

RESEARCH PAPER



The effect of morphine upon DNA methylation in ten regions of the rat brain

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ABSTRACT

Morphine is one of the most effective analgesics in medicine. However, its use is associated with the development of tolerance and dependence. Recent studies demonstrating epigenetic changes in the brain after exposure to opiates have provided insight into mechanisms possibly underlying addiction. In this study, we sought to identify epigenetic changes in ten regions of the rat brain following acute and chronic morphine exposure. We analyzed DNA methylation of six nuclear-encoded genes implicated in brain function (*Bdnf*, *Comt*, *Il1b*, *Il6*, *Nr3c1*, and *Tnf*) and three mitochondrially-encoded genes (*Mtco1*, *Mtco2*, and *Mtco3*), and measured global 5-methylcytosine (5mC) and 5-hydroxymethylcytosine (5hmC) levels. We observed differential methylation of *Bdnf* and *Il6* in the pons, *Nr3c1* in the cerebellum, and *Il1b* in the hippocampus in response to acute morphine exposure (all *P* value < 0.05). Chronic exposure was associated with differential methylation of *Bdnf* and *Comt* in the pons, *Nr3c1* in the hippocampus and *Il1b* in the medulla oblongata (all *P* value < 0.05). Global 5mC levels significantly decreased in the superior colliculus following both acute and chronic morphine exposure, and increased in the hypothalamus following chronic exposure. Chronic exposure was also associated with significantly increased global 5hmC levels in the cerebral cortex, hippocampus, and hypothalamus, but significantly decreased in the midbrain. Our results demonstrate, for the first time, highly localized epigenetic changes in the rat brain following acute and chronic morphine exposure. Further work is required to elucidate the potential role of these changes in the formation of tolerance and dependence.

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Introduction

Morphine is one of the most effective analgesic medications. Morphine, along with other opioids, relieves acute and chronic pain by acting at mu opioid receptors found throughout the central nervous system. Alongside its therapeutic effects, morphine use is also associated with adverse effects such as tolerance and dependence.

Morphine tolerance may originate in part through neuronal processes via activation of mu opioid receptors and subsequent neuroexcitation [1]. Preclinical gene expression profiling studies have demonstrated widespread changes in the transcriptome of the nucleus accumbens and striatum following chronic morphine exposure [2,3], including in genes associated with circadian rhythms, neurotransmitter release, and glucocorticoid receptor signaling. There is also increasing evidence for a role of microglia in tolerance. Microglia are macrophages present within the central nervous system that produce pro-inflammatory cytokines, such as interleukin 1 β (IL-1 β), interleukin 6

(IL-6), and tumor necrosis factor alpha (TNF- α), following their activation by morphine [4]. IL-1 β , IL-6, and TNF- α have been shown to reduce morphine analgesia within five minutes of administration [4], and blockade of IL-1 β signaling prolongs morphine-induced analgesia [5], thereby potentially implicating these three cytokines in morphine tolerance. Microglial activation is further implicated in the development of tolerance through increased expression of brain derived neurotrophic factor (BDNF) in the ventral tegmental area (VTA) that facilitates the switch to the dopamine-dependent reward system present in addiction [6]. Notably, *Bdnf*^{-/-} knockout mice do not develop tolerance to morphine [7]. Other genes implicated in morphine tolerance include the catechol-O-methyltransferase (*COMT*) gene through its role in dopamine elimination, whose activity therefore regulates morphine response in mice [8], and the glucocorticoid receptor gene *NR3C1*, which is epigenetically silenced in the HPA axis following chronic, but not acute, morphine exposure [9].

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Exposure to opiates is also known to induce mitochondrial dysfunction in neuronal and glioma cells [10,11], and chronic exposure is associated with reduced mitochondrial DNA copy number in the rat hippocampus [12]. Furthermore, morphine may induce oxidative stress in the brain [13], and this is known to induce the expression of mitochondrial DNA methyltransferase 1 (mtDNMT1), which regulates the mitochondrial epigenome [14].

Morphine exposure has been demonstrated to affect the epigenetic regulation of genes implicated in addiction and tolerance both in human studies and in animal models. Differential methylation of the *BDNF* [15,16] and opioid receptor Mu 1 (*OPRM1*) [17,18] gene promoters have been reported in the blood of opiate-dependent individuals. Epigenetic changes in the brain may be highly localized, as studies utilizing whole brain tissue have often reported no significant change in global DNA methylation levels following morphine exposure [19,20]. Targeted approaches have proven more insightful, identifying changes in regions of the brain associated with addiction, such as the hippocampus, medial prefrontal cortex, and VTA, in a rat model of heroin self-administration and reward devaluation [21] and post-mortem orbitofrontal cortex brain tissue from former heroin users [22].

However, a significant knowledge gap remains regarding the spatial and temporal epigenetic regulation in the brain of genes that are implicated in tolerance and dependence. In this study, we analyzed epigenetic changes in response to acute and chronic morphine induction in 10 regions of the rat brain reported to be implicated in response to opiates and the formation of addiction: the midbrain contains the VTA, which has been consistently implicated in addiction [23,24]; the pons contains the locus coeruleus, which is key in the integration of opioid and stress

signaling and which is served by innervation from the paraventricular nucleus of the hypothalamus [25]; the inferior and superior colliculus regulate response to opiate withdrawal through reduced activation of mu-opioid receptor signalling [26,27]; the cerebral cortex (containing the dorsomedial prefrontal cortex), hippocampus, and cerebellum are implicated in reinforcement of drug-seeking behaviors [28–30]; the medulla oblongata is crucial in pain modulation and opiate withdrawal behaviors [31]; and the thalamus, whose function is disrupted in opiate dependence [32,33]. We measured global 5-methylcytosine and 5-hydroxymethylcytosine levels and analyzed the DNA methylation of genes previously identified as implicated in morphine tolerance (*Bdnf*, *Comt*, *Il1b*, *Il6*, *Nr3c1*, and *Tnf*) and mitochondrially-encoded genes potentially implicated in mitochondrial dysfunction (*Mt-co1*, *Mt-co2*, and *Mt-co3*).

Results

Study overview

An overview of the study is provided in Figure 1. Male rats were assigned to control, acute challenge, and chronic induction groups (all $n = 5$). After 10 days, brain tissue was dissected and DNA extracted for epigenetic analysis.

