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# Atrial Tachyarrhythmias Induced by the Combined Effects of $\beta$ 1/2-adrenergic Autoantibodies and Thyroid Hormone in the Rabbit

# Hongliang Li,

Heart Rhythm Institute, Department of Medicine, University of Oklahoma Health Sciences Center, Oklahoma City, OK 73104, USA. Endocrinology and the Harold Hamm Diabetes Center, Veterans Affairs Medical Center and University of Oklahoma Health Sciences Center, Oklahoma City, OK 73104, USA

# Benjamin J. Scherlag,

Heart Rhythm Institute, Department of Medicine, University of Oklahoma Health Sciences Center, Oklahoma City, OK 73104, USA

# David C. Kem,

Heart Rhythm Institute, Department of Medicine, University of Oklahoma Health Sciences Center, Oklahoma City, OK 73104, USA. Endocrinology and the Harold Hamm Diabetes Center, Veterans Affairs Medical Center and University of Oklahoma Health Sciences Center, Oklahoma City, OK 73104, USA

# Alexandria Benbrook,

Heart Rhythm Institute, Department of Medicine, University of Oklahoma Health Sciences Center, Oklahoma City, OK 73104, USA

# Ling Zhang,

Heart Rhythm Institute, Department of Medicine, University of Oklahoma Health Sciences Center, Oklahoma City, OK 73104, USA

# Bing Huang,

Heart Rhythm Institute, Department of Medicine, University of Oklahoma Health Sciences Center, Oklahoma City, OK 73104, USA

# Madeleine W. Cunningham,

Department of Microbiology and Immunology, University of Oklahoma Health Sciences Center, Oklahoma City, OK 73104, USA

Ralph Lazzara, and

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Correspondence to: Xichun Yu.

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Heart Rhythm Institute, Department of Medicine, University of Oklahoma Health Sciences Center, Oklahoma City, OK 73104, USA

#### Xichun Yu

Heart Rhythm Institute, Department of Medicine, University of Oklahoma Health Sciences Center, Oklahoma City, OK 73104, USA. Endocrinology and the Harold Hamm Diabetes Center, Veterans Affairs Medical Center and University of Oklahoma Health Sciences Center, Oklahoma City, OK 73104, USA. Heart Rhythm Institute and Endocrinology, University of Oklahoma, Health Sciences Center, TCH 6E103, 1200 Everett Drive, Oklahoma, City, OK 73104, USA

# Abstract

Activating autoantibodies (AAb) to  $\beta$ -adrenergic receptors ( $\beta$ AR) are associated with atrial fibrillation in patients with Graves' disease. In the present study, we examined the interaction of thyroid hormone with  $\beta$ 1/2AR-AAb in inducing atrial tachyarrhythmias in the rabbit. Immunization of rabbits with a  $\beta$ 1AR or  $\beta$ 2AR second extracellular loop peptide produced high titers of  $\beta$ 1AR-AAb or  $\beta$ 2AR-AAb. Thyroid hormone in combination with  $\beta$ 1AR-AAb or  $\beta$ 2AR-AAb induced a significant number of sustained sinus tachycardia and atrial tachycardia, respectively. Both combinations resulted in significantly increased inductions of sustained arrhythmias compared to AAb alone. Thyroid hormone alone induced sustained sinus and junctional tachycardia. Sera from immunized rabbits specifically bound to and activated  $\beta$ 1AR or  $\beta$ 2AR in transfected cells in vitro. This study demonstrates thyroid hormone qualitatively accentuates the specific arrhythmogenic action of these AAb and quantitatively enhances their rate. Our data support a dual role of AAb and thyroid hormone in Graves'-associated tachyarrhythmias.

#### Keywords

Atrial tachyarrhythmias; Activating autoantibodies; β-adrenergic receptors; Thyroid hormone; Rabbit

# Introduction

Hyperthyroidism is associated with atrial tachyarrhythmias and an increased incidence of atrial fibrillation (AF) [1–3]. The prevalence of AF in hyperthyroidism increases in a stepwise fashion to reach greater than 20 % in patients older than 70 years. The causation of AF in hyperthyroidism is complex and incompletely understood. One proposed mechanism is shortening of the action potential duration in the atrial myocardium from excess thyroid hormone facilitating formation of multiple circuit reentry [4, 5]. Graves' disease, the most common cause of hyperthyroidism, is an autoimmune disorder caused by thyroid-stimulating autoantibodies [6, 7].

