



# Asiaticoside Attenuates Cell Growth Inhibition and Apoptosis Induced by A $\beta$ <sub>1-42</sub> via Inhibiting the TLR4/NF- $\kappa$ B Signaling Pathway in Human Brain Microvascular Endothelial Cells

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Alzheimer's disease (AD) is a very common progressive neurodegenerative disorder with the highest incidence in the world. Dysfunction of the blood-brain barrier (BBB) may be responsible for the pathogenesis and pathology of AD for abnormally transporting amyloid- $\beta$  (A $\beta$ , the main component of the senile plaques) from the sera into the central nervous system. A $\beta$  peptides induce apoptosis in human brain microvascular endothelial cells (hBMECs), the main component of BBB. Apoptosis in neuronal cells plays a critical role in the pathogenesis of AD. Asiaticoside, a natural glycoside extracted from *Centella asiatica* (L.) Urban, has an anti-apoptotic effect on hBMECs but the molecule mechanism remains unclear. Therefore, we investigate the protective effect of asiaticoside on A $\beta$ <sub>1-42</sub>-induced cytotoxicity and apoptosis as well as associated mechanism in hBMECs with commonly used *in vitro* methods for clinical development of asiaticoside as a novel anti-AD agent. In the present study, we investigated the effects of asiaticoside on cytotoxicity by Cell Counting Kit-8 assay, mitochondrial membrane potential by JC-1 fluorescence analysis, anti-apoptosis by Hoechst 33258 staining and Annexin V-FITC (fluorescein isothiocyanate) and propidium iodide (PI) analyses, the expressions of TNF- $\alpha$  and IL-6 by enzyme-linked immunosorbent assay (ELISA) and TLR4, MyD88, TRAF6, p-NF- $\kappa$ B p65, and total NF- $\kappa$ B p65 by Western blotting, and nuclear translocation of NF- $\kappa$ B p65 by immunofluorescence analysis in hBMECs. The results showed that pretreatment of asiaticoside (25, 50, and 100  $\mu$ M) for 12 h significantly attenuated cell growth inhibition and apoptosis, and restored declined mitochondrial membrane potential induced by A $\beta$ <sub>1-42</sub> (50  $\mu$ M) in hBMECs. Asiaticoside also significantly downregulated the elevated expressions of TNF- $\alpha$ , IL-6, TLR4, MyD88, TRAF6, and p-NF- $\kappa$ B p65, as well as inhibited NF- $\kappa$ B p65 translocation from cytoplasm to nucleus induced by A $\beta$ <sub>1-42</sub> in hBMECs in a concentration-dependent manner. The possible underlying molecular mechanism of asiaticoside may be through inhibiting the TLR4/NF- $\kappa$ B signaling pathway. Therefore, asiaticoside may be developed as a novel agent for the prevention and/or treatment of AD clinically.

**Keywords:** Alzheimer's disease, asiaticoside, human brain microvascular endothelial cells (hBMECs), A $\beta$ <sub>1-42</sub>, TLR4, NF- $\kappa$ B

## INTRODUCTION

Alzheimer's disease (AD) is a common neurodegenerative disorder characterized by selective and progressive loss of specific neuronal populations in the neocortex and hippocampus (Pacheco-Quinto et al., 2016). Currently, accumulated evidence has shown that the major pathological causes of AD are the abnormal extracellular deposition of senile plaques (SPs) mainly containing amyloid- $\beta$  ( $A\beta$ ) protein and intracellular accumulation of neurofibrillary tangles (NFTs) primarily formed by hyperphosphorylated tau in the brain (Metcalf and Figueiredo-Pereira, 2010; Arvanitakis et al., 2011). The soluble forms of  $A\beta$  may represent the primary toxic in AD. Soluble oligomers have a unique distribution in the brain of patients with AD and different types of soluble  $A\beta$  oligomers have a common structure and share a common mechanism of neurotoxicity (Kayed et al., 2003). Study has showed that soluble forms of  $A\beta$  peptide were involved in  $A\beta$ -induced cognitive impairment and caused rapid memory disruption in rats (Tucci et al., 2014). Although the exact molecular mechanism is still unknown, it is well established that  $A\beta$ -induced neuronal apoptosis triggering neuronal injury and cell loss plays a crucial role in the development of AD (Loo et al., 1993; Crews and Masliah, 2010). Studies have implicated that pro-apoptotic kinases may be a link between  $A\beta$  and tau anomalies in AD (Paquet et al., 2015). A recent report has shown that  $A\beta_{1-42}$  could cause cerebral vascular dysfunction by increasing oxidative stress and inducing mitochondrial dysfunction and apoptosis in cerebral endothelial cells in a mouse model of AD (Fang et al., 2017). Apoptosis and oxidative stress in cerebrovascular endothelial cells induced by  $A\beta_{25-35}$  promoted the development of AD (Liu et al., 2017). The blood-brain barrier (BBB) is formed by specialized brain endothelial cells and connected by extensive tight junctions (Abbott et al., 2010). The BBB plays a critical role in normal physiology of the central nervous system (CNS) and BBB dysfunction is associated with a variety of CNS diseases including brain tumors and AD (Luissint et al., 2012; Cerutti et al., 2017). Studies have shown that the BBB is responsible for  $A\beta$  exchange between the blood and the brain and it plays a vital role in controlling the concentrations of  $A\beta$  in the brain; thus, BBB dysfunction may lead to  $A\beta$  abnormal deposition in the cerebrovasculature and/or excessive accumulation in the brain (Engelhardt and Sorokin, 2009; Bachmeier et al., 2010). Evidence has shown that microvascular injury was linked to BBB leakage in AD patients (Zipser et al., 2007). Therefore, development of novel agents with anti-apoptotic activity to target human brain microvascular endothelial cells (hBMECs) may be a promising strategy for the treatment of AD.

The active ingredients from natural products such as polyphenols, flavonoids, and saponins displayed a variety of biological and neuroprotective effects and have been attracted substantial attention for the prevention and/or treatment of AD (Kim et al., 2010; Spencer, 2010; Wang et al., 2017). Previous studies have found that several compounds from natural products exhibited protective activity on vascular endothelial cells and possessed potent pharmacological effects of anti-apoptosis on hBMECs (Liu et al., 2014; Liang

et al., 2017). For examples, Lutein inhibited oxidative stress induced by  $A\beta$  peptide via regulation of Nrf-2 and NF- $\kappa$ B in cerebrovascular endothelial cells (Liu et al., 2017). Luteolin, a natural flavonoid, has beneficial properties on the CNS and it protects the integrity of BBB by maintaining barrier function and suppressing inflammatory responses induced by fibrillary  $A\beta_{1-40}$  (Zhang J.X. et al., 2017). The mechanism of Luteolin on BBB protection may be related to the regulation of inflammatory signal pathways, such as inhibition of p38 MAPK activation, decrease of NF- $\kappa$ B p65 nuclear translocation, and the secretion of inflammatory cytokines (Zhang J.X. et al., 2017). *Lactobacillus rhamnosus* GG conditioned medium has protective effect on hBMECs from *Escherichia coli* K1-induced damage by inhibiting NF- $\kappa$ B signaling pathway (Zeng et al., 2017). Resveratrol, a phytoalexin, activates AMP-activated protein kinase (AMPK) in vascular cells. A study by Annabi et al. (2012) has shown that resveratrol prevented hBMECs dysfunction induced by neuroinflammation through inhibiting metalloproteinase (MMP)-9 and cyclooxygenase (COX)-2. Quercetin, a natural flavonoid molecule, protected hBMECs from fibrillary  $A\beta_{1-40}$ -induced toxicity through alleviating intracellular reactive oxygen species (ROS) production, apoptosis and nuclear condensation as well as strengthening BBB integrity by preserving transendothelial electrical resistance (Li et al., 2015). Pinocembrin has been proved to have protective effect on microvascular function via reducing the cytotoxicity induced by fibrillar  $A\beta_{1-40}$  and inhibiting the mitogen-activated protein kinase (MAPK)/NF- $\kappa$ B inflammatory signaling pathways in hBMECs in AD models (Liu et al., 2014).

Asiaticoside (AS), a naturally triterpenoid saponin, isolated and extracted from Indian medicinal herb *Centella asiatica* (L.) Urban, displays broad bioactivities including neuroprotection, antidepressant, anti-oxidant, anti-inflammation, protection of DNA damage, and regulation of apoptotic factors in cortical neurons *in vitro* cell culture and *in vivo* animal models (Luo et al., 2015; Sun et al., 2015; Hou et al., 2016; Zhang Z. et al., 2017). The neuroprotective effects of AS have been widely reported including repairing spinal cord injury (Luo et al., 2015) and protecting neuronal damage induced by ischemia hypoxia (Sun et al., 2015). AS was able to alleviate learning and memory impairment induced by  $A\beta$  in a rat model of AD (Zhang Z. et al., 2017). Additional studies revealed that AS was capable of inhibiting several apoptotic-related signal pathways including p38-MAPK, PI3K/Akt/NF- $\kappa$ B, and hypoxia-induced transforming growth factor  $\beta$ 1 (TGF- $\beta$ 1)/Smad2/3 (Luo et al., 2015; Wang X.B. et al., 2015; Yin et al., 2015). A recent study has shown that AS significantly inhibited tumor necrosis factor (TNF)- $\alpha$  induced increase in endothelial permeability through suppressing stress fiber formation (Fong et al., 2015). It is conceivable that AS possesses protective effect on hBMECs.

