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# A finite element analysis of the stress distribution to the mandible from impact forces with various orientations of third molars<sup>\*</sup>

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**Abstract:** Objective: To investigate the stress distribution to the mandible, with and without impacted third molars (IM3s) at various orientations, resulting from a 2000-Newton impact force either from the anterior midline or from the body of the mandible. Materials and methods: A 3D mandibular virtual model from a healthy dentate patient was created and the mechanical properties of the mandible were categorized to 9 levels based on the Hounsfield unit measured from computed tomography (CT) images. Von Mises stress distributions to the mandibular angle and condylar areas from static impact forces (Load I-front blow and Load II left blow) were evaluated using finite element analysis (FEA). Six groups with IM3 were included: full horizontal bony, full vertical bony, full 450 mesioangular bony, partial horizontal bony, partial vertical, and partial 450 mesioangular bony impaction, and a baseline group with no third molars. Results: Von Mises stresses in the condyle and angle areas were higher for partially than for fully impacted third molars under both loading conditions, with partial horizontal IM3 showing the highest fracture risk. Stresses were higher on the contralateral than on the ipsilateral side. Under Load II, the angle area had the highest stress for various orientations of IM3s. The condylar region had the highest stress when IM3s are missing. The risk of mandibular fracture is higher for partially than fully impacted third molars, with the angulation of impaction having little effect on facture risk.

Key words: Finite element analysis; Third molar; Mandible; Biomechanical simulation https://doi.org/10.1631/jzus.B1600552 CLC number: R782.1

#### 1 Introduction

Most mandibular fractures are caused by impact forces such as assaults, motor vehicle accidents, and falls (Afrooz et al., 2015). The severity of third molar impaction within the mandible is associated with a variable risk for angle fracture (Tevepaugh and Dodson, 1995; Ma'aita and Alwrikat, 2000; Meisami et al., 2002; Hanson et al., 2004; Werkmeister et al., 2005). Eighty-four percent of lower third molars are completely or partially unerupted at age 20 years, and 91% of impacted mandibular third molars at age 20 years will have life-long impaction (Venta et al., 1991). Studies have shown that patients with impacted third molar (IM3) have a 2- to 3-fold increased risk of mandibular angle fractures compared with those without IM3. From a mechanical perspective, the mandibular angle region has a decreased crosssectional area of bone, and removing IM3s to prevent mandibular angle fractures has been favored by some investigators (Fuselier et al., 2002; Chrcanovic and

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Neto Custódio, 2010; Duarte et al., 2012; Ethunandan et al., 2012). Others advocate that the removal of IM3s increases the risk of condyle fractures at moderate levels of impact force (Mercier and Precious, 1992; Duan and Zhang, 2008; Thangavelu et al., 2010; Kumar et al., 2015).

Winters classifies third molars into mesioangular, distoangular, vertical, and horizontal in relation to the occlusal plane (Gaddipati et al., 2014). One study showed that between the ages of 12 and 29 years, 69% of single mandibular fractures occurred at the angle (Halazonetis, 1968). Other studies have shown that the risk of angle fracture is greater for superficially impacted third molars, and less for deeper impactions (Halazonetis, 1968; Thangavelu et al., 2010; Gaddipati et al., 2014; Kumar et al., 2015). Yet others report that mesioangular impaction has the highest risk for mandibular angle fracture (Safdar and Meechan, 1995; Lee and Dodson, 2000; Naghipur et al., 2014). Bilateral unerupted third molar teeth seem to predispose to a fracture at the angle significantly more than unilateral unerupted third molars (Iida et al., 2005; Donadille et al., 2013; Cillo and Ellis, 2014; Kumar et al., 2015).

A common error in finite element models of bone in the literature is assigning one Young's modulus value to cortical bone and another to trabecular bone (Kan et al., 2015; Singh et al., 2016). Bone is a heterogeneous, anisotropic composite biomaterial which has variable Young's modulus based on its mineral content. Experiments have concluded that both cortical and trabecular layers of mandible have anisotropic material properties, which depend on the orientation of collagen fiber and osteon. The inhomogeneous mineral content and its distribution are major determinants of the mechanical quality of compact and trabecular bones (Weiner and Wagner, 1998; Currey, 2002; Ruffoni et al., 2007; Boffano and Roccia, 2010). The bone mineralization density distribution can be measured using the Hounsfield unit (HU) from computed tomography (CT) scan images (Rice, 1988; Rho et al., 1995; Pakdel et al., 2016).