There is now emerging evidence supporting a pathophysiological role for receptor-activating autoantibodies in cardiac arrhythmias [8, 9]. Recent studies from our group have shown an association between the presence of activating autoantibodies (AAb) for the  $\beta$ -adrenergic and M2 cholinergic receptors in patients with Graves' disease and concurrent AF. We found that in hyperthyroid patients, the frequency of these AAb differed significantly between

those with AF and sinus rhythm, and the co-presence of these AAb was the strongest predictor of AF [10]. To determine the electrophysiological effects of individual AAb in an animal model, we immunized rabbits with a receptor-specific peptide to induce expression of AAb to the  $\beta$ 2-adrenergic receptor ( $\beta$ 2AR) [11]. Using each rabbit as its own control, after markedly raising the titer for  $\beta$ 2AR-AAb, there was a significant increase in the induction of sustained *atrial* tachycardia compared to the pre-immune control state. On the other hand, using the same approach for expressing AAb to the  $\beta$ 1-adrenergic receptor ( $\beta$ 1AR) in another group of rabbits, the predominant atrial tachyarrhythmia induced was sustained *sinus* tachycardia [12]. These data support the concept of receptor specificity for the site of origin of certain types of atrial tachyarrhythmias associated with AAb.

In the present study, we used this same format in those rabbits previously immunized with peptides for expressing either  $\beta$ 1AR-AAb or  $\beta$ 2AR-AAb whose treatment was then combined with increased thyroxine (T4) treatment to determine their combined impact on inducibility for cardiac arrhythmia. In a separate group of rabbits, the arrhythmogenic effects of T4 alone were tested.

# Methods

#### **Animal Immunization and Thyroxine Treatment**

Nine New Zealand white rabbits (average weight 3 kg) were immunized with 1 mg of the highly conserved second extra-cellular loop (ECL2) peptide for  $\beta$  1AR (HWWRAESDEARRCYNDPKCCDFVTNR) (*n*=5) or  $\beta$ 2AR

(HWYRATHQEAINCYANETCCDFFTNQ) (n=4) in 0.5 ml of complete Freund's adjuvant. The animals were boosted with the same peptide plus incomplete Freund's adjuvant (1 mg/0.5 ml) at 2 and 4 weeks. These animals were a subgroup taken from our previous studies [11, 12] for examination of the effect of superimposed thyrotoxicosis. At 6 weeks, the rabbits were injected with T4 (50 µg/kg/day) for 2 weeks. This dosage had previously been demonstrated to produce overt hyperthyroidism in this rabbit model with suppression of thyroid-stimulating hormone (TSH) and elevation of free triiodothyronine (T3) and T4. Four additional rabbits were treated with T4 alone. Pre- and post-immune sera were obtained from all animals for ELISA and activity assays of the expected antibodies generated during immunization.

#### In Vivo Catheter Electrophysiological Study

Each animal was anesthetized with ketamine/xylazine (35 mg/5 mg/kg) and subjected to a catheter-based electrophysiological study. Standard electrocardiograms (leads 1-aVF) were continuously monitored. After shaving the neck area and application of Betadine antiseptic, the right jugular vein was dissected and cannulated with a 4-French multi-electrode catheter. Under electrographic control, the catheter was passed into the right atrium to record atrial potentials in conjunction with the standard 6-lead ECG. Atrial tachyarrhythmia susceptibility was tested by bursts of stimuli (3–5 s duration) at a high frequency (20 Hz) and voltages that were at least twice the diastolic pacing threshold before and after the infusion of acetylcholine (ACh) in three incremental concentrations (10  $\mu$ M, 100  $\mu$ M, and 1 mM) at a rate of 1 ml/min. Non-sustained (<10 s) and sustained ( 10 s) arrhythmia

occurrence was determined in response to burst pacing at  $2\times$  diastolic threshold, at baseline, and then with each of the three concentrations of ACh infusion for 2 min before initiating burst pacing. The number of burst pacings ranged from 3 to 10. In the pre-immune state, the number of bursts were most likely to be closer to 10 because it was more difficult to induce any non-sustained or sustained arrhythmia with or without ACh infusions, whereas after immunization, particularly with ACh infusion, 2–3 burst pacing events readily induced either non-sustained or sustained arrhythmias. When this study was completed, the wound was closed and antibiotic treatment was instituted. A second and third electrophysiological study was performed after the 6-week immunization and 2-week T4 treatment intervals. The various types of arrhythmias induced in the rabbit heart have been detailed previously [11, 12] and are defined as follows:

*Non-sustained arrhythmia*: any arrhythmia lasting <10 s.