Gene-specific DNA methylation variability by region of the rat brain

The nuclear-encoded genes *Bdnf*, *Comt*, *Il1b*, *Il6*, *Nr3c1*, and *Tnf* displayed differential variability by region of the brain (Figure 2A–F). *Bdnf* and *Tnf* displayed highly conserved methylation levels between the regions, with mean *Bdnf* methylation

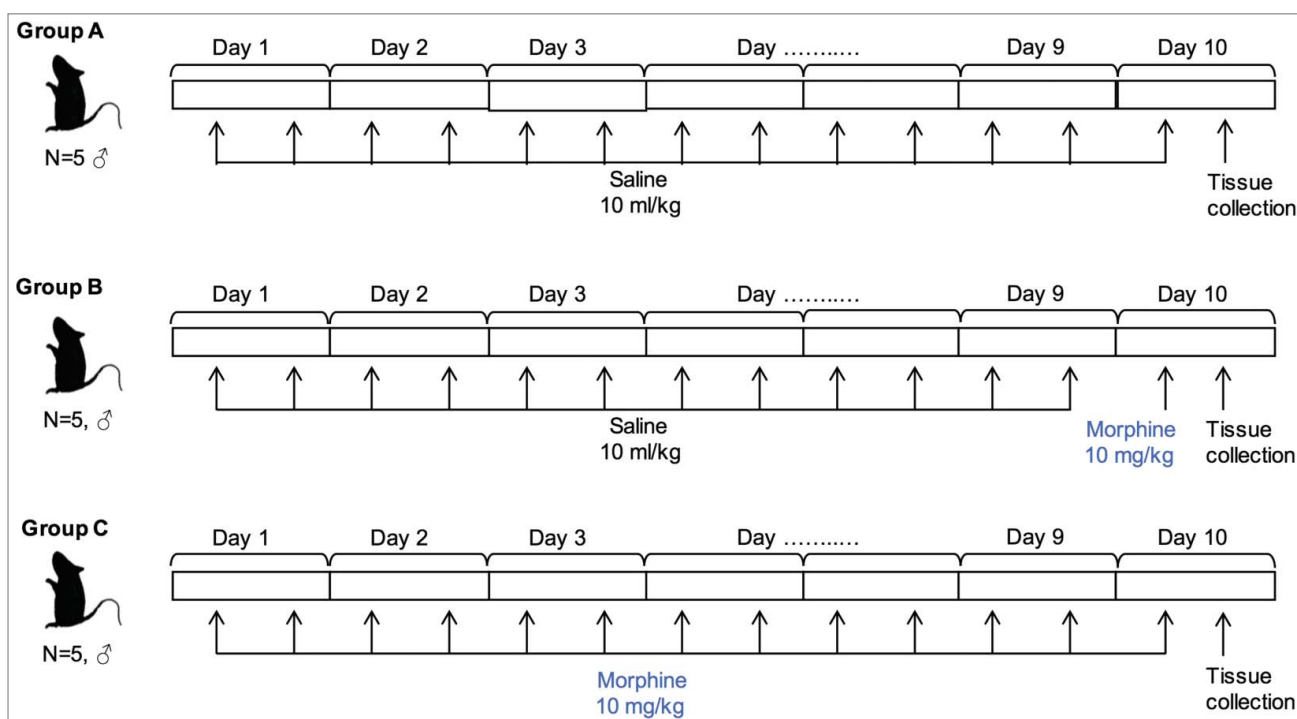


Figure 1. Overview of experimental approach.

Rats were assigned to control (A), acute morphine challenge (10 mg/kg one hour post injection, B) and chronic morphine induction (10 mg/kg/day bid for 10 days, C) groups. Saline or morphine was administered twice daily until tissue collection at Day 10.

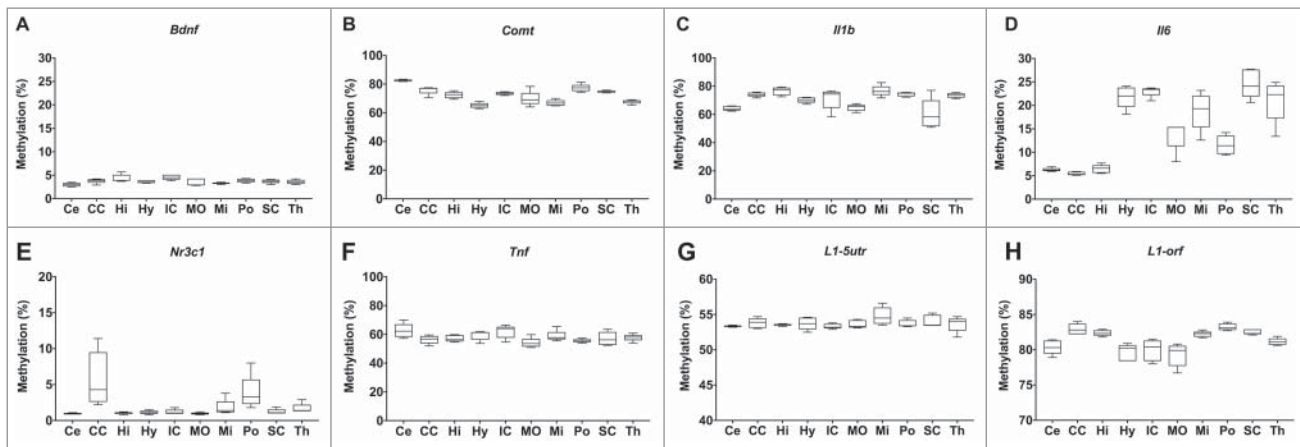


Figure 2. Variation in DNA methylation by region of the rat brain. A-F: DNA methylation of *Bdnf*, *Comt*, *Il1b*, *Il6*, *Nr3c1*, and *Tnf* in the cerebellum (Ce), cerebral cortex (CE), hippocampus (Hi), hypothalamus (Hy), inferior colliculus (IC), medulla oblongata (MO), midbrain (Mi), pons (Po), superior colliculus (SC), and thalamus (Th). G-H: global DNA methylation estimated by measurement of *L1-5utr* and *L1-orf* elements in the same 10 regions of the brain.

levels ranging between 3.0 and 4.6% (Figure 2A) and *Tnf* methylation between 54.0 and 62.5% (Figure 2F). The greatest variability was observed in *Il6* methylation, which displayed low levels (<6.5%) in the cerebellum, cerebral cortex, and hippocampus, but markedly higher methylation (>20%) in the hypothalamus, inferior colliculus, superior colliculus, and the thalamus (Figure 2D). Global DNA methylation levels, estimated using LINE-1 as a surrogate marker (*L1-5utr* and *L1-orf*), were highly consistent between brain regions (Figure 2G-H).