In the present study, we investigated the effects of AS on cytotoxicity by Cell Counting Kit-8 (CCK-8) assay; apoptosis by Hoechst 33258 staining and Annexin V-FITC (fluorescein isothiocyanate)/propidium iodide (PI) analyses; mitochondrial membrane potential by JC-1 fluorescence analysis; the protein expressions of TNF- $\alpha$  and IL-6 by enzyme-linked

immunosorbent assay (ELISA) and TLR4, MyD88, TRAF6, p-NF- $\kappa$ B p65, and total NF- $\kappa$ B p65 by Western blotting; and nuclear translocation of NF- $\kappa$ B p65 by immunofluorescence analysis in hBMECs.

## MATERIALS AND METHODS

### Regents

Synthetic A $\beta$ <sub>1-42</sub> (> 95% purity) was purchased from Sangon Biotech Company (Shanghai, China). AS (purity 98.86%, MW 959.133, **Figure 1A**) was purchased from PUSH Bio-Technology, Co., Ltd. (Chengdu, Sichuan, China). TAK-242 (resatorvid) was purchased from MedChemExpress (Monmouth Junction, NJ, United States). CCK-8 assay and Annexin V-FITC apoptosis detection kit were purchased from Dojindo Chemical Technology Co., Ltd. (Shanghai, China). All antibodies were purchased from Cell Signaling Technology Inc. (Beverly, MA, United States). Hoechst 33258 kit, JC-1 kit, Dulbecco's modified Eagle's medium (DMEM), dimethyl sulfoxide (DMSO), fetal bovine serum (FBS), penicillin, and streptomycin were purchased from Beyotime (Haimen, Jiangsu, China).

### Cell Culture

The hBMEC line was purchased from Procell Life Science and Technology, Co., Ltd. (Wuhan, Hubei, China). The cells were cultured in DMEM supplemented with 10% FBS, 1% penicillin and streptomycin in an atmosphere of 95% air, and 5% CO<sub>2</sub> at 37°C in a humidified incubator and renewed with new medium every 3–5 days.

### A $\beta$ <sub>1-42</sub> and Drug Preparation

Synthetic A $\beta$ <sub>1-42</sub> was prepared to a final stock solution of 100  $\mu$ M by dissolving in hexafluor-2-propanol (HFIP) to foster the fibrillization state. Briefly, 1 mg of A $\beta$ <sub>1-42</sub> was dissolved in 1 ml HFIP solution and distributed into centrifuge tubes after 15 min ultrasonic treatment. HFIP was removed by evaporation under vacuum at room temperature for overnight and the tubes were stored at –20°C before use. For experiments, one tube containing A $\beta$ <sub>1-42</sub> solution was taken out 24 h before experiment and resuspended in HFIP/water (ratio 3:7) for 15-min ultrasonic treatment and stirred for another 24 h; then, the solvent HFIP was evaporated under speedvac for 10 min to make 100  $\mu$ M of fibrillar A $\beta$ <sub>1-42</sub> as the final solution. TAK-242 is a specific inhibitor of TLR4 receptor and used as a positive control for comparison of the effect of AS (Li et al., 2006). TAK-242 was dissolved in DMSO to a final concentration of 100 mM and stored at –20°C for future use. The concentration (1  $\mu$ M) selection of TAK-242 for the present *in vitro* study was based on previous reports from the literature (Raveendran et al., 2011; Hussey et al., 2013). AS was first dissolved in methanol at a concentration of 10 mM as the stock solution and further diluted with culture medium without bovine serum to appropriate concentrations.

### Cell Viability Assay

The effects of AS and/or A $\beta$ <sub>1-42</sub> on the proliferation of hBMECs were determined by CCK-8 assay. The cells (~80–90%

confluency) were seeded in 96-well plates (1.0 ml) at a density of  $5 \times 10^4$  cells/well and cultured for 24 h. Then, the culture medium was replaced with serum-free DMEM and the cells were treated with different concentrations (3.125, 6.25, 12.5, 25, 50, and 100  $\mu$ M) of AS or TAK-242 (1  $\mu$ M) for 12 h. The vehicle solution was used as control for all experiments after it was compared to 1% methanol solution by CCK-8 assay and showed no significant difference in cell growth inhibition between the both solutions ( $97.00 \pm 2.30\%$  vs.  $96.85 \pm 3.37\%$  in cell viability). The cells were washed with phosphate buffered solution (PBS) for 15 min at room temperature after 12 h treatment and then treated with 50  $\mu$ M A $\beta$ <sub>1-42</sub> or serum-free DMEM (vehicle control) for another 24 h. After being cultured for 24 h, CCK-8 (10  $\mu$ l/well) was added into the cells and incubated for 1 h. The absorbance was measured at 450 nm using SpectraMax M3 microplate readers (Molecular Devices Corporation, Sunnyvale, CA, United States). All experiments were performed three times in triplicate.

### Mitochondrial Membrane Potential ( $\Delta\psi$ M) Detection

The changes in the mitochondrial membrane potential were determined by JC-1, a fluorescent dye with potential-dependent accumulation in mitochondrial membrane as a monomer (fluoresced green) or dimer (fluoresced red-orange) in living cells as previously described (Wu et al., 2013). Briefly, the cells were seeded at a density of  $2 \times 10^5$  cells/well in 6-well plates and treated with different concentrations of AS (25, 50, and 100  $\mu$ M), TAK-242 (1  $\mu$ M), or same volume of serum-free DMEM (vehicle control) for 12 h, then treated with A $\beta$ <sub>1-42</sub> (50  $\mu$ M) or medium for another 24 h at 37°C. The cells were washed with PBS twice and incubated with JC-1 (5  $\mu$ M) for 20 min at 37°C in a CO<sub>2</sub> incubator, then washed with PBS three times for 5 min each time at 37°C in the dark. Fluorescent images were visualized and recorded under a fluorescence microscope at  $\times 100$  magnifications (AMG EVOS, Thermo Fisher Scientific, Inc., Waltham, MA, United States). All experiments were performed three times in triplicate.

### Apoptotic Assay of hBMECs by Hoechst 33258 Staining

Morphological assessment of apoptotic cells was processed by Hoechst 33258 staining method as described earlier (Yang et al., 2013). Briefly, hBMECs were seeded in 6-well culture plates at a density of  $1 \times 10^5$  cells/well and treated with various concentrations of AS (25, 50, and 100  $\mu$ M), TAK-242 (1  $\mu$ M), or same volume of serum-free DMEM (vehicle control) for 12 h, then treated with A $\beta$ <sub>1-42</sub> (50  $\mu$ M) or medium for another 24 h at 37°C. After incubating with fixative solution for 10 min, the medium was removed and washed with PBS for 15 min. Then, the cells were treated with 500  $\mu$ L staining solution of Hoechst 33258 (10  $\mu$ g/ml) for 5 min, followed by washing with PBS for 15 min at a dark room for reducing the background. Finally, the nuclear morphological changes of apoptotic cells were observed under a fluorescent microscope at  $\times 400$  magnifications (AMG EVOS, Thermo Fisher Scientific, Inc., Waltham, MA, United States)



and the percentage of apoptotic cells was calculated according to the ratio of apoptotic cells to total cells. All experiments were performed three times in triplicate.

### Apoptotic Assay of hBMECs with Annexin V-FITC/PI by Flow Cytometry

The cellular apoptosis of hBMECs were also determined by flow cytometry with an Annexin V-FITC apoptosis detection kit following manufacturer's instruction. Briefly, the cells (~80–90% confluency) were seeded in 6-well plates at a density of  $2 \times 10^5$  cells/well and cultured for 24 h. Then, the culture medium was replaced with serum-free DMEM and the cells were treated with AS at 25, 50, and 100  $\mu$ M, TAK-242 at 1  $\mu$ M, or same volume of serum-free DMEM (vehicle control) for 12 h. The cells were washed with PBS for 15 min at room temperature after 12 h treatment and treated with  $A\beta_{1-42}$  at 50  $\mu$ M or same volume of medium for another 24 h. The cell suspensions were centrifuged at  $1,500 \times g$  for 3 min at room temperature. After centrifugation, the apoptotic cells were resuspended in Annexin V-FITC binding buffer. A total of 5  $\mu$ L Annexin V-FITC and 5  $\mu$ L PI were successively added to the cells and incubated for 15 min in the dark at room temperature. The quantity of stained cells was determined by flow cytometry (FACSCalibur, BD Biosciences, San Diego, CA, United States). All experiments were performed three times in triplicate.