Sustained arrhythmia: any arrhythmia lasting 10 s.

*Sinus tachycardia*: a regular, rapid heart rate 250 beats/min showing 1:1 atrioventricular (AV) conduction arising from the sinus node (upright P waves in leads II, III, and aVF) with the earliest atrial electrogram occurring 10 ms prior to the onset of the P wave.

*Atrial tachycardia*: a regular, rapid heart rate 250 beats/min showing 1:1 or 2:1 AV conduction with P wave morphology different from the sinus P wave with electrograms occurring during the P wave.

*Junctional tachycardia*: a regular, rapid heart rate 250 beats/min showing 1:1 AV conduction in which case there was a reversal of the sequence of the recorded atrial electrograms from the ones closest to the ventricles occurring first and those at the high right atrium occurring last.

*Atrial fibrillation*: rapid, irregular, fractionated atrial electrograms with a rapid but irregular ventricular response as noted on the ECG.

*Ventricular tachycardia*: three or more beats arising from the ventricles at a rate of 200 beats/min.

#### ELISA

Antibodies produced in the sera were detected by ELISA. Briefly, microtiter plates were coated with  $\beta$ 1AR ECL2 or  $\beta$  2AR ECL2 peptide at 10 µg/ml in coating buffer. To determine antibody titer, sera were diluted 1:10,000 in 1 % BSA in PBS and thereafter serially diluted twofold. Goat anti-rabbit IgG conjugated with alkaline phosphatase (Sigma) and its substrate paranitrophenyl-phosphate 104 were used to detect antibody binding. Titers were determined as the highest dilution with an optical density (OD) value of 0.10 at 60 min.

#### Immunofluorescence Staining

Chinese hamster ovary (CHO) cells expressing human  $\beta$ 1AR or  $\beta$ 2AR were cultured on glass cover slips in 6-well plates for 24 h. The cells were fixed with 4 % paraformaldehyde, blocked with 5 % normal goat sera, and incubated with pre-immune and post-immune rabbit anti- $\beta$ 1AR or anti- $\beta$ 2AR sera (1:100) for 1 h, followed by incubation with fluorescein

isothiocyanate (FITC)-labeled goat anti-rabbit IgG (Jackson ImmunoResearch). Nuclei were counterstained with 4',6-diamidino-2-phenylindole (DAPI). Fluorescence images were obtained using a fluorescence microscope (Olympus).

#### β 1AR/β2AR Activation of cAMP Production

Rabbit sera were tested for  $\beta$ 1AR/ $\beta$ 2AR activation using the cAMP Hunter eXpress GPCR Assay kit (DiscoveRx, Fremont, CA). Briefly, 30,000 CHO cells expressing human  $\beta$ 1AR or  $\beta$ 2AR were dispensed into each well of 96-well culture plate and incubated overnight. The medium was removed, and assay buffer containing the cAMP antibody and rabbit sera (1:100) in the presence and absence of  $\beta$ AR blocker propranolol (1  $\mu$ M) were sequentially added and incubated for 30 min. Preincubation of sera with a 10-fold excess of  $\beta$ 1AR/ $\beta$ 2AR ECL2 peptide was also tested for neutralization studies. cAMP standard, negative (buffer) and positive (isoproterenol 100 nM) controls were included in each assay. Samples were tested in triplicate. Following sample treatment, cAMP detection reagent and solution were added, and luminescent signal was read on a TD-20/20 Luminometer (Turner BioSystems). The cAMP values are expressed as a percentage of buffer baseline to normalize the individual data.

#### Statistical Analysis

Data are expressed as mean $\pm$ SD. Chi-square analysis (2×2 contingency table) followed by a two-tailed Fisher's exact test was used to determine the difference in occurrence of arrhythmias. Differences in cAMP production were assessed by a paired or unpaired Student's *t* test as appropriate. A *p* value of <0.05 was considered statistically significant.