Morphine induction is associated with gene-specific and global DNA methylation changes in the rat brain

Acute morphine exposure (10 mg/kg, one hour post injection) was associated with significantly increased methylation of *Il6* in the pons (11.6 vs. 14.3%, P value < 0.05) and *Nr3c1* in the cerebellum (1.0 vs. 1.2%, P value = 0.03), and significantly decreased methylation of *Bdnf* in the pons (3.9 vs. 3.3%, P value = 0.03) and *Il1b* in the hippocampus (76.5 vs. 71.8%, P value = 0.02) (Table 1, Figure 3). Chronic morphine exposure

(10 mg/kg/day bid for 10 days) was associated with significantly increased methylation of *Il1b* in the medulla oblongata (64.8 vs. 68.4%, P value = 0.03) and *Nr3c1* in the hippocampus (1.0 vs. 1.6%, P value = 0.02), and significantly decreased methylation of *Bdnf* (3.9 vs. 3.1%, P value = 0.02) and *Comt* in the pons (77.3 vs. 66.9%, P value < 0.0001).

Global DNA methylation levels, estimated through measurement of *Line1* methylation, were significantly lower in the superior colliculus following both acute (*L1-orf*, 82.5 vs. 81.9%, P value < 0.05) and chronic morphine exposures (*L1-orf*, 82.5 vs. 81.3%, P value = 0.003), and higher in the hypothalamus following chronic exposure (*L1-5utr*, 53.7 vs. 54.9%, P value = 0.04) (Figure 4).

Nuclear 5-hydroxymethylcytosine levels are altered following morphine induction

We measured global 5-hydroxymethylcytosine (5hmC) levels in each of the ten regions of the brain following acute and chronic morphine induction. In the control rats, 5hmC levels

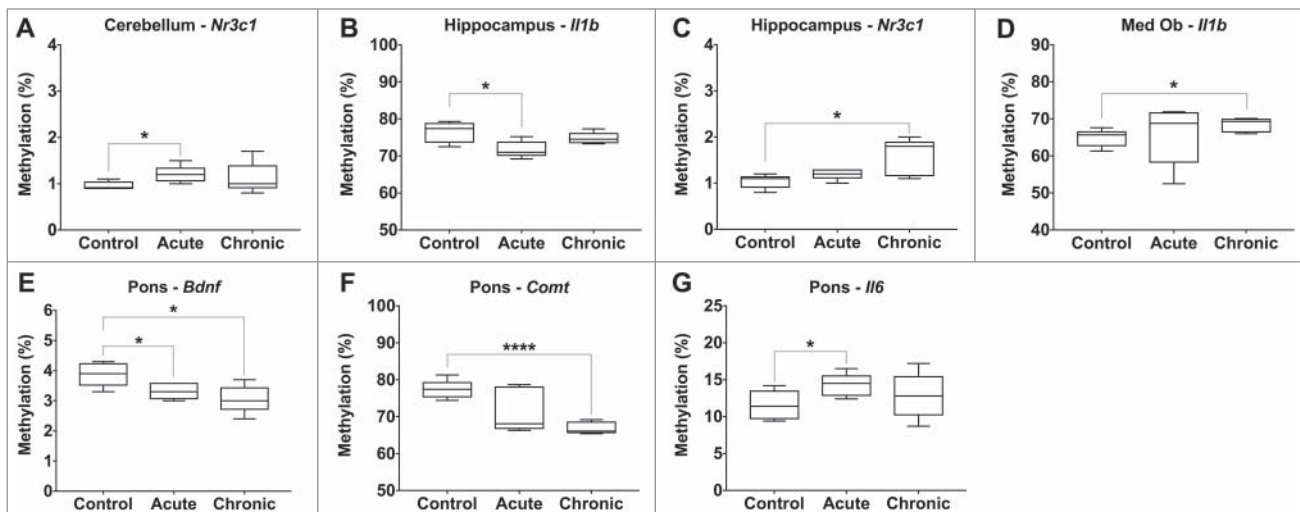


Figure 3. Differential gene-specific DNA methylation in response to morphine exposure. Gene-specific changes in DNA methylation by morphine exposure (control, acute, and chronic) are illustrated, with significant differences indicated (P value * < 0.05, ** < 0.01, *** < 0.001, **** < 0.0001).

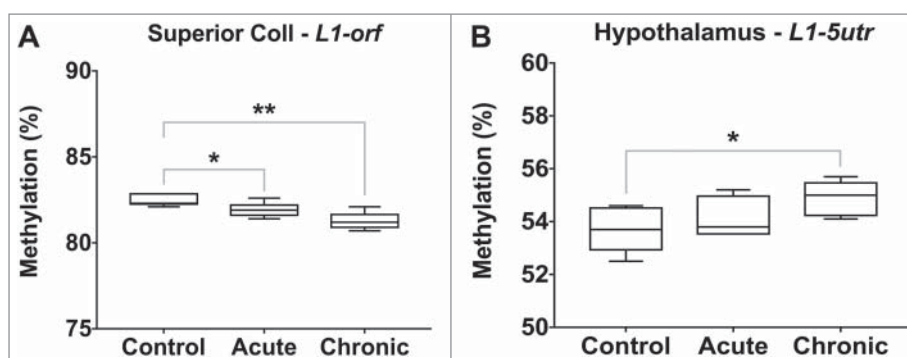


Figure 4. Global DNA methylation levels following acute and chronic morphine exposure. Global DNA methylation levels were estimated through measurement of *L1-5utr* and *L1-orf* elements in 10 regions of the rat brain. Regions displaying significant changes are illustrated (P value * < 0.05 , ** < 0.01 , *** < 0.001 , **** < 0.0001).

varied by brain region (Table 1). The lowest levels of 5hmC were observed in the hippocampus (0.34%) and thalamus (0.37%), with the highest in the midbrain (0.79%) and pons (0.69%). Significant changes in 5 hmC levels were identified following chronic morphine induction, but none following acute exposure. The levels of 5 hmC increased in the cerebral cortex (0.50% vs. 0.78%, P value = 0.002), hippocampus (0.34% vs. 0.43%, P value = 0.01) and hypothalamus (0.40% vs. 0.54%, P value = 0.008), while they decreased in the midbrain (0.79% vs. 0.36%, P value < 0.0001) (Figure 5).

