, directs TH17 lineage differentiation.

IRF4

Interferon-regulatory factor 4 (IRF4) was previously shown to regulate the development of TH2 cells through activation of GATA3, a TH2-restricted transcription factor, and interacts with transcription factor Nuclear Factor of Activated T cells (NFAT).^{70–72} Recently, Brustle and colleagues showed that IRF4 was also critical in directing TH17 differentiation.⁷³ IRF4-deficient or IRF4 siRNA-treated TH cells failed to differentiate into TH17 cells. Irf4^{-/-} TH cells exhibited impaired expression of ROR γ t, while Foxp3 levels were enhanced.⁷³ Mice deficient in IRF4 were resistant to EAE, while transfer of wild-type T helper cells into Irf4^{-/-} mice rescued TH17 defect and rendered the mice susceptible to EAE.⁷³ Therefore, IRF4 contributes not only to TH2 but also to TH17 differentiation.

Aryl Hydrocarbon Receptor

The aryl hydrocarbon receptor (AHR) is a type I nuclear receptor that interacts with heat shock protein 90 (Hsp90) upon ligand binding.⁷⁴ It has been recently reported by two groups that AHR plays a crucial role in TH17 differentiation. Both regulatory T cells and TH17 cells express AHR,^{75,76} although the expression of this receptor is significantly higher in TH17 cells compared to Tregs or any other TH subset.⁷⁵ Interestingly, neither Treg nor

TH17 differentiation is impaired in AHR-deficient mice. However, TH17 cells from AHR-deficient mice do not express IL-22.⁷⁵ In fact, mice deficient in AHR show hepatic defects, ⁷⁴ and it has been reported that IL-22 protects against liver damage in an acute inflammation model.⁷⁷

Even though TH17 and Treg levels were not affected in the absence of AHR, activation of this receptor by different ligands leads to increased Tregs or TH17 functions. Ligation of AHR with 2,3,7,8-tetrachlorodibenzo-p-dioxin (TCDD) augments Foxp3 levels on CD4 T cells stimulated with anti-CD3 and anti-CD28, through direct binding of AHR to Foxp3 promoter. Moreover, *in vivo* administration of a single dose of TCDD before MOG immunization significantly reduced EAE onset and disease severity.⁷⁶ Conversely, activation of AHR with 6-formylindolo[3,2-b]carbazole (FICZ) during TH17 differentiation significantly enhances IL-17, IL-17F, and most strikingly IL-22 levels *in vitro*.^{75,76} Furthermore, *in vivo* administration of FICZ during MOG immunization leads to increased TH17-specific gene expression and more severe EAE induction.^{75,76} Thus, these results provide a new level of complexity in the reciprocal regulation of TH17 and Treg cells by demonstrating that AHR can regulate differentiation of both cell types in a ligand-dependent manner.

Foxp3

TGF- β is essential in regulating both TH17 and regulatory T cell differentiation. Upon binding to its tetrameric receptor composed of two subunits of TGF- β RI and two subunits of TGF- β RII, TGF- β induces phosphorylation of Smad2/3 molecules. Phosphorylated Smad2/3 can then bind to the Common-Smad (C-Smad), Smad4, and translocate to the nucleus to induce transcription of target genes.⁷⁸ Smad-independent signaling pathways have also been described, involving the activation of Mitogen-Activated Protein Kinase (MAPK) signaling pathways.⁷⁸ Although TGF- β receptor signaling is required for both TH17 and inducible regulatory T (iTreg) cells generation, Smad4 was partially required for iTreg generation, while it was dispensable for generation of TH17 cells.⁷⁹ However, the activation of other Smads or MAPKs by TGF- β for development of TH17 lineage has not been established. Moreover, whether MAPK or Smad proteins crosstalk with STAT3 and regulate the lineagespecific transcription factors, ROR α and ROR γ t needs to be determined.

As mentioned in the previous section, increasing concentrations of TGF- β can augment Foxp3 levels and reduce IL-23R expression, even in the presence of low concentrations of IL-6, shifting the differentiation of TH cells from TH17 toward regulatory T cells.¹⁹ Recently, it was demonstrated that once the expression of Foxp3 increases, it can directly interact with ROR γ t, leading to inhibition of its transcriptional activity.¹⁹ Indeed, cells coexpressing Foxp3 and ROR γ t in lamina propria had lower IL-17 production compared with cells expressing ROR γ t alone.¹⁹ Meanwhile, Foxp3 LxxLL sequence in exon 2 was shown to associate with the newly identified TH17-specific transcription factor ROR α ,⁸⁰ suggesting a potential role of Foxp3 in suppression of TH17 development through inhibition of both ROR α and ROR γ t. Indeed, Foxp3 overexpression under TH17 polarizing conditions inhibited IL-17, IL-17F, IL-21, and IL-22 cytokine expression but did not affect ROR α or ROR γ mRNA levels. Furthermore, it was found that not only the LxxLL sequence, but also

the TIP60/HDAC7 domain of Foxp3 is required for its inhibitory effect on ROR γ t and ROR α , suggesting that Foxp3 interacts with RORs and recruits histone deacetylases to TH17-specific genes, thus inhibiting the transcription of those genes.⁷⁹

T-bet and Ets1

Terminal differentiation of T cell subsets is characterized by selective expression and action of lineage-specific transcription factors. T-bet is a master regulator of TH1 cells, whereas GATA3 expression activates TH2 specific genes.¹

In T-bet-deficient mice in comparison to wild-type counterparts, elevated IL-17 expression levels and increased numbers of IL-17-producing cells were observed upon MOG/CFA immunization.¹¹ In a mouse model for human autoimmune myocarditis, mice lacking T-bet developed more severe disease compared to T-bet^{+/+} control mice.⁸¹ Moreover, the T-bet^{-/-} mice demonstrated a marked increase in production of the IL-23-dependent cytokine IL-17 by heart-infiltrating lymphocytes.⁸¹ Thus, these results suggest that T-bet might serve as a negative regulator for TH17 cell differentiation. However, since mice deficient in T-bet have reduced levels of IFN- γ , it is still possible that IFN- γ through STAT1, but not T-bet, inhibits the differentiation of TH17 cells.