# Results

#### **Electrophysiological Studies**

Arrhythmias were induced by burst pacing at baseline and at each of the three incremental concentrations of infused ACh. If no arrhythmia could be elicited, no response was registered. From a pathophysiological standpoint, we compared the induction of various sustained arrhythmias in each rabbit before and after antibody expression and the additional 2-week T4 treatment. Each rabbit served as its own control. Table 1 summarizes the electrophysiological effects of T4 treatment alone in the rabbits. There was only 1 sustained arrhythmia, viz., sinus tachycardia in the pretreatment control state out of 19 induction attempts. After T4 treatment, 8 out of 15 inductions resulted in sustained arrhythmias (53 vs. 5 % pretreatment, p=0.004) including 5 junctional tachycardias (33 vs. 0 % pretreatment, p=0.01) and 3 sinus tachycardias. In addition, the starting heart rate after T4 treatment was significantly faster than in the control state (278±135 vs. 165±24 beats/min, p=0.01).

Table 2 summarizes the effects of  $\beta$ 1AR-AAb and combination of  $\beta$ 1AR-AAb and T4 on arrhythmia induction. In the pre-immune state, 4 episodes of sustained arrhythmias including 2 sinus tachycardias, 1 AF and 1 junctional tachycardia were induced out of 23 induction attempts. In the post-immune state, 15 episodes of sustained arrhythmias (65 vs. 17 % pre-immune, *p*=0.002) including 11 sinus tachycardias (48 vs. 9 % pre-immune, *p*=0.007), 1 AF, 2 junctional tachycardias, and 1 atrial tachycardia were induced out of 23

induction attempts. In the post-immune + T4 state, there were 27 episodes of sustained arrhythmias (90 vs. 17 % pre-immune, p<0.0001) including 15 sinus tachycardias (50 vs. 9 % pre-immune, p=0.002), 6 AF (20 vs. 4 % pre-immune, p=0.12), 2 atrial tachycardias, 1 junctional tachycardia, and 3 ventricular tachycardias out of 30 induction attempts. The induced sustained arrhythmias also significantly increased from the post-immune state to the post-immune + T4 state (65 vs. 90 %, p=0.041). All animals were in sinus rhythm in the pre-immune, post-immune, and post-immune + T4 states before burst pacing and ACh infusions, but the starting heart rates in the post-immune and post-immune + T4 states were faster than in the pre-immune state (202±36 and 207±38 vs. 171±32 beats/min, p=0.003 and p=0.036, respectively).

Table 3 summarizes the effects of  $\beta$ 2AR-AAb and combination of  $\beta$ 2AR-AAb and T4 on arrhythmia induction in the rabbits. In the pre-immune state, only 1 out of 17 induction attempts produced a sustained arrhythmia, viz., sinus tachycardia. In the post-immune state, 6 episodes of sustained arrhythmias (38 vs. 6 % pre-immune, *p*=0.039) were observed including 5 atrial tachycardias (31 vs. 0 % pre-immune, *p*=0.018) and 1 AF during 16 induction attempts. In the post-immune + T4 state, 13 episodes of sustained arrhythmias (76 vs. 6 % pre-immune, *p*<0.0001) including 10 atrial tachycardias (59 vs. 0 % pre-immune, *p*=0.0003), 2 AF, and 1 ventricular tachycardia were induced out of 17 induction attempts. The starting heart rate was significantly faster in the post-immune + T4 state than in the pre-immune state (263±21 vs. 176±27 beats/min, *p*<0.0001) and post-immune state (263±21 vs. 154±10 beats/min, *p*<0.0001). In addition, there was a significant increase in sustained arrhythmia induction in the post-immune + T4 state compared to the post-immune state (76 vs. 38 %, *p*=0.037).

Examples of atrial burst pacing-induced sinus tachycardia, atrial tachycardia, and junctional tachycardia are shown in Fig. 1.