This study examined the stress distribution to the mandible without third molars and with different orientations of IM3 resulting from a 2000-Newton impact force either from the anterior midline or the body of the mandible.

## 2 Materials and methods

#### 2.1 Data acquisition

A 3D virtual master mandible model was created based on a digital file of CT images from a 30-yearold female patient with impacted lower third molars who was under orthodontic treatment. The CT scan was performed with a spiral machine (Toshiba/ Aquilion ONE, Japan) with the following parameters: 120 kV, 150 mAs, pixel size 0.342 mm, 0.5-mm slice thickness, 0.5-mm slice interval. A total of 421 images were saved as DICOM (Digital Imaging and Communications in Medicine) files, and were imported into MIMICS for image processing and 3D model reconstruction.

## 2.2 Modeling

A 3D model of the mandible without impacted third molars was reconstructed by computer manipulation. The pixels of the crowns of the third molars were removed from the bone masks on each CT slice using the MIMICS software program (V16.0, Materialise, Leuven, Belgium) leaving just the root pixels. The mandibular bone was then separated as a sole mask through ROI (region of interest) extraction. A 3D model represented as a triangular mesh (also known as STL file) was created based on the mandibular bone mask. The reconstructed mandible model without IM3s was used as the baseline model for comparison (Fig. 1).

#### 2.3 Simulation design

Six groups of simulated IM3 models were created, namely with fully and partially impacted third molars in vertical ( $V_{\rm f}$  and  $V_{\rm p}$ ), horizontal ( $H_{\rm f}$  and  $H_{\rm p}$ ), and 45° mesial-distal angulations ( $A_{\rm f}$  and  $A_{\rm p}$ ). A 0.2-mm soft tissue space was created between the IM3 roots and the impacted crown surface, simulating periodontal tissue. Fig. 2 shows the location and orientation of the IM3s. Fig. 1d is the 3D mandible model without IM3s, which was used as the control. We based our models on a real case, so they were not symmetrical, to make them as close to clinical reality as possible.

#### 2.4 Mechanical assignment

Using the material assigning function in Mimics, HU values from CT images of the master mandibular



**Fig. 1 3D model of mandible reconstructed from CT images** (a) Coronal plane; (b) Axial plane; (c) Sagittal plane; (d) 3D view



Fig. 2 3D models of six experimental groups

(a)  $V_{\rm f.}$  full vertical bony impaction; (b)  $V_{\rm p}$ : partial vertical bony impaction; (c)  $H_{\rm f.}$  full horizontal bony impaction; (d)  $H_{\rm p}$ : partial horizontal bony impaction; (e)  $A_{\rm f.}$  full 45° mesialangular impaction; (f)  $A_{\rm p}$ : partial 45° mesialangular impaction

model were divided into nine groups based on linear tetrahedron elements created from the STL model in the 3-matic platform (V8.0, Materialise, Leuven, Belgium). The equations for bone density ( $\rho$ ) and Young's modulus (*E*) were based on Rho's work

(Rho et al., 1995), as shown in the following equations (the same for compact and trabecular bone):

$$\rho = 114 + 0.916 \text{HU},$$
 (1)

$$E=0.51\rho^{1.37}$$
. (2)

The color-coding in Fig. 3 represents non-uniform Young's modulus distributions throughout the mandible. By taking account of the heterogeneity of bone in this way, we were able to create a more accurate model than previously reported (Kan et al., 2015; Singh et al., 2016). The range of bone and tooth density was from 0.0196 to 4.338 g/cm<sup>3</sup> based on CT scans and the range of Young's modulus was from 0.708 to 49.057 GPa (0.708-17.224 GPa for bone with colors blue to yellow, and 10.842-49.057 GPa for tooth with colors green to dark red). The model of tetrahedron elements, including material information, was exported from MIMICS into Abaqus (V6.13, Dassault System, Vélizy-Villacoublay, France) via an \*.inp file (an input file format defined in Abaqus). The Poisson ratio of the bone was 0.3. The Young's moduli of the IM3s and the periodontal ligament were 20 and 0.47 GPa, respectively, and their Poisson ratios were 0.3 and 0.45, respectively (Xia et al., 2013).