In addition to STAT1 and STAT5,V-ets erythroblastosis virus 26 oncogene homologue 1 (Ets1) appears as another negative regulator during TH17 differentiation.⁸² Although overexpression of Ets1 minimally affected the differentiation of TH17 cells, Ets1 deficiency greatly enhanced TH17 cell differentiation in response to TGF- β and IL-6, as characterized by the increased expression of ROR γ t, IL-17, IL-17F, IL-22, and IL-23R. *in vivo*, Ets1-deficient mice had increased TH17-cell-associated cytokines and developed IL-17-dependent mucus hyperplasia in the lung epithelium.⁸² It is unclear how Ets1 inhibits TH17-cell differentiation. The data presented by Moisan and colleagues indicate that Ets1 is required for IL-2-mediated inhibition of TH17-cell development.⁸²

TH17 Differentiation and Phenotypic Characteristics in Humans

IL-17 expression has been found to be associated with many inflammatory diseases in humans. However at this time, understanding of TH17 differentiation in humans is limited and it remains to be established whether the factors that promote or inhibit mouse TH17 differentiation have similar effects in humans. In this section, we will discuss the current knowledge on human TH17 cell generation and their phenotypic characteristics.

Memory TH17 Cells and Their Phenotypic Characterization

By studying the response of memory T cells to antigens from different pathogens that require distinct types of immune response, Acosta-Rodriguez and colleagues have identified that *Candida albicans*-specific memory T cells were capable of producing IL-17, whereas *Mycobacterium tuberculosis*-specific memory cells expressed IFN- γ .⁸³ Interestingly, IL-17producing memory cells selectively expressed CCR6 and CCR4 (and also express ROR γ t), whereas IFN- γ or IFN- γ ⁺IL-17⁺-producing T helper cells expressed CCR6 and CXCR3.⁸³ This differential expression of chemokine receptors on memory T cell subsets then suggests that these cells might have distinct migratory capacities and effector functions.⁸⁴ Indeed,

CCR4 is important for homing to gut, where most ROR γ t⁺IL-17⁺ T cells are found.⁶⁶ On the other hand, Lim and colleagues found that activated tonsilar IL-17-producing T cells express CCR5, CXCR6, CCR6, CCR2, and CXCR3, as well.⁸⁵ Surprisingly, human TH17 cells share trafficking chemokine receptors with regulatory T cells.⁸⁵ Also, human memory TH17 cells were found to express only CCR2 compared to CCR2⁺CCR5⁺ TH1 cells.⁸⁶ These results clearly demonstrate the need of additional markers to better define different T helper cell subsets. Indeed, recently Toscano and colleagues found differential glycosylation patterns between TH2 and TH10 r TH17 cells, which have an impact on the differential susceptibility to cell death.⁸⁷ Moreover, Nakae and colleagues found that even though TH1 and TH17 cells share similar cell surface markers, there were differences in the intensity of expression of those markers.⁸⁸ Thus, the identification of specific markers for each TH cell type might help us understand the physiology and regulation of these cells.

De Novo Generation of Human TH17 Cells from Naïve Precursors

Last year, two groups reported simultaneously on the cytokines that drive the differentiation of naïve human CD4⁺CD45RA⁺ T cells into TH17 effector cells. IL-6 alone did not induce IL-17 production or ROR γ t expression.^{89,90} However, IL-23 or IL-1 β alone transiently induced TH17 cytokine production, such as IL-17 A, IL-17F, IL-22, IL-26, CCL20, and ROR γ t expression, and this commitment was further enhanced and sustained by IL-6.^{89,90} Interestingly, IFN- γ levels were not affected, or slightly reduced, by these cytokines as compared to IL-12 stimulation.⁸⁹

Under the mentioned stimulation conditions, both ROR γ t and the aryl hydrocarbon receptor (AHR) were highly expressed in human TH17 cells compared to human TH1 cells, and the TH17 cytokine levels were even further enhanced by the AHR ligand β -naftoflavone.⁷⁵ Also, STAT3 transcription factor has been shown to be required for human TH17 differentiation since patients with mutations in this transcription factor have impaired TH17 generation.⁶⁸

Moreover, IL-2, in contrast to the murine system, did not inhibit TH17 cell generation, unless added at high doses at the beginning of the stimulation.^{89,90} In fact, IL-2 was required for normal proliferation of these cells. However, Annunziato and colleagues recently suggested that IL-2 is able to downregulate ROR γ t levels in both TH17 and TH17/TH1 cells (expressing both IL-17 and IFN- γ) and increase the expression of T-bet, thus enhancing IFN- γ production.⁹¹ Remarkably, this effect could be partially prevented by IL-23, suggesting some plasticity and regulatory roles between these transcription factors.⁹¹ In fact, another group also suggested some plasticity between different TH cell types. They showed that TH0, TH1, and TH2 cells were capable of producing IL-17 when restimulated after 7 days of culture, suggesting that IL-17 locus might not be entirely repressed in other differentiated TH subsets.⁹²