#### β1AR/β2AR Antibody Binding and Activity

All immunized rabbits developed high antibody titers to  $\beta$ 1AR and to  $\beta$ 2AR ranging from 1:320,000 to 1:1.28 million. To analyze antibody binding to  $\beta$ 1AR and to  $\beta$ 2AR, immunofluorescence was performed with CHO cells expressing human  $\beta$ 1AR or  $\beta$ 2AR. A representative stain is shown in Fig. 2. Rabbit anti- $\beta$ 1AR and anti- $\beta$ 2AR sera strongly reacted with  $\beta$ 1AR and  $\beta$ 2AR, respectively, in CHO cells, while pre-immune sera did not show any significant reactivity. Preincubation of rabbit anti- $\beta$ 1AR and anti- $\beta$ 2AR sera with an excess of the  $\beta$ 1AR and  $\beta$ 2AR ECL2 peptide, respectively, diminished fluorescence signal in CHO cells (data not shown), confirming the specific reactivity to  $\beta$ 1AR and  $\beta$ 2AR.

Rabbit anti- $\beta$ 1AR sera were able to stimulate cAMP production in  $\beta$ 1AR-transfected CHO cells in vitro (Fig. 3a). Sera-induced  $\beta$ 1AR activation was abolished by the non-selective  $\beta$ AR blocker propranolol and by preincubation of the sera with the  $\beta$ 1AR ECL2 peptide. Rabbit anti- $\beta$ 2AR sera stimulated cAMP production in  $\beta$ 2AR-transfected CHO cells in a similar fashion, which was also inhibited by propranolol and by preincubation with the  $\beta$ 2AR ECL2 peptide (Fig. 3b). No significant increase in cAMP production was found with the pre-immune sera compared to buffer baseline.

To check the specificity of rabbit antisera, rabbit anti- $\beta$ 1AR and anti- $\beta$ 2AR sera were examined for cross-reactivity with  $\beta$ 2AR and  $\beta$ 1AR, respectively, by the ELISA and cAMP assay. As shown in Fig. 4a, the anti- $\beta$ 1AR sera reacted specifically with the  $\beta$ 1AR and not the  $\beta$ 2AR ECL2 peptide in ELISA. Similarly, the anti- $\beta$ 2AR sera reacted specifically with the  $\beta$ 2AR but not the  $\beta$ 1AR ECL2 peptide. The anti- $\beta$ 1AR sera also stimulated significant cAMP production in  $\beta$ 1AR-transfected CHO cells, while no significant cAMP stimulation was observed in  $\beta$ 2AR-transfected CHO cells (Fig. 4b). The anti- $\beta$ 2AR sera demonstrated similar receptor-specific stimulation of cAMP production in  $\beta$ 2AR but not  $\beta$ 1AR-transfected CHO cells.

# Discussion

In the present study, we used ACh and burst atrial pacing for induction of arrhythmias in rabbits with T4-induced hyperthyroidism alone and in immunized rabbits with  $\beta$ 1AR or  $\beta$ 2AR AAb expression and subsequently with concurrent T4 treatment. The rationale for this combination was discussed previously [11, 12]. T4 alone induced both sustained *junctional* and *sinus* tachycardias. Notably, the combination of  $\beta$ 1AR-AAb and T4 was associated with a significant increase in the inducibility of sustained *sinus* tachycardia compared to that of the pre-immune control state measured in the same animals. In contrast, the combination of  $\beta$ 2AR-AAb and T4 induced a significantly greater number of only sustained *atrial* tachycardia.

We have previously reported the electrophysiological effect of  $\beta$ 2AR-AAb in rabbits immunized with a specific peptide to induce expression of  $\beta$ 2AR-AAb [11]. Using each rabbit as its own control, after markedly raising the titer for  $\beta$ 2AR-AAb, there was a significant increase in the induction of sustained *atrial* tachycardia compared to the control state. On the other hand, using the same approach for expressing  $\beta$ 1AR-AAb in another group of rabbits, the predominant atrial tachyarrhythmia that was induced was sustained *sinus* tachycardia [12]. In the present experiments, the addition of T4 to those rabbits with high titers of  $\beta$ 1AR-AAb and  $\beta$ 2AR-AAb induced a significant increase in the number of *sinus* tachycardia and *atrial* tachycardia, respectively. Indeed, in the latter group, 9 of 16 of the starting heart rhythm were *atrial* tachycardia. By contrast, in the group with  $\beta$ 1AR-AAb and T4, the starting heart rhythm was consistently *sinus* in the control and post-immune state. When T4 was given concurrently in the rabbits with  $\beta$ 1AR-AAb, there was a significant increase in induced arrhythmia events over those observed with the  $\beta$ 1AR-AAb alone, as when T4 was added to animals harboring  $\beta$ 2AR-AAb.