### Analysis of TNF- $\alpha$ and IL-6 by ELISA

The effects of AS and/or  $A\beta_{1-42}$  on the levels of TNF- $\alpha$  and IL-6 in hBMECs were determined by ELISA following manufacturer's instruction. Briefly, the cells (~80–90% confluency) were seeded in 96-well plates at a density of  $2 \times 10^5$  cells/well and cultured for 24 h. Then, the culture medium was replaced with serum-free conditioned medium and the cells were treated with AS at 25, 50, and 100  $\mu$ M, TAK-242 at 1  $\mu$ M, or same volume of medium (vehicle control) for 12 h. The cells were washed with PBS for 15 min at room temperature after 12 h treatment and treated with  $A\beta_{1-42}$  at 50  $\mu$ M or same volume of medium for another 24 h. The cell suspensions were centrifuged at  $1,500 \times g$  at room temperature for 5 min. Supernatants were analyzed for the levels of TNF- $\alpha$  and IL-6 by ELISA kit (R&D Systems, Minneapolis, MN, United States). The absorbance was determined at 450 nm using SpectraMax M3 microplate readers (Molecular Devices Corporation, Sunnyvale, CA, United States). All experiments were performed three times in triplicate.

### Western Blotting Analysis

The hBMECs were seeded at a density of  $4.0 \times 10^5$  cells/well on 2.0 ml 6-well plates and replaced the culture medium with serum-free DMEM after 24 h culture. Then, the cells were treated with medium (vehicle control), AS (25, 50, and 100  $\mu$ M), or TAK-242 (1  $\mu$ M) for 12 h. The cells were washed with PBS for 15 min at room temperature after 12 h treatment and treated with  $A\beta_{1-42}$  at 50  $\mu$ M or same volume of medium for another 24 h, then, withdrawn the culture

medium, and washed with cold PBS for harvest. The cell pellets were disrupted in cell lysis buffer (RIPA buffer, 0.5% NP-40, 50 mM Tris-HCl, 120 mM NaCl, 1 mM EDTA, 0.1 mM  $Na_3VO_4$ , 1 mM NaF, 1 mM PMSF, and 1  $\mu$ g/mL leupeptin, pH 7.5), and then, the lysates were centrifuged at  $9600 \times g$  for 15 min at 4°C. Equal amounts of protein samples (30  $\mu$ g) were electrophoresed on 12% SDS-PAGE gel for separation, followed electrophoresis, the proteins were electrotransferred from the gels to PVDF membranes to form blots. Non-specific binds were blocked with 5% skim milk in Tween-PBS buffer for 1 h, and then the membranes were incubated with anti-TLR4, anti-MyD88, anti-TRAF6, anti-NF- $\kappa$ B p65, and anti-NF- $\kappa$ B p65 (phospho S468) primary (1:1000) and secondary (1:5000) antibodies or  $\beta$ -actin (13E5) rabbit monoclonal antibody (1:1000) at 4°C overnight and washed three times with Tween-PBS buffer. Then, the blots were incubated for 1 h at room temperature with a 1:1000 dilution of horseradish peroxidase-labeled anti-rabbit or anti-mouse IgG (H+L) and washed three times with Tween-PBS buffer. The membranes were then developed and visualized by incubation with ECL Western detection reagents (Thermo Fisher Scientific Inc., Waltham, MA, United States). The specific protein bands were visualized and analyzed with a ChemiDoc image analyzer (Bio-Rad, Hercules, CA, United States). All experiments were performed three times in triplicate.

### Nuclear Translocation of NF- $\kappa$ B p65 in hBMECs by Immunofluorescence Analysis

The cells were seeded at a density of  $1.0 \times 10^5$  on glass coverslips and treated with medium (vehicle control), AS (25, 50, and 100  $\mu$ M), or TAK-242 (1  $\mu$ M) for 12 h. Then, the cells were washed with PBS for 15 min at room temperature after 12 h treatment and treated with  $A\beta_{1-42}$  (50  $\mu$ M) or same volume of medium for another 24 h. The cells were fixed in 4% paraformaldehyde for 30 min at 4°C and washed with PBS for three times with 5 min for each time, then the cells were incubated with 0.1% Triton X-100 for 10 min, and blocked with 1% bovine serum albumin (BSA) for 30 min. The cells were incubated with rabbit monoclonal primary antibody (1:500) against NF- $\kappa$ B p65 at 4°C overnight, followed by HRP-conjugated goat anti-rabbit anti-NF- $\kappa$ Bp65 secondary antibody (1:2000) for 2 h and washed with PBS for 15 min. The cells were stained with 4',6-diamidino-2-phenylindole dihydrochloride (DAPI) for 10 min and washed with PBS for 15 min. The signals were detected and assessed under an inverted phase contrast fluorescence microscope (LD laser: 405 nm, 25 mW; multi-line Ar laser: 458, 488, and 515 nm, 40 mW; HeNe green laser: 543 nm, 1 mW; and HeNe red laser: 635 nm, 20 mW) at  $\times 400$  magnifications (OLYMPUS company, model: CKX41, Shinjuku-ku, Tokyo, Japan). All experiments were performed three times in triplicate.

### Statistical Analysis

All experimental data were analyzed by IBM SPSS18.0 statistical software (SPSS Inc., Chicago, IL, United States) and expressed as mean  $\pm$  SD. One-way or two-way univariate analysis of

variance (ANOVA) and Student-Newman-Keuls (SNK) test were performed for the analysis of variance and comparison of different groups. A difference at  $p < 0.05$  was considered as statistical significance (marked as \*) and higher significance level was set at  $p < 0.01$  (marked as \*\*).

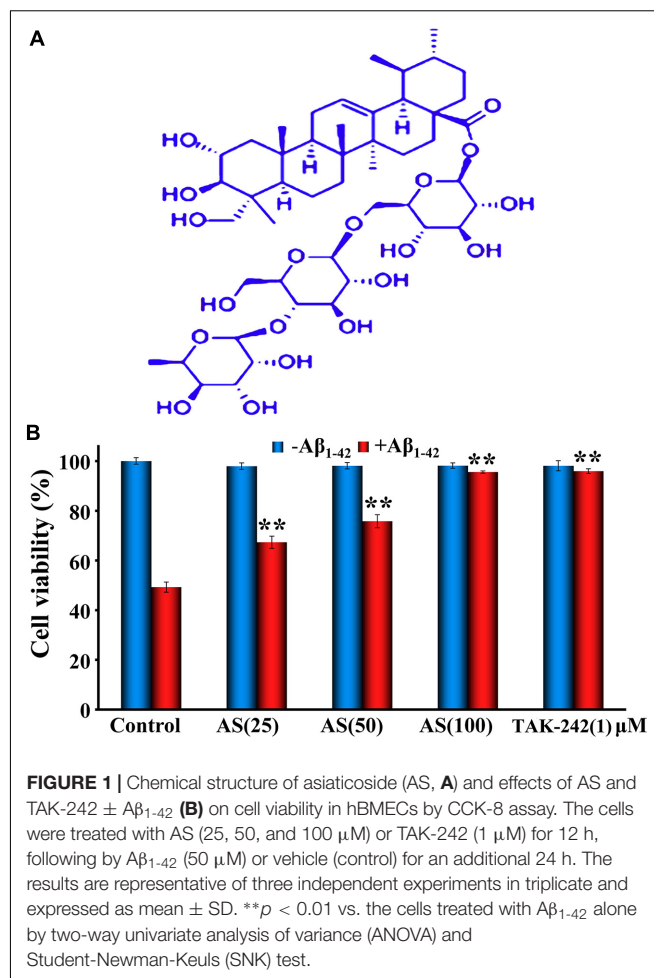
## RESULTS

### Protective Effect of AS on Cell Growth Inhibition Induced by $A\beta_{1-42}$ in hBMECs

First, we evaluated the effects of AS at various concentrations (3.125, 6.25, 12.5, 25, 50, and 100  $\mu\text{M}$ ) and TAK-242 (1  $\mu\text{M}$ ) alone for 12 h exposure on cell viability of hBMECs by CCK-8 assay. The results showed that AS up to 100  $\mu\text{M}$  and TAK-242 at 1  $\mu\text{M}$  had no significant cell growth inhibition with the cell viability over 95% (data not shown). Next, we treated the cells with three higher concentrations (25, 50, and 100  $\mu\text{M}$ ) of AS and 1  $\mu\text{M}$  TAK-242 for 12 h, then followed by treatment of 50  $\mu\text{M}$   $A\beta_{1-42}$  for additional 24 h. The results showed that  $A\beta_{1-42}$  (50  $\mu\text{M}$ ) treatment for 24 h significantly ( $p < 0.01$ ) inhibited the cell proliferation with the cell viability of  $50.89 \pm 5.12\%$  compared to  $96.85 \pm 3.37\%$  in control cells treated with vehicle. However, AS treatments (25, 50, and 100  $\mu\text{M}$ ) significantly attenuated cell growth inhibition ( $p < 0.01$ ) induced by  $A\beta_{1-42}$  (50  $\mu\text{M}$ ) in a concentration-dependent manner (Figure 1B). Pretreatment of TAK-242 (1  $\mu\text{M}$ ) also protected the cells from  $A\beta_{1-42}$ -induced cell growth inhibition closed to that of 100  $\mu\text{M}$  of AS (Figure 1B). These data suggest that AS and TAK-242 were effective to attenuate cell growth inhibition induced by  $A\beta_{1-42}$  in hBMECs.