Many controversies have arisen regarding the role of TGF- β on human TH17 differentiation. It has been previously suggested that TGF- β by itself or in combination with IL-6 and IL-23 did not induce TH17 differentiation.⁸⁹ In addition, Chen and colleagues recently reported that IL-6 did not inhibit Foxp3 expression when cultured in the presence of TGF- β , suggesting a different mechanism for Foxp3 downregulation in human versus mouse

systems.⁹² However, recent papers demonstrated that TGF-β is required for human TH17 differentiation.^{93,94} Manel and colleagues demonstrated that under serum-free conditions, naïve T cells from cord blood when stimulated with TGF-β together with IL-23 and IL-1 became TH17 cells.⁹⁴ Interestingly, IL-6 or IL-21 together with TGF-β alone was not capable of inducing IL-17-producing T cells. However, Yang and collaborators showed that CD4+CD25⁻CD62L+CD45RA⁺ human naïve T cells stimulated only with TGF-β and IL-21 in serum-free conditions were capable of producing IL-17, whereas TGF-β plus IL-6 was not. Not only IL-17A, but also RORC2, the human homologue of mouse RORγt, was induced upon TGF-β and IL-21 stimulation, accompanied with inhibition of other TH-specific transcription factors GATA-3, T-bet and Foxp3.⁹⁵ On the other hand, Volpe and colleagues showed that only the full combination of TGF-β with IL-1β, IL-6, TNF-α, and IL-23, but not each treatment individually, was able to induce IL-17 production from human naïve CD4 T cells. In addition, they demonstrated that there was no difference in serum-free versus serum-containing media in the induction of IL-17-producing cells under this full polarizing condition containing TGF-β, IL-1β, IL-6, TNF-α, and IL-23.⁹³

Still many questions remain regarding the regulation/generation of human TH17 cells, and thus further deep analysis of these cells is required, which will ultimately help us understand the physiological role of TH17 cells in human diseases.

TH17 Cells and Diseases

Since their discovery, TH17 cells have been shown to play important roles in multiple types of diseases, ranging from inflammation and autoimmunity to infectious diseases and cancer. TH17 cytokines regulate the secretion of granulopoietic factors (G-CSF and SCF), CXCL and CCL chemokines, matrix metalloproteases, pro-inflammatory cytokines, and antimicrobial peptides, depending on the target cells,¹³ and thus lead to increased recruitment of neutrophils and other immune cells together with the generation of local inflammation and/or antimicrobial immune response, as summarized in Figure 3. In this section, we will discuss the latest findings on the roles of TH17 cells in different disease models.

TH17 Cells in Infectious Diseases

Intracellular Bacteria—In *Mycobacterium tuberculosis* model, IL-12 p40–deficient mice are more susceptible to mycobacterial infections than IL-12 p35.⁹⁶ Moreover, Happel and colleagues demonstrated that local adenoviral delivery of IL-23 greatly enhanced IFN-γ and IL-17 production by activated CD4⁺ T cells in lung-draining lymph nodes, and controls growth of *M. tuberculosis* in the lung.⁹⁷ However, IL-23p19^{-/-} mice showed a severe defect in antigen-specific IL-17 production that was, however, not associated with altered resistance to infection in these mice.⁹⁸ Also, Aujla and colleagues recently demonstrated that IL-23 or IL-17RA-deficient mice have no differences in the susceptibility to H37Rv *M. tuberculosis* (Mtb) infection compared to WT (wild-type), and neither IL-17RA is required for immune response against another intracellular pathogen *Listeria monocytogenes*.⁹⁹ Furthermore, IL-22-deficient mice were capable of mounting a normal innate and adaptive immune response against *L. monocytogenes*.⁷⁷

Even though deficiency in TH17 cytokines seems to be dispensable for protection against mycobacteria, after antigen vaccination, IL-17-producing cells were detected in the lung, prior to the recruitment of IFN- γ -producing cells.¹⁰⁰ Interestingly, IL-23 but not IL-12 was required for the protective recall response, through the generation of granulomas structures and recruitment of activated CD4 T cells. This effect was due to IL-17-induced chemokine expression of CXCL19, CXCL10, and CXCL11, the ligands for CXCR3, inducing the recruitment of neutrophils, facilitating the formation of the granulomas.^{100,101} Moreover, humans that had been exposed to *M. tuberculosis* possessed IL-17- and IL-22-producing cells in peripheral blood mononuclear cells (PBMCs) stimulated with Mtb antigens (Ags). Interestingly, even though IL-17 and IL-22 are produced by the same TH17 cells in mice, ^{102,103} the authors failed to find IL-17 and IL-22 double producers cells.¹⁰⁴ In fact, IL-22-producing T cells were more frequent than IL-17+CD4+ T cells.¹⁰⁴