There have been many studies dealing with the arrhythmogenic effects of thyroid hormone. Most of these have reported that frequent complications of documented hyperthyroidism are sinus tachycardia, premature atrial beats, and AF [13–15]. In a clinical case study of five women treated with levothyroxine, reentrant junctional tachycardias were documented in three of the five cases [16]. In our rabbit study, T4 alone in conjunction with burst pacing and/or ACh infusions elicited 5 inductions of junctional tachycardia and 3 inductions of sinus tachycardia out of a total of 15 events.

Experimental studies have investigated some of the underlying mechanisms that might be responsible for the arrhythmogenic effects of thyroid hormone. In vitro experiments have reported that thyroid hormone increased the I(f) current in rabbit sinus node myocytes and was a possible mechanism for the increased sinus rate associated with thyroid hormone [17]. Wang et al. investigated the effect of thyroid hormone on cat atrial myocytes and found that thyroid hormone-stimulated Na<sup>+</sup>/Ca<sup>2+</sup> exchanger activity could increase Ca<sup>2+</sup>-mediated atrial tachycardia [18]. We have no direct evidence from the present study to support specific ionic channel changes from the 2-week exposure to increased thyroid hormone as causative. There are several thyroid hormonal alterations in channels which have a net effect of shortening the atrial action potential duration and refractory period [1, 19]. We believe these changes would be additive to the expected impact of  $\beta$ 1/2AR-AAb activity on atrial cell repolarization and sensitivity to serve as a trigger for atrial tachyarrhythmias (Fig. 5).

It is important in interpreting these data to recognize that the relative densities of  $\beta$ 1AR and  $\beta$ 2AR in the atrium and their physiological roles in humans are different from those in the rabbit. In human atria, although  $\beta$ 1AR is the predominant subtype,  $\beta$ 2AR density is significantly higher in the sinoatrial node than that in the working atrial myocardium [20], which is consistent with physiologic studies indicating the involvement of  $\beta$ 2AR in the regulation of cardiac chronotropism [21–23].  $\beta$ 1AR and  $\beta$ 2AR also coexist in the rabbit atria [24]. However,  $\beta$ 1AR is the predominant subtype in both density and physiological significance, while  $\beta$ 2AR plays little role in regulating the chronotropic responses [25]. These data suggest a relatively low  $\beta$ 2AR density in specialized tissues, i.e., sinus node and other sites of pacemaker activity, in the rabbit. The  $\beta$ 2AR, however, may be involved in mediating the electro-physiologic responses in rabbit atrial myocardium as evidenced by studies using canine atrial myocytes [26]. These findings and our data support the concept that  $\beta$ 1AR-AAb activation of  $\beta$ 1AR in the sinus node and  $\beta$ 2AR-AAb activation of  $\beta$ 2AR in the atrial myocardium predispose the rabbit heart to increased induction of sustained sinus tachycardia and atrial tachycardia, respectively (Fig. 5).

It should be noted that in the present study, the combination of T4 and  $\beta$ 1AR-AAb significantly increased the number of occurrences of sustained sinus tachycardia and increased the number of instances of sustained AF, but the occurrence of the latter did not achieve significance. However, based on our previous report associating M2 cholinergic autoantibodies with AF [10], the probability remains that the further addition of M2 cholinergic autoantibodies to this combination may allow the induction of a significant number of AF events in our rabbit model.

The effect of thyroid hormone on atrial tachyarrhythmias in susceptible older subjects is best illustrated in Graves' hyper-thyroidism [6]. This association, although present, is less pronounced than observed in other forms of non-autoimmune hyperthyroidism such as toxic multinodular goiters. The unique autoimmune status of subjects with Graves' is well documented by the causative association in most cases with production of thyroid-stimulating autoantibodies which activate the thyrotropin receptor. Our recent documentation that a very high proportion of subjects with Graves' and AF also produce  $\beta$ 1AR and M2 cholinergic autoantibodies [10] demonstrates the need to mechanistically determine if there is an autoimmune component participating in the pathophysiology of the