### Effect of AS on Decrease of Mitochondrial Membrane Potential ( $\Delta\Psi_m$ ) Induced by $A\beta_{1-42}$ in hBMECs

Mitochondria play a critical role in cellular apoptosis and decrease of mitochondrial membrane potential is a hallmark event in the early stage of apoptosis in cells (Wlodkowic et al., 2011). Therefore, we evaluated the effects of AS (25, 50, and 100  $\mu\text{M}$ ) and TAK-242 (1  $\mu\text{M}$ ) for 12 h followed by  $A\beta_{1-42}$  (50  $\mu\text{M}$ ) treatment for additional 24 h on mitochondrial membrane potential ( $\Delta\Psi_m$ ) in hBMECs using JC-1 fluorescence and the results are illustrated in Figure 2. From the representative photographs, we can see that the fluorescence intensity of red and the ratio of red/green in hBMECs were significantly ( $p < 0.01$ ) decreased ( $\sim 2.5$ -fold) by  $A\beta_{1-42}$  (50  $\mu\text{M}$ ) treatment compared to that of the control cells treated with vehicle (Figures 2Aa,b,B). However, the ratio of red/green fluorescence was significantly increased ( $p < 0.01$ ) in the cells pretreated with AS at 25, 50, or 100  $\mu\text{M}$  in a concentration-dependent manner (Figures 2Ac-e). TAK-242 at 1  $\mu\text{M}$  (Figure 2Af) also exhibited similar effect as 100  $\mu\text{M}$  of AS on the ratio of red/green fluorescence. The data indicate that mitochondrial membrane potentials of hBMECs were significantly decreased by  $A\beta_{1-42}$  but AS and TAK-242 restored the declined  $\Delta\Psi_m$  induced by  $A\beta_{1-42}$  (Figure 2B),

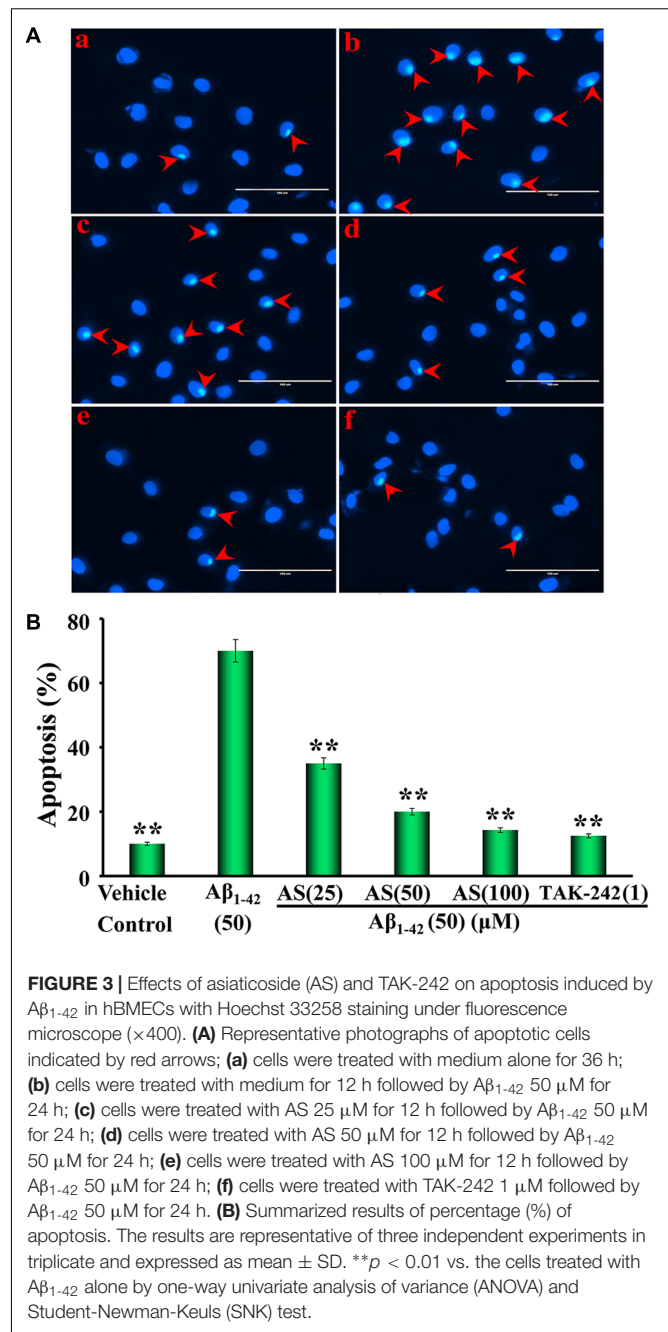
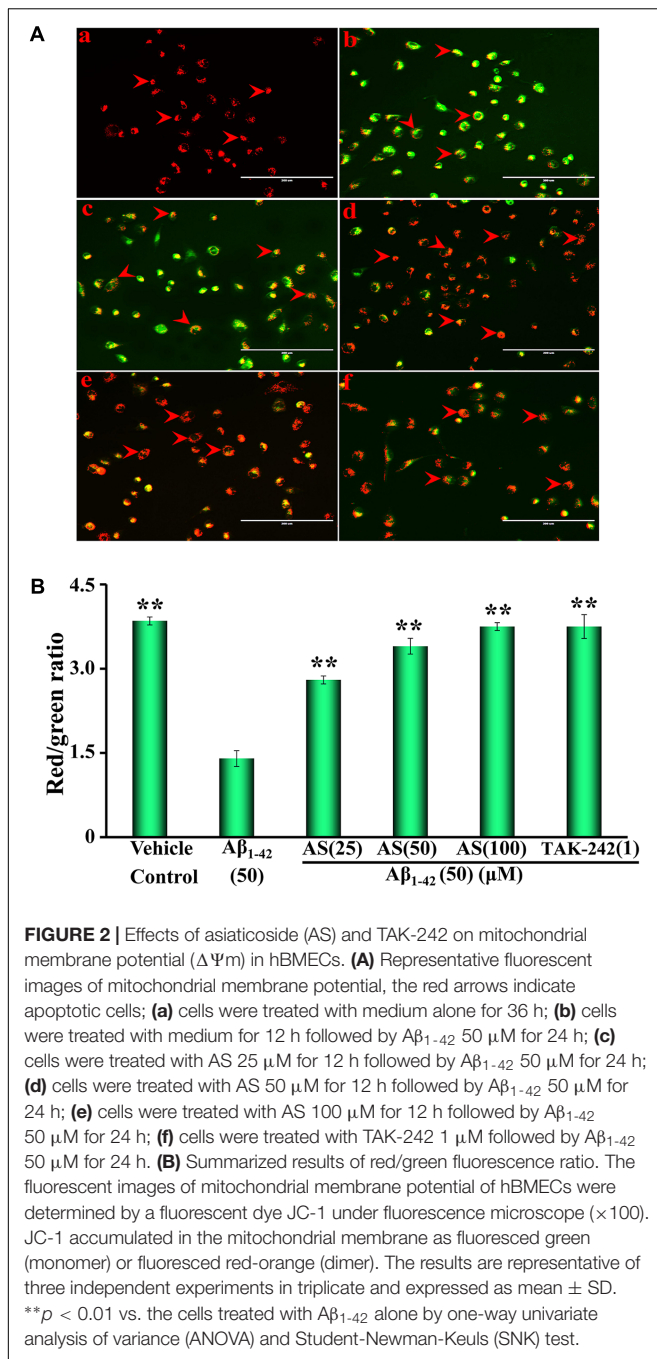


therefore to inhibit  $A\beta_{1-42}$ -induced apoptosis via maintaining high mitochondrial membrane potential.

### Effect of AS on $A\beta_{1-42}$ -Induced Apoptosis in hBMECs by Hoechst 33258 Staining and Annexin V/PI Double Staining Assays

The crucial factor for pathogenesis of AD is neuronal cell damage and loss due to  $A\beta$ -induced apoptosis (Loo et al., 1993; Crews and Maslah, 2010). Therefore, we studied the protective effect of AS on apoptosis induced by  $A\beta_{1-42}$  in hBMECs.