Morphine induction is not associated with alterations in DNA methylation of mitochondrially-encoded genes

We measured DNA methylation of three mitochondrially-encoded genes (*Mtco1*, *Mtco2*, and *Mtco3*) following morphine

exposure. Methylation levels of the three genes were uniformly low across the 10 brain regions, with mean levels ranging between 0.8 (*Mtco2*, cerebral cortex and pons) and 2.7% (*Mtco1*, cerebral cortex) (Table 2). No significant effect of acute or chronic morphine induction was observed on methylation of the three genes in any of the brain regions. The most substantial changes in methylation were observed for *Mtco1* in the cerebral cortex following acute (2.7 vs. 1.8%, P value = 0.23) and chronic (2.7 vs. 1.9%, P value = 0.29) morphine induction.

Discussion

In this study, we investigated the effect of acute and chronic morphine exposures upon nuclear and mitochondrial DNA methylation in ten regions of the rat brain known to be affected

Table 1. Nuclear DNA methylation in the rat brain following morphine induction.

Region	Treatment	<i>Bdnf</i>	<i>Comt</i>	<i>Il1b</i>	<i>Il6-1</i>	<i>Nr3c1</i>	<i>Tnf</i>	<i>L1-5utr</i>	<i>L1-orf</i>	<i>5-hmc</i>
Cerebellum	Control	3.0 (0.2)	82.5 (0.3)	64.2 (0.7)	6.3 (0.2)	1.0 (0.0)	62.5 (2.2)	53.3 (0.1)	80.4 (0.5)	0.48 (0.07)
	Acute	3.0 (0.2)	83.6 (0.5)	66.2 (1.3)	5.9 (0.3)	1.2 (0.1)	63.2 (2.8)	53.8 (0.3)	82.9 (0.3)	0.51 (0.06)
	Chronic	3.5 (0.4)	82.4 (0.3)	64.8 (0.4)	6.0 (0.2)	1.1 (0.2)	65.3 (0.9)	53.5 (0.1)	82.4 (0.2)	0.63 (0.03)
Cerebral cortex	Control	3.8 (0.2)	75.8 (1.3)	74.1 (0.7)	5.5 (0.2)	5.7 (1.7)	56.4 (1.3)	53.7 (0.4)	79.7 (0.5)	0.50 (0.06)
	Acute	4.1 (0.4)	74.8 (0.9)	76.1 (1.0)	8.2 (1.8)	3.1 (1.4)	55.3 (1.4)	53.3 (0.2)	80.0 (0.7)	0.54 (0.03)
	Chronic	3.8 (0.4)	77.5 (0.5)	74.6 (2.2)	5.5 (0.5)	4.7 (0.9)	52.8 (1.2)	53.6 (0.2)	79.3 (0.7)	0.78 (0.03)
Hippocampus	Control	4.3 (0.4)	72.4 (1.0)	76.5 (1.3)	6.5 (0.4)	1.0 (0.1)	57.1 (1.0)	54.8 (0.6)	82.2 (0.2)	0.34 (0.02)
	Acute	3.5 (0.2)	70.0 (1.1)	71.8 (1.0)	5.7 (0.5)	1.2 (0.1)	57.5 (1.8)	53.7 (0.2)	83.2 (0.2)	0.35 (0.01)
	Chronic	3.4 (0.2)	71.9 (0.2)	74.8 (0.7)	6.4 (0.3)	1.6 (0.2)	58.9 (1.0)	54.0 (0.4)	82.5 (0.2)	0.43 (0.01)
Hypothalamus	Control	3.6 (0.1)	65.1 (0.8)	70.1 (0.9)	21.8 (1.1)	1.1 (0.1)	59.4 (1.5)	53.6 (0.5)	81.1 (0.2)	0.40 (0.02)
	Acute	3.8 (0.2)	65.2 (1.5)	68.9 (2.1)	16.4 (2.7)	1.3 (0.2)	55.9 (1.4)	54.0 (0.6)	81.5 (0.4)	0.46 (0.02)
	Chronic	3.7 (0.3)	65.0 (0.8)	68.0 (1.2)	20.4 (0.9)	1.1 (0.1)	58.9 (1.1)	54.3 (0.7)	83.4 (0.3)	0.54 (0.03)
Inferior colliculus	Control	4.6 (0.3)	73.4 (0.5)	71.1 (3.4)	23.0 (0.5)	1.2 (0.2)	62.0 (2.1)	54.5 (0.5)	82.6 (0.1)	0.57 (0.1)
	Acute	3.9 (0.4)	72.6 (0.9)	72.4 (3.8)	22.5 (1.2)	1.3 (0.1)	62.5 (1.7)	54.2 (0.4)	80.0 (0.5)	0.62 (0.07)
	Chronic	4.0 (0.4)	72.7 (0.5)	76.1 (0.7)	24.0 (0.5)	1.3 (0.1)	63.7 (1.3)	53.6 (0.6)	77.5 (2.2)	0.79 (0.04)
Medulla oblongata	Control	3.7 (0.4)	69.8 (2.3)	64.8 (1.1)	13.7 (1.4)	1.0 (0.1)	54.0 (1.5)	53.4 (0.3)	80.1 (0.5)	0.51 (0.05)
	Acute	3.4 (0.3)	69.1 (1.1)	65.7 (3.6)	13.2 (0.9)	1.1 (0.1)	53.0 (1.5)	54.5 (0.6)	81.8 (0.2)	0.56 (0.07)
	Chronic	3.8 (0.2)	67.3 (0.8)	68.4 (0.9)	14.6 (0.3)	0.9 (0.1)	56.5 (0.4)	53.9 (0.4)	82.7 (0.1)	0.66 (0.08)
Midbrain	Control	3.3 (0.1)	66.8 (0.9)	76.6 (1.7)	18.8 (1.8)	1.8 (0.5)	58.8 (1.7)	55.4 (0.6)	81.9 (0.2)	0.79 (0.05)
	Acute	3.7 (0.4)	68.1 (1.1)	72.0 (1.8)	19.3 (0.9)	1.9 (0.4)	57.2 (1.8)	53.3 (0.4)	81.8 (0.4)	0.72 (0.03)
	Chronic	3.2 (0.3)	68.2 (1.0)	73.6 (2.0)	21.3 (1.2)	1.6 (0.3)	60.6 (2.1)	54.6 (0.7)	80.7 (0.1)	0.36 (0.01)
Pons	Control	3.9 (0.2)	77.3 (1.1)	74.2 (1.0)	11.6 (0.9)	3.9 (1.1)	55.5 (0.6)	53.6 (0.4)	83.1 (0.3)	0.69 (0.09)
	Acute	3.3 (0.1)	71.6 (2.7)	75.0 (1.4)	14.3 (0.7)	3.6 (0.8)	54.3 (1.1)	53.8 (0.3)	82.3 (0.1)	0.58 (0.05)
	Chronic	3.1 (0.2)	66.9 (0.8)	72.5 (1.6)	12.8 (1.4)	3.7 (1.1)	56.6 (2.5)	54.9 (0.3)	78.5 (0.2)	0.57 (0.06)
Superior colliculus	Control	3.7 (0.2)	74.8 (0.4)	60.3 (4.7)	24.6 (1.4)	1.2 (0.2)	57.0 (2.1)	53.9 (0.4)	79.7 (0.3)	0.54 (0.04)
	Acute	3.3 (0.3)	73.4 (1.8)	59.4 (3.6)	21.4 (1.8)	1.8 (0.5)	57.9 (1.6)	53.9 (0.3)	79.0 (0.2)	0.53 (0.03)
	Chronic	3.2 (0.3)	74.1 (0.7)	58.4 (2.2)	25.1 (0.6)	1.2 (0.1)	60.8 (1.1)	53.6 (0.0)	81.9 (0.2)	0.51 (0.03)
Thalamus	Control	3.6 (0.2)	67.7 (0.6)	73.5 (0.8)	21.0 (2.0)	1.7 (0.3)	57.7 (1.1)	54.4 (0.3)	82.8 (0.1)	0.37 (0.01)
	Acute	3.4 (0.1)	67.1 (1.0)	72.9 (2.4)	20.1 (2.2)	1.8 (0.4)	57.9 (2.4)	54.7 (0.1)	81.3 (0.2)	0.36 (< 0.01)
	Chronic	3.6 (0.3)	67.9 (0.8)	72.2 (1.0)	22.2 (0.8)	2.0 (0.4)	60.1 (1.3)	53.5 (0.2)	81.7 (0.4)	0.37 (< 0.01)