multiple forms of atrial tachyarrhythmias. Witebsky's postulates for proof of an autoimmune-related disease include demonstration of the events in an animal model [27]. The present study is a logical progression for development of such a model in the rabbit, an animal which is convenient for induction of autoantibodies in contrast to larger animals such as the dog or pig. A disadvantage of the rabbit, however, is the relative resistance to sustaining tachyarrhythmias owing to the myocardial relative refractory period extinguishing a wavefront that more rapidly approaches in the smaller heart. We have incorporated the addition of graded concentrations of ACh along with burst pacing to shorten the myocardial relative refractory period to allow us to use this otherwise convenient model for modeling of the interaction of adrenergic autoantibodies and thyroid hormone. We have examined the role of both  $\beta$ 1AR and  $\beta$ 2AR autoantibodies in the absence and presence of excess thyroid hormone in this animal model, and their unique receptor specificity provides support for this association. It will now be logical to extend these studies to include the co-presence of the M2 cholinergic autoantibodies since activation of this cardiac receptor also would be expected to shorten the refractory period and lead to hyperpolarization. These autoantibodies may contribute to the resistance for conversion of AF to a normal rhythm after correction of the hyperthyroidism. Recognition of the contribution of these receptor-activating autoantibodies in Graves'-associated AF will be followed by specific autoantibody blockade rather than that by receptor blockade using new decoy peptides now in development in our laboratory.

#### **Clinical Implications**

The importance of the present study is to provide a model for demonstrating the synergistic arrhythmogenic effect of  $\beta$ AR-AAb and thyroid hormone. It also provides direct evidence linking specific forms of supraventricular arrhythmias to receptor-specific AAb as opposed to the indirect or observed associations described clinically. It is likely that future therapies targeting these pathological autoantibodies may improve or prevent the persistence of tachyarrhythmias in hyperthyroid patients who harbor these autoantibodies.

## Conclusions

In summary, we have developed a small animal model demonstrating T4 in combination with  $\beta$ 1AR-AAb significantly manifested sustained sinus tachycardia. T4 in conjunction with  $\beta$ 2AR-AAb induced sustained atrial tachycardia, whereas T4 alone induced both sustained sinus tachycardia and junctional tachycardia. In previous studies, using the same formats, we found that  $\beta$ 1AR-AAb alone induced a significant number of sustained sinus tachycardia while  $\beta$ 2AR-AAb alone induced significant numbers of sustained atrial tachycardia. T4 acted to potentiate the specific arrhythmogenic action of these two  $\beta$ adrenergic autoantibodies. These data cumulatively support the concept that the highly specific receptor activity inherent with these  $\beta$ -adrenergic AAb may increase site-specific vulnerability of atrial cells as triggers and/or to demonstrate an enhanced substrate susceptibility to generate and/or sustain various atrial tachyarrhythmias. Alternatively, it may be presumed that the presence of these autoantibodies potentiates the effect of excess thyroid hormone on atrial arrhythmogenesis.

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#### Fig. 1.

Atrial burst pacing-induced sinus tachycardia, atrial tachycardia, and junctional tachycardia. ECG leads I through aVF and the sequence of bipolar electrograms from the superior vena cava (SVC) just above the right atrial entrance, high right atrium (HRA), mid-right atrium (MID RA), and the area of the AV junction (AVJ) are shown. **a** Induced ventricular premature contractions followed by a sinus tachycardia. **b** Induced atrial tachycardia with a constant A-A interval (118 ms) and 2:1 atrioventricular block. **c** Induced junctional tachycardia. The sequence of atrial activation starts at the AVJ area and proceeds toward the HRA ( $\uparrow$ ). Note that the atrial electrogram at the SVC is coincident with the ventricular activation until at the end of the trace. At this point, the SVC electrograms appear before the ventricular activation ( $\downarrow$ ). Reproduced with permission from Li et al. [12]



# Fig. 2.

Immunofluorescence staining of  $\beta$ 1-adrenergic receptor ( $\beta$ 1AR) and  $\beta$ 2-adrenergic receptor ( $\beta$ 2AR) in transfected Chinese hamster ovary (CHO) cells. CHO cells expressing human  $\beta$ 1AR (**a**, **b**) or  $\beta$ 2AR (**c**, **d**) were stained with rabbit  $\beta$ 1AR pre-immune sera (**a**), rabbit anti- $\beta$ 1AR sera (**b**), rabbit  $\beta$ 2AR pre-immune sera (**c**), rabbit anti- $\beta$ 2AR sera (**d**), and FITC (*green*)-labeled secondary antibody. Nuclei were counterstained with DAPI (*blue*). The anti- $\beta$ 1AR and anti- $\beta$ 2AR sera demonstrated strong reactivity, while the pre-immune sera did not show any significant binding. All images were obtained at 40× magnification