Hoechst 33258 staining is a classical and rapid method for the detection of apoptosis by observation of chromatin condensation under a fluorescence microscopy (Yang et al., 2013). The representative morphological photographs of hBMECs and the cell apoptotic ratio by Hoechst 33258 staining method are illustrated in Figure 3. The photograph in Figure 3Aa shows the characteristic preserved normal features of hBMECs in the control cells without  $A\beta_{1-42}$  treatment, which the cell nuclei appear blue fluorescence. However, higher levels of apoptotic cells with condensation of nuclear chromatin and fragmentation stained with white color were detected in the cells treated with  $A\beta_{1-42}$  (50  $\mu\text{M}$ ) for 24 h (Figure 3Ab).

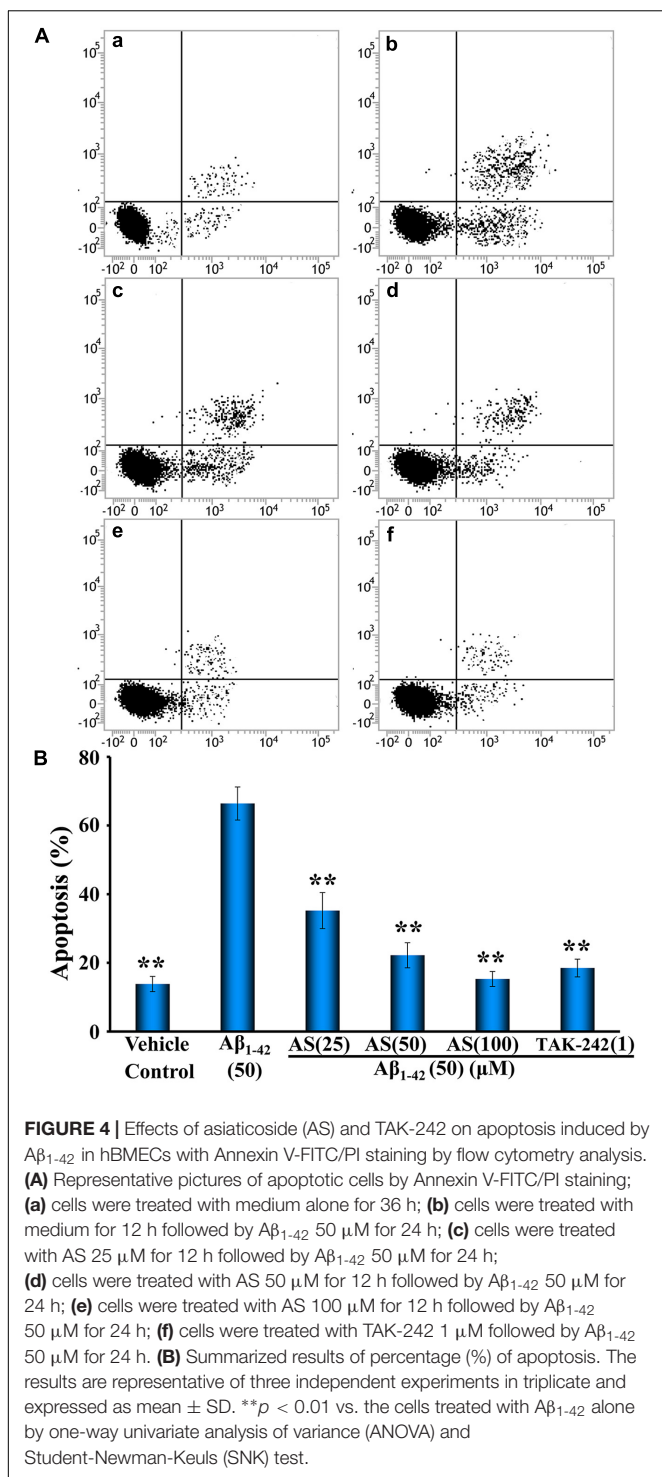


Interestingly, the numbers of apoptotic cells were markedly decreased with pretreatment of AS (25, 50, and 100  $\mu\text{M}$ ) or TAK-242 (1  $\mu\text{M}$ ) for 12 h (**Figures 3Ac–f**). The summarized results of apoptotic ratio of cells are shown in **Figure 3B** and indicate that  $A\beta_{1-42}$  (50  $\mu\text{M}$ ) treatment significantly increased apoptosis (over 70% apoptotic cells) compared to that of control cells treated with vehicle (less than 10% apoptotic cells,  $p < 0.01$ ), while pretreatment of AS significantly inhibited  $A\beta_{1-42}$ -induced apoptosis in a concentration-dependent manner ( $p < 0.01$ ) in hBMECs. In additional TAK-242 (1  $\mu\text{M}$ )

exhibited inhibitory effect on  $A\beta_{1-42}$ -induced apoptosis as more potent than that of 50  $\mu\text{M}$  but less than that of 100  $\mu\text{M}$  of AS.

Annexin V is labeled with fluorescein (FITC) as fluorescent probe and one of the sensitive methods to detect the early apoptosis of cells (Wlodkowic et al., 2011). Therefore, we further investigated the quantity of apoptotic cells induced by  $A\beta_{1-42}$  and the protective effects of AS (25, 50, and 100  $\mu\text{M}$ ) and compared to that of TAK-242 (1  $\mu\text{M}$ ) with Annexin V/PI double staining by flow cytometric analysis and the results are illustrated in **Figure 4**. The data showed that 24 h treatment





of  $A\beta_{1-42}$  (50  $\mu$ M) significantly induced apoptosis in hBMECs to  $66.40 \pm 4.82\%$  compared to  $13.82 \pm 2.22\%$  ( $p < 0.01$ ) in control cells treated with vehicle (Figures 4Aa,b). Interestingly, pretreatment of AS at 25, 50, and 100  $\mu$ M significantly decreased apoptotic cells ( $p < 0.01$ ) induced by  $A\beta_{1-42}$  (50  $\mu$ M) compared to  $A\beta_{1-42}$  alone to  $35.20 \pm 5.26\%$ ,  $22.20 \pm 3.66\%$ , and  $15.28 \pm 2.18\%$  in hBMECs, respectively (Figures 4Ac–e,B).

Pretreatment of TAK-242 (50  $\mu$ M) also significantly inhibited  $A\beta_{1-42}$ -induced apoptosis with  $18.48 \pm 2.58\%$  in hBMECs (Figures 4Af,B). The results clearly demonstrated that AS effectively inhibited  $A\beta_{1-42}$ -induced apoptosis in a concentration-dependent manner in hBMECs by both methods of Hoechst 33258 Staining and Annexin V/PI Double Staining with flow cytometric analysis and indicate that AS and TAK-242 have protective effect on hBMECs cells from  $\beta_{1-42}$ -induced apoptosis.

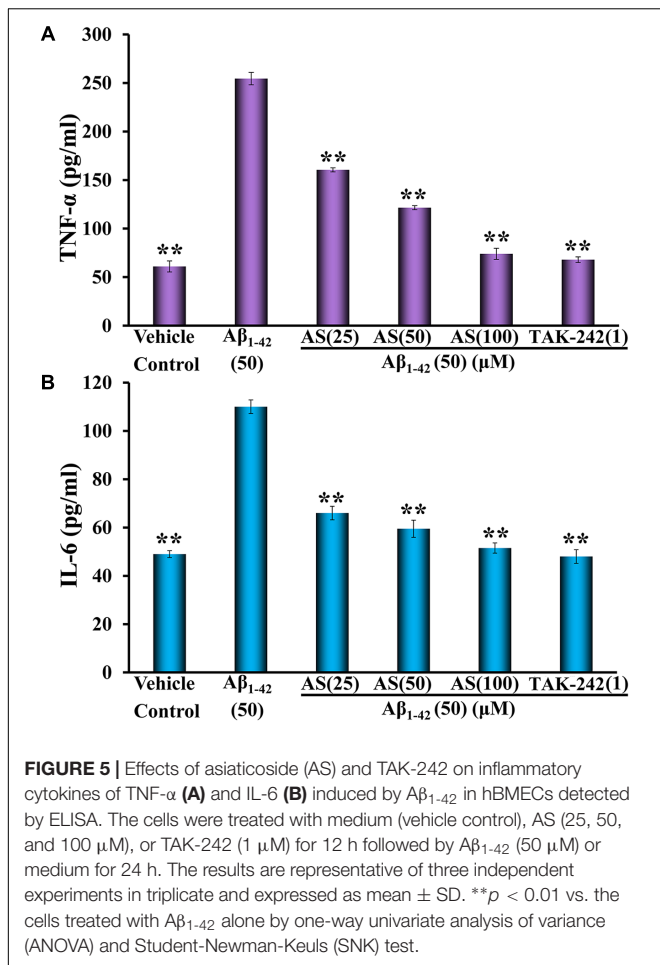
### AS Downregulates Inflammatory Cytokines of TNF- $\alpha$ and IL-6 Induced by $A\beta_{1-42}$ in hBMECs

The TNF- $\alpha$  is one of the most important inflammatory mediators and appears in the earliest process of apoptosis (Wang W.Y. et al., 2015). IL-6 is a key pro-inflammatory cytokine and plays an important role in inflammation and immune response of the body as well as in the regulation of metabolic, regenerative, and neural processes (Scheller et al., 2011). Therefore, we evaluated the effect of AS on the levels of TNF- $\alpha$  and IL-6 induced by  $A\beta_{1-42}$  and compared to that of TAK-242 in hBMECs by ELISA analysis.