Extracellular Bacteria—The role of TH17 cells in the host immune response against many extracellular bacteria, including *Klebsiella pneumoniae*, *Pseudomonas aeruginosa, Helicobacter pylori, Mycoplasma pneumoniae*, and *Citrobacter rodentium* among others, has been investigated. It has been shown that T cells producing IL-17 are induced upon *K. pneumoniae* infection.^{105–107} Recently, Aujla and colleagues provided some evidence for the role of IL-22, another TH17-specific cytokine, in protection against this pathogen.⁹⁹ Mice infected with *K. pneumoniae* showed an IL-23-dependent IL-22 expression in lung tissue, with similar kinetics to IL-17 and IL-17F.^{99,105} Neutralization of endogenous IL-22 levels lead to a severe dissemination of the bacteria to spleen, and to reduced survival as compared to isotype control treatment in either WT or IL-17-deficient mice, suggesting a more crucial role of IL-22 in mucosal host defense.⁹⁹

It was also demonstrated that the TH17 cytokines IL-17 and IL-22 had a direct role in human bronchial epithelial (HBE) cells, since they could induce a significant increase in host defense genes. Moreover, IL-22 was capable of inducing recovery of epithelial cells after injury,⁹⁹ further demonstrating the dual effect of IL-22 in participating not only in the induction of increased immune responses but also in the protection of the tissue from excessive damage. Furthermore, direct killing of *K. pneumoniae* by primary mouse tracheal epithelial cells required IL-22-induced expression of lipocalin-2, a protein with innate immune response functions.⁹⁹

It has also been shown that patients with cystic fibrosis infected with *Pseudomonas aeruginosa* had higher levels of IL-17 and IL-17F in bronchoalveolar lavage fluids, and also had increased production of these cytokines together with IL-22 in cells from draining lymph nodes compared to non-infected individuals.⁹⁹

In a *Mycoplasma pneumoniae* infection model, Wu and colleagues showed increased IL-17A and IL-17F expression in lung from CD4⁺ T cells, which was impaired in IL-23-deficient mice.¹⁰⁸ A reduction, not only in the levels of this cytokine, but also in neutrophil recruitment to the lung, was observed after IL-23 blockade *in vivo*, which lead to a decrease in bacterial clearance.¹⁰⁸ Thus, these results demonstrate the important role of TH17 cells in the protection against pathogens in lung.

The role of TH17 cells in *Helicobacter pylori*–infected patients has also been evaluated.¹⁰⁹ Gastric biopsies from *H. pylori*–infected individuals compared to gastric biopsies from uninfected patients or with controls showed increased IL-17 and IL-23 mRNA levels. Moreover, increased CD3⁺IL-17⁺ T cells in freshly isolated gastric lamina propria mononuclear cells were found. Furthermore, not only IL-17, but also IFN- γ expression, was increased by IL-23 on distinct CD4 T cells.¹⁰⁹

The induction of TH17 cells in infection with *Citrobacter rodentium* has been previously demonstrated.¹⁶ Recently, Zheng and colleagues showed the role of IL-22 using the same infection model.¹¹⁰ In this report, the authors demonstrated that IL-22 expression in colon, induced by IL-23 and IL-6, was required for a protective immune response against this pathogen. Interestingly, whereas IL-22 had a protective role in this infection model, both IL-17 and IL-17F were dispensable, since IL-17RC KO mice did not have any significant differences in the disease behavior compared to WT littermates.¹¹⁰ However, by using RAG KO mice the authors identified that IL-22 production was due to DC, but not to CD4 T cells, suggesting a source of IL-22 independent of TH17 cells. Therefore, whereas Mangan and colleagues demonstrated the generation of TH17 cells in this model, and the importance of IL-23 in the protection against the bacteria, these new results from Zheng and colleagues suggest a more important role of the innate rather than the adaptive source of IL-22 in the clearance of this infectious agent.^{16,110}

Virus—Although the role of IL-17 has been evaluated in some viral infections by overexpression of IL-17 by different viruses,^{111,112} the participation of TH17 cells in immune responses against viruses remains controversial. Recently, Smiley and colleagues demonstrated that after immunization, mice challenged with rotavirus produced IFN- γ and IL-17 by Ag-specific CD4 T cells, which was associated with protection against infection. ¹¹³ However, IFN- γ R or IL-17R KO mice remained protected after immunization, suggesting that other factors may play direct or indirect roles in protection against rotavirus. ¹¹³

In HIV infection, two groups recently evaluated the expression of both IL-17 and IL-22. In the first report, higher levels of IL-17⁺CD3⁺CD4⁺ and IL-17⁺CD3⁺CD4⁻ T cells in peripheral blood were found in HIV⁺ patients compared to controls.¹¹⁴ Misse and colleagues showed that activated T cells from HIV-exposed, uninfected individuals expressed high levels of IL-22 and induced acute phase proteins, which are associated with host resistance to HIV infection.¹¹⁵

In a recent report, IL-23 p19^{-/-} mice showed increased viral inflammatory lesions and higher levels of IFN- γ -producing cells after ocular infection with herpes simplex virus (HSV). Thus, a more robust TH1 immune response in IL-23-deficient mice, rather than lack of TH17 responses, is responsible for the enhanced immunopathology.¹¹⁶

Parasites—The role of TH17 cells in the immune response against parasites is also limited. It has been previously shown that IL-17R-deficient mice infected with *Toxoplasma gondii* have increased mortality, which correlated to a decrease in neutrophil recruitment to different tissues and CXCL8 expression, and increased parasites burden. Moreover, IL-17R

KO mice developed less severe tissue damage, indicating that IL-17 induces more tissue damage but is required for infection resolution.¹¹⁷

Recently, it has been demonstrated that exacerbation of pathology following immunization with schistosome egg antigens in CFA correlates with increase in TH17 cells.¹¹⁸ In order to further corroborate those results, the same group showed that IL-23p19^{-/-} mice immunized with schistosome egg antigens in CFA have reduced severe immunopathology, which is associated with a reduction of IL-17-producing T cells in granulomas and with a decrease in neutrophil recruitment due to reduced chemokine levels.¹¹⁹ Although these reports might suggest a role of TH17 cells in the immune response against parasites, it needs to be further confirmed using other infectious models.