Mean DNA methylation levels of six genes (*Bdnf*, *Comt*, *Il1b*, *Il6*, *Nr3c1*, and *Tnf*), global DNA methylcytosine (*L1-5utr* and *L1-orf*) and global 5-hydroxymethylcytosine (5hmC) are provided for the 10 regions of the rat brain that were analyzed, with standard error of the mean in brackets.

Table 2. DNA methylation of mitochondrial-encoded genes in the rat brain following morphine induction.

Region	Treatment	<i>Mtco1</i>	<i>Mtco2</i>	<i>Mtco3</i>
Cerebellum	Control	2.1 (0.1)	0.9 (0.1)	1.1 (0.1)
	Acute	2.0 (0.2)	1.0 (0.1)	1.2 (0.1)
	Chronic	2.1 (0.1)	0.9 (0.1)	1.1 (0.1)
Cerebral cortex	Control	2.7 (0.6)	0.8 (0.1)	1.1 (0.1)
	Acute	1.8 (0.3)	0.9 (0.2)	1.1 (<0.01)
	Chronic	1.9 (0.4)	0.8 (0.1)	1 (0.1)
Hippocampus	Control	1.9 (0.1)	1.0 (0.1)	1.2 (0.1)
	Acute	1.9 (0.2)	0.8 (0.1)	1.3 (0.1)
	Chronic	1.8 (0.1)	0.8 (0.1)	1.1 (0.1)
Hypothalamus	Control	2.0 (0.1)	0.9 (0.1)	1.1 (0.1)
	Acute	2.1 (0.2)	0.9 (0.1)	1.1 (0.1)
	Chronic	1.9 (0.2)	0.7 (0.1)	1.0 (0.1)
Inferior colliculus	Control	2.2 (0.1)	1.0 (0.1)	1.3 (0.2)
	Acute	2.2 (0.1)	0.9 (0.1)	1.2 (0.1)
	Chronic	2.0 (0.1)	0.8 (0.1)	1.1 (0.1)
Medulla oblongata	Control	2.4 (0.3)	1.0 (0.1)	1.1 (0.1)
	Acute	2.0 (0.2)	0.8 (0.1)	1.1 (0.1)
	Chronic	2.0 (0.2)	0.8 (0.1)	1.1 (0.1)
Midbrain	Control	1.9 (0.2)	0.9 (0.1)	1.2 (0.2)
	Acute	2.2 (0.4)	0.9 (0.1)	1.1 (0.1)
	Chronic	2.0 (0.2)	1.0 (0.1)	1.1 (0.1)
Pons	Control	1.9 (0.3)	0.8 (0.1)	1.0 (0.2)
	Acute	2.3 (0.4)	0.8 (0.1)	1.6 (0.5)
	Chronic	2.6 (1.0)	0.8 (0.1)	1.1 (0.1)
Superior colliculus	Control	2.1 (0.1)	1.0 (0.1)	1.3 (0.1)
	Acute	2.4 (0.2)	0.8 (0.1)	1.3 (<0.01)
	Chronic	2.1 (0.2)	0.9 (0.1)	1.3 (0.1)
Thalamus	Control	2.1 (0.1)	1.0 (0.1)	1.3 (0.2)
	Acute	1.9 (0.1)	0.9 (0.1)	1.1 (<0.01)
	Chronic	1.8 (0.2)	1.0 (0.3)	0.9 (0.1)

Mean DNA methylation levels of three genes (*Mtco1*, *Mtco2*, and *Mtco3*) are provided, with standard error of the mean in brackets.

by opiates. Brain region-specific changes were identified in global 5-methylcytosine and 5-hydroxymethylcytosine content, and the *Bdnf*, *Comt*, *Il1b*, *Il6*, and *Nr3c1* genes in response to morphine exposure. We did not observe differential

methylation within the mitochondrial genome. To our knowledge, our study is the first to identify region-specific epigenetic changes in the brain in response to morphine exposure.