#### 2.5 Boundary conditions

Fig. 4 illustrates the loading, constraints and muscle support. Referencing from similar research (Bezerra et al., 2013; Antic et al., 2015), the most posterior and superior parts of the mandibular condyles were fixed in all six degrees of freedom (Fig. 4, black). The actions of the masticatory muscles were reproduced by an equivalent spring system (Fig. 4, yellow). The vectors of the springs were set as the lines of muscles connecting insertions with their cranial origins (Richard et al., 1992), and their stiffness was based on an estimation of the deformation of the muscles: masseter muscle, 16.35 N/mm; lateral pterygoid muscle, 12 N/mm; medial pterygoid muscle, 15 N/mm; anterior temporal muscle, 14 N/mm; posterior temporal muscle, 13 N/mm; and depressor muscles, 10.9 N/mm (Bezerra et al., 2013; Antic et al., 2015).

To simulate blunt trauma, a 2000-N force, which is a common force magnitude used in trauma simulations (Antic et al., 2015), was applied perpendicularly to the facial surface in two different positions with a circular area of around 1 cm in diameter: Load I, midline of the mandible; Load II, the angle field (Fig. 4, pink). The Von Mises stress was evaluated by finite element analysis (FEA) in the whole mandible, and also in isolated regions including the angle and the condyle on both the right and left sides of the seven models.



**Fig. 3 Model assigned with calculated Young's modulus** Note: for interpretation of the references to color in this figure legend, the reader is referred to the web version of this article



**Fig. 4** Loading and boundary constraints on mandible Pink circles represent the locations and directions of impact loadings; yellow represents muscle attachments; and black represents fixation constraints (Note: for interpretation of the references to color in this figure legend, the reader is referred to the web version of this article)

## 3 Results

The FEA results shown in Figs. 5–8 represent color-coded Von Mises stress (MPa) distribution to

the whole mandible under two loadings. In order to illustrate the stress distribution to the angular region in more detail, Figs. 5c, 5d, and 8 are enlarged displays of Von Mises stress levels in the angle of the mandible.

Fig. 5 shows the distribution of Von Mises stresses to the mandible without third molars (base-line) under a 2000-N impact force from the midline of the mandible (Load I) and from left side of the mandibular angle (Load II). The peak stresses (392.9 and 330.4 MPa) of the whole model under the two loading conditions are both located at condylar areas, which are much higher than those in angular areas (208.5 and 213.9 MPa).

Fig. 6 shows the Von Mises stresses of 6 mandibles with various orientations of IM3s under Load I. Maximum stress was always located in the left condylar region, the orientation of the IM3s having no significant effect. Fig. 7 shows the Von Mises stress distribution with IM3s under Load II. Maximum stress was always located in the left angular region, with the order of maximum stress with significant difference being greatest for model  $H_p > A_p > V_p$  (Fig. 2 for a description of the models). Fig. 8 is the enlarged display of Von Mises stress levels in the left angular region under Load II. Stress distributions on the contralateral side were tabulated in Table 1 which summarizes the results from all the testing parameters.

## 4 Discussion

The mandible is the most common site of craniofacial fractures due to trauma. Depending on the studied population, angle fractures comprise approximately 12%–32% and condylar fractures 20%–43% of all mandibular fractures (Antic et al., 2015). Stress concentrates in the angle and condylar neck regions because they have relatively brittle cortical bones with narrow cross-sectional areas and



Fig. 5 Von Mises stresses on mandibular bone without third molars under a 2000-N impact force from the midline of the mandible (Load I; a) and from left side of the mandibular angular area (Load II; b); Von Mises stresses in the left angular regions under a 2000-N impact force from the midline of the mandible (Load I; c) and from left side of the mandibular angular area (Load II; d)



Fig. 6 Von Misses stress distribution to mandibles under a 2000-N impact force from the midline of the mandible (Load I) with IM3s (a)  $V_{f,}$  (b)  $V_{p}$ ; (c)  $H_{f,}$  (d)  $H_{p}$ ; (e)  $A_{f,}$  (f)  $A_{p}$ 

hence are considered "weak" regions of the mandible. Figs. 5–7 show higher stresses distributed to these two regions during anterior and posterior blows that confirm the high risk of fracture by trauma. Fractures in the mandibular angle or condyle area are affected by their geometric shape, bone properties, stress concentration, and stress propagation from the original location. If excessive and harmful external forces are transmitted and absorbed at the angle before they propagate to the condyle area, the fracture occurs at the angle, sparing the condyle (Thangavelu et al., 2010). Clinical data reveal that mandibular fractures occur with more complicated patterns than theoretical analyses would suggest. Multiple or compound bony fractures may occur from a single impact force, including bilateral angle fractures, bilateral condylar fractures, and even one angle fracture and one condyle fracture simultaneously (Duan and Zhang, 2008; Thangavelu et al., 2010). The modality of mandible fracture is affected not only by mandibular structure and mechanical properties, but also by trauma position, force magnitude, and the speed of impact.