The expressions of TNF- $\alpha$  and IL-6 were significantly increased ( $p < 0.01$ ) by  $A\beta_{1-42}$  (50  $\mu$ M) treatment compared to vehicle treatment in hBMECs (Figure 5). However, pretreatment of AS at 25, 50, and 100  $\mu$ M significantly decreased the elevated expressions of TNF- $\alpha$  and IL-6 induced by  $A\beta_{1-42}$  in hBMECs (Figure 5). TAK-242 at 1  $\mu$ M had similar effect as 100  $\mu$ M of AS on decreasing the elevated expressions of TNF- $\alpha$  and IL-6 induced by  $A\beta_{1-42}$  in hBMECs (Figure 5). These results suggest that AS and TAK-242 effectively inhibited  $A\beta_{1-42}$ -induced high expressions of TNF- $\alpha$  and IL-6 and the effects of AS and TAK-242 on decrease of apoptosis induced by  $A\beta_{1-42}$  may be via inhibiting the expressions of TNF- $\alpha$  and IL-6 in hBMECs.

### Effect of AS on Inhibition of TLR4/NF- $\kappa$ B Signaling Pathway in hBMECs

The TLR4/NF- $\kappa$ B signaling pathway plays an important role in the regulation of cell apoptosis (Liu et al., 2013). NF- $\kappa$ B signaling activation involves phosphorylation and nuclear translocation of the p65 protein (Christian et al., 2016). We speculated that the anti-apoptotic effect of AS may be related to inhibition of the expressions of proteins in TLR4/NF- $\kappa$ B signaling pathway and translocation of NF- $\kappa$ B p65 in hBMECs. Therefore, we evaluated the effects of AS on the expressions of TLR4, MyD88, TRAF6, p-NF- $\kappa$ B p65, and total NF- $\kappa$ B p65 proteins and NF- $\kappa$ B p65 translocation. We treated hBMECs with medium (vehicle control), AS (25, 50, and 100  $\mu$ M) or TAK-242 (1  $\mu$ M) for 12 h followed by  $A\beta_{1-42}$  (50  $\mu$ M) treatment for additional 24 h and analyses by Western blotting and Immunofluorescence assay. The results showed that  $A\beta_{1-42}$  treatment significantly upregulated the protein expressions of TLR4, MyD88, TRAF6, and p-NF- $\kappa$ B p65 ( $p < 0.01$ ) but no effect on total NF- $\kappa$ B p65 compared to vehicle treatment in hBMECs (Figure 6). However, pretreatment of AS significantly ( $p < 0.01$  vs.  $A\beta_{1-42}$  treated group) downregulated the highly



elevated levels of TLR4, MyD88, TRAF6, and p-NF- $\kappa$ B p65 induced by A $\beta_{1-42}$  in hBMECs (Figure 6). Pretreatment of TAK-242, a specific TLR4 inhibitor, also significantly decreased ( $p < 0.01$ ) the protein expressions of TLR4, MyD88, TRAF6, and p-NF- $\kappa$ B p65 being upregulated by A $\beta_{1-42}$  in hBMECs (Figure 6).

Next, we determined the localization of NF- $\kappa$ B p65 in hBMECs. A $\beta_{1-42}$  (50  $\mu$ M) treatment resulted in a significant translocation of p65 from a cytoplasmic to a nuclear localization compared to that of vehicle treatment (p65 mainly located in the cytoplasm) in hBMECs (Figures 7Aa–b,B). However, pretreatment of AS (25, 50, and 100  $\mu$ M) significantly inhibited the nuclear translocation of p65 in a concentration-dependent manner compared to A $\beta_{1-42}$  treated group ( $p < 0.01$ ) in hBMECs (Figures 7Ac–e,B). Similarly, pretreatment of TAK-242 (1  $\mu$ M) also significantly ( $p < 0.01$ ) inhibited the nuclear translocation of p65 (Figures 7Af,B). The results indicate that AS and TAK-242 effectively inhibited A $\beta_{1-42}$ -induced high expressions of TLR4, MyD88, TRAF6, and p-NF- $\kappa$ B p65 proteins and NF- $\kappa$ B p65 nuclear translocation. Therefore, the effects of AS and TAK-242 on inhibition of apoptosis induced by A $\beta_{1-42}$  may be through suppressing TLR4/NF- $\kappa$ B signaling pathway in hBMECs.

## DISCUSSION

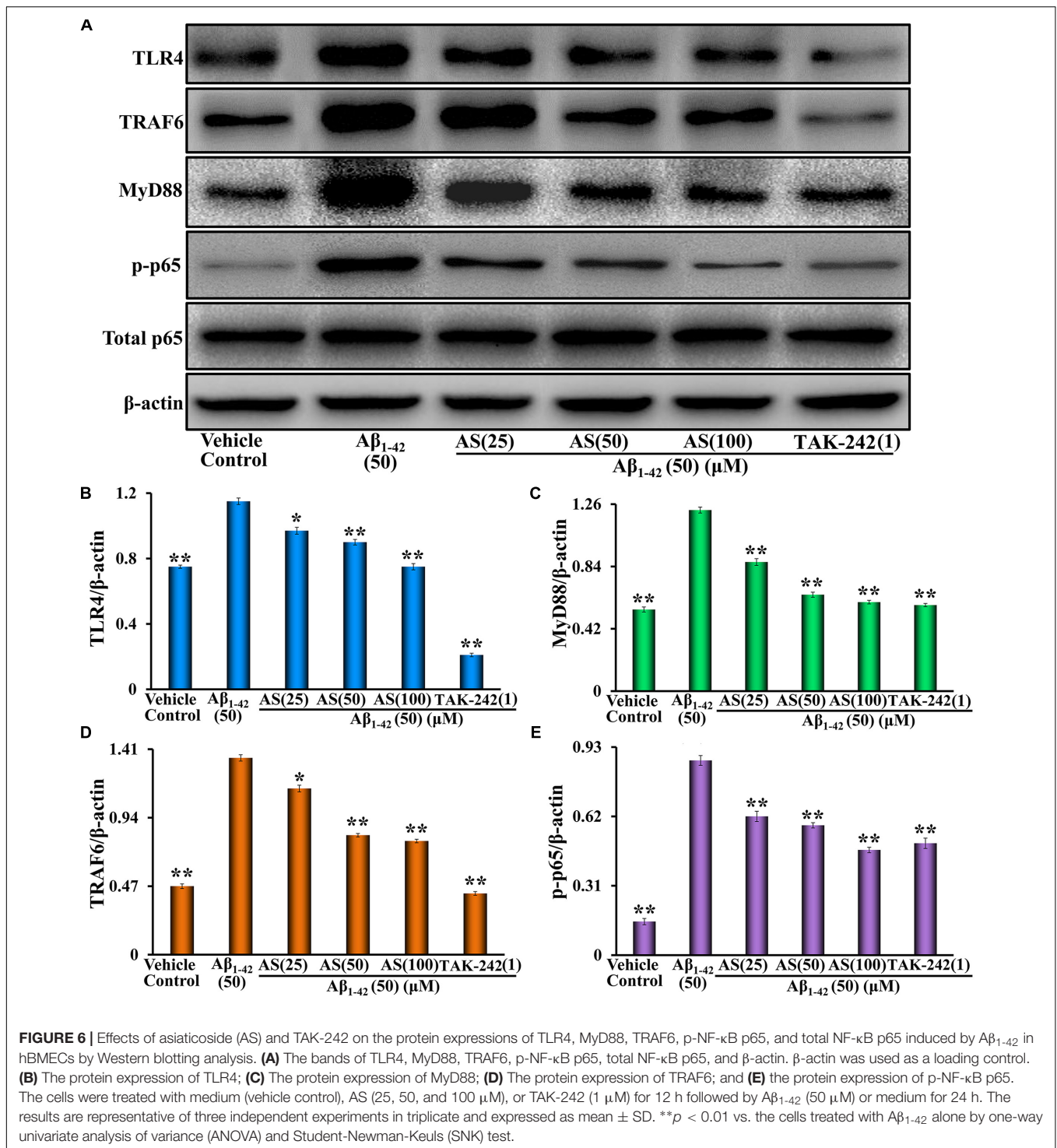
Centella asiatica (L.) Urban is a dicotyledonous plant of Umbelliferae centella dry grass or whole plant with roots (Lin et al., 2017). Numerous studies have shown that centella asiatica possesses prominent pharmacological effects including memory improvement, anti-cancer, and cardiovascular protection (Mannangatti and Naidu, 2016; Yang et al., 2016; Wu et al., 2017). AS is a main constituent isolated and extracted from centella and it could improve memory ability of rats with cognitive impairment induced by injection of A $\beta$  into the brain (Mook-Jung et al., 1999). AS also displayed protective effect on A $\beta_{1-42}$ -induced apoptosis in PC12 cells and reduced acute lung injury induced by lipopolysaccharide in mice (Qiu et al., 2015; Zhang et al., 2015; Zhang Z. et al., 2017).