Morphine induces the dopaminergic mesolimbic pathway in the ventral tegmental area (VTA) within the midbrain. This region of the brain has a high concentration of dopaminergic neurons and is considered to be crucial in addiction. We observed significantly decreased global DNA methylation in the superior colliculus, estimated through analysis of *Line1*, and a highly significant decrease in 5hmC content in the mid-brain. Together, these observations demonstrate substantial epigenetic changes in this important region of the brain with morphine exposure.

The 5hmC modification is approximately 10-fold more abundant in the brain than other tissues [34], increasing during neuronal development but also implicated in age-related neurodegeneration [35]. While 5hmC is an intermediate in active DNA demethylation, 5mC and 5hmC levels are not inherently correlated [36] and therefore our observations of decreased 5mC and 5hmC are not contradictory. Furthermore, our results could also be the product of the direct role of 5hmC in RNA splicing [37] and gene expression through inhibition of chromatin remodelling [38], which may offer an alternative explanation for our observations. TET1 has been demonstrated to be downregulated in response to cocaine administration, leading to locus-specific decreases in 5hmC [39]. Whilst other studies have reported no change in global 5hmC content in response to heroin and cocaine exposure [19,20,39], they have focused upon a single region (nucleus accumbens) or utilized homogenized brain tissue and therefore could not exclude the possibility of localized changes in 5hmC in specific regions of the brain. The limitations of such approaches were addressed in the current study. Indeed, a particular strength of this work is

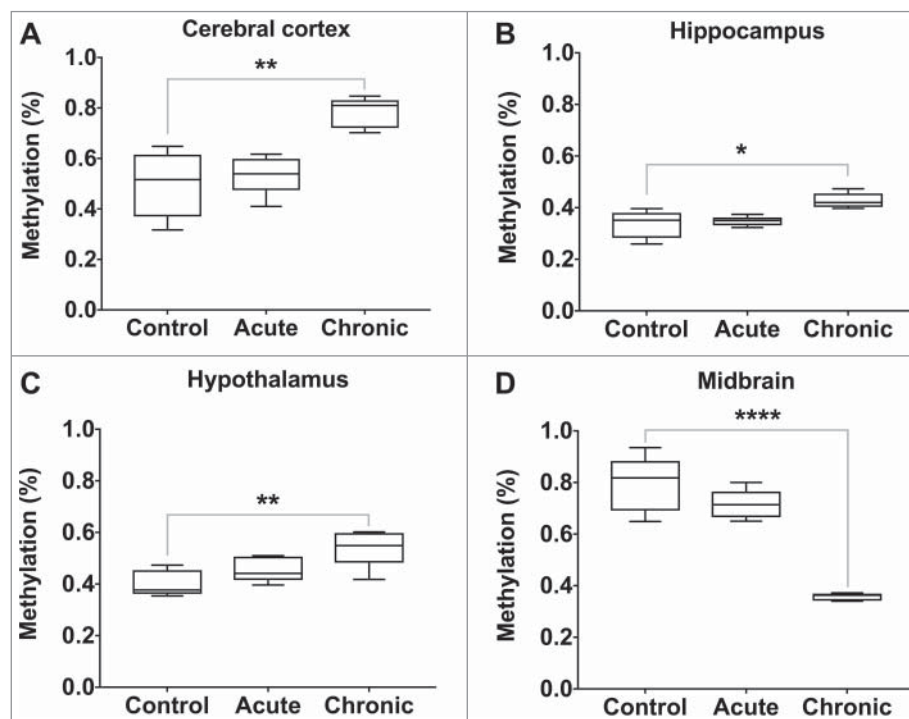


Figure 5. Global 5-hydroxymethylcytosine levels following acute and chronic morphine exposure. Global 5hmC levels were measured by ELISA in 10 regions of the rat brain, with significant changes illustrated (P value * < 0.05, ** < 0.01, *** < 0.001, **** < 0.0001).

the analysis of ten different regions of the brain that has facilitated the identification of region-specific changes in DNA methylation. Our findings demonstrated significantly increased 5hmC levels in the cerebral cortex, hippocampus, and hypothalamus, in contrast to observations elsewhere of increased hippocampal 5hmC levels following the cessation of cocaine [40]. Further work is required to elucidate the functional implications of these observations.

We identified differential methylation of three genes (*Bdnf*, *Comt*, and *Il6*) in the pons following morphine exposure. This region, located inferior to the midbrain, regulates respiration and sleep, which are commonly disturbed with morphine use. Animal studies have demonstrated a morphine-induced reduction in acetylcholine in the pons and medulla oblongata [41], thereby further implicating this region in response to the drug. *BDNF* expression facilitates opiate-associated neural plasticity [42] and the dopamine-dependent response to opiates [6]. Chronic exposure to opiates is associated with increased *BDNF* levels in the VTA [23], and it has been demonstrated that this increase begins rapidly after initial usage [43]. Other studies have reported increased expression of *BDNF* in the VTA following morphine withdrawal [24]. Our results provide further evidence for the role of *BDNF* in the acute response to morphine exposure and suggest that this may not be limited to the VTA. Catechol-O-methyltransferase (*COMT*) is implicated in dopamine elimination and, subsequently, *COMT* activity reduces response to morphine [8], while genetic variants in the *COMT* gene are associated with differential response to morphine as an analgesic [44]. Our observation of decreased *Comt* methylation with chronic exposure may be in response to increased dopamine signaling and a role in its catabolism. The changes seen in *Il6* in the pons may be in accordance with the modulating role that opioids have in inflammatory pathways [45]. Our observation of increased *Il6* promoter methylation is in contrast to reports of increased secretion in acute response to morphine in the spinal cord [4] and plasma [46,47]. Notably, however, we also identified regional-specificity in *Il6* methylation levels and, therefore, the difference in measured methylation levels may represent alterations in cell composition, such as increased microglial infiltration. As *IL-1 β* and *TNF- α* are also secreted by activated macrophages in response to morphine [48], but were not differentially methylated in the pons, it is unclear how *IL-6* alone may be implicated in response to morphine.