Fungus—To support the role of TH17 cells in protective immunity, several groups have studied the role of IL-23 or IL-17 in fungal infections. Macrophages stimulated with *Pneumocystis carinii* expressed IL-1β, IL-6, and IL-23, cytokines that participate in the induction of TH17 differentiation, suggesting a possible role of these cells in the immune response against the fungus. Indeed, blockade of IL-23 or IL-17 by neutralizing antibodies significantly increased the burden of *P. carinii*.¹²⁰ Moreover, IL-23-deficient mice showed greater susceptibility to systemic *Cryptococcus neoformans* and pulmonary *P. carinii* infection.^{120,121} Also, *Candida albicans* induces IL-23 expression by monocyte-derived DCs, and memory T cells against *C. albicans*, expressing CCR6 and CCR4 and producing IL-17, were detected in humans.⁸³ Also, it was reported that patients with autosomal dominant hyper-IgE syndrome, which have mutations in the STAT3, fail to generate TH17 responses.⁶⁸ Thus, these results suggest a possible role of TH17 cells in the control of infections since these patients present recurrent and often severe pulmonary infections, staphylococcal abscesses, and mucocutaneous candidiasis.⁶⁸

However, the IL-23/IL-17 pathway was shown to promote inflammation, inhibiting the protective TH1 response against *Candida* and *Aspergillus*.^{122,123} Moreover, in Toll IL-1R8 (Tir8)-deficient mice, increased TH1 and TH17 responses were observed, leading to increased susceptibility to infection against *C. albicans* and *A. fumigatus*. However, blocking IL-17 or IL-23, but not TH1 cytokines, can control the infection, demonstrating a negative role of TH17 cells in the protective immunity against these pathogens.¹²⁴

From above, although TH17 cells and TH17 cytokines have been shown or implicated in immunity against various infectious agents, the source of these cytokines in innate host defenses has yet to be well defined. The contribution of TH17 cells in chronic infection or memory responses requires more research.

TH17 Cells in Cancer

Certain cancers can use inflammatory mediators for their own benefit to induce angiogenesis and tissue remodeling.¹²⁵ For instance, it has been demonstrated that in non-small cell lung carcinoma, IL-17 can promote tumor growth through the enhancement of angiogenesis-mediating factor production.¹²⁶ In addition, previous reports have demonstrated the requirement of IL-23 for tumor development.¹²⁷ However, it has also been shown that IL-17 production can inhibit tumor cell growth due to the recruitment of CD8⁺ T lymphocytes with

cytotoxic activity against the tumor.¹²⁸ Therefore, the role of inflammation in cancer remains a controversial issue.

Recently, Kottke and colleagues demonstrated that intraprostatic injection of adenoviruses induced a TH17 autoimmune response in the mouse prostate, which was capable of rejecting an established tumor of pancreatic TC2 cells growing elsewhere in the mice.¹²⁹ Muranski and colleagues found that adoptive transfer of TH17 cells was most potent in mediating tumor regression, and animals receiving TH17 cells remained tumor-free compared to animals treated with TH0 or TH1 cells which developed relapsing disease.¹³⁰ Interestingly, the ability of TH17 cells to mediate tumor rejection was due to IFN- γ production *in vivo*.¹³⁰ These reports suggest that TH17 cells might have an important contribution in the cancer immunology field. However, given that IFN- γ seems to be required for tumor rejection, whether contaminating TH1 or IL-17/IFN- γ double producer cells participate in such response needs further clarification.

TH17 Cells in Autoimmune and Inflammatory Diseases

Multiple Sclerosis—Multiple sclerosis is a human inflammatory demyelinating autoimmune disease with ascending paralysis, in which CD4⁺ T cells play a crucial role. Many reports have identified the key role of TH17 rather than TH1 cells in mediating experimental autoimmune encephalomyelitis (EAE), mouse model of multiple sclerosis. 4,5,10–12,33,131

Recently, Thakker and colleagues demonstrated that IL-23 plays a crucial role in the induction/priming phase of the disease, whereas it has no distinct function in the effector stage once encephalitogenic cells, capable of producing IL-17, IFN- γ , and TNF- α are generated.¹³² Interestingly, whereas IL-17 deficiency or blockade of this cytokine leads to partial susceptibility to EAE, IL-23 p19 deficiency or blockade of IL-23 produces complete resistance to this disease, suggesting that other TH17 cytokines are also important for mediating this disease.^{11,33,132,133} Analysis of IL-17- and IL-17F-deficient animals reveals that IL-17 is more important than IL-17F in initiating EAE.¹³⁴ In addition, although TH17 cells co-expressed IL-17 and IL-22 in the CNS, IL-22 was not found to be directly required for the induction of EAE.¹³⁵ Nevertheless, high expression of both IL-17R and IL-22R was observed on CNS vessels within highly infiltrated brain lesions.¹³⁶ Indeed, human TH17 cells migrated more avidly across human brain-derived microvascular endothelial cells compared to TH1 cells, suggesting that through the production of both IL-17 and IL-22, TH17 cells are able to access the CNS.¹³⁶ Moreover, high CD4⁺CD45RO⁺ cells expressing IL-17 and IL-22 in highly infiltrated multiple sclerosis lesions were detected, compared to non-inflamed brain tissues.^{136,137} Interestingly, cells producing IL-17 included not only CD4⁺ T cells, but also CD8⁺ T cells, astrocytes, and oligodendrocytes. Recently, Calson and colleagues show that transfer of encephalitogenic TH17 cells is sufficient to induce ELR⁺ CXC chemokines, CXCL1 and CXCL2, in the spinal cords of naïve, syngeneic recipients.¹³⁸ Not only the chemokines CXCL1 and CXCL2, but also their receptor CXCR2, were increased during the course of EAE. Furthermore, blockade of CXCR2 or depletion of polymorphonuclear leukocytes (PMN) cells during the remission stage inhibited subsequent relapses,¹³⁸ demonstrating that TH17-induction of PMN cells is important for disease onset.