It is worth noting that we previously reported that AS could attenuate neurotoxic effects of A $\beta$  in hBMECs *in vitro* (Zhang et al., 2015) and improve learning and memory function in a rat model of AD *in vivo* (Zhang Z. et al., 2017), however, the underlying molecular mechanism of the findings remains unclear and needs to be further elucidated. We hypothesize that AS alleviates A $\beta_{1-42}$ -induced apoptosis through inhibiting the TLR4/NF- $\kappa$ B signaling pathway in hBMECs, and AS may be potentially developed as a novel agent for the prevention and treatment of patients with AD. Therefore, we attempted to elucidate the molecular mechanism of the protective effect of AS on hBMECs. Here, we showed that AS treatment could inhibit A $\beta_{1-42}$ -induced cytotoxicity and apoptosis in hBMECs (Figures 1, 3, 4). It thus seems plausible that the protective effect of AS on cell growth inhibition induced by A $\beta_{1-42}$  may be through suppression of apoptosis. The crucial factor for the pathogenesis of AD is neuronal cell damage and loss due to A $\beta$ -induced apoptosis (Loo et al., 1993; Crews and Masliah, 2010). Therefore, AS would be effective in the prevention and treatment of AD. However, how and to what degree of the effects of AS on the hBMECs and the relationship for its brain protection and anti-apoptosis in brain cells as well as other possible mechanisms beside apoptosis are seriously challenging and remain to be further investigated with appropriate experiments.

Our results showed that AS itself up to 100  $\mu$ M had little or no toxic to hBMECs. However, treatment of A $\beta_{1-42}$  at 50  $\mu$ M for 24 h produced significant cytotoxicity (~50% cell viability), while AS and TAK-242 significantly protected hBMECs from A $\beta_{1-42}$ -induced cytotoxicity (Figure 1B). The results are consistent with previous reports of pharmacological studies of AS (Qiu et al., 2015; Zhang et al., 2015; Zhang Z. et al., 2017; Mannangatti and Naidu, 2016; Yang et al., 2016; Wu et al., 2017). Additionally, our results showed that pretreatment of AS could obviously attenuate apoptosis induced by A $\beta_{1-42}$  in hBMECs (Figures 3, 4).

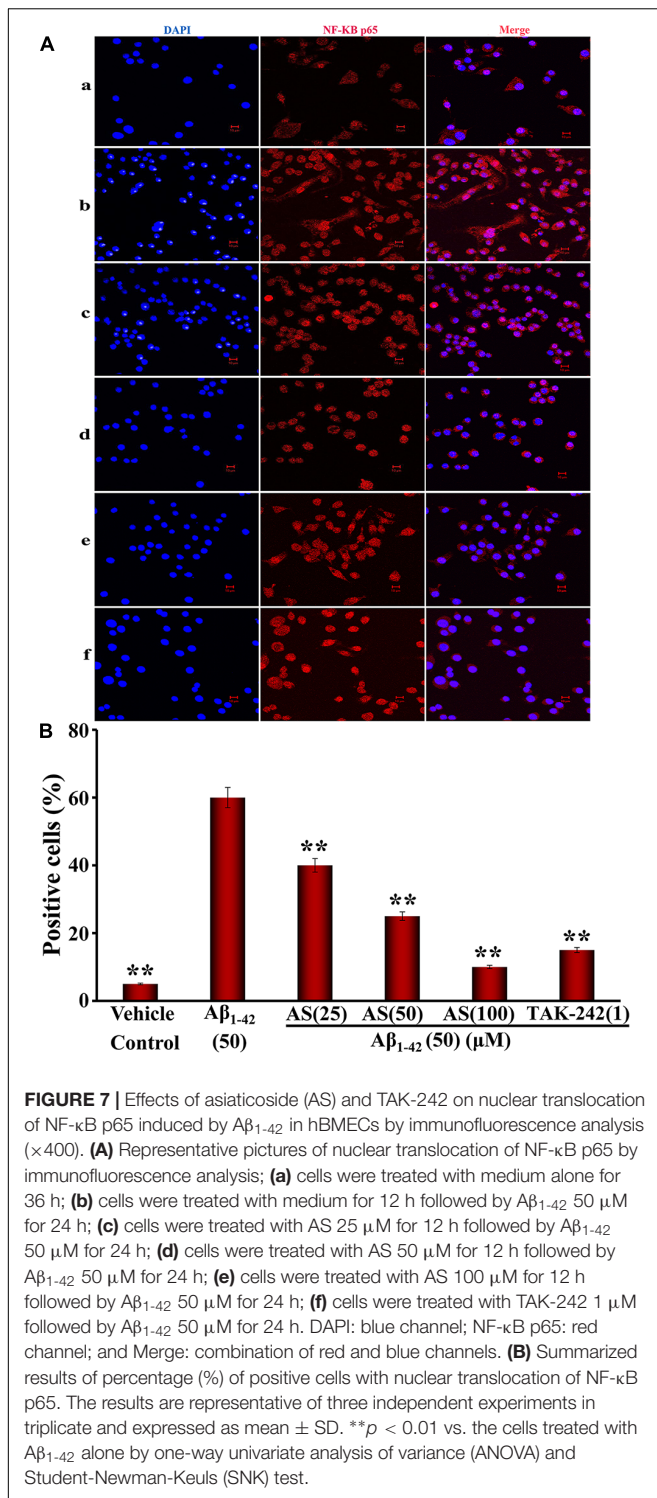
Mitochondria play a key role in the progression of apoptosis and mitochondrial membrane potential is decreased at the early stage of cellular apoptosis (Wlodkowic et al., 2011). It is easy to detect the decrease of cell membrane potential with JC-1 when the red fluorescence transforms to green fluorescence and JC-1 change is also regarded as a marker for early apoptosis (Wlodkowic et al., 2011). Our results demonstrated that mitochondrial membrane potentials of hBMECs were





significantly decreased by Aβ<sub>1-42</sub> but pretreatment of AS and TAK-242 could restore the declined mitochondrial membrane potentials induced by Aβ<sub>1-42</sub> (Figure 2). Therefore, the effects of AS in inhibiting Aβ<sub>1-42</sub>-induced apoptosis may be, at least in part, via maintaining high mitochondrial membrane potential of hBMECs. Aβ-induced apoptosis is the key factor for pathogenesis of AD by induced neuronal cell damage and

loss (Loo et al., 1993; Crews and Masliah, 2010). Therefore, we evaluated the effect of AS on apoptosis in hBMECs by Hoechst 33258 staining and Annexin V-FITC/PI analysis (Figures 3, 4). Hoechst 33258 staining is a classical and rapid detection method for cell apoptosis via observing chromatin condensation under a fluorescence microscopy (Yang et al., 2013). Annexin V-FITC/PI is one of the sensitive methods for early apoptosis