Fig. 7 Von Misses stress distribution to mandibles under a 2000-N impact force from left side of the mandibular angular area (Load II)

(a)  $V_{\rm f}$ ; (b)  $V_{\rm p}$ ; (c)  $H_{\rm f}$ ; (d)  $H_{\rm p}$ ; (e)  $A_{\rm f}$ ; (f)  $A_{\rm p}$ 

Table 1 shows that stresses are higher on the left than on the right side of this particular 3D model because of the asymmetrical heterogeneity of bone quality. The patient may be subjected to left side mandibular fractures. When the mandible receives a 2000-N force from the front (Load I), the maximum Von Mises stresses in the condylar areas are always higher than those in the angle of the mandible regardless of the conditions of impacted third molars or absence of IM3s. This finding is similar to Bezerra et al. (2013). It must be pointed out that this model is based on a real clinical case. The specifics will be different when using other mandibles, but the trend will be the same, i.e. the risk of mandible fracture is higher with



Fig. 8 Von Mises stress distribution to the left angle of the mandible under a 2000-N impact force from left side of the mandibular angular area (Load II) with IM3s (a)  $V_{f,}$  (b)  $V_{p,}$ ; (c)  $H_{f,}$  (d)  $A_{f,}$  (e)  $H_{p,}$ ; (f)  $A_{p}$ 

Model	Von Mises stress (MPa)							
	Load I				Load II			
	Condyle		Angle		Condyle		Angle	
	Left	Right	Left	Right	Left	Right	Left	Right
BL	393	271	209	188	330	99	214	54
$V_{\rm p}$	307	281	117	181	241	112	314	101
$\dot{V_{\mathrm{f}}}$	242	211	136	169	234	114	281	161
$H_{\rm p}$	301	267	175	206	290	117	440	107
$H_{ m f}$	275	248	201	179	241	99	266	74
$A_{\rm p}$	311	292	173	165	236	96	380	90
$A_{\mathrm{f}}$	258	228	174	163	241	119	304	93

 Table 1
 Summary of maximum Von Mises stress in left and right angles and condyle regions of mandible with or without IM3s, under two loading conditions

BL: baseline, mandible without third molars;  $V_{f}$ : full vertical bony impaction;  $V_{p}$ : partial vertical bony impaction;  $H_{f}$ : full horizontal bony impaction;  $A_{f}$ : partial horizontal bony impaction;  $A_{f}$ : partial horizontal bony impaction;  $A_{f}$ : full  $45^{\circ}$  mesial angular impaction;  $A_{p}$ : partial  $45^{\circ}$  mesial horizontal bony impaction;  $A_{f}$ : partial horizontal horizontal bony impaction;  $A_{f}$ : partial horizontal hor

partially than with fully impacted third molars and an impact on the mandible leads to higher risk in the angular than in the condylar area.

For the control, when a force was applied to the left side of the mandible (Load II), the highest stress was in the ipsilateral condyle followed by the ipsilateral angle area. Stresses in the contralateral condyle and angle locations were dissipated and absorbed along the bony structure before they reached the contralateral sites and so were much lower than in the ipsilateral sites. In contrast, for the experimental groups, stresses were dramatically increased at the ipsilateral angle area and not at the ipsilateral condyle. Also, stresses distributed to the contralateral condyle and angle areas among the experimental groups were very low, with very low risks of contralateral fractures.

The results for Load II with various orientations of IM3s can be explained in simplified terms by fracture mechanics which is concerned with the propagation of cracks in materials. Analytical solid mechanics can be used to calculate a driving force on a crack and to characterize the resistance of a material to fracture.