Morphine administration can induce the generation of reactive oxygen species (ROS) by increasing the metabolism of substrates such as dopamine and xanthine oxidase [49]. Elevated ROS levels are known to induce site-specific alterations in DNA methylation by mechanisms such as modulation of the expression of DNA methyltransferases (DNMTs) [50]. While the observed gene-specific changes in DNA methylation are likely to be directly induced by morphine administration, global changes in 5mC and 5hmC content could in part be non-specific effects through increased ROS production.

The study of the mitochondrial epigenome is an emerging field of interest. Alterations in mitochondrial DNA methylation have been demonstrated in cardiovascular disease [51] and in response to environmental exposures [52,53]. It has been speculated that such epigenetic changes may give rise to the altered

mitochondrial function observed in drug addiction [14]. However, our study did not identify differential methylation of mitochondrial genes in response to morphine induction. We cannot exclude the possibility that other regions of the mitochondrial epigenome may be differentially methylated in response to exposure, and therefore more comprehensive analysis is required.

Our study contains certain limitations that restrict the inferences that can be made from our observations. In particular, the absence of rat behavioral studies and the lack of RNA and protein samples to analyze gene expression have precluded the study of the functional impact of the observed epigenetic changes. The number of cells obtained from some of the dissected tissue specimens was only sufficient to extract DNA from and, therefore, no analysis of gene expression was possible. Gene-specific analysis of 5hmC content would also have proven highly insightful, but it is currently prohibitively expensive. Nonetheless, our study offers several important strengths. Firstly, the study of ten different regions of the brain has enabled us to identify region-specific epigenetic changes in response to drug exposure. Furthermore, we have performed a range of epigenetic analyses (nuclear and mitochondrial gene-specific DNA methylation and global 5mC and 5hmC content) that have facilitated a broader study of the epigenome in response to morphine exposure. Finally, our study design has enabled the delineation of epigenetic changes associated with acute and chronic morphine exposure.

In conclusion, we have identified gene-specific and global changes in DNA methylation in response to acute and chronic morphine exposure, which were highly localized to specific regions of the brain. Of especial interest, we identified significant changes in 5hmC content in four of the ten regions, suggestive of wider epigenetic remodeling in response to morphine exposure. We hope that our findings will help inform further studies in the treatment of dependence, including elucidation of the functional consequences of the observed epigenetic changes and how they relate to long-term response to opiates. Additionally, our findings may help facilitate the production of biomarkers of drug tolerance. Given the increase in deaths from opiate overdose within the past decade [54,55], there is urgent clinical need for tolerance biomarkers that could help reduce thousands of avoidable deaths.

Materials and methods

Animals and housing conditions

Male Wistar rats (180–200 g) were purchased from Shanghai Laboratory Animal Center (Shanghai, China). Following shipment, rats were housed in a temperature (22–24°C) and humidity (60%) controlled environment on a 12-hour light/dark cycle (lights on at 7:00 AM) for three days to allow for acclimatization prior to experimental studies. The animals were given free access to food and water *ad libitum*. All efforts were made to reduce the number of animals used and minimize their suffering. Experimental study groups were assigned randomly. All procedures were approved by the Laboratory Animal Use Committee of Shanghai Jiao Tong University School of Pharmacy.

Drugs

Morphine hydrochloride was purchased from Shenyang First Pharmaceutical Co., Ltd. (Shenyang, Liaoning, China) and Maybridge Chemicals (Cornwall, UK). CBIO was freshly dissolved in sterile normal saline solution (Sinopharm Group Chemical Reagent Co., Ltd.) with the pH adjusted to 7.3–7.5 with 1 M NaOH solution.

Morphine induction

Male rats were assigned into three groups (each $n = 5$) receiving alternative treatment regimens: saline/saline (Group A, control); saline/morphine (Group B, acute challenge, 10 mg/kg); and morphine/morphine (Group C, chronic induction). For morphine chronic induction, the first treatment period consisted of subcutaneous injection of saline (Groups A and B, 10 ml/kg) or morphine (Group C, 10 mg/kg) twice daily at 12-hour intervals for nine

consecutive days [56]. On Day 10, the second treatment was performed by a single subcutaneous injection of saline (Group A) or morphine (Groups B and C, 10 mg/kg) (Figure 1). Previous work has demonstrated tolerance to morphine is developed within 7–10 days, with epigenetic changes observable in the rodent brain 5–7 days following first treatment [57,58].

Sample preparation and DNA extraction

The rats were decapitated on Day 10, one hour after the last administration. Brains were removed from the skull and ten brain regions (cerebellum, cerebral cortex, hippocampus, hypothalamus, inferior colliculus, midbrain, pons, medulla oblongata, superior colliculus, and thalamus) were rapidly dissected, frozen on dry ice, and kept at -80°C until processed. DNA was extracted from the tissues using the Wizard Genomic DNA purification kit (Promega, Madison, WI) according to the

Table 3. PCR and pyrosequencing primer sequences.