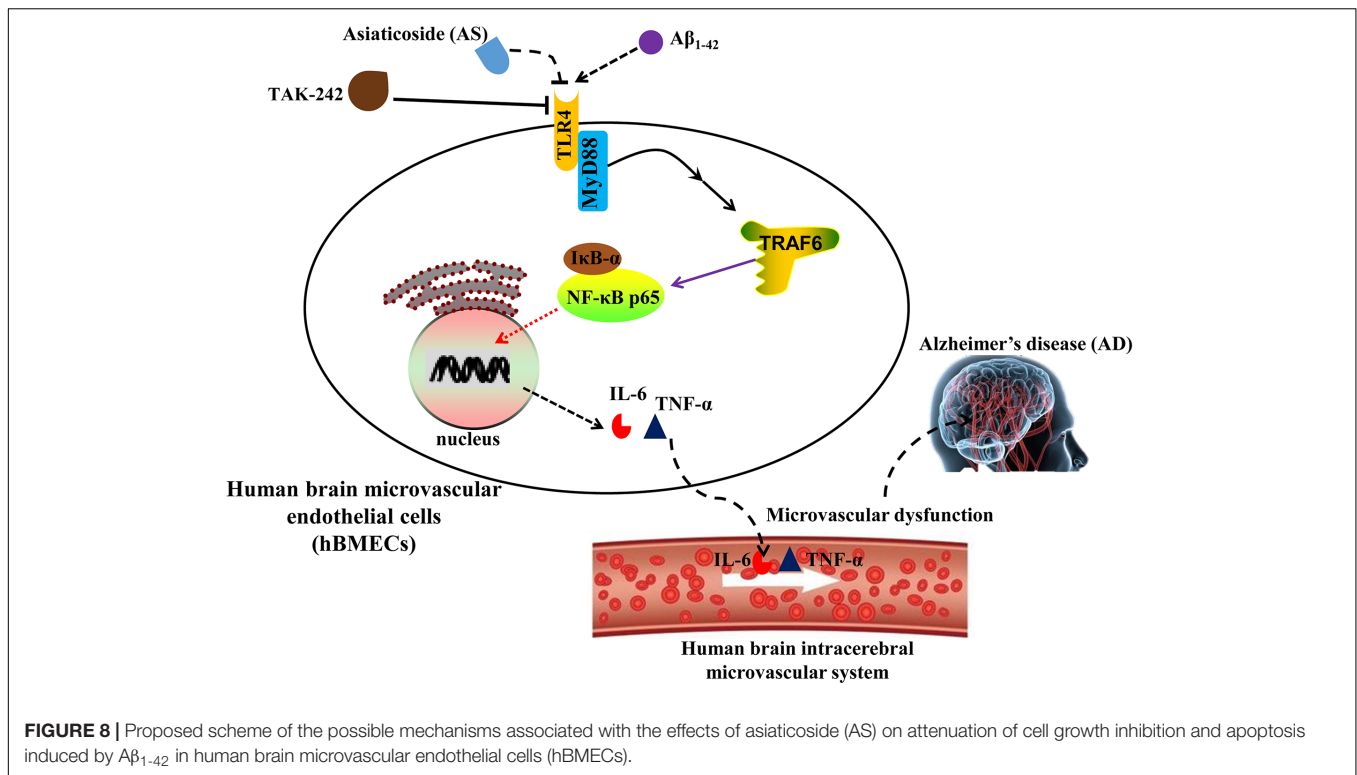


detection of cells via fluorescent probe (Wlodkowic et al., 2011). Phosphatidylserine is mainly distributed in the membrane lipid bilayer inside in normal cells, which can transform from inside to outside on membrane in the early stage of apoptosis. Annexin V is a Ca<sup>2+</sup>-dependent phospholipid-binding protein with high affinity for phosphatidylserine, which

adheres to the membrane of early apoptotic cells by binding to phosphatidylserine on the outside of cells (Demchenko, 2013). Our data showed that Aβ<sub>1-42</sub> treatment (50 μM) for 24 h obviously increased apoptosis (~70% apoptotic cells) compared to that of control cells treated with vehicle (~10–15% apoptotic cells, *p* < 0.01), while pretreatment of AS (25, 50, and 100 μM) significantly inhibited Aβ<sub>1-42</sub>-induced apoptosis in a concentration-dependent manner compared to Aβ<sub>1-42</sub> treatment alone (*p* < 0.01) in hBMECs with both methods (Figures 3, 4).

The TNF-α is an earliest and most important inflammatory mediator and appears in the process of apoptosis (Wang W.Y. et al., 2015). TNF-α activates neutrophils and lymphocytes, increases the permeability of vascular endothelial cells, regulates metabolic activity of tissues, and promotes synthesis and release of other cytokines (Duque and Descoteaux, 2014). TNF-α also could induce phosphorylation of NF-κB p65 protein at T254 (Christian et al., 2016). IL-6 induces B cells differentiation to produce antibodies and also induces the activation and proliferation of T cells in the immune response of the body (Duque and Descoteaux, 2014). IL-6 is a key pro-inflammatory cytokine and plays an important role in inflammation and immune response (Scheller et al., 2011). IL-6 also has numerous activities outside of the immune system such as regulation of metabolic, regenerative, and neural processes (Scheller et al., 2011). Therefore, we evaluated the effect of AS on the levels of TNF-α and IL-6 in hBMECs induced by Aβ<sub>1-42</sub>. The expressions of TNF-α and IL-6 in hBMECs were significantly increased (*p* < 0.01) by Aβ<sub>1-42</sub> (50 μM) treatment compared to vehicle treatment (Figure 5). However, AS (25, 50, and 100 μM) significantly decreased the elevated expressions of TNF-α and IL-6 induced by Aβ<sub>1-42</sub> in hBMECs.

The TLR4/NF-κB signaling pathway plays an important role in the regulation of cell proliferation and apoptosis (Liu et al., 2013). Studies have proved that activated NF-κB promotes cell apoptosis and some types of NF-κB subunits play a crucial role in cell apoptosis (Chen et al., 2001; Luo et al., 2005; Christian et al., 2016; Park and Hong, 2016). The activated NF-κB translocates from cytoplasm into nucleus of cell to regulate gene expressions of cytokines and to promote protein synthesis, finally, leads to cell apoptosis (Wan and Lenardo, 2010). Furthermore, phosphorylation plays a critical role in the activation of NF-κB downstream and the phosphorylation of its subunits has a profound effect on its function (Christian et al., 2016). So far, p65 has received the most attention in NF-κB phosphorylation among the NF-κB subunits. The activation of NF-κB signaling pathway involves phosphorylation and nuclear translocation and retention of p65 to promote gene expression and regulate transcriptional activity (Christian et al., 2016). Therefore, target of TLR4/NF-κB signaling pathway may provide a new strategy for the treatment of human common diseases such as inflammatory disease, neurodegenerative disease, and cancer. The present studies showed that Aβ<sub>1-42</sub> (50 μM) treatment for 24 h significantly increased the protein expressions of TLR4, MyD88, TRAF6, and p-NF-κB p65 compared to vehicle treatment (*p* < 0.01) in hBMECs (Figure 6). However, pretreatment of AS (25, 50, and 100 μM) for 12 h significantly



downregulated ( $p < 0.01$  vs. Aβ<sub>1-42</sub> treated group) the highly elevated levels of TLR4, MyD88, TRAF6, and p-NF-κB p65 proteins induced by Aβ<sub>1-42</sub> in hBMECs (Figure 6). Furthermore, we determined the localization of NF-κB p65 in hBMECs and the results showed that NF-κB p65 was mainly located in the cytoplasm in the cells treated with vehicle control (Figure 7Aa), but Aβ<sub>1-42</sub> (50 μM) treatment for 24 h resulted in a significant translocation of p65 from cytoplasm to nucleus (Figure 7Ab). However, pretreatment of AS (25, 50, and 100 μM) for 12 h could reverse the effect of p65 nuclear translocation induced by Aβ<sub>1-42</sub> treatment (Figures 7Ac–e,B). In addition, similar effects of downregulation of TLR4, MyD88, TRAF6, and p-NF-κB p65 proteins as well as inhibition of p65 nuclear translocation were also observed with the specific TLR4 inhibitor of TAK-242 (Figures 6, 7). Previous reports have shown that MyD88 and TRAF6 are the key adaptors of TLR4 signaling pathway and play crucial role in the pathway (Laird et al., 2009; Zhou et al., 2010). Therefore, these results indicate that inhibition of Aβ<sub>1-42</sub>-induced cell apoptosis by AS may be through suppressing the TLR4/NF-κB signaling pathway.

Other protective effects of AS including its anti-oxidative activity may also contribute to its protective effect on Aβ<sub>1-42</sub>-induced damage in hBMECs (Xing et al., 2017), although we did not evaluate its effect on reduction of oxidative stress induced by Aβ<sub>1-42</sub> in hBMECs in the present studies. The present studies were mainly focused on extending and validating our previous findings of AS in inhibition of Aβ<sub>1-42</sub>-induced apoptosis and further determined the associated mechanism in hBMECs (Zhang et al., 2015).

The proposed possible mechanisms for the protective effects of AS on Aβ<sub>1-42</sub>-induced cytotoxicity and apoptosis in hBMECs are summarized in Figure 8. However, more investigations of other cellular signaling pathways are needed to be done for the complexity of the molecular mechanisms associated with the effects of AS. Therefore, our further studies into the molecular mechanisms associated with the effect of AS on cell growth inhibition and anti-apoptosis should include the upstream regulation of PI3K/Akt and apoptotic pathways and its effect on anti-oxidative activity in hBMECs. Furthermore, the *in vitro* findings of AS are needed to be validated by *in vivo* studies of animal models and further by clinical trials.

## CONCLUSION

The data from the present studies showed that AS could attenuate cytotoxicity and apoptosis, and restore declined mitochondrial membrane potential induced by Aβ<sub>1-42</sub> in hBMECs. AS also significantly downregulated the highly elevated expressions of TNF-α, IL-6, TLR4, MyD88, TRAF6, and p-NF-κB p65, as well as inhibited NF-κB p65 translocation from cytoplasm to nucleus induced by Aβ<sub>1-42</sub> in a concentration-dependent manner in hBMECs. The possible underlying molecular mechanism of AS may be through inhibiting the TLR4/NF-κB signaling pathway. Therefore, AS has the potential to be developed as a novel agent for the prevention and/or treatment of AD clinically. However, other possible molecular mechanisms associated with the effects of AS such as anti-oxidative activity and upstream regulation of PI3K/Akt and apoptotic pathways as well as *in vivo* study of



animal models are needed to be further investigated and validated by clinical trials.

## AUTHOR CONTRIBUTIONS

ZZ and SC designed the experiments and analyzed the data. DS, XJ, YL, and YS performed the experiments. DS, ZZ, and SC wrote the manuscript. All authors discussed the results and contributed to the manuscript.

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## FUNDING

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**Conflict of Interest Statement:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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