The periodontal ligament around a partially impacted third molar can be thought of as a crack in the mandible and fully impacted third molars as internal porosities or flaws. Bone is a ductile material and even cortical bone appears to be brittle. For partially impacted third molars, with the applied load to the left side of the mandible (Load II), the fracture would be type II, which is a shear stress acting parallel to the plane of the crack and parallel to the crack front. Local stresses around the hole in the stressed bone could be many times higher than the stress from the impact force. The presence of sharp corners, notches, or cracks serves to concentrate the applied stress at these points. The degree of stress magnification at the edge of the hole depends on the radius of curvature of the hole as a fracture intensity factor.

Larger cracks propagate more easily than smaller ones. The bonds at the crack tip must be stressed to the point of failure. The stress at the crack tip is a function of the stress concentration factor, which depends on the ratio of its radius of curvature to its length. Significant variations in the maximum stress can only be observed in models  $H_p$ ,  $A_p$ , and  $V_p$ , all with IM3s, under Load II with values 440, 380, and 314 MPa, increased for 16% to 21%, because the crack size is  $H_p > A_p > V_p$ . Fully impacted third molar groups  $(V_{\rm f}, H_{\rm f}, \text{ and } A_{\rm f})$  do not have initial cracks. Therefore, the stresses at the angle of the mandible were not as intense as in the partially impacted third molar groups  $(V_p, H_p, \text{ and } A_p)$  regardless of their impacted orientations. The results of Table 1 characterize the fracture mechanics of fully and partially impacted third molars. Less stress is distributed to the ipsilateral and contralateral condyle and angle areas in the  $V_{\rm p}$ ,  $H_{\rm p}$ , and  $A_{\rm p}$  groups. The same results apply to groups  $V_{\rm f}$ ,  $H_{\rm f}$ , and  $A_{\rm f}$ . Our results confirm the study of Duan and Zhang (2008).

#### **5** Conclusions

1. The presence of IM3 decreases the risk of condyle fracture but increases the risk of mandibular angle fracture.

2. With a front blow, irrespective of the third

molars, mandibular condyles rather than the angle of the mandible bear higher risk of fracturing.

3. With a lateral impact force acting within the angular field of a mandible with third molars, the ipsilateral mandibular angle rather than condyle has a higher risk of fracturing.

4. Stresses to the mandible were higher with partially than with fully impacted third molars.

5. The angulation of both fully and partially impacted third molars did not greatly affect the stress distribution to the mandible under impact forces.

#### **Compliance with ethics guidelines**

Yun-feng LIU, Russell WANG, Dale A. BAUR, and Xian-feng JIANG declare that they have no conflict of interest.

All procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional and national) and with the Helsinki Declaration of 1975, as revised in 2008 (5). Informed consent was obtained from all patients for being included in the study.

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## <u>中文概要</u>

- 题 目:有限元方法分析具有不同形态第三磨牙的下颌骨 受到冲击力时的应力分布
- 目 的:评估下颌骨在具有不同形态的第三磨牙或者没有 第三磨牙的情况下,当遭受到前部或侧部 2000 N 冲击力时,其应力分布。
- **创新点:**第三磨牙的存在对下颌骨的力学性能有影响,而 且不同位置形态的第三磨牙对下颌骨的力学性 能的影响存在差异。
- 方 法:根据一个具有完整牙列的健康下颌骨的计算机断 层扫描(CT)图像构建出其三维模型,以CT图 像上的 Hounsfield值(HU)为基础,计算出下颌 骨的力学性能参数(包括密度和杨氏模量),共 分成9组数据。构建出第三磨牙分别为水平向、 垂直向以及近中方向呈 45 度角时的完全阻生和 部分阻生的共6组下颌骨计算模型。并以无第三 磨牙的下颌骨为基准模型,利用有限元方法计算 在下颌前部和侧面分别受到 2000 N 的静态冲击 力的情况下 Von Mises 应力分布。
- 结 论:有限元分析结果显示,相同载荷条件下,当第三 磨牙部分阻生时的下颌骨髁突颈和角部区域的 应力值比完全阻生时要大,因此具有部分阻生第 三磨牙的下颌骨具有更高的骨折风险;当具有水 平向部分阻生的第三磨牙时,下颌骨骨折的风险 最大。对于各种计算模型,下颌骨受到侧向冲击 力时,应力最大位置均位于下颌角区;对于无第 三磨牙的下颌骨,应力最大位置位于髁突颈部区 域,此时髁突颈更容易发生骨折。
- 关键词:有限元分析;第三磨牙;下颌骨;生物力学仿真