Recently, it was shown that the ratio of antigen-specific TH17:TH1 cells determines the extent of inflammation in brain or spinal cord.¹³⁹ This report benefits our understanding on the differential roles of TH1 and TH17 cells in the pathogenesis of multiple sclerosis and may provide insight into possible therapeutics depending on the type of disease in which infiltration of cells is mainly observed in brain *versus* mainly in the spinal cord parenchyma.

Arthritis—Rheumatoid arthritis is a chronic inflammatory disease that primarily affects joints, causing cartilage degradation and bone erosion, which ultimately leads to joint destruction. Several studies have demonstrated a key role of IL-17 or IL-23 in the progression of arthritis.^{9,140–143} Indeed, blockade of IL-17 after disease onset was able to prevent cartilage and bone destruction, leading to amelioration of the clinical symptoms of the disease.¹⁴² Interestingly, it was found that human TH17 cells in arthritic synovium expressed the nuclear factor kappa B ligand RANKL,¹⁴⁴ which induces osteoclastogenesis. ¹⁴⁵ Also, mice deficient in the IL-23 p19 subunit did not develop collagen-induced arthritis and had reduced levels of IL-17, IL-6, and TNF-a.9 Recently, Sakaguchi's group has demonstrated that CD4 T cells from a spontaneous arthritis model can spontaneously differentiate into arthritogenic TH17 cells in an IL-6-dependent manner.¹⁴⁶ Moreover, those TH17 cells expressed CCR6, which was required for the onset and severity of the disease.¹⁴⁷ Interestingly, not only TH17 cells, but also synoviocytes, were able to produce CCL20, the ligand for CCR6. Indeed, synovial fluids from human samples contained high levels of both CCL20 and IL-17, suggesting they are required for the disease progression.¹⁴⁷ Other reports also demonstrated the presence of IL-17 in synovial fluids.^{148–150} The amount of TH17 cells augmented as the disease progressed from persistent oligoarthritis (mild form) to extended oligoarthritis (more severe form), and an inverse correlation was found between TH17 and Foxp3⁺ regulatory T cells.¹⁴⁹ Moreover, IL-17 induced synovial fibroblasts to produce IL-6, IL-8, MMP-1, and MMP-3, contributing to the destruction of the joint.¹⁴⁸

A recent report by Joosten and colleagues developed a mouse model of chronic destructive arthritis induced by reiterative intra-auricular exposure to *Streptococcus pyogens* cell wall components.¹⁵¹ Using this system in cytokine-deficient mice, the authors demonstrated a key role of IL-17 and IL-1 β in the chronic stage of the disease, whereas no role was observed for TNF- α . Moreover, they showed that RAG1 KO as well as IL-17R^{-/-} or IFN- γ ^{-/-} mice do not develop chronic arthritis.¹⁵¹

Psoriasis—Many reports have identified the presence of TH17 cytokines in psoriatic lesions.^{152–156} Wilson and coworkers recently confirmed that psoriatic skin lesions contained IL-23-producing DCs and were enriched in the cytokines produced by human TH17 cells that promote the production of antimicrobial peptides in human keratinocytes.⁸⁹ Also, Ma and colleagues demonstrated that in a psoriatic-like disease, induced by transfer of CD4⁺CD45RB^{hi}CD25⁻ T cells, high levels of TH17 and TH1 cytokines were observed in lesions, and blockade of either the IL-12/IL-23 p40 subunit or IL-22 significantly prevented the development of the skin lesions.¹⁵⁷ Interestingly, blockade of IL-22 decreases not only IL-22 levels but also all pro-inflammatory cytokines associated with TH17 cells, such as IL-1 α , IL-1 β , IL-6, IL-17, IL-17F, and TNF- α , and increase TH1 IFN- γ in psoriatic lesions. ¹⁵⁷ Indeed, other reports also recently demonstrated the direct role of IL-22 in the induction

of dermal inflammation and acanthosis.^{158,159} Zheng and colleagues demonstrated that IL-23-induced acanthosis and inflammation were reduced in IL-22-deficient mice compared to wild-type controls,¹⁵⁸ while Boniface and colleagues showed that infiltrating T lymphocytes from psoriatic lesions produced more IL-22 than peripheral blood T lymphocytes.¹⁵⁹