# Fig. 3.

Rabbit sera-induced cAMP production in transfected CHO cells. Compared to the preimmune sera, the anti- $\beta$ 1AR sera (**a**) and anti- $\beta$ 2AR sera (**b**) significantly increased cAMP production (\*p<0.01, n=4), while the  $\beta$ -blocker propranolol or preincubation with the second extracellular loop (ECL2) peptide for  $\beta$ 1AR and  $\beta$ 2AR both effectively blocked the sera-induced  $\beta$ 1AR and  $\beta$ 2AR activation of cAMP production in  $\beta$ 1AR and  $\beta$ 2AR transfected CHO cells, respectively (#p<0.01, n=4)



#### Fig. 4.

Binding and agonist specificity of rabbit anti- $\beta$ 1AR and anti- $\beta$ 2AR sera. Rabbit anti- $\beta$ 1AR and anti- $\beta$ 2AR sera were tested for reactivity with  $\beta$ 1AR vs.  $\beta$ 2AR ECL2 peptide in ELISA (**a**) and activation of cAMP production in  $\beta$ 1AR-CHO vs.  $\beta$ 2AR-CHO cells in cAMP assay (**b**). The anti- $\beta$ 1AR and anti- $\beta$ 2AR sera demonstrated subtype-specific reactivity and activity. No subtype cross-reactivity was observed



# Fig. 5.

Proposed mechanisms of activating autoantibodies (AAb) and thyroid hormone-induced atrial tachyarrhythmias in the rabbit. Activation of  $\beta$ 1AR in the sinus node by  $\beta$ 1AR-AAb leads to increased induction of sustained sinus tachycardia, while activation of  $\beta$ 2AR in the atrial myocardium by  $\beta$ 2AR-AAb results in increased induction of sustained atrial tachycardia. The co-presence of excess thyroid hormone provides an additive effect on arrhythmia induction by genomic regulation of specific cardiac gene transcription and non-genomic modulation of cardiac membrane ion channels

# Table 1

# Arrhythmia induction in thyroxine (T4) alone-treated rabbits (n=4)

EP response	Pretreatment	T4 alone
Heart rate (beats/min)	165±24	278±135*
Sustained arrhythmias ( <i>n</i> )/induction attempts ( <i>n</i> )	1/19	8/15*
Sustained JT	0/19	5/15*
Sustained ST	1/19	3/15

JT junctional tachycardia, ST sinus tachycardia

p < 0.05 vs. pretreatment

#### Table 2

Arrhythmia induction in  $\beta$ 1AR-immunized and thyroxine-treated rabbits (*n*=5)

EP response	Pre-immune	Post-immune	Post-immune + T4
Heart rate (beats/min)	171±32	202±36*	207±38*
Sustained arrhythmias ( <i>n</i> )/induction attempts ( <i>n</i> )	4/23	15/23*	27/30**,#
Sustained ST	2/23	11/23*	15/30*
Sustained AF	1/23	1/23	6/30
Sustained VT	0/23	0/23	3/30
Sustained JT	1/23	2/23	1/30
Sustained AT	0/23	1/23	2/30

AF atrial fibrillation, AT atrial tachycardia, JT junctional tachycardia, ST sinus tachycardia, VT ventricular tachycardia

\* p<0.05,

*\*\* p*<0.001 vs. pre-immune;

#p<0.05 vs. post-immune

#### Table 3

Arrhythmia induction in  $\beta$ 2AR-immunized and thyroxine-treated rabbits (*n*=4)

EP response	Pre-immune	Post-immune	Post-immune + T4
Heart rate (beats/min)	176±27	154±10	263±21 **,#
Sustained arrhythmias ( <i>n</i> )/induction attempts ( <i>n</i> )	1/17	6/16*	13/17 **,#
Sustained AT	0/17	5/16*	10/17 **
Sustained AF	0/17	1/16	2/17
Sustained VT	0/17	0/16	1/17
Sustained ST	1/17	0/16	0/17

AFatrial fibrillation, ATatrial tachycardia, STsinus tachycardia, VTventricular tachycardia

y.	
p < 0	.05,

\*

*p*<0.001 vs. pre-immune;

p < 0.05 vs. post-immune