Gene name	Gene region	Primer	Sequence
<i>Bdnf</i>	Promoter IV	Forward primer (5' to 3')	TTTTAGTTTTGTTTAGATTAATGGAGT
		Reverse biotin primer (5' to 3')	CAACAAAAAATTAATTAATAATAAAA
		Sequencing primer (5' to 3')	GTTTTTATTGAAGG
		Sequence analyzed	C/TGTGC/TGAGTATTATTTTC/TGTTATG
<i>Comt</i>	Promoter P1	Forward primer (5' to 3')	GTTTGTGTAGTTGGAGTTAGGT
		Reverse biotin primer (5' to 3')	CTCATCTCCCCATTACCT
		Sequencing primer (5' to 3')	TATGGTTAGTGTGG
		Sequence analyzed	C/TGGTTGTGGGGTGTAGGGGGC/TGGGGGGGT
<i>Nr3c1</i>	GR1 ₀	Forward primer (5' to 3')	GGTTGGTAAAAGTTGTAAAGTT
		Reverse biotin primer (5' to 3')	CTAAAACTCTCCCTCCCC
		Sequencing primer (5' to 3')	GTTTATTTTAGTATT
		Sequence analyzed	C/TGC/TGC/TGTTCT/TGTTCT/TGTTCT/GC
<i>Il1b</i>	Promoter	Forward primer (5' to 3')	TGTATAAGGAAGTTGATTGGAGAG
		Reverse biotin primer (5' to 3')	ATAAAATCAATTAACCCAAAAA
		Sequencing primer (5' to 3')	ATGTTTTGAATTATT
		Sequence analyzed	C/TGGGGTTTGTCTGCTCCTAGTTTCTCTCCCTC/TGTTTTA
<i>Il6-1</i>	Promoter	Forward primer (5' to 3')	TTGTGATTTTTGGATGTTAAATGA
		Reverse biotin primer (5' to 3')	CAAACATCCCCAATCTCATATTTAT
		Sequencing primer (5' to 3')	TTGTGATTTTTGGATGTTAAATGA
		Sequence analyzed	C/TGTTATAT
<i>Il6-2</i>	Promoter	Forward primer (5' to 3')	TTGTGATTTTTGGATGTTAAATGA
		Reverse biotin primer (5' to 3')	CAAACATCCCCAATCTCATATTTAT
		Sequencing primer (5' to 3')	TAAAGTAGAGAGT
		Sequence analyzed	C/TGATTTTTA
<i>Tnf</i>	Promoter	Forward primer (5' to 3')	GGATTGTTATAGAATTTTGGTGAGG
		Reverse biotin primer (5' to 3')	ACTTCCTAATAAAAAAACCATATCTC
		Sequencing primer (5' to 3')	TAAATTTTTGTTTT
		Sequence analyzed	C/TGTATTGGAGAAGAAATTGA
<i>MT-co1</i>	Exon	Forward primer (5' to 3')	AGTTGGAGTTGGAATAGGATGAATA
		Reverse biotin primer (5' to 3')	TAACCTCTAAAATAAAAAACACCCC
		Sequencing primer (5' to 3')	ATATTTTTTTTTAGT
		Sequence analyzed	C/TGGAAATTTAGTTTTATGTTGGGG/ATATTC/TGTAGATTTAA
<i>MT-co2</i>	Exon	Forward primer (5' to 3')	TAATGATTTAAAATTAGGTGAATTT
		Reverse biotin primer (5' to 3')	TAACCCTAATAAAAAAATACTCATAATA
		Sequencing primer (5' to 3')	ATAGAATTTTTAATT
		Sequence analyzed	C/TGTATATTAATTTTATTTC/TGAAGAC/TGTTTTG
<i>MT-co3</i>	Exon	Forward primer (5' to 3')	GTTATTATTTTTATTGTATAAAAAGGTT
		Reverse biotin primer (5' to 3')	AAATAATAAAATACTCAAAAAATCC
		Sequencing primer (5' to 3')	GTATAAAAAGGTTTT
		Sequence analyzed	C/TGATAC/TGGAATAATTTTGTATTGTTTT/TGAAGT
L1-utr	-	Forward primer (5' to 3')	GGGTATAGGTTTTTTGGTTGTTG
		Reverse biotin primer (5' to 3')	AAATTCACCAACAACCTTCTACAA
		Sequencing primer (5' to 3')	TTTTTTGGTTGTTG
		Sequence analyzed	C/TGTTGTAGAGAGTTC/TGTGGTAGTATTTTA
L1-orf	-	Forward primer (5' to 3')	AGAAAGAATATTAATAATAGTAAGGGAAAA
		Reverse biotin primer (5' to 3')	ATCAATCCAAAATCTTAACTCTC
		Sequencing primer (5' to 3')	TTATATTAGATTTTT
		Sequence analyzed	C/TGTTAGAAATTAT

manufacturer's instructions. Purified DNA was stored at -20°C until analysis.

DNA methylation analysis

Gene-specific and global 5mC DNA methylation were analyzed by pyrosequencing. Global methylation levels were estimated using two assays to interrogate LINE1 methylation (*L1-utr* and *L1-orf*) that have been widely utilized for this purpose since their first development [59] and which correlate well with measures of global 5mC content by high-performance liquid chromatography [60]. Gene-specific assays were designed to interrogate promoter regions for the *Bdnf*, *Comt*, *Il1b*, *Il6*, *Nr3c1*, and *Tnf* genes. Specifically, the assays interrogated *Bdnf* promoter IV, which influences response to levomethadone [15]; the *Comt* P1 promoter, which regulates expression of the shorter tissue-specific S-COMT isoform, which influences dopamine metabolism in the mouse brain [61]; and the *Nr3c1* GR1₁₀ promoter, which we have previously demonstrated to be differentially methylated in the rat brain in response to environmental exposures [62].

Bisulfite conversion was performed using 1 μg of genomic DNA and the EZ-96 DNA Methylation-Gold Kit (Zymo Research, Orange, CA) according to the manufacturer's protocol. M-Elution Buffer (30 μl) was used for the elution of bisulfite-converted DNA. Following amplification of target regions by PCR, DNA methylation was analyzed by pyrosequencing. Details of the primers and thermocycling conditions are shown in Table 3. In brief, a 30 μl -PCR was carried out using 15 μl GoTaq Hot Start Green Master Mix (Promega), 10 pmol forward primer, 10 pmol reverse primer, 1 μl bisulfite-treated DNA, and water. Pyrosequencing was performed using the PyroMark Q96 MD Pyrosequencing System (QIAGEN, Germantown, MD). The percentage of methylated cytosines was quantified at three CpG sites for *Bdnf*, two for *Comt*, two for *Il1b*, one for *Il6*, six for *Nr3c1*, one for *Tnf*, two for *L1-utr*, and one for *L1-orf*. For the mitochondrially-encoded genes, the percentage-methylation was measured at three CpG sites for each of *Mtco1*, *Mtco2*, and *Mtco3*. Pyrosequencing reactions were performed in duplicate and the mean of the replicates taken forward for analysis. The correlation coefficient between replicate pyrosequencing runs ranged from 0.77 (*L1-orf*) to 0.97 (*Comt*).

Analysis of global 5-hydroxymethylcytosine levels

The 5hmC modification was measured in total DNA using the MethylFlash Global DNA Hydroxymethylation ELISA Easy Kit (Epigentek, Farmingdale, NY) according to the manufacturer's protocol. The correlation coefficient between replicates was 0.97.

Statistical analysis

Analysis was performed using GraphPad Prism version 7.0b. Differences in DNA methylation were determined by t-test, with significance defined as P value < 0.05 .

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Disclosure of potential conflicts of interest

No potential conflicts of interest were disclosed.

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