Different treatments are currently being developed in psoriatic patients. Zaba and colleagues recently demonstrated that 1 week of treatment with etanercept, a TNF- α receptor-Ig fusion protein that blocks TNF- α signaling, resulted in decreased keratinocytes acanthosis, proliferation and differentiation was observed in almost all the patients.¹⁶⁰ This reduced disease correlated with a rapid downregulation of IL-17, IL-22, CCL20, and β -defensin 4. Moreover, decreases in other pro-inflammatory cytokines such as IL-8, IL-1 β , IL-6, IL-23 p19 and p40 were also observed at earlier time points during etanercept treatment.¹⁶⁰ Another possible treatment is administration of cyclosporine. Lowes and colleagues recently reported that after treatment with cyclosporine, expression of IL-17, IL-22, IFN- γ , and keratin 16 was reduced to baseline levels, demonstrating the functional role of TH17 cells in psoriatic phenotype.¹⁶¹ Also, a clinical trial using anti-IL-12/IL-23 p40 neutralizing antibodies has been carried out. In this study, patients receiving different doses of the neutralizing antibodies had a significant improvement in psoriatic areas and disease index, demonstrating a crucial role in these cytokines in the pathogenesis of the disease.¹⁶²

Inflammatory Bowel Disease—Patients with inflammatory bowel disease display an increase in TH17 and TH1/TH17 cells in gut compared to normal controls. These memory cells express CCR4, CCR5, CCR6, and IL-23R. However, IL-23 did not increase the proliferative response of these cells.⁹¹

Using a trinitrobenzenesulfonic acid (TNBS)-induced colitis model, Zhang and colleagues showed that IL-17R KO mice had lower levels of neutrophils in the colon, which correlated with a decrease in weight loss, inflammation, MIP2, and IL-6 levels.¹⁶³ Moreover, neutralization of IL-23 levels in IL-10 KO mice can also lead to prevention in the induction of colitis, due to a decrease in IL-6 and IL-17 levels produced by memory T cells,³⁴ further demonstrating the role of TH17 cytokines in the pathogenesis of this disease. However, recently Yang and colleagues demonstrated that IL-17F-deficient mice had reduced dextran sulphate sodium (DSS)-induced colitis, whereas IL-17 KO animals developed enhanced disease model, while IL-17 may protect lamina propria from excessive damage.¹³⁴

Also, the role of IL-21 in gut inflammation has been recently addressed by Monteleone's group. IL-21 is able to induce production of matrix metalloproteases by human intestinal fibroblasts¹⁶⁴ and the chemokine MIP-3a by epithelial cells.¹⁶⁵ Moreover, higher levels of IL-21 in lesions from patients with Crohn disease were detected.¹⁶⁶ In addition, IL-21- deficient mice were protected against DSS or TNSB-induced colitis, and were incapable of upregulating TH17 associated genes during inflammation. Moreover, decreased IL-17 production was detected by lamina propria lymphocytes from IBD mice when IL-21 levels were blocked.¹⁶⁷

Not only IL-17 or IL-21, but also IL-22, levels were found increased in patients with IBD. Indeed, serum IL-22 levels were increased in patients with Crohn disease compared to healthy controls.^{168,169} Moreover, IL-22 levels were higher in patients with high susceptibility risk IL-23R polymorphisms, suggesting a direct correlation between higher IL-22 levels and TH17 generation.¹⁶⁸ Interestingly, IL-23R polymorphisms have been detected not only in Crohn disease^{168,170} but also in psoriasis,^{171–173} multiple sclerosis, ^{174,175} and Graves disease,¹⁷⁶ although the role of TH17 cells in the latter has not been entirely elucidated.¹⁷⁷ Also, IL-22 was found to induce LPS-binding protein (LBP) expression in liver using a mouse system, which might prevent systemic inflammation induced by LPS. These data correlate with the increased LBP levels in the blood of patients with Crohn disease.¹⁶⁹ Moreover, not only IL-22 but also increased IL-17F mRNA levels were detected in inflamed biopsied compared to noninflamed tissues in patients with Crohn disease.¹⁷⁸

Concluding Remarks

Since TH17 cells were described as a third lineage of effector T helper cells, generation of TH17 cells and their role in the immune system has been extensively studied. TH17 cells were shown to express IL-17, IL-17F, IL-21, IL-22, and IL-26 in humans, and possibly CCL20. These cells can be generated from naive TH cells, upon TCR and costimulatory receptor signaling in the presence of TGF- β and IL-6, leading to induction and/or activation of STAT3, IRF4, AHR, ROR α , and ROR γ t, which might be required for the establishment of a TH17 program. However, whether other transcription factors are required for induction of TH17-specific genes or through inhibition of other T cell genetic programs remains to be established. Moreover, the role of each cytokine and the cells that produce them will help us answer many unsolved issues in the field.

TH17 cells have been identified to be crucial in the induction/maintenance of a variety of diseases, ranging from autoimmune and inflammatory diseases to cancer and infectious diseases. How TH17 cells interact with or inhibit other TH cells during these diseases needs to be further investigated. In different mouse and human disease models, cells co-expressing IL-17 and IFN- γ have been identified. Whether these cells represent TH1 cells becoming TH17 cells or vice versa remains to be elucidated. Moreover, this raises the possibility of an inter-conversion between different T helper subsets, suggesting a higher plasticity than previously thought. Thus, understanding not only how TH17 cells are regulated, but also how different T helper subsets interact *in vivo*, might help design new therapeutic approaches to specifically target TH17 cells in these diseases.

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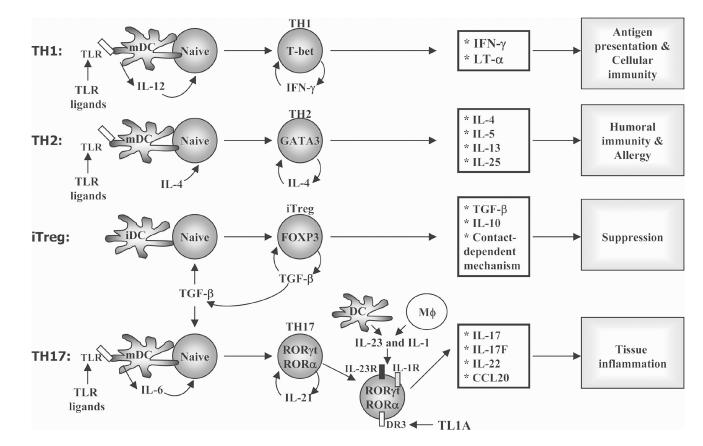


Figure 1.

Differentiation of T helper cell subsets. Naïve CD4⁺ T cells, upon encountering their cognate antigens presented on professional antigen-presenting cells (APC), differentiate into effector cells (TH1, TH2, TH17, iTreg) that are characterized by their cytokine production profiles and immune regulatory functions. TH1 cells produce IFN- γ and regulate antigen presentation and immunity against intracellular pathogens, whereas TH2 cells, which produce IL-4, IL-5, and IL-13, mediate humoral responses and immunity against parasites, and are important mediators of allergic diseases. TH17 cells express IL-17, IL-17F, IL-21, and IL-22 (and IL-26 in humans) and participate in inflammation and autoimmunity processes. iTregs express Foxp3 transcription factor and mediate immune suppression by secretion of TGF- β and IL-10 and by contact-dependent mechanisms. TGF- β , transforming growth factor- β .

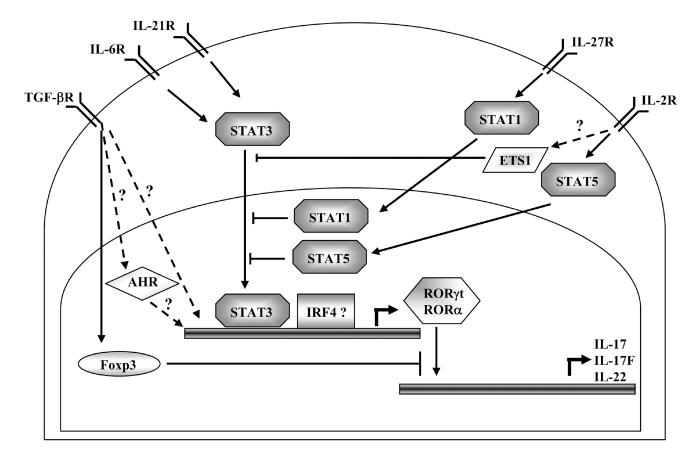


Figure 2.

Transcriptional regulation of TH17-cell differentiation. Naïve CD4⁺ T cells stimulated under the presence of IL-6 and/or IL-21 induce activation of the signal transducer and activator of transcription 3 (STAT3). Activation of STAT3 induces the expression of retinoic-acidreceptor-related orphan receptor- α (ROR α) and ROR γ t, which establish the expression of TH-17-cell specific gene program. The role of STAT3 in directly inducing IRF4 remains unclear. STAT1, downstream of IFN- γ and IL-27 signaling, or STAT5, which is downstream of IL-2 signaling, as well as ETS1, negatively regulate TH17 differentiation. Moreover, the transcription factor forkhead box P3 (Foxp3), induced by transforming growth factor- β (TGF- β) signaling, antagonizes the TH17-cell developmental program by directly binding to ROR α or ROR γ t. Whether TGF- β -induced Smads or MAPKs participate in TH17 differentiation needs to be demonstrated.

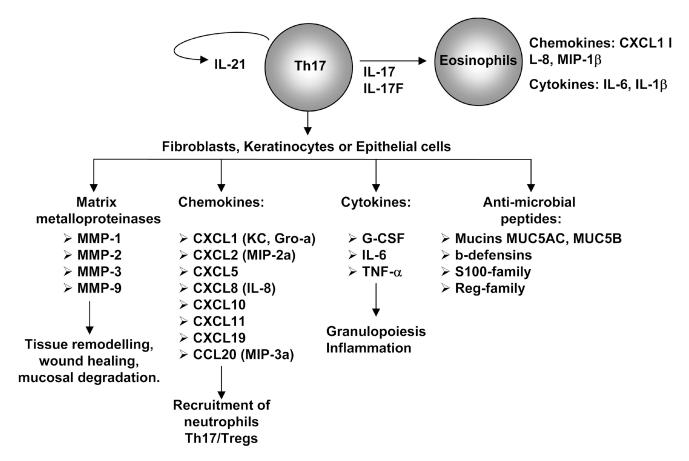


Figure 3.

Role of TH17 cells cytokines. On immune cells, TH17- produced IL-21 further induces TH17 differentiation creating a positive feedback loop in an autocrine manner. Moreover, both IL-17 and IL-17F induce production of cytokines and chemokines by eosinophils, leading to allergic inflammation. In nonimmune cells, TH17 cytokines collectively induce the secretion of cytokines, chemokines, antimicrobial compounds, and matrix metalloproteases from epithelial cells, fibroblasts, and keratinocytes, resulting in an increase in inflammation by recruitment of neutrophils and macrophages and tissue remodeling.